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POWER

The Higher Thought
Magazine

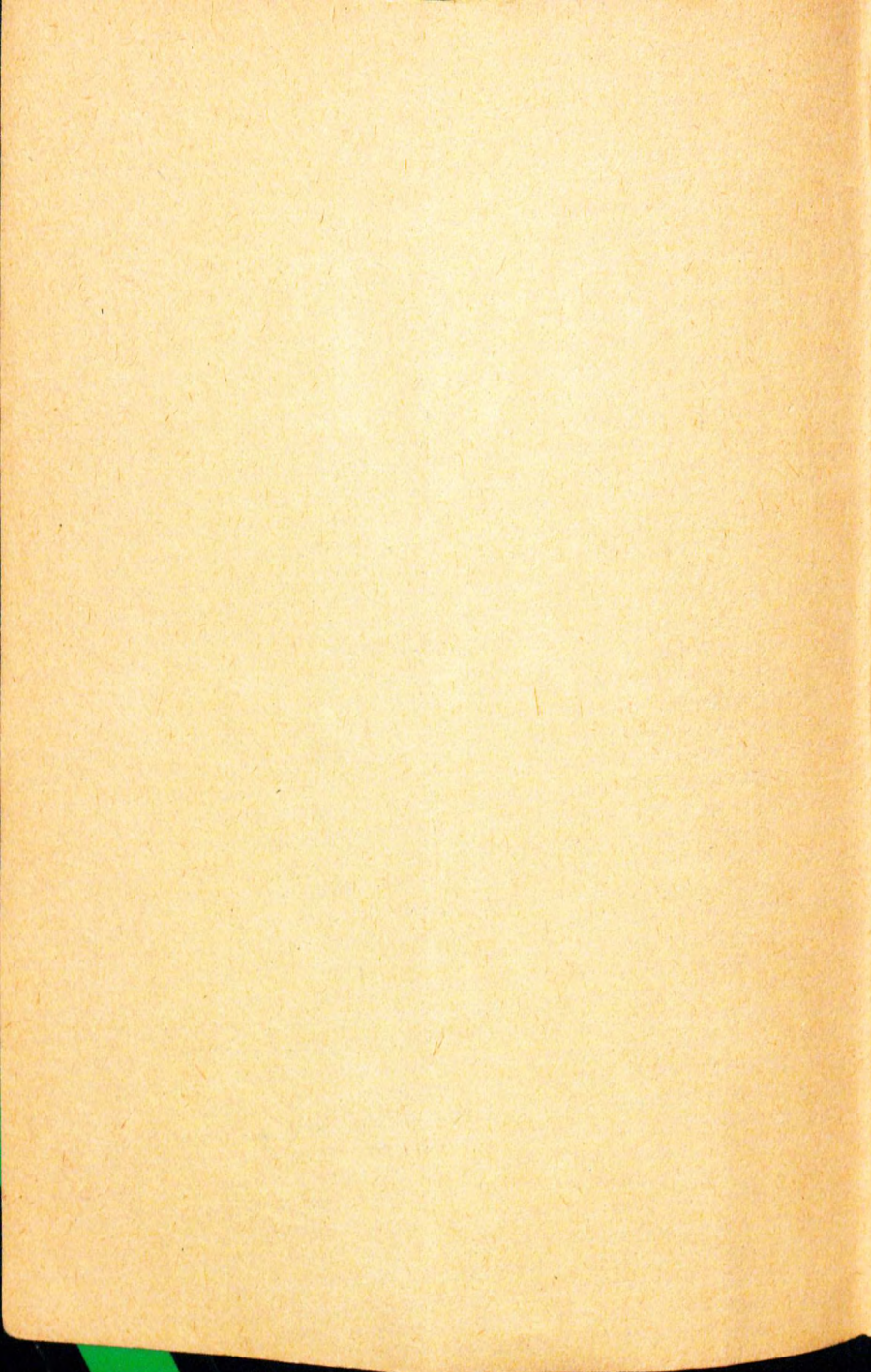
JUNE, 1917

10th Year

No. 12

Published Monthly by
The Power Publishing Co.,
Denver, Colorado

\$1 A YEAR



POWER.

THE
HIGHER THOUGHT
MAGAZINE
of
DIVINE SCIENCE

¶ "The Power of the Highest shall
overshadow thee."—Luke 1:35,

4231 W. 32d Ave.,
DENVER : COLO.

Phone, Gallup 346

Entered as second class matter, September 30, 1907, at Denver, Colo.,
under Act of Congress, March 3, 1897.

Subscription Price: In United States and possessions, \$1.00 per
year; three years for \$2.00; three subscriptions for one year, \$2.00.
Canadian subscriptions, \$1.15; other countries, \$1.25 or 5s. Payable
in advance.

CHARLES EDGAR PRATHER, Ph.D., Editor.

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ABOUT EXPRESSION



ALL THINGS,—everything in existence,—is the effect of a cause. That which displays activity is itself the result of Life. That which evidences any degree of intelligence is the product of Mind. The attractive force which holds together, making unity out of apparent diversity, is the effect of Love, or conscious oneness.

Whether things reproduce themselves, or are the original of their species, the one main or real cause lies back of all. "God is alike Creator, whether He made us, or made us make our-

selves," says Dr. G. W. Hoss. So while we may trace a thing to a certain cause, we may trace that cause to its cause, then it to its source, etc., until we finally arrive at the one common origin of all. This is often called the First Cause; but since it is the same Intelligence and Power operating in all the subsequent reproductions or effects, there is but ONE Cause, first, last and all the time.

