

MAGNIFICENT CONSUMMATION

PRESENTS

"Ruby Focus"

REVS. GARMAN & EVANGELINE VAN POLEN

OPEN LETTER

MARCH 1972



"RUBY FOCUS" of
MAGNIFICENT CONSUMMATION, INC.
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Open Letter on Nature's Course

OPEN LETTER
to
Speedily Advancing Persons

DEDICATED TO REVS. GARMAN AND EVANGELINE VAN POLEN

Beloved Ones:

On the cover is a replica of Revs. Garman and Evangeline Van Polen. They were brought together April 6th, 1963 by BELOVED SANANDA, for the express reason to "bring forth" FATHER-MOTHER FIRE-FLAME-LIGHT'S "RUBY FOCUS" as a specific SERVICE for MAGNIFICENT CONSUMMATION. They are on the same wavelength, therefore can exercise the positive of FATHER, (Garman), and the negative of MOTHER, (Evangeline), and the Treatises from FATHER-MOTHER FIRE-FLAME-LIGHT, (Garman), and the Messages from the Emissaries of the Ascended Master Octave, (Evangeline).

This has become their whole life into which flows their energies, their generated LIGHT, their wherewithal, their time and their very existence! They are richly rewarded thru the blessings of the philosophy of "serendipity"--the unexpected--from the GREAT CENTRAL SUN, gifted thru BELOVED EOLIA. What more is there to desire on this Third-dimensional Earth, so soon to dissolve into the vastness of the Fourth, Fifth, Sixth and Seventh Frequencies?

They have found the Pearl-of-Great-Price within their heartbeat!

THE RUBY FOCUS "NEW LORD'S PRAYER"

Our FATHER-MOTHER, Who art the Heaven within us, we hallow Thy Name, Thy Being, that Thy Kingdom become ever more established in and about us.

Thy Will be done on Earth, as it is in Heaven.

We thank and praise Thee that Thou givest us our daily bread of Electro-Magnetic Intelligent-Energy-Substance of Thy Great Central Sun Consciousness, to nourish all our cells, organs and bodies, that they express the Holy Sacred Fire-Flame-Light Thou art.

Forgive us our trespasses against Thy Holy Energy as we forgive those who trespass against Thee in us.

Thou leadest us out of temptations into Thy Sweet Holy Consciousness to deliver us from the dark power.

For Thine is the Kingdom and the Power, and the Glory, forever.
Amen.

Thru Garman.

TRIBUTE

This is SANANDA speaking, your Administrator, coming in tonight and praising you, Garman Van Polen, for holding your band together, your

good work of dedication of these fine people, these people who left their world of worlds which was quite colorful and active to come into this Sanctuary and to give of their Light and their service and their wherewithal that there might be a transcendental training for all Eternity, that they should never have to come back to Earth again, unless as teachers, very special. And this is to be revered, and it is not a simple thing to be taken for granted; and it is spelling the great success worldwide of MAGNIFICENT CONSUMMATION'S RUBY FOCUS.

And you have reached a point now in your evolvment where you are going into the attitude of feeling, of sensing fragrance, of being aware of things, and of receiving Knowledge which has not yet come into the minds of people on this Earth; to be the harbingers of this Cosmic News, to be doubted of course, even blasphemed at times; but know that as you proclaim these Truths, there is opening in the minds' tracks of people, an awareness that it is so; and they will follow it up and discover for themselves these revelations. It will be a slow and subtle thing; but the day will come when you will be heralded; and all of you in the RUBY FOCUS will share the rewards.

I thank you, I thank you, I thank you for the February Open Letter and for the great Secrets of the Infinite you are bringing forth, unexplainable, only found in the language of the Infinite where everything is different, altogether different than the aura of the Earth.

I bid you all a sweet Good Night, and the Loving Protection all thru the night. It is ever so! I AM SANANDA.

A TRIBUTE TO GARMAN FROM EVANGELINE

A Tribute to Garman Van Polen from one who knows him best, his Earth wife, Evangeline:

It is amazing to watch Garman when he receives dictation from FATHER-MOTHER FIRE-FLAME-LIGHT. There is a blanket of LIGHT that envelops him. He becomes luminous! A friend who came to call one day, saw Garman "transparent". She looked right thru his body as he stood in the doorway awaiting to greet her.

The words of FATHER-MOTHER FIRE-FLAME-LIGHT fall as "gentle rain drops" from Beloved Garman's voice, transmitted on the tape recorder to form the nucleus of the monthly Open Letters. One might expect this from the Chohan of the Sixth Ray, the Aquarian Ruby Ray, which has become the Vortex, called the RUBY FOCUS.

We are living in the eternal NOW; Heaven is here and NOW, we need go nowhere to discover it; we are as close to Heaven as we evolve it. It is the consciousness which determines Heaven, as we nestle in the Fifth Frequency and beyond, spiraling upward into that ONENESS of CONSCIOUSNESS, which we must NOT enjoy, because we have "machinery to operate" in message bearing for our fellowmen.

I never met a man quite like Garman Van Polen. He is, indeed, an Etheric, and therefore has defied transition, and will do so until his service to FATHER-MOTHER FIRE-FLAME-LIGHT is finished; thence on to a new assignment with ST. GERMAIN-BOLIA, in the GREAT CENTRAL SUN.

To sum up my idea of my talented, privileged husband, I can think of only one word to describe him, and that word is his favorite, "MAGNIFICENCE"--"MAGNIFICENCE".

I am sure the late Walter Russell would be proud of his favorite disciple of yesteryear--Garman.

I AM THAT I AM. Evangeline Balfour Van Polen

MESSAGES FROM EL MORYA, thru Evangeline.

EL MORYA: I AM pleased to come in this morning, and with ME is

Beautiful MIRIAM with Her radiation of delicate femininity, with the Jasmine perfume of Darjeeling. I AM the HEAD of the WHITE BROTHERHOOD in Darjeeling. I AM also Chohan of the First Ray, with one foot in it, and the other foot out of it. For My duties are so strenuous thruout the world that I do not give the Energy and time needed to it as a Chohan. And WE do have Our Eye on a delightful couple in Saud, Arabia, who could really "fill the bill" beautifully; and this will all be revealed this year, for your year of 1972 is a year of complete revelation of many, many wonderful Cosmic Truths in the Heavens.

And I come to bless you, and I AM praising you for your humility, for your steadfastness, for your dedication and for your ability to see thru the situations as they crop up in your life. You will be given more of this revelation. Now, as WE witness you from the BROTHERHOOD in Darjeeling, you have given your all, each and every one of you here, have given your all, mentally, spiritually, materially, and every aspect, the MAGNIFICENT CONSUMMATION, which only means "THE CONSUMMATION OF THE MAGNIFICENT" in Life. That is all it means.

But the RUBY FOCUS is here to stay; and all of the Rays will use it as a Reservoir, a Reservoir which is to be cleansed and purified thru the auspices of the Seventh Ray, clearing out the brambles and the filth and the dirt of your Earth of consciousness; and so that it can be a universal Reservoir which it was created to be. It was to have been in Grand Canyon that the RUBY FOCUS was to have functioned. It has shifted down, the past few years, to Sedona; and here it is. And all I can say is, that this morning you have reached a pinnacle of receiving Power, rather than words; for any good writer can write words. Today is the day of Power and Essence; so therefore, I AM POWER. (January 30, 1972)

EL MORYA: I notice that most of the Ascended Masters are stressing FEELING rather than talkativeness. However, I do want to talk to you a little about the Color RED. The Color RED can make a very nerve-racking and restless radiation if used too much, as in an electric light. Do you know that? To live in an atmosphere of RED, red carpets, red wallpaper, red decorations, decor, brings disaster to the house. Did you know that? That has nothing to do with the RUBY FOCUS; for the RUBY FOCUS is something of an Iridescent nature of the High Etheric Plane; and that does not affect the physical apparatus of man and woman. And so, I would say, "Treat it gingerly", for ST. GERMAIN was not wrong when HE took it out of the Sanctuary of the "I AM". Now, the Channel is wearing a red costume today. That is all right, because she takes it off right after the service; and as you know, it is BLUE and RED, the First Ray. I would rather she had worn the blue, for the BLUE is My color.

