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# NOW

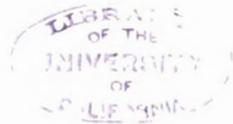
THOUGHT IS POWER

## A Journal of Affirmation

HENRY HARRISON BROWN,

Editor

Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.—EMERSON.



SOUL CULTURE

ART OF LIVING

PSYCHOMETRY

INSPIRATION

SPIRITUAL HEALING

MENTAL SCIENCE

SUGGESTION

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SANTA CRUZ MOUNTAINS

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# **Santa Cruz Mountains**

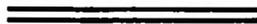
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**HOMES = RESORTS  
RANCHES = ORCHARDS  
AND VINEYARDS**

I am a Santa Cruz Mountain Property Specialist. If you desire to buy or sell any land, either improved or unimproved, if it is located in the Santa Cruz Mountains, you will find it worth your while to communicate with me.

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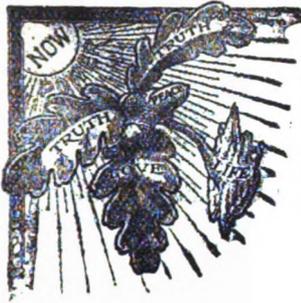
No trouble to answer questions.



**JOHN DUBUIS**

**SANTA CRUZ - - CALIFORNIA**

**BRANCH OFFICE, GLENWOOD, CALIF.**



From all Life's grapes I press sweet wine.

—Henry Harrison Brown.

# NOW

A JOURNAL OF AFFIRMATION

VOL. IX.

JULY, 1912

No. 7

## *The Tempest Stilled*

A somber haze obscures the sky;  
Dark it lies along the east.  
A hush fills all the air around;  
No breeze to stir the very least  
Of aspen leaves. My heart weighs down,  
Oppressive under Nature's frown.

Low in the south the deepening cloud!  
Its bosom holds a thunder-crash!  
This present hush is Nature's fear  
Lest she has gathered lightning-flash,  
To topple with its power her throne,  
Her world may be to atoms blown.

The stillness deepens! Darkness hides  
The sun, and e'en the birds seek nest!  
The raven-wing has dropped in gloom  
From sea to mountain crest.  
And now with burst of wind and rain,  
Nature's chaos has come again!

But tempest power is quickly o'er!  
The sky is now a crystal pool!  
The birds return in cheerful song!  
The air deliciously is cool.  
Nature's reborn through thunder-pain;  
And all is Peace and Love again!

So oft my soul through storm and stress  
Breaks forth to find its one relief!  
Then all Life's way is strewn with wrecks  
Of what once seemed Life's richest sheaf!  
But from this wreck of hope and plan  
I build anew at Faith's command.

Ever in sky the bow appears,  
The promise yet of Self-control!  
Then storm shall cease and sky be clear,  
And never sound of tempest roll!  
Thus in this hush of soul my will  
Has learned its lesson—"Peace! BE STILL!"  
HENRY HARRISON BROWN.

June, 1912.



A beneficent fluid bathes us, whence we draw the very force to labor and to live. From this ocean of life, in which we are immersed we are continually drawing something, and we feel that our being, or at least the intellect that guides it, has been formed therein by a kind of local concentration. Philosophy can only be an effort to dissolve it again into the Whole.—*Henri Bergsen.*

## *The Mother's Place*

What France needs is good Mothers.—*Napoleon.*

Nature seems to have intended women for mothers only and for nothing else.—*Elizabeth, Queen of Romania.*

The tendency of Heredity is that the offspring resembles parents. The great question among biologists and psychologists today is to what extent acquired traits are transmissible. That they are and are not is about equally divided among the investigators. The opinion is strongly urged that crime and insanity are transmissible, and efforts are being made by the Eugenists and other reformers to prevent the increase of disease, crime and mental disorders by a limitation of conditions of marriage.

Here is the place and now is the time for metaphysicians to step in and clear the way for a rational reform. The clergy still claim the right to perform the marriage ceremony, a relic of that ancient tyranny when church and state were one. The state has assumed to say who shall marry and issues a license under which officials and clergy are permitted to marry. The clergy are starting incipient treason by refusing to marry a couple who come to them with a license, they having complied with the laws of the state, unless that couple have also a certificate from some medical authority, which authority is not recognized by the state in issuing such a certificate. Thus the clergy virtually say to the state, "We will not recognize the authority by which alone we have the right to perform this ceremony!" I hope the result will be that the state will take away this privilege from the church, and make marriage a civil service alone. Till then, there will never be a true state nor a true marriage. The rearing of citizens is not

**Whene'er I meet my sailing peers,  
"ALL'S WELL" I to their hail reply.**

—Edith M. Thomas

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the business of the church but that of the state. Marriage can have but one object, the rearing of children. All other rights of companionship are assured between the sexes, but that without marriage.

It is a dangerous condition for the liberties of the people when the church begins to set the requirements for future citizenship. NOW sets its face against this encroachment of theology upon the rights of the people. But the question is—Are disease, insanity and crime transmissible? It is assumed by those who jump at conclusions that they are. A deeper investigation will show that they are NOT.

