

Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.

—EMERSON.

NOW.

A JOURNAL OF AFFIRMATIONS.

Time past and time to be are one,
And both are NOW.—WHITTIER.

'Twas only striking from the calendar
Dead yesterdays and unborn to-morrows.—OMAR KHAYYAM.

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HENRY HARRISON BROWN
Editor and Proprietor
Office, 621 TURK STREET,
SAN FRANCISCO.

Oecult Hymn of Trust.

The struggle o'er, my life is clear.

I'm floating now on calmest tide.

Doubt has embarked elsewhere with Fear,

While Faith is smiling at my side.

Her power is brooding in my heart

As thus I float o'er Passion's grave.

"I'm Spirit, and of All-Good part!

As such, command both wind and wave."

O Life Divine, within, around!

O power To Be and Power to Do!

O sweet to live above all bound,

With Truth that maketh each day new!

Conscious of Him forevermore,

With Trust and Truth no wish have I!

From sea to sea, from shore,

I'm Love to float eternally.

—Henry Harrison Brown.

SAN FRANCISCO, April, 1899.

Why "Journal of Affirmation?"

Because it is only as we affirm that we are. And that which we affirm we are. It is never by negations that any progress is made. All forward movements are along affirmative lines. Negations weaken, retard and oppose growth. All affirmations strengthen, develop and bless. Test on yourself these two: "Thou shalt not bear false witness," Tell the truth! or these: I am tired; I am strong. Or these: I can't; I will. By using the words, there is in the mind an effect corresponding to the word. Therefore we, by Auto-Suggestion, become that which we affirm. Let all affirmations be in the line of desire, and the desire will be realized. Never say "can't!" Never bark against the bad, chant the beauties of the good; then the bad will die for want of nourishment. It is the advice of Jesus: "Resist not evil, but overcome evil with GOOD." It is the mission of NOW to so chant the beauties of the Good that all will so learn to chant, and thus the Good triumph in each soul. Help the song of gladness, ALL IS GOOD!

I will! When? Now is the only time.

How Can I Master My Fate?

By Flora Paris Howard, 721 S. Broadway, Los Angeles.—This most important question arises in every one's life. How can I, as an individual, master my fate? The answer I would give is, study yourself. When you have found yourself, your latent powers, and use them for good, you will master your Fate.

STUDY these thoughts. PRACTICE them, IDENTIFY yourself with them as you would the food you eat, by letting them become one with you.

Keep them by you. Ponder them in your heart. Think of all of them you can wherever you are. If you cannot keep them all in mind. Say, I AM ALL OF THEM IN ONE AND NOW!

I am Health.

I am Love.

I am pure.

I am holy.

I am wisdom.

I am rich.

I am happy.

I am success.

I am divine.

I am power.

I am perfect.

I am receptive.

I am good.

I am Truth.

I am free.

I am fearless.

I am strong.

I am harmony.

I am courage.

I am peace.

I am rest.

I am victory.

I am the giver.

I am the receiver.

I am ALL.

I am IT! I am IT!

Love prompts all my acts.

I give good and I receive good.

I give forth to all humanity.

Only good is mine.

Only good can come to me.

Every thought is a seed, I plant only good.

I am one with my higher selfhood.

I think, I speak, I eat, love to the world.

I live in Truth and Truth's atmosphere.

I radiate Peace and Good Will to all.

The conditions in my life are perfect.

My atmosphere is uplifting.

I compel myself to do good.

My life, my higher life work is to do right.

I Am Peace.

No affirmation is needed in this life of unrest, of business, hurry, social excitement, of financial trouble, and domestic suffering more than this. When the lake is peaceful it reflects the sky, sun, stars, the banks and flowers. Ruffled, the reflections are broken, contorted or made impossible. So is it with the conscious mind. When at rest, the Sub-conscious can reflect by impression, by intuition, by spiritual insight its wisdom into the conscious mind, but when disturbed there is only the knowledge of experience to guide, and that is not enough when new conditions come. In unrest the Soul cannot give its own native calmness to the conscious man. When the storm comes, let the Christ, the Divine Spirit within, the Eternal EGO, whisper, and All is calm. The opportunity for this Voice, is found in the affirmation, by the conscious man;—I AM PEACE! Repeat this; hold to it in will; pay strict attention to it, until you FEEL, "the Peace that passes understanding." It will come if this affirmation is held. Then will you become IT. You will BE Peace. Try and try again, till you win. Then ALL you ask from the inner man will manifest

Mental Medicine Receipt.

