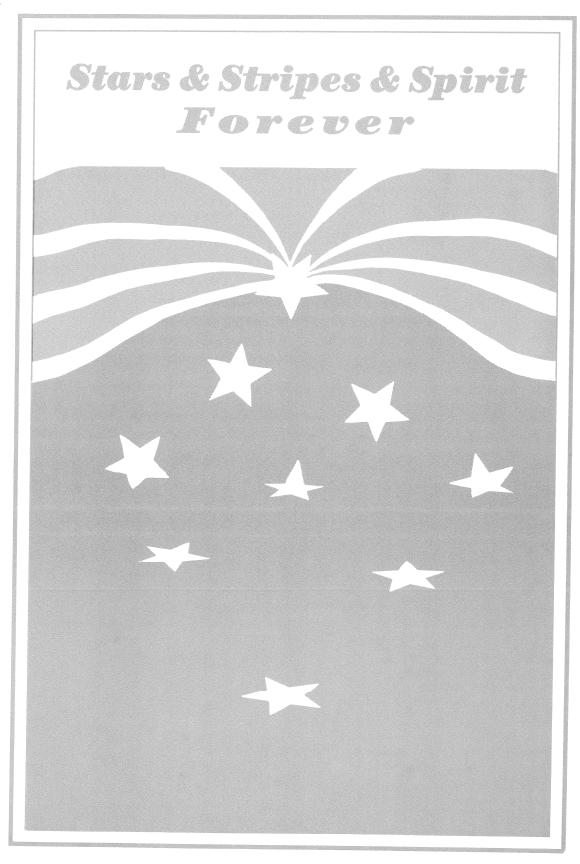
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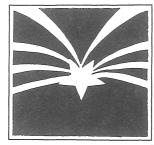
THE NATIONAL SPIRITUALIST



SPIRITUALIST THE NATIONAL SUMMIT

NUMBER

OFFICIAL **PUBLICATION OF** N.S.A.C. - USA



PUBLISHED SINCE 1919

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Teachers Have Patience

By The Rev. Frances Scher, NST Development needs to be gradual.

TEED YOU

SANDRA PFORTMILLER.

THE FOURTH OF JULY, filled with its celebrations, fireworks and pride for our country reminds us also of some of the slogans used for recruiting men and women to serve America in the military. We need you! and Be All That You Can Be! Think of these savings in terms of Infinite Spirit talking with you. GOD NEEDS YOU! You are here in this physical expression to do something for the Infinite that only you can do. How wonderful to understand that we are each unique and needed — the world would not be the same without us. Divine Spirit works through each of us in our expression of life.

This also places a responsibility on each person to discover what the purpose of their life on the earth plane is and then to work daily with this purpose. When we strive to BE ALL THAT WE CAN BE, then will we be fulfilling our life plan.

First, there is the search for the purpose. The teacher within shows us the way and then we can continue to define, or redefine, the purpose as we travel along our pathway. Our purpose becomes our connection to the Divine Spirit, our direction for each day, and our way of associating with others and with the world around us. A purpose is not a physical goal, it is a Spiritual opportunity. Just as the Universe is always on purpose, so can we each

be guided by our own individual

purpose.

Meditation often helps us to discover and to be inspired as to just what we are to do. When I have gone within to search for this direction, each time what I see in my minds eye is a great big smile. I have interpreted this to mean that I am to give away smiles, kindness and fun to others. My purpose might be to use my smile and enthusiasm to support and inspire others as I work to live in accordance with Divine Love and Law. Or my purpose could be to smile lovingly at all life, all humanity and all situations. Until I gleen a different definition, I will follow these purposes. Direction can come in many ways: from a book, a song, a lecture, a friend, a child, or nature can inspire something that brings the awareness or guidance you desire. This often

arrives when you are least looking for it.

In day to day experiences, there are always decisions to make. By repeating the purpose of your life's plan, you can be assisted in your decision. It is a wonderful guideline to help keep on track. The Universe is our friend and supports us in our growth. We know this by understanding that God is ALL life, so we are all ONE. When we are following our purpose, the conditions of our life run rather smoothly. Yet the Universe continues to support us when we veer from our life's commitment by getting our attention to view our intentions. The Divine Source of All is forever on purpose, and life is perfect.

Arnold M. Patent, in his book, You Can Have It All, writes, "We only believe in our own perfection when we believe that everyone else is perfect. When we see another person as less than perfect, we really see our own imperfection. This occurs to call our attention to a part of ourselves that we do not love. We should be very grateful for these experiences, for as we learn to love another person, we are really learning to love a part of ourselves."

Infinite Intelligence is ever mindful of the creations in the universe and continuously sends signals to guide and support these creations. Humanity has been given free choice or free will so awareness and growth is up to each

> soul — personal responsibility but the Living Presence of God is evident in all life, in all opportunities, in all moments, in all society.

> If God Needs Us, we want to be aware of how God Needs Us. The dictionary defines awareness as consciousness. The thesaurus also lists cognizant and knowledge next to awareness. We live in our consciousness, thus if we can become more aware of a life guideline, we can better plan our actions to express Infinite Intelligence.

> When you meditate to define your purpose, think of it in terms of the Divine Source working through you. Keep God in mind, for purpose cannot be a goal, cannot be of the physical, such as earning lots of money, or building a new structure, or giving up a habit. Purpose is

> > (Continued on next page.)



(Continued from previous page.)

Spiritual, God doesn't need you to do physical things. although they may be a portion of the expression of your purpose. God is Spirit. God is Love. God is Law. God is Light. God is ALL. God is Infinite Possibilities. Set your purpose in terms of some of the attributes that you know about the Living Presence of which no one can know all. Let your purpose be simple so that you will use it and keep it in front of you. Let your purpose be universal so that it is applicable in all countries, with all peoples, in all situations. Repeat your purpose several times a day to connect you with how you are here to serve God and your fellow world travelers. Let your purpose be about giving. When you follow your purpose, you will find joy and be a joy to be with.

We come to awareness by levels, so your purpose may be altered as your level changes. Each time we change our thinking in any way, our life must also change. Therefore, if you put a Spiritual purpose before everything you do, think of the magnificent transformation you will attract. Be open to Divine will as much as you can be, and your pathway will be wondrous. The human mind cannot even imagine all the great ways that God can manifest.

Dr. Wayne W. Dyer writes, in Real Magic, "Authentic empowerment is a different kind of journey. It is found on the path of alignment with your soul's purpose. With each step that you take to align yourself with your soul's purpose, you further empower yourself."

Set your direction to the spiritual and keep this light in front of you. Find your personal purpose through meditation, or inspiration, or use one of the suggestions listed below, until you feel so guided to change it. Begin and experience the glory of God working through your life.

> My purpose is to walk in love and peace trusting the Divine Will of the Living Spirit.

My purpose is to be loving and accepting of all life.

My purpose is to create joy and laughter in loving ways.

My purpose is to accept and encourage and share with others.

My purpose is to experience reverence for all living things.

My purpose is to live and demonstrate harmony and peace.

My purpose is to teach God's truths of love and law and light.

ONTHLY

In this column we list Favorite Sayings to Live By. Please send in your sayings that have helped you,

for they may in turn assist another.

> "When someone's interpretation changes, a change in his reality also takes place."

— Deepak Chopra, M.D.

"The Golden Rule is of no use to vou whatever unless vou realize that it is your move."

- Dr. Frank Crane

"The Will is the very essence of Individuality. Will Power in action becomes Reasoning Power, then our instinct or Intuition responds to a kindred vibration and becomes the Path of Light."

 Florence Becker, 'The Science of Being'

"Why do I want to play the role of healer? This is crucial to what one does with the process of healing and importantly to what the process of healing does to the individual so engaged."

> - Dolores Krieger, 'The Therapeutic Touch'















Contemplation tratio

Lillian Johanson,

Spiritualists are aware of the ability to see, hear and feel the presence of spirit. How do we do that? As we quiet our own thoughts, still our own minds, we are able to open ourselves up to the voices, sounds and sights of the spirit world. These voices, visions and colors are always present in the world of spirit as it co-exists with the physical world in a rarer rate of vibration.

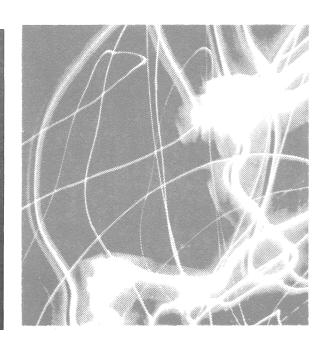
When we can lift our own rate of vibration, then can we tune into the spirit world about us. When we open ourselves up to love and eternal life, then do we give our spirit loved ones an opportunity to come in contact with us. When we reach an awareness of that inner spark of Infinite Intelligence within, then can this Divine Source share with us some of the vastness of the spirit world which it includes. God makes no distinction between the carnate and incarnate worlds.

It is difficult to believe that only a few have mediumistic abilities. Mediumship is a gift that is bestowed upon all, and as they choose to develop this faculty, so will the mediumistic powers grow. Like any other endeavor, we all have our special abilities and talents.

There are many ways in which spirit can express itself through us both mentally and physically. There is billet reading, psychometry, healing, trance, slate writing, automatic writing, spirit photography, independent voice, trumpet and many other phases of mediumship.

Spirit healing is one of the most needed aspects of Spiritualism today. "A Spiritualist healer is one who, either through his own inherent powers or through his mediumship, is able to impart vital, curative force to pathologic conditions." With todays concerns for costs and availability of adequate health care for all, it behooves us all to focus on this phase of our religion.

In order to develop our own mediumship, it is necessary to pay special attention to our daily sittings for the purpose of spirit communication. We require correct instruction which can be obtained in our development classes. There we learn how to contact and identify our spirit band, our loved ones who are in the spirit world, and



become familiar with their rates of vibration. Remember, the more time and attention we pay to our unfoldment. the more proficient we will become.

Most of the phenomenal mediums I have known have literally spent years consistently sitting for a given phase of mediumship. Sometimes they did not achieve what they had originally set out to do, but were led to an equally exciting Spiritual mediumistic ability.

Just think, if we spent as much time on our unfoldment was we spent watching television, what kind of wonderful mediums we would develop; and if we put as much money in our collection plates as we spend on un-needed items, we would realize infinite abundance. Contemplate what you desire from Spiritualism, from mediumship, from life, and then use your personal responsibility along with God's wonderful laws to make it a reality.

PRAYER: Creator of the Universe, Infinite Intelligence, Loving God, I contemplate the wonder of Your Law, Your Light, and Your Love. Thank you for all life, for all beauty, for all blessings, for all harmony, for all understandings, for all challenges.

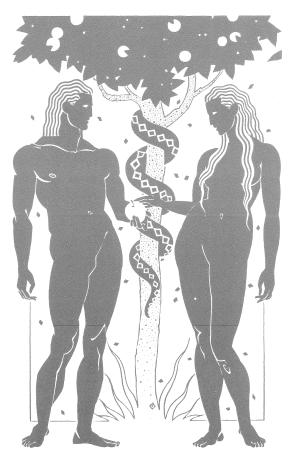
Perhaps, actually, this title should be written, *Just Who ARE Adam and Eve?*

The story of the fall from grace of Adam and Eve is one of the most misunderstood in the Bible, it being an allegory. The dictionary defines this word as: 'the expression through symbolic figures and actions of truths or generalizations about human conduct or experience.'

First of all, we must remember the time in which these writings were written. The writer wrote them in a way the people could best understand the truths he was trying to

Just Who Were Adam and Eve?

BY ROMA PLAGMAN, IOWA



teach them, as Jesus taught sometimes in parables, using common experiences in the people's lives to illustrate a spiritual truth.

The Adam and Eve story is the account of man's disobedience to God's command or Law. We must also realize that Adam and Eve were not just two persons. Actually, they represent the human race. 'Adam' and 'Eve' were not like family given names or like 'first names,' as we call them. Genesis states, 'When God created man, he made them in the likeness of God. Male and female he created them, and he blessed them

and named them Man when they were created.' So, both male and female are Man, Mankind. Therefore, those in the women's liberation movement, who are objecting to the use of the word 'man' so often in the Bible and elsewhere, are showing their unawareness of the meaning of the word, which simply means mankind.

Regarding the 'tree' of the temptation: God has told them, You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." God knows there is some knowledge it is better for us not to have. It is said that knowledge is power, but there are various kinds of knowledge, some good and some bad. Knowledge that is worthwhile gives a person power to help make a good life. There is much knowledge which is of great benefit to ourself and others. But there are other kinds of knowledge which gives the possessor the wrong kind of power - that of selfgratification in having power over others, or

sometimes results in the physical death of the one who thought he had complete power. God warned: "lest you die." This is his warning to not be curious about the tempting knowledge promising to give us power of the wrong kind.

There was no apple. This is the artist's conception. If they felt compelled to paint this scene and needed to show a fruit, the apple lends itself best; it is the most colorful to paint and is the most familiar to most people, so they made it an apple. Nowhere is there a verse which describes the fruit as an apple. The word "fruit" was used symbolically. We sometimes read or hear the expression, "the fruit of his labor", or, "her action bore bitter fruit". Spiritualism teaches that when we reach the spirit world, what we find awaiting us will be the fruits of the seeds we have sown. In the Bible, in John 15:8, Jesus is saying to his disciples, "By this my Father is glorified, that you bear much fruit, and so prove to be my disciples." In this narrative, the fruit or consequences of eating this 'tree' would be knowledge of good and evil, which could cause their death.

The tree was no tree like those we plant. There are "trees" we speak of, such as "our family tree", "the tree of life" and other references. The narrative says, "tree of knowledge". This is also symbolic. God had warned man that he was to have nothing to do with the "fruit" of this tree.

Then comes the **snake** or **serpent**. The snake has been used many times to represent evil. This association has probably come from this ancient story. There was, of course, no snake. Rather, it represents the temptation arising in Eve's own mind. The thought now came to her that God knew that when they would "eat" this fruit of knowledge their eyes would be opened and they would be like God, knowing good and evil. They would have all wisdom. This is what the "fruit" of this tree would be — **POWER!** They would no longer need

(Continued on next page.)

K S EDUCATION FOR ITSELF

The Rev. Joseph Sax, Secretary Morris Pratt Institute Association

here is a spiritual experience in dying. The change called death is but one of many experiences in the continuation of life and growth. It is the culmination of all of our experiences here, that we may emerge to a greater school.

Any loss belongs not to the ones making the transition, but to those who remain here, who in their earthbound grief must fend for themselves and grow independently of the greater knowledge and experiences of their seniors. We know, however, that we who remain are nonetheless guided to our own experiences, and guarded.

Personality, too, is very much retained. My grandmother was fussing over a bee sting and came inside from her garden to find a teacup which she hadn't used in years upside-down underneath the dish drainer. She laughed and said, "Thanks, I needed that!" My father waited thirteen years to be with my mother, who had crossed over in 1976. There was a double rainbow in front of his house on the afternoon he left us.

I read Elizabeth Kubler-Ross's book, Passages, while in nursing school and though I have had expe-



Each month The National Spiritualist will feature the writing from a student who is currently taking the education course from the Morris Pratt Institute. Featured this month is an essau written by Caroline S. Lauzon.

rience with the dying, I have not witnessed all of the stages. I think that acceptance often comes with that last day of perkiness that so many people have. They say things like, "Think of me", or, "They can put my tax bill in the circular file." My father said that he hoped that he had made good use of his physical body. The only bargaining phase I have noticed was possibly in the way my father followed breathing therapy and ate heartily (lung cancer, emphysema). I was fortunate in that I was raised in a family of believers, so acceptance came quickly. A Catholic priest entered my grandfather's hospital room and asked him if he would like him to pray for him. My grandfather's reply was, "If it will help you, Father."

