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# NOW

## A Journal of Affirmation

VOL. XIV.

OCTOBER 1917

No. 1

### TO A FALSE FRIEND.

I gave thee trust and hoped to see  
 Thy soul respond in likeness.  
 I heard thy words of fealty  
 And rested in their brightness  
 But words are easy to command!  
 Thine as false as ropes of sand.

I gave my help in time of need,—  
 I saw the God within, and gave!  
 But to my thought thou gavest no heed.  
 I might as well have helped the grave!  
 For wealth I gave to build thee up,  
 Thou puttest in Evil's o'er-filled cup.

I gave Affection! Thou didst receive  
 And used my presence as a shield!  
 Of me thou wouldst of faith bereave—  
 The Faith that I 'gainst pain did wield.  
 But when thou wouldst have wound me most  
 I found Truth was protecting host.

I gave thee Love! Love strong and pure!  
 The best my soul in treasure kept.  
 And thou didst then responsive seem:—  
 But in thy soul the serpent slept.  
 The poison that wouldst have injured me,  
 Re-acted, and has poisoned thee.

Thou reapest tares where thou'st sown!  
 While I my crop of grain do gather.  
 I've only grief for thee, I own!  
 Thou reap'st pain, in whirlwind weather!  
 Life's unpardonable sin is thine.  
 I quaff of Life its richest wine.

HENRY HARRISON BROWN.

\* \* \*

Go forth with thy message among thy fellow creatures. Teach them that they must be guided by that inner light which dwells with the pure heart, to whom it was promised of

### PREVISIONS OF INVENTIONS.

We have plenty of heat going to waste in Washington during the summer-time for the sun's rays are very powerful, and we do not use the roofs of our buildings except to keep off the rain. What wide expanses of roof are available in all our large cities for the utilization of the sun's rays! Simple pipes laid upon the roof and containing oil, or some other liquid, would soon become heated by the sun's rays. The hot oil could be carried in to an insulated tank and stored. You could thus not only conserve and utilize the heat that falls upon tops of your houses, but effect some cooling of the houses themselves by the abstraction of this heat.—*From an address by Prof. Alexander Graham Bell, inventor of the Telephone, given Feb. 1, 1911 before graduating class of the McKinley training school, Washington, D. C., printed in the National Geographical Magazine for February, 1917.*

This extract is peculiarly interesting to me. For I frequently foresee, by a sort of prevision, inventions, long before they are made visible in the material side of life.

As it is getting to be a period in my life when, if I wish to leave a record of my psychic experiences, I must begin. This article of Professor Bell has decided me to do so.

It was in the winter months of 1872. I was in Louisville, Ky. One evening, after I had gone to bed, but had not slept, when I sensed that peculiar sensation which I had learned preceded the state which, for a surer term, I will call "Illumination." It seemed to me to be a condition called by A. I. Dav

## Henceforth I seek not good fortune: I am good fortune.

—Walt Whitman.

Tennyson, in a letter published in the "Memoirs" by his son, says:

A kind of waking trance I have frequently had, quite up from my boyhood, when I have been all alone. This has generally come upon me through repeating my own name, two or three times to myself silently, till all at once, as it were, out of the intensity of consciousness of individuality, the individuality itself seemed to dissolve and fade away into consciousness of Being, and this is not a confused state, but the clearest of the clearest, the surest of the sure, the wisest of the wisest, utterly beyond words, where death were almost laughable impossibility, the loss of personality (if so it were) seeming but only true life. I am ashamed of my feeble description. Have I not said the state is utterly beyond words? But in a moment, when I come back to my normal state of sanity, I am ready to fight for *mein liebes Ich*, and hold that it will last for eons.

A gentler form is thus described by Lowell in his poem "Under the Willows." He was stretched under the tree:  
Feeling the warm earth like a thing alive,  
And gathering virtue at every pore  
Till it possessed me wholly, and thought  
ceased,

Or was transfused in something to which  
thought

Is coarse and dull of sense. Myself was lost,  
Gone from me like an ache, and what re-  
mained

Become a part of universal joy.  
My soul went forth, and, mingling with the  
tree,

Danced in the leaves: . . . .  
I was the wind that dappled the lush grass,  
The tide that crept in coolness to its roots,  
The thin-winged swallow skating on the air;  
The life that gladdened everything was mine.  
Was I then truly all that I beheld?

Or is this stream of Being but a glass  
Where the mind sees its visionary self,  
As when a kingfisher flits o'er his bay,  
Across the river's hollow heaven below  
His picture flits—another, yet the same?  
But suddenly the sound of human voice  
Or football . . . .

And I am narrowed to myself once more.  
This state is common among religious  
converts and devotees. Emerson tells  
us in "Over-Soul":

A certain tendency to insanity has always at-  
tended the opening of the religious sense in  
men, as if they had been blasted by excess  
of light. The "trances" of Socrates, the "un-  
ion" of Plotinus, the "vision" of Porphyry, the  
conversion of Paul, the aurora of Behmen,  
the convulsions of George Fox and his Quak-  
ers, the illumination of Swedenborg, are of

this kind. What was in the case of these  
remarkable persons a ravishment, has, in in-  
numerable instances in common life, been ex-  
hibited in less striking manner. . . . The na-  
ture of these revelations is always the same;  
*they are perceptions of the absolute law. They  
are the solution of the soul's questions.*

Here this wonderful Seer shows his  
deep penetration into the realm of  
Cause.

Jesus was remarkable in his perception  
of the union with the Absolute. Always  
it was "The Father in me." Always  
"The Father and I are one!" He ever  
kept a level head. Was always bal-  
anced. Never posed as a "founder."  
Never sought to build, like present day  
teachers, or to create a schism or to found  
a sect. This union Tennyson and Low-  
ell found. So does every poet, inventor,  
artist, and original thinker. All others  
are but repeaters, at second hand, of  
other men's perceptions. Those who  
know not this ecstasy cannot understand  
those who have experienced it.