Parents afflicted with one or more ill conditions do not always transmit them. Parents with desirable qualities do not always transmit them. There are conditions yet to be understood that will answer this question. The trouble with too many people is that they look upon Man as animal, and reason from the experience they have obtained from the animals. **MAN IS NOT ANIMAL. HE IS A PSYCHICAL BEING AND AS SUCH IS TO BE STUDIED.**

It is ever to be remembered that each person acts as a whole. No matter what a person does, it is not *the mind, the will, the affections, and the judgment* that act. These divisions are merely imaginary and non-existent. The person acts with all his Being. The whole man that thinks; the whole man loves, etc.

In procreating the whole being repeats itself. It is not the musician nor the thief but the whole man that is repeated in the child. *The amount of manhood the parents have is transmitted* and not any special acquired talent. If in acquiring any trait there has been a sacrifice of any power of life or character, the child inherits that weakness as a lack of vitality or a lack of character. This weakness is the state of the offspring at birth which later life will direct in some channel and which channel it shall be is dependent upon the environment of childhood and youth. It is to be remembered that Nature is af-

ter a complete individual. Completeness consists in Self-control. Any lack of ability, as WILL, to control and to direct self is a transmissible trait: is the only one. This lack of self-control gives those mental conditions under which the person is led by others or by conditions which we call, for the weak temptations, and for the strong opportunities. Those weak as Will, yield and become the followers of the priest, and the boss; the echoes of public opinion, the exploited in labor, the tempted in a lewdness and crime. The power of decision is lacking, and they are led from without rather than individualized Mind from within.

All the ills and all evils of life are nature's way of weeding out by the Law of Selection the weak, the unfit. The person of decision, of initiative, becomes leader. The weak as Will become followers and slaves.

The power to say NO to that which leads to subordination of Self and the power to say YES to whatever helps to self-respect makes all the difference between the weak and the strong, the sane and the insane, the virtuous and the criminal.

We need to study mental conditions, and seek to put about the child the conditions that will develop in him decision and self-respect. We should no longer dominate him with fear and a wall of "don'ts."

In this transmission of life and mental conditions as Will, it is important that we trace the place of the two parents.

Within the germ-cell of each parent lie not only the evolution of the race in all its past together with the latest addition the parents have themselves added to that race-stock, but there is more—there is the Absolute Mind in all its original purity and power from anything animal or human. That Original One cannot be crime, disease or insanity. IT is this Original One that doctors and reverends and reformers are talking about when they talk of the child. The child is a new and unique expression of God. That Original Power in its new stream will

bring along with it into objective life, not the traits, but the power of Mastery, of Self-expression, it finds on its way through the act of conception. How strong or weak the flow from that Original Source will depend upon the parents. The grey brain-matter will depend in its amount upon them. The work that grey matter shall do depends upon what tendency is given it by the mother before birth, during nursing period, and later in life of environment.

The important question for biologists to determine in future is the work of male and female in the original germ-cells. But I think it is a fact that through the male the evolved condition of the race is perpetuated. The male expresses the strength of race-thought, and transmits the accumulated growth of the race. As far as heredity of conditions are perpetuated in germ-cells, the male is the repository.

Place a thorough-bred male with a herd of scrub cows and in the fifth generation the progeny will be almost pure blood. This will help us only on the animal side—the flesh—of Man. But even among breeders of stock of various kinds, even of pigeons and poultry, I find little to help me here. Whatever conclusion one might draw from this source it would apply to Man only as animal and not to psychical Man, to Man self-controlled.

This analogy may be drawn for what it is worth. Wheat all of like heredity placed in different soils and under different cultivation results in very different crops. So the human male germ depends upon the female conditions for its development.

Here comes in the importance of our Mental Science in its effect upon the race through mothers.

Now that Race-Culture, Eugenics, Sex-reform, is absorbing public notice it is time for us to proclaim our perception of the Truth:—

**AMERICA NEEDS GOOD MOTHERS.**

The highest function of any mortal is to give the world a child.

The male performs all his biological and physiological functions the moment of impregnation, all else of his work is psychological. The female completes hers at the weaning moment. The development and cultivation of the germ-cell into a human—into a citizen—is the Mother's duty. **NONE HIGHER ON EARTH OR IN HEAVEN.**

The first thing to do is not to restrict the conditions of marriage, but to elevate the ideals of motherhood in both men and women, by making every mother a ward of the state, when necessary, and make every child legitimate. IT is a future citizen. The earth belongs to the unborn. The matured are the trustees of civilization for the young. The child today is the true owner of everything. We are but caring for the world and are improving it for him. Said Daniel Webster at the laying of the corner-stone of Bunker Hill Monument—"These liberties are ours, ours to protect; ours to preserve and ours to transmit unimpaired to our children!" But for the children liberty would be worthless to us. But for the children not a piece of property would have any value. Think of a childless world—a childless nation? Did we know that nevermore would a child be born or brought into this country, anarchy and terror worse than death would reign.

