



# POWER

*The* Higher-Thought  
Magazine

OCTOBER 1925

MAKING & BREAKING HABITS  
TIME AND SPACE  
OPPORTUNITY  
TODAY  
THE ETERNAL ESSENCE  
MAKING YOUR OWN WORLD  
AND THINGS  
"EXPECTANCY"

18th Year

No. 8

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# POWER.

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THE  
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MAGAZINE

3101 Stuart Street  
DENVER, COLO.

A High-Class Magazine for Spiritually-Awakened Thinkers.

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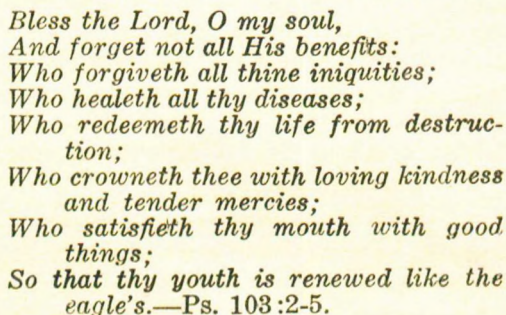
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*Bless the Lord, O my soul,  
And forget not all His benefits:  
Who forgiveth all thine iniquities;  
Who healeth all thy diseases;  
Who redeemeth thy life from destruction;  
Who crowneth thee with loving kindness  
and tender mercies;  
Who satisfieth thy mouth with good  
things;  
So that thy youth is renewed like the  
eagle's.—Ps. 103:2-5.*

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## IS IT TIME TO RENEW?

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# Practical Christianity



Happy is the man that findeth wisdom, and the man that getteth understanding.—Prov. 3:13.

If ye know these things, happy are ye if ye do them.—John 13:17.

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## MAKING *and* BREAKING HABITS

By CHARLES EDGAR PRATHER



VERY THOUGHT IS A MENTAL PICTURE. You think only in images or pictures, and without this formulation you can have no conception of the meaning of any word or thing. This imagining is the result of mental activity, by which the impress of the thought or image is indelibly stamped upon that plane of mind called the subconscious, which is the storehouse or reservoir of all life's experiences.

You can recall at will most of these impressions, while others, made with lighter thought, frequently are brought into recognition again by similar experiences or incentives. The process by which a subconscious impression is objectified is called Memory.

To "dwell in thought" upon anything is simply a repetition of the mental image of that thing, to which is added new phases or characteristics. It is therefore easier to re-think or re-make a mental image than it was to originate it. It is easier to do the same thing over again than it was to do it the first time. The longer a

thought or act (the act being only the outer evidence of the thought) is repeated, the easier and seemingly more natural it becomes. A thought thus repeated several times has a tendency, through the automatic subconscious action of mind, to involuntarily re-enact itself without any stimulus or direction of the objective mind. This is called habit.

A habit is any act, mental or physical, which tends through repetition to a fixed form.

The nervous system of the human organism expresses energy. That energy as it is accumulated must have some method of expression. Through thoughts of fear or resistance one may interfere with the natural free activity of this vital energy, repressing it to such an extent that they explode! It is often called "nervous breakdown," or "insanity," or in milder forms it may act in fits of anger, or the toying with the watch-chain, drumming on the table, biting the finger nails, etc. Once done, the tendency is to repetition—involuntarily and automatic—through subconscious activity.

A habit, then, is something acquired by practice. It tends to persist in going on in the same way in which it was started, and is wholly indifferent to its class or kind. That which you repeat becomes easier of repetition, whether it is good, bad or indifferent. Illustration: Take a sheet of writing paper and fold it properly for the envelope. The creases represent a good habit. They are in order, harmonious, necessary

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for the purpose intended. This sheet may be opened and refolded in the same order and neatness without any effort. It would now be harder to fold it wrong than to fold it right. But when the sheet is folded haphazardly, its refolding would tend to follow those haphazard lines, devoid of order and harmony as well as of proper shape for the envelope. This represents a bad habit, which is just as easy of repetition as a good habit. The sheet of paper is indifferent as to how it may be folded. The habit is indifferent to the question of right or wrong.

The real habit is the thought that lies back of the act. The mental act of thinking this or that, regardless of whether right or wrong, is as easy of repetition as the folding of the sheet of paper. But as soon as one becomes really interested, becomes desirous of forming habits which will conduce to his health, happiness and general welfare, to the unfoldment of the purpose of life, then the indifferent habit is displaced by a purposeful and good habit.

Habits of thinking and conduct, which are one and the same, develop along the line of one's interest. Habits which you have acquired are largely the outgrowth of your thoughts of your own advancement. You repeat the thought because it gives you pleasure or helps you to attain your desire. This repetition of thought is the habit. Your interest, your desire, however, should not be for merely selfish gain or pleasure. It should therefore be aroused and directed

from a higher motive, for then the character, which you might say is a bundle or system of habits, will be accordingly unfolded and developed.

