

**MAGNIFICENT CONSUMMATION**

**PRESENTS**

*"Ruby Focus"*

**REVS. GARMAN & EVANGELINE VAN POLEN**

**OPEN LETTER**

**DECEMBER 1970**



*"Beloved Annalee and Faithful Reason, Authors of  
Seven Heavenly Classics On Divine Wisdom."*

**'MAGNIFICENT CONSUMMATION IS THE VOICE FROM COSMIC CONSCIOUSNESS, WITH A NEW AGE INFORMATION TO THE WHOLE WORLD; DEDICATED TO FATHER-MOTHER LIGHT INDIVIDUALITY AND THE VIOLET FLAME FOR TRANSMUTATION TO ASCENSION AND THE "RUBY FOCUS" FOR FREEDOM OF THE AQUARIAN AGE.'**

**P. O. DRAWER 1188 - SEDONA, ARIZONA 86336**

## SANANDA'S PICTURE

Says A.C.: That lovely picture of our Precious SANANDA is absolutely the most magnetic and penetrating that I have ever seen.

16" X 21".....\$4.50

## OUR BOOKS

CATECHISM OF LIGHT, Vol. I, by Evangeline. Collection of Messages from many Ascended Ones.....\$ 2.00

CATECHISM OF LIGHT, Vol. II, by Evangeline. Further collection of Messages from many Ascended Ones. This Volume also contains, "WHO AM I? I AM THAT I AM", by Dr. C. H. Yeang.....\$ 2.00

THE SINGING INFINITE, by Evangeline. A beloved book in which BE-LOVED SANANDA beautifully prepares the Disciple to MEET HIM.....\$ 2.00

FATHER-MOTHER LIGHT as GOLDEN EXPERIENCES, by Garman and THERESA MARTIN. Collection of FATHER-MOTHER LIGHT TREATISES.....\$ 1.50

The above books are obtained on a Love Offering basis.

## PORTRAITS OF THE MASTERS

We now have photographic copies of pictures recently on covers of the OPEN LETTERS. These are portraits of ARCHANGEL MICHAEL, LIMITLESS LOVE AND TRUTH, LORD GAUTAMA and LORD DIVINO.

Black and white, 5" X 7".....\$1.00 each.

Also a printed copy of KUTHUMI, a beautiful black and white print on 8½" X 11" paper..... 50¢ each.

Of KWAN YIN, we have a colored photo picture of her statue at Al Sirat. A feature of this picture is that it shows the Ruby Impregnation of the atmosphere, while upon the green statue and the green foliage, the combination becomes violet. Size 3" X 3"..... 50¢.

All of these pictures are offered at Voluntary Contributions. Get them in any case. Order only from MAGNIFICENT CONSUMMATION.

Awaken the Sleeping Beauty of the "Eternal You" within! THE COMING GREAT GOLDEN AGE OF ESOTERICISM, by Edward T. Whitney, M.D. is both a beginner's Guide to Discipleship and a Source Book for the Initiate. (If you have already read it, we suggest you order it as a gift for a friend.)

319 Pages. Price \$6.50. Outside U.S.A. add 30%. Make check or Money Order payable to ANTAKARANA TRUST, B.P.O. Box 167, Boston, Mass. Zip Code 02101.

## BOOKS OF GOLDEN SIERRA PRINTING COMPANY

Sam Partridge went on a tour of the Bible Lands, and gives a sprightly account of it in his new book, "I WALKED WHERE HE WALKED". In reading the narrative, I was carried in reverie into these very places. I felt the frequency recall of a historic JESUS, Who, in His Eternal Lifestream, again healed and accelerated every department of my being. Eighty pictures "bring in" kaleidoscope..... \$2.50. (A beautiful gift.)

THE PRINCE OF ATLANTIS..... A Masterpiece...\$ 4.00

THE WISDOM POOL, by Arthur J. Burks..... 10.00

GOLDEN MANSIONS, by Daniel L. Hirsch, M.D.... 3.50

THE SEVEN CHOHANS SPEAK THEIR PEACE..... 1.00

I WALKED WHERE HE WALKED..... 2.50

Order all the above books from the GOLDEN SIERRA PRINTING COMPANY, 116 Mercury Drive, Grass Valley, California 95945.

"RUBY FOCUS" of  
MAGNIFICENT CONSUMMATION, INC.  
Revs. Garman & Evangeline Van Polen  
P.O. Drawer 1188  
Sedona, Arizona, 86336, U.S.A.

Phone: Area 602  
282-3427

December 1, 1970

Open Letter on Nature's Course

OPEN LETTER  
to  
Speedily Advancing Persons

MICHAELMASS LETTER

DEDICATED TO ANNALEE AND REASON

Beloved Ones:

These are Christlike Masters now on Earth! Gracing our Open Letter Cover because They represent to Earth the practical operation of the Treasure Box of Heaven--having translated to the "Recess of the Infinite", and now back on Earth.

SANANDA, thru "E", MICHAELMASS MEANINGS

SANANDA: I AM going to give you some data that perhaps you might use.....to open a very difficult subject.....of your December issue for MICHAELMASS.....WE will peruse it this way: Humanhood.....all of humanhood.....are states of consciousness and rates of vibration, though "frequencies" is a better word. There are seven steps up, up, up into the GREAT CENTRAL SUN.....and all humanhood is on number one.... or two....or three....or four....or five....or six....or seven of those steps.....MAGNIFICENT CONSUMMATION is on the seventh step. WE will not even speak of organizations. I dislike that word. Let US say, "Those other concepts."...that is a prettier way of saying it.....are on any one of those steps.....Therefore, it might appear that the knowledge derived from the various steps would differ.....and so it is the dying out.....the fading out.....of MYSELF as an "itty witty" baby of 2,000 years ago.....(which I'M flattered perpetuated thruout all these years.) But with the incoming of the Aquarian Age, I AM a mature man.....and your knowledge is of maturity, not of yesteryear fable.

