Entered as Second-Class Mail Matter, at the Post-Office in San Francisco,

≈ Established in 1865. ← Truth wears no Mask, Bows at no Human Shrine, Seeks neither Place nor Applause: She only asks a Hearing

⇒One Dellar a Year.*

VOL. 38.

T. G. NEWMAN, EDITOR.

SAN FRANCISCO, CAL., SATURDAY, JULY 27, 1901.

No. 30.

THE PURPOSE IN LIFE.

Do the tears that arise In the heat of the strife Seem to hide from your vision The purpose of life? Do the myriad cares Of laborious days Leave the doubt in your heart Whether living them pays?

Banish doubt and plod on. Life was given to man As a part of creation's Mysterious plan. Each must carry what burdens The years may bestow, Until burdens and bearer Alike are laid low.

'Tis but folly to dig Into moss-covered creeds. Let your life be a record Of generous deeds. Not the wisest may fathom Futurity's plan, But the weakost may live As becometh a man.

— $Chicago\ Times$ -Herald.

ten minutes. It seemed as if I was speaking to a large audience, but as soon as I exercised my willpower I stopped it, nor could I invoke the same conditions for months afterwards.

medium, saying it was an ancient

Mexican Indian chief, perhaps

Aztec. I felt inspired and uplifted.

I spoke in this language for about

JOHN F. MORGAN.

Apparition in a Coal Mine.

The Salt Lake Tribune publishes a most remarkable story. The account sets forth that in connection with the impending strike of coal miners at Scofield and Winter Quarters, which the General Manager of the Pleasant Valley Coal Co. is now on the ground trying to settle, there is a story told which is very likely at the bottom of the whole trouble.

On the first day of last May there was an explosion in the Winter Quarters mine and 200 lives were at the time lost, besides a number were crippled and maimed for life. Ever since, by reason of the great shaking up in the mine from the blast, numbers of men have been injured by falling debris and rock, and for weeks there was hardly

was interpreted by Mrs. Gage, the brought down the hill injured to a more or less extent.

The miners, who are foreigners, have come to the conclusion that the property is haunted. Several of them have heard strange noises. and those favored with keener vision have actually seen a headless man walking about the mine. and, according to their statements. have seen the spirit and addressed it. At other times the headless man would get aboard the coal cars to which mules and horses are worked, and ride to the mouth of the tunnel, when he would vanish and again reappear in the mine.

Spirits at Peach Plains, Mich.

Peach Plains has a haunted house. The large brick house on the old Behm place, just north of the river road, at present occupied by a family named Howard, is infested with spirits. It is said that the presence of the spirit has been known by all of the recent occupants, and that none of them remain long.

Henry Howard moved there from Agnew in November, 1900, and has been living there ever since. He says the spirit made itself manifest the first night he lived there. It has been heard at least one night day that some one was not a week ever since. The mysterious

'noises all come from the basement of the house. Mr. Howard says the spirit has never come upstairs, but on the nights it is out, seems to walk with deliberate steps; from one end of the cellar to the other. Footsteps can be heard as though made by a person in the flesh. Occasionally the noise made by tramping is as though a dozen men were walking in time with each other. At intervals a moaning sound comes from the basement and sometimes it is a loud screech as of a person in distress.

Horses passing there at night, when the phantom is on parade, become frightened, and cattle have been known to become terrorstricken.

Two persons have died in the house from natural causes, but Mr. Howard believes that the spirit is that of a murdered man, and that the wails and cries and the sounds of tramping that come from his basement, are made by the spirit of some poor wretch who was lured. into the basement and put to death. The house has been unoccupied at times, and its present occupant believes that a murder was committed there.

To prove his theory, he can show blood stains on the brick of the basement.—Grand Haven Tribune.

Washington's Dream.

On July 4: 1859, Anthony Sher: man, then 99 years of age, told Wesley Bradshaw the story of Washington's dream, which he said was in the words of Washington as told him at Valley Forge. In that dream he saw America involved in war three times, the second one being one of a divided nation, and the third being at the close of the century. The following words were made audible to Washington in his dream; as told by Sherman:

"Son of the republic, what ye have seen is thus interpreted: Three perils will come upon the republic. The most fearful is the second, passing which the whole world united shall never prevail against her. Let every child of the republic learn to live for his God his land and the Union." Then Washington added: "With these words the vision vanished and I started from my seat and felt that I had seen a vision wherein had been shown me the birth progress and destiny of the United States. In union she will have her strength; in disunion her destruction. E. P. N., Haywards, Cal.

What has become of the 'dead?''.' Listen! and every moment of time you will hear their mental voices speaking sentiments in harmony with your own mind-



Foretold in a Dream.

A remarkable case of a tragedy foretold in a dream came before the Coroner at Thames Ditton the other day.

Arthur Manning, of West Ham, and a companion hired a boat at Hampton Court. It was Manning's first experience of rowing. He rowed away from the lock, and then turned the boat and pulled it into the Weir. The boat was smashed, Manning was drowned, and his companion was saved.

Manning's father said that on the previous night he dreamed that his boy was drowned, and in his dream he saw everything just as it had been explained. When his son was leaving the house he warned him not to go boating.

Spirit Reads Telegram.

It was in 1879, while on the Indianapolis Board of Trade, I had left my office one afternoon, as I supposed for the day, and was in consultation with a medium (Mrs. Gage, of Chicago, when the controlling spirit told me I would have to return to my office, as he then saw a telegram coming from Philadelphia, on the wires, in relation to the shipment of some grain. I returned to my office, and after waiting 30 minutes received the telegram confirming what had been given me. That incident interested me, and I began the investigation of Spiritualism.