I met my husband's cousin a week before she died. She had had a neardeath experience and although she couldn't remember it all, she said she was happy and excited about the life to come, and that there was no need to fear. She later called and thanked me for talking to her. Days later, when she passed, I felt honored to have known her.

Religions formed as a result of attempting to explain death, and today followers of Orthodoxy rest on those early searchings of their faiths rather than seeking for themselves. I was once told by well-wishers to go to church instead of looking for a good psychic after my father died. Sometimes it takes a near-death experience to make people do something for themselves.

In nursing school, my fellow student nurses weren't sure about the later works of Elizabeth Kubler-Ross, and yet, they followed an interesting requirement: no one was permitted to speak or act disrespectfully in the presence of a cadaver. Science had recognized a spiritual factor in death.

JUST WERE ADAM AND (Continued from previous page.)

God; He would no longer have control over them.

The temptation, the curiousity to know if this would, in fact, come about, became too much. So, these people of God in disobedience to God's command, or maybe it is better to say, advice, one of them plucked and tasted some of the fruit of that mundane knowledge. The other one, in accepting the sample was as guilty.

We are told that because of their disobedience they were driven out of the Garden of Eden, a place representing their perfect happiness. Spiritualism teaches that we make our own happiness or unhappiness by obeying or disobeying Natural and Spiritual Law. And — God is that Law. When we disobey this Law we come into all manner of unhappiness; we have lost our Garden of Eden. The "fall of man" represented here is the foretelling of humanity's fallen consciousness from his spiritual heritage. Humans have lost spiritual

reality. But this is followed by God's plan shown throughout the Bible and all of history, how this consciousness can be restored to the full realization of who they really are and what they can become.

"You are the light of the world," Jesus said.

We can all become that light if we follow God's Light of Truth shining upon our pathways, and let it shine through us upon others.

INTERNATIONAL INTERESTS

East never met West in Kipling's time, but, the twain meet now. We have only to note the current interest in meditation to see how this Eastern custom, originally found in the religions of Hinduism, Buddhism and Islam is now

seeping into our Western culture. Modern doctors advise their patients to meditate for a variety of reasons, from relief of stress to coping with ravages of chemo-therapy, and of course, Spiritualists have developed methods of meditation.

This was not always the case, for history shows that Eastern methods of meditation, except among the recluse and monks, was not advocated in the West. Monks, living in the deserts of Egypt and Syria in the 3rd cen-

tury A.D. practiced meditation, and meditation, similar to yoga, with emphases on breathing and concentration, was practiced in Greece in the Middle Ages. But, until recently, meditation was primarily an Eastern custom.

Meditation is a systematic technique for training the mind, especially the attention and will, and contemporary Western meditation techniques stem from Hinduism. For it is Hinduism's system of meditation, called yoga, which provides the most detailed ways of controlling the body, the emotions and the mind.

Yoga is a long and difficult discipline of meditation, to be practiced over many, many years, consequently, many in the West only attempt elementary postures, like head-standing and breath control, and by-pass ascetic doctrines and world-abnegation, which is a necessary part of Eastern yoga.

Yoga, in Hinduism, means 'yoke' and means harmony with the one source of all being. Meditation has this focus

— inner attunement and union with ultimate reality, or God. The Yogi's greatest desire is to become so firmly united with God that he need never have to reincarnate, and a Buddhist desires union with the Absolute (God) to reach Nirvana (nothingness, extinction.)

Meditation of the Sufis of Islam is extreme. Repe-

CANADA



tition of the name of Allah (God) plays an important part. The Sufi sits in solitude, and repeats without ceasing the name of Allah, letting his mind dwell on the mercy and glory of Allah. He must persevere until his mind, heart

and soul becomes completely suffused with the idea of God in the fullness of His mercy and power. When one reaches this final stage of ecstasy, everything perishes except His face.

Other yoga practices are equally bizarre. In India, specially trained Yogi's control their 'involuntary' body functions. For example, an Indian Yogi voluntarily threw his heart into fibrillation for 17 seconds — that is, he made it beat about 300 beats per minute. At this

THE TWAIN NOW MEET

BY ELIZABETH HARRIS, D.S.N.U., CANADA

Oh, East is East, and West is West, and never the twain shall meet.

— by Rudyard Kipling, 1865-1936

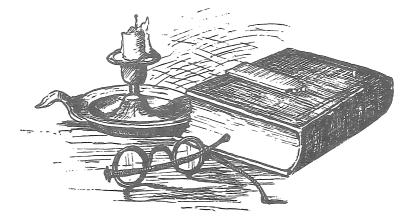
rate the heart will not pump any blood, and so, his pulse disappeared.

Although the Catholic Church recognizes light meditation, it wasn't until 1968 that meditation became popular in the Western world. This was due to Maharishi Yogi, from India, who introduced a yoga — derived meditating technique called transcendental meditation, or TM, at the time when there was a wave of interest in achieving heightened awareness and expanding the mind by any means. When it became known the Beatles practiced TM, the youth of the West began to meditate.

Although many thought TM was only another fad of the sixties, this was not the case. Nor can we believe that meditating was done only by wizened little men in India, in loin cloth, meditating in some darkened corner, legs tucked like pretzels under themselves, attaining union with the Absolute, for many in the Western world — doctors, scientists, educators and businessmen began to

practice TM for health reasons. These Westerners claimed improved quality of life, greater energy and clarity of thought, greater co-ordination between mind and body because stresses in the nervous system were dissolved.

Physicians and physiologists reported that TM reduces the metabolic (Continued on next page.)



rate of the body, oxygen consumption drops by 20% and cardiac output decreases 25%. The heart pumps less frequently, the electrical resistance of the skin increases, showing the meditator is relaxed and his body produces smaller amounts of carbon dioxide. The brain's alpha waves increase in intensity, while less lactic acid is produced by the blood — an indication of reduced anxiety. Similar findings have been reported when studying Zen (yoga), but TM doesn't require the rigid discipline, diet and change in lifestyle required in yoga.

Although meditation may be therapeutic, and those who practice simple meditation report that it calms them after a long hard day at work, yet, some dangers have been noted. For poorly balanced individuals, deep contemplation can put them in contact with unacceptable part of the minds, and bring on an emotional crises. Also, many people find that in our busy practical Western world, time spent on pondering abstractions accomplish little. Again, many become confused with what emerges from deep reflections and find themselves thinking of their problems more than ever. And, in these modern times, where people demand quick results, the discipline required for timeconsuming forms of meditation is difficult.

Spiritualism's pioneers may not have been impressed by Eastern methods of meditation, yet, suitable spiritual forms of meditating have been developed by Spiritualism to aid spirit communication. 'Spiritualists do not use meditation to replace the life of action, but may be combined with it. It suits communion with the spirit world, for it is easier for the spirit world to make it's presence felt when the surroundings are peaceful, when distracting cares and worldly allurements prevent the recognition of the spirit world. '(from Spirit Teachings)

In spiritual development classes, where development of psychic faculties is necessary, students, sitting in circles, are taught to retire into the sanctuary of one's inner consciousness, 'into the silence,' to relax the body and brain and bring mental activities into stillness. They are taught to exclude the surrounding physical environment so attention is not diverted from spirit influence.

These budding mediums sit in repose, eyes closed and let the body unbend — all muscles loosed — the whole body relaxed. Among the many aids used in learning to relax, is rhythmic breathing — breathing deeply and slowly for several breaths, then breathing normally for awhile — then mentally going over the parts of the body where tension could be found — slowly squeezing, holding for about five seconds, then letting go — starting at the feet, then to the toes, knees, stomach, neck, hands, shoulders, face, jaws, forehead, eyes, the back of the head, the scalp, ensuring that each part is free from strain.

They next empty the mind. Although it takes patience

and practice, once the technique is learned, it becomes quick and easy. To begin, they pay attention to their thoughts - then, let the thoughts become calm and orderly, mentally making a list of them - then, narrow the thoughts to a few — then, think of one thing only — perhaps a flower or a tranquil scene.

Rev. Kenneth Jackson, Pastor, Church of Universal Love, Toronto, speaks of stilling the mind in meditation. He says: "The mind is like a slippery eel, and must be handled with a strong but kind approach. Be firm, but loving, for the mind commands the emotions and the body. Concentration is the key to conquering the mind — learning to concentrate on one thing at a time."

Spiritualism doesn't advocate searching for union and attunement with God by devious ways of contemplation, as do Hindus and Buddhists, nor do they expect health cures nor heightened awareness as do TM practitioners, yet, modern Spiritualists meditate in a simple easy fashion to quiet the body and mind, and are aware of the benefits of doing this. The famous English medium, Ursula Roberts, in her book, 'The Wisdom of Ramadahn,' sums up a Spiritualist's view on meditation, when she says:

'You may sit quietly in meditation for a short time, watching the rhythm of your breath, breathing in life and breathing out love, for life and love are the essence of the Great Spirit itself. Or, you may meditate while seated on a quiet hillside or within a garden, trying to blend your mortal mind with the stillness and peace of nature until your thoughts cease their busyness and come into a slower rhythm and you are at peace.

When one sits for meditation, guides and spirit friends impinge their peace and tranquility. Within the spirit realm there is a large body of ministering spirits who in their mortal lives were nuns, monks, hermits or yogis, who know the pathway of meditation. So, when a soul meditates, a spirit will be attracted who will stand near to impart tranquility, or guard you from invasion.

Meditation not only brings quietness to the mind and peace to tormented emotions, but, opens the way for true healing of the spirit. The outcome should be harmony of body, health and renewal of body forces, peace of mind and control over emotions.

Do your earthly work, speak your many words, but, establish a rhythm in your life of quiet pausing. Slacken the tension for a moment and remember you are spirit. In that moment, you will be at peace, and the mortal mind will become renewed and refreshed.'

We see that meditation, although practiced in the East to attune to God, has entered our Western culture. It is now practiced in the Western world for a variety of other reasons.

The East is meeting the West.



"The greater part of our happiness or misery depends on our dispositions and not on our circumstances."

- Martha Washington



As Spiritualists, we spend a lot of thought about the life to come in the spirit world. We are all naturally curious about our next destination, and that is as it should be, but there are times when we don't think enough about the present life we have on earth and it's purpose in the scheme of things.



Life is like the talents spoken of in the Bible, it is to be used to it's full capacity and for worth while purposes. Those that hide their skills in life because of fears, or a variety of excuses for not doing or venturing out into the world of people and useful activity, what they have might be lost or at least be dormant. Just as the man who hid his talents in the Bible story had them taken from him and the one who multiplied his talents was given a bonus, so it is with our every day life on earth.

Venture forth, do the very best with what you have, go ahead, strive to ever go forward and talents will be added to what you already have. This does not necessarily have to be material gains, it may be gains in knowledge or in being a more helpful person in the lives of others, or all of

Over the years my wife's spirit guides have often commented on lost opportunities. This was especially so in the years after World War Two, when many who had lost their lives in combat were aware of the loss of the experiences they might have had on the earth plane. More recently we have received the following comments from spirit:

'As you proceed with your daily routines of every day life, try to open your minds and hearts to the voice of spirit, many times they try to communicate and share their ideas and goals with you.

There are those of us that never had the time on earth to finish their tasks, having their lives brought to an abrupt end, sometimes with the

While on earth Enjoy your stay, Do let spirit show the way, While you are there, look up and say Thank you God, I'll be okay.

This is just a sample of how those that have had their life cut off in the prime, either by accident or carelessness, and is a lesson to all of us to do our very best in every way and make the most of every day, every opportunity to learn; to give the best service we can in our chosen field of

ife on Eart

BY THE REV. RUPERT SIGURDSSON, NST, MAINE

Venture forth, do the very best with what you have, go ahead, strive to ever go forward and talents will be added to what you already have.

carelessness of others, as well as our own wrong thinking habits. Give us a chance to bring these thoughts through to you, we can accomplish these tasks through you. There are many wonderful ways to better your earth plane. We would like the chance to prove this, it becomes exasperating not to have this opportunity to do things we had set out to do, but could not.

This is just one example of a life not completed, another spirit named Pamela, an English girl, who lost her life by hurrying to go down the stairs, she tripped and broke her neck, she expresses her feelings in a poem.

Give me one or give me all The things I loved and cannot recall, Help me to remember them Before on earth I took that fall.

Such carelessness, I cannot forget, My fault, I know To my own true self I owe a debt.

Life is short enough they say To rush head long is not the way, Take your time, do your best, Then common sense will do the rest. endeavor; to treat others according to the Golden Rule and obey the greatest principle of our Declaration of Principles, the seventh, and my favorite:

"We affirm the moral responsibility of the individual, and that we make our own happiness or unhappiness as we obey or disobey nature's physical and spiritual laws."

Those wise pioneers that took time and effort to create the Declaration of Principles, designed a document that if properly understood, and lived by, would be the foundation of an almost perfect society.

I want to thank our many spirit friends, who have over the years given me the opportunity to converse with them in our home circle meetings through my wife's (Mary) mediumship that have been tape recorded, amounting to hundreds of hours of tape since the invention of the audio tape recorder, on many subjects about their world, work and (Continued on page 27.)

FEATURE

The great truth of life divined by saints and seers through the centuries, that God is all there is, has begun to be seen by the secular sciences. David Bohn, one of the world's foremost scientists said, "Life and mind is infolded in everything." Science is but a step away from realizing that the consciousness in everything, from a stone to a star, is consciousness of the Creator.

The quantum leap from belief in matter to mind will end the world as we knew it (or thought it) and a new age will have begun. This is but the first stage of infancy, however, and much must be learned as we proceed to grow in this new understanding of life.

The Creator's Plan of Life is all

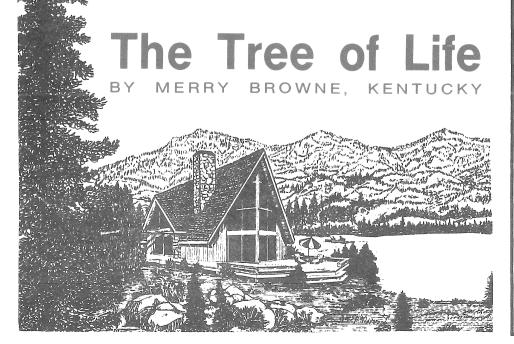
about us as a child's picture book and we must learn to read it. Gazing upon a giant oak tree in its full maturity, seeing it's fullness condensed at points, and falling from it to lie at its feet as what we call acorns, is to realize the Transcendence and Immanence of the Creator. The oak has not become less

than its original state by involving itself to acorns. Nor does the Creator become less by involving at points to creation.

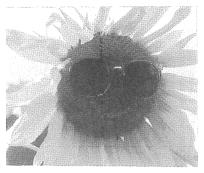
As the Persian Poet, Rumi, so aptly put it, "God sleeps in the mineral, dreams in the vegetable, stirs in the animal and awakes in man." Manstage of consciousness still contains some animal traits which by Law of Cause-Effect (Sowing-Reaping) results in undesirable consequence experiences. This was but a metaphysical axiom until Medical Science in its testing laboratories began to show it is scientifically true.

