

MAGNIFICENT CONSUMMATION

PRESENTS

"Ruby Focus"

REVS. GARMAN & EVANGELINE VAN POLEN

OPEN LETTER

OCTOBER 1970



**RUBY AND CHRISTOS
INTELLIGENCES OF THE TWO NEW LIGHT RAYS OF THE GREAT CENTRAL SUN
IRRIDESCENT RUBY AND IRRIDESCENT MOTHER OF PEARL
(Polarity for the Laser Beam)**

"MAGNIFICENT CONSUMMATION IS THE VOICE FROM COSMIC CONSCIOUSNESS, WITH A NEW AGE INFORMATION TO THE WHOLE WORLD; DEDICATED TO FATHER-MOTHER LIGHT INDIVIDUALITY AND THE VIOLET FLAME FOR TRANSMUTATION TO ASCENSION AND THE "RUBY FOCUS" FOR FREEDOM OF THE AQUARIAN AGE."

P. O. DRAWER 1188 - SEDONA, ARIZONA 86336

SANANDA'S PICTURE

Says M.P. about this picture by Howard Chandler Christy. "As I look at the picture, I see SANANDA not looking at any one in particular, but looking as though HE were looking at all of us all at one time. I framed it, and look at it each day as I leave for work and as I come from work. 16" X 21".....\$ 4.50

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"RUBY FOCUS" of
MAGNIFICENT CONSUMMATION, INC.
Revs. Garman & Evangeline Van Polen
P.O. Drawer 1188
Sedona, Arizona, 86336, U.S.A.

Phone: Area 602
282-3427

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Open Letter on Nature's Course

OPEN LETTER
to
Speedily Advancing Persons

DEDICATED TO THE TWO NEW LIGHT RAYS

Beloved Ones:

Evangeline asks, "May I, "E", communicate with YOU?"

"RUBY" AND "CHRISTOS": Oh! Please call US "RUBY" AND "CHRISTOS". By this time WE have become an intimate part of your family life. You are actually using Our strength in your daily activities and the "behind sleep" strenuousities. You have called Our ESSENCE into circulation thereby, which is what WE will you to do for all mankind. A praise-worthy service.

WE were never born to Earth. WE were born into the GREAT CENTRAL SUN from the ALPHA AND OMEGA. I AM Irridescent Ruby, and My soulmate is Irridescent Mother-of-Pearl, "CHRISTOS".

WE ARE yet preserved in that SACRED FLAME of the GREAT CENTRAL SUN. WE were never separated, to go hither and yon experiencing Earth. In many ways WE ARE glad because WE hear that the depth of maya is so gross and cruel that Beloveds never meet again for eras of time. It took thousands of Earth years for ST. GERMAIN to find His precious PCRTIA. Yes, WE consider Ourselves fortunate to have remained together as ONE UNIT OF POLARITY. However, WE have not been idle.

My Beloved "CHRISTOS" has used My "RUBY ESSENCE" in which to inaugurate the LASER BEAM. The future qualifications of the LASER BEAM will be in the same category of the gaseous substance, "helium". We have become Agents for the Electro-Magnetic Energies of the GREAT CENTRAL SUN.

Recently WE were called into the interior of the ROYAL TETON. Our mechanics there will be a crystallization into manifestation your thought forms of desire, being helped thru the Fifth Ray by VISTA AND CRYATAL (a most magnanimous, beautiful combined polarity, if WE ever saw such in all our etheric roamings). This is the PREMISE OF MIND CONDUCTION you will need to survive in the new Golden Age of Aquarius. You will need Our help. WE graciously extend Our LOVE.

It might appear that the modus operandi, or the way in which those who realize US may greatly and is thru propropaganda. Wake the world and tell the people. Tell them to CALL ON US to straighten bended bodies ana mellow the sick in heart, to dissolve the calcium in the body temple which causes mortal to turn to stone, to protect from all human harm thru Our AURA OF LIGHT, to enlighten man's intellect to see that all around him in the mountains are the rocks so magnetized by the SUN and the SUN of HELIOS AND VESTA that there are waves of heat which can electrify the Earth and give you the ability to cook and light your homes and cool your summer's enervations. Finally, true PRECIPITATION, for which WE ARE throbbing thru the ethers to give to you your needs and luxuries. (There

is a diagram on clever T.V. which shows exactly how the ethers open, a shuffling of electrons from which proceeds an etheric object, perhaps a human speaks to the listening public, and shuffles back again into the nothingness of ether. In this same manner will the ethers open an incision to let your gifts come thru to you fully manifested.)

The POWERS of the ROYAL TETON are more sharply subtle than the metaphysical mind of human thought or mental radiations. In fact the human mind is stilled to give way to TRANSCENDENTAL RADIATIONS of the GREAT CENTRAL SUN, which WE have use of.

This is not new. WE ARE not new. WE have been likewise active in several Golden Ages. WE ARE well conditioned to resume the Post.

Again the people of Earth will be shorn of their humanhood and come into their FATHER-MOTHER LIGHT, (THE ONE IN THE ONE). Therein is the TREASURE BOX filled with rare gifts, driven into compass thru FIRE-FLAME-LIGHT.

