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¶ "The Power of the Highest shall overshadow thee."—Luke 1:35,

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CHARLES EDGAR PRATHER, Ph.D., Editor.

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THE TRIUMPH OF THE MAN WHO ACTS

By EDWARD EARLE PURINTON

(The following excellent article, by Edward Earle Purinton, comprises a pamphlet which is one of a series of optimistic publications now being issued by the Granite Spring Water Company of New York City, in a campaign of education along the newer lines of practical psychology and hygiene. Hundreds of thousands of copies have been published and still the demand for it increases, so alive is it with sane and practical truths which everyone may apply with profit and joy. The article is copyrighted, and is published in "Power" through the kind permission of the Company.—Editor.)



HIS IS THE DAY OF THE MAN WHO ACTS. The world wants him, well knowing that he is bound to forge ahead and achieve what compels rightful admiration. We respect a man because he has taken what we had, or acquired what we haven't. We respect the man who acts because he displays *control over crises*. This spells opportunity, this makes history, this creates destiny. For to see what should be done—then do it on the instant, caring nothing for appearance, precedent or preaching, is the common mark of all the great of all time.

The man who acts possesses courage, promptness, faith, quick-wittedness, farsightedness, a huge will, a holy zeal, and the power to mass his forces on a set point at a set time for a set purpose. Such traits are rare, worth money, and a meed of praise. They command the rewards of the world, they summon the gifts of the gods. If any boon to you be lacking, see why it goes to the man who acts.

Health attends the man who acts, Wisdom guides him, Hope frees him, Power moves him, Progress marks him, Fame follows him, Wealth rewards him, Love chooses him, Fate obeys him, God blesses him, Immortality crowns him.

HEALTH ATTENDS THE MAN WHO ACTS.

Loss of health is, first, loss of initiative. Disease attacks inert bodies. Germs feed on dead tissue. Every sick man has begun to

die; and conversely, no man thoroughly alive can be sick. To be energized from head to foot—body, brain, heart and soul—is to be radio-active and hence immune. Never blame or fear a germ—typhoid, rheumatic, catarrhal or tubercular—blame your own negligence, fear your own ignorance, and make friends with the germs so they will do their work more eagerly. If a householder left a pile of garbage in his dining-room, then were driven to despair by rats and flies, who would pity him? We should say to him, "You are lazy, shameless and reckless—clean up or go to jail!" Yet we pity the invalid—who also has garbage in his dining-room or elsewhere in his body—and we say to him, "The way to be well is to fill up on more poison from the drug store!" When pills are used for pillars, health is bound to topple.

The finest remedy in the world is for a sick man to realize that *he himself must do something*. He must eat less and exercise more; learn to breathe to the bottom of his lungs; find what water will do for him inside and out; smash the fripperies and follies of custom and expediency; understand what life means and get a real object for living; cultivate faith in himself and his fellows; work and play all over; study the birds and the trees and the stars, and be as frank and free as they—in short, get down to first principles, back to Nature, on to Destiny, up to God. Nothing is "incurable" save lack of courage. Many a man doomed to die has outlived his doctor, first by *willing* to have health, then by *working* to secure it. For perfect health is only a by-product of efficiency; whoever does things and delights in the doing thereby unconsciously grows deep-chested, lithe-limbed, red-blooded, stout-hearted, clear-eyed, strong-nerved, calm-visaged, clean-souled.

WISDOM GUIDES THE MAN WHO ACTS.

No book contains wisdom. A book merely echoes what a man learned by doing things. Hence most of our pedagogues are busily engaged telling the young how to follow echoes. The crime in popular education lies in regarding the mind as a memory-box instead of as a motor. The only hopeless fool is a highly-educated fool. Many a "fool" who knew nothing but dared all became the world's idol. You see, we begin to have real education only as we long and dare to plan and execute our own adventures in life. What if we err? We have been honest. What if we suffer? We have been bold. What if we come to disaster? We have chosen the path of our heart, and though our possessions vanish, our principles rise immortal.

No man has mounted the first step to achievement who has not learned to make mistakes nobly and retrieve them gracefully. The child walks by trusting his aspirations, desires and hopes despite his failures. Civilization throttles instinct, doubts intuition, denies inspiration, attempting to substitute logic or policy or mob-rule for the deeper, higher, finer voices of the soul. Not by heeding the warnings of timid friends or the mutterings of rabid enemies but by *forgetting*, and if need be defying, the words and habits of others, choosing to heed the inner voices and follow to the end, do we grow apace in wisdom.

HOPE FREES THE MAN WHO ACTS.

The chick is a timorous bird, the eagle a valiant. Why? Because the eagle knows the strength of his wings, by his action he overcomes his fear; whereas the chick, feeling his wings helpless, merely squawks and flutters at the approach of danger. Most men, and the vast majority of women, have had their wings clipped. Freedom in action they know not, hence they fear. What do they fear? Poverty, illness, enmity, old age, solitude, night, sorrow, unpopularity—countless things that lie in the shadows of ignorance and indolence. Fear is but chronic inability to act. And what we fear, we invite. If the business of being a desperado were as moral as it is hygienic, we might all profit by a course in brigandage. No man fears himself; hence the way to rout fear is to be oneself so thoroughly and constantly that no outer shadow may intrude. Fears are the centipedes and lizards of the mind, hopes are the butterflies and larks. Hopes lead when we do as impulse or inspiration prompts; fears haunt as we lie prone. When a man despairs call him a drone. At least that will anger him—and ire gets action!

JOY HELPS THE MAN WHO ACTS.

The pessimist is always a theorist—never a practical man. From the nagging housewife, lacking system, love and tact, to the magazine "muckraker," lacking a job and envious of men with good ones, the preacher of woe is always a person with an unsolved problem. But to the earnest and the energetic, life is a splendid game; and he who knows the game and "plays fair" is always expecting a victory. Men and women need to limber up; they are too dignified, too conventional, too timid, too expressionless, too unreal—and too rheumatic. A little boy in mischief is always contented. We may not like the mischief, but the action of him is ideal, also the courage that defies a rule-of-thumb. And in mature life, the youngest, cheeriest, soundest man is he who always delves in something new. A destiny, like a diamond, is a matter of digging. Happiness lies at the heart of some herculean task. And the mere act of stretching our mental and spiritual muscles creates a physical buoyancy, to thrill and impel and renew us. Woe is merely a blind wish of a weakling. The lion, fettered and bound in his cage, presents a sorry countenance; the lion, speeding from his lair to the open, grapples with his foe and mightily exults in life.

POWER MOVES THE MAN WHO ACTS.

From the new science of experimental psychology we learn that the average man uses only a small fraction—a third to a tenth—of his inherent brain-power. The rest lies dormant. Why? Because *original* thought is lacking, and that is the only kind that really builds the cells of the brain. Now original thought and independent action are closely related. All discoveries and inventions, all great commercial undertakings, all humane projects and philanthropic institutions, were the outcome of the brain of a man who had a new idea, recognized its value, became absorbed in it, worked it out for himself, and by proving it challenged the world's attention. The human brain is an electric

battery, Universal Spirit the power house, and personal ambition the set of wires on which the current runs. Seldom is the battery connected aright, with the source of power above, or with the channels of power in human life. Great deeds are the products of great desires. And most human beings are so trival, so unattractive, so commonplace, because whatever desires they had in childhood have been crushed in the world's routine of repression, monotony and apathy. Try this experiment: The next time you feel a conviction, inspiration or desire that seems unusual or even untenable—*act* on it, fully, promptly and implicitly. If the result seems a mistake, never mind—a new channel of power will have been opened in your brain, and as you grow familiar with this, you will be astonished at the increase in efficiency.

PROGRESS MARKS THE MAN WHO ACTS.

One of the popular fallacies of the day is that we can grow healthy, wealthy, happy or great by merely thinking ourselves so. Does an artist need only a frame? The artist of character or achievement may well choose the right frame of mind—but to create the picture, he must toil hard and long. The worst cases of failure, mental, moral and financial, that the writer has ever seen were those of habitual, professional, thinkers and dreamers who scorned the busy life of the world, imagining themselves beyond the need of exertion. A definite plan of action, and a determined execution of that plan, must underlie all permanent advancement. History is peace where prophecy was action. The whole aviation art and industry is based on the unremitting efforts of two plain men—the Wright brothers, who kept trying while others merely talked. Schwab, the greatest mechanical genius of the steel trade, liked his work so much that he preferred it to play. Ask any captain of the world's progress what brought him where he is—he will say, "I did more than was expected of me."

