| mas and probateron |
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CHICAGO, OCTOBER 30, 1869.
VOL. VII,-NO.6
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 There are many other statements isgety,
equaly strange, but at present, space trtidy
furher enlargement. Another time, periups
we we may return to thie sulfject.

On motion, Mrs, E. E. Barnum was chosen
Secretary proterm An invoction by $M$. E. Taylor, the President delivered an address

 on Finatce.
on By Laws.
Reeport of the committee on Credentials was sccepted and sapted. A committee of four
Farsppointed on Resolutions. After short ad
dresses the convention ajpourned until evening.

 to meet sin st 10 A .14.
der by the President. TTe minutes of of the or last
anuual meetiog read and approved aunual meeting read and approved. Report of
the commitee on By liss was accepted The
adoption of the same was deferred until the next meeting.
cers formittee of three on nomination of oft.
journed until $1 / \mathrm{P}_{\mathrm{P}} \mathrm{M}$
jear was chiosen. Ad .
 mitte con By havs preytated at the last session
was aduped atier much difcussion.


 Hah. of Topeka; Secretary-hiss Jenme Cruwe
of Topeka
The commitce on Resolutions offered the
 who astume to be teachers, whage religions,
moral and inteltectual atatua is inferior to that

Strange Preat $\rightarrow-\square$
We five below whe facts in ine eff them most teman, in whise vericity we have throggh cone
aldence, furnishes us with he"I was nasing along Beach stret list might
at abont $11: 30$. When pear Hil street I Ewwscaning the remarkathe apurition. It wase 8
woman in white. As the furse moving alongknown in Gateng. Her eyes were wide open:
They seemed tene gazing at othing. IIT hair
hung over her shoullers and down her back.hang over her shoulders and down her haik
The hows mored mong withuu heing guded
by his rider. My frrt impulue was to makefollow this ghostly rider, and thus bon of had to
prepared to avert any dunger that might tireat



Dothey of Dr, samuel, Giderhin, M. B.
hill, who is now laboring in Hichigan vill Euy came here and held as ance, and guth
tr at Grand Haven, and hast nithr, I held a
$\qquad$tor 10 dollars per acre, on eredt, with thased
payment down. Lumber to build wih is verycheap, What a man pary in rent in cuicegy.
will build a house the firt year. Inior isty and wages as good as in Chicage. There are
millions or biack berries yet. Putuloesthe other phaces.
New Haven, Mehgan, oe 10.
The Inftuence of Weather on stchess. lington, tor 1867 , thus aphoristically statea the 1 1. That an increase of stmness ature is normally asseciated with oneric temper general siekness. 2. That a decrease of aimos pteric temperature is normally associated with adminulion of gencral sickness. 3 . That tor
he mist part the inctease er dectisc of sto


 mided vely dimaging but a sutide tharge cumstances that can occor when sithuess is re 5. That, remarkiby emongh, these popeflution ate noust marked in the directions 1 have men-
tinnet in the colder ioted m the eoter season of he year, nat more
certaiu in the winter than in the summer. Thut rifes sud falls of t tmp rature are mors
certain and effectual in their spectal









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## 

 and and air, and when I ak who made them,
what wheuce they came, -when I would kuow
 the intelilgence, that alone oin cmprehend
these things, they tall to me of the chemistry o
the toms. Iask them of God and immortality
and t









 mair monuments-iererene nevere in a Supreme Being, an
invisible and mighty power, from whence cames sonething stronger and mightier than
himesfifira away, a way in those dim regions of
hit
 and ever in his loneliness, he hassought to com
mune with his invisibe being in hig jity and in
his gorrows, ant in the bour of deuth, he has


 man civilization to the present hour, in which
the earthis not overspread with the records of
this belif. It thas taken many forms, many strange and
mystical shapes of expressinn, a cocording t man' g gradual progression from barbarisis to
cirilizghen shin this Spiritual existence nul
sates through them all. The great heart that was

 ance that our phgrim feet are pressing on
another shore that weannot die ; that there
is something which will rise oul of the cold




 scievee and responsizilitity and a reckocing
with one's selfif not with this fellow man
There was a feeling of assurance that then
.
 monitor that was never sileat unil we made
at mement.



 heart,
ness,
Iat
ligurus












 bring hin back to better conditions, who strove
to comunuicat Fist laws, founded upon phy-
fiology, founded upoat the connection between







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 century, the name of Jesus and the teachings
otpatal tave come down together, until at last a want of vitality has been fetit in it.
In the 1 inman cathoit
see the forms and ceremonicies of the to
 the ssints and martyrs, music and paining
were the atractive meang sy which to doraw to
pether the worshipers whosezeal was fast dying
ot So, upon this basis, w sensual religion was
founded- riualism which ago qiter age has
existed. Many have recognized that God the







 itualism, through which the pilgrims of materi-
alism have entered, and perceived that there is
alife beyond. Here we have learned that neither nature
no the tomaz nor mere ehance had
ot the wonderfonelementsin the shiniog worids,
in the in the vat realms of the universe, batrsamethig,
that inancient times men worshipped ag God,
as spirit, must exist. Let us sum up what we



 is there. The spinitis the real man, I had rea-
sonedin this manner, nt times-perhapi it may
be when thou hast cast of the material fetters, thou shalt live forever. If thou art immortal
now, thou hast been immortal forever.



