

Woman and the Household.

BY HESTER M. POOLE. [Metuchen, New Jersey.]

A LITTLE WHILE.

A little while, my friend, a little while, And sullen Winter yields his frigid way.

Dear heart, be patient but a little while, For now all things take their long night of rest;

Hold no warm nook for flowers, no feathery nest Of gladsome singing bird,

A little while, dear one, a little while! We only wait the coming of our Spring;

A little while, my friends, a little while! The earth bears seeds deep in her faithful heart,

A little while, dear one, and we shall bloom! Our lives shall find their fulness in the Spring

One of the most hopeful lights which dawns upon woman's horizon, is the more enlightened view which society at large takes of marriage.

Until a late date, the term "old maid" was one of contempt. No career opened to an unmarried daughter, but menial occupation, teaching and millinery.

Society is a tyrant still, but woman is partly emancipated from the tyranny by just those measures and women whom it has denounced as "strong minded."

Just so with women. Physicians asserted that none but themselves could minister to the sick, and while they were declaiming, Mary Putnam quietly went through the College of France and confounded all the professors.

The platform is open to but few from its very nature, but a variety of pursuits are gradually unlocking their jealous doors suitable for as many tastes.

O race of unmarried women, who have struggled, faded and gone out of this un-welcome existence, how my heart weeps over your loneliness, your unspent affections, your wasted capacities!

Sad as it was to be an "old maid," there was sincerity in the sadness, and some of the noblest and best of our sisterhood have been found among those lonely women.

can and should be—the holy sacrament which it may become to the earnest, pure and loving—of the unutterable peace and blessedness of those who are truly joined together in spirit as well as in form.

The Rule of Love and Wisdom.

I believe in the law of Love, but I also believe in the law of Justice. I pity the sinner, I loathe his sins; I love the erring, but I cannot force myself by any other name.

Whatever is, must be, and such was necessarily the order of development through which the race was forced to pass, but to say that it was right, is to destroy language and make words a meaningless jargon.

The new doctrine of force is restraint for the good of all. If a man commit crime, the law deals with him with cold impartiality, free from every taint of revenge or passion.

Communication from a Spirit.

Several years ago an excellent lady of this city, who was also a medium, but not always willing to admit the fact, in its fullest sense, was passing her summer vacation in one of the lovely villages on the Connecticut River.

"You who are deemed to annex yourself, neck and heels, to our service, hold your head up! Repeat the Lord's prayer and then consign the fear of ridicule to oblivion!"

"I am a spirit, yet I am a man, composed of the mental and spiritual. I take all that I can honestly obtain from both sides. We all draw upon earth for information, and deposit it in the bank of heaven, where it is sorted and weighed and paid back to us with the interest of perfect judgment."

It may be well to add that the lady (Mrs. Juliette T. Burton, now deceased) soon after hunted the burial ground and found the stone with the name. I think she said it was of an old pastor of the church there.

upon the human race, both by day and by night; both in their reasonings when awake and their "dreams" when asleep.

Heads and Hearts.

CELIA F. WOOLLEY.

[From the Unity.]

I like that latest word from Mr. Savage, "It is not the heart's business to lead the head, but the head's business to lead the heart."

It is true that, more carefully speaking, most of these distinctions made between head and heart are as unprofitable as they are unnatural.

Magazines for March not before Mentioned.

Health and Home. (P. Sweet, M. D., Boston, Mass.) A family and medical newspaper, devoted to the best interests of mankind.

Andrew's American Queen. (W. R. Andrews, New York City.) Devoted to art, literature, music and society.

St. Louis Illustrated Magazine. (No. 720, Olive St., St. Louis, Mo.) Contents: Nashville, Tenn.; "Oh, Come to the West Love;" A Story of the Olden Times; Probation; Fashions for March; Divided; Timely Topics; Manners of the Girl of the Period; The Postman's Knock; Poems of Fannie Isabelle Sherrick; Writing Under Difficulties; Our Purchasing Agency; Editorial Miscellany.

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Table showing train schedules for the Milwaukee Express, including departure and arrival times.

Notes on the Galena Division Sunday passenger train and other service details.

Table showing train schedules for the Chicago, Rock Island and Pacific, including departure and arrival times.

Notes on the Galena Division Sunday passenger train and other service details.

Table showing train schedules for the Chicago, Alton & St. Louis, and Chicago, Alton & Denver Short Line.