FAME FOLLOWS THE MAN WHO ACTS.

Not that fame is desirable—it is rather most uncomfortable. But to those who have not outgrown the small-boy habit of wanting to carve their name on the scenery, this is an argument for action. Study the names of the famous men of the present time—Edison, Marconi, Burbank, Peary, Caruso, Wanamaker, Belasco, Roosevelt. Each of these can do, has done, some one thing better than anybody else. They were not content to be idle while things could be improved. They are great because they kept going in spite of great discouragements. Fame is but the echo of a man's determination. Only those remain obscure who did not take a strong enough vow.

WEALTH REWARDS THE MAN WHO ACTS.

The fortunes of the plutocratic families—the Astors, Goulds, Vanderbilts, Rothschilds and Rockefellers—were founded on the action of a man who first saw and filled a great public need. Money is the measure of what people want; but they have to be shown before they know what they want. They did not know they wanted the telephone,

telegraph, sewing-machine or automobile—until somebody foresaw the demand and prepared to meet it while his neighbors slept. Somewhere, in the acquiring of every great fortune, a man took his future in his hands and stepped off into space. Somewhere, also, he came back to earth so completely that his methods, his machinery, his regularity, surpassed that of his rivals no less than his dream outshone theirs. Both in imagination and in execution the builder of riches displays a lordly stride.

LOVE CHOOSES THE MAN WHO ACTS.

When woman suffrage has become universal, the science of eugenics a part of the college curriculum, and sex instruction a feature of sound home training, the present standards of marriage will be standards no longer. Then the question will be, not "Is the girl a beauty, a social queen, and a deft caterer to man's conceit?" but rather "Is the man a worthy specimen, physically, mentally and morally; will he make a true husband and a good father?" The right marriage-dower is not coin for the woman—it is character for the man. So, when women legislate, the dower-customs will be changed. Such a revolution will be hard for the ousted lords of creation to accept. The way to prepare for it is to do things, morally and spiritually, as eagerly and effectively as they have always done with brute strength. For the woman always yields to strength in the man. Even the poet—wan, soft thing—has a power of imagery that the millionaire must acquire if he keeps all of his lady's heart. The matinee idol and the soldier on parade maintain a semblance of action. This is what endears them to feminine worshipers. Would you win your lady's adoration? Do something, anything, that no other man she knows could or would do. For every woman's king must be a conqueror.

FATE OBEYS THE MAN WHO ACTS.

Luck is a myth. Chance plays no part in success. Whoever looks on a leader with envy merely looks at him with ignorance. For every man who attains supremacy of any kind has done something to earn it. Paderewski was born musical—yet so were thousands of others. What made Paderewski the world's greatest pianist was the habit he had of playing a note or phrase until he got it right—often three hundred times at a stretch. Edison was born with a gift for mechanics; but his matchless wizardry is only his capacity for work, he can go for weeks on half the food and sleep that his helpers demand. Beethoven, meeting deafness, went on writing music in his mind. Milton, stricken with blindness, learned to see with his soul. Napoleon, weak and sickly, grew healthy by growing lion-hearted. All these men did things, either using a good heritage or overcoming a poor one, to an extent beyond the zeal or courage of the many. Each act, each word, each thought of our life today becomes a mosaic in the mansion of our destiny. Thus we decree our fate to ourselves.

GOD BLESSES THE MAN WHO ACTS.

God is Light and Light is energy. God is Love and Love is power.

Thus vitality is the backbone of virtue, and no man can be good who is lazy. The great religious leaders have called themselves most blest of God. And they were all men of action—Luther, Calvin, Savonarola, Spurgeon, Moody, Mott. God even prospers “bad” men who use their brains and bodies to effect. Their sins are punished, but equally their talents are rewarded. Why are the churches losing ground, why are false sects springing up? Because the churches have as a rule waste their finest energies and opportunities in talking. You can’t build a kingdom by splitting hairs. If clergymen had waked up fifty years ago, as they are now doing in the glorious effort called the Men and Religion Forward Movement, they would not now be apprehensive of Christian Science, New Thought, Mysticism, Socialism, or any other cult that really aims to supply what the church failed to consider. In theology, the doctrines are dying, because bereft of deeds. A zealous Buddhist is a better Christian than a lukewarm Baptist. And there comes a time, in the growth of every soul, when he regards weakness more unpardonable than wickedness. For sin is generally blind, while indifference knows well its own guilt. Honest effort, just that and nothing more, builds our estate in Heaven. So the ignorant, the poor, the afflicted, the oppressed, have a better chance to be exalted hereafter, because they are forced by harsh necessity to exert themselves.

IMMORTALITY CROWNS THE MAN WHO ACTS.

John Jacob Astor thought to make his name undying by willing his fortune to his male heir. But the real immortality of John Jacob Astor was to come in a far different way; in the heart of the world he found his place when he gave up his right to live, that the weaker souls on the doomed “Titanic” might be saved. He followed an impulse greater than himself; and he will be remembered for that one smile in the face of death, that radiant moment when the God in him rose to the need and took command. Who before that night had known the name of Mrs. Isidor Straus? Who since that night has failed to honor her? In every home her likeness, and her choice of death with the man she loved, should be enshrined as a tribute to the power of the soul, the loyalty of love, and the divine import of supreme disaster. The world is full of heroes, whom perhaps only the angels sing. But of all those whom the world forever honors, each one has taken a superhuman risk, and so achieved a superhuman task. This alone repays for the ills and hurts and heartbreaks of life; and this alone makes one immortal.

Suppose now that a man wished more of the health, wisdom, joy, power and progress of action, how might we suggest that he energize himself for greater efficiency? By starting right now to put a few simple things into operation, letting their cumulative force renew and reconstruct his life. So our answer would be this:

Stop talking—learn to speak only as you and your friends will somehow profit thereby.

- Stop worrying—when you can handle the present as well as God will handle the future, you will laugh at your worries.
- Stop wishing—a wish is confession of weakness. Want what you want hard enough to get it, or else feel superior to the need.
- Stop criticizing—only an ass wastes energy in braying.
- Stop hesitating—it is the plunger who goes to the bottom of things. And whether gold or mud is at the bottom, the man who has found it rests.
- Stom imitating—a real ruby is worth more than an artificial diamond.
- Stop idling—either work; or play, or sleep, or travel; in short, make even your rest-period a thing of ambition, volition, system.
- Stop hurrying—when you teach your brain to outrun your body your body will stay quiet.
- Sit up straight, walk with your chest out, look every man in the eye and declare yourself as good as the best. Humility is not hump-shoulderedness.
- Go to the open window and take a dozen huge breaths, deeply and slowly, stretching your legs and arms at the same time, and feeling the purified blood leap through your veins and arteries. Do this whenever you have a headache or a grouch.
- Read books that build—not the mush in the six “best sellers.” Goethe, Shelley, Browning, Emerson, Whitman, Darwin, Epictetus, Kant—these men produced food for the minds of real men. And of all literature of action, biography is best—you can judge the progress of your neighbor on the achievement-path by the heroes whose lives he studies.
- Eliminate idlers from your acquaintance. This includes all who enjoy play more than work.
- Lose yourself in your work. Come early and stay late. Use every spare moment in developing methods first to work better and then faster. If there is a man higher up in the same business, devote an evening a week to studying how he got there.
- Analyze your average day, and find how many hours a week you waste. Then consider that your time outside of working hours is worth twice as much—because that belongs to you, while the other is only your employer’s. Thus, if you earn ten dollars a day, every hour outside the office routine is worth at least three dollars—too much to squander.
- Line your walls with portraits of the world’s conquerors, starting with Napoleon and Lincoln, finishing with the greatest man in your own special field. Traits of character map themselves on the face. The countenance of a winning pioneer is of itself a heaven-born stimulus.
- Picture yourself in absolute command of the place you aspire to, in permanent possession of the thing you want, with every ambition satisfied and every aspiration met. Failure is a fool’s name for lack of grit; not being a fool, you will not talk of failure.

