

MAY, 1918

Rays from the ROSE CROSS



A Magazine of Mystic Light

EDITED BY MAX HEINDEL

BUY A LIBERTY BOND
SUNSPOTS AS THE CAUSE OF WAR
MENTAL MAGIC
NATURE'S SPRING TONIC
THE POWER OF EXAMPLE
RADIANT HUMAN BEINGS
REBIRTH OF CHILDREN

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MAX HEINDEL

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General Contents

The Mystic Light

A Department devoted to articles on Occultism, Mystic Masonry, Esoteric Christianity, and similar subjects.

The Question Department

Designed to give further light upon the various subjects dealt with in the different departments, where queries from students and other subscribers make this necessary.

The Astral Ray

Astrology from an original angle, Cosmic light on Life's Problems.

Studies in the Rosicrucian Cosmo-Conception

Our Origin, Evolution and ultimate Destiny is religiously, reasonably and scientifically explained in this department.

Nutrition and Health

Our body is 'A Living Temple', we build it without sound of hammer, by our food. In this Department articles on diet teach how to build wisely and well.

The Healing Department

The Rose Cross Healing Circle, its meetings and their results.

Echoes from Mount Ecclesia

News and Notes from Headquarters

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MAY 1918

THE SOUL'S EASTER-TIDE

Eva G. Taylor

O holy Easter morn of long ago!
Morn like—yet unlike all
Preceding morns that broke upon the world
Over the night's dark pall.
What conquering love shone through
the dawn of gloom!
What Life of life springs from the riven tomb!

Each soul to whom the Holy One hath come
Keeps one sweet Easter-tide!
One day of all days in its life enshrined—
Dearer than holds the bride
Her marriage day. Morn of surpassing light,
When Christ arose within the soul's deep night!

Buy a Liberty Bond

WHAT GOOD IS MONEY ANYHOW IF WE DON'T WIN THIS WAR.

BUY A LIBERTY BOND!

Alice Gurney

A few weeks ago in Sacramento my attention was arrested by seeing the above words on a billboard. Immediately a flood of thought followed. I saw that the war in the physical world was but the other part of a similar war going on within the minds of men. All students of any esoteric school know well the Hermetic axiom "As above, so below." Or as Drummond puts it, "Natural Law in the Spiritual World."

With this for a starting point let us ask ourselves: What is the nature of the war going on within humanity? Man seeks more and more of the things that are passing away in time, and seeing with the dust in his eyes, he does not see clearly, but through a glass darkly.

There is that today in man that is seeking liberation from all that binds or impedes his evolution,

and in this blindness he misinterprets the urge to "Come up Higher" and only rushes around like one bereft of what he has in his pride called "Godlike Reason." The elements of Air and Fire, which are positive forces, are seeking the Heights, and this always causes a fermentation or chemicalization. This in terms of the Bible is the fury of God. The habits and methods of the past, as well as the earth and water within, are holding back with a tenacious grip the rising Air and Fire. The positive forces (Fire and Air) will not give way, and the battle royal is on.

In all forms of self-seeking, we have the power that is holding on, or opposing force. The elements mentioned above, if considered, will make this point very clear. We see the physical earth holding on and the water clinging with it, while we see Fire always going upward, and Air is above earth and water, and yet is within earth and

water as well as the Fire. The chemical action of these forces produces a state of war. Let us take a homely illustration. A good housewife looks in the breadbox and sees that it is necessary to make another loaf for the family to eat tomorrow. She takes flour and water, but it would be very poor bread if she did not put a little leaven there also. So she puts in the yeast. Now what takes place when this is done? A chemical fury is immediately evident.

What do you suppose might be the thoughts of the atoms in that flour and water (corresponding to earth and water) when this action begins? Would they not be likely to think that that mother was a most cruel being to produce such agony in their midst? And what is the Air that is entering into every interstice in that flour producing but Fire. Here we have the inner meaning of the condition of the planet today.

If we watch carefully the rising bread and also listen we can see and hear a cannonading that on its scale equals that on the battlefields of Europe today. But does the housewife trouble herself about all this? No, she has but one idea in mind, the feeding of the family, and when that fury has lasted as long as she thinks needful, she kneads that loaf, which may be considered very unkind also, by the minute beings of the flour state of consciousness; but it is necessary for the Life of the family, and so must be. Even this is not the end of it, for when this is done it must go through the Fire before all requirements are met. But when it is successfully baked the good Mother rejoices that, the "Daily Bread" has been provided.

The Cosmic Mother is today making a new loaf of bread for the children of men, and it will be a good Bread, fit for a New Humanity.

Then the war that is waging is not for gain, nor for more than we already have, but for New Life of a more vibrant state. The old or denser consciousness is holding on to the past, and the new leaven that went into the whole earth is working as all good leaven does, and will eventually win this war.

Mankind must wake up to the consciousness of there being something more than flour and water; nay more, he must be willing to let that flour and

water be subject to a chemical change that will advance his evolution.

To surrender to the rising force of Life and let the leaven work is what robs the present world-condition of its terror.

Many say today with one breath that it is a changing world, and with the next how horrible it all is. This shows a lack of intensive thinking. Today in matters of thought we must work as the farmer does to make headway. In the old way of farming, the ploughman just scratched the surface and threw in the seed, covering a large territory. Today that method is antiquated and very nearly useless. We have the intensive farmer, who goes deep, and can get better results on ten acres than the old method on one hundred and sixty. This is concentration. We are being brought closer together because of a common cause, and this too is concentration. Brotherhood is concentration, the divine concentration that this leaven is working for today, the New Bread of Life.

What use is money if we don't win this war, this working for the New Day, the Day of Brotherhood and true co-operation? And we may ask what use is money if we do win this war. With Brotherhood firmly established what need for money? What is money anyhow? It is but a symbol of so much work done. When the work is done because every child of earth loves to serve his brother, will the symbol be necessary?

Today there are millions of women and many men and children who are knitting for the Boys at the front or those about to go, but they are not asking money for it, it is a labor of love. And many are serving in various capacities because of a divine madness to Serve. Yes indeed, Service is that which shall replace the greed for money. When the dust is completely out of the eyes, we shall wonder why we ever were so childish as to put value upon a scrap of paper or a bit of mineral, a value that was so false that it made men also false to themselves, and so robbed them of their power to enjoy the great bounty of Nature. Striving to get, and then striving to hold, and envious of the one who possessed the most strength to hold on.

All the beauty of the landscape, the flowers, the

birds, the sunset, the stars, all lost to the mind that gave to these idols so much false value. It was not the result of intensive thinking, no, but of superficial, diffusive thought. We have all been dissipators of that divine energy that was and is now our birthright. Many are awakening, and as the number increases they will be as leaven, to go to and fro through the earth that all may arise and go to the Father, which is none other than a state of More Abundant Life. Life, when it becomes more dynamic, is very apt to produce Light, and then we can see clearly and not as heretofore through a glass darkly.

There is great speeding up and it is increasing daily. Everywhere we are advised to take short cuts, to eliminate the nonessential, and, in a word, to throw off the bondage to things, to idols, to the past, the passing things of time, the conditions that hinder us from winning this war that means liberation for Humanity. To get this Freedom, we must pay the price, we must, in other words, Buy a Liberty Bond. Someone has asked, why a Bond? It is the Bond of Union, the bond of true Love that will usher in The Day.

The Germans for many years before the breaking out of the war were talking of Der Tag, Der Tag, and few have really seen that this was the Cosmic Mother telling us that the Day Was at Hand when the Lion and the Lamb would lie down together. Don't say, as some have, that this particular kind of a day is very far distant, for the element of speed must be constantly kept in mind.

Fifty years ago we had very little of that wonderful Servant known as Electricity in harness. Today it is more wonderful than the superficial thinker even dreams. It truly is a fine example of speed, for a wireless message girdles the globe practically instantaneously. This is but an indication of what will be the last act of the world drama now being enacted on the screen of life.

When I was in Louisville, Kentucky, I was taken out to see the great cantonment on the outskirts of the city. It was almost beyond belief to see what had been done in nine weeks. Previous to being the camping place of Uncle Sam's soldiers it was ordinary farming country, with houses here and there, etc. These all had to be

removed, and material hauled in, and to do this a railroad had to be built. In nine weeks there was a city with miles of well-paved streets, sewers, water pipes, electric lighting, telephones, and miles of barracks, sufficient to accommodate 40,000 troops. There seemed no end to going up one street and down another. Surely this is speed.

This speeding is a part, at least, of the price of a Liberty Bond. It is the Quickening. So many have eyes and see not, and ears that hear not, but as before stated, the number is increasing. President Wilson says that we are on the eve of the most momentous changes the planet has ever known. Some may ask, how does he know? Today we find many who know by that power that has evolved in them by which coming events may be sensed.

While this may seem like an unscientific guide, yet, we must not be so narrow minded as to think that there is not a beginning upon which orthodox science first sets her seal of disapproval, and later that of approval. To buy a Liberty Bond we must have the courage of our convictions, and dare to live in accord with the Still Small Voice Within. This is for many sufficient science. Ultimately all will bow at this shrine, when all have paid the price of a Liberty Bond by giving up all that separates them from the Great Adventure.

When in Washington, D. C., I visited, among other places, the Congressional Library. In the dome my attention was attracted to a panel in which were these words by Tennyson: "One God, One Law; One Element and One Great Divine Event towards which the Whole Creation moves." To reach for this consciousness of Unity and pay the price of that Liberty, we must surrender the idea of Separation: My brother and I are One. Then to hurt my brother is to hurt myself, to hurt myself is to hurt my brother. When we have had this thought burned into our consciousness through the results of the war, we are then freed from all kinds of tyranny. As long as we remained in a state of lethargic peace we would be miles away from that One Divine Event which makes all men Brothers. It is only through suffering that we learn Life's greatest lesson.

After leaving the Capitol I went to the Union Depot, and there in front of me, my eyes caught

The following engraved in stone over the central arch:

“Fire, greatest of discoveries, enabling man to live in various climates, use many foods, and compel the forces of nature to do his work.

“Electricity, carrier of light and power, devourer of Time and Space, bearer of human speech over land and sea, greatest servant of man, itself unknown,

“Thou hast put all things under his feet.

“Sweetener of hut and of hall, bringer of Life out of naught. Freedom, O fairest of all the daughters of Time and Thought. Man’s imagination has conceived all numbers and letters, all tools, vessels, and shelters every art and trade, all philosophy and poetry and all politics. The Truth shall make you free.

“The farm, best home of the family, main source of national wealth, foundation of civilized society, the natural Providence.

“The old mechanic arts controlling new forces, build new highways for goods and men, override the ocean and make the very ether carry human thought. The Desert shall rejoice and blossom as the rose.”

There is nothing that is doing greater service for humanity today than that silent, mysterious force called Electricity. It gives us Light, Heat, and Power to do the laborious work of the world. It not only does all this but it also furnishes us with our entertainment. Where would the movies or the phonograph be without that mystic servant? But because it has become universal, and an everyday benefit, unthinking humanity passes it by without any consideration. The intensive thinker, on the other hand, sees much more in this wonderful servant than he can express to those who do not think.

The Secret Doctrine has this to say:

“All these—Light, Flame, Cold, Fire, Heat, Water and Water of Life—are on our plane; the progeny, or as a modern physicist would say, the correlations of Electricity. Mighty Word, and a still mightier symbol! Sacred generator of no less sacred progeny; of Fire—the Creator, the Preserver—and the Destroyer; of Light—the essence of our divine ancestors; of Flame—the

Soul of things. Electricity, the One Life at the upper rung of Being, an Astral Fluid, the Athanor of the Alchemists, at the lower; God and Devil, Good and Evil.

“Some faint idea of the nature of Fohat may be gathered from the appellation *Cosmic Electricity*, sometimes applied to it; but in this case must be added others, including Intelligence. It is of interest to note that Modern Science has come to the conclusion that all cerebration and brain activity are attended by electrical phenomena.”

Do you wonder that the inscription over the Union Depot impressed me?

What has this to do with the World war Let me quote from a little known work by Dr. Hahn Brooks:

“Q. What do we mean by the term Spiritualized? A. Becoming Electricalized. Q. In what manner? A. Through the transmutation of the earth’s body into Electrical Energy. Q. How is it being accomplished? A. An immense invisible wire passes through the earth from the north pole to the south, and the electric current is transmuting the whole planet now. ‘And except those days should be shortened, there should no flesh be saved, but for the Elect’s (Electrified or quickened) sake, those days shall be shortened.’”

Now for another quotation from a local writer, a woman who is not educated, but is inspired.

The Passing of the Old Order

“In human chemistry, as well as in bacterial chemistry, atoms seek rest, and chemical affinity.

“In whatever degree they find rest, in just that degree are they as dead and unable to feel the action of outer elements, and unto the degree that they find their affinity and combine, in co-relation are they able to resist the action of any dissolving outside element.

“Change cannot take place as long as humanity holds its old form. By the introduction of the stronger element of war with its resistless force will come the breaking up of all the old forms—political, social, and financial.

“Humanity wants most of all comfort and reward. They are having both withdrawn, and a natural breaking up must follow When chemical action has taken place, then follows a settled con-

dition, but in a new form. To yield oneself to the chemical action of cosmic conditions is to become an element in the new order, but to rebel is to be cast aside as unadaptable substance.

“Humanity has been permeated with an indistinct fraternalism that could not become practical in the old order of the Mosaic Law. The weight of human weakness undermines the spirit of brotherly love. The love of individual comfort and reward outweighed the joy of Service. The joy of Service is the Keystone of brotherly love. He sent Jesus to serve the world, not for the world to serve Him, and only in Service can we be like Him. He is the Way, and in the talk and spirit of today we begin to feel the action of the element He came to bring. What can I do to Serve my fellow-men is the leaven that is bringing the chemical change in the passing of the old order.”—*Cedelia Bartholomew*

When these ideals, which are fast becoming realities to some, shall have been sensed by the many, of what use will money be? When human-

ity serves for the joy of serving, and not for the root of all evil, Heaven will be here. If we stop and think, how this one ideal put into every day practice would turn a lot of people from present-day occupations, we would not need policemen, nor courts or law, nor prisons, nor lawyers, nor bookkeepers, nor banks, nor a lot of more unnecessary jobs now held because man does not trust his fellowman, thinks he needs watching, and is in constant fear of losing something. Man in this new state of consciousness would have much time to work out his ideals, whether as an artist, poet, inventor, or musician, and he would have the time to get an education along the line of his individual development. The inner eyes of humanity will be opened, and no one will force another to do what he is not equipped for. *We* cannot make a rose a lily by beating it, but we can ruin the rose, and that to the loss of not only the rose but to all who might have been cheered by its fragrance, or enlightened by the study of it. The Day now dawning will be full of light, and all shall see.

One of Julie's Spook-Tales

THE BLACK FILLY

A Stranger

Old Julie knew a thing or two about stock, and we always went to him when our cows were sick, or our mules were messed up by barbed wire, or the goats had sore feet, and so on—but when we could get him in a good humor for talk, on a Saturday afternoon, for instance, with an extra span of roll “tabac,” he would spin us weird yarns about animals—and he could see “spooks,” and always seemed to know when we had lost a horse, or cow, or mule.

We asked him one day how he knew; for he had told us boys riding home from school for our week end (he always brought the ponies for us on Saturday afternoons), that Lombard, who lives up in the kloof beyond our Farm, had lost his rooi-bont trek ox; and even Lombard's vee-wachter didn't find it out till three days later, when he

found it dead up the mountain, having fallen down the Donga.

