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## Af Magazine for Everybody

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1) ear Readers:

Rejoice and be exceeding slad that you lize in an age when you can seek the Truth about Life daily, openly, without fear. Your losed ones greet you from their new world. Sing the songs they loved at this festive time of the year when Good Will. abounds.

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## The Gift of Gifts  This Joyous Christmas-time



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## Of Special Interest



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# The Occult Digest <br> Trade-Mark Reglatered 

Effa E. Danelson, Editor and Publisher

## VOLUME 11

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# SPECIAL NOTICE 

## $\bigcirc$

After January 1, 1936, the price of The Occult Digest will advance from $\$ 2.00$ to $\$ 2.50$. We had hoped to avoid this, but it became a problem of raising the yearly subscription or discontinuing your publication. We received so many letters of appreciation that we just took this chance on your good will and willingness to give up something else to renew your subscription.

If you want to renew your own subscription or subscribe for a friend for a Christmas or Birthday gift, send in your order early. Choose premiums from full page on cover.

## PUBLISHER, THE OCCULT DIGEST

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# The Voices of the 

## It Gives Us Great Pleasure to Give These Communications to the Inquiring World...



## Jane Addams, the Great Peace Lover, Speaks

THE Psychic speaking: I see a very wonderful person, a Woman. She is manifesting as she was in her prime. She says, 'I labored for the Useful and the Best in the world. I had no heart, no interest, no money to be used for any other purpose. Now that I am rested from the long and arduous struggle I want to find some way to set aside the misgivings and misunderstandings that arose between myself and those who did not understand, I was not a religious woman. I did not worship a pagan god. I believed in the Life After Death and I believed that it had to be a Natural Life. I believed that all Life was governed by one Law-that there was no termination to Life, although I had to accept the termination of the physical body and its service, but I knew that there was no termination to the service and no termination to the activities once begun in the name of Humanity; and though I speak from what seems to be a deserted shore, I am blended with you tonight in person, a tangible 'person' who stands before you in the name of JANE ADDAMS."
(At this moment she controlled the vocal organs of the Psychic and spoke in her own voice.)
"Oh, that my Fellow Workers might know of this Great and Wonderful Universe! My voice trembles with emotion as I speak, for little did I realize when my lips closed in death that they would be able to ring out the declaration they loved so well-to utter the Declaration of Peace-and so from this new Life, I reiterate and proclaim PEACE-PEACE TO THE WORLD that Human Endeavor may never cease-that Human Endeavor will eliminate War and establish PEACE among men. I am so glad for this privilege and hope that I may come again soon. Thank You."-JANE ADDAMS.

October 6, 1935

# UNIVERSE SPEAKING 

## Effa $\mathbb{E}$. Danelson, Editor



## The Master Peace Star Now Rising

THE unrest in the world is coming through the forces of the old planetary influences leaving and the new influences taking command. We are living in an age which is the greatest of all ages that the HUMAN RACE has ever entered. The earth planet and the earth people are vibrating now to the New PEACE STAR discovered in 1927, then called "The Christ Star" because of its brilliance. It is this STAR that is influencing the world today and preparing it for the PEACE that will come under the influence of The MASTER PEACE STAR which is distinctly double, like a double flower with its beautiful gold center. It will be visible to the world in about five years. It has not yet become visible through the telescopes. This MASTER PEACE STAR passes over the earth at intervals. The human race has always deferiorated affer its passing. It is now coming to its fullness and it is hoped by those who have reached Mastership that the race will have gained knowledge and control with sufficient power of influence fhat they will not retrograde again, but will continue in the LIGHT that comes to the human race during this period of influence. A Luminous Light in the sky will come gradually until this MASTER PEACE STAR becomes visible.

The MASTER PEACE STAR has been visible in the lowest meridian of the globe for three years. The population there are a white race of civilized people, but they are not modernized. They live with the things with which Nature has endowed them. They have a sense of right and wrong; they have a sense of grandeur or greatness. Nothing is wonderful to them, but everything is beautiful, so this STAR does not mean anything to them except another beautiful light in the sky.

Centuries of turmoil and bloodshed have aroused Humanity at last to the meaning of the anthem, "Peace, Good Will toward men." Rejoice and be exceedingly glad that you have come this way at this time.

## Without Fear or Favor

## December

WE ENVISION your Gifts of Love bringing The Message of "Peace-Good Will to Men." Men who are the Nation's Keepers of the little children and who gather them together, teaching them of Love and Kindness to all living creatures in the Name of HIM whom all Christianity calls their Savior and in the Name of Love whom all people should pour out to their neighbor.

We envision PEACE and with Jane Addams "Proclaim Peace" to All the World at this time that the carnage of slaughter in Ethiopia may cease, MAY CEASE! That the power of the MONSTERS who declare war anywhere in this great world shall be broken and Humanity henceforth forever shall live in PEACE.

We declare PEACE to the warring hearts that PEACE may come to all the world this Day and Hour of Birth.

## Can You Hear

THE Voices of YOUR Loved Ones? We can hear ours. My Brother said, "Do not worry about me, Sister, I can find my way." He knew that his sister was wondering if he could realize Life. He had declared that Death ended All. She knew better and wondered if the LIGHT she had tried to give had served him. What a "thrill" of satisfaction swept through her Being.

If you cannot hear the Voices of Your Loved Ones you do not know what Life is-you are asleep at the switch-you are missing the Sunrise of the Morning and the Sunset of the Evening Time. If you cannot see the glory of your loved ones' faces when they tell you they have "found Life"-you are blind, blind with a blackness of the prisoner's dungeon cell . . . blind to the Beauty of earth's fullness in the hour of your birth.

This is the time of the year when The Star of Hope bursts forth in its glory, heralding PEACE TO YOUR SOUL for your Loved Ones who passed from your sight a year ago, a month or a day, ayeeven though the eyelids have just closed in the sleep of Death, the Life that was your comfort is awake, alert, waiting to say to you, "Do not worry, I can find The Way."

Weep not! Lift your eyes to the great expanse of Life and Know that Life has survived the shock that carried its physical body down the stream to be submerged in the elements in its passing. Respond to the urge to listen and in the secret chamber of your heart, the Light will burst forth and your Soul will be comforted. If you have had a Loved One taken from you since the last Gift-giving Day, do not mourn. Gather together in happy reunion and for a moment say in your hearts, "Our Loved One is here, a guest among us." Set a plate and chair in the accustomed place at the table even though your eyes do not behold the form, it will be there. In the Silence the Voice is speaking and wishing you to be Merry and Happy. Beloved, we want you to see the beauty of The Sunrise and The Sunset. We want you to hear the voices and see the faces of your Loved Ones on this, the natal day of Peace, Good Will toward men.

## The Watchman

MY CHILD, when you stood in the "valley of death," I was there. When you wore the crown of sorrow I stood by your side and loosened the thorns. When you stretched forth your hands, I touched the brow and cooled it. When Your Own Soul was deep in anguish, I stood by and at each turn of the road and at each insurmountable place, I have given you strength and knowledge to go on. Each barrier in its turn has given way to a clear path and today you stand Victor while your foes are foes no longer. "BE STEADFAST" and cleave to the purpose that sheds the Light upon your path. From a little child you led them, though they knew it not; from a little child, you fed them, though they did not recognize the feeding; from a little child you clothed them, though they did not repay you - yet the treasures that you treasured have ever been a source of inspiration for greater challenges and as Life fought you back, so you fought on and today you stand THE VICTOR among the Victors.

I am proud of you and I shall ever stand with you and for you until you have written your name among the names of the famous who have ever stumbled and stumbled until they carved the footing which held their steady feet. Leave no stone unturned to glean with the "Gleaners" - to sow

with those who sow. The rich and full harvest will be given to those who can understand-to those who can appreciate-to those whose hand you can take and they will be led from darkness and misery into the Light which never grows dim. I am speaking to My Child. The way sometimes has been very dark, but ever and always The Light burned in the Inner Chamber and you did not lose your way.

## Progress

THE world is coming into the cycle of new relations and new experiences. Wild life is diminishing very rapidly, domestic life will perish. All other forms of life will perish or pass from the earth and man, as he so proudly proclaims himself, will indeed be monarch of the earth. Sustenance from fresh fruits will cease to be, sustenance from grains will cease to be, for in the new order of things the revivified body of the human race will not require these things; these great changes are taking place through evolution caused by the revolution of the Universes, each star a universe in its own order, each earth a Universe evolving in its own order, held together and moving as it were, in greater Universes. These Universes are like great suns revolving in their order. Man quotes himself today as coming from this or that school, this or that religion-he thinks that is the beginning of Life. Man does not seem to be able to think beyond his own orbit. He cannot view Life in its entirety or greatness. He cannot think of the world beyond his own vision, yet there are souls who have evolved beyond their own vision, beyond everything of the physical world. These souls are fed upon the seeds of Knowledge and Wisdom; the equilibrium of the world today depends upon their power and their strength to maintain law and order.

We see men clothed in the Glory of the Sun and we are making preparation to bring knowledge to the world through the little children who are the Monarchs of the new race. We are not speaking philosophy-we are giving actual facts for the enlightenment of the children of the New Race. Preserve these records very carefully, they will be needed and read some day in the books that the children of the New Race will study.

## Where Is Billy Sunday Now?

EVERY school of thought is seriously debating the Life after Death. Billy Sunday's school of thought carried him beyond all sense of reason. His lay-out of Heaven and Hell was as ferocious as the game he played.

We can see him sitting in wonderment at the turn of events. His first thought is, "What has happened; something is wrong here-why don't some one come to me? I have called again and again. No one answers me." Then with a mighty lunge he gets to his feet, sees his physical body lying prostrate, ghastly in appearance. He hears and sees them about him, he shouts orders but no one hears him; he covers his face with his hands and cries out for mercy. He is alone in Death. Hethe great" evangelist, Billy Sunday, is alone in Death. Where are the Angels he so glibly talked about? And then-he realizes he was all wrong about Life after Death and his cry rings out like millions of others, "If I had only known; why was I so devoid of reason?"

Then we see the mighty throng of followers whom he had so ignorantly led astray, some with happy faces, some with downcast eyes. He calls to them, they heed his call and in that moment of reunion Billy Sunday is Saved-SAVED by those who had tasted Death and they are telling him it is not too late, even though that useless shell will never again serve him he still has a body and can tell his beloved world that he has found Life, pulsating, rhythmic Life where every soul has a chance to live the full Life.

It will take him some time to throw off his egotism but he will realize in time that Billy Sunday's Heaven and Hell exists only in the minds of deluded people who have been fed upon the husks and like dumb cattle fear to hear the voices of their loved and loving who have crossed the Great Divide.

Billy Sunday, like all great souls, will still be the evangelist; he will find a way to herald to the world the Truth about Life after the great promotion, called Death.

# SOUND AND ELECTRICITY 

## By HJALMER A. SWENSON

ANYTHING in equilibrium will not produce sound. Friction, motion and all unbalancing influences will to varying degrees. Sound denotes a disturbance acting as a warning in many cases. It is produced mechanically, chemically and electrically, vibrations and waves being the aftermath or result and not the power.

Mankind, of all living animals, is endowed with the power of speech, which talent has progressed so that communication is now possible between the far corners of the earth, thanks to the inherent power of electricity to make, carry and reproduce sound. My contention is that if speech were not of an electrical nature the radio, telegraph, telephone and phonograph would not be an actuality. Volta-electric and magneto-electric induction are acknowledged as being identical, therefore we have unity in the actions of electricity.

A fair deduction we can make about matter and energy is that matter is soundless and that energy is the sound maker, matter being the carrier or insulator of energy which is mostly of an electrical nature.

Nothing but electricity can go through a solid, not vibrations. If we scratch one end of a long piece of wood shaped like a pitchfork we can hear the noise at the other end and the noise so made is not caused by vibrations, but is an inherent quality of its electrical content.

What is ordinarily considered a sound produced by vibrations is really caused by an electrical disturbance of varying frequency.

A sound wave is said to be a longitudinal wave in a material medium consisting of a series of condensations and rarefactions. Sound cannot be transmitted through a vacuum.

Sympathetic vibrations are said to be caused by impulses coming through the air at the same intervals as the natural vibration frequency of another object.

You can see things vibrating but you can only hear the sound making or causing the vibration. A vibration has no sound, being only an effect of energy and not cause, the vibrations being sympathetic according to the strength and frequency of the power causing them.

Vibrations, which seem to be governed by the same laws as a pendulum, are really the result of a disturbing factor, which disturbance persists until the force producing it has reached equilibrium again. Everything in nature is so finely balanced that most everything has some reciprocal influence.

The reason the bow of a fiddle makes music is because of friction. Only vibrations are caused by plucking and
the sound we hear then is due to the disturbed electrical content of the strings, ether and fiddle as well as resonance which in turn is communicated to our sense of hearing by its frequency or varying electric energy.

Under certain conditions when a sound is made the waves of air caused by it can also be felt.

The hum of a bee is made by the movement of its wings when it flies. They have no voice-box.

A sound stops after the power that caused it has spent itself and equilibrium has been restored again.

A sound can go through a wall, although a certain amount of its power is lost thereby, but if a nonconductor of electricity intervenes the sound can be prevented from so doing.

It is said that a humming-bird's silent music is vibrating its vocal cords at the rate of 18,000 vibrations per second, and figuring them to be one-third of an inch long they would travel at the rate of about six miles a minute or 350 miles an hour. The heat that such terrific motion or speed would generate as well as the power that would be required would disprove any mathematical theories of vibrations or waves as a solution thereto.

The fact that such a vast amount of power were required to produce sound by vibration should exclude any such theory in favor of one giving the power credit for sound instead of its effect.

Anyone interested in the mathematical solution of sound would do well to count how many vibrations the vocal cords would be required to make as well as the speed per minute or hour required in doing so in emitting varying sounds during conversation or singing, etc., and then try to figure the energy required for maintenance.

One will find that it is easier to realize that sound is a mechanically made thing of varying frequency, which can be mechanically proved by the phonograph, the thin diaphragm of which is set in motion by the voice thus causing the cutting stylus to make indentions in wax-like material, the deepest being about one-thousandth of an inch, and which can then be reproduced by frictional energy, reproducing that which has been almost similarly recorded:

The larynx is a complex piece of mechanism, by which phonation is produced, resembling a box composed of pieces of cartilage capable of movement and enclosing the vocal cords.

The length of the vocal cords in the adult male is greater than in the adult female which most likely accounts for their variance in voice.

The sound emitted by the larynx is modified by the tongue, teeth and lips,
although a parrot gets along very well without the latter two.

The so-called misplaced laryngeal nerve supplies the sound which is received in the larynx and sent out for hearing, much the same as the electrical circuit of a radio performs and repeats what electrical impulses are received, amplifying them and resonating them according to the physical construction existing individually.

The sounds made must be of an electrical nature, or the organ of hearing or receiving station would not hear them as even a deaf person can by bone induction or a suitable acoustican.
It may have been easier to blame various phenomena on waves in the past, but when we cannot explain how, why or what about them, and when we can see how the radio, telegraph and telephone work electrically for transmitting and receiving sound and also the phonograph frictionally, we have no excuse to still explain what we can fathom by calling the effect the cause instead of controlled and varying electrical or frictional energy.