My voice was then controlled (but not my brain functions) to speak in a foreign language, which



Lady's Boudoir in Pompeii during Eruption of Mount Vesuvius.

Falsehood Disclosed.

LYMAN C. HOWE.

The following article, of interest to Spiritualists generally, was written by me, and published in the Boston *Transcript* of June 22:

A "Special Correspondence of the Transcript," dated at Rochester, N. Y., March 7, makes some remarkable statements concerning an honored character of this neighborhood, greatly at variance with the facts as I know them. As many readers may have forgotten the text of that remarkable letter, and may not have the paper at hand for reference, I will herewith present the salient points:

It represents that about 15 years ago Moravia was the greatest center of spiritual activity in the United States; that Mary Andrews was the chief attraction as a medium for communications from the "dead"; that a certain "widow" visited the "shrine" and received such comfort that she purchased the property as the result of "advice" from "her late revered husband," and that Mrs. Andrews was engaged to continue her seances for a stipulated sum. That the widow married again, and her new husband revealed the astounding secret of a double wall and a "blind passage" all around the seance room! That this discovery was such a proof of fraud to the newly married widow that she at once "refused to go on with the business which she thus discovered to be an imposture," and that "she dismissed the medium and her train of spirits at once." After this "Mrs. Andrews ceased to be a medium!"

But the climax of all this array of falsehood is the statement that "she made acknowledgment on her deathbed that she knew there was no truth in Spiritualism—affirming in evidence that she had never allowed any of her daughters to be present at a seance; that she had never brought them up to believe it, but had sent them to a convent to be properly educated in the religious faith to which she herself belonged." That "she asked the Roman Catholic priest of the village to hear her formal confession, to administer the last rites to her, and receive her back into the Church from which she had wandered"; and that said priest under took to do so, and was "refused access to her by her immediate relatives." Besides these false statements, the letter, as published: in the Transcript, abounds in silly sarcasms and contemptible slurs at the faith of the woman he slanders. exhibiting a moral darkness more pitiful than the weakness he charges against Mary Andrews.

As I have known her and her family for over 30 years, spent many days in her house, attended many of her seances, and, at her own dying request, was called to conduct the services at her funeral, I think I am qualified to testify. Besides, I have consulted her husband and family, her physician and several others who are familiar with her life and works and her last days in the flesh, and they all agree in denouncing these infamous slanders against the life and character of this noble woman. She was not dismissed by the newly-married "widow" on any charge against her honesty or the genuineness of her spiritual phenomena. There was never any false wall found or any "blind passages" exposed. There was never any time that she "ceased to

be a medium" until her failing health compelled her to retire. She continued her sittings with increasing success up to August, 1899.

She never made any statement to anyone that she 'knew there was no truth in Spiritualism." She never asked the Catholic priest to hear her confession and receive her back into the Church. She never refused to allow any of her daughters to attend her seances, and all of them attended whenever they pleased. One daughter, only, ever belonged to any church, and she writes me that she has attended more than 100 seances, and that her mother usually invited her and the other sisters to attend them. She never sent her daughters to a convent; but two of them were permitted to go, at their own persistent solicitation and against the mother's wishes, but with her tardy consent. Neither of them ever joined the Catholic Church or ever desired to do so. "The Catholic priest of the village" never saw her alone that she might be bamboozled into any confession to him. He saw her once in the presence of her daughter, Mrs. Shaffer, but there was no confession or any. expression of a desire to make one: nor one word against the truth of. Spiritualism.

If she ever belonged to the Catholic Church it was when she was very young, for her husband has no knowledge of it. It is true that the priest sought an interview and was refused by Mrs. Andrews herself. She would not see him, and there, upon her deathbed, denounced him as a falsifier, if he had claimed that she wanted to embrace the Catholic religion. After that she would take no more morphine, lest while under its influence someone should get access to her room and impose upon her.

I have much testimony that I cannot use here lest it make this article too long. The straightforward statements of such witnesses as Dr. B. F. Ryan and John Andrews and his three daughters, supported by several others that can be used if necessary, leave a poor showing for a libeller in ambush who seeks to defame the character of one of the noblest and truest of women, and to destroy the only means of demonstrating a future life, by vicious misrepresentations. As a good deal of capital is made out of the charges that a "false wall and blind passage surrounded the seance-room, I will present the testimony of the carpenter who built it, and the mason that plastered it:

LYMAN C. Howe: Dear Sir—In answer to your questions in regard to Mrs. Andrews' seance-room at Cascade, I will say I plastered the room in 1873 and know that there were no false walls or partitions. The laths were nailed on common 2x4 studding, the same as used in ordinary partitions.

THOMAS WOOTTON.

Lyman C. Howe: Dear Sir—In answer to your questions in regard to the seance room at Cascade, used by Mary Andrews, I will say I am the carpenter that did the work, and there were no false partitions of any kind. There were three windows—two east and one south. Also one door on the northwest end. I lathed it the same as any other room.