This condition is reached most easily by  
the contemplation of a high ideal. The  
various methods of the religionists and  
by spiritualists and mystics are artificial  
and are not to be encouraged. Grow  
naturally into the condition and its rep-  
etition, and its control, as one  
grows into song or eloquence.  
Then it is physically, mentally  
and spiritually a healthful condition:  
the one and only perfect educational  
one, and the one into which all must ul-  
timately evolve. I grew into it through  
the severe weakness of long and dan-  
gerous sickness. As health returned  
this condition passed away. Physical  
strength seemed to close the power of  
Vision. I longed for it. Prayed for it  
to return. Allowed myself to welcome  
every possible evidence of its return.  
Gradually it came. First in perception  
of Truth—an inspiration to lecture and  
write. And occasionally in prophetic  
visions.

During the last forty years of my life,  
my education in philosophy has been  
through this condition which I will term

**Whene'er I meet my sailing peers,  
"ALL'S WELL" I to their hail reply.**

—Edith M. Thomas.

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"Illumination." When asked if I am inspired, I can only answer as I always do: "I am in such cases more myself than ever. I am my Self, intensified!" It seems that only at these times do I have any consciousness of my real Self. In these conditions all self desire, all preconceived notions of Truth are non est. I am a pure blank membrane upon which may be vibrated Truth alone. Any error is due to the later translation of the spiritually perceived, into words. Emerson says: "The Soul is the perceiver and revealer of Truth!" What the Soul perceives and reveals to the individual must be translated according to the capacity and experience of the receiver.

It is this later limitation that has kept me from making known to the world the possible inventions which I have thus spiritually seen. I am neither a scientist nor mechanic, nor a possible inventor. The brain capacities for those kinds of work are latent in me because I have used my powers in other ways. But from conversation with several inventors I am sure that they also have seen or, better, have *sensed* or *perceived*, their inventions in the unseen realm before they made them practical to the world.

Thoughts are *not things*, but Thought is the Power that creates, in the real world, forms which later become *things*. Things belong to the world of sense, and not to the realm of ideas. Thought creates Ideals out of Infinite and Eternal Ideas.

So much for an Introduction to the incidents which I shall tell in this and subsequent articles.

As said above, one evening I passed

many kinds of vessels and then drawing many varieties of sledges, then the use of animals, from the earliest use of them down to the present. Then the beginnings of the application of steam power. Some of these machines I saw materialized in the St. Louis Fair. Then came the evolution of the stage coach into the railroad car. Then a procession showing the evolution of the railroad car into a vehicle unknown to me. I saw it developed into a common vehicle. I now recognize it as the automobile. There followed this a vehicle that swam the water, rode on the land and suddenly it flew into the air and circled around me. It so surprised me that I fell at once back into the normal physical condition. Long I lay and wondered. But from that time I have never doubted that men would fly.

Ever since I first saw the desert in my trip over it in about 1877, I have wondered why the heat there could not be utilized. This wonder one night resulted in this Vision.

I found myself in a hotter piece of land than I ever dreamed of. The sun was pouring down from a cloudless sky. It seemed to me never was a cloud there. I asked "Why all this heat wasted!" and a Voice said "Look!" I saw a huge lens, many feet in diameter, erected upon a scaffolding. Underneath it I saw the desert sand melting and boiling like a cauldron. The heat from this cauldron was gathered into a huge funnel. There were pipes leading from it. I followed one. I came to a large city and I learned that the heat from the melting sand was carried into houses and manufactories and used for heating and running machinery.

"Who is this not done?" The

**Trust thyself! Every heart  
Vibrates to that iron string.**

—Emerson.

**HOPE.**

Unfailing friend of human kind,  
Boon comrade of the dauntless soul;  
How hard the way; how harsh the wind;  
Thou urgest onward to the goal:  
I sing, supernal stay, to thee,  
And thy immortal ministry!

Let Courage fade and Faith depart,  
As through the growing gloom I grope,  
And Fear assail my harassed heart,  
Yet ever may I lean on Hope:  
Sweet comforter the long black night,  
And prophet of the coming light.

So sing, what attributes ye will,  
Of Faith that falters; fickle Joy,  
Or others rarer, fairer still:  
What art is mine I shall employ  
To sing unswerving fealty  
To Hope, that hides eternally.

A. F. GANNON.

**THE SUB-CONSCIOUS LIFE.**

This is an age of ideals. Mankind is fast learning that only as the ideal is lived and practiced can the dreams of the race come true. The evolution of the animal into man was the result of the realization of the unconscious ideal, the unfoldment of the unconscious to consciousness.

We are apt to forget that the same Law is in operation in every individual. What are your ideals? If you tell your ideals to the psychologist, he will tell you the kind of man you are; it is the ideal that determines the kind of individual.

New Thought is "conscious direction" by the individual of the subconscious life within. It is faith raised to its highest power. It means that the life-force of the individual is consciously controlled. When the individual has truly arrived at that point in experience where he knows that the *within* responds to conscious suggestion, then he is forced to build ideals from certain fundamental principles.

St. Paul enumerates the fruits of the spirit. The fruits of New Thought can easily be read in the ideals of the student.

The first realization that comes is faith in *life*. Faith in life is really faith in

God. When we consciously begin to direct life, we first of all find that the supply of life within is unlimited. Upon this thought of unlimited life within, all faith for demonstration is drawn. Without this realization no man can consciously claim that he is "One with the Father." For it is only in the life within that we can come in touch with Him. Every claim of power for the individual that is made by teachers or students rests upon this thought—All Life is *awaiting* Expression *within* the Individual.

