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PROSPERITY

By ANNIE RIX MILITZ

UNSOLICITED TESTIMONIAL

April 8, 1915.

Dear Mrs. Militz:—I take this occasion to write you a few lines to let you know of a wonderful demonstration which I had through reading your book on "Prosperity."

I have heard you speak a number of times, both here and in Alameda, and I have a dear friend who attends in Alameda and she made me a present of your book for Christmas.

As a foundation for my story will say that I am a correspondent in a wholesale house where there are six other employes. Have been with my firm ten years and receive \$100 per month.

I purchased some property, on which I am paying installments and had several expenses attached to it, and on the 12th of January this year found myself with just \$2 in my purse, which was not a good outlook for the year, considering the payments I had to meet.

I took your book and read, and studied it faithfully for perhaps two weeks, when my employer called me into the private office and informed me that he wanted me to continue my endeavors to increase the business, and that he would give me a check for three hundred and twenty-five dollars as a bonus for the year past.

This is something he has never done before, and to no one else in the office. So I feel I have been wonderfully rewarded for my faith in my supply being at hand when needed, as I needed it then. I treasure your book highly, and would not be without it, because it gives me such helpful thoughts, not only as regards Prosperity, but other Truth ideas as well.

I wish you continued success in your work.

Price 50 cents. By mail 55 cents. Foreign 2c. 6d.

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POWER.

¶ "The Power of the Highest shall overshadow thee."—Luke 1:35,



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CHARLES EDGAR PRATHER, Ph.D., Editor.

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JANUARY, 1916.

No. 7.

First Steps in Divine Science

CHARLES EDGAR PRATHER.

WHAT IS GOD?



EVERYTHING must have a beginning. That which gave it its start is called the Cause or Creator. When anything begins it is said to exist, to be. This is our first knowledge of it, although we know that it must have been before it was expressed, or pressed out into form; for that which is must have been made of something. This invisible, intangible Something is commonly called God. Let us then consider what this Presence or Something is, of which all things consist.

In the first place, let us know that God is not a person, some great man sitting on a great throne somewhere up in the sky. Then what is God?

God is Spirit. What is Spirit—some etherial nothingness? No, indeed. Spirit is Substance, the only Substance of all that is visible and invisible. Because we cannot see the air is no reason for us to think that it is nothing. We can feel it and breathe it, and so know that it is something. We see the effect of electricity in our incandescent lamps, but we have never seen electricity. We see the tree after it grows, but we do not see the substance from which it was formed.

All that is visible was once invisible, and since it is substance now,

it must have been substance when it was invisible. So Truth convinces us that there is no matter as something of itself. The substance of all visible things is Spirit or God.

This is the Truth we should try to realize: Spirit is everywhere. There is nothing but Spirit. It fills all space, it fills us and all things. It is the Substance of which we are made, the Substance of our bodies and of all things. So Spirit or God not only fills all, but is all there is. This is the meaning of Omnipresence.

Learn this statement and repeat it every day.

GOD IS ALL THERE IS, BOTH INVISIBLE AND VISIBLE

This Presence is Oneness—the One and Only Presence. This Oneness is called Love. Therefore John tells us that God is Love. Love, then, is everywhere, fills all and is all; and where Love is realized there is heaven.

This Presence is Infinite Intelligence, all knowing; and is everywhere present. It knows only harmony, since it is Love.

Life is the activity of God, and, being Intelligence, operates freely, regularly and orderly in the whole of expression.

God is Good; hence goodness is everywhere.

God is Truth, the only Reality; and Truth is everywhere. All that is not good and true has no reality, and must therefore be only what people believe, because they do not know the Truth. That which is, really is, is good.

We should try to learn (and we can if we try) how to recognize, appreciate and enjoy the Presence of God, and know the Truth for ourselves.

When we know that this Presence is our Source, we know that we must be of the same substance and possess the same nature, for "like begets like."

Since we know that God is Love, Life, Intelligence, the All-Good, by using these "gifts" with which he has endowed us, we may realize and enjoy Peace, Health, Strength and Happiness.

Therefore let us meditate upon what OMNIPRESENCE means, and then declare all these good qualities as the very essence of our being.

Last summer, when the regular minister of the church was away on her vacation, various members of the congregation conducted the services. At one of these meetings, which was led by Mrs. Mabel Bates Williams, the following Bible verses were given by the people present. By the time they got through, they all felt like a good, old-fashioned

revival; for they do quicken the spiritual perception of the Truth of God the omnipresence:

GOD IS OMNIPRESENCE.

Whither shall I go from thy spirit? or whither shall I flee from thy presence? If I take the wings of the morning and dwell in the uttermost parts of the earth, even there shall thy hand lead me and thy right hand uphold me. Do I not fill heaven and earth? saith the Lord. The Lord is in the midst of thee. The Lord in the midst of thee is mighty. Lo, I am with you always.

GOD IS OMNISCIENCE.

The Lord is a God of knowledge. With him is wisdom and strength. Oh, the depth of the riches both of the wisdom and knowledge of God. This is the light that lighteth every man that cometh into the world.

GOD IS OMNIPOTENCE.

For Thine is the kingdom and the power and the glory forever. He giveth power to the faint. They that wait upon the Lord shall renew their strength. For there is no power but God. And ye are complete in Him.

GOD IS OMNIACTION.

Except the Lord build the house, they labor in vain that build it. Thou givest us each day our daily bread. He that keepeth thee shall not slumber.

GOD IS WISDOM.

For the Lord giveth wisdom. If any of you lack wisdom, let him ask of the Lord, who giveth to all men liberally, and it shall be given him. But let him ask in faith.

GOD IS LOVE.

God is love, and he that dwelleth in love dwelleth in God, and he in him.

GOD IS KNOWLEDGE.

The earth shall be filled with the knowledge of the glory of the Lord. Ye shall know the truth, and the truth shall make you free.

GOD IS UNDERSTANDING.

We know that the Son of God has come and has given us an understanding. A man of understanding walketh uprightly. No good thing will he withhold from them that walk uprightly.

GOD IS LIFE.

My words are life to them that find them, and health to all their flesh.

GOD IS SPIRIT.

God is spirit, and they that worship him must worship him in spirit and in truth. The spirit beareth witness with our spirit that we are the children of God. The spirit of God dwelleth in you.

GOD IS TRUTH.

When he, the spirit of truth is come, he shall guide you into all truth. I am the way, the truth and the life.

GOD IS SUPPLY.

Fear ye not, therefore. Consider the ravens, for they neither sow nor reap, neither have storehouse nor barn, and God feedeth them. My God shall supply all your needs. Fear not, little flock, for it is the Father's good pleasure to give you the kingdom.

GOD IS DEFENSE.

The Lord is in the midst of thee. I will both lay me down and sleep in peace, for thou, Lord, only, makest me to dwell in safety. The Lord shall preserve thy going out and thy coming in from this time forth and even forever more.

GOD IS JOY.

In thy presence is fullness of joy. Behold I bring you glad tidings of great joy, which shall be to all people.

GOD IS HEALTH.

I am the Lord which healeth thee.

GOD IS PEACE.

Peace I leave with you. My peace I give unto you. I will give peace in the land. For God is not the author of confusion, but of peace.

AN INNOVATION IN JAIL WORK

On Sunday afternoons an interesting, enjoyable and profitable service is held in the county jail in Denver—and it is the truest and best kind of service. Instead of shouting religion to the men and women confined there for the infraction of law, warning them to repent and become “saved,” they are entertained with popular music, both instrumental and vocal, and a short heart-to-heart talk by someone who understands the laws of mind, endeavoring to instill new hope, new courage, a new and brighter and higher outlook upon life; and thus without any thought of “religion” many of these men are redeemed—converted—“transformed by the renewing of their minds.”

