

Nerve us with incessant affirmatives. Don't bark against the bad, but chant the beauties of the good.

—EMERSON.

# NOW.

A JOURNAL OF AFFIRMATIONS.

Time past and time to be are one,  
And both are NOW.—WHITTIER.

'Twas only striking from the calendar  
Dead yesterdays and unborn to-morrows.—OMAR KHAYYAM.

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HENRY HARRISON BROWN  
Editor and Proprietor  
Office, 33 S. Second Street.  
San Jose, Cal.

## To the New Century.

O, Time I have no use nor care for thee!

Whether the zenith or the nadir sun, I am!

On me all powerless falls thy spell, nor can  
One touch of thine change life or fate! I'm  
Free!

Man thy creator is. Thought says, "Time be!"

Time and Space ye are an impotent pair!

Ye cannot swerve the course of Life one hair,

For Soul itself is Fate, and Soul is Man.

So Century new, I make thee, in my Thought!

I make thee what I will. I will that nought

But good thou't be and beautiful and True,

Bringing no gift this heart of mine shall rue.

No thought of evil shall ever cross thy path

For Love is Lord! Love brings me all He

hath.

HENRY HARRISON BROWN.

Jan. 1, 1901.

## "Nerve us with incessant affirmatives."

Have we been true to this admonition, which is the motto at the top of the title page? Are you strengthened thereby? Can you let this source of your power fail of its weekly visits? "Time past and time to be are one and both are now." Now by Affirmation we are nerved. Courage and strength and faith are in our Affirmations. We are friends now and will continue to march shoulder to shoulder now.

## Affirmation.

And now comes the necessity of affirmation. Holding yourself in that condition of repose where you feel that your old beliefs are beneath your feet, begin to affirm of yourself such conditions as you desire: Health, strength, symmetry, beauty, etc. At this point a seemingly strange thing happens. You will find that as you make the affirmations of your desires, there comes a mental response saying: "You will have all these things now." This is the materializing power of the Word, when spoken in clear understanding of Truth. It is the power that gradually begins to make you over after the pattern of your desires; it is the externalizing power.

—Helen Wilmans, in "Freedom."

## Affirmations.

Life.

"I come that ye may have Life, and have it more abundantly."—Jesus.

All is Life.

Life is Infinite.

All things are manifestations of One Life.

Life is constant. There is as much Life as there ever was. All Life that now is ever will be.

I am Life.

I am a manifestation of the one Life; of Infinite Life.

Life is in me Infinitely.

Life in me is boundless and inexhaustible.

Life is everpresent and ever constant.

My Life in the One is inexhaustible, everpresent Life.

I cannot escape Life. Life cannot elude me.

I can never have more nor less Life than I now have.

Each day I am manifesting all the Life I will to manifest.

I vary the manifestations of Life but Life is constant and Infinite.

I control the expression of Life by my will.

I Control Life by Thought. What I think, Life manifests.

Life is God Individualized.

I am an individuality. A conscious I AM in the ONE Life, that is God.

Because I am Self-Conscious I have power to direct the Manifestations of Life. I direct by Thought

When I affirm weakness I am weak, for I close the door to the manifestation of Life.

When I affirm strength I am strong, for then I give the current of Life full power.

When I affirm "I am Health," I am Health, for then Life flows normally in me.

When I think "I am weary" I am so, for I place an obstruction on the stream of Life and it flows weakly.

It is not the absence of Life that makes me sick, weak, blue, or poor, but it is because I do not, by my thought, allow Life to manifest.

Life is Infinite, therefore I am Immortal.

I cannot cease to live, for I am Immortal Life.

I cannot die; being Life I will forever manifest as Life, in some form.

"There is no Death. The stars go down,  
To rise upon some fairer shore,  
And bright in heaven's jeweled crown,  
They shine forever more."

I may sink below the horizon of this sense-life but I rise to Immortality.