Mrs. V. E. Paulk, who is doing an excellent work as a Mental Healer, and Teacher at Mena, M. O., sends this to NOW:

When mentally tired, or when melancholy, and especially when desirous of sleep, imagine yourself again a child at school with your copybook and this the copy which you are writing till you fill pages with it,—I love the Good.

Please write it the very best you can. When well done you shall lovingly have another.

WEAK AFFIRMATIONS WEAKEN US AND THOSE WHO HEAR US.—FANNIE B. JAMES.

NOW.

The New Thought

Is well defined by Horatio Dresser in his new work entitled "The Voices of Freedom." He says: "It is both a philosophy of life and conduct, and a mode of healing. It is in the latter phase, as a method of treating disease, that it is most generally known. He converts to it are almost without exception those who have been healed by the mental method. But to its most ardent disciples the mode of life it inculcates is by far the larger and nobler part of the New Thought. The application of its principles to the study and the cure of disease is indeed, but one of the spheres of its activity. It aims to be as broad and inclusive as Life itself, to consider all the problems which our rich, social and intellectual life suggests. It is a phase of that great transcendental movement of the century, rather than a separate philosophy. The mystics of the east have long known the same great truth. So have the philosophers of all ages. It remained for a man unlearned in the wisdom of the ages to make this new application and to take a stand entirely opposed to the doctors and materialists alike. The real man is the Soul: invincible, immortal, spiritual, potentially free, an original individualization of ultimate Being, existing in the environment of Being's outgoing life, or the imminent Spirit. The Soul is deemed possessor of faculties not limited by matter, of senses other than physical. It is a center of creative activity by birthright at least, master of the body through which it expresses itself. *Voices of Freedom*, pp. 23 to 28.

Milton Rathbun

Of New York City, who has just fasted thirty-five days, writes: "I congratulate you upon the fine appearance of NOW. I am pleased with the size, and its contents are needed in this Work-a-day World. It will be a great help to those who think and aspire. Blessings are blessings only when realized. Good Thoughts are blessings. You give them. But if they do not find lodgment in the heart, they do not benefit us. Many will read and say, "Good Thoughts" If they will let them sink into the heart they will find when trials come, when petty things annoy, when clouds hang dark, that these thoughts, these affirmations of yours, will be to them a peace and strength. We know that sometime we must rise above heredity, above environment, above all physical conditions, but we also know how slow of growth most of us are in Spirit. Bless you then for every word you say to help us to Master Fate and BE Spirit Here and Now."

I hold a middle rank 'twixt heaven and earth,
On the lest verge of mortal being stand,
Close to the realm where angels have their
birth,
Just on the borders of the Spirit-land.

—From the *Russian Dershavin*.

Health and Healing.

Health is the first requisite for the proper manifestation of Spirit. All disease is spiritual in its origin even as Jesus demonstrated. It is the result of spiritual weakness, or what is the same thing, want of proper knowledge or sufficient will, to fully live.

But more scientific is it to say, it is the result of wrong thinking and morbid emotions. These mental and emotional conditions work through the nervous system, changes in the tissues, and disarrange all the normal functions of the organism. Thus is digestion, assimilation, circulation, respiration and elimination all interfered with, and the body shows this in an unrest, a condition of un-ease or as it is termed disease.