The Law of Suggestion is a law that operates always in the same manner within every individual. It is as certain as gravity. We know that water *always* flows downhill. It *cannot* flow uphill. So it is with the Life within the individual. It is at all times responding to Law. It cannot operate where there is lack of faith any more than water can flow uphill. Give life proper conditions, hold over it proper ideals or suggestions, and it will do that which it is told to do, go where it is sent. Life is at the direction of the individual. Life is the *subconsciousness* and is directed by suggestion at all times. Have faith in Life Within and at all times let your affirmation be—I Am Life.

This thought enables the individual to begin conscious demonstration of his Powers. There is nothing mysterious about it. It is a normal thought. It is the true fundamental idea, for it gives man reason for having faith in himself. Without faith in self as the depository of power man cannot consciously demonstrate. The first proof of the new thought operating in the life of the individual is that he has faith in himself as the Son of God.

SAM E. FOULDS.

\* \* \*

"I ought!" you often say of yourself. Who put that Law over you? Why ought? Is there any compulsion to Mind—to Man? Animals *have* to. Do men?

## The deeper I drink of the cup of Life the sweeter it grows.

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—Julia Ward Howe.

### AFFIRMATIONS.

#### RECONCILIATION.

*First be reconciled to thy brother.*—JESUS.  
Father, conditions have come to disappoint me, but Thou hast sent them, and I am reconciled.

Friends have wounded me, but Thou art with me and I am reconciled.

Business has been dull and bad, but Thou art in it and I am reconciled.

Plans have failed but it is Thy Law and I am reconciled.

I have been deeply wounded in my affections but Thy Goodness is in it, and I am reconciled.

In the Peace of Reconciliation I offer my gift of thanks.

In the Joy of Reconciliation I offer my gift of praise.

In the Rest of Reconciliation I offer my gift of trust.

In the Happiness of Reconciliation I offer my gift of thought.

In the Blessedness of Reconciliation I offer my gift of Love.

In this Reconciliation Thou and I are one.

In Reconciliation I fall under Thy Law, and health, happiness and success are mine.

Thy will regulates events.

Reconciliation I have found in "Thy will be done!"

Thy kingdom has come, and Thy will is done. I am reconciled.

#### THE NEW IDEA OF GOD.

We are asking the question constantly "What is God?" God is power and good power. What is electricity? It is similar to God. God is. We know not *what* God is and yet we know God

holy sacrament we will have evolved from the lower animal state and, evolving still higher and higher, we will find that wonderful principle of power which is man's birthright. We will not look into space for our Creator, but within. Then I will learn the secret of life and know that I am the Creator of my thoughts, that I am a magnet that attracts the friends that come my way and all the world is made up of the quality of thought I put into that world. Each soul lives within its world. This mental atmosphere mixes with the thoughts of our fellows and if it is a mental atmosphere of life it will cause all other worlds to be holy by the divine thoughts which we press upon them. The new idea of God does not contradict the old idea of God. We change the devil into God and make God bigger than he was before. Every time you change a mean thought into a better one you change the devil into God. Then God, being too big to be embodied in a body, but being a marvelous power, we begin to realize that this power gave man all the achievements he desires. Beginning to feel good within myself I said "This must be God" because I begin to feel good towards all mankind. Then the feeling began to grow until God began to live even in my toes as well as my solar plexus. Then I looked in all my body and said, "My beloved, you are full, and full of that which is good, you are a dynamo and within you is the battery of good." Then what cared I for traditions? I became my traditions and my customs. And giving an eternal blessing upon the world I smiled. Then I discovered you. Because I found the good within you. Because I found the good within your soul.

## Trust thyself! Every heart Vibrates to that iron string.

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**I will not dream in vain despair  
The steps of progress wait for me.**

—Whittier.

thoughts I started to keep the door open wide. Sometimes I take a dip in the seas and become a Baptist, and then sometimes I take a shower bath and I become a Methodist, and then when I take water I say, "This is Holy Water," drink of it and become a Catholic, and so I am a Baptist, a Methodist, a Catholic; again I am a Theosophist because the same great God takes in the Theosophists; and I am a Spiritualist; and a Free Thinker. I can worship in all churches and outside of churches. I am every people and I must be every people to be any people. When I am tolerant I take all things in. God says "These are the creations of my thoughts. I am from the beginning, and of everything there is, I am the cause and there is but one cause. I am Cause and because of that, I am cause with you and you are cause with me, and your cause is my cause, and my cause is your cause." All these things that we look upon with fear are good in their place because God is evolving, and is ever evolving. In the beginning God was the seed of light, but not yet expressed. God does not evolve in every one at once and the undeveloped good, which we call bad, will develop. The pure white light of the soul shall some day be a greater light from out of the darkness; it shall reach up to the ideal, until at last it shall be the ideal. Then sin, sickness and death shall be no more. This earth shall pass away and with the vision of John we shall see the new world, which world will be the redemption of the old world.

I listened—I heard the Voice of the Spirit say:

I am the old God and I am the new,  
I am from the beginning and I shall be  
forever.

I am large, I am small,  
I am sunlight, I am clouds,

I am shadows, I am darkness,

I am what the world calls sin and virtue too,

I am all things that you have despised,  
I am all things that you have praised,  
I am the heights, I am the depths,  
I am the width, I am the breadth,  
I am all things,  
I am in all there is,  
I am all that there is,  
I am without, I am within,  
I am all in all for ever and for ever.

HAROLD PALMER.

**I WILL TO LIVE.**

"I am that which I think I am." Make me think I am dying and I am soon dead.