In this view, nothing is so valuable as the child, and next to the child its mother. Men are of little account in the race, compared with the women. One male can, if necessary, impregnate a nation of women.

Legislation should confine itself to the perpetuation of the race. Any thing is immoral that tends to lessen the race growth. The crime of crimes is neglect of child-bearing on part of any woman who can raise them.

Then first we should honor, protect and see that the mother has every possible condition for child-bearing, and that every child shall have the best possible conditions. Those conditions are those that call into expression its latent possibilities.

(Continued on page 88)

**Obstruction is but virtue's foil.  
The stream impeded has a song.**

—Ingersoll

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\* **AFFIRMATIONS** \*  
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**Life**

As the Father hath Life in Himself, even so gave he to the Son also to have Life himself. John V-26.

Life is the primal manifestation of Infinite Substance.

In the One Substance are latent infinite possibilities.

All these possibilities slumber in me as a manifestation of the One Life.

As Life I am a manifestation of the Infinite One and my Supply is that One.

My Supply of Life and all the possibilities of Life are Infinite and Everpresent.

The normal manifestation of Life is health. As Life I am Health.

In the Sub-conscious I am Life with the possibilities of manifesting to consciousness all the infinity of the One.

As Life I am perfect. This Perfection which I as an Ego am, I can manifest in bodily perfection.

My Perfection as an Ego manifests in my Ideal of perfect health. This ideal I let manifest in physical perfection.

Through Faith in myself as a manifestation of the Infinite life I am Health and Happiness.

I cannot be sick for as an Ego I am God manifest in the sub-conscious, and God cannot be sick.

As an Ego I cannot be weak, for Life is Omnipotent and all Power is mine.

What ever Life is I am! Life is wisdom! I am Wisdom, and direct my life wisely. As Life I have a subjective manifestation which is Health, Strength, Wisdom and Love.

As Life I have an objective manifestation which goes by my name, and which is more or less perfect as I trust the real subjective Self.

When I limit my thought of my Self to my objective manifestation, I build into that manifestation the limitations of the objective, and the manifest weakness and pain.

When I think of my Self as a subjective manifestation of the One Infinite Life,

I build into my objective manifestation health and happiness.

I think of my Self as the I AM, which is Infinite, and from this thought comes the perfection of Life, in health and gladness.

Life and I are "the One that inhabiteth eternity," and we cannot be separated. Life and I are immortal.

When I think of my Self as Life, I live the Eternal Life and partake of present immortality.

The One Life is endless in time, power and extent, and that Life I am.

From my mind is banished every thought that is not born of this conception of endless Life.

I live now that endless Life. I live now that Omnipresent and Omnipotent Life.

I am Spiritual, Omnipotent Life now.

In my personality I am a manifestation of the endless life. That manifestation is more or less perfect as I am more or less conscious of my unity with the One.

In my individuality I am a perfect manifestation of the Infinite One.

In the Consciousness of Unity with the One I find health, happiness, and prosperity.

In consciousness of Unity I am not limited to the personality of the objective.

From the consciousness of the Unity of Life I affirm. . . . I am Health! I am Power! I am Wisdom!

In the consciousness of Being I affirm. . . . I am Happy! I am Peace! I am Blessedness!

In this consciousness of the Immortal Life I am realizing the Kingdom of Heaven here and now.



(Continued from page 87)

All these are found in Emerson's Essay on "Self Reliance."

It is impossible to stem the Mississippi with bullrushes or to stop the ocean's tide up the beach with pebbles. No less is it impossible to stop nature's procreative flow with laws, rules, restrictions or public opinion. Says Emerson, "So important to nature is the perpetuation of the race that she seems to have overcharged men and women with that desire!"

## Truth for Authority, No Authority for Truth.

—*Lucretia Mott*

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Every attempt through all ages, in every clime, reported, has resulted in illicit loves and illegitimacy. John Burroughs writing of his visit to Scotland, the most rigid of theological countries, says—"I was astonished to read every Monday in the papers that at least one tenth of all the children born during the week were illegitimate!" And public opinion does not condemn as with us the mother and child.

When rich communities resort to all methods of prevention Nature will balance by perpetuating her race through the rest, the poor and ignorant. The less self-controlled will become parents and the weakness they show will fill asylums and prisons.

Every child is Original Cause, within him is all the race power that has been in millions of years developed. No matter where born nor under what conditions, infinite possibilities are in him, which under right cultivation can be developed into honor. Just as every grain of wheat in granary can be made to produce an hundred fold, so every child born can be brought up not only to the average of his nationality but can exceed it. Otherwise no human progress. Here lies the evil of present day reformers in the field of marriage, divorce and sex-education, the error of those who claim disease, insanity and crime are hereditary, and the greater evil of the belief in a criminal class. The children of certain families are made criminal by this belief prevalent in regard to them—"Nothing good can come out of Nazareth. His father was worthless, what can you expect of him?" The neglect of training of such is a great crime. Street education, lack of trade by which to earn an honest living are dominant causes for the seeming strain of hereditary crime.