When consciousness evolves to higher man it outgrows animal traits and develops more God-like qualities. To know our potential and dwell upon our eventual essence hastens the growth process which insures, via Law of Cause-Effect, our future health and happiness. This is the purpose of Behavioral Medicine, to change unloving thoughts, feelings, words and deeds to loving ones to effect healing to health.

Both Gerald Janpolsky, M.D., and Bernie Siegal, M.D., state that this change in consciousness heals. They have witnessed this metaphysical truth for the world.



Jest Joking...



How does a Sunflower Meditate?

It puts sunglasses on!

Little Jamie asked the Lyceum Teacher, "If evolution is a fact, why are there so many monkeys left?"

The teacher quickly replied, "They are the ones that didn't pay attention to their lessons and kept on monkeying around."

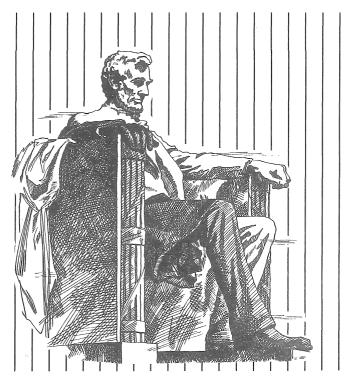
- What's the difference between a surfer and an insomniac? . . . An insomniac stays awake and a surfer rides a wake.
- A minister parked his car in a no-parking zone in a large city and attached the following message to his windshield: "I have circled this block 10 times. I have an appointment to keep. Forgive us our trespasses.

When he returned to his car he found this reply attached to his own note along with a ticket: "I've circled this block for 10 years. If I don't give you a ticket, I lose my job. "Lead us not into temptation. — Bits & Pieces



Abraham Lincoln . . . A Spiritualist?

BUCHHOLZ, JR., IOWA



Abraham Lincoln seemed awkward, simple, lanky and "backwoodsy" in stature and frame of mind, but had resolute determination to stand always for the right, humbly asking for guidance when needed. Much of this guidance came from spiritual sources, through an 11year-old girl's trance mediumship, as well as other mediums of Lincoln's day. This girl . . . Nettie Colburn Maynard ... described her experiences in "Was Abraham Lincoln a Spiritualist?," published in hardback form in Chicago in 1917, and included in the Library of Congress.

The scene of many seances with young Nettie is what is now known as the "Red Room" of the White House. Here, she helped the Chief Executive cope with grave problems, including those bearing upon the direction and outcome of the Civil War, as well as the Emancipation Proclamation, which finally freed the slaves. A 1993 petition to Congress by worldwide Spiritualists endeavored to reinstate the Red Room as the scene of these seances. The National Spiritualist Association of Churches celebrated the centennial of its founding by joining in this venture.

Various forms of mediumship manifested through young Nettie, and she both astounded and disappointed her father by predicting James Buchannan's election as 15th U. S. President the day before the election occurred! Soon, complete trance manifested itself, wherein spirits speak through a medium while in a condition resembling sleep. Little did young Nettie realize she was being prepared to aid Lincoln directly in the near future.

Strange circumstances lay before her. As early skirmishes broke out 'Down South' (which Northerners expected to quickly end) Nettie, lecturing in trance at Albany, New York in 1861, astounded listeners by answering a question posed to her control as to the war's length by saying it would continue for four years and almost five before its end. A year later, she bid farewell to her father and four brothers enlisting in the Union Army. This enlistment, plus persistant urging by what Nettie was told was a "Congress of Spirits" in the next world would eventually draw her to speak to and work for Lincoln himself, and for public leading men who'd drawn together to help with their country's problems.

Initially, Nettie ignored these spiritual urges for fear of ridicule and retribution by the President and others, but spirit had other plans. First, a letter from her youngest brother stated that he was in a hospital in Alexandria, and unless granted a furlough, would die. This began her following of a string of governmental "red tape" which would finally lead her to the White House.

Whatever she tried to do seemed to lead nowhere. She visited her ailing brother in a battlefield hospital several times, was sometimes avoided entirely by those from whom she sought help, treated kindly but without any substantial support by others, or those contacted had no real power in the matter. Meanwhile, however, she was privileged to hold seances for judges, Congressional members, and other dignitaries. Finally, receiving a favorable order from the Secretary of War, an official she gave it to lost it. A second one was obtained, but was lost or stolen on the very day she and her brother were to leave for home. However, Nettie's spirit guide informed her that she'd obtain another one, and the loss of this one was important to greater plans. In fact, it was to lead her to the President himself.

That evening, when she would have been gone had the furlough not been lost, a carriage arrived to take her to the White House. Mary Todd Lincoln was the first to see her work, and knew that, although Lincoln had seen several mediums, he was anxious to meet one who worked through trance. Mrs. Lincoln introduced Nettie to her husband, and an order directly from his hand secured the desired furlough. She was soon employing her mediumship at the President's request.

Observe the man Lincoln for a moment. At 6'4" (and 7'2" with his stovepipe hat in place), he was taller than most men of his day. His backwoods origin made him often seem awkward and uncouth, but his command of the English language was almost unrivaled by any other. Though only one year of schooling was the extent of his

(Continued on next page.)

formal education, he compensated beautifully for this by adamant reading, especially of the Bible. He had deep faith, but few close friends besides his books. His refusal to join any particular church because of their sectarian rivalries and doctrinal quarrels led some to denounce him as an "infidel" and "free thinker" in his time, but others called him "our most religious President". This "lawyer turned President" may have looked strange in his "highwater" pants, but he loved truth, and often looked to unorthodox means to obtain it. He never officially called himself a "Spiritualist", but he believed in the afterlife and was willing to tap this source of insight whenever necessary. Carl Sandburg once called Lincoln "a farmer", but doesn't it take a farmer to make growth and prosperity possible?

Back to our story. Mrs. Lincoln felt it necessary for Nettie to be able to remain in Washington, and helped secure a job in the Agricultural Department for her. Nettie's initial meeting with the President left her almost overcome with the occasion, Lincoln asked simply: "Well, how do you do it?", and Nettie fell into trance even as he spoke. Speaking for more than an hour on subjects Lincoln understood, but others present had little or no knowledge of, including the prediction of the Emancipation Proclamation, and ordering Lincoln from spirit not to change its terms or delay its enforcement beyond January 1st. Spirit stated that negative pressure would be put upon him, but he mustn't listen to such advice, but stick to the aforementioned deadline to make it law. Upon awakening, all was quiet around Nettie, frightening her until she remembered where she was. One of the listeners asked Lincoln if he'd noticed anything peculiar in the method of address, whereupon the President, shaking off a state of deep concentration, looked up at Daniel Webster's portrait hanging upon the wall, showing he recognized a marked similarity of delivery between the two. One man asked if it was indeed true regarding the pressure mentioned about the Emancipation Proclamation, to which he answered: "It is taking all my nerve and strength to withstand such a pressure." Soon, Lincoln placed his hand upon Nettie's head, saying: "My child, you possess a very singular gift; but that it is of God, I have no doubt. I thank you for coming here tonight. It is more important than perhaps any one present can understand."

Two specific reasons made the next seance singular. First, Mary Lincoln asked Nettie to come to Georgetown for a seance with some friends. Soon after Nettie's arrival, one of her controlling spirits said that Mr. Lincoln would be attending, as well. This was completely unplanned, but Lincoln shortly thereafter appeared at the door, and was informed that he was expected. Shocked, he said he'd only decided to come five minutes beforehand. Later, under control, the second surprise occurred. Nettie Colburn said the troops at the front lines were losing faith under a new General who'd taken command, regiments were refusing to obey orders, and were stacking their arms and

threatening to return to Washington. Such drastic news surprised all but Lincoln who, haggard and tired, asked spirit if they could point out a remedy. They answered: "Yes, if you have the courage to use it." Lincoln replied: "Try me." A surprisingly simple but workable plan was outlined. Told to go to the front lines himself with his wife and family and as little official dignity and display as was pos-



sible. Lincoln was to go to the soldiers as the true "Father of his people", visiting ordinary infantrymen, showing interest in their personal problems and complaints. After Lincoln gave his consent, spirit said this was all that would be necessary to hold the troops together, and he should make his intentions known as quickly as possible to halt insubordination.

Others in attendance asked Lincoln if situations were really that bad, to which he replied that a General had just brought him the news in a cabinet meeting, and he'd felt urged to come to the seance after he found his wife planned to attend. During this same sitting, Lincoln was told that he'd be re-elected, and answered: "It is hardly an honor to be coveted, save one could find it his duty to accept it." The desired results were obtained as he once more followed spirits' advice by visiting the troops.

Several other seances followed. Once, Lincoln called Nettie for an emergency session. He'd heard that many front-line soldiers and several Generals had been killed. and the army was in retreat. Nettie's trance controls assured him the news had been grossly overstated, and though the battle wasn't a clear victory, the Union forces would still come out the winners. Relieved, Lincoln heard news the following day confirming the message's truth. In a later seance, Lincoln was instructed to look after the deplorable conditions of the "Freedmen" . . . the slaves who had found freedom but intolerable financial and living situations . . . and to establish a bureau for this specific purpose. Later newspaper articles confirmed that Lincoln had taken spirit's advice, since a "Freedmen's Bureau" was, in fact, formed.

Nettie was once asked to go into trance for Lincoln and other military men in a spot in the White House where the President often worked and thought. Coming out of the trance, she found herself holding a pencil in front of a map. Secret wartime strategies they'd discussed and devised just then had been shown them by this 11-yearold girl under trance control.

In 1864, entranced Nettie told others that Lincoln would be re-elected. She also warned him during their sittings that he could and would be assinated. During 1864 and '65, several different mediums warned him of the same thing. Yet, he disregarded such warnings.

(Continued on page 29.)

Teachers Have Patience

BY THE REV. FRANCES SCHER, NST, CALIFORNIA

Teachers have patience, because I know as a teacher how many times I had wished I could rush things along or help things to go faster with my students that they could become certified almost immediately. Of course I know and I'm sure that you all know, this can't be done - not this way. Teachers need to have patience, no matter how much we want our students to progress, to go forward and to be so wonderful and helpful to all our churches, and all of our associations. I know how meaningful this is, but I also know that there is no rushing these things.

First of all, we all learn at our own rate of speed and no matter how quickly we may want to complete something, we can only complete it in our own time. I have even found this to be true that often times, with certain people, the longer they take the better workers they become. We also have to teach this patience to our students. They too want to be quick and to become certified as soon as possible - overnight if possible. This can't be, so we have to try not to hold them back in any way, but simply to have them not want to rush everything. Rushing seems to bring about parts of our learning that we miss, that are not learned as properly and as well as we should learn them, simply because we want to go through it all so quickly.

Well, we have to teach our students to be patient. And that there are many other things, other than what they receive in the courses and what they receive in books, that they are reading. All of these wonderful things, the experiences that they are having, the lectures that they go to listen to, the workers that they follow and that they learn from, all of this is learning, but there are other things the students must begin to learn, and that is to be truly a pure Spiritualist. To know that indeed they are receiving (whatever they receive and however they receive it) from the Immortal Spirit. There is only one way to do that and that is to have patience and proper development.

We have to teach our students to have the poise, the wonderful vibrations that they must build up within themselves, so that they can give off wonderful vibrations to all those with whom they come in contact, to all those for whom they are reading and giving messages to. This is very important. To show their sincerity, to show their intelligence, to show their true Spiritualism, so that others can become trust worthy of these wonderful mediums that we are trying to develop.

And believe me we need to develop wonderful mediums, because I believe we have lost a great deal. We have lost a great many fine mediums and I am sorry to say I don't believe we have the same quality today in some of our mediumship that we had from our pioneers in

years gone by.

I hesitate to even bring these things out and yet I know they must be said, for if not said, change will not be done. We must be more careful with our students and believe that we are giving them the

proper teachings, the proper ways of how to develop their mediumship, how to



know their teachers and guides, how to realize that there is only one way of the Immortal message to the earth plane and that is through truth, sincerity, honesty and intelligence. All of those ingredients make up mediumship. And we need it sorely. We have some good mediumship, but I say only some. I am sorry to say that. It is not that I believe that people are not being honest in their mediumship, I am saying that they are not being as good, perhaps as well bred as they can be. I am saying that perhaps they are not raising their own rate of vibration high enough, making it strong enough that they are really receiving wonderful things — wonderful things from the spirit world with detail, with identification. Most of all identification. My friends, we are not bringing good identification. How often have you heard that when our pioneers were here, they gave the kind of identification no one could question. Not anyone. No one could not understand who that immortal spirit is that is bringing this message, that's how good their identification was. I have received wonderful messages with wonderful identification. Yet I have received some messages that brought me hardly any right identification that I could say yes, that was my father, or yes, that was my mother, or yes, that was my sister. There are some that I cannot identify with, and my friends, if people cannot identify with the entities you bring them, you are not bringing them proper identification. This is the most important thing in message

So I say to you teachers, you must begin to take to heart your students. Wanting to give them the very best that you possibly can give to them. Wanting to help them as much as you possibly can. Never trying to hold them back, but never trying to push them forward when they are not



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NEW YORK •

CLIFTON PARK
KRAMER, Rev. Hillary, NST, Certified Medium, 15
Huntwood Dr., 12065. (518) 371-8975.

DELEVAN

SPENCER, Mrs. Maude, Certified Medium, Box 511,

14042. (716) 492-3608. SPENCER, Rev. Paul, NST, Box 511, 14042. (716)

KLEINSCHMIDT, Charlene, Licentiate Minister, Certified Medium, 1071 Wish Circle, 14052. (716) 652-4972

KLEINSCHMIDT, Albert C., Certified Medium, Comm. Healer, 1071 Wish Circle, 14052. (716) 652-4972.

FARMINGVILLE

LLOYD, Rev. Nancy, Certified Medium and Counselor by appt. (516) 736-1058.

LILY DALE

CARCIO MILITA A. C. Licentisto

SABOL, Julia A. (Goodworth), N.S.A.C. Licentiate
Minister, Certified Medium, private readings by
appt., public lectures and clairvoyance, 8-4th St.,
14752. (716) 595-2462.

ROCHESTER
FEATHERSONG, Elsie, Certified Medium, available

for lectures and workshops, 255D Audino Lane,

14624. (716) 889-4434. ZERSON, Rev. Ann, 691 Parsells Ave., 14609. (716) 288-5666.

• OHIO •

WESTERVILLE GRIFFEN, Rev. Neil C., Ph.D., Medium, Healer, 8521 Old Worthington Rd., 43081. (614) 895-0873.

• TEXAS •
AUSTIN
BROWN, Mrs. Frances, Licentiate and Medium, 2723 S. Congress, Apt. 2311, 78704. (512) 447-2188. EDINBURG

MUSE, Evelyn, Rev. Minister, Certified Medium, NST, 1104 Susan Dr., 78539. (512) 383-2510.

HANSON, Arthur E., Licentiate Minister and Healer; Rosie Lee, Licentiate Minister, 4653 Cedar Tone Dr., 75211.

VIRGINIA •

ARLINGTON

BATES, Virginia E., Licentiate Minister, 2716 N. Lexington, St., 22207. (703) 538-5164.

NORFOLK

BROWN, Fred H., Certified Medium, 622 W. Princess Anne Rd., 23517. (804) 627-7015.

KINCAID, Sylvia, Certified Medium, Lembla Street, 23503.