D. S. Dennis.

During her long, useful life, Mary Andrews was respected and beloved by all good people who knew her, irrespective of creeds or

religion. She had many warm friends in all the churches as well as outside of them. There was never a blot or stain on her character, nor any exposure of fraud in her seances, or out of them, and she died as she lived, a sincere and devoted Spiritualist, honored and loved by all good people who knew her. In the hour of greatest trial, when weeping friends look for human sympathy and reverent love, the shock of blasphemous ridicule is doubly painful to bear. At the door of death, when all the sweetest sympathies of human nature are attuned to the call of a common instinct and a common need, we look for words of consolation and religious sentiments to soften the sorrow and sustain and comfort those bowed down with grief. It is then that all barriers of prejudice and differences of faith should be forgotten.

All who respect religion and the civilizing sentiments that thrill with love to God and humanity, approach this sphere of human destiny with reverent emotions and sweet good-will towards all. It is then that we have a right to expect the best offices of religion, to minister to those who mourn. We are not prepared for the exhibition of sectarian spite or coarse ridicule of the life and character of the one whose memory thrills the tearful silence with tender reverence and sacred pain. Slanderous accusations against the beloved dead indicate a spirit of barbarous misanthropy and infidelity to all true religion, repulsive to all good people, and a disgrace to the evil perpetrator, be he who or what he

170 Liberty St., Fredonia, N. Y.

Thought—its Future Results

s. d. nulton.

Results are brought about through the law of concentration of forces controlled by intelligence.
Thoughts are brought about by the same law. That which brings them about is a divine principle and is termed "causation."

Results contain within themselves the instruments to engender other results; as animals and plants produce their kind. There is something in the egg, a spark of causation, that evolves the chick, and it is imbued with intelligence—every cell, every atom, likewise.

Man works in harmony with this law with every result that he brings about. The concentration of forces from the mind of Franklin and others on the subject of electricity have brought about wonders. The deep, commanding "voice of God" is changed from a Lord to a servant, conveying our messages, lighting our cities. speaking from city to city by telephone, etc. Fire gods and sun gods have all been taken from their throne and are now serving man as servants.

This has been the case along many lines where man made laws did not prohibit it, and where a profit could be made from inventions. Gods. along political and religious lines, have all been "jealous Gods," suspicious of their subjects, were afraid their thrones would tumble down, and they in their turn would have to help feed swine. So they have put many to death who have dared to think.

Within the last 50 years there has been more concentrated thought along those lines than in all the previous centuries, of which we

have any record. It therefore involves the question: What will be the effect of this mind causation? Will mankind still continue to give to the priest the loins and "sacrum," that tender, "sacred" part of the meat, too "consecrated" to be eaten by a laborer, and the hams and shoulders to the capitalist, then sell the side meat to pay the taxes on the animal, and make soap out of the entrails, so that he may wash and render himself presentable?

I see man to-day in a struggle, trying to extricate himself from an old shell that has hidden him from the light of day. He has seemingly retarded his evolvement on account of supposed sacredness of the shell. "Stay in the shell," says his teachers; 'it is worse than blasphemy to peck away at things, old and sacred." I see dimly written on this shell which few have deciphered: A system of exploitation by the leaders in Church and State." One turns with horror from the scenes of war and bloodshed.crimes and cruelties, during this incubating period of ignorant humanity. Where the shell is "pipped," I see the words written independently by the hand of Eternal Causation and Justice. "Mene, mene, Tekel, Upharsin." ("Thou art weighed in the balance and found wanting.")

May the "chick" soon emerge into the light of a new day—a new dispensation. Then the Truth, like a balloon loosened from its anchorage, will ascend like a rocket. When there is no profit (money) in Truth, there will be no strings on it, and will not be hidden by a network of creeds. Spiritualism has no profits or emoluments to offer its adherents in this life, hence it don't take with those who love gain better than truth.

When the hand of greed is taken from the throat of the goddess of Truth, she will have a new gospel, a new song for earth's millions. Something that "prophets, but not kings, have long desired, but died without the sight." That which was abortive 1900 years ago, under our more enlightened age, will come forth fully fledged.

Ye men of genius, ye men on your watch-towers, let your lights shine!

San Diego, Cal.

Remarks on Mediumship.

W. J. COWEN.

The gifts of the spirits are sacred charges conferred upon the instruments of spirit power by the wiser intelligences of the spirit-world. Like the inspired prophets of old, the instruments of spirit inspiration live in an atmosphere of sacred communion with God and the angels. Each generation sends its quota to populate the spirit spheres of existence; each generation, therefore, has something to look forward to.

To be a medium for the presentation of spiritual truths is to be the guardian of a sacred trust, the receiver of inspiration, the transmitter of messages from the spiritworld. The spirit intelligences of the advanced spheres do not choose an instrument at random, but select some person whose ability to receive and transmit the thoughts of the spirits, is proof of the genuineness of spirit inspiration. "By their works ye shall know them." A medium's usefulness is recognized and appreciated by the works in which emanate from the development of mediumship.

The instrument of the spirit in-

telligences should be capable of understanding the thoughts given, transmitting nothing but what is given by the spirit intelligences. Such a medium was Jesus; such mediums are those instruments of spirit force, who to day are performing the duties of their sacred charge; who are now transmitting the thoughts of the spirit-world.

Spartansburg, Pa.

Camp at Grand Rapids, Mich

The third annual camp-meeting of the Grand Rapids Spiritualist Association opened at Briggs Park on Sunday, June 30, about 500 being present. Mr. Baldwin, the president, after a fine opening address, turned the camp over to Elmer Carpenter of Detroit as chairman for the entire session. Mr. Carpenter is particularly well adapted for this work, and few, if any, can equal him. His happy manner of introducing speakers and mediums, his desire to be just and pleasant to all, makes him a favorite with both workers and campers.