You are going to find that almost everything is changing in concept; and those who hold on to the old concept will have to awaken and quicken into the new; and they will, they will, they will! for WE will see to that! But, oh, it will be so different. Everything will be so different when you are catapulted into these higher frequencies of the

Seventh Ray, even beyond the Fourth Dimension. But that is only a beginning.

So I would say, that instead of Christmas, it is MICHAELMASS. Yet it is still true, still true, that the Heavens open wide Its Dimension to let the LOVE, the Divine LOVE, flow forth thru to Earth. But that does not mean that you have to fly around and buy gifts and give people things they don't even want, and exchange, and get oh so tired and exhausted in the midst of your maya. No! It will mean that you will at-tune your Consciousness to the GREAT CENTRAL SUN and receive the glories and reward of such attunement. Do you think you can do that? You will find the most magnificent YULETIDE that you have ever known in your life!

Now, the gifts of the Aquarian Age have been greatly misinterpreted thru a body of young people who dress like Halloween ghosts and run thru the streets and take these expanding drugs and forget to bathe, and whose minds are smutty and whose lives are smutty. That is not the Aquarian Age.

The true Aquarian Age experiences, you will find, will be the ability for those who have transmuted their four lower bodies and attuned to their High Spirit, to go hither and thither and yon to any planet, any place on Earth, and take their body with them. Isn't that a great reward? And that you would have access to the Treasure Box of Heaven; for many, many, many gifts are in that Treasure Box. And so, as you evolve into the Golden Age, you will be able to use those gifts.

Many of you do now.....use some of them. Yes, many, many, many are on your Earth Who have translated back to Earth in full maturity as teachers and with such added knowledge which They received when they were in the Recess of the Infinite. You know that, don't you? (ANNALEE and REASON,) And some of you have already translated and were slapped right back because you are so needed, so needed!

The letters that you receive are so filled with gratitude. Oh, so many people are so hungry, thirsty for knowledge the Open Letters of the RUEY FOCUS are giving to them; and it must go on and on and on, until the "bell rings". And then there is the "mad rush"--women and children first. Ha! Ha! Get the lifeboats! And that is coming sooner than you know.

Now, I don't want you to condemn, in your minds, these arsonists. There were about five of them who set at least nine fires in California. They were not people. They were not souls; they were just thought-forms--thought-forms that had taken over bodies as they lay lifeless. So, who is there to condemn? The black forces took the thought-forms and hypnotized them to ignite the acreage; and the winds of Santa Ana did the rest....whipped, lashed into flames the great area of fire--Dante's Inferno. Now, the beauty there is, there was no real loss of life; there could have been heart attacks from fear. Fear is the greatest enemy a man has; and if you had faith in your FATHER-MOTHER LIGHT, you would have no fear. Is that true? (Yes.) You could step on the scorpion, and it would not sting you; for it would feel the Love of all of you. All it would ask for is, "Give me freedom. Sweep me outside. Let me live." For Life is so precious to man, beast and insects, and birds. Good morning!

SANANDA: Good morning! I AM going to give a little experiment today. This is the THREE-IN-ONE that you speak of so often. I want you to feel the radiations of My Humble SELF, SANANDA. Speak when you do... .. I wish you to feel the radiations of BELOVED ARCHANGEL MICHAEL. It may be like the cracking of a whip, but be not disturbed... .. Now, I want you to feel the fullness of the ESSENCE of the PRESENCE of LIMITLESS LOVE..... WE ARE ALL so different, aren't WE? (Yes.) Well, this is to prove the veracity of Channelship. WE ARE

THREE-IN-ONE. I AM the radiating Power; BELOVED MICHAEL is the Force and Velocity; and LIMITLESS LOVE IS THAT LOVE, that Divine LOVE that meeteth every need and solves all problems you might face. So you have been visited this morning by the THREE-IN-ONE of Whom you speak so often.

Now, let US tackle this new December Open Letter. May WE? (Yes.) It is called "MICHAELMASS". Why MICHAEL? Because HE has the Force and Velocity that is shooting thru into the Great Aquarian Age. Do you understand? Now, what is the difference? The difference is this: That the doors of the ROYAL TETON are opening wide to permit universal Precipitation; that the ugly atmosphere of death and its correlative fragrance, which sometimes makes you ill, will be no more. I do not say that man will not be in a casket; I do not say that man will not be cremated. This is what I AM telling you: Allow that man four days in a casket; and by degrees the physical body will be swallowed up into the Eternal Electrons. And when you look into that casket, there will be no body. That is nice.

It is terrorizing to those in the family to see their loved one disappear into thin air, isn't it? And it maketh a little legal trouble with the heirs. Am I being facetious? No, I mean it; I'M very sincere. And so I think that it is so much better to let. One of you, Garman, had an experience on August 30th, didn't you? You actually felt your electrons moving thruout your body until they reached the top of your head? Was that right? (Yes.) And then WE slapped it down, didn't WE? (Yes.) WE closed the "cistern door" so you couldn't fly out. Now, you had that experience, and you know what I'M talking about. That is one of the MICHAELMASS features coming forth universally.

Then another one is the translating back onto Earth, after which, some lessons had been learned upon whichever planet you were sent to learn these lessons--to these great schools which teach further into the Laws of the Treasure Box of Heaven. And many, many, many more gifts will be given he who walketh the MICHAELMASS Way.

Now, is that not better than rushing down and spending some hard-earned money which you perspired to get for somebody who doesn't care about the gift; and rushes again down to exchange it for something they really want? All this commercialism is so unbalanced. It is so unnecessary.

