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New Age Interpreter

A magazine issued quarterly devoted to studies designed to aid the modern seeker to a spiritual reorientation in the light of the Ageless Wisdom. Eight issues \$2.75—Four issues \$1.50—35c a copy. Theodore Heline, Editor

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LIGHT, MORE LIGHT

In the beginning, or at the dawn of a new day of manifestation, God said, "Let there be Light." This was the first creative fiat. It was the initial action taken by Divine Being when entering upon another of the eternally recurring cosmic cycles of external expression.

The appearance of light was thus foundational to the whole aeonic creative process that followed. The reactivation of the luminosity in the heart of God, or the fresh release of Divine Light, set into motion cosmic substance of surrounding space within a specific expanse bounded by the will of God. A new creation had been launched into outer space.

The light that emerged in the beginning as recorded in Genesis is also the light that will prevail at the end of this day of manifestation as related by Saint John in the concluding Book of the Christian Scriptures. As John was lifted up in spirit to a point of illumination wherein he was "in the light as He is in the light," he beheld the New Jerusalem, the city in which there was "no night." There, reports the Revelator, "there was no longer need of the sun, neither of the moon, to shine in it," for the "Lamb is the light thereof."

God is Light. He is all in all. He is the beginning and the end, the Alpha and Omega of existence. It is in Him that all created things live and move and have their being. In the earlier evolutionary stages all elements in nature, and all living creatures gravitated naturally and instinctively toward that light. At a later stage, with the appearance of the fourth or human kingdom, instinct gave way to intelligence and the heretofore unconscious obedience to cosmic law was replaced by an awareness of selfhood possessing the divine prerogative of freedom to choose the way it would go. It could

henceforth continue its course toward the Light from which it sprang or to venture out on an opposite and darkening course. Such is man's condition in his present state of evolution. He stands at midpoint in his evolutionary journey. From this position he is free to choose the high road or the low; he can journey toward the light or revert into darkness.

In the septenary scheme of evolution man is evolving in the middle or fourth of the seven aeonic periods of time. He is also in the fourth or middle position of seven kingdoms. Below him are the mineral, plant and animal kingdoms representing steps of consciousness traversed in the past while above him are the three kingdoms of Angels, Archangels and Lords of Mind, with which he is immediately related in his present sevenfold constitution and toward whose exalted status he is destined to attain in ages that lie ahead. So again we find man occupying a middle position at which point the path chosen will determine the soul's future direction.

Coming closer to present experience, man now finds himself in a historical period that is crucial for the future destiny of the race. It is not an idle call that orthodox evangelists are making when stressing this, the present day and age, as "the accepted time." Nor again, the utterance of many and diverse observers of the current scene that the present troubled, unsettled present is a fateful Time of Decision.

Something of supreme significance undoubtedly occurred in the first half of this century. The world wars brought an age-old conflict between opposing forces to a climax. While that contest did not end by ushering in the Millennium or a Golden Age it routed a terrible evil that was threatening to sweep mankind under its sinister sway. The forces that veered more to the right-hand path than to the left gained the ascendancy. It now remains to be determined if the advantage so gained can be maintained and strengthened even against the powerful materialistic forces that are bent on keeping man brain-bound and earth-bound.

Man's Perception and Utilization of Light

Following the descent of the human ego into physical incarnation its external environment has grown steadily brighter and clearer as self-consciousness developed and came into sharper focus in the outer world. The early Lemurians perceived but little with their small, blinking eyes, while the later Atlanteans lived in a fog-laden atmosphere. The bright light of the Sun was never seen. Upon entering Aryana, the present epoch, as consciousness became firmly grounded in physical existence, the air cleared and man commenced to live in the sunlight.

But there was still the darkness of night except for such light as

shone from the starry sky. Primitive man waited long for light of his own making. More centuries followed, with such light limited to flickering candles, burning torches and open bonfires. But the ever groping spirit of man for light and more light led in the course of time to the artificial production of light by gas, and still later in our day, to the conversion of electrical energies into a universally available illuminant.