"I laugh, for hope hath happy place for me;  
If my bark sink, 'tis to another sea."

Death is not even change. Where I am, I am I, still, and forever.

All is Life. Wherever I am, there is Life with all Life's opportunities.

I am ever with Humanity. "Love is Lord of Death." I am with loved ones all the time.

I am Immortal Life now and here. I have won the Victory over death in this recognition of immortality.

God and I are One. He is Immortal. He is here. So am I immortal here. I cannot be anywhere else but where God is, and He is everywhere.

Eternity is in me and I am now all I ever can be. I will manifest Here and Now my Immortality, and my power of Life, in Love and Truth.

Some folks say dat dancin's sinful' an' de  
blessed Lawd dey say,

Gwine to punish us for steppin' when we hyeah  
de music play.

But I tell you, I do n' beliebe it, fur de Lawd  
is wisean' good,

An' He made de banjo's metal, an' He made  
the fiddle's wood.

An' He made the music in dem, so I do n'  
quite think He'll keer,

If our feet keep time a little to the melodies  
we hear.

WEAK AFFIRMATIONS WEAKEN US AND THOSE WHO HEAR US — FANNIE B. JAMES.

**Primary Lesson, No. 10.****Attention.**

It is common for us to become absorbed in what we are doing and not to recognize what is going on about us. I recently sat in an office chatting with the proprietor, and neither of us noticed that a band had passed until I had occasion to go to the window, when I noticed they had just passed, playing a familiar tune. This was concentration; but it was involuntary. The bookkeeper will not hear the noise in the store about him; the mother will not hear the children; the engineer will hear only the bell; the musician will hear only the music as it is in his mind. All these are instances of Concentration, under necessity, or habit. They are involuntary, and thus not under the control of the Conscious man. The person who is thus oblivious is so because he makes it a habit not to hear; but he is often the slave to other sounds he does not wish to hear. The Concentration that as Soul Culturists we are to practice is that which we enter at will and when we desire.

The simple rule is, pay attention to that which you desire; pay no attention to that which you do not desire.

Attention thus directed at will is the condition of which so much mystery is made by so many teachers and metaphysicians. Learn to control your thought by *paying attention* to what you choose, and by ignoring what you do not wish to see or hear.

You pass along the street. You do not see a face among all that pass. Suddenly one strikes you, and you pay attention to it, and remember it. You pass many windows, none impress you. Suddenly your attention is attracted and you remember that one. In this manner, pay attention to your thoughts and emotions. Do not notice those that are not pleasant or welcome. Those that are so, pay attention to them.

If pain comes, do not pay any attention to it. Ignore it. You cannot? Have you not hurt yourself and not realize it at the time? You had no time to pay attention to it. If you did it once unintentionally, you can do it all the time intentionally, when you shall learn how to pay attention or not as you choose.

Cultivate the habit of at once putting from the mind all that is unpleasant, and soon the habit will become perma-

nent, and you will not recognize the ills that now trouble you.

Do not be troubled. Do not let thoughts stay in the mind that will be troublesome, and soon such thoughts will not try to enter.

If fear, would send a thought of disease or disaster, away with it, and think that which you desire. In this case it would be Health and safety.

This simple habit of *Paying Attention* is the key to the Mental control of the body, mind and estate. Control thoughts and you control life. Control of thoughts is found in the art of paying or of not paying attention to them. When a tramp enters your room, you do not entertain him. So with a tramp thought. Ignore it, and finding a cool reception, it will soon leave.

Pay Attention to the GOOD only and all life will be good.

For NOW.

**Desire.**

By MRS. ANNA MCGOWAN. Author of "Wrinkles," "Supply," Etc.