Now, I want to speak about something else that still has something to do with RED. Did you know that the color of Iron is RED? Oh, people are so short with the mineralization. They just don't seem to know enough to supply minerals. You see, your Earth is anemic. Unless you have these very special organic vegetables, it is just so much nothing-at-all--eating the foods that come out of the anemic Earth. That is why WE advocate most sincerely that you would get something that is organically grown.

Now, I will speak of "FEELING", and I will give you a decree which will accelerate the power of "FEELING"--and the best time to use this decree is when you are in your bed; and all of the LIGHT has come in thru that Upper Brain and you are beaming with LIGHT; and then you think it, or better yet draw it in with a green pen in the sheet of your Consciousness. That is the best, better than writing and better than speaking. You wouldn't believe that. Why? I feel your asking. Because you are in direct communication with your FATHER-MOTHER-LIGHT. That's why!

And with this pencil, (it could be green or it could be blue or it could be yellow) you write, "FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION" (3 X) Then, "FATHER-MOTHER FIRE-FLAME-LIGHT INDIVIDUALITY IN ACTION" (3 X) then wait, and receive the response, receive the answer of the FATHER-MOTHER FIRE-FLAME-LIGHT. Open up and receive the answer! So much LIGHT, so much LIGHT can be directed to any project or healing or sent back up into the UNIVERSAL. And this is FEELING! This is what WE call the "EPITOME OF HEALING". The EPITOME OF HEALING is this in action!

Suppose there is something going on in the house that would create a fire. You would be made, even beyond your voluntary volition, to get up and go directly to that spot and avert it. For FATHER-MOTHER FIRE-FLAME-LIGHT averts situations that are negative; and being no respecter of persons, it also averts you to situations which are glorious, you see, that perhaps you would not know anything about, such as magnificent sunrises you are not seeing, the Divine Mysteries in the Heavens you are not seeing, all the many things maneuvering in the air and the sky that you do not see; but FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION will alert you, because none of these things are permanent--all of these things are weaving in and out, in and out. You have to catch them with their time belt.

A word about candles: You burn one candle. On the first day, it should be a blue one or it should be a red one. You burn the candle according to the Ray of the day and to the Being you wish to have enter with the candle burning. When on the fifth day, you salute MOTHER MARY, Her candle would be either a pure white or a grass green. Study these candles because they are Beings; they are not just bits of wax. They are blessed by being in the Sanctuary of the MAGNIFICENT CONSUMMATION. It is for your highest good that you comply with what WE ARE telling you. And WE do not force you to do it for there is free will; but if you don't do it, it is not for your highest good, and there will be a reaction, of which WE have nothing to do with, for you are now propelled by the Cosmic; and as you delve deeper into the Cosmic lore, you lose your will, you will lose your human will, you have no will, only the guidance of the FATHER-MOTHER-LIGHT and Emissaries with Whom you communicate. Good morning! (Given February 13, 1972)

EL MORYA: Good morning. This is the First Ray, as you know, the Color BLUE or RED. This is the Voice coming from Darjeeling, and to tell you that the day of words is over. We have now come into the area of FEELING. And what are you to feel? You are to feel the Color BLUE of Protection and the Color RED of Vitality. Do you feel the uplift? You may not enjoy this as much as words, but WE ARE trying to raise your vibrations into the Higher Frequencies of Pure Spirit. WE may say that WE may visualize (the tool of the Soul) the Celestial BLUE FIRE blazing thru your bodies and affairs. And you may say that ten times. "WE ARE VISUALIZING THE CELESTIAL BLUE FIRE BLAZING THRU OUR BODIES AND AFFAIRS." Now do you feel uplifted? (Yes.)

Now the BLUE FIRE has many phases of expression and operation. You can become invisible to the mortal eye with the BLUE FIRE. Do any of you realize that? The thing is, there are times when it is good to be invisible. Isn't that right? Sometimes it may be dishonest. We have to use discretion here. We can recall a time when a lady who had eleven counts against her for mis-driving her car; but an emergency arose when she had to go somewhere and she had to go in the car. And so the Beloved Channel went with her in the car, and put into focus an activity--the BLUE FIRE blazing thru the car. And it was quite comical, because this lady drove, sandwiched between two police cars, and they didn't see her. Wasn't that amazing? Now the virtue there was that the errand was important and for the good of all mankind; otherwise it would have been

dishonest. And when the lady returned the car home, the Channel saw that BLUE FIRE smoke (mist) go up into the ethers.

When you know about how to manipulate these great Treasures which are in Heaven for you, then you have Knowledge and Youth. Use them with discretion for these are the gifts of the Spirit. All of your Rays are the gifts of the Spirit, to be used; for each One has its virtue and qualification to be used. Now, you can draw on the Vitality. You can draw on all the Virtues of this First Ray, the BLUE Ray.

You are connected this morning with the Powerhouse at Darjeeling; and I want you to feel a Power come thru your lifestream so great that you will be filled with Self-Confidence, that you will know that you are a Child of God, of FATHER-MOTHER FIRE-FLAME-LIGHT, if you choose. It is all the same Name; and with this Self-Confidence you will know that all Good will come to your house.

And thru the decree just spoken ten times, visualizing the Celestial BLUE FIRE blazing thru your body and affairs, you are Divinely protected--that if any harm would come flowing toward your home, it would be dissolved. It would be dissolved in the FIRE, the BLUE FIRE of this Divine Love, and would not even go back to the sender. LOVE is such a magnificent word. Its frequency is not recognized or understood; for if LOVE is your weapon thru the auspices of the Rays and the Colors and Fragrances and Sounds, you have nothing to fear; for PERFECT LOVE in its highest frequency casteth out all fear.

There have been within the last year two great men passed into the Infinite. One was our friend, Paul Twitchel. Do you remember him? It is time enough now for him to have been conditioned and placed where he belongs; and he has gone into the "LAKE OF PURE DIVINE SPIRITUAL CHEMISTRY" or whatever you want to call it, with those others of the Ancient Masters of Whom he represented and taught. Now, you may never hear of him again. Once you go into this LAKE OF PURE SPIRIT and PURE CHEMISTRY, you become ALL ONE, the SAME PERSON or the SAME CHEMICAL MAKE-UP.

The other One is Dr. Dingle, known as Dingle May. He has not been organized as yet, but WE know, Personally, that he is to be put on a slab in India where he may rest for a while and then become another great Teacher on Earth. He is there to just rekindle his lifestream to bring forth the Great Truth, mellowed with kindness, with the knowledge that you can precipitate money, but you do not have to extract it from your fellowman.

These were great Souls on this Earth, and WE appreciate Them, and They are to rejoice, rejoice, rejoice! for very few have reached "THE POOL", the "LAKE OF PURE SPIRIT"; and They are just happy to be part of that Chemicalized Water, ONE WITH ALL Who are there, no difference, ALL of the same SUBSTANCE, the same INTELLIGENCE, the same ENERGY, to be popped out like a "Jack-in-the-Box" with a new Name when the Call of the Infinite is given; and you will never recognize Them, for Their akashic has been dissolved. There is no akashic. Once you splash into that LAKE of PURE DIVINE WATER, CHEMISTRY, SPIRIT, whatever is your good pleasure to call IT, you have no more attachments. I speak of these men because They served well. Paul Twitchel brought the Ancient Lore into the consciousness of people, so much forgotten by the moderns of this day. But you must embrace all from the beginning of Earth, the evolvement of Earth, up to the present day, seemingly darting back again into the Ancient Teachings.

