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A Journal of Affirmation

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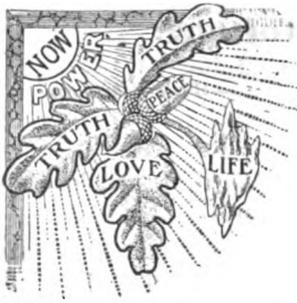
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NOW

A Journal of Affirmation

VOL. XIV.

JULY, 1917

No. 7

WHEN WE GATHERED THE BLUE LUPIN.

We had played like children along the sea-beach,

Wading barefoot and searching for shells:
Oftimes running for weeds beyond reach
And sensing the joy the sea-message tells.
Then on the side of a flower-crowned mountain

We basked in the shine of a glorious day.
Completing this our week-end outing,
On a throne of blue lupin you peacefully lay.

O wide-spread the vision! The Pacific before us!

A sail in the distance, a mere speck in the gleaming;

While mock-bird and linnet with sea-surge made chorus;

And life was all beauty and sense was but seeming.

Long lay you as babe asleep in its cradle;—
Impatient I wandered in vain seeking employ;—

Till fretting I asked, "Will you ever be able
To rise?" And you answered, "I'm enjoying my joy!"

Like the words of an angel saying "Welcome to heaven!"

As the ocean the sea-shell, did thy spirit enfold me.

I fell at thy side in silence till even;

While the angel of Peace did lovingly hold me.

The fresh lupin blossoms and the twilight descending,

With thy love made happiness without Thought's alloy;

Thy face and thy voice with bird vespers blending,

Taught me the lesson of enjoying my joy.

Now when springtime makes verdant the mountain,

And the Blue Lupin reflects the sky in its bloom;

And music from sage-brush rolls forth like a fountain,

Nevermore doth Care in my soul find its room.

For Life is now one constant expression

Of a heart that is still the heart of a boy.

My Being has now Love as its possession;—
I'm constantly blessed by enjoying my joy.

HENRY HARRISON BROWN.

Gaviote Pass, May 21, 1917.

WHAT AND WHERE IS TRUTH?

I am taking a course in with and with in and I wish one in and in and in So writes a lady to NOW. I will make this request a text to a little sermon.

Truth is one. Each science wherever taught is but a very small part of Truth, and not a large part of known truth. Many of its deductions will be relegated, in a few years, to the refuse heap where much of the science of twenty-five years ago has gone. I heard Dr. Jordan of Stanford tell his class that a scientific textbook five years old was not a safe guide.

Each present day science is but a part of the One Universal Science—*The Science of the Power behind Phenomena, which to us is best called MIND.* The perceptions of Truth in any one science or philosophy must needs be in harmony with every other perception in any other science or philosophy. Every statement is some person's perception of Universal Truth.

Plato and Spencer from known facts of their day deduce their philosophies. Darwin and all his followers, from facts, deduce laws and principles as perfect as their data and their reasoning allowed. But none are complete, or perfect statements. Philosophy is an attempt to explain and science to correlate facts.

Each person, if he thinks upon phenomena, must have some hypothesis for explaining them. "Creation!", "God!" is the easiest answer. But they do not answer. They simply put the answer

Henceforth I seek not good fortune: I am good fortune.

—Walt Whitman.

farther away. Explain Creation! Tell us of God!

Hypotheses often pass for Truth. They are but opinions. Logical deductions from facts at hand. Probably the medical profession is the most addicted to create an hypothesis from small data and then to act from it as Truth and seek to enforce their speculative hypothesis upon the public as Truth.

An hypothesis after sufficient testing becomes a theory, and after later and more satisfactory test, becomes accepted as a Principle, or a Law. But there is not a so-called Natural Law that may not be turned into a mere speculation, or completely rejected, by latter discoveries.

Radium, a noted scientist said, put back the clock of scientific surety many years. All had to be done over again from a new point of view.

That hypothesis which answers the most questions and raises the least objections will be accepted by the thinker.

A correspondent recently asked me, "Why do you affirm: 'All is Mind?'" My answer was: "Because I cannot think from any other premise!" The facts of science are one thing. *Philosophy* founded upon them is a far different thing. "Facts are the alphabet of nature," said Theodore Parker. "Interrogate nature!" said Prof. Tyndal.

The answer from Nature is a fact.

In your studies beware of teachers who have a perfect system, a complete explanation, a satisfactory theory for every fact. Anything that leaves you still questioning is good. Any answer that does not raise still many more questions is bad.

In your search for Truth remember Lessing's aphorism: "If God should hold in his right hand all Truth, and in his left only the love and search for Truth, I would bow humbly before the left hand and say: 'Absolute Truth is

alone for Thee. Give me the love and the search for Truth!"

Perhaps no thought is more necessary for the metaphysical student than this of Lessing's. There is a too great desire "To know it all!"

In all your studies beware of fences, limitations, of reliance upon authority. Truth is its own authority. "But how shall I know Truth?" asks one. By the satisfaction you feel, akin to that which you feel when you greet a lover. Truth is the Whole of the Soul's expressed and unexpressed life.

As you know you love, so will you know that you perceive truth.

Many teachers in Metaphysics are taking down one fence only that they may erect another; putting aside one limitation that they may create another.

It is true that the majority of mankind will have some authority to lean upon.

Hence the temptation to use the Past, a Book, a Cult, a Person for authority. It is so much easier to do this than to take responsibility for truth upon one's self. Self-reliance is a rare quality of character. If you wish truth, seek it where it is only found—*Within!*

"Trust thyself!" is the admonition of God! The only way to test your perception is by living it. Try it, and see if it adds to health and happiness. If it does, it is truth for you, but possibly not for any other human being.

