

POWER

The Higher-Thought
Magazine

PUBLISHED MONTHLY

JULY, 1916

10th Year

No. 1

THE POWER PUBLISHING COMPANY.
3929 West Thirty-eighth Avenue, Denver, Colorado.

POWER.

A Monthly Authoritative Magazine of
THE HIGHER THOUGHT
and PRACTICAL CHRISTIANITY.

Mail Address: 3929 W. 38th Avenue.
Publishing Dept.: 3615 W. 32nd Ave.
Phone, Gallup 1525

Editor's Residence: 4231 W. 32nd Ave.
Phone, Gallup 346

DENVER : COLORADO

¶ "The Power of the Highest shall
overshadow thee."—Luke 1:35.



Entered as second-class matter September 30, 1907, at
Denver, Colo., under Act of Congress March 3, 1879.

Subscription Price—In the United States and Possessions, and Mexico, \$1.00 per year—three years for \$2.00; in the city of Denver and Foreign Countries, 25 cents extra, per year, for foreign postage; Canadian subscriptions, \$1.15. Subscriptions are payable in advance.

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CHARLES EDGAR PRATHER, Ph.D., Editor.

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No. 1.

ELEMENTARY TRUTHS *of* SPIRITUAL SCIENCE

By CHARLES B. NEWCOMB.



ALL "RELIGION" is based on ignorance and superstition, and is a form of hysteria. It appeals to the emotional nature with urgency of reward and punishment, rather than to the reason with the truth of cause and consequence. It misrepresents God and the spiritual nature of man. Its fruit is seen in the disordered "civilization" of today. It is an evasion of personal responsibility and an obstacle to real progress.

Man's spiritual soul is not developed by the superstitions and sophistries of religion.

Among the most pernicious of these superstitions are those of the Divine inspiration of the Bible—the immaculate conception and the vicarious atonement.

Man's normal body is not developed or strengthened by the superstitions and sophistries of medical beliefs which find spirit subordinate to matter.

Truth is not a wandering star that leads over Eastern deserts to Bethlehem—or Mecca.

Truth is a fixed star that has always shone into the heart of every human being—"the Light that lighteth every man that cometh into the world."

The first step of development in Spiritual Science is taken when we recognize that the personal self knows nothing and is powerless.

The second step is the recognition of the spiritual Self that knows everything, and is powerful.

The third step is the at-one-ment of the personal and the spiritual Self in Man.

This is the Resurrection: when the personal man has risen from the tomb of material sense and belief and has recognized in himself the image and likeness of God.

Then shall he "see the King in his beauty," and know that it is his purified and glorified Self, and that he and the Father are one.

Death has no part in this process. It is the awakening to spiritual consciousness.

True life is governed by Principle and Will, not by emotion and impulse.

Health and Prosperity are the results of Happiness, not the causes.

The greatest hardships are the greatest blessings, if we so elect.

There is never reason for discouragement in any human experience.

All life is privilege and opportunity, and its great spiritual watch-words are:

Trust — Obedience — Courage,

because of the Love Absolute—the Everlasting Arms which are underneath us all forever and forever.

"The Great One is a golden Light—
It is not remote, but near;
Hold thyself within its glow, and thou wilt behold
All things clearly.
Thine own thought—when so thou standest—is One
With That which thought the Worlds.
This is the Law of That which Creates."

KNOW — WILL — DARE
BE SILENT

Most of us are playing on the instrument called Life with one finger. Whether it is ill health or ill luck, unhappiness or unrest, it all arises from this one-fingered playing at Life. It is a jangling nerve or a jarring nature; too low a key or too high a pitch. So here is the need of a ten-fingered practice of living in harmony with yourself, your neighbor, and your Unavoidable Friend and Deliverer to the Uttermost.—
(Bernard C. Ruggles.)

Divine Science : Christian Science

SIMILARITIES AND DIFFERENCES IN FUNDAMENTALS
AND PRACTICE

CHARLES EDGAR PRATHER.

(Note: In the study of this series of lessons on Divine Science and Christian Science, let it ever be borne in thought that the purpose is Enlightenment upon the Fundamental Principles of Being as recognized, practiced and taught by these Modern Thought Organizations; that these lessons are Comparative, and not merely critical, pointing out both the similarities and the differences of these two Great Systems or Schools of Science and Religion; that the discussions shall be free from prejudice or antagonism, being prompted by the Spirit of Love, that everyone may know the salient points of both teachings, and thus understand the place and purpose of each, and thereby know for a certainty the "reason for the faith that is in us.")

THE DISCOVERY OF TRUTH.



PAUL, probably the greatest metaphysician of Biblical times, declared, "The gospel which was preached of me is not after man. For I neither received it of man, neither was I taught it, but by the revelation of Jesus Christ." Revelation of Truth—that is, when one awakens to the reality of Truth—that one is a discoverer. There can be no new Truth, since that which is real has been forever. But when one perceives Truth for the first time—in any of its phases, to him it is new. The general trend of the mentality in these latter days to see and grasp eternal principles not before accepted and practiced by humanity is now termed New Thought. Christian Science, Divine Science, Unity, and like teachings therefore rightly belong to this class, however much they may desire to "go it alone."

Truth realized unifies. The perception of one broadens, stimulates and strengthens another. No one can have a "corner" on Truth. It is as freely and as fully yours as anyone's. After all, only that which is revealed to you as real is the Truth to you. Therefore, no one can be the authority of Truth for you. Others may awaken your mentality by giving you their visions of Truth, and through this awakening you may become conscious of the same Truth, but when you do it, it will be your own discovery.

It is evident that Paul meant that the gospel he preached was from that inner conviction and realization that it was the Truth, and not merely that it was some system taught by any man, even Jesus. In this statement Paul rejects all "authority" excepting that of the revelation of God in the individual through the Christ.

Truth is its own authority and is self-revealing. The formulation of

various concepts of Truth into a particular system of teaching is primarily for the purpose of training the mentality of others in these concepts so that they may become conscious of their truth. This would be all right if one were not limited to those concepts, using them merely as a guide into fuller realization. But the tendency of organization is to limit all to the degree of vision of one or more who ignorantly and selfishly personally assume and proclaim themselves "authority."

As a system, Mrs. Eddy had the right to teach her students her conceptions—her discoveries—of Truth; but to assume that she is the sole authority, and that had it not been for her discovery of the "divine laws of Life, Truth, and Love," the world would still be in spiritual darkness, is a very narrow personal conceit. To limit others in their expanding vision to her conceptions is the result of personality in the system. To demand submission to her views, whether knowingly or ignorantly, because of her authority by right of discovery, is both mental and spiritual tyranny; for spiritual freedom comes through mental freedom, and vice versa.

How prone people are to rely upon someone else: letting others tell them what is right or wrong, what to do and what not to do, what to read and what not to read—swallowing it all without even a quiver! Mental laziness is the reason for this, for thinking—real thinking—is something with which most people are unfamiliar. Helen Wilmans once said, "Few people think; most people only think that they think." But the one who really thinks has convictions of his own, and these convictions are Truth to him. To be true to them he cannot give any person, organization or creed authority over him.