Dr. Andrew B. Spinney of Reed City, Mich., gave the first five lectures. On Sunday, at 2:30, it was on "The Resurrection." To Paul he gave credit as being the most concise, logical and forceful writer of all the Scripture authors, fully setting forth the dual nature of man—the natural and the spiritual bodies—that death is only the laying off of the physical and going forth into the higher life in his spiritual body; that as the heavenly bodies differ from one another in size and brilliancy, so human souls differ in moral and intellectual development.

The Doctor's lecture upon this all-important theme was full of history, Bible argument, science and spiritual phenomena—all illustrating and giving absolute proof of immortality. It also contained many practical truths, encouraging each one to a more beautiful life, rich in good deeds, so that death may be a victory and life beyond a joy, instead of regret, sorrow and suffering.

In the evening, his subject was "Divine Influences," and compared the old idea of God with the modern scientific conception. It was a masterly effort.

Monday night was "The Handwriting on the Wall," taking Belshazzar's feast, its nature, the motives that governed the King, and the kind of people gathered on that occasion. He showed that spiritual influences had in every age of the world come to man, to warn, to teach, to shield him from falling into the slavery of the sensuous, as the King had done; and compared to the Chaldeans all mediums who sold themselves and their spiritual gifts. The soothsayers, astrologers and magicians who failed to read the mystic writing on the wall, had mediumistic gifts, but had prostituted those gifts until they were under the control of ignorant spirits. Then came the Queen, who had not become one of the Bacchanalian revelers, and told the King of one Daniel, a man who could be neither bought nor sold, who was true to his manhood, true to the voice of God in his soul, true to his mediumship, one who could interpret the meaning of the mysterious words. He closed with a forcible appeal to all mediums to be Daniels in conscientiousness and purity.

On Tuesday evening the subject was "The Signs of the Times," and the Doctor dealt with the old

creeds, the dogmas and intolerance of the past, the religious wars (where seas of blood have been spilled), tortures in the name of religion too infamous to record, and persecution as fiendish as any invented by savages. He concluded that the conditions of to-day were as summed up by President Angell in his Baccalaureate and by Dr. Harper of Chicago. "The fatherhood of God and the brotherhood of man." Creeds, forms and dogmas are passing away, while spirituality and helpfulness to humanity are the watchword.

Wednesday evening the subject was, "Is Spiritualism on the Decline? Why?" He said that never was there so much interest among scientists, theologians, writers and thinkers, as now. Never were there so many becoming convinced of the truth of spirit communion as now; but that organization in Spiritualism was on the decline. The spirit-world not being to blame the entire fault rested with Spiritualists in the want of practical business-methods and harmonious action. When the spirit of love. mercy, charity and truth prevails. then will discordance cease. Then will those who wish to do the most in giving the truth to the world. become seers, not slaves to position and power.

Each lecture was followed by tests by Mrs. Marion Carpenter of Detroit. No words of mine can do justice to her marvelous gifts. One evening, owing to illness. Mrs. Carpenter's place was supplied by her husband, whose work fully equalled her own. Mr and Mrs. Carpenter will bless thousands by their gifts.

THOS. J. HAYNES, Sec.

The Ten Commandments OF PHYSICAL LAW.

I. Man, thou shalt know thyself.
II. Thou shalt regard thy body

as a sacred heritage.

III. Thou shalt learn to control thy appetite.

IV. Thou shalt learn to subdue thy passions.

V. Thou shalt learn to possess thy soul in patience. VI. Thou shalt allow only pure thoughts to find lodgment in thy

wind.
VII. Thou shalt let thy life and actions reflect the purity of thy

VIII. Thou shalt perform with patient diligence the duties of life. IX. Thou shalt aim at the attainment of business and worldly honors only in an honorable way.

X. Thou shalt aim not less at the welfare of others than thine own; then shall thy life be crowned with length of days, health and honor.

Mme. Montague in England.

A correspondent of Light sends the following description of one of the seances of that gifted medium in England:

On entering the seance room, each visitor is handed a slip of paper upon which a question may be written. A reasonable time having been allowed for this, the questions are collected in a basket, and subsequently another receptacle is handed around in which may be deposited articles to be "psychometrized."

A piano solo follows, after which Madame makes her appearance, and opens the proceedings with a benediction. The questions are then taken one by one from the basket by Mr. Montague and read by him to the medium, who replies without hesitation.

The inquiries made are of every variety, personal and general. And the replies given show at times an acquaintance with the personality of the questioner which could not obviously be arrived at by any ordinary means, for the questions are written, folded, and dropped into the basket in the absence of the medium, and afterwards taken out at random, apart from which doubtless many of the inquirers are strangers to her.

A reply to a general question is worth quoting from. The inquirer asked: "How can we practice and increase our will power?" To which the medium answered:

"By control of self, by controlling our own temperament and disposition, by holding impulse under the sway of reason. We can never control anything outside until we control at the center. We can never have power over anybody until we have control over ourselves. There is where the will-power must be exercised, not by attempting to enslave others, but by holding in subjection one's self."

Next came the psychometry, which was mainly given from articles of jewelry—watches, seals, bangles and the like. The past, present and future conditions of the owners of these were delineated with (so far as could be ascertained) a remarkable degree of accuracy, certainly so in the case of the present writer, for although the predictions regarding the future have yet to be justified by events, it is a noteworthy circumstance that they coincided exactly with delineations obtained elsewhere.