RUBY FOCUS of Magnificent Consummation, you are doing your part well in projecting Our hypothesis.

WE ARE "RUBY" AND "CHRISTOS", TWO NEW LIGHT RAYS, Eight and Nine.

"A UNIVERSAL COMMUNION WITH THE COSMIC BEINGS"

September 13, 1970

Garman speaks: We have the privilege, the duty, the awareness and the feeling of the magnificence that WE ARE identical with FATHER-MOTHER FIRE-FLAME-LIGHT, FATHER-MOTHER FIRE-FLAME-LIGHT IN SILENCE, FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION. And we call on the Cosmic Staff of the RUBY FOCUS to carry on this "Communion". In Their Consciousness, being prepared by the VIOLET TRANSMUTING FLAME, being cleansed and transmuted, we are conditioned to commune with FATHER-MOTHER FIRE-FLAME-LIGHT, thru the GREAT CENTRAL SUN, ALPHA AND OMEGA, HELIOS AND VESTA, RUBY AND CHRISTOS, GAUTAMA AND DIVINO, SANANDA, EOLIA, and Their many ASSOCIATES.

We are eating this wafer and drinking this grape juice in a two-fold acknowledgement: In the first instance, we acknowledge that the Substance of our lower self, our four lower bodies, is cleansed and transmuted by the VIOLET TRANSMUTING FLAME. Subsequently, we acknowledge and experience that the material lower self of our bodies, mental emotional, etheric and physical, is raised into Holy Consciousness by the Divine Electro-Magnetic Essence, that is FIRE-FLAME-LIGHT of FATHER-MOTHER.

We are drinking the all-pervading Essence, the all-regenerating and all-rehabilitating Electro-Magnetic Essence and Energy of the GREAT CENTRAL SUN. This is our constant communion for the ensuing week. We partake in Holy Humility and Empowerment and Eternal Gratitude. It is done!

FATHER-MOTHER FIRE-FLAME-LIGHT, thru "E": Good morning! This is FIRE-FLAME-LIGHT, and as far as WE can see, you have converted "Communion" into "Communication", and that is the higher level of evolverment.

And thru these weekly "Communications", thru the wafer and the violet grape juice (the VIOLET TRANSMUTING FLAME symbol), you will find yourselves becoming more and more transmuted and readied for that sweet day of Fourth-Dimensionsl Explosion.

MOTHER MARY, thru "E": WE think it is about time for Brother Garman to put into the Open Letter the "Communion Recital", that others might have their "Communication" every week. This can be done by individuals as well as groups, reading for instance, this "Universal Communication Recital" as given thru Garman.

This weekly "Communication" develops a great acceleration in attunement and in the aura to ameliorate all negatives from the auric circumference, and making one more loving, more harmonious, more thoughtful, more kind, and less critical, one of the other.

"RUBY" AND "CHRISTOS", thru Garman, Sept. 19, 1970

Garman speaks: Beloved RUBY AND CHRISTOS, we approach YOU in the Essence of FATHER-MOTHER FIRE-FLAME-LIGHT and in the Essence of the Electro-Magnetic Energy of the GREAT CENTRAL SUN, which is the expression of FATHER-MOTHER FIRE-FLAME-LIGHT thru the GREAT CENTRAL SUN. And we approach YOU in order to become more familiar and intimate with YOU, or rather, to partake of, to intune with Your evident familiarity expressed toward us. Yours is a great, unexcelled, a most mellow familiarity. YOU warm us so much into the feeling of togetherness with YOU; we are, so to speak, in the embrace of Your Essence of Love, Wisdom and Power. It is wonderful! It is heavenly!

Beloved G.V.P. and the QUEEN OF LIGHT and Evangeline, do sit beside US that WE can, thru YOU, better hear Beloved RUBY AND CHRISTOS. Thank YOU.

RUBY AND CHRISTOS speak as ONE: Beloved brothers and sisters, this is lovely of you to approach us in the tone, in the music of familiarity, for really, despite all appearances to the contrary, you dear ones are very close to US. Really, WE ARE one family in the same house. True, WE have not lived with you in the world of maya, glamour and karma. For WE, RUBY AND CHRISTOS, have never been separated from the SACRED FLAME of the GREAT CENTRAL SUN, but it is for that very reason that WE ARE not very far away from you. Having always been conscious of our own SACRED FIRE-FLAME-LIGHT, WE have always unbrokenly known the SACRED FIRE-FLAME-LIGHT that is your basis and core, and WE ARE necessarily so beautifully AT-ONE with this, that as WE ARE approaching you to help you, verily to live with you, albeit in Our Etheric Selves, not having physical aspects, yet Our pristine Electro-Magnetic FIRE-FLAME-LIGHT necessarily warms into your lower self, so that you feel as if you are in the Arms of your Sacred Beloved. That is the way WE wish you to feel. You will. You do. Too, that is the way WE feel, the way WE ARE.