Thought and emotion thus being the primal causes, each person has it in his or her own power to not only cure, but to prevent all conditions of disease by keeping themselves in right mental and emotional attitudes. All have the power within to master all tendencies to ill health. To know how to use this power is now the purpose of the true physician. Each should know for himself and to impart to others. The true method of healing teaches the mental and the emotional cause of any disease, and while using all natural means, to assist the self to cure, at the same time to educate the individual, so that he may keep well when once he is restored. The various schools in the NEW THOUGHT method do this equally with SOUL CULTURE; and by this means they will in time produce a people who shall know no disease. For they will live in the right conditions which are all summed up in the words of Jesus, "Little children, Love one another." Love and Truth are the universal panacea.

There are many methods and instrumentalities of cure. The wise physician will in no case ignore any means that will cure his patient. Knowing God, or the Infinite Energy, is in all things, he will use all things to restore to harmony the physical condition of his patient. Therefore, there should be only harmony between all schools. The test of any being,—Does he or she cure? There is but ONE Power, and that is the Omnipresent Life, and that Life is in all means. The physician is only the instrumentality through which that life for the time is manifesting it-

self to heal. Let all then be ONE in doing good as all are ONE in the Father of all life.

As the tendency of all nature is to equilibrium, it follows that they who are full of what is known as "magnetic power" may impart to those who are depleted, and by restoring equilibrium, restore health. They who are positive (or what is the same, healthful) on the spiritual plane, can stimulate their opposites and help them to health. Thus is it that Magnetic, Mental and Psychic treatments are means of cure.

But since Thought is at the basis of all unhealthful conditions, it follows that whenever an unhealthful Thought is displaced by a healthful one, there will follow a corresponding degree of improvement. This continued, will result in cure. Whatever causes a thought is a SUGGESTION. Therefore, one of the most potent methods of healing is Suggestion. And as the Science unfolds, the Art of Healing will become more and more a method of Suggestion.

SUGGESTIVE THERAPUTICS is, therefore, the one important line of the present physician's study. It is the remedy of the future. It will be the main reliance of the physician, though he will call to his aid any other method nature may suggest to him.

Thought is Force.

This is one of the fundamental principles which it will be the object of NOW to demonstrate. This fact is destined to work a revolution in every department of human life. It is one of the few, and very few, factors that will usher in the NEW CIVILIZATION. Thought is like electricity, and heat and light and sound, only a mode of motion; a form of the Infinite ONE, Energy. All forms of energy are known to us only as modes of motion, and differ only in rate of vibration. Thought is therefore only a vibration of Eternal Energy. To us it is revealed as all energy is, by sensation. Thought waves are therefore sensibly felt by those who are sensitive to recognize them. They may be felt by all. To develop this recognition is the work of Soul Culture. NOW will have much to say on this subject. The Art of thus recognizing thought waves is

Please send the names of those whom you think will be interested in NOW that I may send them sample copies.

THE INFINITE ALWAYS IS SILENT.—JOHN BOYLE O'RILEY.

Unity.

The Sphinx sits at the door of Life,
With the old question on her awful lips.
—*Whittier.*

I stood by Sphinx in desert lone.
Impassive and cold her face of stone;
Stolid and dull those ancient eyes;
The lips refused me any tone;
And ears were deaf as stone on shore;
And heart as still as in aeon before.
In awe I bowed to material guise,
Nor deemed for me the great surprise
To greet me from those stony eyes.
Musing, I said: "All are divine!
Kin art thou to this Life of mine!
We're children both of the infinite ONE!"
Then vocal became those lips of stone;
And ear then caught my gentlest tone;
From eyes a flame of Love—Light shone;
Heart beat as once to priest of yore!
I was lone no more on desert sand.
A companion held me by the hand.
I'd solved the riddle of all time—
The SOUL of Sphinx was ONE with mine.
—*Henry Harrison Brown.*

SAN FRANCISCO, Jan., 1900.

These Words Are Life.

The editor of the best, and one of the most largely circulated, of all the metaphysical magazines, writes me as follows: "If NOW is to be edited with the same practical insight and understanding, as well as clearness of expression, shown in your contributions to *The Suggester and Thinker*, its success is fully assured. I know of no student and teacher of mental science better able to deal with the live questions of the day—the "Now"—than yourself, since you live so closely to the "Now" and are not blinded by the past or by prejudices of any kind. You have my best wishes for your success."