With all the disavowal, the principal thing about Christian Science is the personality of Mrs. Eddy. It stands out much more prominently than the Truth her system was designed to teach. Were her personality to be eliminated from her books, from the church services, and as "authority," Christian Science would evolve into a sane, practical and spiritual system which would ultimately become the one religion of the world.

After all, what does it matter whether Shakespeare or Bacon wrote the books bearing the former's name? Whether Paul or Mrs. Eddy discovered the Christ Science? Whether the Truth is called Christian Science or New Thought?

According to Mrs. Eddy, Jesus only generalized in Truth, and nineteen hundred years elapsed before one arose (herself) who could give a definite practical rule for demonstrating the principle of healing and preventing disease,—this regardless of the fact that Jesus plainly taught observance of divine law as the way to health and happiness—"Go, and sin no more."

Yet the revelation of Truth to Mrs. Eddy was her discovery, just as it was his discovery to Paul. Both came in the same way—through the Christ, which is the revelation of God in man. Mrs. Eddy says, "No human pen nor tongue taught me the Science contained in this book."

Here is her statement of the allness of her discovery and authority: "I never graduated a single student (obedient to my directions) who did not heal the sick. . . . If the student goes away to practice those teachings only in part, dividing his interests between God and mammon, and substituting his own views for mine, he will reap what he has sown, and perhaps call me a hard master. Whoever would demonstrate the healing of Christian Science must abide by my rules; heed every statement, and advance from the rudiments laid down. . . . The first edition of 'Science and Health' was published in 1875. Various books on Mind-cure have since been issued, in imitation of mine; but they are all more or less incorrect. . . . Teaching or practicing in the name of Truth, but contrary to its rules, is most dangerous quackery. . . . Strict adherence to the Principle and rules of my sanitary method has secured the only success of my students. That alone entitles them to the high standing they hold in the community. . . . Whoever affirms that there is more than one method of demonstrating the Science greatly errs."

Organization seems needful for the furtherance of any general work; but organizations are like the individuals who compose or direct them. They should be co-operative and instructive and helpful, instead of restricting and enslaving. One is a true freeman only when he lives to his own highest conception of Truth, untrammelled by the views and dictates of others, either persons or organizations.

The one great and thoroughly organized religious institution outside of Catholicism is Christian Science, which is its chief reason for its eminent success. All other Advanced Thought societies are unorganized, freedom of thought and action precluding any fixed boundaries. Cooperation between these various societies is secured through alliances and federations.

Divine Science is a semi-organized system of instruction in the principles of Being. It has no central or controlling head, therefore no personal or institutional authority. There are several distinct and progressive organizations of Divine Science in this country: The California College of Divine Science, The Seattle College of Divine Science, The Power School of Truth, and The Colorado College of Divine Science; each as much "authority" on Divine Science as the other, and each vested with as much legal authority as their articles of incorporation provide under which they were chartered.

These societies are practically one, differing only in minor detail—Divine Science meaning literally, Knowledge of God. Probably few know who promulgated the principles of Truth "discovered" by her and given the name of Divine Science. It was Mrs. Malinda E. Cramer of California. She knew nothing of Christian Science, and the wonderful revelation of universal Truth came to her upon her bed of invalidism, and through which she was healed. Her writings became the basis of other books and literature, each Divine Science institution adopting such

text-books of instruction as best met the views and purposes of those locally in charge.

So long as any organization helps you into a higher and fuller realization of Truth, it is beneficial; but remember, you should never be bound by any institution in the limitation of your vision and curtailment of your activities of Truth. First be true to yourself, then co-operate to the best of your ability with those who are attempting to advance the same general principles of Good; then will you appreciate the truth of the statement, "Ye shall know the Truth, and the Truth shall make you free."

THE REDEPTIVE POWER

By LILA WATKINS.



THE REDEPTIVE POWER is the Redeeming Power within each one called the Christ, the Lord, Spirit, the Redeemer and Light; but it only becomes a Power when we claim and recognize it for ourselves, and by claiming it and recognizing it for ourselves, we claim and recognize it for every living soul. This True Light is eternal, but when we are ignorant of its presence, it is not Light to us, but darkness.

This Redemptive Power is not confined to any personality. Jesus tells us that the works he did we can do also, but we have not believed this, and instead of being masters we have become slaves. We are only masters to the extent of our belief and faith, faith in our Divine Inheritance. Jesus left us his Inheritance, but we have not accepted it.

Jesus proved his Divinity by his many demonstrations: healing the sick, making the blind to see, the deaf to hear, and the lame to walk. "By their works ye shall know them," was meant for us today as well as two thousand years ago. The old adage, "The proof of the pudding is in the eating," is a homely comparison, yet we must prove this Power before "we know that we know." We know we have this Power, this True Light, the Living Fountain, God's good and perfect Gift to us—the Power that heals, and we recognize the Light in the soul of our patient, who is as yet unawakened.

The individual who is conscious of his Unity with God lets his Light shine, and the power and radiance of the Light penetrates and comes into living touch with the soul of the patient, and when spoken with the Living Word (knowing our Divine Inheritance and affirming it), illumines, quickens and kindles the soul of the patient and brings him into conscious Unity with his God, his Redeemer, the Christ within—and he is self-healed. All healing is self-healing—it is God within.

God's work is done, and man's begun. Man must redeem the world, but first of all he must redeem himself. The redeeming of the world lies in individual redemption, and the soul who is conscious of his Unity with God is all powerful. To him all things are possible.

GOVERNMENT "FEAR" PROPAGANDA

U. S. SENATOR WORKS, of California.
(A Christian Scientist.)

In discussing the proposed bill to establish an independent Health Service department of our national government, Senator John D. Works declared:



MR. PRESIDENT, the doctors are using every means to get themselves into the schools. They are trying to teach unthinking people that this is necessary to the public health. What a dreadful mistake! The presence of the doctor who thinks nothing and talks nothing but disease, is full of fear of microbes and the thousands of causes of disease that had better never have been known, is little better than a death's head in the school room. Better have someone to teach the children that good is more powerful than evil; that we make disease by thinking it; and to be thinking of better and higher things than the material causes of disease. This will never be a healthy nation until the people are freed mentally from this dreadful, all-pervading fear of disease. Men and women burdened with all these false beliefs and fears are slaves to their wrong view of life.

Mr. President, this nefarious onslaught on young children and the spread of disease through suggestion and fear has grown worse and worse. And now the government is to be asked to become a party to this spreading of disease by collecting and disseminating like information for the whole country to read. What a fearful responsibility must rest upon the people who are disseminating such information.

Every doctor worthy of the name knows that fear is one of the most prolific causes of disease. He knows, too, that suggestion of disease is equally deadly in its effects, especially on the timid and fearful. And yet, with full knowledge of this, they set about in the most direct and forceful way to suggest the existence and presence of the very diseases they claim to be combating and to implant in the minds of the old and young the fear that engenders the disease. If the evidence of this cruel wrong was not so direct and positive it would be beyond belief. A very interesting article on the effects of fear, by Dr. Orison Swett Marden, was published in the Philadelphia Evening Bulletin February 24, 1912, and is worthy of the attention of the Senate. It is as follows:

Fear in all its different phases of expression, such as worry, anxiety, anger, jealousy, timidity, is the greatest enemy of the human race. It has robbed man of more happiness and efficiency, has made more men cowards, more people failures, or forced them into mediocrity, than anything else.