“Aai, Klein Baas,” said Julie, “Veldman (that was the red ox's name) came and told me so himself—I sleep in the bushes near my kraal for the sheep stealers are slim these dark nights, and the rooi-bont woke me and I saw his near hind leg was broken, and then he fell into a big hole in the ground and I knew the Black Donga had swallowed him up; for at sun-up there was no spoor where he had stood by me in the night.”

But the rummiest thing was about the black filly—Julie was away with the headman's string of pack ponies, taking wool in to Maseru, and whilst he was away, “Queenie,” our black filly, died. She had been often sick and Julie cured her once or twice. Dad said if Julie had been at home, his herb medicines would have pulled her

round—but he wasn't, so she died. But I met Julie in the mountains with his ponies coming back, 2 or 3 weeks later, and before I'd said anything, he said, as he was cooking his mealie pap, "the o' Baas lose the black filly, some 14 days now."

"Who told you?" I asked.

Old Julie chewed away at his tabac a long time before he grunted out quite crossly, "The white peoples is more blind than the black peoples—they no see any more when a thing is dead; they must send written paper to say—but we know, we can see—when Basuto lose mare far away in mountains where the ponies graze in summer, mare comes say, 'Queenie' stood on my bare feet, but no skin was grazed. Filly wouldn't go away, and Julie too couldn't leave her. When a spook comes like that, and you play with it, and don't want it to go, altho' you known its foot has no weight, then is the other one dead." I asked Julie what day it was, and he said it was the night of the full moon, 5 days after he had left the Farm—that was the night the filly died—and she always used to come to Julie's call when he passed her in the veld. Dad says "rubbish" when we asked him how it was, but all the same its funny, and I'll tell you some more of Julie's yarns later, and then perhaps some one can write and say in your paper how Julie knows.—S. A. *Women in Council*

AFFIRMATIONS AND AUTO SUGGESTIONS

J. Casey

Most students of the Western Wisdom School are familiar with New Thought and kindred teachings, and know the benefit to be derived from affirmation and auto-suggestion. Perhaps, at one time, it was your belief that a panacea for all ills had been found. We do not wish to discredit those teachings in any manner, but point to a possible danger. For it would seem that the *too persistent* practice of affirmation and auto-suggestion might cause as great harm as their *moderate practice* proves a benefit.

Anyone who has lived in communities where those teachings are popular, has perhaps noticed the sudden passing away of one of their prominent leaders.

Apparently being in the best of health, they suddenly "dropped dead" or passed out after a very short illness. It perhaps did not occur to you that the too strenuous practice of their beliefs influenced, to any extent, their sudden demise.

They were the leaders, teachers, healers or enthusiasts. They had been taught that mind controls matter and they must demonstrate it. At present that seems only partially possible. To demonstrate it fully, it would seem that we must have a mind that wholly recognizes Universal Law. They could not see that the present imperfection of the human vehicles makes it impossible to bring into manifestation every detail of their philosophy. Such affirmations as "I have perfect health," "I am all powerful," "I can do what I will to do," etc., had automatically become a part of them. The physical body sounded a warning, but the warning was stilled by affirmations. The stomach, perhaps, needed a rest, the kidneys were not functioning properly, or the nervous system was overworked, but each distress signal was stilled. One day the break came, but the system was so depleted, it had been drawn upon so extensively, that it was not capable of reacting, and death resulted. A small leak is easily repaired, but as it grows in size it grows in seriousness.

The human body has its faults, just as any physical machine, and they must be recognized. When they manifest as weakness they should be dealt with, *partially* upon their own plane, the physical, and *not exclusively* upon the mental or spiritual planes. The warnings always come and if we heed them, and, as far as possible, conform our lives to the manifest limitations, we can undoubtedly add several years of usefulness to a life which otherwise would be prematurely terminated.

MENTAL MAGIC

C.W.

The commonest articles of everyday use sometimes suggest to our minds the most wonderful pictures. Over my head hangs a chandelier, composed of the same materials used in the majority of fixtures. As I look upon its different parts my thought widens out and seemingly embraces the whole world. The long brass bar which connects

it with the ceiling takes me to the dark mine where men and women toil and even children, robbed of their heritage, a happy, carefree childhood, patiently work and weep. I hear the hum of toil and see the lights, tiny sparks, moving against the pitchy blackness. The bars of wood present to me the picture of the forest—deep, cool and green. The trees of mighty girth stretch their tops upward into heaven's sunshine, but around their roots it is always shade, and here I see the brilliant moss, the tender fern and tiny starlike flowers.

My eyes rove next to the glass of the electric globes; and having heard in my childhood that glass is made from sand, I am immediately transported in thought to the seashore and see the great wild ocean tossing. Overhead the great seabirds are wheeling; under my feet are the starfish and the sea biscuit.

Above the glass globe is the tiny piece made of rubber, with which we turn on the electricity. This presents to my mind a wholly different picture. The South American jungle, the wonderful tropical vegetation, the hot, moist atmosphere, strange trees and vines, the huge python and venomous snakes. In the branches are beautiful birds, and to the trunks of the trees cling the mistletoe and the fragile orchid.

Within the glass globe is the filament, which carries the electricity, that tremendous force which none understand. I see the power-house with its great revolving wheels and the great wires which bring the power in from the hills, and far up in the fastnesses of the mountains is the silver waterfall which furnishes light to the great city.

At last I observe the form of my chandelier. It is made in the form of a cross which suggests the death of the Christ. How far have my thoughts carried me? Even to the ideal of all religions—Renunciation.

Emerson says:

*In the dust and scum of things
Always, always, something rings.*

So the brass bar of my chandelier sings of the mine. The wood sings of the forest. The glass sings of the seashore. The rubber sings of the jungle. The filament tells of that mighty force, elec-

tricity, The cross of wood whispers of the mystery of Golgotha.

A PARABLE

Selected

Once upon a time there was a little boy who lived with his mother, and, as he went about the house, he would trip and fall. So his mother said to him, "I will tie you to my apron-strings, so that, when you trip, you can catch hold of the apron-strings and pull yourself up again." So she did, and as she went about her work she sang.

But, one day when the little chap had grown big enough to look out of the window, he saw the green fields and the shining river and blue hills, and they seemed to call to him to come. So he asked his mother to untie the apron-strings; but his mother said: "Not yet, my boy; remember, only yesterday you tripped." So she went about her work, and she sang,

Some time went by, and one day the boy stood by the open door, and again he saw the green fields and the shining river and the blue hills, and they called louder, "Come!" And, without asking his mother, he sprang forward, and the apron-string broke, and, as he took the end in his hands, he said: "I did not think it was so weak." And the mother gathered up the broken end of the apron-string and put it in her bosom. But she did not sing as she went about her work.

Over the green fields he went, up toward the blue mountains and the shining river. Sometimes it was smooth going, sometimes rough. At last he tripped and fell—fell over the edge of a precipice, and, as he was falling to destruction, he felt himself brought up suddenly. It was his mother's apron-string that had caught on a projecting rock and held him fast. And, as he hauled himself to a place of safety, he said: "I didn't know it was so strong."

A REMARKABLE EXPERIENCE

An interesting communication has been received from a well-known Cape Town lady, who once met with a serious accident in which life for a few moments was in abeyance.

"Coming from Sea Point in the tram about two

years ago," she says, "I prepared to get out opposite the station, but through some mischance the conductor rang his bell too soon, and I was thrown violently to the ground. I have no recollection beyond seeing the conductor pull his bell, and then . . . a sense of the most radiant well-being . . . I was standing about two yards from my body and saying to myself, 'A motor-car will certainly go over it, but I don't care.' So full of buoyancy and the joy of life, I kept repeating, 'This is well-being.'

"At the time I seemed to be surrounded by a luminous pearly atmosphere, which was bearing me upwards. I had the feeling of being drawn up-

up by some beatific, invisible magnet . . . the next moment a change came and I opened my eyes, lying on the ground, with a crowd of people around. The beautiful sense of well-being and clarity of thought had vanished, and I could not even remember my own name when asked. Fortunately, a friend was passing, and pushed through the crowd, immediately took charge and escorted me home where a long illness supervened.

"But I can never feel grateful enough to have been favored with such a convincing testimony of the next state. To me the word 'Death' conveys an ever-present sense of exquisite promise, without a shadow of doubt.

Sunspots as a Cause of War

The subject of planetary influence is so vast that it is certainly beyond the comprehension of one human brain. Therefore, we have never attempted the study of mundane astrology, which deals with the planetary influences on nations, but have confined our observation entirely to the effect of the planets upon man as an individual. Nevertheless, one cannot at times help coming in contact with the cosmic aspect of planetary influences and certain facts have thereby become definitely established in our mind. Among others, the truth of the assertion made by ancient astrologers that celestial disturbances produce terrestrial catastrophes. The macrocosm, consisting of the Sun, planets, and their satellites within our solar system, are so indissolubly bound to one another, and to the Beings who inhabit them, that as an aching toe or tooth is felt by our whole body and unsettles our system to a degree commensurate with the severity of the affliction, so the planetary disturbances in one heavenly body are felt by all the other members of the solar system.

It needs no argument either that disturbances in the Sun would make themselves more acutely felt than conditions on any of the other planets, because the Sun is so much larger in bulk than the marching orbs which circle around him. Science

has established the fact that there are periodic disturbances of the Sun which they call Sunspots. These were first discovered by Galileo and Scheiner, but then people would not believe that the Sun could have defects on its surface; they thought it was too pure altogether for that. However, it was soon proved that they did exist and it was also found that they were subject to changes, that they varied greatly in size and changed from place to place. Some times a spot has been observed so large that it may be seen by the unaided eye. It was also observed that at certain times there were few sunspots and at other times there were many, covering vast areas, and finally it was found that the cycle of sunspots is eleven years.

But it is one thing to observe a phenomenon and another to determine the effect thereof. More than a century ago Sir William Herschel went so far as to declare that the sunspot activity determined the price of wheat, so that during the years when there were few sunspots and the Sun emitted its full amount of heat, there would be large crops, and consequently low wheat prices. But at times when the solar disturbances were at their height, prices of the staples of life would soar. Nor is this assertion altogether without foundation; in fact, particularly in view of the high prices prevailing at the

present time, which is a period of abnormal sunspot activity. And as the sunspots do not appear and disappear suddenly, but have a gradual rise and decline, we may look for several cold winters and summers with a consequent low productivity and high prices.

But is this the only result of the solar disturbances which we see in the failure of crops and the rise of prices? Are there no other effects traceable to these solar disturbances? We think, yes; in fact, we know that the planetary influences have an effect upon humanity, and this sunspot activity, recurring in cycles of eleven years, is really the inbreathing and outbreathing of this vast composite cosmic body. It is comparable to the systole and diastole of the cosmic heart, sending at one time the full force of the solar vitality to the furthest confines of our system, and at another drawing it in contaminated with the poison of passion generated by billions of beings in the struggle of existence in all the different worlds.

Thus, this force is, by analogy, similar to the arterial blood that issues pure and clean from our heart and is sent to every part of our body, but returns through the veins laden with the poisonous carbon dioxide, generated by the process of decay going on in every part of our body. What wonder, therefore, that the periods of low sunspot activity, when the maximum solar force is sent out, and flows over the solar system like wind that has been wafted across fields of clover or new mown hay, laden with a perfume that is grateful to our senses, instills a feeling of joy and well being.

On the other hand, what wonder if, at the time when sunspots are largest and most numerous, the solar force, returning from its visit to the various planets and carrying with it a sense of the sorrow and suffering of the various beings there located who are struggling through the process of evolution, what wonder if this solar stream coupled with the failure of crops, of extreme cold, and other added discomforts, generates in humanity a sense of added ill feeling. And not knowing the cause of the new discomforts, what wonder that one blames the other and distrust and dislike for our neighbors is generated.

Furthermore, with the recurrence of this feeling

at certain periods, a number of times, what wonder if this feeling of dislike and distrust acts as a saturated solution of salt, *crystallizing when the last grain is added*? So the universal distrust and dislike generated by the returning solar forces at the time of highest sunspot activity may also at a period when humanity becomes saturated with ill-feeling, result in an outbreak, as has been the case in this present great world war.

If anyone doubts these general planetary effects, it is quite easy to make an experiment to prove that they exist. All that is necessary is to take an Ephemeris and ascertain on what days of the month the Moon is in conjunction with Mars, the war god, and then watch people on that day. It will then be found that they are more short-tempered, more ready to take offense, and easier hurt in their feelings than at any other time. On the other hand, if we select a day when the Moon is in conjunction with Jupiter, the planet of benevolence, or with Venus, the planet of love, we shall find that people generally are in a different mood, much more easy to get along with and much more disposed to be jovial and kind, and if such effects are observable in the individual and his actions, why not in the masses and their actions?

All this is, of course, what was to be expected, and harmonizes perfectly with the esoteric teachings that the planetary spirits, which are the rulers and guiders of evolution, provoke war and similar, from our viewpoint, seeming calamities, when it is necessary for the evolution of their charges.

And so in all our sorrow and suffering we have at least the knowledge that this is for our good, and that ultimately blessings will accrue from the present sufferings, and we are hoping that the veil which divides us from the realm of the living dead may be rent so far as a very large number of people are concerned, that the testimony of the few of us who see at the present time may thus be strengthened by this added testimony, to the end that our word will carry more weight than it does now in the minds of most people who think that we are either mad or dishonest. In the meantime, we wonder if the war being brought about by the sunspot activity must continue for another year or two, until it has fully abated. We pray not.

THE PATH

Lizzie Graham

We have heard much said about “The Path” by those who are endeavoring to live the Christ life. Many ask what is meant by “the path,” and others ask how they can know when they are walking in it. Others again seek directions as to what they may or may not do. To answer the last inquiry first:

I do not believe anyone can tell you what is right for *you*. They may say what they think, or what they would do under like circumstances, but only your own higher self, the God within, can tell you what is right for *you* to do. If you have been accustomed to seek advice instead of listening to the voice of the Spirit, you will doubtless, at first, have difficulty in recognizing it, and will therefore make many mistakes. But do not get discouraged, or weary of trying, for the spirit never wears of giving you its message, and you will succeed in a longer or shorter time, according to the amount of Will-power you use in your higher desires, which make for soul growth.

“The Path” is a road that we consciously build every moment by our thoughts and actions.

Suppose I have just awakened to a dim consciousness that somewhere in the Universe there is something higher and holier than myself, and a tiny wish is born that I could know more about this unknown. That is the first step upon The Path. Every moment I spend with this thought makes my path a little narrower, because wishing to draw nearer to that which is holy, I begin to realize that my unholy, selfish thoughts and careless actions must be dropped, one by one. I must no longer hate, nor envy, nor lose my temper. The Path grows a little narrower day by day. I must give of my substance to others. I must help others with hands, head, and heart. I must not waste a moment of the precious gift of Time. How narrow the Path grows! I must love everyone as myself, and know my Father as the only true God; and receive Jesus Christ, His Son, to reign within me, to be my Lord. This Path leads straight to God.

How can we know that we are on The Path? By a consciousness that we are honestly living up to the very best we know in every action and in every thought. We will often, often make grave

mistakes, and we will be criticized for them by our friends. Later on we may see that we did wrong even when aiming to do the right. But the point is, did we do the very best we knew at the moment? Each effort makes our Will a little stronger and our judgment a little clearer. The only person we may venture to criticize or condemn is ourself.