A prominent Brooklyn, N. Y., throat specialist who was deprived of his larynx-the normal organ of voiceis now able to speak by means of his stomach and gullet. There are also many persons using artificial larynxes, with a tube from their necks to their mouth. A short talk by a voiceless man speaking with the aid of an artificial larynx, resembling somewhat a smoking pipe which is inserted in the tube and mouth, featured the meeting of the Southern Society of Clinical Surgeons at Baltimore, Md.; April 12th, 1935.

Snoring gives us a good insight into the workings of our sound machinery, the resonance usually varying with men and women. The vocal cords are not used, but the soft palate seems to be the basic cause by which air streams during breathing automatically transmit noises from the larynx and laryngeal nerve or source.

Hiccoughs, I believe, are a spasmodic derangement of our voice mechanism, being of an electrical nature. Sneezing, crying, singing, whistling and talking are all effects from one common source or well of energy.

Anyone studying how electricity is generated can easily realize that it is something that already exists in equilibirium and something that comes from an inexhaustible reservoir when the right method or hook-up is used.

The air has to be rare enough not to be too good a medium for electricity which permeates almost everything, otherwise it would be impossible to live, as a body to be active must not be in
(Continued on page 21)

# "Sigmatures" <br> A Study in the Mystics' Doctrine By R. C. PITZER 

BBEAUTY is truth, truth beauty." Poets discover that mystical correspondence, but theologians wrestle through the centuries with the attributes of God, and like many another seeker going far afield fail to find the treasure in their own gardens. One searches the learned folios of ancient days, discovering thereby that the deity is infinite, immutable, omnipresent, omniscient, omnipotent; that he is truth, justice, righteousness, goodness, mercy and holiness; but one seeks in vain to learn that he is beauty; yet that is a revelation of the books from which theologies are presumably drawn. One is reminded of the old Westminster Catechism which explores Divinity to learn that "God is Spirit, infinite, eternal and unchangeable in His being, wisdom, power, holiness, justice, goodness and truth," all of which is no doubt sound doctrine, according to accepted theologies; but one wonders whether those bleak Divines of old days had ever read that God is Love. At least, one is sure that their sharp and horn-spectacled noses were so deeply buried in musty manuscripts that they never in all their lives took the time to look up at the world in which they dogmatized, to glimpse the beauty and the love of it.

Oh, youth is the time to theologize! Give me passionate youth to write my theologies for me; he will dip his pen in ichor and pour his life and love, his aspirations and ideals, his passions and enthusiasms, his rushing ardor of faith and hope and love and beauty upon the dry parchment, and an ancient science may thereby get back out of its dust of deaths to a living service among men. We have so moralized these many generations that we at last end by supposing morality to be religion, and the fiery, consuming and passionate deity of the world's prophets and mystics merely a gigantic school-teacher, rich in platitudes.

No doubt, morality-that unstable, fluctuating ideal which in every age and with every civilization changes chameleon-like till black is white and white black-no doubt it leads heavenward, as used to be said. No doubt, too, ethical love is a cross-section of that more profound love which is Life. Yet it remains true that there is more to the Uncreated than ethics, and more to creation than any system of morals. The Pharisees climbed the hill of their Lord on a strictly moral path, scattering alms along the way; Praise-God Barebones, too, sang his nasal ethics over an ascending road; but there are other ways up, and truth that is beauty, and Mary's way of love, go thither, too. The scientist and the artist are as true theologians as good Dr. Thomas himself in his Paris cap and gown. "Every visible and invisible creature is a the-
ophany," said Erigena; and in writing that he must still have had the blood of youth in him and the yet unextinct feeling of youth that the beauties of earth, of men, of thoughts and of all the arts, are too primal a revelation, too fundamental a part of creation to be a mere passing natural phenomenon of no abiding significance. He must have felt, indeed, with the mystics, that beauty is the Janus-face of truth, an attribute of deity, a revelation in color and form and sound of a supersensible and eternal fact.

Plotinus tells us that bodily beauty is incidental, is borrowed from something spiritual which informs it, and of which it is at best a mirror wherein we see but darkly. It is a correspondence, a signature, a parable and a shadow, an appearance that is something else. The world is a half real world in which our knowledge is as Paul assures us but a half knowledge, a glimpse of life within a muddied glass, like Plato's shadows on the cavern wall. Yet, if mystics are more than wanderers in the dark, there is the possibility of nature being illuminated for us, of finding by the help of nature's correspondence the more beautiful realities beyond.
"Rise above space and time," Angelus Silesius sang, "and thou canst be at any moment in eternity," far beyond the phenomenal in what Emerson termed "the soul of the whole, the universal beauty." The real world of the mystic is the world that this earth tells about in a myriad moving symbols; not what is to be, but what is now, the True, the Beautiful, the Good, the substance of this shadowy flux of matter. "Things are made for each other. Everything is significant, and the wise man can conclude from one thing to another." That is the conclusion of Plotinus and such conclusions will find not only unity in multiplicity here upon earth, but will go far deeper to everlasting truths.
"The world is charged with the grandeur of God;
It will flame out, like shining from shook foil."
It was with this wisdom that Tennyson plucked his flower in the crannied wall, and Blake picked up his grain of sand. The poets, who love beauty as part of their dower of poetry, learn to find in hints from transitory things-ugly and brutal sometimes when considered for themselves-the corresponding Real, as Moses before the flaming bush found there the mystic's correspondence of a fiery life endowing even the desert shrub -with a flame that never consumes. "To the eyes of a man of imagination," William Blake wrote in one of his letters, "nature is Imagination itself." She responds to fire with fire, to question with answer. . Into her
streaming life men's thoughts penetrate, giving form to transition, and substantial being to an unsubstantial jet of force, finding perdurable facts of spirit behind the melting phenomena of physical things.

So he who desires beauty finds it informing the created universe with an uncreated spirit. It is like thought behind the gay eyes of youth, passion's blood flushing the sensitive skin. Men who have not yet seen it have not seen life beneath the physical surface, character under the skin and bones of earth, love beating like a heart through the steady flow of the universe. Find it, and you find truth. That is a metaphysic for your artist, if he will, whereby he may teach somewhat to the theologian of the character and purpose not alone of creation but of its Thinker. There is a signature to things; a symbol hung out like a banner; a correspondence between the face of nature and the glory which it veils. But to read this signature one must draw very near. Rather, one must make reality in order to discover it. The artist understands that, and puts down on canvas his symbol of the real, in order that by the mere creative act he may draw near to the unsreated, and have the power to see with clear eyes the true Beauty behind this phenomenal beauty which calls for his interpretation.
Books of mystical thinkers are everywhere filled with efforts to describe the inner work of contemplation, the means by which each laborer gains his hire. In the abstract theory of Brahmanism the soul's inner progress is the progress of mankind; from books of the law to acts of faith, and thence to further ritualistic silence the pilgrim marches, a student of the Vedas, a servant of men, a wrapt contemplative on an unsocial way. "Prepare to live, then live, then meditate on life." That mystic seeking does not get far enough for western saints, who add a further rung to the ladder and tell us, "then live again." The object of genuine existence is thus to give the illuminated consciousness to other than onesclf. It is a passive contemplation, as Fenelon tells us, merely in the sense that it excludes self-interest, self-centered activities of the soul, acts that are not for the All, that is, for Pan; so that one looks inward in order to look outward, works for oneself in order that one shall be better equipped for working. There is no idleness here, and no hatred of human activities, and no lack of ethical purpose. He whose leisure is merely a revolt from earthily tasks, he whose leisure is a misanthropic, an unsocial and a selfish act, finds no place in the mystic's scheme of things.
(Continued bn page 31)

# "QUIEN SABE?" 

## By MARIE HARLOWE

MANY races have existed anterior to our present races, living as group units distinct from the preceding ones. The Egyptian is not the only race of remote epoch to show achievement of great heights. Prehistoric races of the two Americas play an equally important part in posterity. As the ancient Jews lived in the twilight of the Phoenicians, other races have followed in the new day. Whether or not the peoples of Central America are traced to the wandering Mosaic Israelites and the Phoenicians, or to the "accursed" descendants of Ham, no other people offer such a wide and interesting field for exploration and study.

Coincidences and similarities may be detected in the traditions, customs, religions and superstitions of one people as compared with another which would indicate demonstrable mutual antecedent causes. Pyramids which are found in such complete and excellent condition in Egypt today are found all over the world, most of them in ruins. In South America and Mexico are still traces of them. Remains of mounds built by American Indians attest that they were made to represent the pyramids. In Europe and Great Britain are also found remnants of the same thing

Architectural comparison of Hindu and Latin American ruins are identical, making it impossible to believe otherwise than that the same religious ideas were practiced by people of the same level of civilization in both places. The "Great Spirit" of the ignorant Indian expresses the same as the manifested Brahma of the. Hindu religion. At least one famous Toltecan king bore a Biblical name of pure Chaldean origin. Designations of magical implements are identical in the language of the peoples of known high culture and learning and of the little known races. The wand of Quetzalcotal, or Quetzacohuatl, the Mexican magician, and of Moses are alike in every . respect. It is recorded in King Solomon's court that they entertained Votan, a fabulous hero and magician who told wondrous tales of a far land, yet refused to disclose his itinerary. In ancient Mexico the legend is told of Quetzacotal; their serpent deity and magician, sailing away after having been poisoned by his brother, and visiting the great king in his long journey. The original language of the Aztecs bears a striking resemblance to that of ancient Hebrew, and bas-relief figures carved on stones remain to this day in Mexico and Latin America showing phylacteries as worn by the ancient Hebrew Pharisee.

Naturally such stones, relics of prehistoric days, are not to be found on every roadside in Mexico or Central
and South America. Deep in the wilderness never before penetrated by the white man lie stone tablets, records of unconquered, unknown aboriginal inhabitants. Tradition claims that no white man has ever reached, alive, any of the several cities, unknown to foreign travelers, with the exception of some Buddhistic monks, although mysterious cities have been seen from afar.

The inhabitants of these cities have not tried to hide themselves, although their cities appear on no map. They have probably remained where nature long ago provided a strange hiding place as they, as primitive people, fled before Cortez and Pizarro.

Tradition further tells us that the inhabitants of these hidden cities speak the Mayan language and display unusual refinement and intelligence. Being of pure early Aztec stock, they resemble the Egyptians in this respect. Nominally Catholic as subjects of a LatinAmerican government, they preserve the ancient traditions in magical ceremonies in their worship of the sun (It is a well-known fact that where tribes are under the authority of Christian teachers, so-called "heathen" rites are performed in secret; voodo flourishes as in the days of Montezuma.)

The question of the origin of the American aborigine, and ignorance prevails generally concerning native peoples before the Spanish invasion, is a matter of tracing affiliations and migrations of peoples. Something besides mere accident must account for the perfect identity between Semitic and Aryan beliefs and Mexican legends. A heliolatrous religion could hardly explain the minute details of the identification of the Mexican and South American races with those of the ancient. Phoenician, Babylonian and Egyptian races. Etymologically the religious terms are of the same origin.

Corresponding and identical rites, ceremonies, names of deities and traditions with these ancient races cannot be other than proof that America was peopled by a race which mysteriously crossed the Atlantic Ocean. The Pacific Ocean shows signs of an island, if not a continent, that once existed in the Malay-Javanese region. Ruins which cover both Americas are also found on the West Indian islands, and it should not be too strange that the Atlantic Ocean was once the now submerged continent of Atlantis.

No superstition or tradition exists without some cornerstone of truth at its bottom.. Acceptance of the belief in Atlantis; the now submerged continent which existed where Atlantic waters are now, would quickly solve many problems concerning the prehistoric races in America, as a traveler could cross almost the entire distance of the present Atlantic Ocean by land.

The remnant left after the 12,000 years generally estimated since the sinking of Atlantis after the elements had degraded the continent, would be the present continent of America; the mountain tops of the sunken Atlantis would of course be seen in the Azores and the West Indies.

The name "Atlanta" could scarcely have originated with Plato in the fiction of a philosopher 400 B. C. The word "atlante" has no Grecian element in its construction. In fact, there is no satisfactory etymology in any language known to the old European world for any derivation of the word.

The Toltecs have a word "atlan" meaning on the border of, or amid, water. A city by that name existed Iong before Columbus discovered America. It is now a small pueblo village at the entrance of the gulf of Darien, Panama.

Neither has the word. "America" been correctly traced in its origin. Americus Vespucei would no doubt have used his surname if he had used any part of it for christening the new continent. It was thought until about 1522 that America was a part of Asia. About that time there was created in Europe a map of what is now Nicaragua called America Provincia. "Americ" or "Ammerique" is the Nicaraguan term used for the high land or mountain range in the province of Chontales, Nicaragua. "America" is closely related to the Hindu "Meru," which was the legendary and traditional sacred mountain in the center of the seven planets which contained the cities of the gods and was the abode of celestial spirits.

The Odessy of the blind Homer was once considered nothing but poetical hallucination, but geology has since proven it to be more than fantastic nonsense. Certainly a few people have given credence to the belief in the hidden cities of Latin America and Mexico, for different governments have sent representatives in search of the treasures of the Incas under pretext of scientific or other exploration. Today the two points of greatest interest are in Peru, south of Lima, near Arica, Chile, apart from the mountain range, and on a high sierra of the Cordillera in Yucatan.

## Unspeakable Things by Anne Reiley Nesom

What did you see?
What was it compelling, above, beyond, Concealed from me,
When you left me standing alone, apart, In the borderland of eternity;
As your loved gaze withdrew from me What did you see?

# $\mathbb{R}$ eading the Signs <br> By AUSTIN MOSHER 

AFEW years ago, in the cross-word puzzle vocabulary of American life, the most popular word was one beginning with " $M$ " and ending in " Y " meaning "Anything having a conventional use as a medium of exchange."

With this word as a standard of all accomplishment our financial, industrial and economical prophets looked forward to a long period of uninterrupted prosperity, for how long no one, not even themselves, knew.

The symbolic word suddenly lost its charm and a new one of ten letters beginning with " $D$ " and ending with "N" supplanted it in our vocabularies. This word is the antonym of the first and is popularly used to mean a dispirited or dejected condition, a subnormal state of physical and mental activity, a sour note, so to speak, in the March of the Millions. In engineering terms a depression is a place beneath the horizontal plane of the ob-server-a valley.

Standing upon the heights of their accomplishments our materialistic conquerors unfurled their banners and searched for new worlds to exploit. Spread in dazzling panorama before their eyes lay the proverbial Promised Land where the splendors of Rome and Egypt were beggared by comparison. Had their vision not been distorted by the drunkenness of the gold lust they might have seen that what lay before them was a mirage conjured up out of their own minds. But they did not. see. They walked off into space with the inevitable result that after a series of painful bumps and bruises they lay amid the wreckage at the bottom of the valley.

The discerning minds of millions of Americans have seen during the past three or four years that that depression in which we have been wallowing is the Valley of the Shadow of Death -the death of materialism. They have seen that it is a good thing for mankind to be purged in the crucibles of Life, for the transition from one step to a higher one, in the process of the evolution of souls must needs be by such processes.

Men of science, floundering in materialism and looking out upon the World through eyes that are unable to perceive the Truth of things, have led the human flock first from one fantastic notion to another until a large part of those that have been walking in beaten paths have stampeded and turned their faces toward Home. Scientists want tangible things-figures, facts, things they can see with the microscope. The philosopher is wiser. He goes to the Great Oracle which perceives with a single eye that needs no man-made instrument to clarify the Truth of things. And, perceiving the

Truth he holds fast to it knowing that the pestilence and famine and the terrors that fly by night cannot come nigh unto him.