By "cause" is meant that by which a thing is made; by which a thing is brought into existence, and to which it gives certain characteristics. Existence means the emergence and appearance of that which is real. Yet all existence is not visible to the physical eye; that which has actual being, yet unseen.

Ideas exist. They are the true images of Mind, the product of thinking. These true thoughts, conceptions of reality, are ideas, and can be perceived only in mind and by mind. They are never visibly seen. That which we see are but the signs of ideas. The body, for instance, is but the picture of the idea by which it was formed.

Existence is the state of being actual or real, as distinguished often from the seeming appearance. Ex: out of; sistere: to cause to stand; to stand out, as real or true. Hence, that which has been made evident—its truth revealed—has actual or real being, and therefore exists, whether so-called material or spiritual.

We have already learned that all substance is

Spirit; therefore there is no material substance. The seen is the outpicturing or expression of the universal unseen Substance; for "expression" means: Ex: out of; premere: to press; to press out of that which already is (Spirit), making a representation thereof.

The effect or result, being made of the same substance, must be the embodiment of the cause. In other words, the cause is the constituency or substance of its effect or expression. For this incontrovertible reason, Divine Science proclaims the literal ALLNESS OF GOD, including both the invisible and visible.

Expression—that which has been pressed out into form—when rightly understood, reveals the wholeness, harmony and purity of Being. Effect always corresponds to cause. Why things seem imperfect, discordant and impure, is because we look at them through those kinds of beliefs or thoughts; and the reason we think such untrue thoughts is because we have not sufficiently awakened in consciousness to see the Truth or Reality in these objects.

What is the process or order of expression? Starting with Cause, which is itself the only substance and reality, and this Cause being the One Perfect Mind, thinks only that which is true of itself; this idea, or true thought, is then formed and pressed out—expressed, made manifest. Has it been changed in this process? By uniting oxygen and hydrogen we have water; but has either gas been changed in the combination? No; and each is essential, for when one or the

other is removed, the visible form, called water, disappears.

Let us explain the process in this way: There is a trinity in everything—not three separate elements or processes, but three phases of being or processes acting in unison at the same time. Thus we have Mind, Idea, Consciousness; Mind, Thought, Body; Father, Holy Spirit, Son; God, Christ, Man. That which relates to Reality is called the Trinity of Being, while that showing the process of manifestation is termed the Trinity of Expression. First, the cause; next its activity; resulting in a certain product or effect. When Mind thinks, the result is knowledge or consciousness—a trinity of Being. When Mind thinks, body or manifestation appears—a trinity of expression.

But why worry over trinities! Why perplex yourself with syllogisms of logic! The closer you stick to the plain simple Truth, the more powerful it is to you. Instead of becoming confused in the multiplicity of words, all you need know, to use effectively, is that "Like begets like." God is the Source; you are His child. Go back, back, on through all your ancestors to your one real Source, and claim your divine lineage. Jesus said, "Call no man on earth your father, for one is your Father, which is in heaven." Your Source is in divine harmony, perfection—and as its product you are now aware of your priceless inheritance to all that God is—life, health, harmony, happiness and success.

Spirit is the only substance. It is real sub-

stance; it is not illusionary. Of it all things are made. Of it all things speak. Of it all things are the expression. There is no corruptible substance. The form or appearance changes, but the same substance is eternally perfect. When you learn to see all substance as it really is—pure, perfect, undefiled—when you no longer have even a subconscious belief in corruption—then will you be immune from the grippe, colds, tuberculosis, fevers, cancers, boils, etc.,—which are but the outpicturing of the world's belief (and which you have either consciously or unconsciously accepted as your belief) in the corruptibility of substance.

How great is the delusion of sense, the carnal or personal thought! According to the mental images you hold in thought, do all things appear unto you. Your thought holds the images of your beliefs, through which you see objects imperfectly, distorted and untrue. When your mentality has been clarified by the revelation of Truth, then will it become the unobstructed channel for Mind or God to think only that which is Real; and only the real is true, and only the true is good.

Therefore, practice giving up your personal opinions. Open yourself to the inspiration of knowledge, and rely upon its convictions. By relying upon them, I mean use them, practice them, live them. Only thus can you prove their truth. Keep affirming the simple truth that like begets like, all the while claiming God as your real Source. You will then become enlarged in

consciousness, for you will continually see more and more what God is, and thus more and more what you are through inheritance.

Do not be afraid to claim your oneness with God, since the characteristics of Being are the inherencies of your being; because they are infixed, a part of, and can not be separated from you as the expression of God. The more you practice your divine qualities the less mental adversities will you have, until finally the outer shall be as the inner, one perfect harmonious expression of all that is good and true.

EXCLUSIVENESS is the only occasion for the numerous denominations of religious belief. Set boundaries, called creeds, exclude all who do not subscribe to their statements. The very act of defining God, or the principles of life, or the mode of living, is in itself a limitation. Exclusiveness is the fencing in of yourself from all else; and once you begin the fencing of your beliefs, the narrower your horizon of Truth, and the more bigoted your blind adherence to personal opinion, which so often assumes "authority."

* * * *

INCLUSIVENESS is all-embracing, including ALL in love and co-operation. Exclusiveness is narrow, and stultifies the growth of the soul. Since I preach the ALLNESS of God—both invisible and visible, I must recognize all men as children of God—my brothers. It is my business to help lift any of them who are yet in the "mire and clay" of sense delusion up into the sunlight, by placing their feet upon the solid rock of Truth.

Limitations of book, Bible, previous conditions, stars, evil spirits, evil thoughts, heredity, mental conditions, are only the phantoms of man's ignorance of himself—self-imposed limitations.—Henry Harrison Brown.

