

Hints and Helps.

BY A LAYMAN.

The Christian Union has a weekly column under the above heading which is often valuable and suggestive, yet sometimes marred by the sectarian views and credulity of the writer.

To be a spirit, then, is not to be extinguished, but to be by so much the more distinguished and valid philosophy or the transcendental, you cannot get rid of something by calling it a spirit.

What is the conclusion of the whole matter? That we must not learn to think of God as an inconceivable ether in a considerable vacuum.

Mystery is our environment; but spiritual is our environment also. Electricity is the modern miracle worker; yet we never touch it but we drop it, and we never see it but we die.

A. B. French's Liberal Lectures.

Sitting by the window, looking out on the pleasant hills, and the green valley with its sparkling stream, I have just had a good hour.

Saw Her Spirit Mother.

For many years the JOURNAL has not failed to make its weekly presence felt. It brings with its bright pages a peace of mind which no orthodox teachings can give or take away.

An Important Arrest.

The arrest of a suspicious character upon his general appearance, movements or companionship, without waiting until he has robbed a traveler in a house, or murdered a fellow-man, is an important function of a shrewd detective.

It is related that hungry rats devoured a five-pound package of yeast cakes in the freight house in Mid-dletown on Sunday, and a few hours later, when the road worked, the noise of popping rats was heard, and their fragments strewed the neighborhood.

For delicacy, for purity and for improvement of the complexion, nothing equals Pozzoni's Powder.

A small Hartford boy quarrelled with another, and having no much consolation to write any one dead, said: "I wish there had never been a birth in your father's family."

"I Don't Want Belief, But Cure."

is the exclamation of thousands suffering from catarrh. To all such we say: Catarrh can be cured by Dr. Sage's Catarrh Remedy.

The visitors at the London Zoo during 1885 numbered 659,596, against 745,460 in 1884.

Wank lungs, spitting of blood, consumption and kindred afflictions, cured without physician. Address for treatise, with 10 cents in stamps, World's Dispensary Medical Association, 602 Main Street, Buffalo, N. Y.

The Stockton, Cal., Mail says that the consisters here notify for big ones, and one has been grown in that town this spring 18 inches in diameter.

Scrofulous

Humors are caused by a vitiated condition of the blood which carries disease to every tissue and fibre of the body.

I have used Ayer's Sarsaparilla, in my family, for Scrofula, and know, if it is taken faithfully, that it will thoroughly eradicate this terrible disease.

Since then, whenever she feels debilitated, she resorts to this medicine, and always with most satisfactory results.

I was very much afflicted, about a year ago, with Scrofulous Sores on my face and body. I tried several remedies, but received no benefit until I commenced taking Ayer's Sarsaparilla.

The many remarkable cures which have been effected by the use of

Ayer's Sar

saparilla, furnish convincing evidence of its wonderful medicinal powers.

Prepared by Dr. J. C. Ayer & Co., Lowell, Mass.

Affections

Of the Eyes, Lungs, Stomach, Liver, and Kidneys, indicate the presence of Scrofula in the system, and suggest the use of a powerful blood purifier.

I was always afflicted with a Scrofulous Humor, and have been a great sufferer. Later my lungs have been affected, causing much pain and difficulty in breathing.

I was severely troubled, for a number of years, with an affection of the Stomach, and with Weak and Sore Eyes—the result of Inherited Scrofula.

By Taking

a few bottles of Ayer's Sarsaparilla my eyes and stomach have ceased to trouble me, and my health has been restored.

Three years ago I was greatly troubled with my Liver and Kidneys, and with severe pains in my back. Until I began taking Ayer's Sarsaparilla I obtained no relief.

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