Face to the front, unceasingly and unquilted. Consider that the past never was, excepting in the lessons it has brought. No man regrets while still he marches on.

Attack the hardest job in sight. Do this first. A little reflection will show what it is—probably a slipshod habit or ugly propensity or chronic weakness that needs handling without gloves. The man of might is he who was merciless to himself.

If you have done all these things, and whatever else occurs in the doing, then look for a chance to help somebody who is down, lift a burden that has grown too heavy, whisper a word of love and sympathy to the lonely, the forlorn, the misunderstood. For the sad and poor and helpless can most appreciate, and will most bless, the prompt and generous nature of The Man Who Acts.

WHATEVER GOD DOES, IS DONE WELL

The celebrated Rabbi Akiba was an extraordinary man. On one occasion he had been traveling on a long and tedious journey and was hurrying on to reach a certain village where he hoped to get a friendly reception and a night's shelter. But the inhabitants of the place were an inhospitable set, and he could find no accommodation there. Night was coming on, and he had to take refuge in a neighboring forest, saying, as he did so, "Whatever God does, is well done." He had with him a lamp, and fowl and a donkey. He lighted the lamp to guide him, but a gust of wind blew it out, and he was left in darkness. "What God does is well done," said Rabbi Akiba again, and he groped his way in the dark as best he could. All at once a wild cat pounced out of a thicket and carried off his bird. "What God does, is well done." Then a lion fell upon his donkey and slew it. "What God does is well done."

On the morrow he went into the village, but a frightful scene met his eyes. Every inhabitant of the place had been massacred. It appears that a murderous band of robbers had made a descent upon it during the night, and had slain every human being they came across. Then he perceived what a fortunate escape he had had. Had he been admitted he would have fallen a victim like the rest, for wicked people have no respect for the good. And as he reflected further, he understood how his other troubles had all been blessings in disguise. If the lamp had remained shining, or the cock had crowed, or the donkey had brayed, his whereabouts would have been betrayed to the brigands, and he would certainly have lost his life. How correctly it all turned out that whatever God had done was well done!

True, things do not always turn out quite so neatly or so successfully in the world, but a grateful spirit, just because it always believes there is a good side to things, sooner or later finds the good it believes in, and meanwhile it is guided to make the best of the bad side, so that even that does not prove in reality to be as bad as it looked.—*Simeon Singer*, in "*Sermons to Children*."

THE CHURCH OF GOD

CHARLES EDGAR PRATHER.



WITHIN THE CITY OF GOD there is a recognition among its inhabitants of a central Light, which illumines by its wisdom; a source of Power, vitalizing and emergizing; an over-shadowing Presence which directs, controls, sustains and rejoices.

Recognition means to perceive, to see, to know. It means also to acknowledge and abide by, which includes appreciation and co-operation. To see a truth—the very act of recognition makes you one with that truth through your assent to it. Having gone thus far appreciation and co-operation become spontaneous, a sort of inspiration, on your part.

Knowing is being, and Being is God. To know is to become God-like. Recognition is the first step toward realization. It is the opening of the eyes to the Truth, which is the Good. It is the opening of the ears to the symphony of the universe, which is in perfect accord throughout. It is the opening of the soul to the comprehension of the Christ, the savior and deliverer from every belief and opinion of the mentality.

Recognition implies an acquaintance with; in fact, a renewal of a former acquaintance. (*Cognitio*, to know; *re*, again: to know again.) You are *from* God, *of* God, *in* God, *like* God; but this consciousness has been submerged in sense thought, in untrue beliefs, in personal conceptions of that which *seems* to the physical senses, until you have believed that you were something separate and apart and different from God your Source.

When you awake from the dream of sense you find yourself at home in the City of God, where all is joy, peace, harmony and abundance. Being of the Truth, you become *consciously* one with it again.

UNFOLDMENT.

You *unfold* in Truth. It is not something to be acquired. Books and sermons and experiences are *stimuli to awaken you* to the recognition of Truth within you; you cannot acquire from without that which you already have and are. Whatever causes you to recognize, to know again, that Truth which you are, is helpful, a messenger of Good, though that be a so-called "hard experience."

Unfoldment is spiritual growth. It is the expansion of soul, or comprehension. It is the broadening of the vision as you ascend the Holy Mountain of the Lord.

Out of the valley of sin, sickness, darkness and despair you rise in consciousness to a realization of the reality of Goodness, Wholeness, Light and Joy.

Truth is ever progressive. That is, the more you unfold the more Truth you perceive there is to be known; and the more you

use it the more there is at your disposal. There is no limit in your Source nor to your unfolding capacity and ability.

PLACE OF WORSHIP.

The place of abode of a lord or master was known as the church. A lord or master was one in authority, exercising power of dominion, provider, and leader.

To the spiritually awakened a Presence and Power far transcendent to any earthly authority is recognized as Lord and Master, who is the Ruler of the spheres, and whose reign is in love and righteousness; whose over-shadowing Presence ever illumines, inspires, directs and sustains all who turn to it with open and ready heart.

For the purpose of thus training the higher impulses of the spiritual self—the real self—and harmonizing the mentality—the realm of personal thought—with the Truth, man established places of worship, called churches, where he could be stimulated to higher thought and fuller perception by prayer, praise, and listening to the presentation of some phase of Truth by a speaker or minister.

Where several persons meet together for the same purpose, its object is the more easily attained through united effort. Where two or three are gathered together with one accord for a higher realization, each becomes more receptive to Truth through the influence of the same attitude of the others.

For this reason religious services are always beneficial to the one who truly aspires.

THE CHURCH OF GOD.

As a city is not only a collection of houses, but their inhabitants, so a church is not merely a building in which to worship, but the body of spiritually awakened attendants at such services.

Sects, or denominations, while perhaps accepting the same fundamental truths as others, are founded upon creed, acknowledging some ecclesiastical authority, observing the same rites, etc. While each sect appeals to some which others could not reach or influence, (and therefore each has its place and purpose or else could not be), no denomination can say, "We are *the* Church of God," thereby excluding any or all others.

CHRIST THE HEAD.

The Church of God is the Omnipresence which dwelleth in the City of God. The Christ is the revelation of Truth, the Light of God, which is over all—"the head over all things to the church, which is his body, the fulness of him that filleth all in all." (Eph. 1:22, 23.)

To know the Truth is the primal essential of the Church of God. This is the very head, even Christ. This does not require that you be a member of any denomination, for this Light is omnipresent, and when you open your mentality to it you will see the way of life and holiness, and you will be consciously in the Church of the Living God.

You can be wise, you can be good, kind, loving, honest, true, in your home, out in the field, in the work-shop—anywhere, everywhere, when you become aware of that One “Whose presence bright all space doth occupy.”

THE BODY OF THE CHURCH.

Infinite Intelligence being the head of the Church, what constitutes its body? That Expression of God brought forth through its creative energy and directed by its wisdom which you call yourself. You are the body or manifestation of Divine Revelation. “Now ye are the body of Christ, and members in particular.” (1 Cor. 12:27.) “For we being many are one bread and one body: for we are all partakers of that one bread.” (1 Cor. 10:17.)

By the Light of Truth (the Christ) you know but one substance—Spirit, the substance of all, visible and invisible. As the cause exists in its effects, you begin to see that what God is you are. You perceive that while we all express different phases or qualities, everybody and everything constitute the body of the Church of God. “For as the body is one, and hath many members, and all the members of that one body, being many, are *one body*: so also is Christ.” (1 Cor. 12:12.) “For as we have many members in one body, and all members have not the same office: so we, being many, are one body in Christ, and *every one* members one of another.” (Rom. 12:4, 5.)

MEMBERSHIP.

You have an inalienable right to the tree of life. You are by birth a citizen of the City of God. Your divine inheritance is the realization of the fullness of all good.

Have you claimed your right? Have you been starving, while your untold abundance has never been drawn upon by you? It is at your disposal, but you must use the key of Faith.

While all that the Father hath is yours, you must awake to that truth, claim it for yourself, be consciously one with the Father, and co-operate as fully as you have the light.

