

Ray from the Rose Cross



A Magazine of Mystic Light

EDITED BY MAX HEINDEL

\$1.50 a Year

15 Cents a Copy

ARE WE GROWING WINGS?
WAR PRODUCTIVE OF EXTENDED
VISION

THE SALT OF ALCHEMISTRY
UNDINES AND MERMAIDS
THE ADVENTURE OF LIFE
LIFE ON MARS

FEBRUARY
1919



RAYS FROM THE ROSE CROSS



EDITED BY



MAX HEINDEL

VOL 10

OCEANSIDE, CALIFORNIA FEBRUARY, 1919

NO. 10

General Contents

The Mystic Light

A Department devoted to articles on Occultism, Mystic Masonry, Esoteric Christianity, and similar subjects.

The Question Department

Designed to give further light upon the various subjects dealt with in the different departments, where queries from students and other subscribers make this necessary.

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Astrology from an original angle, Cosmic light on Life's Problems.

Studies in the Rosicrucian Cosmo-Conception

Our Origin, Evolution and ultimate Destiny is religiously, reasonably and scientifically explained in this department.

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The Rose Cross Healing Circle, its meetings and their results.

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News and Notes from Headquarters

Subscription in the U. S. and Canada: \$2 a year

Single copies 20¢

Back numbers 25¢

England: 8s 4d a year; Germany: 8 marks 25 Pf.

CHANGE OF ADDRESS must reach us before the 10th of the month preceding issue, or we cannot be responsible for the loss of magazine. Be sure to give *OLD* as well as *NEW* address.

Entered at the Post Office at Oceanside, California, as Second Class matter under the Act of August 24th, 1912

Oceanside

Rosicrucian Fellowship

California

Printed by the Fellowship Press

Mystic Light

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Others

“Loving, self-forgetting Service to others, is the shortest, the safest, and the most joyful road to God.” —*Rosicrucian Temple Service*

Lord let me live from day to day,
In such a self-forgetful way,
That even when I kneel to pray,
My prayer shall be for Others.
Help me in all the work I do,
To ever be sincere and true,
And know that all I'd do for You,
Must needs be done for Others.

Let “Self” be crucified and slain,
And buried deep, and all in vain,
May effort be to rise again,
Unless to live for Others.
And when my work on earth is done,
And my new work in Heaven's begun,
May I forget the crown I've won,
While thinking still of Others.

Others, Lord, yes, Others.
Let this my motto be,
“Help me to live for Others,
That I may live like Thee.”

Charles D. Meigs (In *The Message*)

War Productive of Extended Vision

IN THE beginning of the great war we voiced the view that this conflict was in reality a surgical operation for the removal of a cataract from our spiritual eyes. We said that every tear that has ever been shed over the bier of a loved one has helped to wash away the scale from our eyes which now hides the spiritual world from us so that we cannot commune with those who have been divested of the veil of flesh. And we stated that two great armies composed of the living and the so-called dead are practically tunneling their way through the veil which now separates them; they will meet in a not far distant future and a greater and greater number is already penetrating the barrier.

Thus those who are blind to the spiritual worlds and who arrogantly and blatantly proclaim the seeing minority either charlatans, frauds, freaks, or demented will soon find the tables turned on them, for when those endowed with spiritual sight become sufficiently numerous, those who are blind will be regarded as deficient and no one will dare deny the existence of a spiritual world inhabited by the people we

now call dead, any more than a blind man would risk ridicule by asserting that because he cannot see, there is no such faculty as sight, and that all who profess to see are either frauds or suffering from a diseased brain.

As we prophesied, sensitives and psychics are now beginning to show themselves in considerable numbers as a direct result of the four years during which the world has been wandering in the valley of the shadow, bathed in oceans of tears because of the partings that have wrung millions of hearts, and the barrier is being penetrated by more and more of the pioneers every day. It is not to be wondered at that the majority manifest the lower phases of psychism, such as the various forms of mediumship, but in due time the higher phases exercised by the will of the individual will also become general in a large measure. The following interview published in the *London Evening NEWS* shows how the wind is blowing:

“On the day that Sir Arthur Conan Doyle's young and brilliant son had died in St. Thomas' Hospital, Sir Arthur himself was speaking in the country on the

theme that *there is no death*, but only a passing beyond a veil.

“It was on this theme that I saw Sir Arthur today. He was reluctant to talk about it, because, he said, sad experience had taught him that it was not easy to get the subject discussed with reverence, and it is, he added, one that must be discussed with reverence, when men are dying in battle and the hearts of their survivors are pining for some revelation that the link is not broken.

30 YEARS' QUEST

“‘We have that revelation,’ said Sir Arthur. ‘I have been on this quest for 30 years, and I say that we have the revelation and we must carry it throughout the world as the New Religion.

“‘It is the greatest revelation for 2,000 years. Religion has hopelessly broken down—I mean by that, formal religion....We must add to religion; we must add something, now that the war has shown us the breakdown of formal religion when millions of men and women are looking as they never have done for a sign of consolation.

EVIDENCE OF 30 MOTHERS

“‘Some time ago I said I knew of 13 mothers—13—who were receiving direct messages from sons who had passed away. Doubt was expressed—gentle doubt—by a newspaper, which asked ‘Who are the mothers? What are their names?’ Well I know 30

mothers now who are receiving these messages.

“‘I have had a letter from a British corps commander, who lost his son, assuring me that they are in communication. Here you have a warrior, a responsible, hard-fighting, level-headed British soldier—not the long-haired visionary, that caricature who stands in the mind of flippant uninformed people as the type of spiritualist.

“‘I have addressed many meetings in the country, and I am addressing more. I find the most intense earnestness everywhere among the audiences, and at Nottingham last night, for instance, more people were outside the hall, unable to find room, than were inside.

“‘This new religion has made great bounds forward. And we shall bring the proof to millions of people.’

“‘There was the personal matter of his own son who had died. Sir Arthur said he was informed of it as he was going to his Nottingham meeting yesterday. It was a severe trial and test. The relation between belief and the particular personal loss could not be discussed; but Sir Arthur, speaking at this hour, did say, for the comfort of others, ‘A mother, a father, firm in the new revelation, knows that the one who departed is no farther away than you who sit in a chair a yard away.’”

It is required that we evolve a new sense for the new age which is at hand, and the war has been a drastic measure to further this development.

New Year's Resolutions, 1919

Lizzie Graham

THIS New Year has found us, as did every other year, full of apologies to ourselves for not having done more faithful work and coupled with every apology a new promise to ourselves, or resolution to do better, much better, this year. For example, how many successive seasons have you said to yourself on the 24th of December, “I will not be caught this way next year, I will begin to collect my gifts just after midsummer and have them all ready in good time for Christmas.” And yet, year after year, the same thing occurs. But you do not get impatient with yourself, you blame circumstances and make excuses for yourself.

Have you ever been closely connected with little children? One day they will make a solemn promise to you, never to do again something that has displeased you, but alas, tomorrow they seem to have quite forgotten their promise and the same fault is repeated. You remind them, perhaps this time more severely. Again promises are made by them. Day after day, the same trouble occurs, and now you are quite angry at their carelessness, their stupidity, and perhaps they deserve the punishment you inflict. This may have the effect of curing the fault, or it may not.

Can you remember the first time in your life you

became really conscious of a fault within yourself and honestly tried to remedy it? Did you succeed the first time you tried to conquer it, or the twentieth time you tried? Or are you conscious of its presence still? It takes a great deal of will-power to overcome even a slight failing, and not realizing this we allow ourselves to grow impatient with those around us who do not become perfect in response to our request.

But speaking of New Year resolutions, there are some points we might profitably take from our Temple Service:

A few good resolutions worth holding fast:

1st Resolution: "To turn a frown to a caress." Every time you are vexed, or your feelings hurt in any way, to conquer that dreadful sensation that would bring a frown, and transmute it into a gentle, loving word of encouragement. Try it. It is not at all easy and will be a splendid exercise for the will-power, and you will have many opportunities to practice it every day.

2nd Resolution: "All fear to dominate." Perhaps you will contend that you are no coward, that you are not afraid of anything. Let us hope it is a fact, but if so, you belong to an extremely rare class of people, for even of Prophets, Disciples, and Apostles, we read that at times they were afraid, or filled with fear. Watch yourself carefully for one week and find if your statement is true.

3rd Resolution: "To tell the truth we know". The truth is so great, the opportunities so numerous, and the ways of telling so varied, that it might seem impossible not to be always telling it. "Words form but a very small part of it. That smile that drove away the frown told it. That time we conquered fear told it. That confidence in the Father's care told it. Every deed and action should tell it, but many times they tell of mistrust, discontent, and even hate instead of love.

There is no reason why we should stop at three resolutions, but perhaps that is as many as we can attend to faithfully during the first days of the New Year: "To turn a frown to a caress, All fear to dominate, To tell the truth we know".

How long can we keep our New Year resolutions? Sooner or later we will fail, and it is well that we do so; for if we succeeded till the end of the year we should grow egotistical, without any sympathy for the weakness of the children, whether they be children in physical growth or in soul growth. Our failures are the stepping stones that Saturn has kindly placed in our path, and because we feel self-confident and walk with our eyes shut, we knock against the obstacle instead of climbing up on it and getting a wider viewpoint.

Let each one of us consider this as a personal matter and make a New Year resolve to live up to the best we know, and thus help in our small way to bring peace and goodwill among all.

A Prayer

ELLA VAN GILDER

Where'er we go from East to West
Or North or South in the land,
We find there are beautiful temples
Planted by God's own hand.

I went alone to a temple
And while I lingered there,
Into the vast, infinite space
I whispered this simple prayer.

Make me, O God, as truly great
As the mountains thou hast made;
As comforting to those who need
As the forest's welcome shade.

As strong as thy wondrous sunlight
To dispel the miasma of sin;
As glad as the joyous mountain brook
As pure as thy air within.

Make me as firm as the granite rocks
As gentle as the breeze
That whispers thy wondrous glory
In the tops of the loyal trees.

Make me as conscious of thy love,
As sure of thy constant care,
As the tiniest little nestling
Or the beasts of the jungle are.

In the Land of the Living Dead

PRENTISS TUCKER

Continued from January

JIMMIE and Louise awaited the opening of the door with similar forebodings. Louise, frankly and candidly, did not believe the actual verity of a single word of the wonderful story which Jimmie had told her, though she was firmly convinced that Jimmie himself believed it. Jimmie, on the other hand, with his vivid memory of the adventure, was certain that it had really happened but was distrustful of the outcome of this physical and concrete test, and was wondering what excuse he could give if, as he feared, the house should prove to be tenanted by strangers.

Louise expected the door to be opened by an ordinary concierge and that the inevitable disillusionment would follow and she was trying to determine in her own mind what she could say to help Jimmie over his disappointment.

Jimmie feared much the same thing and was casting about for a plausible reason to give Louise for the collapse of his peculiar vision and was finding himself quite unsuccessful in the attempt, when the door opened.

Before them, with a welcoming and slightly quizzical smile, as though he had in some way divined their perplexities, stood the man of his dream, identical in every particular of dress and feature with the strange and powerful being who had become familiar to him in the Land of the Living Dead by the appellation of the "Elder Brother."

Mutely accepting his cordial invitation they entered a well furnished library and not until then did Jimmie recover sufficiently from his bewilderment to introduce his companion. With some embarrassment he presented Mr. Champion to Miss Louise Clayton with the brief statement that Miss Clayton was the nurse who had taken care of him during his recovery and that he had told her of his great adventure and had asked her to accompany him on this expedition.

"I am very glad that you did so, Lieutenant Westman, for Miss Clayton was selected as your nurse for several reasons, not the least of which was the fact that she is quite an advanced soul and it was

determined that the work of re-integrating your vital body would be more easily and quickly done with her help than through any other of the available nurses. You see, Miss Clayton, I am quite well acquainted with you though we have never met before."

Louise answered politely and somewhat formally but was unable to quite conceal her incredulity at the statement which Mr. Champion had made.

"Nevertheless," Mr. Champion continued, as though answering some objection, "you were selected and the wisdom of the choice is apparent in the result. You have a strong and well developed aura and your vibrations are harmonious, owing to certain stellar combinations of which you are probably unaware, and that was a great help when Jimmie here (I am not going to call him Lieutenant) was recovering consciousness. You will, perhaps, remember that as you bent over him to make out what he was mumbling, he asked you why you didn't glow and where your aura was, and then immediately apologized by assuring you that you *did* glow?"

Louise was perplexed. No one else had been present to overhear that whispered conversation. The head nurse had not been out of the hospital and so could not have hunted up this man and told him of it, besides she had not told the head nurse much and had not spoken of it at all to anyone else. Jimmie, she was sure, had not been out of the hospital grounds except the one time when they had almost quarreled. Could he have written to this man or was the man a mind reader? If Jimmie had written then he was deceiving her. If the man was a mind reader then he was an uncannily shrewd one. She did not know what to say and so kept silent, but her glances roved about the room.

Mr. Champion spoke:

"Miss Clayton, you will pardon me, I am sure, if I endeavor to set your mind at rest and, incidentally, Jimmie's also. In doing so it will be necessary to make some statements which cannot be proven to you now and whose explanation would require too much time, so I am going to ask you to hear me patiently and reserve your judgment until later.

“To begin with, I must assure you that you are not the victim of any prepared plot and that Jimmie has not written to me nor did the head nurse give a second thought to what you told her (Louise looked up quickly, her eyes wide with wonder). Then, too, your surprise at meeting a mind reader without the usual trappings of his trade was perfectly natural. There are here none of the customary paraphernalia of the professional wonder worker and you looked in vain for skulls and stuffed owls and somber drapery and I assure you that while mind reading is not at all difficult to the trained occultist, yet I was not reading your mind when I spoke of your few words with Jimmie when he regained consciousness. I know what you said because I was there at the time—”

Louise looked up again with a gesture of surprise and started to speak, but remembered his request.

“I was there, although you did not see me, and I followed you when you went to make your report to the head nurse, if you remember. She was sitting at a desk writing and when you spoke to her you were alone in the office with her and she did not turn round but merely stopped writing when you spoke to her. Then she answered you, “I don’t think there is such a thing, child.” Also, as you passed out of the office you met two orderlies bringing in a wounded man on a stretcher and just then one of them stumbled. You thought he was going to drop his burden and you gave a little gasp and started forward—There!” he smiled at her, “I think I have fully exonerated our friend here, for he could not have written me these things.”

Louise made an inimitably graceful little gesture of surrender.

“And now for the reason underlying all of these strange doings. The human race is made up of a multitude of individual spirits which are evolving, or learning, by repeated re-births into physical bodies on the physical plane, where they learn to obey the great laws of our Father in heaven, just as children learn their lessons day by day in school. In this great scheme of evolution we are subject to the operation of two great laws: that of rebirth, which brings us back to the concrete physical world again and again, in constantly, though slowly, improving bodies and surroundings; and the law of consequence, which decrees that we must suffer the natural results of our

mistakes (which are usually called sins) even though many lives may sometimes intervene between the mistake and its result.

In order that this period of birth and death and learning and suffering may be shortened, as much help as possible is given the race by great hosts of spiritual beings who have themselves passed through similar schools, and there are times (just as there are exams in every school), when a turning point in evolution is reached and the race is, as we might say, examined or quizzed to see which classes of entities are worthy of promotion.

This great war is the most tremendous turning point yet reached in human evolution and the need of the race for help and instruction is greater than ever before. Help can be given, in some respects, more effectively by advanced members of the same race, and for that reason many individuals are being promoted just now for the assistance and teaching which they are able to give. The need is tremendous—much more so than either you or Jimmie realize, and it was because of that fact that Jimmie was sent back to the physical life, for he would otherwise have remained permanently on the other side. It is for that reason that you have been brought here with him, for you must not think that it is the custom of occultists to give displays of power merely in order to entertain people.

“You and Jimmie are both advanced sons (I am not saying this to flatter either of you) and in a few more lives would naturally reach the point which it is hoped you will presently attain in this life, if you are willing to work. Help will be given you, but you must remember the words of the Master that ‘Unto whom much is given of them much shall be required’, and so the choice must be a purely voluntary one and not be undertaken lightly, for as the benefit is great if we receive this teaching worthily, so is the danger great if we receive the same unworthily.”