WE ARE so very ONE, and WE always work and express OURSELVES in that unviolated ONENESS. As you see, WE come not as separate RAYS. WE come not, ONE as ONE RAY, the 8th, and another as another RAY, the 9th. But WE come as the ONE 8th and 9th RAYS, never in the slightest being broken apart.

It is true, there is a difference of function between the two HALVES of this ONE RAY. And for practical purposes, the so-called 8th and 9th RAYS should be considered as the HALVES of ONE RAY.

And the function of the CHRISTOS HALF, which is the FATHER HALF, is together with the RUBY HALF, the MOTHER HALF, first of all to bring into manifestation. But in this action of FATHER-MOTHER FIRE-FLAME-LIGHT, the Power of the CHRISTOS HALF is somewhat predominant over the Power of the RUBY HALF, the MOTHER HALF, and that predominance is what makes manifestation possible. For you know, Power and Manifestation must always be a teetering action, otherwise there would only be standstill, a dead balance.

And now, when manifestation has been made, then the MOTHER Power takes predominance to use up the manifestation, to run it back into its Electro-Magnetic Energy, and a cycle of coming in and going out has taken place, and then the next cycle, and rhythmically over and over again.

And now, here it is apropos for US to interject how natural it is that in the human family life it is the masculine energy that brings in the money or the goods and the feminine energy that spends it, uses it

up. Therefore, all your jokes about the wife being the spender; but of course in your disjointed world, there is in the family the chaos of who is bringing in or spending what, and all the disharmonies about it.

But when you sit back and let us take hold of your affairs, then things balance out nicely for you, for in fact, then you have RUBY AND CHRISTOS doing it as Agents of Electro-Magnetic Energy. Isn't that sweet and wonderful?

But back to the main subject--so now take notice of Our Names, RUBY AND CHRISTOS. Do They not suggest something to you? For RUBY apparently, in FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION, is more on the manifest side of nature and CHRISTOS is more on the unmanifest side, which you have always called CHRIST. Nevertheless in Our perfect Polarization WE ARE equally Divine, and the manifest and unmanifest are equally Divine, for WE ARE equally FATHER-MOTHER FIRE-FLAME-LIGHT IN SILENCE. There is only the seeming difference as in action there is a bit of pre-dominance now one way and now the other, but balance of divinity always.

Oh, by the way, off the subject again--it has been called to your attention that at Sedona the Ruby rock is the remnant of Lemuria and the Cream-colored rock on top of the Ruby a remnant of Atlantis. Well, the Earth Ruby of the rocks is a reflection of the IRRIDESCENT RUBY and the Greyish or Cream-colored is a reflection of the IRRIDESCENT MOTHER-OF-PEARL. Moreover, WE ARE actually transfiguring our SOUL into these two rocks. This is possible inasmuch as the RUBY FOCUS Family, both Cosmic and Earth Family, are calling on US to be in their midst. And this is of the familiarity and intimacy which is beautifully coming about among US all.

Now speaking again of the CHRIST or CHRISTOS, WE want you to notice a great difference between yesterday, say the period beginning with the birth of JESUS, and today. Previously, man the manifest and CHRIST the Unmanifest, were in great unbalance and confusion. Intimacy, karma, Peace, Harmony, were scarce. WE, RUBY AND CHRISTOS, could take little or no part in this. WE sat back and waited, and did Our bits where possible. But now WE begin to come in with full steam. Glory to FATHER-MOTHER FIRE-FLAME-LIGHT, thru the GREAT CENTRAL SUN! WE can begin to feel at home with you all, intimate! familiar!

What a difference between now and 2,000 years ago when the manifest and the unmanifest had to come in thru a bit of infant flesh! But now in all the Glory of FATHER-MOTHER FIRE-FLAME-LIGHT, thru the Electro-Magnetic Energy of the GREAT CENTRAL SUN, the IRRIDESCENT RUBY and the IRRIDESCENT MOTHER-OF-PEARL, and the radiations of GAUTAMA, DIVINO, SAN-ANDA, and EOLIA who engineered to you the GOLDEN LIQUID SNOW of the GREAT CENTRAL SUN, and ELOHIM, ARCHANGELS and CHOHANS, together with ALL THE HIERARCHY as ONE, can be precipitated to you Radiant Good Health, Prosperity and Longevity so long as IT is willed! That Glorious ONENESS is becoming that loveliest of intimacy to all that will!

This is indeed MAGNIFICENT CONSUMMATION, as WE of the unseparated polarity can again be with us of the separated polarity. PRAISE TO FATHER-MOTHER FIRE-FLAME-LIGHT!

You see, the only difference between yourselves and US is that Our Divine Romance was not broken, yours was. What a terrific difference that made! That gives you the realization of what you truly are in REALITY and your possibilities in action, back to where WE ARE, back to where you were.

Thank YOU, Beloved G.V.P. QUEEN OF LIGHT, Garman and Evangeline, for chiming in with US for this little tete-a-tete. WE ARE RUBY AND CHRISTOS. WE thank many, many, many of Earth for letting US be so chummy with them.