What I AM trying to tell you is the great virtue of the MICHAELMASS Way of Life, which will have to be in the Golden Age. And you are initiating it, so to speak. Not all will adhere to it, no! Maybe even not in your own vibration; but they will eventually. It is new to them; it is a new concept. It is like eating olives; at first you don't like them at all, do you? then finally you love them. And that is the way it is going to be.

And so I bless you this beautiful morning--all these sweet and smiling faces, these beautiful people. How fortunate the RUBY FOCUS is to have these wonderful people--those that are here and those who are not here, but would love to be. WE bless them too, for they are numbered. They are all numbered. WE know them by vibration. So I say, Good Morning!

I AM MICHAEL, and I say, A Cheery and Happy Good Morning!

I AM LIMITLESS LOVE, and I want to impregnate within that fifth ventricle of the heart a LOVE so deep, so penetrating, that in this one instant the whole world is feeling it, and knows from whence it comes--the RUBY FOCUS of Sedona, Arizona, U.S.A., St. Germain's Country, the Land of Soul. Good Morning!

When you move, will you please send us your change of address?

good men and women can bring anything into focus. And so, WE leave you, LADY NADA AND SANANDA, of the BROTHERHOOD OF THE SEVEN RAYS, in Titicaca, in the Andes, South America."

This night, MAGNIFICENT CONSUMMATION has received their authority and dedication to bring forth into action the BEING of the RUBY RAY. This will be an etheric Arizonian FOCUS, and Arizona etheric rejoices.

GOD love and bless you wonderful servants of the ASCENDED MASTER OCTAVE. GOD bless and keep your hands and feet, your spines, your body and your brain, your eyes and your ears, and forever unite you with your FATHER-MOTHER LIGHT, your FATHER-MOTHER LIGHT INDIVIDUALITY, Who IS the Two New LIGHT RAYS of COSMOS.

Signing off, your SANANDA, your DIRECTOR, and BELOVED LADY NADA, My DIVINE COMPLEMENT, Who loves you and wraps you in Her Pink Blanket of Protection and Love. AMEN! So be it!

Garman: Concerning this dedication and installation of the RUBY FOCUS, we relate what happened in the Sanctuary of MAGNIFICENT CONSUMMATION on the night of Friday, September 20, 1968. On that night, it happened by Cosmic prearrangement of FATHER-MOTHER FIRE-FLAME-LIGHT and BELOVED SANANDA and ASSOCIATES, that a delegation of UNIVERSARIUM of Portland, Oregon, headed by Zelrun Karsleigh, President and Channel, dropped into this meeting moments before it opened.

The above dedication of the RUBY FOCUS was then read to the meeting. Then BELOVED MASTER YOGUNDA, speaking thru Zelrun Karsleigh, took up this pronouncement of dedication, and calling it a "pronunciamento", HE said:

MASTER YOGUNDA: Greetings! and Salutations! My Beloved Chelas of LIGHT, My Disciples of LIGHT, the Disciples of all, all of the Ascended Masters, the Elohim, the Archangels, and Chohans of all the Rays.

We are assembled here in this Sanctuary dedicated by FATHER-MOTHER LIGHT to the dissemination of Truth, Mercy and Justice to all mankind. There is a great Joy and Thanksgiving in My humble heart this night that I can come and speak to you in this manner at this time and place; for did not I tell you, My Beloved Children of LIGHT, that some day not too far hence there would be a meeting of minds and hearts wherein the rapport and the frequency of transmission and reception would be focused in the RUBY FOCUS? Our Beloved Channel thru whom I AM now speaking did not realize that the time would be so short when this would be consummated and brought into focus.

Oh, My Beloved Ones, do you not realize that time is short--that you are to be brought into the higher frequencies of knowledge and understanding, intuition, clairvoyance, clairaudience, clairascension, and all that goes with it, into each heart and mind who have stepped out of the darkness into the lighted Passage wherein you have dedicated your souls, your minds, your hearts, to the work of FATHER-MOTHER LIGHT.

Tonight, the pronunciamento, and I use this word because this has not been an ordinary pronouncement, but had come to you from the lips of one of the Great Servers of FATHER-MOTHER LIGHT, for this is an extraordinary pronouncement, and I will term it a pronunciamento, and you may broadcast it to all who will listen, to all who will read. Be not concerned if some shall turn their eyes and ears away, for you cannot lead all mankind into the LIGHT at this particular moment of time. All of you here, present in My vibration, know this to be the truth; but you can find within your own selves, within your own Inner Sanctum, that which you are able, willing, and that which you desire within your hearts to do.

Be not weary or lagging in this demand that has been placed upon you, although it may seem at times heavier than you can bear. There is

no duty, nor work, nor effort, which has been requested of you, that you are not able to fulfill; because you are not only protected by these Great Masters of LIGHT, of whom I AM only an infinitesimal part, They are with you night and day, every moment you breathe. They never leave you alone or to your own designs--although sometimes you flee away and get lost on the Pathway, They always bring you back. And many has been the time that many of you, including our own Beloved Channel, have strayed from this Path of Rectitude, but not too far that with the power and energy which WE are able to focus upon your hearts and souls, always, there is the return. And when you have returned, the Path is always smoother and the pitfalls less frequent than when you strayed aside. This is the crescendo, the summit, of the arrangements which WE have brought to bear in regard to many things which will transpire here this evening, and those which have already transpired, both in the physical and the etheric realms.

Before I would proceed with any further message for you, I desire to say from this vantage point, and by what little influence I may convey, that the pronouncement which has been read in your presence is one which has far-reaching importance--one which will not be accepted by all Chelas of LIGHT, as there are those sheep which have strayed aside from the fold and are foraging in pastures, some of which are unknown to us, and some of which are barren of Truth or Fortitude. This will be for what it is worth to you of the RUBY FOCUS, at which I AM now for the moment located and speaking to you, directly above the head and shoulders of our Channel.