Jimmie and Louise glanced at each other, both recognizing the allusion to that beautiful sentence in the communion service. Jimmie spoke.

“You said something to me before, sir, about the great work, but you did not say what it was.”

“No. For some time it was uncertain whether your etheric body could be re-integrated in time and when that was accomplished there was no opportunity for instruction.”

For more than an hour Mr. Campion went on, telling them about the different planes of being and the different bodies corresponding to those planes and outlining the work of the Invisible Helpers with both the living and the dead. Louise and Jimmie listened with wonder which gradually changed into awe as the tremendous Plan was sketched out for them. Never had they heard the like of it and yet it all seemed strangely familiar, just as though they ought to have known it anyway. As Mr. Campion proceeded and showed how it all fitted in with the Scriptures and particularly with the words spoken by the Christ, explaining the parables and throwing light into the dark and hidden places, Louise began to realize that all her doubts were swept away and felt ashamed that her mind had ever harbored them. No longer did she think of "proofs." No proofs were needed. No man, however great, could have invented such a scheme as this. Not even Mr. Campion, mind reader and occultist, or whatever he was, could have originated such a complicated, interlocking plan. He did not need to assure her it was true. She *knew* it, though she did not realize how she knew it. It bore the imprint and signature of Divinity itself.

Jimmie, too, had listened, absorbed. The things Mr. Campion was telling them explained some of the apparent contradictions which he had observed during his brief stay on the other side, and when the theory and practice of attaining the freedom of the other planes of being were detailed, he began to understand that it really is not necessary to die in order to prove immortality.

"But why was it, then," he asked, "if there is all this hard work to be done on the other side—why was so much trouble taken to send me back?"

"Because the crying need is for those on this side of the veil who know the fact of immortality, who have visited the other country and have returned, who are willing and able to make their knowledge known, who can comfort the dying and more especially those who are left behind. The need is for those who can say 'I know' as well as 'I believe.'"

"Then if I persist in the exercises you have outlined, you think that I can develop my spiritual sight?"

"Undoubtedly you can, and while I must not influence you one way or the other, since the choice must be of your own free will, yet you know how I long to

meet you again as a volunteer in the Great Army in which you are enlisted anyhow."

Jimmie felt that it was a very serious moment. He wanted to help. His heart flowed out in sympathy with those who are suffering and dying and yet—yet—that thing of "living the life"—could he do it? When he got back to his regiment and his company—could he keep it up? Then a doubt crept into his mind. Mr. Campion had said, or had as good as said, that in sleep almost everyone helps, more or less, so why could he not do whatever was possible during conscious hours and trust to being an unconscious invisible helper during sleep?

Mr. Campion sat, watching him. Louise was looking at him but not watching him. Her eyes had that "far away" expression which showed that her mind was busy with other things, as quickly became evident when she spoke.

"Please tell me, Mr. Campion, if you will, just why the embodied worker, who has the freedom of the other planes, is so much more valuable than the disembodied worker or the worker who cannot consciously visit the higher world—does it not have something to do with the will-power?"

"You have the idea, Miss Clayton. The embodied worker has a power which the same man, having lost his body by death does not have. The explanation is a long one but you have come very near the mark when you speak of will-power. Also the worker on the other side is dealing largely with those who have just passed over and whose day in school is done and whose period of reviewing the physical life has commenced. The worker on this side of the veil, however, may be able to influence the lives of many, causing them to refrain from things which they otherwise would have done and thus avoid much of the pain of purgatory by leaving undone actions which would have brought on them a great debt of destiny."

Jimmie and Louise walked back to the hospital very quietly. Each was busy thinking, and their occasional intervals of conversation were to review some of the things Mr. Campion had said.

Just before they reached the big gate Louise spoke: Jimmie! I have a confession to make."

"What is it?"

"Do you know, before we went into that house I really did not think that your adventure was anything but imagination. I thought it was just one of those

'shell shock' dreams."

"I was afraid you did."

"But you needn't be afraid any longer. I believe every word of it now."

The very excusable pleasure which Jimmie showed plainly in his face and which arose entirely from satisfaction at having his story finally believed must have caused the old French porter at the gate to draw some highly erroneous conclusions—judging from the smile with which his wrinkled old face was wreathed as Jimmie and Louise entered the hospital, or else, it is possible, we may have failed to overhear the entire conversation.

* * *

Back once more with his company and after the hearty greetings and congratulations at his escape were over, Jimmie settled down to the steady grind of drill and training which took up a considerable part of the time, even though they were now in a "rest billet" behind the lines.

The every day, well known affairs of the now familiar army life, the constant contact with his men and his brother officers, with all of whom he was a prime favorite, tended to dull the keen edge of his enthusiasm, and prosaic, commonplace thoughts usurped the place of the high ideals and noble aspirations which had so thrilled him. The glamour of his trip into the Land of the Living Dead began to pale somewhat. Pressing, urgent duties, insistent, demanding duties claimed his time. When drill and the various forms of training were over he was tired and only too willing to be swept along with the crowd on a visit to the "Y" or some entertainment. Always he tried to quiet his conscience with the promise that he would do something in earnest soon, just as soon as he got well rested.

In the meantime, as he had promised, he kept up the foolishly simple little exercise that Mr. Campion had given him and which he went through with every night, just as regular as clockwork, though he could not see, to save his life, how so ridiculously elementary a thing could have any great effect upon him. It stood to reason, he thought, that Mr. Campion was wrong, else why should it not be widely known? Why did not some of the ministers of the different churches know about it and teach it? He knew that some of the criticism levelled at the heads of the min-

isters is deserved, but he knew that, taken as a whole and averaging them up, the ministers were honest and conscientious and doing their best according to their light. Why then, did they not know of such a thing, if it were really true?

He was seated one afternoon, writing in a corner of the "Y". Not many men were there but close to him an elderly and somewhat overzealous secretary was taking to task a little group of soldiers who were evidently remiss in their attendance on the services. These men had been in battle. They had seen their comrades die—wounded—blown to atoms—gassed gasping with raw and bleeding lungs for one breath of air they could not seem to reach. These men had seen their friends, young, brave, with all of life before them, suddenly die, and the effect of such experiences had produced in them a broader or a deeper or a higher—at any rate, a different attitude toward the great enigma.

The secretary had just come over and was full of zeal to save the souls of these poor, lost wanderers, to snatch the brands from the burning. They must come and be saved. They must put on salvation. They must accept Christ or forever they would burn in hell as children of the devil. They must become converted and filled with grace before it was too late and the bottomless pit yawned for them with the everlasting fires and—

"Oh, can that brimstone stuff!"

This interruption of a new voice with an evident note of impatience in it caught Jimmie's attention and he looked around at the speaker with interest.

(To be Continued)

*MARRIAGE, MOTHERHOOD AND
VOCATIONAL ADVICE GIVEN TO YOUNG
MEN AND WOMEN*

We are giving short readings for children under fourteen years of age, to help parents suppress faults and foster talents while the character is plastic. Life is still in the making for the young man or woman between fourteen and twenty-five years. They may also benefit by knowing what talents are latent, and what life work to select. We have, therefore, decided to give this advice so far as space permits. Each must wait his turn.

The Adventure of Life

CORINNE S. DUNKLEE

PART ONE

Oh my heart is young and the world is glad. Life's portals are wide-flung.

Youth lifts great, brooding, shining wings all aquiver with white dreams that are but fragrant shadows drifted from their eternal home.

The flowers are a-blossom with longings; and the winds with caresses are laden.

There is a new light in the sky, and a depth to the stars. For Romance is king of the World.

Tremendous with mystic beauty, like some dream of silver that has lost itself in infinitudes of sky, the young moon hangs low, a shadowy crescent, patent with mysteries as yet but half unuttered.

Oh my heart is young and the world is glad. But the soul is old and beneath the music and the glamour sound weird voices of the past telling hidden meanings in the wonders of the day.

Oh the heart is young and the world is glad.

But the soul is old and hears voices that are soundless in the realm of uttered tones. Knows a light that is darkness to the world of finite things.

PART TWO

The moon is at the full, and life is at its flood-tide. I wrap my heart in the golden rule of service enamored with its fullness.

My house seems filled to over-flowing. When suddenly a new light suffuses it. A light so wonderful that the husks of things are shattered. And the Heart all is divine. Gray days thrill with a strange beauty.

Sacrifice is glorified. With eager questionings:—I find upon a distant hill the God of Love is passing. While the glory of His presence floods my threshold.

Longingly upon the Altar of my house I heap its treasures. The birth of joy and the mystery of life.

The deep gladness of serving. The wonderment of giving.

Innermost secrets of the heart, and the beauty of that moment when the soul has found its own.

He paused but for awhile and did not linger; yet the glory of his coming has not vanished from my house.

The moon is at the full and life is at its flood tide.

I wrap my heart in the golden rule of service enamored with its fullness.

And yet I wonder what it would have been if Love had entered at my door.

Part Three

Half-wistfully all my ships of fancy have slipped their moorings and quietly, tenderly, as the passing of a soul, been swallowed up in the vast sea of Being.

Life's vesper bells are ringing softly.

With hair like the silvered breath of Almond trees at the blossoming I stand upon the bridge of Time. Scars of Ancient pains lie upon my heart as purple clouds across the evening sky.

While the strands of things are raveled—many eager threads are torn. They must merge in the eternal—formless, infinite, unbroken.

The world's illusions scatter like blue mists before the white threshold of Hope.

A voice of silence calls while a deeper stillness answers.

I reach my hands to lift the trailing forms of worlds and find beneath the pulsing heart of sound.

Along the darkening midnight sky a white disk of the moon is waning. Innumerable words, in signals of flame are calling to celestial Realms.

By my own tired hands the age-long links of destiny are severed.

At last my soul is free to break its bonds and merge into the formless, having no will save the Infinite guidance.

Love can encompass.

Never-more the pain of wishing or the agonies of parting.

Absolving all change at the shrine of the Changeless.

In the music of eternal harmonies I give myself to the vast forever of Life.

Beneath its overshadowing is found the Heart of Peace.

Are We Growing Wings?

A STUDENT has sent us the following clipping from the *Kansas City Post* and we feel that it deserves some comment, it is interesting as being in line with the Rosicrucian Teachings on certain points.

War has completed man's conquest of the air.

This has brought to the fore a scientific theory that man may some day fly with his own wings, without the aid of machines.

This would be the logical last step in the age-old dream of conquering the air.

May science so manipulate the human embryo as to recreate the power of flight possessed by his amphibian progenitors in the evolutionary story of creation?

At least one distinguished scientist believes this fantastic conception not at all impossible.

He is Dr. George C. Shinji, Japanese biologist for years connected with the University of Missouri and now carrying on an amazing set of experiments for the University of California.

Having already demonstrated in thousands of cases that the growth or absence of wings in insects may be positively determined, he cites man's common belief in winged angels as a logical support for the theory that he, too, may thus navigate the skies.

In more than 10,000 experiments with rose aphids, or green plant lice, Dr. Shinji has been able to produce winged or non-winged insects through a process of feeding after the incubation period.

If the aphid is given alcohol, vinegar, baking powder, or the salts of alkali, it becomes a wingless creature.

By feeding the same embryo on epsom salts, sugar, or magnesium it invariably develops a pair of robust wings

"In the same manner," says Dr. Shinji, fish and certain fowls have been varied to winged or wingless species.

"My experiments with aphids, as well as those of Prof. W. T. Clarke and Mr. J. D. Neills, have absolutely proven that the growth of wings depends upon the kind of food supplied to the insect within a certain period after birth.

"Our experiments, while more or less elemental, indicate that the same process may be applied to

higher forms of life with similar results, and I see no reason why they can't be carried up the scale even to the human being."

Myth and accepted story of evolutionary creation are curiously harmonious in lending validity to Dr. Shinji's startling predictions.

There was Icarus, of Greek legend, who aspiring to soar the skies, constructed a pair of wings and attached them to his shoulders with wax. Putting their yearning and despair of conquering the ether into this Icarian adventure, they said he fell when the sun melted the wax.

There is the common type dream of flying, which almost every young person has in various forms. A dim memory, science says, of antediluvian days when the progenitors of man breasted the winds.

There is the amazing adventure of the men who fought the sky battles during this war—men whose instinct for soaring and balance seemed far to exceed any mere technical training.

And there is the biological presumption, based on the fact that every human has in his body rudiments of organs formerly used but now atrophied through aeons of disuse.

Perhaps, speculate Shinji and other biologists, there is some rudiment of human wing which may develop when the secret shall have been fully revealed.

"At any rate," asserts the Japanese investigator, "if new plants can be developed by scientific crossing of species, and animal life can be directed by feeding and selection, it is far from absurd to believe that these same processes can be applied to the highest forms of animal life.

"Wings for man—why not? Perhaps he will some day be able to fly without the use of planes."

There are, as said, several interesting points in this article. First, we may note that Dr. Shinji states that when he gave the aphids with which he experimented, alcohol, they developed into wingless creatures, doomed to drag themselves laboriously over the surface of the earth, but when they were fed on sugar they grew wings wherewith to soar the sky. In our *Rosicrucian Cosmo-Conception*, and elsewhere, we have shown how flesh foods and alcohol were introduced into the human dietary by the divine hierarchs

who guide our evolution, for the precise purpose of destroying our spiritual vision and powers, and to make us forget our divine descent so that we would apply ourselves to learn the lessons of the material world with our whole heart and soul. As bondsmen of Bacchus we have become of the earth, earthy to a greater degree than contemplated, and it is a difficult task to raise us out of the mire of materialism now that the time is drawing near for us to retrieve our loss and develop finer faculties and greater powers than those we possessed in bygone ages.

We have stated that sugar is the new food which will conquer alcohol and aid us in cultivating the individuality sacrificed to the god of the grape, who has so long enslaved the spirit of man by the spirit of wine, which is fermented *outside* the human body; hence, a strange spirit, inimical to man. The spirit of sugar, on the other hand, is subject to the human spirit in whose body domain it is fermented and therefore we have said that sugar is a safe stimulant and source of strength. It has been amply demonstrated in recent years that sugar takes the place of spirits as a stimulant but has none of the bad effects of liquor; hence it is coming into more general use year after year.

It is also demonstrable that the nations which use the largest amount of sugar per capita are the most altruistic and advanced. Sugar is decomposing the fetters of materialism and making us more inclined towards idealism and spirituality. Thus the gross and coarse elements of the physical body are disappearing. We are becoming more refined, and the ethers which permeate the dense body are more free to vibrate. This renders us more sensitive to psychic vibrations and paves the way for liberation of the soul body composed of the two higher ethers. When that point is reached, man can and does fly, for this finer body is not subject to gravitation, neither is it sensitive to cold or heat. We shall feel perfectly comfortable whether we elect to fly to the North Pole, or descend into the crater of a volcano, or explore the mysteries of the ocean depths. Then the speed of an aeroplane will also seem like a snail's pace, for the spirit then moves with the speed of electricity; that is to say, it can circle the globe in a minute or less, nor can it be hurt by collision, for etheric forms pass through one another readily without losing consciousness or identity. This will probably sound like a fairy tale to the uninformed, but it is an absolute

fact, tested and tried by thousands of level-headed people every day for many years, and the number is fast increasing, so that we may expect any day to see it established as a so-called "scientific fact" that man can and does fly faster without wings than he does now with the aeroplane. "The wind bloweth where it listeth and thou hearest the sound thereof, but knoweth not whence it cometh or whither it goeth, so is everyone that is born of the spirit."

A Journey

"Where are we going, old Father Time?"

"On a long, long journey, my child."

"And what is this journey?"

"Tis the journey of Life."

"I am so happy Father,

I will run on and catch

The butterflies that play in the sunshine,

And pick the pretty flowers."

"I am very tired, Father; the way was so long.

I could not catch the butterflies

And the sunlight made dark shadows,

And the flowers withered

When I gathered them."

"Faint not, my son, the end is near."

"Who is this stranger coming toward us?"

"Tis the Angel of Death."

"Oh! Father, I pray you do not leave me.

