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☞ "The Power of the Highest shall
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CHARLES EDGAR PRATHER, Ph.D., Editor.

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Primary Lessons in Divine Science

CHARLES EDGAR PRATHER.

Lesson 10. THE POWER OF THE WORD



ALL ARE FAMILIAR with the statement, "A word is the sign of an Idea." But what is an Idea? Words are used so loosely nowadays that it is well for us to pause and see what a word really means before we employ it. Divine

Science lays much emphasis upon the right word in the right place. It does not use "belief" and "faith" as synonyms; nor "idea" and "thought." It uses "Consciousness" only in reference to knowledge of Truth, as the word means "Knowing with God;" and can not, therefore, be applied to personal conceptions, opinions, and beliefs—such as "sense consciousness," "consciousness of sin, pain, sickness, etc."

To be "conscious" means to be aware—to KNOW—that which really is, and that is TRUTH or GOD. You may believe—that is, mentally imagine in your personal thought, all sorts of ills, and because you thus mentally see them, they seem real to you. But these mental pictures are only your interpretations, or rather, misinterpretations, of facts; for since God is the only Reality, invisible and visible, and since God is the OMNIPRESENCE, the One and Only Presence, Life, Intelligence and Substance—everywhere, then everything not Good must of necessity be the outpicturing of mental beliefs, fears, superstition, "vain imaginings"—in a word, "mental delusions."

Facts, conditions, appearances, are to you according to your interpretation or thought of them. This is the truth perceived by Paul when he declared, "I am persuaded that there is nothing unclean of itself; but to him that esteemeth (thinks or interprets) a thing to be unclean, to him it is unclean."

How important, then, to learn to LET the One Perfect MIND think in us and act through us as our very selves; letting Truth reveal in us only that which is Real and True; for, as said Joseph, "Do not interpretations belong to God?" That is, only through Divine Wisdom, that inner illumination of Spirit called Intuition or Inspiration, are you enabled to perceive and know the Truth of anything.

An Idea being the essence of true seeing (the word Idea being derived from a Greek word meaning "to see"), is an inner conception of any perfection, any fact, any reality, any truth.

As such, it becomes both a true image and an archetype, or the original pattern and model; a real likeness or representation, and the embodiment of the essential nature or character of Being, God or Truth.

The metaphysician, Martineau, says: "Ideas, in their pre-existence, are the archetypes of created things; in their embodiment are the essences of things; and in their relation to us are what we know of things."

Since Cause must itself constitute the Effect, we see that the true Word is no longer only a sign of an Idea, but is itself the Idea. MIND—the Source; THOUGHT—the activity of Mind; WORD—the Result or Effect of Mind; not different things, but all One—and that one God.

Thus you understand the mystery of John's statement: "In the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by him; and without him was not anything made that was made."

Infinite, Perfect Mind, through its own activity, Thought, expresses itself as Word or Body.

Divine Mind, then, is the only Creator. Man does not—can not—create anything through his thought. The mission of individual thought is to correctly see and thus to correctly interpret the Truth of the universe, which includes man himself.

This is the revelation of Truth as taught by Divine Science: All substance is Spirit, therefore perfect. You do not remake nor rebuild

your body through thought. You do not create health through right thinking, nor disease through wrong thinking. You do not make success and happiness nor their opposites by thought. Personal thought is but an interpreter. As you mentally picture, think, so you see or interpret. Think thoughts of anger, your words will be of anger, and unpleasant results will follow; and you see your own thought-image in every direction you turn. Think thoughts of love, followed by words and deeds of love, and harmony prevails; and love will fill your vision.

Your thought or word does not make either condition. In the former attitude it obscures, beclouds, and misinterprets the true nature of your Being; while in the latter case it clarifies, purifies and correctly interprets the Reality of yourself, which was always there but unrecognized.

Your "state of health," your circumstances, your environment, the degree of your success, and all outer conditions, are but evidences of the degree of your spiritual understanding, and readily indicate the manner of your interpretation. As a man thinketh, so he interprets.

The Power of the Word is the Power of God which you perceive and permit to act through you as thought, word and deed. As you think in conformity with Truth, Spirit will reveal to you and manifest through you its fullness—its fullness of Life, Intelligence, Love, Power, Joy, Supply—Perfection.

Practice the recognition of the ONE PRESENCE daily, hourly, constantly. Not only think it, but speak it for yourself, for all, and for all things. So long as you think of the One Presence and Power there will be no place nor opportunity in your mentality for anything adverse. As soon as this attitude becomes settled, fixed—a habit, you will find that you have been lifted out of all your beliefs in ignorance, sin, lack, suffering, etc.

What has made this wondrous change? The Power of the Word, the Power of Truth, meeting the response of your awakening soul, your spiritual recognition and comprehension. Thus seeing and knowing the Truth, you become one with it, and enjoy it and its benefits forever.

Moreover, when you are in tune with the Infinite, you become the minister or ambassador—the channel—through which the Divine Mind will speak to others, for your thoughts will then be true, and hence the Word of God. You will be blessing humanity by thinking and speaking the Truth about God and therefore about man, for the only way to

speaking true, strong words, is to think true, strong thoughts of Truth; for like begets like.

Thoughts for Practice.

I think God's thoughts—Truth—after Him. My words are the Words of Truth, hence are fraught with Power to enlighten, heal and bless.

I think, speak and live my highest vision of Truth: "Immortalis Die Auspico"—with the Help or Guidance of God.

ABOUT THE PRIMARY LESSONS

We have received many requests that the Primary Lessons in Divine Science, now running in "Power," be issued in book form; several orders have even been received, with remittances of various amounts enclosed therefor. This is indeed gratifying, for it is an evidence of the appreciation of the truths and principles taught, when no suggestion had been made by us concerning their publication in book form.

Therefore, at the conclusion of the course, the editor will carefully revise each lesson, adding a set of questions thereon, and have the lessons reset in larger type and proper size page for a convenient size book.

These "Primary Lessons in Divine Science—Knowledge of Truth," will make an attractive book bound in cloth, with title stamped in gold; and will sell probably at \$1.00. To determine somewhat the number of copies to be published in the first edition, we will accept advance orders—during the months of May and June only—when cash (money order, check or cash—not stamps) accompany same, at the following prices: Single copy, 65 cents; two or more copies, 50 cents each; postpaid. Don't delay, but attend to this at once if you wish to take advantage of these special rates.

DIVINE SCIENCE AND CHRISTIAN SCIENCE,

Being a Series of Comparative Lessons on These Modern Thought Organizations and Religions, by Charles Edgar Prather, Ph. D.,

Will begin in the JULY issue of "POWER," the initial number of the ninth year of the magazine, and will appear monthly throughout the volume, maybe longer.

The purpose is not to criticise nor condemn, but to present with definiteness and clearness both the

SIMILARITIES AND DIFFERENCES IN FUNDAMENTALS AND PRACTICE

of these two great systems or schools of science and religion. This course of comparative lessons is given in response to innumerable requests as to "What is the difference between Divine Science and Christian Science?"

THE AWAKENING TO HUMANE PRINCIPLES



TO HUNT BIRDS WITHOUT A GUN OR SLINGSHOT is the ideal kept constantly before the members of The Farm Journal Liberty Bell Bird Club who sign a pledge to protect all song and insectivorous birds. If it happens that a newly enrolled member "avats" to the savage instinct of his primitive forefathers when he sees a bird within shot and brings it fluttering to his feet, his fellow members, with literature, arguments and personal persuasion, try to show him the evil of his ways and bring him back into the folds of the merciful. If he refuses to reform and continues to violate his pledge, his name is at last stricken from the membership list, and he is sent to Coventry by his comrades pledged to save the birds, and through them, save the crops from being devoured by insect pests.