In the course of the proceedings much that was generally valuable was uttered, as, for instance, minute directions for healthy breathing, so as to secure the fullest lung expansion; also hints on healing, in the course of which the following utterance, worthy to rank as an aphorism, was made: "Every healer should be a teacher, for unless you teach people to remain healed they will sicken again."

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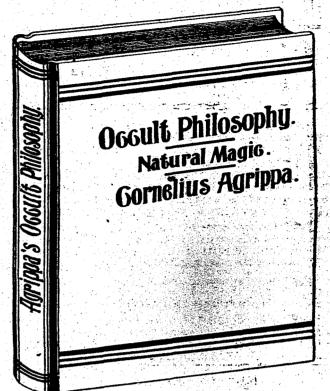
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On B. San Francisco, Cal.



Official Organ of the California State Spiritualists' Association.

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THOMAS G. NEWMAN,

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Assisted by an Able Corps of Special Contributors.

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This JOURNAL will be sent to subscribers until ordered to be discontinued, and all the arrearages are paid.

SAN FRANCISCO, JULY 27, 1901.

Our Lives are not measured by the number of years we live, but by the mental growth and evolution of the individual. The length of physical life is but a trivial thing.

Anti-War. — The 35th anniversary of the Universal Peace Union was held at Buffalo, N. Y., on July 14 to 17, 1901. There was an excellent program, and much interest was manifested. War is a relict of barbarism and a disgrace to humanity, and should be superseded by arbitration.

The Boston Investigator is to be congratulated upon a gift of \$500.00 from the late Mr. Moffet, of Seward, Neb., who desired to have that paper on a solid basis. The Investigator is now improved in spirit and appearance. This generous act is worthy of emulation by every lover of the spiritual cause.

New York Herald that the story published by it concerning the investigations of trance mediumship by Dr. Tuckey, of London, England, is not founded on facts. As the Philosophical Journal made an item about the matter on June 1, based upon the Herald's statement, we are pleased to have the facts in the case. The political papers are eager for sensation, without reference to truth.

Marion, Ind., has a new Spiritualist Society chartered by the National Association. It was organized by Dr. and Mrs. Sprague of Jamestown, N. Y.

Believe in yourself. Instead of saying, "I can't do it," when the matter is presented to your mind, as the best thing to be done—say with a will, "I can and I will." Then go to work and do it, and you will find that it will be easily done.

Another Wonderful Invention

A storage battery has just been invented by Prof. Edison, which will revolutionize many of the methods now in use, and become one of the greatest wonders of the present age. It is on exhibition at the Pan-American Exposition at Buffalo, N. Y., and is a complete success. A new art of electrical propulsion and navigation will be the result of this invention. Electric light will be cheapened, and it will be possible for electricity to win favor in many factories where the steam engine and its power now reign supreme.

One of its results may be that the force of Niagara may be shipped by the carload and used anywhere on earth. This battery will do much for the advancement of electrical science during the twentieth century. Its use will reduce the weight of automobiles, and make electrical features on ships more available. There is a possibility that its application to railroads will retire the present trolley system, a system that has been very efficient in affording rapid transit.

Sight for the Blind.

Mr. Rouss, a rich man of New York, offered a million dollars, some years ago, to anyone who would restore his sight. He was pestered by fakirs, who wanted the money, and finally giving up hope for restored vision, withdrew the offer.

Miss Lida A. Churchill, a mental healer and author of a book entitled "The Magic Seven," is quite willing to undertake the work of restoring Mr. Rouss' vision, and is now operating on a destitute old man by the name of Martin, who reports that he begins to see again, after several years of blindness. She is doing this work without pay, or hope of reward of any kind, and is even paying the room rent of the aged patient.

Miss Churchill is not only a Mental Scientist, but a philanthropist, and an embodiment of good thoughts and practical deeds. Would that we had many more of such manifestations of mercy and charity.

Lake Brady Camp opened on July 7, with a good number present and considerable enthusiasm. Mrs. Loe F. Prior, the celebrated speaker and medium, occupied the platform in the afternoon of the opening day. Her lecture was a wonderful inspiration, and her spirit messages and tests were exceedingly accurate and telling.

The Ingersoll Memorial Association recently held its first public meeting in the Great Northern Hotel, Chicago. The initial project decided on being a scheme for the erection of a memorial temple and hall at a cost of not less than \$100,000. In addition to the hall, plans will be matured for the erec-

tion of statues and monuments in honor of Colonel Ingersoll in Chicago, and also for the holding of an annual public meeting there. Charles B. Waite, president of the Association, made the opening address.

Life Power in Deep Breathing

The great ambition of this age is to obtain wealth. It would be far better if the energies of men were devoted to the attainment of health and happiness. By the practice of systematic deep breathing—inhaling and exhaling life force—not only can health and happiness be attained, but also wealth. Mrs. Elizabeth Towne, editor of the Nautilus, published in Holvoke. Mass., gives two methods, which, she says, if they are practiced faithfully for a month, will bring wonderful results in banishing dis ease and sorrow, and substituting in their place energy, ambition, power and joy. To test her methods will require only a little exertion and time. She says she does not care whether anyone has faith in the practice of these methods or not. She adds: "Just do it and you will find out that what I affirm is true." Here are her methods:

When you awake in the morning. throw everything wide open, lie flat on your back, with outstretched arms, no pillow and light covering. or, what is better, none at all. Relax from head to foot, close your mouth, take quietly a deep, slow breath, filling the lungs evenly as possible all the way down; hold the breath as long as you can without straining, then see how very slowly and smoothly you can let the breath out. Pay very particular attention to this. See how slowly and steadily you can exhale the breath. Now, "get your breath" if you need to—as you certainly will if you are unaccustomed to deep breathing—and then do it over again. Repeat this five to seven times. Take about four seconds to inhale, eight seconds for holding and as many as possible for exhaling. Possibly you cannot hold the breath so long at firstremember not to strain. Smooth. easy, steady—these are the first essentials. Practice will lengthen the breath.