There may be in the weakness of parents a predisposition to "giving up" in the struggle of life. Such represent the debris left along the shore of Life's developing current. They would have been pretty good fellows ten thousand years

ago, but not up to twentieth century standards. It is not hereditary traits but weakened current of the life flow. Says Emerson—"Life is a stream whose source is hidden!" By mental state open the flow to normal and the child will develop on plane of today. Open it less than normal and it will manifest on plane of some past.

All present attempts toward reform only intensify present evils, by a relegation of man to brute, and by instilling this belief and a fear of heredity in the minds of about-to-be parents. I can conceive of no greater suffering than for a man or woman fearing in their love for children to raise one because of the danger of transmitting some taint. This fear we know will by the force of suggestion create it in children of perfectly normal parents. One physician practicing in a city of wealthy families reports that not one child is born where ten should be. Elevate child-bearing to the highest possible plane of honor. Today the ordinary child has less favorable conditions, mentally, than a colt. Mothers and fathers pay little attention mentally and affectionally to it before birth and too many mothers are overworked, as no man would work his horse before parturition.

In this power on part of the mother lies the possible addition to the race stock of unfoldment. She can under self-control and under emotions inspired by right thoughts, give to her offspring possibilities of expression new to the race. Self-controlled mothers will master in the child any physical condition of heredity, physical or mental. Two consumptive parents can have a perfectly healthy child. Disease is not hereditary. Upon the mother rests the responsibility of producing a nation whose God is Love and Honor. Upon her emotions unexpressed rests the child's power of expression along noble or ignoble lines.

In my mental healing and more particularly in my psychometry work I often go back to the mother's conditions for physical and mental conditions of the person. She gives tendencies. Society

**All outward wisdom yields to that within,  
Whereto no creed nor canon holds the key.**

—Bayard Taylor

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should receive these tendencies and direct them in channels it desires.

I can not here trace many of these tendencies in individuals. A few from history will do. The mother of Dante before his birth had three times a dream in which she saw her child standing with the world at his feet, while he was surrounded with a flood of light. From this she reasoned and dreamed constantly of the greatness of her child as a light bringer. The mother of Napoleon rode with husband in the Corsican armies and enjoyed the excitement and panoply of war.

Historians like to trace the lineage of great men to noble women. But noble women are liable to have noble emotions. They do not always have them and many a bad man—one with strong tendencies—can also be traced to noble women.

In my experience, as fine a man and woman as I have known had two sons who grew up to be society's scourge. Mind directed tendencies in both parents were directed by mother emotions before birth, and by worse training by society after. *The ART of child bearing should be taught before almost all else from the time of puberty up to manhood and womanhood.*

But here comes in a very grave danger. What do we know? Little! Very little! Most of our supposed knowledge arises from prejudice, fear, impure thoughts, and in a physiology that is purely animal.

The various teachers upon sex, and the books on sex, are doing almost as much harm as good because they are based entirely upon a study of sex from the animal point of view, and inculcate any amount of fear. The advertisements of quacks are bad enough, but here come along a lot of good and pure men and women who intensify every fear the quack has been fattening on.

This every mental scientist knows—*No physical condition need be perpetuated.* None need be endured in any individual. And fear creates every evil. No disease needs to be feared. No condition of

body can become harmful under right thought. No mother need fear the heredity of any condition, for she has it in her power not only to have a painless parturition, but to have children that shall rise up to call her blessed, and cause the race also to bless her. HOW? Not any thing hard to do. Simply *LOVE her function as a woman. Bless her function as mother.* Rejoice as Mary and Elizabeth did over John and Jesus. Hold for the child noble ideals. **SEE IT BORN A HEALTHFUL, SELF RESPECTING, SELF RELIANT INDIVIDUAL!** This ideal will surely mould the child's tendencies, as the ideal in mind of sculptor moulds the statue. The duty of father comes in, in making for the mother the best conditions. I would have every man in the state assist in caring for both mother and child by taxes, as he is now obliged to assist in its education. As we have added technical education to our curriculum I would add every practical method that will help in the rearing of men and women. The breeder of stock should no longer have all the knowledge that enables him to raise a colt of best breed to sell, but the state should boast its ability to rear the best men. Remember that while there is *best* blood among animals, *there is no best among the human*, for every individual goes back to the First Cause and in every child lies God's infinite possibilities. MIND is Man, and in Mind is ALL. We need fathers and mothers, state and institutions that trust the divinity of the human soul, and who going to school to the child learn of "that current that knows its way" and trusts it. Ideals born of a past theology, ideals born in an ignorant past, ideals that lie in thought of ownership of child by parent, ideals that arise out of the present false education, prudery and modesty, ideals that would make every child alike, and which consist in the giving of information, rather than mental discipline, must pass away. We must see God in each child. Must realize that the end of evolution is the perfect individual. Through Natural

# The deeper I drink of the cup of life the sweeter it grows.

—Julia Ward Howe

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Selection the Best Man and Woman will come. While elsewhere the best is that which can survive under conditions, in Man the best is that which will so change conditions that it can not only survive, but can in happiness express the best in itself.