 spirit is back of all, above all. It is spint tha
we worshig a God our Father, bur ireator.
We coan lean there. NuF we can bring our sorrows, sud be sure that in the midids of the great
darkneess; ourblind eyes cha mee that He Heeth
all things well. As we pabs down the corridors all thigs well. As we pasi down the corridorr
of eernty, where these loved ones have gone,
they dise
 stroug, Rna all whise bieding feet have left thei
foot prints along the gaes are there, and ever
tagr.
 will then mo longer shrink back even from mar
tyrdom firt these things alial make you atrong
Let usthen teen Let us then keep our comscience pure, our sall
respect strongand ever keep in the path of duty
and no
 In me right never tatering, inowing the gior
ous companions that are around us.
Underst gnd mestare the result of every ack and deed.
We can se the mansioss we are building, and
 spirits, that God is a spirit, It is enough for $u$
to kow that these temples of materiality do
shape the stivits





 reag
any c
ond
and c
dut
We ha






 cognize the ehining hosts, the great and glori-
ous bmid who bare goue belore us. we may guestion an these, and to this end, hiis
paree is sucred. Here, then, Is the church of
the spirit. To thee, G Great Bpmrit, this might and the have know and loved, to whom the, whe that we we
have lonked for strengh- to all nad every pir
it it aud out of the form throughout the uni-
tere



## (1)rigimal exsays.

## Prozrennlor ang and Retrogromelon.

## number oxa.

When quite a boy, $I$ remember of reading o sies of articles by 0. S. Fowler, published in
The Phrenological Journal"" headed "Progression, a Law of Nature." They were truly
able articles, and ran through several ncmbers of the Jovensur, rroving to my mind conclusiveyears prior to the adrent of the Spiritualistic its platform, the has accepted progresion as
tistinguibhing feature that at once makes the philosophy so palatable
to the great masses of mankind and at the same time puts it far ahead and above all other re-
ligious systems, teaching as $1 t$ does, the eternal duration of the law of progress, and that retro-
gression is only in the seeming. As I said be fore, I accepted this idea, and for long yeara
velieved fulty that progresion nature; but now I hink differently and with er and sister Spiritualista-giants in intellect as most of them are-I present these few thoughts
for their careful (not hasty) consideration, knowing that in so doing I Im striking at kne pet
theery of the majority of adranced thinkers of this age.
I begin, then, by Rdmiting that to the anarow
mind or man, he pracical observing analytical
mind, sill
 uitimates, or products deliciousfruit The fruit
if, then, the ultimition of the tree. Man has
ind feea caned the grand ulimate of nature, the
fruit of the tree of the nges, It wil be ven
that the frits of nature are only the vehicle

 spitit; the beginniug, gitie fandamentral lition is of
only the

 yer, tining the rently vital principle in which
there is no growth-modecs.

Matater if the venicici of foull ; ita










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DR. WML UlA/hi,
Smit Magnetre vegetime
$\begin{gathered}\text { Syrup }\end{gathered}$
 Spirit Magnetic Vegetable Pul.
monary and Bronchial E

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IS SHIT MGNETE VEDETABLE STMEUP.

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$$ Sont by mall on feoolptor Pricice, together mite Adidres atams




## THE "ETJ OENTE"

LADIES COMPANION
Is a Periodical Bandage.





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 teation it this sticide to onter rithia the eham.








Tin our previons atilict, wed demantrated on. exterana tenses, many evitences of motion are given: but hiter is motion, bayutifu, grand,

















 tract zud retatin all the water neariti, nat die




 meilite observation. We woult here ferinalk






 that there are olements in $m$ ntion constantisy.
 elements of life, and those elemonts are in mo tion either to sustain or to desiroy. Waile they so act that they sustain-which they will alwaye
d) when uy in erfreal with $\rightarrow$ he subt retsing its ortigial healthy appaarance; but when they its identity is lost forever. While the elements sustsin the sed, they are tn mition ; and bo they are when it parighes or lises its id nntity,

 in tle etements stound the eeed, but they netu.



 magneicie elempats in the earth, the seme
current of wext
and
 vezation.









 anditioceao on the Cable We have no dinubt
 cype or representative thereof But wait-my
and by the grand reaults of man's life will be realizzdt My.thn, in one sense, carrief the rep-
revantative of thought here-but there, in the resentitive of thoughts here-but there, in the
Spirit Wortd the thought itself takes pasage $\underset{\substack{\text { on the } \\ \text { tomind } \\ \text { The }}}{ }$
The idea is heatful-is it not? Telegraph


 with each other, by a law that governs the
transmission of the thought itself, in a mental or etherial current, which we will nufld to you
in due time. A thought travel 9 yes, and we thing, possessing a well defined firm.
There is no subject grander than motion. The hinking mind wants food for reflection. This warld pnssesses too few minds that dare venture
Motion, hife and mind are thenes inexhawst-
ble ian natare, and it is only our aim to present bhe in nature, and it is only our aim to present
cerain leading fuets in connection therewith. which will follow in fortbenming articles, potential is that which btips within the fount. dence, sulting encouraging'y on the low and lest ehild is filling that niche in the ascending that in his estimation, he stands forth as nobly 5 the proudest monar ch of to-day.