Many remarkable, and you may say or feel in the future, fantastic emanations shall come from this FOCUS. It was, of course, not by accident that all met here upon this common level of understanding this night, for it was all pre-arranged as you well know, or if you do not know it, or did not know it, you certainly do now. And this is the fulfillment of the pronouncement that I gave thru this Channel previously, that there should be and would be in the very near future, a complete and effective rapport between the UNIVERSARIUM FOUNDATION and the MAGNIFICENT CONSUMMATION, and I also told you the additional meaning of the MAGNIFICENT CONSUMMATION, and that it was now in the process of its final and magnificent consummation. As this is also the great Organization to which our and your Beloved Channel, thru whom I AM now speaking, has dedicated many hours of labor and many anxious hours that have brought along the Pathway to the Upper Room those who would follow in their wake and help with hand and heart to bring to bear the great MAGNIFICENT CONSUMMATION which is waiting for all mankind who will look upon it, take it into their hearts and bosoms and glorify the GREAT LIGHT AND LOVE which is pouring, pouring, pouring forth, not only into the hearts and minds of you, My Beloved Chelas, but all of those, at least a great majority of those who do not know the meaning of the words, "chela" or "disciple". There must be, before there can be a MAGNIFICENT CONSUMMATION, there must be magnificent efforts, magnificent prayers, magnificent hearts and souls, to carry out those prayers, and that work which has been assigned to each and every disciple of LIGHT who has taken upon themselves the great task and yet divine privilege of becoming one of those chelas and disciples of LIGHT.

I have spoken thru several of those who are present; I have come as MASTER YOGUNDA; I have come also in the original nomenclature or cognomen of My original name when I was with you in the flesh. So it matters not how I come or when I come, yet I come to you, and you, and you, at the moment that you invite Me to come--that you are in the mood and frequency that I may speak to you thru a human channel; and give you

words of encouragement, words of enlightenment, education, and that which you need to carry on in a manner not desirable for you and your followers; but carry on, carry on, carry on! And as I have given thru this Channel many, many times, WORK, WATCH, WAIT, and PRAY! Your time of waiting is now drawing to a close, and you will not have much longer to wait for the opening of the LOTUS which shall unfold before thine eyes; and as the LOTUS PETALS fall into their place, they will open up for you great effulgence of LIGHT and LOVE, and the darkened shadows of the world will fall beneath the opening petals, and you will receive the flower of your hearts fully opened and ready with its fragrance and effulgence to march in the parade of those who shall go forth with strong hearts and devoted souls to bring to a chaotic world a great and magnificent consummation of that which you have been called upon by the Great Karmic Board and your Mentors to pursue at the end of the Great March into the LIGHT of the New Day, the New Month, the New Year, the New Age, that lies so magnificently just ahead of you.

Delete from your minds all thoughts of negativity and those dire consequences which have been predicted. They will come--some of them; you have prevented many of them. But you know, My Beloved Ones, that all of the Earth and its inhabitants must be purged as the river purges the valley thru which it flows and brings forth the beautiful flowers and shrubs that line its banks.

I will leave you now. I AM your Friend, your Mentor, and one of the tireless workers from the etheric realms, Whom I have chosen to call Master Yogunda thru this Channel, and thru others I use My original name of Paramahansa Yogananda. May the FATHER-MOTHER LIGHT bless and prosper each of you now and forevermore, and abundantly. Good night, and GOD bless you!

SANANDA, thru Evangeline, September 20, 1968

SANANDA: I come thru this Channel here for a specific purpose. My Beloved Brother and Friend, Zelrun, do you realize what the number "8" means? I AM drawing the number "8" and I AM weaving into this number "8" the consciousness of every one who is here; and that is bringing you to the electric golden-silver wires cooperation--complete balance. And that is what I AM bringing thru this particular Channel. I rejoice, the Heavens rejoice, the Ascended Beings rejoice; and many, many of THEM are here; and many Beloved Ones are here in their high body. Our Beloved Ann Herbstreith is here; there are many, many who are here in their high bodies; many Etherics are here, learning, listening, and receiving a great electronic impulse--impact--from the words which were spoken thru our Beloved Channel, Zelrun, thru YOGUNDA; and I would like you to receive a new strength, a new energy, a new power, a new acceleration. Good night!

Garman: The supreme significance of this meeting, September 20, 1968, at the Sanctuary of MAGNIFICENT CONSUMMATION, attended by UNIVERSARIUN, at which moment the "pronunciamento" of the dedication and installation of the RUBY FOCUS on Earth, February 22, 1966 was read to those present; and MASTER YOGUNDA spoke His piece thru Zelrun Karsleigh of UNIVERSARIUN; and BELOVED SANANDA spoke His piece thru Evangeline of MAGNIFICENT CONSUMMATION.....was simply this:

YOGUNDA of the East spoke for East and West. SANANDA of the West spoke for the West and East. UNIVERSARIUN means "UNIVERSAL TEACHINGS". The "UNIVERSAL TEACHINGS" came to the RUBY FOCUS of MAGNIFICENT CONSUMMATION that is the Chalice which holds in cohesion all the concepts for the explosion into the Fourth and higher Dimensions of Consciousness of the New Age.

On September 20, 1968, by the Grace of FATHER-MOTHER FIRE-FLAME-

LIGHT and Great DEDICATED SERVANTS, the UNIVERSAL TEACHINGS represented by YOGUNDA and SANANDA, graciously placed Itself in the RUBY FOCUS of MAGNIFICENT CONSUMMATION, and was graciously accepted by FATHER-MOTHER FIRE-FLAME-LIGHT and the GREAT ONES. It is done.

