

**MAGNIFICENT CONSUMMATION**

**PRESENTS**

*"Ruby Focus"*

**REVS. GARMAN & EVANGELINE VAN POLEN**

**OPEN LETTER  
NOVEMBER 1970**



**MOTHER MARY**

PAINTED BY - DOROTHY MARY SERENI

BELOVED MOTHER MARY blesses and honors three wonderful people for their clairvoyance preceding Her "physical-etheric appearance" over Mt. Wilson, Sedona, Arizona. They are: Beloved Hertha Tournat of Yucca Valley, California, who has seen MOTHER'S smiling face. She is wearing a garment of shimmering LIGHT and a blue cape, and there are seven stars over Her Head.

Also, Beloved Sister JOYCE of Redlands, California, has reported Her vision, very similar, which is to be around the MICHAELMAS Holidays.

Our very dear friend, Sister Dorothy Mary Sereni of Trenton, New Jersey, is blessed heartily for her magnificent artwork for the cover of this November Open Letter.

## SANANDA'S PICTURE

Says A.C.: That lovely picture of our Precious SANANDA is absolutely the most magnetic and penetrating that I have, ever seen.  
16" X 21".....\$4.50

## OUR BOOKS

CATECHISM OF LIGHT, Vol. I, by Evangeline. Collection of Messages from many Ascended Ones.....\$ 2.00

CATECHISM OF LIGHT, Vol. II, by Evangeline. Further collection of Messages from many Ascended Ones. This Volume also contains, "WHO AM I? I AM THAT I AM", by Dr. C. H. Yeang.....\$ 2.00

THE SINGING INFINITE, by Evangeline. A beloved book in which BE-LOVED SANANDA beautifully prepares the Disciple to MEET HIM.....\$ 2.00

FATHER-MOTHER LIGHT as GOLDEN EXPERIENCES, by Garman and THERESA MARTIN. Collection of FATHER-MOTHER LIGHT TREATISES.....\$ 1.50

The above books are obtained on a Love Offering basis.

## PORTRAITS OF THE MASTERS

We now have photographic copies of pictures recently on covers of the OPEN LETTERS. These are portraits of ARCHANGEL MICHAEL, LIMITLESS LOVE AND TRUTH, LORD GAUTAMA and LORD DIVINO.

Black and white, 5" X 7".....\$1.00 each.

Also a printed copy of KUTHUMI, a beautiful black and white print on 8½" X 11" paper..... 50¢ each.

Of KWAN YIN, we have a colored photo picture of her statue at Al Sirat. A feature of this picture is that it shows the Ruby Impregnation of the atmosphere, while upon the green statue and the green foliage, the combination becomes violet. Size 3" X 3"..... 50¢.

All of these pictures are offered at Voluntary Contributions. Get them in any case. Order only from MAGNIFICENT CONSUMMATION.

Awaken the Sleeping Beauty of the "Eternal You" within! THE COMING GREAT GOLDEN AGE OF ESOTERICISM, by Edward T. Whitney, M.D. is both a beginner's Guide to Discipleship and a Source Book for the Initiate. (If you have already read it, we suggest you order it as a gift for a friend.)

319 Pages. Price \$6.50. Outside U.S.A. add 30%. Make check or Money Order payable to ANTAKARANA TRUST, B.P.O. Box 167, Boston, Mass. Zip Code 02101.

## BOOKS OF GOLDEN SIERRA PRINTING COMPANY

Sam Partridge went on a tour of the Bible Lands, and gives a sprightly account of it in his new book, "I WALKED WHERE HE WALKED". In reading the narrative, I was carried in reverie into these very places. I felt the frequency recall of a historic JESUS, Who, in His Eternal Lifestream, again healed and accelerated every department of my being. Eighty pictures "bring in" kaleidoscope..... \$2.50. (A beautiful gift.)

THE PRINCE OF ATLANTIS..... A Masterpiece...\$ 4.00

THE WISDOM POOL, by Arthur J. Burks..... 10.00

GOLDEN MANSIONS, by Daniel L. Hirsch,M.D.... 3.50

THE SEVEN CHOHANS SPEAK THEIR PEACE..... 1.00

I WALKED WHERE HE WALKED..... 2.50

Order all the above books from the GOLDEN SIERRA PRINTING COMPANY, 116 Mercury Drive, Grass Valley, California 95945.

Advertisements continued on Page 14.

"RUBY FOCUS" of  
MAGNIFICENT CONSUMMATION, INC.  
Revs. Garman & Evangeline Van Polen  
P.O. Drawer 1188  
Sedona, Arizona, 86336, U.S.A.

Phone: Area 602  
282-3427  
November 1, 1970

Open Letter on Nature's Course

OPEN LETTER  
to  
Speedily Advancing Persons

LOVINGLY DEDICATED TO BELOVED MOTHER MARY

Beloved Ones:

EOLIA SPEAKS: MICHAELMAS GREETINGS! This is our MICHAELMAS Letter, (formerly known as a Piscean Christmas Letter). Let our hearts be filled with the Joy of the Season. This is automatically the most beautiful time of the year. The Heavens open wide to pour forth the GOLDEN LIQUID SNOW, which when dry resembles a "gossamer cobweb". Fortunate are those who have seen this lacy precipitation.

The new innovation of the Golden Age began in February, 1962, but this has been slow to be realized by humanhood. Yet the Cosmic has been very active. Much shuffling has gone on; and in particular has been the twist in the turn of polarity of the Piscean Sixth Ray, evolving into the RUBY FOCUS of the Sixth Ray and the beautiful ruby sunsets and the radiations of FATHER-MOTHER (now) FIRE-FLAME-LIGHT in Silence and in Action.

EVANGELINE: Last night I saw St. Germain (another change as EOLIA). HE looked so fiery and dynamic, and the message HE conveyed into my consciousness was: "Rather than indulge in materialistic and commercial barbers of the usual Piscean activities, you are to send a letter (this letter) filled with FATHER-MOTHER FIRE-FLAME-LIGHT, wrapped in the VIOLET TRANSMUTING FLAME, and trimmed with Rhythmic Invocation of CHRIST LOVE, encased in the lighted aura of a sacred decree that each receiving this MICHAELMAS Message will feel the opening of the fifth ventricle of the heart and accept this gift of UNIVERSAL CHRIST WITHIN NOW QUICKENED!"