I bless this Sanctuary with My BLUE Effluvia of Divinity from Darjeeling, and I bless the homes of all here--or need I--you are so blessed. And I say, Good morning! I AM EL MORYA. (February 6, 1972)

When you move, will you please send us your change of address?

QUESTION AND ANSWER DEPARTMENT OF BELOVED GAUTAMA, THE LORD OF THE WORLD

"E" asks: BELOVED BROTHER GAUTAMA, how can it be that MOTHER MARY, KWAN YIN and other Mother-Principle Figureheads of other nationalities can be ONE and the SAME?

Answer: Why yes, dear one. You see there are high, higher and highest frequencies. These few Souls Who have touched the highest are "dissolved in what WE call the GREAT OCEAN OF LOVE AND MERCY". They become PURE CHEMISTRY, IONIC INFINITE SUBSTANCE, and enter into the CONSCIOUSNESS OF FATHER-MOTHER LIGHT'S VAST POOL OF PURE CHEMISTRY, PROPELLED BY THE IONIC INFINITE. Then, ALL IS OF ONE SUBSTANCE, ONE IDENTITY, until a CELESTIAL "JACK-IN-THE-BOX" jumps a human form back to the Earth to serve into a gigantic project, for the benefit of all mankind. These are ubiquitous FIGUREHEADS, forever and forever and forever, focused always from the POOL OF CHEMICALIZED OCEAN OF LOVE AND MERCY.

Please remember that kinship has nothing to do with this attainment. It must be a "spiralizing" of Consciousness into this POOL OF CHEMICALIZED PURE SPIRIT OF LOVE AND MERCY. I note that John Roger Hinkins has beautifully elucidated this attainment. If you fill a tub with water and drop a chemical in it, when you dip it out, this Intelligent Energy-Substance is the same "water chemical" in the tub. John Roger's address is MOVEMENT OF INNER SPIRITUAL AWARENESS, P.O. Box 676, Rosemead, California, 91770.

A new name is given for the sake of "Earth identification". There are several Souls Who have earned this spiralization, tho never thru meditation. IT is attained thru attunement with FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION. (3 X) And FATHER-MOTHER FIRE-FLAME-LIGHT INDIVIDUALITY IN ACTION. (3 X) Thus is produced the opposite of meditation, the passive, as versus the active, dynamic spiralizing of the Soul, merging into the GOD CONSCIOUSNESS of the LIGHT.

I, LORD OF THE WORLD, could mention a few Who have "made it": Alice Bailey, Who received Her credentials from DJWHAL KUL, writing the many books HE telepathed. There is Lady Mary Hill of the Blue Mountains of Australia, also the Beloved "LOGOS" in England, Axminster, Devon. This Group are "making it" in one fell swoop. In Scotland, the Findhorn Channels are spiraling high--blessed Mothers of Universal Truth, reverencing the Elementals and the Angels. There is dear Myrtle. SERAPIS BEY'S BELOVED is in this POOL OF LIGHT AND MERCY. This great initiation occurred several years ago in Sedona, witnessed by Rev. Ruth Holliday of Apple Valley, about the same time as I entered My ubiquitous Form in My ABODE, the little house on the hill, in Sedona, where I AM studying the akashic records of the Rocks of Lemuria and Atlantis. There is Astar, a beautiful Substance, bringing LIGHT to Earth. There is Ariel, known to the Earth as Ann Herbstreith, a MOTHER PRINCIPLE, Who has just written a book called "The Book of Life". She has been a good friend to MAGNIFICENT CONSUMMATION, at a time when MAGNIFICENT CONSUMMATION needed a friend. There is Sister Thedra, chosen by JESUS-SANANDA to proclaim His New Name; even as Sister Evangeline proclaimed ST. GERMAIN as EOLIA in the year 1965.

You, dear Ones, keep on keeping on, continuously unifying ALL CONSCIOUSNESS as JESUS OF UNIFICATION would like to see you do.

Thru the INSTRUMENTALITY of LORD MAITREYA-DIVINO, you of the RUBY FOCUS are spiraling, building the RUBY FOCUS into a VORTEX, for the benefit of all mankind. These identities of Whom I see, are a very few of a many few more. Such a very limited number have made this spiral, to return for a great purpose, in ONE CHEMICAL SUBSTANCE.

Keep on trying thru your FATHER-MOTHER FIRE-FLAME-LIGHT ATTUNEMENT, AND INDIVIDUALIZE INTO THE ESSENCE OF FATHER-MOTHER FIRE-FLAME-

LIGHT, YOURSELVES, and You will make the HIGHEST SPIRAL INTO ONENESS OF THE GREAT OCEAN OF LOVE AND MERCY, wherein is the MOTHER PRINCIPLE SUBSTANCE.

I AM your BROTHER GAUTAMA, LORD OF THE WORLD.

MESSAGES FROM ASCENDED MASTERS, thru "E", February 13, 1972

MAITREYA-DIVINO: Good morning; I seldom come in. I AM rather busy, but I would like to come in to thank the Channel for her Gratitude for the painting of ME, which has just been finished by the Ascended Master Artist, Celeya Winkler. Isn't it a beautiful painting? And as time goes on, thru meditation, I will actually come out of the Second Dimension (let us call it) into the Third, for you. And of course, you know ME on the Fourth and the Fifth and the Sixth and the Seventh, anyway. But from the Second Dimension of the creative Artist's mind, I will emerge, and you will see ME, for I AM THE BUDDHA.

I work very close to My BROTHER, LORD GAUTAMA, Whom you know so well. And while WE were more or less competitive, always, like two school boys, one trying to get ahead of the other, I decided rather than compete, I will join YOU. That is the way to do. Now, that is the way to do, always, join them. That word, "join" is the greatest word on Earth, the most revealing, for you know then what the other fellow is up to. Am I right? And then you can either acclimate yourself to it or analyze it and get to the point. Now the work of the BUDDHA is eight-pointed. I wonder if any of you here have had the inner vision or introspection in meditation to see how synonymous the President of the United States is being with his Eight Points. He does have the Eight Points which are synonymous with the Eight Points of BUDDHA, brought forth in the era of LORD GAUTAMA, Who is now the LORD OF THE WORLD.

MOTHER MARY: I AM with you in OVER-ALL ESSENCE. The entire acreage and environs are feeling the PRESENCE of the Healing Radiations of the RESURRECTION FLAME.

Not all who call are Ascension Candidates. An orthodox person, if they have read their Bible deeply and have received and resurrected the Divine Energies which are in the Bible, do have an OPEN SESAME to the Ascension Flame. They don't all have to be New Agers. There are New Agers who are violently vicious, in fact, who will get nowhere. They are New Agers because they are showing off--that's all--because they are rebellious, the rebels that they are. You still have to go back to the Divine Energies that were created thousands of years ago, before even My Son, JESUS OF NAZARETH. For down the annals of history of the world were great men, too, you know.

But now, the LOVE of the THREE FOLD FLAME of the Heart is opening wide, wider and wider, and allowing these Divine Energies to dominate the lifestream of millions of people--people who have become so AT ONE with this Great Energy of LOVE that they are now operating the Treasure Box of Heaven, and keep on doing it; for one can attain and not attain, you see. Keep on keeping on. Good morning. I AM MOTHER MARY of the House of David.

TESLA: This is your BROTHER. Are you getting our rates? I want you to get to the point where you can receive the rate immediately, and therefore you take the Channel off the hook. Decree: ELECTRO-MAGNETIC ENERGIES OF THE GREAT CENTRAL SUN! (9 X), that the unexpected will come to you of a positive nature--the unexpected things that you never dreamed of happening will slide into your life--unexpected things. That is the philosophy of the day--that which you never dreamed could happen, unexpectedly coming to pass. Good morning.