This lofty and ennobling work is under the direction of two beautiful souls—Miss Ivah Dunklee and Miss Hazel Olive Bennet, of the Social Science Department of the Woman’s Club. Miss Dunklee is a woman of ability, and is giving a series of interpretations of dramas and notable stories in the public library auditorium. Miss Bennet is a member of your editor’s church, and is a beautiful singer and has a heart reaching out in its fullness to all humanity.

We recently had the pleasure of addressing the prisoners at one of these meetings upon “The Power of Right Thinking,” which was heartily received by them. It was really inspiring to hear them all join in the good old songs which appeal to the heart, of home and fellowship and goodness and love. And where you find such melody of soul you find that which is powerful enough to redeem if encouraged and developed.

The value of such a mission is appealing to the people generally, and our finest singers and speakers are gladly responding to the opportunity. We understand that Denver is the only city where such practical and wholesome services are conducted in the jail.

Daily Studies in Divine Science will continue to appear regularly in “Power,” and will be more definite and helpful than ever before. Read them, study them, and practice them daily for your own good.

Divine Science : Christian Science

SIMILARITIES AND DIFFERENCES IN FUNDAMENTALS
AND PRACTICE

CHARLES EDGAR PRATHER.

(Note: In the study of this series of lessons on Divine Science and Christian Science, let it ever be borne in thought that the purpose is Enlightenment upon the Fundamental Principles of Being as recognized, practiced and taught by these Modern Thought Organizations; that these lessons are Comparative, and not merely critical, pointing out both the similarities and the differences of these two Great Systems or Schools of Science and Religion; that the discussions shall be free from prejudice or antagonism, being prompted by the Spirit of Love, that everyone may know the salient points of both teachings, and thus understand the place and purpose of each, and thereby know for a certainty the "reason for the faith that is in us.")

LIFE



LIFE IS EVIDENCED BY ACTIVITY. It cannot be analyzed nor explained. Chemists have experimented, and at times thought that they had discovered the secret of producing life, but have always failed. Even if they had been successful in making chemical combinations to give entity to an object as a living thing, they would be just as far away from knowing what Life is as they are now. Christian Science tells us: "Life is the Creator reflected in His creations. If He dwelt within what He creates, God would not be reflected but absorbed." This, Mrs. Eddy says, would destroy the Science of Being, through the mortal thought that life has beginning and end. "It is a self-evident error that there can be such a reality as animal or vegetable life."

Since God is Spirit universal, the activity of Spirit is Life, which must be just as universal. If there is no life in the visible, then Life is not omnipresent, and neither is God, for God is Life. Life can not be reflected. It makes no pretense. That which has being and moves is animated by life, not a reflection of life. To deny that God dwells within what He creates, denies the omnipresence of God.

Christian Science regards all material expression as something outside of and unlike God; and therefore if Life, which is God, dwells in the animal or vegetable, it would be like a sponge absorbing and holding water.

Divine Science proclaims but one substance—Spirit, and therefore not a blending of two different substances. The animal, vegetable and spiritual substances are all one; so when a vegetable grows it is through

the unfoldment or expansion of the life which it is, not which it absorbs and holds.

Forms come and go, but there is no cessation of life anywhere. Every atom, whether visible or invisible, is still a vortex of energy. So, literally, there is no death. There is an end to the body as FORM when the event called death takes place, but never an end to the body substance, which is ever Spirit substance in whatever form or without form it may be.

"The immortal basis of Life is Soul; because Soul is God." "Spirit is God, Soul; and Soul, or Spirit, is not in man." The question of what is Soul and Living Soul we will leave for later discussion; but with the general proposition that the basis of Life is God there can be no question, for God is Life, and since God is omnipresent the only life there is anywhere is God-life. Whatever God is pervades and constitutes all there is, else God is not the only Reality.

"Human knowledge mistakes cause for effect, limits Life, holds fast to discord and death," declares Mrs. Eddy. Knowledge means knowing the truth. It is human or mental belief which makes these mistakes and obscures the true spiritual perception of Life and its Cause. But then even false thought on the part of man cannot limit Life, else God, who is Life, is not omnipotent. The only effect of man's false belief is to becloud his vision and therefore limit his own realization of the fullness of Life.

I confess that I do not understand Christian Science when it declares: "To say that Mind is in matter, or that matter is the medium of Mind, is no more rational than to say that a rock embraces an embryonic tree, and becomes the medium of the tree's development and individuality"—and then declares, "Matter is made up of forces, and force is reduced to Mind." If matter can be reduced to Mind or Spirit, it must be Mind- or Spirit-substance all the time, which is the rational view of Divine Science.

The whole question of Spirit lies in how you look at it; whether you see it through the colored goggles of sense or through the clear light of Truth. Things are to you as you mentally see them. Mrs. Eddy's view of matter is this mental or personal conception. "We all look on a corpse, not as a man, but simply as matter." No, there are many now who see that same corpse as pure spirit substance in the state of change or evolution, the life of which may reappear, as described by Paul, in other forms which shall "bear grain, it may chance of wheat, or of some other grain."

"There is no inertia in Mind's perpetual and harmonious action," for Mind is omni-action forever.

The Christian Science statement that "Mortal man can never rise from the temporal debris of error,—the belief in sin, sickness, and death,—until he learns that God is his only life," is one of the most vital truths given to humanity.

We fully concur in the method of transformation from mental belief to spiritual understanding: "All Science" (exact knowledge of Truth) "is divine. When humanity does understand this Science it will be the law of Life to man. The so-called laws of matter have never made mortals whole, harmonious, or immortal. Hence the importance of understanding that Science of Being which reveals Perfection." "If God be admitted as the only Mind and Life, there is left no room for sin and death." "The way is straight and narrow that leads to the understanding that God is Life. It is a warfare with the flesh, whereby we must conquer sin, sickness, and death, now or hereafter, but certainly before we can reach the good of Spirit, or Life, or God."

Demonstration comes through knowing and practicing the Truth. "For this is life eternal, to know thee the only true God!"

Let us quote again from Christian Science: "Mortals suppose they live without being good, when goodness, or God, is the only real life." "It is foolish to say that you doubt if there is a Divine Science in perfect harmony with God, its Principle (a Science which, understood and demonstrated, would destroy all discord), when you admit that God is omnipotent; for from this premise it follows that good and its sweet concords, have all power."

I bespeak the word of *Health* for those who have it not, even as I take off the garment of illness and put on the garment of perfect health.

I bespeak the word of *Peace* for those who have it not, even as I take off the garment of unrest and put on the garment of perfect peace.

I bespeak the word of *Joy* for those who have it not, even as I take off the garment of sorrow and put on the garment of perfect joy.

I bespeak the word of *Success* for those who have it not, even as I take off the garment of failure and put on the garment of perfect success.

I bespeak the word of *Wealth* for those who have it not, even as I take off the garment of poverty and put on the garment of perfect wealth.

I bespeak the word of *Love* for those who have it not, even as I take off the garment of doubt and put on the garment of perfect love.

I bespeak the word of *Hope* for those who have it not, even as I take off the garment of unbelief and put on the garment of perfect hope.

I bespeak the word of *Truth* for those who have it not, even as I take off the garment of error and put on the garment of perfect truth.