HE said, "This is to spare all the anguish of shopping, ragged nerves, the exchanges of material gifts, the indebtedness from one stretch of 'time belt' into another."

HE said, "Let each person get one material gift dear to their heart, as a symbol of the Season of Heavenly Dew, but no bartering between friends and relatives."

Then HE said, "Give of your lighted meditations to the Great UNIVERSALS. Give Them the accelerated Power to knead Their Divine Bread of Materialization on Earth; namely: End this shameful war and save America and those other foolish countries, mellow the hearts of the hostile, and bring to Earth the greatest seasonal gift of all: 'LOVE YE ONE ANOTHER'."

"If you have courage to follow thru with My Message, I promise you Precipitation and the Good Will of the GREAT CENTRAL SUN, the two NEW LIGHT RAYS thru the ROYAL TETONS and ASCENSION FLAME. Feel the gift lifting you even now into the Seventh Heaven?"

MERRY MICHAELMAS! inspired thru ST. GERMAIN (EOLIA).

The Van Polens of Sedona, Arizona and their Associates  
of the RUBY FOCUS.

This RUBY FOCUS Open Letter is dedicated to the most potent and activated "MOTHER ESSENCE" radiating on Earth today, namely, MOTHER MARY of the HOUSE OF DAVID. You hear Her Blessed Name spoken on every lip. She, Dear Heart, has seeped into the realm of "drug addiction". She befriends the children who have chosen the wrong path. These young people believe it is the "Illumination Way". It is but a false illumination; as children of their union are proving. These are just not perfect children because of the unbalance of chromosomes.

MOTHER MARY and KWAN YIN are very much interested to "bring in" the ESSENCE of the RESURRECTION FLAME into mass consciousness. She says, "These are the darlings who really need ME. You who are strong of character must help ME to restore balance to these dear ones. I impress them thru songs and radiate LIGHT in rhythmic music and color. 'LET IT BE' and 'LEAD ME ON' are My favorite sound techniques, as these notes seem to 'get into' the hearts of these young people.

"I wish all would radiate the LIGHT of the GREAT CENTRAL SUN, the RESURRECTION FLAME and the ASCENSION FLAME into the midst of these young people, especially at the conclaves, where there are thousands congregated. Much purification and eradication can be accomplished, and healings take place, and the already physical damage might be dissolved at that time thru the etheric fluid of the GOLDEN LIQUID SNOW of the GREAT CENTRAL SUN.

"Beautiful things are happening on your Earth to delight the heart of FATHER-MOTHER FIRE-FLAME-LIGHT. I AM so happy that My little band of Ruby Focusites of the Sixth Ray are radiating LIGHT nightly to the entire country of the United States of America, thru the map psychology, contagious to the world at large.

"I AM grateful to you that you are dedicating your November Open Letter to Me and My projects, My labors for the young generation, who are the men and women of the Golden Age, the seventh root children of the DIVINE DIRECTOR.

"In appreciation for the great service you have been to the RESURRECTION FLAME, MAGNIFICENT CONSUMMATION and ASSOCIATES, I will appear to you and yours in the month of November, and will be with you for MICHAEL MAS Dinner. I can be seen chemicalizing slowly, but discernedly over Mt. Wilson, Sedona, Arizona. This is My gift of LOVE to My dear children of the RUBY FOCUS."

MOTHER MARY of the RESURRECTION FLAME.

#### MESSAGE FROM MOTHER MARY, thru EVANGELINE

"E": MOTHER MARY, I feel your nearness. Have YOU something to tell me?

MOTHER MARY: Yes, dear Child, you do feel My PRESENCE, always with a fragrance of white roses.

You know, I AM awaiting the day when the whole wide world will buzz into the fourth-dimensional Consciousness. When that sweet day comes, then humanity, as Earth knows it, will become etheric beings, en masse. This will mean that a "thought" projected will form a golden beam and carry into any Retreat, planet, or to any geographic spot the "thought" indicates. This, then, will be the day when many will choose their visitational destination to the Moon.

In this sweet day CHRISTOPHER will greet and act as Host to the Inner Sanctum of the esoteric Moon. Earthman (Box 3), by then esoteric (Box 4), will dine and sup with the inhabitants of the Moon. Then, and then only, you can say, "The Moon has been truly reached, blessed with native graciousness and intimacies of conversation."

It has been wonderful that the dense body of man has been graduated "thus far". The surface has been scratched, and at great risk and expense! It will be good to know that etheric man need not undergo risk or expense, and also receive the Joyous Greeting of the "man and woman in the Moon". This day is forthcoming!

Mortal man could not adjust to gravity or thermostat and the million functional reactions so natural to the Moonites, already conditioned.

I still insist that mortal man will never enjoy this esoteric excursion in Ease and Joy and Grace until the fourth-dimensional Consciousness has been released.

I AM MOTHER MARY.

Note: I believe this is what MOTHER MARY meant when She previously said, "Earthman will never reach the Moon." Earthman has strenuously and courageously invaded the crust of the Moon! True! But he hasn't touched its SOUL.

EVANGELINE.

MESSAGES thru "E"

RUBY AND CHRISTOS: Good morning! This is RUBY and My BELOVED CHRISTOS. And inasmuch as there is a healing to be given here, I would like this child to feel on fire. I think you had better sit her over here, close to the Channel. Did you hear anything at all? (Ans: Not much of it.) Well, that is what WE were wondering. I think you are going to be a "toughie". You have blocks in your sub-conscious mind which have to be removed before you can have your healing.

Now this is RUBY with My BELOVED CHRISTOS, to place you in a Flame of the RUBY FOCUS. You will feel on fire, but yet you will not burn. So do not be alarmed if you get over-heated, for it is the RUBY POLARITY of the LASER BEAM that WE ARE directing into your sub-conscious mind to burn the trash, to burn the negatives, to burn the blocks, and erase and dismiss them forevermore.