Fear has a paralyzing, blighting influence upon the whole being. It impoverishes the blood and destroys health by impairing the digestion, cutting off nutrition, and lowering the physical and mental vitality. It crushes hope, kills courage, and so enfeebles the mind's action that it can not create or produce.

Many people are afraid of nearly everything. They are afraid of a draft, afraid of getting chilled or taking cold, afraid to eat what they want, to venture in business matters for fear of losing their money, afraid of public opinion. They have a perfect horror of what Mrs. Grundy thinks. They are afraid hard times are coming, afraid of poverty, afraid of failure, afraid the crops are going to fail, afraid of lightning and tornadoes. Their whole lives are filled with fear, fear, fear.

Fear strangles originality, daring, boldness; it kills individuality and weakens all the mental processes. Great things are never done under a sense of fear of some impending danger. All work done when one is suffering from a sense of fear or forboding has little efficiency. Fear always indicates weakness, the presence of cowardice. What a slaughterer of years, what a sacrificer of happiness and ambitions, what a ruiner of careers this monster has been!

One of the worst forms of fear is that of a foreboding of some evil to come, which hangs over the life like a threatening cloud over a volcano before an eruption.

Some people are always suffering from this peculiar phase of fear. They are apprehensive that some great misfortune is coming to them, that they are going to lose their money or their position; or they are afraid of accident or that some fatal disease is developing in them. If their children are away, they see them in all sorts of catastrophies—railroad accidents or shipwrecks. They are always picturing the worst.

The fear habit shortens life, for it impairs all the physiological processes. Its power is shown by the fact that it actually changes the chemical composition of the secretions of the body. Fear victims not only age prematurely, but they also die prematurely. Oh, how many victims fear has put into the grave. It has driven people into all sorts of crime through unbalancing the mind. It has caused terrible tragedies in human life.

There is not a single redeeming feature about fear or any of its numerous progeny. It is always, everywhere, an unmitigated curse.

A man who is filled with fear is not a real man. He is a puppet, a manikin, an apology of a man.

Quit fearing things that may never happen, just as you would quit any bad practice which has caused you suffering.

Mr. President, the dangers of disease and death are kept constantly in the public mind. People are warned to avoid this and shun that, and taught to believe this means one disease and that another, until the weak in body or mind are brought under the influence of this powerful suggestion and the strong are not always able to throw it off. Man is afraid of the food he eats, the water he drinks, and the air he breathes. Possessed with fear, he shuns certain foods that he thinks are hurtful, he shuts out the fresh air, and drinks boiled or bottled water. He has become a very craven, the slave of his unreasonable fears. I have heard a member of this body declare that he could not ride from the capitol to the office building in a closed subway without taking cold, and therefore he walked while others rode. Another is afraid to take a drink of ice water, because if he drinks it it paralyzes the stomach. Last summer when the thermometer hovered about 90 the sergeant-at-arms had elec-

tric fans placed in the Senate to relieve the heat, but if one was put in motion it was ordered stopped. Someone was afraid it would give him cold. And so it would, probably; not because a little fresh air could give anyone cold, but because of his fears. If he could learn not to be afraid, and on one else were afraid for him, he would never take cold. Job said, "That which I greatly feared hath come upon me." So it is with the man of today. To fear disease is to invite it.

Disease is wholly mental. The material body, without mind, has no sensation. Destroy consciousness and the body does not feel. The condition of mind reacts on the body and makes it sick or well, according to the thought either of the individual or others who think about him. Hatred, malice, revenge, fear, and other wrong thoughts are the breeders of disease. Every competent physician will tell you so. And yet these same physicians are doing more to excite the fears of the people than everybody else. And they are here now, urging Congress to authorize the government to put out printed information that will feed the fears of the people of the whole nation and engender more diseases and sacrifice more lives than ever the doctors will heal or save.

If the people could once be taught to think and talk health and not disease, harmony and not discord, faith and trust and not fear, life and not death, a health department need not be thought of. If the people could only be taught to trust in an omnipotent and good God instead of the doctor and his remedies, and thereby cast off all fear, disease would be unknown. To one having some of this faith and trust that dispels fear in the degree that one trusts and understands, the thought that is bestowed upon disease, sickness, and death, and the power that is given to them in the human mind is little less than appalling. I can not keep silent and allow this nation to become a party to this monstrous propaganda of fear and devastation of its people.

MY PRAYER

*Another day dawns bright and clear,
Let me meet it bravely, without fear;
And whether it brings a cross or crown,
Give me the courage to smile, not frown.
It may bring cares—perchance it will;
It may bring sorrow and pain—yet still
Let me be strong and brave and true,
That other hearts may sparkle as the dew.
And when this day God's sun has set,
Let me then know no vain regret;
But looking deep into my heart can say,
I really did my very best today.*

THE POWER WITHIN



OUR SUCCESS is not dependent on others or on external conditions. You have the power within to choose and accomplish either victory or defeat. There is a sort of lazy comfort in laying your troubles to something or someone else; but whoever does so, cheats himself. The world has no special desire to make you a drunkard or a vagabond. Whatever may appear to be a conspiracy against your welfare is mostly a product of your imagination. Nothing can drag you down to defeat until you consent. Self-pity is the weakest of weaknesses: self-respect and self-help are a tower of strength against which nothing can prevail.

The human soul is unconquerable so long as it refuses to be overcome. You must agree to your subjection before it can be accomplished. You must surrender before you can become a failure.

No matter what burdens may be piled upon your shoulders, what threats may be uttered, or what fate may impend, you yet stand to win if you believe in yourself with an unshaken faith.

The big half of the world is within you. If you are clean within, you will touch the clean parts of the outer world. To the pure in mind all things are pure. If you are cheerful, all creation smiles upon you. Put fear behind you, and a thousand unseen forces rally to your support.

If all the world were to hate you and spitefully use you, you need not fear or feel uneasiness unless you are persuaded to hate yourself. The greatest moment in a human life is when one finds himself and swears eternal loyalty to his own soul.

The real difference between a real prince and a real peasant is that one possesses a spirit and the other has lost his spirit. So long as the spirit of self-respect remains, there is hope; but when that spirit is lost, all is lost until it is recovered.

No matter what the past has been, or what the present threatens, take a stand for yourself, not your other self but your best self; and from that moment you will begin to win; for that is what it means to be born of the spirit.—("The Liberty Bell.")

Religious literature—that pertaining to the TRUTH of yourself—is a necessity today in every home; no longer is it a mere luxury. Only through fundamental Principles can you truly realize success.

To set forth these Principles and show how they may be used in making your life healthier, happier, and more prosperous, is the definite purpose of the Higher Thought magazine "POWER."

Not only do we "children of a larger growth" need its inspiring instruction, but the younger members of the family as well. What might we have been or what might we have attained had we had the definite development of our innate divine powers!

Spirit is *perfect*; hence the entire universe is perfect. I accept this Truth without any reserve.

THUNDERINGS OF THE WORLD'S BIBLES

By EDGAR LUCIEN LARKIN

Director of The Lowe Astronomical Observatory,
Mount Lowe, California, U. S. A.