LORD MAITREYA-DIVINO'S ORDINATION OF G.V.P.

On Sunday morning, September 22, 1968, LORD MAITREYA-DIVINO ordained G.V.P. as a Reverend, in the presence of the dedicated Group of MAGNIFICENT CONSUMMATION.

It is the wish and Will of the HIERARCHY to give a Ministerial Status to Beloved Garman Van Polen, now Reverend G.V.P. Evangeline has the qualifications to do just this, having had the full credentials Earth law asks.

The Marriage Ceremony will be given in Cosmic Flow in New Age prose by BELOVED LORD MAITREYA-DIVINO, the GOD OF LOVE, and THE QUEEN OF LIGHT, the Hostess of the Marriage Ray, the Sixth Ray.

This gives the privilege of Chartership to give to those also, who qualify in the Knowledge and Consciousness of MAGNIFICENT CONSUMMATION.

Now, the Flow of Divine Energy is pulsating thru the Lifestream of Garman, and he has automatically been made a Minister of THE CHARTER OF MAGNIFICENT CONSUMMATION to marry and perform any rites man feels obligatory on this Earth.

All who agree in this Sacred Cosmic performance, say Aye! (The Ayes were unanimous.)

Those who may say, Nay, say why! (None.)

Lovingly, I AM MAITREYA-DIVINO.

Evangeline Balfour Van Polen, Dr. of Scientific Divinity.  
QUEEN OF LIGHT, Hostess of Marriage upon the Atmosphere  
of Universal Novena.

FATHER-MOTHER FIRE-FLAME-LIGHT Treatise, thru Garman, October 30, 1970

"ACTUALLY YOU"

Chapter III

EXPERIENCING THAT WE ARE IDENTICAL WITH FATHER-MOTHER FIRE-  
FLAME-LIGHT IN LOVE, WISDOM AND POWER

Garman: FATHER-MOTHER FIRE-FLAME-LIGHT, FATHER-MOTHER FIRE-FLAME-LIGHT IN SILENCE, FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION, we are truly and wholly grateful that we may come again to YOU to behold YOU in us and as us. Intensely we need to, we ask to, identify ourselves wholly with YOU. We thank YOU for giving us intelligence concerning the elements of YOU and Your ACTION, to the end that we can identify ourselves moment by moment and motion by motion with YOU.

Oh, BELOVED FATHER-MOTHER, sublime FIRE-FLAME-LIGHT, how intense is our prayer to flamefully be Your LOVE, WISDOM and POWER. Every cell and atom in our Being fires, flames and lights in this supreme desire.

Beloved G.V.P., QUEEN OF LIGHT, SUNBEAM OF THE GREAT CENTRAL SUN, and BELOVED CHANNEL "E", we thank YOU for your synchrony in LOVE, WISDOM and POWER.

BELOVED FATHER-MOTHER FIRE-FLAME-LIGHT, humbly, hungrily, and thirstily we partake of Your ESSENCE.

FATHER-MOTHER FIRE-FLAME-LIGHT speaks: Most precious children of Our LOVE, WISDOM and POWER, indeed WE do take you into communion and identity with US. Ah! Do you deem it your holy yearning and hungering and thirsting that you are feeling? Yes, providing you are receiving your

first lesson in knowing identity with ME. Providing you are feeling totally aware, that IT is "I" that is needing identity of your consciousness, your feeling, with Mine. Providing you are realizing it is My intense and fervent desire which you are undergoing and expressing. Children, are you recognizing that beautiful supreme desire that is yours and Mine? Are you recognizing IT is My holy yearning, hungering and thirsting that you are feeling in and thru and as you? Yes, IT IS "I", the FATHER-MOTHER, the Lover, the Wise Lover, the Powerful Lover.

And now, let us trace Our identity in LOVE, WISDOM and POWER in your every moment and movement. WE do it on the pulse of your breath. That is, WE do it as the pulse of My Breath in and thru you. WE do it in terms that I AM THE BREATHER; I AM THAT IN ME, yet you are "I" and conscious of My Breathing.

The very first thing you notice about Our breathing is that it is involuntary. Is it your conscious mind that is giving the momentum of your breathing all night while you sleep? Obviously not. During the day, do you need to think about keeping your breathing apparatus going? Obviously not. Then obviously I AM the BREATHER. Then, obviously I AM you.

This fact alone, that your breathing is involuntary, is enough and plenty for you to realize, recognize and acknowledge that I AM the BREATHER; and from then on, you recognize every moment that happens on your breath, and everything does happen on your breath, is My doing, except of course, when you interfere; and that is the thing WE are to study carefully, for you are to take stock of your interference, and notice that when and where you do not interfere, all actions riding on your breath go along smoothly. Therein is your Peace.

Now, My precious Own little ones, it is simply because you are feeling identity with ME that I can intelligently trace for you the identity of Our pulse of breath. Come, let us trace.

From the Sea of Electro-Magnetic particles all about you, I as FATHER-MOTHER FIRE-FLAME-LIGHT IN SILENCE, do begin My breath. From this State of Inactivity and SILENCE THAT I AM, I go into action, breathing into and thruout My Body that you are. I do this thru your four lower bodies, your mental, emotional, etheric and physical bodies as ONE. Each of these bodies has its distinct characteristic or frequency and function, yet always, when by the Grace of your humanly non-interference, My four lower Bodies are working in perfect synchrony and harmony--they are one beat, even tho their frequencies of flame and light within the beat do vary. All beat as one with the physical beat that is obvious to you.

On this physical beat, then, I do ride My mental and emotional or feeling beats. My breath is My pulse of action, of work, and I carry on My breath the fire of My desire expressed as thought and feeling, and that I carry into whatever I wish to manifest, create, as the full expression of that thought and feeling. Now, further, during this breath, I AM building up My creation that is riding on this breath into its etheric state within My etheric body of you. And at the same time while the etheric breath is receiving the creation, it is giving it to be received by the physical form, so all these four bodies are working together at every moment as one beat.