A friend tells me this incident which he witnessed as a soldier at the hospital in Manila during the war. A soldier on a couch near him was very sick. The doctor told him one morning that if he had any requests to make he had better make them. "What, Doctor, do you think I am going to die?" The doctor said, "I see no chance for you!" The fellow looked up and with an oath said, "But I will not die. I have a wife and baby in Vermont that I am going home to see!" He did not die.

I saw the effects of suggestion both favorable and adverse while an attendant in army hospitals during the Civil War. Men died of simple wounds from lack of will. Men recovered from most severe ones through determination. It is true, Suggestion is fundamental in all phases of life. No teaching is vital that leaves instruction in and *practice* of Suggestion out.

\* \* \*

**LISTENING TO THE WIND.**

God is at the Organ!  
I can hear  
A mighty music  
Echoing, far and near.

God is at the Organ!  
And its keys  
Are rolling waters, storm-strewn moorlands,  
Trees.

God is at the Organ!  
I can hear  
A mighty music  
Echoing, far and near.

—*Light T. Sandford*, in *Unity* (Chicago).

**in the mud and scum of things,  
There alway, alway something sings**

—Emerson.

**HEALTH TRAINING CARD.**

"The Indwelling Mind does the work."

I am to will—

1. To be absolutely well.
2. To be strong.
3. To be vital.
4. To be vigorous.
5. To be positive.
6. To be powerful.
7. To be rested.
8. To be restful.
9. To be tireless.
10. To be untiring.
11. To have the most radiant health and strength.
12. To take just the right amount of good, nourishing food.
13. To use Good Sense in the *right* use of air, water, recreation, rest and sleep.
14. To be master over all foods I take.
15. To build my food into a good, strong, healthy body.
16. To be deeply poised, serene and unhurried.
17. To do all things very easily and efficiently.
18. To never strain or be tense.
19. To have profound peace and content.
20. To sleep all night like a little child.
21. To sleep a deep, sweet, dreamless, rested sleep.
22. To awaken thoroughly refreshed in mind and body.
23. To be glad, happy, joyous.
24. To see only the best in everyone.  
To see only the brightest side of everything.
25. To keenly realize that all things work together for good.
26. To have invincible faith and uncon-

29. To keep my thinking clear as crystal.
30. To use intelligence.
31. To have conscious knowledge.
32. To have true, deep insight.
33. To have "dispatch."
34. To exercise true, conscious mastery over myself and affairs.
35. To be a positive contagion in the awakening of all that is good and true, within myself.

HELENA J. MARTIN.

\* \* \*

**THE GRIND ORGAN MAN.**

His box was old and out of tune,  
As marred and scarred as was his frame,  
When on a hazy day in June  
He slowly 'neath my window came.

My heart was sad that summer morn,  
Beneath a weight of which none guessed,  
With anxious dread my soul was torn,  
My life was passing through the test—

My God, I cannot drink this cup!  
Too deadly bitter is its draught!  
My strength is gone, I must give up—  
And then he looked at me and laughed—

Laughed as round the crank he turned  
Of his dejected instrument,  
And glory in his features burned  
As o'er his wheezing box he bent.

Then through that wheezy organ's strain  
A subtle message reached my heart:  
Assurance that despite my pain  
I still might play my life's fond part.

Though cracked his box, and wrecked his  
frame,  
Serene from house to house he went,  
With painful grind, in heaven's name,  
He played the music of content.

God bless you, nameless organ man!  
Receive this coin as you depart:  
For you have taught me this: *I can  
Make music with a broken heart.*  
Digitized by GILBERT FRITSCH.

God! The Supreme Beauty.—Emerson.

## I thank whatever gods may be For my unconquerable Soul.

—W.C. Henley.

### VITAL PERCEPTION OF UNITY.

#### Part 2.

You are absolutely surrounded and touched on all sides by this Omnipresent Power and Wisdom. When you take your friend's hand in yours and feel it vibrant with warmth, health, strength, and kindness, your consciousness is contacting a measure of Omnipotence, "back" of which, in glorious transcendence, is the WHOLE of Life, Love, Wisdom, and Power. When you draw air into your lungs, you are breathing the breath of the Omniscient One. On every hand you are enveloped and sustained by this Power. It permeates your thoughts and saturates your feelings. You walk, and your feet are upheld and moved by IT. You cannot go where IT is not, for, no matter which way you turn, IT meets you with, "I am here! I am here!" Thus are Jesus' words true, "Lo I am with you always." Yes, you are always in contact with the Divine I, although not always knowingly so.

Your consciousness may have been too busily engaged in other directions. You, perhaps, have been steadily holding it in contact with Life's manifestations, rather than with the Principle of Life itself. Your consciousness needs to be loosened, and allowed to *feel* for that Life or Infinite Power which is the Manifestor.

The whole attention is demanded in this work, and this you cannot give until you let go of the idea of *two* powers; and you cannot give up the idea of two powers and become cognizant of the One as long as you hold to Good and Evil; for "no man can serve two masters," neither can the mind be faithful to two ideas at once.

There *is* but ONE POWER and there is none other beside IT. This power must either be all good or it must be all evil—which shall it be? "Choose thou this day whom thou wilt serve." All power is ONE, but it rests with each individual whether IT shall be "Good"

or "Evil" to him. Harken, the rain falls upon two men; apparently, it spoils the plans of one, but it saves the crops of the other. To the first the rain seems "bad" or evil, but to the second it seems "good" and a blessing. But the "rain" was simply rain, and *in itself* was neither good nor bad, it was good or evil only *in the minds* of the two men. Could the man who thought the rain "bad" have changed his mind and believed it "good," he would soon have found some blessing coming to him because of the rain. "As a man thinketh" so is it to him.