From Rev. Herman Snow (aged 80): "Your new enterprise looks as if it might be your permanent work. In NOW you come close to me. It comes near enough to make me wish that I was 25 years younger that I might follow you in some efficient way. I wish, especially, to understand the high ideal which is before you and is nearer my own than any I have hitherto met. O, how much I would have to say were I to meet you again." O, my brother of an 80 years' youth, we are together and are one in Spirit and ONE in the Father; so say on, I will hear and respond. All is Life and ALL is youth, and all is ONE. We are ONE in LOVE AND TRUTH and ONE in the Eternal Omnipresent Life. Here's my hand Forever.

Words of Wisdom.

Friends have been very kind to me. I wish I could print all the good things that by word of mouth and by letter have come to me. Dear friends, they are all treasured as rich possessions, and have done their work in making me strong and good. The ALL-Good has blessed you for them. I copy a few for you all to see and FEEL.

Dr. Max Muehlenbruch, of Oakland, the well known Prophet writes: "You have started an enterprise which ought to have been started years ago. The very name of your paper—NOW—is a thought that the people should take to heart, as most people live in the past instead of the present. Your bright little paper ought to be taken into every home and read by every one as it each new thought and strength to fight the battle of life."

A friend in San Diego, P. C. C. writes: "You have a good name. It is readable all through, even the advertisements are pleasant. It is an up-to-date paper. Comprehensive and concise. It will be a success."

A San Francisco friend says: "Its bright little face met me at Metropolitan Hall and I had to come and see you that it might come to my home every month."

HIGGINSVILLE, Mo., March 15, 1900.

I often think of the good you did me three years ago. I have had no treatments from any one since those you gave me for I have been quite well ever since. MRS. D. C.

PRATT, KAN., March 13, 1900.

I write to tell you how much improved I am. Am gaining in weight as well as in strength. I am O. K. now. MRS. L. K.

One of the busy and excellent Mental Healers on this coast, Miss Wichman, of Santa Cruz writes: "Allow me to offer you my sincere congratulations. Your NOW has started out to do the work of healing, and I affirm success." That is just what NOW will do in every hand, HEAL. It carries the Vibrations of Health in every word. It will save doctor bills. Thanks Alma for the word of cheer and success.

NOW is a good watchword to break down the barriers we all build around ourselves. Affirmations clear the atmosphere, and we all need them.

MRS. C. S. H. STOCKTON.

GROVE CITY, PENN.

"NOW is just what my soul was hungering for."
F. V. P.
"Blessed are they that hunger for they shall be fed." "I AM the Bread of Life," said TRUTH through an example for us.

HUTCHINSON, Ks.

"I was pleased to receive sample copies of NOW. I am glad to get into touch with you again for I often think of the teacher who first led me into the light and from whom I received such precious Truth. I am still hungering and thirsting for righteousness and so send NOW that I may be fed."

MRS. M. I. S.

All who hunger and thirst will from NOW find themselves supplied from the ONE infinite source—I AM—ONE with the Father.

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Mrs. M. B. B.—"NOW is neat in appearance, attractive in spirit, and is a good criterion of the Spirit that brought it into the objective life. Peace will always go with it." It comes to every reader in vibrations of Peace and Health.

STERLING, KAN.

"I am glad NOW has materialized. I wish to congratulate you and to predict for it a long and successful career. Knowing so well the one who stands at the helm, I know that each issue will be full of manna for the hungry, drink for the thirsty, strength for the weak, and courage to the desponding; that it will proclaim the Truth, the Way and the Life."

MRS. M. A. W.

"I AM the Truth, the Way and the Life," to all who will.

J. T. Shelton, editor of *Christian*; the most positive and successful of all the Mental Science papers writes: "NOW is a very nice paper, and as you say, there is need of us both. Success to you my friend. I am holding you in mind for Success, and you are bound to succeed. You are all right."

"Dear Friend, it seems as if my lot was disappointment. Write me something to help me."
J.

Why, when all the Universe is yours, do you preempt a corner and label it Disappointment? I would name mine Content. And since you have the same privilege why not do it for yourself?

