

SPIRITUALISM'S PICTORIAL JOURNAL

TRUTH

# The PSYCHIC OBSERVER

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## PITTSBURGH PASTOR KEEPS HIS "DEATH BED" PROMISE

### Higgins Flays "Fake" Mediums

#### Emerson's Dean Doubles in Education and Parlor Magic

Dr. Howard H. Higgins is the dean of Emerson college, a small New England institution which offers degrees of bachelor of Literary Interpretation and bachelor of Arts. Mr. Higgins spends some of his spare time while not teaching and guiding the youth at Emerson in lecturing for the Red Cross bureau, Kimball building, Chicago, Ill. One of the numbers which Dr. Higgins is prepared to give for his listeners on the lecture circuit is "Among the Spirits." He starts off with a period in which he demonstrates his ability as a magician and in the latter part of his show he "exposes" fake mediums.

#### Why Not Be Fair?

Dr. Higgins did no more than this and did it fairly and honestly. He should have no quarrel with the magicians especially when they double as college professors, an interesting folk. Personally he has never seen one who did this. Higgins' "Jekyll and Hyde" performance by "deaning" at a serious New England college during the day and mounting the lecture platform for a go at hats and rabbits in the evening. For the good of old Emerson, the trustees should increase the dean's salary for we feel sure he would place much more value to the institution if they kept him out of the entertainment field.

#### The Old Excuse

This is ever the excuse of those who attack mediums in general that only the fakes, the illegitimate and the insincere have anything to fear from them and none of these should object to their statements. The legitimate and the sincere should thank them for their crusade, they point out.

Dr. Higgins can hardly expect to escape criticism from Spiritualists although he does so in a letter to the PSYCHIC OBSERVER. The Fort Wayne News Sentinel in what appears to be an unbiased report of Dr. Higgins' address before a club in that city says:

Dr. Higgins was very emphatic in his statement that virtually all so-called "Spiritualism" is nothing but unadulterated trickery, performed by mechanical means by charlatans in a racket.

(Cont. on Page 7) ("Editorial")

### SPEAKS DIRECTLY TO CLOSEST FRIENDS THREE DAYS AFTER HIS FUNERAL RITIS

Within the past few years a number of well known personages have promised to return to earth in the spirit as soon after "passing on" as possible. Several of them have made a pretty bad mess of it and left behind them only controversy regarding the success or failure of their efforts to communicate with those they left behind.

But on August 5 in Allegheny, Pa., a Spiritualist minister, of considerable prominence in that locality, made the same promise on his death bed and less than a week later communicated with those nearest and dearest to him. The incident is closed. Affidavits are in the possession of the PSYCHIC OBSERVER attesting

the legitimacy of the communication. (See Page 2)

That Spiritualist minister was the Rev. Albert Joseph Frey, a man apparently of German descent, deeply devoted to his church and its adherents. His closest friends were his nurse during his last illness, Miss Elizabeth Graff, also a sincere Spiritualist, and his assistant in the church work, Dr. George J. Lingenhoe.

Funeral services for the "dead" pastor were held in a Northside Pittsburgh funeral home on August 19, the sadness of the occasion lessened by his parishioners' faith that their leader would return to them from the "spirit world" and continue to be their "guide."

#### Press Grabs Story

Newspapers from all parts of the country, press associations and reporters seized upon the incident with the enthusiasm characteristic of the press when something of a mysterious nature to the non-Spiritualist hits the news.

The policy of the newspaper, influenced quite generally by the beliefs of the editor regarding Spiritualistic matters determines the treatment which such stories get.

The New York Times reported the Rev. Frey's "death" and the faith of his followers that he would return in a factual manner tempered with a bit of facetiousness born of skepticism. (Continued on Page 2)

### Keeler-Slate Writer Fifty Years Service

#### Many Prominent People Manifest Through His Mediumship

For more than a half century the spiritualist world has been marveling at the work of P. L. O. A. Keeler, and receiving solace and comfort from his mediumship. He has been a constant visitor at Lily Dale during the summer seasons in that period and in the winter has made his home in Washington, D. C. where he has sat for world famous characters including senators, congressmen, governors, foreign diplomats and others. Marked instances of positive physical results following sessions with him are many. William Henry Crowell of the U. S. Treasury Department in the closing moments of a fatal illness wrote a will so poorly it could not be read and died without affixing his signature. Through a slate writing Mrs. Crowell received a legible transcription of the will properly signed. It was the first case on record of a will being written posthumously.

Liliuokalani, the famous "Queen Lil" of Hawaii, while in Washington presenting claims to this country for territory confiscated in Hawaii personally exhibited to President Grover Cleveland several slate writings she received and reported that the latter examined them closely. She added that her case received much favorable attention as a result.

#### Attacks on His Mediumship

Mr. Keeler's slate-writing has been attacked at times. Thirty years ago it was Hereward Carrington, confidential representative of Prof. James H. Hyslop of New York. Soon after this attack the officers of Lily Dale Assembly conducted an investigation of his mediumship.