YE MONSTERS, with minds all distorted by gold, now shipping horses and war material to that seething sink of blood, the warring nations of Europe, the thunders of at least one hundred great bibles of mankind are roaring against you! The wise men of vast antiquity are all on record against thy bloody deeds. "It were better that a millstone"—you know the rest. The following words will have power to mentally isolate all of you into a colony like that of lepers in Hawaii. This will make you lonesome mentally and morally, and take you away from merciful and loving men and women. You will be incredibly lonely with your gold.

The appalling crime of furnishing war materials to the mad and paranoid fighters of Europe is beyond any crime due to mind diseases of the historic past. The world's great standard bibles, vast treatises on mind made by close students during centuries, analyze and show to us the direful results. These mighty scriptures of antiquity seem to know; they speak as having real knowledge. This crime must be paid for in full, balanced, and compensated. These sacred scriptures have a powerful effect on the reader—not mere reader, but student. They know about mind. Now before nailing the cover on a box containing lyddite, dynamite, shrapnell, shells, bayonets, revolvers, daggers, swords, deadly chemicals for gas and engines of wholesale murder, suddenly see a bright ray of morality and cast all into the sea. If not, then stand there as one petrified and listen to the roar of the bibles of 50,000 years! Listen to the terrific roaring of a hundred scriptures: Your gold will become as repulsive as pus of leprosy! You could not bear the sight of blood and tears for one instant.

I assume that the shippers of horses and murderous arms to Europe believe, or if not actually believe, to hold to a faint or vague conception that they have souls; and believe or theorize quite indistinctly that this soul survives the death of the body. Blood-man, go ask your personality if you really believe this. If you actually believe in a beyond the grave state of your own soul, then listen to the dreadful thunderings and roarings of at least one hundred bibles. They were all written by men and women having far greater knowledge of the Universe than your own deluded mentality. Entry into the future state at death of the body is always called birth. And of course, one is born into the future state precisely as he is at death. All bibles agree on this point. The Karma at once begins: Do you want to tumble over with apoplexy while counting gold made of horse and human blood? Do you want to will this gold to your dear little girls and boys to curse them?

Solemn Words of Ancient Bibles.

There are: "Those who go from bad to worse; if such a man practise

evil in his present condition, whether of thought, word or deed, he enters his next birth—as a beast, asura or demon. Then this is called going from bad to bad.” (From the Agama Sutra, a very ancient Chinese Buddhist sacred book.)

But this book happens to know. I copy this from Beal’s Catena of the Buddhist scriptures as they were translated from Aryan into the Chinese language. These books—5,586 in number—constitute the enormous bibles of Ancient China.

The very latest bible received up here, proclaims and emphasizes these primeval truths. But these inspired writings sound every depth of mind at present known to mentalists. They teach that man can go so far in evil that his mind is unable to return to the good. Blood-gold men, stop at least one full minute here;—meditate.

I assert that these ancient books are true. But without affect in the mind of one who thinks he has no soul. Of course, if the soul does not exist in blood-men, a little cancer of gold lust in the mind is almost nothing. Whole scriptures are devoted to the fact of birth in the next world with brute minds. Who more liable to that than they who will aid and abet wholesale murder for one thing—gold?

“The mind must be brought under entire subjection” to enter the future harmonically. (A Gatha, from Sanskrit to the language of China; Catena, p. 156.) Therefore mind subjection to gold, or alcohol, absolutely excludes harmony.

Gold from blood kills pure mind: this from a hundred bibles. Would you like to even touch the hem of the garment of the meaning of the word “attain,”—one of the basic words of all scripture wisdom?

“The man who cleanses his mind and will,
Permits his body to engage in nothing wrong;
This is the triple purification;
To attain which,
Is the full doctrine of all the Buddhas.” (Kasyapa Tathagata, a most venerable scripture; Catena, p. 159.)

See the word “will.” Whole scriptural writings in Sanskrit analyze human will to minutest detail. And entire bibles dwell on the priceless word “attain”—to reach, to secure. Now gold-blood man, can you afford to trade attainment, a thing known to be true during tens of thousands of years, for little fleeting glitter of gold? Better go burn your munition factories; turn free every one of your little slave girls. Like Pilate go wash your bloody hands! See this: you must enter at death of body a realm beyond with a brute mind, and without a pure trained will to guide it. This is a scientific fact known to the masters during several hundreds of centuries.

Omnipresence: All-Presence; One and Only Presence.
Omnipotence: All-Power; One and Only Power.
Omniscience: All-Science; One and Only Knowledge.
There is no other Presence, no other Power, no other Knowledge but the *One*.



Broken Doses of Mental Medicine

CHARLES EDGAR PRATHER.

WHAT A PATIENT TAKING A TREATMENT SHOULD DO.



THE VERY FIRST THING NECESSARY is to become still. This is done through an act of the will, taking any comfortable position, such as sitting or lying down. Hold the thought, "I am quiet and peaceful, and my body is relaxed and restful." Relaxation from all tenseness in body is the natural result of mental relaxation; hence the necessity of using such a thought as indicated.

If it seems hard to relax, to "let go," think "Peace." Beginning at the top of the head, say "Peace fills me;" carrying this thought of peace down through the neck, the shoulders, arms and hands, the chest, abdomen, the hips, the limbs and feet—and by the time you are through this practice you will realize that sweet restful peace pervades the entire body. You will have become relaxed, and ready for your treatment.

Now think that you are open and receptive to the healing, strengthening and inspiring thoughts of the practitioner. Forget your ills by calmly meditating upon that which appeals to you as good, true, beautiful, peaceful, etc., and keep the attitude of expectancy through it all—expecting a clearer vision of your wholeness and perfection, harmony and strength, which your practitioner will be declaring for you. This puts you in tune with each other, so that you inwardly receive and accept the truths spoken, thus awakening you to a realization that you are their expression.

If this could be perfectly done, you would be healed of any or all your ills in one treatment; but usually it requires practice—hence several treatments. Sometimes one shuts out this realization by trying too hard to assist the practitioner, so hard that he becomes anxious and hence tense—just the reverse of relaxation. As a rule it is better for the patient not to try to hold any particular thought or statement at first, but to relax and rest and be receptive to the thoughts of the healer. Then as you improve, you can later join in holding the constructive thoughts.

Have confidence in the "spoken word"; believe that you are inwardly accepting it, and trust it to manifest itself in you, through you, as you. Obey implicitly the directions of your practitioner, just as you would if you were employing a doctor.

However much the illness may seem physical, remember that all disease is a mental condition, and hence you should refrain from thinking and talking about your sickness. It is health (with all that that means) which is being suggested to your mentality by your healer, and

when you think and talk about your ill condition you are just that far counteracting or rejecting the healing thoughts sent you.

Use common sense. Do not try to do that which you feel unable to do; but when you feel strong enough, begin to act health, exercise a little. This is co-operation, and you will find that your "health is springing forth speedily."

Be faithful to your times of treatment—giving yourself wholly to it. If, for any reason, you are interrupted, you can still keep in the receptive attitude and thus be benefited.

The practitioner is but the means or messenger of God in speaking (thinking) the Truth for you. All true healing, then, is direct from the One Perfect Mind, whose thoughts are being spoken for you. To the extent that you receive them are you illumined by Truth, and know the perfection of your being, including the body. Note every indication of improvement and give thanks for it.