SPIMUTUALISM OF THE BIBLE. Bibe that aparkles of Spatifituly as it conthrses its way from the polluted pools of Genesis to the
mythical sayings and visions in Revelations, ond is, in fact, the only redeeming quality that
t contaise. Wihout the grandeur thet tualism imparts, it would be of no nore use to humanity than "Sinbad the Sailor," or "Rob
inson Crusoe." Within, however, this vein of superal intelligence, we fud the purest and glisten Leautifully indeed. The intrinsic merit of the Bub is its Spiritualism ; and that shines dirty poll, or like an oasis in a barren desert. dive through dark ages, and it has neier been repponsible for the damning deeds that has he weight that it imparte to its pages, they would have long since passed away like chaff
before the wind. The Bible, then, is not wihhout its merils-it day, are infidels to those high and holy sentiments which glisten like to many pearls on its
pages and are the noble and pure emanatlons of angel minds, coming on beautiful undulating waver of inspiration from the Spirit World.
In many respecte, then, the Bible is of admiration. Its psges have redeeming qualsupernal intelligence that it containe. There something noble connected with that aged per
sonage, for his ideas are profound clear, and his conceptions quick althnugh bis body is a mass of putrid bores-the Bible, like
that man, has a redeeming qualty in its Spirit that man, has a redeeming quality in its Spirit-
ualism, which, like the muna from heaven, has. fed many a hungry soul
The first eviden ce of Spiritualism in the Bible ion. $G, d$ beld communion with matter in the same manner that the mechanic or artizan hollas o construct into a palatial residence or weav into snme fabric, for he siaid, "'Let there B
light,' and there was light"light, and there was ligh"-the darknese re with a mighty rush, the sombre scenes of dark ness were no more, tor the glorious sunshine came dancing over the resims of space in joy ous glee, presenting a spectacle pleasing to be
holl: Thus G d hinself held communion with he elements-ior it is not our mission in this make every thing truthtully bend to the suppor of Spiritualism. And God said further, in his spirit conmunication, "Let there be a fromament from the waters; Iet the waters under the
heaven be gathured together untó one phuce, and
let the dry land appear; let the earth bring forth grass; let there be light in the firma
ment of the heavens to divide the day from the night; let the waters bring frrth abundantly he moving creaturentiat have life, and a re-
sponse thereto actually nccurred, according to
the biblical accounts. Thus we find that $G$, the bibical accounts. Thus we find hast a od,
an invisibe Spirit, holdtng communion with
those elemente under bis control, and bringing Lose elementsuader his control, and bringing
into exiatence worlas and systems of worlis.
Spirtualism in older than the Spirtualism io older than the Bible, for the rating the very expressions which $G$ it himself made when first bringing into existence this
earth, vad the worlde and system of worlds that glisten 8 ) beautifully overbead. He said, "Let us make man," showing conclusively that h
had ass s'ance in this work, for in no other cas is it sated that he used the same language when
commencing say important tagk. While he saia, Let us make man, in another passage o
Scripture,he says, "I bave given you every
herb basing seed," showing that he could d herb bsaring seed," showing that he could do
the latter, but was incompetent to sceomplish ine former. Who he was addressing, or hold
ing spiritusl commanuon with, when he said, mine.
The firt chapter of Ganesis demonstrates the tiful manner, for Gus himself is the conmmunicetiag Spirit-first holding communion vith matartisan woula, who wished to construct a house or some intricate piece of machinery), and canstructing chisearth, and worlds and bystems of
worlds, and then collecting together the dust of the earth, he ereated man, and breathed into his nostrils the breath of life, and he became
"living foul" was really a apirit communication, for Gnd com-
municated the breath of life to the man he had created, and the inspirlng influance thereof, made
him a "lving sol", impartigg all those atriBut after tecing Adam so he come generthlly his hands, and being well pleased with him, he
thus soliloquized: "It is not good for man to be alone; I will make a hetp mbet for him.
Therefore, he caused a deep sleep to tall unon Adam, and, taking a rib from his perean, he was highly pleased with the kindness of his
Creator in making a help meet for him; and now. nothing seemed wanting to perfees his happi We shall continue the disausion of this sub ject hrough sucessive numbers of the Jour
xat.



Good! The isea is orighal, and rill meet The approval of all the Octanhax in the laud.
Five cmitapiece from each one will be amply
suffient to erect a monument of much larger
 ten its inan"-it seems as if it was at B ibel,
Where the Frence, Hy ylish, Trist. High and Low Dutch languages, were taught without a master and without binks, We ars in frvor of
the monument. $C$ intributions to aid in this England. Auy amount from une to five cant will be acceptable, In regurd to the superserip. tion on the mo
the following:
"Adam, the first man, and the first sinner, the anthor of Canada thistes, vexatious weeds and Elen on acconut of his appotite getting the
better of his judzment, and partakiar of certain delicacies mixed with a "knowledge of good and evil," thereby vaxing the Auth re of his ex-
istence, and causing him to feel very, very sorry that H: had made hin, and in His anger, Ho
drove him forthout of the bzautiful graden, 'Pacee be to his seles,' but death to the Canads this
Auam has heen much abused; many hard things have been ssid of him, and it is well to erect to his memory a monument that shall en
dure throuriout all time. While this old man, (who, by the way, never had an existence) we deprecate his want of sagacty in not being able to secrete his fonlish misstep On account of his want of acuteness, we would recommend that a golden apple be placed on a the difl tuty would arise at once-wis the an ple he eat a pippin, golden harvest, hard head, or some other kind Ifor unless the kind he eat simply constitute a fares, amounting to nothing Just think of it for a moment-Adam wasa fre would have seemel exceedingly. ridiculous for him to have martied his own rib; bosides, there was no minister rearer than the land of Nod,
where Cain met his wife and knew her, the marriage ceremony having been "porformadon There are ma
 Buk states, "That as in Alam all died, $s$ s. in Carist shall all be made alivo.
Having all died through Adsm, and suffered inclined to change our mind in $r$ gard to the monument; but not desiring to be deened vacillating in our curse, we still favor its erec tion; however, we would not advise any one
to send sub criptions to the R , Cas .
 ers, without irst registering thei: letsrs or wo.
curing a pontal order.