I am now the recipient of all my desires, all my cravings, all my successes, all my failures. I now enjoy all I have lived for, worked for, aspired to, in all my past. The greatest cause of all our mutterings about Fate or environment is our failure to see that our condition is just what we have made it. It is the result, caused by vibrations we have set in motion by our thought. Do I enjoy all I have desired? I enjoy all that I have been faithful in. If I have allowed any desire to go roaming over the world, wishing for this thing to-day, that thing to-morrow, and some other thing next week, I find my condition now manifesting the same fickleness. All I have desired, declared for, and stood for, I have obtained. The enjoyment of fulfillment depends upon the righteousness of the desire. To bring enjoyment desire must be free. Do you desire your neighbor's wife? Then you must declare for her, put forth your efforts and your thought and you will win her. But the desire is unholy and its attainment will be the greatest curse of your life.

Our desire for blessings must never have any conflict with the rights or the happiness of others. Should they, they will turn to "gall and wormwood" on your lips. We must first of all learn what we *do* desire. Second, ask if it conflicts with the rights of any person or thing. If it does, then ask,

"Will it pay to possess it at that cost? It will bring me pain. Will it pay?" If it will not, drop the desire.

If after this examination you find the desire holy, then declare for it, work for it, stand firmly for it. Then it shall be yours. When you have overcome the fickleness of previous thoughts and desires, nothing can keep you from its fulfillment.

"All power in heaven and earth is given you." That power is Thought. It is a wonderful power. The careless manner in which you have used it in the past has brought all the ills of which you complain. Now turn about and direct your thought wisely and in love, and you shall find "Peace."

Los Angeles, Cal.

A California correspondent takes exception to some of the positions of NOW, and says that there is nothing *new* in it. Why bless your dear soul, I never made the assertion that there was. Since ALL is now, how can there be anything new? Am I not like all my brothers and sisters? We can only give our individual coloring to Truth and by so doing help others to give theirs. She asks, "Would you say the Truth if it would lose you a subscriber?" Certainly, if it needs to be said, it will be said no matter if it loses all my subs. But why say any such things? NOW is published for those who need it and who see good in it, and are willing to pay for it. There are those who desire it. It is for them. And as editor it is my business to say that which will draw friends and not that which will drive them away. It is my part to feed those who look to NOW for food, and those who look elsewhere are not for me. Out of the many papers on lines similar to NOW, each may find something to suit. Every paper is an expression of Truth, and is needed by some. So why feel bad if NOW is not for you? It was not put out for those who do not wish it. I quote that which will please my customers from letters, books, papers, and write that which I feel is best for those I seek to win, and help, and make my own.

The granite rocks disorganize,  
To feed the hungry LIFE they bear.  
The very moss drinks Daily LIFE  
From out the viewless air.

—J. L. McCrary.

**Sample Copies**

Of NOW will gladly be sent to all names my subscribers will furnish of parties they think may sometime feel interested in the New Thought and thus become a patron of some of its journals. Copies of current issues are 5c each. Samples will be sent free to all who apply for them.

**Love's Victory.**

Immortal Love! I sought thee oft and long!  
I waited for Expression in my life,  
Of power to make my every sense all rife  
With Truth and Beauty, Eloquence and Song!  
When *one* with thee, no consciousness of wrong  
Can come to mar my Good. Then I'll be free  
And conscious of my power, I'll ever flee  
The limitations born of Fear or Strife.

I never found till now! In a sunburst  
Of glory Love has been revealed, and I  
Beyond all bonds of earth, in joy am free!  
No more for me this hunger and this thirst,  
For filled is Soul with Love's immensity,  
And in His hand in blissful Peace I lie.  
SAN JOSE, CAL., Nov. 8, 1900.

Keep out of the Past. It is lonely  
And barren and bleak to the view;  
Its fires have grown cold, and its stories are old.  
Turn, turn to the Present, the New.

To-day leads you up to the hilltops  
That are kissed by the radiant sun;  
To-day shows no tomb, life's hopes are in  
bloom,  
And to-day holds a prize to be won.

—Ella Wheeler Wilcox.