Since God is the Omnipresence—everywhere, there is no space nor distance in Truth, and therefore the so-called "absent" treatment is just as effectual as a present treatment. "He sent his word and healed them." Having confidence in it, you attain the same realization or consciousness—which is healing. The same faithfulness and regularity, however, is required of you as for a present treatment.

ABOUT SOME PEOPLE AND THEIR WORK

THE SUMMER ADDRESS of Charles Edgar Prather, editor of "Power," (June-September, inclusive), is Pine Cliff, Colo. (Moffat Road.) Personal communications may be sent to him there. As usual, he will respond to calls for weddings and funerals. For quick connection call long-distance telephone—"Pine Cliff." Sunday service, with sermon by Mr. Prather, as usual at 11 a. m., throughout the summer at The Second Divine Science Church of Denver, W. 38th Avenue and Perry Street, to which all are cordially welcome.

THE REV. RUTH S. DALZIEL the first of July assumed charge as minister of the First Divine Science Church of Denver. Miss Dalziel for the past several years has been doing excellent pioneer work in Oklahoma City, and much good is anticipated for her work in Denver. The members of the local society in Oklahoma City will continue their services as usual.

MR. T. G. NORTHRUP, after eighteen years of devoted and unselfish work in Truth in Chicago, has removed his business to New York City. On Sunday, June 11th, a big farewell reception was tendered him, at which time a beautiful loving cup, inscribed with the names of those who have attended his meetings, was presented him.

THE SEATTLE College of Divine Science has closed a most successful year, graduating fourteen students after a two-years' course. The dean, Rev. Agnes J. Galer, is one of the most progressive and thorough teachers of the knowledge of Truth in this country.

Daily Studies in Divine Science: Knowledge of Truth

These studies are designed for the busy man and woman who desire a daily thought for meditation which will expand their realization of the Good; which will make their daily duties the easier and more profitable, their mental attitude the more peaceful and responsive to Truth, their bodies the healthier and stronger, and their realization of supply and abundance of all Good the clearer and truer.

STATEMENT OF FUNDAMENTALS

God is All there is, both invisible and visible.
One Presence, Knowledge and Power, is ALL.
This One that is ALL is Perfect Life, Intelligence and Substance.
Man is the Expression of God, and is ever One with this Perfect Life,
Intelligence and Substance.

Theme for This Year's Studies:

PRACTICING THE PRESENCE OF GOD.

January Topic: "The Be-Attitudes of the Divine Scientist."

February Topic: "The Inner Light."

March Topic: "Having Faith in the Omnipresence."

April Topic: "True Prayer and Its Results."

May Topic: "The Value of Affirmation."

June Topic: "Growth or Unfoldment."

JULY, 1916.

SERVING GOD BY SERVING OTHERS.

SATURDAY

THE FIRST

Whatsoever ye would that men should do to you, do ye even so to them.—Matt. 7:12.

You are your own standard. Whatever you do, your first question is as to how it will affect you, or what benefit you will derive from it. As a sane, practical proposition, it is plain that if you desire and expect good from others, you must do good unto them; for the Law is "like begets like." Co-operation is true living.

AFFIRMATION: My highest compensation is the sweet satisfaction I have from doing good unto others.

SUNDAY

THE SECOND

Without me ye can do nothing.—John 15:5.

The good you do is not from nor of yourself personally; it is, God the Good expressing through you. Doing for others solely in order that they will do good unto you is selfishness. But recognizing yourself as the avenue through which God blesses humanity, you do good for good's sake whether there are any outward returns or not. The selfless attitude is knowing that it is God that worketh in you.

AFFIRMATION: My thoughts, words and deeds are always helpful as I realize that they are inspired of God.

MONDAY**THE THIRD**

Men shall call you the Ministers of our God.—Isa. 61:6.

Personality prates of its good deeds. The light of spirituality shines modestly, but effectively. Be good, and it will be unnecessary for you to proclaim it, for all will feel and know that you are the minister of Good—a blessing unto them and others. Therefore, "Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven."

AFFIRMATION: I choose to be the messenger of Good. As such I have the approval of the best thought of all people.

TUESDAY**THE FOURTH**

Serve the Lord thy God with all thy heart.—Deut. 10:12.

In giving yourself wholly to your highest vision of Truth (the Lord), you see that Good is given unto all equally, without partiality. All things are the expressions of the One Perfect Cause and Substance, and thus all are one. So to serve God aright, you must know your oneness with all expression and do good unto all. "Heart" represents conscious unity or love. Practicing this oneness is serving the Lord.

AFFIRMATION: I affirm, I love everybody, and everybody loves me until it becomes a living realization.

WEDNESDAY**THE FIFTH**

Serve the Lord with gladness.—Ps. 100:2.

The Lord represents your highest and fullest conception of Good. It becomes your ruling state of consciousness as you obey its promptings within you. Your responsiveness should not be through fear, but through willing co-operation, yea, in gladness in the realization of your oneness with it. Service is a blessing only as it is given freely, lovingly.

AFFIRMATION: I take delight in the good in everything I do.

THURSDAY**THE SIXTH**

Behold, the earth is the Lord's thy God, with all that therein is.—Deut. 10:14.

The invisible and the visible are one. There is no other Presence or Reality but God. Knowing this fact, you see God everywhere, in everything, and thus in doing good to humanity, to animals, to flowers, to everything, you are truly serving the Lord thy God.

AFFIRMATION: God is ALL there is, both invisible and visible. I see and serve God in all things.

FRIDAY**THE SEVENTH**

Love ye therefore the stranger.—Deut. 10:19.

All are God's children; for "Have we not all one Father? Hath not

one God created us?" Recognizing his birthright—his divinity—you will do good unto the stranger who comes across thy path, having this joyous assurance—"Be not forgetful to entertain strangers: for thereby some have entertained angels unawares." No good deed ever goes unrewarded.

AFFIRMATION: There are no strangers unto me, since all are the children of God, therefore my brothers and sisters.

SATURDAY**THE EIGHTH**

Ye cannot serve God and mammon.—Matt. 6:24.

Thoughts of evil, sin, poverty, sickness, adversity, make you subject unto them. They are just the opposite to Truth. You cannot serve this mammon and Reality (Good) at the same time. Duality—Good and evil, Life and death, Happiness and sorrow, etc.—has no place in Truth. Give yourself wholly to the Good, and its seeming opposites will vanish.

AFFIRMATION: Since I accept the Omnipresence without any reserve, there is no place in my thought for anything adverse to the Good.

SUNDAY**THE NINTH**

Serve him without fear, in holiness and righteousness.—Luke 1:74, 75.

There is no fear in Love, which is conscious unity. Oneness means completeness, wholeness, and harmony. These constitute holiness, and righteousness is right doing in conformity therewith. If you do not think perfection, how can you see perfection in yourself and others?—right thinking is the eye of the soul seeing the Truth.

AFFIRMATION: I look for wholeness and righteousness, and that for which I seek I find.

MONDAY**THE TENTH**

If any man serve me, let him follow me.—John 12:26.

To be a servant of the Good, in the thousand and one ways ever at hand, you must follow the promptings of the Spirit, which is the Christ within you. Practice listening to its guidance, and Infinite Wisdom will guide you in all your ways. It will prompt you to do the right under all circumstances and conditions to all people at all times.