I bespeak the word of *Life* for those who have it not, even as I take off the garment of death and put on the garment of life eternal.—Margaret Le Grange.

Surely 'twas a glorious anthem
Sung in Bethlehem long ago,
And it echoes down the ages,
Gaining volume in its flow,
Until now we hear it ringing
On this brighter Christmas morn,
And in each pure heart 'tis singing,
"Unto ME the Christ is born!"

—Georgiana Nason.

THE LILT IN LIFE'S SONG

There is a lilt in Life's song when we listen for it.

Its wondrous cadences are for all whose ears are attuned to them.

The lilt is in the sighing of the wind; in the first rays of the sunrise as it comes peeping over the hills, bathing every object in rose-tints.

It is in the mist that floats around us at peep of day, when trees and shrubbery emerge lace-like from its billows and stand silhouetted like filigree against a background of gray.

It is in the spread of a bird's pinions as they sweep across the sky; in the spider's gossamer web swinging in the breeze, and in every flower that lifts its face to us.

It is in the silence of the woodlands when the leaves are drifting down through glints of light or through soft shadows; in the frost-touched scarlet vines and the tiny streamlet hurrying to join the great river.

It is in the noonday sun on busy streets where Life in its fullness finds active expression.

It is in the sunset, with its soft, amethyst tints and rich after-glow; in the quiet stars and the voices of the night.

It is in the Sand-Man time when we seek our pillow and a well-earned rest lulls us to sleep.

It is in our work when we love it and in every struggle that we overcome.

It is in everything we say, hear and do when we read Divinity in everything; when we realize that we are each and all of us a part in a great masterpiece creation in which it was never intended that there should be any discords nor incongruities.

The lilt is there if we will but listen for it.

If we do not find it, the fault lies within ourselves.

If we would have a lilt in Life's song we must put a lilt into it.

This is done by looking for "good in everything."

Life's song will have its lilt then.

—(Annie Miller Knapp.)

Daily Studies in Divine Science : Knowledge of Truth

These studies are designed for the busy man and woman who desire a daily thought for meditation which will expand their realization of the Good; which will make their daily duties the easier and more profitable, their mental attitude the more peaceful and responsive to Truth, their bodies the healthier and stronger, and their realization of supply and abundance of all Good the clearer and truer. Those who have leisure for more extended study, from a half hour to an hour daily, in looking up Bible and other references, the "Daily Studies in Divine Science," published monthly in a neat little booklet by the Colorado College of Divine Science, are recommended. The subscription is \$1.00 a year.)

DIVINE SCIENCE STATEMENT OF BEING

God is All there is, both invisible and visible.
One Presence, Knowledge and Power, is ALL.
This One that is ALL is Perfect Life, Intelligence and Substance.
Man is the Expression of God, and is ever One with this Perfect Life,
Intelligence and Substance.

THE LORD'S PRAYER

(In present tense.)

Our Father which art in heaven,
Hallowed is thy name.
Thy kingdom is come; thy will is done on earth as it is in heaven.
Thou givest us each day our daily bread.
Thou forgivest our debts as we forgive our debtors.
Thou leadest us not into temptation; but dost deliver us from all
evil.
For thine is the kingdom, the power, and the glory, forever and
ever. Amen.

BE-ATTITUDES OF THE DIVINE SCIENTIST

By "attitude" is meant one's inclination, disposition, tendency, feeling or mood toward anything. To "be" means to exist, to partake of reality, to be alive; to hold as right and true with respect to some condition, thing or idea.

Therefore to "be" in the right "attitude,"—that is, to have a desire for that which is right, good and true, and then enter into it as one with it,—brings into conscious realization that "Of His Fullness have all we received," and that we have just to the extent of our vision of that "Fullness" and our oneness with it.

This is a satisfying realization, giving the "peace which passeth all

understanding;" and this felicity is the blessedness, resulting from the right attitude and action, as given by Jesus in the eight or nine declarations in his Sermon on the Mount, called "The Beatitudes."

You will observe that Truth, to be effectively realized in your life, must not only be recognized and appreciated, but practiced, lived. Learn, therefore, not only to meditate upon and affirm the Truth for yourself and your affairs, but to put these meditations and affirmations into actual use. Try to believe that all the phases of good you desire are really so, then act out that belief. This constitutes Faith; and by Faith (the laying hold of and applying your highest conceptions of Good) are you saved—spiritually, mentally, and physically, and "all that thou hast."

JANUARY, 1916

SATURDAY

THE FIRST

Be still, and know that I am God.—Ps. 46:10.

Only when the personal belief is eliminated from thought can you really see and know the Source and Substance and Intelligence and Power and Life and Love, which is God. This you do by turning your thought from the seeming, from appearances, to the revelation of Truth within you.

AFFIRMATION: I am calm and poised, and nothing disturbs the harmony of my thought. God the Good is revealed unto me.

SUNDAY

THE SECOND

Be ye holy, for I am holy.—1 Peter 1:16.

Since God is your Source, you know that what God is He has implanted within you as His expression; for "like begets like." Since your Source is complete, perfect, whole and holy, so are you by divine right.

AFFIRMATION: I am the product of Perfection. As such I show forth perfection in my being, and in my thoughts, words and works.

MONDAY

THE THIRD

Be not wise in thine own eyes.—Prov. 3:7.

Men sometimes think that they are self-made; that is, they think that it was through their personal effort, wisdom and power that they have achieved success. This often gives rise to pride and arrogance, selfishness and bigotry. They make very disagreeable companions.

If you have prided yourself in your intellectual attainments, in your personal influence and social standing, turn from this thought of self and know that, after all, all the wisdom, influence and power you have is not of your own making, but is the gift of God unto all who will receive it. Then thank God for it, and use it "In His Name," not your own.

AFFIRMATION: My mentality is no longer the channel for personal belief. My understanding is enlightened by Truth, and Divine Mind thinks in me only good, pure, gentle, kind, helpful, healthful and loving thoughts.

TUESDAY

THE FOURTH

Be not conformed to this world.—Romans 12:2.

The "world" believes in an adversary to the Good, and therefore in

many adversities, not having been awakened to the truth of the Omnipresence. Its thought is called the "race-thought," and believes in sin, poverty, trouble, hatred, jealousy, disease and death; and as these conditions are believed in, they are mentally pictured and projected into the visible appearance, although they have neither life, substance nor power in fact.

In conforming to this world one accepts its beliefs, fears and superstitions. In not conforming to it, you purify your thoughts by accepting only that which is true—the good; for since God is All, only the Good is true.

AFFIRMATION: My thoughts are pure and wholesome, and therefore cannot be contaminated by the world's beliefs.

WEDNESDAY

THE FIFTH

Be ye reconciled to God.—2 Cor. 5:20.

Humanity has thought itself separate from God. It has depended upon itself for progress, health, success and happiness. And it has been ever a failure!

Individuals have now and then become aware that only in knowing and conforming to the Law and Order of the Universe, which is God, can these desires be realized. The church and nation everywhere are now awakening to this same Truth, and unifying in thought and faith with this Presence which is Itself the fulfillment and manifestation of Good in every shape and form. Thus the consciousness of unity with God is attained, and this is reconciliation.

AFFIRMATION: I have no life apart from God, and am now conscious of being forever one with all that God is.

THURSDAY

THE SIXTH

Be ye transformed by the renewing of your mind.—Rom. 12:2.