"My eye is well!" So said a lady at the close of my meeting a few days ago. She had feared a cataract. I had treated her at the close of the meeting and twice in the healing class when at the next meeting she thus pronounced herself well. Such is the power of THE WORD when rightly used.

NOW is indebted to the *Religio-Philosophical Journal* and to the *Psychical Science Review*, both of this city, to *Christian*, of Denver (Shelton's stimulating and positive paper), and to my friend Dr. Braun's *New Min*, of Omaha, for most kindly notices. Brothers, here's my pledge of GOOD-FELLOWSHIP: I AM in all men and we are all ONE in the Father! We are all doing His work and are, therefore, also One in LOVE and TRUTH.

OFFICE OF NOW,
621 TURK STREET SAN FRANCISCO, CAL.

APRIL, 1900.

NOW.

HENRY HARRISON BROWN, EDITOR.

SUBSCRIPTION RATES - - - 50 CTS. PER YEAR
5 cts. per number, post paid.

A monthly Journal of Positive Affirmations.
Devoted to the Science and Art of Soul Culture.
It is the utterance only of the editor. All thought not credited to others is his.
Its basic Affirmation is:—Man is Spirit and can manifest as spirit here and now.

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N. B.

As this issue of NOW will be sent as a sample copy to thousands who did not see the first number, I have repeated a few editorials that explain the purpose of the paper. My subscribers will bear with this, this month. Hereafter NOW will every month be up-to-date and fresh as the dew. I intend that it shall carry healing and restful vibrations to every reader. Take it and sit quietly without thinking and thus come en rapport with the spirit from which it is born and you will feel better in body and mind, and will in time be better in estate. All who wish for number 1 and 3 can have them by remitting a dime to this office. And all who receive extra copies are requested to hand them to friends, with recommendations to subscribe. Remember only 50 cents per year, 10 cents for 3 months.

The Aim of The NOW:

Will be to assist its readers to the attainment of Self-control. To be the Masters of Fate.

Its Philosophy is that of the NEW THOUGHT. It is Not Christian Science, nor Divine Science, Nor Mental Science, nor Spiritualism, nor Theosophy, nor Christianity, nor Buddhism, nor is it the organ of any sect, class nor person. But it is ALL of these. It is the harmony of all these, It is the Demonstration of Truth in all these. Any differences between these schools and sects will be ignored and Truth will be taken from all. All Truth is one. Its Standard of Truth will be,—I AM SPIRIT! ALL IS SPIRIT! SPIRIT IS ALL. Its purpose is the unfolding of the SOUL, HERE AND NOW.

It will deal only with affirmations. It will never admit argumentation nor controversy. What do you KNOW? is the question it will answer.

The principle that actuates the author is, The New Commandment:— THAT YE LOVE ONE ANOTHER.

Why the NOW?

Because the custom is to live in the Past and the Future, to the neglect of Now. All the Disease, and dis-ease, the unpleasant physical and mental conditions arise from fear, and fear is the child of the future sired by the past. I would have all my readers think not of either of these, but think and live only in the Now. The majority of people live in regret of the past or in fear of the future, or both. Fear of the About-to-be, is the greatest cause of human misery. To abolish this fear and all other fears is the object of this paper. Its title is a constant Suggestion of the beauty, happiness and success there is NOW for each.

Suggestion in Education.

Suggestion has already become an established method of cure, among even the regular M.D.'s and dentists, many going even so far as to employ Hypnosis in their treatment. Well established and maintained schools and sanitariums are in operation in the various cities, and San Francisco papers recently stated that a number of doctors were to open one in San Jose. There is no question among those who have investigated, as to the value of Suggestion in Surgery, Dentistry and Therapeutics.