I think that this desire to know it all creates "Mental dyspepsia." This can be given as the diagnosis of many who are today groaning under the burden of a mission, as teachers, healers, reformers, preachers, editors and authors, in various metaphysical lines. Much they bring forth are abortions of truth, or still-born, because the authors have not long enough gestated their offspring.

Darwin was twenty-five years gathering data before he humbly gave his theory

Whene'er I meet my sailing peers, "ALL'S WELL" I to their hail reply.

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of evolution to the world. Our best teachers lived Truth a long while before they taught it. So will all real teachers do. *Do not try to know too much. Do not be too cock-sure of your deductions. Affirmations from Universal Principles are all that we can be sure of.*

NOW has a message, but it speaks with no Authority except the recognition of Truth in the soul of the reader. When the Inward Monitor says "Amen!" then I have but expressed, for that person, the Truth waiting in his soul for expression. I have helped him to bring forth from the inner treasury that jewel waiting to see the light.

The world and all its activities will go on whether NOW does or not. Truth needs me to express so much of IT as I see. Once expressed it becomes part of the Race-Thought, and my work in that particular is done.

The work I do I only can do and when I do it not, it will not be done. Others will express the same vision their way, but it is not my way.

It is not *my* truth, it is not *your* truth, it is TRUTH. Truth will, like sunlight, care for itself. So why be anxious over Truth? Why feel you have a mission? Why be anxious for students, for readers, for patients? "*What is mine will come to me.*" Truth will bring them. I have no anxiety. I have no special message. I am the mouthpiece of Truth today. Tomorrow I'll be the mouthpiece for the Truth awaiting me. *Truth is trustworthy. Truth will care for me. Truth works through my hands. Truth beats in my heart! Truth animates all my being. I need not care for Truth for Truth will care for me when I trust IT. When I let*

each other. We should be an inspirer to every one we meet. "I am my brother's keeper" in Love. I have no right to think for him. He is an individual and must do his own thinking. But I am to love him no matter what he thinks. Love fulfills the Law so full there is no place for thought left. This is the True Mission of New Thought, i. e., To inspire others to seek truth, by our light, which we let shine in health, in happiness and by Character.

So I would say to this enquirer: Don't expect absolute Truth. Accept that philosophy which, after thinking and reasoning upon it, seems to you a sane one to accept, and act upon, but be ready to change as you find reason so to do.

Don't attempt to learn everything. It is an age of specializing. A Philosophy of life first. Live from it and then add such special lines as you can attend to and in which you find happiness. Each of these branches you mention require time, effort, and persistence. *Work* goes to the getting wherever knowledge is got. That which comes easy goes easy, leaving but little development.

No one person has all truth. No one person has a perfect system. So beware of teachers who tell you how to do, and what to do, and limit your own right to adapt Truth to your own methods. I will teach Principles, but I will not attempt to tell you *how to apply them*, save to say: Think from them; affirm that you are them, and then go about your daily labor and let the Truth taught make itself manifest in your life. Let all Systems alone. Let all teachers alone who propose to perfect you in one or a hundred courses. One course but

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But we can and do have a mission to

each other. We should be an inspirer to every one we meet. "I am my brother's keeper" in Love. I have no right to think for him. He is an individual and must do his own thinking. But I am to love him no matter what he thinks. Love fulfills the Law so full there is no place for thought left. This is the True Mission of New Thought, i. e., To inspire others, to seek truth, by our light, which we let shine in health, in happiness and by Character.

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Fixed opinions, fixed systems, reliance upon one philosophy, or one statement as *all* there is of Truth, imprisons one.

**Trust thyself! Every heart
Vibrates to that iron string.**

—Emerson.

And thousands who think they have freed themselves from error place themselves in another prison by relying upon some book, teacher, system, sect or cult. At the top of one page of *NOW I* carry the maxim of good Lucretia Mott, the Quaker reformer: "Truth for authority but no authority for Truth."

HENRY HARRISON BROWN.

—●—
THOUGHT.

The tyrant grovels in the dust,
Who from his throne, by thee, was thrust.
The desert, dying and accurst,
Drank of thy cup, and knows no thirst.
Man, sighing, as the bird to fly,
Heard thee, and mounted to the sky.
To thee, the flower of the fields
The secrets of her toilet yields.
The suns of the abyss invest
Thee with their glories, on behest.
Thou sleepless toiler of all time,
And habitant of every clime,
Now Love, alone, awaits for thee
To raise her fallen dynasty!

A. F. GANNON.

* * *

The choices by which individuals and states are made and marred are the resultant of many minor causes, just as the conquest of the great divide, or of the mountain's top, is a matter of innumerable steps, sometimes of a long hard climb which bruises hands and feet and well nigh stops the beating of the heart. . . Time and time again and a dozen times after Lowell's prophecy:—
Once to every man and nation

Comes the moment to decide
In the strife of Truth with Falsehood
For the good or evil side—,

America chose the thorny way in the great choice between freedom and slavery. She was developing a latent force against which in due time, the slave-power would be broken into a hopeless wreck.

—John W. Chadwick.

* * *

Trust the instinct to the end, though you can render no reason. It is vain to hurry it. By trusting it to the end it shall ripen into truth, and you shall know why you believe.

—Emerson.

This ill health of yours and mine and everybody's is a sore blemish on the powers of society.—Emerson in letter to Margaret Fuller.

