

THE WORLD'S NEW THOUGHT JOURNAL.

APRIL

10 cts.

\$1.00
A YEAR

NOW

THOUGHT IS POWER

A Journal of Affirmation

HENRY HARRISON BROWN,
Editor.

Nerve us with incessant affirmatives: Don't bark against the bad, but chant the beauties of the good.—EMERSON.



SOUL CULTURE

ART OF LIVING

PSYCHOMETRY

INSPIRATION

SPIRITUAL HEALING

MENTAL SCIENCE

SUGGESTION



PUBLISHED BY
"NOW" FOLK
NEW THOUGHT CENTER OF PACIFIC COAST
105 STEINER ST., SAN FRANCISCO.



CONTENTS

New Thought Is Needed 231

Brotherhood 233

Morning Suggestions 234

Inspiration 235

Power of Truth 237

Called Back from Death 239

Regular New Thought Practice 241

“NOW” Home Echoes 242

Concentration Is Natural 243

Is Life Limited in Quantity 245

With “NOW” Readers 246

Justice to the Other Fellow 247

Book Reviews 248

Editorial—I Am Soul Unfolding Into Consciousness of Myself. 250

Federation Is Protection 252

Programme for October Convention 253

Success in Business 253

Editorial Notes 251

Concentration 256

Mental Tonic 257

POETRY: The Symbol of My Life, 231; Spring, 231; O, Love Divine, 237;
 Anticipation, 245; With Emerson’s Poems, 247; California Poppies, 253.



From all Life's grapes I press sweet wine.

Henry Harrison Brown

NOW

A JOURNAL OF AFFIRMATION

Vol. VI.

APRIL, 1906

No. 8

The Symbol of my Life.

Midway a dangerous pass I stand,
Dark ravines yawn on either hand,
Adown whose steep and jagged sides
Awaiting me, stern Death abides.
A narrow path winds in and out
And like a serpent twists about;
Shadows damp and weird are o'er me,
Blank and solid wall before me.
Now suddenly a rugged point
Against the sky, in bold relief,
Seems all progress to impede
And causes fear that life is brief.
Ah! No! Narrower still and threatening
more,
A slender trail leads still before.
I crawl along, with fingers worn,
With features grim, with vesture torn;
I clear that danger point; in vain
My eyes in anxious quest I strain
To see if rest or end is near.
I nothing see, I nothing hear,
Save what I've seen and heard so long
From rushing stream: "Be strong! Be
strong!"
The path now widens to my view
And opens to a sky most blue.
Yon snowy peaks are not so high,
The springs where brooks are born are nigh;
The herbage thin, and flowers rare,
The clouds below, a purer air,
Are proofs to me the summit's near.
This serpent path now soon must veer
Toward the plain I know's beyond,
Where all is fair and hearts are fond.
What strength I've gained, what courage
found!
With health and pride my pulses bound!
I've found my Self! my Power TO BE!
Thank God! Thank God! At last I'M
FREE!
—HENRY HARRISON BROWN.

Sping.

A color stands abroad
On solitary hills,
That science cannot overtake,
But human nature feels.

It waits upon the lawn;
It shows the furthest tree
Upon the furthest slope we know;
It almost speaks to me.
—Emily Dickinson.

New Thought is Needed.

Sir James Crichton Browne in his article copyrighted by the "Central News and Press Exchange," printed in many daily papers, makes this remarkable admission: "Whatever may be the case at present, progressive deterioration may be in store for us unless we mend our ways!" He also says, "An analysis of our tables of mortality and a survey of the fields of health generally as far as is practicable, is calculated somewhat to shake our faith in the coming Utopia." And here is his statement of the results of the much vaunted scientific surgery and medicine. "The death rate of infants under one year during the last 50 years has not decreased; the fall in the death rate during the years beyond 35 has been little or nothing; indeed, at some ages beyond 45 it has actually risen." This from one of England's most eminent physicians is of immense importance. In my little book, "Self Healing," published 18 months ago, I make a similar statement. For this reason it is time that the medical profession began to amend its ways and look about for other means of cure. What is the proportion of cures among the regulars I have no statistics, but from an observation closely of 35 years, and from inquiries among M. D.'s I venture the affirmation that 75 per cent will be just to the profession.

How are the percentages among those classes of healers whom the profession does not recognize, and whom they would prohibit from practicing through a law. Christian Science, without a doubt, cures at least 90 per cent of all cases treated by its practitioners. Suggestive Therapeutics does the same. Mental Science has an equally fine rec-

To a good man nothing is evil, neither when living nor when dead.←

Socrates

232

ord in all its cults. Government experts examined the correspondence of Mrs. Helen Wilmans at her trial before the Circuit Court in Florida, and reported that 90 per cent of her patients reported themselves cured.

At the trial of Prof. S. A. Weltmer at Washington, government experts reported that by an examination of his correspondence amounting to \$30,000 per month, they found that 97 per cent of his patients reported themselves cured. These two persons were tried under the fraud law for advertising "Absent Treatments!" Both have been declared by the United States courts within the pale of the law.

Personally I know that fully 97 per cent of patients are cured under treatments of myself and my assistants.

Go into the homes of this class of people and you will find them happy and healthful. Drugs are abolished. Faces shine with good cheer. From cradle to age there are springing steps and resonant voices. Age comes not with feebleness, wrinkles or pain. And all this change in these homes has come about in less than a generation. Give New Thought the time and the opportunity the old professions have had, what will be the result? Give us Health Boards, privilege of making sanitary laws, of directing teachers and controlling universities for a few generations, and the pessimistic cry like this of Dr. Browne will never be heard. This position of his, and it is echoed by many other eminent physicians, is a confession that present medicine is on a wrong basis; is working from a wrong principle. The medical profession look for cause outside the individual; it is some climatic condition; some wrong food; some improper method of living; some conditions of business. It is circumstance that controls the individual's health. And since things foreign to man in shape of medicine, or a change of climate, must be added to bring health. True, they recognize as an adjunct to their method some change in mental conditions. "Stop worrying; stop grieving," and like admonitions are given. Mental Science finds the cause of all

disease within the mind of the individual. Mental conditions are reflected in the body. When mental habits of health are established then health is manifest in body.

When the person is in right mental conditions all sanitary measures will be taken because they love beauty; cleanliness is to them a form of godliness. There will be no less sanitary measures and no less measures of proper hygiene than now, but they will arise from a different thought. Now the thought is, "In order to be healthy I want clean streets!" The new thought will be "Because I AM healthful; because I am a NORMAL person, I will have clean streets!"

The Soul in its unfoldment is determined to have beauty and cleanliness. In the New Thought the Soul is trusted. In the old the Intellect is given power over the body, and in the little light of the present in regard to Life and Mind the few arrogate to themselves the right to tell Soul what it needs for its production of a healthful body, when all the time Soul has from babyhood been developing body and improving the race. New Thought people "Trust the current that knows its way," and listen to the Soul; "Loafe and invite the soul" when they would know and then live in that soul instruction and know happiness. The objective side of happiness is health. In short, we believe that happiness is cause and health is effect. Let the medical profession take up Mental Science, beginning with "Suggestive Therapeutics," and following on till they learn what Mind is, and that it is ALL, and they will in a few generations find that statistics report a very different result from that Dr. Browne has given us.

Who can mistake great thoughts?
They seize upon the mind; arrest and search
And shake it; bow the tall soul as by wind;
Rush over it like river over weeds,
Which quaver in the current; turn us cold
And pale and voiceless; leaving in the brain
A rocking and a ringing—glorious,
But momentary; madness might it last,
And close soul with Heaven as with a seal.
—Bailey's "Festus."

AFFIRMATIONS.

An Affirmation bears the same relation to Soul Culture that an axiom bears to mathematics. It is to be taken as Truth, not reasoned upon, but accepted. Thus held, it will mould the expression of life into its own likeness. The "I" is the ego of the person who affirms. As one says, "I am happy," when all goes well with him, he is to learn to say, "I am happy," when all seems ill to him. He will thus, by Auto-suggestion, produce in himself that mental state which is happiness. These Affirmations are given every month as spiritual gymnastics by which one may grow into self-control. When they are repeated, or held in mind, other and injurious thoughts cannot come in. Thus by conscious choice one becomes Master of Fate.

Brotherhood.

"And He made of one people all the nations of the earth."

Human Life is One!

No matter where the individual is, he is a manifestation of the One Infinite Life. No matter what his condition, he is still a manifestation of the One Infinite Life, and in that condition is a manifestation of Infinite Wisdom.

No matter where in the scale of Unfoldment I may stand, I am one with all the rest; the same life, the same wisdom, the same truth, and the same love. I am what all are.

All the possibilities of a human soul slumber in me.

All the passions that I feel, all men feel. All the capabilities which I possess, all possess.

All the fears and doubts, all the antagonisms, and all the weaknesses in me, are one with all humanity. What I am, all are.

In the Presence of the One we are all equal. The same air and the same sun cares for each. My share and my neighbor's share are equal.

I cannot possess, but I can use for expression, and in the using I unfold myself into consciousness; in like manner all unfold.

Therefore when I love myself, I love my neighbor.

In proportion, as I love and care for myself, I love and care for my neighbor.

Every good thought makes my world

better. Every good deed is adding to the common stock, and I get my share.

Every flower that is blooming to-day is adding beauty to my world, and every human being that throbs with love and kindness is adding to the love and kindness of my world.

As the sunshine is all mine, so the love and trust of all humanity is mine.

I pass from the little things of self into the Universal. All is mine.

I throb responsive to every other human heart, and thus all selfish desire is burned away, and in oneness with my fellows, I become one with all that is.

"In my Father's House are many mansions," and there is a place for each; therefore, when I affirm I AM, I am speaking for all humanity.

I am Love! I am Life! I am Truth! I am Peace!

The Kingdom of Heaven proclaims itself in my consciousness of being Life, Love and Truth.

When I am at Peace within I know the "Kingdom of Heaven," which is within every man, is expressing itself in me. For the name of that Kingdom is Peace.

Affirms Success.

A persistent affirmation that you do possess the qualities which are necessary for your higher success, that you will develop them to their utmost strength, aids wonderfully in acquiring the desired possession. If you lack courage, if you are a coward in some part of your nature, gradually brace up your weak point by daily exercise. Like an actor, assume the part you would play with all the strength of your being, until you actually live his life and are surrounded by his atmosphere. Experienced actors tell us that they feel the characters which they impersonate; that, if they are playing noble, heroic characters, they actually feel the noble impulses, the strong tonic of heroism assumed. On the other hand, when they are playing mean, contemptible parts they feel mean and debased. There is everything in assuming, firmly and persistently, the part you wish to play in life. Resolve and believe that you are manly, or womanly, noble, vigorous and strong. Never for an instant allow yourself to think that you are weak and mean and contemptible. After a while, you will retain permanently the character which you assume.—*Success.*

We are the Arbiters of destiny! Lords of Life! We either make or mar.—

T. B. Aldrich

234



THE LAW OF SUGGESTION is technically stated thus: I am that which I think I am.—In Bible language it is: As a man thinketh in his heart so is he.—In metaphysical statement it is: A person is governed by his conviction of Truth.

Lesson No. 8.

MORNING SUGGESTIONS.

Since it is of utmost importance what we think, it follows that if we desire a day of success and happiness we should begin it with the right thoughts. No man would take tools fitted only for the farm to the printing office, or those fitted for carpentering into a photograph gallery. But those who would not do this, do even worse. They take thoughts of failure when they wish success; thoughts of disease when they would have health; thoughts of misery when they would have happiness. "Have," I said. No! Let us use the word *create*. They would create happiness. Under the same principle do all men work, be they creating plows or pictures; happiness or disease. There is but one creative Power, call it by what name we choose. Omnipotent Power does all creating in the sense-world. In Man the creative power is the Life in him. But this Life in Man is the One Life. It creates body of Man as It creates that of bird. But when It creates a machine or a poem, It creates after a model; the model is created by the Son of the One, The Human, who is not like Life, an Unconscious Creator, an Unconscious Law, but is a conscious Creator; is Conscious Law. As Conscious Law, Man is King above all kings; a Law unto himself. Human creative power lies in its power to direct the Universal Life, the Universal Power to a desired end. Man creates through his thought. His creation is but a mental picture, a spiritual reality. When this picture is made, the Universal Power, the Universal Life, the One who is Cre-

ator under Absolute Law, creates in the objective life an image of that which the conscious, the individual, the special creator has previously created in the eternal. Paul saw something of this when he said, "Things seen are temporal; things unseen are eternal!" Man creates through ideals which he forms out of eternal and divine ideas. Human Ideals must of necessity take objective form.

There is no thought superior to this. I deem this fact the supreme fact of human experience. I regard this discovery i. e.—*Man, by his Ideals directs and controls the expression of Absolute Energy through himself, and thus creates his environment*—as the one thought above all others. The one that by its demonstration in individual life is to bring in the redemption of the world from all so-called evil. Man is in power and possibility, Master of all objective life. He has been learning this in a degree by creating Ideals and letting these Ideals work themselves into shape through his hands. He will later learn to make these Ideals of a perfect life in body and environment, and then LET them express themselves in body and environment. The key to this mastery lies in the knowledge of Suggestion.

Please study this over and over, for I frankly tell you that no words ever written before have, in my opinion, so much for good to the coming race as these, which convey the fact that *it is possible for the Human to direct Absolute Energy to a predetermined end, by right thinking.*

From this fact draw this conclusion. *I must begin the day with right Ideals.* Here you learn the Power of Affirmation, and the reason why a "Journal of Affirmation" is needed, and why the Human Soul started a movement which deals so largely with Affirmations. (To follow this thought further read my "New Emancipation.")

Therefore, begin the day with Silence and Affirmations. Use any from the collections in NOW. Or use your own. Remember, *Happiness is the subjective cause of health and success.* Happiness is the spiritual reality which manifests in

**Whatever we have dared to think
That dare we also say.—**

William Lloyd Garrison

235

these. That is not Success which does not begin, and at all times include health. Therefore, all Affirmations of Success must have their rise in Happiness. Let your morning thoughts then be hymns of joy. Some thought like this should begin every day:

O, how happy I am. How thankful I am for Life. How I enjoy life. How rich it is in blessing; in opportunity. Praise the One from whom all these blessings flow. All blessing flows from the Absolute into expression through me. I am happy. How good I feel. I am health. How rich I feel. I am Success. I am all these, for I am Spirit. In Spirit I am Power. I am Power to direct and control my life. I control my life by building my Ideals to my desire. My Ideals all are realized in Happiness, Health and Prosperity.