The way was rough and hard,

But let me stay with you.

I fear this stranger; he is the enemy of man."

"Not enemy, my son, but friend.

Through him you find your heart's desire."

"Oh, Father! are you sure?

My heart's one great desire is—Rest."

—Ella van Gilder

RAYS FROM THE ROSE-CROSS

The magazine is now sent gratis to 330 Libraries. Part of these subscriptions have been paid for by members and the rest are supplied by the Headquarters fund. The price to Libraries will not be raised, so that members wishing to subscribe for one or more may do at the former price: One Dollar a year in the United States, \$1.25 in Canada, and \$1.50 in Europe.

Question Department

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The Purpose of Temptation

QUESTION: Would it always be running a great risk to put temptation in the way of a person whose horoscope shows either Mercury or Neptune afflicted by Saturn, regardless of counterbalancing testimonies?

Answer: That is just what we are here for, to have temptation. Did you never realize that temptation is one of the greatest blessings that we possibly can have, because if we stand firm for the good, then we have won and we have acquired a definite virtue, and if not, we will suffer the consequences and we will learn by the pain that will come to us. There is in the Bible an instance in point. In one place we are told how King David was *tempted by Satan to go and number the people*. When he did so certain terrible things happened to him; a number of them died of pestilence. Another place we read *God tempted David to go and number the people*, and then God said: "I am going to punish you and you will be defeated by your enemies, or you will have pestilences, or you will have death going through your camp." And David said, "rather let me fall into the hands of God." Then many thousands of the children of Israel were cut off by the angel of death. These two accounts are identical: in one it says Satan tempted and the other says God tempted David. At the first it seems very, very strange that God should have tempted David, or commanded David to do a certain thing and then should punish him for having done what he was told. But when we look at it a little closer we can see it is simply a case of the teacher tempting his pupil to do something that is wrong or setting a trap for him in order to see whether he has learned a certain lesson. An examination before a school board is held to see if the pupil understands, and if he doesn't then the teacher wants to find it out so he may know how to teach him later on. Satan in the Bible does not mean a monster that goes around with horns and tail but it means Adversary. Christ called Peter Satan when Peter said, "Oh no Lord you shall not go up to Jerusalem to suffer." He was an

Adversary. And at the examination the teacher is an adversary of the pupil. So God said to David go and number your men because there is going to be a fight with the Moabites, and he expected David would say, "What's the use of numbering the people of Israel. Men do not count, it is you Lord that counts, it is you we trust, not in our own strength." If he had learned to do that then he would have learned his lesson. Instead of that he went and numbered Israel and perhaps he felt, "Well, I guess we will be able to wipe these Moabites out and I don't think we need the Lord so bad anyway." So the Lord had to show both him and the Israelites that they weren't fit to trust in themselves, that they did need the Lord, and in one night He cut off many thousands and reduced them to a handful. Then He said, "Now I will go out and fight for you and now you will know it is I who gave you the victory." Thus temptation is for good, to test whether we are strong enough in character and whether we have learned our lesson. So whether a person puts a glass of liquor before you or tempts you some other way, that doesn't matter, if one is weak enough so that he can be tempted, he has a lesson to learn in that respect.

FACTS ABOUT DEATH

Question: It is stated that the body should not be cremated within three days after death, also the reason is given for this. Is there a detrimental effect experienced from a burial at any time within three days after death?

Answer: No, not from the burial of the body in itself if it is not molested in any other way. But, of course, you realize that a burial usually cannot take place without there being more or less commotion and the body is more or less disturbed, and therefore it is best to wait until after that period has passed. Of course any incision in the body such as they use for the purpose of embalming, or anything like that, is felt by the spirit, just as a mutilation is felt when a doctor performs an operation and the person is under

ether. A post-mortem operation is felt by the body and through that the spirit feels uncomfortable, so we should avoid these things if we possibly can. There should be as much quiet as possible during the three and a half days around the body, as whatever is done to disturb that rest and peace is really detrimental to the ego.

Question: When embalming, the blood is drawn from the body while it is still warm and a liquid forced into the arteries. What is the effect of this operation?

Answer: It is wrong to do it as the spirit feels the pain and is disturbed in that most important of all things, the meditation over the panorama of life. We should realize that at the time of death the harvest is beginning. We have been sowing all through life and when death comes the reaping begins. The first and most important fruitage comes in the study of the panorama of life as it unrolls in reverse order, showing first the events and then the causes that produced these events. If the spirit is disturbed at that time by the lamentations of relatives or embalming or by moving it out to be buried, then the spirit is disturbed in that proportion. But naturally a post-mortem examination or embalming have the most detrimental effects.

Question: On page 118, last paragraph, of *Cosmo*, it is stated regarding the Second Heaven: "those who are studious, etc., will have access to all the libraries of the world," etc. Is knowledge which is obtained while there retained? Is it held by the mind and brought to the earth to a more or less extent at birth? Can study be continued there and we reap the reward of that study in the next or some following earth life?

Answer: Yes, we do. We have great opportunities if we have a mind to take them after we pass over into the invisible world. But the great majority of people seem just to live there almost as they lived here. They do not need to eat but they do eat, as the Spiritualists say, and they do have houses over there, and they do seem to live in other respects exactly as they lived here, just having as good and easy time as they possibly can and enjoy themselves in that way. That class of people are not getting any great good out of their post-mortem existence, but those who are studious and try to study humanity have a great field and can do a wonderful lot of work, and it helps them. It doesn't seem to bring soul growth in the

same sense that it does while here, but just the same it promotes their standing, gives them greater spirituality, and helps them in their evolution to a wonderful extent.

EARTHBOUND SPIRITS

Question: Why do you say that some persons after they have passed into the other life are earth-bound Is there any way in which such a condition can be avoided while we are in the body?

Answer: Yes indeed ! You remember the story in the Bible about the rich man who laid great stores in his barns. Then his soul was required of him and he found himself in misery. He was earth-bound because he loved that which he left behind and he wanted someone to go back and tell his brothers to do differently. That is the condition of the people who are earthbound. They have their treasures on earth instead of in heaven. They have all accumulated something, it may not always be money, but they have other ties on earth, somebody that they think they own—my wife, my husband, my children. Their idea is that because I love you, you must do just as I want you to do. They don't regard the person they love as having any rights at all. Later, when they pass out, that relation continues and they endeavor to impress their loved ones, to keep close to them and be in their company as much as they can. People who have houses and lands and such things and are very much attached to them are the worst off. We see such people sometimes watching a safe where they have a lot of stocks and bonds. Then the heirs will come and take the bonds out and laugh at the old fool for hoarding his money. Or it may be people who have lived for society. They have jewels, dresses and other things. They will just love them and feel they cannot part with them; therefore, they are bound to earth as long as they have that feeling. The best way is to give everything away. Of course we have to watch that we do not put ourselves in a position where people that we give such things to would put us out in the street and we would be entirely destitute in old age. But if we use judgment and as we see that we have lived our life to the end of usefulness, we may say, here are things that I have no more use for and I know I am getting towards the end. Where can I do most good with them? who will enjoy them most, or who can I help to establish in business or do

something for himself? Or we may find other such ways of disposing of things. Also with regard to the affections, we should hold ourselves in check so that we do not love anybody with an unnatural love, such love as makes idols of others and sets them before everything else. If we get ourselves free from all earthly ties so we are ready to go, then we are just like the ripe kernel falling out of the apple. Then we are free from all earthly ties, whether financial, personal, or whatever they may be and cannot be kept earth-bound. If people have committed certain crimes they are sometimes earth-bound by association to that place and try to undo the wrong that was done.

PLANETARY POLARITY

Question: Speaking of planetary polarity for marriage, Moon and Venus being significators in a man's horoscope and Sun and Mars in a woman's. You say that if these planets are harmoniously configured etc., harmony will prevail. Does the configuration referred to mean the configuration of Moon to Venus and of Mars to Sun in the respective horoscopes, or of Moon and Venus in one horoscope to Sun and Mars in the other? How would it be if the man's Sun antagonized his own Moon but harmonized with the prospective mate's Moon? In case the Ascendent is not known, what is the best basis for estimating compatibility; is it the harmony or otherwise of the two Moon-signs?

Answer: It really means both to have harmony. A person with Mars square Venus will not be very successful in love affairs, that is a foregone conclusion, but if Mars in a woman's horoscope be in the place of Venus in a man's horoscope, then it is a case of love at first sight; however, that love is of the earth earthy—it is the lower phase of love. We may say that the Sun of one person on the other's Moon also brings a very harmonious condition, and we can also say that even the opposition of the two luminaries from one horoscope to another will bring harmony, because they are opposite. It doesn't act that way with the squares, but the opposition we have found to produce harmony. The Sun and Moon square always renders a man vacillating, he never knows his own mind, he is torn between two ideas all the time. Nevertheless he may be very harmonious with somebody else of the other sex if his Moon is in the place

of the woman's Sun, or trine—that would certainly bring harmony.

THE SALT OF ALCHEMISTRY

Question: In the Rosicrucian Philosophy we are told that in the phraseology of the alchemists the Moon forces were spoken of as salt. Has this any significance with regard to the following verses, *Mark*, 9th Chap., 49-50: "For everyone shall be salted with fire, and every sacrifice shall be salted with salt. Salt is good; but if the salt has lost its saltness, wherewith will ye season it? Have salt in yourselves, and have peace one with another."

Answer: Every sacrifice shall be salted with salt—that was a commandment in the Mosaic law, Judaism as we may call it, and was originated by Jehovah, but the salt has another and deeper significance. The idea is that if the salt is put upon the sacrifice then it causes a chemical fire, and that was symbolical of that burning sensation that we must feel by remorse for misdeeds we have done. Every transgression shall be punished and expiated by a certain sacrifice, then the salt and burning of the sacrifice were symbols of something better to come. The people at that time could not themselves be living sacrifices, they could not have denied themselves anything, but they did love their possessions very, very dearly—many children they wanted and much land and much cattle. Therefore, if the cattle and the things that they prized most highly were taken from them on account of sin and transgression, they felt it as they could not have felt an injury done to themselves. So this sacrifice was a sort of vicarious atonement, and it stood as a symbol of the time later on when they should be a sacrifice themselves and feel remorse for whatever wrong they had done. Now the sacrifice was not accepted at the altar until it had been salted, and similarly, the living sacrifice will not be accepted on the altar of repentance until it has been salted; that is, we must feel a burning anguish, remorse, and contrition for every wrong we have done. Only when we have done that is the sacrifice accepted. Then the sacrifice was burned up by a divinely enkindled fire and that shows after we have salted the living sacrifice of ourselves with our tears and contrition, then if we lay ourselves on the altar before God, it shall come to pass that, "Though our sins be as scarlet they shall be white as snow." The

record will be wiped out from the life panorama, and thus we cleanse ourselves. But the first requisite is that the sacrifice must be salted with tears. That salting of the sacrifices in ancient times may have something to do with the idea that Jehovah is the Spirit of the Moon and therefore rules the chemical element salt. But the salt of the alchemist was not the ordinary salt; that was the salt of tears and contrition. Neither did alchemists profess to make base metal into gold. What they proposed to do was to make the base elements of the body taken from the earth into the gold of the soul, that golden wedding garment that shines around everyone who attains to spirituality and becomes a brighter light as he lives a higher and nobler life.

UNDINES AND MERMAIDS

Question: Is there any foundation for the belief in Mermaids; if so, what is their origin? What purpose do they serve?

Answer: Undines, mermaids and mermen are not figments of the fancy, they are real. We are so fond of looking upon this world as a great big perpetual motion machine, and we try to explain everything on one scientific theory or another. People will say that the sun heats up the ocean, that the water evaporates, rises into colder strata and there condenses into clouds which are moved over the lands by wind and when condensed sufficiently the seawater falls as rain. Then it runs back to the sea as rivers, and that is all there is to it. Yes. but how could all this happen without somebody being at the head of it and somebody working at it. We know very well a building is made of bricks, one brick is laid on top of another, and it is built to whatever height is desired. But the bricks do not get up there themselves, they have to be carried. And it is the same in the economy of nature, the workmen, the nature spirits, are found everywhere. They have their work and evolution just as we have and everything in nature is an orderly process. These undines, mermaids and mermen are concerned with the condensation of the water and with the work of keeping the things in the water in order, building up plants and such like things, just the same as the gnomes build the flowers on land. We say that a plant grows, but just as bricks have to be put together in a house, so the atoms have to be put together in plants. In the case of human beings, those who are in the

second heaven are preparing to build new bodies and they learn to build better bodies by working on us and helping us to build these bodies. Later they come back to earth with added experience and that helps them to build a better body next time. Similarly, the little nature spirits we call gnomes help to build and plant the flowers, and the sylphs are the agents in carrying up the water that has been broken up by the undines, into the skies where it condenses into clouds. Then the sylphs are the cause of the winds and move the clouds about and bring about the storms and the rain, and so one department in nature works with the others. The salamanders are the fire spirits and perhaps the least known, but they also have their work to do in breaking up earth conditions etc., You remember Shakespeare's *Midsummer Night's Dream*. That is an actual fact. It is this way; at the winter solstice, when everything is dead, when the earth is asleep under its winter blanket, then the new impulse to life, the Christ life, is poured into the earth and begins to work out towards the periphery, bringing life to seeds in the ground and giving them the vitality they need to sprout, also infusing vitality in all beings that live upon the earth. This Christ life takes birth at the winter solstice when the Sun is at its lowest point of declination. Thus in the winter we have more spirituality, for that divine life impulse comes to us anew every year and the Savior is thus born to save his people from the cold and famine that would result if the Sun were always in that southern point of declination. The impulse is spiritual, for there is no physical activity going on in nature at that time. On the other hand, in summer all is activity in the world, so the summer solstice is the apex of the physical impulse. It is at that time that the nature spirits have their festival, and they do enjoy themselves; they do glory and feel thankful that they have brought forth and that they have helped to work this miracle of fecundation and expression of all physical things that have come to birth. At that time the fructification begins, the fruit begins to ripen. Then we go down towards the harvest, which is at the Fall Equinox. So these nature spirits have a great work to do, and it is not only true that they *are* but they play a very, very important part in the world's work.

Question: Where was the man Jesus after the Christ took his lower vehicles? Was he present but in abeyance throughout the Christ's ministry?

Answer: Jesus was in the Invisible Worlds and has been working from there with the churches ever since.

REBIRTH

Question: Do those passing over now come to rebirth again before the Aquarian Age? If they still have lessons to learn to fit them to live in that age, can they come back and learn them?

Answer: That all depends. The usual time between two births is a thousand years, so as to give people a chance of embodying once as a man and once as a woman while the Sun is passing through each sign by precession, which takes about 2100 years. This is done because the lessons to be learned during that time are so different that they cannot be learned under the same sexual embodiment. Experiences are very different from the standpoint of a man and a woman; therefore, they are usually embodied once in each sex during the time the Sun goes through each sign of the zodiac. But this law is like all other laws of nature, it is not blind, but it is under the dominion of four great beings called the Recording Angels. These Recording Angels have to do with all the details of human evolution. They see that everyone gets a chance to obtain as much experience as he or she can stand. If it is necessary to remain the whole one thousand years in the invisible

world, they remain, if not, they come back sooner. Some people come back within a few hundred years because they have evolved to the point that they learn quickly. People who live the life as Probationers and have assimilated their life experience before they leave here and are doing a good deal of work in the invisible worlds, will not need to spend such a long time there. They have put themselves definitely on the side of the laws of God and are given greater opportunities for evolution by service.

LIQUOR REPLACED IN ARMIES BY CANDY

Candy, after all, seems destined to take the place of liquor as a stimulant for fatigue, according to reports from army officers in France.

“Give the liquor to someone else,” said an officer recently, “and allow my men a larger ration of candy and I’ll guarantee we will lick all the Huns we meet.”

It is said the same situation applied not only to the American boys but to the soldiers of the other allied nations.

Sugar, it is reported, whether in the form of candy or other sweet stuff acts as a bracer and therefore candy is being shipped in large quantities to the men in France.

It is pointed out that the saving of sugar in this country is only adding to the amount of sweets which can be shipped to the men on the firing line.