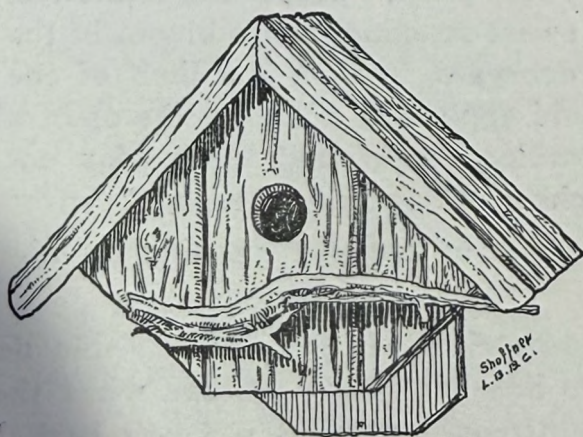
Sunday Schools in many states are finding new ways to teach humane principles to their pupils by having them enroll as members of The Liberty Bell Bird Club of The Farm Journal, with headquarters in Philadelphia. Its banner and pledge are kept before the classes, its educational pamphlets and wall cards are used to encourage the children to study and protect the birds, and so lead them towards being kinder and more considerate of each other.

Sabbath School classes in different parts of the country report most interesting "Bird Evenings" where bird songs, recitations, essays and little plays are given. Sunday School Superintendents are calling the attention of their teachers to this effective helper for creating a greater interest and larger attendance in Sunday School classes.

Mr. Chas. P. Shoffner, artist and editor of The Liberty Bell Bird Club department of The Farm Journal, is preparing a most interesting and instructive exhibit of The Liberty Bell Bird Club work, to be placed in the Palace of Education and Social Economics at the Panama-Pacific International Exposition in San Francisco.

Here, bird-house architects, contractors, builders or would-be landlords may find models of summer cottages, winter apartments, bathing facilities and eating places that bird residents like best. The bird student will be helped to find an answer to the ever-recurring "What bird is this?"

Mr. D. O. Lively, Chief of the Department of Live Stock of the Exposition, and a member of The Liberty Bell Bird Club, considers



Rustic Cedar Bird House Recommended by The Liberty Bell Bird Club.

an educational exhibit of this kind a significant feature at the Pan-Pacific International Exposition which, he reminds us, is an educational institution in the broadest sense, and adds:

"One of the leading instructive features connected with the Department of Live Stock is a showing of children's pets, as we believe that the care of pets by children is a vitally important element in their training and teaches them qualities of heart and mind which can not be obtained in any other way."

Could you, upon demand, with your eyes closed, recall to mind, and describe accurately enough for identification purposes, Robin Redbreast, the cheerful companion of everybody, everywhere?

Put to the test at a dinner recently, not one of the diners could depict Mr. Redbreast in a way to set him apart from his bird fellows. And yet, Robin is the most common and familiar of our birds, recommended by ornithologists as a convenient size for comparison with other natives of Birddom. His clear song is held up to the beginner in bird study as a standard of comparison by which the student may learn to distinguish the songs of other species.

If you have any sentiment left in your soul, at the mention of his magic name you will fly away with Robin Redbreast to the land of your youth, where old-fashioned, sweet-smelling posies bloom in the dooryard, and on the limb of the old apple tree, close by the open window, you will hear him persistently calling again and again—far too early in the morning—"Cheerily-cheer-up, cheerily-cheer-up."

Is he not worth saving for his beauty and good cheer, alone?

Besides being a general good fellow, Robin is a most useful and industrious citizen. Mrs. Robin demands very fine grasses with which to line her cozy nest, and when the baby Robins arrive, they have such enormous appetites it keeps both Mr. and Mrs. Robin on the jump to supply their steady demand for fresh earthworms.

The Robins include in their daily menu, white grubs, beetles, cut-worms, grasshoppers, crickets, moths, ants, wasps, caterpillars, larvae of the gypsy-moth, the brown-tail moth, the forest-tent moth, canker-worms, leaf-eating and wood-boring beetles, wire-worms and army-



Robin Redbreast, a Good Fellow
Who Rids Field and Orchard
of Insect Pests.

worms. It has been noted that when Robins are scarce, the army-worm advances, and on the coming of numbers of the Robins the army-worm disappears.

Most laborers ask more than board and lodging for their toil. For all his useful service (for which Robin only asks food and shelter, and hustles these for himself) some selfish and ungrateful folk begrudge the faithful little worker the bit of fruit he gathers now and then for himself and family. Uncle Sam is authority for the statement that the industrious American Robins really prefer wild fruit when they can get it, and advises the man who wants his orchard free from insects to allow a few trees for the birds, or plant some wild mulberries for these profitable tenants of field and orchard. The Russian mulberries, which ripen the same time as cherries, are preferred by the Robins to cultivated fruit.

"What barbarous waste and cruelty," we cry, when we read that the Roman Emperor, Domitian, spent \$25,000 for a single dish made of the tongues of rare singing birds. Yet in this era of boasted culture and civilization there are those among us who take unfledged Robins from their nests and fry them for food. In parts of the South, natives have been known to kill as many as 100 a day of the migrating Robin. In two states at present self-interested persons are trying to have the protective migratory law declared unconstitutional, and in some states the state law protecting Robins is in danger of repeal.

That's why, if you will listen closely for it, you will notice that the song of Robin Redbreast has a note of sadness in it this spring. His plaintive notes are appealing to you to help save what are left of his folks before it is too late.

You can do this by signing the following pledge, written after Robin's own heart, and sending it in to THE LIBERTY BELL BIRD CLUB, The Farm Journal, Philadelphia, Pa., when you will receive, without cost, the badge-button of a large band who are working for bird protection:

"I desire to become a member of The Liberty Bell Bird Club, and promise to study and protect all song and insectivorous birds, and do what I can for the Club."

HEALING

The cause of disease is ignorance.

The remedy is Knowledge, Consciousness.

Healing is attained by centering attention upon Truth; for it is a change from belief in sin, sickness and death, to a knowledge of Truth.

To know the Truth of body is to know the Health of body.

One thing alone heals—the consciousness of God's Presence.

As the hand or the mouth may be used as an instrument in transmitting thought, so the individual thought of one may be used by the Great Intelligence to awaken consciousness of life and wholeness in another.

A SONG OF PEACE

Americans Have No Hatred for the People of Any Nation.

By John Claggett Proctor, G. A. R.

English or German—it matters not—
We love you both—why should we not?
When thru our very veins doth flow
The blood of friend, the blood of foe.

We have for you no bitter hate;
We cherish both, bemoan each fate;
We love each soldier who may fall;
We love each King, each Prince, and all.

To us each country's in the right—
To us each country's wrong to fight;
We love each man, each country, too,
We know that both are brave and true.

We love each song that you may sing:
"Die Wacht Am Rhein," "God Save the King;"
Both are our friends, we know no foe,
No shot for shot, nor blow for blow.

But love for love is what we give—
We want each boy and man to live
And draw the breath that Heaven gave—
The breath that everyone doth crave.

We pray for each from day to day;
We pray that God will find some way
In which to end your cruel war,
Brought near, indeed, our very door.

Our President, the grandest man—
The head of this United Land—
Has said our country'd neutral be
To you, our friends, beyond the sea.

And you can bet his word is law—
From coast to coast, from shore to shore—
In this grand country, far from thee,
The land of love and liberty.

Make up! Go home, your loved ones call;
You are to them their all-in-all;
When you are dead, 'twill matter not
Of blow for blow or shot for shot.

In vain the name of Christ we bear
Unless the heart of Christ we share;
Through faith and charity alone
Is Christ received, and felt and known.

In vain the name of Christ we bear
Unless the life of Christ we share;
Not words alone, but deeds shall prove
The living faith that works by love.

Mental and Spiritual Helps

For New Students of Truth

By MRS. C. L. BAUM.