AFFIRMATION: I am a follower of the Christ, walking in its light of Truth, and serving the Good.

TUESDAY**THE ELEVENTH**

By love serve one another.—Gal. 5:13.

The more you serve others—in love—the more are you blessed; for truly, "It's in loving, not in being loved, the heart is blest." But just as surely as you give love, love will be given to you; therefore you are richer for the loving. There is always something you can always do for everybody: a smile, a kind word, a helping hand, a prayer—something good.

AFFIRMATION: Henceforth I shall make a practice of being helpful in some way to everybody I meet.

WEDNESDAY**THE TWELFTH**

The servant of the Lord must not strive.—2 Tim. 2:24.

Love, being the key-note of harmony and progress, is ever co-operative, never antagonistic. It is always a booster, never a knocker; always encouraging, never discouraging; always stimulating, never de-

pressing. It neither argues nor quarrels. It believes in order, and therefore does not attempt to force, nor does it strive in any way.

AFFIRMATION: I trust the Power which created me to keep me in a poised attitude, and I am at peace.

THURSDAY**THE THIRTEENTH**

But be gentle unto all men, apt to teach, patient.—2 Tim. 2:24.

To be of the best service to humanity, how important to have self-control. Being master of your thoughts, and not their slave, you never permit yourself to become angry, provoked, or antagonistic to others, but in gentleness show them the right which they will sooner or later accept. However resistant, if you are only patient your work will some day bear fruit.

AFFIRMATION: It matters little what others think and say of me, but it matters much to me what I think and say of others. I shall be patient with all.

FRIDAY**THE FOURTEENTH**

Forbearing one another in love.—Eph. 4:2.

Accredit everyone with sincere purpose, and believe that they are doing the best they know. Learn to respect the views of others, just as you wish them to respect your opinions. Toleration is a Christian virtue. When things seemingly go wrong, keep quiet—be master of your tongue; "A soft answer turneth away wrath." As they learn better they will do better. Your attitude of serenity will be true service to them.

AFFIRMATION: I take no offense; I try to give no offense. I practice forbearance.

SATURDAY**THE FIFTEENTH**

Forgive, and ye shall be forgiven.—Luke 6:37.

So long as you hold resentment against another just so long are you in bondage to the seeming wrong done you. Your resistance of it makes you a party to it. The only way to find relief is to forgive the wrong. You are forgiven just to the extent that you forgive. For the wrong done you, give some good, at least a good thought: this is true forgiveness.

AFFIRMATION: I bear no ill will against anyone. I am still one with all the good in everybody.

SUNDAY**THE SIXTEENTH**

Love your enemies, do good to them which hate you.—Luke 6:27.

Impossible, you say? Yes, so long as you recognize and admit of enmity; but when you see others as one with you, each the expression of God, you will know the true meaning of brotherhood. You can awaken those who think that they are your enemies to this same realization of oneness through persistently doing them good.

AFFIRMATION: I have no enemies, for I am a friend unto all. I disarm those who call themselves my enemies by being kind and good unto them.

MONDAY**THE SEVENTEENTH**

Speak evil of no man.—Titus 3:2.

What should you speak of others? Only the good, for this is the

reality of their being, regardless of how they may act. Your very recognition of good in them will act as a magnet to draw it into expression. Try it.

AFFIRMATION: I judge not by the seeming, but beneath it all I see only purity and goodness.

TUESDAY**THE EIGHTEENTH**

Use hospitality one to another without grudging.—1 Peter 4:9.

Selfishness makes one stingy, and this shrivels both thought and body. When you can assist another with your substance, do so gladly for the good it will do. Enjoy the pleasure and profit that one is deriving from it. Use moderation, but drill yourself in generosity; for you will derive the greater benefit in so doing.

AFFIRMATION: I bless everything I give, recognizing myself as the hand of the Lord dispersing His bounty.

WEDNESDAY**THE NINETEENTH**

As servants of Christ, doing the will of God from the heart; with good will doing service, as to the Lord, and not to men.—Eph. 6:6, 7.

While you are serving humanity, it is not as men, but as children of God. In this way you are doing the revealed will of God, which is the Christ; doing all heartily as unto the Lord.

AFFIRMATION: My service is sincere and honest, for I am serving Truth, not personality.

THURSDAY**THE TWENTIETH**

Strengthen ye the weak hands, and confirm the feeble knees.—Isa. 35:3.

You must yourself be conscious of power before you can inspire others with strength. Knowing that God is your life and strength, you use it in awakening others to the same Power inherent within them; and thus they are made strong with you. Physical assistance is often the door to spiritual strength.

AFFIRMATION: I gladly assist the weak physically, and at the same time try to help them realize their divine strength.

FRIDAY**THE TWENTY-FIRST**

Say unto them that are of a fearful heart, Be strong, fear not.—Isa. 35:4.

Your word of courage will greatly help the faint heart; speak it. Show that since Good alone is real, there is nothing to fear. Suggest to them Life, Love and Truth—then Courage. The strength that destroys fear is conscious oneness with the Good. Say unto them, as you say for yourself, Only the Good is true; be strong, fear not.

AFFIRMATION: Love ever surrounds me and fills me. It is my shield against all evil.

SATURDAY**THE TWENTY-SECOND**

Ministering the gospel of God.—Rom. 15:16.

Gospel means good news. What is God's good news? That there is but One, invisible and visible; that this One is Perfect Life, Intelligence and Substance; that each is the child or expression of this Pres-

ence, and therefore perfect; that Life, Happiness and Prosperity are Real—and all their seeming opposites but the outpicturing of false beliefs.

AFFIRMATION: I hold fast that which is good, since it is the only reality, and minister it unto all.

SUNDAY**THE TWENTY-THIRD**

Learn to maintain good works for necessary uses.—Titus 3:14.

It is the steady, constant application which proves effectual. Spurts of enthusiasm are followed by lapses of zeal, but the "constant dropping of water will wear away the hardest stone." Just so will the maintenance of good works relieve suffering, soothe sorrow, banish fears, inspire confidence, and finally inspire others to a higher and better life. A hungry man first needs food, then instruction.

AFFIRMATION: My spirituality is evidenced by constantly doing all I can to relieve suffering of every kind.

MONDAY**THE TWENTY-FOURTH**

We then that are strong ought to bear the infirmities of the weak.—Rom. 15:1.

After attaining the right attitude yourself, the emphasis of the Gospel is laid upon service to others. Even self-sacrifice for the good of others is glorified. There is always something you can do in way of service. Give what help you can, in every way you can, to those who are not so strong as you. You will not only be stronger for so doing, but will grow in grace—in every quality of your being.

AFFIRMATION: Lord, help me to remember to give a helping hand to those needing assistance.

TUESDAY**THE TWENTY-FIFTH**

For we are laborers together with God.—1 Cor. 3:9.

What a fellowship—to feel that you are a companion of God in doing good. It lifts you out of the thought of servitude into blessed partnership; yet all the while knowing that it is God that worketh in and through you. To dignify the real Self—not personality—is to magnify God.

AFFIRMATION: God is my loving companion, and we go about doing good.

WEDNESDAY**THE TWENTY-SIXTH**

If a brother or sister be naked, and destitute of daily food, and one of you say unto them,

"Depart in peace, be ye warmed and filled":

notwithstanding ye give them not those things which are needful to the body; what doth it profit?—James 2:16.