 gaished lady upon the rostrun. We liad uot
heard or her arrivil) or that the Spirtualistu of
Clicago were to enjoy so rare
 Seripture
lol 1 sen
of Truth.
She drew a striking entrast between the "eold
counfurt" of theolo comfort" of theological teachingt, and the warm,
genial atmosphere of the aplotitasi IIght and truths

of the present. | of the present. |
| :--- |
| To those |

 ing to he
attentive
We kuew hrs. Brigham many years apo, in Ver-
mont (her native state), and have listened to her
enged the clergy of Beanington to meet her in de.
nate; bot

the Spiritualists generally, and we remembor (as
if but esterdyy her reply in appeech of an hour
and anatr, in which fle uncovered their masked
bsteries, and demolished their "Quaker guas"
mote eftectualy.
We o serve a marked improvent
We $o$ ssirve a marked lmprovement in Nellio
nince that tive ; and as she progressed in her dis-


It mas announced that Dr. Blatin woutd deacribe
The doctor ant at the extreme sonth ond of the




ragical seene which ocecurred at Ford's Theater,
at Washington, on the uight of Lincln's aveasing-
tinn, and qave a no less tragical exibition of the
tertith state of mental agony he was in while ad-
dressing our martyr President ns his best friend,
and whose hatr was ever overh wing with sympa.
thy for him, and beckoning hio on ward sud up-
ward to a more happy state.
The gentemani pt our right, turning to ns, said,
"That is a good test ; was treasurer of the thica-
ter, at the thime and the spirit controllhg can be
none other than $J$ wilkes Booth,














REPORTN-THE JOURNAL
In this unber of our paper will be found the country, detailing the condition of our cave The succeeding numbers of the Jourvan will bo unussally interesting, and it would be well
For Spiritualists throughout the c cantry to tel an interest in extending its circulation. The adaress of Enma Hardinge, the brillian choughts of Dr. Chitd, the terse and logical
sayings of Brother Tcd, the wonderful test wilticisms and exalted idens of Ef V. Wilson subjects of an abstruse nature, and the doing be the distinguishing features of our paper. Sub seribe for it; Induee your fiends to subscrib that you may be instrumental in spreading of our glorious philosophy
MRS, ADDIEE. BALLE
Who occupied the rostrum at Music Hall so
successfally last summer, and who has bean turing vilth great suceers in wio has been le the past fer weeks, desires to extend the felde of her labors to the E Astern States. Our esst
ern friends who wish to hear ant with western characteristics, on the leading topics of the day, will do well to secure her set-
rices during the winter months. Sie is the early pioneers of the West, and cannot fail subject of our castern friends-whether on the Question, or the various palitical topics of the
day. Sine can be addresged in day. She can be addressed in the cure of the
Rencio Primosapuca

Th. FARNESTOCKS NEW WORK.
interested in the theory put forti by Dr. Fathe
 The doctor is a boid thinker, an able writer, and if his theory is founded in trath, the world is on
the verge of a new era in regard to curative renie dies, surgers, clairvoysince and spirit communion,
lithe anticlpated by the most suuguine progreess
tonists. As Eion as the work comes from the press 1
withe advertied for sale in the JJeasas.

## Phanomente

Is the mame of a neat hitle pamphet, publisheubject of Spiritual Cnmeunion through the
instrumentaity of the littetoy known as "Plan chette," In an able and philosophical manner Forsale at this nflice. Price 25 cents ; postage
ro covtributions
time. The large number of repoti ${ }^{\text {a }}$ in due om various paris of the country, have crowded out many intrresting articles; they
and time cannot destray their virtue.

## mHS. s. m. Thomison <br> Of Cleveland, O. will lecture in Ft. D odge, Iowa, to-morrow. She has an excellent reputn- tion as a speaker and test medium and we pro. Cinn as a spegker and test medium, and we pre dict for our friends in lowa, wherever she may lecture, a rare treat.

new quantern.
Our friends will hereafter find us at our new
and ppicous quarters, 187 and 189 (marble buildand|ppacious quarters, 187 and 189 (marble build-
ing), South Clark street, room 19 , where we shall be most happy to meet all, old and new
friends who may be pleased to give us a call.

MAGROEREAY.
We desine our readers to bear in mind that when
 or che expense of registering-Tyrizes oense, may
be deducted from the amount to bo remitted.
mome.
Bpiritualistst visithg Chicago, will fnd a pleasant dve minutes' wall from the Post.Ofice. Ond 4 Good mediums always in attendence.

A NEE PBOPOSITION.