Now, this is not psycho-analysis. This is LOVE; all the LOVE of the GREAT CENTRAL SUN is pouring down thru your four lower bodies. And you will find yourself in the FLAME of the RUBY FOCUS until you have your healing.

And do not forget your herbs. You must take your herbs, herb teas and herb powders. All of this will contribute to the healing of your ears. And then, do you know what is going to happen? You are going to say, "I like the old way best, because I don't like what I'm hearing." Yes, they all do. For in a state of deafness, you are sublimely within you, with no outside forces to negate you, and you still must keep in a very high frequency within and be alone a great deal, even with your hearing.

I would suggest that instead of a lot of chit-chat with people to prove your hearing, that you would have tapes to hear, beautiful tapes to hear. Hear beautiful music, and never mind the outside world, to prove that you can hear; you see, dear Heart? For you are being healed whether you realize it yet or not. You are being healed. You are in the becoming of a healing; and you are being blessed by BELOVED EOLIA, BELOVED TESLA, and ALL in the GREAT CENTRAL SUN, including the two NEW LIGHT RAYS, RUBY AND CHRISTOS, if I may say so, but in humility. Good morning!

LOVE STAR: This is LOVE STAR, and I AM liking the music. Regarding the music for healing: The brisk music quickens the different organs in your body; it quickens your upper brain, quickens your upper

brain, quickens your alertness, quickens, quickens, quickens; and that is the same as circulating the blood in your body. And as you circulate the blood in your body, what do you do? You circulate the events in your life; you circulate your finances, you circulate your love of people, you get into the thick of things. It is wonderful, wonderful, wonderful! WE don't want dead-heads; WE want those who are on their toes, alert, and doing the FATHER'S work. Bless you this morning!

SANANDA: It is time for ME to come in. There is a lady who wants a healing; so let us say to her, in unison, RADIATE, RADIATE, RADIATE! I would say that you are more of a psychological case than you are a spiritual healing case. By that, I mean that certain aberrations in the subconscious mind were blocking the spiritual healing. I do not mean anything mental; don't get ME wrong. And so it has been taken up that certain blocks in the subconscious are being dissolved, and you will hear--plus the herbs, the Angelica, teas and powders. Study your herbs, and you will be so happy that you came wandering down the isle to the RUBY FOCUS, Sixth Ray, Ministerial ROBY FOCUS. Amen!

SANANDA: Good evening! This is SANANDA, your Administrator. I want you to know, Brother Garman, that you are correct in stating that your SELF, G.V.P., and the QUEEN OF LIGHT are of the Sixth Ray, the RUBY FOCUS. LADY NADA has been, and even since My absence, the LADY CHOCHAN of the Sixth Ray; but WE ARE not talking about the Piscean Sixth Ray, WE ARE now talking about the RUBY FOCUS, and in that, you, My dear QUEEN OF LIGHT, SUNBEAM OF THE GREAT CENTRAL SUN, and My dear Garman and your High SELF, G.V.P., are the CHOCHANS of the RUBY FOCUS, which happens to outspring or upshoot from the Piscean Sixth Ray. Therein lies your difference, and I want to elucidate that for you.

Now, I want to say something about walking. You can walk more. I can't see anybody trying out that new wonderful decree of attaching yourself to what your Brother Garman says, "FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION! and asking for that breath, the FATHER'S breath, and just walking briskly, forgetting yourself and automatically arriving at your destination and back home without even having thought of breathing. Lose all thought of breath; for you have become the FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION during that recess. You see? And that will transmute you.

Now the hands of the Channel are completely transmuted. Did you know that? They are. If WE can get her entire body into that chemical condition, she would be ready to translate. But WE ARE going to keep her Earthwise. She is so needed, even though translated. Now, if you will feel the hands of the Channel, you will see what I mean. They are etheric hands. It is known by those Who hold her hands. WE were thinking of the BELOVED MASTERS Who come to her in the night and do invigorate those hands to the point where she must get up and do her writing of letters.

Now, I mainly came tonight to point out this discrepancy between Piscean LADY NADA and RUBY FOCUS G.V.P. and the QUEEN OF LIGHT.

I glance into My personalities. Oh, I cannot recount them, many personalities--the personality of the VOICE, the personality of MYSELF as SANANDA, a personality of HE Who was in Denmark. So don't go by personality. Just feel golden wires, golden wires! WE make a knot in the wire and go on into a new form until WE make a knot in that wire, and so on. Do you see how it goes? There is a continuity, periodically knotted, and then WE go on into a new phase, periodically knot; and the final phase to-date is SANANDA. I won't say "Good evening," for I never leave you. RADIATE! RADIATE! RADIATE! (3x) Radiate what? LOVE, LOVE, LOVE--TOGETHERNESS! TOGETHERNESS! TOGETHERNESS!

And just a hint: WE would love to be so loving that WE could embrace everybody, love them. And yet WE must not forget there are black forces. You wouldn't hug and love and kiss a rattlesnake, would you? It is too bad you have to watch these things. But with it all, love and send the WHITE CHRIST LIGHT. Send them the WHITE CHRIST LIGHT. Always send them the WHITE CHRIST LIGHT.

SANANDA: Good morning, this is SANANDA. And this comes thru the voice from South America. I AM at the BROTHERHOOD OF THE SEVEN RAYS. As you remember, there were thirteen of US, and WE have a huge map and WE ARE watching every movement that is being made on your sorrowful Earth, ready to press the button at the strategic moment. And that is why WE have you radiate to the map of the United States of America every night; and may I say that you are doing a very potent work in the Name of the RUBY FOCUS.

That is significant when a casual person drops in and tells you that a Lady Master from another planet has whispered to her husband that the RUBY FOCUS is the greatest vortex on Earth today. Did that not mean anything to you? It was a nice report from another planet.

Just keep on keeping on and don't look for any plaudits from the side; just do the work that you are given to do as you were told what to do and when to do it. Now you are growing, expanding, and you will find in this next year of 1971 there will be a glorious expansion in every department of the Ashram.