*True, 'tis a straight, but thorny road,
And mortal beings tire and faint;
But they forget Our Mighty God
That feeds the strength of every Saint.*

The Path is not easy to follow at all times. There are those, both in the body and out of the body, who will seek to induce us to stray; who will call us fools because we prefer our chosen narrow path to their wider one; who will endeavor to show us that we are not walking as we should. The only safe way is to look straight ahead. There is one great help—the Path *is straight*, and therefore the “Light of the World,” which is beaming from the end of it, is never hidden from our view, except when we turn around to investigate bypaths, or so-called easier roads.

Yes, it is very steep, and rough at times, but there are Guardian Angels standing beside us ready to help; we do not always recognize them in the man or woman who is working or walking beside us. Sometimes through lack of care, and too much self-confidence, we slip again and again, at a certain place, making progress impossible, but when we, from our heart, call for help—cry as Peter did, “Lord, save me, I perish!”—instantly the helper is with us, the dreaded spot is crossed. But do not look backward at it, or you may again lose the light ahead.

*Ye fearful saints, fresh courage take;
The clouds ye so much dread
Are big with mercy, and shall drop
In blessings on your head.*

You will not be lonely on The Path; there are crowds on the way, but some travel much quicker than others. Your companion today may not be met again for a lifetime. You may wander, or fall, or linger to help another, and the friends you

thought would never leave you pass on ahead—perhaps unheedingly, for many on the path are still selfish; do not blame them, you may thoughtlessly do the same thing tomorrow and cause pain to a loved one.

All along the Path, if we desire it, we may walk close beside our Elder Brother, Christ. He is not somewhere far away, but right here beside us, in our work and in our play. Maybe we can realize this better if we remember what He said: "I am the light of the world." And when we think of light, remember how near He is to us. He will be found very near in all the sorrows, at home or abroad. He loves those who work and help the weary one, forgetting that they themselves are also tired—those who follow in His steps of loving, self-forgetting service.

We are told The Path will be rough, slippery, and narrow. But that does not matter if we realize that it is the straight, and the shortest way home to "Our Father." And there remaineth a rest for the weary feet, and the travel stained garb will be exchanged for a golden wedding garment, if we are faithful.

A VISION OF DEATH

A True Incident

C. W.

After the long night of suffering had passed I lay spent and weary, looking from the window toward the east, where the pale tint of approaching dawn touched the sky. Beneath stood the mists upon land and lake and beckoned to each other with ghostly fingers from among the trees. My eyes returned from the mists without to the mists within the room. Suddenly a strange vision met my eyes, made clairvoyant perhaps by my suffering. Distance was eliminated and I was gazing with calm fearlessness down the ward of a hospital. The pale light of the morning had scarcely penetrated within the corridor and the white beds with their white occupants were hardly defined from the shadow. A strange figure paced the aisle between the row of cots. Robed in a dark cassock, the folds of which seemed stirred by unearthly breezes, he advanced, stopping only once to lay his hand upon a woman's form. Suddenly I real-

ized that this was Death and I feared to see his face, but the face was turned completely away. The vision disappeared and I was conscious again of my own little room with the dear familiar pictures peering at me from the shadows. Suddenly I realized that Death was once more approaching me, and this time I felt that I should be forced to look upon that awful countenance. Cold fear seized me and ere the shudder that shook me had passed, I felt his presence at the bedside. My hand was clasped, and my glance forced upward from the hem of the dark robe, I passed the cord that bound the waist upward still, until at last I met his eyes. Dumb with astonishment, I gazed, for the peace and majesty of Death beamed upon me, and from the eyes streamed pity, beneficence, strength, and the very goodness of God. "How beautiful, how divine is death!" I cried. Later in the evening of the same day, as I looked past the riot of sunset colors to hills of amethyst, one that I loved and that loved me, looked at me with eyes bright with the agony of parting. I placed my hands in his and said, "Darling, I am not afraid, for Death is kind."

ASTROLOGY BY CORRESPONDENCE

To us, Astrology is a phase of Religion, and we teach it to others on condition that they will not prostitute it for gain, but use it to help and heal suffering humanity.

How to Apply for Admission

Anyone who is not engaged in fortune telling or similar methods of commercializing spiritual knowledge will *upon request* receive an application blank from the General Secretary of the Rosicrucian Fellowship. When this blank is returned properly filled, he may admit the applicant to instruction in either or both correspondence courses.

The Cost of the Courses

There are no fixed fees; no esoteric instruction is ever put in the balance against coin. At the same time it cannot be given "free," "for nothing," for those who work to promulgate it must have the necessities of life. Type, paper, machinery and postage also cost money, and *unless you pay your part someone else must pay for you.*

Question Department

* * * * *

Removing the Spleen

THERE has been brought to my notice a case where a woman had been operated upon and the spleen removed. According to the Rosicrucian teachings the spleen is the entrance gate of the solar forces which vitalize the body, and in the etheric counterpart of that organ the solar energy is transmuted to a vital fluid of a pale rose color, which from thence spreads all over the nervous system.

We also learn that the rays of the Sun are transmitted either directly or reflected by way of the planets, or by the way of the Moon; the direct rays from the Sun giving spiritual illumination; those received from the planets producing intelligence, morality and soul growth. In a case like the above described, will the etheric counterpart continue to perform its work after the dense organ has been removed, or will it disintegrate as does the etheric counterpart of an arm or a leg that has been amputated, and if so what is the effect upon the person so operated upon?

Answer:

You are right in your statement of the Rosicrucian teaching, except where you say that the solar energy is transmuted in the spleen to a pale rose colored fluid. The spleen is the gate of the solar forces, but the transmutation you speak about takes place in the solar-plexus, where the prismatic seed-atom of the vital body is located.

With respect to what takes place after the spleen has been removed, it will help us to recall that the physical body accommodates itself so far as possible to altered conditions. If a wound in a certain part of the body makes it impossible for the blood to flow in the normal channels, it finds another set of veins by which it may make its circuit. But an organ never atrophies so long as it can serve any

useful purpose. It is similar with the vital body composed of the ethers. When an arm or a limb has been amputated, the etheric counterpart of that member is no longer required in the economy of the body, therefore it gradually wastes away. But in the case of an organ like the spleen, where the etheric counterpart has an important function as gateway for the solar energy, naturally no such disintegration will take place.

It should also be remembered that wherever disease manifests in the physical vehicle that part of the vital body has first become thin, attenuated, and diseased, and it was its failure to supply the necessary vital energy that caused the manifestation of physical symptoms of ill health. Conversely, when health returns, the vital body is the first to pick up, and this convalescence is then manifested in the dense body.

Therefore, if the physical spleen was diseased, it is a foregone conclusion that the etheric counterpart is also in subnormal health, and the wisdom of removing the organ is doubtful. However, if it is done, the body will seek to accommodate itself to the new condition and the etheric counterpart of the spleen will continue to function as before.

RAISING THE DEAD

Question:

In *Questions and Answers* you state that Christ did not raise the dead. In St. John, Chapter the second, verse 11, Christ said, "Our friend "Lazarus sleepeth," and then in the 14th verse Jesus said unto them plainly, "Lazarus is dead." It seems as if the Christ must have been mistaken in the first place, according to this. Which is right? as I got into an argument that the dead was not raised. Again in St. Matthew, the 10th Chapter, 8th verse, the Apostles were told to raise the dead, etc.

Answer:

Most of the trouble and misinterpretation of what the Gospels really mean comes from the great misunderstanding of most people who believe that they are intended to relate the life story of an individual named Jesus Christ. It is perfectly true that they have been patterned after the life of Jesus, and it speaks for His greatness that His life should be taken as a pattern by the recorders of four different Schools of Initiation, but what these men really wanted to write was the formula, of initiation, and the four Gospels therefore embody, hidden beneath an outer coating of blinds and non-essentials, the formula of initiation of four different Mystery schools.

The instance mentioned, the raising of Lazarus, or the widow's son of Naim, does not involve calling a departed spirit back to its discarded vehicle. That is not done, "when once the silver cord is loosed the spirit returns to God who gave it and the dust whence it was taken." But when a candidate comes to a point where he is to be raised up to a higher level and a greater power than he possessed before, then he must first die to things that are past and behind him; the path becomes narrower and narrower with every step, and he cannot enter into the strait gate which leads to a higher realm in nature until he has shed the body that correlated him to the next lower realm. Therefore, in that sense, it is said of him at the moment when he is ready for the transition that he is dead.

If you will read the serial articles on *Freemasonry and Catholicism*, you will find that Lazarus had previously been Hiram Abiff, the Master Mason, and chief builder of Solomon's Temple; that Jesus had been previously embodied as the personality called Solomon; and that the Christ spirit dwelling in Jesus, at the time of the recorded raising of Lazarus, was the great Initiator who raised him up and made him a Hierophant of the Lesser Mysteries, now known as Christian Rosenkreutz, the head of the Western Wisdom School, and co-worker with Jesus to unite humanity and bring them to the Kingdom of Christ.

In a similar manner, and upon a smaller scale,

the Apostles, were given power to raise the dead; to the babes they gave only *milk*, but to those who were strong they gave the *meat* of the doctrine, and instructed them in the mysteries, until they had reached a certain point where, by living the life, they died and were raised up to a more abundant life in a larger sphere of usefulness. But as already said, these deaths did not involve what we usually call the death of the body.

REBIRTH OF CHILDREN

Question:

It is stated in the Rosicrucian teachings that children who die in infancy are brought to rebirth in from one to twenty years. Do they return to the same station in life or not, or do they some times return to a different environment, more or less desirable, from wealth to poverty or vice versa?

Answer:

This question has been asked before, years ago, when the writer was a novice in the investigation of the spiritual world, and it was answered correctly at that time. But later investigations make it possible to give more detail based upon what actually happened in a considerable number of cases. Notes were made of the result at the time of the investigation, but in moving into our new administration building these have been mislaid; nevertheless, according to our recollection, it was found that out of twenty children we watched who came to rebirth within five years of the time of death, fifteen or sixteen went back into the same family. It can be seen at the time when a spirit passes out whether it will be a long or a short time in the invisible worlds; that is to say, one that dies as a child.

And so we selected another group of twenty which are still in the invisible world and not expected to take rebirth until ten or more years have passed, but the tendencies are quite plainly shown, for when a spirit seeks rebirth, it is usually drawn to the prospective mother years before it enters the womb, and some times ladies still unmarried are surrounded by their prospective children even before they have become engaged. Judging from this fact, we find out of the group of

twenty, only three are staying with their former mothers, the other seventeen are scattered among other families, and two of them are keeping company with small girls, showing that they are waiting for them to grow up and become their mothers.

This tendency of the spirits who are seeking embodiment to follow their prospective mothers around for years, by the way, sometimes gives rise to laughable and embarrassing situations on the part of mediums who do not understand the conditions. We remember the case of a young lady who went to a spiritualistic seance and was told that she had a child in spirit land who was standing beside her and calling her mother; naturally she denied the allegation indignantly, and arose and left the meeting. So there was a case where both were right, though making diametrically opposite statements, and each thought the other dishonest because they lacked the knowledge to reconcile the seemingly irreconcilable.

*MOTHER-LOVE AS A FACTOR IN
MATERIALIZATION*

Question :

Is it possible for a mother who has passed into the invisible world to help her children directly or indirectly? Does she make hands of flesh with which to work, or in what way does she aid them?

Answer:

The Society for Psychical Research has investigated a number of cases where it has been shown that the mother has materialized in order to save her small children from disaster or accidents. There is no doubt that many young mothers are earth-bound for a long time by the love they bear their small and helpless children. We feel certain that if they were able they would often manifest to give them help and comfort, but the seed-atom having been ruptured at the time of death, they are not generally able to draw to themselves even the most attenuated gaseous matter that would make them visible, except in a very few cases where the need is so great that it begets in the mother a desire of such dynamic intensity that for a moment or two it compels the physical atoms to

marshal themselves into her body and enables her to do that which she desires. Thus she performs a magical feat without knowing how she has done it, and of course she cannot repeat it unless it happens under similar circumstances.

In this respect the people who have passed into the invisible worlds differ radically from the Invisible Helpers who leave their body at will; the silver cord is intact in their case and this gives them a continuous connection with the physical seed-atom, its magnetism is therefore exerted and it requires a subconscious effort on the part of the Invisible Helper to keep the physical particles from flowing into the etheric vehicle in which he travels. On the other hand, when he desires to aid anyone who may be in distress, or to perform a certain work, he materializes a hand or an arm with the greatest of ease simply by consciously allowing the physical atoms in his closest environment to flow into the etheric matrix, and when he has performed the desired task, another effort of thought scatters the strange atoms and dematerializes the hand or arm. Thus, for instance, when working inside the body of a patient to manipulate a diseased organ or stanch the blood in an artery, fingers are made temporarily from the flesh of the patient without causing him the least discomfort, and are as readily dissolved when the work is done.

A PERSONAL QUESTION

Question:

Why is it that in your writings there is always a note of somberness, always the dark thread; so little joy and happiness. Is there no happiness to be found in the higher life? Contentment, satisfaction, peace, yes, but is there no joy?

Answer:

*O would some power the giftie gie us,
To see ourselves as others see us,*

sang Robert Burns, and he was certainly correct in his presumption that none of us can see ourselves as we are. The writer was not aware that there is a dark thread and a somberness over all his writings, but perhaps the point is well taken, though it

would be wrong to draw the conclusion that there is no joy and happiness in the higher life. There is an unspeakable joy and a happiness that cannot be told, in the privilege of being allowed to help the thousands who come to us for aid and advice or spiritual comfort.

But while we realize the necessity and ultimate benefit which will result from the present great surgical operation the world is undergoing, we would have to be superhuman not to be bowed down with sorrow, even unto death, at the sight of all those hundreds of thousands, nay millions, who are suffering daily, and three and one-half years of work with the wounded, dying, and so-called "dead" have failed to make us more callous than upon the first night when we were nearly frantic at the sight of the cruel carnage. We endeavor not to carry the experiences of the night into the day, for it would unfit us for the work we have to do here, but it is perhaps too much to

expect that it would not stamp our waking life in some way.

This may be a very good point for those students to consider who are inordinately desirous of consciousness in the spiritual world. To them we would say that we envy them and would gladly exchange places with them and be rid of the sorrowful sights duty and love of our fellowman compel us to witness nightly, though, of course, wild horses could not drag us away from the suffering soldiers or their bereaved relatives. We would not give up the privilege of helping for anything, but we do wish we were unconscious of our work when we return to the body, then we should be much happier and probably able to infuse the tone in our writings.

Our own personality would always best be kept in the background, but if students will take this to heart, perhaps the answer to this question may serve a good purpose.