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closed the slates in our sight after they had been washed with a wet sponge and heavily rubbed by a handkerchief. In presence of us all, as they lay on the table. After they had been shut upon the pencil the psychic, at my request, placed on the two strong brass clamps, one at each end. Thus arranged, the slates were placed by him in my right hand, when I extended at arm's length over the back of my chair into the open space of the room, while I left my other hand on the table. The psychic, twice or three times, turned the clamped slates over in my hand, and then returned his hands to the table, where, with the rest of the hands of the company, they were kept constantly in sight. In this position I held the slates a few seconds and watched both them and the psychic. He appeared to be making no particular effort of will. When the slates were opened, these words were found written on one of their surfaces in a feminine hand: "God bless you all. I am here. Your loving friend, Fanny Conant." I have never heard of this person; but the name was recognized by several in the company as that of a psychic now deceased, and lately well known in Boston.

9. One of the observers who assisted in the experiments at my request was my family physician, Dr. F. E. Bundy of Boston, a graduate of the Harvard Medical School—a man of great coolness and penetration of judgment, and by no means inclined to adopt any spiritualistic theory. Another of the observers was Mr. Epes Sargent, who is known to the whole English-speaking world for the volumes which contain the results of the many years he has devoted to the study of psychical phenomena. Another observer was an editor who has assisted in several important exposures of fraud on the part of psychics. One of the three ladies present had herself performed psychical experiments for Mrs. Stowe and had also exposed psychical frauds. Of the nine observers a majority were not only not Spiritualists, but thoroughly prejudiced against the claims made in behalf of the psychic who led the experiments. Written notes of the facts, as they occurred, were taken by Dr. Bundy and myself.

10. Among the names correctly read in a closed pellet was that of an officer in the regular army, shot dead in one of the preliminary skirmishes of the battle of the Wilderness. The instant the psychic pronounced the officer's name, the former fell backward with a quick, sudden motion, like that of one shot through the heart. After a few seconds, the psychic wrote the word "Shot" in large letters on the slate.

11. The hands of the company were so placed on the slates in the first experiment that the theory of fraud by the use of a magnetic pencil is inapplicable to the facts. One of the observers held an open hand tightly against the bottom and another on the top of the slate, and any magnet concealed in the sleeves of the psychic could not have been so used as to move the pencil.

12. At the close of the experiments the company unanimously indorsed a paper drawn up on the spot—and were agreed that the theory of fraud would not explain the facts. While they differed in opinion as to whether the slate pencil was moved by the will of the psychic or by that of a spirit or spirits acting through him, the observers could not explain the writing except by the movement of matter without contact.

Report of the Observers of the Sargent Experiments in Psychography. At the house of Epes Sargent, on the evening of Saturday, March 14th, the undersigned saw two clean slates placed face to face with a bit of slate pencil between them. We all held our hands clasped around the edges of the two slates. Mr. Watkins's hands also clasped the slates. In this position we all distinctly heard the pencil moving, and on opening the slates found an interesting message in a strong masculine hand, in answer to a question asked by one of the company.

Afterwards, two slates were clamped together with strong brass fixtures and held at arm's length by Mr. Cook, while the rest of the company and the psychic had their hands in full view on the table. After a moment of waiting, the slates were opened, and a message in a feminine hand was found on one of the inner surfaces. There were five lighted gas burners in the room at the time.

We cannot apply to these facts any theory of fraud, and we do not see how the writing can be explained unless matter, in the slate pencil, was moved without contact. F. E. BUNNY, M. D. EPES SARGENT. JOHN C. KINNEY. HENRY G. WHITE. JOSEPH COOK. Boston, March 15, 1880. [The original of this report is in Mr. Cook's possession.] Unsatisfactory points. 1. My attention was several times diverted from watching the psychic by his requesting me to put my pencil on the pellets and pass it slowly from one to another of them.

2. Two or three times the psychic and a friend whom he had brought to the room, left the company and went into the hall together, and I did not know what they conferred about.

3. The psychic was easily offended by any test conditions suggested by the company, although he finally adopted the brass clamps which he at first refused to use.

4. The psychic's friend brought to the room the slates which were used, and my slates were not employed at all in the experiments.