“ABOVE THE CLOUDS OF WAR”

By HENRY HARRISON BROWN, Editor “Now.”



ABOVE THE CLOUDS OF WAR I see future nations learning to make first of all—Manhood their aim! I see the unfolding of the individual character of more value than artistic culture. Power to will will be more instilled than is the study of molecule or star. The “measuring rod of the angle” will be —“How much of soul expression!” Through spiritual unfoldment I see a Brotherhood of self-reliant men yet forming nations where each is taught to take advantage of opportunities here and to do his best now.

I see nations in one large affiliation of states where each is responsible alone to the Highest Ideal possible to their composite expression. Never yet an upheaval in the material earth that has not helped in its evolution toward a condition for the bringing forth of plant, animal, and man. Never an upheaval in the race that has not helped the unfolding Soul. Then why fear? Why be pessimistic? Why doubt the marching on of Truth and Good?

The Messiah always comes at the right time in all the demands made upon the race for endurance, for sacrifice, and inspiration. Messiah has a new name today. He is not a personage, neither is he a local movement. He—IT—is the under current of life—the Life of All. It is the Spirit of the Universe “moving on the face of the

deeps" of the Soul. Man feels the upheaval. He is catching the faint echoes of the Infinite Voice within and is expressing it in the Affirmation—I AM UNFOLDING SOUL!

This is the Central Force. I listen to this Voice above the clouds of war. It radiates, as radiate sun rays, in all metaphysical cults affirming the Unity of the Individual with the Infinite One. The Messiah is the Individual Expression of the Absolute recognizing Itself as an expression of God. The Messiah is coming to man in the realization of the fact stated by Emerson sixty-five years ago: "There is One Mind common to all individual men. Every man is an inlet to the same and to all the same!"

This war, and all wars, all panics, all sorrow and suffering, are but the birth throes of this One Mind into human consciousness. Out and above the present shines the eternal fact—Soul is! God is! Only through experience does IT become conscious of Itself as the only fact; as the supreme expression of the Universe.

To him who sees the Law; to him who sees Unfolding Soul, there is no disturbance within, for he knows that ALL IS GOOD! That it is his duty to stand still and see the salvation of Good. He is at all times ready to express, from his plane of consciousness, Truth as he sees it: to be at all times wholly Truth and Love. Ready to be Man, with word of faith, and courage, and goodness to all men as all men are equally Goodness. Others may be ready with cannon and submarine; he is equally ready with word and

act. He will work in this plane of appearances with his unfoldment, while in spirit he "Sits at home with Christ!"

Evil as war is to those who look upon it in the light of physical suffering, still to those who climb the heights of Principle, and look into the future, it is seen to be the development of all manly attributes. In it is seen the development of those mental and physical qualities of courage, fortitude, adherence to principle, and willingness to suffer for sake of a right that will insure in their descendants a race where psychic and spiritual powers will more than compensate for lack of those physical qualities which may result because of the war's selection of the physically fit.

Man's fitness is not in his animal body. It lies in those human traits which enable him to overcome resistance. Until these are developed through devotion to a High Ideal, there needs must come that physical suffering which develops it in future generations, even as the demand the soul made upon our Revolutionary fathers started then that stream which burst forth magnificently from lake to gulf and from east to west ocean in '61 to '65 and later in '98 and which also materialized in the pioneers that carried Liberty over the Rockies and made this Pacific Coast great and mighty. This stream of Power, materialized through the pioneers' suffering, has resulted in the greatest achievement of man in uniting the two oceans and with wizard wand has not only called forth from ruins this wonderful city, but has also caused the most wonderful

"Dream City" to rise from "Thoughts into interior sphere" to bless the world with its beauty.

All these results are not from loins of men who feared war, but from men who were ready, "with life and sacred honor," to serve the PRINCIPLES for which our Union stands.

Eliminate all that America has gained psychologically from wars, and we would have a nation of nobodies and boobies. Wars are necessary until the spiritual nature of man needs them no more. We shall know when that time is by their automatically ceasing. The time will never come by artificial means. It will come with that growth of soul that sluffs off the war spirit, the spirit of competition between individuals and nations, by pushing into expression the spirit of Brotherhood and Unity.

"Peace on earth among men of GOOD-WILL!"

As children of that early Idealism that materialized the United States of America, it devolves upon us to materialize THE UNITED STATES OF THE WORLD!

This is our manifest destiny.

Someone has advanced the opinion that the letter "e" is the most unfortunate character in the English alphabet because it is always out of cash, forever in debt, never out of danger, and in hell all the time. For some reason he overlooked the fortunates of the letter, so we call his attention to the fact that "e" is never in war, and always in peace. It is the beginning of existence, the commencement of ease, and the end of trouble. Without it there would be no life and no heaven. It is the center of honesty, makes love perfect, and without it there would be no editors, printers, nor news.—"The Chapter Hall" of the Phi Sigma Chi.

THE SECRET OF A HAPPY LIFE

By ALICE V. DAVIS



THE SECRET of a happy life is in being—to be and to act—in the Eternal Now. This is Being (God) expressing himself. As the Life or Being that now is, is eternal, we are now whatsoever shall be. To be at all is to be what is real and eternal now. It is to be and to do our highest ideal of God. This is the secret of a happy life—the practicing of the Presence of God.

Postponement of the use of our divine inheritance is prophecy, but the fulfillment of all prophecy is in the present. It is not possible to begin any work in the past or the future, hence Now is the beginning. NOW is the time to BE and to DO,—and to have the fruit of our doing.