This brings us directly to the importance of right thinking. There are two forms of habits: active and passive. Active habits are those which we might designate as readiness of skill and information, or dexterity, which are largely learned in childhood and youth. The child that forms the habit of doing things quickly and thoroughly will develop into the man or woman of practical executive ability—one worth while in the welfare of the race. If a child be slow and indolent, careless and indifferent, this habit, if not supplanted by the right habit, will rob him of all the good in life which is his by divine right.

The passive forms of habit are such as acquired attitudes: stateliness of body, posture, composure of the mentality, forms of speech, day-dreaming, looking out into space, toying with watch-chain, tapping of the feet, etc.

How is habit formed? That which you may consciously desire but can willingly do without, and therefore refuse to repeat the desire in thought, is not a habit. But having once done a thing, repeating it until there comes that impulse from the subconscious to automatically repeat it, then it goes beyond the realm of the objective mind, or will, and becomes a fixed form of action or habit.

All habits are more or less unconscious

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mental activities, hence subconscious (hidden, under, beneath). Habit goes on with such slight friction that you are scarcely aware of it. You wind the clock or watch without conscious thought of the act, as a rule. In walking, you seldom are aware which foot to put forward first. In fact, through repetition, you had formed the habit of walking before you could do so successfully.

Habit has such an effect upon the will or conscious decision as to establish a tendency toward impossibility to resist it. Thus the practice of virtue tends to render a man incapable of vice. When one repeats thoughts of vice he becomes less capable of thinking and expressing virtue. Through constantly thinking upon the good and pure you can become so fixed in your subconscious activity of virtue that vice can find no room in you as its channel.

The nature of the action as right or wrong cannot be altered or changed by habit. It can alter neither our relation to our Source nor to our fellowman, nor the obligations consequent upon these relations; hence the character of the action remains unaffected by habit. Neither does habit alter the guilt or innocence of the actor.

What is the physical nature of habit? The organs of the body adjust themselves to your attitude, whether that be a conviction or truth of their wholeness and perfect functioning, or a belief in disease. If you drink a glass of hot

water every morning for a few days, you will find that upon going without it some morning, the body will crave it. Should you omit breakfast for a few days your body will adjust itself to the habit, and you will not only not desire it but will do just as well or better without that meal. But should you eat four times a day, soon the four would be as necessary apparently as three are now.

Drive a horse on a milk route. After a few days the horse will stop at each place without direction of the driver. I have been told of a herd of cattle which had been salted every Sunday afternoon, learning through habit, or repetition, the very day and time to come for the salt.

Existence is a series or system of habits. The whole round of life becomes habitual. The systole and diastole of the heart is a habit of nature. The ebb and flow of the ocean tides is a habit; so also the alternating seasons of the year, and the harmonious revolutions of the planets. We can learn of God through Nature. Everything is working in perfect accord in the one divine law of order, and if we will only put ourselves in right relation to it we will become conscious of that harmonious flow of existence.

Strike a blow on a rock with a hammer, and it leaves but a slight impression. But do it again and again—keep on doing it, and bye and bye the rock will fall to pieces. You do not need, however, to hammer away to break up old or bad habits. The New Psychology teaching is



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that by constructive thinking good habits are formed which displace the bad without giving undue importance to them.

You can form habits consciously by deciding what you desire, and by impressing the subconscious mind with that desire over and over again until the subconscious begins to act upon that suggestion to the exclusion of all opposites. If you desire goodness, health, happiness, prosperity—think them, affirm them; keep declaring them and refuse to see anything else. Stick to this practice regardless of the present seeming conditions until these good-true impressions become automatic; when, lo, what a transformation without as well as within!

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### WHAT IS YOUR THOUGHT HABIT?

If we talk of the GOOD that the world contains,  
And try our best to add to it,  
The evil will die of neglect by and by—  
'Tis the very best way to undo it.

We preach too much and we dwell too long  
On sin and sorrow and trouble;  
We help them to live by the thoughts we give  
Their spite and might to redouble.

For the earth is fair and the people are kind,  
If once you look for their kindness;  
When the world seems sad and its denizens bad,  
Is it only your own soul's blindness.

And I say if we search for the GOOD and PURE,  
And give no thought to the evil,  
Our labors are worth far more to the earth  
Than when we are chasing the devil.

—Ella Wheeler Wilcox.

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## TIME AND SPACE

By MABEL GIFFORD SHINE



HOW DOES A WISE GOVERNMENT safeguard its people? By giving itself; by radiating itself the length and breadth of the country it governs. It provides every kind of a law that it sees necessary for the welfare of its people; every opportunity for their advancement in life, educational, industrial, social, religious; even their physical welfare is provided for.

Where is this powerful government located? It has its headquarters in the capital city, but it extends itself into every state and city and township, yes, even into the wilderness and the desert. It reaches every individual in every station of life.

How does a mother safeguard her children? By giving herself to them; by being always with them, wherever they may go. Her body does not follow them, but *herself* that dwells in the body; night and day she is always with them.

The government does not have to leave its headquarters in order to take care of the country—it simply extends itself; the government that lives in its body, extends itself; space does not count.