The standing exercise, to be taken two or three times a day in the open air or by an open window, is as follows:

Throw your shoulders back, head up, eyes uplifted, inhale love, power, life, slowly, quietly, let it thrill and permeate your being, then lower your eyes, spread out your hands and breathe forth quietly, smoothly, slowly. This is for a female.

If a man, stand like an athlete, chest out and stomach in; then take long breaths from the sun, to exhilirate your whole being, then breathe out blessings to all. When inhaling a breath, you are negative; when holding it you are poised; while exhaling you are positive—radiant. Then whatever you are most interested in, spread out your hands and breathe life into it. You can grow friends, money, wisdom, anything you will by this practice.

Wheaton, III., has a new society under the presidency of George H. Brooks, the popular Spiritualist lecturer. It has a prospect for a successful career.

The Reviewer.

Any of the Books noticed in this Department can be obtained at this office. When to be sent by mail, add 10 cents on the dollar, of the price, for postage.

THE WISDOM OF PASSION, or The Motive of Human Nature, by Salvarona. 250 pages, illustrated red cloth. Boston, Mass.: Mystic River Book Co., 62 Clinton St., Everett Station. Price, \$2.00.

This book contains 21 chapters and shows the effect of Passion on society, thought, ideas, sensations of hope, fear, liberty, love, etc. In the first chapter the author defines his position in these words: "The moral strength of a person is in his spiritual passions. An ill habit has the force of an ill fate. Passions are the creators of character; and every passion creates the moral form of its own special character. Without passion, character could not exist. Emerson says: 'All form is an effect of character; all condition of the quality of life. Being passes into Appearance, and Unity into Variety. The universe is an externalization of the soul. Since everything in nature answers to a moral power, if any phenomenon remains brute and dark, it is because the corresponding faculty in the observer is not yet active. By the word emotion I mean passion."

The very handsome program of the Southern California Camp-Meeting at Los Angeles, from Aug. 11 to Sept. 11, is on our desk. It contains 24 pages and a nice cover. It gives not only the program of exercises, but lists of speakers and mediums, etc. Mrs. Nettie Howell is secretary. See advertisement on next page.

The White House at Washington shows in a measure the individual tastes of the various presidents, and is also a treasurehouse of valuable bric a-brac presented by Americans and by other Governments. The Delineator for August contains 16 photographs, most of them never having been published before, showing some of the most artistic specimens. For those who have never been to Washington, this article will have great value. For those who have already been there and wish to remind themselves of what they there saw, it will also have great value.

Institutional Marriage is the title of a pamphlet of 45 pages, written and published by M. Harman, 500 Fulton St., Chicago, Ill. 5 cents. It is an address delivered before the Society of Anthropology, on March 31, 1901. It is a powerful argument in favor of equal rights for man and woman in selecting life partners.

The program of the Queen City Park Spiritualist Camp is received. This is the 20th annual camp. located at South Burlington, Vt. It opens Aug. 11 and closes Sept. 8. It has a long list of speakers and mediums. Dr. E. A. Smith is secretary.

In Some Sense, every human life awaits a similar momentous period of spiritual fertilization. The great epoch marks the entrance of the soul into what Jesus called the kingdom of heaven. The soul may not enter at its own chosen time, but must wait until the roll of years brings the golden opportunity. Then that the waiting may not be in vain, there must be a state of growth reached by the soul to fit it for the privileges of the new kingdom. The parable of the ten virgins is a simple illustration of the preparedness and unpreparedness of souls when the great opportunity ripens in their lives. Some ethical writers have found fault with this parable as justifying the five wise virgins in selfishness in their refusal to share their oil with their comrades.-Life.

Wisdom, though giving all happiness, cannot be had for a monetary consideration; but Ignorance, though destructive of all happiness, people pay a great price for. Wisdom says: "Live my precepts and you will be happy now and all the time." Ignorance says: "Believe my dogmas and give me money and you will have Heaven hereafter." - World's Advance Thought.

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N. S. A.—The ninth annual convention of the National Spiritual. ists' Association of the United States of America and Canada, will be held in the Masonic Temple, Ninth and F Sts. N. W., Washing ton, D. C., on Oct. 15, 16, 17 and 18, 1901. All Spiritualists in the United States and Canada are in vited to be present. For full particulars about reduced rates on railroads, address MRS. MARY T. Longley, Sec., 600 Pennsylvania Ave. S. E., Washington, D. C.

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Summerland, Cal., July 21 to Aug. 6. Wm. P. Allen, Sec., Summerland, Cal. Sunapee Lake, at Blodgett's Landing, Neubury, N. H., Aug. 4 to 18. Mrs. Addie M. Stevens, President, Claremont,

Ashley, O., July 14 to Aug. 4. W. F. Randolph, Sec., Ashley, O.

Clinton, Iowa, July 28 to Aug. 25, at Mount Pleasant Park.