Now, I don't want you to fret about differentiations that you will read here and there about who is what and what is who. Now, JESUS is the least common denominator of My vibration. You know that. You know that the body can have many bodies, don't you? almost irrespective of ubiquity. A single Master can send out seven or a hundred bodies to different parts of the world. Now, all right, JESUS has assumed the role of Angel Micah as UNITY Radiations Matrix. Isn't that wonderful? and well deserved for the great work He did on Earth. THE VOICE, by the way, over there, is building up for something quite tremendous. He is in the Himalayas as yet. Isn't that wonderful? My humble SELF is in South America. You might call ME the feminine side of the polarity. Is that right? I'm not thinking of man and woman; I'm thinking of frequency. Remember the masculinity of the Himalayas, and the femininity of South America in frequency--not man and woman. You must get that out of your head, and you must compass it as the Electro-Magnetic, which is man and woman reduced to the Earth level, or the positive and negative. I like the word "positive" for the Himalayas and the "negative" for the BROTHERHOOD OF THE SEVEN RAYS in South America. Negative does not mean in your sense negation. It just means the polarization. All polarization has to have a positive and negative.

LADY NADA is with ME, definitely, very much needed, and is not on the Sixth Ray any more, for the Piscean Sixth Ray has evolved into the RUBY FOCUS. I want you to understand that; and the QUEEN OF LIGHT and your own humble SELF are the Chohans. You understand it, but many don't.

I think you know it already, but for the volume of work that is to be done for the protection of your Earth and the being there to press the button when it is strategic, I AM yet the World Radiator, but not the World Teacher. And so I introduce you to BELOVED LANTO, who has taken My place. I AM your Administrator. And wherever I be, wherever I AM, I will always be your Administrator. Where there is no vacuum in thought, there is no separation in the thought world, and receive ye.

LANTO: I don't know how better I can serve you as the new World Teacher with BELOVED KUTHUMI than to inculcate into activity the word Essence: NOW! NOW! NOW! (3X) There is nothing that you have to do in the future that you cannot do NOW! NOW! NOW! (3X). That is My Message.

Short, dynamic, and fruitful. Not too many words any more. NOW! (3X)  
I AM LANTO.

MOTHER MARY, thru "E"

"E": BELOVED MOTHER MARY, I feel a quizzical reverie coming on. I would like to ask YOU several questions. May I?

MOTHER MARY: Yes, dear one, and if I can answer these questions from My specialized realm, I will gladly elucidate.

Channel: I am wondering if SANANDA is still in South America at the BROTHERHOOD OF THE SEVEN RAYS, studying the outcome of our world destiny from a large scroll, an engineer's diagram, with many other Ascended Masters?

MOTHER MARY: Yes, He is! I often wonder if mankind, in limited third-dimensional consciousness, could possibly realize the ESSENCE of the word "UBIQUITY"? It means that an Ascended Master can function in many bodies, etheric and even physical. He can even appear in hundreds of places simultaneously. Why does humanhood stress so vitally the "world of form", when really consciousness is all? HE Who is a lower common denominator in etheric essence is still functioning as UNITY Radiations, yet as JESUS, and connected with Golden Wires to the FAMILY TREE called SANANDA. This was and is His ancient Name with SANAT KUMARA. Do you understand, dear Channel?

Channel: Yes, I do. Then, furthermore, does this 'same principle of ubiquity apply regarding LADY NADA as CHOCHAN of the Sixth Ray, left by Your BELOVED SON, JESUS OF NAZARETH, Whom I love deeply?

MOTHER MARY: No! It is a different hypothesis altogether. LADY NADA had the Chohanship of the Piscean Age Sixth Ray, now dissolved, and evolved into the glorious Aquarian RUBY RAY, of which the focus is in Sedona, Arizona. LADY NADA is with Her Divine Complement, SANANDA, where She should be, helping Him as a comforting influence to become again the WORLD SAVIOR, (THREE-IN-ONE) with BELOVED ARCHANGEL MICHAEL and LIMITLESS LOVE.

LADY NADA has many refractions too, but Her Basic Image is Our very own BELOVED LADY OF LOVE.

Channel: I am praying and decreeing for areas of which newspapers are warning of calamities to come. In fact, I weep. Is there any substance to these warnings?

MOTHER MARY: Yes. The hour is arriving. Those who flee are wise. Those who have been Christed and who are in the LIGHT Embrace must remain to minister to the foolish virgins, who will be in great need of these Christed Hands of these thousands in California and other areas who have "OIL IN THEIR LAMPS": They will survive!

LET IT BE! (3X) LEAD ME ON! (3X)

I AM MOTHER MARY.

Channel "E" asks: BELOVED LADY NADA of the DIVINE LOVE RADIATIONS, are you yet on the Piscean Sixth Ray?

LADY NADA: Slowly and gently the Piscean Sixth Ray has slipped away; the old age is slipping away; the New Aquarian Age is entering the great and magnificent Age of the RUBY RAY, the GOLDEN AGE!

I AM most happy for release. I salute in reverence the two CHO-HANS, Whom FATHER-MOTHER'S LOVE has bequeathed to be reliable for the Sixth RUBY RAY. May your PATH be strewn with white, yellow and ruby red roses.

**BLESSINGS! I AM NADA**, in original IMAGE of the FAMILY TREE of My BELOVED DIVINE COMPLEMENT, SANANDA.

**KWAN YIN**: Oh, my, my, my, my! Isn't it wonderful! Isn't it beautiful! And I do come thru in radiation to the statue. You know they say, "Do not worship statues. Do not worship pictures." But when you look, for instance, at the picture of BELOVED SANANDA, do you not immediately think of Him, and that thought penetrates thru the picture to actually His own Mind. Did you know that?

Now, I'm not telling you to have a lot of graven images. I'm not saying that! But to those who love, who truly love to receive of the Esoteric, it is no sin to have a picture or even a little statue.