## gersonaland zoral.

Autrew T. Foss has heen lecturing in \$ont. ${ }^{\text {Pelier, }}$
he magnetie kealer, is in Mrs.M. J. Miss Nettie Pease is lecturing in New Tork city.
Miss Susie M. Johnson is lecturing in Wash. 4. C. Wondruf, of E igle Hurbor, New York, is coming West and will answer calls to lee
ture.

LF A clergynan, being requested to addrese weary meeling at a late hour, won the hearts
of the audience by saying, " Speech is silver silence is golden, I don't happen to have ayy small change for you this erening, and so will
let you off with golu.
\%efilatelphia figpartment.

## 

## On the ranaenes or Food and Drink upon our spirtual Growth.

 We have appken of sloep ais mana, of appritual gronth or salvation-it rematus to treat of foodsnd our sisociation as lunduences in the same drrection. some idee tarit food records, makind something to to to tith
thefr mental and spirtual conditions theif mental and spiritual canditions, The old
Brahmin prleets, and acers, far back beyond the
Hiltorical period, ived io groves, fasted long and were exceediugly abstemlous if rategard to their yood. comiag cown to the more practical reeords
of the historical period, we fand that prophets and zeers- There any acesuat is given at all-invart,
ably lived abstemioust, "ste no pleasant bread," fasting frequenty and often, ascending hitg
glaces where the air was pure. The acconnt of Dantor, deerandiag "puise "as a preparation for general Ideas. All the oyblis, pythonesses, weers,
grophets, or medfuns-and there are all such in all ages-have had 2 common experience in this,
and while it mould be finteresting to trace outs the history of these, we prefer to give the practical
gist of the matter, and present our own lmpred. gions aid experiencies upon thit important oub-
ject, which we know lies very closely at the found stion, not only of apiritual derelopment, but of Progressi in reforms of every sind and character.
We mill not stop to inquire whether it be mell drink brandy or whiskey , whether he slonotd take coffee so that he may not be compelled to ase tobacco; whether teas and splees and all
kinds of stimulants can be tolerated by the human system; we know they all can, and men and wo-
men have lived to great s zes in the dally vilatition of the divine physical lams of their being. In you
were goine to some litant place, and there were were going to some distant place, and there wer
tro roads, one over high mountanse and down
through ewainp, and suotier more direct over a level plane, would there be any question as
which the wise man our which the wise man would take? True, some dar
ing adidenture mitht wish to see how high th
mountains were, and how dificult it was to pas over the swamps, and he might suppose that the
snowledre thas acquired would be sufficient com pensation for the suffering endured, but we are Therefore, we would ask the readerto go with us to the spiritaut side, and look down into th
condition of tumanity to.day, and see gs tar as wis condition of humanity to-day, and see as yar as we
caig raat plan should be followed to produee the
highest and best physital, mental and ppititual Let us, for a tme, lay aside the thogght that
wellive on earth, end, lexping all our prejadices behind no, geek to kow what, in the broud do
main of nature, will conduce to the higheot main of natare, will conduce to the highest un
coidment upon this plane of life.
In the first pidec, then, as phytienl teings, we In the lirst place, then, as paysieal belngs, we
aeed frest, pare air, and for this purpose, we
should either remope alt thiogs which interfere in
 ies as are devoid of this. The idea of acclimat ang ourselves to impurities of this character, is a
athe one-it is a waste of the strength which
 We say, then, to those whose occupatlon places
hem in inpure air, leave these and secs some on continued violation of the laws of your beleg.
of you find youreetves living in unhealtary, mis. matic conditions, which you can not rented, rese rewill pay much better than to linger in a halfitiv.
for condition, even thouk your ancestors may ing condilion, even though your ancestors may
have lived there, and may have given you weak thysifal forms from this very canse
The inpate demand for pure air is emphatically Eet out of doors.
Woman,-the mothers of the race, are sulfering much and entailing many diseases upon the race,
by those habts of life in clvilized society, which by those habits of hife in cilized society, which The air is etways more or less contamiante.
The difizulty of ventilating our houses so as to admit pare alr freely and avoid drafts or currents,
which are very in jurious, might essily be overome If proper care was taken In their construcventiation or their sleeping ap.ritmenta, and from this catuse, suffer from terrible dreams and night.
mares. Nexi to air tu imporince, is water. It pure water sloula be taken Into every living oranism in order for its filitest development. It is one of the most beautifn ficter in connec-
tion yith the structure of our globe, that there is oo general a supply of water almost universilly,
alstributed over ite surfece, or if beneath this, ithin the rein
 naturo. If anything else la used as a substitite, it
it is the water in it which suppliee the thirst, by
 cluding man, find the nutriment essential to the earlier periods of ife, contains alibut ninty per
cent of pure water, in which sre held, in oolution, certain nutriltous elements that are needed to certain ant the tissues of the booly, and it is prob-
supply that this is the only article which does this.
ance Many diseases are, doubtess, induced by the
but much farger number, use of impure water; but a much harger number,
be the use of rarious, substitutes In the eform of
btimulatine drike, no one of \#hitch should be timalating drinks, no one of which should be
ised except for medicinal parposes, and then ony ised except for medicinal parposes, and then ong ed to develope the highest degree of henlith, and ary with the age, tenporament, cllmate and ther conditione of ludiriduale, and must be made the study of aach one-re can ony make sugges have risen to a plane high enough to abandon enirely the use of animal food.
ysten, 11 werther mo ten bu necessary to use this to sustant Mite. Young persons and many older onees, and its various productions, especimlly cremm. Many persons can not use milk; becanse they
drink it in large quantites. It should be taken in moderate nmonts, whth the food, and than no
large muses of curd, which ti rather dificult to algest, will be formod in the tomatheh.
 do nood. We think the Chrietian world wonl
gard gard to swiue, than in many purtculars white
they are tenacious to observe. The time has ar
tived rien thore trent rived mhen there are many persons who have ad
vanced far enougt to derive all the power which they need in this direction, from the
with healthy
We shall spsik mire fully of this in thenext a moant and variety of tood, and those who ar carstul in the seleetion, rill tad all that is needead Onr orn sutall he system.
Onr own experiencs concurs with othen in the fast that fruita end grain firmish the food most
farorabe for opititual conditions. We have frund the sensitiveness to spirt diffuence very much
goverued by the kind of det, and have alvags
Gond found abstemibusisy sind abytanence frum the
use of meate to ald in mis. It is, however a mat Uer for each one to deeide by careflul observation.
Waat is oue man's meat may be enother man's. polson, Regularity in all our habits should be
observed, and the ap stolic injuntion should obeged-"Whether ye eat or whether ye dink or
whatoeser e do, let all be done to the plory or Ged," which we understand to mean, the bett de and upiritatily.
As reasonate beings, we muss come to learn
these gratit lesoinas, and alto to economize our prritala, we must not expend all our energles on either of the other planes, but thonld so direct
them that eaci will have tits proper share. The religion of spiritualism is emplastically a religion of that entire mag, of all time and every
condition of ufe, and when we anderstand it, we shan druw our lessous from all departments of
nature and ever hear the voice of our father
spenking in and through these.