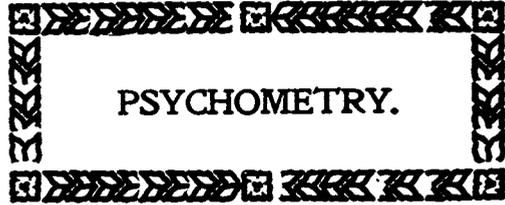
All for one and one for all,
With an endless song and sweep,
So the billows rise and fall
On the bosom of the deep;
Louder in their single speech
More resistlessly they roll,
Broader, higher in their reach,
For their union with the whole.

Through all warring seas of life,
One vast current onward rolls;
And within all outward strife,
One Eternal Right controls!
Right at whose divine command
Slaves go free and tyrants fall,
In the might of those who stand
All for one and one for all.

—*James G. Clark.*

Many a boy who would sneer at milder methods will rise in response to this: The brutal truth carries a weight far beyond that of the comfortable half-truths with which we often try to rouse a sleeping conscience. All substitutes for conscience and will are doomed to failure. The boy who cannot kill off a bad habit must live with it till it kills him.—*Youth's Companion.*

That mosquitoes lend a hand in the spread of yellow fever, I have no doubt, so does beer, wine, whiskey, meat, bread, water, air, and everything in the environment. The fact is it requires a multiplicity of causes. If mosquitoes cause yellow fever where does the first mosquito get his infection? If it gets it from the first case of yellow fever where did the first case get it?—*Dr. Tilden in Stuffed Club.*



PSYCHOMETRY is the Science and the Art of recognizing and interpreting sensations not recognizable by the five senses.

Second Series. Lesson 8.

Inspiration.

Few have as yet any conception of the stupendous and God-like power of penetration and sweep of inner vision, inherent and waiting development in the psychometric function, nor of the deific power of occult and objective mastery waiting to be evoked through the opening of the God-sense and spiritual consciousness. Intuition, Inspiration and Illumination are as natural to the mind on the psychic and spiritual planes, as are memory and reflection on the sense plane, and equally within reach of general experience. The divine possibilities of man through the development and perfection of the psychometric power under illumination from the Spirit within, are too vast and sweeping to be believed or appreciated, save by the prophetic soul opened to perceive them. Nevertheless, all whose inner vision has been opened to the glory and the grandeur of the New Life yet to flood the world, know that the most extravagant dream of millennial perfection that ever gladdened the anointed vision of seer or prophet, is within the possibility of immediate fruition through the opening and development of the inner and higher capacities of the soul.—*Dr. J. H. Dewey in "The Pathway of the Spirit."*

Our last Lesson was upon Intuition. We went to the One source for all wisdom and asked, "Why should not you receive as did Moses, and John, as Plato and Darwin, as Milton and Shakespeare, as our own poets Longfellow and Lowell, as Emerson and Walt Whitman?" And the answer was, "No reason save your own mental attitude!" Have you pondered upon that answer? Have you sensed the great possibilities slumbering within you, this being true? If you have, you are ready to proceed with the methods of acquiring that mental attitude.

Intuition is a flash into consciousness, of wisdom, from the inner storehouse of Spirit. Make this flash a continuous light for a length of time sufficient to

write "Hiawatha," or "To the Rhodora," or "My Captain," or "Hamlet," or "Uncle Tom's Cabin," and you have Inspiration. The electric spark demonstrated the possibility of the incandescent light whenever one should learn to make that spark continuous. In like manner an impression made continuous becomes Inspiration. Made perpetual it becomes Illumination. All these states of consciousness are possible to each person. All are but a development from Impression.

The mental state necessary for the attainment of this unfoldment is that which we recommend for the attainment of any psychic growth. *Concentration upon a chosen thought, till you have passed through desire, into a spiritual consciousness of wisdom.*

The biography of all literary men, musicians, inventors, in fact of all who have been original, who have been creators, gives us an insight into the mental conditions necessary for the reception of inspiration. The first necessity is FAITH of the individual in himself, as an instrument of a power. His belief may be that of a power either within or without himself. One is receptive, believing in a divine afflatus that is common and possible to all, or believing, like Moses and Mohammed, in themselves as the mouth-piece of other and superior intelligence. In any case, there must be FAITH in one's ability to receive and to give. "Trust thyself!" is the fundamental mental state for any Inspiration, be it inventing a flying machine, writing a poem, or making a new cake. Inspiration is not limited to any one, or to a few spheres of mental activity, but is present wherever there is need for thought.

Every person knows, every person *feels*, the truth of Inspiration. No theory helps us. All are conscious that it *is*, and upon this consciousness all human progress is based. We *feel* that we can; and even when we have no reason for the feeling, we find that it compels us to action. This feeling is the demand of the soul for an enlarged expression. Soul-growth is the source of Inspiration.

I FEEL! that is why I act. When I learn to interpret my feelings and transform them into thought I am inspired. How shall I increase my power to feel? How shall I transmute feeling to thought? are two questions we all should be able to answer. To know and to do this, is the Art of Psychometry.

Inspiration can be cultivated like any other faculty. Set aside a portion of the day for that purpose; be it five minutes or an hour. Then in Silence suggest that you, as Spirit, are wisdom. Tell yourself that you can draw from the Infinite fountain all you wish, and *let it come*. Be ready to write or to speak. Listen to the words as you would to the words of another. Concentrate upon some thought. It is recommended by some to concentrate upon some word. Many ancients have cabalistic words. And some teachers have mystic words. But one word is as mystic as another. Any word that causes mental elevation will do. One that conveys a sense of power or wisdom is best. There is no power in the word. A word may be a means of creating in you the mental attitude of receptivity. I use the phrase, "I can do it!" and after a few moments I start to do it and IT does itself.

Tennyson in a letter and in a poem tells us that he used his own name upon which to concentrate. Some concentrate by using crystals or some talisman, but there is no value in them save the faith which the person puts into them. They serve merely as means of concentration. A bit of sunshine on the wall, a bit of color, a jewel, anything that is chosen upon which to fix the eyes, is sufficient. But this merely for temporary use. Note the methods of the public hypnotist and do with yourself as he tells his subjects to do. Some concentrate upon the pulse; some fix the eyes upon the thumb; some upon a spot on floor or wall; some close the eyes and tell them to think "Sleep." The Principle is the same, i. e., Concentration.

Desire, brought into activity through concentration, results in Inspiration.

**In the pure soul, whether it sing or pray,
The Christ is born anew from day to day.←**

Elizabeth Stuart Phelps

237

O, Love Divine.

O, love divine! Thy presence sweet
I feel around, within;
O, fain I wash my brother's feet
And lift his load of sin.

O, love divine! Thy secret touch
Availeth night and day;
For they who know thee, loveth much
Along a perfect way.

O, love divine! Thy healing balm
I find on every shore;
On sea or desert, storm or calm—
My God forevermore.

—SAM EXTON FOULDS.

"NOW" Folk Mountain Home.

The Power of Truth in Little Things.

"What is mine comes to me!"

It is a Principle of New Thought that since Thought is Cause, we have in the effect that which is ours. What we sow in thought, we reap in life. There is no part of our philosophy which causes so much rebellion as this. Complaints are constant because people do not have what they desire. They do not see why they should have this or that, or suffer this or that, and when told that they draw it by mental conditions they deny and feel hurt that you should thus insinuate. But deny, rebel, or seek to avoid as much as one may, there is no escape. Nature's Law of Compensation is but her Law of Cause and Effect. The results of this Law are not to be put off to some later incarnation, nor are they to be escaped by prayer, rite or affirmation. They can only be supplanted by those effects which under the same Law are the results of right thought-sowing.

One versed in the operations of Thought can readily see the evidence of the Omn's presence of this Law in every life about his and in his own. Till one does see that he is Cause he will never change conditions.

There is but one Essence, Substance, Power or whatever you may name it, that fills immensity. To faith, it is God; to science, it is Energy; to consciousness, it is Truth. Truth is all there is. We are conscious of more or less Truth. As we increase this

consciousness we increase our power to demonstrate over the conditions of life. The application of Truth to life is natural and instinctive. The child does it, and as he unfolds to consciousness of Truth he becomes a partner with the One in his own unfoldment; becomes a conscious factor in the evolution of the One. I constantly see the failures about me that arise from a lack of Truth, and from a lack of trust in Truth as seen. I can always see where I have failed in reaching my ideal, because I either did not know, or did not do, as well as I knew.

As a simple illustration of this lack of attention to Truth in little business matters I will give some illustrations from my own experience and the Principle can be carried into every walk of life. Some instances in business affairs are these: Two coupons were attached to advertisements, one said "Return this with name and address and the books will be sent for examination." Another said "Return this with your name and address and specimen pages will be sent." Result: In both cases a book agent was sent. I said to him: "I answered that advertisement believing your firm was truthful and reliable. Your coming demonstrates that I cannot trust them. I have no time for book agents. I also know when I see a book whether I want it or not, and need no agent to describe its worth to me. I would not trade with your firm now on any terms, for I must have confidence in those with whom I trade, and a firm that will send a man when they promise to send a book, I cannot trust." This lack of principle will in time swamp any business firm. Tell the Truth. This is the Principle upon which "NOW" Folk work. I demand TRUTH from all. When one tells me a thing I wish to FEEL that it is as sure as gravity. I wish to know that YES means YES, and NO means NO. Decision means the ability to carry it out. Jesus gave the best business admonition, "Let your yea be yea, and your nay be nay." And he added, "Whatsoever is more than this cometh of evil." It is evil to say address and

Life is repaid by the joy of living it.←

David Starr Jordan

238

mean come. It is evil to say, "Will send book, or specimen pages," and send a man. Say what you mean and mean what you say, and success is secure.

Business men and business advertisements do not mean what they say. They train to lie, to equivocate and subterfuge. Because of this fact I give some examples of young women, they are not to blame. Deceit is in the air, in the schools, in the stores, and even in the pulpits. Everywhere yes is not quite yes, and no does not always mean no. The law is full of technical holes, always somewhat equivocal, and conversation equally so. Everyone provides a place to crawl out if circumstances make it advisable. Double-dealing is the undermining factor in our commercial world. Those who are today suffering with blasted reputations in the insurance and trust world no doubt thus juggled with words, in flattering circulars, with great promises and small fulfillments. TRUTH is suffering and the young learn to ignore her and fail.

In the increase of my editorial work it became necessary that I have a typewriter to copy and prepare my manuscripts for the press.

I had no time for personal interviews and I also wished to see the ability of the applicant in the letter writing, so I placed an advertisement in one of the morning papers asking for an operator on the Remington, and said, "Address Editor, 105 Steiner Street."

I was not surprised when soon after the morning paper was read ladies began to call. My reply was, "Did I ask you to call?" "No, but I was coming out this way and thought I would call." "Madam," I replied, "the very fact that you have disregarded my wishes in the matter is sufficient reason why I could not employ you. I would never know when my wishes would be disobeyed." To another I said, "I wish an assistant whom I can trust to carry out directions. In coming in person you have shown that you considered that I did not know what I wished and that you could help me! I could not employ you lest you disregard my wishes." No. 3 was on

her way home. "Your excuse is my reason for not employing you; I do not recognize the validity of any excuse! To save trouble you might neglect my work."

What is lacking here? I can prophesy that not one of the three will ever make a success or retain a position long. There is lack of accuracy; lack of attention; lack of respect for Truth. In this lack there follows—lack of attention to orders.

A girl who will call when I say "write," will some time make a call in person when I tell her to write a letter, or when I say "ten" may feel that "five" is better, or when I order "red" may choose to have "blue." No, I could not trust such. The moment the employee begins to think for the employer his usefulness is gone. The fact that one is hired on a salary, he pledges himself to do as if the employer was doing it. The reason so many young men fail and always remain in subordinate positions is because they do not realize that they are in the place of the employer. "We are selling many of these!" said a diminutive cash boy to me recently in one of our large department stores. That "We" gave him away as one that would yet have a place of importance, for he felt and thought it now. Had he said, "They are selling," I would have known that he would never rise very high.

A young man, a graduate of California University, who passed through all my classes, has recently obtained a position in one of the mining camps. He writes: "Till I came here, I did not realize how very few people there are who do the very best they can all the time. Up here the fellows waste more time and energy trying to get out of work than they would in doing it. But it always pays to do one's best, and I find it to my best never to mind what the other fellow does, and thus I am happier and better off for so doing."

"I did not hire you to think!" said the captain of a steamer at dock in New York when the sailor had done a job in a better and different way than ordered. "Call at office and get your pay." Had he

been called upon as an independent workman and not told how to do it, he would have made a success. Disobeying orders he made a failure. A captain of one of Stephen Girard's vessels was sent to a certain port with a cargo. Arriving there, he found the market glutted, but he learned of another port where there was demand. He sailed to that and disposed of the cargo for many thousands more than he would have done at the place to which his cargo was consigned. He thought his employer would be pleased. On the contrary, he was discharged. No merchant could afford for temporary gain to forever remain uncertain where his ships were bound. Thought is Power, but like electricity we may use it to harm ourselves. What and how to think is the key to Health, Happiness and Success.

Good Advice.

You must work out your own salvation. Advice will not commonly help you much. It is well to listen to all the counsel available, but if you do not act upon your own judgment you will not succeed. Hundreds of times during my long life, I have been consulted by young men who wanted advice about whether they had better do this or that. I have commonly said in such a case, "Now, young man, it don't make a continental's difference what you do, provided that you do it. Go ahead. Do what you think is the right thing, and you will succeed." And I have added, "You came to me because you thought I have succeeded, did you not?" "Yes!" would be the reply. Whereupon I would conclude, "Let me tell you, then, that if I could have gone to somebody as you have come to me, and stated the case, and could have been told a quarter of the difficulties I had to meet with, you could not have kicked me into the business. Still, I succeeded very well. The difficulties arose one at a time, and I overcame them, and every other young man of stamina will, as a general thing, do the same."—*Geo. Agent.*

P. Rowell, in "Forty Years as an Advertising

Autobiographical.