Simplified Scientific

Ephemeris

1919

NOW READY



The Astral Ray

* * * * *

Esoteric Astrology

Geo. T. Weaver

THE SIGN ARIES

Fourth Part

The All-Inclusive Sign

Though the first sign of the Zodiac and but one-twelfth of the whole, Aries is the all-inclusive sign. As the beginning sign, the beginning of all that is, it naturally includes within itself all that is to follow. The human brain, whose seat is in Aries, is microcosmic, because within it we find all the signs of the Zodiac, just as in the first digit we find all subsequent numbers, or in white light is embraced all colors. From the standpoint of Phrenology we can locate the various characteristics of the twelve signs in the various lobes of the brain. In a general way the brain may be divided into three sections of four divisions each, making the twelve divisions corresponding to the twelve signs. The first comprises the frontal region, which may be described by a line drawn from a point midway between the ears and eyes, and extending over the head. Here are located the functions called Formal, corresponding to the Formal region of the Zodiac. Just over the eye is located the sign Pisces, representing art. Above this is the sign Aries, representing letters, literature, etc. Still higher up is located Taurus, representing science. The brain top is occupied by Gemini, representing culture. This part of the brain is recognized as the seat of the intellect. The second section is divided in a general way by a

line running over the head parallel to the former line. This division is called the Social Sphere, as it is the seat of the social and affectional functions. Above this, Virgo is located, the lobe of parenthood. Still higher is the place of the sign Cancer, representing marriage. On top of the head is Leo, where the religious faculty is found. The third section extends from the social cusp to the back of the head on each side. Just back of the ears lies Capricorn with its commercial functions. Sagittarius lies above this point, with its defensive and wealth-getting faculties. Still higher up is Scorpio with its faculties functioning—justice, labor, and procreation. On the top of the head, in this section is located Libra, with its prominent lobe of ambition and rulership. These signs and their functions comprise the industrial or dynamic region. This Aries portion of the human anatomy, as the all-inclusive, symbolizes Deity in the Absolute sense, as the “All in all,” or the Fatherhood within man, the source of Omnipotent, dynamic power; of the mighty works such as were wrought by the Christ while upon earth, the seat of “All authority,” which was God’s idea of man when He created him, and which will again be realized by man when he shall have attained to the “power of the resurrection,” and thus is fully recovered from the effects of the fall.

Being the seat of the Absolute, or the all-pervading Spirit individuated in man, when it has been awakened to consciousness, it is the object of true worship, or the worship of God who is Spirit, in spirit and in truth.

In this regard this first sign of the Zodiac, in the archetypal sense, corresponds to the first commandment of the decalogue, "Thou shalt have no other gods before me." Any extraneous god, therefore, though it be the Sun of our solar system, the giver of light, heat and life, in the cosmic sense, is idolatry, the worship of which is forbidden in the second commandment. It is Sabianism, which is strictly forbidden in the Bible, "Take ye therefore good heed unto yourselves, for ye saw no manner of form on the day that Jehovah spake unto thee in Horeb out of the midst of the fire.... and lest thou lift up thine eyes unto heaven, and when thou seest the sun and the moon and the stars, and be drawn away and worship them, and serve them, which Jehovah thy God hath allotted unto all the people under the whole heavens" (Dt. 4:15-19). The prophet that should draw away the people from the true, esoteric worship, to the worship of even the host of the heavenly bodies, was by statute to be stoned to death. Man as a creator must keep his will within himself, for in yielding it to another, whatever that other may be, surrenders his own essential divinity, and disqualifies himself for his creative work. This is not the worship of self, as some have contended, for the worship of the personality would be sacrilegious in the extreme; but it is the worship of the Spirit of God within the self; of the Father who is Spirit, in spirit and in truth.

As the All-inclusive, within the Absolute, is embraced the Primal Logos, which in the archetypal sense, Aries refers to. The Primal Logos is not itself a creator, but the synthesis of all creative forces. Aries is that which has no birth, it is the Parabrahm, the all-sufficient, lying back of all causes, abiding everywhere, enswathing all that is. Its power is illimitable; its planet is the synthesis of all the planets; its keynote is the seven tones and five half tones combined in one; its color is pure white, combining all colors. To awake to consciousness on this plane man needs the differentiated fire of the sixth principle, that of the first

expressed Logos, to function through; and once it has awakened to consciousness, it will radiate a light that will illuminate the field of infinity, out of which will spring a universe of worlds. Having attained to this seventh principle, one will have reached universal consciousness, and will have become One with the All. This is the ultimate outcome of the entire creative process by which a microcosm is transmuted into a macrocosm.

But Aries as beginner is more than potentiality, or the Primal Logos, it represents actual as well as archetypal beginnings. In the creative work it represents the creative Logoi, or the Elohim, as found in the first verse of the Bible, "In the beginning God—the gods or Elohim—created the heavens and the earth." The Primal Logos is pure spirit, unadulterated with matter, even in its most attenuated state: it is the Ain Soph, or No Thing of the Cabalists; it is the world of Virgin Spirit of the Rosicrucians. The creative Logoi represents the beginning of the infoldment of Spirit into matter; the beginning of the expression of the Human embodied in the Absolute. The Primal Logos is the Absolute; the Creative Logoi is the beginning of the plane of relativity, of the phenomenal, or of Time. In this sense Aries, a fiery sign, represents the positive, fiery germ, or the overshadowing Spirit that "moved upon the face of the waters," out of which creation sprang. Science as yet has not discovered any negative electrons, but, like Darwin in his search for the connecting link, they are looking for it. This they never will discover, because as the primal monad, it is androgynous, possessing both the positive and negative within itself in equipoise. As we have seen, Aries people are creators on the mind plane, projectors, inventors; but are not apt to carry out their initiatives into concrete expression, leaving this work for others to consummate. Geminians are given to this same apparent weakness, but on the concrete plane, for they are not initiativists. Aries is the architect, but others must be the builders; Aries plans, but others execute their plans; Aries pioneers, but others build the cities and develop the civilization that is to follow. An Aries character produces the transition from the darkness of the Saturn period to the light of the Sun period, for the Sun is exalted in Aries, and is co-equal in

power with Mars, the ruler of Aries; but the light he produced is but nebulous; the concrete world from the nebulous is the product of other signs, as we shall see later. As Martian-ruled, he expresses dynamic force, but on the thought plane.

The whole Zodiac is divided into three groups of four signs each. The first four, beginning with Pisces, a watery sign, and therefore the cosmic egg, in the archetypal sense, ends with Gemini. Aries represents Fatherhood; Taurus, Motherhood, and Gemini, the offspring—all the product of the Cosmic Egg Pisces. The second group—beginning with Cancer, also a watery sign, and therefore cosmic egg, but on the Factive plane, as the Cabalists would say—ends with Libra, the product on this plane. The third group—beginning with Scorpio, the last of the watery signs, and the last of the cosmic eggs, and on the concrete plane, or plane of greatest density—ends with Aquarius, the product on this plane. In each instance a fiery sign, or spirit force, follows a watery sign, from which element all forms are generated; and are followed by an earthy sign, the negative or feminine principle, by the union of which two forces—action and reaction—the offspring is produced, which in each case is expressed by an airy sign. Four is always the point of transition from one plane to another where a ternary has been completed; it opens the door to the next lower plane. It is called the Quaternary. It is a very sacred number, for by it the holy name of Jehovah. is expressed; and to this day by descendants of Israel this name is designated by numbers—one, two, three, four—rather than by the letters, Yod, He, Vau, He. As the expression of that which is produced, or of offspring, it is the first number that can be thoroughly understood by the objective mind. It is the first solid number, possessing the three dimensions of extension, and therefore represents forms, or offsprings. The glyph expressing Four is the cross within the circle, or creation confined to limitation. This glyph is that of the Earth, which is its astrological meaning. The cross represents manifestation in form, for when folded it composes a cube, the basic of all forms. When the first day emanated from Unity, it formed a direct line that should everafter

be called North and South; while the Will, going forth to the right and left, made the four points of the compass, and thus completed the cross, and established polarization. The triangle, or number three, symbolically represents spirit in the formless state. It is quite evident, therefore, that these two numbers are mutually inter-dependent. Form could not exist did not spirit create it; and spirit could not become manifest did not form express it. Indeed, all these spirit numbers—one, two, three—are involved in four; and while they are earlier in their origin than number four, they are later in their manifestation.

Four is called the “*Mirific Word*,” meaning the Word of Power, or wonder-working word. By it all things were created, and the Logos referred to in the prologue to the gospel of John, is but another name for this magical word. To know this word and how to use it is the great aim of all students of Hermetic Philosophy. As the Hermetics think it is not something to be attained by the mere use of the lips, but to be expressed in the daily life. It is only when the higher Ego has been attained that every act becomes magical in its results. The prophet Isaiah says, “My word shall not return unto me void, but it shall accomplish that whereunto it was sent.” We are to give an account for every idle word spoken, so says the great Master. An idle word is a fruitless word, a word resulting in nothing. It need not necessarily be an evil word. Solomon says, “Cast thy bread (word) upon the waters, for thou shalt find it after many days.” The word is the seed sown; the waters are the womb in which they are cast. This word will. be spoken by every Ego after it has learned how to make it effectual Thus Moses was commanded to appear before Pharaoh and order him to let the children of Israel go free. He was personally timid and afraid to carry the message, so he asked, “Whom shall I say sent me?” The answer coming from the innermost of his own being was, “Tell Pharaoh that the I AM hath sent thee.” This self-existence was the source of the magical word. Up to that time the name of Unity was not known, the nearest approach being found in Isis, the mother goddess of Egypt. This expresses the same thought, “IS IS,” or eternal being. Over the portal of the

temple of Isis, copied afterward by Plato, there was inscribed, "*I am all that was and is and is to be, and my veil hath no mortal lifted,*" an expression equivalent to the I AM. This expression of Isis finds a correspondence in the Old Testament where it is declared, "No man hath seen my face and lived." Only those that can lift the veil of Isis, or can see the face of God and live, can speak the magic word, the word that creates a universe.

Aries As a Fiery Sign.

As to the elements, Aries is a fiery sign, the first of the fiery triplicity, Leo and Sagittarius being the two other fiery signs. But when we refer to fire we are not to be understood as referring to natural fire, although natural fire is but a lower expression of this fire. The fire indicated here is the essence of fire, just as the fragrance of a rose is the essence of the rose. As Aries represents the archetypal plane, its fiery nature is more attenuated than is that of either of the other fiery signs. Leo fire being more dense, and Sagittarian fire even more so. The symbol of Aries is the ram, an animal of a very fiery disposition. The radical place of Aries is at the horizon, the place of the rising sun, the place designated in Masonry by the initials RAM, meaning the Right Ascension Meridian, and this is a fiery point of the compass. Mars, the ruling planet of Aries, is a fiery orb; and lastly, the Sun is exalted in Aries and the Sun is a vast ball of fiery substance. This being the head sign, the fire here is hot-headedness, indicated by red hair, is a physical characteristic of those having Aries in the ascendant. And yet, because the Sun is exalted here, and the Sun being the ruler of Leo, the heart sign, Arians are warm-hearted as well as hot-headed.

Fire is not an element, as are air, water, and earth, but the fiery germ within these various vehicles. They constitute the Allness of Deity, but fire is the God spirit or life within the allness. In the case of Aries it is thought fire, as we have seen, the Divine outbreathing or Spirit substance, the primal fiery mist of modern science. Thus again, Aries is shown to be the beginning of the creative process, both macro- and microcosmically. Aries is, then, the seat of omnipotence, of Martian force and strenuousity, backed by the force

of the Sun, such force as Paul, in his intercessory prayer on behalf of the Ephesian church, prayed the Ephesian Christians might awaken within themselves, when he said, "For this cause I bow my knees unto the Father, from whom every family in heaven and on earth is named, that he would grant you, according to the riches of his glory, that ye may be strengthened with power through His Spirit in the inner man."

Aries, being a fiery sign, is a sign of sacrifice. Fire is the element that consumes the sacrifice, and "God is consuming fire." All Nature expresses this; the germ, which is the fiery Deity within the grain, consumes the grain, else it would not be productive. This symbolizes all sacrifice. On one occasion, when Jesus was attending a feast of the Jews at Jerusalem, certain Greeks who were there worshiping said to Philip, a disciple of Jesus, "Sir, we would see Jesus." When Jesus had been informed of their desire, he said, "The hour is come, that the Son of man should be glorified. Verily, verily, I say unto you, except a grain of wheat fall into the earth and die (be consumed), it abideth alone; but if it die (be sacrificed) it beareth much fruit. He that loveth his life loseth it; and he that hateth (giving it in sacrifice) his life in this world shall keep it unto life eternal" (John 12:20-25). Sacrifice lies at the foundation of all success, of all progress, of all evolution. The body is not made to abide, its purpose is to give expression to the Ego, and for experience unto soul growth; but when soul has gained all it can in any specific body, the body must die in order to give liberty to the soul to advance.

But the sacrifice expressed in Aries is not the highest type: First, it is the sacrifice or consuming of the head, the brain; to complete the sacrifice it must involve the heart as well; but Leo is the sign of the heart. An Aries sacrifice as seen in mental consumings is positive, centrifugal, outgoing, and in itself produces no forms or results. Without the centripetal force sacrifice is vain. Aries' sacrifice is that of one person on behalf of another. It was in the sign Aries that the Christ died as a sacrificial offering for our race, a sacrifice not needed for himself. The sacrifice of a mother for her children is of this type, and so also of a patriot for his

country. Unless there is a response on the part of the second party, the sacrificer alone is benefited. The sacrifice must stir the heart of the second party into action, or it does not die and become fruitful. This is self-sacrifice for the purpose of self-advancement, but such self-sacrifice is of the airy sign Libra. Aries, being the rising sign, its sacrifice is unto the personal resurrection of the sacrificer, and Christ rose from the dead in Aries. Libra sacrifice, the Sun on the cross, being the sign of the setting Sun, is unto death, the death of the carnal. Still the third fiery sign is needed in order to fruitage. Scorpio, a watery sign, is the sign of generation, and is set on fire by the oxygen within the water; now, the following sign Sagittarius, is a fiery sign and closely associated with the generative sign Scorpio. The story of Jacob's wrestling with the angel at the brook Jabbok illustrates this. His antagonist is here called a man, but later on it is said that he had striven with God and with men. The conflict was really within himself, his ego striving with the Fatherhood or Spirit within to give him the mastery over self, and with his generative propensity, to subdue it and thus cleanse himself of lust. As a struggle for regeneration, or the changed life, this sacrifice or consuming of the flesh secured him the coveted victory, for he was knighted upon the field of battle. Hitherto his name had been Jacob, meaning a *supplanter*, the name fitting the life; but henceforth his name would be Israel, meaning one who had striven with God and men, and had

prevailed, the name also fitting the changed life. "Is," or Isis, the self-existing, the divine feminine force, or Leo fire; "Ra," the Osiris, or Egyptian masculine deity; and "El," the generative God. It is the mortal element, then, consumed in sacrifice by the three-fold fire, that is fruit bearing on any and all planes, and Aries is the first of this three-fold fiery element.

We call this a sacrifice, as though it were a giving up of something of value, and to the uninitiated it does seem an absolute surrender; but nothing was ever given in sacrifice that was not recovered fully, and on a higher and better plane. In case of the Pascal lamb, sacrificed at the Passover feast, the family ate the roasted carcass, and were any left over it was utterly consumed. The sacrifice was an entire one. What was eaten was incorporated within the gross organisms, and what was consumed by fire was not wasted. The aroma, the essence of the meat, or spirit within the flesh, ascended as a sweet savor into the nostrils of the cosmic Deity; in the case of self-sacrifice, into the nostrils of the indwelling Father. Jacob's sacrifice, as we have seen, resulted in the changed life from the mortal to the immortal. The sacrifice of wheat grains results in the after harvest. The sacrifice of Christ resulted, so far as he was concerned, in his resurrection, and in the great harvest of souls that have been saved through His sacrifice. Only the gross physical disintegrates, but even this returns to the elements from which it came.