In the yellowed files of the assembly may be found this printed report dated July 25, 1908. In part it says:

"During the forenoon of Thursday, July 23, 1908, Mrs. Humphrey, president; H. W. Richardson, vice president; and George B. Warne, treasurer, selected two from the center of a newly opened bundle of slates at the general store of A. S. Dayton, placed upon the frames and writing surfaces of the inner side a special stamp, whose immediate duplication was an absolute impossibility. The members went together to Mr. Keeler's seance room in his cottage at Lily Dale.

The morning sun was at its brightest and the single window, as well as door, stood wide open. Each visitor wrote her, or his, own name upon a separate slip of paper, folded it tightly and deposited it upon the table beside the slates. No names of friends in Spirit life were at any time written by the sitters.

"Neither the slips, the slates, or Mr. Keeler's hands were for one instant out of sight of three pair of watchful eyes."

(Continued on Page 3)



THE MESSENGER

An inspired conception of the Christ created by A. G. Learned, noted New York artist and Spiritualist at the suggestion of a Catholic priest who urged the artist to portray a virile saviour rather than the anaemic, characterless Middle Age pictures that have been accepted by the Christian faith as the image of its leader. Lacking the soulful eyes, waving hair, and sweet expression of the face, Mr. Learned's conception of the Galilean fell most satisfactorily the priest's commission. The title "Messenger" was presented to Learned by a trance medium.

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# PITTSBURGH PASTOR RETURNS



ELIZABETH GRAFF  
She Receives Message



REV. FREY  
He Speaks Three Days After His Own Funeral.

At Frey's funeral, when Graff and Lingenhoel expressed their belief that he would try to communicate almost immediately, all Pittsburgh papers carried story. When Frey spoke through the medium—not a line of comment was made by any Pittsburgh paper.

## AFFIDAVIT

STATE OF PENNSYLVANIA, ss.:  
COUNTY OF ALLEGHENY.

Before us, the undersigned authority, personally appeared Elizabeth Graff, who being duly sworn according to law, deposes and says: "On Monday, August 22, 1938, at about 4:30 o'clock P. M., I received a reading (or sitting) from Maude Kline at Lily Dale, New York, in which I received a direct voice from Rev. Albert Frey in which he said to me: 'This is Albert. I want to let you know that I am in conditions a lot better than I expected. Therefore, I come back and help you in your work. I will give you my voice and my guidance. For many years you have been for me. During my passing over, I was in your presence, and tell George (Dr. Lingenhoel) though I be absent in the spirit world, I am with you in spirit, bestowing my assistance in your faith in Jesus Christ. You and Dr. Lingenhoel to continue to work. There I left off at the Church (Lindenholts) where I have never had a reading from Maude Kline before. He called me a name that no one knows but myself. And when I came through from spirit he called Maude Kline his German accent."

"He continued, 'But when I was in pain and needed help I called her Maude. He wants everybody in his congregation to know he will return to them and help them. I can be more places now. I do not have my old body to drag along. I was greeted by my wife and two children and am happy now. We are all together. Please let my wife know I have a word.' Elizabeth, I want to thank you for what you have done for Albert (Rev. Albert Frey) last winter, as I know you were a good Spiritualist like you could have come through with all my husband's things."

"I have received many words of love from my own loved ones and personal instructions for my welfare. I have felt the touch of his hand. He asked me to promise to continue his church, as it had helped many people and those in need of spiritual advice and strength. He continued, 'I want you, Elizabeth, to know I have had good treatment at the hospital I was in. They could do more than let me pass out. This old house of mine was worn out.'"

(Signed) Elizabeth Graff

Sworn and subscribed before me this 24th day of August, 1938.

(Signed) Harry Heeg,

Notary Public.

My Commission Expires, March 2nd, 1941.



George J. Lingenhoel

## Graff and Lingenhoel Sign Affidavits Asserting Fact of Frey's "Spirit" Message

### Maude Kline Is The Medium

## AFFIDAVIT

STATE OF PENNSYLVANIA, ss.:  
COUNTY OF ALLEGHENY.

Before me, the undersigned authority, personally appeared George J. Lingenhoel, who being duly sworn according to law, deposes and says:

On Monday, August 22, 1938, at about 2:00 o'clock P. M., I received a reading (or sitting) from Maude Kline at Lily Dale, New York, in which I received a direct voice from Rev. Albert Joseph Frey in which he said to me he was satisfied with his condition on the other side of life, and that he would like all of his friends to know that his life was better in spirit. He told me he did not realize that his mind was fading as much as it did just before he passed away, but that his mind is clear now. He said that he met his wife, son and daughter on his arrival in the spirit world.

He said he was well pleased with what I had done for him since he passed away to the spirit world.

This message was entirely in the German language and could not be understood by Maude Kline or Mayflower (her spirit control). She, Maude Kline, was blindfolded—I wrote a ballot but did not say anything about Rev. Frey, so if she could see through the two large handkerchiefs she, Maude Kline, would not know what I wanted.

She gave me a lot of personal advice which was very good and told me of some very important guides who controlled me at times of need—A Little Indian Guide LITTLE SILVER STAR, who I have known for years but never could catch her name gave her name clear—a Case told me, too, would help me—an Indian who could not speak English came through. He was my healer. He was a cliff dweller and as near as I could catch his name it was He-Who.