"Called back from Death."

Friends sent for me. When I entered the room she was unconscious, her eyes were turned up so that only the white sclerotic coats were visible; she was, from a medical point of view, beyond the pale of hope.

As I looked on her an inspiration came to me. I took her by the hand, learned her first name from the nurse, and said with great incisiveness: "Adele, what are you doing? You cannot die. Come back! You have work to do on earth. Come back at once!"

In answer to the summons the upturned eyes resumed their natural angle and looked at me intelligently. The voice that had for days uttered only the ravings of delirium now spoke coherently.

"It is too late," it murmured.

"It is not too late," I rejoined. "I am Dr. Quackenbos, whom you have been calling upon to save you, and I have come here to do it. Do not dare to say it is too late, for it is not. Stay where you are. Assume immediate control of your physical functions and get well. You are going to recover." All this in an imperative, forceful tone.

The directions were implicitly followed. A change for the better supervened. Gradually the mental mist cleared away, the physical strength returned, and to-day the young woman is perfectly well, filling an important position.

This extract is from a long interview with Dr. Quackenbos in the *New York Herald*.

Such cases are not uncommon, though oftentimes they are not understood. Talking of this to a lady member of my class, she said: "We have called my mother back on two occasions. She was almost gone, and I called her and said to her that she could not go, I would not let her go, and on both occasions she rallied. I am sure had I shown any fear, or let her know that I gave her up, she would have gone."

Because this touches a most important phase of Mental Therapeutics, I will in this and subsequent articles give some of my own experiences. And first, it must be my own recall from death. All but the connecting link, whatever that may be, was severed, and yet I have lived many years since, though to all intents I was then dying.

In 1870 I was passing through the crisis of a severe illness that had been of long years' standing. One forenoon I was

**The dependence of liberty shall be lovers;
The continuance of equality shall be comrades.←**

Walt Whitman

240

conscious of a most delicious sensation. Words have no power to describe it, "for ear hath not heard, nor hath eye seen, nor hath it entered into the heart of man to conceive" the beautiful sensations I then was. It seemed as if I was melody, beauty, joy, and peace, all mingled in one. I never before, or since, have been so restful, so peaceful and so happy.

After a few moments of this joyful existence I was conscious of a strange fact I had power to see through all material structures. I was in the air floating away from the house, but I could see through the walls, and I thought "how queer this is," but I was so happy that I never questioned the matter further. I was content just to lie on the wave of power and enjoy. There was no sense of time or space or memory. Neither did I sense any other person, or see any landscape. I was conscious of floating away from earth and of my power to see through everything. All the earth was transparent. But there was no reasoning, no surprise, no fears, nothing of any old bodily sensations. There was perfect content and perfect faith, that all was right.

While thus happy I was conscious of a thought that came wafted through me, as a thrill passes when one responds to music. I neither saw nor heard any person, but what I *felt*, I knew was this: "No! Your work is not done! You must go back!" I am conscious now that I rebelled in feeling at this. But was not then conscious of any thought, and before I could gather any resisting force, I felt an arm beneath my head, and heard the voice of the friend who was taking care of me, saying, in her firm positive tone, without any shadow of fear or grief, "Come back into your body!" Had a kite feelings, when it is checked in its flight, it would feel something as I felt. I was checked, and before I was conscious of anything else I heard myself mutter, "O, let me go!" Why did I say "GO?" I did not know that I had been going. What did I want? I did not know. It was an instinctive thought, an expression from the Soul-side.

My words brought forth from her a still more positive expression: "You get back immediately into your body, or I will shake you." The next I remember I was crying and saying what is the matter with me. She burst into tears, and said: "You were dying, and will never pass out so easily again!" "O, if that is death let me go! Let me go!" and I wept for sadness. She comforted me, and after a while I became quiet, and glad I did not go.

This friend was wonderfully wise. She had intuitively all our present New Thought and Suggestive Knowledge, and was practicing it upon me. To her I owe my life and my present ability to teach. At the time I was thus floating she was in a room, three doors away from me, and in some psychic way she knew I was passing out. She hurried to my bedside and by Suggestion, or command, brought the soul back into the body, or that is the way it seemed to me. I had not then power to reason what or where I was. To my vision it seemed that my body was lying on the couch and I was floating away.

Twice after that I got out of my body for a few moments; once was called back by her, and once, as I found myself going, I instinctively said to myself: "Come back!" thus proving that "Life loveth life," and uses every possible means that the conscious man will let it, to keep itself manifesting through a body. But what was I? How did I look to myself then? These questions must wait till next month.

The thought of this paper is, that we each need to be wise in dealing with each other at all times, and especially do we need to have positive convictions and give positive suggestions of health in the presence of the sick. Many a case is hurried out of life by the fears, griefs and saddened looks of friends. Always be positive, firm, kind and suggestive when in the sick room. Never let thought, even of fear or belief in death, enter the mind of the sick from you. Healthful, loving, firm suggestions will save many who are as I was then, lingering on the verge and just ready to launch away.

**I, grateful, take the good I find;
The best of now and here.←**

Whittier

241

Regular New Thought Practice.

Reverting again to elements of failure in students of New Thought, there is the case of the man—far too common, nowadays—who has no time. He is enthusiastic about it. He sees the simplicity and beauty of the underlying truths, and he promises himself that he will take the matter up. I cannot too strongly insist upon the absolute necessity of *regular daily practice*. People do not realize the importance of the task they have undertaken, and think that if five minutes are given now and then it will suffice. Other students think if they only *read* there is no need for practice. They seem to think it an intellectual recognition, and that is all. This is very far from the truth. It is a matter of *growth*, and to grow, one must have something to grow on. Being growth there is no cessation: wherever there is cessation there is stagnation, and stagnation, as has so often been said, is death. It is not sufficient to simply read; the whole being has to undergo complete change. The nature of this change has formed the topic of many articles in these pages, so readers must refer to them. Steady, persistent practice must be carried out, and in this way the state of things sought to be realized will be brought about. Generally as soon as a man opens his eyes in a morning his mind mechanically turns to the work in hand; to what he will do after he has swallowed his breakfast, or, if he has no work, how will he get it. Sheer force of habit has rendered this process of mentation as regular as clockwork. Perhaps in one who has come across the new psychology it is more marked, because he realizes what opportunities he has missed, and how, if he had only known he might have been working to better advantage. So he makes up for lost time and tries to do double the amount of work he used to do. He is on the look-out for opportunities, or creating them, where in the old days he let somebody put him there. His initiative is beginning to show itself. All this is very well, but it does not go far enough, and the "failures" of New Thought are generally found in students of this type.

He will say, "Well, I have a lot to do this morning; I will give ten minutes to the thing after dinner." After dinner he finds plenty of work of one kind and another till evening, and he has a difficulty in getting the time in even then. His mind, too, at the end of the day, is rather tired, and he does not concentrate except in a half-hearted manner, and does it more as a duty, as something disagreeable, perhaps even begrudging the ten minutes devoted to it. Now this is not the right attitude of mind at all. For one thing, a student should not practice concentration when he is worried or tired, for there are fewer things more tiring in themselves than it is. The morning is the ideal time, for then

the brain is rested after the night's repose. For those who cannot possibly give ten minutes—some people give half-an-hour daily, and it is not too much—then get the time in as early in the day as possible, but not immediately after a meal.

As to the importance of one's work each one must judge. I have watched with interest the work of "busy" men with whom I have been brought in touch. Of course, for those engaged in factories, mines, workshops, shops, there is not much chance, and that alone is one reason why the time should be got in before beginning the day's work. But there are countless opportunities for concentration which could be utilized, if something less important were to be allowed to stand aside. The time of thousands of men is just frittered away. Men like Gladstone, The Bishop of London, and other statesmen, divines, barristers and literary workers appreciate the value of time as much as most men, and really do not waste a moment, but with the rank and file of the world much so-called "business" could well be dispensed with and the time more profitably spent. The student who is in earnest must learn to *make time*. He finds time to eat and sleep at fixed periods, and so he must with regard to the ideal life. It is for him to say which is the more important, but it is no use attempting to play with the subject.—*New Thought Journal, London.*

Intense American Life.

At a dinner given in his honor recently by the Lotos Club, Mr. Joseph H. Choate remarked:

"The rush of life seems to have grown more intense than it was when I went away seven years ago. The strain of nerve, mind, brain, and body seems to have been growing stronger and stronger every year. You were going at a tremendous pace when I went away; now you have set upon a pace that kills. How mind and body and nerve and brain can stand it remains to be seen."

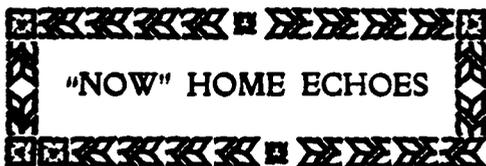
A committee of the Chicago school teachers, who have been investigating the subject, say that one in three of all the school children in the city has some form of nervous disease. The various causes of this alarming condition are said to be, the intense city life, the impure air, the living in flats, the continual noise of street cars and traffic, lack of nourishing food, and the society and late hours permitted by parents.

School vaccination is a thing of the past in Kansas City, Mo., thanks to the efforts of H. R. Walmsley and his heroic band of helpers. There is no State law, but the doctors got the Council to pass an ordinance, which has been in effect repealed.

**The Soul is pilot gray on the sea of Lore,
Where barks of Touch are sent from every shore.←**

J. W. Powell

242



What is success? There are as many answers to this question as there are minds to formulate them. From the standpoint of Unity or under the affirmation All is Good, there is neither failure nor success, both are like manifestations of the ONE and Good. In soul unfoldment all is success, because there is absolutely nothing that can stop the Soul's unfoldment; on the contrary, everything contributes to it. But in the ordinary sense of the term, success means reaching the goal for which we strive. Our great Emerson says: "In the Will, work and acquire, and thou hast chained the Wheel of Chance." Would you be successful in the attainment of your heart's desire? Follow his advice. Put "chance" from your mind, and in its place put "Certainty." Know that YOUR will is the Will of God in your own life, and then, "without haste and without rest," march straight onward, upward, and successward.

WILL.

Many things we want to get and many things we want to possess for our comfort and unfoldment, but the more we strive and try to get them the further they seem to slip away from us. When we declare that we possess all things now, and give the Soul perfect freedom to draw them they will come. That is the way I have found it in my life. When I just sit still and declare that it will come to me at the right time, and LET it come it does come. But we do not always know what is best for our unfoldment, and that which we desire at a certain time we may not be ready for it. If I had money at a certain time in large quantities, I should not have known how to spend it, and might have spent it in riotous living. What we really want is to possess ourselves.

FRANK R.

There are times in which we are expected to show feeling, and are considered hard hearted if we do not. As we become more unfolded we will be less emotional. Events come into the lives of each of us. We must determine by our mental attitude whether these events shall bring us happiness or unhappiness. If we believe that "All is Good," they cannot make us unhappy. Because we are unemotional we are none the less sympathetic, kind or loving. If we live according to Principle we will be more tender and loving.

ANNIE.

A little girl of five years is living with her parents at the "Mountain Home." The following conversation recently took place between her and the Matron:

Child—I don't feel well this morning.

Matron—Well, you are a little New Thought girl, so you know what to do in order to heal yourself.

Child—No, I don't. What is it?

Matron—Just go into the parlor and lie on the couch and tell yourself to go sound asleep, and that when you awaken you will feel all right.

Child—ten minutes later, returning from the parlor—Mamma Margaret, I feel all right now. I did go to sleep on the couch. I told myself to go sound asleep and I would wake up feeling all right, and that if anybody came into the room I would not hear him, 'cause I would go sounder to sleep.

Some years ago Professor Lombroso noted that telepathy tended to show that thought is essentially a vibratory energy, and is possibly connected with other modes of motion. Tesla now states his belief that the time will come when the power of thought may produce the action of his new engine, whose force can be operated from Sandy Hook against a fleet in Southampton Bay. Here we have the practical scientist's belief that this theory of the nature of Thought can be experimentally demonstrated. If thought has such marvelous power as this, shall it not flash from mind to mind across the gulf of death?—*Lillian Whiting* (Introduction to Charbonnel's "Victory of the Will.")

Whene'er I meet my sailing peers,
"ALL'S WELL" I to their hail reply.←

Edith M. Thomas

243

Concentration is Natural.

If the first rule is to obey your native bias, to accept the work for which you were inwardly formed, the second rule is concentration, which doubles its force.—Emerson, in "Greatness."

Judging from letters and questions of pupils, no part of Mental Science causes so much difficulty as the demand that there be Concentration. I propose to take from this demand all that is difficult, and remove all obstructions from the mind, so that there will be a clear understanding of what is meant by "Concentration," and what by the phrase so much in use, "In the Silence!"

There is no break in the methods of nature. Truth is identical, whether uttered by ancient or modern teacher; by Eastern priest or modern Mental Scientist. He who finds Truth, finds it by Nature's one method. There are no patent rights upon any of her secrets, and no corners upon any method of arriving at the perception of Truth.

The cave man found it just as Moses did, and Moses just as Socrates, and Socrates as Jesus, and A. J. Davis as Socrates, and Mrs. Eddy as Davis, and Henry Harrison Brown does as they all did. Therefore, unless we are to admit the claim of special revelation and arbitrary selection on part of a Creator, we are to analyze our own mental action, and from the way we have come to Truth, realize that all in like manner come. From the study of our own unfoldment we are to deduce ways for still more extended progress, just as we have, by study of Nature's methods in other lines of manifestation, learned to assist her in her unfoldment.

As man, by interrogating Nature, has learned to become a factor in the evolution of the material world, as he has, by the same process learned to be a factor in his own evolution, mentally, artistically and esthetically, so by the study of our mental conditions we are to learn to be a conscious factor in the evolution of a control over ourselves.