Mantua, O., July 28 to Sept. 2. Lucy King, Sec., Box 45, Mantua Station, O. Chesterfield, July 18 to Aug. 26. Flora Hardin, Sec., Anderson, Ind. Hazlett Park, July 25 to Sept. 1. I. D.

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"Oh, yes," the answer cometh From afar; From those who're born again-Gates ajar. Spirits from their home celestial.

Answer those in form terrestrial: Death is no bar.



The Editor is not responsible for the opinions of correspondents.

Home Circle in Oakland.

TO THE EDITOR:

At last, in accordance with a long-felt desire to establish a homecircle for unfolding our spiritual gifts, we have fitted up a hall in our home for public meetings to be held on Monday, Wednesday and Friday evenings. We employ the best talent possible and give them the benefit of home influences, thereby securing better results. All hail the day when every family will provide a home circle dedicated to higher unfoldment. We have demonstrated to our own satisfaction that consultation of a higher order can be had in the home-circle than in any public hall. What our beloved Cause needs is more faithful, honest workers and less fault-finders. The fraud element in our ranks will eliminate itself.

I do not care to hear discussions upon the decline of Spiritualism. Those who participate in such are not posted. Truth will not down. Only the false ones are to be rejected, and the rule by which to try them is very plain. Jesus of Nazareth defined deception as follows: "Beware of false prophets," "By their works ye shall know them." I wish people would abolish every rule of trying men or their religion, except by their works.

No matter how crooked, knotty or scrubby a fruit tree may be, if it bears an abundance of nice, luscious, healthy fruit, the farmer calls it a grand tree and cares for it. Again, let the tree be ever so thrifty, straight and grand, if it bears no fruit, or if its fruit is bitter or tasteless, it is pronounced a corrupt tree and cut down and burned. By this rule Spiritualists are willing their religion shall be tried. If every Spiritualist on the face of the globe were to pass away, Spiritualism would never decline.

We are still connected with the psychic society, holding meetings at Woodman Hall, Sundays at 3 and 8 p. m., with grand success. All honest workers contemplating coming this way are cordially invited to correspond with me at 123 San Pablo Ave., Oakland, Cal. C. F. VAN LUVEN.

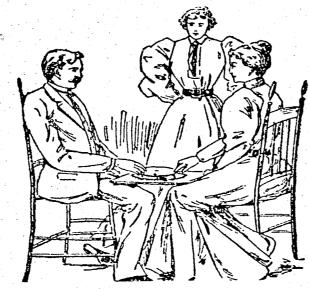
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Local News Summary.

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Children's Progressive Lyceum meets every Sunday morning at 909 Market St., San Francisco, at 10:30. Free spiritual library. Visitors welcome. Regular social on second Friday of each month at 305 Larkin. C.H. Wadsworth.

Mission Lyceum meets every Sunday morning at 10 o'clock in Mission Opera Hall, 2131 Mission St., San Francisco. Friends of the Lyceum movement are always welcome. The regular monthly entertainment is held on the last Tuesday evening of each month.

W. T. Jones.

ADIES' AID SOCIETY.—Headquarters at 805 Larkin-st., San Francisco. On the last Friday evening in each month dancing will begin at 8:80, interspersed with musical and literary exercises. Admission ten cents. Business and social meetings every Wednesday afternoon, at 2 o'clock All are invited. Take the Elevator.

Mrs. Anna L. Gillespie spent Sunday, July 7, in Port Huron, Mich., giving lectures to the spiritual society, of which she was formerly pastor. She expects to visit Port Huron again on her return from the Eastern camps.

"Motive" was the theme in Templar Hall, Pythian Castle, last Sunday afternoon. Dr. Hall presided and Miss Lee dispensed music to an audience of thinkers anxious to analyze the motives which prompt the activities of life.

Dr. J. L. York's interesting lecture in Occidental Hall last Sunday evening on "What We Owe to the Dead," was well received by a good audience. The Doctor speaks there again next Sunday for the last time, as the Society of Progressive Spiritualists begin their meetings in that hall on the first Sunday in August, with Mrs. R. S. Lillie as speaker.

Dr. and Mrs. Tuley have removed from Fruitvale to San Francisco, where they have just built a fine residence located at 323 23rd Ave., near Clement Ave. The Sutro electric cars pass within 150 feet of their residence.

The Orritta Sisterhood home has been opened at 1726 O'Farrell St., San Francisco. It is an occult society, which will hold meetings for lectures on Sunday evenings. It will also have classes for healing; and on Wednesdays for messages and psychometric readings. Last Sunday the lecture was by Mrs. Mary Wells on "The Breath of Life." On Wednesday the readings were by Mrs. D. M. Place and Mrs. Elizabeth Clark. This society was organized and incorporated under spirit direction.

state Convention.—Arrangements are being rapidly completed for the annual gathering of Spiritualists in Maccabee Temple, Oakland, on Sept. 6. The local societies are working harmoniously and enthusiastically to make this sixth convention a success. Those who intend visiting the Convention from the interior of the State would do well to communicate with the State Secretary, W. T. Jones, 305 Larkin St., San Francisco, that arrangements may be made for their reception and comfort during their stay. Speakers and mediums from any part of the country who can help out the program for the social and spiritual meetings, are invited to communicate with the secretary at once.

M.S. Norton, Pres.