The Truth, God, is that which is. There is no other reality. When you speak of yourself you say, “I am,” and that means “that which is.” So when you say, “I am,” you are literally saying, “*God in me is*” so-and-so.

This “I am”—and you know it only through the Light of God, the Christ—is the door to the consciousness or church of God. “I am (*God in me is*) the door: by me if any man enter in, he shall be saved, and shall go in and out, and find pasture.” (John 10:9.)

AFFIRMATIONS.

I am born of God, therefore like God.

I am the child of God, and show forth the qualities of my Father.

I am a resident of the New Jerusalem—spiritual realization.

I am a member of the church of the living God, appreciating its blessings, enjoying its glories, and practicing its truths.

LESSONS ON CHARACTER BUILDING

ANNIE LAURIE FITZGERALD.

Those who have been attending Sunday School at the First Divine Science Church this year may be glad to have the following verses. They were written by Mrs. Fitzgerald to help her class in remembering the different subjects studied.

What was the first thing that we learned
In Sunday School this year?
To be OBEДИENT at all times—
Then happy we'll appear.

And next, of course, came KINDNESS
To every one we meet,
That all of us, when we are grown,
May be both strong and sweet.

If we are kind, we'll love to serve,
So SERVICE we did study next;
And many deeds by Jesus done
Were taken as the text.

INTEGRITY means to be true
In thought and word and deed;
And if we practice this each day
In all we will succeed.

In February, as you well know,
Were born two loyal men;
So LOYALTY that month was praised
Over and over again.

That we may know our Father's will,
We turn to him in PRAYER,
Remembering too we always are
Within His loving care.

We each of us a birthright have,
More precious than great wealth;
So let us claim it for our own,
This gift of perfect HEALTH.

A noble character we'll have,
If kind and brave and true.
Our motto is: "Be at your BEST
In everything you do."

We do not have to rely on legend and history for noted examples "of perseverance in well doing," for right with us today, if we but open our eyes, we will find hundreds of devoted souls, men and women of power, whose daily aim and prayer is that they may be of service to their fellows. In fact, never was there an age like the present for the many noble workers in altruistic lines, fast filling up the long vacant niches of human needs: veritable God-co-operators; and of them it may be said, as it was of Enoch of old, "They walk with God." This is the true "perseverance of the saints," that was argued so much in Puritanic times, now made practical beyond all cavil.

—William Yeats More.

PRACTICE FOR SPIRITUAL REALIZATION

JOSEPHINE S. PRESTON.

THE SILENCE. The purpose of the Silence is to consciously establish the individual in the full Presence of God.

To enter the Silence, close the eyes, drop every thought of the outer, and without effort think **Peace** through the body. Breathe in deep breaths of Peace until you are consciously relaxed from your head to your feet. Then in child-like faith declare:

There is only One Presence everywhere.

It is present here and now.

Unite your thought with It, and trust It fully to manifest you and for you.

Never hurry your Silence. The best time is early morning. Never doubt that God hears you. Keep your attitude one of fixed receptivity. Your every affirmation is Prayer. Your remedy for every condition is always within, always at hand. Remember, the Omnipresence is in Quality, Perfection; and in Quantity, Abundance.

TREATMENTS.

CHARLES EDGAR PRATHER.

FOR WISDOM.

To demonstrate that God is your Wisdom, practice (exercise) in your Silence the following:

For with thee is the fountain of life: in thy light shall we see light.—Ps. 36:9.

To perceive is to see. To see is to know. To know is to be. Intelligence is the Truth of me, for "I am."

That which is—God—is Truth.

To know Truth is Wisdom; there can be no other knowledge, since God is the omniscience.

I trust the Light of Truth as it is revealed in me, and am thus guided in all my ways.

FOR HEALTH.

That you may prove to yourself that God is Health in **your body**, practice in your Silence the following statements:

Truth is now awakening me to the realization that there is but **ONE** substance—Spirit, whether it is invisible or visible.

My body is therefore spiritual substance, and as such partakes of the nature of Spirit, which is perfect.

I now declare the wholeness and harmony of my body, regardless of any seeming appearance.

I practice seeing my body the living perfect expression of God, and it shows forth Health.

 FOR THE ENVIRONMENT.

That you may realize Joy in your environment, silently concentrate your thought with the following statements:

God is Good. God is omnipresent. Therefore, goodness is everywhere about me and within me.

No longer do I look for evil, for now I know only the Presence of Life and Love and Joy.

In my home, in my business, in every event and circumstance, I am receptive only to the Good, and lo! Good fills my universe!

 FOR ABUNDANCE.

Take the following statements into your Silent Communion and come out of it being One with the One-All-Source of Supply in your every expression:

Nothing can limit the allness and fullness of God. If I lack money, or any good thing, it is because I do not realize the full Presence of God, which is Abundance.

I am in the midst of this Fullness, and am one with it. I refuse to feel limited in any way, for God supplies all my needs.

I dismiss from my thought all anxiety, knowing that in receptiveness to the Good "all that the Father hath is mine."

I bless all that I have, and praise God.

Omnipresence means All-Presence, Only Presence.

All that is, and this all includes the body, must spring from this Presence. Paul, seeing this, said, "Of him and through him and to him are all things."

All that is must live in this Presence: "In him we live, move and have our being."

All that is must be actuated, sustained, impelled by this Presence: "There is one God and Father of all, who is above all and through all, and in us all."

This consecration of all to the Universal is vital because thereby we are entering into the Truth of all Life. We are looking upon the Universe—visible as well as invisible—from the standpoint of the Father; we are seeing it as He saw it: I am and beside me is none else; my Substance is Living Substance, eternal and changeless; your body is born of my Substance and is as unchangeably perfect as my Substance is perfect; forget your conceptions of inharmony and limitations, and know nothing else but Consciousness of Perfection; thereby shall good come unto thee, thy health (consciousness of wholeness) shall spring forth speedily, thou shalt dwell in the land and verily thou shalt be fed.

In order, then, to realize perfect health, we do not need to change the body, but we need to change our conception of the body.

The one who *realizes* that his body is born of Spirit, and is therefore Spirit-Substance, has found the Truth of Life that means perfect harmony of body—unchanging health.

—Nona L. Brooks.



The International Bible Lessons

REV. CHARLES EDGAR PRATHER, Ph.D.

Lesson 1. July 6th.

THE CHILD MOSES SAVED FROM DEATH.

Exodus 1:22-2:10.

Golden Text: Whoso shall receive one such little child in my name receiveth me.—Matt. 18:5.

Moses represents a step further in Truth, and our lesson deals with the care and guardianship of Spirit over the one receptive to that larger degree of comprehension. Each succeeding character in Scripture shows development in some line not before realized.

The parents of Moses were of the house of Levi. Levi was the third son of Jacob, whose mother, Leah, named him Levi because it means "drawn to me," in hopes that Jacob, whose affections had been estranged, would again be drawn to her. The name Moses means "drawn from the water."

This "drawing" indicates a tendency of unifying in the thoughts of the house of Levi, which finally comes to full consciousness, after continuous unfoldment through many centuries, in Jesus the Christ, who proclaimed the truth, "I and my Father are one."

Moses represents that phase known as intellectual perception—a truth perceived but not fully realized or felt as one's own. It is a step necessary for most people, for it leads one into the path of progress. But how many people stay there, depending solely upon this mental perception and thereby miss the joy of conscious oneness with the Truth perceived, this latter being soul comprehension.

All nature instinctively gives protection to the unfoldment of Truth against the ignorant, oppressive

and destructive agency of the negative sense realm of the mentality, which seeks only its own gratification—which is Pharaoh.

Yet out of the very center of selfishness there arises a purifying and saving quality, which cherishes the promise of spiritual realization. This is the "daughter" of Pharaoh, the intuitive nature which cannot conform to the edict of the senses to destroy all unfolding powers of the soul, typified by "son."

The river Nile was considered sacred, and the bathing in its water was part of a religious ceremony. This reveals the inner meaning of the outer exercise; for water signifies spirit, and to bathe in it is to be cleansed by it of all limited and impure thoughts of the mentality.

Intuition—the daughter—makes it a regular custom to turn to this purifying and invigorating spiritual exercise or communion, and thus fosters and cultivates the power of the soul there discovered. This is the silent communion we practice. At first the Truth may be but tiny, a babe, to us, and so obscured that it seems that only by chance we discovered it.