This tremendous change in the external conditions under which the race lives today has come about in a brief moment as measured by the millions of years man has been evolving on this planet. It has developed with amazing rapidity even in terms of historic time. Only as recent as the turn of the century, electric lighting for streets, public buildings and houses was still in its infancy. Today that light has literally banished the darkness of night from our cities and is now well on the way of also illuminating the wide open spaces of the countryside.

Yet all this has now proven to be but a prelude to present developments. With the release of atomic energy, man has come another step closer to lifting the veil on the blinding effulgence of manifested Deity Itself.

Man transforms his external environment to the degree that he unfolds his potential powers, physically, psychically and spiritually. He builds the physical eye in order to perceive the external light. He develops spiritual sight that he may perceive more of inner plane activities. As consciousness grows clearer and stronger, higher and wider, the inner light takes on an increasing radiance that finds its counterpart in the external environment in which he lives.

"How far we discern the light which shines in darkness," writes Madame Blavatsky, "depends upon our power of vision. What is light to us is darkness to certain insects, and the light of the clairvoyant sees illumination where the normal eye perceives only blackness."

In our own lifetime the expansion of consciousness that comes with the advent of the Space Age, and in accord with the tremendous acceleration undergoing every aspect of life, the call is clearer and louder than ever for light, and more light. Witness the dimly lit cathedrals of old and the brightly lighted churches of the present, even to the recently constructed all-glass edifice on the California coast at Palos Verdes. Also to be noted is the rapidly increasing use of glass in the building of homes, schools, commercial buildings and factories to be seen in city, town and countryside. The urge is everywhere manifest to live in the light. It is an inner aspiration finding external expression.

The Secret of Light

In 1947 there appeared a book titled *The Secret of Light*. It is by Walter Russell, eminent artist, scientist and philosopher. It is dedicated "To the One God, the Universal One," and inscribed "To those who seek inspiration, knowledge and power through greater comprehension of Light."

Mr. Russell equates Light with God. It is a treatise profoundly scientific and religious. Writes Mr. Russell in the Foreword: "Jesus said 'God is Light,' and no man of that day knew what He meant. The day is now here when all men must know what Jesus meant when He said 'God is Light.'"

"For within the secret of Light is vast knowledge yet unrevealed to man. Light is all there is; it is all we have to deal with, but we do not yet know what it is. The purpose of this message is to tell what it is."

Mr. Russell then enumerates a long list of questions pertaining to life's mysteries for which no answers have been forthcoming. But he adds, "Within the secret of Light is the answer to all of these heretofore unanswered questions, and many more, which the ages have not yet solved. This revelation of the nature of Light will be the inheritance of man in this coming New Age of greater comprehension. Its unfoldment will prove the existence of God by methods and standards acceptable to science and religion alike. It will lay a spiritual foundation under the present material one of science. The two greatest elements in civilization, religion and science, will thus find unity in marriage of the two. Likewise human relationships will become more balanced because of greater knowledge of universal law which lies behind all of the processes which Light uses to interweave the patterned forms of this electric wave universe.

"There is no department of life which will not be vitally affected by this new knowledge of the nature of Light, from the university to the laboratory, from government to industry, and from nation to nation."

This new knowledge of the nature of light is now literally bursting upon us. Scientists working in this highly specialized field are reported as confessing that, even for them, let alone for the layman, research is moving ahead so rapidly that it is almost impossible to keep it up to date.

In a radio broadcast on last March 18th, the University of California, featuring the "University Explorer," told the fabulous story of the invention of a device that will revolutionize our use of light. The subject was treated yet again by the same sponsor on May 20th,

in view of the tremendous importance attached to this new discovery and the wide interest it has aroused in all quarters.

A Marvelous Invention

"The Amazing Laser" was the title given to these reports. Laser is the name given to the new device, the letters being the abbreviation for "Light Amplification by Stimulated Emission of Radiation." It has to do with the very generation of light. Up to this discovery, we were told, there was much that we could do *to* light but relatively little we could do *with* the source of light itself. Now, "in the historic year of 1960," there is a break-through in the manipulation and mastery of the phenomenon of light generation itself.