QUEEN OF LIGHT'S REACTION

"E": Beloved QUEEN OF LIGHT, what is Your reaction to Garman's discourse with RUBY AND CHRISTOS?

QUEEN OF LIGHT: WE believe IT speaks for ITSELF. WE noted the warmth and Love which emanates thru the wordings of RUBY AND CHRISTOS. WE believe IT calls for a tea party which would include the fragrances of all the delicious herbs and fruits.

I AM most interested in the advent of LADY PONDEROSA as My Helper in the flourishing garden of the "Land of Soul". WE will command the blessed gnomes, undines, salamanders, sylphs and the tree spirits to bring forth a magnificent harvest of flowers and forestry, as time lets US. WE believe that a garden is the highest frequency toward the FATHER'S vineyard, yet expressed on Earth.

WE ARE also interested in the beautiful "doings" in Scotland (the Findhorn Story). There are many, many, many dedications of garden grandeur throught the world. MIGHTY VICTORY and ROWENA are so pleased. So are WE.

Love and Adoration to the MAGNIFICENT CONSUMMATION'S RUBY FOCUS.
I AM QUEEN OF LIGHT.

MESSAGES RECEIVED SUNDAY, SEPT. 6, 1970

TWO NEW LIGHT RAYS: WE ARE RUBY AND CHRISTOS. Now it has come to a fine point in your excursion of Life where you have practically reached a dead end. What WE mean by that is that you can go no further. So appeal to US in every dilemma, for every healing. CALL ON US for the Electro-Magnetic Energies of the GREAT CENTRAL SUN and the bounties of the ROYAL TETON, and WE will receive your S.O.S. and reply to you. You will feel the Electro-Magnetic Energies; They will pour thru your body cells and They will awaken and vibrate your four lower bodies so that it will be easier for you to shoot up into the High Bodies of the Seventh Frequency. If you will take care of the below, the Above will take care of Itself. WE will always answer you. Just "call" on us. WE ARE RUBY AND CHRISTOS. I AM the Spokesmistress, and I understand that Womanhood is coming into her own. So I AM the Spokesmistress. Isn't that wonderful? CHRISTOS is so busy projecting the actual Electro-Magnetic Energies that I AM drawn on as a Polarity, and can be the Spokesmistress in this Ashram. Good morning.

SANANDA: I AM very happily coming thru. Everything is in its right place; everything is in tune with the Infinite; all is well!

So many organizations have put off these blasts until 1980 and 1990, so far ahead. But what they haven't considered is the discrepancies in the calendar. It is so much sooner than you know. And have you noticed, with all these tragedies, not many people die? You see, there is a difference of dimension. Those that are in the Fourth Dimension do not die! Those who are not in the Fourth Dimension, but in the denseness and grossness of the Third Dimension, do pass thru swinging doors and are buried. That is the difference between the Third Dimension and the Fourth-Dimensional Consciousness, with which all you are blessed; and many who are not here who have touched the cloak of the RUBY FOCUS in Consciousness, are immediately shot into the Fourth Dimension. Those who are really sincere and really read into the Essence of the words written within those Open Letters, automatically become Fourth-Dimensional. So you see, not only RUBY FOCUS, but I believe there are more than 500 organizations, many of whom you never hear, of course, but even in small groups who are sincere, who evoke the LIGHT and the CHRIST CONSCIOUSNESS, and they, too, come into the Fourth-Dimensional Consciousness. It has

become quite a Matrix of the ONE-IN-THE-ONE. Isn't that beautiful? Let ME say that all these Chalices or Cups are receiving the same message. There is only one message--the message of LOVE, Cooperation, Intunement with FATHER-MOTHER FIRE-FLAME-LIGHT. My fort upon your Earth is Radiation. Radiate, radiate, radiate: LIGHT, LIGHT, LIGHT! For as you ascend in Consciousness it is contagious; and when all will have ascended in Consciousness, then you are all in the Fourth Dimension. And more and more that is happening in groups of thousands and thousands and thousands, more and more that is happening. Enoch did it; why not you? Why not? Good morning.

EOLIA: Now, in speaking of orthodoxy, what would you have done without religion todate? I came in the early thirties to bring thru the VIOLET TRANSMUTING FLAME to humanhood. Many responded and were rewarded. I came also to teach you that the time has now come, not for the emotional, the ritualistic, the dogmatic, but to realize that LIFE and LIFE ETERNAL is a matter of chemistry and not religion. Anybody refute this, say so! It is a matter of attunement of the outpouring of the GREAT CENTRAL SUN, the Electro-Magnetic Energies, and to feel it pulsate thru every cell of your four lower bodies, not just the physical mechanism. It is now time to raise the consciousness into the Seventh Dimension wherein you lose your humanhood, yet still remain on Earth. At which time, instead of words, you radiate. You need speak not one word, but the RADIATION of the LIGHT from your Seventh Realm will teach and heal and love.