The child and the savant learn by the same means. The slave and the king de-

velop by the same process. The workman and the poet win success by obedience to the same law. The victor and the vanquished are results of the same obedience. Nature is no respecter of persons. All the old conception of any special revelation; of any peculiar method; of any newly invented process; of any special series of directions; of any collections of teachings; or of any prepared formulas; being of value, must pass away. You are to realize that in you abides the same power; in you lies latent the same intelligence; in you awaits the same germ that all other men possess, and it is to be brought into unfoldment by the same methods. You are to declare: "What man has done, I can do! When I know how others achieve, I can also achieve! When I have learned the Law, I can use it! When I find the Way, I can walk in it! When I see the Light, I can follow it! When I know the Truth, I can demonstrate it!"

So long have the old ideas held sway that it is important that you see that all of the old growths of error, of self-depreciation, of beliefs in the supernatural and in the special, are rooted out of your mind. Too many are trying to come into the New Thought, and hold on to the old thought at the same time. For such, Jesus spoke when he admonished us not "to put new wine in old bottles." New perceptions of truth will not fit old statements; and new perceptions must not be limited to old methods. Truth is never old, and her methods of revelations, the processes of awakening to the perception of Truth, are ever the same. Do not confound human perception of Truth with Truth itself, nor fix it at the ancient limitation.

God sends His teachers unto every age,
To every clime, and every race of men,
With revelations fitted to their growth,
And shape of mind, nor gives realm of Truth
Into the selfish rule of one sole race.

Do not make one and the same, the thing and the maker; the seer and the perception. The methods of seership are always the same; the methods of applying the truth perceived to the objective life are as various as are organization and

The Arena of the new standpoint of Science is that of the pupil's own mind.←

Elmer Gates

244

the lives of the seers. No one can either perceive Truth or live it for you; therefore while you perceive Truth by the absolute law of Mind, you will apply Truth by the special law of your own individuality. Thus Truth common to all ages and all men is so differently stated, and so differently applied, that there are thousands of sects and schools. But under all these lies the one Substance named God, Brahm, Allah, Josh, Force, Mind, Energy, Christ, Spirit, etc., etc. And no matter what the rite, form, ceremony, formula, method, law, rule, or regulation proposed or imposed, all these have their base in the same natural phenomena. Therefore no matter what claim is made for any system, you are to understand that no system ever was, or ever can be, made, that will embody all possible methods of attaining any desired unfoldment. No system can be made that will exhaust the possibilities of infinite Principle. Systems, forms, and rules, arise in the observance of details. When you rise to Principles you will make your own rules, or have none. Relying upon Principle, and reliance upon rule, makes the difference between a master and a slave; between a leaner and one self-controlled. To rest upon forms, formulas, rites, and rules, is the custom of church, state and public opinion. To rest upon Principle is the demonstration of Individuality.

A clear conception of this point is necessary because so many teachers, leaders, founders, are springing up, claiming "to speak with authority," or to have devised, or found, some plan by which one may attain unfoldment, success, health, or happiness by some new and original road. Know this:—All such claims are based upon some merely individual perceptions of the one and the same law, which every person has obeyed who ever attained success. There is but one way, because Life, Truth, Principle, and Law are unchangeable.

The spirit of Truth through Jesus said: "I am the way!" So It says through every Human Soul. "I am the way!" says Life. "I am the way!" said Nature

to the scientist; and seeking out her way it has become his way. In New Thought we only interrogate Nature; seek her way.

When we find her way, we shall have the only way. And since all Truth is simple; since every discovery man has made of Nature's way is simple, we are to infer that when we find the way to health, success, and happiness, it will be so simple that we shall be surprised that we did not always know it.

I admonish you at the beginning of any study, to put aside all systems that have in them anything strange, difficult, mysterious, occult, or supernatural; anything hard to understand, or peculiar to do. They are not Nature's way, and will never be yours. Mistrust everything you find difficult to understand. Only so far as any system conforms to your own simple life, does it have any value to you. When you are inclined to take up any method of self-culture, ask: "Is this Nature's simple way? Have all men in all ages found success through obedience to this Principle? If so, I will adopt it." Again, I advise you to refuse to deal with any teacher or system that propose to do *all* for you; to make it *easy* for you. There are no easy, no royal roads. Though the New Jerusalem "lieth four square with gates on each side," there are no chariots on either side to carry you in. You must get in by your own unaided efforts. "Where did you come from, Topsy?" "I growed!" Each person must grow into any condition he desires. Teachers may do what the gardener does—make conditions for growth. This book and any good book, or teacher, can make conditions for you to grow, by teaching you how mankind has ever grown.

I would that you bring very closely to yourself this thought: "All men are created equal!" In this consciousness, concentrate your forces in the thought: "What man has done I can do! What men know, I can know! When I know what they know, I can do as they do!" This is the only possible, rational, self-respecting mental attitude. It is the only

**Obstruction is but Virtue's foll.
The Stream impeded has a song.←**

Ingersoll

245

one under which I wish to claim you as pupil or friend. In this mental attitude we shall win. In any other we shall fail. In other words, I have been, during all this lesson, advising you to concentrate upon FAITH IN YOURSELF. This is the keystone to the arch of Character, and its presence or absence constitutes success or failure.—(From Henry Harrison Brown's forthcoming book on "Concentration.")

Anticipation.

I lay in the mystic light
Of a day as yet unborn,
Listening to the voices
That herald the coming dawn.

I thought of the wondrous beauty
To meet me on the way;
Of the work, the cares, and the duty
That make up a single day.

I questioned would the hours
Bring joy or grief to me,
As Love should lift the veil
That hid the Yet to Be?

The curtain, as I wondered,
From the new day was drawn;
The morn in beauty opened
And doubts of night were flown.

Kind friends with gifts of flowers
Met me upon the way;
My soul, with glad thanksgiving,
Entered the bright new day.

—FLORENCE SHAW KELLOGG,
Fay, Kansas.

The discovery of the law of telepathy has contributed signally to the understanding of the conditions of spiritual life, and the consequent advancement of intelligent comprehension. If the powers of the mind, while restricted by the physical embodiment, can so transcend those limitations as to flash through them to another mind, also thus restricted—then what may not the mind free of these limitations be able to do? For the physical body is not a help to the powers of the spirit for spiritual achievements. These proceed, not because of the body, but in spite of it; and thus, when freed from this virtual clog and restriction, how far and more direct and powerful may be their effect.

The recognition of the law of telepathy demonstrates that communion between mind and mind transcends space and time; then there follows, as a logical consequence, that if two persons, each of whom is restricted and limited by a physical body, how much more directly and vividly may it exist between two

persons when one of them has gone out of the physical environment and achieved more potent conditions in the realm of the Unseen?
—Lillian Whiting.

Is Life Limited in Quantity?

To keep warm, stop thinking.

This is one of the theories propounded by Dr. Wilhelm Ostwald, of the University of Leipsic, in a lecture before the students of Columbia. The length of human life, he said, depended upon the store of psychic energy which is within the body. The prolongation of life at pleasure, according to his theory, should be merely a question of revitalizing the body occasionally with this mysterious force.

Thinking is the most exhaustive kind of work, because it consumes more of this force than any other physical process. It has often been found, upon stopping the process of thinking, that this energy is transformed into heat in the body and at the same time there is less need of reinforcement of the supply of energy.

The above dispatch is from the daily press. Start with the Professor's premise and you must reach his conclusion. Believe "psychic energy," which is only another name for Life, is limited and you must naturally reason that since thinking exhausts that energy man must stop thinking in order to live long. But experience does not sustain the Professor, for the best thinkers outlive the physical devotee. New Thought affirms that as Spirit man is limitless. Since the Professor's assertion is based upon reasoning alone; since he cannot demonstrate, we base our Affirmation upon demonstration first and reasoning therefrom. While the one leads to depletion, because as a man thinks so is he; the other leads to life for the same reason. But test our Affirmation by results upon your life and we find that under it the life forces are augmented. No one who has tested our New Thought Principles, but realized that his supply of life force is limitless; that he may have each moment all he can express. This physicist and the metaphysicians are thus placed in juxtaposition. The new says, "No limitation." The old says "Limited." Now which will you choose? Reasoning is at least as strong for one as the other. Facts of Mental Healing are before you to proclaim the reasoning of the one as sophistry.

The True Incentive to a useful and happy labor must be pleasure in the work itself.←

William Morris

246



Where does the Will end and stubbornness begin?—S. V., Ghent, Belgium.

I am WILL, just as I am Life, or Love or Truth. Will is the expression of Self under decision. I decide, then I execute, and while executing, I am Will.

Stubbornness is a method of manifesting Will. Is an effect of Will. When I oppose myself as Will to another without using reason that manifestation we name stubbornness. This trait is manifest in those of little individuality. It is an animal trait, since it is devoid of reason. Weak and negative persons have but one way of manifesting themselves, and that is in opposition to the decision of another. Without ability to originate, without ability to choose for themselves, they maintain what individuality they possess by acting in opposition to a desire of others. Individuality consists in being able to take the initiative; in choosing, independent of others. The masses live sufficiently on the animal plane to show this trait of the mule stubbornness, when they are in reality subject, as workmen, soldiers and slaves, to those who possess self-esteem, and thus take the initiative in all lines of expression. Conceit is the accompaniment of stubbornness.

You say in your book, "Dollars Want Me," on page 21: "You have sown thought-seed, now, like the rancher, wait for the sprouting and the harvest. It can never fail you, when, like him, you wait and trust!" What am I to trust?—B. B.

"IT can never fail you." Trust IT. As long as you stop to quibble over definitions, you have not sown. The same It that brings harvest to the wheat field will bring your thought-harvest. There are laws which the farmer recognizes, and he works in harmony with them. He has, by experience, learned that when he does a thing a certain way, certain effects follow. So have we learned, that when

we think and trust, certain effects follow. We have nothing to do with the theological attempts to define that-which-Is-and-has-been-from-all-eternity. If you do not like the terms NOW uses, you can invent those to suit, but we are always talking about the same IT that the child is when he says "IT rains!" You trust the rain to come. What are you to trust? Trust the same IT to bring you supply when you, in right thinking, sow the seed of demand.

Would you advise me to take up a study of New Thought? I am 75, and have never believed in orthodoxy. I cannot accept anything that does not appeal to my reason. I like your magazine. Shall I go deeper?—P. C. A. Certainly. You will then learn not to say you are "old," but to say "I am so many years unfolded." Why should you not, since you are to exist forever, take up any new study? Why not be as ready at this stage of unfoldment, to take up a new study, or a new occupation, as at any previous one? If you seek Truth, can you have it at an earlier period? Will you not be better for every glimpse of Truth you possess? There is nothing in New Thought that is not reasonable. It is merely common sense—plain and simple common sense. People have been so used to uncommon sense, in way of theologies in philosophies, that New Thought is so simple to them that they, like the prophet of old when told to merely bathe when he expected something difficult to do, that at first they are repelled from it; but soon they love it for its very simplicity.

The Indwelling Light.

It was this light Henry Harrison Brown, of San Francisco, praised, that he might become allied with it, when he exclaimed, "Nameless and Unknown, yet Ever-present, Ever-felt, I praise IT, for I am thus stimulated to find IT *within*, as my Real Self to know it in its fullness." It was the same indwelling principle Swedenborg alluded to when speaking of that which transpires in springtime, when heat unites with light and produces germination; "Everyone knows that spiritual heat is love and that spiritual light is wisdom," and we know that perennial union of the two in the soul constitutes that Flame which Augustine saw, and the editor of NOW grew poetical over.—Mrs. C. J. Barton, editor of *Life*, in March number.

To the receptive soul the River of Life pauseth not.
nor is diminished.←

George Eliot

247

To an English Friend.

With Emerson's "Poems."

Edmund, in this book you'll find
Music from a prophet's mind.
Even when harsh the numbers be,
There's an inward melody;
And when sound is one with sense,
'Tis a bird's song, sweet, intense.
Chide me not the book is small,
For in it lies our all in all.
We who in El Dorado live
Have no better gift to give.
When no more is silver mill,
Golden stream, or iron hill—
Search the New World from pole to pole,
Here you'll find its singing soul!
—From "Five Books of Song," by Richard
Watson Gilder.

Justice to the other Fellow.

The following extract from *Christian for March* shows that Thomas J. Shelton has also fallen into a habit that I have noticed in several authors of late, of giving a covert rebuke in a misrepresentation, of other teachers along New Thought lines. Mr. Shelton calls himself a "Christian," but so do members of the multitude of sects call themselves. The word has any meaning one may read into it. Brother Shelton rides this old nag with bit and spur, and with no meaning, or any meaning, he chooses. He can agree, or disagree, with anyone, and still claim he is a "Christian!" He is simply doing what leaders, founders and sectarians have done for nineteen centuries. The old virus of condemnation, of "barking against the bad," still clings in the veins of many New Thought believers, as well as in many "Christians," even though they be of the new "Shelton" type. Brother Shelton could easily have saved himself from this misrepresentation had he sought the Truth of New Thought teachings at fountain head. I find the same tendency in some new books and in some journals. They build up men of straw, which no teacher will recognize as his, and then, claiming them as genuine instruction of some teacher, demolish them. This is Brother Shelton's creation. I italicize the part he should not have said, does he love truth and his brother?

Do you think that thinking is easy? Is it an easy matter to exercise faith in mental consciousness? *I have to laugh at the little thingumbobs talking about "holding the thought!" They talk about the power of thought as if it were an easy power to handle.* All you have to do is to think. Yes, yes, all you have to do is to think. There's the rub!

* * * *

Oh, yes, there is power in thought. All you have to do is to think. That is it, my friend, just think. But can you do it?

They will give you words to repeat. All of these New Thinkers have a kind of patent-combination-self-acting formula for everything. They furnish you the words, and all you have to do is to repeat. It is all rubbish. You had just as well get out in a fence corner and say:

"Georgie Porgie, pudding and pie,
Kissed the girls and made them cry.
When the girls came out to play,
Georgie Porgie ran away."

That is a very good formula, for I have heard Baby say it when she could scarcely stand alone. It was not a very high order of mental consciousness, but it was getting there.