It is also an established fact that it is equally efficacious in the breaking up of all bad habits, like those of liquor, tobacco and sexual vice, and the establishment of good in their place. Its use must go farther. As Suggestion is an ever-present factor in all the experiences of life, and is used as naturally and as unconsciously as breath, and results in either good or injurious effects, as the right or the wrong Suggestion is obeyed, it is necessary that all know how to intelligently use it at all times in life. As it is revolutionizing the medical work, so will it revolutionize that of reform, education and religion. It will be the future method of education in Home, School, Church, Prison and Reformatory. It is the natural method of nature's evolution. The senses are only the avenues of Suggestion. Whatever causes a thought is a Suggestion. To control the causes of thought is to control thought itself, and to control thought is to control life's expression,

and to control that expression is to be the Master of Fate. Therefore, through the intelligent use of Suggestion, man is to redeem himself from slavery to Sense and become his own Destiny.

The Kindergarten method is that of Suggestion. Without understanding the principle behind the method, the teacher does good work. The teacher of the future will know the principle and apply it, first to the control of his or her own life; then, and not till then, are they worthy to teach others. The teacher by Suggestion has learned self-control, and will at all times be self-possessed; will never get irritable nor irritate the pupil. He will never antagonize and will never hide nor find fault with his pupil. Will never use rules nor restrictions. He will build in the pupils' mind an ideal of the excellence to be obtained, and then by example and by Suggestion will keep that ideal before the mind, and trusting to it will let it manifest in action, just as all ideals do in the natural evolution (which is only an education) of man. This method of teaching by Suggestion has never yet been fully applied. Partial attempts have been made and have gone as far as the principles were then understood. Now, it is time that all who believe in the "Indwelling God," that divine power within every soul, to trust that soul to make its way naturally into manifestation. Its inherent wisdom, guided only by the natural method of Suggestion from teacher, and by Auto-Suggestion when guided by SELF.

It is without a question the only true method of education, and the pupil will make double the progress in the same time that he can by any other. The Necessity now, is for prepared teachers. But the demand will bring here as elsewhere, the supply.

How to Overcome Poverty.

A course of Three Lessons in the Law of Opulence and of Business Success.

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SOUL CULTURE INSTITUTE
521 Turk Street San Francisco

REWARDS AND PUNSHMENTS ARE THE REACTIONS OF OUR OWN ACTIONS.—THE VENDANTA.

As a Pioneer

The SOUL CULTURE INSTITUTE has introduced SUGGESTION in the teaching of Art. It is first to do this. It has found teachers well endowed by nature and fully up to any, in the NEW THOUGHT, and who LIVE the Truth they know. The two departments are those of Music and Painting. They are now ready at any time for pupils, and we invite an examination of the methods, that we may thus help on this greatest of all the reforms ever started toward making man, MAN, by developing Self-Control, and opening into Expression the latent wisdom and goodness in the SOUL.

Palmistry.

"Do I believe in it," I am asked. Certainly. I have too much evidence to not say, I know that the genuine Palmist does read the past and the TENDENCIES for the future, and is a useful person in preparing one to understand him or herself. The true palmist understands the Science of Being, and will tell the visitor where to restrain and where to cultivate and where to give free rein to tendencies. To know one's self is the beginning of wisdom. The Mind builds the body, and when one is wise enough to read from effects—Cause, then is it possible from the marks on any portion of the body, all of which are made there by emotions and thoughts, to read the character and the past by these effects. I have a body, I have hands; but I am not body, I am not hands. I made these, and as one can from the painting or statue understand the artist, so, in a much greater degree, can one wise in this science read the development of the Ego that built body. But still, there is a better science which, when well developed, is to take the place of all the other methods, and that is Psychometry. And the best palmists I know are excellent psychometrists, and use their science as the vehicle through which to convey that which comes to them in this way. But no matter the way, every person should see himself as others see him, and where he is not satisfied with himself follow the advice of the teacher and "cultivate" or "restrain" propensities, and thus by conscious choice become the Master of Fate.

Spiritual Gifts.

All the spiritual gifts which Paul enumerates and more are NOW the inheritance of every person and they can be, if desired, developed here and now. During the year easy lessons in the unfoldments of these gifts will be given. From all sources will be drawn the instruction and those who wish to develop any psychic gift will find great help in NOW. I have had thirty years' experience as a psychic, and have in those years been a friend of most of the Well known psychics of the nation.