You would be surprised if I would enumerate the many, many who have touched into that Seventh Frequency. It would take until tomorrow morning to enumerate the names; but I AM not much for name-calling. Just watch people. Measure their reactions. Measure their Love. And you will see many, many, many miracles come forth in Ease and Joy and Grace. Be true to the VIOLET TRANSMUTING FLAME for transmutation. Be true to the rules of transmutation. One of the rules is, no tobacco, no liquor and no animal meats. The bell has rung for you to now obey these rules! And I must have my little fun with you, may I? For those who are using tobacco, stop! For those who are addicted to drink, stop it! Amen!

FATHER-MOTHER FIRE-FLAME-LIGHT TREATISE, thru Garman, Aug. 28, 1970

"ACTUALLY YOU"

CHAPTER I

Garman: FATHER-MOTHER FIRE-FLAME-LIGHT, FATHER-MOTHER FIRE-FLAME-LIGHT IN SILENCE, FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION, we thank YOU that YOU will inform, enlighten, inspire and dynamize us with an account of how actually WE ARE YOU. We feel that YOU will tell us not merely how near, how close and how intimate WE ARE with YOU; and not only how really in Essence WE ARE YOU, yet how actually in our moment-to-moment motions of all our lower bodies, of our mind body, feeling body, etheric and physical bodies, therefore of all the affairs of those bodies, YOU ARE actually WE, and actually operating us. In deepest, profoundest, quiet thrill we anticipate this revelation into our consciousness.

We thank YOU, BELOVED G.V.P. and the QUEEN OF LIGHT, Co-Chohans of the Sixth Ray RUBY, for lending your Cosmic Consciousness into this presentation into our mundane consciousness of what actually is and goes on within the FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION that is our lower self.

FATHER-MOTHER FIRE-FLAME-LIGHT speaks: Most precious, precious

children, how precious you, that you enter this subject of acutest and most necessary significance. You have a mundane expression which says, "Getting down to brass tacks." So, actually now, you are getting down to your own brass tacks, into your own observation and comprehension of your own "brass" consciousness.

I thank you that at last I can enter your consciousness on this wide-wide, deep-deep, high-high subject, that I may and can reveal to you the utter simplicity of height, depth and width. You, in your own realization, can be most grateful that you have arrived to this point of understanding.

Yes, WE wish to acquaint you with OURSELF in your lower-most, your physical body, and all your lower bodies so close to it. Verily, WE want to bring you back home, on a clear, pure road right thru your physical self and consciousness. Beloved children, WE want you to feel at home with ME right in your very earth-home-self which is My very SELF. Then you can finally and legitimately begin to think of ME in your own Beyond Self. You are first to learn to live in your home knowing ME as your Home-Self.

Yes, your whole lower self, IT IS "I", THAT IS, when you honor and keep IT as ME. And My evolution and your evolution are ONE. And children, when WE speak of evolution, WE ARE not thinking of evolution as you do. For WE think of evolution as from the Incorrupt to the greater Incorrupt. You think of your evolution as from the corrupt state, in which you are, to the Incorrupt State. That is merely picking up that which you had, and lost, and which formerly really was evolved in you, but you back-tracked and lost as you went back, and now you are retracing and regaining, which is what you are thinking of as your evolution, for you are progressing forward to the point where you began to step back, to where you checked your evolvment from incorrupt to incorrupt.

However, all is well. You are playing your part in the adventure of FIRE-FLAME-LIGHT. IT IS "I".

Blessed little ones, precious most precious bits of MYSELF, now you are to begin to feel at home with ME. You feel, do you not, how most wonderful is that? How wonderful to pinch and feel and comprehend and relish your least self as being a share of the uttermost FATHER-MOTHER FIRE-FLAME-LIGHT THAT WE ARE.

And now, to see this, WE ARE first to go over the necessary background. For, behind and within the actuality of flesh is the REALITY of ESSENCE. Behind the form is the UNFORMED; IT IS the FATHER-MOTHER FIRE-FLAME-LIGHT IN SILENCE. Yet, also within the form, the ESSENCE always IS. IT IS the FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION as the CORE of the SUBSTANCE of the form. IT IS "I". And that ESSENCE, THAT FIRE THAT "I AM" in the form and action, is not the form. I do not change to form. I only issue from ME the form, the changeable, the corruptible as you corrupt it. And in the issuing, I remain the Silent, Eternal, Unchanging, Incorruptible ESSENCE THAT WE ARE; and I do never issue corrupt FLAME and LIGHT from ME, but you do with your interfering, bloated nothing, my dear ones; yet, still AM "I" uncontaminated while you issue corruption from ME.

WE further elucidate this background of FATHER-MOTHER FIRE-FLAME-LIGHT IN SILENCE and also IN ACTION: All Space is FATHER-MOTHER FIRE-FLAME-LIGHT IN SILENCE. It is matter, but unformed. It is inactive, motionless, dormant, at any rate, as far as you are concerned, up to any point where you can know it as active, and that is where you begin to think and feel, for it is only OUR (and that includes your) thinking and feeling that puts FIRE-FLAME-LIGHT THAT WE ARE into creative action.