Yes, it is a good formula, and fully as efficacious as any this baby's father is fond of giving us. He quotes Bible and places it on the first and last pages of his *Christian*, and these words are as much of a formula as any he can find in any New Thought journal. They have as much power, and the same power, as the formulas in NOW; in my books; as there is in the words of Henry Wood, Mrs. Cramer, Mrs. Eddy, Mrs. Millitz, or any other teacher. Not one of these ever, to my knowledge, claimed that repeating words made any cure. To say "Think" is not to say "Repeat words." It is Thought that directs the healing Powers. Words may, or may not, convey Thought. Let "Baby Blanch" put the thought of "Love to mamma" or "Fear of Papa" into her jingle, and it will have the same power as if these thoughts were couched in words with which we express the thought of love or fear. No one who ever repeated "Mother Goose rhymes" to a child, but realizes that the child did have a thought behind the jingle. Creeds and prayers, *as words*, have no effect, but the *thought* behind the word does. No two persons put the same thought into them. Brother Shelton, please do not confuse the laity by making a distinction

Call this God; then call this Soul;
And both the only facts for me.—

Browning

248

where there is none. There is not a shade of difference in the Principle of *Christian* or *NOW* or *Life*, or *Unity*, or *Nautilus*. Methods differ; but no New Thought teacher is so foolish as to place any power in formulas. Formulas are helps, and so are passages of Scripture, to lead one to the right thought. It is as easy to think a thought of good as its opposite. As easy to think health as disease. As easy to think kindly as otherwise. As easy for Brother Shelton to be *just* as it is in this covert thrust to be unjust to all his fellow teachers.

I have always affirmed that Truth heals. Truth does not depend on form of words. I have always tried to convey the thought of health, happiness, and prosperity. Whatever the words used, makes no difference. I have cautiously sought to understand other teachers, and from my reading since I began to print (for I read little of New Thought literature before), I have never found a teacher, nor listened to one, who made a fetish, as Brother Shelton intimates, of a formula. The nearest I meet this condition is among the Christian Scientists, who tie themselves to the exact words of Mrs. Eddy. But it would not be fair, even to them, to say they "believe words heal." Why criticize the method of another teacher? None are perfect in perception. I try to report accurately each one. To deal otherwise is not just, and to criticize a brother or sister without carefully studying them may be "Christian" after the Shelton type, but it is not Christ-like.

If anyone says that consciousness cannot exist except in the relation of cause and effect with certain organic molecules, I must ask him how he knows that. And if he says that it can, I must ask him the same question.—*Huxley*.

Six-year-old Fanny, just returned from Sunday school, seemed to have something on her mind. "Mother," she said, after a while, "they must have had very large beds in Bible times."

"Why?" asked her mother.

"Well, our teacher told us to-day that Abraham slept with his four fathers."—*Harper's Weekly*.

BOOK REVIEWS.

LADDER LESSONS. For beginners in New Thought, by Olive Verne Rich. Seattle, Wash. Published by author. Pamphlet. 50c. This is a little book of five lessons, entitled "Sit Still; Relax; Fear; Suggestion and Affirmation; Concentration." They are all in harmony with the teachings of NOW and our books. Are couched in simple language, easy to understand and will be indeed a ladder to those taking up the study. May be ordered from this office.

THE GENESIS AND EXODUS OF THE HUMAN SPIRIT. By Dr. J. H. Dewey, 384 124th Street, New York City. Price 50c.

Dr. Dewey is the writer along New Thought lines who goes deepest into the spiritual side of life. He is profound in all he writes and yet is clear. He is the one among all, who recognizes the unfoldment of spiritual faculties and directs the way. This book is the clearest I have read upon the individualizing of the Human Spirit and its subsequent unfoldment. I have just completed reading it for the first time and find that he takes the same position I take in my articles in *Volume IV* upon "Soul and Body." This book is a good antidote for those to read who have been indoctrinated with the vagaries of Eastern philosophy. Modern science and modern thought here find a rational explanation for the existence of the Individual in the Universal; for the One in the All.

METAMORPHOSE, involving Regeneration of Individual and the Race, and also the Solution of the great Problem of Poverty, by Orlando K. Fitzsimmons, 343 Marquette Building, Chicago, Ill. Price \$2. Pp. 254.

This book is dedicated "To those who aspire to be good, in every business, in every profession, in every calling, in every walk of life; rich or poor, high or low, great or small." This characterizes the spirit of the work. It deals with commonplace themes, the evils of the social, economic, financial, industrial, and commercial world; points to a fine ideal, and seeks to bring some of the Principles of New Thought into use for the betterment of conditions in all these lines.

HEALTH AND THE INNER LIFE, by Horatio W. Dresser. 12 mo., 255 pp. Net, \$1.35. For sale by the author, 18 Bowdoin Street, Cambridge, Mass.

In this book, as in all of Mr. Dresser's books, we find a fine analysis, a careful statement of facts and a clear presentation of Truth. This, however, differs from his other books, be-

A man is rich in proportion to the things he can afford to let alone.←

Thoreau
249

cause it is "An analytical and Historical Study of Spiritual Healing Theories, with an account of the Life and Teaching of P. B. Quimby." Those who would understand the genesis and evolution of Mental and Spiritual Healing, should study this book. Christian Science had its origin in the teachings of Dr. Quimby. The Principle he established, as much as any one man can be said to have established it. (See NEW THOUGHT PRIMER, for the editor's study of the Origin of New Thought). But to Mrs. Eddy rightly belongs the application of the Principles of Mental Science to an interpretation, and a new and arbitrary symbolism, of the Bible. All the necessary evidence needed is in this book to convince any unprejudiced mind that to Dr. Quimby belongs the honor of applying the Principle that *Mind is all*, to the cure of disease, and to him belongs the discovery that disease is the result of mental conditions. I hope the book will be extensively read. It can be ordered through this office for price and 10c for postage.

FABLES AND SYMBOLS: TRUTH AND HUMOR, for young and old. Pamphlet, 25c.

These are fine and well worth not only study, but memorizing. Send to author, Clemence De La Baere, Sacramento, California. We quote one in present issue of NOW.

Dr. J. H. Dewey, the author of "The New Evangel," "Christian Theosophy" and "The New Testament Occultism" and many other valuable works, writes us a pleasant letter in which he says: "I read with great pleasure your leaflet, 'Among the Redwoods.' Your unceasing energy, undaunted faith and zealous perseverance, both astonish and delight me. I may be too much of a recluse in my personal attitude toward the activities of life of to-day, but I am not so far gone in that direction as not to intensely admire and appreciate your brave, aggressive initiative and dash. If circumstances permit, I should certainly make an early visit to your 'Mountain Home,' and if I could, I would gladly invest to help you, as far as I could, in pushing to its fullest development your splendid enterprise. I have no doubt of your complete success in it. Unless I take advantage of certain conditions that I know are open to me, for the prolongation of active life in the body, I should from the ordinary point of view, be put upon the retired list in the near future. I am now in my seventy-eighth year, yet my friends insist that instead of growing old, I am growing younger, and they have some grounds for that impression."

Dr. Dewey must not give credit alone to me, for it is to the fine corp of co-workers this success of "NOW" Folk is due. I waited and wondered for years where my help was to come from and how. But without seeking they came, one by one and just what I needed, and what the work needed. Each is perfect in his or her place and each is content to do

his or her work in fullest trust in each other. LOVE alone is our bond, and LOVE alone our inspiration. We love our work, we love Truth and we love each other. We are all for each, and each for all; for this reason we have success.

We would like to have Dr. Dewey come out for our Summer School. Were we more firmly established in this School work, we would surely have him if he would come. The presence of no other teacher would please me more.

It looks as if Professor Haddock was in a hurry to get NOW well buried! For NOW is proving rather lively for a "defunct" publication. It has issued three regular numbers since Professor Haddock preached its funeral sermon, and insists that it is stronger and livelier than ever. Its *color* is certainly better, and it has surely recovered its usual degree of plumpness; maybe a bit more. And it talks up as happily as ever. I am strongly in hopes Professor Haddock's oration was at least one hundred years too previous. NOW'S address is 105 Steiner Street, San Francisco. —*Nautilus*, October, '04.

To go into the Silence.

You are in "the silence" now. The only way to realize it is to get still, physically and mentally. It takes time and practice to do it, and there are no short cuts except as aspiration, faith and suggestion help to quiet your mental chattering. But the spiritual and mental and material rewards of such practice are enormous. Eye hath not seen nor ear heard the glories that are free in the silence.—*Nautilus*.

Henry Harrison Brown, editor of NOW, published in San Francisco, and who has been President of the New Thought Federation for the past year, was in Chicago in October and November, giving lessons and lectures. Mr. Brown lectured at the Oakland Hotel before an appreciative audience, his subject being "The Creative Power of Thought." Mr. Brown is an able exponent of the theories of Mental Science, his writings on the Law of Suggestion are scientific and timely, and have done much to popularize and make practical the subject and to clear away the superstition and mysticism generally attaching to psychological questions.—*Suggestion for November*.

A physician in this city recently said in the presence of a friend of NOW—"I once diagnosed a case and told the man he could not live six months. That was seventeen years ago. Every once in a while I meet that man on the street, and every time I do I wish he was dead!" No man likes to see his bad jobs.

**All outward wisdom yields to that within,
Whereto no Greed nor Canon holds the key.**→

Bayard Taylor

250

EDITORIAL.

***Im am Soul Unfolding into
Consciousness of Myself.***

This title is the most complete conception of Self possible. Any other definition leaves Man limited. This conception is that of Man as limitless. Soul carries with it the thought of immortal life and infinite power. Immortality and Omnipotence belong to Soul. As soon as one comes to think of himself as Soul he begins to enter into the Realization of Unity, and begins to live the immortal life here and now.

Unfolding is the thought of an ever-increasing manifestation of the Life and Power I am. One should think of himself at all times as Soul.

Consciousness is but the awakening of the Ego to a knowledge of Itself. I am Omnipotence, Omniscience and Immortal Life, but I do not know it. Each experience is but an extension of my consciousness of myself; is but Spirit becoming more acquainted with its possibilities. Each person can say when he affirms: I AM SPIRIT. *I as spirit possess all wisdom but I am not conscious of that wisdom. Each day I unfold into a larger consciousness of that which I am.*

Upon some such Affirmation all New Thought and Christian Science reasoning, assertion and affirmation rests. Until one shall understand this fundamental Affirmation he will not understand any New Thought teacher.

Material or spiritual, from Matter or Spirit each must reason. Through argument there is no proof of either. We must assume some basic proposition. By the results of our living—not our reasoning alone, but by the results of our doing from this basic proposition—are we to decide its Truth. Therefore, only by the evidence of health, happiness and prosperity are we to decide, and each for himself only, upon the value of our hypothesis as Truth. Now shall I reason

from Matter or Spirit? Which am I—Matter or Spirit? Which am I—Mind or Matter? Am I Cause, or am I the Effect of Matter? Do I build body or does body build me? What am I?

Herbert Spenser says, "Consciousness!" And there is a deeper truth lying under his definition than he understood. What is consciousness? I have given my definition above. We will never make the mistake of discussing that which has divided mankind ever since they began to reason. One of three positions we must assume. I am Matter, I am Spirit, or I am both. Duality or Unity, which shall it be with you?

NOW stands for UNITY. All my reasoning is from Unity. From ONE, *something*, all things proceed. All that is, is but varying manifestations of the One. Allow no previous conceptions, no previous definitions to warp your reasoning here. That ONE is always unknown. All we can know of It is from Its manifestations. We see It manifest and name It from what we understand, and since all we understand is our consciousness of ourselves, we name this ONE from ourself. Any conception of God is merely an enlarged conception of ourself. For as water cannot rise above its level, so man's conception of the One cannot rise above himself. Any discussion concerning the One is futile and leads to tyranny. From these discussions and the assumption of some one, or ones, of the right to decide for others, arises the power of church, state and public opinion.

He who would come into the consciousness of himself must lay aside all reliance upon authority, all reliance upon definitions, and all reliance upon any thing external and trust himself. This is the first Law of Human Life. (Read my "New Emancipation" for something further here.)

Therefore, each must start from his own point of view. He must decide either to trust himself in his reasoning or to trust himself in his choice of authorities. We cannot avoid choice. It is here that our humanity lies. It

I thank whatever gods may be For my unconquerable Soul.←

W. C. Henley

251

is here that Consciousness begins. The first of all decisions is that I am not that which is not me. I become conscious of the Non-me and know I am not that. But I also decide that I am I. This is the beginning of the Human. I AM CONSCIOUS OF MYSELF. Brute does not possess this consciousness.

Of what am I conscious? The newborn babe is not conscious, yet it has life. Soon it begins to cry. For what? No *thing*. It does not know what it wants. But Nature, the One, the Sub-conscious, does know and it gets food, relief. It is not conscious of this, but it unfolds into consciousness. Philosophers should watch the unfolding of consciousness in the babe, would they have a point of view from which to correctly reason upon themselves. Consciousness of pain, of light, of sound, of taste, of smell, all come out one by one. "I don't like it," says the baby in "NOW" Home, whether it be of some new touch, taste or sight. He chooses without being conscious that he chooses. So he loves without being conscious that he loves. He thinks without being conscious that he thinks. He will do this for a long time. Many persons grow into manhood without being conscious that they are choosing; not conscious that they by choice are determining their life's expression. We see it in the babe. We sometime will realize it in ourselves. We see that as the baby chooses, thinks, he is. Sometime we shall see that as we think, we are; that we determine all conditions by our choice; that Thought is the power we direct to the expression of our life.