Your thoughts interpret your attitude. Things are to you as you think (mentally picture) them. If you are poor, it is because you have thought more about poverty than you have about opulence. If you seem to be getting old, your hair turning gray, and feel the need of eyeglasses, it is because you have been believing in the reality of such things. This is the world-thought. Be not conformed to it any longer, but—"Be ye transformed"—that is, be made anew. How? There is only one way: by the changing or renewing of your thought. Begin now to think of youthfulness, buoyancy, life, health, strength—and you will become the avenue for their expression.

AFFIRMATION: This day will I think only that which is good, true, pure, honest, lovely, perfect.

FRIDAY

THE SEVENTH

Be thou in the fear of the Lord all the day long.—Prov. 23:17.

The word translated "fear" in this instance does not mean to be afraid of God, our Father, but reverence, honor, obedience. It should be a constant attitude of thought to recognize and glorify the Source of all our blessings. This is praying without ceasing and in everything giving thanks and joyfully responding to every impulse of Good arising within us.

AFFIRMATION: I practice praising God for His wonderful goodness unto all. I honor, reverence and obey the Spirit of Truth in all that I think, say and do today.

SATURDAY

THE EIGHTH

Be of good cheer.—Acts 23:11.

There is no place in all God's universe for the pessimist. He is an abortive mentality, whose thought miasma beclouds the vision of only those who have a melancholy or depressed mental attitude. He is untrue to himself, to humanity, to nature and to God.

The optimist is one who is wide awake to the Truth of the Universe; therefore he is one with it, and the Universe is his rightful abode. He sees Law and Order, directed by Infinite Intelligence and harmonized by Love, manifest everywhere. He sees God the Good in everything and everything in God.

AFFIRMATION: Only the good is true. This day shall I rejoice and be glad for the good I see in everybody and everything and in every condition.

SUNDAY

THE NINTH

Be glad in the Lord.—Ps. 32:11.

A large outlook upon Life is inspiring, cheering. It sees plan and purpose evidenced everywhere. You may see this same plan and purpose in yourself. You will find that it is the very ground-work of your existence. When you recognize God as the essence or substance, the entirety of your being, you are freed from all your doubts, fears and limitations. You rejoice and are glad in the Lord (your highest conception of Truth) which has thus set you free.

AFFIRMATION: My heart is light and free in the joy of Truth, and I serve the Lord with gladness.

MONDAY

THE TENTH

Be content with such things as ye have.—Heb. 13:5.

This is the mental attitude which does not grumble or complain, and is free from anxiety, dissatisfaction and worry. It makes the best of what one has, instead of neglecting it by repining because he has no more. In no way does it retard one's progress, through desire for more and better things; indeed, it is a means of progress, for such mental ease and quietude become the open channel for fuller realization.

AFFIRMATION: I am not dissatisfied, anxious or agitated over what I do not possess, but appreciate and enjoy that which I now have. I make the best of everything.

TUESDAY

THE ELEVENTH

Be careful for nothing.—Phil. 4:6.

Nothing is more plainly taught by Jesus the Christ than carefulness; that is, due diligence should be given everything you do, that it may be done "decently and in order." It is the wrong attitude of anxiety which you should eliminate. Be not over-anxious about anything; for anxiety is a binding, agitating and depressing mental influence, which beclouds your vision of harmony, peace and satisfaction.

AFFIRMATION: I do not permit myself to worry or be anxious. I know everything is under Divine Law, and will work out all right. My part is to willingly and gladly co-operate with that Law.

WEDNESDAY

THE TWELFTH

Be ye merciful, as your Father is merciful.—Luke 6:36.

To be compassionate, gentle, kind and loving, one must feel his

unity with all. Hence, you learn to treat people and animals alike with consideration, since all are expressions of the same Presence.

AFFIRMATION: I practice showing my unity with everything by being kind, loving and helpful.

THURSDAY

THE THIRTEENTH

Be not overcome of evil.—Rom. 12:21.

Since God is All, there can be no place for evil in all the universe. It is man's false conclusion arising from his belief in some presence and power adverse to the good. When the so-called evil is analyzed and understood, it is seen to be the accurate working of Law. The only power evil possesses is the power attributed to it in one's thought.

AFFIRMATION: Since I accept the Omnipresence without any reserve, I give no place nor power to any belief in evil.

FRIDAY

THE FOURTEENTH

Be not righteous overmuch.—Eccl. 7:16.

Your righteousness should be true living, the result of true thought and realization of Truth. To prate about how great and good and holy one is, is evidence that his righteousness is largely pretense. The right attitude is to BE and not seem. Stop making a show of your religion: live quietly and sincerely a Christian life, and no words of yours will be necessary in order that people may know it.

AFFIRMATION: I will be natural and true in all that I do this day. I do not fluctuate, but am temperate in all things.

SATURDAY

THE FIFTEENTH

Be not afraid of sudden fear.—Prov. 3:25.

Fear is the product of thought of separateness and apartness, giving the sense of loneliness and insecurity. Fear, in any form or degree, is senseless; there is nothing in all the world, visible or invisible, of which to be afraid, since God the Good is the only Reality and is everywhere. When a fear-thought is indulged, being without reason or cause, it makes one apprehensive, nervous, anxious, depressed, in expecting and being afraid that he may be frightened over something that may "happen" suddenly. Conscious unity with the Good, which is Love, casts out all fear.

AFFIRMATION: I am one with God, and am surrounded and filled with Love; therefore I live in the consciousness of peace and security, and have nothing to fear.

SUNDAY

THE SIXTEENTH

Be sober.—1 Peter 5:8.

This is the attitude of poise, balance, stability, temperance. To be in control of your thoughts means that you do not run to extremes; that you are always calm, serene and masterful in all conditions and circumstances. This comes into realization only through conscious unity with the Omnipresence.

AFFIRMATION: I am not disturbed by trifles, neither am I unduly excited nor depressed. I am poised in the Spirit.

MONDAY

THE SEVENTEENTH

Be watchful.—Rev. 3:2.

Alertness, watchfulness, demands the activity of your mental faculties in looking for and expecting the good. The more of good you see,

the less room will there be in your thought for evil. Learn to concentrate upon that which is pleasing, harmonious and satisfying; look for it everywhere, in everything.

AFFIRMATION: This day I shall keep a watch over my thoughts that they may be wholly true and good.

TUESDAY

THE EIGHTEENTH

Be zealous.—Rev. 3:19.

Take a live interest in everything you do. Give zest to everything you do. In other words, put **YOURSELF** into everything you do. This is the only way to make anything worth while. Be conscientious, be enthusiastic, fully alive, be zealous; and your attitude will change your daily "duties" into joyous "opportunities."

AFFIRMATION: Whatever I find to do, I do "heartily, as unto the Lord."

WEDNESDAY

THE NINETEENTH

Be ye all of one mind.—1 Peter 3:8.

The truth is, there is but One Mind, and we all are necessarily partakers of it. But we have thought that our beliefs and opinions are the product of our individual minds. There are none such. Fear, doubt, envy, hatred, sickness, etc., are not the effect or product of Mind; they are false mental conceptions of belief. Then awake to the One Perfect Mind, and let its true thoughts take the place of beliefs in your mentality.

AFFIRMATION: I have the Truth-enlightened Mind of Christ. Whatever the seeming, I see only Good in it.

THURSDAY

THE TWENTIETH

Be of the same mind one toward another.—Rom. 12:16.

When you are conscious of being one with the Perfect Mind, it will show forth in your thoughts and actions toward others. You will be neither superior nor inferior to them, for in this Mind all are one. Whatever quality of goodness you claim for yourself you will then accord another, and thus true unity is realized.