But when Truth is once discovered by our inner discernment, and we take it to ourselves as our own—"he became her son"—it will expand and grow and become mighty in words and works, just as Moses became as the son of the daughter of Pharaoh.

"Like a mountain climber, the soul is impelled to press on from peak to peak, to heights yet unsealed."

Lesson 2. July 13th.
MOSES PREPARED FOR HIS WORK.
Exodus 2:11-25.

Golden Text: Blessed are the meek: for they shall inherit the earth.—
Matt. 5:5.

Perception of Truth is not for mere self-satisfaction, but for use. Truth cannot be destroyed, though it may be hid from view through our false thought of the external, and at times it may seem almost crushed, but being Life it cannot be killed.

Joseph was saved by his trust in and application of Truth, was carried safely through his servitude in Egypt (sense conditions), and finally became the savior of the nation and the means of bringing Truth to light where before there has been only darkness.

For forty years Moses was regarded as Pharaoh's daughter, and became learned in all the wisdom of the Egyptians. All the pleasures and wealth of such an heir were his, but Truth impelled him on, so that "By faith Moses when he was grown up, refused to be called the son of Pharaoh's daughter; choosing rather to share ill treatment with the people of God, than to enjoy the pleasures of sin for a season."

There were many things to try his faith, but these were to fit him for valient service to humanity. He early learned the lesson that nothing can be done in secret, and while it seemed almost justifiable in killing the Egyptian who was smiting one of his own blood, a Hebrew, yet he knew he was not following the highest within him; others seemed

to know of it, and he was afraid. Then Pharaoh sought to kill him, and he had to flee, going to the land of Midian—into a new plane of thought, discernment; where "he sat down by a well," a place of rest and meditation.

Among the seven (material fulfillment) daughters of the priest (spiritual perception), was one Zipporah (beauty, harmony), whom he married. This conscious unity was productive of a son, who was named Gershom, signifying the return to a higher thought from a wandering in the sense realm. ("For he said, I have been a sojourner in a foreign land.")

Thus your Moses is led of the Spirit up through the maze of various experiences, which fit you for service if you fulfill your part in being faithful and perseverant. In this attitude of selflessness, meekness, you become the avenue of Truth and a power for good, because of your enlarged vision resultant from such experiences.

"Meekness is strength held in reserve, and placed at the service of weakness." Moses as a man was not of such disposition until through long training he attained that attitude. But this training in life's school, if observed and accepted, will also perfect you in true meekness and thus prepare you for a life of good works.

Lesson 3. July 20th.
MOSES CALLED TO DELIVER ISRAEL.
Exodus 3:1-14.

Golden Text: Blessed are the pure in heart: for they shall see God.—
Matt. 5:8.

Never is one really promoted until he is fitted for such advancement. It is in the little things one proves himself worthy of greater things. Moses, after all his educational training as a child of the royal family, was willing to return

to the common things of life, and there "make good." So he became the keeper of the flocks of his father-in-law. He led the flock "to the back of the wilderness," which was westward, or toward realization.

As you do your work faithfully

and well, you are not only bringing it to a state of excellence, but, best of all, you are yourself unfolding into the realization of good, of success, of truth.

Faithfulness in detail is the open door for inspiration and power for greater things. It is the attitude which admits the "angel of Jehovah," which comes with such power that it is described as "a flame of fire," and signifies the cleansing of all selfish thoughts and desires and a willingness to be led by its light.

It matters not whether it was a psychical experience, or a natural phenomenon produced by electricity charging the bush, which made it appear as on fire. It was at least a token that Moses was being illumined by the spirit of Wisdom, and he was receptive to it.

The burning bush was not consumed, and Moses began an investigation of it, when God called him by that inward awakening which we call Intuition, although the voice seemed audible. Instantly Moses caught the lesson that his attention must ever be fixed upon Truth, and he should in nowise turn to the external or visible for an explanation.

So long as you delve in the visible, seeking the why and wherefore of this and that, you will have no open vision of the Truth. The cause must be sought in the Power which produced the phenomenon, and in finding and knowing the Cause all mystery is revealed.

Thus Moses was taught to turn to God, to trust the Power that sus-

tains the universe, and in so doing became one with that Power. This is an almost overwhelming realization—so sacred that the very ground underneath you becomes holy, when you are conscious of God's presence.

You are then open to further light. God begins to reveal Himself to you, as He did to Moses—as your Father; that His life pulsates through your body; that His intelligence guides you and His strength animates you—that you are the vehicle through which God works.

With such a realization you are inspired to drive out of your darkened mentality (Egypt) every ungenerated and limited thought (Canaanite), fear (Hittite), sensuality (Amorite), self-will (Perizzite), deception (Hivite), and overbearance (Jebusite)—these mental conceptions of limitation and hardship which infest the sense realm.

Moses was alarmed, for he had depreciated his own worth, "Who am I, that I should go unto Pharaoh, and that I should bring forth the children of Israel out of Egypt?" Know that when you are called, you do not go in your own strength, but in the strength of the Lord, whose name is "I Am that I Am," the only Reality and Power in the universe, and you will be the instrument of freeing your own mentality and that of others from sense bondage. Only through purity of thought can you discern the Truth, and thus become the free channel through which God delivers you and others from every false mental conception.

Lesson 4. July 27th.

MOSES' REQUEST REFUSED. Exodus 5:1-14.

Golden Text: Blessed are they that mourn: for they shall be comforted.—Matt. 5:4.

Instead of opening themselves wholly to the care of God, the Israelites mixed their spiritual leadings with their own conceptions. They trusted that inner guidance to a certain extent, but thought their deliverance from servitude depended upon themselves in making some excuse through which they could get away from the rule of sense (Pharaoh).

As they pretended that they wished to make a three-days' journey in order to worship at a certain place in the wilderness, Pharaoh readily discerned that this was only a pretense, and was distrustful of them; and when they told him that their God had instructed them to tell him to let them go, Pharaoh scoffed at the thought, declaring, "Who is Jehovah, that I should

hearken unto his voice to let Israel go?"

The lesson is this: You cannot compromise Truth to meet any condition. If you weaken in its presentation because people sneer and scoff, because of their beclouded mentality, you place yourself in subjection to their thought of opposition and arrogance just to the extent of your weakness in failing to stand wholly by the Truth.

All our limitations are of our own making. God never afflicts us. Because we do not see and conform to Truth, afflictions come to arouse us to a clear perception and co-operation with the Good, which delivers us out of the hand of the oppressor (sense).

Israel was not yet fully awakened to the allness of God, but believed in trouble, hardship, and bondage; that is, they—like most people—believe in another power than that of Good. This series of experiences was the school in which they were learning the lesson of the truth of Omnipresence.

Do you not see that it was because of the falsity of their excuse that their tasks were made the heavier, and they were beaten when

they did not accomplish them? It never pays to lie, even if you think at the time that it will be a benefit to a good cause. It may not always be expedient to give utterance to certain truths, but it is never wise to deceive. "To everything there is a season, and a time to every purpose under the heaven: a time to keep silence, and a time to speak."

For centuries the Christian world has read of and denounced the bondage of the children of Israel, giving the entire thought to the wickedness of Pharaoh. Now we see that it was a great process of unfoldment from the conceptions of sense bondage to a realization of the freedom and harmony of Spirit—a process which was absolutely necessary both for the Israelites and the Egyptians, and therefore good.

Today we profit by their experiences, and find a newer, freer, happier way—that of willing gladness to see the good, trust God, and cooperate with the Truth. When we become conscious of Omnipresence, we no longer depend upon ourselves or conditions, knowing that it is God which illumines, directs, harmonizes, protects and prospers.

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This magazine is an independent Voice of Truth. It has never been controlled—and never will be while under the direction of the editor—by any one phase or presentation of Truth, for it stands for the *universality of Truth*. And Truth cannot be confined by creeds, isms, rules or set regulations, for Truth is *free* and *orderly* and *harmonious*.

As a philosophy the teaching of POWER is scientific; as a religion it is demonstrable. It is therefore heartily welcomed by *those who are ready* for the revealed Truth of the Higher Thought. These are legions, and we want to reach them. Write to your friends about the good that has come to you through POWER.