MESSAGE FROM BELOVED SERAPIS BEY, THRU CELESTE

SERAPIS BEY: Yes, Beloved Celeste, I AM always happy to lend My LIGHT and the LIGHT of the BROTHERHOOD OF LUXOR, that it may penetrate the children of Earth. There is so much Wisdom in the Higher Heavens to be sent to the children of Earth, that they may be awakened and the dark clouds that cover the Earth be dissolved. If you could just be on this side of life in your etheric bodies and see the murky grey that covers the Earth, with only a "pinpoint" of Light here and there, you would wonder how you received any sunlight during your daylight hours.

There is a slogan going around in some groups that WE have heard, "What the World needs most is MORE LOVE." WE in the Higher Realms of Heaven know that this is true. WE have also heard it said, "You can't love everyone." Of course, you will always meet people who are not on your wavelength. You need not love the personality; but you can ALWAYS LOVE the GOD SPARK within their hearts. For there is a spark of Light, of FATHER-MOTHER-LIGHT in all human hearts--THE CHRIST HEART WITHIN ALL. Thousands are now becoming awakened and know that IF you LOVE FATHER-MOTHER-LIGHT, you WILL LOVE ONE ANOTHER.

As we get closer to the New Golden Age, all MUST FEEL a UNION with the CREATOR of all Life. And if you wish to FEEL that SUBLIME HAPPINESS, the place to receive it is from FATHER-MOTHER FIRE-FLAME-LIGHT, your UNION with GOD, where all things are made NEW, BEAUTIFUL and full of JOY. When you sing the song, "Joy to the World", FEEL the JOY; LET IT WELL UP WITHIN YOU!

You can learn a lesson from the little birds that come back in the Spring. They sing from the tree tops with such Joy and Happiness; you think their little throats will burst. It is the GOD spark within their hearts that makes them greet the sunrise with song.

Everyone longs for Joy and Happiness, more than anything else on Earth. For this is truly a sad Earth, and thousands of very sad people inhabit the Earth. There are so many sad people looking for Joy and Happiness, and thinking they can find it thru the use of drugs or alcohol or many other sordid things too numerous to mention. They do not know that the GOD Spark in their hearts is crying out to be reunited with FATHER-MOTHER-LIGHT. But they must learn, and if not in this life, then when they leave this Earth, in so-called death, they will be placed on another planet or wherever they will and can learn to LOVE GOD. It may take them centuries, but learn to LOVE FATHER-MOTHER-LIGHT they must; when they are willing to give up their personal will and let GOD'S WILL BE DONE, in and thru them.

Here is an affirmation that will help you on your way, that one and all may get closer to GOD. "RATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION." (9 X) "FATHER-MOTHER FIRE-FLAME-LIGHT INDIVIDUALITY IN ACTION." (9 X). And FEEL your UNION with FATHER-MOTHER-LIGHT in Joy and Happiness. Then you can truly sing PRAISES unto the LORD GOD and mean every word you speak.

FATHER-MOTHER-LIGHT is not pious or sanctimonious or wishy-washy, NO INDEED! FATHER-MOTHER-LIGHT IS STRONG, VIGOROUS, KIND and LOVING. Don't think you are going to be a "square" if you LOVE FATHER-MOTHER-LIGHT and your fellowman. Anyway, a "square" has four sides and is certainly a building block. You could not build a temple with just a lot of circles. And a square can have four virtues, and a circle only one. A round peg has never fit into a square hole yet. And if loving FATHER-MOTHER-LIGHT will make you a "square", why not welcome it? You certainly have nothing to lose, unless it would be a dark shadow. And you can gain much in loving FATHER-MOTHER-LIGHT and loving one another. TRY IT! and see for yourself; for just around the corner, it will be an Age of

LOVE for FATHER-MOTHER-LIGHT and all humanity. Amen.

Celeste: Thank YOU, BELOVED SERAPIS BEY, for Your words of Wisdom. And I thank FATHER-MOTHER-LIGHT for the Breath of Life that I may serve the children of Earth with YOU. Glo-Ray Hallelujah. Amen.

FATHER-MOTHER FIRE-FLAME-LIGHT TREATISE, THRU GARMAN, Feb. 4, 1972

"THE MOST COMMON CHARACTERISTIC FOR DISTINGUISHING RELIGIONS"

Garmen: FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION. FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION. FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION! BELOVED FATHER-MOTHER FIRE-FLAME-LIGHT, Your Beloved Children are terribly confused about the relations of the religions to one another--and about how to distinguish them, one from another. Is there a clear, simple and concise criterion by which they can be distinguished and related? Is there a simple concept around which all religions can be arranged? Is there a simple line of something that goes among and thru them all? and that with reference to that line, it can be determined how they relate to one another?

FATHER-MOTHER FIRE-FLAME-LIGHT speaks: Children, Children, precious Children, what a great question you ask! Yes, of course there is! It is truly wonderful that this question is now at last being asked. It has previously not been asked with great enough comprehension--the answer could not be comprehensive or inclusive or conclusive enough. There were limits in the asking minds, so that the line could not go thru all. The question was not broad or basic enough. What you now ask for is the great, common characteristic which belongs to all, though varying in greater and lesser amount or degree, or perhaps in greater and lesser degrees of being positive or negative, plus or minus, with reference to the common characteristic. WE ARE aware you are now asking for the one answer.

WE will first make approaches to the answer. WE must first explain there are grades of true Consciousness. It is as in your common educational institutions. In the schools in your world from your kindergarten to your schools for the doctorate, you have no difficulty in distinguishing between grades. But in the field of what you call "religion", you have great difficulties. There, you will almost refuse, sometimes, to recognize grades. You recognize differences, but not grades. When you seem to recognize steps in evolution, there is a tendency, however, to think of it as a higher experience on the same plane, in the same grade. Now, there is a word which you commonly use that holds you in confusion; it holds you in unseeing consciousness. That word is "spirituality". The word can be blinding, for it is undefined. It stands for all individual and group feeling of real or presumed holiness. Since the human mind cannot define these feelings, they seem to be all one class, one grade. Under this concept, most religions are one general sort of a feeling of satisfaction.

The word is fraught with self-satisfaction. There can be too much satisfaction--that is, too much satisfaction in having reached a certain level of experience of feeling. It is a relatively beautiful feeling; and there is a tendency to stop there and just loll in it. It is so relatively comfortable that there is very much a refusal to accept grades--that is, to accept new revelations, for these disturb the comforts of the spiritual self-satisfaction. You deem, My Children, that too much work is required to modify consciousness.

How strange it is, Children, that so many dislike to graduate to the next grade. How tragic it can be in these times of great revelations of events for both good or ill, while whole masses refuse to pro-

ceed. Some are great groups of those who recognize "New Age", yet will quickly find themselves to be obsolete. That should be their opportunity to rise by force of disappointment.

Of course, WE, FATHER-MOTHER FIRE-FLAME-LIGHT, in Our great Understanding and Mercy realize that in the course of the human evolution, this concept of spirituality is a matter of course in which the human must, for a time, be bogged down. So you come to want to be extricated from it. And now WE can get you to realize that the word "spirituality" is to be substituted by mechanics and chemistry.

WE speak of course of the material mechanics and chemistry of the LIGHT that is higher than the physical Light and its mechanics and chemistry--all LIGHT being SUBSTANCE and ENERGY and INTELLIGENCE. My Children, when you learn the definition of "spirituality" as ELECTRO-MAGNETIC SUBSTANCE and ENERGY and INTELLIGENCE of the GREAT CENTRAL SUN; and that it is a mechanical and chemical process, then you find what does have the bearing on the simple answer you are looking for, though it is not the comprehensive answer. It is only one step from it. You shall see.

WE give you another illumination about the word, "spirit". WE relate it to the word, "spiral", and will point out to you that "spirit" is that which "spirals".