(To be continued)

Astrology From Another Viewpoint

By A. D. Cramer

Light, such as we sense, is a form of radiant energy causing vibration in the ethers. The vibrations differ in undulation or wave length, resulting in the various colors. All the living things able to absorb light, use it for growth, reproduction, evolution.

Light has both a physical and a psychological effect. No living thing could exist on earth without

light. Those living forms that seem to thrive in darkness are sustained by the actinic rays that penetrate all substances. Both mental and physical diseases show marked pathological changes resulting from various treatments with light or colors. These are facts of common scientific knowledge.

Light differentiates by varying vibration. The

different effect of the blue ray and the red ray is due to this cause. The difference between the ray of Saturn and the ray of Jupiter is in the rate of vibration. It is taught and demonstrated in common science that these differences exist.

The Sun, the Moon, and the planets represent different sources of radiant energy in the Solar System.

Light at one rate of vibration produces one effect, and at another rate produces a different effect. Consider the depressing or stimulating effects of various colors.

The angle of incidence modifies the effect of the light ray. The same light acting at one angle produces a certain effect, and at another angle it produces another and different effect. At one angle a light ray will promote life and growth; at another, it will retard or destroy.

The phenomena of the changing seasons are the direct result of the change of angle of incidence of the Solar Ray.

One set of vibrations may interfere with and modify the effect of other vibrations. The Astrologer calls these results *Squares* or *Oppositions*.

One set of vibrations may energize the effect of another set of vibrations. The Astrologer calls these results *Sextiles* or *Trines*, and with the squares, oppositions, and conjunctions, they are termed the *Aspects* of the planets.

Every form of matter absorbs light to some extent and is radioactive. Every form constantly sends out its own characteristic vibrations.

The Mighty Heavenly Bodies send out each its characteristic vibrations which reach and affect all life upon earth. These effects are physical, vital, emotional, and psychological.

Through text books and instruction we learn the individual nature of each planetary vibration.

The angles of the planetary rays are figured mathematically by means of an Ephemeris and Logarithmic Tables.

The First Breath of Radiant Atmosphere Inhaled by the New-Born Infant Thrills Its Sensitive Little Body with the Rates and Qualities of Vibrations Then Prevailing, and Becomes the Keynote of Its Nature All Through Life.

God set the Sun in heaven and round it there
 Wrought the huge orbs that sail the sea of air.
 In these He locked Himself, in each a part,
 His Power, His Knowledge, His All-loving Heart.
 And lo, at length He saw set forth in space
 The flawless mirrored likeness of His Face.

AS HANDY AS A KITCHENETTE

Dear Jane:

I feel not only pleased, but honored to be the first to receive the first copy of the new *Tables of Houses*.

After you went home last night, I examined it, and my delight and admiration grew.

I was prepared for clear type of a size easy for the eyes, but not prepared to find it a handy Atlas as well.

Usually, to set up a figure has meant: to drag out a heavy Atlas from the bottom shelf of the book-case, look for a convenient place to spread it out, and, after finding what I want, return it to its place. Now all you have to do is get your little book, and there you are—as handy as a kitchenette.

These series will become classics among Astrologers, as the other publications are among occult students.

Dorothy D. B.

HEAR NATURE CALLING

Do not look for iron for the blood in a bottle or in the pill box, but call upon nature, she is the best doctor in the spring of the year, when she so generously supplies man with fresh lettuce, dandelion, spinach and many other tempting greens that can be prepared in salads. These should be eaten every day in their natural state. Go out into your little garden and pull a fresh carrot or a few stalks of asparagus and eat them after rinsing under the faucet. A few hours of gardening and digging in the soil and sunshine will supply the best tonic for an anemic, nervous and run-down invalid. Follow this advice each day and you will not need the doctor's visit and the druggist's medicine. Get your iron tonic and oxygen from nature.

The Children of Taurus--1918

Born April 21st to May 20th.

EDITOR'S NOTE—It is the custom of astrologers, when giving a reading requiring as data only the month in which the person is born, to confine his remarks to the characteristics given by the sign the Sun is in at the time. Obviously, however, this is a most elementary reading and does not really convey any adequate idea of what these people are like, for if those were their sole characteristics there would only be twelve kinds of people in the world. We are going to improve upon this method by giving monthly readings that will fit the children born in the given month of that particular year, and take into consideration the characteristics conferred by the other planets according to the sign wherein they are during that month. That should give a much more accurate idea of the nature and possibilities of these children and will, we hope, be of some use to the many parents who are not fortunate enough to have their children's horoscopes cast and read individually. We keep these magazines in stock so that parents may get such a reading for children born in any month *after* June, 1917. The price of back numbers is 25¢ each.

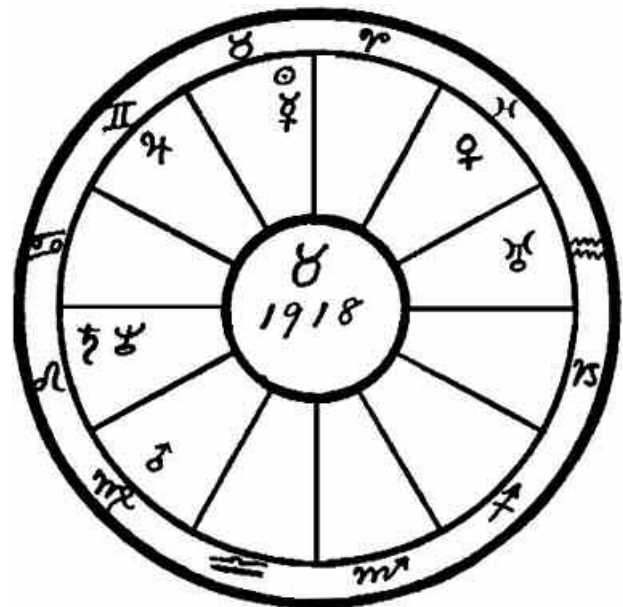
It is not easy to become intimately acquainted with the children of Taurus, for though as a rule they are very amiable and suave when talking about other subjects, they are generally as close as clams with respect to things that concern themselves. They practice assiduously the advice of "Bobby Burns,"

*With heart sae free your story tell
Unto a bosom cronie,
But still keep something to yourself
You scarcely tell to ony.*

And if anyone tries to break through that reserve he will meet with a resistance so stubborn that in the end he is forced to abandon the effort. If the children of Taurus determine to do something, whether good or ill, they usually accomplish their object no matter what the obstacles, for they simply lock their teeth like a bulldog and hang on till they have gained their point, even at the cost of their own lives or the lives and happiness of everyone near and dear to them.

Once a great determination has been formed, they are no more amenable to reason than a stone. In any case, they are extremely set in their opinions, also cunning and diplomatic, so that when they do not or cannot gain their ends by force, they will try other and more subtle methods. It is good to have an opinion and the backbone to stand up for it, so the principal question is

whether they are right or not, and therefore the education of a Taurus child involves a very considerable responsibility on the part of the parents, for there is no doubt that even with the inflexible Taurian disposition the character is somewhat plastic in childhood and may be modeled to a great extent by the parents. It is also of prime importance to the conscientious parent to remember that whatever habits and characteristics may be thus inculcated in childhood will stay with the



child its whole life, and the parents will therefore be to a great extent responsible for the child's success or failure.

The love nature of the Taurian children is very strong, but this year's crop will be very turbulent in that respect and have considerable trouble on account of unbridled passion, for we find Mars, the planet of dynamic energy and turbulent passion, in mundane square to Jupiter, the planet of self-indulgence, and Venus, the planet of love, which is placed in the 12th house sign Pisces, indicating sorrow trouble and self-undoing. Hence we may judge that these children should be brought up with extra care as regards morality. Otherwise, the intemperate and unbridled indulgence of the passional nature is apt to cause them great sorrow and trouble in life. They are apt to

turn their energies to destructive purposes, unless they are kept carefully in line. Uranus, the planet of originality and independence, in the intellectual sign Aquarius, in mundane trine with Jupiter who is placed in the Mercurial sign Gemini, shows a mind of a high intuitive order, but restless and independent. This is further accentuated by the mundane square of Uranus to Mercury, the planet of reason. If they can only be steadied down they will be very valuable in the world's work, but otherwise, they are apt to become a source of trouble to themselves and others.

With respect to health, we find that Mars, the planet of dynamic energy, is in mundane trine to the vitalizing Sun, which is placed in the strongest sign of the zodiac Taurus. This will give these children an abundant vitality and even if at times they should be taken down with sickness, they

will have such wonderful recuperative power that they will be over it and out in short order. They are very fond of good things to eat, but the more sparing they can be in their mode of living, the better it will be for them because there is a tendency to obesity in the later years, and this will make them very uncomfortable, especially as Saturn and Neptune are in Leo, the sign which rules the heart. It requires more energy for a fleshy person to move about than for people of normal weight. This, therefore, involves an extra strain on the heart, from which it should be spared. Parents of Taurus children ought, therefore, to teach them as simple a mode of living as possible in childhood's days, then when the habit has once been formed it is not so likely to be broken in later years, and this may save considerable pain and sickness.

Your Child's Horoscope

If the readings given in this department were to be paid for they would be very expensive. besides typewriting, typesetting, plating of the figure, etc., the calculation and reading of each horoscope requires at least one half day of the editor's time. **Please note that we do not promise anyone a reading to get them to subscribe.** We give these readings to help parents in training their children, to help young people find their place in the world, and to help students of the stellar science with practical lessons. If your child's horoscope appears, be thankful for your luck. If it does not, you have no cause for anger at us.

We Do Not Cast Horoscopes.

Despite all we can say, many people write enclosing money for horoscopes, forcing us to spend valuable time writing letters of refusal and giving us the trouble of returning their money. Please do not thus annoy us: It will avail you nothing.

ROSARIO G., born Feb. 15, 1905, 12:20 Noon, Madrid, Spain.

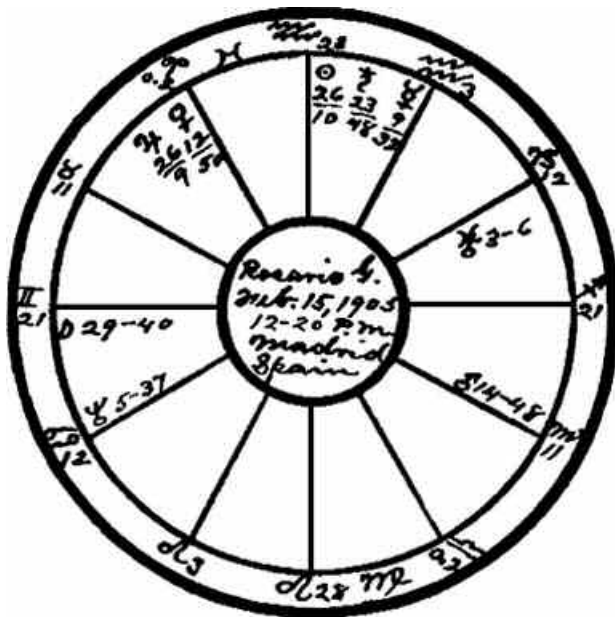
At the time of Rosario's birth the intellectual sign Gemini was rising, with the Moon, the planet of emotion and imagination, conjoined with Neptune, the planet of impressionability. This will give her very strong emotions and a fertile imagination beyond the ordinary intuitional faculty. She will be able to sense things about her in a most uncanny manner, and arrive at the right conclusions concerning whatever may engage her attention. We also find in this horoscope two aspects which make for general good fortune in life; namely, the Sun sextile to Jupiter, the planet of benevolence, geniality, and good fellowship, and Jupiter sextile to Saturn, the planet of system, method, prudence, diplomacy, thrift, and executive ability. These two aspects show that Rosario is a strong personality, capable of forming accu-

rate judgments concerning business matters, and she will in time work herself up to a very responsible position, where her systematic and thrifty methods and her organizing abilities will bring her considerable gain and wealth. It shows that she will have influential friends on whom she may rely for help whenever necessary, that she will be very much respected, for she wants to comport herself in such a manner that she may gain and keep the respect of society, and even should temporary misfortune befall, she has by these aspects a hopeful mind that will tide her over until things adjust themselves and take their ordinary course. It is also foreshown that she will be very popular, for she is sincere, frank, generous, and genial, as a rule.

This is her good side and one that should be fostered with all your might; but under certain trying circumstances and provocations there is also

another side to her nature, foreshown by Mars, the impulsive, turbulent planet, square to Mercury, the planet of reason and expression, and when that side of her nature comes to the front she can be very sarcastic, argumentative, impatient and irritable. There is a side also to the aspect, Moon conjunction Neptune, which predisposes to indiscretion, and under certain conditions there is a possibility that these aspects may override the desire created in her by the Sun sextile Jupiter to comport herself with the greatest of circumspection so as to keep the respect of society. She may forget for the moment and go wrong because Mars, the planet of impulse and desire, is strong in his own

et of obstruction. These being in Aquarius, work in the opposite sign Leo, which governs the heart, and so we may judge that the heart action is a little doubtful, but on account of the Sun and Saturn being also trine to the Moon, which is the principal significator of health in a woman's horoscope, we should say that with any ordinary care, and barring severe abuse, Rosario will enjoy good health throughout life, for this last mentioned aspect, the Moon trine to the Sun, is one of the very best indications of health, wealth, and happiness that can be in any horoscope. And speaking of happiness brings out another fortunate configuration; namely, Mercury the ruler, being sextile to Venus, the planet of love. This also is an indication of the heart's desire being gratified in that direction, and a happy marriage consummated in due time.



sign, Scorpio, which rules the generative organs. Thus she is liable to lay herself open to slander and trouble and other unpleasant consequences of a rash act. She is just at the age now when these things are most likely to happen before the mind has gained sufficient control over the emotions, and it would therefore be well for you to take this matter up with her in a diplomatic manner, so that she may understand the tendencies and guard herself against any indiscretion or temptation which may be placed in her way.

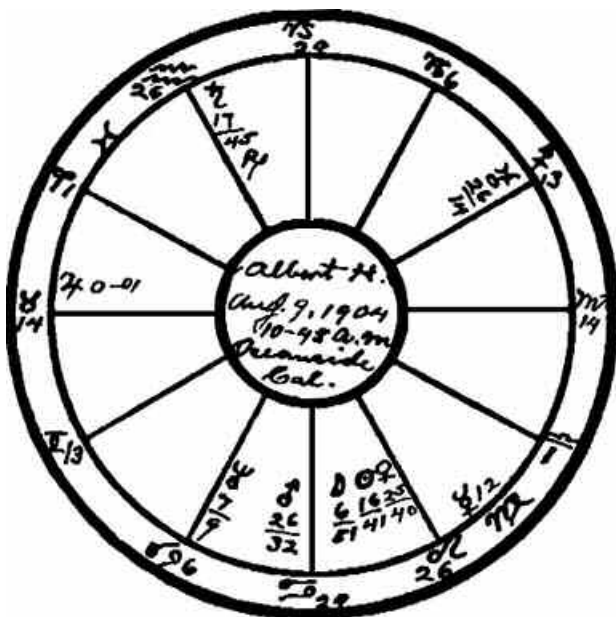
With respect to health, we find that the Sun sextile to Jupiter gives Rosario an abundance of vitality, but this good aspect is somewhat toned down by the conjunction of the Sun and Saturn, the plan-

Albert H., born Aug. 9, 1904, at 10:45 a. m.,
Oceanside, Calif.