The human race has always advanced because progress is the Law. Man knows instinctively that he has an ultimate destination and he has fought his way forward because he is afraid to stand still. Stagnation is death. Man fears death. Nature has a purpose and a Plan. The fear in the mind of man is a lash in the hand of Nature. It cuts unmercifully into the flesh of those who would retard the onward march, it spares those that push on eagerly.

The March of Humanity is an eventful and a significant one. It leads over broad sunny plains and beside crystal clear lagoons wherein the awakened soul may see mirrored the grandeur of fleeting clouds and towering pinnacles standing like mute sentinels hailing the dawn of a glorious new era for all Mankind. From the ineffable majesty of Nature we learn of our close proximity, yea, our inseparableness from One upon whose breast men have shed their tears and from whose heart new visions and new strength have been given. One whose paternal austerity ever awes and drives us on, not like cringing slaves, but as obedient children yielding to the touch of a hand that guides gently but firmly. One whose maternal tenderness like the Balm of Gilead heals the wounds of all the world. Ever solicitous and rejoicing in our triumphs is this One of Infinite faith in Man's ability to bring the Great Plan to fruition.
No. man is wise who has not the perspective to look backward a few thousand years and forward at least a hundred. Modern business is guided by experience. The bankers and brokers have their graphs. The insurance companies have their mortality tables. The average man has his modern comforts and conveniences in contrast with conditions that existed a few decades ago.
Again the philosopher has the broader view-a panoramic history of civilization with its record of accomplishments, with its little achievements all of the same general pattern, each one an integral part of an ultimate whole, an ultimate achievement.
The pessimists and whining critics, weaklings retarding progress, are prone to dwell upon the frailties of the race. They who are utterly lacking in the staunch virtues of our ancestors would have us agree when they insist that the world is going to pot. If our understanding of fundamentals does not prompt us to give them the lie then we reveal a stupidity as great as theirs. There has been no depression if by that is meant a retrogression. The world hangs in a balance so finely ad-
justed that even the hairs of your head are numbered. Nothing ever happens, everything is brought about. Nature knows no accidents. Every incident in the history of the universe is a compensatory incident. Some men are ignorant of the Law, others are contumacious. Both the ignorant and the arrogant are brought low. It resolves itself into the same thing for defiance of the Law is folly and ignorance is folly, both classes are fools.

One of our statesmen observes that the woes of the world today are due to the intellectual bankruptcy of men in high places. He has seen their failure to adhere to fundamental Truth in the conduct of social and economic affairs. But the fundamentals involved have nothing to do with sociology or economics in the generally accepted meaning of the words. The problem is a spiritual one and the solution simple. Men in high places can do much but they will not. They will cling tenaciously to the material things that make up their world. The real power is always with the masses of people. The prayer most often heard and answered comes not from the lips in canting tones in the solemn atmosphere of the cathedral, but silently from the depths of the soul of the humble laborer struggling to do the right thing for a noble purpose.
In times of great distress men stand with their jewels and gold in their hands and feel their utter poverty. Sorry indeed is the plight of those that have no spiritual resources to fall. back on. When times are prosperous and the going is easy men are self-satisfied and stupid enough to believe that they gratify their desires by their own cleverness. But they overlook the fact that all material things and all intellectual development come out of Nature's great inexhaustible storehouse and have eventually to be accounted for in one way or a nother.
If a man be hungry let him examine the circumstances and conditions leading up to his present unenviable position. Let him take his case into the great Courts of Nature and there seek justice. Justice is inevitable. Justice is never perverted. Our gangsters must learn that Truth, our rich must learn it, our leaders must learn it. Justice cannot be withheld. It is the Law. If the hungry man believes that he is a victim of circumstances over which he has no control let him look within himself and seek that fountain from which surges in endless waves all the mighty power of the Universe over which Man has dominion if he will but direct it instead of dissipating it. A man chooses his own level in the scale of Life and must be satisfied with the environment of his own choice. If he yearns for a
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# Practical Lessons in Palmistry for the Lay Reader By ALICE DENTON JENNINGS 



## Alice Denton Jennings

## (Continued from last month)

IT HAS been said that the thing that - started human intelligence is the human hand. Biologists inform us that the only other animals which approach man in mental abilities are the apes and the elephants. In support of this theory they point out that apes have hands almost human in character and the elephants have their trunks which serve as hands and have stimulated almost equally the development of a competent brain. Many years ago the famous English philosopher, Herbert Spencer, wrote of the important part that hands have played in developing the intelligence of different kinds of animals. He placed emphasis on the fact that dogs and cats are more intelligent and alert than the much stronger horses and cows, due, he states, to the fact that the latter having hard feet, they were no good except to stand or walk on, and could not report messages concerning things they might touch. Objects that a horse or cow might walk over, a dog or a cat will look down at, smell and otherwise investigate, simply because the feet of the dog or cat send to their brain messages arousing curiosity. Spencer states that this stimulus to the mind became still more powerful when animals like the monkeys, developed hands or feet, able to hold things, therefore, reasoning from cause to effect, as the paws of the monkey are more sensitive than those of a dog or a cat, the brain is more alert and intelligent. This is probably due to the fact that each brain message arouses the emotion of curiosity, and psychologists believe that any kind of brain, from the lowest development all. the way up to man, grows and develops because it is stimulated by sensations coming into it over the nerves from outside. We are further informed that each sensation must be sorted in the growing brain, compared with memories of other sensations and filed away for comparison
with other sensations that may come in later. To aid this there is nothing better than hands. The human brain might well be compared to a central telephone station. If a connection can be made quickly and easily through the nervous system, and if these connections can be changed rapidly, the brain, operating as a central station, is a good brain. If this cannot be done, then there is a deficiency Some conditions of this kind must have always controlled the brain's evolution. It follows then, that curiosity has helped this evolution, for curiosity arouses interest and brings new brain paths into tangible form. Let us, therefore, place ourselves in the position of the investigator, following out this line of reasoning. Curiosity versus the hand.

The beginning of the hand can be traced to small creatures called solenodons, which still exist in a few spots in the world. In appearance they are very small and have the general appearance of very long-nosed rats, although they appear closer to man in ancestry than to rats or mice. These animals developed something resembling a hand so they could climb in bushes. Out of them developed the lemurs, still extant, who are provided with a form of hand sufficient for clinging to branches but insufficient for picking things up. This step was developed when the primitive tree-loving monkey, descendant of the lemur, was forced
out of trees to live on the ground and walls upright on two legs.

Being forced to give up their tree life, due the geologists tell us to the slow disappearance of the forests in which they had lived, these ancient creatures set free their front feet to become hands. The consensus of opinion among geologists is that this happened some thirty or forty million years ago.

In that remarkable portion of Galen's work which bears the title "On the Use of the Various Parts of Body," he states: "But all these parts of the body were made for the use of the soul, that sentient and intelligent principle which animates the body, and of which the body is merely the organ: and on this account the component parts of animals differ according to the nature of this principle: for some animals are bold and fierce, others are timid and gentle, some are gregarious and co-operate for their mutual sustenance and defense; others are solitary and avoid the society of their fellows, but all have a form or body accommodated to their natural disposition and habits. But to man, the only animal that partakes of divine intelligence, the Creator has given, in licu of every other natural weapon or organ of defense, that instrument; the hand, an instrument applicable to every art and occasion, as well of peace as of
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# The Cities of the World 

## As Delineated by Tarotic Numerology By JANEW

THE capital of a nation is its nerve-center-the focus of all the forces which go to make up the country and the people as a whole. For this reason, a reading of the name of the capital gives a key to the fate of the nation which it symbolizes. Such a reading is, of course, very general, but the following examples will serve to show that national as well as individual characteristics are well defined by the name vibrations which the individual or the group carries.

## 1. PARIS

$$
\begin{aligned}
& 17-\mathrm{P}-8 \times 5=40 \\
& 1-\mathrm{A}-1 \times 4=4 \\
& 20-\mathrm{R}-2 \times 3=6 \\
& 10-\mathrm{I}-1 \times 2=2 \\
& 21-\mathrm{S}-3 \times 1=3 \\
& 69=15=6 \quad 55=10=1
\end{aligned}
$$

Ten is a changeable sort of number and foretells many ups and downs. Specifically, it is the number of political revolution, "the proud cast down and humble raised to power." We need scarcely remind the reader that in Paris in 1789 there began the French revolution-the prototype of all similar uprisings since. But there have been at least three forcible overthrows of monarchy since that time in Paristhe revolution of 1830 , in which Charles X lost his throne; that of 1848, when the second Republic was proclaimed, and that of 1870, when the last French monarch, Napoleon III, was deposed.

Ten, of course, digits to one, but ten is more flexible in character, has greater vision and accomplishes less. The individual letters of the name "Paris" show the total to be positive, since a majority of them are fortunate. The first letter, the "Cornerstone," vibrates to 17, a number of joy, hope and success. The middle letter, or "Keystone,". is a 20 , and speaks of "a call to action -new plans, new ambitions." .The last letter, the "Capstone", is very fortunate, while the vowels, both in the oneseries, give vitality and action. The secondary total, a 6 , stands for selfexpression, luxury and love-a Venus influence.
This seems to be a fairly accurate description of the atmosphere of the French capital-gaiety and energy, but through the 10 , a good measure of fickleness and change.
2. BERLIN

| $2-\mathrm{B}-2 \times$ | $\times 6=12$ |
| ---: | :--- |
| $5-\mathrm{E}-5$ | $\times$ |
| $5=25$ |  |
| $20-\mathrm{R}-2 \times 1=8$ |  |
| $12-\mathrm{L}-3 \times 3$ | $\times 9$ |
| $10-\mathrm{I}-1 \times 2=2$ |  |
| $14-\mathrm{N}-5 \times 1=5$ |  |
| $63=9$ | $61=7$ |

In contrast to the light-hearted Paris, Berlin shows us a solid and serious face, dominated by the seven of Conquest. Conquest has always been her goal, whether intellectually, politically, or through force.

The initial 2 is a weak foundation upon which to build the heavy structure of the 9 and 7 totals. It predicts antagonism and conflict, with many obstacles to the attainment of the ambitions of the 9 and 7 . There is no Keystone in a name of even-numbered letters, and this again leaves an unprotected spot, while the Capstone, a 14, is unstable. Fourteen is espécially concerned with political changes and with movements having to do with races and peoples.

As for the vowels, the 5 speaks of intellectual interests and symbolizes especially the Law, while the 10 , as in the case of Paris, means energy and activity, but many reverses. The 20 in connection with the 12 is more serious than the same number in the name of the French capital. It implies a desire to reform the world at any cost. It means that Germany sees herself as a great teacher and redeemer, but the 12 does not augur well for the success of her plans. It is the arcane of trials; violence and debasement.
3. LONDON
$12-\mathrm{L}-3 \times 6=18$
$16-\mathrm{O}-7 \times 5=35$
$14-\mathrm{N}-5 \times 5=20$
$4-\mathrm{D}-4 \times$
$16-\mathrm{O}-7 \times 12$
$14-\mathrm{N}-5 \times 1=5$
$76=13=4$

London has always been the choice of authors as a setting for their tales because it is a veritable whirlpool of human experiences. Five is the number of Experience and of the knowledge of good and evil and its lesson is the right use of free will. It teaches that the greatest liberty is in self-regulation and such is the creed of the Englishman.

Except for the 5 total and the two fourteens within the name, which also digit to 5 , the numbers of this set-up are all exceptionally stolid and down-to-earth. There is little that is cheerful and carefree about them. They are numbers of destiny and they bespeak Great Britain's seriousness of purpose and strong sense of duty.

The Cornerstone, a 12, is not a happy omen for the Empire and the vowel vibrations are even worse. The fourteens, as we pointed out in the case of Berlin, have to do with combinations of peoples and with race problems as tied up with political and economic
problems. Sixteen is the Arcane of destruction and downfall, and the 13 total speaks of sweeping changes.

London, like Berlin, has no Keystone in its name, but the D, which holds nearly the center position and which vibrates to 4 (as does the reduced 13 total), is an apt symbol of the basic strength of Old England. This is the number of "The Emperor," and it stands for solidity and foundation, for property, position and authority. It is a constructive vibration, extremely practical and cautious, but with determination and above all, tenacity. Its virtues are many, but it has no sense of humor and no flexibility, and therefore it frequently acts as an obstructing influence.

## 4. MOSCOW

$13-\mathrm{M}-4 \times 6=24$
$16-\mathrm{O}-7 \times 5=35$
$21-\mathrm{S}-3 \times 4=12$
$11-\mathrm{C}-2 \times 3=6$
$16-\mathrm{O}-7 \times 2=14$
$6-\mathrm{W}-6 \times 1=6$
$83=11$

In the two totals, the 16 and the 11 , we have a proper symbol of Russia's destiny. The 16 stands for Revolution -downfall and catastrophe, upheavel and destruction, and connotes especia:ly the sweeping away of old ideas and old forms. The 16 vibration has more than once proved fatal to royalty. The 11, on the other hand; while equally violent in some of its manifestations, i: more constructive. It is the Arcane of "The Muzzled Lion," and in the life of nations points the way toward the utilization of forces natural, political an! psychological. It is the number that beats swords into plowshares, and turns the genies of destruction into obedient slaves.

The Cornerstone of the name being. a 13 heightens the influences of the 16 . Thirteen spells death to reaction and apathy. The consequences of its reaping scythe may not always be pleasant, but it clears the way for future achievements.

The vowels, of course, repeat the 10 total and bring it into constant expression. The 11 total is also repeated. The 21 is a happy vibration in the midst of so many foreboding influences. The Capstone, a 6, places the city and the nation which it represents at a never-ending crossroads. Always there lie ahead Two Ways, the way of regeneration and accomplishment, and the way of evil and despair. Which path is chosen depends upon the courage and the vision of the people whose symbol this name is.
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# SCIENTIFIC $\operatorname{HEALING}$ 

## METAPHYSICAL HEALING

## $B y$ CAROLINE R. CLARKE

T${ }^{-1}$ HROUGHOUT the world today and through many avenues, thousands upon thousands of people are seeking that most precious of "gifts": Health; nor are such limiting themselves to medical or purely physical means of attaining to health, but by far the greater majority are turning to "Mental," Christian Science, Unity, or Hypnotic healing, or, in other words, what may be referred to broadly as Metaphysical Healing.

Healing or rebuilding the body through the power of the mind has been practiced throughout the ages, by all sects and all creeds; only, whereas until just recently the people looked to their priests to heal them; or to their family physicians, or, in the case of different native tribes, their "medicine men," today more and more are coming to the realization that many of their bodily ills may be alleviated, and harmony restored through the power of their own minds; or, in other words, through the proper holding of right mental concepts.
Differing from Divine healing, which, when successful, is instantaneous and comparatively rare, mental healing is, as a rule, brought about slowly; the reason for this being as follows:

When mental self-healing takes place it is the result of the physical brain "tuning-in" to Universal Mind or Intelligence in such a way that the "knowing" faculty of the individual realizes perfect health as a reality; thus pushing out of his consciousness any awareness of sickness or inharmony, thereby allowing that same perfect Mind which is in every cell in the body, to manifest its consciousness. Inasmuch as the body responds less quickly than does the mind, however, it takes time for the body to adapt itself to, and to become one with the ideal concept held for it, and here is where many fail in their attempt to build up a perfectly functioning body: At that point where it is essential for the thought of health to be maintained regardless of physical pains or disturbances, the mind is allowed to waver, the aches and pains assume once more their place in the consciousness and thus replace reality with irritating actuality.