Thus is it with the ONE LIFE: *in itself* it is neither good nor evil, it is simply LIFE. But to man it is good or evil as he conceives it to be.

Terms "good" and "evil" are simply names given by the individual or society to those forms which seem desirable or undesirable. Wash your mind and, therefore, your world, of all evil, and get on GOOD TERMS with the Universe, by seeing and believing that ALL IS GOOD. Life is sweet; Life is desirable and desired by All! Affirm the Universe is *Supremely Good!* There is naught but LIFE. There is naught but GOOD. The mind that sees evil is full of condemnation and even builds a "hell" or torment for those it considers evil; but the mind that sees ALL as GOOD is FREE, and is not held prisoner by condemnation for it sees nothing to condemn. It is free to "judge righteous judgment," for its eye is free from the beam of evil or personal bias, and at liberty to be guided by Principle. Purge your mind of all thought of evil and condemnation by recognizing that ALL is LIFE, that *All Life is Good* and by the ALL-GOOD you will be blessed.

With your mind cleared of all thought of "evil" and condemnation, you may see clearly that there is but One Power and that IT is GOOD. Then you are FREE to give your WHOLE attention

**To the receptive soul the River of Life  
Pauseth not nor is diminished.**

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—George Eliot.

to getting into conscious, vital contact with the Omnipresent LIFE, the ONE POWER. This means so much to you. Break the habit of criticising and condemning yourself or others by asserting the Thought of Life and Goodness Omnipresent. "The Spirit of Infinite Life and Goodness is manifesting Itself HERE. I condemn not, for I cannot condemn that which is GOOD!" Forgive *all* and lay up nothing against yourself or another.

Put everybody and everything into this Great Principle of Unity. "The Omnipresent, Omnipotent LIFE and GOODNESS surrounds me, and I know no fear! IT is the Eternal LOVE, and I am glad! I rejoice! I rejoice!"

With your mind thus directed, you will find yourself lifted above the ordinary everyday-thought of weakness into a thought of Power, you will find your attractive force increasing, until others, feeling your aura of silent power, will be helped and uplifted, without knowing the cause. In fact, by directing your mentality towards a realization of ALL GOOD, you are placing yourself in a position where the VITAL PERCEPTION, by conscious contact with the Great Life Itself, is possible to you. When you *feel* this contact you will understand exactly what is meant by the VITAL PERCEPTION of the ONE POWER.

WILLIAM MORRIS NICHOLS.

**NOW.**

Now's the only bird that lays eggs o' gold.

—Lowell.

The fundamental affirmation of the New Thought philosophy is, I AM. The object of its teachers is to enable men and women to live with all their possibilities in the Present. Most people now live in the Past and the Future, both of which are merely chimeras. They have no reality. The Present only IS. And it is with that which IS, that we are to deal, in Love, Thought and Action.

To live in the Past, in memory, regret, or kindred emotions, or to live in the Future, in anticipation, hope, or dream, is to deal with that which has no reality, with that which is nothing, and as a consequence, the results are nothing. Nothing multiplied by nothing, multiplied by 1,000, equals nothing. This every school boy learns. With the nothing we name Past, and with the nothing we name Future, we may deal with all the energy we choose, and the result is still nothing. Here is the solution of the failure of so many lives and the failures in every life. They deal with nothing, and have nothing in return. But shall we not plan for the Future? No! Plans for the future never mature. Plan for NOW. Should we not desire and think what we wish for tomorrow? No! Think and wish for today. Let tomorrow take care of itself. But, surely, we must prepare for a rainy day? If you wish for rainy days, plan for them. To plan for them is to have them. Do not even think of them. Think only of the fair days, now. Live in Principle:—In Truth!

But surely, we must not be content to be always just as we are now, we must have some ideal? But why put that Ideal into the Future? Why not be it now? The artist has the picture now, and puts it on the canvas. Have your ideal NOW, and each day put it into expression. Ideals not lived are born of wishes. Ideals born of desire are lived now. Be today your Ideal. Let tomorrow's ideal come tomorrow. Care for now, and the future will care for itself.

HENRY HARRISON BROWN.

\* \* \*

Through the harsh voices of today  
A low sweet prelude finds its way.  
Through clouds of doubt and creeds of fear,  
A light is breaking calm and clear.  
Henceforth my heart shall sigh no more  
For olden times or holier shore.  
God's love and blessing then and there,  
Are now and here and everywhere.

—Whittier.

**I am not fighting my fight:  
I am singing my song.**

—Archie L. Black

**SOMEWHERE IN THE DESERT BETWEEN SALT LAKE CITY AND RENO, EN ROUTE HOME.**

Copy for October NOW must be in the printer's hands before the 15th of September. Only by consulting my Journal, which I write up every day, can I tell the day of week or month. Is not Time a dream? It is a circle with neither beginning nor end. We may make any point on the circumference a starting point and say "Now," and "Now" repeats itself constantly so there is no past and no future. Days here are all alike. I can tell Sunday only by counting up the days or consulting my record. Is it not strange if God "blessed and hallowed" one day in seven, that I should not recognize that day by its unlikeness to all other days? Yet in this desert every day comes up so like the previous ones that all may be sacred or all profane. I am inclined to believe that to God, and to Nature, all days are alike and that only the ignorance of man has made any difference between them. The divisions of time are as imaginary as the divisions of space. Somewhere we cross the line between Utah and Nevada. But for the map, or sign board, we'd not know it. Yet thousands are happy on each side the line. They live the same human lives. Even so do I think is the line between Time and Eternity, between the mortal and immortal. Looking out over the seemingly endless space, which here is one monotonous horizon, I draw anew the lesson of Unity. One Life! One Power! One Substance! One Truth and One Love.