This being the fact, does it not follow that it makes all the difference, not alone in my reasoning, but with every manifestation of my life, as to which hypothesis I shall take as to WHAT I AM? Whichever it is, that I shall manifest. Do I decide to affirm I am matter? I shall live subject to the Laws of matter. If I affirm I am Intellect, I shall be subject to the limitations of intellect. If I affirm I am Love, I am subject to the operations of love. That is, I make my

own life by the thoughts I put into these affirmations: I am Life! I am Truth! I am Love! I am Mind! I am Force! I am Electricity! I am body! Each of these carry with them my conceptions of the terms used, and I live those conceptions. That which I think Life is, that I live. That which I think Love is, I live. So is it with any Affirmation I make. For each one's life is the objectifying of his Affirmations. It is but a dim perception of the Law of Suggestion that quibbles in the statement recently made: "It is not what a man says, but what he feels in his heart, that directs his life." Another critic says, "It is not what I affirm but what I believe that is of importance." Can a person affirm that which is not to him true? I see a blackbird and I affirm it is white. Do I really affirm it is white? No! While I say with my lips "White," I am saying "Black" within. I cannot affirm anything but that which is true to me! I can affirm only Truth. I affirm from Truth because Truth is all there is. But when I wish to change my position in relation to some perception of Truth, I can help myself into the new perception of Truth through some new affirmation. Let me illustrate: A lady comes to me affirming, I am ill! As long as she affirms this she is ill. I know that she cannot recover as long as she has that thought in her mind. Because she has power to control her body by her thought she will manifest illness as long as she affirms it. I must help her to control her body healthfully by helping her to the new perception of truth. I tell her to affirm, "I have power through my thought to change my body into health, for this reason I now affirm, I am healed!" She does not believe this. She will not be healed till she does believe it. She is then healed because she through belief has grown into demonstration. She has become conscious of her power to heal her body; has unfolded like a babe into consciousness of herself as Life; as Power to manifest health. This is but soul unfolding into a larger consciousness of Itself.

There is but One healing Power, and

As a matter of fact, a man's first duty is to mind his own business.—

Geo. C. Lorimer

252

that is the Power that builds body. There is One Healer, and that is the Soul. All any healer can do with the sick is exactly what the teacher does with the pupil, i. e., help him into a knowledge of himself as Power to be and to do.

The knowledge of Suggestion and Affirmation is the knowledge of most worth. It is the knowledge that makes all other knowledge of value. The learning of the colleges is a double-edged sword, till this is added to it. Educated men makes themselves sick. They die with all their knowledge. They should be ashamed to be sick. Any man should feel it criminal to die before he is one hundred; till he has paid the world for what he has got from it. The only crime a man can commit against himself is to commit suicide, and it is suicide to think age, disease, sorrow, grief, worry and fear. These kill. All the learning, wealth and worldly power cannot save from death those who have not learned through the power of choice to affirm properly. TRUTH alone is savior. Truth is not learning, though learning may be Truth. Truth is what I affirm, because it is Truth to me. And that Affirmation may kill or make alive.

The Federation is Protection

Realizing the attachment to the New Thought name of so much that is not rightly so classified, and also realizing that there is also much that is not Truth using that as a cloak, as it ever has, and will continue to use every successful name, it is well for us to remember that others than ourselves must exercise good judgment in selection. I find in the *San Francisco Dramatic Review* an item concerning certain gentlemen, and the editor gives a caution, I would here give to those who would purchase books, or secure teachers or healers.

It certainly looks as though the fakirs were getting very bold in their work, and all people should be careful of such rank pretenders. There is a class of men, always hanging on to the edge of the profession, whose shady work will not bear investigation. They do not desire publicity. As the very foundation of the

show business is publicity, look out, as a rule for the concerns that fight shy of the theatrical publication. Legitimate managers, with enough money to last a week or two, always see the necessity of making their announcements in the theatrical organ. The fakirs and those whose main asset is nerve, regardless of any sense of responsibility, have no use for publicity. Managers and actors should thoroughly investigate them before doing business.

When a teacher comes to this city and does not make the acquaintance of "NOW" Folk, and whose name I never see either in the reading matter or in the announcements in reputable New Thought Journals, I cannot recommend him or her. Questions arise as to their wisdom in not thus placing themselves on record. One of the provinces of the New Thought Federation is to send to all its members a *Bulletin* in which will be found addresses of reputable teachers and healers. If any one's name is left out it will be his or her own fault. I recommend NOW readers not to trust themselves, or their dollars, with those who do not care enough for their reputation, and for the help their name and influence may be to the cause, to become a member of the Federation and have their names placed in its *Bulletin*. Letters come to us telling of deception and loss. From this time forth NOW readers will have no excuse if they are deceived, for forewarned is forearmed. Not all who take the name "New Thought" are new thought. I found on my trip east and north that this term was used for all kinds of theories and vagaries. But for that reason, we shall keep it, because it is an evidence of its Power and Success. Here, as everywhere, one must learn to recognize the genuine from the counterfeit by the ring. Our special cult—Soul Culture—a name I chose 18 years ago, is used to cover much that is at variance with my Principle, but we cannot copy-right names, and must submit and trust Truth, which is mighty and does prevail.

We make our friends; we make our enemies; but God makes our next-door neighbor. Hence he comes to us clad in all the careless terrors of nature; he is as strange as the stars, as reckless and indifferent as the rain.—*Gilbert Chesterton*.

The hour is not wasted that brings with it tranquillity of mind and an uplifting of the heart.—

Bradford Torrey

253

The Program for the Convention at Chicago in October.

as far as it is possible at present, has been prepared. An advanced sheet has been sent to every member.

In preparing this program, the committee in charge has endeavored to so arrange the subjects that there shall be an unbroken continuity of thought and that a published report of the meeting shall be a complete history and text-book of the practical application of the New Thought. All the speakers, whose names will be announced later, will be expected to preserve this continuity as far as possible, and if they succeed in this, this year's convention will be a complete Normal Course in the New Thought.

Each reader of NOW is invited to become a member. See March NOW for conditions. There are no fees. Voluntary contributions received. For copies of constitution, program and application blanks write to the Secretary, Ernest Weltmer, Nevada, Mo., and it will be kind of you, when you write, to mention seeing the notice in NOW.

New Generation.

A hungry mouseling once found a green chestnut and tried long and hard to clear away the prickly burr.

An older mouse approached; he was of the advice-giving temperament, and suggested: "Be patient, little one, and wait until it bursts open, then it will drop off."

"But I am hungry now," replied the New Generation.

To give advice is one thing, and to give assistance is another.—From "Fables and Symbols," by C. de la Baere.

It is wonderful how rich we find ourselves when we give our love-thoughts to the world. We may imagine we have nothing to give. We find we have everything. Dollars are nothing compared to other things, but we even have more dollars. It is not usually wise to give dollars, but have you any loving words or smiles? Ah! those are what people need. Love thoughts! Sweet words! They are alive and so satisfactory. And how you will receive them in return. The very dogs in the street understand and love you when you smile on them. How much more will be the response in the heart of your fellow man.—*Grace M. Brown in Fulfillment.*

California Poppies.

Poppy, blithest flower that grows—
The bees that bend thy orange bloom
Are silenced by thy wild perfume,
And leave thee in thy whispering rows
Afar from any garden close.

Children of our sunset skies,
And, dancing where the west wind blows
Over mesas, hills and flowering leas,
You wander to the brink of seas,
A vagrant with the willful breeze.

Free and wild, where men go not,
The wilderness your favored spot,
You open wide your winsome eyes
On Nature's gorgeous mysteries
Content to grow, to gleam, and glow,
Forgotten by the butterflies.

—*Grace Luce Irwin in Sunset Magazine.*

Success in Business.

If one wishes to prove himself successful in business, he should conscientiously follow some just rules; rules that embody principles that apply to the one with whom he deals as it does to self.

One should know self, for in it is the knowledge of what others are; in it is perfect understanding and frankness; no misunderstanding can possibly arise from it; this is a valuable and potent power in permanent success.

Oneness works wonders; in it all seeming difficulties melt away like snow in sunshine. They disappear naturally.

In business one should know that he is dealing in what people want, need and can use. Then feel confident that business is his. That nothing can keep him out of the way of success; that there is nothing against him.

In business one should talk to the point, and say neither too much nor too little, but show a lively interest in what he is doing. That is, *be concentrated upon his work; live in the now; be all there. Do not scatter in thought, word, or act.*

Success knows no discouragement. It is a living vital principle that pushes forward and never wavers. Success is perfectly natural. One who is truly successful, is truly independent, steadfast, unwavering. "A double-minded man" who wavers, does not receive or attract business. The basis of all true success is a knowledge of Being—of self—the Me, of which Jesus said: "Ye believe in God, believe also in Me." This Me is yourself whoever you are, and wherever and however situated.

The way to truly know your business is to know yourself, and always be self-poised, self-interested in what you are doing; thus you will carry others with you, to work with and for you in your business.

The business man should make himself, in consciousness, so at one with his customers that he anticipates their wants at once. There is no trouble in supplying people with what they want.

The power of the Higher Life Is the power of the Higher Thought.←

Francis Ellingwood Abbot

254

OFFICE OF NOW
105 Steiner street, San Francisco, California

Vol. 6 APRIL, 1906 No. 8

NOW,

HENRY HARRISON BROWN,

EDITOR.

A monthly Journal of Positive Affirmations.

Devoted to the Science and Art of Soul Culture.

It is the utterance of the Editor only. All thought not credited to others is his.

Its basic Affirmation is: — **Man is spirit here and now, with all the possibilities of Divinity within him and he can consciously manifest those possibilities HERE and NOW.**

SUBSCRIPTION RATES.....\$1.00 per year
Single Copies, 10 cents.

ADVERTISING RATES.....\$2.00 per inch

Send money in bills, P. O. Money Orders payable to "Now" Polk, San Francisco, Express Orders, in silver or bank drafts. Postage stamps (1c and 2c only), for parts of the dollar when more convenient for sender.

Foreign subscribers, outside of Canada and Mexico, must add 25c to the ordinary subscription price to cover postage. Do not send foreign P. O. stamps.

Entered Jan. 6, 1903, at San Francisco, Cal., as 2d class matter, under Act of Congress of March 3, 1879

Spring has come in beautifully. We have promise of bounteous harvests all over the State.

The meetings at Odd Fellows' Building have been increasing in interest and attendance. On Sunday evening, March 4th, Sam Exton Foulds and Charles J. Anderson were present and divided the time with Mr. Brown

We would like ten thousand names of people who will read a sample copy. Send your list. Among your friends you surely have a few liberal-minded people.

We have been out of "Not Hypnotism, But Suggestion," for several weeks, but the book is now in the hands of the printer and we shall soon have a new edition, with revisions and some ten pages of new matter. Those who have ordered will please be patient.

The Affirmations in this number of NOW were stenographically reported by Mr. Nichols, our secretary, as given by Henry Harrison Brown at his address Sunday evening, March 11th, upon "The City Beautiful." Mr. Nichols is reporting all these addresses. Some time we shall revise and print them.

The new editions of "Self Healing," "Man's Greatest Discovery" and "How to Control Fate Through Suggestion" are fast disappearing from our counter. The sooner they go the sooner will we have the cash for some new books. Each subscriber can at least send orders for one book during the next month.

Mrs. Maude Lord Drake, the well-known psychic, was a welcome visitor at our meeting March 11. With Mr. Drake she is on her way to Arizona, where he has mining interests. It will gratify Mrs. Drake's friends to learn that she is in fine health and spirits. I have personally known and loved Mrs. Drake for 34 years. May she long live to carry on her work of blessing!

What are you doing for New Thought? What are you doing to help NOW? Do not think that by sending a dollar for subscription that you have discharged your duty to Truth! Where would you be if some others had not made effort to bring Truth to you, either by word or printed page? Then help spread Truth in every way possible. I suggest some ways: First, send names of friends whom you believe will read a copy of NOW if sent them as a sample copy; next, send 10c for four back numbers to hand out to your friends, or send 10c and names of four to whom we can mail. You can also subscribe for a friend. You can mail a book to a friend. "Dollars Want Me" is a good eye-opener. We will mail it to any address for 10c. You can buy twelve for \$1.00 and distribute them.

We have on hand a few copies of Carpenter's *Plain Instructions in Hypnot-*

Hold your Thought, your Mind, your Will in Principle and you will succeed.←

Eva C. Hulins

255

ism, one of the best and most common-sense books there is on the subject.

He is one of the oldest of those who today give exhibitions, and his words have the ring of a long experience. Price, 75c.

In "Mental Tonic" for March we printed a poem entitled "The Little Brother." This poem came to us clipped from a newspaper, and since it was "good medicine," as our Indian friends say, we copied it. We have received a letter from the *Arena* publisher, Albert Brandt, stating that the proper title is "His Little Brother," and that the poem is one copyrighted by him. The author is Joe Lincoln. The poem appears in "Cape Cod Ballads," by that author. We gladly make this statement, that Mr. Brandt may thus protect his copyright. And we thank the *Arena* Folk for their kindly letter, and are glad that NOW is sufficiently read by them to enable them thus to correct our errors. The *Arena* is a valuable magazine. I have read it since its first number and shall continue to do so, as it is the foremost journal in all progressive thought.

Mr. Brown's "Talks Upon Emerson" during this session of the Summer School will be based upon "The First Series of Essays," and each student is requested to be somewhat familiar with these and to bring the book into the Class. As the best edition of this Great Man is none too good, I recommend the editions of Houghton, Mifflin & Co., Boston, and they have several. The latest is "The Centenary Edition," at \$1.75 a volume, and they have a fine edition of No. 1 and No. 2 Series at \$1.00. Other text-books used at the School will be the works of Dr. W. F. Evans, Dr. J. H. Dewey and the Editor of NOW. When you order any of these, say NOW recommended them.

N. B.—We wish all persons who contemplate coming to our "Mountain Home" upon any other than a CASH basis, would write and make arrangements before-

hand. We are NOT a charitable nor an eleemosynary institution. Neither are we at present able to take persons upon the "work-for-pay" basis. In our first circular we stated that "a personal contract must be had with each person" before reception. Despite this, some very old, feeble men came upon us unannounced, for whom we had no place. We are but beginning our work. We need capital first and most of all. With that we can make place for workers. We must have cash for provisions, tools, and materials; when we have these, we can employ men to clear the ground and put up buildings and workshops. When we have some productive industries, we can sell productions and have some income in that way, but till we have developments, we are employing all we can; are building cottages; putting in crops; caring for orchards and vineyard; clearing space for tents, and groves for Summer School. For an enterprise not yet eight months old, we are exceedingly successful. We wish guests, students and patients; of the latter those who are able to care for themselves. As fast as capital comes in, we shall build a large hotel, a large sanitarium, some buildings for school purposes, and homes for children and old people. At present the hotel and cottages are kept full. We have plans for 25 cottages during the present Spring. No better philanthropic movement, we believe, was ever started, and it takes capital to develop it. We feel confident of our plan and of our ability to carry it out. With gratification I announce that friends are sending in their \$5, \$10 and \$25 for stock. Where are those who will endow the corporation with enough to build as we propose? Remember, "NOW" Folk have no ax to grind in this. We are but "trustees for coming generations." Fifty-one per cent of stock is in perpetual escrow, and the "NOW" Mountain Home, when once it is paid for, will belong to future generations, just as colleges and various eleemosynary institutions belong. We are but putting into material form our Truth, for the world's benefit. Here is an opportunity for all who LOVE TRUTH

I thank whatever gods may be For my unconquerable Soul.←

W. C. Henley

256

to assist. I wish you all to realize that every dollar you invest you can trade out later in anything "NOW" Folk have for sale, at twenty-five per cent below ordinary prices, as we need the cash *now*, to develop the place. A dollar *now* is worth several that come later. As I write, an old Massachusetts friend sends for \$25 in stock. We never waver in our reliance upon Truth! Our Faith is abundant. Study this, and whenever you shall come to California, have some stock with us, which you can board out at "NOW" Folk Mountain Home.