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The Astral Ray

* * * * *

Mars as the Abode of Life

Percival Lowell

(Director of the Lowell Observatory)

Editor's Note: As science advances, its researches reveal more and more the truths taught esoterically by the Elder Brothers in the *Rosicrucian Cosmo-Conception*, and the student will find in the following article by Prof. Lowell much that has been taught by us for years. It should impress people when we show them our statements concerning what has happened in the dim distant past—which were laughed at in former years—are now being vindicated by recent research, and this consideration should cause them to respect our pronouncements regarding other matters, past and future, for by all the laws of logic, the monumental conception given us by the Elder Brothers shows that they must have sources of information and means of investigation immensely superior to science which is now beginning to find out a little of what they have long taught.

We cannot give all of Prof. Lowell's article, but he expresses the Rosicrucian idea first publicly voiced by La Place, that a planet in the making reaches a maximum heat, after which it begins to cool. It gradually loses heat, and in time becomes dependent upon the sun for warmth. He does not seem to have a conception of the fire fog that enveloped the earth while the crust was forming, but seems to have a fairly accurate idea concerning the later stages, including the preexistence of a dense mist and the clearing of the atmosphere. Following are his conclusions:

TRANSITION

On Earth the transition from self-support to solar dependence began with the first symptoms of atmos-

pheric clearing in the time of the great reptiles. The clouds that had veiled the whole earth in the paleozoic period then began to dissipate; though it was probably not until much later that the sky approached the pellucid character we know. The earth's own cooling thus first let in the sun.

That such must have been our earth's history we gather from the other planets; that it actually was so we discover from the records of the earth itself. For from the fossils imbedded in its rocks we learn that when the Triassic strata, more familiarly known as the New Red Sandstone, were laid down, gymnosperms, cycads, and conifers had replaced the cryptogams of the primary age. These plants require more light than ferns. Though technically called flowering plants, they yet lacked flowers to catch the eye.

Still, they demanded more sunlight than their predecessors, and thus testify to the purifying air caused by the gradual cooling of the surface and the consequent less abundant generation of cloud. That the sun had not grown more insistent, but the earth more open-eyed, the latitudinal character of the cooling shows. For it was not the absolute lowering in warmth, but the zonal differentiation of temperature that then set in, which is noticeable. The tropics were as before; the climate was changing slowly toward the poles.

In the next Mesozoic division, the Jurassic, the corals, by dropping down the latitudes as time went on, speak of continued refrigeration. Tropic, temperate, and frigid regions began to belt the earth. But

zones were not yet well established, as the presence of the same cycads in Mexico and Franz Josef Land suffices to attest. Corals still grew in latitude 55° north.

THE SUN ASSERTS ITSELF

With Tertiary times came in the seasons. Before this the earth knew them not, though its axial tilt was the same as now. Their advent is registered for us in the changed vegetation they induced. For their presence is witnessed by the coming in of deciduous trees, which made their first appearance in its preceding strata, the lower Cretaceous, and spread and flourished in the Eocene, Miocene, and Pliocene eras. The northern zones had now grown so cold that vegetation had to hibernate in the winter months. Meanwhile we mark the palms successively descend the parallels in search of heat. In the Eocene—the dawn of the recent epoch—already they are lower than in earlier epochs; in the Oligocene, the next age, their northern limit is the smaller fifties; they become rarer there in the Miocene; and in the Pliocene they have virtually disappeared from northern Europe. With increase in light went hand in hand decrease in warmth, which shows that the earth had been the source of the earlier torrid climate. Its seas and continents were both cooling off.

The sun was slowly asserting his position as the great giver of both light and heat, and the world as we know it was beginning to be.

This change in dependence from mother earth to distant sun ushered in the reign of beauty in the world. We live in the colored supplement of our globe's history, the time when the pigments were put on; and this because as fashioner the sun has replaced the earth. Though they bear no relation to us, the gorgeous tints of blossom, butterfly, and bird that so delight the eye were called into being by the sunbeams themselves; while the descendants of the plants that were beholden chiefly to the earth—the fungi, mosses, and brakes—now flourish only in the shade. A few indeed have adapted themselves to the new conditions, but the greater part still pathetically cling to the world in which they were brought up—a world (except in corners) long since passed away.

MARS BETRAYS THE SAME EVOLUTION

Since a general clearing of its sky is a regular step

in a planet's development, we should expect to find a cloudless, transparent air in the case of a planet as relatively old as Mars. For thus a body opens its eyes to the cosmos. Now, this is precisely what we do find. For the aspect of Mars shows that it has thus waked to the universe about it. In fact, such was the very first of its characteristics to be made known to the earth, being the one by which the others were revealed. Without it we had never made acquaintance with this other world in space.

Viewed under suitable conditions, few sights can compare for instant beauty and growing grandeur with Mars as presented by the telescope. Framed in the blue of space, there floats before the observer's gaze a seeming miniature of his own earth, yet changed by translation to the sky. Within its charmed circle of light he marks apparent continents and seas, now ramifying into one another, now stretching in unique expanse over wide tracts of disk, and capped at their poles by dazzling ovals of white. He recalls to him his first lessons in geography, where the earth was shown him set ethereally amid the stars, only with an added sense of reality in the apotheosis. It is the thing itself, stamped with that all-pervading, indefinable hall-mark of authenticity in which the cleverest reproduction somehow fails.

In color largely lies this awakening touch that imbues the picture with the sense of actuality. And very vivid are the tints, so salient and so unlike that their naming in words conveys scant idea of their concord to the eye. Rose ocher dominates the lighter regions, while a robin's-egg blue colors the darker; and both are set off and emphasized by the icy whiteness of the caps. Nor is either hue uniform; tone relieves tint to a further heightening of effect. In some parts of the light expanses the ocher prevails alone; in others the rose deepens to a brick red, suffusing the surface with the glow of a warm late afternoon. No less various is the blue, now sinking into deeps of shading, now lightening into faint washes that in places grade off insensibly into ocher itself, thus making regions of intermediate tint the precise borders of which are not decipherable by the eye.

Superimposed upon its general opaline complexion are now and then to be seen ephemeral effects. At certain times and in certain places warm chocolate brown has been known to supplant the blue. Often, too, cold white dots are scattered over

the disk, dazzling diamond points that deck the planet's features to a richness beyond the power of pencil to portray. So minute are they that good seeing is needed to disclose them. It is at such moments that color best comes out. To those who know the sun only as golden and the Moon as white, even in its color scheme Mars would stand forth a revelation.

It is easy to travel in thought over the strange land thus displayed below you. For though you gaze up into the sky, you still look down upon its ground, and follow consciously or unconsciously the configuration of its surface with cartographic eye, now led by some apparent bay to run with it up into the continent, now witched by the spirit of exploration toward some island, as it seems to be, set remote in the midst of the sea.

On earth some dwell at elevations of 10,000 feet, where the barometer marks only 18 inches, instead of the 30 to which their relatives are accustomed. Yet, in spite of living in atmospheric penury on the mansard roof of the world—for the mountain here is steep—they suffer no inconvenience, and seem totally unaware that they are doing anything peculiar. Nor have they seemingly changed in organic or even in functional development. With the deer the lack of special adaptation is equaled only by the lack of conscious absence of it, and the animal is as much at home as in the timber of the Minnesota woods.

That thinning of the air proves no bar to a species, provided other conditions are the same, is further shown on the high lands of the western United States. The meadow-larks of the great plains rise with the surface into the parks of the Colorado Rockies, with an altitude of eight thousand feet, and are there as much acclimated as at two thousand in the Kansas prairies.

Now, if such a barometric range can be borne semi-annually without special modification by the organism, how much more may not be accomplished by accommodation, given a sufficiency of time? Men who gasp pitiably at first, learn to endure, and finally, embrace, a life of elevation. Quito, at ten thousand feet, has a population who live as easily as their relatives at the sea-level.

PLATEAUS HOTTER THAN PEAKS AT A LIKE ELEVATION

On Mars, owing to the thinness of the air, it has

been customary to liken the conditions to those upon our highest mountain-tops, where life finds it impossible to exist. But the analogy is misplaced. Mars, with its level surface, is more like some vast plateau. Now, that the temperature of a plateau exceeds that of a peak at the same height, table-lands on the earth make evident. Humboldt cited the Himalayas. On the north side of this great range, both snow-line and timber-line are 3000 feet higher than on the south side, a climatic lift brought about by the Tibetan table-lands on the north; and this in spite of the contrary effect of slope exposure. During the last summer I spent some time in studying this point upon the San Francisco peaks in its bearing on tree-zones. I found the trees rose regularly with the land in proportion to its mass. Nor is the explanation far to seek. Each bit of plateau helps warm its neighbor, and so keeps a heat that else would have radiated away. If even a limited area of high ground can so far ameliorate the temperature, how much more would be accomplished were it to become world-wide.

That we do not find animal and vegetable life at the tops of our highest mountains is due to other cause than elevation; namely, to the restricted nature of the habitat upon the pointed needle of a peak, separated by impassable gulfs from other equally limited areas. The animal has no range of forage and no chance of commerce with its kind. This is one reason for the absence of life upon isolated pinnacles. Yet even so, his presence proves surprising. On the very pinnacle of the peaks, at 12,630 feet, the tracks of a vole, I think it was, showed clearly in the snow on October 15. Another exterminating cause is the wind that of necessity always draws over a peak at the lightest provocation. The consequent drain upon an animal's own heat when made under low temperatures is fatal to life. Man can endure 70° below zero F. if the air is still, but perishes at 40° below under the least wind. Even a breeze, therefore, is equivalent to a fall of 30° F. in the temperature.

WATER-VAPOR IN THE AIR OF MARS

By both temperature and appearance, then water-vapor proves a constituent of the Martian atmosphere. Now, the vapor of water is a light gas the lightest of the constituents of our own air, and in consequence, by the laws of gases, among the most difficult for a planet to contain. Its presence, therefore,

in a planet's gaseous envelope, is of the nature of a guarantee that less volatile associates are also to be found there. These, in an increasing order of weight, are nitrogen, oxygen, and carbonic acid gas. So we may conclude that these are probably also to be found on Mars.

But we are far from having to rely upon such inference, well-founded in principle as it is, for our knowledge of the existence of these important gases in the atmosphere of the planet. Modern observation of a quite unrelated class of features puts their presence there upon a secure footing—a planting on the premises of feet instead of one by the logical body of fact; and that, too, by reason of a descent from the air to the solid surface of the ground. It is the now recognized constitution of one of the two great classes of markings that diversify the disk which has given us the necessary information. The blue-green regions have proved themselves the sybils in the case.

In form first, in color subsequently, the blue-green areas commended themselves as seas and oceans to the mind of the early areographers. Even Schiaparelli so considered them. Nor at the stage of acquaintance was the characterization at all far-fetched. But as these seeming seas were scanned, differences of tint became apparent in them. This should have shaken belief in their character, but so tenacious is an idea when once it has taken root that the discovery awoke no doubt. The oceans were merely spoken of as shallower in some places than in others, as if thousands of square miles of water so few feet deep that the bottom showed through did not of itself need explanation.

Next, these very differences showed variation. Areas as large as Great Britain, and often very much larger, would lighten in the course of a few weeks in a perfectly unmistakable manner. Indeed, the greater part of the whole southern hemisphere of the planet would thus doff one tone, and even tint, to don another at surprising short notice, and this without anything approaching a correspondingly sizable darkening elsewhere.

When we set ourselves to consider the matter in the light of what was seen, we perceive that such absence of reciprocity is fatal to the theory of a liquid film. For were the transformation some subtle shift of substance, what one had lost, another must have gained. Either transferred as water elsewhere or

wafted away, to be deposited as snow about the pole, the thing should still be somewhere in the planet's aqueous economy. Yet neither of these counterbalancing effects was perceptible. As water it had vanished, and the polar caps were not increased.

VEGETATION OF MARS

Left, thus, without a marine character to their name, we are led to inquire what these patches, which both in form and color are water, can in reality be. If the great blue-green regions be observed at intervals of a few weeks, and the aspects they successively present be reordered in drawings, inter-comparison suffices to make evident that the metamorphoses they experience are periodic, and the period of the planet's year. The changes, then, are seasonal in cause. That is, they depend upon the sun. And in proof of the relation, their fading out is found to occur in winter, when the sun is least operative, and their greatest evidence in midsummer, when the sun is locally most potent.

Now, there is only one thing, so far as we know, thus obedient to the sun and indicative of its subserviency by a change of hue from blue-green to ochre, and that is vegetation. Both colors are self-accusatory. The first speaks of verdure in its prime, the second of the change of the leaf to the scar and yellow stage, just as it takes place in our own foliage on the approach of autumn's frosts, indicating that its course is run. Not otherwise could we observe it from space, should we mark our own familiar earth change color when its season's work was done.

Vegetation thus vouched for, the constitution of the air becomes more certain. Besides, water-vapor, oxygen, and carbonic acid gas must both be present, and undoubtedly nitrogen, too, since in the matter of density it holds an intermediate position. To find that the Martian air is made up of our old familiar friends in the matter of gas is an important step to acquaintance with what goes on upon the other world. Though we are indebted for our knowledge of its existence to the vegetation, which is visible, while the air is not, it is in fact the vegetation that is indebted to it for being able to show at all.

MODE OF MANIFESTATION OF LIFE

Of organic existence there the main, or natural, features of the planet's face could not be looked to

for disclosure. Indeed, the surprising thing is that they should have disclosed so much. That the coming and going of vegetation should be visible across the thirty-five millions miles of space to which at its least the gap separating us from Mars is reduced, is little short of marvelous. As for a direct view of any animal life the planet might support, it would be out of the question. In a very different manner would this reveal itself. Not through its body should we beware of it, but *through manifestation of its mind*. By the material changes in the surfaces of a planet wrought by the dominance of his mind over matter would the other world worker stand confessed. This we shall realize if, from the point we have gained in establishing the probable existence of such life, we go on to consider its probable character. This can be done by reviewing the experience of our own planet.

From what has taken place on earth, we see that the cooling and complexity of organism have advanced together. Life originated here as soon as the temperature fell below the boiling point, and it started in water, the liquefying of which out of steam gave it at once an essential factor of its substance and an environment of the most easily satisfying kind.

An upward step in evolution occurred when life stepped out upon the land. While less directly favorable to life, the land was fraught with more possibilities for organisms capable of turning them to account. Brain was needed, and brain evolved.

Brain, indeed, now became the chief concern of nature. The character of the habitat undoubtedly brought this about through the prizes it offered the clever, and the snuffing out to which it consigned the crass.

For long the animal remained thus the creature of its environment, its view restricted in both time and space. Greater possibilities came in with man. Doubtless his was no very dignified entry, though something better than on all fours. Brain now finally distanced brawn, and even in his savage state man became a being that others feared. From thus standing *primus inter pares* he soon developed into first, "with the rest nowhere." Fire and clothes raised him to some independence of his surroundings, and slowly he began to take possession of the earth. His breeching, the putting on by the race of the *toga vir-*

ilis, was both an incident of his rise and part cause of it as well, for it made him superior to climate. But the fertility of brain, however humble in its beginning, which suggested the means of protecting the body, devised the methods by which he was to subjugate the earth.

For some centuries now this has been his goal, unconscious or confessed. The true history of man has consisted not in his squabbles with his kind, but in his steady conquest of all earth's animals except himself. He has enslaved all that he could; he is busy in exterminating the rest. From this he has gone on to turn the very forces of nature to his own ends. This task is recent and is yet in its infancy, but it is destined to great things. As brain develops, it must take possession of its world.

Subjugation carries its telltale in its train; for it alters the face of its habitat to its own ends. Already man has begun to leave his mark on this his globe in deforestation, in canalization, in communication. So far his towns and his tillage are more partial than complete. But the time is coming when the earth will bear his imprint, and his alone. What he chooses, will survive; what he pleases, will lapse, and the landscape itself become the carved object of his handiwork.