When you look physically at a beam of light, it looks like a line of more or less thickness; but the fact is that it is a spiral. Its motion is spiral.

When you see etherically a picture completely in Light, as for instance a Being, there too, you see the Light on its surface; not as it is, not as spirals.

In everything seen or unseen, there is but an interaction of spirals. And the mechanical and chemical action that all things are, is all spiraling Light. ESSENCE, FIRE-FLAME-LIGHT, is all spiraling Action. When a thing or a person is spiraling in equilibrium, he can in that sense and vernacular be thought of as being spiritual. "Spirit" is that which "spirals".

Now, you wish that one line on which religions do hang. It is this: Who is the Chemist? the Mechanic? Religions express from the point of view of the ALMIGHTY, FATHER-MOTHER FIRE-FLAME-LIGHT, or from the point of view of the human, or both. And they are either positive, plus, Almighty, or negative, minus, human, or a mixture of both. If the plus and minus balance, they are likely to cancel each other, and their value or effect may be nil.

So the one thing to look for is whether the action and accomplishment is accredited to FATHER-MOTHER FIRE-FLAME-LIGHT or to the human. Upon examination of any religion, of any sentence of it, you will find the sentence expressly or by implication or by context with a fundamental stated somewhere in that religion reveals whether it expresses from the point of view of FATHER-MOTHER FIRE-FLAME-LIGHT or from the point of view of the human. The former is that the FATHER-MOTHER does all; the latter is, the "do-it-yourself" attitude. So that is the line -- "Who does it?" It is to which all cling positively or negatively, plus or minus.

Children, examine your great scriptures. You may sometimes be surprised, even startled, by the declarations and admonishments of self-service.

In the Book known as "THE BIBLE", in the 23rd Psalm, "THE LORD" does all; not the human, not self-service.

"Of myself I can do nothing; the FATHER-MOTHER FIRE-FLAME-LIGHT within me DOETH ALL THE WORKS." That is the line of identification, as

either LET or do it yourself.

Blessed Children, the next subject we take up for you is, "What is there to do with?" I AM FATHER-MOTHER. I AM MIND and FEELING IN AND THRUOUT MY UNIVERSAL SEA OF PARTICLES of SUBSTANCE, ENERGY and INTELLIGENCE. To these particles, I give, within their own separate limits, only enough ENERGY TO BE THEMSELVES. Beyond that, they have nothing. They have no Power to associate among themselves, and are passive, inactive. They are like bricks that can be used for building. These have ENERGY that holds them together as separate bricks; and until a thought and feeling picks them up, they cannot get together for the Energy and Design that is then in their mass. Likewise the particles of ESSENCE are by themselves inactive, in Silence. They can only obey. "I", FATHER-MOTHER FIRE-FLAME-LIGHT flow these particles thru My MIND and FEELING according to blueprints and patterns. I direct and guide. I AM the SOLE RULER. I AM MASTER. I AM CONTROLLER. The particles of Energy follow every order I give exactly, willingly. My particled Energy has no Will of its own.

I do direct and guide this thought-and-feeling-activated ENERGY thru the minds, feelings, etheric and physical of man, as well as thru his Higher SELVES. In him, I AM his Consciousness, his Eye, his fingertips. The words, thoughts and feelings that I pass thru his Lifestream form the conditions and circumstances of his life and environment; for he is in tune with ME so that his words, thoughts and feelings coincide with Mine; and being in tune with ME, men are therefore in tune with the MASTERS, the ASCENDED ONES, My AGENTS, with Whom I polarize man so My EMISSARIES can amplify the orders I pass thru man, that it be accomplished, as words, thoughts and feelings are beneficial, positive, constructive, and specific, so I can bless man as that part of the lower body of ME with Health, Ever-renewing Life, Inexhaustible Vitality, Youthfulness, Wisdom, Understanding, Wealth, Abundance of good things.

But notice sharply, My dear Children: All this is only when man is open, willing and obedient. Out of My SEA OF ENERGY, I draw at WILL My INFINITE ENERGY THAT IS MY OMNIPOTENT and willing SERVANT and follows My every order, and is constantly and precisely forming into the conditions and circumstances of the LIGHT and environment of that PART OF MY LOWER SELF that is the lower Self of man. No words or thoughts or feelings ever return to US unfulfilled. All this is when man is OPEN, WILLING and OBEDIENT, and he conforms, concedes, coincides, correlates and cooperates; and greatly successful, blessed and blissful is then the fruit as it feels to him as if he, himself, is doing it; and it feels that WE TOGETHER ARE DOING IT. And he knows that of himself he can do nothing, and he is rightfully proud, that as the FATHER-MOTHER FIRE-FLAME-LIGHT INDIVIDUAL PRESENCE THAT HE IS, HE did it!

But when man is disobedient, perverse, even vicious, I can do nothing with him. I accomplish nothing. Then and there it is that he is at utter liberty to defile the Pure Energy I pass thru him; and he can utterly destroy. My LAW is that I do not force him. My LAW OF BALANCE must work in automatic FIRE-FLAME-LIGHT. As you, oh man, work with ME, then it works automatically for you; and the fruit is perfect. Otherwise, I can do nothing for man's lower self that is part of My LOWER SELF. And you are doing nothing for your lower self that is of My LOWER SELF. Of yourself you can do nothing. With ME, you can do everything.

Here, we must merely touch on an aspect which must be further enlightened in a Treatise in the immediate future. WE merely state it now. As a human who has not yet attained the COSMIC, CHRIST, CONSCIOUSNESS, you can work with ME that I give you merely human benefits. Herein, too, is more about the common characteristic and grades.

Man, the world you decry, the world as you decry it, is your

world. You made it. Few are there who are not dissipating in that deep negativity. In the corruption that is your world, I can do little for the ME THAT IS You, My precious human child. So deeply dark and evil is the atmosphere, that I can squeeze little FIRE-FLAME-LIGHT thru it. Before I can do much, and that will be the New Dimension, I must first demolish it and then reconstruct it. There is where My Infinite POWER can really begin to prove ITSELF.

Such is My plan, pattern, foresight, arrangement, that thru the few who are the LOVE, WISDOM and POWER of COOPERATIVE CONSCIOUSNESS in My CONSCIOUSNESS, your doomed world is a saved world. Such is My MERCY where there seems no escape. Sing! oh sing! My sweet Children, and JUBILATE, JUBILATE, JUBILATE!

Garman speaks: BELOVED FATHER-MOTHER FIRE-FLAME-LIGHT, let us suppose I am asking you, "Is it not the concept and fact of CHRIST CONSCIOUSNESS that is the common characteristic, realized or not realized?"

FATHER-MOTHER FIRE-FLAME-LIGHT speaks: Child, the actual Consciousness that I AM THE DOER, then is, that is, the CHRIST CONSCIOUSNESS. First the specifics of I AM THE DOER, then is, that is the CHRIST CONSCIOUSNESS. They are identical; but without the FATHER-MOTHER FIRE-FLAME-LIGHT DOING, it is not CHRIST CONSCIOUSNESS, only human consciousness and doing. The realization of ME doing in you is the realization of the CHRIST in you. I, the DOER, in you, AM the CHRIST in you.

I AM FATHER-MOTHER FIRE-FLAME-LIGHT, thru My Spokesman, Partner in LIGHT, Garman.

FATHER-MOTHER FIRE-FLAME-LIGHT, thru Garman

"THE ESTABLISHMENT, THE NEW YOUTH, THE NEW CONSCIOUSNESS"

FATHER-MOTHER FIRE-FLAME-LIGHT speaks: I give to all My Children, precious are they all--the general distinctions between the Establishment, the New Youth and the New Consciousness.

Here is a tree, the real thing, and its shadow.

The Establishment sees neither the tree nor the shadow.

The New Youth sees the shadow.

The New Consciousness sees the tree.