23503

SPRINGFIELD_

GEHMAN, Rev. B. Anne, Certified Medium, Comm. Healer, 7317 Westmore Drive, 22150. (703) 451-7705.

CUTLER, Rev. Lelia E., 7310 Midfield St., 23505. (804) 480-3799.

• WASHINGTON •

JOHANSON, Rev. Lillian, Box 132, 2601 Milton Way, 98354, (206) 927-5579. SEATTLE - 4524 2nd Ave. N.E., 98105. (206) 633-3438.

• WEST VIRGINIA •

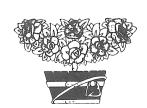
WHEELING
GASBER, Rev. Velma, 104 N. Broadway St., 26003,
Pastor of Way Memorial Temple. (204) 232-5795.

• WISCONSIN • LA CROSSE

MAHAN, Rev. Kattie E., Certified Medium, Comm. Healer, consultation and classes by appt., 425 N. 12th St., 54601-3506. (608) 784-7964.

CANADA

MONTREAL, QUEBEC
ROSSNER, Rev. Dr. Marilyn, Ph.D., Founder/Pastor,
Spiritual Science Fellowship, 1974 Marsonneuve Blvd. W., (514) 937-8359.



DIRECTORY OF N.S.A.C. CHARTERED CHURCHES & AUXILIARIES

ARIZONA •

PHOENIX - Chapel of the Sunflower, N.S.A.C.

2250 N. 16th St. (S.W. corner of Oak), Suite 105-106, 85006-1877. Pastor, Rev. Bernard Baker, NST, (602) 838-8990; Asst. Pastor, Rev. Frances Lafler, (602) 468-1269; Sun. Serv. 10:30 a.m.; Wed. 7:00 p.m.; Unfoldment Classes 2nd & 4th Tuesday at 6:00 p.m.; Friday, All Message at 7:00 p.m.

PHOENIX - Church of the Living Spirit, N.S.A.C.

3521 W. Topeka, Glendale, 85308 (In Phoenix, but served by Glendale Post Office.) Co-Pastors, Rev. Gene & Rev. Sandra Pfortmiller, NST, (602) 581-5544; Sun. Serv. 4:00 p.m.; Thursday Classes 7:00 p.m.; Pres., Michael Nagy; Secy., Joyce Ann Freese, (602) 265-4963.

PHOENIX - Harmony Chapel, N.S.A.C.

1522 Encanto Blvd.; Rev. Frank Staats, (602) 275-7876; Sun. Serv. 7:30 p.m.; Wed. Serv. 7:30 p.m.; Thurs. Classes 7:30 p.m.; Sat. All Message Serv. 7:30 p.m.

• CALIFORNIA •

CALIFORNIA STATE SPIRITUALISTS' ASSOCIATION

Pres., Rev. Betty Nauratil, (510) 284-8287. Secy., Evadell Sordelet, 5537 Whitney Ave., Carmichael, 95608, (916) 481-8729.

ALAMEDA - Brotherhood Spiritualist Church

2305 Alameda Ave.; Mailing Address: 2657 Miramar Ave., Castro Valley, 94546; (510) 357-2436; Sun. Serv. 10:00 a.m.; Classes - Thurs. 7:00 p.m.; Pres., Emma K. Gilliam; Pastor & Secy., Rev. Wayne L. Du Bois, NST, 2657 Miramar Ave., Castro Valley, 94546.

ARCADIA - Spiritualist Church of Revelation

34 E. Huntington Dr., 91006; Sun. Serv. 11:00 a.m.; Located inside LOOK WITHIN bookstore. Enter from parking lot behind building. Pastor/Pres., Martin Pina; Secy., Winston Lumley. Info call Harriette Calloway, (213) 681-1677.

AUBURN - Spiritualist Chapel of the Pines

Direct Mail to 457 Grass Valley Hwy., #12, 95603; Sun. Serv. 10:00 a.m.; Sun. Class 12:00 p.m.; Fri. All Message Serv. Church phone (916) 823-1816.

DOWNEY — Spiritualist Society

Serv. Sun. 11:00 a.m. and Fri. 7:30 p.m. Please phone (310) 927-7079 for information.

LOOMIS - Central Spiritualist Church

5833 Horseshoe Bar Rd., 95650. Mailing Address: 4800 Auburn Folsom Rd., #63, 95650, (916) 652-4568; Sun. Serv. 10:00 a.m.; Classes Tues. 7:00 p.m., last Tues. of month Healing and All Message Serv. 7:00 p.m.; Pres., Denise E. Bell; Pastor and Secy., Rev. Sandra G. Dawson, NST.

REDWOOD CITY - Redwood Church of Spiritual Science, N.S.A.C.

149 Clinton St., 94062; Sun. Serv. 11:00 a.m.; Pres. John Johnston; 155 Elder Ave., Millbrae, 94030, (415) 692-4536; Secy., Angela DiBerardino, (415) 964-6350.

SAN BERNARDINO VALLEY - Spiritualist Church

7776 Hesperia, 92345.

SAN BERNARDINO - Temple of Spiritual Truth, N.S.A.C.

732 N. Sierra Way. Direct Mail To: P.O. Box 1435, 92402; Sun. Serv. 11:00 a.m., Healing 10:30 a.m.; Pres., William Sanabria, (714) 825-6809; Secy., Margaret Haskins, (909) 862-4376.

SAN FRANCISCO - First Spiritual Temple

3324 - 17th St., 94110, (415) 621-0491; Sun. Serv. 10:00 a.m.; Classes 1st & 3rd Tues. 7:00 p.m.; All Message 2nd & 4th Tues. 7:00 p.m. Pastor, Rev. Alfred A. Conner, NST; Pres., Arthur H. Iman, (415) 333-2014; Secy., Donald W. McFarland.

SAN FRANCISCO - First Temple of Spiritualism, N.S.A.C.

3324 - 17th St., 94110, (415) 621-0491; Sun. Serv. 10:00 a.m.; Classes 1st & 3rd Tues. 7:00 p.m.; All Message 2nd & 4th Tues. 7:00 p.m. Pastor, Rev. Alfred A. Conner, NST: Pres., Benito Santiago, (415) 861-1801; Secy., Joan A. McDaniel, (415) 321-5626.

SAN FRANCISCO - Golden Gate Spiritualist Church

1901 Franklin St. (Cor. of Clay) 94109; Sunday, Lyceum 9:30 a.m., Healing 10:30 a.m., Devotional Serv. 11:00 a.m.; Student Services, Healing 6:00 p.m., Devotional Service 6:30 p.m.; Wed. Healing 7:30 p.m., Serv. 8:00 p.m., (415) 855-9976; Pastor, Rev. Donald Haddick, NST; Pres., Sonny B. Gee; Secy., Frances Richardson.

SAN JOSE - The Spiritual Science of Life Church

'The Friendly Church," 729 Morse Street, (Corner of Morse St. & Naglee), 95126; Sun. Serv. 6:30 p.m.; Pastor, Rev. Louise Peruch, NST; 4504 Independence Rd., Glencoe, 95232, (209) 293-4795.

SAN LEANDRO - Spiritualist Church of Two Worlds, N.S.A.C.

1349 Hays, 94577; Sun. Serv. 10:15 a.m. to Noon; Co-Pastors, Rev's Bettv and Don Nauratil, (510) 283-1449; Pres., Jean Kuhl, 816 Cary Dr., 94577, (510) 483-5630; All mail to Secy., Rev. Betty Nauratil, 1048 Via Roble, Lafayette, 94549.

SAN RAFAEL - Serenity Spiritualist Association

322 Upper Road, 94903; Mail to: P.O. Box 4375, 94913; Pres. Ronald C. Cavender.

SANTA BARBARA - Summerland Spiritualist Church of The Comforter

1028 Garden St., 93101; (805) 965-4474; (Corres. to Secy., Eliz. Mottl; Sun. Serv. 11:00 a.m. & 6:30/7:00 p.m. Healing/Reg. Serv., Wed. All Message Serv. 7:00 p.m.; Call for Unfoldment Class schedule and info on Rev. Foard Memorial Library; Pastor, Elizabeth Mottl, 302 E. Figueroa St., 93101; Asst. Pastor, Richard Carlisle, 3996 Maricope Dr., 93111; Co-Pastor, Rev. Linda Schneider, 281 Pebble Hill Dr., 93111; Co-Pastor, Rev. Connie Smith, 29060 Burkley Rd., Hayward, 94544.

VAN NUYS - Spiritualist Chapel of The Flowers

14411 Vanowen St., Suite 118, 91405; Sunday Serv. 11:00 a.m.; Mailing Address for church and Rev. Pat Smith, NST, 8901 Eton Ave., Sp. 39, Canoga Park, 91304, (818) 701-7633.

• COLORADO •

DENVER - Chapel of Spiritual Awareness

6457 S. Xenon, 80127; Sun. Healing 9:30 a.m. to 10:30 a.m.; Beginning Spiritual Awareness Classes & Advanced Unfoldment are offered. Worship Service 10:30 till 11:30; Spirit Greetings 11:30 to 12:00; Pres. Patricia Schott, (303) 337-2978.

DENVER - Spiritualist Chapel of the Rockies, N.S.A.C.

1545 N. Hooker St., 80204, 280-9015; Sun. Serv. 11:00 a.m.; Messages & Healing, Wed. Serv. 7:30; All Message Service, Fri. 7:30. Pastor, Bonnie Winston; Secy.-Treas. Jim Winston.

CONNECTICUT

CONNECTICUT STATE SPIRITUALIST ASSOCIATION

Pres., Homer Wooster, 101 Leffingwell Ave., Waterbury, 06710. Secy., Verline Eldridge, 34 Starr St., Norwich, 06360.

NEW LONDON - New London Spiritualist Church

2 Moore Court. (203) 440-3150; Pres., Al Ferency, 2 Moore Court, 06320; Secy., Lynn Haluga, 70 Dell Ave., Apt. B5, 06320; Sun. Serv. 10:30 a.m.; Tues. Healing Class open to the public; Wed. Development and Meditation Class; Thurs. All Message service. These are all at 7:30 p.m.

NEWINGTON - The Church of The Infinite Spirit

Masonic Temple, 80 Walsh Ave., 06111; Church phone (203) 754-3559; Sun. Serv. 2:00 p.m., Sept. thru May; Pastor, Rev. Catherine Margiotta, 46 Webb St., Waterbury, 06704, (203) 754-3559; Pres., Homer Wooster, 101 Leffingwell Ave., Waterbury, 06710, (203) 574-2017; Secy., Joyce Barlow, 16 Seymour Rd., 5H, East Granby, 06026, (203) 651-0507.

NIANTIC - Ladies Aid Society Camp at Pine Grove

July and August Services, Sundays at 2:30 p.m. For a program listing all Summer activities, call (203) 739-2157 or write to: Secv., Rev. Virginia J. Berg, 1280 Class Ave., Holbrook, NY, 11741.

NORWICH - National Spiritualist Church of Norwich, Inc.

P.O. Box 939, 06360; Church phone (203) 886-8522; Sunday Serv. 10:30

OLD GREENWICH - Albertson Memorial Church of Spiritualism

293 Sound Beach Ave., 06870; (203) 637-4615; Sun. Serv. 11:00 a.m.; Pastor, Rev. Melvin O. Smith.

STRATFORD - The Temple of Divine Truth, Inc., N.S.A.C.

Boothe Memorial Park; Serv. 6:00 p.m. on the 2nd & 4th Sat., Sept.-June; Pastor, John Paterna, 39 Quintard Ave., So. Norwalk, 06854, (203) 866-3885; Secy., Denise Puglia, 30 Edison St., 06487, (203) 377-3912.

WILLIMANTIC - First Spiritualist Church of Willimantic

268 High St., 06226; Sun. Serv. 10:30 a.m.; Lyceum Classes every Sun. before service from 9:30 to 10:00 a.m., children and adults, all welcome. Pastor & President, Joyce Orcutt, 133 Wales Rd., Andover, 06232, (203) 742-7846; Secy., Cynthia M. Snyder, 16 Sterling Rd., Moosup, 06354, (203) 564-5976.

DISTRICT OF COLUMBIA

WASHINGTON - The Church of Two Worlds

3038 "Q" St., N.W., 20007; Sun. Healing 2:00 p.m., Serv. 2:30 p.m., (202) 333-5114; Pres. Pauline Hathaway, 3 Strawberry Court, Bryans Rd., MD, 20616, (301) 283-4244; Secy., John Meerschaert, 1600 16th St., #806, N.W., Washington, DC 20009, (202) 483-6084.

(Continued on next page . . .)

DIRECTORY OF CHURCHES (Continued from previous page.)

FLORIDA

CASADAGA - First Spiritualist Church of Cassadaga P.O. Box 185, 32706.

FRUITLAND PARK - Spiritual Enrichment Center, N.S.A.C. P.O. Box 519, 34731.

MIAMI - Metaphysical Science Church, N.S.A.C. 7701 S.W. 76th Ave., 33143.

ORLANDO - Spiritualist Church of Awareness, N.S.A.C.

3210 Chickasaw Trail (P.O. Box 571043, 32857); Sun. Serv. 10:30 a.m. and Wed. 7:30 p.m.; Healing, Lecture, Messages all services; Pres., Rev. Jeannie Kerr Lerch, NST, 335 Piney Rd., Casselberry, 32707, (407) 834-5378; Secy., Rev. E. Ann Otzelberger, NST, 4332 Woodlynne Ln., 32812, (407) 826-0807.

• ILLINOIS •

ILLINOIS STATE SPIRITUALIST ASSOCIATION

Secy., Arsenia J. Williams, 10913 S. Parnell, Chicago, 60628, (312) 995-1911.

AURORA - Christabelle Spiritualist Church of Aurora, Inc. 141 N. State St.

BURNHAM - Puritan Spiritualist Church

13906 Greenbay Ave., 60633; Sun. Serv. 2:30 p.m. & Wed. 7:30 p.m.; Pastor, Anna Gross, 10930 Ave. "M", Chicago, 60617; Secy., Maude E. Mazzacavallo, 14235 Oak St., Dolton, 60419, (708) 841-1792.

CHERRY VALLEY - Cherry Valley Spiritualist Camp, Inc.

8002 Service Rd., 61016, (815) 332-5359; Camp Season: June thru Sept - Nov. thru May; Serv.: First Sun. of each month at 1:00 p.m.; Pres., Maurice Witt, 624 Walnut Ave., Elgin, 60123, (708) 931-4374; Secy., Richard Taylor.

CHICAGO - The Church of the Spirit

2651 N. Central Park Ave., 60647-01101; Chicago's Oldest Spiritualist Church; Sunday Family Worship Hour, 10:30 a.m.; Tues. Dev. Class, 7:00 p.m.; Adult Lyceum, 12:15 p.m. on the second Sun. of each month; All Message Serv., 7:00 p.m., on first Wed. of each month. Pastor, Ms. Marrice Coverson; Secy., Ms. LaVerne DeChristopher.

CHICAGO - Spiritualist Church of Truth

6343 West Cuyler (1/2 block north of Irving Pk.) 60634; Serv. 2:45 p.m., healing, lecture, messages every Sunday; Pres., Helen Lopotowski; Secy., Judith Galar, 4050 N. Oriole Ave., Norridge, 60634, (708) 452-8754.