God is the one ALL; infinite and limitless Being. "One God and Father of all, who is above all and through all and in you all." "Do not I fill heaven and earth? saith the Lord." "The fullness of him that filleth all in all." "The earth is the Lord's, and the fullness thereof." "Whither shall I go from thy spirit? or flee from thy presence? If I ascend into heaven, thou art there; if I make my bed in hell, behold, thou are there!" If I ascend in consciousness, I find heaven within myself; and if I live in discord, hatred, in false beliefs, in sin (the only hell there is), the Omnipresence is there ready, when recognized, to come forth in my consciousness in thoughts of peace, joy and love to dissolve the false beliefs with the light of His Presence.

It is the non-recognition of God which causes all the sorrow of the world. We can realize at-one-ment (the atonement) by being as God is, and being what God is. And what is God? "God is Spirit, and they that worship him must worship him in spirit and in truth." And what is Spirit? It is the only Substance, the only reality. It is Love, Life, Peace, Joy, and Power. It is the infinite

Presence of God filling you, filling me, filling the visible and the invisible, for they are one.

To believe that you are the heir of God, joint-heir with Christ, is to believe that you are every whit whole, and that every member of your body is alive unto God—NOW, and ever will be. This is glorifying God in your body—His temple. As we accept the Omnipresence without any reserve, then there is no place for sin, sickness or anything adverse to the good. Let us open our eyes that we may behold wondrous things out of the law. The greater Power of Life is not contained in words, but in the Silence of Being; not in the wordy pretense, but in accomplishment. "I of mine own self can do nothing; the Father that dwelleth in me, he doeth the works." "For it is God which worketh in you both to will and to do of his good pleasure." "Greater is He that is in you than he that is in the world," and "Of Him and to Him are all things." So cease your striving, and be at rest. God is Wisdom, and this Wisdom lighteth every man that cometh into the world. By using this Light we come into fuller life and understanding. "Stir up the gift of God that is within thee." In the light of Wisdom we see all things perfect. "Be ye perfect even as your Father in heaven is perfect."

Where and what is heaven? Webster says that heaven is the abode of God and the blessed; the firmament, or sky, a state or condition of bliss. Jesus said that the kingdom of God is within you. So in the Truth, we look within and find God within ourselves; and when we have found Him within as Love, Life, Peace, Joy, Supply, we see all the world filled with His Presence. How do we enter this inner kingdom? By prayer, which is silent communion. "When thou prayest, enter into thy closet, and when thou hast shut the door, pray to thy Father which is in secret, and thy Father which seeth in secret shall reward thee openly." This means to enter into your own consciousness, and, forgetting all the affairs of the world, listen to the "still, small voice" within your own soul, and you will feel the Presence of the Indwelling

God, which will quiet all your fears and give you the peace that passeth all understanding. "Acquaint now thyself with God, and be at peace, thereby good shall come unto thee." "For God is not the author of confusion, but of peace, and of love, and of a sound mind." "To be spiritually minded is life and peace." "Great peace have they that love thy law, and nothing shall offend them."

Divine Science proves that the law of God, or the nature of Being, is all that the infinite Whole implies. The law requires only that we acknowledge that which we would enjoy; confess that the goodness hoped for is now here. The law of life hath freed us from the law of sin and death. (Not shall free us, but hath freed us.) The resurrection comes by man, and it means that man is to raise himself unto God and be all that God is—and God is Perfection.

We are not in the land of promise, as were the prophets who died not having received the promises, only seeing them afar off, but we are now in the land of realization, these promises being fulfilled in us. Desire to realize is not Realization. Longing for our own to come to us is not taking our own unto ourselves and being it. Realization means far more than words; it means work, deed, and fruition. To know that we are the Mind or Spirit that is in perpetual outflow enables us to pronounce "I" with a meaning that transcends all other words.

It is not sufficient to believe that Jesus was the "way, the truth, and the life:" we must put on the Christ, and thus be the way to demonstrate the Truth. True asking includes the conviction that we have already received. "Now we have received, not the spirit of the world, but the Spirit which is of God, that we might know the things that are freely given to us of God. It is the Spirit that quickeneth, the flesh profiteth nothing. Hereby know that we dwell in him and he in us, because he hath given us of his spirit."

Through knowledge of the One Presence we are made conscious of the Power that is greater than the might of men. This Power is for all alike, and is ever present

within each soul. "Not by might nor by power, but by my Spirit, saith the Lord." By the Light of Truth we see all things truly. No shadow is cast by this Light, for it shineth in and through all. The darkness is past, the true Light now shineth, and in it we recognize but One Presence and Power.

Without faith, we are told, it is impossible to please God. Is faith equivalent to desire? Desire is seeking, asking, hoping for; faith is the substance of all existing things. By it mountains of doubt are removed, the sick are healed, and earth is transformed into heaven. Begin to act, here and now, in true faith, and you will prove yourself strong in the strength of the spirit. "According to your faith be it unto you." When we realize the meaning of faith, we are no longer under the law, but are a law unto ourselves by our right thinking, speaking, doing, and being. We give up our false beliefs and let the One Perfect Mind think in us as thought, word and deed. "How precious are thy thoughts unto me, O God, how great is the sum of them!"

Right thinking precedes right words, and the word is all powerful. "Let the words of my mouth and the meditations of my heart be acceptable in Thy sight." "If any man offend not in word, he is a perfect man." "When the Spirit of Truth is come he will guide you into all Truth;" and when you know the Truth you are free. In Truth there is no failure. In one word—Love, is Truth now fulfilled. We receive the promise just as soon as we see the Ever Present Fullness. All things await our recognition and acceptance; and Love is conscious oneness.