I AM FATHER-MOTHER FIRE-FLAME-LIGHT, thru My Spokesman, Garman.

A REACTION FROM THERESA MARTIN, QUEEN OF LIGHT

QUEEN OF LIGHT: Yes, Beloved Ones, I AM come. My concentration is upon the garden in the LAND OF SOUL. I see there is much work to be done in this field and I AM helping the Elementals and the Angels, with LADY COSMOS, to bring forth the most beautiful results that the acreage has ever realized. As to trees, only FATHER-MOTHER-LIGHT can make a tree; but man can nourish and love and care for these blessed symbols of divinity and keep it budding and flowering.

As I view youth (human trees), the new youth, I see them now as beautiful, especially those who are labeled as "flower children". When they began their rebellion against their elders, they thought anybody over thirty years was their enemy. Now, that they have turned thirty, they are coming to their senses, and many of them are developing a high consciousness and have turned to beautiful music and have found other ways of "turning on" their ALPHA CONSCIOUSNESS rather than drugs, acids, which fooled them into hallucination. I see they have developed a deep LOVE. Serendipity (the unexpected) is the order of the day. The "flower children" have a greater opportunity to swing into serendipity than the phase of humanhood who are in the work-a-day straight jacket of the world.

One has to fully open up to "serendipity" to be there when the unexpected raises its opportunity.

As I study this philosophy, anyone in any category can throw out the life-line to the unexpected, which is a modern name for FAITH in things unseen, a powerful adaptation of this same FAITH in action, believing that it has already happened. And I AM glad that MAGNIFICENT CONSUMMATION Principles adhere to the philosophy of SERENDIPITY. The Ascended Masters are dramatizing many wonderful things to you thru this artery of SERENDIPITY.

Dear Ones, I AM overwhelmed with the "gentle raindrops" which fall from the CONSCIOUSNESS of FATHER-MOTHER FIRE-FLAME-LIGHT, thru Beloved Garman's voice, to tumble into the faithful tape recorder, for the benefit of all mankind.

I AM QUEEN OF LIGHT, Co-Chohan of the RUBY FOCUS Aquarian Age Sixth Ray.

A TRIBUTE TO GARMAN AND EVANGELINE

By Samuel George Partridge and Elixir.

It has now been four years since I first met Garman and Evangeline. Our first meeting was in Phoenix at their Headquarters. I had just purchased a new motorhome after visiting the Los Angeles Mobile Home, Boat & Vacation Show; and drove over to Phoenix to see what kind of people they were, having corresponded with them and having read their Open Letters for two years or more. I used to read them and wonder if they were not on another higher plane of existence. And I had reprinted Evangeline's book, "The Singing Infinite".

It was a little after 11:00 a.m. on a Sunday morning that I arrived, and a service was in progress. It was Leta who answered the door and invited me in. I took a seat near the door at the back of the room. "E" was channeling. Garman nodded a smile of welcome to me. "E" had already told the group that someone was coming. Woodrow sang a lovely song at the completion of the service. Upon the conclusion of the service I was made most welcome and met each one in the Group.

Having read the Open Letters for a couple of years, I wanted to see what manner of people these were, who wrote such wonderful messages and revelations. What they were writing and teaching were the beginning of a "new religion" or way of life--a new advanced guide to the Higher Life.

Had never seen nor heard any channeling before, except for a couple of akashic readings of my own past. It was a new and interesting and enjoyable experience to see and hear at first-hand the Truths being uttered thru the voice box of "E" by Ascended Masters and Great Ones, some Whose Names I had not heard of before, including the new advanced Name of JESUS, now SANANDA. It was also a thrill to see and hear the "inspirational talking" by Garman from the ONE we now call by the new Name for GOD--FATHER-MOTHER FIRE-FLAME-LIGHT.

I was pleasantly surprised by the way I was taken in and made most welcome after the service. I felt "at home" right away. I could not help but notice the spryness and bright-eyedness of each of them.

That evening, while sitting in the living room in the cool evening breeze at the close of a warm Spring day, "E" channeled a message. I felt thrilled again to have the privilege of listening to Knowledge and Instruction close to the SOURCE. That thrill and privilege has never ceased as I continue to hear and listen to messages, not only from "E" and Garman, but others as well. This opened up a whole new concept of Life and Being--that we were being helped from the unseen side of Life a lot more than I realized; and what is more I found Garman and

Evangeline, besides being Messengers, were also "living the Messages". "E" channeled a message to me from SANANDA, the gist of which I remember, was "brighter the corner where you are", which carried me back to my Sunday School days when I sang a song with that title.

It was discovered the "folks" were being guided to move to Sedona. They had already arranged to lease a home there for the Summer in the hope, during that time, to find a permanent location for the RUBY FOCUS. The next morning I packed my motorhome with as many of their belongings as I could carry, and along with Leta and Marilan, the first riders in my new motorhome, we drove to Sedona. Upon arrival, I was enraptured with the scenic beauty of the area. I felt an immediate lift in Spirit, as I have felt each time I return there for a visit. My first impressions of the place were, "It is out of this world. The closest place to Heaven I had ever been." The red Lemurian rocks and the pearly grey-white Atlantean rocks of the mountain and foothill formations were beautiful, and there were green trees nestled between them and cloud formations in the blue sky to add to the beauty.

After unloading the belongings in storage, we set out to see the area and search for a location for the RUBY FOCUS. Several places were looked over, but we arrived at no decision. One of the places we saw, later proved to be "the one"--having been a sacred place in times past, the location of a Temple. It is now called "Al Sirat"--LAND OF SOUL. The folks moved from their rented house to the permanent one in the early Fall. It was rather significant to observe that the property was secured at the exact moment the first astronauts landed on the moon.

Soon I was printing their monthly Open Letters, and observed that each Letter and Message was better than the last, bringing with it new ideas and methods of conduct of life to aid one toward Ascension.

Each subsequent visit to Sedona has revealed an ever-growing and ever-changing and progressive Knowledge. With each visit I find new and different decrees that are used in the work. It is a continual growing and progressing.

I have found Garman and Evangeline to be dedicated Souls in the work they are doing; never shirking any duty that comes to their attention. No end of inspiring Messages from Ascended Masters come thru Evangeline's channeling. Garman's Treatises are "Sparks" direct from the LIGHT OF GOD. Garman is the CHOHAN of the RUBY Sixth Ray, the Ray to be the most predominant in the next 2,000 years. Together they are bringing forth a "new religion" for the Golden Age under the direction of SANANDA, the COSMIC RUBY FOCUS STAFF, FATHER-MOTHER FIRE-FLAME-LIGHT, and HIS-HER AGENTS, the GREAT ASCENDED MASTERS AND BEINGS. In personality, Garman and Evangeline are as different as day and night, but blend together as easily as day fades into evening and night dawns into the morning.

Evangeline carries on a voluminous correspondence, giving "Direct Current" Messages from the Inner Sanctum of the GREAT CENTRAL SUN to those who wish this attunement, and acknowledges those letters addressed to MOTHER MARY'S green Healing Basket, giving encouragement and enlightenment to those requesting it.

Garman, at the other desk, answers inquiries of a spiritual and intellectual and devotional nature. The stamps on their foreign mail, which I collect, are from most every country in the world.

Together, they are the Epitome of FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION.