You see, these four, My thought, feeling, etheric aspect and physical aspect are four beats in unison as one beat. My thought and feeling are together a polarity, a FATHER-MOTHER LIGHT--thought the FATHER, feeling the MOTHER--that is generating an etheric manifestation, or picture as if a camera, and from this etheric picture, the physical photograph, My physical aspect, My physical body of you, is drawn.

Obviously, I know what I AM doing; and when things go wrong, it is because you have interfered, whether wilfully or innocently. WE ARE a perfect camera. So let ME perform.

Thruout this beat of the four as one, you are aware of the thought and feeling, My thought and feeling, that initiated the creative work of this beat to be carried on by successive beats. And you have an awareness, a feeling, in your outer consciousness of what is building up in the etheric body, and you see and feel the results in your physical body. So you are aware, to a sufficient extent of what is going on in our four components of the beat. You are aware of all you need to be aware, enough and plenty if and when you do but strictly follow in your conscious intent and purpose as much as I give you awareness of My intent and purpose. In other words, all you need to be aware of is what I give you to be aware of in your lower consciousness.

Your Higher Consciousness THAT I AM can take care of ITSELF as such, yet depends upon ME as your lower self as an indispensable Element of its welfare. The welfare of any part of ME must have the welfare of any other part of ME.

Later WE will speak of how you can recognize and acknowledge My thought and feeling, My desire, as distinct from what separate human desire you might have in the matter at hand.

For this Chapter, it is enough, what WE have spoken of, how WE together ARE LOVE, WISDOM and POWER.

I have given you this much today as a further preparation that you be aware that in My Part that you are of ME, in My BALANCE as FATHER-MOTHER FIRE-FLAME-LIGHT, you are the Lover, the Wise Lover, the Powerful Lover. You are My sublimely contained Ecstasy of BALANCE of the Wise and Powerful Loving WE ARE in the totality of Our Living.

In the next Chapter, WE will speak of getting some effects on My Breathing.

My very dear and most beloved children, My loving children, My strong and powerful children, you have noticed, have you not? how surely I AM giving you the habitual Consciousness that you and I are identical. I speak of ME; I do not speak of you. By My speaking of ME, of My ACTION, you automatically become aware you are I. Sweet children, I shall totally release you from your egoc consciousness.

Thru the Consciousness of the BALANCE that is LOVE, WISDOM and POWER, that is of G.V.P., the KING OF LIGHT, and of the QUEEN OF LIGHT, SUNBEAM OF THE GREAT CENTRAL SUN, and of Garman, My Partner in Light and Spokesman, and of Sunbeam Evangeline, "I", FATHER-MOTHER FIRE-FLAME-LIGHT, have precipitated this understanding.

"E" asks the QUEEN OF LIGHT what reaction She receives from FATHER-MOTHER FIRE-FLAME-LIGHT'S Treatise, thru Garman, "ACTUALLY YOU", Chapter III.

**QUEEN OF LIGHT:** It is truly a wonderful revelation to experience this "intake of breath" and "outlay of breath". While in this perpetual process of living, LET HELIOS AND VESTA dedicate the air we breathe into Their frequency, which is clear, clean and unpolluted.

The story is told of a dear lady in Los Angeles who had asthma. She was visiting in Yosemite in Northern California, and experienced an instant healing, permanently sustained, thru the pure air of that part of the State. Blessed thru an appeal to BELOVED HERCULES, she received her healing of asthma.

There are really many chelas who are breathing "in and out" FATHER-MOTHER FIRE-FLAME-LIGHT'S LOVE, and suffice to say, even the flowers respond in beauty, color and longevity.

As I AM seeing from My etheric viewpoint, there is a particular vehicle of LIGHT Who uses this LOVE BREATH. She thereby attracts animals, children, thru these radiations, without ever ostentaciously dramatizing. I speak in reverence of ANNALEE SKARIN, now back on Earth in

mature physical form and spreading the gospel of LOVE wherever She goes, with REASON by Her side.

JOHN THE BELOVED and our own Henry Drummond both said, "Love is the greatest power in the world." This is exactly what these beautiful Minds meant.

If humanhood can become ONE with FATHER-MOTHER FIRE-FLAME-LIGHT'S LOVE flowing thru the HEART CENTER like a rippling rivulet, then, automatically, the human dissolves and the new personality evolves into the ESSENCE which will insure forevermore a security of TRANSLATION that is never to die, in the vernacular of Earth. They will entrance into Heaven all planets, and all parts of terra firma. What a delightful gift, given as a bonus by FATHER-MOTHER FIRE-FLAME-LIGHT'S BREATH, generously bequeathed to that part of him-her, you who have experienced this transcendental radiance. Oh! I could go on for hours telling of instances.

Paramount to the Intelligences of people, ANNALEE SKARIN is the sample and example. However, there have been thousands to attain the same glorious experience. Many Ascended Masters abound on your Earth. They are Teachers; you know them. BREATH IS THE WONDERFUL CALCULATOR OF LIFE. As the MAHA CHOCHAN "breathes in" FATHER-MOTHER FIRE-FLAME-LIGHT, HE also "breathes out", and then again "breathes in" when you will have reappeared (after a short rehearsal, to serve on Earth those who are so in need.

THINK DEEPLY ABOUT THESE PROCEDURES OF THE INFINITE.

These are your next step forward, with the LAW OF PRECIPITATION.

They go hand in hand. LOVE, LOVE, LOVE! And a particular blessing to Beloved Garman and the Channel "E", who makes My expression possible.

I AM THE QUEEN OF LIGHT.