The mother does not have to leave her body in order to be with her children; she simply extends herself to whatever place they may be—it may be to the west coast, it may be to the east coast; it may be across seas. It does not matter; it is as easy to be with her children in Australia as in the next state, or the next town. Time and space do not exist except for physical bodies.

Yet time and space have been the most difficult of all things difficult to man. That is why so

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many are not able to believe in a "personal God." They say, "How could He be everywhere and yet somewhere?" Odd, that man, who can be everywhere at once, is convinced that God could not.

The reason that it has been so difficult for man to understand is that he has not rightly focused his mind on the subject. He has not compared God with himself. It seems ridiculous that the created being denies to the Creator the power that He has given to His creatures.

But man is steadily drawing nearer to a realization that the Creator must be as much as man, and immeasurably more. Man has an increasing realization that he is limitless. He does not have to leave his body in order to use himself without limitation; he does not have to increase the size of his body in order to use his power. He sees that there is a great deal more of him outside his body than inside it; in fact, his body is within himself. He is within it and without it.

A man can sit in his office in New York, and at the same time be present in his London office, and at the same time be present in his office in China, and at the same time be calling on Mars. He knows he is wherever his thought is; his mind, his interest, his influence, his power, his ability, his knowledge. And he does not have to leave his body to be present anywhere and everywhere that he wills; everywhere that he has an interest.

But, God—God couldn't do that! Think, what an unreasonable attitude.

While man has come to the realization that he is wherever his interest is, working for good or ill, he has not been able to know of these places where he is working or playing except by what he has learned of them from people who have taken their bodies with them, but he is now fast coming to the conditions that will enable him to

be present by hearing and seeing without taking his body along.

First, the extension of human speech, and at the same time the beginning of the annihilation of time and space, began with the silent language—written letters and documents and scrolls. Then the printed language in journals and books, etc. Then the telegram—the infantile sounds of speech. Next the telephone, typewriters, dictaphones, phonographs, and lastly, radio.

Then again we annihilate space and time by our methods of locomotion. First, we went on foot, then on animals, then in vehicles, then on railroads and horse-cars, cable cars. Farther along electricity is harnessed and utilized, and we have electric cars; and later, electric carriages which we name "automobiles" and "motor cars," which also moved by steam power, and gasoline. Lastly we have invented and constructed air vehicles which outstrip all others in the annihilation of space and time.

In the same way progress has been made with boats and ships. And the end is not yet; we have started a new line—wireless. We have the wireless telephone, and will soon have wireless street cars; they are turning into "busses." And "Light Waves" will take the place of electricity, not only for vehicles, but for machinery, and for our homes, for light and heat.

Up to date each invention has been more dangerous to human life than the previous invention, but now we have turned the corner; Light Waves are safe and harmless.

The annihilation of time and space by improved methods of visioning has not traveled so fast, but has kept jogging on; we have had pictures, photographs, opera glasses, field glasses, telescopes, microscopes, moving pictures. Now,

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for sometime an invention has been on the way that will enable us to see anywhere in the world that we wish.

And we are only in the A B C's of our unlimited powers. What delightful wonders the future holds for us!

When we can talk, hear, and see anywhere in the world, we will have little need to take our bodies anywhere. It will be much pleasanter, safer and more economical to travel by our extensions of ourselves; that is, by not traveling, just bringing the world to us instead of going out after it.

Man has recently been trying to get off the earth; he will end by reaching other worlds by extension; bringing other worlds to this. He has labored hard and long to invent some way to get his body to other worlds, but he will soon see that he has no need.

All man's locomotion inventions are his wings; material wings, and they are very wonderful, but more wonderful are his mind's wings, which are pictured by the material wings. We will soon learn to do without the material wings, and use only the mind's wings. It will be the next step beyond the wireless era.

And all of this progress illustrates the possibility, the reasonableness of a personal God. It satisfies a large class of human beings to believe in the works of the Creator, and disbelieve in the Creator, while others believe in the Creator of the creations. Man can conceive of a Creator back of creation, but that is as far as the human mind can go.

The Book of Books states at the beginning that "God created man in His own image and likeness." Man reveals God; imperfectly, because he is in a state of growth. And all the world out-

side of man is a picturing of the inner man—both God's world and the world that man has created.

There are three kinds of believers in the world—those who believe blindly, because they are told to; those who believe by reasoning, and those who believe by realizing. These paths of belief take us far from each other at the beginning, but all meet at last in a universal belief. In these days we are drawing nearer and nearer very fast, and the annihilation of time and space is the principal cause of it.

### OPPORTUNITY

By ADELAIDE HENSLEY, in *Weekly Unity*.



SOME DESCRIBE OPPORTUNITY as a phantom thing that comes rapping at the door but once in a lifetime. Others speak of Opportunity as something that follows a man and makes him healthy, successful, and wise. Such definitions are misleading; they turn the student's mind away from constructive work. Opportunity is the divine reward for good thought, good work, good deeds.