DIVINE REALIZATION.

A great stress is placed in New Thought demonstration on changing the thought of the individual. This need is great in every one, for very few of the sons of men are as yet in that state of consciousness where they hold in the mind at all times a perfect thought ideal. It is very easy for a teacher to tell the student to change his thought, it seems very easy, and at the moment of hearing and at the first comprehension of the law, the student is certain that he can at once bring about a radical change in his thought-life at once; but that which seems easy is not always so. Really the hardest thing in the world for an individual to do is to change his ideas of God, himself and the world of things.

We imbibe the thought of a personal God at our mother's breast. The thought of evil becomes early in infancy a sovereign ideal of our consciousness.

A mental slavery to death and disease, and also to the doctrine of original sin, is firmly established as an ideal even before we reason. When we enter into the estate of conscious thought, of reason, we at once use these false ideas as absolutely true premises and thereby poison, until such time as a new consciousness of self shall be born, our thought-life.

We do not deny God in New Thought. Sin, death, or any other form of misery are not denied in the new philosophy. New Thought is not a system of denial. It is a philosophy of Affirmation. Most thoughts held by men do not need so much to be changed as they need to be straightened. For example, a reasonable belief in telepathy is all right, and to a certain extent is realized as a fact by some modern scientists; but that belief in telepathy which finds culmination in the operation of black magic, and malicious animal magnetism as found in the teachings of Mrs. Eddy, is a thought that needs to be straightened. The Soul

The deeper I drink of the cup of Life the sweeter it grows.

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—Julia Ward Howe.

of the individual cannot be violated. We do not need to drop our faith in God, so much as we need to re-locate God; to wipe out the idea of separation that exists in our consciousness. This separation is purely mental. God is ever in the soul of man. God is the Sub-conscious Mind.

The philosophy taught by Jesus is New Thought in the true meaning of the term. We do not need to drop his teachings; but we do need to slough off the crooked interpretations of the theologians. The philosophy of Jesus can be understood by a child, but the crooked, and at times irrational, interpretations of the theologians cannot be understood by anyone. Jesus taught the Fatherhood of God and the Brotherhood of Man, nothing more and nothing less. He believed himself to be a Son of God, and he believed all men to be sons of God. We need to retain this philosophy, and also we need our Christianity, but we *do* need to slough off our distorted opinions as to what was taught by the Master.

The realization of the Divine is the re-location of God in the soul, the knowledge and realization of power within, instead of without. The recognition of the scientific fact that if God is to be a power in the life of the individual, then that individual must himself direct the Power that he in reality is. This is the straightening out of an old thought. Man has in the past lived under the false thought that he was, in his daily expression as an individual, mysteriously directed by God. This thought straightened means that man in his own life, when he lives intelligently, directs the God-Power that is within. The sub-consciousness is the God-Power and it can be directed only by the use of Suggestion. Man is God individualized, and the power within him that is God desires to be directed. Failure in health, prosperity or whatever it may be, is due to the non-recognition of this law. I am a Son of God in Reality, but I cannot be

a Conscious Son of God in Expression until I recognize my own directive power, and *use* and *direct* the Power I am.

SAM E. FOULDS.

* * *

TO OUR WOMEN.

By *Amelia Josephine Burr*
of the *Vigilantes*

(Adapted from the French of Paul
Derouledé.)

Woman, if the man to whom your heart you
give

Gives you all his heart, to you alone is
true—

If, American, a stranger he can live

To America, his only country. You—

If without despising himself and you alike
He hears his duty call and lifts no hand to
strike—

Woman, your clinging hands have bent his
soul away.

You knew not how to love him if he knows
not how to die.

Mother, if your boy grows man in years
alone,

Loving self so well, he has no heart to hear
The voice of higher hopes; if he has never
known

The steadfast will that faces and overpow-
ers fear;

If in the perilous hour of Freedom's mortal
flight

He fails to dare his all for God and for the
right—

Mother, your love has crippled the soul it
strove to shield.

You knew not how to give the life he knows
not how to yield.

—S. F. Examiner.

* * *

I say wisdom is gathered on foot, along coun-
try roads. Collect your ideas where you can:
from alley, boulevard, office, lecture hall,
theater, dinner, table, library, wharf, picture
gallery, street car, opera house, curbstone or
court room; but test them on the road. Con-
fronted with the realities of soil and salt wa-
ter and the character shaped by these, they
will look vastly less momentous or vastly
more so.—Seymour Deming, in *The Atlantic*

* * *

A man who stands united with his thought,
thinks magnificently of himself. He is con-
scious of universal success, even though
bought by uniform and particular failures.
No advantages, no powers, no gold, or force
can be any match for him.—Emerson.

**I will not dream in vain despair
The steps of progress wait for me.**

—Whittier.

THE SUPREME UNIT.

A Lesson Pertaining to Permanent Success—Part I.

We ask the whole, nothing less will content us.

—Emerson.

There was an existence, incomprehensible and perfect, which existed before heaven and earth. So still! So transcendent! It stood alone and was not changed. It pervades everything and has not been endangered.

—Lao Tse.

The great Fundamental Principle, through understanding and application of which the student is to realize permanent success, is that which in essence and nature is everlasting and indestructible. And what other can it be than that all-pervading Principle or Power which is the sustaining source of all that is?