CHICAGO - Tucker Smith Memorial Spiritualist Temple

6146 S. Ashland Ave., 60636, (312) 436-0366; Sun. Serv. 11:00 a.m. to 12:30 p.m.; Lyceum every third Sun.; Secy., L. Anne Blair, 8227 S. Marquette, 60617, (312) 221-1231; Pres., Yogi Guice; Vice Pres., Trudy Person; Treas., Betty Frazier.

CICERO - First Spiritualist Church of Cicero

5033 W. 25th Pl., 60650; Serv. Sun. 2:30 p.m., Lecture, Messages & Healing; Pastor & Pres., Ellen Stopa, 5033 W. 25th Pl., 60650, (312) 652-6953.

LE ROY - J. T. & E. J. Crumbaugh Spiritualist Church

102 S. Pearl St.; Sun. Serv. 2:00 p.m.; Lyceum Sun. 12:30 p.m., Tues. 6:30 p.m.; Pastor, Rev. Bryan McCotter, 313 E. Center St., 61752; Pres., Ella Martinovich, 1402 E. College, Normal, 61761, (309) 452-1738.

• INDIANA •

INDIANA STATE ASSOCIATION OF SPIRITUAL SCIENCE. N.S.A.C.

Secy., Darlene Gettle, 1724 Marsha Drive, Indianapolis, IN 46214. (317) 248-9639.

FRANKFORT - First Spiritual Science Church of Frankfort Inc., N.S.A.C. Magnolia & Green Sts.; Sun. Healing Serv. at 2:00 p.m., Worship Message Serv. at 2:30 p.m; Reading Days, 3rd Saturday of each month at 10:00 a.m. to 5:00 p.m.; Unfoldment Classes on Sundays at 1:00 p.m.; Pres. Mildred Schlagel, 3232 MacArthur Lane, Indianapolis, 46224, (317) 291-0799; Secy., Bonnie J. Ashman.

GARY - First Spiritualist Church, Inc., N.S.A.C.

2430 W. 11th Ave.; Serv. Sun. 3:00 p.m., Wed. 8:00 p.m.; Pastor & Pres., Rev. Jesse James, Jr., 1301 Pennsylvania St., 46407; Secy., Verillia Shaffer, P.O. Box 4278, 46404; Unfoldment Classes Fri. 7:00 p.m.; Dinner every third Sun.

INDIANAPOLIS - Progressive Spiritualist Church

6225 N. Carrollton Ave., 46220, (317) 255-4902. Service Sunday 10:30 a.m.; Pres., Paul E. Keller, 9341 W. County Line Rd., Camby, 46113, (317) 831-2499; Secy., Pam Estes, 545 W. 73rd St., 46260, (317) 253-8458.

MICHIGAN CITY - Spiritual Science Church, N.S.A.C.

314 W. Coolspring Ave., 46360, (219) 874-6002; Sun. Serv. 1:45 p.m.; Correspondence to: Pastor & Pres., Rev. Ruth Novak, 7008 W. U.S. 20 W., #77, Daphne Park, 46360, (219) 872-6621; Secy., Mrs. Lorraine Carley, 6443 W. Bleck Rd., La Porte, 46350.

• IOWA •

CLINTON - First Spiritualist Church

541 6th Ave. So., P.O. Box 123, 52732, (319) 243-3233; Sun. Worship and Message Serv. 10:30 a.m.; Sun. Adult Lyceum 9:30 a.m.; Dev. Class every other Wed. at 7:00 p.m.; Church closed during months of July and August, open first Sun. after Labor Day; Pres. & Pastor, Rev. Georgia Milton, (319) 243-9738; Secy., Dorathy Burns, (319) 243-9260, 329 6th Ave. So., Apt. 323, 52732.

CLINTON - Mississippi Valley Spiritualist Assoc. Camp Mt. Pleasant Park, 52732.

CLINTON - Sunflower Spiritualist Church

10 Mt. Pleasant Park; Mail to: P.O. Box 6, 52733-0006; Sun. Serv. at 2:00 p.m.; Pastor, Bonnie Horstman.

DAVENPORT - Spiritualist Harmony Church

1429 W. Seventh St., 52802, (319) 324-9659 or 326-3453; Worship & Message Serv. Sun. 2:00 p.m.; Adult Lyceum Class, Tues. 7:00 p.m. and Sat. 10:00 a.m. (Closed during July and August.) Pastor, Rev. William E. Buchholz, Jr., 806 E. 13th St., 52803, (319) 326-3201; Secy., Roma Plagman.

• MAINE •

MAINE STATE SPIRITUALIST ASSOCIATION

Pres., Rev. Arlene Sikora, P.O. Box 113, Newport, 04530; Treas., Bernard R. Langley, RFD 1, Box 575-17, Poland, 04273; Secy., Carol A. Rickards, MSSAC, RR #1, Box 147, Bradford, 04410.

AUBURN - Madison Campmeeting Spiritualist Assoc. R.R. 4, Box 208 L 17, 04210.

AUGUSTA - Augusta Spiritualist Church

Corner of Court and Perham Streets; Sun. Worship & Healing Serv., 2:00 p.m. followed by social hour/buffet at 3:30 p.m.; Awareness Class, Thurs. 7-9 p.m.; Pastor, Rev. Rupert Sigurdsson; Pres., Fred Odione; Treas., Jane Frost; Secy., Victoria Binkley. All correspondence to: P.O. Box 5086, 04330.

BANGOR - The Harrison D. Barrett Memorial Church

120 Park St., 04401; Sun. Serv. 4:00 p.m.; Healing Serv. Wed., 7:30 p.m.; Pastor, Rev. Arlene Sikora, (207) 938-2807; Secy., Betty Simpson, RR #2, Box 5055, Carmel, 04419, (207) 848-2273.

DOVER-FOXCROFT - First Piscataquis Spiritualist Church

Thompson Free Library Clubroom, 04426; Serv. every Sun. in May and Oct. at 2:00 p.m.; Every 2nd Sun. June thru Sept. at 2:00 p.m.; Pres., Wanda W. Adkins, P.O. Box 224, Sangerville, 04479; Secy., Nancy W. Crabtree, RFD #3, Box 115 D, Guilford, 04443, (207) 876-4535.

LINCOLNVILLE - Temple Heights Spiritualist Assoc. Camp. P.O. Box 166, 04849.

NORTHPORT - Temple Heights Spiritual Camp

Shore Road, Northport on Penobscot Bay; Camp Session mid-June through Labor Day. A different featured medium each week. Serv. at 7:30 p.m., Sun., Tues., Thurs., Fri.; Message Serv. 7:30 p.m., Wed. and Sat.; Seminars Monday 7:30 p.m.; All-day workshops Sat.; Accommodations and meals available. For a program or information: R.R. 1 Box 1091, Belfast ME 04915; (207) 338-3029; Pres., Valerie Van Winkle; Secy., Harriett Gurney.

NORTHPORT - Temple Heights Spiritualist Church

Shore Road, Northport. Services 2:30 p.m. Sundays at Temple Heights Spiritual Camp from April to Nov. and in Belfast from Nov. to April; R.R. 1 Box 1086, Belfast ME 04915; (207) 338-3029; Pres., Valerie Van Winkle; Secy., Carol Fricke.

PORTLAND AREA - Portland Spiritualist Church

719 Main St., (Unitarian Universalist Church), Westbrook. Mailing address: P.O. Box 6551 PTS, 04102. Sun. Serv. 6:30 p.m.; Fri. Class 7:30 p.m.; Pres. Beth Carter; Secy., Michael Carter, P.O. Box 6551 PTS, 04102, (207) 797-2039.

(Continued on next page.)

DIRECTORY OF CHURCHES (Continued from previous page.)

MASSACHUSETTS •

BROCKTON - First Spiritualist Church of Brockton

Healing and Evening Sunday Service 7:00 p.m. - 8:30 p.m.; Church season is Sunday after Labor Day - Last Sunday in July; Pastor, Mary A. Bouchard, 59 Ripley St., Somerset, 02725, (508) 673-5434; Secy., Cathy Rossi, 142 Morton St., Stoughton, 02072, (617) 341-2142.

MEDFORD - Medford Spiritualist Church, N.S.A.C., Chapel of Peace

Sunday Services held at the Unitarian Universalist Church, 147 High St., 02155; 5:00 p.m. Healing Service, Sermon and Spirit Messages. Sunday Serv. for the Winter will end June 19th; Summer Healing Serv. begin on July 12th, Tuesday evenings, beginning at 8:00 p.m., Laying on of Hands Circle; Pastor, Rev. Ida Donadio, 235 Winthrop St., Unit 7711, 02155, (617) 393-0130; Vice Pres., Sandra Millen, (508) 744-0546.

ONSET - On-I-Set Wigwam Spiritualist Church Camp 13th St., 02558.

SALEM - First Spiritualist Church of Salem

34 Warren St., 01970; Sun. Early Serv. 5:30-6:00 p.m.; Lunch break 6:00-6:30, Healing & Evening Serv. 6:30-8:00 p.m.; Telephone for weather cancellations, (508) 745-2098; Church season is Sun. after Labor Day - last Sun. in May; Pres., Priscilla Herrick, 9 Harbor St., Danvers, 01923, (508) 777-4268; Secy., Dorothy R. Crocker, 14 King St., Peabody, 01960, (508) 977-9554.

SPRINGFIELD — First Spiritualist Church, Inc.

33-37 Bliss St., 01105, (413) 732-1234; Worship Serv., 1st Sun. after Labor Day until last Sun. before June at 3:00 p.m.; Summer Serv., at 7:00 p.m.; Student Serv., 3rd Wed. of each month; Development Classes, Tuesdays at 7:30 p.m.; Pastor, Rev. Steve Hermann, NST, 115 Federal St., Belchertown, 01007; Pres., Mike Caro, Box 9, Ninantic, CT 06357, (203) 739-4963.

• Michigan •

MICHIGAN STATE SPIRITUALIST ASSOC. OF CHURCHES

Pres., Marcia Hyatt, 4161 Buckingham, Detroit, 48224; Secy., Marjorie Elaine Weichner, 8022 W. Chain Lake Rd., P.O. Box 89, South Branch, 48761-0089, (517) 257-4133.

CHARLEVOIX - The Golden Rule Spiritualist Church

1½ miles west of Bay Shore on old U.S. 31, North, 49720; Services: 10:30 a.m., March-May and Sept.-Nov.; Secy., Gail Wrona, 07453 Old 31 North, 49720, (616) 347-3899; Treas., Marjorie Stanhope, 07423 Old 31 North, 49720, (616) 347-7598; Pastor, Rev. Cosie Allen, 1418 Hall, S.E., Grand Rapids, 49506-3960, (616) 241-2761.

CHARLEVOIX - Northern Lake Michigan Spiritualist Camp

1½ miles west of Bay Shore on Old U.S. 31, North, 49720; Services: 10:30 a.m., June-Aug.; Secy., Gail Wrona, 07453 Old U.S. 31 North, 49720, (616) 347-3899; Treas., Marjorie Stanhope, 07423 Old 31 North, 49720, (616) 347-7598; Pastor, Rev. Cosie Allen, 1418 Hall, S.E., Grand Rapids, 49506-3960, (616) 241-2761.

DETROIT - First Spiritualist Temple

97 Delaware Ave., 48202.

LESLIE - Flower Memorial Spiritualist Church

West Bellevue at High St.; Sun. Lyceum 10:00, Church Serv. 10:45 a.m.; Pres., Timothy Weichner; Secy Gordon Glynn, 2053 Rolfe Rd., Mason, 48854, (517) 676-5364.

MUSKEGON - First National Spiritualist Church

3320 Thompson St., Bluffton Area, 49417.

OXFORD - Spirit of Harmony Chapel, N.S.A.C.

21 Dennison St., 48371; 1-(313)-628-2353; Sun. Serv. 7:30 p.m.; Pres., Michael Dambrique; Secy., Elizabeth Wilson.

ROYAL OAK - First Spiritualist Temple

3224 Greenfield Rd. (11/2 blocks So. of 13 Mile), 48073; Sun. Serv. 10:00 a.m. & 7:00 p.m.; Pastor, Rev. Stanley Gutt, (313) 288-4026.

SOUTH BRANCH - Chain Lake Spiritualist Camp Association

8000 W. Chain Lake Rd., 48761; Sun. Serv. 11:00 a.m., June 19, 1994 through Sept. 4th; Annual Retreat Week in July; Lyceum Supt., Dawn Hyatt; Pres., Donald Weichner, 8022 W. Chain Lake Rd., P.O. Box 89, 48761-0089; Secy., M. Elaine Weichner, 8022 W. Chain Lake Rd., P.O. Box 89, 48761-0089, (517) 257-4133.

MINNESOTA

MINNESOTA STATE SPIRITUALIST ASSOC. OF CHURCHES

P.O. Box 6115, Mpls., 55406; Secy., Melanie L. Helvig, (612) 529-0781.

DULUTH - First Spiritualist Church

1414 E. Ninth St.; Mailing Address: P.O. Box 3652, 55803-3652.

MINNEAPOLIS - Second Spiritualist Church

2230 Lyndale Ave. N.; Sun. Serv. 10:15 a.m.; Secy., Chrissy; Pres., Warren, P.O. Box 6115, 55406, (612) 529-0781.

MINNEAPOLIS - Spirit of Life Spiritualist Church

Secy., Toni Ferdelman - address mail to: P.O. Box 22398, 55422; Services held at 4:00 p.m., 4401 Upton Ave. So. (Lake Harriet Community Church Bldg.); Unfoldment class, Tues. Evenings 8:00 p.m.; Pastor, Rev. Palma Ashlay-Lehrer, NST, Medium, Comm. Healer, 3908 Georgia Ave. North, 55427, (612) 535-2746.

ROCHESTER - Third Spirit of Life Spiritualist Church Mailing address: P.O. Box 7312, 55903, (507) 775-6358.

ST. PAUL - Spiritual Science Church

411 Main St., 55102; Sun. Healing 10:00 a.m., Serv. 10:00 a.m.; Pres., Mr. E. A. Yankovec, 1687 Century Circle, #319, Woodbury, 55125, (612) 735-7579; Secy., Menalinn Haberkorn, 1040 Laurel Ave., 55104, (612) 224-0698.

• MISSOURI •

KANSAS CITY - The Light of the World Spiritualist Chapel, N.S.A.C. 3724 Red Bridge Rd.; Sun. Serv. 7:30 p.m.; Wed. 7:30 p.m.; Mailing

address: Secy., Edna Rowland, 601 S. Ward Rd., Apt. D, Lee's Summit, 64081; Pres., Ann Winn.

ST. LOUIS - Fifth Spiritualist Church

6026 S. Kingshighway Blvd., 63109; Sun. Serv. 10:30 a.m.; Healing, Meditation & All Message Service, 1st Wed. of the month at 7:00 p.m.; Pastor, Rev. Brenda Wittich, 3903 Connecticut St., 63116, (314) 773-0106; Secy., Mrs. Virginia Lee Gummels, 7608 Comfort Ave., 63143, (314) 647-5289.

NEBRASKA

OMAHA - Spiritual Science & Philosophy Church, N.S.A.C.

321 Hascall St., 68108-2121; Sun. Serv. 11:00 a.m.; Sunday Philosophy Class Noon when scheduled; Pastor & Secy., Alace Jayne Fanslau, 321 Hascall St., 68108-2121, (402) 345-0101.

• NEVADA •

LAS VEGAS - Spiritualist Desert Church, N.S.A.C.