An English critic calls Walt Whitman "the Race-builder." Realizing the great duty of parentage, he wrote those wonderful but misunderstood poems, "Children of Adam," which to the pure are prophecies, to the impure are condensed vileness, but which will in future be the slogan of a new race. It is not for woman's sake that we would have her economically and politically free, but for the child's sake. The old slave law was "Slave mother, slave child!" It is nature's law. Every fetter broken from woman's mental and physical condition is a fetter broken from the sleeping embryo of the future man.

Well says Whitman:—

Be not ashamed women, your privilege encloses the rest and is the exit of the rest; You are the gates of the body and you are the gates of the soul.

Only mental regeneration can save the race and that regeneration must begin in mental elevation of the sex function, and in the elevation of Motherhood to the Madonna plane, and hold every mother a sacred vessel of Mind and a benefactor of the race. The man of the future will say as Walt makes the Race-man say:—

A woman waits for me, she contains all, nothing is lacking.

Yet all were lacking if sex were lacking.

And his ideal of the future civilization is expressed in his poem "Song of the Broad-Ax":—

Where the city of the faithfulest or friends stands,

Where the city of cleanliness of the sexes stands,

Where the city of the healthiest of fathers stands,

Where the city of the best-bodied mothers stands,

There the Great City stands.

## Indirection

Fair are flowers and children, but their subtle suggestion is fairer;

Rare is the rose-burst of dawn, but the secret that clasps it is rarer;

Sweet the exultance of song, but the strain that precedes it is sweeter;

And never was poem yet writ, but the meaning outmastered the metre.

Never a daisy that grows but a mystery guideth the growing;

Never a river that flows but a majesty scapes the flowing;

Never a Shakespeare that soared but a stronger than he did enfold him;

Nor ever a prophet foretold but a mightier seer hath told him.

Back of the canvass that throbs the painter is hinted and hidden;

Into the statue that breathes, the soul of the sculptor is bidden;

Under the joy that is felt, is the infinite issues of feeling;

Crowning the glory revealed, is the glory that crowns the revealing.

Great are the symbols of being, but that which is symbolized is greater;

Vast the create and beheld, but vaster the inward creator;

Back of the sound broods the silence, back of the gift standing the giving;

Back of the hand that receives thrill the sensitive nerves of receiving.

Space is as nothing to spirit, the deed is outdone by the doing;

The heart of the wooer is warm, but warmer the heart of the wooing;

And up from the pits where these shiver, and up from the heights where those shine,

Twin voices and shadows swim starward, and the essence of life is divine.

—From the Poems of Richard Realf.



## The Change

What makes the world appear so fair?

Why do the winds so sweetly blow?

Why is there so much gladness where

There were no smiles awhile ago?

Why has the sky become so bright?

And why is care so far behind?

Why do the people all delight

In praising me and being kind?

What is it that has wrought the change?

Why have the people ceased to fret?

A gladness that is new and strange

Seems to have caused them to forget

The cares and troubles that were small

No longer rob them of their glee—

And yet it may be, after all,

The transformation is in me.

—S. E. Kiser in Chicago Record-Herald.

## I thank whatever gods may be For my unconquerable Soul.

—W. C. Henley

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### Following Directions

"I would advise," said Dr. Wise,  
"That you quit eating meat;  
Take lots of outdoor exercise,  
Avoid things that are sweet;  
And starchy food be sure to shun,  
Eat very little bread;  
Start out at night and take a run  
Before you go to bed."

I followed his directions till  
They chose a grave for me to fill.

"Your system craves," said Dr. Graves,  
"More tissue-building stuff;  
Your ribs bulge out like barrel staves,  
You do not eat enough;  
But let all kinds of fruit alone,  
Eat meat three times a day;  
That's what you need to give you tone,  
You'll build up right away."

The treatment which he gave almost  
Induced me to yield up the ghost.

"Eat what you please," said Dr. Keyes;  
"I know just how you feel;  
Here are some pills; take three of these  
Just after each meal;  
Don't sit in drafts or have cold feet,  
And shun the air at night;  
It doesn't matter what you eat,  
I'll pull you through all right."

Like Wise and Graves, he failed to cure,  
But sent in his bill, you may be sure.

I tired all three, but steadily  
Kept getting worse and worse,  
Until, at last, it seemd to me,  
I'd have to call the hearse!  
And then, one day, forgetting that  
Death's due was on my brow,  
I gave up fretting and grew fat,  
And I am banting now.

—Exchange.



Emphasize as much as you may the reign of materialism, but still the mind of the age is upon nobler and higher things. The great enterprises of today will never grow less, but the time is coming when wealth will be consecrated to the service of mankind, and when there will be less respect for men who live in luxury for themselves alone, and when those who die without any contribution for the benefit of mankind will soon be forgotten. The worth of man as man is in the value of his services to humanity, an idea that is constantly growing in force.

—Geo. P. Manis, D. D. (Methodist.)

### Homeward Winging My Way

May has been a busy month. Friends in Milwaukee would have me back for a second course of evening lessons. These concluded I gave my third course in Chicago. I was very much pleased with the success in both cities and especially am I proud of the friends I made in each.