—Fourth Help—

I AM A CENTER OF DIVINE ACTIVITY; AROUND ME REVOLVES MY WORLD



SO LITTLE HAVE WE KNOWN OUR INDIVIDUAL POWER that we have allowed ourselves to be dominated by the World, rather than take the position that we have inherited from our Father. In the midst of abundance, we live in poverty; in the midst of changeless health, we claim sickness as our portion. The dense ignorance of the world-thought holds us in bondage, and we have not known the way into the Light.

Every time we say "I am," we speak the name of the Father of us all; which, by direct inheritance, is the family name of the race, and the true name of each individual soul. In order that we may understand the truth of ourselves, and come out of all darkness into the clear shining of the Light, we begin by placing ourselves aright, and declaring "I am a Center of Divine Activity; therefore, I am supreme in my world."

Making this statement does not free us, however; but it is the opening of the way; for, having been ignorant of our true nature, we have believed ourselves to be under our world; made sick by our food, subject to altitude and climatic changes, and ruled by laws of our own ignorant making. At this stage of our development, we find our world something to fear, and are quite out of harmony with the other children of the Universal Family. We are prone to think we are victims of Chance; and, realizing nothing of the beneficent Laws of the Universe, we appear in the world as weaklings.

How fortunate that Truth is always ready to come to our rescue. Many have passed through the same place, and have been led by the Indwelling Spirit upon safer, surer ground. So, again, we begin with our statement: "I am a center of Divine Activity; around we revolves my world." We find that Thought is the interpreter of the world about us; and as we interpret our world, so is it to us. Learning that false interpretation brings sad results, we begin to reason from our Unchanging Basis, THE OMNIPRESENT GOOD; and as we realize One Life, One Substance, One Intelligence everywhere, we change our whole attitude toward our world, and at once have a sense of freedom.

One of the first things to interpret aright is our food. It is a blessing in our world, but we have made it a menace to health and

harmony. Every visible thing in the Universe is made of One Substance, and this Substance is pure, perfect and changeless. This truth of Substance applies to food and body, as well as to all other forms of life. So as we begin to reason about the things we eat and drink, we find they are all made from this Perfect Substance, and brought to us by the All-providing Father. There is no disagreement in Substance; so body and food are one and harmonious. As we realize this Truth, we find it was only our beliefs about our food that caused the fear of it; and as fear is overcome, we realize perfect unity with all Substance, and so are healed.

As to climate, altitude and place, the interpretation of the world is that one climate is good, another bad; one altitude too high and one too low; one place is good for one trouble and another place increases the trouble. No matter what they are called, all these claims, in the light of Truth, are revealed as the foolish babbling of children; for, in the realization of the Universal Life, Substance and Intelligence everywhere, we see no differences, but one Eternal State of Harmony, both invisible and visible; and again we find that it was as we were thinking that caused us to feel well or ill, and not because climate, altitude, or place had power over us in any way.

Weather has been another bug-a-boo in the race thought; but as we interpret the weather about us from Understanding, we no longer say, "I am under the weather," or "Hot weather makes me sick," or "Clouds depress me," but we realize and declare our unity with all kinds of weather, and are happy and serene at all times.

Perhaps there is nothing so hard for us to interpret aright as the people in our world; for we label them from the personal side of things, and do not look deeper to the real individual to know God's perfect child. Right here is where very definite work comes in for us all; just so long as we are out of harmony with even one soul we do not know the fullness of the Kingdom of Heaven on Earth. It takes much thought and persistent effort to interpret our fellowmen as we should, so I will refer you for training in this line to the former lesson on "The Children of God."

Learn right now to see your body PERFECT in Substance and Life, no matter what feelings, sensations or appearances it presents; for many there are still "who, not perceiving the Lord's body," are sick, and many are asleep. The Center of Divine Activity in the midst of its world must recognize its body as the temple of the Living God, created by the Changeless Law of Life and filled with Grace and Truth.

In all our work of interpretation we begin with our Basis, and through the Law of Expression find the Changeless Nature of Life and Substance everywhere; then suddenly it is revealed to us that our world is all right, just as it stands. Hence, the only change needed is in our own attitude towards it, and as our attitude is changed we know the Universe is perfect; all that made it seem anything else was our own imperfect interpretation.

THE COMING UNIVERSAL PEACE

WILLIAM YEATS MORE.



HIS BASIC SUBJECT is now being discussed as never before in the world's history; therefore, it is but fitting we should analyze Peace from the inner as well as its merely outward aspect. The old adage, "In times of peace prepare for war," may in today's new light be inverted thus, "In these times of murderous war, let us lay the foundation for a permanent, continuous peace."

Peace is the normal state of man, because attuned with all that is highest and best; while war antagonizes, and is a flagrant discord to all that is good and God-like.

War is an abnormity, the apex of barbarism, founded on the antiquated brutal instinct that "might is right" and the only secure title to real or personal property lay in the personal prowess of the possessor, or in alliance with his ever-armed tribal associates.

Civilization, while discarding many savage practices, yet retained armed forces, and continuously invented greater engines of destruction up to the present war culmination, and is really a stand for the perpetuation of militarism; but will surely eventuate in its abolition; as said the Teacher, "He that taketh up the sword shall perish by the sword."

Supplementary to the negotiations of our government, there are several associations in this country co-operating with like agencies in other lands which will, we believe, lead to permanent peace, and a world-wide disarmament; a realization of the millennial dream of the ages, when in very truth, "The lion shall lie down with the lamb." Our country has taken the initiative in this movement, and will have all the preliminaries outlined ere the warring masses wipe their blood-stained hands to sign the perpetual peace-pact, which will be the parabolic "Chaining of Satan for 1,000 years," but we trust that never again will the "dogs of war" be let loose.

The gospel of the Brotherhood of Man is beginning to bear practical fruit; for as long as mere dogmatic faiths swayed the world, they meant very little in every-day life; but now all the common thoughts and incidents that make or mar our happiness, are analyzed and the effects measurably realized; proving beyond question that we live and are governed by mathematical law, as said Jesus, "As ye sow so must you also reap."

It is this better understanding of the natural, as opposed to the supernatural, that is bringing our world towards and into the millennial dawn, and future historians will dilate on this time of the renaissance when the white dove of Peace at last displaces the war-vulture.

Those of us favored to live through the next decade will find it a time of more historic interest than in any former century of the world's

progress. Our geography will have to be revised, as also changes noted in prevalent economics, political and financial systems; practically entering into a new world.

Such are the probable immediate changes, all brought about by a better understanding of Peace, rather than an enforced war measure; brother conceding equal rights to brother.

The evolution of man in this racial period has been slow, but steadily upward; each century's progress clearly showing some distinctive achievement, and the reflective mind cognizant of this will say with Emerson, "God screens us evermore from premature ideas; our eyes are holden that we can not see things that stare us in the face until the hour arrives when the mind is ripened—then we behold them, and the time when we saw them not is like a dream."

Thus will the higher consciousness of earth be quickened, so that above and beyond signed treaties of peace, within the heart of every man will be a reflex of Emerson's firm conviction when he exclaimed, "O my brother, God exists! There is a soul at the center of Nature, and over the will of every man, so that none of us can wrong the Universe; it has so infused its strong enchantment into Nature that we prosper when we accept its advice, and when we struggle to wound its creatures, our hands are glued to our sides, or they beat our own breasts—this takes faith, we need only obey."

In view of all this unfoldment, the armies and navies of earth must fall off as encumbrances, for which we have no longer any use; the knowledge of life forever removing from our mentality all destructive and deadly thoughts towards our brothers, and we realize that those war engines were but externalizations of fear and hate. Now is the time of fulfilling Isaiah's vision of "Beating our swords into plowshares and our spears into pruning hooks; learning war no more."

This certainty is a crucial period in earth's unfoldment, and that will have tremendous influence in moulding individual lives towards and into the great white way of Purity, Truth and Wholeness: bring to our consciousness as never before the truth of the affirmation, "God, Love and Life are One," and as I am Life, therefore "I and the Father are One."