Bur Work and How sliall we Do it Every one negds to ast this questlon, We a
 nearts of the people and moves tha world because
heis in earrest, and his soul is in his words and
is wort a is work. A good woman wih determination,
goes forth among the poor-she eaters their hores

 the material wid alone, usefal and important as
要, can not possibly bring. A geat reformer stait
les the world with an eloquence that more



 suect an fupress apon his or her woriz, that the
public so nieara to discriminate, and the reputaleast sensstive feel somestasigos of ttis. The clothes
we wear, the houses we live in, the funitare in them, the watches we carry-all things have the
iniuence acoording to the amount of eurnost sou
work whicl their fabricators have put into them. We may nut have realized this, but we alway
want to know who made these and ho The eafinest soul gives forth its influence every aet, every thought, and the most indifferen
observer reallzes more or less clearly this pow Thesver realizes more or less clearly this power.
There are those who pass through Ilfe without accomplishing much that io worthy of record,
simpiy because their soul natures have not bee cultivated aund are not applied faithrully to the
work they do. We work they do. We should know that unless a
work calls forth our higher nature, and enlists our sonls in $t$, it is not very important to do it. How
many there are who feel that there is it many there are who feel that there is no sim in
life, and who have never felt the strong and stin life, and Fho have never felt the strong and stio
ring emotions that prompt to earnest soul hator
They see other and Thig emotions that prompt to eannest soul habo
They see others around them doing those thing
which leave an impress upon the Which leave an imprees upon the world, bat they
can not realize the protound tiea that it is can not realize the protound ides that it is by
putting our aoul tato a thing that tit becones
valuable to ourselves and to the world aromad
Our work, then, is to do whaterer our capaetty
Fill enablo us to do well, and we can only do thi Fill enable us to do well, and we can only do thi
by having our soul netures so alive to the scene around us, and so embued with the Importance of fululing life's mission, that they will enter upon
thees labors, and give them the stamp of that these libors, and give them the stamp of that
earaeathess- that life which is ensential to to
everyweess
 their souls in it. We shonld be always sure that
i rork ls right and thatit ls our duty to do It, and
then having put our hands to the prow, we should never turn back, but put all the soul that we have to the work, and like the wagoner, who called
apon Hereqles, we ahal hind that other iouls in
the form and out of it, will be ready to sid us In the movemet It is not the greatest minds, nor the strongest physical bodles that eccomplish the most tmport-
ant ende, but It ls and eror has been the most
earnest souls. Let us, therefore, take courage earnest souls, Let us, therefore, take courage,
Whatever may be our condition in Hife, and de-
termine that we will
 feel-yes, feel, for it ts the sout that feels, that of a true soul awakened to to conseconsmese of it it every act perlormed, will lave its pover and liAusence upon the worla. We are accustomed to
receive many letters soing of ahich receive many letters, soms of with go thato our
تaste tasket tit onee, with the felligg that there
 Bompethlig of the lives of the writers and jgive no
realization of around us. We go finto some houses, that have been bullt by the hands, and bot the souls of the workmen, and we do not feel comtortsble in such
yalaces. like the magnetism of good furattare-it
We may be very plain, but we want that which it
rellable.
There is s home feeling in some of the pisine penter's rule, might be considered sumall,aro reall hargor thant has grand pankero of earth.
Bo of all kinden of largor than the prand palkese of earth.
Bo of all kinde of mechligery-there will bo nome.
thtag of the s milof the maker ubout these, if they
sre properly constructed. Whatever may be our postion, fet as see to it
that we tive our souls an opportunity of doling
something, and we shall tind our happine-s ti this.
 wedo this.
THE ME CHODIS C HOUK CONCERN. The excitement in reference to the defalcasomemhat subsided, and a calm has suceseded the terrifie storm whth occurred at the time
the first disclosures were made. The anne ment whien frat made created quite a sensation Orthodox circles, for it was generally supthat they never do, in whaterer sithation, plac. Githy hage a desirs to accumatite wach of that
gader he best of "the $r$ me of all evil." IIs wever, the scane has chayged the enttain has risen, and ta the bock-ground,
we, in our mind's eye, behld au old decrepid minister of the gospel trying to wash away his
sing with the "bo nod of the hand" " all sins are cleansed thereby, except that known under the head of "Rin against the Holy Ghost
His countenauce is still serene and hippy, he keems uneasy still, -the ondy thing troul he keems uneasy still, the only thing troub
ling him being the "exposure," knowing well that Carist died for just such sinners a shin-
self, and that when he passes over the "Ehining self, and that when he passes over the "Esinining ivir," his conscience will be as pure and white
as the undriven snow on the m untain top.