There is nothing in life equal to friendship. Emerson tells us that "A friend is nature's masterpiece!" The reward of my labor has been the friends I have made. In nothing else am I so rich and of which am I so proud as of my friends. Financially reformatory work is not to be sought. There is, for some reason, a dislike in humanity to pay for whatever educates them. They pay readily for amusement and supplies for physical need, but it seems that the uplifts have ever come through the sacrifices of the few. Is it a sense of self-respect that makes one feel inferior to the teachers, and so that revenge is taken by letting them pay for teaching us—knowing more than we do—by their needs on the physical plane? Or is it that Nature always in her Law of Compensation equalizes matters by saying—"If you have spiritual, if you have intellectual gains, you cannot have also the material. Choose! You cannot serve God and Mammon!" Never has this question pressed so close upon me as on this trip. Few New Thought people are what the world calls rich. Societies are trying hard to keep above water, and at same time give the world missionary instruction. Sometime we shall realize that all power is spiritual, and cause the Power—I AM—to draw Supply in every line of Human expression. Today New Thought is in the cradle. Of the Power of Thought and in art of using it we are where electricity was 100 years ago. What will the Art become when the ART OF THINKING is as universal as the Art of Electricity? While this is the fact, still I have met with excellent financial success, and Chicago and Milwaukee

have also been exceptionally fine in reputation and power. I turn westward from here with mingled feelings of joy and sorrow. I shall miss the pleasant friends and the making of new ones. But I am too thankful for pleasant memories to allow fears of future to shadow me. Pleasant memories are more from every day of the months I have been away from my Redwood Groves and the friends that enjoy their sunshine and flowers while I am chilled with cold. With fond anticipations of reunion with friends and the joy of California's out-of-door life, I turn toward the setting sun, following it till I reach the western sea. Will I follow it still further soon, to Sandwich Islands, to Australia and New Zealand? This picture looms strongly in my mind. *A world-missionary!*

\* \* \* \*

May 17:—I left Chicago stopping for a day in Iowa. I spoke two times on Sunday, May 19, in Omaha, to a fair house. Owing to mail, letters necessary for proper advertising had not been received. Here I had class every eve during the week. Well attended. On Sunday, May 26, I gave my last addresses. Omaha is a fine city, finely situated and developing as fast as is healthful for it. The friends here maintain a small but very pleasant Fellowship that promises much for the future.

\* \* \* \*

In April, 1866, fresh from army life, I struck here for a week. It seems strange that though 46 years have passed I am the same individual I was then. Time has been but a flowing stream and I resting on its banks have watched it pass, and call the panorama:—Experience. I know more of my Self than I did then. That is all. Time will thus ever flow, and I shall forever learn of SELF, for that Self is Infinite.

\* \* \* \*

I took a week's vacation and visited a brother living at Mo. Valley, Iowa. I needed one, and it was proper for me to renew my friendship with relatives.

The little city I had seen laid out and started with the prospects of being a big one, but like many other western cities it has halted among its early thousands in population. Like all the state it has lost in population during the last twenty years. I have ever felt since I saw Iowa first in 1866, that it had no superior as an agricultural state. It has not developed as it should. Some fault lies in our laws and methods of business that drives citizens from this section of promise by thousands to Canada. A FREE people should so love their home that they would not exile themselves. Is it not time for a question of methods, and a shaking up of old parties, and a breaking up of old institutions, when such a fact stares us in the face? "Back to the soil" can have little force when that soil is owned by idle persons of capital, and the laborer has to pay a big portion of his income in rent. "Back to the soil" must soon mean back to ownership of soil and the abolition in some way of alien ownership. "America for Americans!" must mean Americans own the soil and Americans support no longer European and American landlords. Till this comes there will be constant rise in food, and a constant increase in the proportion of urban population. This fact is emphasized in this state. Wise men have seen it for years. Before Henry George started his Single Tax proposition I from reading Herbert Spencer and John Stuart Mill saw that the land must come back to the people. Not till then can men be free. Who owns the land is master of the nation. So after present agitation against monopoly and trusts we shall reach the fundamental fact of oppression—private land ownership. When men and women think right, they will act. Till then Nature says, "Suffer." Her command to pig and man is "Root hog or die!"

Already Congress is modifying the homestead laws. Long ago it was time to have stopped giving away land to corporation. When I was living in Ne-

**I am not fighting my fight:  
I am singing my song.**

—*Archie L. Black*

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braska in 1868 the nation gave the Union Pacific R. R. a money subsidy large enough to build its road bed, and then every other section of land each side that bed for two miles. That R. R. has become like all others an oppressor through rebates, extra rates, and all the other methods corporations use to exploit the people. Not yet are that People ready to say NAY! Awake, oh Countrymen! and see that the Panama Canal be used for and by the People and not monopolized by corporations.

NEW THOUGHT people in their cry of Brotherhood and Universal Peace, stand for the abolition of all special privileges and for equal opportunities for all. This is the only standard that The People established in the beginning as the purpose of a government—"To establish justice!" Tell the Truth:—live Truth. Buy and sell in Truth. Honest food; honest produce; honest weight; honest banking; honest employers; honest employees; honest courts. So easy to establish this. It is the Golden Rule—"Do as you would be done by!"