Equally applicable is this deduction to planets other than the earth. Instead of its being true, as a recent writer remarked, that "we cannot expect to see any signs of the works of inhabitants of Mars if such exist," precisely the opposite is the case. Until the animal attain to dominance of this world, his presence on it would not be seen. Too small in body himself to show, it would be only when his doings had stamped themselves there that his existence could with certainty be known. Then and not till then would he stand disclosed. It would not be by what he was, but through what he had thought about. His mind would reveal him by its works—the signs left upon the world he had fashioned to his will. And this is what I mean by saying that through mind and mind alone we on earth should first be cognizant of beings on Mars.

WE WANT A

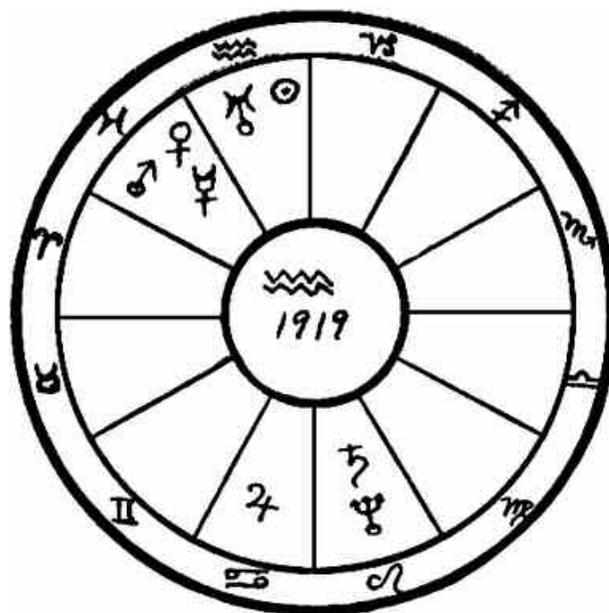
MACHINIST - CHAUFFEUR

at Mount Ecclesia. For particulars address the secretary.

The Children of Aquarius, 1919

BORN JANUARY 21st TO FEBRUARY 20th, INCLUSIVE

EDITOR'S NOTE—It is the custom of astrologers, when giving a reading requiring as data only the month in which the person is born, to confine his remarks to the characteristics given by the sign the Sun is in at the time. Obviously, however, this is a most elementary reading and does not really convey any adequate idea of what these people are like, for if those were their sole characteristics there would only be twelve kinds of people in the world. We are going to improve upon this method by giving monthly readings that will fit the children born in the given month of that particular year and take into consideration the characteristics conferred by the other planets according to the sign wherein they are during that month. That should give a much more accurate idea of the nature and possibilities of these children and will, we hope, be of some use to the many parents who are not fortunate enough to have their children's horoscopes cast and read individually. We keep these magazines in stock so that parents may get such a reading for children born in any month *after* June, 1917. The price of back numbers is 20¢ each.



The children of Aquarius are of a rather shy retiring nature. They like to keep their own company and counsel more than is good for them for if this bent in their nature is allowed full sway and has a tendency to breed melancholy and make them recluses. They have a quiet unassuming manner which gains many friends for them and their home life is usually ideal. They are generally affectionate and of a sweet and kind disposition, ready to defer to the opinion of a loved one and yield a point for the sake of harmony; besides, Aquarius being a fixed sign, they are very constant in their affection as well as in other things.

Aquarius is an intellectual sign and its children usually have a good mentality because the Saturnine rulership gives depth to the mind and the Uranian ray gives them intuition and an inclination towards science, literature, and philosophy. They are remarkably persistent in whatever they undertake and therefore usually succeed in the long run. As Aquarius is the 11th sign, it partakes also of the qualities ruled by the 11th House. Therefore the children of Aquarius are usually well liked among their associates and have many friends. They are very proud and jealous of the esteem of others. Their principal fault is that on account of the Saturnine trait they are somewhat given to worry. Like the Leos they are strong in their

likes and dislikes. They will do anything for those who have won their affection but resent any attempt to drive them, and under such conditions are extremely stubborn; in fact, they are very set in their mental attitude—once an opinion has been formed it is not easily changed. They are also very sensitive to the mental conditions around them and it affects their physical well-being perhaps more than they are aware, for this is one of the most sensitive signs.

The children of Aquarius born in 1919 have Mercury in Pisces, the occult watery sign. This will endow the mind with certain psychic faculties, not so much intuition as imagination: They will think or imagine something must be so and it is a startling fact that such impressions will usually be found correct. But this ability brings them too dangerously near mediumship, if Mercury is afflicted; therefore this is somewhat of a perilous position. It also renders them liable to gloom in a measure and subject to worry. This position of Mercury is a good indication that they will be successful in chemistry and the preparation of health foods, if they are inclined to these studies.

These children also have Venus in Pisces, her own exaltation sign, where she blends with the benefic ray of Jupiter, who is ruler of this sign. As Pisces is a watery sign, this position also gives them a powerful

emotional nature, somewhat subdued by the element of sorrow inherent in the 12th House sign. It gives them a very sympathetic disposition and an inclination towards charitable, institutional work, which gives them an outlet for their compassion. This position also gives them an intense love of music, and when other testimonies concur, considerable ability to express it either vocally or instrumentally, for music is the most wonderful outlet for the deepest emotion of which the human soul is capable. These children having Venus in Pisces are specially liable to being imposed upon financially by others, and there may be trouble through an illegal marriage.

At the present time Jupiter is in Cancer and this will give the children of Aquarius 1919 a kindly and courteous disposition. It will add to the imagination already conferred by Venus and they may be dreamers of Utopian dreams and lovers of the occult and mystical. There is however also a practical side to their nature which will make them ambitious to attain worldly success and make them fortunate in investments in houses, lands, or mines, so that they will accumulate property and be well-to-do after middle life; that is to say, provided Jupiter is well aspected.

Jupiter in Cancer, which rules the stomach, makes the person very fond of the pleasures of the table and if it is afflicted he is liable to inordinate gluttony, which will eventually corrupt the blood and cause such diseases and noxious growths as result from that condition. Therefore, care should be taken to educate these children to a frugal manner of living.

Mars, the planet of dynamic energy, is placed in the 12th House sign, Pisces, at the time when these children are born. This will give them ability in the detection of crime, provided Mars is well aspected. It will also confer upon them a strong love for the mysterious in nature and give them an inclination to seek positions where they do not come in direct contact with the public. If Mars is well aspected there will be a tendency towards secret love affairs which the person will be able to hide from the public eye. But should Mars be afflicted in Pisces, the indulgence of clandestine intercourse will bring trouble and sorrow into the life. There is also a liability to suffer from the attacks of secret enemies and to become enmeshed in the net of the law and suffer in prison; or it may manifest as an inordinate love of liquor, which will then cause imprisonment and make the person a ward of

the community. Therefore parents of these children should be extremely careful to so educate them that they will abhor strong drink.

With respect to health, we find that Saturn in Leo, the sign which governs the heart, renders these children liable to obstruction and weakness of that organ; therefore it should be the care of parents not to allow them to overexert themselves and engage thoughtlessly in too strenuous sports or pleasures. If they can be brought up carefully through childhood it is more likely that they will retain the strength of heart than if they are allowed to waste their energy at the critical period.

By reflex action in Virgo, Mars in Pisces will give a tendency to inflammation of the bowels and kindred troubles, but naturally if one knows that such is the weak point, one can use the ounce of prevention and by careful living avoid such future troubles. Therefore this is another incentive to the frugality, which we have already advocated on account of the position of Jupiter in Cancer, the sign which rules the stomach.

To obtain a vocational reading the parents, guardians or applicants must be *yearly* subscribers. Only one request from each subscriber will be entertained, and unless it contains the following data it will be thrown out, for without this a horoscope cannot be cast.

- (1) Birth-year, month, date, and hour (as near as possible).
- (2) Birth-place—city, state or country.

BOUQUETS!

All the workers at Mount Ecclesia were enthusiastic to a degree over the *Message of the Stars*. But while we knew that they were sincere, we did not feel that that was a true test of the merit of the work, for all here had had a hand in producing the book, by proof-reading, type-setting, printing, and binding, so we feel that they were prejudiced. Now, however, the "bouquets" are coming in from every quarter of the globe. Every letter is full of commendatory superlatives which vindicate the judgment of the workers at Mount Ecclesia. Thank you one and all, we are glad to have produced a work that will be a lasting benefit to the Astrologers of the world, especially to those who aim to aid suffering humanity through the study of the stellar script in diagnosis of disease.

Your Child's Horoscope

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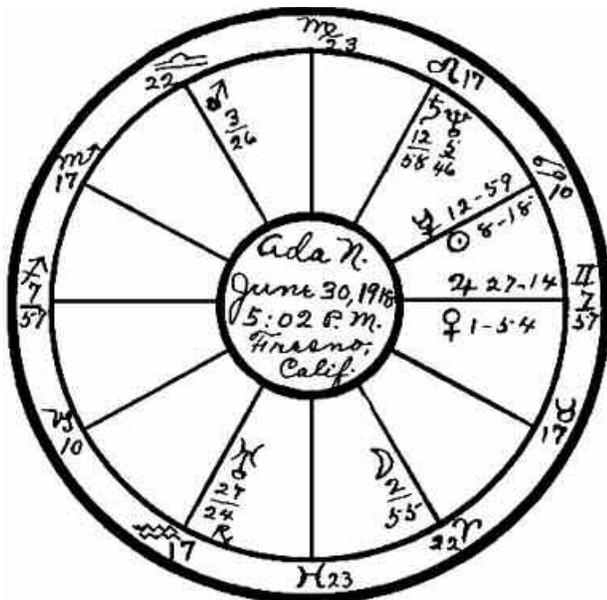
If the readings given in this department were to be paid for they would be very expensive. for besides typewriting, typesetting, plating of the figure, etc., the calculation and reading of each horoscope requires at least one half day of the editor's time. **Please note that we do not promise anyone a reading to get them to subscribe.** We give these readings to help parents in training their children, to help young people find their place in the world, and to help students of the stellar science with practical lessons. If your child's horoscope appears, be thankful for your luck. If it does not, you have no cause for anger at us.

We Do Not Cast Horoscopes.

Despite all we can say, many people write enclosing money for horoscopes, forcing us to spend valuable time writing letters of refusal and giving us the trouble of returning their money. Please do not thus annoy us: It will avail you nothing.

* * * * *

Ada N. Born June 30, 1918, 5:02 P. M. Fresno, Calif.



At the time of Ada's birth there were four common signs on the angles and the magnetic, imaginative, plastic, changeable, and emotional Moon was sextile to the harmonious, artistic, beautiful, lovely, suave, and affectionate Venus. She was also trine to the occult, prophetic, inspirational, spiritual, devotional, and musical Neptune. This will give Ada a very dreamy disposition and an exceedingly fruitful and vivid imagination, love of pleasure, music and art, an engaging personality, very attractive to the opposite sex, because kindly, affectionate, and sympathetic. It tends to general successes in life and it will give her considerable talent as an inspirational musician.

There is also a trine of the energetic, enthusiastic, and constructive Mars, which will help somewhat to make her a little more practical than she would otherwise be; but it has the tendency of making her very

extravagant and lavish with her money, so that at some time she may feel the pinch of poverty. Therefore, it would be good if you could instruct her during childhood in the right use of money.

The Moon is also trine to Neptune and this will increase the faculty of imagination to a superlative point. It favors prophetic dreams and visions which will bring her in contact with the invisible worlds. It indicates ability in the occult arts and success in their practice, for it makes the nature exceedingly inspirational, but it also gives a kind and sympathetic disposition, the same as already noted in the case of Venus.

The spiritual qualities may not be apparent, even to Ada herself, but they will be latent and capable of development. It is also safe to say that at some time or other during her life she will come in contact with and be very much attracted to the occult, whether the qualities of soul are subsequently developed or not.

Saturn, the planet of caution, method, system, perseverance, tact, and diplomacy, is unaspected and therefore we cannot look for these characteristics in Ada's nature. Her character will be dominated by the Moon, Neptune, and Venus, which will be impractical. We also find that the quick-witted, versatile, eloquent, and dexterous Mercury, the planet of reason, is unaspected; this is another pointer in the same direction.

It will be difficult for her to learn the ordinary lessons of life, but she will have other means of obtaining knowledge and will be rather different from the ordinary run of children.

Her principal fault is indicated by the lazy, ambitionless Sun square to the dreamy, vacillating, insipid, frivolous, and worrisome Moon, and to the egotistic, discordant, passionate and hot-tempered Mars. This will at times make her a very difficult

child to handle. She will be vacillating in mind, unable to decide on one course or another, wherever there is a choice; impatient and hot-tempered when she is forced to do anything she does not wish to do. As said already, she will be of a dreamy nature and lacking in energy, except in certain directions, particularly social activities and music. It will therefore be necessary for you to strive to curb these undesirable qualities during childhood. Be sure that you try to inculcate system and method, also perseverance, so that when she has agreed to do anything she is forced to go through with her resolution, either for good or ill, so that she may learn by actual experience how to form judgments.

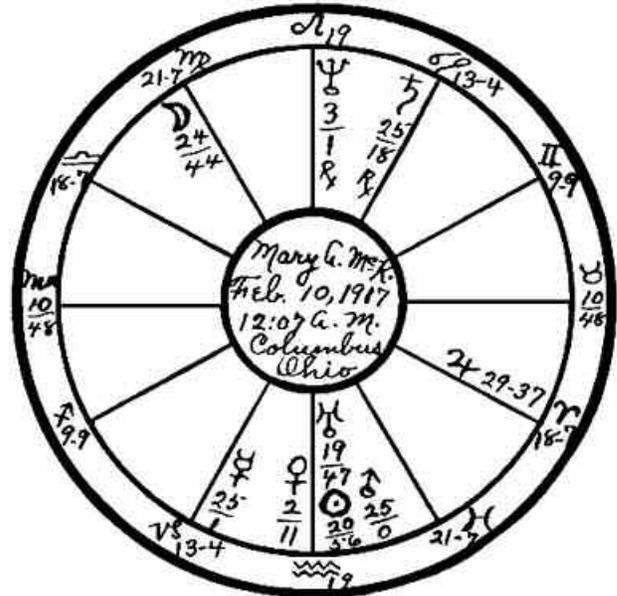
There is another drawback in the education of Ada. The Sun, which is the giver of life, is square to the Moon, the principal arbiter of the female functions and consequently of health. Being square from cardinal signs, the Sun being in the weak sign Cancer, they show that Ada's vitality is not very strong, particularly because the Moon is in opposition to Mars, the planet of dynamic energy. On that account she will naturally be indulged a great deal, and rightly so, but at the same time you should see that while you are pampering the physical disabilities you do not imperil the spiritual welfare of the soul, for we are here in life to learn by experience the lessons of the great school and unless we apply ourselves we shall have to keep on coming back life after life to learn the same lessons; therefore you must strive to find the golden mean between right sympathy and uncalled-for-pampering.

Saturn in Leo, the sign which governs the heart, and Mars in Libra, the sign which governs the kidneys, show us two principal weak points in her constitution. The Sun is in the sign Cancer, ruling the stomach, and afflicted. This indicates that the heart, kidneys, and stomach are the weak links in the chain. Therefore you should be careful in her diet, also, seeing that she does not overexert herself in play and strain the health unduly. Remember that by proper and intelligent care in childhood even great afflictions may be overcome.

Mary A. McK. Born Feb. 10, 1917
12:07 A. M. Columbus, Ohio

At the time of Mary's birth we find four fixed signs on the angles, the Sun also is in the fixed sign Aquarius, in conjunction with the advanced, inde-

pendent, original, liberty-loving, and inventive Uranus, and the enterprising, energetic, enthusiastic, and constructive Mars. This shows that Mary will be of an independent nature. She is going to have her own way despite all obstacles and will resent to the



utmost any interference with her self-expression and liberty. Therefore she is going to be a very difficult child to bring up and it will tax all your tact and diplomacy to guide her, for you may as well make up your mind at once that it will be impossible for you to drive her to do anything she is not willing to do. But she has some very fine characteristics and there is no doubt that with the proper attitude on your part she will grow up to be a credit to herself and you.