The Spirit illumines, directs and controls, and from month to month its lessons will be better and stronger as we give them expression.

INDEPENDENCE

WILLIAM YEATS MORE.



IT WERE INDEED FITTING that the seventh month should go down through the ages as the time of celebrating our national independence from a foreign yoke.

In the "Ancient Wisdom," the seventh stage of the neophyte's unfoldment was called the Master, and carried with it a power which no other of the preceding degree did. In Genesis we are told that God created the earth in six days, and rested on the seventh; so in that legend we have the seventh specially designated a final culmination or epoch of attainment, and as such has been universally held by all deep students.

In occult teachings, man's unfoldment is portrayed and symbolized in seven stages, and his continued growth in multiples of seven, while in the Pythagorean philosophy of numbers, seven, ten and twelve comprise a trinity that is highly significant of advanced degrees in soul perception.

Let us trust, therefore, that we as a nation have really attained the Master degree, not only exercising the highest wisdom in self-government, but acting as mentor to other nations yet in the elementary stages.

This phase of national growth has only become apparent the last few years, but will soon be further emphasized by additional burdens, and it is to be hoped that we assume the task, in a spirit of purest altruism, far above the ancient Roman ideal of world domination. True independence savors nothing of aggressive autocratic rule, but rather of the ideal embraced in the words of the immortal Lincoln, "A government for the people by the people." This is true national altruism, and if strictly adhered to, will never be tempted into a war of conquest, simply to display our strength before the world's monarchies and sister republics.

We believe these United States have a definite policy of the highest order to accomplish: solving problems of national and international import on a higher plane than yet attempted, at least in this racial period. We are the foremost nation in promoting the world's peace movement, and are slowly but surely growing towards the ideal of a woman's parliament, where all disputed questions will be adjusted without resorting to the old barbarous method.

This spirit is quite apparent in our improved method of celebrating our natal day, for we are gradually dispensing with the use of dangerous explosives, by local entertainments and amusements that foster tolerance and kindness, if not of love, for the many different races that make up our cosmopolitan population. This thought is beautifully given in Zangwell's "Melting Pot," and we must individually prepare ourselves for this broad humanitarian work so clearly ours as a nation.

This has a breadth and scope that our Puritan fathers never dreamed of, but we must admit that it is a natural peaceful evolutionary movement that will forever supercede the old one of revolution. Therefore, America is clearly destined to wield her national seventh or Master degree in the interest of peace, and the cultivation of art, science, literature; and above all, of human brotherhood, with a common fatherhood, which see no barriers of race, color, religion or politics; but we as one grand family of men, outworking our independence towards the culminating epoch of a higher seventh degree as "Sons of God."

This point carries us to the closing thought, viz.: independence of physical existence, when the pure white soul is so purged from earth and its attractions that there no longer exists the necessity for the animal covering. Need we say, this is the goal spoken of by Jesus and the illumined of all time; a destiny that we believe awaits every "Son of Man," so therefore it behooves each one of us to cut short our journey through the wilderness that we may consciously enter the promised land: truly realizing our independence, and say with Jesus, "I have power to take up my body, and power to lay it down."

All the many stages of freedom achieved in earth life experiences are but symbols of the power and dominion wielded by the cosmic-conscious soul, who can knowingly say when giving up the body, "O death, where is thy sting? O grave, where is thy victory?"

An advanced Brother of our "New Day" has written the following verses which it would vastly profit us all to realize:

A DREAM OF LIBERTY.

I slept for an aeon of ages
To wake as a man on the earth;
A race of superior beings
Was lodged in the land of my birth.

Their faces were shining resplendent
With purity, power and love,
Which flowed like a glorified garment,
A fair seamless robe from above.

Their thoughts bore them hither and thither,
Or formed their desire of a day,
When matter had done its brief service,
To nothing it faded away.

They spoke in vibrations of music
Which pictured their thought in the air,
And selfishness, ugly, discordant,
Was seen to be nothingness there.

Then slowly my physical body
Dissolved, and there rose to my ken
The truth that these beings of beauty
Were born from the struggles of men.

My consciousness sought the Eternal;
 And visions of earth gently waned,
 Till one from those distant dominions
 Said—Go with perception unchained.

Go back to the far race of mortals
 Say men! here and now you may know,
 Ask within of the shining Evangels,
 And the trump of your freedom will blow.

THE POWER OF SILENCE



HERE IS MUCH POWER IN SILENCE. The silent forces that are at work in the world are stupendous; possibly most of us do not realize how vast they are. Think of the silence in which Nature works—the rising of the sap, the growth of the bud or leaf, the stillness of the mountains and lakes, the silent falling of the snow.

Silence is healing; it is a restorative power. After noise and rush, jar and fret, how one welcomes silence, and how it rests the tired nerves! There is little doubt that much of the present-day neurotic tendency might be largely mitigated and overcome if each one sought the silence at regular intervals; the work done would then be more thorough, and the breakdown through overwork would be almost entirely unknown.

How very few value silence! The undeveloped seem to dread it; only those who have developed calmness and serenity can value it at its true worth. The deeper lessons of the heart can only be learned in silence. Meditation, which is the true source of control and strength, cannot be exercised in noise. The very word *Peace*, implies Silence—quiet, undisturbed rest. The noisy, restless, fretful spirit does not know Peace.

Does not God work silently? Oh! so utterly in silence that where He is (consciously recognized) there is absolute Peace! He is called "A God which worketh for Him that waiteth for Him." (Isa. 64:4, R. V.) How does He work? In secrecy and in silence. And it is only to those who wait on Him in silence and expectancy He ever reveals His secrets, which are precious beyond description, and are never withheld from those who truly seek Him in the silence of His Kingdom within.

Is not the building of character done in silence? The silent workings of the thoughts affect the outward life and conduct. The moulding is done within, and silently builds the life and character, just as the building of the Temple of old was done in absolute silence; no sound of hammer or axe was ever heard. Although our God is a God of Silence, He is none the less intensely and intimately Real to those who know Him. His Life is the Reality of all Life, of all Love, of all Light and Power, Peace, Beauty and Joy.

—G. B. in "*The Epoch*."



The Power Society of Silent Unity Helpers with Daily Studies in Divine Science

INSTRUCTIONS TO THOSE WHO WOULD UNITE WITH US.

In His Name. "Blessed be the Lord God, and blessed be His glorious name forever; and let the whole earth be filled with His glory." Many writers will speak to you, many healers will bless you, through this Department of Power—but all will come "In His Name." As Jesus said, the doctrine, the words, the works, the good, are not mine, but His that sent me.

Be Thou Whole. No matter what you have thought, we declare Wholeness unto you. The world, or any part of it, is imperfect only to the soul who has not yet seen His Perfection. All things that are possible to God are possible to the soul that believes on God. You may see as He sees, know as He knows, trust as He trusts.

Attitude. Attitude includes your motives, your beliefs, your impulses. Therefore your thoughts, words, and deeds express your attitude. Remember, attitude controls only living, or the use of the forces. Life is perfect, unchanging.

Believe. Believe in God, in yourself, in your fellows. Accept this Universe as One in Purpose and Plan, everything and everybody co-operating at every point.

Affirm. Let every radiation from your Life and Living be a positive witness of the truth of your Divinity.

Receive. Receive in the spirit of Love and Confidence all that comes, knowing that the Giver of "every good and perfect gift" cannot fall short of manifesting His own Perfection to and through you. Relax, let go, and let be His Perfect Creation.

Pray. Pray "His Kingdom IS come, His Will IS done, on earth." Be open to God, and He will reveal Himself to you, and you will see, hear, understand—yes, receive all He has in Mind for you, "prepared from the beginning," only waiting your willingness, openness to receive.

Trust. Trust God for Wisdom, Health, Supply, and Happiness. He is

the ONLY Source, the Mighty Counsellor, the Great Physician, the True Provider.

Rejoice. Rejoice in the Law of the Lord, and give Him hearty thanks for all His benefits. Count the blessings, every one.

Our Help is gladly, freely given. Our consciousness, our time, is yours, and we expect your earnest co-operation.

Your part is to open yourself to receive, to give, to think, and to live right.