The process or principle of rebuilding starts from within. You, though you realize it not, are the center of all that is of the whole. Universe.: What you hold in consciousness, you ARE. If you do not like what you are conscious of, then your consciousness must be changed; and this can be brought about in no more efficacious way than by building up in your mind a whole new ideal for yourself to be, and then, through holding fast to that ideal, so constantly liying it within yourself that you become that ideal.

It has been said that man learns to swim in the winter, and to skate in the summer. What is meant is that the best swimmers, the best skaters, the best performers in fact in any walk in life are those who, long before they may see water, or ever don skates, are first swimming or skating, etc., in consciousness.

For one in ill health, one of the best ways to attain to perfect health is, regardless of bodily discomfort or disease, to constantly picture in the mind the thought of health.

In spite of that ache or that pain or that ill or depressed feeling, not only mentally see but feel yourself up and about your business briskly and actively, feel the air you breathe exhilarating you through and through with renewed life, feel yourself enjoying and taking part in whatever sport may appeal to you, see and feel yourself radiant, vibrant, and glowing with health; strength and vitality. Live it, think it, and breathe it; and of one thing you may be assured; though it may be difficult to do, you will find one day, perhaps when you least expect it, that good health, or any other desirable condition or thing in life that you wish, will be indubitably and gloriously yours.

Do not forget for one instant that each cell in your body is imbued with mind-is mind; and that as you as the controlling factor of mind know and recognize this truth, so can you bring about an adjustment of any inharmony in your life or affairs which may be manifest. For every one able to bring about such adjustments, however, in their own life, there are thousands whose lack of confidence or ability to do this (for whatever reason), makes it necessary for another to do it for them, hence the constantly increasing number of variously-named healers throughout the world today, many of whom are doing truly wonderful healing work.

Incidentally, I should like at this time to bring out the following point: During my writing of these articles I have had many letters asking me what methods I use, and if I give any courses on healing-especially correspondence courses. For the benefit of those interested, I have this to say: Not all the written matter in the world will make healers. Only actual experience and supervised demonstration únder a competent healer and teacher fully cognizant of a student's every reaction, will enable anyone to express whatever of healing power they possess, to the full; unless-and such cases are rare indeed-a person is not only a naturalborn healer, but is capable of receiving instructions, not through books or
courses, but-direct from the Cosmic itself!

The written word may inspire to action, it may give an intellectual grasp of a subject, and it may be helpful. in many ways in giving one a certain amount of knowledge about certain things, but it cannot give knowledge it-self-it cannot supplant actual knowing and action, which, when rightly understood, are, in reality, one. For this reason $I$ give no instructions through correspondence, but through personal supervision only.

To return to our subject: Within the human expression known on this earth plane as Man, there are material conditions to contend with that will build up, or tear down, according to man's command or mental attitude.

It has been said that what the world needs is to know how to overcome illness through the power of the mind so as to keep the body physically fit. Workers today are not satisfied even with that, however. They do not want to know about such power, but they seek, rather, consciousness of the fact that they are that power. Being as we are a part of all that is, we have to learn how to translate what we know and what we are into action.

Today, knowing about a thing is of little account; what is important is: How does our "knowing" affect and activate our daily life?

Early in my studies in Christian Science and Unity, etc., I was taught that I should Know and Realize.

Christian Science seeks to instill in a patient the consciousness of absolute reality itself, which is comparatively simple for an advanced Truth student to understand, but it is difficult for a beginner, although "Science" is closer to the truth of things than most of its followers realize. What they do not explain is that you are the center of the Universe, and that around you all things revolve. You, in other words, are your own universe; nor do they instruct you how to grasp and make practical use of the "substance" which they say you are.

Unity, on the other hand, while doing a wonderful work through the use of affirmations does not seem to realize that it is actually giving existence to things through denial, only after that affirming their opposites.

Taking those, on the other hand, who claim to heal through hypnotism, I have yet to see a single permanent case of hypnotic healing; while as for ${ }^{1}$ self-hypnosis-a very different method from building up and holding fast to an ideal, the outcome of which causes one to become one with the ideal-I have seen people try for years to hypnotize
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# The Astrological Damon and Pythias 

## By ELBERT BENJAMINE

President of the Church of Light


Elbert Benjamine

IT WAS held in ancient times that the Twins were builders of cities and founders of empires. Picturing the section of the zodiac related in a natural birth-chart to brethren, thought and travel; and ruling the hands and arms of human anatomy; the stories about them show skill in the use of tools, dexterity in war, and often relate to travel.

In Peru they were believed to have built the first city, the symbol for them there being a pile of bricks; and Rome is held to have been founded by Romulus, after his twin brother, Remus, had been slain in a quarrel over a wall they were constructing. They had reached the site of the future metropolis as infants, drifting down the river in a boat which found lodgment in the marshes there.

The Romans thus regarded the heavenly Twins as having a special power of protection over them. Because they relate to travel they were frequently pictured armed with spears, riding side by side on snow-white horses, and Giecian temples thus retain them. The Romans, adopting the idea, struck a coin in their honor. The "pence" of the Good Samaritan was such a silver coin on which two horsemen were shown.

This protecting power of thought and skill was honored so greatly in the time of Imperial Rome that it entered into the customary oath. On our witness stands the Bible, as the sacred word of God, is considered the emblem of that high power which none should dare defy; but in olden Rome the solemn token of the sacred power by which they swore was Gemini. Passing to a less reverential generation, Byi Gemini, which to us is, By Jiminy, became a by-word of the street.

Six hundred years after the devotion displayed to : David by Jonathan, and three hundred years after the founding by one Twin of Rome, lived Dionysius, the tyrant of Syracuse. The Pythagorean sect then flourished, and
to those who joined its ranks, revealed the teachings of the still more ancient Stellar Wisdom.

Damon and Pythias were such followers of the great Samoan sage, developing their spiritual powers and learning about numbers and the stars from the same inspired instructor. Thrown constantly together in the school, a strong attachment formed between them, and their friendship grew as the horizon of their knowledge widened. The bond of religious brotherhood was strengthened through personal admiration.

Then Pythias, through some political indiscretion, came under the disapproval of the monarch and was condemned to die. He was a man of varied interests and financial matters, due to his absorption in his studies were rather at loose ends. Thoughtful of others, who might be left destitute by his sudden passing and of debts that rightfully should be paid, he begged the tyrant liberty long enough to set right these various affairs.

Quite naturally, the one who had condemned him to death wanted to know what assurance could be given,
if he were allowed temporary freedom, that he would come back and be present on the day of execution. Whereupon friend Damon stepped forward, pledging himself, standing ready to be slain if Pythias failed thus to return. In this manner, therefore, was the matter settled.

Damon was kept under closest guard, and as the day approached, speculation ran high whether Pythias should die or Damon. Some thought the teachings of the initiates in the school to which they both belonged had so imbued the friends with a sense of honor that, even though his life be forfeit, Pythias surely must return. Others, more numerous and more highly vocal, expressed their belief, and backed it with a wager, that he had made good his escape, having fled to some foreign land.

On the death-day excitement ran high and a huge crowd gathered. Damon seemed the least concerned of them all. And sure enough, as the time for the fateful ceremony drew near, here came Pythias striding through the multitude, to take his place before the executioner, true to his word and true
(Continued on page 29)



Haasan Osiris

## WORLD OUTLOOK <br> DECEMBER, 1935

$T^{\prime}$HE country is under very productive influences this month. There is a revival of trade and an increase in business. Money seems more plentiful: Optimistic hopes seem to prevail in various quarters.
Improvement in international relations with some countries and unsettled ones with others.

War clouds are hovering over many nations of the world and unrest in others.

Great strides in science and inventions will be made. Deaths of some notable people. The year ahead is an important one for the world and already there are plans forming for some monstrous ventures during the year.

Severe cold weather prevails in some sections and there are many sudden deaths-some from mysterious causes and also many assaults upon society by morons.

Governmental intervention in some labor troubles and confusion over public institutions. Remarkable deaths and sudden disappearances are denoted.

Death of a famous person that will sound around the earth.

The holiday season appears to be one that is marked with heavy spending, merriment and some startling news from abroad.

Generally speaking, this is an eventful but progressive month.

DECEMBER 1, 1935
For the Zodiacal Signs
aries
(For those born between Mar. 21Apr. 19)
Good influences prevail for you in the

# Bringing Your Stars to You Astrologically With Your Personal Daily Guide By HAASAN OSIRIS Author of "Astrological Birth-Control, the Nation's Greatest Asset," "Astrology and Surgery" 

Aries family. Some improvement in your finances but are in danger of being too extravagant. An excellent month for trips. Will meet new friends and form many interesting contacts. A month in which you can make your dreams come true if you keep active and determined.

## TAURUS

(For those born between April 20May 20)
After the siege of last month you can now expect improvement. The clouds will clear away and general increases in all of your affairs are indicated. Offers for trips should be taken advantage of. Plans that were delayed in the recent weeks may now be carried out successfully. Much popularity over the holiday season is indicated.

GEMINI
(For those born between May 21June 21)
I would ask you to guard your health and be careful of your reputation, as there will be gossipers around you who will try to cause trouble. Guard your health and prevent accidents in traffic. Possibly have some misunderstandings, so be sure to make yourself explicit on all points at this time. Do not let too much money get away from you over the holidays.

## CANCER

(For those born between June 22July 22)
December brings a series of confusions that you should master with practical acts and careful decisions. Not safe to act upon the spur of the moment. This is a time when things in general for you will seem to go wrong and you must keep them from going to
pieces by adhering to patience, tolerance and diligence. Unfavorable for money transactions or starting new ventures.

## LEO

(For those born between July 23Aug. 22)
You in Leo had better take a rest from strenuous activity now. There is an interesting program denoted but nothing real important. Leave urgent matters until some other time and concentrate mostly upon routine daily affairs. Short trips are favorable, but long journeys are not favored for you now. Mix with optimistically-minded people and remain quiet.

## VIRGO

(For those born between Aug. 23Sept. 22)
Go places and do things. Keep busy. Get as much accomplished as possible because in this fortunate month you can make your dreams come true. Excellent for travel and you will have several such opportunities. Gains, increases, many favors and gifts are indicated. The month inclines to progressive, happy and interesting experiences. New friends, romance, adventure.

LIBRA
(For those born between Sept. 23Oct. 22)
Here is a chance to carry out all of the idealistic plans that you in Libra usually have pictured out for yourself. Romance and adventure come to grace your experiences now. Some trips terminate successfully and new friendships that you add to your list will indeed be very sincere ones. All through the month you are blessed with gifts and increases.
(Continued on page 24)

# Personal Astrological Daily Guide 

# Gallery of Letters With <br> Their Meaning 

G: Capital G means a very good day. Ask favors, seek work, sign papers, promote your affairs, take trips, advertise, make friends, investigate, attend to everything of importance. Go places and do things.
g: Small $\mathbf{g}$ means. a slightly good day. On these days attend to usual routine, make offers, entertain company, visit, write letters, send telegrams, take short trips, improve your personal affairs. Buy things, sell and invest.
A: Capital A means an adverse day. On these days use care and caution in all dealings, avoid accidents, losses, thefts, and guard your health. Also be careful of misunderstandings and engage in no arguments. Take no risks or chances.
a: Small a means a slightly adverse day. On these days attend only to necessary duties, strive to keep cheerful, avoid hurts and wounds, make haste slowly and seek dependable advice before acting. Avoid domestic inharmony.
D: Capital D means a doubtful day. Quite likely on these days several alternate good and adverse influences prevail and you should be discreet in all activities. Do not take too much for granted-don't be too sure. Postpone things.
N: Capital N means a Neutral day. On this day the influences are equally balanced, therefore it is not a very important day. Go about your usual affairs with usual prudence and it will be a successful but uneventful day.
C: Capital C means a Critical day. On these days you should be unusually careful and cautious in everything. Be sure to avoid accidents; sudden losses, explosions, falls, hurts, cuts and bruises. Undertake NOTHING important.
F': Forenoon of this day is good, but the afternoon is adverse; therefore the A.M. should be considered as G and the P.M. as A.
P: Afternoon is good but the forenoon is adverse. Therefore the day should be considered as A in A.M. and $G$ in P.M.
E: This letter will be used in combination with other letters and pertains to the Evening of any day when the Evening influences differ from the influences of the rest of the day. A letter E added to any day means the evening is good for romance, pleasure seeking, amusements; visiting, short trips and general recreations.
V : This letter will also be used in combination with other lettexs

DECEMBER, 1935


Directions: First find the column which includes your birthday, then look down that column of letters until you come to the date of the month you wish (given at the left). After securing the keyletter for that date refer to the Gallery of Letters to find out the indications for that day. When more than one letter is given for any day look up both letters for that day and govern yourself accordingly.

This is a Daily Guide for each Zodiacal Sign for the present month.
when the evening hours differ from the rest of the day. The letter V added to any day means the evening is adverse for risks or ventures and it is best to remain at home and engage only in quiet recreations with friends or family.

Remember that when a day is marked $G$ it is good for most all progressive things, even though they might not be mentioned in the paragraph. Remember that a day marked $A$ is adverse for most all progressive things, even though they are not mentioned in the paragraph.

# The Secrets of Handwriting Revealed <br> AMBITION IN HANDWRITING <br> By KNUTE O. HOLM-Certified Grapho-A nalyst 

$I^{\mathrm{N}}$N A PREVIOUS article we discussed ambition as it appears in the handwriting of different persons. We referred to it as a force which carries people on to the goal they have set for themselves. It is their willingness to work and try to accomplish a purpose. An ambitious nature shows in the speed of the script. Also in the force of the strokes in general. But how that force called ambition is spent depends upon the direction given it by the desire of the individual in question. This is something very important because many people waste this force in useless or impractical efforts. And whether or not a person is practical in his or her ambition or application of whatever talent they possess is indicated in the crossing of the letter "t."

It is not always that the desire of the individual to accomplish something worth while coincides with his talent. A person may desire to accomplish a purpose. Or to attain a certain goal. Such a person will often make a mark for himself. Yet the writing of the individual may reveal he has talent for something else.

This was clearly brought out in the writing of a young woman who called on us recently. The swing of some of the letters, including the letter "g," proved she had talent along artistic lines. She would have made a very good cartoonist or show-card writer. Yet she is a nurse and is making good at it.

This only proves that the desire of the individual may at times offset the influence of the talent. Especially if the evidence of the talent is not very strong. It naturally follows that if the evidence of the talent as disclosed in the writing is strong the influence of the same will also be strong. It is then that the individual is more apt to follow his or her natural bent. The innate force of the talent arouses the desire to follow its dictates. This combination produces a force that makes it much easier for the individual to make the most of his natural ability. This is one thing people mean when they say a person follows his fate, or he or she was cut out for this or that very thing.

But what is this or that very thing that this or that particular person is cut out for? Is it doctor, lawyer, nurse, teacher, musician, artist or what?

To be a real success in the science of medicine the man or woman going into it must possess a keen analytical mind. This is brought out in the formation of the "m." This shows the individual's ability to analyze. A doctor must be able to look for things under the surface. He must be able to search out and locate the cause. But in order to do this he must also possess a deep
mind. This is brought out in the crossing of the letter "t."
If the writing as a whole shows ability to concentrate, the individual has more than an average ability to specialize along one line. And if the construction of the letter " $r$ " is of the creative type, he has a special talent for diagnosis; and as this is the age of specialization, it is advisable to specialize along the line in which the student shows the most interest.