**Private Letters**

Contain the best in literature. When writing for the public gaze it is too often that writers put on a stiff and unnatural style and try to say too much and thus say nothing. In the private letters of a nation are the best possible history and philosophy. In the letters of the private soldiers are the material for the best and most instructive history of any war. There is the material in letters for the metaphysician, for they are the clearest Soul revelations. It is for this reason that NOW has its "Words of Gold" each month. These "Words" reveal the inner life of the people. I wish there was space for all that was worth copying in letters that are written in that frankness that can never be found in the essay or novel. I never betray the personality of my correspondents. I will share with my readers some of the good that comes to me that they also may be stimulated to do the best in them.

These thoughts are called out by a letter from Mrs. O. M., of Arkansas City, Kan. It is filled with good new drops, and overflow into NOW.

"NOW is excellent and I am trying to profit by its teachings. M. is happier than when you were here. To him has been proven that I tried so hard

then to have him see that success comes to those who have learned to *think rightly*, and who have been patient and submissive to the inevitable, but at all times holding to the thought, or letting the thought hold them, that what is justly ours comes to us. It is coming our way.

"In your reading of me the first evening you were here five years ago you spoke truly when you said to me, 'You have learned to thank God for tears.' It was true, very true, and as I know now that I did not thank Him while shedding them, but rather after I learned that He sent the lesson, to teach me to look away from myself, to be true to my convictions, and no matter what others might do, to let them take care of themselves while I cultivated my own little soul-garden. I am still 'breaking ground' and my patch is small yet, but has been blooming ever since I took note of my position and accepted the lesson. I was just beginning to work my garden when you came. I was anxious and weary. You gave me help I needed when you said, 'The staff is in your hand.' Your words gave me courage to press on. I am glad now that I did. I shall be ever grateful for your help. I've accomplished more than I can tell. May NOW be sustained and reward come a thousand fold."

Heart histories help us. Where others win, we also can and WILL.

For NOW.

**Affirmation of Being.**

By JANE W. YARNALL. Author of "Practical Healing for Mind and Body."

In my real being I am a Son of God. I therefore claim the inheritance of All-Good.

The God-Life permeates my whole being.

The God-Love comforts me and heals me.

The God-Wisdom guides and controls me.

The God-Intelligence illumines and inspires me.

The God-Power supports and prospers me.

The God-Bounty supplies my every need.

I rejoice in perfect freedom.

Chicago, Ill.

SEND LISTS OF ALL WHOM YOU THINK WILL LIKE "NOW."

**The Voting Machine is Here**

And its necessity is felt more and more every election. Such conditions as this revealed in San Francisco will soon compel its general use. Nature drives where we will not be drawn by love of Right. An honest count must precede the honest ballot.

At the recent recount of ballots in San Francisco it was found necessary to throw out from three to four thousand ballots because of mistakes. This in a total of 64,000 ballots. The Registrar says: "The fault is in the Rickard ballot. It should be abolished for the former system or for machines." The only perfect method is the machine, and therefore it IS here.

**NOW.**

*Mental Science* for January contains an article by its editor upon Now, all of which I would like to copy were there room. Here is a beautiful paragraph:

'Mental Science teaches us how to live Now. It has no other concern. All consideration of past or future is for the sole purpose of directing our present being. All the Hell of misery and the Heaven of happiness, each step in our ascent from the least to the greatest good, is met with here and now. The present moment is not only the most important but none other has any value whatever. Our whole concern is with happiness of the moment. If we may be happy in the present moment we may become an expression of eternal happiness; for the only time that we may live in the future is Now.'

I am.

You are.

God is.

These equal, Love to God and Man.

Love binds.

I cannot conceive a simpler creed. Within it are the four principles of eternal progress.

The study and object of preaching is to unfold the answer to these questions: What is God? What is man? What is Love? The attainment of knowledge of these three whats, and their mutual relations, is the business of preaching and practice.

—Iota in "Light."

His thoughts were song and his life was singing.

Men's hearts like harps he held and smote;

But in his heart went ever ringing,

Ringing the song he never wrote.