Even a partial realization of the Unity of Life will redeem the world from ignorance, fear and hate; bringing humanity out of the darkness of Egyptian bondage, up into the glorious freedom of our God-given heritage, so grandly voiced by Jesus, in words of benediction, "My peace I give unto you, not as the world giveth, give I unto you: let not your heart be troubled, neither let it be afraid." These words were the natural utterance of one on his exalted plane, whose advent was heralded by the angelic proclamation of "Glory to God in the highest, and on earth peace, good-will to men."

Strange, is it not, that it has taken the world 2,000 years to come even to a slight comprehension of this God-message of peace, together with the Son-ship privileges it entails!

A knowledge of Peace and its accompaniments is all we require to cross the threshold, overcome the animal, and metamorphose into the Christ-man, where with Jesus we can truly say, "The Father and I are One."

This attainment is not only possible, but an imperative life-condition with which all, without exception, must comply; and it lies with us whether it be easy, natural and lovely, or strenuously compelled by and through hells of agony, the result of friction and non-compliance with the Laws of Life.

Marvelous Gospel of Love, that leaves out not a single soul, be he high or so-called low—saint or sinner: brothers alike, Sons of the One Infinite Father!

What a transcendant thought! that all, without exception, come into that "peace which passeth knowledge," a Unity which is a foregone predestination of the Omnipresence that lives and moves in us all, as well as in every sun, moon and planet, in the universal galaxy: All in One, and One in All!

We have entered this stage of peace comprehension, though the guns still roar and devastate, but soon the war-blight will be but a dim nightmare memory of the steadily disappearing brute supremacy, prevalent for thousands of years in this racial period. The dominant thought of earth will change from war and conquest to Peace and Brotherhood, and the salutary effects of this will be seen in every sphere of life, outer and inner.

Truly, this long predicated time will, in a sense, be the "end of the world," the old world of fear and hate, and there will be practically a new creation, with Courage and Love the dominant principles: fear of God displaced by Love of God: the fire which will burn up all trace of animal passion remaining in man.

Dismiss the thought that the Way of Life and Peace is too intricate, requiring an erudition beyond the average man to grasp and attain; not so; remember the words of Jesus, it only requires "faith as a little child" to gain the kingdom.

Therefore, let us here and now aspire to this normal God-like Peace, entering into the spirit of the New-day singer who gives us a simple keynote, not only for personal growth in abiding peace, but the most invaluable assistance we can render our neighbor, thus becoming an evangel of Peace and Good-will to men—"Just speak kindly":

"Just speak kindly—yes, speak kindly,
Every human heart must bear—
Bear enough of sorrows daily,
Bitter pain and anxious care.

"Just speak kindly—yes, speak kindly.
Add not to another's woe;
For each path is strewn with briars
In Life's journey here below.

"Just speak kindly—yes, speak kindly,
In your intercourse each day;
It will joy and comfort bring you,
It will help you on your way.

"Just speak kindly—yes, speak kindly.
Why not cheer the fainting heart?
Ev'ry word in kindness spoken
Always soothes the aching smart.

"Yes, it brings sweet consolation,
Quells the worst of passions here;
And prepares the Heart that's drooping
For some higher, nobler sphere."

TO ACHIEVE SUCCESS

"Success will come to the man who recognizes that genius lies in doing all the commonplace things of life well and promptly, and especially in doing them better than other people. A certain number of hours a day devoted to a given ambition will do more than any meteoric plunge for success in any field. Keep plodding from day to day and don't lose sight of the object."

William Meyer, another New Yorker whose career began as a clerk and who is now rounding into an international merchant with an income each year that is not far from \$50,000, says: "Success must come to the man who will try to do things of life better than anyone else, and if he can't do that, do so much more than anyone else that he must be in demand. From \$8 a week to \$8,000 a year was a steady pull for me, and when I reached that mark I thought I was doing very well and was rather proud of my success, but I soon saw that if I allowed myself to be content with that I would go back because no one stands still; they either go ahead or go back. So I took a new grip on things and started ahead and I am in the same position today. I must go on. There are no secrets of success; success is an open book."

The following rules of life were formulated by an English statesman, name unknown:

1. Have a definite aim.
2. Go straight for it.
3. Master all details.
4. Always know more than you are expected to know.
5. Remember that difficulties are only made to overcome.
6. Treat failures as stepping stones to further efforts.
7. Never put your hand out farther than you can draw it back.
8. At times be bold; always be prudent.
9. The minority often beats the majority in the end.
10. Make good use of other men's brains.
11. Listen well, answer cautiously, decide promptly.
12. Preserve, by all means in your power, "a sound mind in a sound body."—B. F. Austin in "Reason."

The International Bible Lessons

CHARLES EDGAR PRATHER.

Lesson 5, May 2, 1915.

SAUL TRIES TO KILL DAVID

1 Sam. 19.

Golden Text: Whoso putteth his trust in the Lord shall be safe.—Prov. 29:25.

Personal Will seems ever ready to sacrifice every thing for its own success, even its truest friends. Saul had gone to such extremes in this line that he had become unfit for a leader, and the higher Powers, the Lord, rejected him. That is, he so forgot the Source of Power that he had no more recourse to it; he became melancholy, enfeebled in body and mentality so that at times he was insane. David, who was a skilled shepherd musician, had come to the palace with his harp and by his sweet music had lifted Saul out of his mental gloom. But soon he had to return to his sheep, from whence he was called to deliver Israel out of the hand of the unstable and wavering sense thoughts (Philistines), which he did by supplanting intellectual conceptions of evil, represented by Goliath, with Divine Love and absolute trust in God. His secret of success is given in these words: "I come in the name of the Lord of Hosts."

This victory of Divine Love over mental misconceptions changed the condition not only of David, but also of Israel. From that day David was king in fact, though not in name. He had been anointed some time before this, and "The Spirit of the Lord came upon David from that day forward," but he returned to his flocks to attend to his simple duties until he was needed as ruler. The time came, for the army of the Philistines advanced, and poor Saul was overwhelmed with misery, with no personal power to rise above it. David, who had already cheered and blessed Saul by his music, told Saul he would go out to meet the challenger, and Saul put upon David his armor, but which he cast aside, as we read in our last lesson.

Victory attended David, and as he returned the women (intuitive, inspirational thoughts) came running and praising. While Saul, with external means, had slain his thousands, they perceived that there is a higher and greater power within man if he will but recognize and use it—the power of the Spirit—which will vanquish tens of thousands. This brought back to Saul his old desire for personal material power, and he became angry. The "evil spirit" which came upon Saul against David was the product of his own mental attitude, for since God is Good, no evil spirit could come from God. Saul's attitude was simply that of jealousy, which is of the external. Love is unselfish, calm and serene; it is neither boastful nor careless—"David behaved himself wisely in all his ways." Keep yourself in this attitude, and you will be safe from all the darts of sense conditions.

Friendliness, fidelity, wisdom and godliness are the active principles of Love, and through which Love is finally crowned King in your heart and life in power and goodness.

Lesson 6, May 9, 1915.

FRIENDSHIP OF DAVID AND JONATHAN

1 Sam. 20.

Golden Text: A friend loveth at all times.—Prov. 17:17.

Jonathan means *God-given*; he was the son of Saul. While Saul represents Personal Will, there were forces within him which continually reminded him of a Loving Presence which is not seen in form; but as he advanced in kingly power he lost sight of this inner power and depended upon the outer. There is a tie which holds to some extent even the most wayward; that is *human love*, of which Jonathan is the representative. This is the element connecting the inner and the outer, and it is good. But human love must be founded upon Divine Love to live; the outer must be based upon the inner. Then they become helpful to each other, until the one is blended into the other. Human love sees the destructive tendencies of Personal Will if permitted to go unrestrained, and therefore it unites itself with Divine Love in a covenant to be kind to each other, and to each other's children, forever.