Since my September Notes we have passed a week each in Glacier and Yellowstone Parks. I will not attempt any description. It were futile to do so. Pen, paint or photograph, all fail. If any of my readers are interested they can send to Secretary of the Interior, Washington, D. C., and receive from him finely illustrated descriptive pamphlets.

I shall simply try to describe the effect upon me of my visits.

Of Rainier Park I saw but little, but the Affirmation that constantly was impressed upon me there was—*God is Beauty*.

At Glacier Park, though its lakes are wondrously beautiful, the impression that lingers with me is—*God is Power*. It has no automobile roads. Points of interest must be reached either on foot or on horseback.

We tramped eight miles to and from our camp to "Granite Pass." This tramp necessitated the climbing by trail the mountain side where in three and one-half miles we rose 3,000 feet. The summit is 7,176 elevation. Here we stood on the Great Continental Divide and saw where

**THE WORLD BROKE IN THE MAKING.**

In the cooling process, the shrinking of the earth constantly bent more and more the strata till at last they broke and the western strata doubled over and buried the eastern half many thousand feet deep. Here on "Granite Pass" we look out upon the ragged and jagged edge of these broken strata. Hundreds of mountain peaks attest the titanic power that heaved them into being. Here God was Power uncontrolled and purposeless. A magnificent, lonely, forbidding scene, but its message to me was—"I, Henry Harrison, also am this Power. When I know myself I shall be able to level these peaks and make a World Beautiful of them." I have since been asking, "Why do I not know? Why do I not realize that I am in reality the same Power that thus broke its own creation in the act of cooling it, making it inhabitable?"

One day we walked to "Iceberg Lake." The only one of its kind in the world. Here a glacier runs over a precipice and huge bergs break off. There being only a small outlet for the lake thus formed, the bergs float in it, till dissolved by sun and wind. Here we get

## Minute a man stops looking for Trouble, happiness looks for him.

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—Irving Bachelor.

the wondrous color of glacier ice in tints of blue no artist can equal. But God's message here was one of Life. It forced from me the Affirmation—"I Can!"

While walking over a hard bank of snow I saw a dog-tooth violet that had forced its way through a foot or more of this almost ice, and was in bloom at my feet. The ground around was covered with like flowers and many other varieties. This little form of Life had forced itself through untoward conditions that it might, in the short season, express its possibilities. It taught me the lesson—*Life can overcome all external limitations. I am life! Why am I subject to limitations? I will be like the violet and master and fulfill, like it, my destiny—I CAN!*

### THE YELLOWSTONE PARK

shows nature in her chemic and freakish moods. Here is the world in making. All the chemic forces that were active in its emergence from chaos are here, still carrying on the processes of destruction and construction. The angel side here is a constant challenge to the artist to reproduce with his brush these colors. But they challenge in vain. In the terraces formed by the springs and in the sands of canyons and geyser cones the three primary colors are blended in every possible combination, producing pictures no pigments of human composition can equal. God here is Chemist, Artist and Wonder-worker. There are places which are the artists' and poets' heaven, and others where Dante could have obtained still more hideous conceptions for his Inferno. At times it seemed as if all the splendors of the walls and gates of the New Jerusalem were to be seen and

the nerves as a continual circus, of three rings, would be. We were glad of the relief we found on the road homeward. It is God's Play-place. Here he is showing how he built a world, and how he can tear it down and rebuild it. The minerals that feed vegetation he is bringing from the interior and piling them up in cones and terraces. Then by wind, frost and sun, he is tearing them down: pulverizing them, and by water and wind is carrying them far away to make fertile soil.

Even to the foot of the glaciers and along the streams of hot water are flowers. Ay! more wonderful vegetable life is within the boiling water of spring and geyser, which gives the wonderful coloring to the deposits which make in the sunlight such marvelous pictures. Science has decided that this coloring matter is a form of algae. "Lo! what wonders God hath wrought!" I constantly affirmed. But still more positively affirmed—*Man is Power to convert to his benefit all this seeming waste, because he is Self-conscious Power to control, to direct and to use this un-conscious, un-directed Power. I am Thought! Why am I not now the Conscious Master—the Conscious Law—of hot spring, geyser, volcano and earthquake? I can only answer—I am ignorant of myself! I affirmed anew, "Presume not God to scan. The proper study of mankind is Man." Man and God are one. Man is God conscious of Itself. I will claim my heirship to Power. I will learn of myself as Power to control Power. This is the purpose of the Incarnation.*

Now there remains the *one scene ever* indescribable, but ever

## Obstruction is but virtue's foil, The stream impeded has a song.

—Ingersoll.

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# NOW

**HENRY HARRISON BROWN, Editor**  
**SAM EXTON FOULDS, Asst. Editor**

A Monthly Journal of Positive Affirmations.  
Devoted to the Science and Art of Soul Culture.

It is the utterance of the Editor only. All thought not credited to others is his.  
Its basic Affirmation is:—**Man is spirit here and now, with all the possibilities of Divinity within him and he can consciously manifest those possibilities HERE and NOW.**

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Our Country's Flag to thee,  
Emblem of Liberty,

Our Nation's pride!

We pledge our fealty,  
Thy Stars and Stripes shall be  
Revered on Land and Sea,  
Whate'er betide.

—C. Fannie Aliyn.

\* \* \*

Mr. Sam Exton Foulds holds every Sunday evening a class in Mental and Psychic Science in NOW Parlors, 589 Haight St. Healing and advice by Mr. Brown and Mr. Foulds daily.