(Signed) George J. Lingenhoel.

(SEAL)

Sworn and subscribed before me this 24th day of August, 1938.

(Signed) Harry Heeg,

Notary Public.

My Commission Expires, March 2nd, 1941.

(Continued from Page 1, Col. 4) and the Times' usual staid humor.

The Buffalo office of the United Press asked for a story when it was known that Dr. Lingenhoel and Miss Graff would come to Lily Dale because it seemed likely that here they would find the best facilities for communicating immediately with their true friend. The Associated Press wanted the same thing.

Dr. Lingenhoel and Miss Graff slipped quietly into Lily Dale, received their message and as quietly slipped out. The PSYCHIC OBSERVER regrets that we were not privileged to talk with them while they were here. They received a sitting with Maude Kline, well known medium, and went away fully satisfied that the Rev. Frey has kept his word and that they had received a real and very comforting message from him.

### Affidavits Received

The PSYCHIC OBSERVER communicated with them by long distance telephone and received a brief description of the sitting with Mrs. Kline. Again the press was on the job to get the second part of the story, the consummation of Rev. Frey's promise to return. The PSYCHIC OBSERVER relayed the story to the press as it was received from Dr. Lingenhoel and Miss Graff. It was widely printed.

But here in the PSYCHIC OBSERVER for the first time are the affidavits sent to the PSYCHIC OBSERVER at our request.

The question naturally arises why could Rev. Frey communicate so easily and quickly with his loved ones when Houdini, Thurston and others were unable to do so without creating a great deal of discussion that ended in bitterness and recriminations?

Well, we should say that being Spiritualists all three of the principals in the Frey-Graff-Lingenhoel incident were trained in the matter of spirit communication. They were sympathetic. They wanted and expected a message. They got it.

And already we can hear skeptics add:

"Yes, they were all Spiritualists. Of course, they got a message. THEY WOULD."

Of course skeptics doubt. THEY WOULD, too.

## Working For The Harvest

By  
CONVERSE E. NICKERSON

Jesus said "Lo the fields are white already for harvest and the workers are few." He meant that his disciples would go forth and preach his gospel and find among the harvest field the ripened minds of many who should be awake to His message.

The message of Jesus was the message of scientific immortality.

Among the class of students whom Jesus raised to a position of teachership were Peter and Paul, even though Paul came into the student circle later and expressly by psychic direction and psychic contact.

Paul and Peter were evangelists, they were the great preachers of the Christ gospel. The definite thing about their ministry was that they dealt directly with psychic manifestation. Peter divined through trance condition the things of spirit. Paul, by clairvoyance and by inspiration, preached and exhorted the people to know the truth about the spirit world.

Peter on the housetop at Simon the Tanner's house, (see Acts 10) found out through his trance experience just what the spirit world wanted him to do. Paul, by inspirational writing, wrote marvelous things that were to be for wisdom and edification to the followers of Jesus and the evangelists of the world who were to teach men the power and glory of the soul within man.

Spiritualism today needs just such evangelists as Paul and Peter.

We need earnest people who will talk directly to the people about the questions of life and death.

There are many materialists in the world today; they claim religion, yet they fail to believe in

the reality of the spirit, with themselves and they forget that the first necessary beginning in order to understand any religion is to know something of the spirit within us.

If we are spirit here and now then shall it not logically follow that we go on in spirit?

Immortality is the desire of all religions. It is to gain that prize that the reward of righteousness is offered by so many versions of the Christian Church. In reality Jesus taught that the soul was a living thing already within us, not something that would come to us with the signing of a church register or the affirming of a creed. Our immortality is a scientific inheritance, God has given it to us at birth or before that event, as far as we know. Surely such a gift, so surrounded with the laws of spirit should be rightly understood and not put upon the basis of a Christmas tree gift received by good little children for some deed of virtue.

God's laws of the spiritual must also be considered rationally if we shall have an intelligent religion.

The world we live in stretches on into the hereafter. Our eternity is with us on through the gates of death. "The Sweet Bye and Bye" is right at hand and we consciously we as spirits in death do taste of eternity.

Let us have preachers who go forth and preach as other preachers do; sermons are common things and delve down into the thoughts parts of the Rouse men's minds and something will be done. Tell them that the philosophy of Spiritualism and they will begin to reason things out.

Today as never before, in this world of chaos and confusion, during

the building for something to build upon. Life is a rushing torrent of experiences designed especially for spirit consciousness. To live in truth we cannot slumber. God has called us to the important business of understanding Him. As such we must consciously examine the thing called Death; we must earnestly approach our considerations on that subject.

### MISSIONARY



REV. E. ANN TAYLOR

The Spiritualist Churches in Indiana, Illinois, Ohio and New York will receive a visitor this month. This visitor will be Rev. E. Ann Taylor, honorary pastor of the Church of the Fellowship, New York, N. Y.

After the completion of this mission work among the various churches, Mrs. Taylor will go to Florida, where she will spend the winter at the Spiritualist Association of America, in Brookline, Massachusetts.