AFFIRMATION: I am glad that the same Good is expressed in you as it is in me, and that we all are the children of God.

FRIDAY

THE TWENTY-FIRST

Be at peace among yourselves.—1 Thess. 5:13.

There can be no division or discussion when we drop personal thought and partake of the One Perfect Mind, letting it illumine us with its peace and harmony. Each one is unfolding in Truth, and his highest conception is the Truth to him. The true Divine Scientist, therefore, does not antagonize anyone's perception of Truth, but co-operates with it, that the Truth may be glorified.

AFFIRMATION: I do not quibble over non-essentials. I am one with the Good in everybody, and everything, and therefore live peaceably with all.

SATURDAY

THE TWENTY-SECOND

Be ye kind one to another.—Eph. 4:32.

The realization of unity prompts only deeds of kindness, never returning evil for evil. It counts but little what others think and say of

you, but it is of the utmost importance to you what you think and say of others; for actions are but the pictures of your thoughts. "It is in loving, not in being loved, the heart is blest."

AFFIRMATION: Since we are all members one of another, what I do unto others I do unto myself: therefore, I shall be true, loving, kind and helpful to all.

SUNDAY

THE TWENTY-THIRD

Be ye doers of the Word.—James 1:22.

The value of anything is its power to accomplish. We are worth while to ourselves and to the world only as we DO something worth while. To realize Life, Love, Peace, Health, Prosperity and Joy, you must practice the Presence of God in which these things are in fullness. You will never know Life until you practice true living. You will never know Love until you consciously make your unity with the Good. In doing, you prove a thing; and through proving it you attain realization.

AFFIRMATION: This day I shall honestly try to live and practice every thought of Truth which comes to me.

MONDAY

THE TWENTY-FOURTH

Be courteous.—1 Peter 3:8.

To be courteous is an evidence of culture and refinement, and these are the product of practicing the qualities of our Divine Nature. It means to be civil to all, showing respect, politeness, and honor; and is the mark of the true Divine Scientist.

AFFIRMATION: I shall not forget to say "Please" and "Thank you." I shall be respectful, polite and courteous to all.

TUESDAY

THE TWENTY-FIFTH

Be teachers of good things.—Titus 2:3.

Do not talk about sin, sickness and poverty at all. Take the attitude of teacher, showing "a more excellent way"—the way to keep good, well and opulent by thinking good, healthy and successful thoughts. You cannot teach good things unless you yourself think and practice them. And remember you teach more by example than you do by precept.

AFFIRMATION: I let my light shine that it may illumine the path of others.

WEDNESDAY

THE TWENTY-SIXTH

Be instant in season and out of season.—2 Tim. 4:2.

There is value in always being ready to serve. The public utility corporations realize this and charge you for it. What is of greater value, to yourself and to the world, than being found ever loyal, faithful and true to your profession? In times of stress, in times of trouble, bad weather and conditions, then is the opportunity for you to develop and train yourself in loyalty and perseverance.

AFFIRMATION: I give myself unreservedly to the service of the Truth, and hold myself in readiness to serve "in season and out of season." I therefore have no idle moments.

THURSDAY

THE TWENTY-SE

Be not weary in well doing.—2 Thess. 3:13.

What if your efforts are unrecognized by others? What if others

become envious of your good works, and attempt to deprive some of their helpfulness? Are you working for the praise of man? If so, be careful. It is an empty bubble! No, you are serving Truth, and in time, if you are faithful, that same Truth will free even them from the bondage of personality. God is your Source, and in this Infinite Storehouse of Good you will find a full sufficiency upon which to ever draw.

AFFIRMATION: The inspiration of the Almighty not only illumines but strengthens me, and keeps me steadfast in living faith and good works.

FRIDAY

THE TWENTY-EIGHTH

Be ye mindful always of his covenant.—1 Chron. 16:15.

Keep constantly in thought, until it becomes a living realization, that you are one with your Source; that God is ever faithful, and as you are loyal to Truth you make the agreement—the at-one-ment—effective, and consciously partake of and manifest all the qualities of the Divine Nature.

AFFIRMATION: Since "He is faithful that promised," I shall be faithful in doing my part, that the whole Truth may be realized.

SATURDAY

THE TWENTY-NINTH

Be ye thankful.—Col. 3:15.

Appreciation, thankfulness and praise constitute the avenue through which you enter into realization of any and all good. Be thankful to what? To the Source of blessedness which is itself the very substance of the good. For what? For the degree of realization you have of the good in every way. This expands your capacity to perceive and enjoy more.

AFFIRMATION: This day I enumerate my blessings, and behold, I find them beyond number. I therefore rejoice and give thanks unto the Giver of all good gifts.

SUNDAY

THE THIRTIETH

Be strong in the Lord.—Eph. 6:10.

By turning to the Indwelling Power you will find a "very present help in trouble," and thus be revived and strengthened. By meditating upon the realities of Being, you will be revealed to yourself as the expression of these realities. By spiritual thinking are you inspired, illumined and made a power for good.

AFFIRMATION: I am poised, confident, strong, through the realization that it is not I, but the Father within me that doeth the works.

MONDAY

THE THIRTY-FIRST

Be steadfast, unmovable.—1 Cor. 15:58.

Having attained the realization of the felicity of co-operation with God through the right attitude, you now are firmly fixed, steadfast, immovable in the practice of Truth, and go on "from glory to glory, even as by the Spirit of the Lord."

AFFIRMATION: I am resolved henceforth to be faithful to my highest vision of Truth, and no event, circumstance nor condition shall swerve me from this purpose.

THE UNITY OF LIFE

By ALICE V. DAVIS



ONE IS THE NUMBER OF UNITY. There can be but one all. This all in all is God, and God manifest. God, being Infinite, there can be no finite. The Invisible and the Visible are One. The formless and the form are One. The soundless and the sound are One. I and my Father are One. God is Spirit, Love, Life, Truth, Substance, Soul and Intelligence, ALL of Knowledge, ALL of Power, ALL of Presence. Man is created in God's own Image and Likeness, and, as "like produces like," Man is Spirit, Love, Life, Truth, Substance, Soul and Intelligence, all knowledge, all power. The presence of God. The exact image and likeness of God, co-eternal, co-equal with God. As God alone is, it is God (Omnipresence) who is manifested in an ever-present creation. There is One Spirit and One Body.

We are inseparable. There is but One, and this One is all humanity. Since there is but One Creator, one Power brings forth all form, since all creative action is the action of the One Perfect Mind, which brings forth its own perfect substance, according to its own perfect idea. It follows that all substance is eternally perfect. The Creator in His own Creation creating unto Himself. The body is God incarnate. It is God come forth within Himself and of Himself. The Creator in His own Creation, creating unto Himself. This makes birth divine. We are all immaculately conceived. The Truth of God is the Truth of man. We live in a universe of perfect form. All creation is the body of God, and is perfect NOW. The spoken word is needed only for your own individual unfoldment, until you realize this Perfection, and know that Spirit, Soul and Body are One.

Omnipresence — all presence; Omnipotence — all power; Omniscience—all knowing; Omniaction—all activity. This Presence fills the universe: it blooms in the rose, it sings in the bird, it babbles in the brook, it buzzes in the bee, and speaks through man, the noblest work of God. It is all there is in all there is. It is the fullness that filleth all. "Do I not fill heaven and earth? saith the Lord." (Your consciousness and your body).