Time of Silence. The Power Society of Silent Unity Helpers will treat you at 9 o'clock each morning for the realization of One Presence. Each name enrolled will be called and a special blessing will be given.

Be Silent. For the sole purpose of knowing conscious Unity, communion with God, wherein you receive guidance each day for every activity of thought, word and deed.

Concentration. Love the Lord thy God with all thy mind and heart and strength. Do all things heartily (wholly) unto Him. Keep your faculties united. One moment of absolute concentration on Omnipresence is "all powerful."

Read. At first read simple lessons. Try to get the viewpoint of one true soul. Understanding grows; it cannot be forced. Inwardly digest all with which your soul agrees. Read broadly only when you have unfolded the discernment of the Spirit; many expressions confuse a soul that is not yet established in Truth.

Correspondence. Send us one letter a week. We will acknowledge first letter.

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THE POWER SOCIETY OF SILENT UNITY HELPERS,

3929 West 38th Ave., Denver, Colo.

DIVINE SCIENCE STATEMENT OF BEING.

God is all there is, both invisible and visible.
 One Presence, Knowledge and Power, is all.
 This One that is All is perfect Life, Intelligence and Substance.
 Man is the Expression of God, and is ever *one* with this Perfect Life,
 Intelligence and Substance.

THE LORD'S PRAYER.

(In present tense.)

Our Father which art in heaven,
 Hallowed is thy name.
 Thy kingdom is *come*; thy will is done on earth as it is in heaven.
 Thou givest us each day our daily bread.
 Thou forgivest our debts as we forgive our debtors.
 Thou ledest us not into temptation; but dost deliver us from all
 evil.
 For thine is the kingdom, the power, and the glory, forever and
 ever. Amen.

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Daily Studies for the Month

ALICE R. RITCHIE.

THE TRUTH OF LIFE.

Foreword. For the next few months we shall have for our general subject, **Life**. This month we are to study **The Truth of Life**. We doubtless all know intellectually our oneness with the God-Life, but may we, this month, unfold day by day into a fuller realization of the Truth of Life. May we spiritually lay hold of each day's study, and make it our own by living it.

Tuesday, July the first.

In acknowledging but One God, I see the Truth of one Substance, one Intelligence, one Life, one Law, one Will, one Source and one Power.—“Truth and Health.”

Let us be sure that today we acknowledge but the one God. We cannot acknowledge God, the one Life, and disease at the same time. (See Joshua 24:15 and Proverbs 3:5, 6.)

Wednesday, July the second.

God is Life and God is Omnipresence. Life is God. Life is perfect.—“Truth and Health.”

Do not say these words mechanically, you have probably read them often. Today try to realize the Truth of them.—1 Timothy 4:15.

Thursday, July the third.

All things were made by him, and without him was not anything made that was made. In him was life; and the life was the light of men.—St. John 1:3, 4. (Read Psalm 77:11-14.)

Friday, July the fourth.

Perfect Life is here now. Let us see and accept this, if we would know freedom.—“Truth and Health.”

True freedom and true independence come through accepting God as the one and only Presence. Our beliefs of separation from God are all that make us have a feeling of bondage. God holds no individual nor nation in bondage.

(Meditate upon St. John 8:32, and page 157, “Truth and Health.”)

Saturday, July the fifth.

One Life is the Life of all. I recognize the perfect Life of myself and others. Life lives me perfectly this day.—“Truth and Health.”

(Read also in “Truth and Health” on page 155.)

Let us today, fully trust this one, perfect Life.

Sunday, July the sixth.

For with thee is the fountain of life; in thy light shall we see light.—Ps. 36:9.

Monday, July the seventh.

Everything in God's creation is God's Life manifest. I accept the creation of God as perfect. I love to contemplate creation as the per-

fect work of the perfect Creator. I find God in creation. I acknowledge perfect Life active everywhere.—“Truth and Health.”

The heavens declare the glory of God; and the firmament showeth his handywork.—Ps. 19:1.

Nothing in creation is common or ordinary. The “commonest flower that grows” is wonderful. We have eyes to see and we do see the wonder, the beauty, the perfection of all creation.

Tuesday, July the eighth.

Universal Life must be also individual Life. I see one and the same Life invisible and visible. I see one Life for all.—“Truth and Health.”

When we fully realize this Truth, all fear and worry pass out of our thought. In the place where we are today, let us try to see the abundance of perfect Life, no matter what the appearance seems to indicate.—John 7:24.

Wednesday, July the ninth.

Thought unilluminated does not see the fullness of Life, hence forms untrue conclusions as false beliefs about environment and body. This is ignorance. To realize Health you must turn to the Source of your being, and then will you know its truth. This is Knowledge.—“Spiritual Healing.”

I am the Lord that healeth thee.—Ex. 15:26.

(See Ex. 23:25 and Isa. 58:8.)

Thursday, July the tenth.

The Universal Life is the God-Life in every place. I have found eternal Life by knowing Omnipresence.—“Truth and Health.”

And this is life eternal, that they might know thee the only true God.—John 17:3. (Read page 236 in “Truth and Health.”)

Friday, July the eleventh.

Life is present everywhere. Nature is full of Life and of Life’s activity.—“Truth and Health.”

“The earth is the Lord’s and the fullness thereof.”

Thou shalt rejoice in every kind of weather.—“Studies in Divine Science.”

Saturday, July the twelfth.

Our thoughts of Life are not full enough. If we will, we may surrender limited beliefs and find ourselves to be the Life that is without limitation or lack.—“Truth and Health.”

We **abound** with Life. Our feelings do not change the Truth of Life. Feelings that seem contrary to Truth pass away as our eyes are opened to Truth. “My eyes are opened and I do see God revealing Himself to me.” (See Ex. 14:13, 14.)

Sunday, July the thirteenth.

Your life is hid with Christ in God.—Col. 3:3.

Monday, July the fourteenth.

Your Life is in God; your Strength, Health and Peace are gifts of God which are in you. Nothing can deprive you of these. “Stir up the gift that is in you.” Knowing the Truth frees you from all beliefs that are contrary to good.—“Truth and Health.”

As we **use** the Truth we study, we realize more Truth. Using the **Truth** is applying It to the very smallest details of our lives as well as to the greater experiences.

Tuesday, July the fifteenth.

Life is the force back of and through all things. I acknowledge the

presence of perfect Life in man, in nature and in all action. I know this Life lives in me; it is my very breath.—“Truth and Health.”

Christ lives me now as Health, Peace, Freedom and Joy.—“Spiritual Healing.”

For me to live is Christ.—Phil. 1:21.

Wednesday, July the sixteenth.

Treatment for Health in “Spiritual Healing.”

God, the One Presence, has made all good, and, like Itself, All is Perfect. I unite my thoughts with this Perfect One. I now know my body as it truly is. The Christ within expresses perfect freedom. Being of One Substance, I am expressing a True and Living Body. I am realizing Health. Being of One Law, I am expressing Perfect Order. I am thinking, speaking, living, acting from my Basis that the Truth of Life is Unity.

We see that forgetting our God is the cause of every ill. To believe in separation from God is to forget God.—“Truth and Health.”

(Read John 5:26.) “I and my Father are one.”

Thursday, July the seventeenth.

“The gift of God is Eternal Life.” Eternal Life is more than everlasting Life, for the word, eternal, includes within its meaning quality as well as quantity. Eternal Life is Life perfect and complete as well as unending.—“Truth and Health.”

(Study page 236 in “Truth and Health.”)

“In His Presence all is Life.” You and I are forever in His Presence. We can trust this Presence. No matter what comes let us trust His Presence. Let us be true to our Basis, Omnipresence.

Friday, July the eighteenth.

We are where we are by Law, not by chance.

Each individual has a mission.

The God-Life has been given to each; a great trust is for a great purpose.—“Studies in Divine Science.”

Of the fullness of God-Life have we received. There is no lack of Life anywhere. If we see lack, it is because we have a belief of lack. Let us drop this belief and know the Truth, abundance everywhere. Let us refuse to judge according to a belief but let us form all conclusions according to our Basis—God the One Presence. “God is the fullness that filleth all in all.” (See John 1:16.)

Saturday, July the nineteenth.

Since I see God as Omnipresent Life, I know that God is my Life.