5. I would say that I had never even heard of Mr. Watkins until he came to this city last week, when he was introduced to me by Dr. Hayward, as the latter knew me to be, among others, in investigating the phenomena in question; and at the request of Mr. Watkins I purchased the slates at a store unknown to him the evening on which the interview took place. I washed them in clean water, dried them, and made a package, and they were not out of my sight until I laid them on Mr. Sargent's table.

The reason Mr. Watkins declined to use the slates brought by Mr. Cook was because they were encased in wood, as shown by him at the lecture.

In conclusion, I would observe that by these experiments the great fact is established that matter can be intelligently acted upon by a force outside the human organism—a fact unknown to science. With Mr. Cook's theory as an explanation that "it may be the result of the will-power of the psychic" I have nothing to do. He is welcome to his opinion; but taking a common-sense view of the matter it appears to me that for a man, by a mere "effort of will," to cause a pencil to write is as unreasonable as to suppose that he can wheel a wheelbarrow by a mere "effort of will."

If such a power is latent in the human mind, as the race is evolved, we may not unreasonably expect, according to this theory, that manual labor will be wholly dispensed with, and that all our work will be done by earnestly "willing it."

But it is sufficient that by the experiments in question the great fact is demonstrated that matter can be acted upon by some intelligent power in a way unknown to science, and it is the mission of science to assign the true cause. HENRY G. WHITE.

SOJOURNER TRUTH, the venerable negro, whose wonderful religious experience and active labors in behalf of abolition and other reforms has given her a world-wide reputation, celebrated her 104th birthday last week. More properly speaking her friends did the celebrating, as a host of them surprised her in her little cottage, at Battle Creek, Michigan, and greatly pleased the old lady with their attentions.

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ability of his tampering with the pellets in any manner, Mr. Sargent being requested to do the same thing at the same time. Secondly—"Two or three times the 'psychic' and a friend whom he had brought to the room left the company and went into the hall together and I did not know what they conferred about."

In reference to this, I would say that as I did accompany Mr. Watkins to Mr. Sargent's house, I left the room while the pellets were being written, for the same purpose as Mr. Watkins did, that it might not be thought by any present that I knew any thing of what was being written.

I may here state that I only made the acquaintance of Mr. Watkins a day or two before, and this through being interested in the subject in question as an investigation.

The other occasions on which I left the room were simply to look after Mr. Watkins, as he appeared to be in a somewhat excited state and under the control of an influence that was not understood by the company, which subsequently proved to be the case.

Thirdly—"The 'psychic' was easily offended by any test conditions suggested by the company, although he finally adopted the brass clamps, which he at first refused to do."

The objection principally was to the use of the slates which were incased in wood, while no objection was made to the use of the pencil provided by Mr. Cook, except that it was too long to be held in a perpendicular position, and a small piece was removed from the end, which was the piece used.

Fourthly—"The 'psychic's' friend brought to the room the slates which were used, and my slates were not employed at all in the experiments."

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NASAL AND BRONCHIAL CATARRH

EFFECTS OF CATARRH IN THE SYSTEM.

Catarrh, in ordinary circumstances, whether brought on by climatic or accidental causes, is not by any means difficult to cure in healthy persons, provided proper treatment is commenced before the disease has obtained a firm hold. But in cases where the patient has, either from hereditary predisposition or direct irregularity, a tainted diathesis Catarrh appears in its worst form and assumes a phase of the most dangerous character requiring the most careful and scientific management. In these cases the disease is not confined to the lining of the interior of the nose, but extends to the Ethmoidal bones, which, forming the base, are like disorganised spongy masses, and as thin as an egg-shell. The decomposition of these bones, and consequent falling in of the nose, is one of the most painful and distressing pictures that humanity can show as the result of neglecting this repulsive disease. The membrane lining of the nose lies close to the Ethmoidal bones with all their network of nerves and blood vessels, and when inflamed such is the vitality that the circulation of blood is increased to three times its normal condition, the inflammation extending to the Ethmoidal bones, ulcers are formed that penetrate through the entire cartilage, the bone becoming necrosed, the acid discharge assumes a frightful fetid character, and in scrophulous cases, almost unbearable, the patient often, from injury of his own nose, becomes disabled to the extent of being unable to support his weight, his throat becomes mixed with the discharge, resulting in destruction and absorption of the Nasal Bones.