—Helen Hunt.

OFFICE OF NOW,  
33 S. SECOND STREET SAN JOSE, CAL.

FEBRUARY, 1901.

**NOW.**

HENRY HARRISON BROWN, EDITOR.

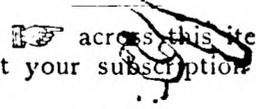
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Devoted to the Science and Art of Soul Culture.  
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credited to others is his.  
Its basic Affirmation is:—Man is Spirit and can mani-  
fest as spirit here and now.

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NOW is published on the 15th of  
each month.

A blue  across this item is a  
notice that your subscription has exp-  
ired.

Foreign subscribers, outside Canada  
and Mexico, must add 25 cents to the  
ordinary subscription price to cover  
postage. — Do not send foreign P. O.  
stamps.

Remember, that the March number  
only will be sent to those whose sub-  
scription ends with this number. Please  
signify your desire to renew, and send  
the money when you can.

“Don't bark against the bad, but  
chant the beauties of the good.” This  
is the motto of NOW. Has it been  
true to it during the year? Have you  
found any barking? I have tried to  
not let even a growl into its pages.  
See if you can hear one from all its  
first year's life.

#### Announcement.

As during the past year NOW  
will try for only the “best.” The  
merely good in literature keeps us  
from the “best.” I have striven to  
make NOW valuable as literature and  
for its stimulating Thought. I intend  
it shall have no superior among the  
New Thought journals. *It is the only  
Journal of Affirmation in the world.  
The only one that makes Affirmation  
the basis of all its utterances. It IS!  
It is a journal of the Indicative Mood  
and Present Tense. The first one and  
the only one printed.*

#### To my Readers.

This is the last number of Vol. I.  
The great majority of subscrip-  
tions to NOW will close with this  
issue. You all desire to renew  
your subscriptions. Will you not send  
an extra 50c. as subscription for a  
friend? NOW has been furnished you  
at one-half the price of the majority  
of the Mental Science journals. I do  
not wish either to increase the  
price, nor to cut down its size. When  
the present subscription list is doubled,  
it will more than pay expenses. It has  
not done so this year. The means to  
carry on NOW has come either from  
my income from my other work, or  
gifts from friends.

NOW is sure of success. It will live  
and become one of the most widely  
circulated of New Thought journals.  
Its present status warrants this state-  
ment. It only asks of its friends sup-  
port. Let each of present subscribers  
send \$1 during the year and there will  
be a *printing fund* to meet all bills.  
Will you do it? Yes! Write when  
you are moved to, and remember,  
NOW will be sent to all who desire  
and promise to pay during the year.  
Send what you can now, and the rest  
during the year. All will receive the  
first number of the new volume. Those  
who do not send at least a postal say-  
ing “Keep on,” will be dropped. NOW  
is yours.

This being the last number of the  
volume, many may wish to complete  
their files. NOW is perennial and  
will be as fresh in ten years as now.  
I hope you will all have it bound. If  
any wish back numbers for the com-  
pleting of their volume I will send  
them free. I am out of March, June  
and July. If any of my readers have  
a July number that they can spare, I  
will gladly exchange any two numbers  
for it. I wish a few to complete some  
files.

Happy people attract us all as a loadstone  
does a magnet. We feel, intuitively, that  
happiness is the natural destiny of man, but  
most of us set out on the wrong road, make  
many mistakes, and endure inevitable pen-  
alties, before we are willing to become like little  
children and enter into our natural inheritance  
of love.

—J. J. Lawrence, M.D., in “Medical Brief.”

#### Ethics, the Need; and Distribution, the Problem of the 20th Century.

The nineteenth century solved the  
problem of the race-life. It did more  
than all preceding centuries had done  
to reduce “the struggle for life” to its  
minimum. By the conquest of natural  
forces and the harnessing of them to  
machinery it has conquered famine, cold  
and climate. Individuals may suffer  
but the race is secure. There is for it  
and for present civilization an im-  
mortality, unless in its ignorance it  
refuses to learn the lesson now be-  
fore it.