Since I have found my Life to be God, I am certain that my Life is perfect and secure.

Since my Life is perfect, it is perfect in Intelligence, in Love and in Power. I can not think of lack in any Life. Each is complete in Truth.—“Truth and Health.”

Today I see no lack of Life, of Intelligence, of Love or of Power. I have decided to be obedient to the Truth I have studied. Each day I see fewer beliefs and more perfection. I do not believe in lack but I do believe in the abundance of God, of the good. Today I see only Abundance. Appearances do not sway me from Truth.

Sunday, July the twentieth.

Thou wilt show me the path of life; in thy presence is fullness of joy; at thy right hand there are pleasures for evermore.—Ps. 16:11.

Monday, July the twenty-first.

In Divine Science the term Omnipresence is used more than any

other word, and it is really the foundation principle of all our work. Wherever we use the term Omnipresence, we mean to convey to the student the eternal fact of the all-inclusive, all-pervading, all-infilling, all-sustaining Life, which man has pleased to call or name God, and of which he is a part.—“Studies in Divine Science.”

(Read in St. Mark 12:32, 33.)

Tuesday, July the twenty-second.

Since Omnipresence is all-inclusive as Life, Substance and Intelligence, the individual must help to make up that all-inclusive Life, and in so far as he is awake to the truth of this statement he enjoys the fullness of the Omnipresence.—“Studies in Divine Science.”

“Awake, thou that sleepest.” (See 1 Cor. 15:34.)

Wednesday, July the twenty-third.

Treatment for Health in “Spiritual Healing.”

I am one with Thee. In Thee I am embodied and expressed. I praise Thee for my health and all of Life's blessings. God lives in me. I am an expression of His Power, and realize that His Life thrills my whole nature. All is Life. My every breath is inspired with His Life. “God is my Health.” (Matt. 4:23, 24, and John 14:12-14.)

Thursday, July the twenty-fourth.

We find that Life Eternal and Changeless, is Truth. We see that our past estimate of Life has been false. We have said with our lips that God is Omnipresent and Omnipotent, but have denied this in our hearts by admitting another presence and power opposed to Good.—“Truth and Health.” (Read Matt. 15:8, and Mark 7:6.)

Friday, July the twenty-fifth.

“When Christ which is our life, shall appear, then shall we also appear with him in glory.” One in Life with Divinity. Perfect unity between the Divine and ourselves. The Christ is my Life and my Being that now appears to me. In it is revealed the perfection of my Life, for it is the Perfect Life, the Only Life, the Son in me is being revealed to my thought.—“Truth and Health.” (Study the tenth chapter of John 1-19.)

Saturday, July the twenty-sixth.

The Father is the Universal. The Son is the individual. Each individual is a Center of Life's activity. “My Father” (the Universal) “is greater than I,” yet each individual must also say, I am just what the Universal is. There is naught else to be. Man is the expression of God.—“Truth and Health.” (See John 10:30, a wonderful statement of Truth.)

Sunday, July the twenty-seventh.

Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.—John 14:7. (Read “Truth and Health,” page 261.)

Monday, July the twenty-eighth.

The perfect acceptance of Omnipresence sees the Divine Life and Substance as the All.—“Truth and Health.”

The Truth of Life is unity, **oneness**. To know only **oneness**, the Omnipresence must be accepted fully, no beliefs can be clung to, for beliefs see separation. The consciousness of the Omnipresence sees **Oneness**. (Think about Matt. 6:22, 25, and Luke 16:13.)

Tuesday, July the twenty-ninth.

Omni-presence; All-Presence; One and Only Presence; God the One; God the All in All.

This is all there is to know. You and I know God more than we did yesterday, and we find great joy in our spiritual unfoldment. May we

press forward and onward with renewed courage. The goal is perfection and we are on the way there, realizing, as we live true, more and more perfection each day.

Wednesday, July the thirtieth.

A Morning Silence.

I accept the Omnipresence without any reserve. Since God is All, there is no place for anything adverse to God. The One, Perfect, Loving Presence is All. I joyfully accept this Truth and I consecrate my time, strength, love, money, body, to God, the One All. I let God think in and through me, I let God speak through me, I let God act through me. I am the conscious child of God. I see God in every one.

Thursday, July the thirty-first.

The keynote of our month's study has been **Oneness**. Perhaps we see clearer than ever before that the Truth of Life is Oneness. Let us take as a summary of our month's study—"I and my Father are one." Let it be a watchword for us. If a belief seems to possess us let us calmly but firmly declare, "I and my Father are one." No matter what your problem may be, cling to our watchword. My best wish for each reader is that "I and my Father are one" may ring in your ears until you fully realize the Truth of Oneness.

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The Fourth Divine Science Assembly.

The annual Assembly of the students of the Colorado College of Divine Science will be held the coming year in January instead of November as formerly.

The Summer College Classes.

For the convenience of visitors to Denver during the summer months, and also for school teachers as well as others, Primary and Training Classes in Divine Science will be held during July and August. The Primary Class, taught by Mrs. Marie Maynard Patch, will begin Tuesday afternoon at 4 o'clock, July 1st.

The Fall College Classes.

The Fall Primary and Training classes of the College will open on the first Tuesday in October. Mrs. Baum will conduct the afternoon classes, and Miss Knowles the evening classes.

God is my help in every need. God does my every hunger feed.
 God walks beside me, guides my way through every moment of the day.
 I now am wise, I now am true, patient, kind, and loving, too;
 All things I am, can do, and be, through Christ the Truth that is in me.
 God is my health, I can't be sick; God is my strength—unfailing, quick;
 God is my all—I know no fear, since God and Love and Truth are here.

—Hannah More Kohaus.



Notes of General Interest

CONCERNING "TRUTH AND ITS EXPRESSION"

Dear Mr. Prather:—One of the best articles I ever read is in this month's Power, called "Truth and Its Expression."

To me it seems impossible to believe the article to have been written by a Christian Scientist. The vigorous spirit of freedom of expression throughout is entirely opposed to the conventional style of literary production of the Christian Scientist. Familiarity with authorized contributions to Christian Science literature enables one at once to detect the flavor of another kind of wine of thinking in this splendid article. Its author is **mentally free**, recognizing no outside authority, hampered by no belief in any personality as "Leader." Not once does he refer to page so and so of "Science and Health, with Key to the Scriptures, by Mary Baker G. Eddy."


Having thoroughly studied the Christian Science text-book, and nearly all the published writings of its author, I may venture to express the opinion that your editorial note stating the article to be "evidently from the pen of a Christian Scientist," confers an honor upon Christian Science literature. "There is no intelligence in matter" gave occasion for your impression, but the writer explains that "matter as it has been conceived does not exist," and he emphasizes the fact, "**Spirit is the Only Substance, the only Reality.**" Throughout the entire article I feel the inspiration of **Truth**, and am convinced that no orthodox Christian Scientist could possibly have written it, as it abounds in affirmations they would not consider "scientific."

They never affirm for themselves: **I am Truth. I am Good. I am Intelligence. I am Substance. I am Life. I am Love**—but I reflect Truth, Goodness, Intelligence, Substance, Life, Love.

Yours sincerely,

Kankakee, Ill.

NELLIE WHIPPLE FAWCETT.



**WHEN WE THINK ABOUT PEOPLE,
TROUBLE GROWS;
WHEN WE THINK ABOUT GOD,
TROUBLE GOES.**

COMPARISON.

MARY DEAN PARSONS.

How good it is, when all is dark,
When weak within the murk and gloom
To have a hand reach out and draw you to the blessed Light;
And hold you there until you feel at home.

Better 'tis to stand in the full Light—
Needing no helping hand, but strong with your Self,
Feeling the strength and glow and love of God.

Best—when you are firm within the Light
To reach to one who's weak and joyless—being blind—
A hand of Strength and Guidance sure.

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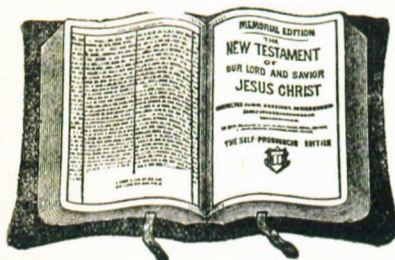
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