Sun. Serv. 6:30 p.m.; Pastor, Catherine Stewart, Licentiate Minister, (702) 431-2571.

NEW HAMPSHIRE

SALEM - The Church of Spiritual Life, Inc.

109 Main St., Rt. 97; Mailing Address: P.O. Box 892, Methuen, MA 01844: Year Round Services: Sunday 2:00 p.m.; Wed, 7:00 p.m.; Pres., Dwight Broadstone, (603) 783-4456.

NEW JERSEY

MERCHANTVILLE - Stow Memorial Foundation

Herbert Schneider, 107 W. Maple Ave., 08109.

WESTVILLE - Church of Eternal Life

243 W. Olive & Folsom Sts., 08093, (609) 456-2196; Sun. Serv. 11:00 a.m.; Pastor, Lillian Joyce, 405 Binker Ave., Berlin, 08009, (609) 767-1651; Pres. Edith Pedrick, 123 E. Oakland Ave., Oaklyn, 08107, (609) 854-4317; Secy., Irene A. DiRenza, 119D Haddon Hills Apts., Haddonfield, 08033, (609) 858-6535.

• NEW YORK •

ALBANY - Capital District Spiritualist Church

2245 Central Ave., Schenectady, 12304; Sun. Serv. 6:30 p.m., Progressive Development & Philosophy classes, Mon.-Thurs., Open Healing Forum every Friday at 7:00 p.m., Open Seances every Friday at 7:30 p.m. and every Sun. at 8:30 p.m.; Psychic Horizons Bookstore is open weekdays and after all church functions; Church is open all year; Pres., Linda Spencer; Pastor, Rev. Stephen Robinson, NST, (518) 374-7558.

ALBANY - Spiritualist Open Center

1471 Rte. 9, Rome Plaza, Clifton Park, 12065; Sunday Serv. 10:30 a.m.; Spiritual Unfoldment Classes, Mon.-Thurs.; Open Circles, Fri. 7:30 p.m.; Silver Cord Books and Gifts, open after all church functions; Pastor, Rev. Hillary Kramer, NST; Pres., Patricia Cizewski, (518)

AMSTERDAM - Circle of Light Spiritualist Center

419 Chapman Dr. (East Main St.), 12010.

(Continued on next page . . .)

CHURCHES DIRECTORY OF (Continued from previous page.)

BINGHAMTON - First National Spiritualist Church 97 Riverside Dr., 13905.

BROOKLYN - The Temple of Divine Guidance, N.S.A.C.

493 Clinton Ave. (2R), 11238; Serv. 1st & 3rd Sat. 2:00 p.m.; Pastor, Benjamin R. Cooper, Jr. (same address); Asst. Pastor, Rev. Michael J. Martino, Jr., NST, 30 Park Ave., Caldwell, NJ 07006; Secy., Willette Law, 10 Argyle Rd. 6C, 11218, (718) 282-8542.

BUFFALO - Spiritualist Church of Eternal Brotherhood

1980 Bailey Ave., 14211-2402, (716) 892-5277; Sunday Lyceum Serv. 10:30 a.m., Healing Serv. 11:30 a.m., Worship Serv. 12:00 p.m.; Mediums Day 2nd Sunday, Dinner 1:30 p.m., Circles following dinner; Message Service every Friday 7:00 p.m.; Classes, Seminars, Consultations & special activities available; Contact Pastor & Pres., Rev. Andrew Lynch for further information; Secy., Susan Blessing, 7299 Norman Rd., North Tonawanda, 14120.

EAST AURORA - First Spiritualist Temple

29 Temple Pl., 14052, (716) 652-5018; Sun. (except Mediums Day) 1:00 p.m. Lyceum Classes adult & children; 2:15 p.m. Healing Service; 3:00 p.m. Lecture & Message Service; 4:30 p.m. Coffee Hour; Mediums Day 3rd Sun. of month; 2:15 p.m. Healing Service; 3:00 p.m. Lecture and Message Service; 4:30 p.m. Dinner followed by All Message Service; Pastor, Rev. Paul F. Spencer, NST, Box 511, Delevan, 14042, (716) 492-3608; Secy., Charlene Kleinschmidt, 1071 Wish Circle, 14052, (716) 652-4972.

FREEVILLE - Central New York Spiritualist Assoc. Camp Box 26, 13068.

LILY DALE - Lily Dale Assembly 5 Melrose Park, 14752.

LILY DALE - Lily Dale Spiritualist Church

Sun. Servs. Healing 10:30 a.m., Worship 11:00 a.m. (Sept.-June), Lyceum 9:30 a.m. - Karen Payne, Director; Church Pres., Rev. Barbara Laughlin, NST; Secy., Lynda Alaimo; Address all correspondence to church at P.O. Box 1128, 14752.

LONG ISLAND - New Horizon Spiritualist Church 261 Elmont Rd., Elmont, 11003.

LONG ISLAND - Temple of Metaphysical Science, N.S.A.C.

15 Oak St., Patchogue, 11772; Sun. Serv. 11:00 a.m.; Pastor, Rev. Edna C. Claussen, (516) 447-2141; Asst. Pastor, Rev. Virginia Berg, (516) 588-1442; Mailing Address, P.O. Box 18, Holbrook, 11741; Secy's., Gail Griffeth, Ed Freidlein.

ROCHESTER - Plymouth Spiritualist Church

175 Carter St., 14621, (716) 544-0427; Sun. Serv. 10:30 a.m., Wed. 7:30 p.m.; Pastor, Rev. Ann Lazerson, 691 Parsells Ave., 14609, (716) 288-5666.

ROCHESTER - Spiritualist Church Of Light 1712 Monroe Ave., 14618.

OHIO =

OHIO STATE SPIRITUALIST ASSOCIATION 850 N. Meridian Rd., Apt. 610, Youngstown, 44509.

ASHLEY - Ashley Spiritualist Camp P.O. Box 24, 43003.

ASHTABULA - First Spiritualist Church

4230 Main Ave.; Sun. Serv., 2:30 p.m., Healing & Clairvoyance; Pres., Charles J. Benes, 8513 Creek Rd., Williamsfield, 44093, (216) 293-7056; Secy.-Treas., Dorothy A. Benes; Healing & Clairvoyance Services at 2:30 p.m. during the months of Sept., Oct., Mar., Apr. & May; Winter Hours, Services held at 1:30 p.m. during months of Nov., Dec., Jan. & Feb; The Book Shop is open every Sunday.

COLUMBUS - First Spiritualist Church of Linden

1751 Aberdeen Ave., 43211; Devotional Serv. Sun. 10:30 a.m., Sun. Lyceum 9:30 a.m.; Pastor, Rev. Neil C. Griffen, 8521 Old Worthington Rd., Westerville, 43801, (614) 263-1631.

COLUMBUS - Spiritualist Church of Spirit Revelation

1081 E. Weber Rd., 43211; Worship Serv. Sun. 2:30 p.m. & Wed. 7:30 p.m.; Message Serv. 4th Friday of each month.

DAYTON - The Church of Two Worlds, N.S.A.C. 848 Clover St., 45410.

MARION - Memorial Spiritualist Church

667 Henry St., 43302; Sun. Serv. 2:30 p.m.; Thurs. Message Serv. 7:30 p.m.; Pres. Robert Hull, 316 Franklin St., 43302, (614) 387-8887; Secy., Dorothy Beveridge, 241 Uhler Ave., 43302, (614) 387-2400.

OKLAHOMA

OKLAHOMA CITY - Central Spiritualist Church

2348 N.W. 36th St.; Sun. Serv. 2:30 p.m., Lyceum Sun. 1:00 p.m.; Pres., Joseph F. Oyer, 6216 S.E. 10th St., 73110, (405) 732-7975; Secy., Juanita R. Oyer, 6216 S.E. 10th St., 73110, (405) 732-7975.

PENNSYLVANIA

ALLENTOWN - Getter Memorial, N.S.A.C.

1123 Oak St., 18102; Sun Serv. 10:00 a.m.; Pastor Ludwig L. Zernicek, LM, P.O. Box 329, Bloomsbury,, NJ 08804-0329, (908) 479-1772; Pres., Sharon George, 202 N. 8th St., 18102, (215) 434-3454; Secy., Susan Zernicek, P.O. Box 329, Bloomsbury, NJ 08804-0329, (908) 479-1772; Treas., Myrtle Frace, 2044 Ridgelawn Ave., Bethelem, 18018, (215) 868-5476.

McKEESPORT - First Spiritualist Church

809 Locust St., 15132; Sun. Serv. 2:00 p.m., Healing, Lecture and Messages; Pres., Ella Bryner, 501 Pirl St., Apt. 4M, 15132; Secy., Carol Perella, P.O. Box 1981, Pittsburgh, 15230.

PHILADELPHIA - Second Spiritualist Church

423 S. Broad St., 19147, (215) 735-9630; Lyceum Sun., 3:00 p.m.; Serv., 4:00 p.m., Wed., 7:30 p.m.; Pastor, John E. Faison; Secy., Gladys M. Faison, 2118 N. Natrona St., 19121, (215) 232-9219.

• TEXAS •

TEXAS SPIRITUALIST ASSOCIATION

Executive Offices: 5213 Chestnut Lane, Bellaire, 77401.

AUSTIN - First Spiritualist Church

4200 Ave. "D", 78751; Sun. Devotional & Message Serv. 10:00 a.m.; Pastor, Mrs. June Brockway, (512) 329-0869; Secy., Ricardo Gonzalez, 11441 IH 35N #4201, 78753, (512) 836-5530.

CAMERON - First Spiritualist Church

802 S. College St., P.O. Box 1152, 76520; Sun. Morning Serv. 10:30 a.m.; Lunch 12:00; Afternoon Serv. 1:00 p.m., Third Sun. of each month; Pastors, Rev. Frances Brown, 2723 S. Congress, Apt. #2311, Austin, 78704, (512) 447-2188, and Rev. Evelyn Muse, NST, 1104 Susan Dr., Edinburg, 78539, (512) 383-2510; Secy-Treas., Connie Cannon, (817) 697-2296.

DALLAS - Second Spiritualist Church

4653 Cedar Tone Dr., 75211; Services the second and last Sunday each month at 10:45 a.m.; Pastor, Arthur E. Hanson; Secy., Rosie Lee Hanson, (214) 331-8236.

EL PASO - Luz Y Verdad Spiritualist Church, N.S.A.C. Secy., Mrs. I. M. Rivera, 3305 Nashville, 79930.

GALVESTON - Science Of Serenity Church, N.S.A.C.

2323 Avenue "N", 77551; Pastor, Martha L. Garrett; Secy., Douglas Smith.

HOUSTON - First Church Of Divine Science 2115 Turner St., 77009

HOUSTON - Church Of Divine Spirit 8010 Wier, #1, 77093-6138

SAN ANGELO - Church Of Divine Awareness, N.S.A.C. 5914 Glenhurst, 77033.

SAN ANTONIO - Louise Scholtz Memorial Chapel

1627 Pan Am Express Way N.; Sun. Serv. 10:30 to 11:30 a.m.; Pastor, Garrett H. Scholtz; Secy., Ruby Robertson, 10506 Kosub Lane, 78223, (512) 635-7751.

TAYLOR - First Church of Psychic Science, N.S.A.C.

1300 W. 4th & Ferguson; Serv. 2:00 p.m., 2nd & 4th Sunday of each month; Pres., Jennye Lou Swanson, 12316 Fay St., Manor, 78653, (512) 251-5425; Pastor & Sec., Mrs. Frances Brown, 2723 S. Congress, Apt. #2311, Austin, 78704, (512) 447-2188; Vice Pres., Susan Gates; Musician. Vera Roznavak.

VIRGINIA •

NORFOLK - The Memorial Spiritualist Church, N.S.A.C.

307 W. 37th St., 23508, (804) 622-5070; Devotional Serv. Sun. & Wed., 11:00 a.m. & 7:30 p.m.; Pres., Fred H. Brown, 622 W. Princess Anne Rd., 23517, (804) 627-7015, Secy., Rev. Lelia Cutler, 7310 Midfield St., 23505, (804) 480-3799.

SPRINGFIELD - Center for Spiritual Enlightenment, N.S.A.C.

7317 Westmore Dr., 22150, (703) 451-7705; Pastor, Rev. B. Anne Gehman; Pres., Dan Holdgreiwe; Secy., Bunny Starr.

(Continued on next page . . .)

DIRECTORY OF CHURCHES

(Continued from previous page.)

WASHINGTON

MILTON - Camp Edgewood, N.S.A.C. Assoc.

1228 26th Ave. Ct., 98354, (206) 927-2050; Childrens Lyceum, Wed. 7:00 p.m., Jill Mohler; Adult Lyceum, Fri. 7:30 p.m.; Denice L. Chapman, Certified Lyceum Teacher; Pres., David R. Chapman, Sr.; Secy., Denice L. Chapman, 1200 25th Ave. Ct., 98354, (206) 952-6722.

MILTON - Church of Spiritual Truth

1228 26th Ave. Ct., 98354; Sun. Serv. 11:00 a.m.; Pres., Fred Klontz, 402 E. Wright, Tacoma, 98404, (206) 627-3874; Pastor, Lillian Johanson; Secy., Denice L. Chapman, 1200 25th Ave. Ct., 98354, (206) 952-6722.

MILTON - Church of Spiritual Unity

Sun. Serv. 2:00 p.m.; Pres., Colleen Mohler, 1210 - 25th Ave. Crt., 98354.

WEST VIRGINIA •

WHEELING - First Spiritualist Association

(Way Memorial Temple) Broadway & Maryland Sts., located on Wheeling Island; Sunday Lyceum 9:30 a.m.; Sunday Serv. 10:45 a.m.; Wed. Healing 7:00 p.m.; Message Serv. 7:30 p.m.; Pastor, Rev. Velma Gasber, 104 N. Broadway St., 26003; Parsonage, (304) 232-5795; Church, (304) 233-5065; Secy., Lucille Smith, 71241 Erin Lane, Martins Ferry, OH 43935, (614) 633-0520; Lyceum Conductor, Annabelle Doty, 68209 Commercial Dr., Bridgeport, OH 43912.

WISCONSIN •

LaCROSSE - Second Spirit of Life Spiritualist Church

Church Office, 727 State St., 54601, (608) 782-6547; Services held at 2:00 p.m. every Sunday at the Valley View Mall Community Room, Entrance #3, 3600 Hwy. 16; Pastor, Deenah Taylor.

WEST ALLIS - First Psychic Science Church

6228 W. Washington St., 53214; Sun. Healing 9:30 a.m. to 10:30 a.m.; Church Serv. 10:30 a.m.; Pastor, Rev. Joseph Sax; Pres., Manilla Kochanski, (414) 474-7332; Secy., Allison Mueller, 1200 E. Singer Circle, Apt. 42, Milwaukee, 53212, (414) 332-9941.

WEST ALLIS - Spiritual Science Church

2103 S. 81st St., 53219.

WONEWOC - West Wisconsin Spiritualist Camp Association

304 Hill St., 53968, (608) 464-7466; 94th season opening, June 19 through Sept. 17, 1993 (Near WI Dells); Please call Walter or Bernice Sasse for pre-season information, (414) 251-3457.

• CANADA •

BRITTEN MEMORIAL CHURCH OF CANADA

657 Lansdome Ave., Toronto, Ontario, M6H 3Y2. Pastor, Rev. June Struthers, (519) 621-6325; Services, Sun. 3:00 p.m. Spiritual Healing and Messages; 7:00 p.m. Address and Messages; Mon. 7:30 p.m. Certificate Course; Wed. 7:30 p.m. Message Evening; Thurs. 7:30 p.m. Spiritual Healina Course.