Jonathan represents that love which recognizes the unity of all life, and this is the forerunner of that greater Love which is in fact that Life expressing conscious harmony. But it may have to come through a series of demonstrations, just like David, before Love becomes the only ruling power in the realm. The lesson is this: Know that peace and love and satisfaction come from the Spirit within; and if you turn from that source and permit personal pride to dominate you, you will begin to lose your power; and the more you live in externals the more bitterness will come to you, until finally it will destroy your manifestation.

Temporal power is only for a time. The intuitional nature will acclaim the right, and hail with joy its triumphant march. Thus we see political leaders suddenly shorn of their personal powers through this inner impulse of *right* in the hearts of their constituents.

Make a definite covenant today with your higher nature, the Divine Love within you, that you will hereafter be as one, that you will let it show forth in all your thoughts and acts, and be the ruling power in your life. Thus you will become a princely friend to yourself, first, and then to all others; your love will stand the test: loyal, self-denying, lasting.

Lesson 7, May 16, 1915.
DAVID SPARES SAUL
1 Sam. 26.

Golden Text: Love your enemies; do good to them which hate you.
—Luke 6:27.

When one sees good *and* bad; when he attributes power to *things* as well as to the *life* of those things; when he thinks he sees more than one life, more than one love, more than one power; when one's will is not one with Divine Will—there must necessarily result confusion in thought, and therefore in body and affairs. Thus David, just coming into a realization of Divine Love, is somewhat swayed with the thoughts of externals. He did not know fully at first what to do when Saul put his armor upon him, and he started to go to battle with it; then it dawned upon him that such outward protection was not the true protection, and cast it off. Then he was made the king's armor-bearer, without protest. In fact, he was going through a process of unfoldment in mentality to fit him for the great work he was to do. He saw the actual working of the intellect in jealousy, anger and murderous thought, and had to flee for safety.

Then for years David had a weary and lonely life, and without a home. He even went among the unstable and fickle thoughts (Philistines), but such were still enemies to steadfast and true love. Escaping from that condition in his own thought, he fled to Judah; that is, he began to remember the goodness of God in every experience, for he now recognized they were but lessons to be learned for his profit. Judah means *praise*; and

his attitude was entirely changed from the confused and mixed Philistine thought. Here in Judah, even when still hiding from Saul, in a dark cavern, he wrote that beautiful Psalm 34, beginning, "I will bless the Lord at all times." Thus David spent several years, yet he never lost faith in God and the final triumph of truth and right.

Now, Divine Love in you holds no grudge against anyone, however much they may have harmed you. Do you think you have more cause to be indignant against such than David had against Saul? When the opportunity came for David to avenge himself by one stroke, and to put his enemy forever out of his path, he spared his life and forgave him. Self-control is in proportion to the estimate formed of the Divine element that is in man. You thus become enabled to hope something even of the worst; to do something in the negative work of sparing, even when you think you can not do anything in the positive work of reclaiming. But be strong in the activity of Love, and your work will be constructive, harmonizing, uplifting; and you will see but one Life in all, and that Life *good*.

Lesson 8, May 23, 1915.

DAVID KING OVER JUDAH AND ISRAEL

2 Sam. 2:1-7; 5:1-5.

Golden Text: The Lord is my strength and shield; my heart hath trusted in him, and I am helped.—Ps. 28:7.

After a reign of Personal Will, after it has been cast out of the mentality, there may seem a great depletion of the organism. Every day we see those who are going through this cleansing process—and it is good; but I say that you and I can make this change now, today, without this weakening of the body. It depends entirely upon our choosing to let God's will become our will. Are you willing to do that which is the greatest good to humanity, and therefore to yourself, even if that means giving up the high rank you esteem yourself to be holding in society, in the church, in politics?

I do not counsel making yourself conspicuous by suddenly changing your business, or assuming some peculiar dress to denote your mission. Spirit or Infinite Wisdom does not work that way; such changes only attract more attention to the personality of the one assuming them. If you are sincere, however, in your desire to follow the Voice of the Spirit, you will be given plenty to do right where you are. You don't have to become a healer, and have many patients, to be a minister of the Christ; there are almost countless opportunities to do good in various ways. "But nobody will recognize what you are doing?" Be careful there; that's *personal* vanity, which leads in the path of Saul. Haven't you learned that lesson?

I want to tell you, the blessings of doing good when no one knows it but yourself—the joy, the peace, the satisfaction—are so far above the common applause and praise of men that they can not be compared. Yes, I do know; I have had experience in many societies as presiding officer and in other positions, and also in politics, where I have received a measure of popular applause; but I have changed my thoughts and therefore my desires, and today I find more true peace, pure happiness, sweeter uplift of soul than of which I had ever dreamed.

Are you crowning Spiritual Love as the ruler of your life? Let David speak forth in your soul, and you will be taken into the midst of Judah, even unto Hebron. What does all this mean to you? Herein lies the value of all Scripture—its *practical application in your individual life*, not merely as a matter of history. As David represents Spiritual Love in *you*, so do the real meanings of other words signify qualities or phases of *your mental unfoldment*.

If you will permit Spiritual Love to lead you, it will go directly to its Source for its Wisdom, and it will be instructed of the Lord to go up in thought to that plane of consciousness where the essence or soul of all things is known as *good*, and which gives the exultation called Praise, or Blessing. This is the meaning of the word Judah. You are not only to go into Judah, but you must make conjunction with it; you must make an alliance with it; you must become *one* with it. This is the meaning of the word Hebron.

Now, when you have reached that plane of consciousness where you can, without effort, "in everything give thanks," and are simply Praise itself, every thought of the kingdom will fall into line, and will come with rejoicing to establish Spiritual Love as the king. When this attitude of thought is begun, it will then be an easy matter to extend this ruling power over your whole domain.

Remember, this unity is made through identifying yourself with Divine Love, and the process is Praise and Thanksgiving. Make a covenant with yourself, with your highest and best thoughts, that hereafter you will be *one* with them forever more, and your David will be anointed and made the ruling power in your whole realm—spiritual, mental and physical. *You are to individualize this power of Love.*

Lesson 9, May 30, 1915.

DAVID BRINGS UP THE ARK TO JERUSALEM

2 Sam. 6:1-19; Psalm 24.

Golden Text: I was glad when they said unto me: Let us go into the house of the Lord.—Ps. 122:1.

The history of the Israelites is marked with "ups" and "downs," just like your life, in accordance with their adherence to the true God. There was no depression but what is traceable to their mental conceptions of God as shown in their gods of Balaam and Ashtaroth, or the gods of Syria, or the gods of Sidon, or the gods of Moab, or the gods of the children of Amon, or the gods of the Philistines; and no exaltation or prosperity which is not traceable to the right conception of the true God.

In the same manner you rise and prosper to the degree of your fidelity to your highest vision of Truth, and fall to the extent that you drop short of it. The Israelites rose and fell just according to their conceptions of God: Down under Cushan Rishathim, up under Othniel; down under Eglon, up under Ehud; down under Jabin, up under Deborah; down under Midian, up under Gideon; down under the Philistines, up under Samuel; down under Saul, up under David. Will you accept the lesson of their experiences?

A covenant is an agreement, a contract. Moses (Spiritual Wisdom) had been called up into the Mount of Inspiration and Wisdom (Sinai), where he was instructed in the fundamental laws of Being, and was shown the exact steps of spiritual unfoldment, as illustrated in the erection of the tabernacle. In this tabernacle must be placed the Ark of the Covenant, which is an understanding and agreement between God and man, between Spirit and body.