Many and various are the terms used by the different teachers, prophets, philosophers, etc., to designate this Primal and Eternal Essence. It has been termed God, Allah, First Cause, Universal Energy, Supreme Intelligence, etc. Jesus Christ seeing IT to be the All-Source, described it as The Father. Emerson called it The Over-Soul. The great Chinese seer and mystic named it Tau, but said of it that, "Any name which can be given to it is not its eternal name." Meaning that IT, The-Thing-in-Itself, transcends any term which can be applied to it.

By an examination of your own mental processes you may discover this transcendency in yourself, and thus, in a way, you may trace your resemblance to the Great Whole. For example, we will suppose you have been called upon to express your views upon some subject in which you are deeply interested. After you have made the expression, either in speech or in writing, you will perceive that that which you *might* have said or written exceeds by far that which you *did* say or write; in other words, the unexpressed transcends the expressed.

"Great are the symbols of being, but that which is symbolized is greater; Vast the create and beheld, but vaster the inward creator,"

says Richard Realf in his beautiful poem "Indirection."

The Primal Power, the Infinite Wisdom, the Divine I transcends time and space; and, as the language of the human race at its present unfoldment is but the vehicle of expression for ideas of time and space, it is inadequate to an expression of ideas that transcend both. So that any term I may use in this lesson to designate the Omnipresent One can only present some one phase of it to you—and I have chosen, I trust, a term which will bring to your consciousness a definite conception of *Unity*—I therefore refer your attention to *The Supreme Unit*.

The dictionary informs us that "a unit is an undivided whole," then The Supreme Unit must be *The Undivided Whole*. When I say "Principle," "Spirit," "Energy," the expression seems vague and indefinite, but when I say *The Supreme Unit*, immediately there is formed in your imagination an immense definite figure containing and connecting numberless smaller figures that are counterparts of itself.

It is the idea of Oneness, of Completeness, that I wish to penetrate your mind. I want to drive out of your consciousness the idea of separation, division, alienation, and to fill it with the idea of *Wholeness* and *Inseparableness*.

You are to come into an understanding that all of the infinite variety of things or forms which you behold with the eye of sense is permeated with the One Life, the One Mind or Intelligence. You are to learn that Life, Love, Intelligence, Force, Energy, Success, and Health are but differing aspects of the ONE—*The Supreme Unit*.

It is through a perception of this idea of The Supreme Unit that you may

—Emerson.

come to know yourself as birthless and deathless.

"Never the spirit was born; the spirit shall cease to be never;

Never was time it was not; end and beginning are dreams;

Birthless and deathless and changeless remaineth the spirit forever:

Death has not touched it at all dead though the house of it seems,"

sings the Bhagavad Gita.

An understanding of this Unifying Principle, a conception of the Oneness or Unity of All that Is, an unfolding consciousness of The Undivided Whole, brings healing (Wholeness) to the mind and rest (sense of security) to the soul. You cease to see double. You remain no longer "a house divided against itself." Singleness of aim and purpose become yours as you step into the Magical Circle of UNITY and make at-one-ment with The WHOLE.

WILLIAM MORRIS NICHOLS.

* * *

"I refer to it for the purpose only by so doing I may emphasize the fact that NOW has stood for, i. e., the eliminating for the New Thought Movement all limitations. *Mind is either supreme or it is not.* If not, then goodbye to all our philosophy and we must all hurry back to Authority. If it is supreme, then bid Authority goodbye, and send it to oblivion. *Truth alone for Authority.* And Truth is one's individual perception. It is his alone."—*Note.*

Henry Harrison Brown, you have stated the whole thing in a few words and you are right, no matter how many creeds may be concocted. It is always and forever personal. New Thought is your own thought.

—*Scientific Christian, for April.*

Brother Shelton, note what I say to Atkinson. NOW is always for Freedom of thought and expression. Is it proper (?) to act as I think?

* * *

MY COUNTRY! 'TIS OF THEE,
LAND OF THE NOBLE FREE,
OF THEE, I SING!

* * *

The whole human family is bathed with an element of love, like a fine ether.—Emerson.

TRAINING CARD FOR EFFICIENCY.

"The Indwelling Mind does the work."
I am to

1. To have dynamic, strong, forceful efficiency; splendid ability; ability to do things, to accomplish results.
2. To have a keen mind, alert, progressive, wide awake, clear, open, keen to grasp and to understand.
3. To think clearly, *reason logically*, dynamically, constructively, positively.
4. To discriminate clearly and wisely between the essential and the non-essential.
4. To have ability to speak and write forcefully clearly, convincingly, effectively.
6. To have a memory, strong, prompt, retentive, clear, exact, dependable, easy.
7. To have *splendid analytical powers*, *splendid judgment*, good sound sense.
8. To have ability to market this dynamic efficiency.
9. To inspire others with this power, effectiveness, strength and ability.
10. To meet men, to be one among them, to inspire them, to be a good "mixer."
11. To have poise—reserve force, level-headedness.
12. To emphasize a deliberate, keen, accurate outlook on affairs.
13. To always be accurate.
14. To be absolutely dependable.
15. To be absolutely correct in my judgment.
16. To have a powerfully keen sense of proportion; of relative values.
17. To obtain and retain absolutely correct perspective.
18. To have a deep, powerful confidence in myself.

I thank whatever gods may be For my unconquerable Soul.

—*W.C. Henley.*

AFFIRMATIONS.

REALITY.

Infinite Life and Intelligence are within and around me.

Omnipotent and Omnipresent Power are within and around me.

I am thankful for the consciousness of my identity with these.

I am thankful this day for Life and Health.

I am thankful that each day I possess a greater conscious realization of myself as Life, Intelligence and Power.