Concentration: the Road to Success.

our promised book, is securing quite a list of subscribers. It will consist of 16 chapters and of 120 pages. Bound in cloth, \$1.00; paper, 50c.

As soon as we have 150 copies ordered we will print it. Send your orders now and the money when you receive the book. We have so many ways for our capital that bring in quicker returns, and we need all we can possibly use in our new enterprise, therefore our manager does not think it wise to print it until enough copies are ordered to warrant at least part of the cost coming back to us soon after the delivery of the book in this office. I have been several years preparing this manuscript. From letters and personal inquiries from my class work and my healing, I have learned the needs of people and have in this done my best to supply them. We shall have it printed by one of the best firms in the city. It will present a good appearance typographically. Since it will be a constant companion to those who purchase, I recommend the bound copy as a durable one. Remember that "Success" in our thought includes satisfaction in all the relations in life. Notice a few pages from one of the first chapters in this issue of NOW.

Every reader of NOW will rejoice to learn that at this early date, so many interested persons have written and are planning to attend the New Thought

Summer School, that the management feels more encouraged than ever. This project is meeting with almost universal endorsement by the subscribers of NOW. Money has been sent in advance in amounts far beyond our expectations. At this writing we are in success vibration as never before. Our long years of patient and faithful effort have culminated in the active monetary returns.

People are planning to come from almost every county of the State, and from some towns parties will be made up. For these parties special camps will be provided. Not only from California are we expecting patronage, but from almost every State in the Union. At this early date some interested parties have said they were coming and have sent their money in advance. A Boston lady writes "I want to come." From Mississippi, "I want a place to spend the warm summer months among New Thought people. I want treatment and study." From Michigan, "I want to take my family; write me particulars." From Nevada, "I have \$50.00 to spend for summer study with you." From Canada several intend to come. From Bordeaux, France, a lady who teaches English there writes "I want to come and stay a year and rest and study. I enclose \$25.00, and will send more later."

By the time the May NOW goes to press some will have arrived and settled.

After the building of twenty-five cottages and providing one hundred tents, the next important thing will be the printing plant.

What have *you* done thus far? To all those who have sent money for stock or certificates we are thankful. To all those who have sent in money for subscriptions and books we are thankful. If you have talked the matter up with others, we are thankful. *Do something!* Write for particulars and our circular catalogue.

Terms: The Summer School will have about fifty lessons per month, most of which will be given beneath the redwoods. Terms: \$10.00 per month, in advance. This includes all lectures and courses of lessons in progress, including

**To the receptive soul the River of Life pauseth not,
nor is diminished.—**

George Eliot

257

more particularly the lessons by Mr. Brown and Mr. Foulds. Sessions from May 1st to October 31st.

Here is an opportunity for you. For announcement, see advertising page in this number. Send your deposit *now* and tell what you want and when you expect to be here.

General prices: For board and room at the hotel during July, \$12.00 and \$14.00 per week. A cottage room and board at hotel, \$10.00 and \$12.00 per week; a tent taken and board at hotel, \$8.00 to \$10.00 per week. This price is for July only. Those who come at other times will receive liberal discounts from this, according to the month. July is the very busiest month of the whole year.

Rent of two- or three-room housekeeping cottages (cooking utensils not furnished), per month, from \$10.00 to \$30.00. Rent of tents and ground, from \$2.00 to \$4.00 per week.

Rent of ground space only \$1.00 per week.

Our grocery store will provide all staples at reasonable rates, but no credit will be given.

Words cannot express the help NOW has been to me. NOW, the Bible, Emerson and Whittier are my companions, and I am never alone or sad. I read the call in January NOW which I answer by sending my mite. Fine enclosed \$5. I will take it out in subscriptions and in some of the books which are not printed yet.—Mrs. J. E. R., Ill.

This from one of my oldest subscribers. It cheers the soul and helps to carry on the work to have these letters, showing both faith and works. We would like 1,000 like this, then our press would soon be booming. But Truth and Love are mighty and do prevail. We are demonstrating their POWER each day.

Mental Tonic.

Considerate little girl—"Please, Mr. Keeper, will it hurt the elephant if I give him a curant out of my bun?"—*Exchange*.

I once heard an Irishman say: "Every man loves his native land, whether he was born there or not."—*Thomas Fitch*.

Young wife—"I received to-day a handsome parchment diploma from the cooking school, and so I cooked that dish myself. Now guess what it is." Husband (after tasting)—"The diploma."—*Fliegende Blaetter*.

WANTED A CIRCUS: The Child—Are you the trained nurse mamma said was coming? The Nurse—Yes, dear; I'm the trained nurse. The Child—Let's see some of your tricks.—*Brooklyn Life*.

Mamma—"Bessie, how many sisters has your new playmate?" Bessie—"He has one, mamma. He tried to fool me by saying he had two half-sisters, but he didn't know that I've studied arithmetic."—*Tacoma Ledger*.

Thuds from the Padded Cell.

How much did Philadelphia Pa?
Whose grass did K. C. Mo?
How many eggs could New Orleans La?
How much does Cleveland O?
What was it made Chicago Ill?
'Twas Washington D. C.
She would Tacoma Wash, in spite
Of a Baltimore Md.

When Hartford and New Haven Conn,
What reuben do they soak?
Could Noah build a Little Rock Ark
If he had no Guthrie OK?
We call Minneapolis Minn,
Why not Annapolis Ann?
If you can't tell the reason why,
I'll bet Topeka Kan.

But now you speak of ladies, what
A Butte Montana is.
If I could borrow Memphis Tenn
I'd treat that Jackson Miss.
Would Denver Colo Cop because
Ottumwa Ia dore,
And thro' my Portland Me doth love,
I threw my Portland Ore?
—*Maurice Smiley in March Lippincott's*.

One day Mr. Beecher was dining beside Emerson, and said: "Mr. Emerson, when you are eating this fine beef, can you tell by the flavor what kind of grass the ox ate?" "Why, no; of course not." "I am right glad to hear it," replied Beecher, "for I have been feeding my congregation on Emerson for many a year, and I have been afraid they would find it out."

A traveling man received the following telegram from his wife:

"Twins arrived to-night. More by mail." He went at once to the nearest office and sent the following reply:

"I leave for home to-night. If more come by mail, send to Dead-Letter Office."—*January Lippincott's*.

CORRESPONDENCE COURSE IN PSYCHOMETRY

(by HENRY HARRISON BROWN)

Editor of "NOW"

1. This Lesson is upon "Definition and Vibration."
2. Sympathetic Vibration and Spheres of Sensation.
3. Concentration.
4. Extended Evolution, Destiny of Man and Character Delineation.
5. Self-Reliance and Infinite Possibility.
6. Clairvoyance and Reading of Replies.
7. Mental Healing and Psychometry in Diagnosing Disease.
8. Telepathy and Psychometry Lead to Conscious Immortality.
9. Self-Protection.
10. Intuition, Psychometry in Home.
11. Perfection of Individuality, Attainment of Wisdom.
12. The Victory.

Each lesson bound separately; 24 pages small type. Terms, \$1 single lesson, \$10 for the 12 if paid at once. Each lesson is entitled to a personal letter adapted to the student's needs and two experiments for psychometrizing which will be sent from this office, without extra charge.

The author is perhaps the only person in the United States who conducts private classes in this all-important subject and who teaches it by Correspondence.

Few books upon Psychometry are in the market, and we believe none ever approached the above 12 lessons. The author has had 35 years as a practical Psychometrist. If you wish to develop spiritual or psychic faculties, this is the Course for you. Thousands of interested persons have expressed this desire—*here* is their greatest opportunity. Address

Editor of "NOW"

105 STEINER STREET, - SAN FRANCISCO, CAL.

LUCIFER

Son of the Morning

Lucifer Stands for Truth Without Flg Leaves!
Lucifer Stands for Light against Darkness—
"No Darkness but Ignorance."—Shakespeare.

Lucifer Stands for Reason against Superstition. The Worst of all Superstitions are those that Cluster around Sex, the Creative Principle of All Life.

Lucifer Stands for Freedom against Slavery—ALL Slaveries, but especially against the Oldest and Hardest to Kill of all the forms of Slavery, the Enslavement of Womanhood and Motherhood in the Sex Relation—the Conjugal Relation.

Lucifer Stands for the Right to be Born Well—Incomparably the Most Important of All Human Rights.

Lucifer Stands for Courage—the Courage of Conviction—and for Manly yet Courteous Expression of Honest Opinion.

Lucifer is a Double-column, Eight-page Journal, now in its Twenty-sixth Year; Printed on Fine Book Paper, New and Clear Type; Published Fortnightly at 500 Fulton Street, Chicago, U. S. A.; Contributed to by Leading Thinkers in Every Quarter of the Globe. Price, One Dollar per year of 26 numbers. Two Sample Copies and Descriptive Catalogue of Books in the line of Sex Reform, sent on application to anyone sending Five Cents in Stamps for Postage.

Its editor, M. Harman, is now under sentence of one year in the penitentiary for alleged violation of postal censorship laws.

San Francisco Rochdale Co-operative Grocery.

24th and Hampshire St., - 'Phone Mission 244

Do you trade with our co-operative grocery? If not, why not? Our prices will suit you.

ORDERS SOLICITED.

Goods delivered to any place in the city.
Out-of-town orders attended to.

Millbrae California Milk Co.

ABSOLUTELY PURE x x Milk and Cream

Without preservatives or adulteration.

City Depot: Folsom and 21st Sts.

Phone Mission 359. San Francisco, Cal.

THE LIFE

Is an up-to-date, high-class New Thought Monthly Magazine, now in its eleventh year. It has eight distinct departments, and is illustrated.

Edited by A. P. and C. J. Barton.
10 cents a copy. \$1.00 a year, domestic—Foreign, 5s.

3332 Troost Ave.,
KANSAS CITY, MO.

The New Psychology

Would you realize the fulfillment of every legitimate desire? Learn the law of effectual prayer. "I will pray with the spirit and I will pray with the understanding also." This prayer is not only a religious act, but a strictly scientific procedure. Desire is prayer, and when focused in the right understanding is effectual prayer. Understanding of the law gives faith, and faith gives power. The telepathy of the prayer of faith touches the secret springs of power and supply. It brings into action forces vastly more subtle and dynamic than any now known to physical science. The results are as inevitable as a chemical reaction. Both depend upon law and are equally certain. Laws are sure. A working knowledge of this law makes of man a real Master. No matter what your conditions, to express gladness and power is what you are on this earth for. Why not begin now? If this interests you, send 2-cent stamp for circular of Correspondence Course. The law of effectual prayer is only one of the subjects of this most practical course of instruction and training.

JOHN HAMLIN DEWEY, M. D.,
334 West 124th Street, New York City.

Great Waves of Silence

surround the home of

SOUNDVIEW

THE ONLY MAGAZINE IN THE WORLD that is penciled, printed, proof-read, pasted and posted in the country by a plowman who subsists on peanuts, pumpkins, pears, prunes, potatoes, parsnips, and other pernicious products.

Health is largely a matter of condition, both inner and outer. The environments play a large part in the health of the individual, and no diseased mind is worthy of a following. The Evergreens on "Soundview Heights," having healthful, invigorating, inspiring surroundings, put forth stuff (and a little nonsense) that is thoroughly sound and distinctly helpful. To preach is one thing, but to live the life you recommend to others is of the greatest importance.

SOUNDVIEW scribblers write of the SIMPLE LIFE and live the life of a SIMPLETON.

If you want to join our Society, we'll give you a sample whiff from the Wildwood for six months for 25 cents. Send it NOW and get the first number issued from the Backwoods (No. 1, Vol. III). No free samples. \$1 yearly. On sale at news stands.

SOCIETY OF EVERGREENS,

Olalla, Wash., U. S. A.

Stop Dying! Vitalize! Commence to Live

My method is the LIFE method. It costs you nothing if you are not restored to PERFECT HEALTH. Write for my contract to the above conditions. Address Editor "Occult Truth Seeker," Lawrence, Kansas.

Columbia Graphophones

and RECORDS received Highest Award

PARIS 1900

ST. LOUIS 1904



This Style \$30.00

Other Styles \$45.00, \$75.00

Columbia Phonograph Co., 125 Geary St.

A STUFFED CLUB

If you have never tried up-to-date thinking or living, give it a trial; it won't hurt, and may do you good. A Stuffed Club is an exponent of better thinking and better living. Send for a sample copy to

19 East 11th Ave., Denver, Colo.

✂ The Cooperator ✂

50 cents a year.

Samples free.

A MONTHLY MAGAZINE

PUBLISHED BY

who are trying to build up industries whereby, working co-operatively as self-employers, they can help themselves and others of their class.

KINGSMILL COMMANDER, Press Writer 1050,

JESSIE BREWSTER, Press Writer 1134,

—EDITORS—

BURLEY, WASH., U. S. A.

The Secret of Love

Is to Have Perfect Health and Success

Write to-day for a personal letter from me, stating my terms for Absent Treatment, Telepathy, and Suggestive Therapeutics. Health and Success are waiting for you.

My office method of healing is original with me, and health, success and happiness are being experienced daily.

Address, FRANK M. WILSON
250 Niagara St. Buffalo, N. Y.