The Israelites believed much in outward form, and therefore had special sacred places, sacred articles, signs, etc. They were desirous of the true spiritual life, but were so absorbed in the apparent reality of external things that they often forgot the inner and unseen reality, the true substance, of which the outer was but the manifestation. Thus when they were not true to their spiritual perceptions, when Moses was away, they made an image to worship, something they could see. And it is literally true that "No affliction has ever happened to Israel in which there was not some particle of the dust of the golden calf."

It is this attitude of the mentality which produces all kinds of idol worship; for, while the intention may at first be good, the object being intended only as a *sign* of the unseen Presence and Power, the mentality soon loses sight of the inner reality and accepts the outer expression as the source and substance of power. The laying on of hands in treating, blessing or magnetizing sheets of paper or handkerchiefs, etc., belong to this class of idolatry, for the attention is diverted from the true Source to the object used. I tell you that if you depend upon any outward appliance for health, happiness or success, to that extent you are not relying upon the true God. I know it catches people, for most people are like these Israelites, if you depend upon any outward appliance for health, happiness or something to lay on their back, or something to put into their pocket-books, to draw to them that which they desire.

But look again at the history of the Israelites as mentioned in the second paragraph. Be true to God; have faith in God; and if you are true and trustful, you will not need, in fact you *should not*, depend upon any external appliance for the realization of Spirit in any of its forms of expression, the "fruit of the Spirit being: Love, Joy, Peace, Longsuffering, Gentleness, Goodness, Faith, Meekness, Temperance;"—the full and free expression of which through you will bring into your manifest world Health, Happiness and Prosperity.

Do not store away agreement with Spirit in your subconsciousness, but let Divine Love (David) bring it forth into active expression in your life. Abinadab means *noble*, and it is noble to be conscious of your unity with God, of which the Ark of the Covenant was but a sign; but if you will simply *let* yourself be the channel of Spirit to express through, Divine Love will call forth accompanying thoughts from every faculty of your being and will bring forth that Covenant or Agreement into active use. The men accompanying David represented every tribe. The sons of Abinadab were Uzzah (strength) and Ahio (brotherly). The attitude of unity (brother) goes before and clears the way of every hindering obstacle to the complete fulfillment of your inner agreement with God.

See that you do not depend upon external appliances or material strength. That was what destroyed Uzzah. He mixed mental conceptions of physical strength with Divine Law and Order. Trust that Law fully, for any external means you may use to strengthen and steady any seeming weakness conflicts with the free expression of Spirit.

Don't live in "signs." Live consciously in the Spirit. Have within you the consciousness of the Essence of the sign—the Christ. The ark could be in only one house at a time, while Spirit is Omnipresent. The ark was in Obed-edom's house only three months; Christ is ever present. Bring into active expression in Spiritual Consciousness (Jerusalem) your unity and covenant with God; make it a living reality in your life, and you will be continually filled with joy and thanksgiving.

Divine Love is consuming all fears.
Divine Love is dissolving all diseases.
Divine Love is absorbing all worries.
Divine Love is purifying all thoughts.
Divine Love is swallowing up all criticisms.
Divine Love is supplying all needs.
Divine Love is redeeming all shadows.
Divine Love is restoring all weaknesses.
Divine Love is perfecting all, and I dwell in its Joy forever.



The Power Society of Silent Unity Helpers with Daily Studies in Divine Science

Open to All Subscribers of "Power." Observe Following Instructions:

In His Name. "Blessed be the Lord God, and blessed be His glorious name forever; and let the whole earth be filled with His glory." Whatever service is rendered, whether in receiving or giving, will be "In His Name." As Jesus said, The doctrine, the words, the works, the good, are not mine, but His that sent me.

Our Help is gladly, freely given. Our consciousness, our time, is yours, and we expect your earnest co-operation.

Be Thou Whole. No matter what you have thought, we declare Wholeness unto you. The world, or any part of it, is imperfect only to the soul who has not yet seen its Perfection. All things that are possible to God are possible to the soul that believes on God. You may see as He sees, know as He knows, trust as He trusts.

Attitude. Attitude includes your motives, your beliefs, your impulses. Therefore your thoughts, words, and deeds express your attitude. Remember, attitude controls only living, or the use of the forces. Life is perfect, unchanging.

Believe. Believe in God, in yourself, in your fellows. Accept this Universe as One in Purpose and Plan, everything and everybody co-operating at every point.

Pray. Pray "His Kingdom IS come, His Will IS done, on earth." Be open to God, and He will reveal Himself to you, and you will see, hear, understand—yes, receive all He has in Mind for you, "prepared from the beginning," only waiting your willingness, openness to receive.

Receive. Receive in the spirit of Love and Confidence all that comes, knowing that the Giver of "every good and perfect gift" cannot fall short of manifesting His own Perfection to and through you. Relax, let go, and let be His Perfect Creation.

Trust. Trust God for Wisdom, Health, Supply, and Happiness. He is the ONLY Source, the Mighty Coun-

sellor, the Great Physician, the True Provider.

Rejoice. Rejoice in the Law of the Lord, and give Him hearty thanks for all His benefits. Count the blessings, every one.

Be Silent. For the sole purpose of knowing conscious Unity, communion with God, wherein you receive guidance each day for every activity of thought, word and deed.

Concentration. Love the Lord thy God with all thy mind and heart and strength. Do all things heartily (wholly) unto Him. Keep your faculties united. One moment of absolute concentration on Omnipresence is "all powerful."

Time of Silence. The Power Society of Silent Unity Helpers will treat you at 9 o'clock each morning for the realization of One Presence. Each name enrolled will be called and a special blessing will be given.

Read. At first read simple lessons. Try to get the viewpoint of one true soul. Understanding grows; it cannot be forced. Inwardly digest all with which your soul agrees. Read broadly only when you have unfolded the discernment of the Spirit; many expressions confuse a soul that is not yet established in Truth.

Correspondence. Send us one letter a week. You must be faithful in this for your own good.

Our time is given you conscientiously, but we have little time to reply by letter. Know that you are being remembered so long as you report regularly.

Compensation. We hold all in Universal Abundance. We believe in giving and receiving—Divine circulation. We will lovingly receive whatever you send, "in His name." "Freely ye have received, freely give."

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Daily Studies for the Month

MRS. FRANCIS GAVIN RITCHIE

DIVINE SCIENCE STATEMENT OF BEING

God is All there is, both invisible and visible.

One Presence, Knowledge and Power, is ALL.

This One that is ALL is Perfect Life, Intelligence and Substance.

Man is the Expression of God, and is ever One with this Perfect Life, Intelligence and Substance.

THE LORD'S PRAYER

(In present tense.)

Our Father which art in heaven,

Hallowed is thy name.

Thy kingdom is come; thy will is done on earth as it is in heaven.

Thou givest us each day our daily bread.

Thou forgivest our debts as we forgive our debtors.

Thou leadest us not into temptation; but dost deliver us from all evil.

For thine is the kingdom, the power, and the glory, forever and ever. Amen.

LOVE, THE DIVINE ADJUSTER

Saturday, May the First.

Bible: Love suffereth long, and is kind; love envieth not; love vaunteth not itself, is not puffed up;

Doth not behave itself unseemly, seeketh not her own, is not easily provoked, **thinketh no evil;**

Rejoiceth not in iniquity, but rejoiceth in the truth;

Beareth all things, believeth all things, hopeth all things, endureth all things.

Love never faileth.—1 Cor. 13:4-8.

Perfect Love gives us a new view of all persons and things.

I meet all in Love this day. I give forth to all and expect from all, justice and genuineness. ("Truth and Health," page 149.)

Central Thought for the First Week:

LOVE ADJUSTS MY FINANCES

Sunday, May the Second.

"'Day by day' the promise reads,
Daily strength for daily needs;
Cast foreboding fears away,
Take the manna of today.

Thou my daily task shalt give:
Day by day to Thee I live;
So shall added years fulfill,
Not mine own—my Father's will."