## ARTHUR FORD

Arthur Ford, widely known medium, who has made New York City his home for many years, was a visitor in Lily Dale recently after returning from his trip to Australia. While in that country he delivered a series of lectures and met Mrs. Valerie McKeown who later became his wife. Mrs. Ford was one of the secretaries for the Australian Society of Psychical Research which sponsored Mr. Ford's lectures in Australia.

After leaving Australia Mr. Ford came back to America and went to London. While there he delivered a series of 27 lectures in four weeks. These were given in Queens Hall and Wigmore Hall before audiences sometimes aggregating 2,000 persons. They were sponsored by Mrs. M. A. St. Clair Stobart who with Rev. G. Maurice Elliott has taken the lead in spreading the philosophy of Spiritualism via The Confraternity of Religions.

Mr. Ford declares that this Confraternity is the most important step toward the presentation of our philosophy to the public. Mrs. Stobart and Mr. Elliott are leaders in the Confraternity.

In order to confine all his efforts to propaganda work for Spiritualism Mr. Ford says he has resigned all offices in all Spiritualist organizations.

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### HUMANITY

Dept. DN, Arvada, Colorado, U. S. A.



# Keeler — Slate Writer "SPIRIT" SIGNATURES BY KEELER

## MEDIUM FIFTY YEARS



P. L. O. A. KEELER

## HARRY-ED By HOUDINI

This Houdini matter . . . . We are almost sorry we brought it up again. Something about the versatile magician has been arriving almost daily in the mail . . . . Nearly everyone has been hearing from him in one way or another . . . . Nearly everything about his connections with the spirit world before and after passing on is being disputed.

A few excerpts from letters that have come to our desk:

Charles P. Rakow, one of our most interesting Houdini correspondents, says, that through his 14-year-old daughter, Betty Jane Houdini sent a letter to his wife in which he tells Mrs. Houdini that she will never get in touch with him through "the bald headed saint." We believe he refers to the conjurer and business adviser of Mrs. Houdini, Dr. Edward Saint. Harry's letter advised his wife to "wake up and learn to see through that bald headed saint of yours. He's no good."

Others in a series of letters from Rakow state that Harry has communicated to him the statement that he (Houdini) left no message before he died with anyone. He says the Dunninger "message" looks like a blank piece of paper. Of Mr. Ford's communication with Houdini Rakow has but one word to say: "Fake." And that's that!

Betty Jane by the way, whom we have never seen but hope very much to see someday "sees" and "hears" Houdini but never becomes entranced when making contact.

Comes a message through the mails of Uncle Sam from Mrs. Frederick R. Rogers of Los Angeles.

Now Mrs. Rogers is a very devout Spiritualist we should say, from the tone of her letters, and has heard from Houdini (who hasn't?) through the mediumship of "Silver Pearl" (a Rev. Moore). It happened that Mrs. Rogers met Mrs. Houdini in a beauty parlor, one of the attendants who had once been on vaudeville tour with Houdinis. Some time later Houdini appeared at a seance while Silver Pearl was in trance and asked Mrs. Rogers to take a message for Mrs. Houdini and say that he wanted to talk to her personally. Mrs. Rogers carried out the trust and included a copy of a booklet "To All." A reply came in a letter from Dr. Saint thanking Mrs. Rogers for the booklet but making no mention of the invitation to talk with her husband at the Rogers' home. The invitation was

(Continued from Page 1)

During the sitting words written in green color, appeared upon the paper bearing Dr. Warner's signature. The paper had at no time been unfolded. The message read: "It is difficult to get anything on slates not magnified."

"At the close of the sitting lasting one and one-quarter hours there were found upon the inside of the slates, one message from a brother of Mr. Richardson; four messages for Mrs. Humphrey and her immediate family; two messages for Dr. Warner; and one for an unidentified personality. One was written in yellow, but the others in common slate pencil, a small point of which was placed between the slates at the beginning of the seance."

**Conclusion of Investigators**  
The investigators concluded that "The messages were not written in advance — a substitution of slates was impossible—Mr. Keeler could not have written them during the sitting, for he could not have gained access to the inside surfaces where they were found without immediate detection."

Another section of the board conducted another investigation the following day taking similar precautions and received 11 messages in all, one in Greek, one in German, one in French, one in Swedish and one in Japanese or Chinese. Linguists available at the time pronounced the Greek, French and Swedish messages grammatically correct. The report is signed by all six members of the board who took part in the investigation.

**Message from Lincoln**  
Mr. Keeler in his slate writings has brought many messages from prominent people in the spirit world. Many times has Abraham Lincoln indicated his presence by signing his name and the great war president, who many claim, was a Spiritualist or at least believed in its powers, has sent messages through the mediumship of Mr. Keeler.

W. H. Plummer once recorded in a pamphlet describing one of the seances at which President Lincoln received advice and guidance through the mediumship of Nettle Colburn, later Mrs. Mary Colburn, the confirmation in a slate message from Lincoln important facts brought out in the Colburn seance.

repeated in a later letter. There was no response to this.