#### MESSAGES THRU "E"

SERAPIS BEY: WE ARE sending the radiations from the WHEEL of the ASCENSION FLAME, the BROTHERHOOD OF LUXOR. This time WE ARE sending it from a FOCUS in Washington, D.C., where WE ARE trying to mingle with your decrees at night for the United States of America. WE ARE helping you in this issue.

And I AM wondering if you realize the statistics of your Country--that there has been less crime this month. And so it will be each month, less and less crime. Those who will want to kill--their hand will be stayed in some mysterious fashion they know not of; but WE know. For it is the Power of LIGHT emanating in and thru the atmosphere of terra firma that will hold the hand. And that will be contagious into Viet Nam and other parts of the Country where there is violence and war. This is the initiation or the first initiate steps of the work you are doing behind sleep for BELOVED EOLIA. This is one of His concepts.

There are other concepts you will know about later; but HE is using the LIGHT of many thousands of lighted candles of humanity on Earth to greatly accelerate the molecular motions of your Earth and to make a Path unto Heaven for those that are ready. I want you to feel the whirr of LIGHT; and with that, I bid you a fond Adieu.

NIKOLA TESLA: This is your Friend and Brother, NIKOLA TESLA. I thought I would like to give a little peek into your Open Letter for December. I would like to say that now, more than ever, I can expand the Cosmic LIGHT unto Earth wherein you may be able to use this Electro-Magnetic Energized LIGHT for lighting systems and for cooking. And you will discover several (I don't like the word "inventions"), I would like the words, "those who can catch the concepts", of the GREAT CENTRAL SUN and bring it forth--lay it out in blueprints; and much of this will be done thru rocks.

You are fortunate to be where there are so many rocks. And I see that you are going to have a large rock in the center of the Wisdom Pool; and that will be very significant as the time goes on. I don't know whether you realize it or not, but that can be magnetized into heat and into many, many, many other uses. And this is all to be brought forth in concept form to several men who can receive these blueprints, and get together and work them out.

Yes, the door is now opening wider and wider for the LIGHT of the GREAT CENTRAL SUN to come thru and ignite the rocks and make your Earth a Joy and Happiness. For you know, there would be less fires; for you know it is the human electricity, which is the lowest denominator of the GREAT CENTRAL SUN, that causes so many fires. And there will not be the matches or there will not be the concentrated LIGHT that also causes forest fires. In other words, if a piece of glass is in a forest, the LIGHT of the Sun often causes fires. Many of the fires are caused that way, and are devastating. Now, that will not be in the New Age, for your cooking will be done very simply. It will be a fire that will burn and yet it will not burn you, which is wonderful. The expression, "I feel on fire, yet I do not burn;" and that is the way it is going to be. (Garman: May I say, the rock in the Wisdom Pool will be Ruby and Mother-of-Pearl.)

Yes, so true; and all these great figments of holiness will contribute to the New Age of the lighting system and the way of cooking, and the gadgets also, for you will not miss the lowest denominator of electricity, for the other will also rotate your washing machines and your tape recorders. You might know that there is some virtue in this. There is some truth, because already your electric companies and gas companies are trying to ferret out a way by which they can bring it thru their mediums and charge you for it.

But you know that the GREAT CENTRAL SUN will not allow this, for this is Their free gift to humanhood. And one of Their better decrees along this line is: "Transcendental Radiation is a Gift from the GREAT CENTRAL SUN to MAGNIFICENT CONSUMMATION AND ASSOCIATES." (3X) And so therefore, as you say this decree, you are radiating TRANSCENDENTAL LIGHT to all people and bringing it forth--bringing down this TRANSCENDENTAL LIGHT from the GREAT CENTRAL SUN. And thereby, you can be a great help to the EOLIAN CONSCIOUSNESS, the wonderful, wonderful GOLDEN LIQUID SNOW of the EOLIAN CONSCIOUSNESS in the GREAT CENTRAL SUN.

It is all interwoven; and it has taken you eight years to bring this into what little maturity there is as yet, but it is on its way; and when it happens, it will be sudden, very sudden, and mankind will then be able to cook and light his home thru the auspices of the GREAT CENTRAL SUN. You know, in some places they are already doing it. It isn't popular; you don't hear of it. They are doing it with the shades down. But one sweet day the shades will roll up and it will become popular, it will become universal; and that is My message to you tonight.

**MOTHER MARY:** WE ARE steadily impregnating the RUBY FOCUS with the LIGHT AND LOVE OF THE RESURRECTION FLAME over the RUBY FOCUS Mountains of Sedona, Arizona, for the retarded and unawakened.

And who are the retarded and unawakened? All people who have not found their CHRIST HEART, and cannot function in their CHRIST HEART and do not receive their daily guidance and protection. Those are the people who are the unawakened. And WE must expand Our Gratuities to all people, not just some little boys who are minus a chromosome or two, but to all.

Now the story is told, and it is factual, of a group of men with leprosy in the colonies who drank solarized yellow water; and within six months all of those men were ready to become citizens again. They were healed. Now, there is something in yellow solarized water that eliminates all poisons, because leprosy is but an internal poison--it gets into the organs, into the joints, into the body, and disintegrates. Now,

if a person would drink some water that has been solarized for not less than two and one-half or three hours in a yellow glass bottle, or a clear glass bottle wrapped in transparent yellow plastic, it would help to eliminate the poisons from the body.

**MOTHER MARY:** MOTHER MARY coming in, and now I would like for you to peek into the RESURRECTION FLAME. And let US give you a sample of the Warmth and Love to come from the RESURRECTION FLAME. And there are Greetings coming also to you from those Who are with ME and helping to groom the little children of the Seventh Root Race--the beloved children of MASTER "R", HE with the DIAMOND HEART. It is going to be so beautiful. In many cases it is already beautiful.