We are promised that if we abide in the secret place of the Most High, we shall dwell safely under the shadow of the Almighty. The secret place of the Host High is in the understanding of Omnipresence. No pestilence can enter the soul that has found itself one with this Presence. We now know but one word to obey, we acknowledge but One leader—the Spirit of Truth. "Obey my voice, and I will be your God. "If any man do my

will he shall know of the doctrine. "If ye know these things, happy are ye if ye do them."

In the Infinite Spirit we are all united as one spirit; in the Infinite Life we are all one life; in the Infinite Truth we are all one truth, one mind and one substance forever. Everything bears witness of the Truth. Unto this end were we born.

Inasmuch as all good is omnipresent, we are now and eternally blessed in Infinite Love. If we love one another, God dwelleth in us, and His love is perfected in us. The love that is true is the one that rises above personalities, and makes my life, your life and every creature's life when they need it. The law of love and the law of life are the same law, and possession is gained by giving and forgetting self. All are offsprings of the One Good Father, inheritors of every blessing; and all shall come to know this truth. We do not lack strength, peace or plenty, for intelligent love (God) supplies all our needs. "Let everything that hath breath praise the Lord." "God is king of all the earth; sing ye his praises with understanding."

We should forgive as God forgives, by remembering the offense no more. Like him who said, "Neither do I condemn thee," we should hold no one in condemnation, but see each soul as the image and likeness of God. We accept and give forgiveness by leaving the past to bury its dead, and by living in a new consciousness. "Be ye kind to one another, tender hearted, forgiving one another, even as God hath forgiven you." The power of the Spirit that forgives all our iniquities also heals all our diseases. That power destroys sin, sickness, poverty, and death for all who call upon it in faith.

"God is the health of his people." Truth is the redeemer of our souls and our bodies; for the same power that saves our thoughts from false beliefs redeems our bodies from their effects. One life and one substance is all. We now see perfect unity, and we are the perfect expressions of Perfect Mind. "The temple of God is holy, which temple ye are." "Ye are complete in him."

A new consciousness has come to us whereby we see by a new light, and because of this we know ourselves by a new name, we speak with new tongues, and live in a new earth, where, "Behold all things are become new."

We must persevere. In Infinite Mind there is no wavering. When we are spiritually strong, we speak with authority, and the false beliefs and doubts of the world do not affect us. "There is therefore no condemnation to them that walk not after the flesh, but after the Spirit." Now is come the kingdom of our God; now are we regenerated in Him. May each one recognize and accept the Omnipresence, the full presence of Good, and thus BE Life, BE Faith, BE Power, BE Peace, BE Success, BE Love forevermore. This is Practicing the Presence of God, and this is the Secret of a Happy Life.

Practical Christianity is spreading all over this world. It may not be spreading exactly under the name of Divine Science, but it is spreading in many lands under different names. People everywhere are awakening to the truth that there is something better; and old opinions, ways and beliefs are fast fading away.—"The Light."

In the beautiful poem on "Songs of Love," by Roscoe K. Stockton, which appeared in May Power, the last verse was "pied" by the printer by transposition of lines. It should have read thus:

So sing ye here or sing ye where
The starry paean rings,
Ye sing no other song but Love's,
For Love is all that sings!

In Christian Science we are taught that man is the reflection of God; Divine Science reveals that man is the expression of God. You may say, "What is the difference?" A reflection is simply a shadow; there is no reality in it. An expression contains all the qualities, the attributes, the divine nature of which it is the expression. Man is the expression of God, because within him are all the attributes, the divine qualities and nature that his heavenly Father is. This inner expression, the Lord God Almighty, who is in turn in your life, is your real true being, is your real true self. That is the "I" of every one.—"The Light."

Divine Science Daily Study

STATEMENT OF FUNDAMENTALS

God is all there is, both invisible and visible.

One Presence, Knowledge and Power, is ALL.

This ONE that is ALL is Perfect Life, Perfect Intelligence, and Perfect Substance.

Man is the Expression of God, and is ever One with this Perfect Life, Intelligence, and Substance.

THE LORD'S PRAYER

(In the original form and present tense, since Jesus spoke the Palestinian Aramaic tongue, which had neither past nor future tenses.)

Our Father, which art in heaven,

Hallowed is thy name.

Thy kingdom is come; thy will is done on earth as it is in heaven.

Thou givest us each day our daily bread.

Thou forgivest our debts as we forgive our debtors.

Thou leadest us not into temptation; but dost deliver us from all evil.

For thine is the kingdom, the power, and the glory, forever and ever. Amen.

PREPARATION FOR REALIZATION

If you are to become successful in business, healthy in body, happy and contented in your relationships, strong and masterful in mind, it must be through training your thoughts, words and actions in conformity with that which is Real, True and Good.

A serene, happy, and successful life is the result of constant and methodical practice of Truth. It depends not upon theory, but upon Application. Its basic principle is Faith, which is the acceptance and practice of the Good—cooperation with God.

It depends upon you whether these "helps" shall be but "theories" or the Living Power of

Truth to bring to you the realization of the fullness of Good for which you have so long been praying. They are not theories to me, for I actually do my best in putting them into daily practice—living them, and thus proving their efficacy and power in lifting me out of the sordid sense beliefs and conditions of the race, up into the joy of realizing that “The Father and I are one,” and “Of His fullness have I received,” since “All that the Father hath is mine.”

For this reason “Power” has been such a POWER to all those who actually put into daily practice its precepts. It deals not in theories; it does not speculate; it does not guess. Its teachings are the product of the realization of the Truth, attained, just as you individually must attain, through the recognition, appreciation and practice of the Good.