Human sympathies indicated in the general condition of the strokes is another characteristic which would be of aid in this field of endeavor. The cold and unsympathetic physician would find this a handicap because the coldness would tend to drive people away. It is only natural that people should turn to a physician who is kindly and sympathetic.

Roughly speaking, doctors may be divided into two classes: the Physician and the Surgeon. The former may be expressive of the emotions as shown by the slant of the writing, but excessive emotionalism would be a severe handicap to the surgeon. The sight of blood, pain and suffering upsets an emotional person, and a surgeon working under a severe emotional strain would find this upsetting his ability to think quickly and systematically. The success of an operation also depends upon the speed with which it is performed. Nervousness disclosed in the irregularity or compactness of the script would slow down the actions of the person performing the operation; he would not be steady.

This brings out two more requirements of the surgeon: accuracy and speed. These traits are always disclosed in the formation of the letter " m " and the angularity or general condition of the words.

The surgeon may safely be sympathetic at heart. This always shows in the depth of the strokes, but the position of the strokes must prove that these sympathies are under control.

But there are other requirements necessary of those who would enter the fields of medicine and surgery. These are educational in scope and for these reasons do not show in the writing. It should be remembered that the capacity for acquiring an education does show in the script. Not the educational requirements in themselves, but for the benefit of those who may be interested we will mention a few.

In the first place, at least seven years of training are necessary for the medical student. This, of course, is over and above the four years in high school. Pre-medical college instructions take up two years. Class work in the medical school requires four more years. These years are filled with complicated
and difficult studies. Some of the subjects are modern languages, chemistry, biology and physics; also basal science, diagnosis, treatment as well as prevention of diseases. Lastly, the student spends a year or two at practical hospital work as an intern.

Another profession closely akin to both surgery and general medical practice is dentistry. This also requires a highly analytical mind as disclosed in the " m ." And like the surgeon the dentist needs natural skill in the use of the hands. This is brought out in the letter "r." Sometimes also in the smooth and rather odd swing of the letter " $n$."

In one respect at least the mental requirements of the Chiropractor and the Osteopath are the same as those of the surgeon and the physician; this is that the " $m$ " must show an analytical mind. They must be able to analyze and search out defects and locate causes. But in the case of the Osteopath and the Chiropractor it is very necessary that the "r" shows unusual skill and dexterity in the use of the hands. This is easily understood when one realizes that the success of the Osteopath lies in palpation and massage, while the success of the Chiropractor lies in spinal adjustments done with the hands alone. But in these two professions another requirement is necessary. This one is physical in nature and shows up in the small letter "p.". This letter must show the individual's liking for some form of physical activity, and persons engaged in one of these professions use muscular energy in bringing about a cure.

The legal profession may also be divided into two fields of endeavor and the requirements differ. One field is commercial or corporation law, the other is criminal law.

The commercial or corporation lawyer is as a rule reserved and somewhat dignified: This is disclosed in the position of the vertical strokes; also in the formation of the letter "d." It does not mean that a corporation lawyer is cold and unbending. It simply means that he is conservative in all actions and undertakings. This is brought out in the general compactness of the writing and is backed up by the position of the vertical strokes. The result is poise and calmness. But here also the " $m$ " must show an analytical sense of reasoning. A lawyer must be able to analyze his own problems as well as those of the opponent. That is, it will aid him in out-maneuvering the opposition. It would also be of great help if the length of the strokes showed a wide sweep of thought. This would show the individual had an innate ability to
(Continued on page 28)

# The Noetic Mind 

## By PAUL ELLSWORTH

## Is There a Lost Art of Creative Thinking?

## Reprint from Nautilus Magazine

$I^{T}$T IS almost tragic to see people trying frantically to do creative thinking in the way the schools and colleges teach them. A few flashes get in, from the subliminal mind, in spite of their determined efforts to shut out everything but hard, mathematical thinking. But the big successes I have met are men and women who have never lost the art of loafing, dreaming, letting the deeper mind do its work. I believe this tendency of civilization to inhibit and dam back the deeper mind is the cause of much of the so-called "functional insanity" which today baffles psychiatrists.

There are three main epochs in the development of every human being. The first is the period of physical growth, lasting, approximately, into the twentieth year. The second is the unfolding of the mind, in all its divisions. The third is spiritual awakening.

These three divisions are not, of course, sharply separated. During childhood and adolescence, the individual has something of a mind, and has spiritual glimmerings But the main trend then is the building of the body. So important is this work that Nature gives most of her attention and energy to it. She is preparing for the future -building a foundation. But in the third decade, she is free to start really opening up, unfolding, the latent resources of the thinking part of the individual.
Probably, under primitive conditions, this unfolding followed more natural and orderly lines than now; just as the early breathing of children is natural and correct, while the breathing of most adults is so faulty that they are hampered while they live and their lives are shortened by wrong breathing. Primitive people are intuitive. They see and observe, and after that the deeper portion of the mind comes into play. Civilization tends to cut out this important second step. We see and observe. Then we tense ourselves, and go to work with the top mind-the critical portion-to construct a working theory or program.

It is possible for any normal human being to regain the use of the deeper mind, the intuitive mind, the Noetic mind. The first step is to understand the various divisions of thinking. We see, we hear, we contact the world about us. The things we see and hear confront us with a problem, a situation, which must be worked out. The second step is-or should be-getting down into that primitive mind which creates, which originates. The third is to take the theory or the program
which this Noetic mind has created before the critical mind, and look it over.

Now let us get back to the second step. This is the part of thinking which civilization inhibits. When you read a news story or a magazine article, your theory has already been furnished you, and all you have to do is to criticize or evaluate it. Modern life may keep you so busy doing this kind of thinking that yot come to believe it is the only kind. So you must just take yourself by the shoulders, and back yourself up.

How do you do real creative thinking? One case history, from actual life, is worth a mountain of theory. A few weeks ago I received a letter from my agent in New York telling me that he had a market for a new radio series. He told me just what he wanted-the playing time, the type of drama, the kind of tratment. That was the beginning of the observational processgetting at the basic facts.

Next I consulted my files: more observation, more data gathering. In one division I found a double handful of clippings, cards with notes jotted on them, even a few clipped pictures. I spread these out on my desk and looked them over. More observation.

From this collection of data, I picked out several dozen items that fitted in with the specifications. I wanted material for a series of mystery dramas. Everything else went back into the file.

And right here we come to the important point in this method. The data gathering was complete for the moment. I had enough leads to start with. But I didn't settle back in my chair, compress my lips, and begin to "think hard." Far from it. I had reached the loafing period-loafing for iny everyday mind.
There is a day bed in my study. I lay down upon it and relaxed. Now wait just a minute-don't just read that word and forget it. When I say that I relaxed, I mean that I took time to get my body perfectly balanced, so that it would support itself without the tension of a muscle. That takes a little squirming around. I closed my eyes, drew in a few good deep breathsbreathing way down deep, with the diaphragm-and let them drift out. Then I proceeded to get into my tissues -into my arms and legs, my hands and spine and solar plexus and feet.
I did this by turning my attention on the faint tingle of life that is in these vital portions of the body, at all times. Maintaining that perfect relaxation, I shifted my mind from my head into my muscles, blood vessels, nerves.

Within a few minutes, I felt a tingle. a kind of stepped-up electric current. That told me that I was ready for the next step.

And that was to think of-nothing! Some of the brass instrument psychologists tell you that you must think of something every waking moment. Don't let them fool you. The intellect, the thinking machine, isn't the real you. It isn't even your consciousness. You can learn to lie perfectly awake, perfectly conscious, but with your everyday mind still, resting. You must learn to do this before you can switch in the deeper mind.
I lay for perhaps five minutes in a great, dark auditorium, supremely alive, perfectly awake; just resting, gathering power. This is the real "Silence." It is dynamic; energizing, creative. After you have learned to sink yourself in it, you can break a cold by just submerging and being still.

But I wasn't treating a cold. I was getting ready to write thirteen episodes of a mystery series for the radio. So, after I began to feel as if I was running over with energy, I took up one of the fragments from my file and concentrated on it. Almost immediately it began to build up into a scene. I lay with my eves closed for half an hour and I had the first and second episodes of my series ready to jot down.
The third step in thinking, remember, is to turn the material furnished by the Noetic mind over to the surface mind, the mind with which you are most acquainted, and let it even off the rough corners, smooth the whole thing into shape. This I did as I wrote down a brief synopsis, putting into dramatic order the scenes furnished me in the Silence.

That same afternoon I wrote the script and mailed it. Three days later I received a telegram stating that the series had been placed-with an excellent market.

For most of the last quarter of a century, I have been thinking in this threefold way: getting material by observation; incubating it in the Silence; criticizing and filling it out by the help of the so-called "intellect." Once or twice I backslid, allowed myself to become hurried and tense, tried to do everything the hard way. Every time this occurred, I got inta trouble.

If you are not succeeding as you should, hold a little council of war with yourself-and examine your way of thinking. Are you doing it scientifically?

I think not. Because, if you were, you would be demonstrating success. Take time to get acquainted with yourself. You were born to win!

# Wsychic ©xperiences 

## Told by Our Readers

## Spike's Presentiment

by G. H. T. Mahncke

SPIKE was a half-grown pup when Ralph found him one cold and rainy day. Ralph was always finding homeless dogs, or they found him, which amounts to the same thing.

Pets were a problem at our home. Madge specialized in cats, strays or discards, and when mother revolted, as she sometimes did, it evolved upon Joe or myself to conduct them to the animal shelter for disposition. Many verbal tempests resulted which were always intensified by Ralph's new acquisitions. These by common consent, his own excepted, were usually sent off to find friends elsewhere.

My recollections do not recall a time when dogs and cats were absent from our home. Father was tolerant and mother acquiesced: Stella protested the nuisance while Joe and I exercised indifference. Because of the cats and dogs, we youngsters also led much of a cat and dog life among ourselves.

Spike indicated no particular breeding. His was a composite ancestry and about all that could be said for him was that he was just a dog. Upon Ralph's pleadings he was permitted to remain for our canine assets had been reduced to one by virtue of several accidents. Rover, who had been with us about ten years, did not object to the new member of the family.

Ralph was Spike's number one god. Joe and I were recipients of a lesser degree of friendliness, but the remainder of the household were only obeyed when expediency demanded. A few chastisings and considerable scolding from Madge taught him to leave the eats alone.

Ralph was the youngest and seventeen. Though afflicted with indifferent health, he was endowed with bubbling enthusiasm and good nature. The doctor had repeatedly cautioned the family and him against unusual excitement owing to the condition of his heart. He and Spike were inseparable pals when school or visits with friends did not intrude. Between them there was unusual intimacy and understanding.
The boy's intense love for dogs and horses made him a welcome visitor at the home of Bob Mason, his schoolmate and chum, situated in the heart of the Kentucky blue grass region. During the Spring races at Westover Bob sent him an urgent invitation to be his guest. Spike, now a year old, remained at home and as this was not the first time the two had been separated, the dog adjusted himself to Ralph's absence with whatever canine philosophy he possessed, though he sometimes cocked a wistful ear and occasionally
inspected Ralph's room, he exhibited no special concern.
Ralph left on a Tuesday. At three o'clock on the following Sunday afternoon Spike was drowsing in the warm sunshine of the back yard. Suddenly he arose, raced wildly to the front of the house, then up the stairs to the front door, whining and pleading for entrance. When mother opened the door he hurried to Ralph's room on the second floor and examined all parts of it, including the bed. Then he searched every part of the house.

We thought the dog had gone insane. but after a time his frenzied hunt ceased and in a state of exhaustion he settled on the doormat with head between his paws, eyes and nose pointing down the street, softly whimpering.
A few minutes before five o'clock a messenger arrived with the following telegram: "Ralph suffered a heart attack at three o'clock and passed before the doctor arrived. We are heartbroken. Winified Mason."

## Death, the Gate to Life

A Personal Experience Related by Rev. Bertha H. Bicketi

T${ }^{4} \mathrm{HE}$ occurrence which I relate took place more than forty years ago. It was in a small town wherein I had been reared among people who were entirely orthodox.

My brother who was seven years of age was drowned in the Ohio River and the shock of his death was so great that my mother lost her mind through grief. We kept the body for more than a week ${ }^{n}$ on ice. It was never embalmed.

The burial took place one morning and that night my brother appeared before me. I was so surprised that I lustily exclaimed, "I thought that you were dead." He replied distinctly, "I have come to tell you that there is no death."

I then asked him to go to mother and tell her that he was not dead but was awaiting her in the spiritual realms. This he did on the following night and here is the experience that she related to me the next morning:
"Last night as I lay in bed looking. out at the moonlight, our boy came floating in through the open window until he stood at my bed, and these are the words which he spoke to me; 'Mother don't grieve, I have had a new and beautiful birth. But your tears keep me on the earth plane. Please promise me not to cry any more, so I may go on to my spiritual home.' He then told me that he had come for a
particular mission, and with that completed, it was necessary for him to go on."

The great joy that came to my mother with this knowledge tools away all grief and brought her mind back to its normal condition.

The incident illustrates beautifully how the Truth of the continuity of life becomes the supreme healer, which hovers above the world like a great white spirit that bears for all mankind, peace and freedom in its wings.

## A Psychic Revelation <br> by Beatrice Conroy

I WOULD like to tell you of a psychic phenomena which was told me by my mother the day following my favorite brother's passing.

My brother, Bobbie, who was only seventeen, was slowly dying of cancer: in a hospital. My mother sat by his bedside holding his hand and watching for she knew that his life on this earth was nearly completed. As she faithfully kept watch she knew that he had slipped away into the Great Beyond but she was with him, walking by his side.
Whey passed into a beautiful, green field and then on to a shore of glistening, white sand which bordered a lake of crystal clear water. Drawn upon the sand was a canoe in which stood an Indian, with folded arms, waiting for my brother. With no spoken woid, Bobbie stepped into the canoe and he, with the Indian, were wafted across the lake by an unseen force.

On the; opposite side of the lake stood my mother's father and mother, also my youngest brother-the three having passed over many years before.

As my younger brother and the Indian were in the center of the lake, my youngest brother stepped into a waiting canoe and came to meet them, then side by side they continued the journey. As Bobbie neared the shore, he turned, smiled and waved "Goodbye". to mother. She witnessed the joyful reunion of the loved ones and then was immediately returned to the material plane.
In telling me the story she said, "I know that I was not dreaming as my eyes were open but I do know that I have had the wonderful privilege of going as far with Bobbie as earthly bonds would permit and now have the comfort of knowing that he was met by our loved ones who will care for him and love him just as we do."

## Whe ODots' Gage

Time and Tide<br>by Paul Jans

"No regrets" is a tribute to Him who permitted us to live.
Say it bravely, at any age."
-Elizabeth H. Swallow.
Like a star
we circulate in life's procession eternally, though retrogression a little space distorts our pace and makes it seem
a losing race . . .
The blueprint of the skies' vast plans revolt not through evolving spans. Though relatively we will see, dull rhyme or reason, until free.

Life<br>by Stella Flowers Hastings

Sweet music in the twilight
Comes like a small white moth (Softly) !
The years wax and the years wane (Softly) !
Youth comes and goes
(Softly) !
Old age creeps on
(Softly) !
In retrospect
Life seems but a changing dream
And in the end
Our footsteps shall descend
Across the Great Divide
(Softly)!