WE are many times blessed! First, by having the PRESENCE of the RUBY FOCUS at Sedona, Arizona. Second, by having the CHOHAN of the RUBY RAY who lives there in the flesh, with his disciple-workers. Third, by having the High-Frequency Consciousness of loving Evangeline. Fourth,

by having these Wisdomic Teachings available to all on a LOVE OFFERING BASIS. Then overshadowing all this is the RUBY FOCUS COSMIC STAFF; BELOVED SANANDA, our Director; and many other GREAT BEINGS and ASCENDED MASTERS. Then we have the PRESENCE of BELOVED GAUTAMA, LORD OF THE WORLD, sending out His RADIATIONS--North, East, West, South, from His ABODE at Al Sirat. Then there is an Earth FOCUS of BELOVED SERAPIS BEY at the south-eastern portion of the acreage. Also we receive RADIATIONS from BELOVED MOTHER MARY'S RESURRECTION FLAME atop Mt. Wilson, just across the valley. We are also blessed with a Healing FOCUS from BLESSED KWAN YIN'S TEMPLE OF MERCY, which adjoins the eastern side of the Patio. And over us is BELOVED SANANDA'S Spacecraft, "THE DOVE", beaming LIGHT upon us each evening. And there are many other beautiful Angelic Craft in the Heavens, visible during the night, sending out radiations of LOVE and LIGHT and PROTECTION to us and to all the world. BLESSINGS! Sam.

LORD MICHAEL: I AM coming in this morning, particularly, to heal a certain little woman you know. So all send the RADIATIONS from My RE-TREAT, and BELOVED FAITH will also help her; and that which she thinks she has, she hasn't. You know, most of the ills of your Earth are hysteria. Did you know that? You know, you don't have it at all. You are fearful that you have it and it brings it on. And so, beloved disciples of the RUBY FOCUS, WE will lift the mist of that fear and hysteria from her, and she will report to MAGNIFICENT CONSUMMATION that she is free and full of Life and Joy and Happiness. There are so many psychological reasons for people thinking they are ill and becoming hysterical, and one of the chief reasons is to be alone--to be living alone! And unless you have the empathy of your Beloved Divine Complement, you get introspective, negative, imaginative negatively; and that is the cause of all illness. But if you have your attunement into the Higher Heavens, and can receive of those ELECTRO-MAGNETIC ENERGIES, then sometimes it is good to be alone. Do you understand? But just to be alone, skating on surface mind, is dangerous, very dangerous. I AM your BROTHER in HEALING THERAPY, MICHAEL AND FAITH, of Banff, Canada.

CONGRATULATIONS!

March is Beloved Garman's Birthday month; and we slipped in these beautiful flower-gems of literary praise from all of us; and it will come as a great surprise to our Founder of MAGNIFICENT CONSUMMATION'S RUBY FOCUS. Presently, Garman is away; and "mice will play".

CONGRATULATIONS! Blessed Chohan Garman and lovely Evangeline, for your LOVE and DEDICATION and LOYALTY and EFFICIENCY to FATHER-MOTHER FIRE-FLAME-LIGHT and His-Her AGENTS, BELOVEDS SANANDA and EOLIA, and many, many, many GREAT BEINGS and ASCENDED MASTERS, Who have accomplished so much and accelerated the Frequency, thru You, which will benefit all.

Please accept our LOVE and RE-DEDICATION to serve with You, which is our pleasure at the beginning of this new cycle of the New Age of LOVE and LIGHT and so-called MIRACLES. We love You dearly. Marilan and Leta.

ANU AUM AGUA: (FATHER-MOTHER-LIGHT thru us, loves you.)

SIANATA! (We never part.)

Devotedly yours,

GARMAN and EVANGELINE.

EXCERPTS FROM LETTERS RECEIVED FROM STUDENTS AND FRIENDS

W.I.C.O.: I have become a changed man, spiritually and materially, since receiving and reading your Open Letters. I am now convinced that the All-Seeing Eye is with my family, that Lord Michael and Mother Mary are ever present in our home.

V.A.A.: Love and gratitude for the pink Letters and the Healing Light and Love of Mother Mary and Her Assistants of the Resurrection Flame. Each of the Letters tops the one before. Thank you, Beloved Garman and Evangeline and all the Ruby Focus Staff. I have continued freedom of movement of my arm and most of the soreness is gone. Thank YOU for all healing, Beloved Mother Mary and Father-Mother-Light!

C.F.: With the use of yellow solarized water, I am experiencing healing signs of my stomach and chest pains.

J.A.: Since I've just finished reading your tremendous December Open Letter, just will not put off answering it for one moment. I am filled with such Joy, and my body feels as tho it cannot hold from exploding with the rapture. Each Open Letter seems to answer a burning question I have been trying to solve for weeks; it seems as tho I am being answered personally, and feel as tho the material written is just for me, every month, and the Joy of reading and absorbing the answers is wonderful.

I asked you some months ago to enter my name in Mother Mary's Basket for a healing of my back and feet. Slowly but surely, the healing has taken place. I am completely free of pain in the back now, which I had suffered, on and off, for almost 40 years, the result of a fall from, or rather with, a horse. This was causing me to walk on the side of one foot, causing a mal-formation in the foot. That has also cleared up; and I give THANKS daily for the relief I have received.

It seems each month that the Letters have reached the heights of Glory, but along comes another and it is higher in Essence than the last. This is Magnificent Consummation. Glo Ray, Glo Ray, Glo Ray! Thank you. Thank you. Thank you for the disciples who haven't as yet been fulfilled to receive, individually, the inner voice. The promise is in this letter today, however.

There is also something strange that I have wanted to tell you about. This last summer we grew the largest garden we have planted in years. We grow organically and never spray a thing. The results of our garden were fabulous. It grew so profusely we gave away tons of vegetables, plus I froze and canned all we could possibly eat. You just couldn't believe the crop we grew; but I blessed the seeds as I planted them and used the Violet Transmuting Flame to transmute the poisons from the soil. I thanked FATHER-MOTHER-LIGHT with every picking. But the strange thing is that everyone I talked to the past few months have canned and frozen so much food; and they don't know why they were doing it, but they put up everything they could lay their hands on. L, as you know, is in the Buying Department of a Grocery Chain; and he said they sold more jars and equipment for canning than they have sold in the life of the stores. This seems strange to me that people had such a burning desire to store up food. Time will tell why, I know!

The song, "JOY IN MY HEART", published in this December Letter is the one we learned when we were there a year-and-a-half ago; and I sing it all the time, especially when I'm doing work in the garden or flower beds. That song seems to give me such a lift that I don't even notice the work I'm doing. I even picked it out on the organ and play it often. Am sure all your disciples will enjoy singing it.

My dream is that some day we might be able to build on our little piece of land in Sedona. Am so happy we bought it because it is close to the Land of Soul that we love so much. It is wonderful news that Mother Mary is chemicalizing over Mt. Wilson and that several have seen Her. That is beautiful. Thank you again. I'm sending all my Love radiating to the whole planet Earth. (Note: Writer lives in Washington.)

H.L.V. makes a suggestion: Write or print in Ruby, the word, "Magnificense", in our minds' eye, as large as we can vision, and also in the sky and on street signs, peoples' hearts, any place, as often as possible.

Lightfoot Talking Eagle: Friends of The Great Spirit and Mother Earth: "SING OUT LOUD AND CLEAR, THE LORD HAS COME." That message was given the Princess Fleet Deer, (my wife) and me during our recent December 29th to January 5th Annual High Holy Season of Sha-noo-ka-kah. (The Seven Tall Warriors "Archangels" that carry the Light.)

Sha-noo-ka-kah has been observed by ancient faith and religion AmerNatives since time immemorial. During my childhood, youth and young manhood, seven sacred log fires were kept burning in the Longhouse (Temple) during the seven days of Sha-noo-ka-kah. Women, men and children sat around the fires day and night awaiting the arrival and messages of Sha-noo-ka-kah. Where we live, now, it is impossible to have seven log fires, so we substitute candles. Perhaps the shepherds were sitting by such fires when informed of the birth of the Y-ee-shoo-aah, called Jesus, by the Angelic Messengers. There are many references to the Seven Messengers in Revelation (Apocalypse) and other Books of the Judaic and Christian Greek Scriptures.

In 1972, we will observe the Ancient Faith and Religion High Holy Season of Sha-noo-ka-kah between sunset December 18th and sunrise December 25th; ending at dawn on the Christian Christmas Day.