I am thankful that I am demonstrating my Oneness, with the Father, in Life, Intelligence and Power.

My consciousness is Infinite Life.

My consciousness is Infinite Intelligence.

My consciousness is Omnipotent and Omnipresent Power.

This is the consciousness of Reality.

I bespeak this consciousness daily for myself.

I bespeak this consciousness daily for my fellow men.

It is the Race Consciousness to be.

I am Life.

I am Power.

I am Health.

I am that which I think myself to be.

In Reality I am Unfolding Soul.

S. E. F.

I am thankful for the privilege of self-sacrifice, which lends dignity to the human spirit.—*President Wilson.*

* * *

FREEDOM.

Ye are not bound! the Soul of things is sweet,

The Heart of Being is celestial rest;
Stronger than woe is will: that which was Good

Doth pass to Better—Best.

Ho! ye who suffer! know

Ye suffer from yourselves. None else compels,

None other holds you that ye live and die,
And whirl upon the wheel, and hug and kiss

Its spokes of agony,

Its tire of tears, its nave of nothingness.

—*Arnold*—"Light of Asia."

PEACE.

Peace, Peace, where art thou? For many years, for weary years, we children of the earth had then been taught, not of God's love, but of His vengeance. We feared and cried, and prayed through tears and pain until we dreaded that sweet name of God; and the devil—such a discordant thought—and of the evil he had wrought.

Little children frightened in their sleep: while weird tales of Hell would make the sinner creep and cringe and fall before the Penitent Form, and ask for mercy from the Christian's God; henceforth caring not who would be damned as long as they lived within their Holy Band of "Pharisees and Scribes."

The Master came: they crucified Him, the Prince of Peace. The religion of the Pharisees was handed down. The name of the Christ forgotten, and Christian worlds, forgetting the sweet symbols of His life and the Spiritual Message from His soul, with physical eyes saw but the murder and the blood and called this an Atonement.

And because we wallowed and worshipped in blood, the Christian world now pays the price. Blood money erected fine churches to ease the conscience of the rich who had robbed the poor.

Well known evangelists lived in palaces fit for kings. The church was no place for the fallen woman unless the marriage laws had legalized the act. The thief and the crook were barred; no place for the sinner—our churches became abodes of fashion. Ministers rejoiced in blood and strife, with prayers full of condemnation, each nation sacredly worshipping their god of war.

The new era demands that the old God shall die—a new dispensation full of the loving teachings of Jesus, making all men realize that the Prince of Peace is the indwelling spirit, recognizing neither creeds nor dogmas; worshipping, by the intercourse of the soul, with publicans and sinners; in highways and byways, renouncing all alliance to creed

To the receptive soul the River of Life Pauseth not nor is diminished.

—George Eliot.

and sect, recognizing only a common humanity.

Jesus said: "I and the Father are *One*." Knowing that the love of soul for soul is the Father, knowing that good lives in all men, waiting to express itself: over-throwing churches and institutions, that every man may be his own priest and worship in the church of his soul; observing and practising the Golden Rule, then, and not till then, shall there be "Peace on earth," good will in men.

Peace is the tranquil thought uninterruptedly flowing from the fountain of Love from out the Mind of the Christ— blessing all that it touches; making bodies relax; fear to disappear; tears to dry; anxiety to vanish. It is the milk that feeds noble desires; gives us all a new birth; changing the desert into flower gardens and the seeming common place into the sacred precinct of the soul.

It is the unseen angel gathering the souls of bleeding soldiers into the fold. It is the hand that unites all nations. The universal language for all men to speak. The conquering Master, that stands erect when all else fails. It shall be the last recorded Word; the Great Physician that heals the nations' wounds; the high priest that shall administer unto the church of the world; for Peace is clothed with the body of an angel, but within is breathed the soul of all love, which is God.

HAROLD F. PALMER,

V.-Pres. I. N. T. A.

* * *

A tender child of summers three,

Seeking her little bed at night,

Paused on the dark stair timidly,

"O mother, take my hand," said she.

"And then the dark will all be light."

Her older child

GREAT IS THE POWER OF SYMBOLISM.

Discovery of a Rare and Important Ancient Esoteric Book.

The principle of Symbolism and the habit of concealing thought and obfuscating the ignorant and leading others into seeking for the hidden and mysterious, is not original with the New Thought interpreters of the Bible, nor to the modern system of Christian Science, and various New Thought and esoteric cults.

Wonders drawn from the Bible and ancient Hindoo literature surpass the stupendous interpretations of theology. Even the mystical interpretations of the beautiful drama of "Solomon's Song" have been surpassed by some of our New Thought teachers.

Meditating upon this method of understanding literature out of which all possible ancient meaning had died by reading into it an artificial meaning, the mantle of an old Prophet descended upon me (It was just after I had written the article upon Noah in June NOW) and I saw that there was a wonderful esoteric book lying waiting for its present day prophet. That now had come that crisis in the world's development when it was necessary that the wisdom so long hidden should be scattered broadcast. The Presence said: "NOW has been selected by a band of Masters both incarnate and decarnate, as the medium through which to send this message to the world. Take thy pen and write." The Voice had a power which compelled obedience.

The BOOK was placed in my hands. It was one I long had known. In fact it was the earliest book of my childhood. Imagine my surprise when I read:

I am not fighting my fight: I am singing my song.

—Archie L. Black

latent, recondite, secret, concealed wisdom.

I had stood in Granary Burying Ground, Boston, by the grave of "Mrs. Mary Goose," wife of a prominent merchant. She taught a "Dame's School" and gave "the Melodies" for her pupils' pleasure. So I supposed. But I have since learned that her authorship is doubted. It is claimed that they are of French origin.