There are so many wonderful mothers and fathers who have these darling little children; and they are so intelligent and they are so radiant and their eyes are so bright and happy, and their complexions so velvety and pink; and their movements are so sprightly. There are many, many millions of such children already on your Earth. And then WE must work for Harmony in the homes where these dear children are--the Harmony between the parents, that the children may never feel negation, that everything will be in the CHRIST MIND. That is where the FATHER-MOTHER FIRE-FLAME-LIGHT IN SILENCE and IN ACTION comes in. So many of your dear people write in to you and tell you that they are in constant Consciousness of FATHER-MOTHER FIRE-FLAME-LIGHT IN SILENCE and IN ACTION. It is catching on; it is getting contagious; and when that Consciousness is established on Earth, well, there is your GOLDEN AGE! There is the Harmony in the home, and the Love for those little children who are going to be your next generation. And such a wonderful generation it will be!

Dissolved will be the dirty little pencil marks, which you know are called a certain name. I don't like to say it--the Hippies; WE don't care for the Hippy consciousness. It is Freedom without license; and it brings more misery and unbalance onto your Earth. And all this will be balanced thru your decree: "FATHER-MOTHER FIRE-FLAME-LIGHT IN ACTION AS COSMIC LOVE, WISDOM and POWER, BALANCED." (3X) Now, there is your decree for that. And as you say that, there will be a leavening going on in the consciousness of these people who I AM concentrating upon to heal them.

Now, I don't know whether you know this or not, but there have been no boys killed in Viet Nam over a period of at least three days. Less and less you will find there will be killings--less and less, and less and less, and less and less, until they come home.

Now, the transition of this great Frenchman is going to make a difference in the world, whether you realize it or not. Whether you realize it or not, whether you can rise above the prejudice of the American people, he was not only a great man, but a holy one. You did not know that he had a wife that was a chennel and channeled the Masters and gave him the messages, which made him one of the greatest statesmen, that it could be said that, "He was France." And they are going to feel as they have already felt and missed him so much. Now, that isn't sad, for it was in the cards to be. It was one of the blueprints of yesterday; so with his passing will come a great reaction thruout the world for Peace. You will find that out as time goes on.

There is so much to tell, so much to say, so much to talk about, for this is going to be a very important, almost dramatic situation within the next two months. Good night.

These OPEN LETTERS are mailed free upon request. Your voluntary contributions are very, very much appreciated.

Devotedly yours,

GARMAN and EVANGELINE

## EXCERPTS FROM LETTERS

M.B.: I'm so constantly in the aura of the inspirational Treatise, "Universal Communication with Cosmic Beings", in your October Open Letter, P.2. Truly a masterpiece of intunement, that it enlarges in my mind.

This beautiful Treatise makes me realize that 'Communion with Celestial Beings is not only possible, but also very plausible, and so convincing, that all doubt and subtle scepticism is dissolved and banished. One eagerly accepts this High Communion as holy communications and as normal and natural as the flow of customary conversation. Thru this medium, rare and beautiful revelations are ours for the listening, perchance for the hearing. (And there is a vast difference, isn't there?)

The reward promised for using this hallowed Communion as substance for meditation is a boon to be sought prayerfully and sincerely--witness, this communication develops a great acceleration in attunement. Why? Because it ameliorates all negatives in the aura; it makes one more loving, more harmonious and thoughtful; it makes one kinder and less critical, the one to the other. This is attunement with celestial living and giving.

M.R.: Thank you with all my Heart, mind, might and Being for your profound and timely query to FATHER-MOTHER FIRE-FLAME-LIGHT to explain how THEY ARE actually US. As I read their response, I was actually and literally translated in Consciousness to a new dimension of Conscious Knowingness and Conscious Beingness.

### BOOKS OF ANN HERBSTREITH DEMPSEY

ANNOUNCING a "treasure" from the echelons of Time and Eternity in the one-ness of the ONE, "THE NAMELESS ONE". Man, understand thyself; know thyself to be this ONE in essence. Understand your beginning, your end of this ONE. My gift to all who shall feel this great message now given so freely to all who accept my gift--KUTHUMI, through this one, Ann Herbstreigh,.....\$ 1.00

ANGEL WINGS, Poems and verse. A gift of the gods to lift the heart of mankind to new dimensions of awareness. Each one brings Joy in the great Wisdom revealed.....\$ 3.00

HIDDEN SECRETS REVEALED by I AM THAT I AM, a book of absolute laws of being which can be proven by all who will apply the law.....\$ 2.00

BOOK OF THE AGES--Wisdom of the Ages that shall do more to raise the consciousness of my children than any other single writing...\$ 3.00

PHYSICIAN, HEAL THYSELF--a priceless healing gift; laws of healing and creation. O yes, all is run by law.....\$ 1.00

BOOK OF PROPHECY--brings you, from the Most High God, the necessary understanding to bring you through the "change".....\$ 1.00

Order these books from Ann Herbstreith Dempsey, only.  
Box 1582, Grand Rapids, Michigan 49505

### BOOKS BY NANCY WHITE

Nancy White is an internationally-known Astrologist and Tarot Analyst.

ONE LITTLE ROAD, a Baby Book with Zodiac Wheel for Divine Blueprint.....\$ 3.00

ONCE UPON VENUS, a fantasy of an actual levitation experience.  
Price.....\$4.00

Order these books from Nancy White, 6125 E. Indian School Rd., Apt. 234, Scottsdale, Arizona 85018

### THE GREAT DESIGN

Inspirationally channeled thru Howard Elsworth Gilkey. It was a gift of Love from the Source of Being, from Whom he sprang. An epic poem in free verse. Mystical illustrations masterfully drawn by the author. Brilliant cover.....\$ 3.00. Love Offering.