The most stupendous fact in all the  
wondrous array of the dead century is  
this from Edward Atkinson: “There is  
produced more than enough food, more  
than enough clothing, more than enough  
wood and metals to feed, house and  
clothe every man better than the aver-  
age man is fed, clothed and housed to-  
day.” Since the discovery of fire by  
some primeval man, there has been no  
condition like this. It means much.  
It means that man is no longer the  
slave of necessity. He need no longer  
struggle for mere existence. He can  
now develop into a man. He can  
now “crush out the ape and let the  
tiger die.”

Self-protection is the first law of  
life. Man must live before he can un-  
fold. *Now* he can live. But what for?  
Live to produce and gather that which  
he cannot use? No! Live to *use* the  
productions of his machinery, in the  
production of manhood. *To-make-  
men* has never been the business of  
society or government. This century  
is to see *the making of men* instituted  
as the purpose of life.

In solving the problem of produc-  
tion the development of the selfish,  
the protective faculties and propensi-  
ties, has been a necessity. The prob-  
lem before this century is that of dis-  
tribution and requires a different spirit.  
Ethics and not economics is the ques-  
tion of the hour. Not how to gain,  
but how to give. Not mine, but ours,  
will be the thought. A thing belongs  
to him who needs it. It was made for  
him that he might make of himself  
a man.

The selfish side has made this pro-  
ductive era possible. It could have  
come in no other way. Intellectual  
ability, intellectual development was  
necessary. The intellect is cold, ma-  
terialistic and aggressive. The prob-

lem of "Get," belongs to that. To distribute and use demands the recognition of Brotherhood—Oneness. This means Altruism. This is Love. Love is spiritual. Out of these two are born Justice, the latest-born of the "Sons of God." All that is needed now to realize the Eden dream is Love. The command of the new century is "Little children! Love one another."

That this *is* the tendency of the age, one has only to realize in how many ways and in how many quarters the thought of Brotherhood, of unity and sympathy, is now manifesting in public efforts. Fraternity seems in the air. All that is needed is intelligent direction of the present spirit, and patience with Nature, as she in her evolution, brings in the era of Justice.

The needed education is not that of the schools. The Reason is sufficiently unfolded now to see justice done, if reason ever would do it. All intelligent persons know the wrong of present competitive life. They lack the will and the spirit of love—the awakened conscience—to seek and make the change, to co-operation. Self silences the cry of right. Thus it is not the education of the head that will bring in the new civilization. It is the educated conscience and Will that will *demonstrate* that which is well enough known. This is a spiritual need. It is the need of spiritual unfoldment. This was the province the Church undertook and failed to occupy. It made creed and not life the aim. Now it is life, and not creed. It is the application in daily life of the other thought, than the one that has ruled and brought in this era of Enough. The thought that has been is—*I am body*. That has had its day. Now the other has come to work the redemption from these conditions of selfishness. It is—I AM SPIRIT.

This thought has brought its teachers, healers, developers, just as every demand brings supply. The many movements under the New Thought name, are here, because the Soul of man called them. The demand is for Manhood—for Men. Men are Spirit and not body. Brutes are body. They have no consciousness that makes Man. To-day nature says to us, "Let the brute in you die! Let Man be born!"

Man is Spirit. "God made man in His own image." "God is Spirit."

Man, then, is Spirit. Is the image of God in Spirit, not in body! Thus, in this new century Man has come, and come to stay; for he has food, clothing, fire and shelter enough, and will now enjoy the earth he has made.

Then the world was to be conquered; now it is the universe within himself. This personal victory is won only through devotion to a noble Ideal—Through Love of Right, Through Love of Love. Ethics is the need of the hour. This is our place. This our work. NOW has its place of work in ushering in the reign of Love, where all Governments shall be Altruistic.