Monday, May the Third.

It is just as essential to harmonious living to have enough funds to buy the necessary things of life as it is to have enough strength to do our daily work, and enough wisdom to make right decisions. Our God of Love never planned poverty nor weakness nor sickness nor ignorance. These are but mental delusions and can be overcome by knowing the **Truth**.

The Truth is:

Bible: But my **God shall supply all your need** according to his riches in glory by Christ Jesus.—Philippians 4:19.

Tuesday, May the Fourth.

Do not cling to the mental delusions of lack of money; do not cling to it in thought or word or action. Cling to the Truth of the Omnipresence of Love. Stop worrying about your finances. Stop talking "hard times." Stop wearing that self-pity garb. Turn yourself unreservedly to **God**. Consecrate yourself—your thoughts, your words, your talents—your **whole self** to God.

Today do nothing by yourself. As you work **know this Truth:**

Bible: "For it is God which worketh in me both to will and to do of his good pleasure."

Wednesday, May the Fifth.

A half-hearted application of any study gains half-hearted results. Let us **wake up** to the Truth of our **inheritance**. Let us apply—**really** apply this Truth.

Man, made in the image and likeness of his Creator, endowed with the nature of Deity, because like begets like, **is a living soul ever in unity with the Source of every blessing**. Abundance is his and all needs supplied. Man is to keep (to **realize**) this Consciousness of fullness, to live in its delights, to guard its sacredness with his undivided trust. The great loving Spirit is to be the soul's companion, its helper, its satisfaction, for it is all-sufficient for every need. ("Truth and Health," page 351, last line.)

Thursday, May the Sixth.

Poverty has ceased to be considered a virtue. Poverty is lack of ease, dis-ease. Since God is **all** there is, and God is Infinite **abundance**, where is there any room for lack? There **is no room** for lack, for **God is All**. Poverty is a mental delusion that clogs man's vision so that he does not see abundance. The thing to do is to be cleansed of the mental delusion. **Turn away** from the thought that this poverty-delusion is real. It is **not** real. God, the Giver of Abundance, is the One Reality. **Turn to this God of Love** who will solve all your problems, who will supply all your needs. This Love is a veritable **living, acting Presence** which can be used in the very smallest detail of the everyday life.

Bible: And God **opened her eyes** and she saw a well of water; and she went and filled the bottle with water and gave the lad drink.—Gen. 21:19. (Read Psalm 119:18.)

Friday, May the Seventh.

If we ever have a financial problem to face, let us not worry about it, but let us trust the Love-Presence to adjust it. This is not a forcing by will-power, not a neglecting of our work, but a **definite trust** in our God of Love who is ever active. We **can** trust, because we **know** that God is Omnipotence, Omniscience, Omnipresence.

Bible: Thou wilt keep him in perfect peace, whose mind is **stayed** on thee: because he **trusteth** in thee.

Trust ye in the Lord forever: for in the Lord Jehovah is everlasting strength.—Isaiah 26:3, 4.

Saturday, May the Eighth.

Bible: The eternal God is thy refuge, and underneath are the everlasting arms.—Deut. 33:27.

Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the Lord thy God is with thee whithersoever thou goest.—Joshua 1:9.

Have no anxious thought about your supply, but do your work lovingly and efficiently. Don't grumble about your work. Sanctify your work with your attitude of love and praise. **You can never change conditions by working with the condition.** The change in the outer comes as the direct result of the **change of the mental attitude.** Do your work with joy and thanksgiving. Stimulate your power of appreciation.

Central Thought for the Second Week:

LOVE IS THE DIVINE ADJUSTER IN RELATIONSHIPS

Sunday, May the Ninth.

"If the heart if stayed on Thee,
Perfect freedom it shall see;
No more worry in the race,
No more jealousy of place.
No more anxious thought for health,
No more undue wish for wealth;
But that harmony of life
That dispels all care and strife."

Monday, May the Tenth.

The subject of Relationships concerns everyone, for no one can live to himself alone.

How is our daily living impressing those nearest us? What conclusions are they drawing about the religion we profess?

Read the story of Daniel (6th chapter of Daniel). Daniel by his quiet daily living convinced the king of the Power behind and in that daily life. (Note verses 16 and 20.) Sometimes sermons fail to convince, but I have never seen the strong, poised daily living fail to carry an inner conviction to another.

Tuesday, May the Eleventh.

"The best way for a man to train up a child in the way he should go is to travel that way himself." The best way to help others to be strong in Truth is to live strong lives ourselves.

In the home perhaps you are the only one that is interested in this line of study. It looks hard at times, doesn't it? Have you talked and it has done no good? Just **live** the love, the wisdom that you know is from God. Do not try to change anyone but your own self. Change your mental attitude from criticism to love. **Know** the Presence of Love in your home is adjusting everything. There is no need to fear nor to worry, but to live a trustful, joyful life. (Study the last paragraph on page 124, "Truth and Health.")

Wednesday, May the Twelfth.

In this question of Companionship we must **purify ourselves** of all lack of integrity if we are to live the Christ-life. Love is the great Purifier. Let us today in our Silence **feel** this Presence of Love. There is no lack of integrity in Love.

No words on paper can express what a Silence really is. Each soul must get that inner spiritual touch for himself. Today let the Love-Presence purify you from any secret, subtle untruthness. As you sit in the Silence and realize the Presence of Love you will feel the purifying process, a letting go of the delusions and a grasping of Truth. (John 16:13; 16:26.)

Thursday, May the Thirteenth.

Let us no longer resist or mentally fight any inharmony. Fighting is not Truth's way of overcoming seeming obstacles. "Acquaint now thyself with **God** (not with delusions), and be at peace." If there seems to be inharmony in your home life, acquaint yourself with the Love-Presence in your home. Thank God for this Love which is in **each one** in that home. Keep your attention on the **Love**. It **will** adjust the home relationships. Don't waver; be steadfast.

Perfect Mind is the Source of all. ("Truth and Health," page 61.)

Friday, May the Fourteenth.

Some mothers seem to think that to be loving to their children means to ignore disobedience and lack of reverence. This is not love—it is cruelty. The Law of Life will not ignore it, and years later a man will have to come out of the habits of disobedience and irreverence, and he will not thank the mother who neglected her child.

A mother should keep her attention on the Love-Presence in her child which makes him **want to do right** and **think right**. She must not treat disobedience as a reality, but as a mistake to be overcome by knowing the reality of Love. Mistakes should never be fought nor resisted, but it is very often wise and loving to show a child where he is wrong and to help him overcome it. This does not mean nagging. It means patience, the outcome of a wealth of **love** and **prayer**.

(Read page 28, "Truth and Health.")

Saturday, May the Fifteenth.

The relationships are an outer manifestation of an inner Spiritual relationship. We can realize in each relationship only as much love as we realize of the Love-Presence. If we have failed to be all we ought to have been to someone, let us not work in the outer to try to bring different things about, but let us begin to be more companionable with the Love-Presence which is a present, living Reality, not a vague, far-away something.

"Oh, for a closer walk with God!"

(Study page 377 in "Truth and Health.")

Central Thought for the Third Week:

LOVE IS THE DIVINE ADJUSTER IN THE BODY

Sunday, May the Sixteenth.

Bible: I am the Lord that healeth thee.—Exodus 15:26.

I will restore health unto thee, and I will heal thee of thy wounds, saith the Lord.—Jer. 30-17.

And the prayer of faith shall save the sick, and the Lord shall raise him up.—James 5:15.

Monday, May the Seventeenth.

The Power of Love that freely forgives all our iniquities just as willingly heals all our diseases. We know the same Source for health as for forgiveness, and one is as surely granted as the other. ("Selected Bible Readings.")

Today I trust the Love-Power to forgive all mistakes and to heal all diseases. Sin and sickness can never be realities. Love is the **One Great Living Reality**. It is not afar off, but right **here**.
(Read Psalm 103:3.)