CHURCH OF UNIVERSAL LOVE

6123 Yonge St., enter on Centre Ave., North York, Ontario, M2M 3W2; Sun. Winter Hours, Oct.-April, 2:30 p.m.; Summer Hours, May-Sept. 7:00 p.m., Divine Service, Spiritual Healing, Address and Messages; Wed. 8:00 p.m., Spiritual Healing and Messages; Fri. 7:30 p.m., Open Circle, Meditation and Messages; Pastor, Rev. Kenneth Jackson, (416)

THE FIRST SPIRITUAL CHURCH OF MONTREAL

2186 St. Catherine St. West, H3H 1M7; English Serv. - Sun. 2:15 p.m. & Wed. 7:30 p.m.; French Serv. - Sun. 4:30 p.m., 2nd & 4th Wed. 7:30 p.m.

SPIRITUAL SCIENCE FELLOWSHIP

Sun. Serv. 7:30 p.m., Ramada Inn, 1005 Guy St.; Rev. Marilyn Rossner, Ph.D., Minister; Dev. Classes, Workshops, Message Circles, Teas, Discussion Groups, Symposiums, Visiting Mediums; All Welcome, (514) 937-8359; Office, 1974 Maisonneuver Blvd. West, Montreal, Quebec.

30 Merritt Road, Toronto, Ontario M4B 3K5; Sun. Serv. 3:00 p.m. Spiritual Healing & Messages, and 7:00 p.m., Address and Spirit Messages; Tues., 8:00 p.m. Spiritual Healing, Clairvoyant Messages; Thurs. 8:00 p.m. Spiritual Healing and Development Circle; Fri. 8:00 p.m. Meditation and Open Circle; Pastor, Rev. Doreen Bauld, (416) 759-3978.

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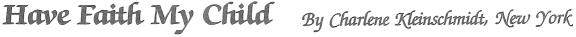
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The West By Bettie Jo Babbitt, Arizona

Night fall soft on the plains of the west, Low hangs the moon, and the pale stars peep, I lie awake while the others sleep And list to the night wind whisper of rest. A coyote howls from the low hill's crest — A wild, lone yell — and there is the deep, Soft night old ghosts their vigils keep: Men long dead renew their quest. Still, grey riders on shadowy steeds, Men who rode through the West of Old, Haunting the scenes of their long-done deeds, Searching forever for Phantom Gold, Neath an eerie moon file over the hill . . . I watch them ride . . . and the night is still.



Come my child and sit by me, while I speak the truth as truth must be. if you to my word take heed, you shall be wise and strong indeed.

When you arise at the touch of dawn, give forth with a wide and mighty yawn. Take a deep breath, break forth your smile and thank God for this day all the while.

Lift up your heart and love the good earth go among men and show them your worth. With a soul filled with love and a positive thought, you know that you share in all God has wrought.

Speak gently my child, but firmly and true of the love that our God has given to you. Embrace his word and carry it far that all may know whose child you are.





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FEATURE

BIOGRAPHICAL SKETCH The Rev. Victoria Barnes, M.D.

REV. GENEVIEVE WOELFL. THE BY NST. CALIFORNIA

Name: The Rev. Victoria Barnes, M.D. (Surgeon)

Place of Birth: Port Elgin, Ontario, Canada

Date of Birth: July 22, 1884

Date of Transition: September 2,

1961

Mother's Full Name: Christine

MacLaren

Father's Full Name: Hugh

MacLaren

Husband's Name: Lewis Earl

Barnes

Children: Five children including Clifford Barnes, PhM., and Gilberta Barnes Messick.

Church Affiliation: National Spiritualist Association of Churches, Morris Pratt Institute, Milwaukee, Wisconsin. Member of The Church of The Spirit, Chicago, Illinois

State Affiliation: Wisconsin and Illinois State Associations

Certifications: Ordained Spiritualist Minister; National Missionary; Yearly served Wonewoc Western Wisconsin Spiritualist Camp Association; Ordained by Rev. Joseph P. Whitwell, Minneapolis, Minnesota, September, 1938.

Special Points Relating to Spiritualism, Accomplishments, activities: Internationally recognized authority on Spiritual ism; Senior Trustee of N.S.A.C.; Honored Teacher of Spiritualism, its Philosophy, Science, and Religion; Superintendent, **Educational Department of** N.S.A.C. for some 27 years.

Special activities: For 50 years, Rev. Barnes was a Medical Surgeon in Chicago, Illinois; A lecturer on Spiritualism all over the U.S.A., plus England



The Rev. Victoria Barnes, M.D.

and Canada; Dr. Barnes was United States' representative to the International Federation of Spiritualists in England (formation).

Writings: She wrote The Advanced Course for Morris Pratt Institute; Wrote a complete Bible Course for N.S.A.C.; Wrote "The Medium's Friend — The American Indian"; Compiled The Centennial Book: "One Hundredth Anniversary of Modern Spiritualism" -- 1948.

Miscellaneous: In that book of 1948. Dr. Barnes wrote of the Formation of the National Spiritualists Association in 1893 on September 27, at #77 31st Street, Chicago, Illinois; She told how the Hon. Mercy P. Cadwallader presented its Seal to the new N.S.A. Association; She wrote a question and answer column for The National Spiritualist magazine.

Poem written by Dr. Barnes:

How pleasant it is to think That each familiar face Now gazes on us as of old From its mysterious place With love that neither death nor change

Hath power to sever or estrange.

SPIRITUAL HEALING

- Prayer for Spiritual Healing -

I ask the great unseen healing force to remove all obstructions from my mind and body and to restore me to perfect health. I ask this in all sincerity and honesty and I will do my part. I ask this great unseen healing force to help both present and absent ones who are in need of help and to restore them to perfect health. I put my trust in the love and power of God.

April Healing Month Results!

he Spiritualist Open Center, N.S.A.C. — Harmony Chapel, in Clifton Park, New York, Rev. Hillary Kramer, pastor, really brought healing to the congregation during the National Spiritualist Association of Churches April Healing Month. Subjects included were:

Sunday, April 10, 1994 "Healing the Pain that Binds You"

Sunday, April 17, 1994 "Love is the Food of the Universe" Each member of the congregation was asked to bring a nonperishable food item to be donated to a local food pantry.

> Sunday, April 24, 1994 "Earth Day Celebration — Earth is a Family Business"

Tree seedlings were given to each member of the congregation to help heal the earth and make it a greener place. The NYS Department of Environmental Conservation provided the trees and the Spiritualist Open Center made a donation to the agency.

The National Spiritualist Association Board of Directors has decided that each April will be designated as N.S.A.C. Healing Month, so it will be especially nice if churches might share their ideas, plans,



or wonderful suggestions such as these, for other N.S.A.C. Churches to keep in mind for next year.

When we do our part the Great Unseen Healing Force does remove the obstructions and the Love and Power of God restores balance and harmony. Thank you all for your healing prayers and energy in April and throughout the year.

- P.S. Other suggestions we heard about:
- 1. Five minutes each day by each member of the congregation for the community — wrap it in Love.
- 2. Daily acts of kindness toward people around your life.
- 3. Appreciate the workers around you, i.e.: firefighters, store clerks, road maintenance, etc.

Remember please, that one person can make a difference with their healing prayers, but thousands of people praying can make our world a better place.

LIFE EARTH

philosophy. Going into the future, I will be quoting more from them. I also owe thanks to my sister-in-law, Virginia Norris, for her help in correcting my grammar, something I never mastered in the twenty schools I went to in three countries in eight years.

I also feel a great deal of credit

(Continued from page 10.)

should go to our Editor of The National Spiritualist, Rev. Sandra Pfortmiller, NST, who I am sure spends many hours of work selecting and rearranging the articles for publication . . . and last, but not least, the computer that corrects my spelling.

SPIRITUAL

(PLEASE PRINT OR TYPE)

I request Spiritual Healing for:

because of the follo	wing conditions:
I will pray with N.S	S.A.C. Prayer Groups:
$DAY \ \Box$	NIGHT □
I will send a report	of prayer results:
WEEKLY 🗆	MONTHLY □
Please apply my lov	e offering of
at the Healing Cente	_ for needed supplies er.
This Spiritual Healin (Your name, address	ng Request made by: s, etc.)
Name	
Address	
City, State	
Zip Code	

Please make Love Donations out to the N.S.A.C. Healing Center.

MAILING ADDRESS:

N.S.A.C. HEALING CENTER c/o Mrs. Susan Blessing 7299 Norman Road North Tonawanda, NY 14120

You will receive a "One Each Day" packet. To request information on "How to Form a Spiritual Healing Prayer Group."

CHECK HERE □

Please keep in touch with the National Healing Center if you have an active Healing Prayer Group, or if you desire information to begin one, or to become a member of one. The Center needs to know the group leaders name, members names, place, day of the week and time of your meeting. This is a wonderful way to practice our Absent Healing, to help others, to share a prayer and something that EVERY-ONE can participate in.

LIVING ON

A Study of Altering Consciousness After Death BY PAUL BEARD

Paul Beard's "Living On" represents a singular achievement, for while other books have focused on the arguments surrounding Survival, this one focuses on the nature of Survival. The author has organized a wide variety of post-mortem accounts into a composite view of what life beyond the physical is likely to hold. He gives us a clear description of the journey which each of us will someday take.

The complete subjectivity of this further dimension of life is usually not

understood at first because it is hard to grasp the limitless quality of our minds when released from the physical limitation of our bodies. Most people after death find themselves in a familiar environment which appears to be substantial, but which is really a non-physical state of consciousness based on habit of thought.

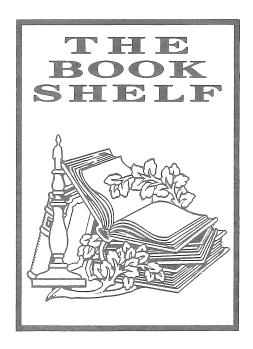
This is the oft-described Summerland with its many pleasures passed in familiar surroundings with congenial friends. Much of importance happens here, for during this period of relaxation many mental and emotional adjustments must be made. Though some people continue to find themselves entangled in the problems they failed to work out while on earth, others move swiftly toward a keener, deeper understanding of the past and seek a more strenuous involvement in their current experience.

As one discarnate put it, "You will find that the gratification of your desires quickly pales, but at least you have the pleasure of it before this happens." The author says, "a sense of stagnation descends . . . for something is stirring within him which tells him that he is not satisfied, that there are hidden areas of life ahead of him."

Beard points out, "The key to understanding discarnate life is that we are concerned with a number of different levels of consciousness, and that what is true at one level is not necessarily true in the same way at deeper levels . . . The real difference, however has to be seen in terms of expanding consciousness. Discarnate experiences represent an adventure in growth."

Further, he says, "The purpose of the early stages of the next life are first to enable man to recognize and shake off his illusions, often by continuing to live within them until their illusion becomes clear to him; second, to come to recognize himself in a far more objective way; and third, to discover how to reach and live more fully within those parts of his nature which he had not expressed whilst on earth."

As evidenced by the wide variety of records communicated by discarnates, life after physical death is "a process of passing



through a number of layers of consciousness, and of man not yet fully aware of himself as a many-leveled being, and who at these early stages is much less than his full self."

"Such a process is best looked upon as a transference from one area of one's consciousness to a larger area. As this realization takes place, the former consciousness will gradually melt away as irrelevant."

This new openness to the unlimited self is often experienced as a second death. One discarnate described it thus, "The old sinful self is lost and forgotten in a great humility . . . " Another said, "You have lost your own identity without any concern or anxiety about it . . . It is a true spiritual release . . . "

And yet, one is not lost. Consciousness remains.

Says Beard, "It is a stupendous experience to cast off that personal self... In the very casting off comes the transforming process from which a new man is created."

Thus, "So far the pilgrim has learned to readjust himself to the experience of living on after death, to face the (self) judgement, and to abandon the personality in which he lived so closely on earth. He is now ready to transfer his consciousness to his hitherto largely unknown individuality."

What is that larger individuality?

Alas, that is impossible to describe in the limitation of space here remaining. We can only suggest that you read and ponder this marvelous book for yourself — though there is still one last note on the subject of "Living On" which must be made.

Paul Beard, at the end of the book, devotes a full chapter to the sometimes contentious subject of reincarnation. He concludes that each of us must in our own way "find an answer to the problem of how to compare communicators who declare that reincarnation is a truth and those on the contrary who swear it is not so, and say they have never met anybody who knows he has been reincarnated. Both kinds of accounts exist."

Whatever your conclusions regarding this and other issues raised by the discarnate communicators quoted in "Living On," we are sure you will enjoy this intriging book.

- Reviewed by Barbara Ferraro

PRIVATE DOWDING

The personal story of a soldier killed in battle.

Through the mediumship of Wellesley Tudor Pole

rivate Dowding" was first published in 1917 at the height of World War I. It is a channeled work received through the mediumship of Wellesley Tudor Pole, and has the authentic (Continued on next page.)

SPIRITUALIST? ABRAHAM LINCOLN . . . A (Continued from page 13.)

In February of 1865, Nettie was contacted and told her father was seriously ill, and she was to come to him immediately. Many people were waiting to talk to the President that day, but Nettie's card saying that she wished to apologize to Lincoln got her a fairly prompt audience with him. Smiling, Lincoln asked if the spirits couldn't inform Nettie if her father's illness would prove fatal or not, to which she responded that she'd already consulted spirit, and her presence was needed to effect a cure. The President laughingly said to a friend: "I didn't catch her, did I", and expressed regret that she wouldn't be attending the inaugration. She commented that she probably wouldn't be able to see him in the crowd, to which he answered she couldn't help noticing, since he'd be the tallest man there.

Then he questioned: "But what do our friends say of us now?" She answered: "What they predicted for you, Mr. Lincoln, has come to pass, and you are to be inaugurated the second time. But they also re-affirm that the shadow they have spoken of still hangs over you." Turning away half-impatiently, he said: "Yes, I know. I have letters from all over the country from your kind of people . . . mediums, I mean . . . warning me against some dreadful plot against my life. But I don't think the knife is made, or the

bullet run, that will reach it. Besides, nobody wants to harm me."

Nettie's sad answer was prophetic: "Therein lies your danger, Mr. President . . . your over-confidence in your fellow-men. "His gloomy look returned, as he said: "Well, Miss Nettie, I shall live till my work is done, and no earthly power can prevent it. And then it doesn't matter, so that I am ready . . . and that I ever mean to be." He shook her hand and expressed a hope he'd see her "next fall." "We shall certainly come if you are here," she returned. Ushered out kindly, she never saw him alive again.

Lincoln's experiences ranged from the merry to the morose... from sitting with three others on a grand piano as it rose and fell in time to the music being played by a medium, to dreaming of his own funeral a few days before his assassination. My words aren't meant to convert or alarm you, but simply help show what made Lincoln great: his willingness to search for truth and guidance from all sources ... not just popular ones. He was humble, lived his religion without flaunting it, cultivating wisdom and pure purpose. May we be as wise and pure as our country's 16th Commander-in-Chief!