## Soul of Mine <br> by H. M. Horne

"We come and we go, knowing least of that law
That impells and fulfills.
The law of progression avails,
We go on, ever on and I wonder sometimes
As I list to its chimes, as it pulses away,
Does consciousness sleep, does it.dream Of life's multiform powers supreme,
So secret in law? Mind defies.
Be they complex, or lone.
Chime thou on Soul of mine,
Till I know in myself the divine
Cause and effect, the science of life."

## Dreams of the Dusk

## By RACHEL ALBRIGHT

When earth's mellow sunlight has faded away
And pale wraiths of twilight lay waste to the day
In far hinterlands the lonely ones smile
And drift with the dusk light to earth for a while;
They peer in tall windows, at flames on the hearth,
These folk of the veiled land who hunger for earth;
They hunt out the billboards; who once loved a play
Will leave all Heaven for a new matinee.

Girls come with the concourse, their hearts still to let,
What's Eden to those who can never forget
The touch of warm fingers, the thrill of the kiss
Of lovers whom even in Heaven they miss;
Young mothers come searching-(How madly they fly
To kiss a wee face and to soothe a low cry!)
Men come with white hair, with hair that's still black;
(The ones who fought dying are glad to get back
If but for the hour that meteor-like flies
From setting of the sun to stars in the skies.)

The chisel, the test tube, the lyre, the pen,
And these are the ones-Ah, hear their deep cry-
Whose work was undone when a mandate said "Die."
Ah, look! There's a dancer. She's young and she's fair.
She dances-Ah, see her-She dances on air
And on a great stage through soft curtains of blue
A starry-eyed actress comes on at her cue
And smiling and dimpling, with joy in her heart
She plays for an hour an unfinished part.

The gentle ones hasten here, longing to see
Loved lands and the places which make memory
Long scrolls done in azure or tinted in gold
That all through eternity ever unfold
The joys and the glad times, the sad times long gone
Before these were ordered to hush and pass on;
And these are the ones (How soft are their calls!)
Who touch the green trees and caress ivied walls.
As dear to their hearts as the folk who lived there-
A strange million rushes to pick up The losers, the lovers, the gallant, the again fair.

In shadows, in halftones, the pastels of dusk,
Are hearts still aglow in a somatous husk;
At twilight they're happy; they've proven their worth
At heavenly tasks-their reward is the earth.
Though ears of the world may be deaf to their hail
And our striving be vain to pierce the drawn veil;
Yet when my heart's aching for her I still love,
I know in the shadows is she I think of.
I know she is there though I somehow can't see
The eyes that so gently are smiling at me,
But less is my grief and my sorrow long pent
In secret is softened as -I catch the scent
Of odors so loved that I dream of them yet
As worn by a girl I can never forget.
... Chimes softly sound and great bells gently toll-
A keeper frorif Heaven is calling the roll;
The arc lights flash on and the stars gaily gleam-
The words that I've written seem only a dream . . . .

I rush to the window . . . a gust of night air
Blows by me to mock me from somewhere out there.

## BOOKS and WORK

## of J.C. F. GRUMBINE

Some of the most helpful and interesting books on Spiritualism and Psychic Development have been written by him. They are practical, spiritual and of a high inspiration.

- Clairvoyance-Cloth, English edition. First practical book ever written on the subject; teaches practical book ever written on the subject; teaches you how to penetrate the veil of sense, see spirits
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## NUMEROLOGY

## Your Name Analyzed

By Mary Adams

Send fall mame and present signature, also year, month and day of birth. Communicationa without nato and addreas will not bo answered. Analyais should pertain to yourself and not to someone elae. Addreas NUMEROLOGIST, The Occult Disest, 1900 North Clark Street, Chicago, Illinoia. Namas are mot amalysed privately for a stamped, self-addressed anvolops. The sarvice in she magasino is froe and is designed to help thosa who are in distress.
U.A.L., Ind.-You are fitted to deal with the public; are sympathetic, friendly. I think you would be a better doctor than executive. You are more social than executive. Your signature is all right.
P.K., N. Y.-Your name is excellent. You have an instinctive understanding of people and how to handle them. You would make a good salesman. You are versatile; friendly, a favorite; but be careful not to sow' too many "wild oats."
V.S.M., Calif.-You are well adapted to be a teacher, wife, mother, helper, welfare worker or to follow any line which makes people happier or better. Your full maiden name was perfect. With your married name use the middle initial, either "S" or "A."
K.A., Calif.-Since you do not know your exact birthdate I cannot analyze it. Your name shows versatility and the ability to handle details.
G.F.E.; N. Y-Reversing your name has no effect. You are creative, original, independent; with a keen analytical brain. A tremendously strong and successful name for you to use would be Francis E-
E.M.S., Fla.- Your signature and birth path are identical, which makes excellent harmony. You have a great love of music and the ability to handle details and routine. You are a follower rather than a leader.
M.A.W., Mich.-You are extremely analytical; versatile, full of enthusiasm. Your personality is that of a teacher and helper. You would find studying occult subjects very helpful. For best success use the signature MA E.R.L., Pa. - You have artistic tastes and a good sense of humor. You are active, persistent, with executive ability. You are entertaining, a good friend, a good talker and a good helper.
C.W.B., Ill-Your signature, C. W. B - is better than your full name. You need more contact with life in a broad field. Meet as many people as you can and give out help and friendship.
P.M., Can.-You will have better harmony if you use an initial-"S," "J" or "A" would do, but your present signature is out of harmony. You are held by many details and a narrow environment. Try to broaden out and serve your neighbor.
C.A.S., Calif.-You have a very strong birthpath (22) and should "go far" towards success; but I fear you are not using this strong vibration. You seem to be living as a " 4 " instead of a "22." You are honest and helpful but you have much more power than you are using.
A.D., Wis.-Use the initial "B" with your first name-not your husband's name. Seven or nine would be "lucky" numbers for you. You will succeed better and understand life better if you will read along occult and metaphysical lines.

E:C., Can.-You desire a reunion more than your husband does. Association with you fetters and hampers him; he craves greater freedom. You try to dominate him and hold him down. Remember, you do not "own" him. Seek to correct your own attitude.
L.J.T., Mo.-Eleven and four are both numbers that you can use successfully. You are analytical; skillful with your hands; generous and open in your dealings. The entire universe is built on vibration; both sound and spoken numbers or words are vibration, hence sound and numbers are the basis of the entire cosmos. You need to read along these lines; you should learn how vital sound (vibration) is.
E.J.P., Ind.-Your signature is better than your full name. You are very introspective and suppressed, but you have vibrations which should take you out into the world in a wide field of activity to make people better or happier. Begin to forget yourself and serve others.
M.V.M., Colo.-The birthdate you sent and your own are in perfect harmony; also your signature. You are both practical, progressive and have lots of common sense. This is all I can tell, since you did not send me "his" name.

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I.M.H., N.Y.-The future begins to brighten about January, 1937, and steadily grows better. The drabness lessens immediately, the illumination comes later. Have courage.
W.B.B., Ill.-Sorrow enters your life for a season then the ray of light pierces the gloom and you are again serene and happy.
E.C., Can.-You can look for a material change about the middle of February, 1936, after which life will give you more happiness and increased purpose.
E.McC., Ala.-Keep up your courage; the dark hour is passing and the wish of your soul will be granted.
P.J.W., Tex.-There is nothing you can do but wait for the time which will bring with it the supply it requires.
E.J.P., Ind.-The pending crisis will pass ultimately for your great good; at first you will be distraught but accept it as it will work out to your advantage and advancement.
E.J.W., Ill-You do not need to worry; the plunge will be a cleansing and then the building of superior service to your life.
T.P.W., Nev.-I can frankly say "no" to your inquiries. Your hope lies in keeping a steady hand on your posses-
sions. 1936 settles some questions definitely for you. Watch and wait.
M.A.F., Mo.-Not at present or for a long time but when the chance does come it will fill your life with completeness. Wait.
A.C.H., N.D.-Positively yes, but you must do your part.
R.B.A., O. - With some minor changes, yes.
B.F.M., Ill.-Do not give up; success will crown your work.
F.T., Mass.-Hold your peace for six months more when a change will come.
P.K., N.Y.-All depends on yourself, how justly you can look upon matters; just don't hurry and worry will cease.
B.J., N.Y.-Hold everything; times will change in the next two years for your betterment and much to your surprise.
M.V.M., Colo:-No, and you will be glad it is no; better chances will come to you.
C.N., Calif.-Not unless you know their names and the towns in which they live. Then the postoffice can assist you in the delivery of mail.
J.F.D., Wis.-Your trouble is the result of an accident which caused you to fall heavily. You need an osteopath physician first and a good masseurist to first adjust your body and later to bring back your circulation.

## Sound and Electricity

an element that is too active, for it would abstract its energy from it.

When currents of electricity are increased to high pressure and tension they make loud droning sounds while coronas give us a hissing sound.

Helmholtz, the German physicist, successfully reproduced vowels with unmistakable clearness by vibrating tun-ing-forks by means of electro-magnets.

In order to hear various programs by radio we must tune in on the proper wave length or frequency. Exactly the same thing happens with our organ of hearing. The ear receives all wave lengths automatically by the cochlea: How it is accomplished man may never know, although an automatic tuner will be possible when the secret is discovered.

Nature is not a disorderly, evoluted thing, but well planned and executed by divine determination.

The bone in which the middle and
(Continued from page 6)
inner ear lie is called the petrous bone and is the hardest bone in the whole body, most likely conducting sound very much better than a softer one would.

Anyone who thinks that sound is produced by vocal cords and that we can control their movement surely believes in miracles to the $n$th degree.

A tuning fork vibrates on account of the property of the metal to oscillate with like kind which is an energy effect, the electrical wave length being the same in both.

It is a proven fact that solids carry more sound combinations to the ear than air does.

The intensity of sound varies according to the law of physics, which is equally true for light, heat and gravitation. The intensity varies inversely according to the distance, so that the further off the sound is the less audible it is. The more dense the medium the more readily sound is transmitted.
(Continued next month)

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M.E.H., Pa.-The condition of some of the words indicates you take an interest in several subjects. A good deal of curiosity is also shown in the "m." You never jump at conclusions. Your mental process is such that you systematically reason things out.
A.J., Colo.-There is no reason why you should be afraid. Your mind is clear. Your intelligence is higher than the average. You need training and a little more self-reliance. The reason for your feeling the way you do is to be found in the emotions.
M.A.W., Mich.-Good will-power and a tenacious mind show in your strokes, especially the " $t$." Once your mind has absorbed something it sticks there. Your persistence adds to your general ability. Curiosity, a desire to know and a willingness to learn are all in your script. But you have some weaknesses which you need to overcome.
E.R.L., Penna.-There is no doubt you have ability to analyze. You have natural ability for the work you mentioned. Your diplomacy proves you can handle people. You certainly can be trusted with professional secrets. Although you resent imposition, you are a peaceable person.
C.W.B., Ill.-Although you are not such a good mixer, you are very friendly at heart. It shows that you need to expand your friendliness. Your writing shows a broad mind; color sense is very good. You are also talented along certain lines.
P.M., Canada - Concentration is really one of your best points, but this ability is upset by your energetic nature. This mental energy and your natural initiative are responsible for your desire to do more than one thing at the time. Science, scientific research, chemistry, chemical research or something along these lines are what you are talented for.
C.LeR., Ill.-When you have made up your mind about something it is
very difficult for anyone to change your attitude. One reason for this is your perseverance causes you to hold on to everything, including your opinions. The other is, you are too stubborn and do not always face facts squarely.
W.W., Mich.-From the condition of the script it is not so difficult to see that you possess a great amount of nervous energy; this energy drives you on and is responsible for your restlessness. In fact it must be spent; if not you would soon become extremely nervous.
E.J.W., Ill:-The formation of your "d" proves that you possess a very strong sense of pride, also that you are loyal to your own ideals or code of ethics. You take pride in intellectual accomplishments and possess a keen mind.
R.J., Ill.-Concentration is one of your good points, and although you are interested in many things your interests do not clash. You have the ability to do things well. Accuracy is disclosed and your attention to details is good.
A.C., N.Y.-There is mental virility disclosed in the connecting strokes of your script. Your capacity for acquiring knowledge is much better than that of the average person. Energy and aggressiveness are both shown in the force of the strokes, but you are too sensitive. Some of the loops also show that your imagination runs along mental or spiritual lines.
C.A.M., Calif.-We regret that Handwriting analysis does not answer your kind of questions. It is strictly a delineation of character, or a method of self-improvement. A tenacious mind is disclosed in some of the strokes and you are very logical in your process of reasoning. When your mind has absorbed something, it sticks there. The curved condition of some strokes indicates that you have a great deal of self-control.

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A.Y., Wash.-Your destiny does not change much until next summer, when you will have what you desire.
K.J.S., N. Y.-Stay where you are. Nothing to be gained by changing at this time.
J.S., Ill.-She will be with you a long time yet.
U.A.L., Ind.--The appointment will be delayed slightly, but you will later secure it elsewhere.
E.E.P., Ont., Canada-Yes, more than one important change takes place next year for you.
P.K., N. Y.-In the spring of 1936.
V.McL., Calif.-The change you speak
of will occur in the late winter or early spring and will be very beneficial.
G.F.E., N. Y.-No birthdate.
M.A.W., Mich.-A temporary slump late this winter and extra expenses. Improvement in the spring and summer.
C.W.B., Ill. - Continue with your present work.
A.S., Ore.-His condition is chronic. See your physician.
E.L., Penn.-The future gives you success in your profession and a happy marriage later:
D.M., Colo.-Wait for something better in the spring.

## Now IIs Your Cbance

We still have a few remainders of The Psychic Power magazine-published in 1923-24. Look over the contents and judge for yourself the wealth of Knowledge they contain. There were ten forty-eight page magazines published in 1923 and twelve of forty-eight pages in 1924.

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[^1]
## Bringing Your Stars to You - (Continued from page 14)

## (For those born between Oct. 23Nov. 21)

You in Scorpio need to watch your health carefully and not take any unnecessary risks or chances. Guard against getting mixed in the disputes of other people. Avoid taking sides with others. Guard your speech and prevent accidents through carelessness. Undertake no risky ventures. Poṣtpone travel. The holidays are pleasant but take care of your health.

## SAGITTARIUS

(For those born between Nov. 22Dec. 21)
Confusions are things that come to all of us sometimes-so if you are not able to get ahead as rapidly as you would like now, do not be surprised. Keep your temper under control and start nothing new. A good idea to guard your health and be careful to prevent accidents in traffic. Undertake no long journeys at this time, but shorter trips are favored.

## CAPRICORN

(For those born between Dec. 22Jan. 19)
You in the Capricorn family will seem to be running around in circles and getting nowhere much. Do not let this upset you. Keep yourself amused
in the refined entertainments and do not plan any urgent things now. A good time to replenish your wardrobe and to attend to all personal things. Short trips to visit friends can be taken safely-but no long journeys, please.

## AQUARIUS

(For those born between Jan. 20Feb. 19)
First half of the month looks very good for you and denotes some pleasant surprises and interesting meetings. The last half of the month suddenly becomes unsettled. Then you should be careful of your health and also be cautious in whom you trust or place confidences. Refuse to worry over trifles. News of sickness of friends may come more than once during the month.

## PISCES <br> (For those born between Feb. 20Mar. 20)

Elevation or promotion is sceduled here for you of Pisces. If you seize your opportunities you will come through the month with very great success. Sudden trips will end beneficially. Renewal of old friendships. Some old desires can be realized now. News of bereavement, but I judge it is not close. Develop all new ideas that come to mind at this time.