* * * *

The first step is in preparing the mentality by right affirmations, through which you open yourself wholly to the Good, thus letting old beliefs and opinions fade into nothingness from which they came. The second step is rejoicing in the newer and higher revelations resulting from this purposeful and methodical thought-practice. The third step is the individual application of these truths by living them in every circumstance, event and condition—your common daily routine—in your home, in your business, in your social relations—everywhere. When you actually do this, then will you unfold into Peace, Plenty and Power.

Take the thought suggested for the day: meditate upon it, give yourself wholly to its contemplation, letting it unfold its depth of meaning to you, until you are flooded by its light, inspiration and power; then do your level best to live its truth thus revealed throughout the day—in your thoughts, words and actions.

JUNE, 1917.

1. I have no part with sadness. I look for the joy of Life, and, behold, it is mine.

2. I am not discouraged. I know that success is mine through the mastery of Mind over sense seeming.

3. I do not condemn. I see everything under Divine Law, and therefore working for good.

4. I find no fault. My thought is free, good and kindly toward everybody and everything.

5. I do not envy. I am glad in what others have to enjoy. I wish everybody the fullness of good.

6. I do not nag. I do not insist upon anyone seeing and doing just as I see and do, since I know they are being led by the same Spirit of Truth.

7. I am not irritable. I exercise self-control by being calm, strong, and masterful of my own attitude.

8. I do not dwell on sickness. My thoughts are centered upon health, and thus the door to sense ill is closed.

9. I carry no burdens. I trust all my affairs to the intelligent and loving care of the Father. "Cast thy burdens upon the Lord, and he will sustain thee."

10. I do not talk lack. Supply, abundance, fullness, are my theme. Of them only do I think and speak.

11. I am not anxious. The Law of Divine Order is now and ever working for my good.

12. I do not worry. I am calm and peaceful within, since I know that God cares for and protects me.

13. I am not apprehensive. I train my thought to look for and expect only that which is true and good. I live in the good of today.

14. I do not prevaricate. My word is the word of Truth, and is therefore accurate and dependable.

15. I am not slothful. I co-operate with God in bringing forth good works, and enjoy the fruits thereof.

16. I am not wasteful. Thrift is the utilization of all products. I am thrifty, hence watchful and careful.

17. I am not afraid of the dark. God is omnipresent, hence Good is as much in the darkness

as in the sunlight. I trust this Presence everywhere.

18. I do not get excited. I am master of my thoughts and moods, and I let nothing, however great the provocation, dethrone my inner dominion.

19. I do not talk sin. The more I see of God the more wholeness and holiness do I realize. I practice looking for good, and thus give no place in my thought for any opposite.

20. I am not selfish. The more I do for others the happier I am, and that which I give is Good—the God of me.

21. I am not weak. God is my life, and therefore my strength. "I am strong in the Lord and in the power of his might."

22. I have no enemies. My attitude is that of unity—oneness. I refuse to admit of any separation. Everyone is included in my circle of love.

23. I do not let beliefs control me. I walk in the path of revealed Truth, hence am not influenced by fears, superstitions, nor any personal conceptions.

24. I fear no evil. Since I accept the Omnipresence of Good, to me there is nothing adverse to fear.

25. I am not concerned about death. I know only Life, and it is eternal. The change of

form of expression can not affect the Life which I am. "I am alive forevermore."

26. I do not limit myself. God is the Self of me, and therefore my possibilities are boundless. I keep expanding myself in every way; opportunities are ever present.

27. I am not dishonest. As I practice justice to all, I find that that which is for me comes to me, and therewith I am content.

28. I am not disloyal. My purpose is fixed; my thoughts and actions are true. I rejoice in openly standing for my highest ideals, for the Truth as it is revealed to me.

29. I am not pessimistic. I make a practice of always looking for the bright side—the right side—of everything. My life is therefore filled with sunshine.

30. I criticize no one. I trust the loving Intelligence within each one to guide into the path of right, and without question permit each to follow that Light, however different it may be from my ideal.

A MORNING MEDITATION

The day dawns, and with it comes the strength to perform the tasks thereof. My power is equal to all demands that may be made upon it during this day, for my power is the omnipotent God, in Whom I live and move and breathe. Nothing can by any means irritate or distress me, for I am one with Infinite Peace. My strength is as the strength of ten, for it is the energy which sustains the Universe. I go forth to meet the experiences of the day cheerfully and courageously, knowing that He who is with me is greater than all that can be against me. —"The Gleaner."

The Bible Study Class

(These Bible Studies began January, 1917.)

THE HISTORY OF THE UNFOLDMENT OF EACH INDIVIDUAL

Twelve Steps or Degrees of Spiritual Unfoldment—from
Adam to Jesus the Christ; from Darkness to Light;
from Sense to Spirit; from Bondage to Free-
dom; from Sickness to Health; from
Ignorance to Knowledge—hence,
into Pure Consciousness.

THIRD STEP: ABRAHAM

1. The Story of the Call of Abram. Gen. 12:1-9.
 1. The Lord said—Intuition of Truth, inner conviction.
unto Abram—Chief or directive thought, father, faith.
Get thee out—Cut loose from every sense concep-
tion and tie.
unto a land—Realization.
that I will show thee—Revelation of Truth.
Promise of obedience as a result: "Great nation;"
"bless thee;" "make thy name great." Power through
realizing the qualities of divine nature, giving health,
peace and prosperity.
 4. And Lot went with him—"Veil," dim light.
Departed out of Haran—Intellectual enlightenment.
And took Sarai—Contentious attitude.
 5. to go into the land of Canaan—Low, debased.
 6. Passed through unto the place of Sichem—Strength.
unto the plain of Moreh—Teacher, receptiveness.
And the Canaanite was in the land—Sense
thoughts.
 7. The Lord—Higher thought.
appeared and said—Impulse of Truth, intuition.
Unto thy seed—Outgrowth of faith.
will I give this land—Mastery of mental atti-
tudes.