You remember reading the book of Beloved St. Theresa in Her autobiography where the statue of BLESSED MOTHER MARY came to life. She was able to impregnate Her consciousness thru that little bit of stone, and actually MOTHER MARY talked and smiled thru that little statue. That was not hypnotism; that was actuality. For the real, the true person is the High SELF, and it was the High SOUL of MOTHER MARY who smiled and talked thru that statuary to little sick Theresa Martin as she lay in bed.

Now, as a matter of fact, She didn't do anything. This is what happened: Little Theresa Martin raised her frequency lying in bed there with this high beautiful consciousness. She raised her frequency to meet true living MOTHER MARY. So, really, the statuary was only a vortex or point of contact. Is that right? You understand that now, don't you? In other words, MOTHER MARY did not come on Earth here, and smile thru stone. SHE didn't do that. Sister Theresa Martin raised her frequency into her High SELF, and met MOTHER MARY, and the point of contact was the statuary. I want you to understand those things. And that is about exactly I AM doing thru this beloved statue here, which you so kindly bought for ME. Bless you! Bless you all! Oh, I AM so happy. There have not been the healings there yet, but there will be; for I AM conditioning the water there; and will specialize on these little children whose little feet are going from underneath them from the acids the parents take; dear knows what they take! They will be healed; their legs will be strengthened, and the virus that causes it will be dissolved. I promise that!

I AM the QUEEN OF LIGHT'S Co-pilot here in many ways, because WE ARE both out in the garden.

I want to tell you that there has already been great healing work done here from that Scotch pail. MOTHER MARY is sending Her Radiations and Her Beams from Mt. Wilson, and they are surging around those letters, and inserting these wonderful Electronic Beams of LIGHT. And you have already found that many people have been healed.

**QUEEN OF LIGHT**: I AM very much interested in what LADY PONDEROSA (Marilyn) is doing out there. It has been wonderful! You have done a great deal in cleaning up the woody part in the garden. That is wonderful, because you are going to find this--that the garden is going to be the big thing in the future. WE ARE amazed now, at the great health and beauty of the garden. It will be a thing that people will come many miles to see, for it is the Land of Soul-soothing Beauty. And it will be impregnated with these flowers. They will be a very special type of flowers. They will be flowers, so that if you give somebody a bouquet of them, they will be healed. They will be healing flowers. WE ARE going to help all WE can in throwing a miraculous Cosmic Dew over them; and everybody who sees them will say, "These are very special; where did you get the seed?" But it isn't the seed. They could get the seed and they would have very ordinary flowers. It is greater than the seed.

Take a person that comes from a certain family, not particularly good seed family, very ordinary; but if that person becomes evolved and spiritualized and receives the gifts of the Heavenly Hosts, that person is no longer that seed. You see what I mean? It has become very beautiful, very special, very valuable and very divine. That is what I AM trying to point out to you--that the Dew of Divinity is sprinkled on the Land of Soul, and will have nothing to do with the seeds that you buy.

I want to bless and love every one of you. I want to send a LOVE RAY to each one of you here, and to those blessed ones who are not here. I want you to feel the Warmth and Love of the Radiations direct from the RUBY FOCUS COSMIC STAFF to you. Do you feel it? (Yes.) It is the LOVE that will twist open that fifth ventricle of your heart and cause you to see things in Perfection. And if they are not in Perfection, there will be a turn-twist into Perfection. I LOVE you. Amen!

"CONTACTING THE SPACE BEINGS", thru Channel Ed Palmer,  
Flying Saucer Club, 1646 S.E. Elliott St., Portland, Ore.

**THE ASHTAR COMMAND LISTS NINE GUIDE LINES FOR ATTEMPTING SPACE CONTACTS.**

1. Do not try to contact the SPACE PEOPLE.  
They can contact you at any time or place they choose to, in any form they wish to use, depending on your evolvement.
2. Prepare yourself spiritually for some useful work.  
A. This does not mean religious practices of an orthodox nature. This means a conscious effort in attuning to that which is the highest, most beautiful, and eternal within one's self.  
B. By work we mean anything that will in some manner help those around you to find upliftment, peace and inner joy.
3. Live each day in service to the Creator.  
A. By their works the Space People know them, and are able to judge by your aura if you are truly worthy of being part of their work upon Earth.  
B. Your aura not only tells your past but is a good and reliable way to tell what you are able to accomplish spiritually.
4. Live each day as though it was your last.  
A. Collect your mental baggage so that all of which is of lasting nature can be moved at once, all else left behind. Live so that at any time or place you can turn your back upon the past without regret or backward glance.  
B. Gather unto yourself all your dreams and desires of service to GOD and man, for these are your wealth.
5. Negation breeds fear and doubt.  
A. Evil loves the unprepared, the confused and the ignorant.  
B. Spiritual understanding is the key to all U.F.O. activity, both negative and positive. Spiritual guidance is offered to all who seek it sincerely and open-heartedly.
6. The Earth is a battleground.  
A. The forces of evil employ ships of great size and beauty just as the good forces.  
B. Unprepared Earthlings who seek contact must not do so without knowledge of how to set up a positive force field, and hold it around themselves.  
C. The negative forces can and do ABDUCT thousands of people each year from the surface of the Earth--as well as animals, water and vegetation.

7. Establish a contact with your Godhead.
  - A. No power on Earth nor from any realm outside the Earth can harm one who dwells in perfect accord with his Higher Self.
  - B. This contact is awaiting any and all who choose to place it in the area of the most important thing in their life.
8. Meditation and concentration bring awareness.
  - A. Be worthy of contact by the Etheric Forces by being apart from the world. To be in the world, but not of the world should be your goal.
  - B. Meditate upon Perfection--upon that which you would change from evil to good, from sickness to health, and from ignorance to understanding.
  - C. Concentrate on being a balanced human; for you can be of no real service in an unbalanced condition, to the Space People or yourself.
9. The Kingdom of God is built by light, truth and understanding of Spirit.
  - A. Radiate light, think light and you shall attract that which you seek to be, a creature of Light.
  - B. Seek Truth, demand Truth and it shall be given to you. This is a Universal Law, and to know and use this understanding is wisdom.
  - C. You are Spirit, no matter what form you are in now, and to know yourself and to be true to that inner knowledge is the greatest of all Keys--for it brings the Kingdom of Heaven within you and enables you to express the Sonship of GOD.