## Reading the Signs - (Continued from page 9)

place on the higher levels let him understand that the whole universe is standing open before him. Let him understand the greatest Truth in Lifethat yearning for a fuller and nobler life comes not from his own puny mind but out of the Infinite-it is the voice of the Great Sculptor of Character trying to show you the magnificent design that He has worked out for you and you alone. Each day at dawn the world is born anew and with it a new opportunity for every living soul to take on a new birth into the nobility. To the man in possession of his normal faculties ignorance of the Laws of that new birth is unpardonable.

It has long been the shame of America that in the past a man's value to society has been measured by the size of his bank account. We are beginning to see that at the bottom of that valley through which we are passing lie the skeletons of many of our time honored institutions and traditions. We have seen that our material possessions can fall into disuse and become as clods of earth in our hands, that the great wheels of commerce to which we pointed with such pride can stop and rust, that our gigantic factories and the machinery of industry can topple in their own dust. The events of the past few years should convince the most skeptical materialist of the folly of ignoring the Laws of Being. The man that fails to recognize misfortune, suffering and privation as a Divine admonition must
go on stumbling and falling until the Light of Truth is revealed. He that is chastened should know that he has been walking in perilous ways and that a Divine Hand is but driving him into harmony with the Great Plan.

America has passed through the great purging which has separated the dross from the fine gold in the souls of millions and out of the crucible is emerging a new born America conceived in the Infinite as the birthplace of freedom for all the nations of the woild. The Prodigal Son has tired of the husks of Life and has taken the path to his Father's House. The cries from the souls of Mankind have been heard and all the forces of the universe are moving in response to those cries.
"Call unto Me and I will open the windows of heaven and pour out such abundance that there will not be room to hold it."
It is a promise. Have faith in the sound principles upon which America is founded and watch the signs of the times. The Spirits of our Immortal Washington and Lincoln are walking abroad over: the land and we shall see within the next two decades the unfoldment of a new Golden Age having its inception in America and eventually encompassing all the peoples of the world in a great brotherhood in which the ruling motives are Love, Understanding and mutual helpfulness in evolvement of our greater selves.

## Scientific Healing -

themselves into the belief that all is well with them, when just the reverse is the case, their self-delusion making matters worse, rather than better.

With full appreciation of the good that such schools of thought do, and having witnessed many excellent results, there are still too many not benefited to satisfy all who seek their aid, and-still the search goes on.

The occult teacher and instructor of today has no wish to fill anyone's mind with mere affirmations or denials, or to tell you about what can be done. He seeks, rather, to unfold the Law within you yourself in such a way that you will understand all laws and know how to use them scientifically not only for yourself, but for others.

Such methods, such laws and principles, cannot be learned through correspondence courses. Such instructions must be imparted direct.

Think, for instance, what healing involves!
It deals not only with man's physical welfare, but with his mental, moral, and spiritual welfare - with every phase, in fact, of his daily life.

Among other things, one must, too, familiarize oneself with the chemicals of the body and how to add, through the power of mind, chemicals that may be needed; this being done by taking chemical substances out of the "ether," as it were, mixing them, and placing them in the blood-stream.

In order for one to rebuild his own or another's body, one must learn that the body is not the material thing we think it is, but an expression of God or Universal substance; and that it is possible, through knowing the laws, to add to or to take away from the body, whatever may be needed for its perfect expression and functioning.

The soul, the brain, the body, are connecting links with the great All. I do not seek to induce in the mind of any patient the self-hypnotic thought that all is well, but seek, rather, to arouse the desire to be well in such a way that, if the patient is capable of building up a new ideal at all-a new life-pattern-he himself sets into motion whatever factors are necessary to make that ideal become the real.

Nor is man's WILL the most important part of this "treatment." According to most metaphysicians, everything seems to depend upon the will"You must will yourself to do this, that, or the other thing!"

Mere willing alone is not sufficient, however; on the contrary, it many times is the cause of much harm, through "willing" the wrong thing! "Thy will be done, not mine," is the safe rule to follow, for few among us know what our real needs are, whereas God, Principle, the great All-ness, always knows.

We may will for a long time to do certain things, to bring about certain effects, but unless Wisdom is our ally, the day will come when our human wills will suddenly "give out."

## (Continued from page 12)

Have you ever noticed that the moment a man wills a thing he instantly becomes tense? And the moment that there is a tenseness there is a tightening of the nerves. which, as any doctor will tell you, causes the body to become incapable of responding to whatever might be of aid.

One may. "will" to go through a trying situation with courage and fortitude. The will in that case has played its part. Expressed so positively that courage and fortitude become absolute convictions of the inner self, then the outer self will follow suit, and the will may be set aside. It has served its purpose-it has induced in one the qualities desired to face the situation with courage and fortitude. You see my point?

When it comes to being healed, relaxation is necessary. Will to relax, if you wish, and then-relax! Allow the healing power to flow through you. Go within yourself, as it were, and open up the channels for the higher Will to marifest within you and through you, then you will attain an inner poise and balance that will make it possible for you to hold your own through eternity.
"In days gone by," Hoffman says in Psychology and Common Lifo, "disease was treated by external applications, by means of plasters, poultices, cupping, etc. Later, medicines were administered through the stomach, then by hypodermic injections; but in the time to come the wise physician will apply treatment to the brain, the central power-house of the body." The central power-house of the body, yes; but even more important than the brain is the solar plexus; and I believe that in time to come man will be taught how to control the solar plexus in such a way as to learn the occult meaning and control of the body, for his everlasting welfare; for man receives impressions not only through the brain, but through other parts of the body as well.

It has been proved, for instance, that the brain is very slow in responding to any impression when concentration is used on the solar plexus. There is a nerve in the center of the body located in the solar plexus, which when properly focused on, will slow up all general bodily activities.

Every occult student knows that each cell of the body, as stated before, has a "brain" or consciousness of its own, an intelligence that causes it to perform its particular function in the body, when normal, in juist the right way at the right time.

As has been said, too; many times, there is no time or space, and as we become consciously aware of this fact and that every cell is a "receiving-set" all its own, we learn that the brain is not the main part of the body, but that it is merely a necessary part to make up the whole as long as man needs to function in a physical body.
(Continued on page 27)


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war. Man therefore wants not a hoof or horn, or any other natural weapon', inasmuch as he is able with his hand to grasp a much more effective weapon, the sword or the spear. He is enabled moreover by means of this instrument to clothe himself with armor of various kinds, or to entrench himself within camps or fenced cities. Whereas were the hands encumbered with any natural armor, he would be unable to employ them for the fabrication of those instruments and means, which give him such a decided advantage over all other animals of creation."

In reasoning on the utility of the hand as characteristic of the human species, Galen thus expresses himself: "Man being naturally destitute of corporeal weapons, as also of any instinctive art, has received a compensation, first in the gift of that peculiar instrument, the hand, secondly in the gift of reason, by the employment of which two gifts he arms and protects his body in every mode, and adorns his mind with the knowledge of every art. For since, had he been furnished with any natural weapon, he would have possessed the use of this alone on all occasions, or had he been gifted with any instinctive art, he would never have attained to the exercise of other arts, hence he was created destitute of those insulated and individual means and arts which characterize other animals, inasmuch as it is manifestly preferable to have the power of making use of various means and various arts. Rightly, therefore has Aristotle defined the hand to be the instrument antecedent to, or productive of, all other instruments: and rightly might we, in imitation of Aristotle, define reason, as opposed to instinct to be the art antecedent to, or productive of, all other arts. For as the hand, though
itself no particular organ, is yet capable of being adapted to all other organs and is consequently antecedent to them: so reason, though itself no particular art, is yet capable of comprehending and applying all, and may therefore be considered as an art antecedent to all others. Thus man alone of all animals, possessing in his soul this general and original capacity, is justly endued in his body with this general and original instrument."

In alluding to the skeptics of his time, the language of Galen is as follows: "Whoever admires not the skill and contrivance of nature, must either be deficient in intellect, or must have some private motive which withholds him from expressing his admiration. He must be deficient in intellect if he does not perceive that the human hand possesses all those qualifications which it is desirable it should possess, or if he thinks it might have had a form and construction preferable to that which it has, or he must be prejudiced by having imbibed some wretched opinions, consistently with which he could not allow that contrivance is observable in the work of nature."

Galen then sums up this part of the argument: "The contrivances of nature are so various, and so consummately skillful that the wisest of mankind, in endeavoring to search them out have not yet been able to discover them all." And nearly in the same words, expressive of the same sentiment, does Solomon say: "Then I beheld all the work of God, that a man cannot find out the work that is done under the sun, because though a man labor to seek it out, yet he shall not find it: yea farther: though a wise man think to know it, yet shall he not be able to find it."

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Of the Occult Digest, published Monthly at Chicago, Illinois, for October 1, 1935.

State of Illinols, County of Cook, ss:
Before me, a Notary Public in and for the State and county aforesald, nersonally appeared Effa E. Danelson,
who, having been duly sworn according to law, deposes who, having been duly sworn according to law, deposes Occult Digest, and that the following is, to the best of her knowledge and belfef, a true statement of the ownership, management (and if a daily paper, the circulation), etc., of the aforesaid publication for the date
shown in the above caption, required by the Act of shown in the above caption, required by the Act of
August 24,1912 , embodied in section 411, Postal Jaws and Regulations, printed on the reverse of this form, to-wlt:

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## Scientific Healing - (Continued from page 25)

There will be many who will scoff at the idea of a single cell having a consciousness of its own, but stop and think: Just as man's body may be considered as being one cell in the universal All-ness, so does one cell within the body express a completeness within itself just as important to the body as the body is important to the Whole.

For those who cannot grasp the fact that a single cell is capable of receiving and acting upon impressions, just as the brain does, remember that we are:dealing with MIND.

Man has confused the mind with the brain and the resultant activities of both he refers to as being consciousness, and so forth. If man would stop giving a natural life-giving activity so many names, students would not become so bewildered and confused. Mindabsolute Mind - is everywhere, in everything. If this were not so, the cells of the body could not react to Mind-could not have a consciousness of their own apart from the brain; could not, in other words, be made to respond to healing thoughts directed by another !

Students of scientific research and materia medica are realizing more and more that there are no miracles-all is.

Much food for thought is contained in the following dispatch issued by the Associated Press on August 18th, of this year:

## BOY. WITHOUT BRAIN LIVES 27 DAYS; ACTS NORMALLY

New York-A baby boy lived 27 days after birth with only fluid in the cranial cavity instead of a developed brain, it was revealed today after an autopsy.

The child was boin July 21 and died Saturday morning. A member of the St. Vincent's Hospital staff, who declared the case was rare to medical science, said that for his first six days
of life the infant was apparently normal.
"Despite the belief, behavior is dictated by the brain," he said, the child ate regularly, cried lustily and moved his limbs freely. "As remarkable as anything else about the case was that the infant reacted to pain tests," the physician said.
"The present diagnosis," he said after the autopsy, "is cerebral agenesis, which means that the two hemispheres of the brain failed to develop.
"After the child died we removed about 10 ounces of fluid from the cranial cavity."

He asserted an X-ray after birth showed a partial collapse of the lungs, but "there were no outward indications of an abnormality until the seventh day."

Then, he said, the child's appetite lagged and he partook of food only fitfully.

Simultaneously the baby's skin became slightly bluish, starting on the face and extending over the entire body within a few hours.

In the last few days the child's head began to enlarge slightly. The identity of the infant was withheld.

As in days of old in Egypt, India, and other ancient countries, I predict. that the child of the future will be taught the occult significance of his body and the special relation each organ bears to the whole, in this way learning absolute control of his body.

When that time comes, then healers of whatsoever school will no longer be necessary: Man will be his own healer, his own physician, his own metaphysician.

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## Handwriting - (Continued from page 16)

reach out and influence people. The commercial or corporation lawyer wins his case by a clear, systematic and forceful presentation of his side of the argument. Emotionalism is seldom employed in order to win a verdict.

But emotionalism plays an important part in criminal law. That is, it is a powerful weapon in the hands of a clever criminal lawyer. Criminal lawyers have been known to cry all over the court room, figuratively speaking, in order to influence a jury. Emotionalism is always brought out in the force of the strokes and the slant of the writing. Then if the sweep of the strokes brings out an enthusiastic nature this, together with the emotionalism, increases the ability of the criminal lawyer to appeal to the feelings of the jurors.

If the loop of the letter " g ," or several other letters, discloses a strong imagination it adds to the ability to practice criminal law. In fact, an active imagination is one of the GraphoAnalytical requirements of the criminal lawyer.

Imagination plus a keen mind shown in the " $n$ " will enable a lawyer to reason by analogy. This has many a time proved to be an effective weapon in the hands of a clever lawyer. Through his imagination he has built up a series of incidents which, while not actual, seem to prove his point. Where the accuracy of the letters proves the corporation lawyer wins his point by a calm and clear presentation of facts, the criminal lawyer uses his imagination and his emotions in order to appeal to the feelings of the court.

There may be some readers interested in academic requirements of the legal student. And for those who may find them of value we will mention a few of them.

Everyone really thinking of taking up law as a profession is seriously advised to complete a full course in Letters and Science before going into the study of law. This requires four years and does not include a two-year course of pre-legal college study. Some of the subjects covered in these courses include economics, social science, history, political science, and even philosophy.

During the first two years the student may be required to take up such subjects as physical as well as natural
science. A few others are foreign languages and mathematics. Any student whose writing does not show the keen mathematical " $m$ " may find this study difficult. Naturally, a lawyer needs a great command of English if he is to be able to present his case. In order to acquire this, courses in English literature together with composition are necessary. Some even advise the study of Latin. A general knowledge of business, preferably finances and accounting, should also be seriously considered. Ability as an accountant and for business is shown in the analytical " m " and the size of the writing. Also in the condition of the writing as a whole.

There are a good many people who possess talent along some particular line of endeavor. Yet they do not seem to be able to get any place. The reason for this is usually some weakness that has crept into their character. The "m" may show a person to be too modest. Such persons are too timid to strike out or try very hard, especially if they have to meet many people. They are afraid they won't accomplish what they set out to do even if they make the effort. The result is that they are almost, if not completely, beaten before they start, and it is nothing else but their own timidness that beats them.

It is hardly necessary to say that no person is perfect. Nearly everyone has some pet weakness. This is true of even the most successful men and women, although it may not seem so.

But at the same time a strong character and a genuine desire to win out is very necessary if a person is to succeed in the professions mentioned in this article. Talent alone is not enough. Decisiveness indicated by the formation of the base line is one very important characteristic. It shows that the mind of the person concerned is settled and traveling along one line of endeavor. Good will-power and a deep mind are also necessary when it comes to mental application or studying. A deep mind shows a person has a great mental capacity. He has a place, so to speak, where he can safely store his knowledge. If a person desires to study for something but feels he is lacking in capacity he should still go ahead. His mental capacity will automatically grow, although his progress will be slower. But the results are more than worth the effort.

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## Damon and Pythias

to his friend.
So impressed was Dionysius with this loyalty of friend to friend and with the teachings which gave so high a sense of honor, that not only did he free Pythias and spare his life, but he also asked to be admitted as a member of the Pythagorean order.

No less dramatic and also concerned with the absence of one, is the Greek story of Castor and Pollux, after whom the heavenly Twins now are named.