When a youth starts as office boy in a railroad office, works through every phase of the business, "thinks what he is doing and then does what he thinks," and finally becomes president of the railroad, is that luck? No, the presidency is the reward for his effort. When a railroad president's office is vacated, that vacancy is not opportunity to the man who is unfitted to fill it; it is opportunity to the man who is ready.

An opportunity to teach Truth is an opportunity only to those who have perfected themselves for imparting Truth. When a student has studied, practiced, and become consecrated to Principle until he is so illumined that he is ready

to teach Truth, not one but many opportunities are open to him.

When a healer has given his life to God, and is so much at one with the Source that healing becomes paramount in his feeling, thinking, and doing, then patients from everywhere come to him for treatment. This is the healer's opportunity to do God's work. But suffering in the world is not opportunity except to those who can heal.

Opportunity is not a phantom thing; it is not luck; it is not chance. Opportunity comes to the individual as a diploma comes to a graduate who has worked out problems of his course, because he has done well the thing next at hand.

Opportunity is the reward for thoughts and things of quality. It is that something that speaks loudly to the world: "Well done, good and faithful servant."

#### Statements for Meditation:

*By doing with infinite pains each task as it is presented to me; by keeping my thoughts about my work, about people, and about life always in the atmosphere of divine love, I am working constantly toward perfection. My rewards along the way are opportunities for doing more work, thinking better thoughts, and expressing greater love.*

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#### THE FUNDAMENTAL TRUTH

God is all there is, both invisible and visible.

One Presence, Knowledge and Power is all.

This One that is ALL is Perfect Life, Perfect Intelligence, and Perfect Substance.

Man is the Expression of God, and is ever one with this Perfect Life, Intelligence and Substance.

## TODAY

By MABEL B. KING



WHEN THE MOON fades and wanes, when the stars recede, and a million colored lights burst forth from the shadows of night, when the gray turns to rose and gold—then it is that Dawn brings forth a radiant illumination of the Sun, and another Day is born, bringing joy—sorrow—aspirations—and illusions, to those whose cross it is to bear, through the day and on into the twilight hours into the shadows of another night, and so on into Eternity.

Today is Eternal, for it goes out with the coming of tonight, to be recorded in Eternity, for Eternity it is since Today has gone forever.

So waste not your Todays, fill every minute from the rose and gold preceding Dawn, through the brilliancy and splendor of the Sunrise, on into the settling stillness of Twilight until you bid farewell, and with regret, to that day, with such thoughts of Love, words, and deeds, that the recorder having recorded that day, across the line will write your name, and that day to your credit will be marked *Well Done*.

There is no past, there is no tomorrow, since tomorrow never comes, so Today is the "all"—the only time. So live that when Today has gone you can say, "Not my Day, O God, but Thine, I return to Thee, since from Thee it came, with my work well done."

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*THE ETERNAL ESSENCE*

By MABEL HAWKINS.



**W**HAT IS IT we all crave? If we were to judge by the length to which we go and the level to which we sometimes stoop to acquire them, it would seem that material wealth and power was the crying need. Yet, I believe that whether we are conscious of it or not, deep down in the human heart there is a gnawing soul-hunger for the ultimate cause. It would seem that even as we are given physical thirst and hunger that we may not forget to nourish our body, the First Great Cause implanted in the human heart a spiritual thirst and hunger that we may not forget our immortal soul.

This mad rush for material possessions and pleasure is but the feverish soul frantically searching for something which will satisfy the great yearning. Humanity has ever been reaching out after the cause, for we sense that only the mind that conceived it could possibly understand the longings and desires of the human heart. The man who has achieved and the man who has sunk to the lowest depth have a common desire to be understood.

As our brain developed our conception of the First Great Cause changed. It seems just now that our conception is again deep in the pangs of transition. Instead of searching outside we have begun to turn our attention within. We are beginning to realize that within ourselves lies the power.

We are becoming conscious that we are each a unit of one great body which expresses the ultimate cause, and that our special wisdom is a part of universal wisdom; and the golden thread of Truth runs through all philosophy, theology, and

science linking each to each, and only as we think and act constructively for the whole race do we develop individually. The fact that we are each only a part of the stupendous whole does not in the least destroy our individuality.

Even as each organ of the physical body performs its special duty, and while distinctly related to every other member of that body it is not in the least like any other member. Each unit of the great universal body has its special place, and the whole duty of man is to find that place and perform that duty with all the dignity, grace and cheerfulness of which he is capable.

It is human to theorize. It is nature's way of exercising and developing the intellectual powers, but at last we must each stand alone and listen to the voice of that subconscious self, which is the only God of which we have any personal knowledge, for no one can possibly know for a truth anything outside of his own personal experience. Each man and woman find their own God and worship in their own way. After all, it is one and the same God revealing himself in the way which will bring out the highest, finest and truest in that individual.

That *Influence* which so illuminates your entire being, fills you with love and a sense of the beautiful that you speak the kind word or perform the act purely for the joy of bringing smiles through tears, that inspires you to create, to build constructively for the whole race that they may in some way feel the great joy that you experience, not for reward but solely to fill a high necessity of your own nature, is proof that you have come in contact with the Eternal Source of your being.