FATHER-MOTHER FIRE-FLAME-LIGHT TREATISE, thru Garman, September 25, 1970.

"ACTUALLY YOU"

CHAPTER II

Garman: FATHER-MOTHER FIRE-FLAME-LIGHT, FATHER-MOTHER FIRE-FLAME-LIGHT IN SILENCE, FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION, we thrill to be entering into the realization that WE ARE actually YOU.

With G.V.P., the QUEEN OF LIGHT and "E" at our side, WE ARE joined to consciously receive the penetration into our lower awareness of the frequency of the FIRE-FLAME-LIGHT of revelation in Your words.

BELOVED FATHER-MOTHER, WE ARE open to your loving creation of YOU in our Consciousness. Yea, Supreme and Sublime FATHER-MOTHER, be YE engaged in loving in ourselves right down into the lowermost parts of YOUR-in-us-SELF.

How blessedly balanced, how supremely perfect, how blissfully sacred and Holy is Your loving in us. Oh, that we can be cognizant it is actually WE Who are thus the loving FATHER AND MOTHER.

How blessedly balanced, how supremely perfect, how sacred and Holy is Your Wisdom in us. Oh, that WE can be cognizant it is actually WE Who are thus the Wisdom of FATHER-MOTHER.

How blessedly balanced, how supremely perfect, how sacred and Holy is Your Power in us. Oh, that we can be cognizant it is actually WE Who are thus the Power of FATHER AND MOTHER. Oh, what balance of LOVE, WISDOM and POWER YOU ARE, WE ARE!

FATHER-MOTHER FIRE-FLAME-LIGHT speaks: Come, My precious bits of My Consciousness, and I shall induct you with scintillating cognizance of how you are actually My wise and powerful loving. WE begin by describing to you just one cycling pulse of FIRE-FLAME-LIGHT. And in doing this, WE do describe each and every one of all Our mini and magni pulses of LIGHT, of action....of the ONE pulse and all ITS inner and inter-pulsations THAT WE ARE throughout all Eternity.

One pulse describes it all. WE proceed. I begin this pulse of action from a point of rest. That point is "I", FATHER-MOTHER FIRE-FLAME-LIGHT IN SILENCE, IN INACTIVITY; and the action of the pulse is "I", FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION. This pulse of Mine is divided into two halves. The one half is "in", the other is "out". "In" means to the Focus, to the center of whatever this pulse is making, be it particle or Omniverse; "out" means from that center.

The first half of this pulse "I" then begin from My SILENCE, and so also I end it in My SILENCE, in My REST, for I must bring it to a point in My REST in order to change My pulse from going in to going out. And when I come to the end of this out going half, I again come to a point in My REST in order to change My activity from out to in. And there I repeat My pulse, and over and over again until I have completed the work and purpose of this PULSE THAT I AM.

And I AM hereby describing to you Our Loving. FATHER AND MOTHER in this pulse are loving. From the FATHER-MOTHER THAT I AM IN SILENCE, I issue the FATHER AND MOTHER WHO ARE IN ACTION in this pulse. So together they are in action, in and out. The ACTION in and the ACTION out differ because there is a shifting between them of preponderance of force, now by the FATHER, now by the MOTHER. With the "in" ACTION, FATHER is predominant; with the "out" ACTION, MOTHER is predominant. Like on a teeter, I, FATHER AND MOTHER, must alternate predominance of My two portions. I shift the BALANCE back and forth between them in order that WE can be in repetition, therefore in continuous action. Note that the preponderance of ONE must be equal to that of the OTHER for smooth action. But also note that the proportion of the predominance of the ONE over the OTHER, alternately, can be little or much; and if much, it can be almost violent, but not disruptive, for I AM describing to you My very Own perfect pulsation.

Isn't it all marvelous.....this simple action of loving that "I", FATHER AND MOTHER, engage in thruout every mini and magni of My Omniverse!

I now point out to you three particulars in order to characterize My wise and powerful Loving. First, My pulse consists of an interchange of the FATHER AND MOTHER FORCES. Second, the FATHER AND MOTHER FORCES are equally, perfectly balanced. Third, the interchange is rhythmically repeated. Now, all My loving, all life, all action, all in that perfection THAT I AM, WE ARE, is rhythmic BALANCED INTERCHANGE. My loving is rhythmic balanced interchange, My Wisdom is rhythmic balanced interchange, My Power is rhythmic balanced interchange. For short, WE simply say, "BALANCE."

So now you see the wonder, the simplicity, the Divine Beauty of the One Quality and Color THAT I AM, of the rhythmic balanced interchange THAT I AM, that is the fundamental principle in every bit and the whole of My ACTION. So now you see the incorporation of primary colors and qualities; namely, LOVE, WISDOM and POWER, in this one Quality THAT I AM.

And I say not simply and only "I AM". I say, "WE ARE". For have I not in this description of what I AM induced in you the realization, recognition and acknowledgment, the feeling, yes the very experience that I was describing your very own LOVE, WISDOM and POWER of Rhythmic Balanced Interchange? Did I not lay bare to you the identity with ME of your FATHER-MOTHER FIRE-FLAME-LIGHT PRESENCE?--THAT IT IS "I"? You are "I"? Were you not swallowed up in a Consciousness that you are actually "I"? as you are swallowed in that Perfection of Rhythmic Balanced Interchange THAT WE ARE? Was it not you that were speaking when "I" was speaking? Is it not you that is experiencing when I AM experiencing in, as and thru you? Then, how beautiful, then oh, how supreme, how sublime it is to love, to be wise and to be powerful.....to be this inter-blend THAT WE ARE!

And now that you so pointedly, blissfully, gloriously realize this, could you want to spoil My Life and your Life? Not so, because you have this deep, high and wide sense of BALANCE THAT WE ARE, and you wish ever to be ecstatically cradled inter-cradling of LOVE, WISDOM and POWER.