\* \* \* \*

While at Mo. Valley I made a short trip to Dakota City, Neb., where I taught school for the four years from '66 to '70. The place had travelled backward. Too near Sioux City, which has grown from 1500 then to 50,000 now. Among the children numbering probably two hundred that went to school to me only two reside in that county. It made me so lonesome that I passed only a few hours there. Buildings gone! School-house abandoned to decay! All older people had died or departed, and the children were widely scattered. It was a surprise to learn how widely they had scattered, and to realize how unstable a community is in the growing west. I enjoyed the pleasant words of greeting and remembrance of those who did remember me, and I realized that it was not I that had changed but it was the Non-me that had changed. I was the same individual that had taught and loved that section; that began civil life

there after having all my plans upset by the Civil War. There I began my public speaking and my writing for the press. There I entered politics, and began my business life. How fortunate that I did not see all the joys and the sorrows, all the successes and seeming failures, that lay between then and now. How thankful I am now for every experience. Even those that almost separated in agony mind from its body, assume the guise of angels. Every bitter experience is a friend in disguise. The greatest benefit that has come to me mentally in this attempt to renew old associations has been this consciousness of good, and the next is the fact that I live NOW, and cannot restore the dead past. It will never live again and to attempt to resurrect it is to create a corpse that grins only in derision. NOW is all that is. Memory is a delusion, when we try to make it a living present. Of blessed memory these days and friends. Let them so remain. I think I will nevermore try to relive the past, and trust I will also learn never to anticipate the future but living today will enjoy time as it passes and the blessings each day brings. Never attempt to live tomorrow before it is born or to live in the tomb of the past.

Among the pleasant and educative visits I made on this trip none has been of more value than two forenoons I passed at the Milwaukee School for the Deaf. Mental Scientists should for a verification of their theories, and to see how they work in practice—for our Principles are only common sense applied to daily life—should visit such a school. Every young man and especially young women should come here to learn how to train children into expression.

The oral method is used entirely. Children that have never heard a sound are trained to watch the motion of lips, that when graduated from here they may enter high school or daily life and converse with ease with all whose lips they can see. I found they readily comprehended my conversation with them.

I think I was never more interested than

in watching the birth of ideas in the minds of the children. The patience of the teachers is marvelous. Mothers should learn here how never to use fear in their training. The slightest fear deadens the child's perception. LOVE WORKS THIS MIRACLE.

The power of a thought to affect the body was so beautifully illustrated in the little five year olds in the kindergarten. As soon as one understood the meaning the teacher wished to convey the face lighted up in response. In the fourth grade it was marvelous the moment the student comprehended the teacher's story how the pupil threw the whole body into condition. The teacher was telling them the story of Midas' touch turning all to gold. When she told of his touching his daughter and her becoming gold one girl as soon as she comprehended it rose and stood rigid and one boy rose and tried to bend her. They got more knowledge from the story than the average hearing reader gets. They comprehended and lived the idea.

Here was illustrated the fact that in every child slumbers faculties that need only to be awakened. The children who become self-supporting citizens would but for this school or its like have remained society's burden, and been in intelligence like locked mines of power and wisdom. Surely Mental Science has a work in race and social redemption. The Principles we advocate are universal. We have only a wider comprehension and a practical method of applying them.

The gentleness and affection of the children was very marked. Well says Whitman of himself—"I did not know I contained so much goodness." So felt I of all persons seeing these children.

في يوم  
If on a Spring night I went by  
And God were standing there,  
What is the prayer that I would cry  
To him? This is the prayer:

O Lord of Courage grave,  
O Master of this night of Spring!  
Make firm in me a heart too brave  
To ask Thee anything!

—John Galesworthy.

### **Suggestion and the Baby**

Your baby is now old enough to distinguish intonation as you can easily demonstrate by saying something to her in a harsh tone, for she will immediately become frightened. Do not speak to your baby at any time in a fretful or undecided tone, for if you do she will soon discover that you do not expect her to obey.

Remember a command given with a rising inflection is seldom obeyed, and fretful or angry tones show a lack of control in one's self that will immediately have its effect upon your child even before it understands the words. Cultivate clear, smooth, pleasant tones when speaking to Margaret and you will soon find that she will not be so apt to disturb the house with wild shrieks. You can calm and soothe Margaret now to mild crying. There is no reason why she should roar and bellow. Babies love and soon learn to ask for sympathy and coaxing love and if shrieking like Comanches is the price of notice they will shriek. Wait until the paroxysm is over before you give her what she evidently wants and above all never raise your voice when speaking to her.

I had a friend who was one of the best mothers I have ever known and from the time her child was born she began to reason with him. She told him "WHY" always.

We used to laugh at her and ask: "Do you think the baby understands a word you say?" and she answered, "Perhaps not, but he does understand and is soothed and quieted by the tones of my voice."