This year, our Ancient Longhouse (Temple) Ceremonial and Thanksgiving Feast Day for Peace falls on Thursday, October 26th. The Wild Turkey, our Bird of Peace totem or symbol, will be King. It is a day of communing with the Great Spirit, the Spirit of Mother Earth, and the Host of the Kingdom of the Spirit; a religious ritual day. It will not be a day for killing wild animals and birds and violet activities such as football and other violences of the animal-man-materialistic world.

February 5th is New Year's Day of the Year Eleven of the Cycle of the New Kingdom of the Sun (Light) of Peace Eternal, Time of the Voice of the Turtle (High Priest of the Sun, Guardian and Teacher of the Great Law), Age of Mother Earth, Women and Youths (Virgo).

March 15th, this year, marks the beginning of the Wake-up Thank You Great Spirit Moon, Mother Earth's Birthday, rebirth and resurrection. During this Moon we thank the Great Spirit and Mother Earth for having brought us safely thru the Moons of the Silent Death (Winter) onto the threshold of a new year of Earth Life. This is a sort of Christmas and Easter season in one.

May you always walk in beauty beneath the Great Trees of Peace in the Enchanted Forest of Light. Peace to You!

"Trees are the life of man. Only by conservation of trees and forests, can the essential to life--fresh air and fresh water supply--be maintained." (Ancient Mound Boulder Bible proverb.)

Life is precious; handle with prayer.

Have you thanked the Great Spirit and Mother Earth today for the trees, forests, vegetation, air, water and soil, the basic essentials given for your life? Let us think good thoughts, each of the other.

Governments and churches are the mirror of the people.

They who plant trees and forests are friends and servants of the Great Spirit and Mother Earth. Destroyers of trees and forests are sons of the evil one and enemies of the Great Spirit, Mother Earth, and the children of men.

Ancient faith and religion AmerNatives are the guardians and keepers of The Great Law, wherein is found the Law of Peace.

"SING OUT LOUD AND CLEAR, THE LORD HAS COME."

Lightfoot Talking Eagle.

O.C.: Thank you for the many News Letters, which is like receiving a gold crown from Heaven above. You dear people are in my thoughts always. I love you for the work you are doing. When I feel like there is no use trying to go forward in this world, I manage to pick up your News Letter, then the whole world looks bright and I seem to be in the company of Angels; my vibrations go sky-high. Will never be without them.

L.D.M.: FATHER-MOTHER FIRE-FLAME-LIGHT INVOCATION--Decreeing in groups forming a circle.

(1) Hands extended forward with palms upwards, repeat 7 times aloud, following leader, decreeing: "WE ARE drawing FATHER-MOTHER FIRE-FLAME-LIGHT SUBSTANCE into every cell of our physical bodies, etheric bodies, mental bodies, emotional bodies, for the benefit of all mankind."

(2) Arms extended upwards and palms facing outwards, repeat seven (7) times: "WE ARE sending FATHER-MOTHER FIRE-FLAME-LIGHT SUBSTANCE, North, East, West South, into the distressed conditions of the peoples of the whole world."

I have just performed the actions and words described and given the appropriate FATHER-MOTHER FIRE-FLAME-LIGHT invocations. During Action No. 1, the fingers of both hands tingled and I felt as though something had been placed in my right hand, although there was nothing placed there of course. During Action No. 2, I was conscious of the fact that the tingling sensation was no longer in my fingertips but had transferred to the centres of the palm of each hand, and the vibrations seemed to emanate from there. On completion of the exercise, I had the most wonderful feeling of mental peace and noticed a distinct physical warmth over the centre of my chest.

M.Y.: The RUBY FOCUS is my whole Spiritual Contact. As we know, it grows more beautiful and powerful each month. I received the January issue today; and will do very little else but read it for the next few days. RUBY FOCUS is my Group. I know you at Sedona have been blessed many, many times for your wonderful work.

V.P.: Greetings in Gratitude and Joy of FATHER-MOTHER FIRE-FLAME-LIGHT, that HE has so lovingly held me here still, over the threshold of the New Era, to enjoy these beautiful Open Letters! Each one seems to carry us higher, until almost we hear the Angels sing and see the Glories "Up There".

C.H.W.: The Open Letters are helping me so much. There is so much to learn and use. The Letters from FATHER-MOTHER FIRE-FLAME-LIGHT are beautiful and so enlightening. You feel His gentleness in the messages.

DECREES FOR RECEIVING MINERALS AND OTHER SUBSTANCES FROM THE ATMOSPHERE

(Speak the words FATHER-MOTHER-LIGHT IN ACTION once, the Elements 3 times)

FATHER-MOTHER-LIGHT IN ACTION as protein (3 X)
FATHER-MOTHER-LIGHT IN ACTION as potassium (3 X)
FATHER-MOTHER-LIGHT IN ACTION as silicon (3 X)
FATHER-MOTHER-LIGHT IN ACTION as magnesium (3 X)

FATHER-MOTHER-LIGHT IN ACTION as iron (3 X)
FATHER-MOTHER-LIGHT IN ACTION as iodine (3 X)
FATHER-MOTHER-LIGHT IN ACTION as calcium (3 X)
FATHER-MOTHER-LIGHT IN ACTION as surphur (3 X)
FATHER-MOTHER-LIGHT IN ACTION as calcium phosphate (3 X)
FATHER-MOTHER-LIGHT IN ACTION as chloride (3 X)
FATHER-MOTHER-LIGHT IN ACTION as sodium phosphate (3 X)
FATHER-MOTHER-LIGHT IN ACTION as lecithin (3 X)
FATHER-MOTHER-LIGHT IN ACTION as the essence of geranium juice (3 X)
FATHER-MOTHER-LIGHT IN ACTION as the essence of rose hips (3 X)
FATHER-MOTHER-LIGHT IN ACTION as the essence of purple-blue grapes (3 X)
FATHER-MOTHER-LIGHT IN ACTION as the essence of prickly pear cactus (3 X)
FATHER-MOTHER-LIGHT IN ACTION as the essence of kava-kava (3 X)
FATHER-MOTHER-LIGHT IN ACTION as the essence of mistletoe (3 X)
FATHER-MOTHER-LIGHT IN ACTION as the essence of the Oil of Lubrication.(3 X)

GERMINATED FOOD RECIPE, by Elaine DeVore

All people on the path of refinement, the development of the spiritual life, soon realize the need of the inclination to moderate tastes and eliminate grossness in all things--behavior, environment, habits, foods, etc. It is a simple matter of gradual replacement as one awakens more and more to the grandeur of the Light.

In choice of foods, we begin to eliminate devitalized of over-seasoned foods, meats, heavy sweets and the like. Soon we find that simple, natural flavors are most delectable, and are really all we want and need. These wholesome foods can be mixed in delicious ways with a few others, making even tasty dishes, opening a whole new world of mealtime nourishment, a simple pleasure.

Here is a recipe for pancakes you can serve at any meal with butter or honey or even a cheese sauce for dinner. A few Letters back, I told how to germinate garbanzo beans (Chick peas). They are easy to do, taking about 8 hours in the water and 6 hours sitting drained in a dark place. Pre-cook just before using, and skin while still hot, pinching the hull at one end, if recipe calls for the skinned ones as this does.

Place in a blender; Then mix one minute.

1/3 cup skinned garbanzos
1/3 cup germinated wheat
1/3 cup milk
1 egg

Place into a bowl, and add:

1/3 cup wheat flour
1/2 tsp. salt
1 tablespoon of oil

Stir well and pour onto a medium hot griddle, greased very well. Cook slightly longer than the usual hotcakes, turning only when quite brown. These are best served immediately, but can be saved in the refrigerator 4 or 5 hours and eaten for snack or lunch. To save any longer, place in freezer.