We find the emotional, magnetic, imaginative, plastic, and changeable Moon, sextile to the cautious, deliberate, methodical, persevering, thoughtful, tactful, and thrifty Saturn, and trine to the logical, quick-witted, versatile, eloquent, literary, and dexterous Mercury. It should also be noted that Mercury goes before the Sun, brightening the mind, this will give Mary a very receptive mind and a retentive memory, two very rare qualities. Therefore this aspect is a good indication of success in life, especially in one of the Mercurial occupations, literary, clerical or traveling.

She will probably be quite verbose, though in her case Saturn is somewhat restrictive in that direction, but at any rate she will have a good expression and ability as a linguist or elocutionist. It will give her tendency to look upon the bright side of life and take

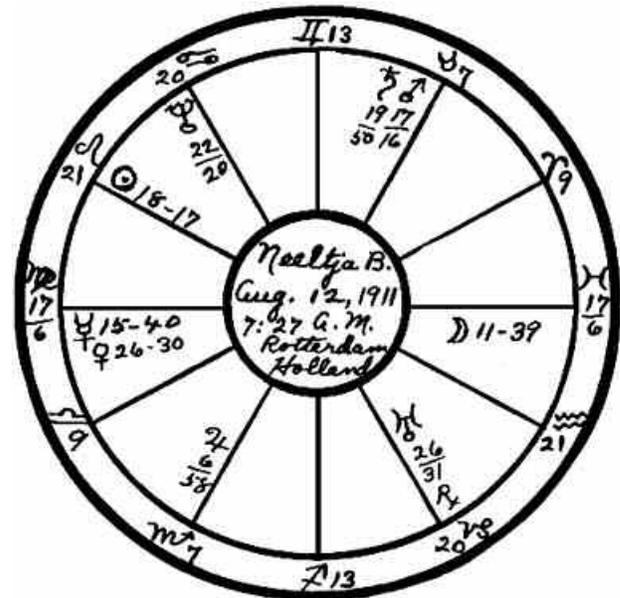
pleasure in society. It will make her self-reliant, systematic, careful in business affairs, and confer a keen sense of responsibility. She will be thoroughly trustworthy in all matters where honor and justice are concerned, and she will be greatly esteemed among her circle of acquaintances on that account. It will also give her a great deal of patience and persistence, so that altogether these aspects which we have mentioned here are enough to insure success in life if you can develop that side of her character.

We also find the enthusiastic and energetic Mars sextile to the law-abiding, conservative, optimistic, opulent, and benevolent Jupiter. It is the nature of Jupiter to be somewhat conservative and dignified, but when blended with the fire of Mars it gives an enthusiasm and ability to influence others and imbue them with the same feeling; it makes the nature noble, sincere, honest, and straightforward. This aspect is also good for financial prosperity, for both Mars and Jupiter, when well aspected, attract money. But they differ in regard to disbursement: Jupiter is somewhat conservative in that respect, but where the Martian and Jupiterian aspects are blended by a good aspect, the result is an ideal, generous nature, neither too lavish or too conservative, but able to strike the happy medium. This will give Mary a great deal of ingenuity and constructive ability, and whatever she does she will put her whole heart into it; hence it will add to the success of the aspects already mentioned and make her popular in society. It will also give her a fondness for outdoor sports and games, a love of travel and much pleasure therefrom.

But there is another side to her nature which is indicated by the evil aspects between Jupiter, Mercury, and Saturn. Mercury square Jupiter will at times give her a vacillating and wavering disposition, so that she will not be able to make up her mind when more than one course of action is open; hence it is liable to lead to procrastination, which is fatal to success in life. This aspect also brings liability to scandal and slander because of treacherous associates, and Saturn opposition to Jupiter accentuates these qualities, making the mind diffident and vacillating, distrustful, indolent and inclined to shift with the tide. When you see symptoms of this nature, by all means try to stir her up so that she is not allowed to get into that rut for that would ruin her prospects.

Mars rules the hemoglobin in the blood and his sextile to Jupiter gives an abundance of energy and

vitality. The Sun conjunction with the energetic Mars is also another testimony in the same direction, showing that Mary may expect to enjoy good health in the main through life. But Saturn, the planet of obstruction, placed in Cancer, the sign ruling the stomach, is apt to interfere with digestion, and Neptune, the planet of occultism and dreams, in the 9th House, in opposition to Venus, shows that an overindulgence will be productive of very evil dreams which will interfere with her rest; thus she may become subject to insomnia. Take care of her



diet and all will be well.

Neeltja B. Born August 12, 1911, 7:27 A. M.
Rotterdam, Holland

At the time of Neeltja's birth there were four common signs on the angles and the quick-witted, versatile, eloquent, logical, and dexterous Mercury was rising in his exaltation sign, Virgo. He was well aspected by a trine to the cautious, deliberate, methodical, persevering, thoughtful, tactful, and thrifty Saturn, also to the enterprising, energetic, enthusiastic, and constructive Mars, but afflicted by an opposition to the dreamy, vacillating, insipid, frivolous, and worrisome Moon.

The Saturnine ray will act as a brake upon the flighty mind and make her serious and capable of concentration, which is of inestimable value in life. The forethought and profound reasoning ability indicated by this aspect insures success in whatever vocation she may take up. The patient persistence

which permits of no temporary failure to stand in the way of ultimate success. The caution and diplomacy will make her invincible in the long run; therefore, she will probably become prominent in connection with some serious enterprise in life, for she will be capable of filling a position where a steady hand and a keen mind are required. This will also make her honest and fair-minded in her dealings with others.

From the configuration of Mars and Mercury her mind will receive a sharp, ingenious, and resourceful turn. It will make her enthusiastic over any proposition which appeals to her, and also give her the ability to enthuse others and impress them with her views. It will make her an indefatigable worker in any cause which arouses her sympathy, but also rather fond of argument and debate. This aspect will also lift in a great measure the Saturnine seriousness and endow her with a vein of wit and good humor, sometimes blended with sarcasm which always strikes its mark, yet never viciously nor maliciously. It will give her an unusual dexterity and the ability to turn her hand to whatever task is required and do it with speed, facility, and expedition. She will not be able to do anything slowly or by halves. Whatever she undertakes she will do with a rush and she will put her whole energy into it, so that she may accomplish her task and do it well. Hence this also will be conducive to her success in life in almost any line of endeavor she may select.

The two foregoing aspects will amply offset the affliction of Mercury and the Moon, which otherwise would give her a tendency to brain storms and hysterics. But success will not *fall* into her lap, she will have to overcome certain undesirable characteristics which are indicated by the lazy, ambitionless Sun, square to the pessimistic, bigoted, and narrow Saturn, also to the egotistic, discordant, and hot-tempered Mars. This will at times make her indolent and ambitionless. She will feel pessimistic, worried, and depressed if things do not go just the way that she wants them and it will make her vacillating and lacking in courage to go ahead. It will also at times give her a hot temper, so that for the time being she loses her control of things completely.

If these tendencies are allowed to get the upper hand there will be small success for Neeltja, so it is necessary that you should carefully guide her during the years of childhood and try to instill into her all the good qualities indicated by the aspects we have

previously mentioned, and try to repress these characteristics so they may not come to the surface. Laziness, melancholy, and loss of temper will ruin any life, therefore, be careful. It is not a difficult task you have before you, for there are so many good aspects to offset these evil tendencies.

We also find the magnetic, imaginative, plastic, and emotional Moon, trine to the law abiding, conservative, reverent, optimistic, opulent, and benevolent Jupiter. This will help you very considerably, for it will give Neeltja an open hearted honesty, fairness, and friendliness, so that she will be universally popular if she can bring that side to the front. This aspect will also strengthen both her reasoning faculties and her constitution, they will give her a strong mind and strengthen the body, hence there will be a powerful personal magnetism which may be used to great advantage in the intercourse with others. It will give her lofty ideals and fruitful imagination with the power for acquiring wealth, which will be greater if used in philanthropic enterprises, of which she will be prone to dream. This is one of the best aspects in the gamut for general success in life, both physically and spiritually. Venus, the planet of harmony, is sextile to the musical Neptune and trine to Uranus. This will give her an unusual talent for music which should be cultivated.

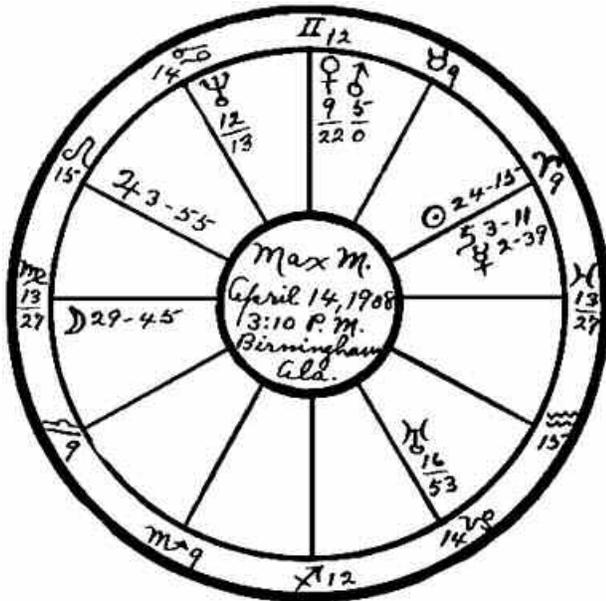
With respect to health, we find the life-giving Sun square to Saturn, the planet of cold and obstruction, in the sign Taurus, governing the throat, also square to Mars, the planet of inflammation; therefore, be careful of these parts of the body.

Max M. Born April 14, 1908, 3:10 P. M.
Birmingham, Alabama

At the time of Max's birth we find four common signs on the angles and the Moon rising in the first house. This will give him a very restless nature and a constant desire to change his position, environment, and occupation. He will be ensouled by an insatiable wanderlust and always ready to roam. It is probable that this characteristic will be somewhat modified because the Moon is in opposition to Saturn the planet of obstruction, and that may steady him down somewhat.

The Sun is in Aries, the home of Mars, the planet of dynamic energy, and Aries is also the exaltation sign of the life-giving Sun; hence it is a very fountain of life and vitality which will make him bubble over

with energy to such an extent that it will often be very difficult to curb it sufficiently and hold him within the bounds of safety and common sense. He will on account of this position be self assertive and aggressive to a degree, venturesome to the verge of foolhardiness. It will give him the faculty of infusing his energy into others who work with him. But being



too impulsive and reckless is apt at times to lead both himself and others into trouble, for he cannot do anything half-heartedly. Therefore you should be careful to train him in caution as much as possible. You get some help in this work from the fact that Mercury, the planet of reason, is in conjunction with Saturn, the planet of obstruction. This will make him a little more timid than he would otherwise be, and Mars, the planet of dynamic energy, being trine to Jupiter, the planet of conservatism, minimizes the danger he would otherwise run and provides at all times an avenue of escape from bodily injury.

There are a number of definitely good aspects in this horoscope. The cautious, deliberate, methodical, persevering, thoughtful, tactful, and thrifty Saturn is in conjunction with the quick-witted, versatile, eloquent, and dexterous Mercury. This gives depth to the mind and a faculty for concentration and logical reasoning which will be of great help to him through life. Both Saturn and Mercury are sextile to the enterprising, energetic, enthusiastic, and constructive Mars, and naturally this will add to the solar energy of which we have already spoken. It will also give him enthusiasm and enterprise which are necessary

to leadership and success in the world. He will be very energetic, determined, and capable of intense and sustained action, so that he will be able to accomplish what others cannot achieve. Saturn is also trine to the law-abiding, conservative, reverent, optimistic, opulent, and benevolent Jupiter. This will add strength to the character and endow him with a profoundly deep philosophical mind, a benevolent disposition, and a strong sense of justice and fair play.

All the virtues of Saturn and Jupiter are combined by this aspect and will surely bring him honor and esteem in the community where he lives. He will be looked upon as a pillar of society and gain prosperity commensurate with the environment in which he is placed, for he will have sound financial judgment, the ability to grasp opportunity when it is met, benevolence, devotion to duty, religion, and the noblest ideals in life. But these things will probably not develop till after middle life, because Jupiter does not confer his benefits on the younger people to such a noticeable extent as in later life. This may also be caused by the fact mentioned at the beginning of this reading, that Max may find it difficult to stay long enough in one place to become sufficiently rooted and grounded in the community life and get a proper hold on matters there.

The energetic Mars in conjunction with the lovely and suave Venus will make Max a forceful, energetic, and convincing speaker, though at times, under afflicting transits, it may cause him to be somewhat blunt. It will be a help to him if you can try to show him during childhood that it is best for all concerned if we avoid hurting the feelings of others by proper courtesy and politeness.

With respect to health, we find that the Sun in Aries, his exaltation sign, gives a great store of vitality, even though it is not aspected, and Mars, the planet of dynamic energy, highly elevated and in conjunction with Venus, also promises good health. His sextile to Jupiter and his trine to the Moon are also good; therefore, we may conclude that Max will have very little sickness through life and when he does the recuperative power will be so great that any attack will be thrown off in a very short time. Saturn, the planet of obstruction, in Aries, the sign which governs the head, shows that that is the weakest link in the chain, and some headache may be experienced, but nothing serious or lasting.

Studies

in

The Rosicrucian Cosmo Conception

* * * * *

The Rosicrucian Catechism

ALFRED ADAMS

(Seventh Installment)

THE FOUR KINGDOMS

(Pages 56 to 86, *Cosmo-Conception*)

Continued from January Number

- Q. Where we consider plant, animal, and man in relation to the Etheric region, what is noted?
- A. We note that each has a separate vital body, in addition to being penetrated by the planetary ether, which forms the Etheric Region.
- Q. What is the difference between the vital bodies of plants and the vital bodies of animal and man?
- A. In the vital bodies of plants only the chemical and life ethers are fully active.
- Q. Why is it that the faculties of sense-perception and memory cannot be expressed by the plant kingdom?
- A. Because the light ether is partially latent or dormant and the reflecting ether is lacking.
- Q. What ethers are active in the vital body of the animal?
- A. The chemical, life, and light ethers.
- Q. What faculties do these ethers produce?
- A. The chemical ether generates assimilation and growth; the life ether generates propagation, and the light ether generates internal heat and sense-perception.
- Q. Which ether is inactive in the animal?
- A. The fourth or reflecting ether, hence the animal has no thought or memory.
- Q. When we analyze the human being, what do we find regarding the four ethers?
- A. We find that all four ethers are dynamically active in the highly organized vital body.
- Q. By the activities of these various ethers, what is the human being able to do?
- A. By the activities of the chemical ether he assimilates and grows; by the life ether he is enabled to propagate his species, and the forces in the light ether supply the dense body with heat and stimulate the senses. The reflecting ether enables the spirit to control its vehicle by means of thought.
- Q. What else does the reflecting ether do?
- A. It also stores past experiences and memory.
- Q. What position does the vital body of the plant, animal, and man take with reference to the dense body?
- A. The vital body extends beyond the periphery of the dense body, as the Etheric Region extends beyond the dense body of a planet.
- Q. To what distance does the vital body extend beyond the dense body, and how does it appear?
- A. The vital body of man extends about an inch and a half beyond the dense body. It is very luminous and about the color of a new-blown peach blossom.
- Q. By what class of persons is it often seen, and how does it affect them?
- A. By persons having very slight involuntary clairvoyance; but such persons are not aware that they see anything unusual.
- Q. How is the dense body built during antenatal life?
- A. It is built into the matrix of the vital body, and

- it is an exact copy of the vital body—molecule for molecule.
- Q. How may this condition be illustrated?
- A. As the lines of force in freezing water are avenues of formation for ice crystals, so the lines of force in the vital body determine the shape of the dense body.
- Q. What is the work or function of the vital body?
- A. All through life the vital body is the builder and restorer of the dense form. Were it not for the etheric heart, the dense heart would break quickly under the constant strain we put upon it. The vital body is continually fighting against the death of the dense body.
- Q. In one of the answers above, it was stated that the dense body is an exact copy of the vital body. What exception, if any, is there to this statement?
- A. The exception is that the vital body of a man is female or negative, while that of a woman is male or positive.
- Q. Why is it that a woman gives way to her emotions?
- A. Her positive vital body generates an excess of blood and causes an enormous internal pressure.
- Q. What are the safety-valves for this condition?
- A. The periodical flow and, on special occasions, the tears, which are “white bleeding.”
- Q. Why is man able to suppress his emotions more easily than woman?
- A. Because his negative vital body does not generate more blood than he can comfortably control.
- Q. Which of the vehicles of humanity, except under certain circumstances, is the last to leave the dense body?
- A. The vital body, which does not leave the dense body until the death of the latter.
- Q. After death, what do the chemical forces proceed to do?
- A. To restore the matter to its primordial condition by disintegration, so that it may be available for the formation of other forms.
- Q. Then to what is disintegration due?
- A. To the activity of the planetary forces in the chemical ether.
- Q. Why is this condition so?
- A. A. The chemical forces of the dense body are no longer held in check by the evolving life.
- Q. To what may the texture of the vital body be compared?
- A. To one of those picture frames made of hundreds of little pieces of wood which interlock and present innumerable points to the observer. Each point is a prism.
- Q. What do these points of the vital body do?
- A. They enter into the hollow centers of the dense atoms.
- Q. What causes the prickly pain and tingling sensation in the desire body at times?
- A. When these points of the vital body enter into the dense atoms. they imbue them with vital force that set them vibrating at a rate higher than that of the mineral of the earth, which is not thus accelerated and ensouled.
- Q. Does the vital body ever partially leave the dense body and what is the result?
- A. It does, and the part affected, say the hand or foot, “goes to sleep,” as it is called.
- Q. What sometimes happens to the head of the vital body in a case of hypnosis?
- A. The head of the vital body divides and hangs outside of the dense head, one half over each shoulder, or lies around the neck like the collar of a sweater.
- Q. Why is there an absence of the prickly sensation at awakening in such cases?
- A. Because, during the hypnosis, part of the hypnotist’s vital body has been substituted for that of the victim.
- Q. What effect does anesthetics have on the vital body?
- A. The vital body is partially driven out, along with the higher vehicles, and if the application is too strong and the life ether is driven out death ensues.
- Q. What is the difference between a materializing medium and an ordinary man or woman?
- A. In the ordinary man or woman the vital body and the dense body are quite firmly interlocked, while in the medium they are loosely connected.
- Q. Has this condition always been so and will it continue to be so?
- A. It has not always been so, and the time will come again when the vital body may normally leave the dense vehicle, but that is not normally accomplished at present.