You have a very sweet voice, my daughter, and if you will control it and yourself you can teach its intonation to your own daughter. "A voice soft and low" is considered one of the great beauties of woman.—"Mother," in *Milwaukee Journal*.



### **Love of a Modern Evolution**

There was no love in the world until quite modern times, certainly not before Rousseau and the French Christian times. Love is classical and in early Christian times was purely physical and sensuous, and the etherealized love of the age of the crusades and troubadors was impersonal and not love at all.

Only in modern times has there been a love of universal kind, embracing the sensuous and the idealistic, a love which is not a glorification of one at the expense of the other.

The highest form of love met with before modern times was that of Dante, Guinicelli and Calvacanti; but this was a mere form of the Madonna cult. The modern love and the love of the future are essentially a union of spirit and flesh and deserve the title "metaphysical erotics."—*Emil Lucke, German novelist and philosopher.*

**I, grateful, take the good I find;  
The best of now and here.**

—Whittier

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## NOW

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\* \* \* \*

Henry Harrison Brown at this writing (June 1) is in Nebraska. He will stop at points in Idaho, Montana, Washington, and possibly in Oregon, reaching San Francisco about June 30. How many will welcome him at this Home in Class July 5? "Barkis is willing!" Come.

## Self Healing Through Suggestion

Mr. Brown's popular and helpful book is out of stock. A new edition is in press and orders will be filled as soon as we receive them at this office. Be patient. The book is so popular that we find it difficult to keep up stock. Send in orders, and they will be filled and books sent as soon as possible.

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\* \* \* \*

When this July magazine reaches its readers, Mr. Brown will have returned to his "Redwood home." Classes will have been begun in "Emerson's Grove." He proposes to stick for two months to his Mountain Home and will seek to make this Summer School the most valuable of all we have held. Come NOW, or come any day between now and October and you will find a welcome. Prices for room and board as reasonable as in any mountain resort. Lessons every day but Saturday, for \$2.50 a week. To these lessons are added evening meetings and lessons when agreeable. Address: S. E. FOULDS, Manager, Glenwood, Santa Cruz Co., California.



"We are studying your Book "Concentration" and we think it great. I am more interested in it than ever and seem to understand it better. We were up till after midnight last night reading it. The idea of weaving it into a play is running in my mind"

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I will not dream in vain despair  
The steps of progress wait for me.

—Whittier

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## SPECIAL HEALING

Special meetings are held by "NOW" Folk Members to give treatments for health and success. If you desire to be held in mind at these meetings just send a letter with one dollar for a month's treatment. Address "NOW" Folk, Glenwood, Calif.



### An Expert's Opinion

One of the greatest men in the medical profession and of highest authority was Magendie, Professor of Medicine in the College of France. In taking the chair, he addressed the students. Here are a few paragraphs from that address:—

Gentlemen, medicine is a humbug! I know it is called a science. It is nothing like science. Doctors are merely empirics when they are not charlatans. We are ignorant, as ignorant as men can be. Who knows anything about medicine? You have done me the honor to come here and attend my lectures, and I must tell you frankly at the beginning that I know nothing in the world about medicine, and I don't know anybody in the world who does know anything. . . . We are collecting facts and I dare say in a century or so we shall have an accumulation that may enable our successors to form a medical science. . . . Oh! you tell me doctors *cure* people! I grant you that people *are cured!* But how are they cured? Nature does a great deal. Imagination does a great deal; doctors do—devilish little, when they don't do harm. . . . Let me tell you gentlemen what I did when I was head physician at Hotel Dieu. Some three or four hundred patients passed through my hands every year. I divided the patients into two classes. With one, I followed the dispensary, and gave the usual medicines without having the least idea why or wherefore; to the other I gave bread pills and colored water; without of course letting them know anything about it. Occasionally I would create a third division to which I gave nothing whatever. These last would fret a good deal, but Nature came inevitably to the rescue and all persons in this class got well. There was little mortality among those who had bread pills and colored water, and the mortality was greatest among those who were carefully drugged according to rule.

### Cured By Thought

Chicago, May 10.—J. Sterling Morton, son of Jay Morton, who has been ill for more than two months with typhoid fever, has been pronounced out of danger. His friends announce that during his long and serious illness his family placed almost as much faith in "thought waves" as in physicians. Mr. Morton's relatives and close friends firmly believe his recovery is due as much to the overwhelming "thought waves" that were directed toward his bedside as to the constant nursing, medicines and two operations. His is declared to be one of the most remarkable cases of the success of the thought cure ever observed. In spite of the fact that he was operated on for a perforation of the intestines on April 12, when his vitality was at the lowest ebb, he rallied. His physician, Dr. Thomas Lewis, admitted at the time that there was not the slightest hope.

"We could not let him go," said the happy father. "We made up our minds that we could defy death, and we did, and now we have won. We passed the word to our friends. We asked them to think life and health to Sterling, and they did."

"If there has been any power which has aided medical skill to bring my boy through his terrible ordeal it has been the blind faith of his loving friends and relatives."—*Milwaukee Journal.*



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**There is no darkness but ignorance.**

—Shakespeare.

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