AFFIRMATION: My faith is shown by my works. I not only say, but do. I care for both mind and body.

THURSDAY**THE TWENTY-SEVENTH**

Pray one for another, that ye may be healed.—James 5:16.

Healing is a mental process, from belief in evil to a knowledge of the Truth. Every thought of good for yourself or another is an enlightening, therefore healing, force. Aspiration for the good is prayer. Every

good desire, then, is a treatment, and heals all shortcoming. Wishing the best for one another is opening the door to healing.

AFFIRMATION: I practice declaring wholeness for each and every one. My thought is a healing influence.

FRIDAY

THE TWENTY-EIGHTH

He gave them power against unclean spirits, to cast them out, and to heal all manner of sickness and all manner of disease.—Matt. 10:1.

When you become conscious of the Holy Spirit and know yourself as its expression, all power is yours. Your word is then the word of Truth, and accomplishes the purpose for which it is spoken. Have confidence in it, and speak with authority, and your word will fulfill our text of today.

AFFIRMATION: My word is Truth, and is therefore powerful. With it I cast out all evil beliefs and therefore heal all manner of disease.

SATURDAY

THE TWENTY-NINTH

Heal the sick.—Matt. 10:8.

Your every thought of good stimulates others to a perception and realization of that good. This is healing. You do not need certain formulas to repeat; simply know Wholeness and Harmony for each one—and verily you are God's healer of sickness.

AFFIRMATION: This is my mission—to open the eyes of the sick to a realization of their divine perfection.

SUNDAY

THE THIRTIETH

Well done, thou good and faithful servant: thou hast been faithful over a few things, I will make thee ruler over many things.—Matt. 25:21.

Great things are composed of little things. The body is a multiplication of cells. If each cell is perfect, the whole body must be perfect. So faithfulness to Truth in every little thought opens the way for mastery over all conditions. Blessed are you if you are faithful in little details.

AFFIRMATION: My thoughts are good and true, and I have the inner approval of my faithfulness in well doing.

MONDAY

THE THIRTY-FIRST

If thou put the brethren in remembrance of these things, thou shalt be a good minister of Jesus Christ.—1 Tim. 4:6.

You can not live unto yourself alone, and the Good is for all. What you perceive is good for you, help others to see and accept for themselves. In this way you become an effective minister or servant of Truth, revealing the reality of God in Man, the meaning of the name Jesus Christ.

AFFIRMATION: I rejoice in helping others see their good, the divinity and perfection of their whole being—spirit, soul, and body.

Our Father which art in heaven,

Hallowed is thy name.

Thy kingdom is come; thy will is done on earth as it is in heaven.

Thou givest us each day our daily bread.

Thou forgivest our debts as we forgive our debtors.

Thou leadest us not into temptation; but dost deliver us from all evil.

For thine is the kingdom, the power, and the glory, forever and ever. Amen.

THE POWER OF HEALING

By B. MAUDE NUDD.

THE MOST VIVID IMPRESSION I can portray of the practical application of the Principle of the Power of Healing, is to lead you into Life's battlefield; which is a descriptive name I would give the body for the purpose of analysis. War has always prevailed and always shall, within man's unfoldment, for the understanding and application of the principles of Life. We have skirmished the outskirts, seeking the Truth, while in the Father's wonderful simplicity He stationed the armament within every living creature, and only non-resistance is required.

Let us consider the Human or Humane War:

WAR is Spirit, predominating Life.

BATTLEFIELD—Body, source of all Supply.

FORCES—Power, within, to reveal, redeem and recreate.

COMMANDING GENERAL—Mentality.

OFFICERS—Totality.

INSTRUMENTS—Individuality.

CONFLICTS—Violation of the Principle of Divine Being, through ignorance or sin, sickness or death. Turning away from the proper use of our God given power, with Malice—destroyer of brain cells. Hatred—riffing and overheating the blood, and Avarice—bombing the Spirituality.

STRUGGLES—Capsules and Pillets, surging and mastering the senses, rather than standing still and listening for the Bugle of the Spirit, through which all things are possible to overcome.

ADVANCEMENTS—Marshalling the Laws, by filling up the rank with the realization of one's dominion over land and sea, and creative and reconstructive energy, always active.

TRIUMPHANT MARCH—Survey of one's defenses within, which consist of the very essence and substance of God, Life, Love, and Law, each a perfect Ruler, no standardizing.

HONORABLE DISCHARGE—Discharging duties with praise and thanksgiving for the strength, substance and intelligence in one's kingdom; and by so doing the works, according to the Light of Christ's teachings of Truth, one fortifies and glorifies his inheritance.

PEACE—Highest plan of preparedness, gained by developing Spiritually, until by Faith one can overcome any obstruction, and obtain peace that passeth all understanding.

As St. John the Divine spake, "He that overcometh and keepeth my words unto the end, to him I give power over the nations."

HEALTH THROUGH OBEDIENCE TO LAW

DAISY L. FRIEDMAN.

THROUGH FAITH AND UNDERSTANDING we make the way ready to realize the attribute Life, which is the law or rule needed by every cell; for we have not hindered the life force from manifesting itself. It should be a soul's desire to manifest a perfect body, which is accomplished when we put ourselves at one with the vibrant, vital energy pulsating through every atom of the Universe. To attach importance upon remedies and to put dependence upon them, removes us from realizing the wonderful energy and activity in Life, and from recognizing that it is an attribute of Divine Mind, and therefore filled with healing power as demonstrated in plant and animal.

Health, the result of expressing Life, is meant for every living creature. We break the law from every standpoint, spiritually, mentally and physically. We break the law spiritually when we fail to recognize that each soul is capable of manifesting Life or receiving Life; when we fail to recognize that Life is omnipresent and omnipotent, and thus fail to be quickened in every fiber of our being.

We break the law mentally when we fail to free the mentality from adverse thoughts which check the realization of the life-giving energy; and when we listen to detailed accounts of bodily diseases, or when we give a detailed account of our diseases. We break the law mentally when we fail to remember that the more we nurture our aches and pains the more intense they become. Remember, we must fill our every thought with Life and its vitalizing power in order to renew and restore us once more in harmony.

"I am Spirit." In Spirit there is no pain. This thought held with faith and understanding will relieve all pain, and if adhered to, in the practice thereof, will manifest the perfect body.

We break the law physically when we fail to remember that we must turn away from the false in the customs and habits of our forefathers, because these habits help to bring inharmonies and disease and death. We should easily be able to live much longer than any preceding generation, if we practice what our generation is bringing forth in regard to the beliefs in "ill" health. Each generation should live longer and fuller and more complete lives. Through awakening to the Helper which we have with us always, or the accepting of our inheritance, we receive wisdom wherein we are breaking the law and wherein we should change from the old way of living into the new.

It is the realization of our oneness with the Spirit, wherein we receive thoughts filled with the Power to remove us out of the old rut into the new, as it is only through practicing that we gradually evolve out of the conditions of inharmony. There is no miracle in the healing power displayed by Jesus and his disciples, for every manifestation fol-

lows a Law or Principle evolved from Divine Mind. The same healing is done today and in the same way.