The Henry Harrison Brown

Who is the editor of NOW, is the one who since 1871 has been well known on platform and stump, in sanctuary and pulpit. He anticipates that his old friends whom he numbers by thousands will all wish for NOW each month, as it will come to them with the force of a personal letter. Dearly beloved friends, send in your subscriptions and see what a greeting I have for you.

Grammar of Soul Culture.

To the verb called under the old dispensation TO BE, there is in Soul Culture only two moods and one tense. The moods are the imperative—BE, and the Indicative (the assertive, the affirmative) mood—AM. The one tense is present—NOW. The verb is conjugated only in the present tense indicative mood, thus—I AM; YOU ARE; GOD IS.

Five Weeks' Fast

Is an experience that my friend Milton Rathbun, of New York City, has just passed through. He attended to his business every day, and it is the only case known of such a long time without food with labor at the same time. He has promised a short account of his experience for the May NOW. Look out for it. If you do not feel to send the 50c. for the year, send 10c. for the two next numbers.

Classes in all departments commence at the Institute, May 1st, and continue for three months. Pupils taken into the classes at any time and back lessons made up.

This issue of NOW is sent to you as an invitation to read, to enter into its spirit, and to subscribe. Hand it to friends. It will be in every issue the equal of this. It is only 50c per year, payable at any time. I will make it so important in the development of your power of SELF-Mastery that you cannot afford to be without it. Now subscribe for NOW.

Every Reader

Is requested to send NOW a list of addresses of those whom it is thought will be interested in it, that sample copies may be sent them. For this you have beforehand the thanks of the publisher. As the P. O. Department limits the number of samples, those who receive this will receive no more. So carefully read and preserve this one.

"Can every disease be cured?" we are often asked. Why not?" Spirit is omnipotent. It depends on our faith. All things are possible to Spirit in manifestation, for it possesses all things in itself. Let there be no limitations on our thought and then there will be none on our work.

STOCKTON, CAL.

Mr. Streight. Thanks for the picture. The expression, the color, and the whole beauty is beyond anything I have ever before seen. It is also perfect as a reading of my life.

MRS. C. B. SIBLEY.

Free Meetings

Are held at The Soul Culture Institute every Sunday evening at 7:30, and every Thursday at 8 o'clock. To these meetings the public are welcome. Each Sunday there will be an address by Henry Harrison Brown. Thursday a talk on the questions that have puzzled the members of the meeting in demonstrating Truth is daily life. Remember:—Sunday and Thursday evenings at 521 Turk street.

Character Readings by Psychometry

Also for advice in business or matters in Life, and advice in development of any psychic phase will be given by the Editor. He has had 25 years' experience in this work, and claims to be one of the most practical of advisers. Write him a short letter as to a friend, giving outlines only of the desire, and enclose \$2.00 and a reply will be sent at once.

HENRY HARRISON BROWN
521 Turk Street San Francisco

NOW.

Mental Medicine Chest.

Now is the time to sow the seed
For the harvest of future years,
Now is the time for a noble deed,
When the need for the work appears.

—Lizzie Doten.

The divine resides in the new. The divine never quotes, but is, and creates. The profound apprehension of the Present is Genius, which makes the Past forgotten. * * * We cannot overstate our debt to the Past, the moment has supreme claim. The Past is for us; but the sole terms on which it can become ours are its subordination to the Present. * * * This vast memory is only raw material. The divine gift is ever instant life, which receives and uses and creates, and can well bury the old in the omnipotency with which nature decomposes all her harvests for recomposition.

—Emerson, in "Originality."

True happiness flows from within, nothing can reach it. False tranquility springs from many sources—success in business, for instance. * * * But his peace lies on a rotten basis which may any day be destroyed by one of his fellows, and his goods, at best, are but a mere stewardship for other's benefit. Music and art and human love are very fair, but no man attains happiness save from the King. Peace is the daughter of heavenly wisdom. * * * Tranquility comes but from the innocence of wisdom, that knows all things, endures all things, unpolluted by evil and unassailed by fear.

From *Behind the Veil*.