(To be Continued)

Nutrition and Health

* * * * *

To the slaughter I condemn;
No flock that roam the valley free,
Taught by the power that pities me,
I learn to pity them.

Goldsmith

A Mental Method for Bowel Regulation

A Student

The following method for establishing normal regularity of the bowels has been proven infallible in my case. I discovered it by a process of deduction based upon certain scientific facts. I discovered that irregularity of the bowels is due primarily to negative thought. Some time before this I took up the study of Astrology. There I found that the bowels are governed by Virgo and that Mercury, the mental planet, is the ruler of Virgo. Therefore it follows that the functions of the bowels are ruled by Mercury and their activity depends upon mental activity.

The next thing was to make a practical application of this knowledge. I found on analysis that I was habitually negative in thought in the morning and often well into the forenoon. To break up this negative mental condition was the problem. I accomplished this by a mental exercise performed each morning after breakfast. I would arrange a series of objects, ten to twenty-five in number, on a shelf or table, then pass over them in observation fairly rapidly after which I would turn away and endeavor to recall then in order. I later substituted for this a series of cards and a system of memorizing which I had learned. I would draw the cards and memorize them one by one until a certain number had been memorized. Then I would reverse the process and recall them one by one until I had gone over the whole number. The net result of this mental concentration was to establish a state of positive thought which in turn sub-consciously established the conditions necessary to induce a normal action of the bowels. The length of time necessary to devote to the mental exercise varies, depending upon whether one is mentally alert or otherwise. Ordinarily memorizing fifteen cards is sufficient although in the beginning and

when feeling particularly dull or depressed, it requires as many as fifty. Of course the memory system is merely a convenience in memorizing and is not an essential part of the process.

The great point to observe is that mental alertness is the element that governs and all that is necessary is to establish this. Mental alertness and positive thought however must not be confused with mental tension or mental excitement. The mental alertness required is of a quiet, steady sort. The sort prevailing in a spirited conversation or argument with another person will not at all do as a stimulatory of bowel activity. In fact, it will produce quite the opposite effect because it involves a certain degree of mental tension or excitement which is fatal to the object sought. Physical relaxation is an aid and indicates that there is no mental tension present to interfere with the process.

It is well also to begin establishing a positive mental condition at once after getting up in the morning and not postpone it until ready to begin the exercise, as such postponement will necessitate devoting a much longer time to the exercise.

I would strongly recommend this method of cure to any who are troubled with faulty elimination and its consequent self-poisoning. The principle involved is fundamentally correct and success in its application merely depends upon thoroughness in performing the exercise. Other methods may get the same result but it will be found upon analysis that these include and ultimately depend upon the principle herein set forth.

I do not claim that this method is necessarily original with me but merely that I have never heard of it from any other source.

Is there Danger in Charity?

FROM men of unquestioned leadership in many different branches of science has come recently a series of urgent warnings against man helping his fellow man.

The basis of all warnings is the evidence that Nature if let alone will take care of all weaknesses and disease in her own way.

Hunger, cold, natural enemies all over the earth, from the tiniest insect up to a man, are perpetually destroying the less efficient. As soon as some accident relieves a species from the pursuit of its enemies or increases its food supply beyond the need of competition, that species stops improving. It even degenerates until Nature restores the balance by developing a new set of enemies or multiplying its numbers till there is not enough food for all.

As the great epidemics like the black plague swept over the world and quickly removed all who had not the natural immunity to protect them, the disease rapidly consumed the weakest of its victims and left a stronger, hardier set of survivors.

If medicine had been in its present advanced state during the great scourges, a large part of the victims would doubtless have been kept alive. The diseases, instead of vanishing, would have become chronic, endemic (always present) like tuberculosis to-day. There is reason to believe that innumerable plagues in the past have taken their toll of human lives and at the same time lost the power to ever strike the race again.

According to the late Professor Metchnikoff, tuberculosis is one of the "slow plagues"; instead of decimating the race in a year or two and vanishing forever, it takes a long time to fight it out with the individual and correspondingly long with the race. All through history it has been slowly weeding out the weak but its day is almost done.

Tuberculosis is eliminating itself in the cities much faster than in the country on account of a peculiar reason.

The cities are full of mild cases, and their germs are everywhere. Practically every autopsy in which the lungs are carefully examined reveals tubercular scars. In other words almost every dweller in the

course of his life infected by tuberculosis. He knows it only as a stubborn cough.

These mild attacks, though a nuisance and a temporary drain upon the system develop in the body a sort of immunity to the tubercle bacillus. The minor tubercle germ insures us against the rarer but deadlier microbe or galloping consumption.

Professor Metchnikoff held that sterilization of the cities would deprive us of the immunity given by the mild attacks or the benign germ and leave us a sure prey to the deadly form.

Even if complete sterilization of the earth as regards the germ of tuberculosis were possible, which nobody claims at this time, there is reason to think a brand-new set would soon develop.

Many germ forms are necessary to our life—for instance, the nitrogen-fixing bacteria without which certain plants cannot grow.

If we could single out all the harmful bacteria from the benign ones and slaughter them to the last one, it is very doubtful if we would long be free from germ plagues. The malignant germs are only cousins and first cousins of the benign forms.

The tubercle bacilli in human beings can scarcely be distinguished from that of the cow and the bovine bacillus found everywhere in pastures. There is every reason to believe that the bovine bacillus is only a development of the grass bacillus, and the human pest a slight variation of that of the cow. Probably here and there the grass bacillus is becoming malignant, the cow bacillus attacking a human being. The non-militant germ would soon fill the field of the departed disease germs.

The evil effects of charity work in two ways. As already pointed out, charity aids the unfit to multiply, and it also puts a burden upon the fit and tends to hinder their survival and increase.

Charity always comes directly or indirectly from the fit, the producer, and is bestowed upon the unfit, the halt, the maimed, the blind, the non-producer.

So the critics of the present social structure would have every individual work out his own salvation. The state, they believe, should educate and protect the children, but do little more, and if one class is to

be taxed for the benefit of another they would prefer to have the unfit taxed to aid their superiors.

But would any generation consent to stay the helping hand and let a pestilence decimate it for the benefit of posterity? Hardly.

It is probable that man will keep on cleaning up his own planet, stamping out a disease where he can and doing his best to check sickness each day.

—Anonymous

1920

SIMPLIFIED SCIENTIFIC EPHEMERIS

“Turn about is fair play,” says the old proverb, so Mrs. Heindel and the editor have arranged to take turns at calculating the whole ephemeris instead of each doing part as in our work on the 1919 ephemeris. This year Mrs. Heindel will calculate the whole ephemeris for 1920 and the editor will check up her figures. Next year the editor will do the initial figuring, and Mrs. Heindel will check his accuracy. We hope this will make future ephemerides 100 per cent correct at the very start. We have been very careful in the past and have had but few errors of next to no consequence, but as said, we are aiming at perfection.

Mrs. Heindel’s work on the 1920 ephemeris is progressing nicely and the editor expects soon to start his part of the work so that the copy will be ready for the linotype in the beginning of April. Probably we shall have it printed and ready for distribution by the middle of April, for we know that many students are very anxious to begin their forecasts for the coming year.

In this connection we may say that we feel very sorry for the thousands of students who have been disappointed in their desire to obtain an ephemeris for 1919 because none are exported from England, which was the sole source of supply in bygone years—and they are still unaware that we are publishing a better ephemeris at half the price charged for the other publication.

Will you not help these people by sending us the name of occult book dealers in your city, or the name of the dealer from whom you used to buy your ephemeris before you came in touch with us? We will inform them regarding our *Simplified Scientific Ephemeris*.

PLEASE DO IT TODAY.

THE IDEAL FOOD

Prof. O. F. Hunziker, of Purdue University, who is an authority on food values, commenting upon the fact that the average person consumes only a little more than a glass of milk each day, asserts that we are neglecting our opportunities to utilize the best, cheapest, and most nourishing of all foods. “Statistical records show,” says Prof. Hunziker, “that the average person in this country consumes about two-thirds of a pint of milk per day. If the consumer were familiar with the true value of milk as a food, it is safe to say that the daily consumption of milk would be doubled. This increase in the consumption of milk would mean better nourishment, more normal digestion, more vigorous development, larger bony structure, better health, more vital energy in the performance of all kinds of work, mental and physical, and a smaller monthly board bill for the family.

“The above assertions are no longer a matter of assumption but they are facts amply proven by experiments and by experience. Milk has no equal as a food for man and its equivalent cannot be purchased at as low a price in the form of any other animal food, nor can its combined beneficial properties be found in any other food which mother earth offers to man.

“Milk is a complete food for the sustenance of the human body. It contains all the necessary food elements, and nature has placed them there in the proper proportion for young and old. The food elements in milk are present in such form that they are more digestible and more easily assimilated than the same food elements in other forms of food products.”

EPHEMERIDES BOUND

We are now ready to receive orders for *Simplified Scientific Ephemeris* bound in cloth and sewed on tape to make the binding extra durable. The set consists of 60 pamphlets covering the period from 1860 to 1919. At the regular price of 25¢ a year, the set would cost \$15 unbound. We will bind them in three volumes of 20 years for \$17 post free.

Single volumes of 20 years may be had for \$5.75 post free.

Menu from Mt. Ecclesia

BREAKFAST

Sliced Oranges

Whole Wheat Mush with Dates

Coffee Cake

Coffee

Milk

DINNER

Potato Chowder

New England Boiled Dinner

Corn Fritters

Whole Wheat Bread and Butter

Milk

SUPPER

Brussels Sprouts Salad

Apple Cobbler and Cream Cheese

Bread and Honey

Milk



Recipes

Coffee Cake

Mix and sift two cups of flour, one half teaspoon salt, and three teaspoons baking powder, rub in two tablespoons butter, add three fourths cup milk. Spread one half inch thick in buttered pan and bake twenty minutes. Beat one egg in half cup sugar and one tablespoon milk. Spread this on top of hot cake as it is removed from oven, return for a few minutes until slightly browned. Shake lightly with cinnamon, serve hot or cold.

Potato Chowder

Peel and dice three potatoes, slice one onion, fry all in two tablespoons of oil for fifteen minutes, add two quarts of water and boil until potatoes are tender. Flavor with celery salt, chopped parsley and salt, serve with croutons.

New England Boiled Dinner

Peel and cut lengthwise into half, two each of onions, carrots, turnips and parsnips, also the hearts of celery roots. Cover with hot water and boil for one half hour, then add four potatoes and one small head

of cabbage quartered, salt and boil in covered pot until potatoes are done. Brown two tablespoonful of butter and one of flour in frying pan and add to stew. A little soup stock will also help to flavor. A cook can improve this stew greatly by adding leftovers from the day before, such as beans, tomatoes, parsley, or cold nut loaf sliced and placed all top of stew ten minutes before removing from stove. Hot water can be added if the stew is too dry.

Corn Fritters

Mix while dry, one cup flour, one teaspoon baking powder and one half teaspoon salt. Work into the dry mixture one tablespoon oil, one egg and one cup milk. Drain one cup of canned corn and mix with batter. Have a deep pan of hot oil ready, and drop spoonfuls of batter into oil allowing to brown. Drain and serve while hot.

Brussels Sprouts Salad

Carefully wash and allow the sprouts to stand in cold water for several hours. Boil for twenty minutes in hot salted water. Drain and allow to cool. Serve on lettuce leaf with mayonnaise dressing.

The Rosy Cross Healing Circle

Helpful Letters from the Students

Rosicrucian Fellowship
Oceanside, California
Healing Dept.

Oct. 3, 1918

New York City
Nov. 14, 1918

Dear Friends:

I had been feeling so comfortable that I have not written my weekly letter for two weeks and I will not ask further treatment as I am feeling very well and there are so very many needing help more than I.

The way I have come through my fourth child birth seems remarkable to our friends. I am real small and anemic appearing and the baby weighed 10 ½ pounds—a splendid boy, yet labor was comparatively short and easy. Three years ago you gave me wonderful help in the same way. All the children are pictures of health and are doing fine

I am sometimes afraid to think what I should have done without your aid. My hands are full of household cares and duties you may be sure but I will take up again the Probation exercises and try to be of more use in the work than in the past year. I thank you a thousand times.

Yours sincerely,

So. Portland, Maine.

Mrs. L. P.

Alder, Wash., Oct. 28, 1918

Dear Friends:

A most sincere greeting to all and thanks so much for help received for my son, he was immediately better in his head and is now about well from a hurt he received by unloading a piece of heavy furniture.

I hope you will see some way in which I can be of more service and allow me to help any way possible.

Mrs. M. W.

Seattle, Wash.
Rosicrucian Fellowship

Sept. 27, 1918

Dear Friends:

My mother's face is entirely healed of the inflammation and swelling I wrote you about and asked you to heal.

Please accept my sincere thanks. Will try to send you some money soon.

Sincerely,

Mrs. G. V. L.

Esoteric Sec 'y.

Dear Friend: I am very thankful to write you that my mother and the two children are very much better. All three had bronchial pneumonia and even the doctor was doubtful of Mother's recovery.

He also told me that I was very "lucky" that the children recovered so quickly. If he had seen the beautiful yellow light he may have understood as I do, that other help and other lands were responsible for this "luck" as he termed it.

Thanking you for all your help, I remain

Sincerely yours,

Mrs. M. E. H.

P. S.—Please continue to strengthen and reinforce these three dear ones.

Vancouver, B. C.
November 9, 1918

Dear Friends:

I wrote you a few days ago, asking you to treat L. in your "Healing meetings." After I had written the letter, and was sealing it, the voice said plainly, "While you yet call, I will answer," and then such a blessing came to me, and I said, "Thank You, Father, for the healing of my boy." He almost at once seemed to be better and has been improving ever since. He went for a walk yesterday, came home, took a hot bath, went to bed and slept for two hours. Has a good appetite and seems to be well.