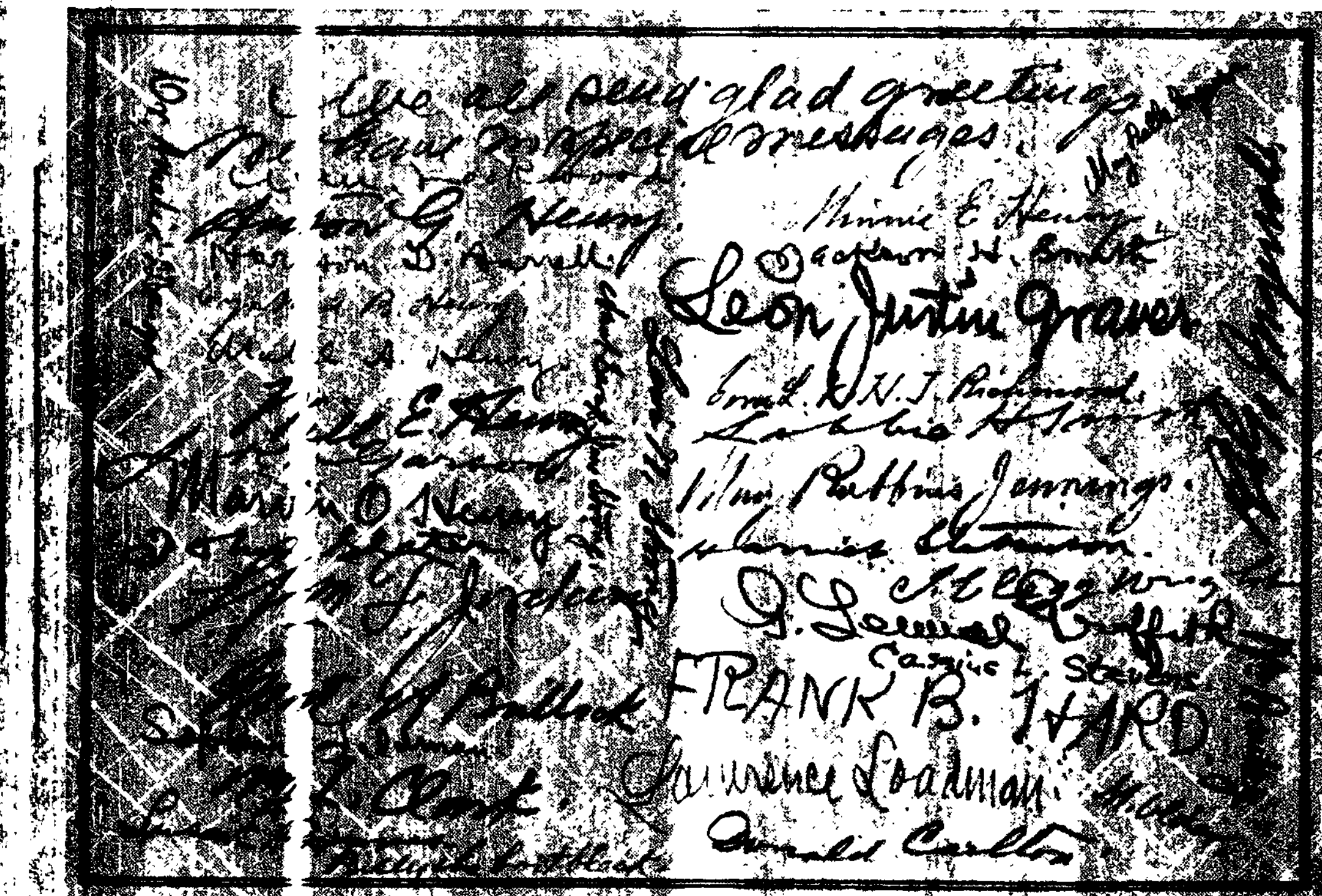
Apparently Mrs. Houdini either never got the letter or doesn't want very much to talk with her husband as he wishes.

Through Silver Pearl it was learned that Houdini is in great sorrow of soul and is being punished for his ridicule of Spiritualism. Thurston is in very much the same situation Mrs. Rogers' letter says.

Sic Semper Tyrannis!

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Below is a reproduction of a slate-writing received through the mediumship of Mr. Keeler this summer. The original was received, along with many others, by Mr. Henry, during a private "sitting" with Keeler. (Mr. Henry's name and address will be submitted upon request.)

There are 35 signatures on this reproduction—many are friends and relatives of the sitter, Mr. Henry. Others are well known names in SPIRITUALISM—in days gone by. Note signatures of JOHN SLATER, HARRISON D. BARRETT, FRANK B. WARD, CORA L. V. RIMMOND, J. CLEGG WRIGHT. These have been verified, from records, as to their authenticity.

Miss Colburn in trance had spoken in a manner that reminded these present of the great Daniel Webster. Mr. Plummer's message was from Webster himself who said that it was really he who urged the promulgation of the Emancipation Proclamation through the mediumship of Miss Colburn. Following the Webster message came one from Lincoln himself who said that he had since learned that Webster inspired the

through the years Mr. Keeler has continued to give important messages to both the great and the lowly that have influenced thousands in countless ways. Still he holds forth in his modest cottage at Lily Dale each summer and at his home in Washington, the veteran of all the mediums and the greatest of all slate writers.