Dr. Turman addressed the afternoon meeting of the Union Spiritualists at Fraternal Hall, Oakland, on Sunday, July 21, taking for her subject, "Personal Magnetism," which she handled in a masterly manner. The lecture was followed by the answering of a large number of promiscuous questions, by intuition, which proved highly edifying ann instructive. Mrs. Smith, Mrs. Booise and Mrs. Knapp followed with messages. The evening meeting was addressed by Mrs. Jennie Robinson, who gave a large number of messages to a well-pleased audience. The same speakers will occupy the platform Sunday, July 28, Dr. Turman in the afternoon and Mrs. Robinson in the evening.

The Mediums' Meeting at Loring Hall, Oakland, Wednesday evening, July 18, was addressed by Dr. Turman, Mrs. Smith, Mrs. Booise and Mrs. Knapp, following with well-recognized messages. A prominent feature of these meetings will be the answering of written questions by intuition, by Dr. Turman.

Mrs. Dr. C. Stewart, formerly of Oakland, is sojourning at Plattville, Colo., in the suburbs of Denver, spending her spare time fishing and hunting.

sunday Meetings.—Mrs. C. J. Meyer gave her usual test seance in the evening at 355 McAllister St.

Mme. Young gave demonstrations of spirit return by psychometric readings and messages, at 605 McAllister St., after an interesting lecture by Mrs. Seal.

Mrs. Eberhardt held her usual spirit

Mrs. Eberhardt held her usual spirit test meeting at 3250 22nd St., giving spirit messages and tests, after an inspiring address by Mrs. Maud Lord Drake. Mrs. Eberhardt will take a vacation until Aug. 1, visiting friends in San Jose, and will hold no more meetings until after that date.

Wednesday evening, July 17, at 509 Van Ness Ave. The parlors were comfortably filled with those who were pioneers in the movement on this Coast. While there was no set program, music, reminiscences and social converse made the happy hours pass swiftly. Under invisible guidance, they saw the necessity of organization for permanent growth in the higher thought, over ten years ago. While the great body of progressive thinkers are now agitating for the concerted action that assures protection and power to the "one from many," Knot 5 has already proved its theory.

Deep Breathing for Psychical Development, or Internal Respiration, by Respiro. 50c. For sale at this office

The Oakland Spiritual Society met at Unity Hall, 856½ Isabella St., last Wednesday evening. Vice-President Stewart presided. Mrs. Palinbaum read a poem, and Dr. Palinbaum gave tests, after which he invited a few forward for character-readings, telling some past events and prophesied other events for the near future. Mr. Gillman spoke on healing, dwelling upon the idea of the ego being the healer. Mr. Preston followed by a few remarks and closed the meeting by an invocation. A.L. Astor.

Swami Abhayananda, the noted philosophical lecturer and teacher from India, is now in San Francisco and lectured last Friday evening in Room 209, Emma Spreckels Building, 927 Market St., and holds classes for instruction in the higher philosophy at the same place. She is rooming at the Abbotsford, on Broadway and Larkin Sts., where she will be glad to receive her friends.

Personals.—Mrs. J. M. Aldrich of Santa Rosa spent Friday of last week in San Francisco. We are sorry to learn that Mr. Aldrich is still indisposed.

Mr. W. E. Copeland, formerly a Unitarian minister, now president of the Co-operative Brotherhood, is spending a week in San Francisco, on his way to Los Angeles camp. He attended several of the meetings in this city, giving short addresses, and lectured in Lower Scottish Hall on Tuesday evening, presenting the claims of his colony.

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mild magnetic remedies and Psychic Power, making the strongest healing combination known to science. This method has been so perfected by the doctor that anyone may use it in their own home without detention from business or the knowledge of anyone. Mrs. J. W. Anderson, St. John's, Wash., suffered for years with pain in the ovaries and uterine weakness; she was entirely cured by this treatment. Mrs. C. Harris, of Marion-ville, Pa., says she cannot express too much gratitude for the results received from Dr. Peebles' treatment for falling of the womb and general exhaustion. Geo. H. Weeks, of Cleveland, Ohio, sends heartfelt thanks for restoration to health after suffering from nervous prostration and insomnia for years; he says he now enjoys excellent health and restful sleep every night. G. D. Young, of Wimer, Ore., says: "For years I bore about my body the piteous spectacle of disease and death stared me in the face. I now thank heaven I am a well man, and I owe this great victory over disease to Dr. Peebles and his corps of assistants." Mrs. Belle B. Bond, of Dunkirk, N. Y., who was cured of asthma, dropsy, heart trouble and female weakness in a very few months, writes that she recommends Dr. Peebles' treatment to all her sick friends and relatives—in fact, to all suffering humanity.

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Address DR. PEEBLES' Institute of Health.

BATTLE CREEK, MICHIGAN.

A Really Natural Death. -- Mrs. E. M. Dewey of Dimond, Alameda county, Cal., at the age of nearly 85, and enjoying the best of health, on June 7, early in the morning, calmly announced to her household and friends that the time had come to bid them farewell, as she was about to pass to the spirit-life. She experienced no pain, was not even uncomfortable, but only felt sleepy. She passed away so quietly that those who were in the room believed she was only sleeping. She had a strong personality and a phenomenal record, and retained full possession of her faculties to the very last. She was born in Springfield, Mass., on July 16, 1816. Her husband, E. M. Dewey, was well known as a newspaper publisher in the San Joaquin valley, and his brother, the late A.P. Dewey. published the Rural Press here for several years. Both of them have been active workers for humanitarian progress along various lines. A. CRIDGE.

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