#### Words of Gold.

I sent a letter with NOW to a dear old friend almost 90 by the almanac and here is the answer that came back: "Your health-giving and comforting letter came to me at the right time. I was in the midst of a fast gaining and painful weakness, friends were urging me to submit to a call from a 'Regular Medico,' but I refused, and soon felt thy pleasant power. Then when night came, instead of a repetition of the preceding night's disturbed condition I was quiet and restful. I shall keep your sheet near my person for a time." NOW, will every night send thoughts of rest, health and peace to you, and, ALL IS WELL, will soothe your pillow, my dear, old, progressive young spirit. The world is better for your preaching and writing, and now from the storehouse of Good, that which you have sown, is coming back to bless.—Miss M. E. S. of Mass., says of a Psychometric Reading: "I wish to say that the Reading was *very* good, indeed. It did me a great deal of good. It was just what I needed at the time. It has made me stronger in every sense of the word. I thank you for the spirit in which it was given."—A young man writes from Oregon: "I take great interest in NOW. It is helping me to climb many a hard hill."

An M.D. writes: "I have never had anything come to my office that pleases me so much as your paper."

A society in Denver writes: "We like your paper for it vibrates of Love and Freedom."

L. H. B. of Wisconsin writes: "December NOW is more sparkling than ever."

The proprietor of a publishing house in Chicago writes: "Your paper is always full of good things. I wonder why everybody doesn't want the good reading instead of the spurious. I suppose we shall have to wait till they develop farther." No, everybody does want it and all are learning to find what they want.

Lotta of Kansas writes: "As for myself, the best way to explain the condition is to say, I feel as a babe must feel when it first realizes that it can touch and control things with its hands, and later by its thought. O, what a babe I have been in the past, but *now* I am a child of Love and Truth, learning to BE Love and Truth." "Except ye become like little children" is the condition of *Be-coming*.

#### The NOW Course of Lessons in Psychometry.

The reader's attention is called to this course as advertised on last page. Psychometry is taught both as an art and as a science. The necessity of sensitives understanding themselves is more and more evidenced each day by the increase of the nervous diseases and insanity and unhappiness that comes from that condition. A course in this line will be of untold benefit in this particular alone. It will enable the student to protect himself from all unpleasant vibrations and to come en rapport with any he may choose. There is not before the American people another course like it or that will give for the money so much valuable information. Those who take the \$10 course have the benefit of experiments that will convince them of their power in this line and from it they will reap benefits in health, happiness, usefulness and prosperity. The lessons are all new and prepared for those who need elementary instruction. Each reader of NOW may for the next 8 weeks have an extra subscription to NOW with each \$5 sent. Thus help your friends to the Light while helping yourself.

#### This is to certify

That Henry Harrison Brown cured me of rheumatism of months standing by three treatments, after the doctors had failed to help me. This was 18 months ago and I have had no return of it since. MRS. S. M. BEAM, San Diego, Cal., May 14, 1900.

**The NOW Class.**

The first two members of the class are a lady of 76 years and a lad just in his teens. The lady asks for Spiritual unfoldment, the lad for assistance in his school-work. This is a good beginning and shows the range of the Class.

There is benefit in a common purpose. All feel it who give themselves to the Class-Thought.

(This announcement is repeated this month that there may be copies for all coming members of the class. All who would like extra copies to give to friends, can have all that they will use. It will not appear again, so keep this number by you for study.)

**Co-operative Effort in Union is Strength**

Is to be the watchword of the Twentieth Century.

This Union is as necessary in the Thought-world, Health-world, Success-world, Try-world and Growth-world as it is in the Business-world.

We readers of NOW will now unite in Thought, Desire and Effort, that we may bring to each other the Realization of that which we desire.

To this end we establish this month A "NOW" CLASS in Healing, Success, Spiritual Unfoldment and Happiness.

We will meet in Spirit and in Understanding also.