**FLORIDA CHURCH OPENS**  
The Spiritualist Temple of Love, Truth and Light, St. Petersburg, Florida, will open the latter part of September, according to its president, J. B. Ruffe. The church is located at the corner of Ninth Avenue and Tenth Street North. Nellie Curry is the pastor.

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Elsie Butler Bunts, Leader

Binghamton is planning to entertain the New York Conference of N. S. A. Spiritual Churches, according to Elsie Butler Bunts, local pastor. For the past year, elaborate plans and a constructive program has been arranged, and the committee in charge expects

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every chartered church (N. S. A.) in the state to participate and become a member. At the present eight churches have joined. The conference date, September 13, 14 and 15. Headquarters and registration, 138 Front St., Binghamton, N. Y.

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# The CASE For ASTRAL PROJECTION

By  
SYLVAN MULDOON

A few people are skeptics because with the sensory perception at their disposal they have never come in contact with their soul or that of anyone else. Millions more, strangely enough, are sure they have a soul but would be shocked at the suggestion that they try to get a peek at it.

There is, perhaps, no other concept on which most religions agree than the existence of some sort of an other being—a spiritual body. But there is probably no phase of his religion on which the ordinary man is more ignorant.

Generally speaking, every human being is made up of two counterparts, the material and the spiritual; as St. Paul in his First Epistle to the Corinthians said: "There is a natural (physical) body and there is a spiritual body."

The spiritual body of man has been designated by any number of names — spirit, astral body, subtle body, spirit entity, fluidic body, etheric body, luminous body, finer body, double, phantom, ghost, pneuma (Greek), rauch (Hebrew) etc.

The belief that everyone possesses an astral body did not have its origin with the advent of modern spiritualism, but is as old, and in truth, the foundation of practically all religions. The Indian's spirit, at death, went to the happy hunting grounds. The ancient Egyptians believed in a spiritual body in man, which they called the Ka, and it was the Ka, which, after the physical body was dead and mummified, visited it from time to time. Many of the older Egyptian paintings picture the Ka as a sort of bird-like double of the deceased.

In the recently translated Tibetan Book of the Dead, edited by Dr. W. Y. Evans-Wentz—the Bardo Thodol — believed to have been written in the eighth century A. D. and embodying teachings thought by experts to be about two centuries older, the idea that man contains a spirit is emphasized at great length.

## Orthodox Church

While many people, especially orthodox church goers, shun all investigation into the dual nature of man, it has always been quite generally believed by them that the spirit survives bodily death; and while the word ghost is considered taboo and ridiculous when mentioned by a scientific researcher, thousands hold the word in high esteem when speaking of how Christ "gave up the ghost" on Calvary.

The astral body is the vehicle of consciousness, containing the energy of life — more truly the real man than the physical body which it animates. In appearance it is an exact duplicate of the physical body, but is a body of electric-like energy, luminiferous, emanating what we commonly call aura, but normally invisible to physical sight. Its exact composition is not known with certainty. By some it is thought to be "fluidic" in nature. Sir Oliver Lodge believes it to be "etheric," while others are of the opinion it is composed of highly refined matter — atoms and electrons vibrating at infinitely high velocities.

## "Astral Projection" Explained

In order to make the term "Astral Projection" clear to those readers unfamiliar with the subject, I quote a paragraph from my book, *The Projection of the Astral Body*, written in collaboration with Dr. Hereward Carrington, Director of the American Psychical Institute and Laboratory, published in England in 1929:

"The spirit counterpart, or astral body, is capable, under certain conditions, such as syncope, trance, while fainting, while under the influence of an anaesthetic, during sleep, etc., of entirely withdrawing and separating itself from the physical body and travel-



Muldoon at His Desk in Darlington, Wisconsin.

ing about as a complete and separate entity — intangible to physical objects, and invisible to normal physical eyes. This enigmatic occurrence will be spoken of as 'Astral Projection' or 'Astral Exteriorization.' Both terms being synonymous with the term 'Out-of-the-body' experience."

## Phenomenon of Death

In the phenomenon of death the spirit leaves the body permanently. At all times during projection, the ghost is in communication with its physical counterpart by means of a line of force, psychic cord, vital intermediate, fluidic cord, or silver cord, a sort of elastic connection, through which flows the vital energy of life sustaining the unconscious physical counterpart. In ordinary life this is grey, and although capable of infinite expansion, it is severed during the projection of the astral body without any certain and instantaneous death of the physical counterpart. The astral cord has its analog in the umbilical cord of physical birth. At death, the astral cord does not always detach itself from the physical body for a number of days, and of late there has been considerable prejudice against hasty embalming and cremation. The claim that such hasty measures are a painful shock to the new-born spirit.

## Voluntary Projection

There are two types of astral projections: involuntary and voluntary. In the former, the subject is suddenly awakens to find himself conscious in a phantom body — visible to physical vision; able to pass right through physical objects—a ghost of a living person. In the voluntary type the subject actually projects himself out of his physical body at will.

I would not have you believe, however, that ghosts of the living are always conscious, for the projected phantom can also be partially conscious (dreaming) and fully unconscious. When the ghost is traveling about outside the body in an unconscious state I have termed the condition "Astral Somnambulism," a very common state of projection and similar to physical somnambulism or sleep walking.