Now, within all the vastness of Space (and WE interject that

Space is only the vastness of Our CONSCIOUSNESS), within My vastness of Space, are My innumerable Centers of action that you call Suns, Planets, atoms, microbes, mice and men; and each tiniest portion of any Center is a separate Center of Action. And so My vastness is here and there and everywhere centered by My numerous points of action.

To further elucidate: In SILENCE WE ARE inactive FATHER-MOTHER. To go into action, Our thought and feeling issues from the inactive FATHER-MOTHER TWO FATHER AND MOTHER RAYS that meet to become a center of action, be it an atom or the Omniverse.

Their meeting, their action, their living is a pulsation of FATHER AND MOTHER. IT IS polarity always pulsing FIRE-FLAME-LIGHT. FIRE is the center, the core. FLAME is the body. LIGHT is the emanation.

So WE have an Omniverse of inter-pulsating Centers of FIRE-FLAME-LIGHT. Each pulsates to all others. All are pulses from the ONE PULSE THAT WE ARE IN ACTION. So is your little lower self, my dear ones. Then, would you wonder that in the pulsations of your mental, emotional, etheric and physical self you can trace the pulsations of FATHER-MOTHER FIRE-FLAME-LIGHT THAT WE ARE? Indeed not. For what is it that you are tracing and observing to find and use? It is the ACTION of the FATHER and the MOTHER. What's that? It is the discoverable BALANCE, poise and Peace.....every time you have it, you know it, that PEACE. And really, My beautiful Portions of My beautiful FIRE-FLAME-LIGHT SELF, that PEACE, in the final analysis of your Intelligence, while it does surpass your intellectual understanding, it does not surpass your divinely innate understanding THAT WE ARE, for it is this Intelligence, which has floated right on top in your human consciousness. For you are INTELLIGENCE THAT IS "I", YOUR FATHER AND MOTHER SOURCE of your Consciousness, that is pulsing into you that PERFECTION that is the feeling of PEACE to you, quite understandably.

And you realize and feel in that quality of PEACE that you are blissfully riding on the delicate balance of the scales that are the FATHER AND MOTHER THAT WE ARE.

BALANCE, BALANCE, BALANCE.....all the time you are feeling US, the FATHER-MOTHER BALANCE THAT WE ARE. Isn't it wonderful? So you realize, recognize and acknowledge the FATHER-MOTHER FIRE-FLAME-LIGHT THAT YOU ARE because IT IS WE. Of course, such loveliest BALANCE could come only from the most beautiful SOURCE there IS, from FATHER-MOTHER FIRE-FLAME-LIGHT ITSELF, from THAT PART OF IT, OF ME, THAT IS THE SOURCEFUL YOU. IT IS ME inviolate, uncorrupted.

Your PEACE is a flaming BALANCE that YOU ARE. Yes, it is the FLAME of BALANCE, of PEACE. IT IS ONE FLAME, and IT has FLAMES within the FLAME. And IT has primary FLAMES and secondary FLAMES within THAT FLAME of PEACE. And all are recognized by their colors, and colors represent qualities.

There are three primary FLAMES or colors. They are Sunshine Yellow, Blue and Ruby Red. (It was Pink, and Ruby has taken precedence over Pink.) And the qualities of these colors are: Love, Wisdom and Power. These are the primary colors from the SOURCE of Color that is White, that is FATHER-MOTHER FIRE-FLAME-LIGHT THAT WE ARE. These are the primary qualities of the PEACE that is the quality of BALANCE THAT WE ARE. Love, Wisdom and Power are the inter-pulsations of primary qualities and colors THAT WE ARE within that SOURCE-PULSATION of BALANCE, of PEACE THAT WE ARE. LOVE is Ruby, WISDOM is Sunshine Yellow and POWER is Blue.

BALANCE is the LAW. Or say, Love, Wisdom, Power is the LAW. Not one of the three is the LAW. The inter-pulsation of the three is the LAW. When you say, "Love," know that you say, "Balance". When you say,

"Wisdom," know that you say, "Balance." When you say, "Power," know that you say, "Balance."

In Balance, one is not without the other two, for IT IS "I".... then IT IS to be YOU. IT IS YOU.

Now, Our analysis is to make plain and simple to you, and traceable in you, just how that all-containing BALANCE THAT IS LOVE, WISDOM AND POWER, works and is maintained in you. Guess how!

Very simple. WE will actually trace for you, in your very breath, the workings of FATHER-MOTHER FIRE-FLAME-LIGHT IN SILENCE AND IN ACTION, THAT IS IT. All can be read on your breath.

Breathing is a pulsation of FIRE-FLAME-LIGHT that is brought down in speed and condensation where it can be read. It is a physical, mental and emotional frequency where you can study, observe and trace it and thereby know the machinery of all-pulsing FATHER-MOTHER FIRE-FLAME-LIGHT THAT WE ARE; and all that entails in the evolvment of My Omnipverse, therefore of ME in you, as YOU. And then, beloved particles of MYSELF, you will breathe easier.

Enough! This is Chapter I. In the next Chapter, WE will trace US in Our breathing.