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"The Spirit of Truth is all there is," says one great Western Master.

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## Little Journeys Into Success

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### MAKING YOUR OWN WORLD AND THINGS

By AGNES MAE GLASGOW



KATIE JOHNSON was some nineteen years of age when she made up her mind that she had a will of her own, and was rather proud of it. Said she many times, "I can and I will be a fine lady *some day*, and I *will* have a beautiful home, lovely children, and oh, I *will* be happy as the day is long."

Did you notice those words which I have underscored? Words, that to the observing indicate that at the moment that Katie was speaking, the fine lady, the beautiful home, the lovely children and happiness had not arrived.

Reason. Because as yet Katie did not feel herself a fine lady, or happy, etc. No, all this was something for the future to give to Katie, something that she intended to procure by the effort of her will. But you know that there is an old saying to the effect that "Man proposes and God disposes," which is very nearly correct, although I rather think that the majority of persons using that saying have little or no idea as to what God is. They may believe Him to be a great king, capable of loving one if one has been fortunate enough to gain His good will; but mostly that He is too far away and too busy looking after the well being of those more fortunate than themselves to take much notice if they be hungry or cold, lonely, loveless and neglected. So they go on praying and wishing that by a lucky chance they may catch His ear at an odd moment when He is not planning the beautiful homes and happy times for those more favored.

And so, (it might just as well be told here as anywhere), Katie Johnson having learned by sad experience that the sort of a God she had been taught was Love did not pay much attention to her petition, and allowed her to go right on getting a year older every twelve months without granting even the smallest part of the good things she desired, did calmly, and with much forethought, make up her mind to cultivate a great, and powerful will force, and to use that will in going after and getting whatsoever she desired. Kate intended to do her getting honestly as within the law, but, said she, "In school we learn that aggression is necessary to getting ahead, and that we must exert ourselves in the direction of our desires and follow up our exertion with understanding and a will to accomplish our purpose."

"The most determined opposition will fall down when attacked by a determined will to win."

Such was Katie Johnson's views on success and its way of attainment on that day, now many years ago, when she was just nineteen and had received her first invitation to a really social affair, a big charity concert and dance. I can see her now: A dainty little maid with brown hair; a nose slightly up-tilted and inquisitive, a firm square chin and sun-burned dimpled shoulders that peeped modestly above a much bewashed and ironed dimity frock. And I might add that those sun-burns were obtained by the daily work in a market flower garden, a garden that Kate had willed should be her one big stepping-stone to success.

But as we were saying in the beginning, man proposes and God disposes, for with all Katie's high-brow learning in Normal School she had not learned that realization of her oneness with the Source of all things that makes one immune from catching cold. Katie danced and danced until she

was very warm and then, foolishly, according to her belief, went walking upon the dewy lawn with a friend and stayed out under the starlit skies, and *willing*—with all her heart that the nice young man from the big city with whom she walked might be the one to bring happiness into her life. Maybe Katie was praying to her God at that moment. Oh, I do not wish to be even slightly, or for the purpose of pointing the lesson, the least bit irreverent, but this I do know, if Katie was not mistaken when she said that "God's ears were stopped when she asked Him for things," then Katie did not know how to pray. For it remains to be told that instead of winning happiness in the way she hoped, Katie did catch a very bad cold. An illness that hung on so long that Spring and planting days had passed long before she was able to go out into the garden again, and therefore there were no flowers to be sold the following Summer. Not only was Katie quite ill by this time, but she was discouraged. Much of her boasted will power had waned until all who beheld the girl remarked how very subdued and even diffident Katie had become.

And so the time went on and on until four more years went by, and Kate was twenty-three, and then her father passed away, leaving Kate the support of her mother and a small brother. Worse than this, Katie's dreams of bigger things had vanished; ambition was gone. Now her only desire, so she said, was the daily needs; just to keep well enough in body and mind to keep going, working early and late to supply the daily necessities of the little family. Sad indeed for a girl just turned twenty-three.

Another five years go by. Kate is now twenty-eight. One day a woman selling a few small household articles calls at the home. This woman admires Katie's flowers, but discovers that Kate has lost interest, is sad and dispirited, and works

only for the money to be obtained by the sale of the things she grows. The woman is an earnest Divine Science student, and always has a few leaflets of that teaching with her. She gives Katie a few of these to read, and does what she can to encourage the girl. But Katie's belief in colds persists, and again she takes cold while working in the garden while it is raining. She is now in despair. In a desperate effort to keep her thoughts off the neglected weed-grown garden she reads the leaflets the saleswoman has left with her; this perhaps because other reading matter is not at hand. In one of the leaflets she reads:

*"YOU CANNOT GIVE AWAY, LOSE, DESTROY OR HAVE TAKEN AWAY FROM YOU THE GOOD THAT IS YOUR OWN. EVERY MAN, WOMAN AND CHILD HAS AN INALIENABLE RIGHT TO ALL THE GOOD, PERFECT HEALTH, EVEN GREAT WEALTH, HAPPINESS, FAME, PRAISE, THAT HEART CAN DESIRE—BECAUSE THEY ARE IN THEMSELVES THE MANIFESTATION OF THE LIVINGNESS OF ALL THAT IS.* They are the outward and visible expression of the Source, and cannot even by their own will or effort be separated from their good. The only reason that man does not experience the joyous possession of all he desires is because he believes that he is not the creator of his world and things.