Tuesday, May the Eighteenth.

The delusion of disease can not stay with the one who realizes the Allness of Love. Love brought our bodies forth; Love is the Presence of Health in our bodies; Love is the Strength, the Beauty, the Life in our bodies.

Today I will discard disease-thoughts and will dwell upon the wonders of the Love-Presence.

(Read 1 Cor. 3:16, and 6:19, 20.)

Wednesday, May the Nineteenth.

Healing is a change from belief in sickness to Consciousness of Health.

Love is the great factor in healing. Love changes us from believing in sickness; Love makes us realize Health; Love is always urging us upward and onward. No matter where you are, or what your environment, or what bodily ills you have, Love is so close to you as you read this. Love is waiting to be recognized and used. Trust this Love-Presence to heal you; put all your faith in It.

(Read page 128 and 129 in "Truth and Health.")

Thursday, May the Twentieth.

We are ignorant of Truth when we do not recognize and apply Love in our daily living. This ignorance is all the sickness there is.

Bible: Ye shall know the Truth, and the Truth shall make you free.—John 8:32.

Knowledge is the opposite of ignorance. This knowledge frees us from the ignorance called sickness. When we **know Truth** we can not be sick. (Study page 26, "Truth and Health.")

Friday, May the Twenty-first.

Knowing that Love does adjust the body is such a wonderful message for mothers. I often wonder how mothers without a Love-basis ever live through the daily problems. With Love as a basis of judging, of deciding, of healing, motherhood ceases to have problems: they are transformed into **blessed opportunities**. If any race-belief ever touches a child, the mother has Love to cast out all old-time fear thoughts; Love to do the speedy healing.

"Love never faileth." (Read 1 John 4:16 to end of chapter.)

Saturday, May the Twenty-second.

Bible: All things are possible to him that believeth.—Mark 9:23.

For with God nothing shall be impossible.—Luke 1:37.

With Love nothing shall be impossible, but let us always be sure that we are **with Love**, and not with the race thought. **With Love**, health of body is realized; **with Love**, we shall become immune to sin and disease.

The Bible: The things which are impossible with men are possible with God.—Luke 18:27.

Peace be both unto thee, and peace be to thine house, and peace be unto all that thou hast.—1 Sam. 25:6.

And into whatsoever house ye enter, first say, Peace be to this house.—Luke 10:5.

Central Thought for the Fourth Week:

LOVE IS THE DIVINE ADJUSTER IN OUR DISPOSITIONS

Sunday, May the Twenty-third.

"I know for every human need
Thou hast a full supply,
And they who trust Thy bounteous hand
Need never strive nor cry."

Bible: "Not by might, nor by power, but by my Spirit, saith the Lord of hosts."

Monday, May the Twenty-fourth.

It is a **human need** that you and I have **good dispositions**. God's Love is the full supply for this need. Let us not strive in a personal way, but let us trust Love to adjust our dispositions. If tempted to criticise unkindly, let us remember **Love**, not in any vague way, but in a definite way right **here** and **now**.

(Read first half of page 5 in Introduction of "Truth and Health.")

Tuesday, May the Twenty-fifth.

"Rest in the silence and the Lord will mold thee."

Busy housekeepers, rest in the Silence, rest in the Love-Presence which will strengthen you, which will simplify your work, if you will but recognize It and apply It in all the details of your every-day life. This is not a lazy woman's dream; this is **Love**, which is a **working-day principle**. Do not let the routine of housework rule you, but let Love rule in your heart. Do everything to the glory of **Love**. There is a co-operative atmosphere in a real home which turns work into play.

Wednesday, May the Twenty-sixth.

Love will mold us. Love will smooth off the sharp corners of our dispositions. As you rest in the Silence, know that the Great Presence of Love is right now taking away those little subtle pointed places in your disposition. These sharp beliefs will fall away if you will but acknowledge **Love** as your true nature, and will think and speak and act according to this acknowledgment.

(Study page 156 in "Truth and Health.")

Thursday, May the Twenty-seventh.

Bible: "Be ye doers of the word, and not hearers only."

To hear truly is to obey. We have heard the Voice of Truth, and we have accepted that Voice as our leader. Where it leads, we will follow. ("Selected Bible Readings.")

The Voice of Truth will surely lead us to give up any selfish unlovely traits of thought. Love never asks us to give up anything that is for our best good.

(Study page 190 in "Truth and Health.")

Friday, May Twenty-eighth.

Bible: "For if any be a hearer of the word, and not a doer, he is like a man beholding his natural face in a glass; he beholdeth himself and goeth his way, and straightway forgetteth what manner of man he is."

In the Silence we behold ourselves as we really are—we recognize our nature as Love. If we go our way and forget that our nature is Love, then we find the adverse thoughts, the sharp beliefs of impatience and irritability, creeping in.

Acquaint now thyself with Love and be patient, kind and loving.
(Read pages 206 and 207 in "Truth and Health.")

Saturday, May the Twenty-ninth.

Jesus said in his Sermon on the Mount (Matt. 7:24, 25):

Therefore whoever heareth these sayings of mine, and doeth them, I will liken him unto a wise man, which built his house upon a rock:

And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon a rock.

Are we building our dispositions upon the **Rock of Love**? If we are, we do not get disturbed if tempestuous looking appearances come. Today I will know that in Truth I am founded upon the **rock**, God's Love. No matter what comes, I will trust this Love absolutely. I will not waver.

Sunday, May the Thirtieth.

Let us know, today, that we are not bound down in any way by the past. Because we were angry last week is no reason why we should ever indulge in anger again. **Today is a new day**; the old habit of thought has passed away. My slogan today will be: "Out of the personal indulgence into Love's abundance."

(See page 303 in "Truth and Health.")

Monday, May the Thirty-first.

Do not carry any mental burdens of any kind or description. Cast all your burdens into the Infinite Love-Presence. In this Presence is the very fullness of any Good that the heart can ever desire. Love filleth all. Love will supply our every need. It makes no difference what the need may be. (Read Matt. 21:21.)

Love is that real, tangible, vital Something that will work out every problem. Let us show our appreciation of this wonderful gift of Love by using It. (See John 13:17.)

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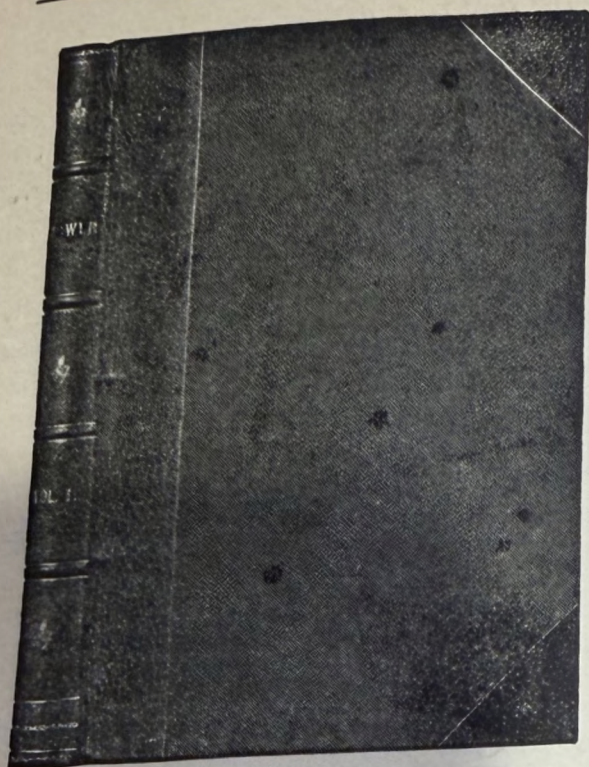
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Tuesday, 10:30 a. m.—Truth and Health.

Wednesday, 8 p. m.—Health Class.

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