At the time of Albert's birth, Jupiter, the planet of geniality, was rising above the Eastern horizon, and Venus, the ruler of the rising sign, was in the heart sign Leo and trine to Uranus, the planet of originality, we may therefore judge that he will have a very pleasing and attractive personality, so that he will be well liked by everyone with whom he comes in contact, but particularly those of the opposite sex. This will also give him an attraction and ability in a musical direction. Music is a talent that by all means should be fostered, for it will afford both himself and others a great deal of pleasure and probably be the means of making a good livelihood for him. We also find that Mercury, the planet of dexterity, is sextile to Neptune, the planet of inspiration; this will add a quality to his music that will be above the average. It will also give him the ability to compose music, and bring him before the public in that capacity. Mercury is the planet of reason and its sextile to Neptune, which is its higher octave, shows that Albert has a very bright, quick, and resourceful mind, a fertile imagination, and a quick perception. It gives him a mind that is open to new ideas and advanced thought, so that it is a foregone conclusion that in time he will associate himself with some school of that kind. Having so

many planets in the 5th sign Leo, and Mercury in the 5th House, which rules teaching, we may also say that he will make a good teacher.

But it is not going to be all smooth sailing with him in life. It never is for anybody if the life is to be lived to a purpose; there must be the obstacles to develop the spiritual muscle, just as well as the physical obstacles develop physical muscles. And so we find the life-giving Sun in opposition to Saturn, the planet of obstruction; this shows that he will not attain without a considerable struggle, there will be many hindrances, obstacles, and delays. There will also be disfavor of superiors, which are indicated by the Sun, and this may develop a pessimism in Albert's nature. But there



is a reason for the trouble, for we find that Mars, the turbulent and obstreperous planet, is square to Jupiter, the planet of geniality and good fellowship. This will make him very egotistical, rash, and domineering at times. And as Jupiter is also the planet of sport and games, it will give him a tendency to gamble and he will lose thereby. This aspect also inclines to many hasty and rash acts which cause the loss of favor of friends. Albert is now already at the age where these traits have developed in him to a considerable extent and you will find it perhaps very difficult to change them, but as said already, he has a bright and an open mind, and it may possibly be that by

reasoning with him and by showing him that these things are foreshown in his horoscope as tendencies, and at the same time telling him that they can be conquered, so that he will not suffer from them, he may think over your words favorably, and take himself in hand, so that he will not allow these tendencies to work themselves out in practice. He may not change right away, it is difficult for one of his kind to change, but at least it may be that when sorrows and sufferings have come to him through these things a number of times, he will be more quick to turn than if this horoscope were not written and he did not know that the tendencies were there and that they are there for him to overcome.

With respect to health, we note again the opposition of the life-giving Sun to Saturn, the planet of obstruction. This in general affects the health, particularly as the Sun is in its own sign Leo, which governs the heart, and Saturn, strong and elevated in the 10th House and in the sign Aquarius. On that account he ought to carefully school himself and keep his equipoise, as temper and worry will always have a serious effect on the heart. Furthermore, there is a square aspect between the Moon and Jupiter, which will cause blood and liver complaints unless proper care is taken to live a simple life, and cultivate frugality. This will perhaps be difficult for Albert because with Mars in Cancer, the sign which governs the stomach, he will have a strong tendency to overeat and this will probably be the root of whatever sickness comes to him.

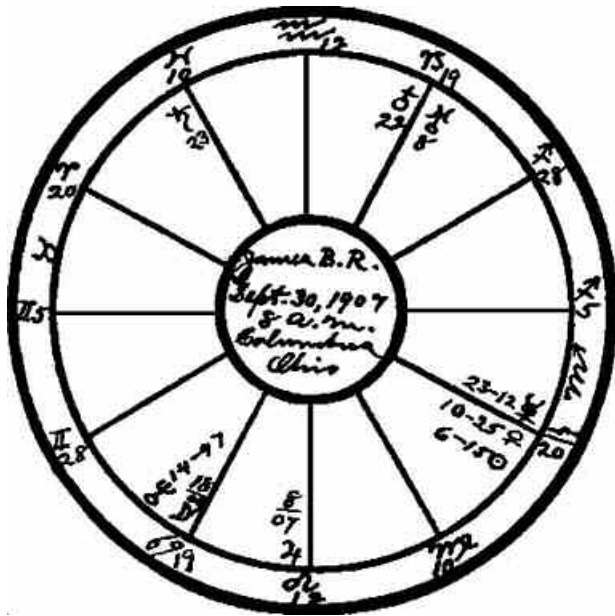
James B. R., born Sept. 30, 1907, 8:00 a. m., Columbus, Ohio

At the time of James' birth we find the life-giving Sun in conjunction with Venus, the planet of love, in the 5th House, indicating pleasure and enjoyment, and sextile to Jupiter, the planet of geniality. This shows that James is good natured, a hail-fellow-well-met, and fond of pleasures and society, both of men and women. Therefore he will draw to himself a great many friends who will be of help to him during life. It also indicates, because Jupiter is the planet of opulence, that he will always be in comfortable financial circumstances; but as the turbulent, reckless Mars is in

opposition to the Moon, we find that he will be extremely free with his money and reckless in his expenditures where pleasure is concerned; hence, it is not likely that he will accumulate anything, but it will go about as fast as it comes, because he will always act under the impression that nothing is too good for his friends. While this is very good so, far as it goes, and will bring a great deal of pleasure into his life if it is kept within proper bounds, there is a tendency to go to excess, shown by the reckless Mars in opposition to the Moon which is placed in a watery sign. This inclines to wine, woman, and song, in a degree which, if persisted in for a long time, is bound to break down both health and reputation. Therefore be very careful to keep him within bounds while he is

associates with, for association with him is everything; he must have friends and company; furthermore, if the friends he selects are of the kind that go to the bad, then he is apt to follow them. On the other hand, if friends can be selected for him in the beginning until he learns to appreciate the right kind of companionship, that will help him materially to overcome and steer clear of the shoals that are upon his life's path. The turbulent Mars in opposition to the restless Moon and both of them squared by Mercury, the planet of reason, show, among other things, a quick temper, which is liable to flare up at any time, and at such times the usual good nature will be momentarily gone, but fortunately he will be over this mood very quickly, and does not hold a grudge. Nevertheless, such outbursts are always liable to cause himself and others sorrow and disappointment. Therefore you should help him as much as possible to overcome this fault and live up to the genial nature shown by Jupiter sextile to the Sun and Venus.

With respect to health, we find that Jupiter sextile to the life-giving Sun and Venus will give James a great fund of vitality which will carry him through life in good health, if he does not abuse his body as indicated by Mars in opposition to the Moon and both of them square to Mercury, for drink will break down the strongest nature; but otherwise he will have nothing to fear from ill health, for even Saturn is unafflicted and is placed in the sign Pisces, where, under such conditions, the worst that he usually does is to give a predisposition to cold feet. We may also say that Saturn in this 12th House sign indicating secret things, sextile to Mars and trine to the Moon, would give James some ability as a detective in the secret service.



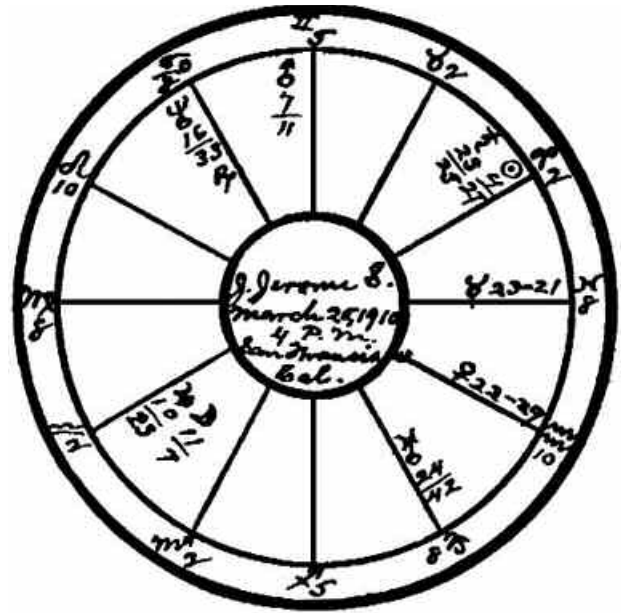
under your care and, if possible, bring him up on a meatless diet and you will minimize the tendency to drink considerably. Thus, you will save him much sorrow and trouble which would otherwise come to him. Saturn, the planet of system, order, method and perseverance, is sextile to Mars, the planet of dynamic energy and construction, and trine to the Moon, the planet of imagination, showing that he has considerable energy, perseverance, and ability to make his life a success from every point of view. And if he is only put on the right track and taught to choose the right kind of companions he may probably be turned into the better way, but a great deal will depend on who he

Jerome S., born March 25, 1910, 4:00 P. M., San Francisco, Calif.

At the time of Jerome's birth, we find four common signs on the angles; this usually means that the person then born is of a listless and indolent nature, but in this case we find Mars, the planet of dynamic energy, elevated close to the Midheaven; he is sextile to the life-giving Sun and trine to the planet of geniality and good-fellowship, Jupiter, also to the fertilizing and restless Moon. This shows that Jerome has a great fund of latent ener-

gy, which may be used to considerable advantage to himself and others in constructive work, particularly where engines and machinery are employed on a large scale, and probably, on account of the connection with the Sun he will succeed best in work for the government. Mars in a Mercurial sign always brightens and strengthens the mind, but here we find, in addition, that Mercury is sextile to Uranus, the planet of intuition and originality. This shows that Jerome is way above the average in intellect and intuition, so that he will be able to successfully grapple with whatever problems come before him, as long as he stays on the path of reason. But there is an other side of his nature where a great danger lurks, and if he allows that side to come to the front he may wreck his whole life thereby. This is shown by Uranus, the planet of unreason and unrestraint, in the 5th House of gambling, square to Saturn, the planet of obstruction. Neptune, the planet of fraud and dishonesty, is also square to Jupiter, the planet of gambling, and the Moon in the Second House which governs finance. All these things show that there is a tendency to gamble, not in the ordinary small way, but the desire to get rich quick may induce Jerome to invest in bubble companies, wildcat stocks and bonds and similar mad things, which will then drag him down to ruin. Therefore he should be cautioned from boyhood never to gamble or take a chance, but always to work along the most conservative, legitimate lines of business. He should also be taught to do constructive manual work, for Mars in Gemini, the sign which governs the arms and hands, sextile to the life-giving Sun, placed in Aries, the sign ruling the head, shows that both the head and hands can be easily trained to work together, and the sooner this training is commenced the better it will be for him, the more expert he will become, and the less tendency there will be to use only the brain side of his nature, and turn into the dangerous path of a gambler's life.

There is one very grave fault that we would warn you of as parents, and which you must try to correct. It is shown by Uranus, the planet of independence, square to Saturn, the planet of malice and deceit. This shows that Jerome will resent any



attempt at restraint of his independence; he will want to act as his own mind dictates, regardless of what other people say, and if he has occasion to differ with anyone, he is liable to hold a grudge for a long time, and be very vindictive and malicious. Such a tendency always grows with the passing years, and it will be very harmful both to himself, personally, and other people with whom he comes in contact if this trait is allowed to remain in his character. Therefore you should by all means strive to show him how to forgive and forget, thus you will save both himself and others a great deal of unhappiness.

We also find that the Sun in opposition to the Moon gives a vacillating nature, unable to form prompt decisions; this has been offset by the other aspects we have mentioned in a great degree, but nevertheless you should teach Jerome always when he has formed a decision to stay by it, and not change his mind too easily, except when there is a good reason for it.

With respect to health, we find that Saturn, the planet of obstruction, in the sign Aries, which rules the head, and square to Uranus, the planet of spasmodic action, which has considerable rule over the nervous system, will make him subject to nervous headaches; but we also find that Neptune, in the sign Cancer, which rules the stomach, is the main cause, so by teaching him to live a very simple, frugal life, the trouble may be corrected.

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* * * * *

Christ and His Mission

Kittie Skidmore Cowen

Concluded

HAVING now learned the real nature and use of the blood, we will read still further in this same lecture (*The Mystery of Golgotha and the Cleansing Blood*) and see how “the blood” really did serve as a remission of sins. On page 11 we find the following: “As to the reason for the violent death, we have already heard that when a person is taken violently out of his instrument there is something that clings to it, and that something is the impurities of the lower nature. We have the arterial blood, and the venous blood, and in that venous blood are the impurities that belong to the lower nature; but in the arterial blood we have the purity. The venous blood clings closely to the flesh, and therefore at the time that any person is killed, if the blood flows, there is a distinct cleansing. Whenever the spirit is taken out of the body by accident, and the blood flows, Man is cleaner, he is better as a spirit.

“The body of Jesus was to be killed, and the blood was to flow, in order that by that violent death, the last impurity that might still be clinging to that flesh should be left to decay; that the Christ spirit, pure and untainted, with none of the impurities of the body it had used, might be diffused over the world.

“When that Great Being flowed out through the wounds of Jesus’ body, that luminous Sun Spirit diffused itself all over the Earth. And that is why we hear of that great darkness, because that spiri-

tual light was what men perceived as darkness. But gradually it was absorbed into the Earth and took its place, permitting everything within its influence to return to its normal condition, so far as man could see; but the vibrations that had been set up there cleansed, purified, and set in rhythmic order the vibrations in the higher world, and gave a spiritual impulse that could not otherwise have been given, and *that* was the way that it cleansed and ‘took away the sin of the world’—by restoring the rhythmic vibrations in a measure and thus enabling man to progress.

“That influence is still working and cleansing the world; it is the source of altruism and benevolence which are gradually taking the place of patriotism and selfishness, bringing Universal Brotherhood and Fellowship to the World.”

On page 407 of the *Cosmo* we are told that at the moment the Christ-spirit entered the Earth, “a tremendous wave of spiritual sunlight flooded the Earth. It rent the veil which the Race-spirit had hung before the Temple to keep out all but the chosen few, and it made the Path of Initiation free thenceforth to whomsoever will. So far as concerned the Spiritual worlds, this wave transformed the conditions of earth like a flash of lightning, but the dense concrete conditions are, of course, much more slowly affected.

“Like all rapid and high vibrations of light, this great wave blinded the people by its dazzling brilliance, therefore it was said that ‘the Sun was

darkened.' The very opposite was what actually occurred. The Sun was not darkened, but shone out in glorious splendor. It was the excess of light that blinded the people, and only as the entire Earth absorbed the desire body of the bright Sun-spirit did the vibration return to a more normal rate.

"The expression, 'the cleansing blood of Christ Jesus,' means that as the blood flowed on Calvary, it bore with it the great Sun-spirit Christ, who by that means secured admission to the earth itself, and since that moment has been its Regent. He diffused His own desire body throughout the planet, thereby cleansing it from all the vile influence which had grown up under the regime of the Race-spirit.

"Under the law all sinned. The desire body was so strong that it was impossible for them to control it altogether and their debts engendered under the law of Consequence piled up to monstrous proportions, and many would have been lost to our life wave altogether. Therefore did Christ come 'to seek and to save that which was lost.' He took away the sin of the world by His cleansing blood, which gave Him entrance to the Earth and its humanity. He purified the conditions and we owe it to Him that we are able to gather for our desire bodies purer desire-stuff than formerly, and He continues to help us, by making our external environment constantly purer.