Abram builded an altar—Reverence,
unto the Lord—Spiritual Self.

8. And he removed unto a mountain—Higher plane
of thought.
on the east of Bethel—Truth revealing Presence
of God.
and pitched his tent—Thought, meditation.
having Bethel on the west—Fulfillment, real-
ization.
and Hai on the east—Inspiration, light.
and builded an altar—Higher attitude of
worship.
9. And Abram journeyed,
going on still toward the south—Into sense percep-
tion, negativeness.

Side-lights on the Lesson.

Gen. 13:1-4, shows that Abram did not remain long in Egypt (darkness). But in that attitude of negativeness his faith was dimmed, and he sinned, for which he was reproached even by a worldly king. He repented, and returned to the place where God, the Truth, had sent him.

The selfish choice of Lot, showing his dim vision (veil) of Truth, caused him to seek material or sense things; "And Lot pitched his tent toward Sodom."

Sarai—Contentious. Sarah—Adjustment, order.

Lesson 7. The Story of the Call of Abram.

1. What are the meanings and reasons for change in names, from Abram to Abraham?
2. Why was Abram told to get out of his own country?
3. What three-fold promise was made as a natural result of obedience?
4. Did Abram fully obey?
5. What is the meaning of Sarai, and how did her name come to be changed to Sarah?
6. Where did Abram go from Haran?
7. What caused him to go into Egypt?

I like the new make-up of "Power" very much. It appeals to me more than the former size and style, although that was commendable.—P. J. G.

TEMPERANCE

I do not know whether Fay King, of the Denver Post, styles herself a New Thought woman or not; but I do know that she writes some mighty good, practical and forcible "stuff" (as she would call it) which would pass for New Thought in any society of progressive thinkers. Did you ever read a better "sermon" on Temperance, or a more sensible one, than this from her pen?—Editor.

By FAY KING



O BE MODERATE is to be master. Moderation is the true test of temperance. To abstain from anything is no great feat, but to be able to be moderate in your indulgence of pleasure, of living, of society, or wining or dining—that is the proof that you possess but are not possessed by these things, and therefore are master of yourself.

To avoid temptation is not resisting it, but to be in the midst of temptations and still be all that you should be, that's the point.

To be moderate in one's desires, to be temperate in one's pleasures, always to be cool and calm and level-headed, is the big thing.

If we were all moderate in our wants there would be more than enough for everybody.

Some day, in hundreds of years, perhaps, the world will arrive at that happy state where moderation will rule, and then things will be very pleasant for everybody concerned. All the trouble now is in the sin of excess. Everybody is too extreme—whether it's in dress, ambition, drink, or exceeding the speed limit.

Enough is plenty, but some folks don't know when they have enough of anything; but some day efficiency will teach us moderation.

Brevity is the soul of wit and the success of efficiency.

There would be no drunkards and no need of prohibition if people could drink in moderation, and surely wine is no sin with one's dinner. It was always on the

menu in the Bible. Drinking coffee, or tea, or even milk, to excess, would be a bad thing.

Surely good cigars, smoked with moderation, can not be offensive or harmful.

Too much pie isn't good.

Too much play isn't good.

Too much work isn't good.

Too much sleep isn't good.

Too much study isn't good.

Too much rest isn't good.

Too much company isn't good.

Too much aloneness isn't good.

Too much food isn't good.

Too much fasting isn't good.

TOO MUCH OF ANYTHING ISN'T GOOD.

To live moderately is to live well.

There is no sin but excess.

Live sanely. Learn to discriminate. Learn to govern yourself.

Be moderate in everything.

Moderation is the balance, the steering gear, the reins, of Life.

It's the brakes an' chains that keep you from—skiddin'.

The people who believe in moderation are conservative.

They know that emotion is no substitute for action, and that excess enthusiasm does not bring the results of moderate application and deed.

Beware of the people who are extremists in anything. Like the sky rocket, they soon fade and fall back into oblivion.

Moderation is the key to health, happiness and success.

EACH ONE DOING HIS BIT

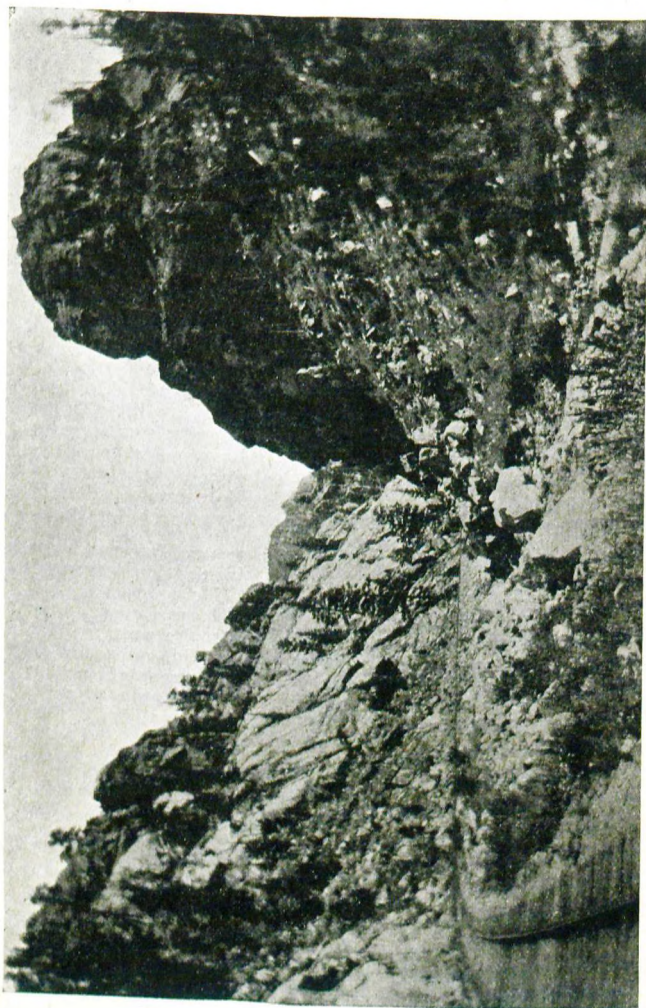
Do not become alarmed over the cry of famine, but let each one do a little something extra this year in some manner of productiveness. Practice economy, but be careful that you do not become stingy; use what you have wisely, and trust the Law for more.