Please enclose stamp for reply.

IT IS FOLLY TO GROW OLD

My twenty-five years' experience among the elite of London proves my claim.

YOUTH and BEAUTY MAY BE YOURS

The improvement I can cause is marvellous. An enclosed stamp brings explanation. I have no preparations to sell.

AUGUSTA KENWOOD

"The Wonder Worker"

Room 11, 808 17th St., Denver, Colo.

4 MONTHS FOR 10c



THE BALANCE is an exponent of Psychic Phenomena, Monistic Philosophy and Advanced Thought, 40-pp. and cover. Edited and published by J. H. Cashmere. It will bring you knowledge—

knowledge that is power. Any thinker will find it interesting. Send 10c for 4 months' trial subscription. Do it now. Address, **THE BALANCE**, Dept. 12, Denver, Colo.

THE PHALANX BOOKLET ROARING SPRING, PA.

The Phalanx is a dinky little Monthly Magazine done up in colors for the express benefit of lobsters, wise men, wise women and people, but not fools.

Subscription \$1.00

Single Copies 10c

C. A. BEVERLY, A. M., M. D.

20 years in regular practice. 10 years in mental medicine. Cures chronic cases. Trial telepathic treatments. Only one dollar per month. Send stamp for circular.

44 E. 31st Street, Chicago

"Ready for Anything"

*What a Bright Woman Says of
The Nautilus Magazine.*

"*The Nautilus* is the best antidote I know of for the blues. You may feel lonesome and weak and discouraged and want to sell out for a cent and give a set of dishes with it, just to get rid of yourself; but after reading *The Nautilus* for 15 minutes your own importance crawls up your backbone and tickles you all over, and you don't know whether you have fallen heir to a fortune, been elected to Congress, or taken a Turkish bath, but you feel just good and ready for anything." Thus saith Mrs. Laura G. Fixon, of Chicago.

"Let us read to live," says Montaigne, "and by so doing make us an atmosphere of all great thoughts."

The Nautilus helps its readers to live healthier, happier, and more successful lives. It is devoted to the practical application of New Thought to daily living. It comes close to the hearts and lives of its readers and helps them to grasp the living principle of health, harmony, and happy living. *The Nautilus* also advocates deep breathing, a pure and simple diet and attention to the principles of hygiene.

ELLA WHEELER WILCOX is a regular contributor to *The Nautilus*. FLOYD B. WILSON, author of "Paths to Power," and ELEANOR KIRK also write regularly for the magazine. Read CHARLOTTE MARTINDALE on "Child Development," in November and December numbers. And read ELLA ADELIA FLETCHER's series of articles on "The Law of the Rhythmic Breath." And the series of travel articles by the editors, who have been journeying 10,000 miles. And the "New Thought in the Kitchen" articles, beginning soon.

Readers of this magazine can have *The Nautilus* (which is published monthly) 4 months for only 10 CENTS. Or, from now to the end of next year, 14 nos., for 50 CENTS. Address the editor, ELIZABETH TOWNE, Dept. N., HOLYOKE, MASS.

Four
Back Numbers
of
"NOW"
for
TEN CENTS

DOG GOT FLEAS?

The editor of *THE DOG FANCIER* has a preparation that will remove fleas from dogs. It never fails. Sent, postpaid, for 50c. By the way.

The Dog Fancier

was established in 1891, is the oldest, most popular and most prosperous amateur kennel publication in America. Contains each month appropriate reading matter and illustrations of great value to every owner of a dog. Advertisers get excellent results, and the rates are very low. Covers the entire United States and Canada, and if he's got a dog, you are pretty sure to reach him through *THE DOG FANCIER*. Sample copy free. Subscription price, 50c a year. EUCENE GLASS, publisher, Battle Creek, Mich.

NEW THOUGHT SEARCHLIGHT

The Journal of
Optimism, Health and Happiness

If you are anxious to succeed in life, or gain some coveted ideal, you will need the loving and inspiring teachings found in its clean pages. It is plain and practical and leaves no doubt in the mind of the SEEKER. Hundreds have testified to its helpfulness, in placing them where they could progress materially and spiritually.

Splendid books given with each subscription. \$1.00 per year; foreign, \$1.25.

A. VIRGINIA SHEPPARD, Editor,
907-909 Irwin Ave., Alleghany, Pa.

Dollars want me The New Road to Opulence

—BY—

HENRY HARRISON BROWN,
Editor of *NOW*,

Author. Lecturer and Teacher of wide repute.

PRICE 10 CENTS

THIRD Edition, Fifteenth Thousand.

24 pp., nicely printed on good paper and daintily bound in dark paper cover, gilt.

This little booklet is full of original power. The dollar is seen in a different light, old theories in regard to the dollar are turned topsy-turvy, and money is found to be the willing slave of the man who thinks rightly. Dollars come to be used.

"It will help you to rise above the drudgery of enforced labor and enable you to enter upon the manifold expressions of life with the joy and spontaneity of childhood. This is the thought which comes to you with this, my Lesson of Success."

105 Steiner Street,

"NOW" FOLK,
San Francisco, Cal.

Have You Seen

Mr. Brown's new book, SELF-HEALING THROUGH SUGGESTION? Send for it. 25c.

Address

NOW FOLK, 105 Steiner St.,
SAN FRANCISCO, CAL.

Invest from \$5.00 to \$25.00 in the
NOW MAGAZINE

and Publishing Business.

Information as to terms and conditions will
be made known upon application. Address

EVERITT R. CHAPPELL,

Treasurer of "NOW" Folk.

105 Steiner Street, San Francisco, California.

... FULLFILLMENT ...

A Monthly Journal of Advanced Thought

This periodical represents the way to the
fulfillment of man's highest longings, whether
for health, happiness or success.

Now is the time for fulfillment, which must
be realized when man understands his birth-
right and knows the law of its attainment.

\$1.00 per year. Foreign, \$1.25. Three
months for 15 cents.

To every new *yearly* subscriber, or for re-
newal, will be given "Words Suggesting How
to Heal," a 62-page booklet, by Fannie B.
James.

Address

FULLFILLMENT PUBLISHING CO.,
730 Seventeenth Ave., Denver, Colo.

HEALTH MAGAZINE

A Monthly Magazine Devoted to the Cause
and Cure of Disease. Price \$1.00 per year.

Teaches Hygiene. Diet. **MACHANO-THERAPY**, Hydro-
therapy, and Common Sense Methods of getting and keeping
good health. Directs attention to unrecognized gluttony and
superstitious faith in the power of drugs to cure. Considers
disease as a penalty for disobeying Nature's laws, and advo-
cates Nature as the real healing power.

Edited by Dr. W. P. Burke, M. D., at

DR. BURKE'S SANITARIUM

BURKE, Sonoma, Co., CAL.

YOU WANT ME

I am **THE LIGHT OF TRUTH**, a large
Sixteen-page Weekly, and You may read me
every week for a year for **ONE DOLLAR**.

I am an advocate of the Spirit-Man, the real
man who lives forever. I have an Editor who
writes great Editorials on the facts and philos-
ophy of Spiritualism. I **AM FRESH, NEW
AND CLEAN** every week, and if you will
send to my home in Chicago, 409 Ellsworth
Building, I will present you with a sample
copy of myself. But you may have me every
week in the year for 50 CENTS. I **AM A
GIFT!**

W. C. SHEPARD, Attorney-at-Law,
Columbia Building San Francisco, Cal.

BOSTON IDEAS

27 Beach St.,

Condensed news on all world topics. Special Dramatic
and Social correspondence, Masonic news, folk lore,
woman's interests, etc.

OUR LITERARY DEPARTMENT

is devoted to notice of the most important books and
magazines of the day. The Psychic value of publications
specially considered.

TO AMATEUR WRITERS

We will edit and write in **BOSTON IDEAS**, free of charge,
articles from such writers as are animated by distinct
individual thought. We thus afford you a field for
definite development of conscious literary vigor. En-
close stamps for possible return of manuscript.

BOSTON IDEAS,
27 Beach Street, Boston.

SPIRITUAL HEALING with HELPFUL SUGGESTIONS.

If this appeals to you, write a letter to
me, stating your case, and also **WHAT**
condition in life you most desire, to make
you *happy* and *healthful*, and I **WILL
ADVISE YOU**.

Be sure to enclose a **RED** stamp.

Address: **LEONA B. CHAPPELL,**
Spiritual Healer,

105 Steiner St., San Francisco, Cal.

THE PROGRESS

Publishes more

GOOD POETRY

than any periodical in the world.

LITERARY,

MUSICAL and

OTHER FEATURES.

See its

WRITERS' LEAGUE DEPARTMENT

Weekly, \$1 per Year. Sample Copy Free.

MINNEAPOLIS, MINN.

A GOOD COOK

Male or female,

Can find steady employment at "NOW" Folk
Mountain Home. Must be strong, capable,
and imbued with New Thought.

Address

MANAGER OF NOW.

H. B. WARD, Dentist

'Phone Page 78

3 HAIGHT STREET

"NOW" FOLK



ANNOUNCE that they will conduct a New Thought Summer School, from May 1st to October 31st, 1906, at their "**Now**" **Folk Mountain Home**, near Glenwood, Santa Cruz County, Cal., via S. P. R. R. Narrow Gauge, Special Campers tickets from San Francisco, \$3.00 round trip. Spend your "vacation," where you can combine the most beautiful mountain scenery, with rest and rambles among virgin redwoods, streams, and farms, together with opportunities and advantages of a Summer School along "New Thought" lines. THIS COMBINATION IS WELL WORTH YOUR CONSIDERATION

Instructors—Henry Harrison Brown; Sam Exton Foulds; Leona Beatrice Chappell, and J. W. Wilkes, M. D. Sessions each day except Saturday and Sunday. Addresses on Sunday. Subjects of Lessons: Soul Culture; Suggestion; Suggestive Therapeutics; Art of Living; Mental Science; Mental Healing; Present and Absent Treatments; Psychic Unfoldment; Psychometry; Inspiration; Extemporaneous Speaking; Composition on New Thought Themes, and the Principles of Success in all Walks of Life.

The Lessons will be so arranged as to give abundant opportunity for enjoyment of rest and rambles among as fine Mountain Scenery as the State possesses. Native redwood groves are plenty, and one fine group is prepared where most of the sessions will be held. An amusement hall is provided for leisure hours. Terms will be made for more or less lessons as student may desire. Each lesson will be as independent of the others as possible. Terms will be moderate for tuition and board.

Reliable teachers, along the lines of Voice-Training, Painting, Nature Study, and Physical Culture, have promised to conduct their special departments of work, independently, for those who are interested in the same.

Advantages—300 acres devoted to vineyards, orchards, fields, pastures, streams, drives, walks, and virgin redwoods, live oaks, madrona, and California laurel. Climate perfect the year round. 8 miles from Santa Cruz Beach. Foliage in variety. All farm products—fresh. Out door life encouraged. Quiet. NOT A PLACE OF SOCIAL FUNCTIONS.

Accommodations—Hotel (open the year round), cottages and tents.

Terms—Write and let us know what YOU want and terms will be given. Secure accommodations *Now* by sending in your deposit.

For further particulars address

EVERITT R. CHAPPELL,
MANAGER AND TREASURER OF "NOW" FOLK
105 STEINER STREET
SAN FRANCISCO, CALIFORNIA

City Phone—Park 418.

Country Phone—ask for
Summer Home Farm or "NOW" Folk,
Glenwood, Santa Cruz Co., Calif.

"Now Folk Publications"

NOW, a Journal of Affirmation

Monthly; \$1 a year. Henry Harrison Brown, editor. Devoted to the education of Man in the use of his Spiritual Faculties, the unfoldment of Psychic Power, and the development of Self Control. It is a Monthly Messenger with Spiritual Food.

New Thought Primer

Origin, History and Principles of the Movement, by Henry Harrison Brown; pp., 64. (Paper covers.) Typographically beautiful, on excellent book paper. Price 25c. This book was written in answer to the ever-recurring questions, What is the New Thought? Where did it come from? For what does it stand?

How to Control Fate Through Suggestion

By Henry Harrison Brown; pp., 62; 3d edition; paper, 25c. In Part I it deals with the Science and Philosophy of Life; in Part II with the Place and Power of Suggestion.

Ella Wheeler Wilcox in the Hearst newspapers says: "It is worth many dollars to anyone who will live its philosophy."

J. Stitt Wilson says: "Your books are unique and to the point. They have the breath of life in them. I will bring them to the notice of my classes."

Not Hypnotism but Suggestion

By Henry Harrison Brown; pp., 66. 3d edition; paper, 25c. In this book the important Law of Suggestion is further evolved, and the phenomena of Hypnotism explained.

Grant Wallace, who is writing most valuable editorials for the *Bulletin* of this city,

has twice referred to it as a very valuable little book, recommending it as a textbook on Suggestion.

Man's Greatest Discovery

By Henry Harrison Brown; pp., 60. 3d edition; paper, 25c. Six Soul Culture Essays on THOUGHT AS POWER, Thought Transference and Telepathy. A thought-provoking book.

Dr. Alex. J. McIvor-Tyndall, who is without a doubt the greatest demonstrator of thought-reading, says: "I would like to recommend it to every person who can read. It is simple, concise, convincing. No one, perhaps, knows better than I that what you state in its pages is, as you say, 'man's greatest discovery.' There is no doubt that Thought is Force capable of accomplishing what we will."

Dollars Want Me!

The New Road to Opulence, by Henry Harrison Brown; pp., 24; 10c. It explains just what mental attitude to hold that will draw the Dollar. It will enable you to rise above the drudgery of enforced labor. A powerful booklet.

O Hashnu Hara, editor *Wings of Truth*, London, England, writes: "This new law has given me strength and power such as few could easily realize."

Self Healing Through Suggestion

Mr. Brown's latest book. The title tells you exactly what the book is. Plain, beautiful, helpful, artistic, powerful. These adjectives partly describe it. Pp., 60; 25c, silver or stamps.

Correspondence Lessons

Course in SUGGESTION.
Course in ART OF LIVING.
Course in PSYCHOMETRY.

Each course complete.

"NOW" FOLK

105 Steiner St. - - - San Francisco

Digitized by Google