They fell in love with the daughters of Leucippus. But as these maidens already were betrothed to the sons of Aphareus, resentment was expressed by these earlier suitors toward the Twins. At last the rivalry ran so high that insult was passed, resulting in a challenge to battle. In the course of the fight Castor was slain.

So great was the attachment of Pollux for his brother that he walked up and down the earth, disconsolate and filled with sadness. Interest in life had departed and he longed to die, but this he could not do, for unlike his absent brother, he was immortal.

Jove, from his Olympian heights, perceiving the vast distress in the heart of the surviving Twin, took pity, and permitted Castor to share his brother's immortality. Yet in so doing he stipulated that but one of the two could be on earth at a time, the other remaining confined meanwhile in Pluto's dark realm.

The mind of man, after the manner thus described, is acknowledged to be two, the objective and the unconscious, linked inseparably so long as earthly life shall last. The objective mind, being entirely dependent upon the physical brain for its expression, is, like Castor, subject to the forces of death. But the unconscious mind, persisting in the astral realm after the dissolution of the physical, like Pollux, is, in truth, immortal.

Every experience of life, every thought, every emotion, whether recognized by the conscious mind or not, registers itself in the substance of which the astral body is composed. This astral form, which interpenetrates and activates the physical in the waking state, is an organization composed of four-dimensional substance built up by such states of consciousness, which in their higher manifestation we call thought.

Physical elements, acted upon by the processes of life, combine into the protoplasm which, with its secretions, constitutes the basic substance of which the matevial body is composed. Thought elements, which in such simple states are called urges, enter into combination to form the psycho-plasm of which the four-dimensional body is a similar compound. And as protoplasm and its secretions are further organized into osseous, muscular, nervous, and other physical structures, so, under the influence of additional states of consciousness, four-dimensional structures within the astral body are formed.

## (Continued from page 13)

This is a never ceasing process; for each new experience and each mental reaction adds four-dimensional material to the inner form or affects, in some manner, its reorganization. And this inner form, together with others of still more dimensions that may also be built through still higher feelings and thought, constitutes the character, the unconscious mind and the immortal soul. It is the Pollux who can not die.

The so-called conscious or objective mind, embraces those states of consciousness, thought, feeling and visual images, which, through the etheric energies that connect the four-dimensional and three-dimensional forms, impress themselves strongly on the physical brain. Castor is mortal, because when the physical brain ceases to function he exists no more.

Yet when Castor is on earth, when the objective mind is active, as in the fully waking state, the unconscious mind, Pollux, is below the threshold of consciousness unable to express except imperfectly on the physical plane. He is chained in the realm of invisible forces, in Pluto's dark domain.

But when Castor finishes his daily sojourn and departs through the process of sleep, himself to enter the realm of darkness, it is then that Pollux holds full sway. In dreams the unconscious mind finds experiences such as it desires, visits the halls of learning and weaves a pattern of fantasy which, more frequently than not, is all the memory brings back to relieve the monotony of the waking state.

Not that the activities of Pollux, the unconscious mind, are less vivid, or less real. But relating as they do so greatly to the four-dimensional plane, where greater freedom and unusual properties exist, the reports so often contradict the possibilities of three-dimensional life, that viewed from this plane they seem but a blurred confusion.

Yet the experiences of Castor, the three-dimensional expression of mind through the office of Pollux, the fourdimensional consciousness which retains them as well as its own, do not perish but persist in the realms of the immortal beyond.

Jonathan and David were like Castor and Pollux in the eternal bond of their affection. And just as David was wont to soothe the troubled spirits of King Saul by playing on a harp, so is that harp still pictured, as anciently, held by a heavenly Twin.

When King Saul sought the life of David, it was Jonathan, who Ioved David as his own soul, who saw to it that he escaped. He made a point of quickly reporting the whim and purpose of his father; and on one occasion when the peril was most high, he devised a means by arrows, that David should be enlightened that danger threatened.
(Continued on page 31)

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## The Cities of the World - (Continued from page 11)

## 5. TOKYO

$22-\mathrm{T}-4 \times 5=20$
$16-\mathrm{O}-7 \times 4=28$
$11-\mathrm{K}-2 \times 3=6$
$10-\mathrm{Y}-1 \times 2=2$
$16-\mathrm{O}-7 \times 1=7$
$75-12$

That the Japanese Empire is headed for a swift destruction there can be no doubt, if we heed the portents of these numbers. The 9 total, ordinarily positive, must here be construed as the sign of Mars; the God of War. Nine always stands for force and fire. How this force is used is another question. The secondary total, 12, is likewise an evil omen. It warns against the sacrifice of the higher to the ends of the lower, against the elevation of greed at the expense of spiritual values.

The Cornerstone, a 22 , is a further element of destruction and negation. It often means " $a$ short-lived success, pride before a fall, achievement followed by ruin." It is possible for 22 to be positive, but at great cost, and only when lighted by a great spiritual inspiration.

The Keystone gives considerable organizing zeal and the ability to lead and direct large enterprises. It speaks
of "determination, direction of force, accomplishment of ambitions." These are, however, often attained only through force and discord.

The vowels complete the picture of upheaval. The 16 and the 10 together are very bad for crowned heads and instituted authority of all kinds.

The impression given by the whole is that Japan is following a fateful course which can end only in self-destruction.
6. WASHINGTON

$$
\begin{aligned}
& 6 \text { - W - } 6 \times 9=54 \\
& 1-\mathrm{A}-1 \times 8=8 \\
& 21-(\mathrm{S})-3 \times 7=21 \\
& \text { (H) } \\
& \begin{array}{l}
10-\mathrm{I}-1 \times \mathrm{x}=6 \\
14-\mathrm{N}-5 \times 5=25 \\
3-\mathrm{G}-3 \times \\
22-\mathrm{x}-4 \times 12 \\
16-\mathrm{x}-7 \\
14-\mathrm{x}-5=14 \\
107=8
\end{array}
\end{aligned}
$$

We have here peculiarly contradictory influences, and this is fitting when we consider the diverse elements which make up the American scene. The 13 total itself is a sign of variability and change. In its positive aspect it often upsets the best-laid plans of men and statesmen, but it leads to constructive
departures and allows no moss to grow on the stones in the pathway of progress. The 8 total brings in Karmic elements and shows Justice to be the foundation stone of the nation.

The Cornerstone speaks of "Two Ways"-a continual choice between the higher and the lower. The A, I, and $O$ vowels begin with the strong leadership of the 1 , lead to the vacillating tendencies of the 10 , and thence to the destructive vibration of the 16. Treating the SH as a single letter, which it is phonetically, gives us an N for a Keystone. The 14 always represents the interweaving of many forces, most of them hidden, and brings much economic and political activity.
The $T$ and the $O$ are not fontunate together and imply considerable upheaval and difficulty, but the Capstone returns to the dominant 14 vibration, showing that the lessons of the Keystone are eventually learned, though only at the cost of intervening troubles. On the whole, the name Washington is positive and constructive, but it is not an easy name under which to live. But let us remember that despair can make the best of numbers spell failure, while courage raises any vibration to the realms of spiritual accomplishment.

On every page of The Occult Digest you will find an idea that you can make your own -and pass it on. Truth has no master or boundary line., - effa e. danelson

## Signatures - (Continued from page 7)

In many ways the seekers tell us of their contemplative seeking. Al Ghazali understood it as the three degrees of prayer, one of the lips, one of the resolute will, and one as free as thinking, as spontaneous as a bird-song; and in the core of that prayer, prayer had ceased, as in the core of typhoons an utter quiet, a hush of all things, broods. A man no longer knows his body, no longer knows his soul, but is wholly engaged in going toward his Goal. That is like the Spanish Nun's three orisons of recollections, quiet, and contemplation, a continuous process where in meditative action one's soul pours out toward God. So Molinos also knew three inner silences, of speech, desire, and thought-and old Monk Richard of St. Victor's flock built up his contemplative stages, his expansions of the soul, from alienation of earthlies to acquisition of all the heavenlies, where the eye of intelligence sees things no human eye records. That is the prayer of perfect understanding, the contemplation that has succeeded in becoming the thing contemplated, the synthesis of inaction and action, of knowing and not-knowing, of self and un-self, of the mirror and the thing it mirrors, in one total, simple Real. This is the mystic Path.

There is, it seems, if these and kindred journeyings by folk of many faiths are to be trusted, a sense-consciousness which is super-sensual, a step beyond the normal intelligence, beyond that frontier of two worlds that John Gerson calls the Understanding, to a contemplation that meets with the
unsubstantial Contemplated and merges with it. Of all these variant phicases that in symbol form speak of the inward search, I like that downright way best of Catherine the Genoese, whose three great categories of transcendence were simply in and out and over. The contemplative entered in into herself only to go out from herself and be lifted up and over the phenomenal world of movement to its dynamic source.
This is the privilege of mysticism: to go in, if there be any inward life, and out, if there be any outward life, and over, if there be any over life, any borderland to cross, any unseen horizon, where, mirage-like, the seeming great gulf fixed shall prove to be only shadows upon extended plains. However real the world, its flowers and fruits and green things, there is at least this much more to it: that we may turn at times away from it, open a shut door, and enter a garden close where, in imitation of the long-gowned, simple monks of old, we may walk secretly and cultivate the things found growing there. It may well be that even in this mechanized century we may find God walking in the cool of the day.
"The fool," so old Thomas Brown the Seeker tells us,
"Contends that God is not-
Not God! in gardens! when the eve is cool?
Nay, but I have a sign;
'Tis very sure God walks in mine."
(Continued on page 32)

## Damon and Pythias

A place was appointed where David should come in hiding to receive the signal agreed upon. Both bow and arrow are still to be seen clasped in a Twin's hand, and the robe also is there which was given to David. Three arrows were to be shot as if Jonathan were practicing at a mark. If he spoke to the boy with him, saying, as he started to retrieve the shots, that the arrows were this side of him, David was to know that he was safe. But if he said, as he was compelled to do, that the arrows were farther on, it should be a signal for David to depart in haste.

On still another significant occasion it was his wife, Michal, who saved David from the wrath of her father. This was accomplished by using a pillow of goat hair and covering it with a cloth, as if David were prostrate with a fatal illness. The bed was brought to Saul at his command, with the expectation that he would hasten the demise, but the one he thus sought to destroy had meantime effected his escape.

Thus again the goat was employed, as so often is the case, to symbolize the power of use. David possessed ability, and after the manner of the ad-

## (Continued from page 29)

joining decanate of Taurus, in which a goat and her kids are pictured in association with the Master, Elijah, it is made plain that his powers were not being employed for selfishness, but for the nation's good.
So long as David worked constructively, so long as his thoughts were directed to the accomplishment of some good end, he was helped by those nearest to him. And to the extent that any other person is able to live a completely constructive life, will he also receive the maximum benefit from his environment.

Nor is the harp pictured with the heavenly Twins without great significance; for thoughts enter into beneficial compounds, which in turn attract fortunate events into the life, to the extent there is that harmony between them at their birth so completely portrayed in the harmony between Damon and Pythias, Castor and Pollux, David and Jonathan.
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## Signatures - (Continued from page 31)

Less seeing folk, puzzled by the mystery of things, may well wonder when they turn their steps inward which is the mirror and which the real, which the garden, indeed, five-sensible, or su-per-sensible-the apparently outward plot of cultivated land, inward nevertheless in one's consciousness of it, or the undoubtedly inward garden, which may for all that be a reflection of an outward fact, of a super-sensible real, of a thought not in man but in That Which Is Beyond?

To Plotinus the idealist, the outer world of matter, the world of appearance, seems to have had an actual and not merely an ideal existence; he believed in the world, that there was a sort of substantiality to it, as to a mirror, but that its realities were merely distortions of something far more real; yet that Something More was matter, too, or at least not merely thought-a substantial background, a world of fact and actuality, the inner of nature's outer, or as he himself phrased it the Form that informs matter. It is that which nature mirrors; it is that which in contemplation the seeker enters into and feels by some sixth sense to be the true-a garden within a garden, a world within a world. It is that which one finds within oneself and calls Paradise. Correspondences! Earth and Yesod; Egypt and the perfect Land of Isis; Isles of Greece and Blessed Isles; circled worlds of spirits like Saturn's rings about this cloudy globe of ours-inner realities all of them which men find not by outstretched hands but by indrawn thoughts. So the mystic doctrine leads us by natural law to the spiritual world, as Drummond has it, through beauty to the Beautiful. Paracelsus tells us that each creature of time is a signature of the Beyond, the representation of an idea, the embodiment as it were of a soul, the husk of some better thing which actually exists, not subject to either space or time. The world is' a parable that speaks of something else; a symbol, but the symbol of a fact; an emblem, but an emblem meant to be read, and full of rich meaning for the heraldic translator.

Let us put all this into other language and say that the world is a manifestation of spirit, corresponding with spirit, and that looking upon the physical one intuitively senses a spiritual fact there, a mystery half revealed, new heavens and a new earth not beyond but within the visible universe. Everything is what it is-and something more; for the symbol always must be the very thing it symbolizes, so that all the earth is sacramental and interprets God to man. There is matter within matter, life within life, soul within soul; or so the mystics dream. Does not Dionysius the Areopagite say that all existent things are symbolical manifestations of the super-existent?

At least, if the road be traversable by human feet, by human thought, a
contemplative seeker may hope to cross horizons not crossed before, to go beyond the stern beauty of the earth to something sternex, grander still. But not by physical labors. If one journeys this untrodden trail it must be quietly and at leasure; the beauty of the world must somehow be brought into one's heart and spread out there in wide landscapes of the supersensible; it is there that one must travel to reach the truth of things.

To know the inner secret of the garden men pull and pry, looking out with the aid of microscopic glasses upon the fairy universes there. They match and compare, select and classify, mate this with that, graft here, prune there, and bring new beauty and new form to being. But the secret, always there at the end of the garden tool, escapes their skill, and all the prying of mechanical eyes. The unlettered dreamer in a shadowy corner, loafing, if you will, at ease and inviting his soul, pouring himself out in rapt contemplation upon some bit of green life, is the one who searches out the secret that no scientist may touch. For thought meets thought, and soul meets soul, and only mystic contemplation may claim to having pierced the veil. It apprehends, even though it may not comprehend.

And this, the mystics tell me, is what it apprehends: that the two worlds are three, and all the three are one; matter in spirit, spirit in matter, and both in the Ground of both; or, let us say, earth in heaven, heaven in earth, and both in God. This flower and its corresponding thought, its inner force and energy of being, this symbolic moon overhead and the unseen that it symbolizes, these signatures written along the sky in serrated peaks and He whose signature they are, melt somehow and are fused to one. The upward jet of being of which Bergson writes, the downward flow that men call creation, these are one fountain of life. Was it not Boehme who in contemplation saw that with God thought was act, and that substance is therefore in some sort out of God? Even so, the overladen fancies of longgone Gnostics saw God coming down in tenuous emanations of himself into the visible and tangible world of matter, and matter aspiring up in ever purifying flame toward uncreation. There is, it seems, a law of thesis and antithesis, of systole and dyastole, of upward energy and downward rest, and the two laws are one in a high synthesis. "In Yes and No all things consist," in strife is peace, in withholding granting, in death, life, and in contraries, unities. This is the door that contemplation opens, and at once the three worlds intersect. "All the road to Heaven is Heaven." Terrestrial and celestial, matter and spirit, mind and body, life and death-only the obverse and reverse of the medal which we name-God.

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