"That this was and is done at the expense of great suffering to Himself, no one can doubt who is able to form the least conception of the limitations endured by that Great Spirit in entering the hampering conditions of physical existence, even in the best and purest vehicles possible; nor is His present limitation as Regent of the Earth much less painful. True, He is also Regent of the Sun, and therefore only partially confined to the Earth; yet the limitations set up by the crampingly slow vibrations of our dense planet must be almost unendurable.

"Had Christ Jesus simply died, it would have been impossible for Him to have done this work but the Christians have a *risen* Savior, one who is ever present to help those who call upon His name. Having suffered like unto ourselves in all

things and knowing fully our needs, He is lenient toward our mistakes and failures so long as we continue trying to live the good life. We must ever keep before our eyes the fact that *the only real failure is in ceasing to try.*"

Summary

What has been said concerning the Mission of Christ may be summed up as follows:

The *Christ* alone was able to secure all twelve of the vehicles which were necessary in order that mankind might be raised up to God. He, having reached by initiation the second aspect of God, contacted humanity through the vital and dense bodies furnished Him by *Jesus*.

Prior to His coming, humanity had been worked upon from *without* by Jehovah through the different Race-religions.

When the "blood flowed" at the time of His crucifixion, the great Sun-spirit, Christ, was liberated from the physical vehicles of Jesus and found Himself in the *Earth* with individual vehicles. The already existing planetary vehicles He permeated with His own and, in the twinkling of an eye, diffused His own desire body over the planet, which enabled Him henceforth to work upon the Earth from *within*. By purifying the desire body of the Earth He made it possible for humanity to obtain better, purer desire stuff with which to build their desire bodies in the future. It is through the desires that mankind is led into temptation. When once we have learned that Christ purified the desire body of the Earth, from which mankind gathers the material with which to build his own individual desire body, we can readily see how it was that the sins of the world were taken away. The purer the materials with which we build these desire bodies of ours, the less we are prone to yield to temptation.

Now, having acquired a clear understanding relative to the manner in which the Christ works from *within* upon the desire body of mankind, we will next turn our attention to the mode which He employs in working upon the vital body from *within*. We know that the Christ spirit has direct connection with the vital body for the reason that the vital body started its evolution in the Sun

Period and consequently is the particular charge of the Christ who is the highest Initiate of that Period. The vital body is the storehouse of the panorama of our life; our sins and the wrongs we have suffered at the hands of others are inscribed there.

Therefore it is the Christ alone who understands better than all others the nature of the vital body, who is best fitted to take the sorrows and sufferings of mankind up to the throne of the Father and there through intercession with Him help us in a way none other can. And furthermore, since Christ came and "took away the sins of the world," (not of the individual) purifying the desire body of our planet, the connection between all human dense and vital bodies has been loosened to such an extent that, by training, the vital body may be separated into two parts. The first and second ethers are left with the dense body to perform the purely animal functions, and the two higher ethers are arranged into a vehicle in which the owner may function while out of the dense body. It was through this separation of the ethers of the vital body that initiation was made possible to all.

We are now ready to turn our attention to an examination of the manner in which the dense and last of the threefold bodies of man is worked upon from *within* by this indwelling Spirit of Christ. Since the sacrifice on Golgotha when the Christ became the indwelling Spirit of the Earth, it is the Christ-spirit which has fructified the Earth, enduing with life the sleeping seeds which grow and fill our granaries with the bread of physical life, and given a new impetus to the vine which causes it to annually put forth leaves and bear its burden of precious fruit. Now, we are all familiar with the following quotation: "The Lord Jesus, the night He was betrayed, took bread; and when He had given thanks, He broke it and said: 'Take, eat; this is MY body, which is broken for you: This do, in remembrance of Me.' After the same manner also He took the cup; when He had supped, saying: 'This cup is the New Covenant in MY blood; this do ye, as oft as ye drink in remembrance of Me, for as often as you eat this bread, and drink this cup ye declare the Lord's death till He comes. Wherefore, whosoever shall eat this

bread, and drink this cup of the Lord unworthily shall be guilty of the body and the blood of the Lord. For he that eateth and drinketh unworthily, eateth and drinketh judgment to himself, *for this cause many are weak and sickly among you, and many sleep.*'"

At the present time we find mankind in general making a distinction between the bread and wine which we drink in commemoration of the Lord's supper and the food which we partake of during the intervals between attendance at Communion. But there is no warrant in the Scripture for any such distinction. On the contrary, we are told that whether we eat or drink, or whatever we do, all should be done to the glory of God. Our every act should be a prayer. When we remember at each meal that it has been drawn from the substance of the earth, which is the body of the indwelling Christ-spirit, we can properly understand how that body is being broken for us daily, and we can appreciate the loving kindness which prompted Him to thus give himself for us. We should remember that there is not a moment, day or night, that He is not suffering because bound to this earth. When we thus eat, and thus realize the true situation, we are indeed declaring to ourselves the death of the Lord whose Spirit is groaning and travailing, waiting for the day of liberation, when mankind will have so purified his dense body that there will be no need of the present dense environment which he now requires.

This, then, was the mission of Christ: To save that which was lost, to unite mankind into one universal Brotherhood, to supplant the reign of law with the regime of love, and to open the way of initiation for all, so that whosoever will may come.

DREAM SENDS HIM IN SEARCH FOR BOY'S DEAD BODY; FINDS EARLIER TRAGEDY

San Jose, Cal.—The recumbent skeleton of a woman, the sitting skeleton of a man, buried how many years ago, and by what agency, there is no evidence, was the gruesome find made by George E. Maloney and J. A. Huber Sunday, when they reached the exact spot on the bank of Guadalupe creek, to which Maloney, in a dream, had been

directed in his search for the body of drowned Alven Huber.

Fifteen-year-old Alven Huber was swept away on the flood tide of the creek during a recent storm.

The ghastly find was made by Maloney and J. A. Huber, father of the flood victim, on the creek bank, near Alviso. They were searching for the body of Huber's son. About seven feet up the bank from the waterline they saw the head of a skeleton protruding from the sand.

They rushed to the spot, at first believing it the body they sought. They dug up first the skeleton of a woman. Then that of a man was uncovered.

Maloney said that in a vivid dream he saw the boy fall in the stream. The current whisked him away. The body appeared to travel faster than the current. It reached a bend in the creek and stood still.

This was the point to which Maloney took Huber and where they found the relics of an earlier tragedy.

Maloney believes the bodies he found are of white people. There was no clothing or other means of identification about the bodies.

They were at the edge of a pasture, far enough up from the water to indicate that they had not been deposited there by the currents of the creek. In fact, they seemed to have been buried there many years ago.

RADIANT HUMAN BEINGS

That idea seems rather strange perhaps, but it is quite scientific. Pitchblende, after being submitted to various chemical operations, by which the grosser and coarser materials are eliminated, finally (or the residuum) becomes the luminous radium. So, likewise, when the grosser and coarser elements of human nature become eliminated from one's being. (they are usually termed vices, and include the mental and moral, as well as the physical); when these have been eliminated and a state of absolute purity attained, the physical body radiates light just as the sun does, and of the same kind. This is the real significance of the "transfiguration" of Jesus, and it is the supreme test of absolute purity. How many "radium" human

beings did you ever meet? Hence, how many pure? But, as one song writer has truthfully written: "There is sunshine in the soul," and Jesus said: "Let your light shine before men, that they may see your good work (the eradication of the evil that is in you) and glorify your Father which is in Heaven."

LOVE AND VIRGIN MARRIAGE

We can love in mind and in soul and in spirit; and the highest love of earthly unions is but a dim foretaste of this grand love. Know then the meaning of true Love. Know what few men know.

Every man is complete within himself, and nothing is there lacking, if he will but search the depths. Love is but the soul's desire for a portion of itself which it has lost and without which its joy is incomplete. Think not the soul cannot lose a portion of itself; it can. That which we possess yet are not conscious of is lost, latent, as it were, present but unmanifest. Now the perfect being is fully self-conscious of all his parts and attributes, and perfection must be our end and aim. Know then that thou art in me, and I in thee; and through you I become self-conscious of thyself in me, and through me thou becomest self-conscious of myself in thee. This is the "VIRGIN MARRIAGE." This is the meeting of the Bride and Bridegroom, and the only marriage known in heaven.

—*Esoteric Mysteries*

*CHRISTIAN MYSTICISM BY
CORRESPONDENCE*

A course of monthly letters and lessons are issued by the Rosicrucian Fellowship to aid those who wish to probe more deeply the Mystery of Life and Being. Upon request the General Secretary may admit students to the preliminary degree, but advancement in the deeper degrees depends upon merit.

Evil is the result of overdoing, over-emphasis, of having too much of a good thing. A relationship, not a thing. No thing whatever is evil in itself. Hence, evil cannot have any infinite aspect whatever, but only a finite one.

Nutrition and Health

* * * * *

Bacterial Value of Cheese

THE long cherished idea that cheese should form only a small part of the daily diet has recently been challenged. Not long ago the United States Department of Agriculture issued a bulletin recommending the use of cheese as a cheap and wholesome substitute for meat. Now we are told by a Swiss investigator that cheese is valuable not only for its content of proteids and carbohydrates, but for the beneficent bacteria found in it. An article in *Naturwissenschaften* (Berlin) speaks thus of the matter:

“These kinds of bacteria, especially those in Emmenthal and similar cheeses, resemble in effect those lactio-acid bacteria which play an important part in all sorts of sour-milk preparations, such as kumiss, kephir, and, according to recent reports by Dr. Burri, especially in yoghurt. Above all, certain undesirable processes of decomposition are to a great extent suppressed, or at least diminished, by the bacteria referred to.”

Another interesting and important assertion is to the effect that persons who make cheese a considerable part of their regular diet are very resistant to intestinal diseases, such as dysentery and the dreaded typhus, which is now desolating Serbia. According to Dr. Burri, the daily meat-ration in the Swiss Army has already been partly replaced by cheese, with excellent results.

Furthermore, cheese contains in general a large percentage of the calcium in which milk is so rich. The importance of this is obvious in view of the remarkable experiments made public a year or two ago by the German scientists, Dr. Emmerich and Dr. Loew, proving the immense importance of supplies of lime to the bodies of both men and animals, not only in illness and in convalescence, but also in perfect health.

—Truth

MEAT THE CAUSE OF FEROCITY

“It is the eating of meat that subtly transforms the average human being into a quarrelsome, unmanageable, and destructive creature,” said Dr. D. H. Kress, a famous health expert, of Wyoming, in a newspaper interview. He said it is an excessive flesh diet that changes a refined and gentle disposition into one of savagery and violence. One pound of meat contains from 10 to 14 grains of uric acid, which is recognized as a causative of gout and rheumatism. The meat, from its tendency to undergo putrefaction in the body, favors the formation of poisons which cause a mental condition of irritability, despondency, bellicosity, and perversity that expends itself most often on those nearest and dearest to the victim.

Man is not physiologically adapted to meat-eating. He has an alimentary tract ten to twelve times the length of his body, while the alimentary canal of flesh-eating animals is smooth and only about three times the length of the body. In order to avoid putrefaction, meat has to pass rapidly through the alimentary canal. The habitual flesh eater is bound to suffer; he becomes a victim of auto-intoxication; the poisons, when carried by the blood to the brain, deaden the moral and mental sensibilities, causing irritability and unhappy conditions, degeneracy and premature old age.

Dr. Baron Liebig said that the ingestion of flesh produces in carnivorous races a ferocious and quarrelsome disposition which distinguishes them from vegetable eaters. Both nature and science teach that the digestive organs are capable of digesting well one or two simple foods; but where, as is often the case, meat, potatoes, cabbage, milk, butter, puddings and fruit are taken at the same meal, is it any wonder, in the light of scientific facts, that indigestion, fermentation and auto-intoxication and a big train of evil results?

Menu from Mt. Ecclesia

Breakfast

Stewed Rhubarb
 Gold Nugget Pumpkin
 Biscuit
 Fried Corn Pone and Honey
 Milk

Dinner

C. C. Chowder
 Lima Bean Croquettes
 Escalloped Tomatoes
 Whole Wheat Bread and Butter

Supper

Left Over Salad
 Soft Ginger Bread
 Bread and Butter
 Tea or Milk

Recipes

Gold Nugget Pumpkin Biscuit

Peel, cut into squares, pumpkin or Hubbard squash, boil until tender, drain and cool. Rub one cup of pumpkin, one tablespoon of oil, one teaspoon of salt, and one tablespoon each of sugar and baking powder, into three cups of flour, *dry*. Add enough of sweet milk to make a stiff batter, drop from a spoon on a hot baking pan and bake twenty minutes.

Fried Corn Pone

To one quart of boiling water slowly add yellow corn meal until it boils into a stiff batter; boil about one-half hour; to keep from splashing while it boils, add a tablespoon of butter and one teaspoon of salt. Just before taking from stove add one cup of ground pine nuts or English walnuts. Pour into shallow pan and allow to stand overnight. In the morning slice into thin slices, roll in flour and fry in hot griddle until a light brown. Serve with honey or maple syrup.

C. C. Chowder

Sauté a cup of diced potatoes and a large sliced onion in cooking oil until a light brown. Add one quart of water and boil twenty minutes. Rub one-half cup cottage cheese (free from whey or milk) into enough flour to form into small crumbs, fry this in oil until a light brown, slowly add this to the potatoes; season with salt, celery salt, and chopped parsley.

Lima Bean Croquettes

Soak one cup dry Lima beans over night. Cover with water, adding a small pinch of baking soda while boiling; salt just before soft.

Drain and mash beans through colander, add one-half cup bread crumbs, two tablespoons chopped parsley; if too thick, add enough milk to form them into balls. Roll into cracker crumbs, then into egg well beaten with a little milk, then again into the crumbs, and fry to a rich brown in oil.

Escalloped Tomatoes

Boil one can of tomatoes with one chopped onion, small cove garlic, one chili pepper or pimento and season with salt. Butter shallow baking dish, covering the bottom with bread crumbs, then a layer of tomatoes, another layer of crumbs with grated cheese over top, drop small pieces of butter on top before placing in oven, bake until brown.

Left Over Salad

In all households the cook has many leftover vegetables, both raw and boiled; they are often too few to prepare and serve in a separate dish. Keep them clean and fresh in the ice box until you can use them up in a mixed salad. Do not mix the boiled and raw foods, for of times a weak stomach will suffer from this mixture; keep them separate and serve either all raw or all boiled.

To prepare a most appetizing dish, save the small bits of lettuce, cut fine same as slaw, chop celery, carrot, parsley, green onion tops, radishes, each separate, and then mix them in a bowl with French dressing.

Soft Ginger Bread

Beat the yolks of two eggs into one cup of butter, gradually adding one cup of New Orleans

molasses and one tablespoon each of ginger and soda; when the above is well mixed, add one-half cup of milk and three cups of flour. Beat the whites of the eggs separate and stir in carefully; bake in moderate oven forty minutes.

OUR DAILY BREAD

Pitiful are the tales told of suffering in Europe and Asia Minor. Hunger, gaunt-visaged and claw-handed, still knocks at the doors of the nations, and grim are the headlines in the press which tell the tales: "Palestine Facing a Famine," "Three Years' Battle With Hunger and Disease," "Hunger, the New Czar of Russia," "Jews Flee Famine in Palestine," "Many Dying From Hunger," "Bread is Switzerland's Supreme Need," "Over Two Million Wretched Victims of War Are Reported Actually Destitute and in Need of Daily Food in Western Asia," "Deaths in One Section of Syria From Starvation and Resultant Disease Reached the Rate of One Thousand Per Day," "Teutonic Peoples, as Misery Grows, Pray for Military Rulers to Yield," "Insufficient Nutrition Brings Scourge of Asiatic Cholera, 2,000 Deaths in Week Reported From Mannheim Alone."