The attributes of this Presence are Life, Joy, Peace, Patience, and when expressed (or pressed out from within) as Love, it unites all creation as One, and Life is one grand symphony of Praise. Love is the fulfilling (or the filling full) of the whole Law. "God is Love and by Law he loves us." God is Law, and by Love he rules us. We are a Law unto ourselves, by our thinking, speaking—and Being, when we recognize the Truth, and let God think and speak through us, and the loving deed is sure to follow.

In this Love Presence, we all dwell NOW. We are immersed in an Ocean of Love, in an ocean of Conscious Unity. Constant, daily recognition, or praying without ceasing, will bring us to the Realization, the direct gift of God, and we will see all creation as one united whole (the Omnipresence).

I, Being, am Cause and Effect. I create my own Creation, for I am the Cause and the Effect which follows. We can all say, "I am the Tree of Life. I am rooted in God; my thoughts are the branches, my leaves are the spoken words, and the leaves of this tree of Life are for the healing of the nations." When we speak the word with understanding, and realize there is but One Voice, the Voice of God, we know that God has spoken, and wholeness (holiness) manifests itself.

As in the science of numbers, there is but one principle underlying all examples, so in Divine Science, or Higher Thought, there is but one Being, or Holy Spirit, underlying the Infinite variety of forms expressed. "I in Thee and Thou in me"—The Son in the bosom of the Father, baptized with the Holy Ghost (the consciousness of Truth) or the realization of One-ness. This is the trinity in Unity. There is but One Body, One Substance. All form is One, All Substance is One. All is God and God manifest.

We partake of Holy Communion daily as we eat (realize and appropriate) of His Substance. We are living in Eternity NOW. We are Immortal NOW. We are the Sunlight of His Presence NOW. We are filled with His glory NOW. We are perfect, even as our Father within us is perfect. Now in our flesh do we see God. We are the spoken words of God, and the word became flesh and dwells among us. We are here to glorify God in our bodies—His Temple, not made with hands, but eternal in the heavens (consciousness).

Like the Prodigal Son, many have strayed away from their Father's home, and are feeding on husks, trying to do for themselves, thinking that all happiness is gained outside of themselves; but in time they find they are like barks floating on the sea and having no anchorage. Jesus said, "The Prince of the world cometh, and I must go to my Father." When we are tired of trying, we return to our Father's home. We enter the closest and close the door. We enter into consciousness and commune with the Father within, and the Spirit of Love rewards us openly. "Straight is the way and narrow is the path, and few there be who find it." This path is the Path of Peace and Joy and Health and Love within ourselves. It is the recognition of an indwelling God, and the God within who heareth us rewards us openly. We are then in Conscious Unity with Our Father. How does He reward us? By giving us the Realization of Unity (Conscious Love), and filling our mentality with His knowledge.

God is Our Comforter, Counsellor, Physician, Savior and Redeemer. There is One Shepherd and one fold. We are all members, one of another. One blood flows through all nations. We are all brothers and

sisters in the Truth; One family, One Father. We are all enfolded in His Love, and the "Light that lighteth every man that cometh into this world" is the divine spark of the Christ within. All will sometime know their Unity with God, for "Every knee must bow and every tongue must confess" that "I am God, and beside me there is none other."

To Be is greater than to become. To act is in the present. Now, Today, is the time to Be and to Do and to reap the result, or fruit of the Spirit. Be Love, Be Joy, Be Peace, Be all that God is. Be the Angel of His Presence, and help others to find the Kingdom of Heaven within themselves. When all realize their Unity with the Omnipresence, the lion and the lamb will lie down together, and the desert will blossom as the rose, and there will be no more sorrow or crying, for God will wipe away all tears, and all will be new. A new creation, one united family, all in Conscious Unity, expressing Love.

As nothing ever happens, since all is according to Divine Law and Order, through Law and Order our country was named United States. When we all realize the Omnipresence, we may say, United States of Consciousness. All in Conscious Unity—Love. The Millennium is here NOW, for the all Presence of God is here (the Omnipresence). Listen to our Declaration of Independence. ALL men are created equal, and are endowed by their Creator with certain inalienable rights, among them, Life, Liberty and the pursuit of Happiness. We are living in a world of freedom, so why not claim our birthright, and realize that the law of the Spirit of Life, through Christ Jesus, hath freed us from the Law of sin and death? Not will free us, but hath freed us. Praise and give thanks to the great Universal Presence. Let us rejoice and be exceeding glad. Let us resolve to live on the mountain top of United Consciousness, and see only the Omnipresence. Should our thoughts descend to the valley, or even the foot-hills, listen to the Voice within your own soul saying, "Come up, ascend unto me, and I will give you rest."

Love (Conscious Unity) is greater than Faith or Hope, for Love is perfect consciousness, which has passed beyond hope, and Consciousness gives possession. We do not desire for that which we are conscious of possessing. We do not hope for that which we already possess. Love has realized the full possession. All receive alike, for each and all have received all. God is no respecter of persons. "Perfect Love casts out all fear," for Perfect Love is perfect Consciousness of Omnipresence right here NOW. Since Love is all in all, we cannot be anything else but Love. So why not give up all false beliefs and opinions, all creeds, all condemnation, and judge according to appearances, but judge righteous judgment. Recognize Christ or divinity only. Jesus, the Christ, always judged from the standpoint of Wholeness (Holiness).

Obey Truth, which is seen through the consciousness of God's allness, and "Ye shall know the Truth and the Truth shall make you free." The Truth will free you from all false opinions and beliefs, from all fear and worry, all sickness, hatred, doubt, and dissatisfaction. The Truth will give you the realization that Spirit, Soul and Body are One; the

outer will become as the inner, and the whole body will be filled with Light, for when the eye is single to the Truth, the whole body is filled with Light. We will then know the day-star has arisen in our hearts. The Sun shall be no more thy Light, but the Omnipresence shall be an everlasting Light. May we all realize our Unity, and let our light so shine that all men will see our good works, and know also their Unity with "our" Father. By the light of Truth within, we see all things perfect. There is a light that lighteth every man that cometh into this world,—the Light of the Christ within. Many look for the coming of Christ. How will he come?

"How will Christ come back again?
How will he be seen, and when?
Where His chosen way?
Will he come at dead of night?
Shining in His robes of light,
Or at dawn of day?

"Will it be at Christmas time,
When the bells are all a-chime,
That He is reborn?
Or will he return and bring
Wide and wondrous wakening
On some Easter morn?

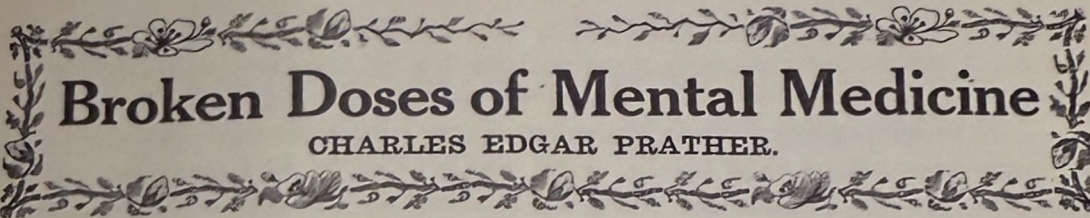
"List to the answer: CHRIST IS HERE!
Seek and you shall find Him near
Dwelling on the earth.
By the world's awakened thought,
This great miracle is wrought—
This, the second birth.

"While you wonder where and how
Christ shall come, behold Him now!
Patient, loving, meek,
Looking from your neighbor's eyes,
Or in humble toiler's guise,
Lo! the Christ you seek.