It is a question in ethics whether it is right to save a person from the effects of his or her conduct without at the same time informing him, or her, of the cause, and helping to remove the same, by education. Without this education the same conduct will be repeated with the same disastrous effect.

Is such a course best? Is it right? Healers complain that they have to cure again and again. They will have to do this until they instruct their patients to cure themselves.

Let us then avoid such danger by helping each one to help himself or herself. Let us develop Self-reliance and Self-dependence.

All Power is within. No one can do anything for another. The best we can do is to inspire to activity latent forces, or intensify those already awakened. All growth is from within outward.

Suggestion, Expectancy, Receptivity, are the conditions of growth.

**Suggestion**

May be anything that appeals to the senses, or it may be the silent force of Thought or the more subtle force of Desire and Love.

**Auto-Suggestion**

Is the Controlling force of all human endeavor. It has its place in the "NOW" Class as AFFIRMATION. We repeat these until they become Auto-Suggestions. By this Suggestion and willingness a condition of Expectancy is awakened that becomes Receptivity. The result will be in each member growth in whatever direction desired. How?

By the merging of all our silent forces at a common centre and each drawing from the common stock according to need and ability.

"Central" office will be with the I AM, in Henry Harrison Brown, because he, First—Has developed the power of Silent Treatment and is receptive to all the vibrations that he wishes to receive. Second—Because we so consent for the common good.

As from the central office of the Telephone Co. lines run to each subscriber, so will lines of silent power run from me, as "Central" to each one whose name is on my book. At each "Hello" I will answer. I will have my hour for Concentration.

**TERMS.**

A 50c registration fee. All who wish to join must be or become subscribers, making for each member of the club \$1. NOW will be our text-book of Affirmations. This fee will also cover the preparation and mailing. Circular of Instruction.

Each month each member will report by letter and upon request the name will be carried forward to the class of the next month. Any fee that is from the heart may be sent with such letters. As the Soul unfolds so will the thought of Recompense. "As ye measure, so will it be measured to you," is the law. But the amount is not in the dollar, but in Recognition, and in Effort. The widow's mite outweighed all the greater gifts.

**A LETTER**

Of personal advice will be sent each month to those send who \$1.

**PUPILS**

May commence at any time, and they will remain enrolled for one calendar month.

**WHAT**

treatment is desired, state in letter. *One* thing at a time. Is it Health, Success in Business, Relief from Habits, from Anger, Envy, Jealousy, Blues, Lack of Self-Control, Self-Esteem, for the development of Intuition, Inspiration in Writing or Speaking, Clairvoyance, or any other thing? Then so state.

I am convinced from experiments, that by this concentration of effort, we can help each other and ourselves. Many readers of NOW have desired me to treat them. This is my answer. Come now, and let a wave of mighty power go from "Central" to every hamlet in the land.

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The editor of NOW is well acquainted with the officers of this company and knows them to be reliable men. They have land and it is where there is every reason to believe there is oil. The risk is not so great as that of many an investment in similar directions. NOW will never lend its aid to anything where there is not reasonable grounds for supposing it to be an honest concern, not even to advertise it. That experts have strong faith in the location; that oil is found on both North and South of it; that companies are selling shares at high figures where they have found oil; that it is only 700 feet to the oil, and the cost comparatively cheap; that the officers are reliable men, have all induced me to lend the influence of NOW to the sale of stock. I have it for sale at 25c. per share.

**This is to Certify,**

That I had been afflicted with stomach troubles for years, and at the time I called in Mr. Brown, was so sore that I could not bear the weight of a blanket on me and was suffering intense pain. The first treatment removed every particle of soreness and a few more entirely relieved me. This was 18 months ago, and I have had no serious trouble since and can eat anything I wish. I have no hesitancy in recommending him as a remarkable and successful healer. (Signed)

MRS. ANNA NEWCOMB.

San Diego, Cal., June 24, 1900.

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MENA, ARK., May 14, 1900.

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