They were first published in 1719, 200 years ago. They have cheered millions of children and will continue so to do for many years to come.

Wonderfully has Providence preserved this book as it has all books of wisdom, and wonderfully has it hidden away their meaning until now, in this world-crisis, I have been selected as the one to give the message to the world.

Escaping the ravages of time and the persecution to which other esoteric books have been subjected, it has been left to the Editor of NOW to have in Silence those Visitors that have revealed to him the wonderful messages. My eyes are now "opened" and as fast as the Masters allow, I will give the Message to the world. My only reward will be the consciousness of having done my duty. I shall live in grateful remembrance when Mother Goose shall have been placed where she belongs, among the World's Great Benefactors.

When we seek the origin of the beautiful symbolism of "Mother Goose" we must go, so the Presences showed me, to the earliest Aryan times. Long before the fairy tales of Fiske began, these "Melodies" were sung by the priests of our ancestors at the foot of the Himalayas. Sacred rites and sacrifice were made by the wise men who had then the ability to trace their descent from Noah—"The Obscure Man." They kept the flame of the Noachian period alive on their altars. The stone temples of India will substantiate this when their sculptures and hieroglyphics are translated correctly.

Soon antiquarians and religious estatics will form pilgrimages to these ancient shrines, chanting these rhymes of our childhood. Others will burn midnight-oil (electricity) in deciphering and discovering the hidden meaning of this ancient lore.

I have space now for only one specimen. The wondrous discovery has unmanned and weakened me, so that only very rarely will I be able to translate the message and form a glossary of its symbolism.

Here is my gem from that ancient esoteric treasury:

"High diddle diddle!

The Cat and the Fiddle!

The Cow jumped over the Moon.

The little Dog laughed to see the Sport,
And the Dish ran away with the Spoon."

Cat—Wisdom. Cautiousness. Concentration.

Cow—Fecundity. Reproduction. Supply. Nature.

Dog—Fidelity. Reliability. Power to follow. Continuity.

Fiddle—Music. Harmony. The Voice. Man.

Sport—Developed mentality. Thought. Logic.

Dish—Reason. The scientific faculty.

Spoon—The Emotional nature. Impetuosity. Love.

Sec—Vision. Clairvoyance. Perception.

Laugh—Mirthfulness. Gesture. Comic.

Ran—Use. Appropriation. Business.

Moon—Intelligence. Law. Mastery.

High diddle diddle—An exclamation like Hallelujah, Hurrah, Viva.

Translating this sextet we have this:—

O Glory Hallelujah! The Wise Man¹ finds Music² everywhere in Nature,¹² even in the churning of the cud, and in the reproductive pains and the joys of lactation.

Through Divine Intelligence¹ the Science of Man² has been developed through Reason³. In Fidelity⁴ to his inner Vision⁵ the foolishness of the pseudo⁶-wise has been exposed through

Minute a man stops looking for Trouble, happiness looks for him.

—Irving Bachelor.

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his discovery of the Law¹¹ of Evolution. Man² by Thought⁸ has learned⁹ to control¹⁰ his emotions¹⁰ and they have now become secondary and by being led by reason he has acquired the highest of faculties—Self-Control.¹⁰

What nobler religion can man have than this scientific-philosophical religion that teaches him Self-Mastery?

When the Editor is able to withstand the power of Inspiration these Presences bring (The Masters) he will give another chapter from these mystic, crypt and marvelous pages.

AN UNSURPASSED SONNET.

(I regard this as one of the most beautiful of all sonnets of any country or age. It is by Richard Realf, whose body lies in Lone Mountain cemetery in this city.)

O Earth! Thou hast not any wind that blows
Which is not music: every weed of thine
Pressed rightly flows in aromatic wine;
And every humble hedgerow flower that
grows,
And every little brown bird that doth sing,
Hath something greater than itself, and bears
A living Word to every living thing,
Albeit it holds the Message unawares.
All shapes and sounds have something
which is not
Of them. A Spirit broods amid the grass;
Vague outlines of the Everlasting Thought
Lie like melting shadows as they pass;
The touch of an Eternal Presence thrills
The fringes of the sunsets and the hills.

* * *

"DOLLARS WANT ME!" This little heading will be familiar to many now, for the little pamphlet has attained a good deal of notoriety which is well deserved. . . . Harrison Brown's idea is couched in a phrase from the western scriptures. It is "Seek ye first the kingdom of God!" . . . What is your ideal? Have you one? If not, get one, for you will never accomplish anything without it. Having got it, build toward its realization. Do you therefore daily and constantly in fact: I AM SUCCESS! ALL I ASK FOR FLOWS TO ME! I DO NOT WANT MONEY! BUT MONEY WANTS ME! WITHOUT ME, TO USE IT MONEY IS USELESS!—*The Talisman*, London, England.

SUGGESTION IS THE ONLY LAW.

It is gratifying to see that some common sense is pervading our New Thought Movement. Speculation, assumption, authority, and blind faith has had too much space and place in our teachings. The easy and simple has been ignored for the marvelous, the occult and the ancient. It has *not* been Mental Science but Mental Speculation—Mental hash composed of ignorance of the past, speculations of the present, with the filterings of ancient mysticism, and some facts of modern psychology. A clean, independent and free philosophy, based entirely upon known laws of mind, is coming.

From its inception NOW has stood upon the One and Only Law:—Suggestion and its personal side of Affirmation.