Yet, My sweet children in My cradle, as you cannot possibly be pessimistic in this beautiful awareness and recognition....for are you not in the Consciousness of Rhythmic Balanced Interchange where YOU ARE ALL-COMPOSURE, PEACE, POISE?.....so likewise your Ecstasy is never over-wrought. Your emotions, as your Intelligence, too, is a rhythmic balanced interchange, wherein you are in that profundity of height, depth and width I AM, WE ARE. In that quiet tremendous profundity lies all Our LOVE, WISDOM and POWER.

And now, My blessed physically-breathing portions of MYSELF, you are experiencing all this high, deep, measured and controlled elation on your breathing, are you not? Right you are.

Well, WE said WE would trace in your breathing My Existence and My Action in you, and indeed WE will. So far WE have given you a sketch.... beautiful, real and actual as it is, yet now WE ARE to give you a blueprint of My Action upon your breathing, and better still, upon My breathing that is your breathing.

WE finish this Chapter with the introductory work of this blueprint, that is, WE lay down some bold outlines of this work at hand.

My breath in you is a pulse of FIRE-FLAME-LIGHT THAT I slow down, down to the measure, the frequency, the density of the slow, low body, four lower bodies, THAT I AM with YOU. The inhale and the exhale are the halves of this pulse of Mine. Each begins and ends in My SILENCE, My IN-ACTION. Of course, each breath I take in your body is a rhythmic balanced interchange, and Our LOVE, WISDOM and POWER rides ever upon it.

In the next Chapter, the details of this blueprint.

Decree, My beloved, zealous ones, three times: "NORTH, EAST, WEST, SOUTH. WE ARE drawing on the two NEW LIGHT RAYS of the GREAT CENTRAL SUN, for the rhythmic, balanced interchange of FATHER-MOTHER FIRE-FLAME-LIGHT."

Children, it is because of your identity with ME, in the ever-normal circumstances THAT I AM, that I must have your ceaseless, dedicated action in identity with Mine. I love you. I need you. I bless you. I thank you!

I have enjoyed the swinging with ME of G.V.P., the QUEEN OF LIGHT, Co-Chohans of the RUBY FOCUS, and with Garman, My Partner in LIGHT and Mouthpiece, and Florence Ruby ("E"), the Little Goddess of LOVE, and all of you who swing with ME.

I AM FATHER-MOTHER FIRE-FLAME-LIGHT.

Evangeline asks the QUEEN OF LIGHT for a REACTION to Garman's Treatise.

QUEEN OF LIGHT: Well as WE both see it, WE are given Our PREMISE, from which to swing. If humanhood could become in rhythmic balance with FATHER-MOTHER FIRE-FLAME-LIGHT, then forever theirs. Thousands have accomplished this feat, but you never hear of them, because it happened behind locked doors of Retreats. Annalee Skarin trapezed into the infinite Realm, collapsing the beautifully transmuted physical body into the cobweb of scintillating chakra colors. Now She is back on Earth, in the physical, in Northern California (last heard) in the physical, teaching the same philosophy as She is ever identified, "LOVE YE ONE ANOTHER." It might appear that LOVE is the KEY into this vast labyrinth called

**FATHER-MOTHER FIRE-FLAME-LIGHT.**

This idea is nothing new to world vision. Down the line of the "time belt" the Persians had a great adoration for FIRE-FLAME-LIGHT. It is new to the human mind that a "fire" has been burning 1300 years in an urn, never having been extinguished. So great and dedicated heart-wise is this "fire adoration", the Persians would consider it blasphemy to stamp underfoot a lighted cigarette.

Evidence all around might indicate that present day humanhood is not sacred or reverential enough, as yet. However, all this will change within the next years ahead. Sad that it will take a "whipping post" to change this current kaleidoscope into another picture of BALANCE, LOVE, WISDOM and POWER. What vain regrets humanhood will suffer when they finally see that had they taken FATHER-MOTHER FIRE-FLAME-LIGHT'S Treatise, now offered, to their enthusiastic quickened heart, the anguish of the "whipping post" might have dissolved, swallowed up into the nothingness.

Oh, Blessings, Blessings, Blessings! Your JESUS-SANANDA weeps again for what HE sees that could have been avoided.

It has come to My observation recently, thru a meeting with BELOVED EL MORYA, that on this Earth many inhabitants have "touched" the Seventh-dimensional frequency plus. This is encouraging, thus the platform upon FATHER-MOTHER FIRE-FLAME-LIGHT is operating, especially for these HE-SHE-IT has witnessed in sacred synchronization. It has been asked that these evolved ones SWAY North, East, West, South, and thereby impregnate the atmosphere of Earth with these Holy Radiations of the Divine. Slowly, gently, but surely will come a leveling into mellowness, Electro-Magnetic Energies of the GREAT CENTRAL SUN, and man will again UNITE with the ONE LOVE, ONE LIFE, ONE ACTIVITY, perhaps many prisms of expression, but yet spiritually interwoven in the ONE-IN-THE-ONE.

This is not a dream. This is not a vision. It is a BE-COMING. Lovingly, I close, in the FIRE of the CHRIST HEARTBEAT.

I AM, WE ARE, QUEEN OF LIGHT. Complementary with G.V.P., yet in the Master Realm.

Evangeline asks QUEEN OF LIGHT: What deep practicality may I derive from this ESSENCE of FATHER-MOTHER FIRE-FLAME-LIGHT?

QUEEN OF LIGHT: All right, you are to take a walk from the Ashram down the hill and back up the hill. A few months ago you could not have accomplished this in ease. Singing a decree of FATHER-MOTHER FIRE-FLAME-LIGHT'S pulsations, you will automatically walk down that hill, raised from mortal limitations, and you walk up that hill without any accelerated pulsations because you became FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION. Do you now see?

"E": Yes, I do realize in one sentence just what a Realization of FATHER-MOTHER FIRE-FLAME-LIGHT'S pulsation means! Inasmuch as Breath is Life, then I will always live as long as I AM NEEDED! What a glorious realization! My cup spilleth over with LOVE and JOY and SELF Confidence.