## THE DIVENPORTS.

Will ba here on the 15 th of November. The and wonderful entertain, Bays: "The junique venport Brithers to the New York the D3 Stein way Hall, will continue for three nights longer. The crovsds who have attended heir seaces bespeak the interest felt in the marvel-
ous phenomena of this mystery which shrouds. 15 mast continue to re
 ations will here fiad a stroug arg tunat to sup-
port their faith, wiule toose w


## PUBLIC MEEIINGS.

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A.jurnamen





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ite the conclusion of the lecture, the following
resolutions were sidpptedt


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DR. WM. CLARK'S MAGNETIC REMEDIES.

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 Aide the meicicin, Mrs

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MORE GREAT CURES.
POSTVYZ GNES, SPRNGE S











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 32.

out Resagementi in Michigan,--vo. 2.
On Monday eveatig, we gave a seanee- 85 pessang present. We read the life and charac
 Dy young man siting 30 feet from us, we
 ad hims very careluly, gave his rank, when and
how he ched; and the stranger said it was cap-
 sho yourg man's ble, which was end friend to bery correct

A Rfranger, whit whon we eaw b.drowning

 Amoag the futter was M. C. Craken, and Mr.
Bctooles, and it was conceded by all. Who knew ae parlieds to be very correct. Thrausd, foumed hine improving rapidy from a spectes of paralsis, which attached him eeveral
disye ago. The capiain is immersed in busines, nd yet ie had time for a social chat of many minutes, Ain the crowded cars of the D. \& M. R. R,
Hound for Nurica. Wre wete all day making $17 \%$ miles. Our poute lay through a mene farming country. We saw a world of fruit-in fact,
wo never saw spple trees mure heavily laden than along this route.
The wheat crep is grand, and we heard of wheat to the acre. The corn crop, howParley are grod. Potatoes are plenty, and of very surevior quality. eto in the large school haves, At, A:30 we wete in the large school house, lecturing to a Thich were fully ideatifed.

Mra, G.-Guve her histore with many hinciITr. G.- Guve hum a v very nunute readiag, were actinowledged.

Thete came into the desk a spirit of a man who zid, "I was killed on this road seven
yesra ago by an acci ent., My vite is now liv-
 careful discription of the man.
Several persons came forward and stated they hit wife, and tegificed that she was living in Saw by a womm the spirit of
we dicoribud, snd tully identifeel.
Wednestiay, Oct. 0. - It was a glorinus day ;
clear and beautifu, We remained quietly
wikhin doors, shuming all infercourse with the Within doors, shuming aninercourse with the
pepple, that there might be no collusion be-
tefeen uin giving tests, and readig characWe lecturef at night to an overflowing house -in fact; many conld not yet in. The door-
way yad wind wss were full of ansinus sonls
seeking after truth. We guve many fine real. geeking atter truth. We gave many fine reas-
tings and teste of spirit life. A lody cane titn the goon while we were gpearing ; directly behind her cane a tine look-
the spirit mase, who cluimel to be one of her giaruian angele, and gave us many fine traits
of character, und named the time she became a medium and speaker, which was seven years ago. This woman proved to be sister Lydia
Ana Peareall, of Macomb county, Mich, whom We then met for the first time. She is s noble
woman ; true and faithul to our cause, and well lited by the people, and is not a member of any clique, buit a free, independent woman, poiniments, without the sssiotance of auy junta free.
Mra, Graves coming in uliso ot the same lime With Mri: P, we saw by her two sprits, an
old woman and a young girl. We described them very carefully, desigating them as her grandmother and her daughter. These spir
itt gave ns many fine tests ot her past life and character. When cilled on, Mri. G. arose and
gaid, "If ititue. My grandmother and davithesid, "It it True. My grandmo
ter have been well describe."
Mr. Thompson, an ola and well kaewn eltiven, was cilled outas a test case, on challenge-aecepted-and we minutely detailed his life,
incidents, traits of character, and important ncidents, traits of character, and important
vents, as well as the weak points in híg physical nature. This reating was tully identifed, and many enta it is perfect in all its patts.
By a man, thon we hat never seen, we says -gpirit-a हoldier, a veteran who died in hospt-
ta1. We gave a detaited degeription of limwhen he died, how and where. We then eatid this nan from spitit we gives un the following
 gether, with many others, on the slope of a
hill near a large body of water. There ia marked excitement, snd great commotion with you. This spirit soldier was your friend and
clum. The stranger answered: "I know him well. You are correst in everything. He enprison hospital. The incident referred to, took place on the shores of Black lake, and is re-
marksbly correct. It was on the oceasion of marksbly carrect. It was on the occasion of
the drowning of Mr. F-. The spirit's name on ear
ter.:
Nun means coos or Manunica, is an Indian ng me, and is made. It is a lithe town, whe mites from Grand Haven, and about two miles from the then, who are honest seekers affer truth. wo The day night,we were a little disturbed by one
Wm. Bird, a Canadian and disorderly Presbyteran, who assumad that because the meeting while we were speaking but the people soon gave him to understand that he was out of phace, and then he left the house.
We are well pleased thus
to Mientigan, and shall keep our readers posted reeeve an homary op nointment as cettele
 Remign Phins shical Journaz, and fake a
departm nt in the Rostrum Corner of the Uni gerse ; appoint himself set at large for the spir mazoo. In our next we shall write of the Bar-
tholomew neighboriood and what we eee and hear there.
Michigan is a live state, full of Spiritualists, and, in many places, with growing intereste
The state organization, with its county circles and head-centre at Kalamazoo, is an injury is the cause, rather than a beneft-that ls , judg ing from what we see and hear, as well as from better look on the face of things, now whe would-be president and seeretary of the Ilinnis
state convention(?), together with our missionary bureau, lige tiken the state and bid farewell to Illinois. Well, we have lost eecretary and president, and Michigan has gain ed by our
them joy.