Life is consciously ours when we meet the requirements; when we feel a unison with the Divine Mind, when we open the soul to divine thoughts, when we hold thoughts such as "I am Life," "I am filled with the vitalizing and restoring Energy everywhere present"; then we are filled with the realization of Life and Life more abundant. Any similar thought recognizing the Life idea, and trusting to the Spirit, to give Its supply for every need, if continued with trustfulness and persistence will help us out of lowered vitality to express the buoyancy that abundance of energy gives.

The buoyancy is not only experienced by the person who is renewed, restored, and sustained by consciously knowing how to utilize Life, but whoever is in the presence receives a stimulus as if a gentle electric shock was sending a pleasant sensation through every fiber of one's body, and is lifted out of a listless, helpless feeling into one of energy and activity. When each soul awakens to consciously utilize the Life-attributes, then the body continually retains that buoyancy with its tireless energy and activity.

We should realize the universality of Life and its exhaustible supply, and we should realize that it is for each of us by attaching ourselves to it in order that energy may be given us to meet the demands upon our time and in the execution of our duty.

We can not consider the body as a piece of machinery, although every known mechanical principle is used in its construction. We can not compare the body with any other manifestation, for the body truly represents perpetual motion, in that it is the vehicle through which Life finds expression, when the soul learns how to utilize properly the inexhaustible supply of energy, unhindered and unfettered.

We should not become discouraged in thinking that the manifestation of every attribute is impossible, for the same Helper is given us that was given Jesus. We have his example as an inspiration, knowing that which was demonstrated once can be again. We have his teachings to follow, which places us in the same conscious relation with the Father which he attained. Our part is to awaken to the truth about Life and its purpose, and to apply that knowledge.

If we consciously try to live according to the demands of the indwelling Christ, we have no right to feel but that love and justice will be extended to us by the Divine Mind or Father; the same as a true parent extends love and justice to an erring child who has conscientiously tried to overcome its faults. We are the offspring of the Perfect Father, whose love condones every one, and whose love perceives every effort made to fulfill our purpose.

"For I do know
God's patient love perceives
Not what we did,
But what we tried to do."

We do not know what we can do until we try. We do know that no problem is mastered save step by step. We do know that we are not called upon to solve a problem in arithmetic, algebra, geometry, or calculus, before we learn the simple rudiments involved in mathematics. We are compelled to learn how to apply these rudiments before we are advanced from arithmetic through the various steps to calculus. Before we can apply the fundamentals of mathematics we are called upon to learn the numbers and understand each number in its place and in its value.

Thus it is in solving our problem. We gain step by step, but we must make the first step in understanding the rudiments, and apply them before we can be advanced. We are children in a school, placed here to learn the manifestation of every attribute of the Divine Mind. A little child in the public school becomes an apt pupil by listening attentively to the teacher and by willing application of the Truth that it has perceived.

The manifesting of Life, in order to make the body the unhindered and unfettered vehicle of that Life, is accomplished by accepting and demonstrating the Law governing Life. When we first make our demands the results seem slow, because we must erase our old beliefs about Life and implant the new upon the subconscious before any results can be realized. We must prove for ourselves our individual right to Life. We are not proving it if, when we have a heavy package to carry a distance, we continually think, "I am so tired, I am aching in every muscle." Unless we make a demand for the realization of Universal Energy in every fiber of our being, we can not become master of the package and the distance.

If we have no need for extraordinary energy, we will never know that it exists, and will never know that it is to be had until the need arises. We should have the realization, when we make the demand for Life, that the Universal Energy exists for us and in us, as well as for and in the tree.

"THE HARMONICA" is the name of new neat magazinelet constituting the "mouth organ" of Bernard C. Ruggles. It is issued occasionally, but consecutively, from 1132 Bella Vista Ave., Oakland, Calif., and the price is 10c a copy (at least). It is dedicated to the Supreme Law of the Universe—Harmony. Send for a copy; you will be pleased and benefited by it. Of our good friend H. B. Taylor says: "Ruggles has been persuading men that they are wiser than they know, nobler than they think themselves. And he has gone further than that; he has helped men to awaken the slumbering wisdom and nobility within them that they may really become alive. The difference between a prophetic preacher and the other sort is great. The other sort just repeats what he has heard that others have heard about God. The prophetic preacher talks with the Father, and tells what he has heard God saying in Nature, in history and experience. Ruggles preaches in the latter way."

GREAT ENTHUSIASM is being manifested among the Chicago New Thought workers concerning the Congress which will convene at the Congress Hotel in that City, Sept. 17-24th. The details are under the able leadership of Mrs. Sarah C. Morse, 1045 E. 47th St., Chicago.

The Power School of Truth

A School of Divine Science : Knowledge of Truth

Incorporated February, 1916.

Head Office: 4231 W. 32d Avenue, Denver, Colorado

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NEW SUBSCRIBERS, desiring to enter the classes of The Power School of Truth, may have their subscriptions to "Power" begin with the January 1916 issue so long as our supply of extra copies lasts.

The only requirement necessary to enrollment as a student in this School is that the person shall be a subscriber to POWER, The Higher Thought Magazine, and shall continue a subscriber during such time as he or she shall remain a student in the School. This is necessary, since POWER is the official organ of The Power School of Truth, and in which will appear many lessons, announcements, and other information needful to the student.

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(The questions for the Class in Fundamentals will be found after each lesson in the book, "Divine Science: Knowledge of Truth.")

CLASS IN CONCENTRATION AND APPLICATION

Lesson 7—Serving God by Serving Others.

1. Why is it safe to follow the "Golden Rule"?
2. What is the selfless attitude?
3. What is the meaning of "minister"?
4. Who is a stranger?
5. Whom should you serve?
6. Why should you forgive others?
7. Name several ways in which you can help people.
8. What effect do words of encouragement have?
9. For what purpose are good works?
10. What is the result of faithfulness in doing good?

CLASS IN SPIRITUAL HEALING

Lesson 8—Necessary Steps to Healing. (To end of page 83.)

2. On the Part of the Patient.

1. What is the very first thing necessary on the part of the patient?
2. This must be followed by what attitude?
3. What importance has Faith in the process of healing?
4. Through what law do you attain realization?
5. Give some reasons why no disease is incurable?
6. What effect does doubt or uncertainty have?
7. Why should you not pray simply for "things"?
8. Why must your belief in the Good be practiced?
9. What effect does exercise have in spiritual matters?
10. State some instances of good results from willing obedience.

THE FIRST GENERAL MEETING of the League for the Larger Life, which is the Metaphysical Federation of New York City, was held at the 48th Street Theater Sunday, May 21st, and had as its guest the New York-New Jersey Conference of the International New Thought Alliance. Dr. Orison Swett Marden, President of the League, presided, and Dr. Julia Seton, Mrs. Mary Etheridge T. Chapin, and President James Edgerton spoke for the Alliance. The theater was packed to its full capacity, and Mr. Edgerton reports was quite the most enthusiastic New Thought meeting he has ever attended.

I do not care under what form of government we live, or what the political situation may be, the rich in mind will be rich, the poor in mind will be poor, and those that live by the sword will die by the sword. Man will reap here and now just what he sows, and the sowing is being done continuously by our thoughts and words.—(P. R., in "The Light.")

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UNSOLICITED TESTIMONIAL

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