THE THROAT

Can you comprehend its terrible significance that this disease is more fatal to mankind than all the fevers and other ailments we know of?—or the millions of people that labor under it? Many often are unconscious of its ravages until the discharges from the nose and throat bring it painfully home to them. In the ineffective efforts to cough and expectorate the offensive matter, can anything be more distressing to the on-looker than this spectacle? Yet none are so frequent. You will find it in every street-car, in every public conveyance. This is certainly the beginning of the disease. It requires instant scientific treatment. From the delicate organization of the parts affected, there is no time to lose; nothing but the most decided measures will arrest the silent progress of this cruel malady. There must be no neglect.

CATARRH AND AMERICANS

There are few among the Americans who do not know by experience some of the symptoms of this disease, and upon many it has fastened itself with a tenacity which defies the skill of the ordinary physician. The "hawking" and spitting for which Americans are sometimes ridiculed by foreigners, are due to this disease, produced by the peculiarly changeable nature of our climate, on account of which colds are contracted, and settle in the head, or the throat and lungs.

THE FAMILY OF A MISSIONARY CURED—CHILD'S TREATMENT ALL IT PROFESSORS TO BE. Rev. Thomas Allen, now residing in Dayton, Ohio, after six years' service in India, accepted the position of District Secretary of the American Missionary Union for Ohio and West Virginia. The family contracted Catarrh while in India.

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CHILD'S CATARRH TREATMENT HAS STOOD THE TEST OF YEARS. In twelve years practice 45,000 Catarrh Sufferers have applied for relief, and thousands of testimonials have been received from all parts of the country.

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In twelve years practice 45,000 Catarrh Sufferers have applied for relief, and thousands of testimonials have been received from all parts of the country.

CATARRH EIGHTEEN YEARS. Terrible headache, disgusting nasal discharges, dryness of the throat, acute bronchitis, cough, hoarseness of the lungs, raising bloody mucus, and even night sweats for eighteen years, incapacitating me for my professional duties, and bringing me to the verge of the grave—all were caused by, and the result of, Nasal Catarrh. After spending hundreds of dollars and obtaining no relief, I compounded my Catarrh Specific and Cold Air Inhalant Balm and wrought upon myself a wonderful cure. Now I can speak for hours with no difficulty, and can breathe freely in any atmosphere. At the calls of numerous friends, I have given my cure to the public. It is certain, thorough and perfect, and is indorsed by every physician who has examined it.

A Lady in Massachusetts Cured. Mrs. J. H. Bullard, Springfield, Mass. One of the most terrible cases of Catarrh we have had in our practice was that of W. B. Sadel, of Willis, Montgomery County, Texas. He says: In 1873 I was seized with Catarrh, slight at first, but it gradually grew worse and worse. In the spring of 1877 the disease assumed a new form; my mouth and throat were attacked, ulcers were formed, and the ulcers would not heal, and large portions of the posterior nares were discharged from the nostrils and throat; and for days together I could take no food but spoon victuals. I knew of no remedy, and the doctors could give me no relief or advice. My sufferings were intense, and distraction of mind was added to my physical sufferings. After three months' use of our treatment he reported a radical change for the better, and again in a recent letter he says: "I am entirely cured; all the horrible disease entirely removed."

PASTOR IN NEW JERSEY DOES NOT REGRET THE COST. I do not regret the money it cost in using your medicine. I can heartily recommend your treatment. Yours, E. J. LIPPINCOTT, Clarksville, Gloucester County, N. J.

PASTOR OF METHODIST CHURCH CURED. Your treatment cured me; your Inhalers are excellent. This is the only radical cure I have ever found. E. S. MARTIN, Pastor M. E. Church, Port Carbon, Pa.

WOMEN THE MOST GRATEFUL. I have several thousand letters from grateful women all over the country. Their disorderly habits and close confinement in our heated houses make them very susceptible to this disease. Foul breath in a woman is dreadful, and it almost always arises from Catarrh of its baneful attendants. Pure, sweet breath can be obtained by the cure of the Catarrh that causes it.

MINISTERS, LAWYERS, TEACHERS, Who are constantly using their voice, should be watchful of the first approaches of Catarrh. After the dread-suffering through which I passed, I can not too strongly urge upon my brother speakers the necessity of care. If Catarrh has obtained a hold, send at once and obtain my CATARRH SPECIFIC, and commence the treatment at once. You may save yourself years of agony.

T. P. CHILDS & CO., Proprietors, Troy, Ohio.

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