And for all this I thank the "Father," and thanking *you all* and the "*Elder Brothers*," and *all the Helpers*,

I remain your friend,

E. J. M.

Healing Meetings

February—4—11—18—25

March—4—10—17—25—31

April—1—6—13—21—28

Echoes From Mt. Ecclesia

* * * * *

Problems in Profiteering

Honey and Paper

ONCE upon a time while we still had peace and prosperity, honey was sold for four to six cents per pound, a price which presumably paid the farmer a fair profit for taking care of his winged workers. Then, the workers at Mount Ecclesia enjoyed the sweets without stint, especially for breakfast.

Then came the war with its madness for raising prices on the pleas of scarcity of supplies and shortage of labor. The bees alone kept their heads. They worked as before gathering nectar and did not raise wages or demand shorter hours; neither were the flowers less sweet, nor the sunshine more expensive, so there was less reason for raising the price of honey even than many other commodities.

But the bee-keepers, being human, had been inoculated with the profiteer poison, and straight way raised their price four hundred per cent, to the magnificent sum of twenty-two cents per pound or more.

That is, all but one. So far as we know he is the only exception, and had Diogenes lived to meet this farmer—Charles Foss—we feel sure he would have put out his light and declared his search for “an honest man” ended. This man said truly, “God gave us the honey-bee, the flowers and the sunshine and if I can make a modest living by gathering the crop I am content. I will not put the screws on my fellowmen to obtain extra revenue.” He sold all his honey to consumers in small quantities.

How different is the attitude of such a man to the usual grasping methods adopted by the majority who can see naught but the glitter of gold, and are blind to the true treasures of brotherly love and service. One of the merchants who furnishes us supplies told us a story in point of a beekeeper he had visited lately for the purpose of buying his honey crop. The beekeeper had 3600 pounds of honey, and the merchant offered to take the whole at the prevailing market price of twenty-two and one-half cents per pound. After considerable hesitation the farmer agreed to sell, and the

merchant started to write a check for the amount.

But before he had finished, the farmer changed his mind and decided to hold his honey till the price advanced to a higher figure, and the merchant left in disgust.

In this case retribution came swiftly. That night the whole of the farmer’s hoard of honey was stolen, and the police searched the merchant’s store for it, but so far as we know it has not been found to date.

And the editor has been wicked enough to say “that he hopes it never will be found,” for though he does not himself eat honey, he sympathizes with all who have had to deny themselves the necessities of life because of much unnecessary and unscrupulous profiteering.

But where is the connection between “Honey and Paper,” as our article is entitled?

In the discussion of bee-profiteering one of our workers said, “Yes, it is true that the bees do not demand more money, neither do the flowers nor the sunshine, but the beekeeper must pay more for his food and clothing; therefore he must have more money. It is not fair either that you continue to sell the *Cosmo* and other books for pre-war prices. All the materials and labor have gone up. Lately you told us paper had advanced another 95 per cent, so that it costs 3 times as much as before. You are reducing the price of the magazine so that while expenses have trebled your income remains the same or less.”

There was no denying the truth and the logic of that argument, but the books we publish are our own, so that we have no royalties to pay, and though others contend that if we serve the Rosicrucian Fellowship gratuitously, that organization should get the benefit of our work. That also may seem true, but we are so thoroughly “mulish,” if we may use the expression, in our aversion to price raising that it often keeps us awake nights to plan and scheme how to make ends meet without resort to that dreaded expedient.

EUREKA!

And what do you think? Eureka! “We have found it.” In fact, we have actually found that by using a more expensive paper we can save money and improve our publications in several other ways.

Hear that last sentence again. It is an astonishing statement, and seems so utterly absurd that one cannot conceive how it can be true until it is explained.

When we printed the *Message of the Stars* our usual thought was with us: we aimed to make it as good as possible and keep the price as low as we could. We promised those who subscribed in advance five or six hundred pages, but we made it seven hundred pages without extra charge. We also aimed to put a fine quality of paper in it, so we selected stock weighing 100 pounds to the ream (five hundred sheets).

This, in our estimation, is where we overreached ourselves. We made the book too bulky and too heavy for the student to handle with comfort. Then we began to cast about for a nice light paper to use in future editions, and cast longing glances at the paper

used in Bibles—if we could only afford to buy that. But we had to put the thought away with a sigh; that was altogether too expensive. It was at that point the inspiration came—Yes it is expensive, *but it weighs only half as much, so that in the end it will be a little cheaper than the paper we are now using.*

That was a great discovery for us—that we shall be able to give our students something better and actually save money by doing it.

Then as we revolved the idea in our mind we saw another advantage—our books will be so much lighter and it will not tire the students to hold them in their hands. But the end of the advantages was not yet, for seeing that the books will be so light, *we shall save a considerable sum in postage.*

So we feel highly elated that we have solved our “Problem in Profiteering” in such a manner that in the future we shall actually be able to give our students better books at a less cost to ourselves. This war has surely made us all think and many advantages will surely come to us if we seek them in the spirit of love and unselfishness

Our Different Bodies

ELLA VAN GILDER

ALL of you know that the dollies you play with and your hobby-horses and teddy-bears look just like the people and animals they are made to represent, but they are not alive; they can neither walk nor talk or breathe as we can.

Now we would be just like that too if it were not for something inside of us that is all through this dense body, just like your hand inside of a glove makes the glove move. This something inside of our body is another body called the Vital Body, and it is of this I am going to tell you.

When your soul, which is the real you, knows it is time to come to Earth to learn some lessons it had neglected to learn before, it begins to plan the kind of body it will use, and before it finally makes this body, it plans a pattern to go by.

Now if you were to be a musician your soul would know it must make a hand that could play upon an instrument and an ear that could hear correctly. If you were to be an artist, you must have an eye for

color and accuracy. If you were to be a carpenter or a scientist you would have to have the strength of the mind to be that person. When every little detail is complete, your soul builds the dense body, which will be in every way just like the pattern or Vital Body.

(Note) With this one difference; if it makes our dense body positive your vital body will be negative, or if your vital body is positive your dense body will be negative, so that there will always be a positive and a negative pole to work together in you.

(Note) If you think this too difficult for children to understand, it might be omitted and explained later when they more fully comprehend the relation of the bodies.

When you first come to earth it is as a little baby so that you will forget for a time about heaven and work hard and earnestly here; and the vital body makes your dense body grow big and tall and strong and keeps the blood circulating through your veins.

If you are sick, your vital body helps you to get well again, and at night when you sleep it mends all the tears and breakdowns you have during the day.

So you see there is quite a lot of work for this vital body to do.

Now when you get to be about fourteen years old, your soul—which we call your Ego, for that is really its name, and it has the making of all these bodies—thinks you have grown about tall enough for a while. It tells the Desire body, which is also inside of you, to wake up. This body has been slowly growing all the time, and just like the bones are inside your hand, and your hand inside the glove, so the desire body is all through the vital body and the vital body all through the dense body.

Now it is the turn of the desire body to work upon your dense body; so it begins to build up different organs in your body and you begin to want to do things differently and you think of things differently, and people say you are growing up.

When you are about twenty-one years old you are really grown, for your dense body, your vital body, and your desire body are matured, and so your mind steps in to do its work and develop you still more. Your mind is the link between the Ego and your different bodies. It is like an instrument which you play upon. Your Ego knows what it wishes you to do and your mind is the medium used to make the bodies work.

You see there are quite a good many bodies used to make us different from a doll, and each body must be cared for and kept clean and wholesome. Just as we bathe the body which we see and feed and clothe it, so we must feed and keep clean our mind and our other bodies.

A Letter from one of our BOYS over there.

October 26, 1918

Dear Friends:

Owing to my rather sudden departure from Jacksonville, Fla., I didn't receive your letter until the other day. So was unable to make the acquaintance of the party whose address you gave me in your letter.

I am at present at Tours, I have been over here now about a month and haven't been assigned to any particular duty as yet, but expect to receive orders soon.

My work over here in the Quartermaster Corps is non-combatant and of a constructive nature. This

allows me to do my duty and yet not conflict with the precepts that I have been taught.

We have much to be thankful for that we are under such a good and wise government in that respect. My stay in the army, though of such a short duration, has been a revelation to me. Many of the peculiarities and exclusiveness of civilian life are done away with and the true character of the man is displayed. I realize more and more the truth of that phrase, "there is a little bit of bad in the best of us and a little bit of good in the worst of us."

It is over here that the character undergoes the real acid test. Placed as we are in such different surroundings and to a certain extent freed from the conventions of society, a great many succumb to the temptations that at home never would have bothered them.

The Y. M. C. A. and kindred organizations are doing a wonderful work in providing places of amusement and recreation, but their efforts are so small when compared with the large task they have undertaken.

I trust that I shall hear from you frequently, for a letter from Headquarters is as a breath of pure fresh air, it brings me back to the path again. "Over here" among the all-absorbing stress and emotions, I often forget, but a word from Headquarters starts me to thinking and I go on the path again with renewed vigor.

The *Gospel of Gladness* that was enclosed is greatly in need over here. For if there are any that need gladness I am sure it is the grim silent men with that far away look in their eyes, who have passed through the inferno. But I guess there are not many that know of the conditions over here better than yourselves.

Yours sincerely,

Q. M. Sgt. H. E. J.
Am. E. F., France

WHY?

More and more as time goes on I wonder why every one at all interested does not ask for lessons from Mount Ecclesia. They are so beautifully and logically arranged and the sympathy and help given are adequate to all one's needs. Individually and collectively they are priceless to me, and I am sorry for those who are allowing themselves to miss them.

Isabel T. Clay

The Wise Giant

ANNA HUNT PLUMMER

AWAY up in the sky lives a great wise giant. He is so wise that to him alone has been trusted the secret of how the world was made. He is so large that he can easily lift the earth in his right hand, yet so gentle that he calls every sparrow by name.

Besides being a wonderful giant, he has more children than the old woman who lived in the shoe, and his greatest joy is to make beautiful homes for them. He lets them go almost wherever they wish, even sometimes to the Moon, and is always patient and kind to them if they happen to lose their way or come home soiled or ragged.

Now one of the Giant's children is called Angella. She never cared to go on long journeys as do most of her brothers and sisters, but preferred to stay close to her father, until one day he said to her, "Angella, do you see that the violets in the bed are growing too close together? Go, take up every third plant and plant it in the garden, yonder."

"Yes, father," returned the little girl, and set about her task. Very carefully, she took up every third plant, replanting it in dry soil among the rocks, so that the little flowers dropped their heads, let fall their leaves and died.

Angella, in sorrow, returned to her father. "My child," said the good Giant, "do you not know that violets must have moist damp ground?"

"Oh, father," answered Angella, "let me become a flower so that I will understand, then I can help you keep a perfect garden."

"Very good, my Angella," said the wise Giant, "this day you will enter the heart of a violet."

Accordingly the Giant called to him a messenger, Mercury, and giving Angella into his care, bade him carry her to the violets. And so Angella was changed into a tiny purple violet, and was happy.

One day, glancing up to the hilltop, she spied a bright goldenrod, who called to her, "Violet, dear, come up here and live with me, where the warm sun plays and the east wind blows."

But Angella answered, "Violets need soft, moist soil in which to grow, and if I should come up to you, though I'd like to, other violets would follow and would die, so I must stay where I am."

When the wise Giant heard this, he said, "it is well," and sent his messenger to bring her home.

Now for a long time Angella stayed in her father's house, taking loving care of the violets. She watered the plants, transplanted them, and loved them, so that they grew as never before. The wise Giant trusted her with the secret of color, so that she could have white violets, or purple, as she pleased.

One day it happened that as Angella walked she walked far into the woods where the birds lived. Delighted, she grasped two of the feathered beauties, tucked them into her basket, covered them with a kerchief and hurried home. When she reached home, the birds were quite dead, and Angella cried as though her heart would break. "My child, you have another lesson to learn," said her father, and immediately she was changed into a bird.

She soared high, and swept low, over lakes and valleys, until she learned to love the freedom of the air. One day came upon a cage in which young birds were imprisoned. They were terrified and so unhappy that they were sure to pine and die, but Angella, with her strong bill, pulled apart the bars of the cage, letting the young birds free. When the Giant saw this he said, "It is well," and called Angella home, once more.

Many years passed, and Angella was able to care for the birds as well as the flowers. The wise Giant, knowing that she still had much to learn, was about to send her to a great school when one day she said, "Father, let me go to live as earth children do; let me go to a splendid home, where I will have riches, jewels and everything I wish."

So once more, Mercury carried his precious burden far down to the earth and laid her in a soft warm bed that a mother had prepared.

Here, Angella was born, and grew amid luxury and wealth, until one day, dressed in lace and bright ribbons, she went to walk with her nurse. They chanced to pass a child, with tangled hair and ragged dress, who looked longingly at Angella, and smiled. Angella, forgetful of her father, strutted like a peacock, haughty and with a look of disdain on her face. The poor urchin quivered and the tears fell on her cheeks. The good Giant saw and said, "It is enough." That night Angella was again called home.

Once more in her father's house, Angella grieved over her thoughtless action and would not rest until her father would allow her to go back to earth, to seek out the one she had scorned, and make her happy. This time, Mercury carried her to the very house in which the poor child lived, and into the life of a tiny baby boy. The poor child looked at Angella very sweetly and said, "My brother."

Here Angella lived for years, trying every day to bring a bit of joy into the poor child's life, and at last came the supreme chance. The two were walking across a crowded street. Suddenly Angella threw herself in front of the poor child, saving her life, and was

instantly trampled down by two great running horses. The wise Giant looked down in loving tenderness and said, "It is well, my child, come home."

And now, Angella is an earth child, again. She is a very sweet little girl, and I am sure you will meet her some time, if you have not already. When you do, tell her the story as I have told it to you, for she may not remember.

I know some little folks who do not remember even when they were babies, so it need not surprise you to find that Angella has forgotten some things. I promise you that that I have told you is really true because a fairy told me.

My Mother's Letters to Children

Agnes Cook

My Dear Children:

I want to talk about the wonderful effects of sound, color, and perfume on the angel within.

Some of you are much more susceptible than others to these effects, but all feel them more or less. You must try and realize what it means, this glow and enjoyment you have when you look at the violets in your garden some beautiful morning, with the dew glistening like diamonds and their delicious perfume.

The color, that rich purple or blue, has an inward meaning which your soul understands.

The scent has another meaning in another language, that of perfume, and as you enjoy their beauty, the pleasure you feel within shows that you have received the message which God sent you by that little flower. For the languages of heaven are not those of earth. They are much easier to learn and understand than French or Latin and much more beautiful, for we speak in color, music, and perfume. Each color or combination of color has a meaning, each scent also and so has every strain of music.

Artists and musicians and all who try to make beautiful melodies, pictures, perfumes, or anything which gives pleasure to our souls, or angels, know something of those languages and try to express what God has taught them, for it is by beautiful things in the world that He speaks to His people and tells them what can not be put into words.

Poets sometimes try to express what they feel when they behold a lovely face, a flower, or listen to the song of the birds, but they alone know how very

far short their words fall from what the angel within has seen and heard.

I should like to tell you about what we may call the larger life. Some of you, more than others, are gifted with a vivid imagination. You like to sit and dream and think of all sorts of quaint and beautiful happenings. Fairies, elves, gnomes and good spirits have a great fascination for you, and you sometimes feel that you would not be surprised to see some dainty little creature poised on a flower looking at you.

Well, my dear children, you should be very glad and thankful to have that habit of thought. It is a gift from God, and takes us into other worlds to refresh ourselves. Whatever you imagine or think about has a home somewhere.

There are fairies, gnomes and elves and some grown up people have not disdained to own up to having seen them. This is not the only world the Father has made for us to enjoy ourselves in. He has created worlds upon worlds and all the books which have been written, the fairy stories told, the dreams dreamed, have their homes somewhere, and as we shut our eyes, we are wafted away into these beautiful countries. We cannot always remember the lovely times we have there, but we know we have been to some land of beauty, love and happiness.

I always think how pleased artists will be when they come here and see all the beautiful ideas of which they have dreamed and longed to put on canvas, all here, ready to welcome them, with their wonderful color harmonies.