Although this grim spectre of hunger has not come close to us here in America, gradually the day is drawing near when we are also learning in a small measure to realize the actual pinch of shortage and learning to save, which is very good for us, for as a nation, we have probably been the most wasteful people that ever existed. For generations we have felt that it was unnecessary to pray "Give us this day our daily bread," or if we have so prayed, it was probably in the most perfunctory manner, for we thought that this great, rich land of ours was able to supply our needs abundantly, and give us plenty to waste besides.

A man of a saving disposition was looked upon with scorn and called a "Cheeseparer." But the Food Administration is now drawing the string tighter and tighter around the wheat sack, and it is becoming increasingly more difficult to obtain the materials for making the "staff of life." In England, if we remember right, they passed a law more than two years ago forbidding the mills to remove the bran from the wheat, so that there is

no white flour milled in that country; thus they are now getting 'inbolted wheat meal, the first form of wheat used for centuries for bread-making, before it became the fashion to remove the bran and outer coating by so-called improved methods of sifting, until the white patent flour of today has resulted, and we are now giving some of the most valuable constituents of the wheat to feed cattle, and whole wheat flour is not obtainable. Even so-called Graham flour which is on the market now is usually composed of low grade flour, bran, and "shorts," or "middlings," which is not at all like the pure Graham flour as invented by Sylvester Graham, a noted temperance reformer and lecturer, who gave specific instructions that the wheat used must be mature and plump and free from rust and other disease. It must be thoroughly cleansed, not only from chaff and tares, but from smut and every kind of impurity that may be attached to the skin of the kernel. After it was washed and thoroughly cleansed, it was to be ground by means of sharp stones, coarse rather than fine, inasmuch that the coarse flour makes a sweeter, more wholesome bread.

Such, alas, as already said, it is more than difficult, almost impossible, now to obtain, and we are obliged to seek substitutes to an increasing degree. Among these there is first *corn*, which has been used as extensively in the South as wheat in the North, and we are used to eating it specially as Johnny cake, mush, muffins, and pone, but it may also be used with considerable advantage as a loaf raised in the ordinary manner; but corn meal is heat producing and the frequent use of it in the hot summer months is therefore not advisable.

We have also become so used to think of *oats* as a breakfast food that we have really forgotten its value as a bread-stuff, and it can not be made into light-bread unless combined with wheat flour. But in Ireland and Scotland, it is customary to roll it out thin and make it into a flat hoecake, which is used for bread there, and it is both nutritious and delicious, but this cereal also is rather heating for summer use, except in places where the weather is cool.

Barley consists principally of vegetable albumen and casein, and the closing of the distilleries

will release a considerable quantity of this valuable food-stuff, which may also be used as a bread substitute, for it is rich in gluten, and a very wholesome sweet and palatable bread can be made from *rolled barley flakes*.

Finally, there is *Rye* flour, which is almost exclusively used in many of the foreign countries. This bread is even superior to wheat for many people who work at manual labor, because it contains a higher percentage of carbon, but is not quite as good for people who are sedentary brain workers, as the phosphates contained are less. Taken all in all, however, we consider it the best substitute for the entire wheat flour, and would advise the use of it as second choice.

*NATURE'S SPRING TONICS FROM FIELD
AND GARDEN*

The new green vegetables, now so plentiful by a happy stroke of nature, are not only nutritious, but also contain medicinal properties so much needed at this time of the year.

All Spring greens might well be called veritable "house-cleaners" of the human system. The cellulose, or waste, in vegetable foods encourages the peristaltic motion of the stomach and lower intestines; hence vegetable eaters are very rarely troubled with constipation or torpid livers.

During May and June an excellent array of Spring products is to be had not only by city inhabitants who patronize the markets, but by those living in the rural districts as well. Most of the latter depend entirely upon their home-raised products and upon wild edible greens.

Fortunately, too, we are realizing more and more every day the superior advantage of getting our medicine from the markets rather than from the doctors; for nature, after all, dispenses the best tonic, and certainly that most pleasant to take.

Nowadays the careful mother and housewife knows her dietetics too well to have to administer the time-honored bitter dose to a protesting family. Instead she buys spinach, asparagus, rhubarb, dandelion, Spring onions, etc., the food value of which seems designed especially to take away that tired droopy feeling. She prepares them tastily and the unsuspecting family takes the dose with a relish.

Since not only the succulent cultivated vegetables, but many edible wild weeds unfamiliar to the majority of housekeepers are plentiful now, they should constitute a very large portion of the daily menu. In the Spring category of those particularly rich in mineral properties and of high medicinal value are dandelion, both wild and cultivated, rhubarb, poke shoots, asparagus, lettuce, water cress, scallions, beet tops, kale, spinach, Swiss chard, sour dock, sorrel, lamb's quarters, purslane and horse radish.

Green vegetables, such as asparagus, spinach and dandelions, lend themselves easily to the combinations of milk in the cream soups. These soups are nitrogenous, easy of digestion, and, with whole wheat bread and butter, form an admirable luncheon or supper dish for children.

Even a tablespoonful of greens left over will make a delicious cream soup.

In washing and preparing greens for cooking it is well to remember that if they are thrown into salted water after washing it will thoroughly rid them of any insect life which might otherwise go unnoticed.

Asparagus and all delicately flavored vegetables should be cooked in very little water, just enough to cover, but dandelion and strong flavored vegetables require a generous quantity. All greens should be cooked with the cover partly off. This gives them better color and a more delicious flavor. The average housekeeper is careless as to the time of cooking vegetables, yet a vegetable is so much injured by too much or too little cooking as is a loaf of bread or cake.

The water should be kept boiling constantly until vegetables are done; to let it stop impairs the flavor.

Onions used discreetly are a tasty addition to any greens used in salad form. When shredded and mixed with mayonnaise they make a palatable dressing and are very wholesome.

Lettuce, since it contains alkalies, requires an acid condiment. Dandelions form one of the most wholesome greens, containing as they do "taraxacum," which acts on the liver. Dandelion roots are cut into slices, dried and used medicinally by many instead of procuring their supply from the pharmacist, as most city folk do.

The Rosy Cross Healing Circle

On the Witness Stand

Healing meetings are held in the Pro-Ecclesia at Headquarters on the nights when the Moon enters Cardinal Signs in the Zodiac. The hour of service is about 6:30 p.m. The virtue of the Cardinal Signs is dynamic energy, which they infuse into every thing or enterprise started under their influence, and therefore the healing thoughts of the helpers all over the world are endowed with added power when launched upon their errands of mercy under this cardinal influence.

If you would like to join in this work, sit down quietly when the clock in your place of residence points to the given hour: 6:30 p. m., meditate on Health, and pray to the Great Physician, our Father in Heaven, for the restoration to health of all who suffer, particularly for those who have applied to Headquarters for relief.

At the same time visualize the Pro-Ecclesia where the thoughts of all aspirants are finally gathered by the Elder Brothers and used for the stated purpose.

We print herewith some letters from people who have been helped, also a list of dates on which Healing Meetings are held.

Winnipeg, Man., Canada

Dear Friends:

I am progressing wonderfully since writing last. I have been feeling better, having no more trouble

*MARRIAGE, MOTHERHOOD, AND
VOCATIONAL ADVICE GIVEN TO YOUNG
MEN AND WOMEN*

We are giving short readings for children under fourteen years of age, to help parents suppress faults and foster talents while the character is plastic. Life is still in the making for the young man or woman between fourteen and twenty-five years. They may also benefit by knowing what talents are latent, and what life work to select. We

with my stomach nor bowels, which were a great worry to me. Indeed I feel better than I have been for ever such a long time. I trust you will continue to look after me until I am absolutely cured. Will write again next week.

Sincerely yours,

MRS. M.

Victoria, B. C., 3-3-18

Dear friend:

Tonight I have made a wonderful discovery—the hard congested condition of which I told you, in the neck, at the lower part of and behind the ear, has almost entirely gone.

I must tell you that I have made four pounds in weight in the last six weeks. This is a great achievement for me. I take it to mean that I am able to digest my food better. So my thoughts are *Very grateful ones* to you tonight. I do so earnestly hope you will be able to benefit my dear mother, as you are doing for me. With grateful and loving thoughts, I am,

Yours very sincerely,

H. A. C.

Dates of Healing Meetings

May 1-7-13-20-28

June 4-10-17-24

July 1-7-14-22-28

have therefore decided to give this advice so far as space permits. Each must wait his turn.

To obtain a vocational reading the parents, guardians, or applicants must be *yearly* subscribers. Only one request from each subscriber will be entertained, and unless it contains the following data it will be thrown out, for without this a horoscope cannot be cast.

(1) Birth-year, month, date, and hour (as near as possible).

(2) Birth-place—city, state or country.

Echoes from Mt. Ecclesia

Easter Service on Mount Ecclesia

The Easter Service on Mt. Ecclesia was held as usual at sunrise at the Cross placed in the star of golden flowers, located in the center of the circular lawn in front of the library building. We have never at any time issued special invitations or endeavored to have any particular number present, but it is noteworthy that, as usual at all important events, the number of those present, when multiplied or added, has made the number 9, which is the number of Man and the number of degrees of the lesser mysteries to which the Rosicrucian Fellowship is a preparatory school. On this occasion there were 33 present.

At half past five, Mr. Heindel, as usual at the Easter Service, took his place beside the Cross and addressed those assembled. He said, in part:

“If we were to enter one of the orthodox churches or attend the open air Easter morning services held in so many places all over the country, we should probably be told the story of the resurrection of an individual named Jesus, who died for our sins on Good Friday and rose from the dead on Easter Sunday. But while the life story of Jesus, as recorded in the Gospels, is practically true, and while we love and venerate Him for the noble work He has done and is doing for humanity, we look beyond for the significance and esoteric meaning of Easter.

“If this were simply a feast to commemorate the death of an individual, it would on the face of it, be foolishness to make this a movable feast; we do not fix the death of Lincoln by the Sun, as we know is the case with Easter in relation to the Christ as commonly supposed, for that event is always determined by the conjunctions of the Sun and Moon in the sign Aries, the ram or lamb. First, the Sun and Moon must come to a conjunction, that is the New Moon; then the Moon must pursue her course half way around the circle of the zodiac until she is at the full, and then the first Sunday following that event is Easter.

This plainly shows that we are not celebrating the death of an individual, but that this is a solar festival. We do not, however, worship the Sun, Moon, and Stars. To do that would be idolatry. But we know that the Sun is the physical vehicle of the Godhead, as the planets are the vehicles of the Seven Spirits before the Throne. And therefore we realize that the Christ spirit which illuminated the body of Jesus and entered the Earth on Golgotha did not then and there complete the sacrifice once and for all, any more than the Sun, by shining upon the surface of the Earth can make the plants grow forever and warmth surround the Earth. But each year when the Sun descends towards its Western node, at the Fall equinox, the vitalizing Christ ray enters the surface of the Earth and permeates our globe to the very center, which it reaches at the time when the Sun is at its lowest point of declination and we speak of the Saviour being born at Christmas.

“Then, as the Sun begins to ascend towards the vernal equinox, this great vitalizing wave of dynamic force reascends to the periphery of the Earth, fertilizing the millions of seeds slumbering in the soil. It drives the sap up in the trees and causes them to bud, so that the forest becomes a bridal bower for the mating beasts and birds. This cosmic Christ force is liberated from the bondage of the Earth at Easter, when it has spent itself and given its life for the world.

Thus there is an inbreathing and outbreathing in nature, and the world could not exist without this annual impregnation by the cosmic Christ force, any more than we can exist without continually breathing the oxygenated air in which we live. And so, as a matter of fact, the Christ does annually give us the bread of life; but not only in the physical sense, there is in addition a spiritual outpouring during the winter months, from which we may greatly benefit if we are minded to attune ourselves to its vibrations. That is the true bread

of life in the highest sense of the word, and without it our *souls* must starve, hence our great gratitude to the Christ for his annual sacrifice." (At that moment the upper edge of the Sun being just visible over the eastern mountains, Mr. Heindel bade those assembled "watch it rise," while giving silent thanks and offering up prayer and praise.)

When the Sun had fully risen and the surrounding country, green and gay with a profusion of flowers, lay bathed in the bright sunshine, Mr. Heindel gave those assembled the ancient Easter Greeting, "*The Lord is risen,*" to which the response is, "*Yes, He is risen indeed.*" This concluded the services at the Cross and the party repaired to the Pro-Ecclesia, where the usual Sunday morning service was held.

A NEW BIRTH

On March 12th, Mrs. Emma Knuth, one of our members living in Oceanside, passed out of her physical body and was born to life in the invisible worlds, and on Friday, March 15th, when the usual three days of waiting had been fulfilled, her discarded physical body was finally disposed of with appropriate services, held at Mt. Ecclesia. Mr. Heindel being away from Headquarters, it fell to the lot of Mr. Philip Grell to officiate in the Pro-Ecclesia, which had been beautifully decorated with flowers for the occasion. Mr. Grell spoke of Life and emphasized the fact that while we are here in the body we are limited and subject to pain and disease, whereas, a new and larger life awaits us when we have learned the lessons of this day at Life's Great School and are liberated into the larger spheres.

There was thus an absence of mourning on the part of the relatives, and the usual cheering atmosphere which marks the funerals of the Rosicrucian Fellowship members was also present here, for all felt joyful that the released spirit was once more on its way to its celestial home. All bade it Godspeed, hoping in the future to meet it again and resume the pleasant relations which had marked the period of our present acquaintance. Mrs. Wolff, the daughter of Mrs. Knuth, being as cheerful as the rest, because sustained by our

wonderful Rosicrucian teachings, which take the sting of sorrow and sadness from even the king of terrors.

Camp Lewis, Wash., February 24, 1918

Dear Friends:

I don't like to take up your time, and yet I am going to make this letter longer than it need be. What would you say of somebody taking two copies of the Rose Cross magazine and throwing them away in the thick of the woods? As good as buried, and yet it was not to be thus.

When I first came to the camp I was in the habit of walking in the woods, when time permitted, and it came to pass that in so doing I ran across those two magazines. Now, my neighbors in California had asked me what I wanted to be given for Christmas and on seeing those two magazines the thought came to me to ask them to place a copy of the *Cosmo* in the local library for me, which they have done. Here is the result. The librarian had taken the book home out of curiosity, but after reading it, thinks the world of it. The book is now out all the time and they write me that five or six are waiting their chance at it.

So I thought it would be well to have one or more volumes of the book and the magazine in the library. If you will forward them to the library I will pay the bill. I wish you would begin the magazine with the January issue. Address: Public Library, Bellflower, Cal. There is a great demand for this kind of book in the camp library, but we have very few coming in among the 15,000 volumes that are there.

Yours Sincerely,

MR. J. W. E

LIBRARY SUBSCRIPTIONS

The magazine is now sent gratis to 330 Libraries. Part of these subscriptions have been paid for by members and the rest are supplied by the Headquarters fund. The price to Libraries will not be raised, so that members wishing to subscribe for one or more may do so at the former price: One Dollar a year in the United States, One Dollar and Twenty-five Cents in Canada and One Dollar and Fifty Cents foreign.