"Search for Him in human hearts,
In the shops and in the marts,
And beside your hearth;
Search and speak the watchword 'Love,'
And the Christ shall rise and prove
He has come to earth."

Yes! This Presence is Here, and is Love, Joy, Peace, Health, Wealth, All-Good, only waiting our recognition. Begin today and feel this wonderful Presence of Love and Life within yourself, and unite all in Consciousness in this Love from the least to the greatest. Then there will be One United Family, living in Conscious Unity (Love).

There is no barrenness of Love,
Or straving heart that cries in strife,
To him who knows that Life is Love,
And Love is Universal Life.



Broken Doses of Mental Medicine

CHARLES EDGAR PRATHER.

Denials have no place in the language of Truth. Truth is positive. That which seems not good, unlike God, including all beliefs in error, sin, sickness, poverty, enmity, etc., possesses only such power as is attributed to it by personal thought. None of these things are real; then why waste time in mentally picturing them, which must necessarily be done in order to deny their reality.

No, there is "a more excellent way." Turn your thought to the Good, the True, the Perfect—to God. Then your thoughts will be God-power operating in and through you, and revealing unto you the full realization of the Wholeness or Allness of God, of which you are the perfect manifestation.

The mentality is the realm of personal thought, which pictures all the ills of humanity. True Mind, being perfect, thinks only Perfection, the truth of all. Therefore, in the mentality we find the only place for healing. It is by changing our thoughts from false beliefs to a knowledge of the Truth that we realize our eternal state of perfect health and peace.

FOR BELIEF IN COLDS, LA GRIPPE, ETC.

Spirit is Perfect Substance. This Substance is God-Substance, since God is Spirit. That which God is, is Perfect in its Substance. My spiritual eyes are now open to see but One Substance. I now recognize my body as this Substance made visible. It is God-Substance. Since God is Perfect, I see the Substance of my body as perfect. I do not regard the appearance or seeming, for I know that "that which is born of Spirit is Spirit."

God-Life, the Only Life, now actuates and invigorates Its own Substance—my body. I mentally see my body vibrant with Perfect Life, and feel its glow of health and strength. The Love of God soothes and harmonizes my thought, and I therefore see and feel the sweet peace of Love in every atom of my being.

Since colds are an evidence of an agitated attitude of thought, I now mentally let go of everything which inclines to irritation, and calm my thought by meditating upon the all-inclusive harmonizing influence of Divine Love within me, and behold, I find that my body is full of peace, harmony and strength. I thank God the One Power for this sweet realization.

FOR BELIEF IN TUBERCULOSIS

There is but One Substance—God. This substance is pure and undefiled. My belief about Substance can not and does not change its

real nature. My belief in corruptible and perishable substance has only hid from my vision the perfection and purity of the One and Only Substance.

I now affirm my belief in the wholeness and eternal perfection of all Substance, since God is the only reality visible and invisible. I affirm the purity, soundness, order and harmony of the Substance now expressed as my body. I will continue to think and affirm this wholeness until the Truth frees me from all my false conceptions of impurity, disorder and corruption.

Life fills every cell of my body with its invigorating, healing and constructive power. Love is a consuming fire, and is now burning up every sense belief in anything opposite to the Good. The Infinite Power which created my body, sustains, nourishes and protects it. Every organ is the conscious avenue of Perfection, and is now perfectly expressing that Perfection.

My thought sees only Living, Loving, Perfect, Harmonious Divine Substance expressing itself as body—my body. I am whole, I am Complete, I am Health.

MY TASK

By Maude Louise Ray.

To love some one dearly ev'ry day,
 To help a wand'ring child to find his way,
 To ponder o'er a noble thought, and pray,
 And smile when evening falls.
 This is my task.

To follow Truth as blind men long for light,
 To do my best from dawn of day till night,
 To keep my heart fit for His holy sight,
 And answer when He calls.
 This is my task.

THE UNIVERSITY OF CHRIST

Mrs. Annie Rix Militz, editor of "Master Mind," and herself a Master Soul, has founded—what? A petty institution? No, a University!—The University of Christ, the principal work of which will be to equip whole-hearted and devoted teachers and healers, who will go forth into the world in the Christ-spirit, healing and teaching freely, and having no fixed charge for any part of the divine work. There will be no diplomas or certificates issued, the only real authority and backing being the Holy Spirit within and the work and life interest without.

The school opens January 2d, at Blanchard Symphony Hall, Los Angeles, in a consecration service. Full particulars may be had by writing Mrs. Militz, Box 304, Sierra Madre, Cal. May the Lord bless and prosper.

OUR PUBLIC SCHOOLS

A STUDY OF MENTAL ATTITUDE

By AUGUSTUS MANN

The very spring and root of honesty and virtue lie in the felicity of lighting on good education.—Plutarch.



THE SO-CALLED SCIENTIFIC investigations and tests for dull and deficient pupils, defective sight and hearing, and other weaknesses in the children of our schools, are based upon a fundamental error, so palpable in the light of modern psychology and metaphysics, that it seems hardly credible, certainly not at all creditable, that men of science and men of letters should overlook it. The scientific examinations are about as unscientific as could well be proposed. The glaring mistake that is made is that they are confined chiefly to externals. Instead of probing for the mental causes which require metaphysical treatment, this work is a study of physical effects only, as a basis for administering material and mechanical appliances and remedies.

This frequently but adds to the mischief, the children of the entire school eagerly talking about their possible defects, the worst afflicted being generally the hero in this new branch of kindergarten pathology; and all these young minds developing in the atmosphere of a school life where the thought is oftenest that of danger rather than safety, defect rather than perfection, discord rather than harmony, disease rather than health. The effect is inevitable, because all this is a part of the child's education, while its mind is "Wax to receive, and marble to retain," these early impressions.

In the mental realm we are quite apt to find and express that for which we search, which has a fascinating interest for us in others, or which perchance we fear or expect will be manifested in ourselves. Especially is this true in the susceptible period of childhood, and it accounts for the rapid spread of "children's diseases." The thought atmosphere of a whole neighborhood is frequently tainted in this manner, and parents often join their children in talking unwisely about the details of sickness; thus, through the worry thought and its expression, charging their mental environment with the very epidemic or contagion which they fear. Few parents understand that to avoid the dreaded conditions is simply a matter of mental attitude. Else they would have no fear or dread, and would know how to instruct their children to render themselves immune to these ailments.

A striking illustration of this bondage of fear has been seen almost daily by the author in the elevated and suburban trains of our large cities, where the arrangement of seats has led one lady to ask another, "Can you ride backwards?" The very question shows what is the prevailing doubt or fear, and many answer that they cannot. Children are

now catching the conception (false thoughts being more "catching" than diseases) and an increasing number are claiming also that they are made sick by riding backward; but they can skip the rope, whirl in the merry-go-round, and swing indefinitely with the forward and backward motion. It is a matter of belief, except in extreme cases of over-indulgence. Then nature will protest, as she always does when her rights are trampled upon.

Oh, the tyranny of fear, born of a false theory! When shall we learn to keep our minds from riding backward, and hold them straight forward, "pressing toward the mark of our high calling," and keeping them on the alert to exercise their native power and dominion over these petty conditions? It is merely a question of spiritual consciousness and mental attitude, and the time for realizing it rests with us.