Hypnotism is the bugbear of the average teacher of New Thought. I affirm that no person is in reality a Truth teacher that has not had a drill in the conscious use of Suggestion, as taught by those who understand the Hypnotic Law—"I am that which I think I am."

This knowledge will forever disabuse the mind of the belief in evil influences, evil spirits, evil thoughts and their power to obsess another persons, and that bugbear of Christian Science, malicious animal magnetism (M. A. M.) Evil thoughts have power, terrible power, over the one who holds them, even as good thoughts have awful power for good over him that holds them. But neither good or evil thoughts of one person have any power over another until that other has accepted them *as his own*, then they have all the effect of his own thoughts *because he has made them his own*.

One person's power ceases when he has given the Suggestion. The other person's power begins when he accepts that Suggestion as Truth, and affirms that it is so.

For example: One person says to an

(Concluded on page 97)

1 Cat. 2 Fiddle. 3 Dish. 4 Dog. 5 See. 6 Laugh.
7 Sport. 8 Rain. 10 Spoon. 11 Moon. 12 Cow.

**Obstruction is but virtue's foil,
The stream impeded has a song.**

—Ingersoll.

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NOW

HENRY HARRISON BROWN, Editor
SAM EXTON FOULDS, Asst. Editor

A Monthly Journal of Positive Affirmations.
Devoted to the Science and Art of Soul Culture.

It is the utterance of the Editor only. All thought not credited to others is his.
Its basic Affirmation is:—**Man is spirit here and now, with all the possibilities of Divinity within him and he can consciously manifest those possibilities HERE and NOW.**

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Our Country's Flag to thee,
Emblem of Liberty,

Our Nation's pride!
We pledge our fealty,
Thy Stars and Stripes shall be
Revered on Land and Sea,
Whate'er betide.

—C. Fannie Aliya.

* * *

Mr. Sam Exton Foulds holds every Sunday evening a class in Mental and Psychic Science in NOW Parlors, 589 Haight St. Healing and advice every day but Saturday and Sunday.

* * *

A man contains all that is needful to his government within himself. He is made a law unto himself. All real good or evil that can befall him must be from himself. He only can do himself any good or harm. Nothing can be given him or taken from him, but always there's a compensation.

—Emerson (Journal).

**IMPORTANT TO NEW THOUGHT
PEOPLE.**

A friend has invited me to join him in a camping out auto tour during three months commencing in June. We shall go north as far as Vancouver, B. C. then east into Idaho and Montana; then south on our way home. We shall visit all points of interest, including various National Parks. We shall have no time schedule. Shall take all the time we wish, for detours from ordinary lines of travel, and in sojourning at places of interest.

I am willing to make *a one night stop* for a lecture in any place we will pass through. Arrangements may be made by letter. All who would like me for a lecture, can address me here and I will notify them when I will be with them, giving them sufficient time for preparation, with all the necessary details. I start on the above tour on June 20. While I am away all the business of the Office will be attended to by the Assist. Editor, Mr. Foulds. I recommend him as fully capable in all ways as myself. to render assistance to all who may need help. "Fellowship" Letters will be answered by him in my absence. I shall send occasional notes of my tour to NOW, besides furnishing my regular articles. Parties desiring lectures along the route will address me here, and the letters will be forwarded to me.

* * *

"Concentration: The Road to Success," a lesson in soul culture by Henry Harrison Brown, is by NOW Company. In paper at 50 cents. Henry Harrison Brown in this book makes success as simple as making a garden: plant certain seeds, grow certain results. According to the author, success is obtained by knowing how to use to the best advantage the equipment we find in our possession in starting out in life. The thing to do is to know this, then go to work finding out what the tools you discover are intended for, and how to use them.

* * *

Thy virtue makes not vice of mine,
Unlike, but none the less divine.

—Lowell.

Call this God: then call this Soul: And both the only facts for me.

—Browning.

ARE NEW THOUGHT PEOPLE LOYAL CITIZENS?

I am prompted to ask this because I find so little loyal expression in our magazines and in our meeting. How can one hold to stories of the old Hebrew hid-
denness in their wars as God-messages to be now symbolized, and not see that worse crimes by the foes of humanity today are *not* God-messages to be symbolized but are to be faced with all the powers of mind, body and estate, is one of the mysteries I am not able to solve. Shall Germany overcome civilization, and old barbarian and old Hebraic atrocities become the rule even in America? Let us ignore the Old Testament, and accept the teachings of Jesus and realize that we have duties as citizens, as well as duties as men. "Render to Caesar what belongs to Caesar." Our country has rights that we are to recognize in love and loyalty. All my material good belongs to my country. Any sience, any neutrality is disloyalty. Let New Thought Centers display the flag. The New Thought Church at Long Beach had flags in decoration, and presented one to me, that will go with me on my auto-outing.

William Walter Atkinson in June *Advanced Thought* has strong blows for such semi-loyal New Thinkers. He says:—

"The Battle Hymn of the Republic" may be Old Thought, but it is the kind of Old Thought that is needed to put backbone into our New Thought, replace the soft gristle and flabby stuff which is evidently the spinal support of a certain type of Newthoughters. "God is marching on" to Universal Peace and Universal Freedom. Will YOU go with him?

* * *

A successful teacher and healer writes when renewing her subscription:

"Thanks for the message of NOW. It is always uplifting clear direct and helpful."

SUGGESTION IS THE ONLY LAW.