\* \* \*

A lady in Nebraska writes of "Self Healing": "I consider the book invaluable to give to those who are horrified at Christian Science. You may not remember us but we were delighted listeners to the talks you gave when you were here. We often say how we wish you could have you again. . . . I got a copy of the little book when you were here and have read it in pieces. L. B. M., M. D."

### BOOKS RECEIVED.

**REALIZATION MADE EASY**, by Kate Atkinson Boehme, published by The Elizabeth Towne Co., Holyoke, Mass. Price \$1.10.

This is a book by one of the well known New Thought writers. It teaches the "Radiant Centre" philosophy. It is a book of practical helpfulness.

**HUMAN WISPS**, by Anna Wolfrom, published by Sherman and French Co. Boston, Mass. Price \$1.

A book of six one-act plays, that are very pessimistic in tone, not so much in spirit, but from the fact that the subject matter is found among the submerged poor.

\* \* \*

A subscriber to NOW, a lady who was for sometime a Christian Science healer of repute in her city but now a staunch friend of NOW and its Editor, writes of my article on "Friendship" in August NOW (now in pamphlet at 10c each): "I would like to speak of your article entitled 'Friendship' but it is too great for any words of mine. I am considering it well because history and succeeding generations will marvel at your clearness of spiritual vision. 'Why are we so slow to recognize one (who is with us) having such wisdom?' I ask that I may know enough to appreciate you."

\* \* \*

From a member of the Fellowship: " . . . I see that I need to develop the attitude expressed in the motto at the top of one of NOW pages:

'I am not fighting my fight,  
I am singing my song.'

"I won't" has been my attitude toward everything. "I won't be sick." When I am sick "I won't take medicine" and then because I did get sick occasionally did take medicine I thought New Thought was doing me no good. Well! I am learning."

B. S., Calif.

\* \* \*

The longest day is in June they say—

The shortest in December;  
It didn't come to me that way—

The shortest I remember  
You came and stayed a day

And filled my heart with laughter.  
The longest day you were away—

It was the next day after.

—Forest Graft Guild.

## Call this God: then call this Soul: And both the only facts for me.

—Browning.

### POWER OF SUGGESTION.

An Attorney in Colorado writes: "I write my thanks to you for your reading. I guess you are about right. I want also to express my appreciation of your views as set forth in the last issue of NOW (May). With you I feel that human character can be trusted and that there can be no real development except by letting people feel that they, and they alone, are the responsible parties for their own salvation and the earlier in life they can learn it the better. I am glad for your definition of non-resistance. That seems to be the right view of the injunction of resisting evil. The command certainly does not mean that in order to be God-like we should ever play the part of an underling to one who wants to play the bully toward us. I had a difference with one recently who talked of making trouble for me, but I gave him to understand that my delight was in being in trouble; that I was at home no where else. I was perfectly good natured about it; but felt that if he wanted to fight, that it was the proper thing for me to do. Now my conscience seemed to approve of my attitude in every respect, as it never did when, from a wrong sense of duty, I tried to avoid a row, when it was pushed upon me. We all need the experiences that are thrust upon us, and should receive them in joy, and gladness, as coming from God, for our especial benefit. I have read somewhere that the father of Frederick the Great used to encourage the young officers who ate at the table with his son to tease the son mercilessly in order to cultivate self-control in the body. Preparedness will usually prevent strife, especially the preparedness of self-control. As individuals are to be prepared to defend and to maintain their lives and liberties so must nations be. It was folly to send the Volunteers of '61 to battle without being prepared; it will be *criminal* hereafter not to be prepared for the insults and aggressions of any nation. When we are prepared we will be respected and let alone."

H. J. H.

\* \* \*

W. B. Yeats, the Irish poet, writes to a friend: "My life has been in my poems. To make them I have broken my life in a mortar as it were. I have brayed in it youth and fellowship, peace and worldly hopes. Have seen others enjoy while I stood alone com-

### WHEN THIS WAR IS OVER.

Some glad day this war will end; the nations will rouse from their blood-drunkenness and their hellish debauch awake to sobriety, and humane principles will govern the acts of men. Then when that happy time arrives men whose observations and meditations have made them skeptical will ask many serious, thoughtful questions concerning immortality, and will have real answers. We nor the world have nothing to fear from the honest sceptic. "Scepticism it is which has remedied the three fundamental errors of the olden times, errors which made the people in politics too confiding; in science too credulous; in religion too intolerant." Without doubt there will be no inquiry and without inquiry no knowledge, says Buckle. Reason will have sway and men will demand a basic fact for their speculations concerning immortality. Soon love and man's conquerable mind will stand the recognized rulers. Remember that new commandment Love it is that calls us from the fount of life to don the mantle of individual being, love prepares for us an abode, ministers to our infant wants and lures us to our first steps nurtures our childish bodies and minds, then youth opens to our view broader fields where love teaches us the lessons of life. Love stimulates manhood and womanhood to those noble actions performed by toil, denial and supreme effort; love, our greatest inspiration though our severest critic. Then when the tired hands are folded by loved ones over the pulseless breast for the last long sleep of the weary body, love regnant still seeks its own, spanning the gulf 'twixt the two worlds, whispers to the sorrowing wailer "There is no death and Love is God."

—Arthur C. Smith, Address as Pres. of Man. State Spiritualist Assn.

\* \* \*

### NOTED NEW THOUGHT WRITER

#### WILL SPEAK

Henry Harrison Brown, editor of NOW author of several books on New Thought subjects, delivered a talk last night at the Unitarian church on the fundamentals of the New Thought philosophy. Mr. Brown is on his way to San Francisco.

**I, grateful, take the good I find;  
The best of now and here.**

—Whittier.