How different the result, how inestimable the benefit, if the man of spiritual understanding and scientific insight could go into the school-room, and teach the teacher and pupils alike, that they are not the creatures of distorted vision, defective hearing, disordered nerves, and all the long train of evils feared, expected and looked for; but rather children of the light, of the new dawn, spiritual beings of God's perfect handiwork, born to hold dominion over these errors and evils of time and sense! The day approaches when all our public teachers will be required to understand these things, and it will mean a marvelous transformation in our educational methods and results. Happy shall that school life be which can come under these benign influences.

Is this visionary and Utopian? Not at all. It is our birthright. It is written among the things to be, when the human conception shall rise to the occasion; and upon us depends the time of its appearing. But our ears are now dull and our eyes are holden, that we do not yet hear and see. It is purely a matter of being made free in the mental attitude.

Another phase of our school problem of prime importance is seen in the fact that in the year of grace, 1906, it was considered a debatable question whether corporal punishment, as a corrective for the offender and a warning to the unruly, should again be practiced in the school-room. That the affirmative was supported in serious argument by prominent schoolmen, before the educational conference at the St. Louis world's fair, is a striking commentary on the cast of mind, the trend of thought, in some able educators.

It is an argument in favor of a material, external remedy, for a deep-seated, internal trouble; for physical treatment of a purely mental condition. What becomes of the moral science and mental philosophy of these educators in the solution of such a question? Is it one of physics and dynamics, or is it rather a profound problem in psychology and the reaching of hidden spiritual springs of action, to which our leading educators ought now to be fully equal?

Can these leaders in the science of education afford to impeach themselves by proposing this as a moot question before a thinking public? Do we understand at all the philosophy of mental influence? And,

even if it be thought necessary sometimes to impose an arbitrary penalty on a refractory pupil, is it possible that in our day nothing more fitting can be thought of than the sting of the whip or the ruler?

And again, is it not strange that these educators seem so unconscious that we live in an age of scientific demonstration in the realm of mind, where it is possible to use the divine gift of suggestive psychology, to bring the thought of a pupil into harmony with his environment of study, and the general atmosphere of mental unfoldment? Who, more than teachers in our schools, should we expect to find alive to these truths in Christian metaphysics, and to be conscious of their God-bestowed gifts, coming to each as a priceless heritage in his awakened spiritual nature?

What would your neighbors think if you put your right arm strong and well into a sling, and carried it around as though crippled? But that is what the world's people are doing with their mentality; going through life with the "dome of thought" practically suspended and helpless, in the sling of their doubts and dullness regarding spiritual things. Among those who do this are unfortunately large numbers of our teachers and preachers, as well as other recognized leaders of thought and men of letters. And even while this is true, each of us has not only the primal endowment of spiritual intuition, but also some active spiritual intellection, through which we may come into conscious possession of our royal inheritance direct from Infinite Mind, and in which we may then exercise the divine power of realizing harmony, success and health, in the rounded life of moral, mental and physical completeness.

The time shortly will come when the instructor in our schools and colleges will accept this divine gift in its fullness, and our educational methods will be placed upon a spiritually scientific basis. In that near day it will be a simple problem for the teacher to meet any seeming mental dullness, moral obtuseness or physical ailment of a pupil, and have an immediate demonstration, in some measure at least, of success right in the schoolroom. And especially will this be made effective when the individual pupil can be taken aside, and given a few helpful words and wholesome thoughts on this new basis.

It will be particularly impressive also to the whole school to see this new mental attitude on the part of teachers toward those they are instructing; and it is not too much to say that it is destined to change the entire atmosphere of our school system. If some parents shall at first be prejudiced against this new influence, because ignorant that it is a wholly beneficent one for their children, this prejudice will give place to gratitude when they learn that there is no teaching of any religious sect, creed or cult in it; but only the new application of a philosophy in psychology and metaphysics that has come to deliver our children out of the old bondage into a broader liberty and learning than we have ever known, through a truly scientific method.

In what has here been suggested the teacher can hardly fail to see the high standard which the future will require in his profession; and

the woman teacher will more readily respond than the man, because of her deeper intuitions and greater spiritual insight.

Those who have allowed their spiritual natures to remain dormant will have to arouse themselves to the higher privilege that is before them. They must learn that a new force has come into our educational system; and not the least of its benefits will be the expansion of their own spiritually intellectual powers, as an evidence that they are entering into their birthright of the larger and more abundant life.

SUNDAY SCHOOL LESSONS FOR JANUARY

January 2d, The Ascending Lord. Acts 1:1-14.

Golden Text—"When he ascended up on high, he led captivity captive, and gave gifts unto men."—Eph. 4:8.

January 9th, The Coming of the Holy Spirit. Acts 2:1-13.

Golden Text—"Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?"—1 Cor. 3:16.

January 16th, Peter's Sermon at Pentacost. Acts 2:14-27.

Golden Text—"Whosoever shall call upon the name of the Lord shall be saved."—Acts 2:21.

January 23d, The Spirit of Life. Romans 8:12-30.

Golden Text—"As many as are led by the Spirit of God, they are the sons of God."—Rom. 8:14.

January 30th, The Lame Man Leaping. Acts 3:1-12.

Golden Text—"Peter said, Silver and gold have I none; but such as I have give I thee: In the name of Jesus Christ of Nazareth rise up and walk."—Acts 3:6.

THINKING ONESELF WELL

Starting out with the old adage, "We are only what we think we are," every influence should be made use of to make us think we are well. And whoever greets another should do it in recognition of that truth, and make him think he is well. It is unhygienic, impolite and ungracious for one person to tell another that he is not looking well. And it is quite as bad for a person to tell another of his sick experiences, of his surgical operations, of his insomnia, indigestion and rheumatic pains. All these things make the world look blue, when it should be the mission of everybody to make the world look bright. Half of the sorrow and injustice of this world can be traced to the habit of looking on the dark side of things, of aligning the thoughts with the misery of things. The Bible says: "A merry heart doeth good like a medicine; but a broken spirit drieth the bones." **THERE IS MORE TRUE REMEDY IN THAT VERSE THAN IN A WHOLE WHOLESALE DRUG STORE.** When the doctor comes in and gives us ipecac or calomel, we take it, trusting more to his gentle smile and kind words than to the drug.—Columbus Medical Journal.

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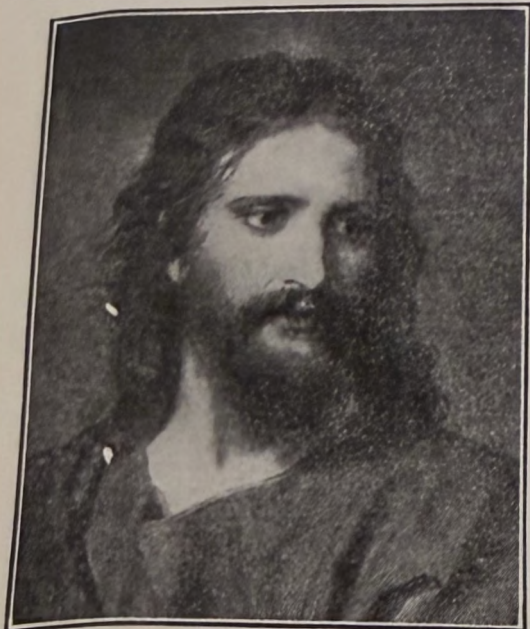
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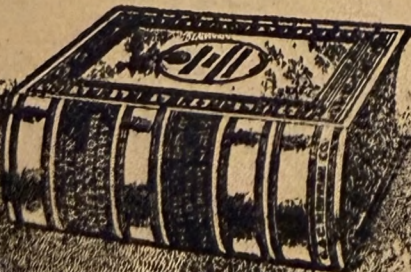
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