## Astral Somnambulism

The ghost, in a state of astral somnambulism can perform activities of a most intelligent type — not only re-enact events which have occurred to him in the past, but also engage in some which are destined to occur in the future. Often the projected ghost, in a semi-conscious condition, visits a far distant place, physically and often, sometimes, lived there before, as some maintain, but of having no place while projected. Instances are numerous of the ghost of a living person visiting a distant place, days, weeks, months, or even years before he actually arrives there.

The route the phantom travels while exteriorizing from the physical body is, as a rule, specific. When one is in a lying position of as 'Astral Projection' or 'Astral Exteriorization,' the terms being synonymous with the term 'Out-of-the-body' experience."

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the Living, and the second and far more extensive one published in Vol. X of the S.P.R. Proceedings, confirmed the belief that such perception of phantoms was more than chance could account for, that there was some connection between the apparition and the person whose ghost was seen. The person whose ghost was seen was designated as the agent while the person who saw the ghost of the agent was designated the perceptive. From my latest book, *The Case for Astral Projection*, I quote an illustrative case. The agent here was in a semi-conscious state. I would call your attention to the very unusual aspects of this case. First, a lady believes she left her body and visited her husband, miles at sea. Second, at the identical time, the husband dreamed she visited him! And, third, believe it or not, at the same time a third party—perceptive — saw the projected astral body of the lady on the visit:

## Actual Experiences

S. R. Wilmet sailed from Liverpool to New York. Passing through a severe storm he had a dream in which he saw his wife come to the door of the stateroom. She looked about and seeing that her husband was not the only occupant of the room, hesitated a little, then went in and advanced to his side. Stopping down, she kissed him; and after gently caressing him for a few moments, quietly withdrew. Upon awakening from his dream, Mr. Wilmet was surprised to hear his fellow passenger, Mr. William J. Tait, say to him:

"You're a pretty fellow—having a lady come to visit you in the night." Mr. Tait related what he had seen, while wide awake, lying in his berth. It exactly corresponded with the dream of Mr. Wilmet.

When he met Mr. Wilmet at Watertown, Conn., she immediately asked him:

"Did you receive a visit from me a week ago Tuesday? It seemed to me that I visited you."

She told her husband that on account of the severity of the weather and the reported loss of another vessel, she had been anxious about him. On the night of the occurrence she had lain awake for a long time and at about four o'clock in the morning it seemed to her that she had left her physical body and went out to seek her husband, crossing the stormy sea until she arrived at his stateroom. She continued:

"A man was in the upper berth, looking right at me, and for a moment I was afraid to go in; but soon I went up to your side, bent down and kissed you, and embraced you, and went away."

## Telepathic Hallucinations?

Naturally enough, practically all of the early researchers tried to explain such cases as "Telepathic Hallucinations," that is, as a hallucination produced in the mind of the perceptive by telepathy from the agent, in spite of the fact that they ran into case after case that telepathy could not possibly explain. They knew little or nothing about astral projection in those days, or how such could explain those cases. But this is not only true of old time researchers, for it is a discouraging fact that one can mention "astral projection" to many first rank spiritualists today, and they will stand with mouth agape with no conception of what one is talking about, or make the stupid remark that they see no significance in these late discoveries whatever.

FREDERICK W. CONSTANTINE



"Freddy" Constantine was a Spiritualist away back when.

Freddy ran messages for mediums and helped to fill the chairs in his father's seances in Buffalo when but a lad. He says he has been a Spiritualist since he was 7 and has worn stiff bosom shirts since he was 13. But Frederick William Constantine is not stuffed shirt because of those hard bosoms and wing collars. He wears them for comfort he says, never forsaking them even by the bedside in the evening or in the garden at noonday.

Now, Mr. Constantine is nearly eighty—a long time to have worn those stiff shirts. He came of a Spiritualist family and has given much to his religion. For 25 years he has been associated with the Church of Spirit Communism in the Statler Hotel in Buffalo. He succeeded George Allen as its president and served many years as secretary. At one time he was president of the Lily Dale Assembly and at the present time is secretary of the General Assembly of Spiritualists. Twelve of their conventions have been held in Buffalo through Mr. Constantine's influence, the last being held there this summer. Mr. Constantine was trustee of the N. S. A. 1924-27 and treasurer 1925-28.

It is partly through the influence and interest of Mr. Constantine that mediums and Spiritualists are now under the protection of more liberal laws.

Some of those that know their Modern Spiritualism say that Mr. Constantine is rightly considered "the daddy of them all."

## Common Sense Precaution

I would warn my reader, however, at the outset, that should he take up the study of astral projection and actually succeed in projecting he need have no hopes that he will at once be enabled to go forward into the spirit land and personally interview Jesus Christ, Mohammed, or any of the former world celebrities. He will usually find himself right here on earth, among the earthly things which he knows. Trips to far distant planets will not only be improbable, but highly impossible. He will find he will not be able to retain his normal consciousness and penetrate the fog separating the earthly from the higher spheres of the spirit. He will see spirits of the dead from time to time who have returned to the earth's atmosphere or who have just passed on, but he will not probably find the glorious summerland while still attached to his physical body, although occasionally such a sublimated projection does take place.