"In the beginning God made man in His own image and likeness, and gave to him dominion over all things. It was His pleasure to give to man the power of the spoken word, and man by his *word* calls into expression that of which he speaks. Speak of illness, claim it as a thing possessed by you, and illness will come. Claim health

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as a possession, and health will manifest, for verily your word will have become flesh and taken up its dwelling with you.

“Man’s inalienable right is the right of possession, and he can and will possess that which he claims, and nothing else. Claim whatsoever ye will and it shall be done unto you.”

Much more along this line did Katie read. But from that day on she diligently thought out and used only the words whose character she wished manifested in her affairs. Daily she claimed her birthright as a child of God, humbly, reverently, but in great faith, earnestly expecting to see the fruit of her efforts. Then one day there came another invitation to her to attend a social affair. This time it was a flower show in the big city. It required the making over of an old dress for her to be presentable, but once at that wonderful showing of beautiful flowers she forgot all about how she was dressed, and, standing before a great display of dahlias, she knew that in her own garden there grew more beautiful specimens than were shown there. So earnestly was she thinking this that unconsciously she spoke aloud. A gentleman and lady standing near smiled at each other and then moved over to speak with Katie. Glowingly she spoke to them of her dahlias that had not been overgrown with weeds. But she did not speak of the sickness that had kept her from weeding her garden, and at the suggestion of the gentleman and lady she wired home for her mother and brother to gather the very finest of the dahlias and express them to her in the city. There the wonderful pinks, and whites, golden browns, and maroons, were given a place of honor although not listed as an exhibit.

This was the beginning of Kate Johnson’s triumph as a dahlia grower. She has now been specializing in dahlias for several years; has actu-

ally grown prosperous and made many, many friends, not only among the flower lovers but among those who can appreciate a real gentlewoman, for such is the proud title given her by all who know her. Happiness, too, is hers in fullest measure, although she has never met the man to whom she wished to entrust her happiness; still you must remember that she is only a few months over twenty-eight, and I know of one with whom she walked under the starlit skies when she was just nineteen who admires her even more than the rest of us do—at least his admiration takes on a different form of expression.

### HAVE YOU A RICH CONSCIOUSNESS?

For the first time in my life, I now offer a strong Prosperity letter for anyone sending me a dollar bill for such. Tell me your problem. I have no multigraphed lessons. Every letter will be a personal one. GET RICH IN CONSCIOUSNESS AND ALL THE REST WILL FOLLOW: HEALTH, HAPPINESS AND PROSPERITY. Do not send stamps for this.

AGNES MAE GLASGOW,  
490 Grand Ave., Leonia, N. J.

### THE LARGER PRAYER

At first I prayed for Light:  
 Could I but see the way,  
 How gladly, swiftly would I walk  
 To everlasting Day.

And next I prayed for Strength:  
 That I might tread the road  
 With firm, unflinching feet, and win  
 The heaven's serene abode.

And then I asked for Faith:  
 Could I but trust my God,  
 I'd live enfolded in His peace  
 Though foes were all abroad.

But now I pray, for Love:  
 True love to God and man;  
 A living love that will not fail  
 However deep His plan:

And Light and Strength and Faith  
 Are opening everywhere!  
 God only waited for me till  
 I prayed the larger prayer.

—Mrs. E. D. Cheney.



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## THE CHURCH OF THE HEALING CHRIST

Announcing Sunday morning services at 11 o'clock in the Auditorium of the Community Chest Building, Fourteenth and Welton Streets, Denver, Colo., beginning the first Sunday in December, with Rev. Dr. Charles Edgar Prather as Minister. This is in response to a constant and increasing demand for a down-town service by Mr. Prather, who has been on vacation from ministerial work for the past year following his fourteen years of service as pastor of the Second Divine Science Church of Denver. Previous to that he was for many years associated with Unity Headquarters at Kansas City, Mo.

Following each Sunday morning service will be held a free Healing Clinic. As all inharmonies are the result of wrong thought, every condition is amenable to the power of the Indwelling and Healing Christ, the Divine Mind.

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### EXPECTANCY

To Dr. Prather, by HENRY VICTOR MORGAN

*Today is redolent with praise  
For all the Good that Love has brought;  
But greater still the future hope—  
The triumph of Creative Thought!*

*There is no failure nor can be  
To him whose faith on God takes hold;  
He sees through every baffled hope  
The triumph of his dream unfold.*

*Great is the Peace that Love has brought;  
The Glory of the things that be;  
But greater still the future hope—  
The thrill of Love's Expectancy!*

## Health and Healing Department

### THE LORD'S PRAYER

(In the original form and present tense, since Jesus spoke the Palestinian Aramaic tongue, which had neither past nor future tenses.)