If you begin to hoard, you will shut the door to supply. Live moderately, sensibly, and happily. Do your part to restore prosperity by giving no ear to the fear of calamity. God is now present as the Fullness of Good. Practice this Omnipresence constantly; prove the prosperity of God in you and in your affairs. Think supply, talk abundance, act prosperously—even though for the time being it does not appear as money.

If you really need anything, do not be afraid to use your money for it. It is the fear of each which drives supply from you. Do not slacken your offerings to your church or work of Truth. You have never lost a dollar thus contributed, and probably the success you have attained in life is the result of this "lending unto the Lord." Fulfill the Law, and it will recompense you abundantly.

There has never been a time in your earthly experience when you so need the instruction, inspiration, strength and optimism of "POWER" as now. Its every page vibrates with Truth—to banish your fears, calm your thoughts, strengthen your courage, and make you healthy, happy and prosperous. No one need drop his subscription through "stress of circumstances." If the money is not at hand, a request for its continuance will be granted until the supply for it has been realized. We are glad to do our "bit."

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Pine Cliff is one of the most ideal summer resorts in the Rocky Mountains, lying in South Boulder Canon (from which has been taken over eleven million dollars in gold), only 37 miles northwest of Denver. It is easily reached in less than two hours from Denver on the scenic Moffat road (the Denver & Salt Lake R. R.); and a new automobile road has just been opened into the resort, by way of Coal Creek Canon, passing near Miramonte and Carter's Lake.

"THE GARLAND," the summer home of the editor of "Power"; a very completely-furnished cottage. Living room, 14x24 feet, with large stone fire-place, full-size bed, Decker Bros.' piano; kitchen, 10x12, with excellent cook stove and utensils, ruberoid flooring; sleeping room, 10x12, with two three-quarter beds, surrounded by ten six-light windows; screened porch, 10x24, with bed, porch swing, etc. Hanging, wall, and table lamps. Pump in kitchen, and another well a few feet from house. Will rent for July and August only (never before rented). Price, \$60 per month.
Address Charles Edgar Prather, 4231 W. 32d Ave., Denver.

"THE VALENTINE COTTAGE." A cozy, restful spot among the pines in which to spend a delightful vacation. Living room, 13x14 feet, containing sanitary couch, good cook stove, and otherwise fully equipped for housekeeping, with the exception of silverware and linen; also screened sleeping porch, 7x14, with three-quarter bed. Convenient to postoffice, stores, and station. Good well close by. Photos of cottage and interior, also scenic views around Pine Cliff, loaned upon application. Rent, \$7 per week, or \$25 per month.

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"THE GENEVIEVE." Charmingly located; well furnished; well lighted; fine water. Living room with good fire-place. Kitchen with good cook stove, and large pantry completely equipped with dishes and utensils. Two screened porches with drop-curtains of canvas; bedroom; two double beds and cot; good bedding. Rent, \$40 per month; \$70 for two months; \$100 from June 1 to Sept. 1.
Address, Helen E. Knight, 2370 Dahlia St., Denver, Colo.
Phone York 2798J evenings after 4:30.

NEW BUNGALOW COTTAGE—"Nant-y-fedw" (Willow Brook). Three rooms, with porch 8x26, completely furnished; stone fire-place; will accommodate six people; plenty of fuel at the door. Slightly view of valley and surrounding mountains. Rent, \$10 per week.

Address M. B. Hardesty, 1018 So. Pearl St., Denver, Colo.
Phone South 3958.

"FLIT-INN," a three-room rustic cottage among the pine trees. Large living room, furnished with sanitary couch, sideboard, three rocking chairs, six folding chairs, extension dining table, small table; good fire-place. Bed-room with comfortable bed and plenty of bed clothes; two French doors opening onto porch, three windows. Kitchen with good cooking stove, folding table, and plenty of cooking utensils. Screened porches around front and side of house; canvas rolling curtains and sanitary couch on side porch; two cots. Pump close to house. Can give references of former occupants. Rent, \$10 per week; \$35 per month; \$85 for the season.
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"GLEN RUSTIC," on the banks of the South Boulder Creek, so near that the noise of the running stream sings to you while you sleep. One main room, about 12x18 feet, screened sleeping porch and front porch. Would make a good restaurant or summer residence. Stone fire-place. Will rent cheap for the season.

Phone Gallup 869, or write C. A. Parker, 3605 West 32d Avenue, Denver, Colo.

TENT HOUSE, near "The Garland"; 10x12 feet, shingle roof, three-foot base shingled, upper portion screened, with drop canvas curtains, good stove and cooking utensils, sanitary couch-bed. The cheapest good quarters in the mountains, suitable for two. Only \$5 per week, by the week, month or season.

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