## REMARTABLIA DREAM.

Truth siranger than Fiction-An Extrao
dinary Vifion and ite Exiet Fill Eessible people, in the fulliess of their wisdow and the lack of all superatitious notlons,
prifese to leave dreams and visions in their days to the domain of old women, who are ac customed to revel in the mysterions and inered.
ible, as one of in ir particular and peciliar ignores the prtent ot dreams will be visited by oue of such singular bearing that be finds quite mpnssible to thrast it finm his mind as a matter of no moment whatever. Yet it seldon by an exact fulfilment in such a way as to im
press the minds of all who listen to th to with a canv ction that, as our grandmothers
have so often assured us, "there is something in dreams atter all.". We have to reeord a case in point, of recent occurrence in this city, for
the truth of which we are fully prepared to vouch. We are not at liberty to give the names
of the persons who figured in the fair, but their omission will not effect the case save with those who have a morbid desire to huow everything wh
The eve runs thus:-
A fex wecks aro a gentleman died, leaving a
considerale frume to be shared among bis
hits. Diring lite the dleeerata had beenen the
 In had been he teneral und hrotianding for sev.
eral years hat tivis riend hat been designated

 Wiat, however, q seareh wha made for the
will, no traces of, it could be found Every
nouk and corner of the bouse into which such a document woula be likely to creep. wa peered into win
lin this state of the case, by the gecessilu result the relatives of the deceased, his friend tonk ou up the atfairs of the estate in the wny provided
for by the law in cases for by the law in cases fhere persons die inted
tate. The house in which deceased had lived Was repaired and put in sueh order as to render
the widow and her childreu confortable, and other
adninistrator at his disert Meanwhile, the search firi the missing will
was continued, under the beliet that it would yet he tound since the deceased had so trequenily
teclared that he had prepared such a document. the estate, naturally devoted muci thources of it turing his unemployed moments, the subject
of the eoming uppermost in his mind, One night not
lony stice, it engaped his speping as well as his wakng entered his bed chamber, and accosted
fiim in the
him him You sre spraringe
my Yyusp," exclaimed the spectre holise und un siminer ctircums I would on my own
reapome ; the ireaner acualty rise, was the at selth of his spectral visitor. "You are speuding a grat geal more of ny
money tian I 1 cverdid fro such purnose,
conivued the spectre with a touch of rebule in bis ghotly voice.
"xvot ture tive


 survughy searched wir my will, rejoined the


 you loked into it "
"No "r reponded
no such burep
"II
tinue
letter
lemide "In the top drawer of this old phareau," con-
tinued the
etters.
idel midele of iten the buedle; the will 18 in the
With that
 the bed, and was awakened by the gheets, to find
himbelf titanding in the midale of the room.
On the following day
 occarrence, In the vening he called upor the
midont on a mater of businese gnd atter that
widow was transacted related to her his singular dream
of the preeeding night. Ithe preceeting night,
but horgoten ail about it," sald the widorv, is an old burean in the lumber roum

This evdde the convervation, and the e admin-
strator juurneyed homewards. He had just hrown huirneyed homeward, He had just
hire, in slimpelf his easy chair before the
 the parlor. She wae whow was whatered into
be exitione one and held a foded paper ind her:
hand "Here is ihe missing will t sle exclumed,
harusting the long suaght ducument minto the Where did you fied it ${ }^{2}$ 'he he inquired. SUst where my husband told yod he had
placed it, in your dream last nieht. I an up-
 middle of it ${ }^{\text {I }}$, ingular wision and tis strict fulinl-
Such is the
nent We huse

 kaet nothig or the exisignce of this old bureau
nuth the widow rectled to mind that there was
such artele of furniture in the louse; and that he was for the first time made houvare; that here was in the house a bundee of olid leters
hat he had notexamined, when the missing will

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