(The End)

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By DR. EDWIN F. BOWERS

(Continued from August 25 Issue)

Dr. Bowers' first article dealt with the beginning of spirit photography with John Myers and Mrs. A. E. Deane in their "developing circle" and the strict test condition with which they surrounded their investigations. He outlined the tests applied by Maurice Barbanell of the Psychic News of London and others to Myers' Photographic mediumship.

### Lady Caillard

Myers was two hundred and fifty miles away when he received the wire, urgently requesting his attendance. He arrived the following morning, but too late to secure a camera.

However, a package of sealed plates was quickly secured at a neighborhood shop, and at Myers' suggestion, placed directly under the casket. After the funeral cortege had started the packet was secured, taken to a photographer's dark room, opened and developed. One of the plates showed a clear photo of Lady Caillard, her husband, Sir Vincent, and Sir Arthur Conan Doyle.

At a "direct voice" seance shortly afterwards, (during which materialized spirits speak audibly and intelligently) there were present Lady Segrave, Lady Carey, Lord Cottenham, Hannen Swaffer and many other notables.

### Sir Henry Segrave

Finally a voice came through saying "I want to thank you, Myers, for the privilege of coming through on your plate. I am Sir Henry Segrave." (He had been

killed in an auto racing accident a few months before.) Myers replied "It is a pleasure, Sir Henry, to know that you have come through, to prove your survival."

The voice then left Myers, went to the other side of the room, and addressed Lady Segrave. It said: "Olive, what do you think of the picture Myers took of me last week?"

"It is the finest I've ever seen of you, Henry," Lady Segrave replied.

"I posed especially for you," Sir Henry continued, because you were not here last week."

On this same plate the face of Swaffer's aunt appeared. Commenting on this photo Swaffer said, "No one would doubt this being a Swaffer: look at her nose."

However, perhaps the most remarkable demonstration of Myers' amazing gift was when identical psychic photographs were obtained simultaneously in Leeds and in London. Spirit messages received from W. T. Stead, famous journalist, who went down on the Titanic, advised that the experiment be tried, asserting that it would be successful.

### Stead Manifests

For the London seance Estelle Stead, daughter of the publicist, and head of the Stead Bureau, bought a packet of printing paper. These papers were retained by her

and locked in a strong box at the Stead Bureau. Just before the seance the packet was taken from the box and opened, and a committee including Miss Stead and Maurice Barbanell signed each of the papers with a cross, a bouquet of flowers, the word "love," and a



JOHN MYERS

That same afternoon, in Leeds, a packet was procured from a local photographer, and this packet was opened and signed by seven people who were participating in the seance, and placed in a box. It had previously been arranged that the group in Leeds would have the results of their sitting telephoned to the group in London. In London, Myers, who was sitting, asked the sitters to care to suggest the appearance of anything unusual on the prints. One suggested a cross, another the word "love,"

the third a bouquet of flowers, all of which requests were noted. Miss Stead thought of her father's photo on the wall in different conditions in life. Miss Stead then dropped the packet on the table at a time, in the seance the packet was taken from the box and opened, and a committee including Miss Stead and Maurice Barbanell signed each of the papers with a cross, a bouquet of flowers, the word "love," and a

number of pictures of W. T. Stead, some of which showed only his face, while others showed him in full figure. One of the pictures contained a beautiful photograph of a bride, identified by several of the members present.

At the prearranged time the group at the seance in Leeds phoned, giving a description of their results. Subsequent comparisons proved that eleven of the Leeds prints bore "extras" identical with those produced at the same time in London.

And thus, in a manner simulating television, Myers' guide had been able to imprint identical "extras" on prints developed in seances, held two hundred miles apart.

### Nearly All Identified

Out of approximately five thousand photographs taken during the four years Myers was active in this work about four thousand showed either spirit faces and forms, designs of various types and pictures, or else carried definite messages in the handwriting of the one purporting to communicate.

Of the "extras" ninety per cent have been identified as relatives, friends or historical personages, and almost without exception the messages were recognized as pertinent and highly evidential.

It may be asked—how do these spirit "extras" ever get on these photographic plates?

"Spirit" Photography Explained  
There is a great difference of opinion concerning this subject. Many claim that ectoplasm, emanating from the medium himself, is utilized to build up an etherialized—not materialized form, which is photographed by rays as yet unknown to science.

Others claim that some psychic force, the constitution or nature of which it is difficult to describe, exudes from the medium, and takes on the "thought forms" projected by members of the audience or circle, and are then photographed.

Conan Doyle believes that "the supernormal images have every appearance of having been projected on to the sensitive plates, independent of lens or camera."

Still others contend that, in these psychic pictures, the spirit permits his memory to play upon radiations that emanate from the photographic medium, and by means of some unknown and invisible ray impresses his image on the plate.

It is all "passing strange"—either utterly bewildering or absolutely convincing—depending upon the degree of receptivity of the investigator and the results he secures.

Sometime we shall know the answer to what many believe to be an enticing but insolvable enigma. When we do, we may wonder why it took us so long to learn this answer.

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