PATIENCE TEACHERS HAVE (Continued from page 14.)

prepared, when they are not properly developed. When they themselves understand patience, when they themselves can question, is this my teacher from the spirit side of life? Are you my guide? Are you my doctor? If you do not wish to give me your name, give me something that I can identify you with. Give me something so that I will know who you are, that you are a part of my band. And when you bring me a message, bring me a message that identifies the entity that wishes to come to me through my mediumship.

Teachers be patient, be honest with yourselves and with your students, so that in turn they will be honest with the

world — with the world of spirit and this earth plane world. Bring us mediumship that we will know that we are bringing the very best, that we will know that people will understand us, that people will know who we are talking about, who we are describing. There will be no questions. Perhaps when this day comes, then Spiritualism will be heard, then we will be listened to by all the world. By people everywhere who will not call us negative names, but who will say that is truth. I know it, because I can identify with it. Teachers be patient.

THE BOOK SHELF (Continued from previous page.)

ring of truth which is characteristic of the best channeled messages.

This little book was once widely read, having had a powerful effect on the people of its day. It is the testimony of Survival by a soldier who began communicating soon after his death. As such, it provides us with one of our best records of this earliest phase of transition beyond the physical.

At his passing, Private Dowding says he did not lose consciousness, but simply "found myself out of myself." He asks, "How does it feel to be 'dead'? One can't explain, because there's nothing in it! I simply felt free and light." He goes on, "Then I found that the whole of myself — all, that is, that thinks and sees and feels and knows — was still alive and conscious!"

A helper soon joined him and what follows is an excellent description of what Spiritualists have always called

the Borderland, a post-mortem state of consciousness not yet far removed from earthly conditions. Through his experiences in this seemingly objective world, Private Dowding gradually comes to understand the illusory nature of his own mind. He observes, "I begin to see that phenomenal existence, whether on earth or here, is so impermanent as to be unreal."

This fascinating record ends in 1919 as the war itself comes to a close and Private Dowding passes onward in his journey.

Reviewed by Barbara Ferraro

The books in this review are now available through the N.S.A.C. Books By Mail Service. (Order form available on page 25.)



Along with education we need to reaffirm two things to our young people: spiritual values and self-esteem.

he N.S.A.C. recently commissioned a revision of the Lyceum Manual, which will soon be ready for use. As a Spiritualist Minister, and a public school teacher, I am thrilled that this is so because even though the former Manual contained a wealth of information, some of its usefulness was short-circuited because of its out-dated language and style.

Education of our young MUST remain current if we are to reach into their world and help them become fullyfunctioning, adult, SPIRITUAL, beings. Our children ARE truly our future ... not only the future of Spiritualism, but also the future of the universe . . . for it is always the children who carry forth the torch of truth from one generation to the next. I truly believe that Spirit walks with us along this path.

The education that most of us receive in school, in and of itself, doesn't guarantee that we'll grow up learning compassion, consideration, spiritual values, love of humanity, character, concern, understanding, and the ability to use our education for the betterment of the world in general. Secular education, in and of itself — only guarantees us a background of knowledge which we can use either for material, or spiritual, growth ... or hopefully ... for a harmonious blending of each.

So, after much thought, I finally understood that the reason this new Lyceum Manual has me so excited is that it fills the gap which secular education neglects to address. It helps us, as parents, teachers, and concerned Spiritualist communities, to educate our youth along Spiritual pathways so that they might come to recognize their inter-connectedness with Infinite Intelligence and

with ALL of nature.

Along with education, we need to reaffirm two things to our young people: spiritual values and self-esteem. As a teacher, I KNOW

just how important values and self-esteem are to a child's sense of worth, belonging, and family. As a Spiritualist Minister, I truly believe that it IS possible to teach these concepts — and that we MUST do so in order to stem the tide of violence and disregard for human life that we see so rampant in our society at the present time.

Speaking now as both teacher and minister, my heart tells me that — FINALLY — we're beginning to recognize and understand the need for educating the WHOLE child.

Self-esteem programs are becoming part and parcel of every elementary classroom. Health teachers are teaching children respect for their own bodies and for the rights of others. Social studies teachers are repeating over and over again the words of Santayana — "Those who do not remember the past are condemned to repeat it . . . "

Yes, I truly believe that Spirit is moving in American education. Oh, I admit, it's just a small whisper at the moment. But if you listen ... I mean really listen ... you can hear its echo across the land . . . Spiritual values . . . self-esteem . . . Just the thing we, as Spiritualists, emphasize in our OWN lyceums. For, to paraphrase Goethe, "the greatest evil that can befall us is that we should come to think ill of ourselves."

So, one of our goals of our lyceums, in addition to teaching children the Science, Philosophy and Religion of Spiritualism, should be to give our children feelings of self-worth, self-respect, and of being lovable. It is one of the greatest gifts we can give our children.

We need to teach them that they are an external and precious part of the Source, a unique individualization of

(Continued on next page.)

SPIRITUAL EDUCATION CHILDREN

(Continued from previous page.)

the perfection and wholeness of the Creator; that their very existence proves their worth and importance; and that no one, or no thing, is more or less worthy or important than they. L. S. Barksdale, a prominent researcher on self-esteem, suggests that we have our children constantly affirm: "I accept myself totally and unconditionally as a unique and precious being, ever responsible for my own life, ever doing the best my current awareness permits, ever growing in wisdom and

Maybe we should consider putting this saying on a large piece of oak tag and placing it in a prominent position in our lyceums so that we can all review it many times a day. And I say ALL of us because, whether we are teachers or not, total and unconditional acceptance of another is only possible when we can totally and unconditionally accept ourselves. To paraphrase author J. C. Pearce, we heal our children by healing their models — ourselves.

"No printed word, nor spoken plea Can teach young minds what men should be. Not all the books on all the shelves — But what the TEACHERS are themselves."

Former secretary of Education, William J. Bennett once said in a speech: "if we want our children to possess the traits of character we most admire, we need to teach them what those traits are. By exposing our children to good character and inviting its imitation, we will help them develop it for themselves. We must have teachers and principals who not only state the difference between right and wrong, but who make an effort to live that difference in front of the students."

So, what are some of those character traits that will help our children see that as adults we do indeed, "walk our talk"? Well, according to Indian mystic and educator, Sai Baba: "through the philosophical, ethical, and legal literature of the worlds' cultural traditions runs a common thread of universal human values. These universal values are Truth, Right Action, Peace, Love, and Non-Violence." Thus, he continues, the pursuit of TRUTH will lead to RIGHT-ACTION; RIGHT-ACTION will promote PEACE; PEACE will enable LOVE to flow; and LOVE will expand into NON-VIOLENCE. To teach these values directly, Sai Baba suggests five methods. These are: silent sitting (or "tuning in"); singing songs; learning quotations; listening to storytelling; and participating in group or creative activities. All of the activities we already employ in our current lyceums!

It is important that we, as parents, and teachers, help our children cope with the physical and spiritual needs of earthly life. It is equally important that we remind each child often that he or she is a child of Infinite Intelligence. When children come to know that Spirit is their TRUE parent, it brings them great joy, and then the temporary losses, separations, and misunderstandings of life are not as traumatic.

Our greatest gift to them will be to help them discover their own unique mission — to answer their questions about who they are; where they came from; why they are here; and where they are going — in much the same way as was expressed by Peggy Jenkins in the book The Joyful Child. "Children, we are all here to learn, to love unconditionally, to expand our awareness, to be truly helpful, to make the world a better place to live, and to be joyous."

The California State Spiritualists' Association invites you to attend the

N.S.A.C. 102nd Annual Convention

in the San Francisco Bay area at the Clarion Hotel S. F. Airport

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Evening Worship Service — 7:30 P.M.

Monday, October 3 — N.S.A.C. Service Club Seminars and Workshops — Day N.S.A.C. Banquet — Evening

Tuesday, October 4 to Friday, October 7 — N.S.A.C. Business Sessions - Days Healing and Worship Service - Evenings

Thursday, October 6 — Afternoon Sightseeing in San Francisco Bay Area

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\$69.00 T/D per room; **\$79.00** T/QUAD \$10.00 per cot extra

Resevations:

1-800-223-7111

Please make your reservations by September 11, 1994 to enjoy this special convention rate.

- Give Organization for rate -

NOTES FROM THE FIELD

TWO CHURCHES HOST SEMINAR/WORKSHOP IN SAN FRANCISCO, CALIFORNIA



Rev. Alfred Conner, Joan McDaniel, Rev. Lillian Johanson, Arthur Iman, Donald McFarland and Rev. Bernard Baker.

n Saturday, February 26, 1994, our two churches, First Spiritual Temple, N.S.A.C. and First Temple of Spiritualism, N.S.A.C in San Francisco, California, hosted an extremely successful seminar/workshop entitled, "Meditation/Mediumship," conducted by The Rev. Bernard F. Baker, NST.

There were approximately fifty people in attendance, some representing five N.S.A.C. Churches. Others had not attended an N.S.A.C. Church, nor were they aware of an organized religion of Spiritualism, until now. The seminar was a success in its content and presentation. Additionally, the compliments were abundant that the refreshments were generous, fresh and of high quality.

The comments focussed on, "Why isn't the N.S.A.C. having more of these enlightening seminars by qualified people, to stimulate teachers and students?" "When will you have the next one?"

Mr. Baker did an excellent job, and we are indebted to him for this educational/fund-raising seminar.

ORDINATION CELEBRATION LAS VEGAS, NEVADA

Par above the bright lights of Las Vegas, on the 12th floor of the Fitzgerald Hotel on the 19th of March, 1994, a small but mighty group of Spiritualists gathered together to celebrate the ordination of Catherine Stewart: Pastor of The Spiritualist Desert Church, N.S.A.C.

The Rev. Bernard F. Baker, NST, Pastor of the Chapel of the Sunflower, N.S.A.C., Phoenix, Arizona, officiated. The opening prayer and healing meditation was offered by

The Reverend's Sandra and Gene Pfortmiller, NST, Co-pastors of the Church of the Living Spirit, N.S.A.C., Phoenix, Arizona.

The newly ordained Rev. Stewart gave a short but meaningful talk in which she promised, "Not to be a preacher, but a teacher," and to share her knowledge and experiences of life with all who call upon her.



Rev. Bernard Baker, Rev. Catherine Stewart, Rev. Sandra Pfortmiller and Rev. Gene Pfortmiller.

The room was crowded with the seen and unseen as the message part of the service proceeded. It seems as though "Chester," a jovial Spirit Guide to Rev. Stewart, had brought many of his people to join in this happy time. When the champagne corks started popping, seemingly by themselves, we knew it was time to adjourn to the buffet table which was presided over by a three-foot gold and white angel.



The Rev. Catherine Stewart and her daughters, Shelia and Susan.

This was indeed a magical evening filled with love and light and promises for a wonderful future for The Spiritualist Desert Church, N.S.A.C. and for the newly ordained Catherine C. Stewart.

(Continued on next page.)

WEDDING IN ORLANDO, FLORIDA

n Sunday, April 10th, at 4:30 p.m., Desiree Cherie Burford and Richard Casey Williams were united in marriage at the Spiritualist Church of Awareness, N.S.A.C., in Orlando, Florida, with Rev. E. Ann Otzelberger, NST and Rev. Jean Kerr Lerch, NST officiating. Cherie was a radiant bride in her lovely white gown with long train. Her borther, Sean Watson, lifted her veil to kiss her cheek as he gave her hand in marriage to handsome groom, Rick. Cherie's three attendants wore floor length blue suits, and carried cascade bouquets of yellow daisies and white carnations. The church organist, Kathy Beatty, played "The Bridal Chorus" as the tuxedoed groomsmen escorted the bridesmaids down the aisle. The bride's mother, Doris Burford, and the groom's mother, Nancy Williams, lit two single candles before the ceremony began. Cherie and Rick then used these candles to light a single unity candle during the ceremony. The double ring ceremony was particularly touching because the wedding rings had been given to Cherie by her grandmother. Rev. Otzelberger asked Rick to repeat his vows, and Rev. Lerch asked

Cherie to affirm hers. Following the ceremony, guests commented that it was very unusual to see two ministers officiating, especially women ministers, and that they enjoyed the Spiritualist ceremony. The 94 guests enjoyed a lovely reception at The English Gardens in Winter Park, and the happy couple left for a honeymoon in Vale, Colorado the next day.



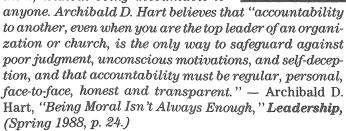
Mr. and Mrs. Richard Williams, Rev. E. Ann Otzelberger and Rev. Jean Kerr Lerch.

Ethical Guidelines for Spiritualist Ministers - Part XVIII -

MIRIAM BOSTWICK

📲 As a minister, do you have a problem with being accountable to your Board for your actions?

RESPONSE: It is not uncommon for ministers to seize power and authority, controlling those around them, without being accountable to



2. As an insurance agent, you are advising a wealthy widow who just happens to be a member of your church.



You urge her to take out an annuity policy for a large amount, which she will not annuitize, but will leave in tact to accumulate interest. Under the company's policy she can withdraw a certian percentage each year, if she would like, without penalty. As she has no immediate relatives and is

a very charitable person, you suggest that she make the church the beneficiary. Afterall, the money is going to go somewhere, why not to your church that is in need of support?

RESPONSE: It is acceptable to let the congregation know that support is needed and that all gifts are welcomed, but never, never take advantage of special knowledge and make a person feel obligated to give.





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Positive Statements To Help Create A Positive Day

Affirmations . . .



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					I thank God for this place where I am, for it is Right.	Words of positive energy fill my speech.
3	4	5	6	7	8	9
I am open to others.	God Bless our country and our world.	I release those who have left my experience.	Today I act on an inspired thought.	Families help fulfill us.	I am one with the Universe.	The White Light surrounds me.
10	11	12	13	14	15	16
Each day is a new beginning.	My body is in perfect alignment.	I am bold and brave.	I visualize peace and joy.	My eyes see the beauty of nature.	I send love to all creation.	My experiences are part of a larger energy.
17	18	19	20	21	22	23
All circumstances today are positive.	My positive thoughts attract posi- tive situations.	My mind is confident with Spirit.	I declare my oneness with all Life.	Mistakes are stepping stones for growth.	My concept of God is loving.	Each smile I give or receive is valuable.
All life is whole, complete and perfect. 3 1 Acceptance and tolerance of others helps me too.	I activate new concepts.	26 Today I am quiet and insightful.	27 Whatever happens, God means it for good.	28 I claim health and peace in my life.	I keep changing so my life doesn't stagnate.	I think of Light and draw it to me.

Declaration of Principles

National Spiritualist Association of Churches

- 1. We believe in Infinite Intelligence.
- 2. We believe that the phenomena of Nature, both physical and spiritual, are the expression of Infinite Intelligence.
- 3. We affirm that a correct understanding of such expression and living in accordance therewith, constitute true religion.
- 4. We affirm that the existence and personal identity of the individual continue after the change called death.
- 5. We affirm that communication with the so-called dead is a fact, scientifically proven by the phenomena of Spiritualism.
- 6. We believe that the highest morality is contained in the Golden Rule: "Whatsoever ye would that others should do unto you do ye also unto them."
- 7. We affirm the moral responsibility of individual's and that we make our own happiness or unhappiness as we obey or disobey Nature's physical and spiritual laws.
- 8. We affirm that the doorway to reformation is never closed against any human soul here or hereafter.
- 9. We affirm that the precepts of Prophecy and Healing contained in the Bible are Divine attributes proven through Mediumship.



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