Do now say, three times, "FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION." Could there be a more powerful CALL than this?

Now say, three times, "WE ARE DRAWING ON THE TWO NEW LIGHT RAYS OF THE GREAT CENTRAL SUN, EXPRESSING AS ELECTRO-MAGNETIC ENERGY, EMPOWERING OUR LIFESTREAM, AND OUTPICTURING AS LOVE, JOY, PROSPERITY, AND RADIANT GOOD HEALTH, DISSOLVING ALL BLOCKS IN OUR ENVIRONMENTAL ATMOSPHERE."

Could there be a more powerful decree than this? For IT IS FATHER-MOTHER FIRE-FLAME-LIGHT thru the GREAT CENTRAL SUN.

And now that you have drawn in this Power, give it out to all. Say "RADIATE!" twenty-seven times.

Do this in My NAME for the regeneration and evolvment of all of ME, thus for ME, for US.

I have spoken thru My Mouthpiece, My Partner in LIGHT, Garman, profoundly aided by the Co-Chohans G.V.P. and the QUEEN OF LIGHT, of the Sixth Ray, RUBY, and attended faithfully and in rapture by "E", Florence Ruby.

**"E" INVITES THE QUEEN OF LIGHT TO GIVE HER IDEAS ON TREATISE
"ACTUALLY YOU"**

QUEEN OF LIGHT: I AM most happy to express My feelings, especially inasmuch as G.V.P. and My Humble SELF lent FATHER-MOTHER FIRE-FLAME-LIGHT Our Energies to mirror out these POWERFUL WORD ESSENCES.

I see everywhere I look, Masters walking your Earth, lecturing, teaching, healing. They are everywhere. I flew My etheric body to an affair the other week and there was the translated Annalee Skarin and Reason talking jubilantly to a group of enthusiastic people, so hungry for her every word! The THEME of her entire conversation was "LOVE YE ONE ANOTHER" and the music and color from her laughter ringing out those beautiful sounds were as tho the Angels of Heaven were sending down Golden Dew.

Yesterday, came to your door a transmuting MASTER REFLECTION, with a Fifth Ray message, with him an exquisite young lady of eyes surrounded with a golden aura. He said in identity, "I have not come to teach, but to awaken LIGHT freely." This is the way they will proceed, RADIATING LIGHT, NO WORDS. FATHER-MOTHER FIRE-FLAME-LIGHT just IS, and you are THESE FLAMES, if you are. The LIGHT automatically teaches and evolves, protects and prospers.

1. FATHER-MOTHER FIRE-FLAME-LIGHT IN SILENCE. 2. FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION. These are the Essence Decrees of the Masters.

leep within this privileged consciousness twenty-four hours a day, while on trips, and all thru the workaday problems, which are bound to appear as long as man is in "Earth harness".

Study well this Treatise. I have had My feminine polarity slant. I AM BALANCED LIGHT. (LOVE, WISDOM, POWER) This is EOLIA'S Mantram, which keeps the Heaven's sheen.

I AM QUEEN OF LIGHT.

"E" receives a message from MOTHER MARY regarding Sister Leta of MAGNIFICENT CONSUMMATION:

MOTHER MARY: WE give praise and thanksgiving to Sister Leta for the SUBSTANCE of strength, energy and dedication she has bequeathed to the success of MAGNIFICENT CONSUMMATION.

I, Personally, wish to bless, prosper and thank Sister Leta for the beautiful songfest she has created within the atmosphere of the Ashram. I want it known that this adoration of sound is making it possible for ME to chemicalize visibly over Mt. Wilson, in the offing sooner or later. I AM MOTHER MARY.

MOTHER MARY, thru "E": I also wish to tell you something about our work over the letters in My Scotch plaid bucket. When WE put LIGHT into those letters, that transforms the writing to forms of the diseases, and from that, WE can go to work. Isn't that wonderful?

TO WARD OFF FLU AND OTHER EPIDEMICS,
INCLUDING A RECENT THROAT EPIDEMIC:

BELOVED MOTHER MARY has suggested that we drink Eucalyptus Tea every day; and place a little Oil of Eucalyptus in a pan of simmering water, so the fumes will penetrate all the rooms in the house.

"A stitch in time saves nine." Thank YOU, MOTHER MARY!

EXCERPTS FROM LETTERS

V.E.B.: There is no use in trying as I know there are no words in any Dictionary to describe the Wonderfulness of the contents in this Ruby Focus of June '70. It is thrilling and so heart warming. Just wish I could express it better, but I AM sure you know what I AM trying to say.

J.M.: I know the value of MAGNIFICENT CONSUMMATION. It not only tells you about something good, but tells you the exact formula for acquiring it. Therein lies its great worth and superiority. I do hope that everyone really reads, ponders and learns how to use the Nine Rays that have been given in these last Open Letters. Every Open Letter I get, I think, now this letter can't be beat, and then the next one is still greater. How do you do it?

Answer by Editor: The SUN (The GREAT CENTRAL SUN and the SUN of our own System) ticks off the days, the months, the years, the centuries without stopping. It never stops or hesitates in IT'S progression. Then, how could we fail to "tick" with it?