Our Father, which art in heaven,  
Hallowed is Thy name.

Thy kingdom is come; Thy will is done on earth as it is in heaven.

Thou givest us each day our daily bread.

Thou forgivest our debts as we forgive our debtors.

Thou leadest us not into temptation; but dost deliver us from all evil.

For Thine is the kingdom, the power, and the glory, forever and ever. Amen.

### DIRECTIONS FOR THOSE DESIRING HELP

1. There is but one Power and one Presence in the Universe—the Good Omnipotent.
2. Recognize that Power within you NOW.
3. Think Health, talk Health, see Health; keep your thoughts on pleasant things.
4. Send out good kind thoughts to everyone and everything.
5. Be cheerful and happy; give thanks for your blessings NOW.
6. Be not anxious about things.
7. Take lessons in the Science of Right Living. Keep at hand good reading on these subjects.
8. Have no doubt about your good; acknowledge God in all your ways.
9. Be not weary in well-doing. Be ye steadfast, immovable; Forgetting the things that are behind, you press forward to the high mark of your calling.
10. Freely ye have received; freely ye give.

Special treatments for overcoming sense delusions, such as sin, sickness, hardship, poverty and trouble, including the belief and effects of physical disease, etc., are given by the week or month—and only on request.

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3101 Stuart Street, Denver, Colo.

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### HEALING INSTRUCTIONS

When you have once turned to God and asked His help, through our World Blessing Circle—

*Realize* that *God* is the one and only power. "The Father indwelling" in you, and each one, does the work.

Do not look to personalities or places or conditions to bring health, prosperity or adjustment to you—look to GOD.

*Stop talking* lack of health or money or harmony—Talk health. Talk abundance. Talk harmony.

*Acknowledge* every smallest manifestation of improvement. Praise is the note that causes more improvement.

*Give freely* of what you have received and God's gifts will flow back to you freely.

*Trust and rest* in your Father's love. Stop worrying and wondering.

*Have a quiet time every day*, if for no longer than a few minutes, in which to realize that God's will for you is perfect health, abundant supply, perfect harmony and happiness.

*Expect quick help*. Always acknowledge it by phone or letter or personal call. Report at least once in ten days if out of the city. That is only courtesy to those who are helping.

*Send your daily blessing* to this center and to all departments of its ministry, that it may enrich its consciousness and thereby give greater service to humanity.

"Let *your light so shine* that men may see *your good works*—and glorify your Father which is in heaven."

—The Truth.

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## *The* TRUTH

A STATEMENT OF THE ESSENTIAL TRUTHS OF  
BEING.

By CHARLES EDGAR PRATHER

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GOD.

God IS.

God is ALL, both invisible and visible.

God is SPIRIT.

Spirit is SUBSTANCE, the Only Substance.

Spirit is the Substance of all FORM.

ONE Presence, Knowledge and Power is ALL.

This One PRESENCE is All Life, Intelligence, and Substance.

Its INTELLIGENCE is Wisdom, Knowledge and Understanding.

Its NATURE is Love—Conscious Unity.

Its ACTIVITY is Life and Strength.

Its STATE is Wholeness—Health.

God: the FATHER; Source, Substance.

God: the HOLY SPIRIT; Creative Energy.

God: the SON; Manifestation.

"Like begets like." "That which is born of Spirit IS SPIRIT."

MAN is the Expression of God.

Man is ever ONE with his Source.

CHRIST is the Revelation of Truth; the Awakening of the Soul; the "stirring up of the Gift of God in thee."

JESUS CHRIST is the Realization of God in Man, in you; Man conscious of his Divinity.

"Christ IN YOU the hope of glory."

"The Father and I are ONE." "ALL that the Father hath is mine."

This is the TRUTH of You, the Truth of All.

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**THE HIGHER THOUGHT DIRECTORY**