SANANDA says: Every word in the November Open Letter is correct. Should there be differences of opinion, I quote Voltaire: "I do not agree with a word that you say, but I will defend to the death your right to say it."

ROLIA says: It is all a matter of dimension.

Somebody very precious has entered our lives, whom we do not take lightly. A dear friend has come to us from California, to accept our "transmutational training". We welcome to the RUBY FOCUS, Beloved Kathryn Eckel.

EOLIA states: "The RUBY FOCUS of Sedona, Arizona, is the twenty-first Retreat, shimmering down from the Grand Canyon into the centralization at Sedona, Arizona, but extending out then many, many, many miles.

EXCERPTS FROM LETTERS

E.D.V.: Thank you so very much for your generous hospitality. Both my son and I feel greatly privileged and blessed thru having spent that time at your glorious home. It is such a joy to see you so beautifully provided for--an inspiration, too. My son received much added strength in meeting the pressure of the "world mind" in his age group. I'm sure he will be back to see you. Sitting with you in the evening and sharing in the decrees was indeed a privilege to cherish. Thank you for allowing me to join you. Garman, I have had my first batch of germinated rice and lentils this morning. I think I'll try soaking nothing but germinated grains for a few days. I just love them. Love and appreciation to all.

Anon: I have so often meant to write, and now I simply must. The reason being, I moved and haven't received any of my monthly Open Letters for two months. I'm starved, and have missed those heavenly Letters more than I can possibly put in words. Please send me the last months which I missed.

My love and acceptance of these glorious truths grow deeper daily. How grateful I am for the great knowledge of the use of the great Laws of the Universe! My heart bursts with gratitude, and my eyes fill with tears because of the great privilege of being associated with MAGNIFICENT CONSUMMATION. Each letter that crosses my door blesses me and enriches my life and home. God bless you, MAGNIFICENT CONSUMMATION and ASSOCIATES! I love you, dear Hearts, and simply marvel at your purity. Thank YCU, HEAVENLY PRESENCE, for that MIGHTY VIOLET FLAME. Goodness, we know that the most important thing is radiation and decrees.

E.V.B.: I am so grateful to the BELOVED FATHER-MOTHER FIRE-FLAME-LIGHT for giving me the privilege and above all, the wonderful blessings to meet all of you and your wonderful home where you can actually feel the PRESENCE of GOD and His wonderful HIERARCHY. I shall always cherish the memory, and shall in my humble way keep all of you, and the Peacock, in my prayers, for His Glory.

M.C.: Oh, the mailman just came, bringing your new October Open Letter. How wonderful! Beautiful RUBY AND CHRISTOS! Oh, thank you.

This past week I met for the first time with the parents of the "retarded" children. That morning, LORD GAUTAMA came to me and blessed me in the work I was being sent to do. During the meeting, I could sense a tremendous feeling of the burden of guilt the parents were carrying. My heart ached for them. I was told during the meeting to radiate, radiate! And I happily sent out vibrations of Love and Light to fill the room.

At home, we are using portions of the Open Letter for our family devotion around the dinner table.

When you move, will you please send us your change of address?

These OPEN LETTERS are mailed free upon request. Your voluntary contributions are very, very much appreciated.

ANU AUM AGUA! (FATHER-MOTHER LIGHT thru us, loves you.)

SIANATA! (We never part.)

Devotedly yours,

GARMAN and EVANGELINE.

ON GERMINATION OF FOODS

See also Page 11 of October Open Letter.

"Deaf Smith County, Texas" wheat has been mentioned as the best wheat. People have asked where to get it. We would say, "Try your Health Food Store." And Mr. J.D. gives us two addresses where it can be purchased:

Essential Foods Co., 6914 So. Broadway, Los Angeles, CA, 90003

"Organicville", 4117 W. 3rd St., Los Angeles, CA, 90005

And J.D. adds: May I thank you for your interest, and for the October issue of the Open Letter. It is wonderful and rich with Love, Wisdom and Power. One cannot fail to be uplifted and changed for the better by reading and studying these Letters. God bless you.

BOOKS OF ANN HERBSTREITH DEMPSEY

ANNOUNCING a "treasure" from the echelons of Time and Eternity in the one-ness of the ONE, "THE NAMELESS ONE". Man, understand thyself; know thyself to be this ONE in essence. Understand your beginning, your end of this ONE. My gift to all who shall feel this great message now given so freely to all who accept my gift--KUTHUMI, through this one, Ann Herbstreith.....\$ 1.00

ANGEL WINGS, Poems and verse. A gift of the gods to lift the heart of mankind to new dimensions of awareness. Each one brings Joy in the great Wisdom revealed.....\$ 3.00

HIDDEN SECRETS REVEALED by I AM THAT I AM, a book of absolute laws of being which can be proven by all who will apply the law.....\$ 2.00

BOOK OF THE AGES--Wisdom of the Ages that shall do more to raise the consciousness of my children than any other single writing...\$ 3.00

PHYSICIAN, HEAL THYSELF--a priceless healing gift; laws of healing and creation. O yes, all is run by law.....\$ 1.00

BOOK OF PROPHECY--brings you, from the Most High God, the necessary understanding to bring you through the "change".....\$ 1.00

Order these books from Ann Herbstreith Dempsey, only.  
Box 1582, Grand Rapids, Michigan 49505

BOOKS BY NANCY WHITE

Nancy White is an internationally-known Astrologist and Tarot Analyst.

ONE LITTLE ROAD, a Baby Book with Zodiac Wheel for Divine Blueprint.....\$ 3.00

ONCE UPON VENUS, a fantasy of an actual levitation experience. Price.....\$ 4.00

Order these books from Nancy White, 6125 E. Indian School Rd., Apt. 234, Scottsdale, Arizona 85018

THE GREAT DESIGN, was inspirationally channeled thru Howard Ellsworth Gilkey. It was a gift of Love from the Source of Being, from Whom he sprang. An epic poem in free verse. Mystical illustrations masterfully drawn by the author. Brilliant cover.....\$ 3.00. Love Offering.