(Continued from page 95)

other: "It is a bad day!" The other has power to receive or ignore. If he says, "Yes! It is a bad day!", he creates, by his acceptance and decision, a bad day. If he affirms: "To me it is a good day!", then he creates a good day for himself.

So the *real* Mental Science teacher teaches his student to affirm that which he desires to realize in life's expression. Hypnotism has but one purpose and it is the Master Purpose of life: to develop the perfection of character, which is Self-Control.

Do you control your thoughts? Can you control your thoughts? Do you wish the power of controlling your thoughts? Do you wish to learn the power of your thoughts? Then take a course in Hypnotism. Learn, through it, that you can *think*, upon your body, pain or its immunity. That you can *think* upon yourself a mental state of peace or of misery; learn that you *can* control your thoughts and thus create any condition you desire; learn that through *voluntary concentration*—which is all the hypnotist can teach you to do—you can be "Master of Fate and Captain of your Soul!"

Self-Protection lies in this very knowledge. Once this is learned there is no fear of evil thoughts, nor of all the demons that C. S., Spiritualism and theology can create. Nothing, other than the result of my own thoughts, can meet me.

Nautilus has probably more influence than any other New Thought journal, and I am particularly glad to emphasize my appreciation of some recent utterances of its editor, Mrs. Elizabeth Towne, upon this subject. I am glad to see that she is not only open-eyed, but

I, grateful, take the good I find; The best of now and here.

—Whittier.

I want to register my firm faith based on twenty-five years devoted to the principles and practice of New Thought—I want to register my firm faith and experience that *There is no such thing or influence as "black magic" except in the mortal mind of the one who recognizes it;*

That there is no such thing as M. A. M. except in the mortal mind of him who recognizes it;

That it is absolutely impossible for one mind to influence another mind by occult means against the other mind's own good, or God; That it is impossible for one mind by occult means to influence another mind's environment except by first changing that other mind.

I take my stand firmly upon the *One God* who is the good of every soul that ever lived and whose *Will-to-Good* in the individual is absolutely impervious to any and all the thought-darts that have been fired since the foundation of the world.

And God's *Will-to-Good* in the individual does not have to be recognized in order to make it work; it is the individual, and it "neither slumbers nor sleeps," nor for an instant negatives itself, whatever the individual thinks. And whatever any and all other individuals *Think* has no effect upon it for evil.

Some twenty years ago hypnotism was a common devil, of which we were all afraid. Then it as proved that you cannot make a person do anything under hypnotic influence *that he wouldn't do if he were wide awake.* You can't even make a hypnotized man cut a monkey shine if he has a fair-sized bump of dignity, much less make him lie or steal if he is really honest.

And I say unto you that *still less can you by silent suggestion make a man give up his own house unless he desires and wills to give it up for his own good.* His house may be taken by force of kaiserism, or by trickery, but not by *silent* suggestion alone.

Silent thought is impotent thought as long as the door of another's GOOD is shut against it. . . .

The silent word will work only when it is in harmony with the good of the one to whom it is directed; otherwise your "prayer" is vain. To "pray aright" is to pray in harmony with the good of all concerned in your prayer.

The individual wears a shining armor that quenches "all the fiery darts of the wicked." Not so with the wicked, whose wickedness punishes themselves until they are purged of their selfishness. I know no worse hell fire than envy and thwarted desire; and they, too, work for good.

DOLLARS WANT ME.

Henry Harrison Brown, editor and publisher of NOW, has published the thirtieth thousand-copy edition of his wonderful little book, "Dollars Want Me." A chapter from the edition is printed in this edition of *The News Letter*, under the heading, "Supply." Since 1903, when Mr. Brown printed the first copies of "Dollars Want Me," the little book has been read by many thousands of thinking men and women, and has aided very many people along the way to Prosperity and Harmony. It is a wise and comforting little volume, a pleasant and cheery pocket companion on a journey, during vacation days or in the study. Requests for this volume should be sent, accompanied by 25 cents, to Henry Harrison Brown, 589 Haight St., San Francisco, Cal.

—*The Washington News Letter.*

I am very grateful to the *News Letter* for this notice. That magazine often does NOW the honor of copying from it and always gives NOW due credit. This June number has also a poem and some Affirmations from NOW. That "Dollars Want Me!" has won this appreciation is pleasing. I have but one desire in it, i. e., to help my fellows to comfort, and to inspire them to rise out of the prison of Fear into the Liberty of Faith.

* * *

Nor Truth nor Knowledge cometh from without.—*Lowell.*

Thou seest no beauty save thou makest it first. Man, Woman, Nature, each is but a glass Where the soul sees the image of herself Visible echoes, offsprings of herself.

—*Lowell.*

* * *

A lady working in an Institute writes of the "Prayer":—"I deplore the attitude which many of our workers take regarding prayer. If they would read this little book I think they might change their point of view. I think it should be in the hands of all our workers."

* * *

A TRIPLE ALLIANCE.

John is three persons down life's pilgrimage: John as he thinks himself, and John, again. As he wishes to be thought of by other men, And John as he actually is, so says the sage —*Alonzo Leora Rice, in Unity (Chicago)*

THE COSMIC FELLOWSHIP

Is a Cooperative Healing Body, the First Ever Established

Its PRINCIPLE is that of Whitman--
"I will have nothing which every other
person may not have on equal terms!"

The LAW under which it works is--
"Act from Principles capable of Universal
application!"

Its FACT is that stated by Jesus--"The
Kingdom of God is within you!"

Its AFFIRMATION is--"I and my
Father are one!"

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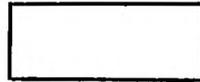
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