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**CALIFORNIA**

- CALIFORNIA TRUTH CENTER**, 68 Post St., San Francisco. Offices and Reading Room, Suite 721-724, 9:30 to 3 p. m. Phone, Sutter 3324. Individual teaching and healing; special correspondence course for absent healing. Sunday Service at Fairmont Hotel, 11 a. m. May A. Wiggin, Lecturer and Teacher; Alice D. Harrison, Assistant Teacher; Elois D. Harrison, Secretary.
- THE CHURCH OF THE UNIVERSAL CHRIST**, the True Thought Center, Hotel Oakland (Rose Room). Sunday Services, 11 a. m. Week night service, Tuesday, 8 p. m. Rev. Bernard C. Ruggles, Minister.
- HOME OF TRUTH**, 1975 W. Washington St., corner Ardmore, Los Angeles, Calif. Sunday Services, 11 a. m. and 7:30 p. m.; Bible Lessons, Sunday, 10:15 a. m., Tuesday, 10 a. m.; Healing Meeting, Tuesday, 2:30 p. m., Thursday, 8 p. m. Individual healing daily. Harriet Hale Rix, Minister.
- HOME OF TRUTH**, 1919 Sacramento Street, San Francisco, Calif. The Christ Ministry in all its branches.
- HOME OF TRUTH**, Grand Street and Alameda Avenue, Alameda, Calif. Healing by Divine Mind Power. Classes in Practical Christianity. Phone, Alameda 1098. Services, Sunday 11 a. m. Mary Deering, Minister.
- HOUSE OF BLESSING**, 2109 Second St., San Diego, California. Service, Sundays, 11 a. m. Myra Freuyear-Wiseman.
- METAPHYSICAL LIBRARY**, 466 Geary Street, San Francisco, Calif. Hours, 10 a. m. to 9 p. m. Circulating Library and Free Reading Room. Literature for sale. Noon Talks on the Power of Mind, daily except Sunday.
- OAKLAND TRUTH CENTER**, Ebell Club Building, 1440 Harrison Street, Oakland, Calif. Offices and Library. Meetings—Sundays, 11 a. m.; Mondays, 8 p. m.; Thursdays, 1 p. m. and 8 p. m. Special department for absent treatments. Lettla A. Andrews, Teacher.
- UNIVERSITY OF CHRIST**, 1975 W. Washington St., Los Angeles, Calif. Normal Training School for teachers and healing. (Not a correspondence school.) Intensive training and application. Teachers: Harriet H. Rix and Thelma G. Holder. Send for "Requisites and Studies." Bernard C. Ruggles, Minister.

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- REV. CHARLES EDGAR PRATHER**, 3101 Stuart Street, Denver, Colo. President Power School of Truth; Clergyman, Lecturer, Teacher; officiates at weddings and funerals; gives absent treatments for Health, Happiness and Prosperity.
- UNITY CENTRE and UNITY CHURCH UNIVERSAL**, 302 Community Chest Building, 14th and Welton Streets, Denver, Colo. Sunday Service, 11 a. m. Classes in Bible Study, Spiritual Healing and Prosperity during the week; also Young People's Club. Rev. Ethel L. Chipperfield, Minister.

**FLORIDA**

- UNITY CENTER**, Seneca Hotel, Jacksonville, Fla. Classes every afternoon at 3 o'clock, excepting Saturdays and Sundays; evening meetings at 8 o'clock; Sunday School, 10:30 a. m. A welcome to everybody!

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DIVINE SCIENCE or PRACTICAL CHRISTIANITY, 3617-19 Wyoming St., St. Louis, Mo. Services: German, 9:30 a. m.; English, 10:45 a. m. Rev. H. H. Schroeder, Minister.

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UNITY SCHOOL OF PRACTICAL CHRISTIANITY, 913-917 Tracy Avenue, Kansas City, Mo. Sunday service, 11 a. m., Charles F'llmore, Speaker. Meetings and classes throughout the week.

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### NEW JERSEY

NEWARK TRUTH CENTER, 435 Fourth Avenue, near Roseville Avenue, Newark, N. J. Meetings Monday, Tuesday, Friday and Sunday evenings at 8 o'clock; Wednesday afternoons at 3 o'clock. Consultations and healings, 11 a. m. to 4 p. m. daily. Prof. Frederick Mersfelder in charge.

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### OHIO

THE CLEVES UNITY CENTER meets every Wednesday at 2:30 p. m. at the home of Mrs. May Harrell, Cleves, Ohio. Mrs. E. Isabel Noyes, Leader; residence, 1138 California Ave., Bond Hill, Cincinnati, Ohio.

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### ADVANCED THOUGHT MAGAZINES

(Published Monthly unless otherwise noted.)

- "The Comforter"—F. Gloria Crawford, Editor, San Francisco, Calif. Six issues in one volume; two volumes a year, \$2.00.
- "Good Will"—Emilie A. Hulett, Editor; Melbourne, Australia. Free-will offering.
- "Master Christian"—Henry Victor Morgan, Editor, Tacoma Wash. \$1.00 a year.
- The Christ Mind—Harriet Hale Rix, Editor, Los Angeles, Calif. \$1.00 a year.
- "Nautilus"—Elizabeth Towne, Editor, Holyoke, Mass. \$1.00.
- "New Thought Bulletin," Washington, D. C. \$1.00 a year.
- "Now"—San Exton Foulds, Editor, San Francisco, Calif. \$1.50
- "Power: The Higher Thought Magazine"—Charles Edgar Prather, Editor, Denver, Colo. \$1.00 a year.
- "The Rally"—39 Maddox Street, London, W. 1, England. \$1.00 a year in U. S.
- "Science of Thought Review"—Henry Thomas Hamblin, Editor, Chichester, England. \$1.00 a year in U. S.
- "Unity"—Charles Fillmore, Editor, Kansas City, Mo. \$1.00
- "Weekly Unity"—Lowell Fillmore, Editor, Kansas City, Mo. \$1.00 a year.
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