M.Y.: Thank you for your kindness in faithfully continuing to send the Open Letters, which are so beautiful. Truly, we are more than conquerors thru the wonderful Decrees. So thankful for the Precipitation lessons and the Two New Light Rays Decree.

E.H.B.: Please do not think me ungrateful for not having written

sooner. Received the July Open Letter with inspirational pictures of the THREE-IN-ONE, and the uplift it contained has helped me thru a very trying period. At times the struggle between the Spiritual and the physical is quite a testing time. I have received strength and encouragement thru the study of the wonderful messages from the Masters, and have dedicated my channel, such as it is, to Their use, as long as I remain here. I'm nearing my 82nd milestone, but feel the BELOVED FATHER-MOTHER LIGHT has work for me here, or I would receive my release.

My last visit to Sedona was fifteen years ago. It was like a "little bit of Heaven" at that time; and as I travel in thought to the RUBY FOCUS and rest in the "Patio of Precious KWAN YIN and BELOVED MARY", the Peace and Serenity experienced long ago, is awakened in my feeling world. I shall be a frequent "visitor" to the RUBY FOCUS in the days ahead. Love and Rainbow Blessings, Eternally, E.H.B.

L.A.R.: Do you recall, when I appeared in my Light Body during the Wesak Festival and our BELOVED GAUTAMA blessed me with healing? I have received a healing of the pain of arthritis; and I have discarded the heavy steel brace and cane. BELOVED GAUTAMA has also blessed me with Longevity. I do want to enter the New Age; I want to be of service. I hope our BELOVED GAUTAMA will find me worthy to be of service, for that would be to me a great privilege. It is a great blessing to receive these precious Open Letters, for they are Jewels of Wisdom and Love.

M.J.: Some months ago, "B" was told, as Garman was gold, "WE ARE going to rebuild your house." At first the remodeling was not too noticeable; then the process was speeded up to such an extent that "B" appealed to the "CARPENTERS", "Please, can't you take it a bit slower and easier on me?" And promptly the answer came back, "You don't think you are going to get a new house without paying for it, do you?" And he has, and is paying for it with much physical discomfort.

A.K.: Would you please send me one of the March, 1970, Open Letters, and the other information you have about germinating seeds? I would be very happy to find a good substitute for meat, as I can hardly stomach meat any more, and I'm shorting myself on protein because of that.

EDITOR'S NOTE TO A.K.: These germinated seeds are a protein, and have been found to be an excellent substitute for meat.

EDITOR'S NOTE:

Take notice, all of you who have received the Article on how to germinate grains. Further experimentation has revealed a simpler and shorter way, with improved results, as follows:

Immerse the lentils and the wheat in their jars for about twelve hours, then drain and immerse again and drain at once, and let stand damp for another twelve hours. This completes the whole job in twenty-four hours; and no need to spread the wheat on plates.

We suggest that all continue to look up the March, 1970, Open Letter on this, and get the Article with the above amendment. Soon we will have a booklet to give it all to you in one piece.

When you move, will you please send us your change of address?

These OPEN LETTERS are mailed free upon request. Your voluntary contributions are very, very much appreciated.

Devotedly yours,

GARMAN and EVANGELINE

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IF

If you can keep your head when all about you
Are losing theirs and blaming it on you,
If you can trust yourself when all men doubt you
But make allowance for their doubting too;
If you can wait and not be tired by waiting,
Or being lied about; don't deal in lies,
Or being hated; don't give way to hating,
And yet, don't look to good, nor talk too wise:

If you can dream - and not make dreams your master;
If you can think - and not make thoughts your aim,
If you can meet with Triumph and Disaster
And treat those two impostors just the same,
If you can bear to hear the truth you've spoken,
Twisted by knaves to make a trap for fools,
Or watch the things you gave life to broken,
And stoop and build 'em up with worn-out tools:

If you can make one heap of all your winnings;
And risk it on one turn of pitch-and-toss,
And lose - and start again at your beginnings,
And never breathe a word about your loss;
If you can force your heart and nerve and sinew,
To serve your turn long after they are gone,
And so, hold on when there is nothing in you
Except the will which says to them: "Hold on".:

If you can walk with crowds and keep your virtue
Or walk with Kings - nor lose the common touch,
If neither foes nor loving friends can hurt you,
If all men count with you, but none too much;
If you can fill the unforgiving minute
With sixty seconds worth of distance run,
Yours is the Earth and everything that's in it,
And, which is more - YOU'LL BE A MAN MY SON.

THE GREAT INVOCATION

From the point of Light within the Mind of God
Let Light stream forth into the minds of men.
Let Light descend on Earth.

From the point of Love within the Heart of God
Let Love stream forth into the hearts of men.
May Christ return to Earth.

From the centre where the Will of God is known
Let purpose guide the little wills of men,
The purpose which the Master knows and serves.

From the centre which we call the race of men
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

BY DWAL KUHL THROUGH ALICE BAILEY