Consciousness is Divinity expressing itself as cause and effect.

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A Gentleman

Who graduated at Stanford a few years ago and who is now teaching in the High School in one of California's most beautiful cities, writes in sending his subscription to NOW: "The title is indeed a happy thought. Knowing your philosophy as well as I do, I had not realized the biggness of the word until I saw it there in black letters. You ought to be on a liberal allowance, from an unknown patron, that you might be able to come and go at your pleasure, doing good to the many who cannot come to you now, because of bars you are obliged to put up and which are in their way."

Thanks Charley. You are one of the boys that college has not spoiled. You are right. That allowance is mine. This institute is richly endowed and there is an endowed chair in some University for me. This endowment is in Spirit. The money is in the hand of some unknown patron who will at the right time pay it over to me. I am getting ready for the place and the place for me, and when the I AM is ready the dollars will come in. But I do know that all schools need the Mental Scientist. I have great and profound respect for these specialists who know so much about that which is outside themselves. But this I also know that when they come to that which is *within*, the mass of teachers in the NEW THOUGHT can discount them all 50 per cent. and beat them then. I had one of the brightest minds there is west of the Mississippi river (at that time president of a fine State University), attend a course of my lessons. He took the opportunity after they were over of saying to me. "I have learned more of man and mind from you than I learned in all my course at Harvard College." At that time I did not know one-half I do now. But Wilmans, Shelton, and an hundred others would have done the same in their primary lessons. The endowment wished IS mine the moment you wish it. The money is being used by some man or men till I am ready for it. It will be handed over to me at the right time. Who of you rich men will share the blessing?

"I cannot seem to demonstrate over that pain." Cannot? That is not in our dictionary. If you are not strong enough to say can, you can then tell the Truth and say you "don't." But you can and will! Learn to talk truly! When you do not do say—"do not!"—and the way is left for the possibility that you may yet do. NOW I DO. Never "I don't" Remember! Write and pin on your wall and keep it in sight. I DO NOT, BUT I CAN AND I WILL. By and by you will take this down and put up—"I do."

A Prophecy for NOW.

Dr. Muehlenbruch writes me this prophecy for NOW. "From the psychical standpoint, I will say that at present I see

much unsettled condition and uphill work for you, but whatever is, will be. You were destined to issue this paper. At times it may look quite cloudy and dark before you, yet you will hold on to it, you will make a success with it; you will pull through with it."

My dear friends, who are all that love Truth will join in leveling the hills, and making the level for NOW to manifest on. While the Dr. is a good prophet, all prophesies when not what we wish may by wisdom changed, so will that word "uphill," by the love and truth of friends be changed. From the Abundance of the Father I will be supplied and good friends, will be the channel of His communication. "Success" as the doctor says is on the banner of NOW.

Swami Vivaekananda

Has been giving lectures in this city. I have listened to him, and though I have never read any Vedantic Philosophy, save a few articles in the press, I was struck with the identity of his thought and that I have for many years expressed. It demonstrates that while Truth is one, that Inspiration is also one, for all my instruction has come to me in the Silence by Inspiration. From the same Infinite Fount whence the Swami draws will NOW be filled, for God and Truth and man, are ONE.

A lady friend, who was in trouble went home from one of my meetings a week ago and sat in the Silence and while there heard the Voice say: "All obstacles are removed from my path." Since then she has held in her mind that affirmation. She is passing into better mental conditions, because of this, obstacles will soon pass from her life. It is thus "The Father," in us saves us, when we let him have His way through us.

"In His Heart."

These words are left out too often in the familiar text: "As a man thinketh *in his heart* so is he." It is not the passing thought but that conviction that makes us. Hold a thought as a fact of experience and it becomes you any you become it. But the passing thought has no more effect than the shadow passing over the landscape. But be "convicted" of Truth, as they say in the revival meeting, and it recreates the life expression on new lines. This is why so many fail in trying self-cure. "I said my head did not ache, but it ached all the time." Of course, for the belief has not changed. Say it in "Faith believing," then turn to other tasks, and the head IS well. "Believe and be saved."

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