(Continued from page 137)

a white veil in the distance, the river, like a silver ribbon, 1000 feet below, and the walls on either side formed into cathedral spires, ramparts, bastions, parapets, turrets and ruined castles, while between and around them run rivers of sand of all possible colors, is the sight of a lifetime. Here at "Grand View" and "Artist Point" are opened to one galleries of pictures nowhere on earth surpassed. To be seen and *felt* by one is for him ever to be larger, broader, more *human*, more tender and more religious forever. "Great and wonderful as this is," I murmured "Thou hast made Man greater! I can stand here and *think* and grow. But they, poor inanimate things, are fixed. They are made for me. Not I for them. Thanks, O Father, for this sense of Being. Thanks for this Largeness that now is mine because I can in Thought encompass all this, and the heavens above. That I can feel that I am bigger than all this expanded universe. God is, and I am! And we are one." This trip of twelve weeks' communion has taught me no greater or clearer lesson than this of Unity.

\* \* \*

In these days when all persons feel free to debate all questions at all times and places, a bit of old history from the Journal of Education shows that this was not always so. The Educational Magazine says that in 1827 an application was made to the School Board of Lancaster, Ohio, for the use of the school-house for a debate on the question, "Are Railroads Practical or Not?" The board refused to consent to the opening of the school-house for a debate on such a foolish proposition, and made its answer a formal part of its proceedings, a part of which reads: "You are welcome to use the school house to debate all proper questions in, but such things as railroads and telegraphs are impossibilities and rank infidelities. There is nothing in the Word of God about them. If God had designed that His intelligent creatures should travel at the frightful speed of 15 miles an hour by steam, He would clearly have foretold it through His Holy Prophets. It is a device of Satan to lead immortal souls down to hell."—*The Wall Street Journal*.

(Continued from page 129)

sun's heat wasted in the desert. His plan was an immense lens that should condense the sun's rays and convert the heat for practical purposes in cities. But by his plan he would have had only the day's heat. By my Vision all the twenty-four hour's heat would be available, for the melted sand would supply the night's demand.

He was experimenting upon material for the lens. For many reasons he had found glass would not do. But he had evolved a lens made of a concave and a convex glass and filled in between with alcohol.

Thus the Idea is born into human ideals. Sun heating will become a reality. A few years ago a man in Los Angeles began this use of sun heat, with some success. To what extent it has become available I know not. Some one of my readers may be able to tell me.

But Prof. Bell's article has awakened the thought and I am now more certain than ever that we are on the beginning of an epoch when from the sun we will obtain, not only heat, but motive power, and possibly we shall find a way to so condense it as to make it available in place of gasoline. Transmutation of one form of power into another is possible, I believe, universally, just as we now transform electricity into light and tone.

One thing is sure: We will never say IMPOSSIBLE to any dream of man.

HENRY HARRISON BROWN.

\* \* \*

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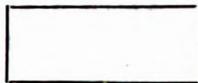
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**I, grateful, take the good I find;  
The best of now and here.**

—Whittier.

(Continued from page 137)

a white veil in the distance, the river, like a silver ribbon, 1000 feet below, and the walls on either side formed into cathedral spires, ramparts, bastions, parapets, turrets and ruined castles, while between and around them run rivers of sand of all possible colors, is the sight of a lifetime. Here at "Grand View" and "Artist Point" are opened to one galleries of pictures nowhere on earth surpassed. To be seen and *felt* by one is for him ever to be larger, broader, more *human*, more tender and more religious forever. "Great and wonderful as this is," I murmured "Thou hast made Man greater! I can stand here and *think* and grow. But they, poor inanimate things, are fixed. They are made for me. Not I for them. Thanks, O Father, for this sense of Being. Thanks for this Largeness that now is mine because I can in Thought encompass all this, and the heavens above. That I can feel that I am bigger than all this expanded universe. God is, and I am! And we are one." This trip of twelve weeks' communion has taught me no greater or clearer lesson than this of Unity.

\* \* \*

In these days when all persons feel free to debate all questions at all times and places, a bit of old history from the Journal of Education shows that this was not always so. The Educational Magazine says that in 1827 an application was made to the School Board of Lancaster, Ohio, for the use of the school-house for a debate on the question, "Are Railroads Practical or Not?" The board refused to consent to the opening of the school-house for a debate on such a foolish proposition, and made its answer a formal part of its proceedings, a part of which reads: "You are welcome to use the school house to debate all proper questions in, but such things as railroads and telegraphs are impossibilities and rank infidelities. There is nothing in the Word of God about them. If God had designed that His intelligent creatures should travel at the frightful speed of 15 miles an hour by steam, He would clearly have foretold it through His Holy Propheets. It is a device of Satan to lead immortal souls down to hell."—*The Wall Street Journal*.

(Continued from page 129)

sun's heat wasted in the desert. His plan was an immense lens that should condense the sun's rays and convert the heat for practical purposes in cities. But by his plan he would have had only the day's heat. By my Vision all the twenty-four hour's heat would be available, for the melted sand would supply the night's demand.

He was experimenting upon material for the lens. For many reasons he had found glass would not do. But he had evolved a lens made of a concave and a convex glass and filled in between with alcohol.

Thus the Idea is born into human ideals. Sun heating will become a reality. A few years ago a man in Los Angeles began this use of sun heat, with some success. To what extent it has become available I know not. Some one of my readers may be able to tell me.

But Prof. Bell's article has awakened the thought and I am now more certain than ever that we are on the beginning of an epoch when from the sun we will obtain, not only heat, but motive power, and possibly we shall find a way to so condense it as to make it available in place of gasoline. Transmutation of one form of power into another is possible, I believe, universally, just as we now transform electricity into light and tone.

One thing is sure: We will never say IMPOSSIBLE to any dream of man.

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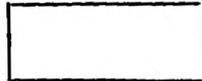
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