The laser is described as a ruby rod no larger than a pencil around which is attached a spiral flash-lamp. The electrons in the crystal are activated by setting off the flash-lamp. By means of this little and apparently simple device a weak beam of light can be intensified and amplified to a seemingly incredible degree. It generates a heat several times greater than the Sun. The light so generated does not radiate out in all directions but streams out along parallel lines. It is sharply focussed. It has little spread. A beam directed on a screen a mile away, we are told, would produce a spot only a foot in diameter, and would widen by no more than ten miles by the time it reached the Moon, 238,866 miles distant. Such light has never been generated before.

The creative possibilities that this places in man's hands are almost past belief. With it so-called miracles are already being performed. Consider but its application in the field of the healing art. According to the "University Explorer" a laser beam could be passed through a lens, penetrate body tissue, and come to a focus at a predetermined point for delicate cutting, fine stitching of wounds through a fusing of the skin, sterilization or cauterization of extremely small areas, or for deep radiation therapy. In recent experiments, a laser beam was focused on the retina of a rabbit's eye. The strength of the beam was low enough to pass through the eye without injuring it, yet high enough, after focusing to produce stitching on the retina.

All this must needs give us pause to ponder, deeply and reverently. Until this day of grace healings effected by the performance of internal surgery without the aid of any physical agents or external evidence of what was being accomplished were possible only to the Great Physician, the Father of Lights. Now man begins to follow in His steps by adopting similar procedures. The utilization of a non-material agent to carry out a healing formerly requiring an

internal operation now replaces to an important degree the use of physical instrumentation.

In this application of free energies available from nature's unlimited storehouse for the purpose of healing, we have a scientific counterpart to what the power of prayer and the activation of divine energies by means of creative imagination and creative faith are to the religionist. In the former instance we are dealing with light that can be seen with the physical eye, in the latter with light perceived only with the eye of the spirit. Both emanate from the same divine source, for *God is Light*. We have here a development that fulfills Walter Russell's assertion of a few years ago, as previously quoted, that as man penetrates more deeply into the secrets of Light there will be revealed to him the very existence of God in a manner provable "by methods and standards acceptable to science and religion alike." Also, that it will lay the spiritual foundation under the present material one of science, thus uniting "the two greatest elements in civilization, religion and science."

This so, it can be safely said without exaggeration that in this new-found mastery of the phenomenon of light another epochal stage has been reached in man's progressive ascent toward the Light and into a state of fuller conscious, intelligent and purposeful cooperation with the Divine Powers in the creation of Greater Man.

May we not see in this truly wondrous unfoldment of the powers and application of light a concrete response to the invocation to the God of Light in the mantram form in which it was released under Hierarchical direction for general use in the year 1935:

From the point of Light within the Mind of God
Let Light stream forth into the minds of men.
Let Light descend on Earth.

This, the 1st of four stanzas of what has come to be generally known as "The Great Invocation," is a potent call for light that is being voiced daily by countless thousands in many languages the world over. We are told by illumined authority that it is also being used by our Elder Brothers who work for humanity from the inner side of life, and also by Intelligences of yet more exalted stature.

Thus the focused, willed intent of purposeful souls dedicated to the Lighted Way, proceed simultaneously on both the inner and the outer plane of being. Out of such concerted, causative action by creative minds, momentous effects on the plane of outer manifestation are inevitable. Evidences of such are already discernible to the perceptive observer, among which we have good reason to include the device that amplifies light to such a tremendous degree and which

multiplies its applicability to human needs and desires to hitherto undreamed of possibilities. In other words, the amplification of a faint beam of light into one of unimaginable intensity and luminosity gives promise that the relatively dim awareness man now possesses of the universal light in which he is immersed is approaching a condition that will veritably pierce the veil of materiality and reveal the all-pervading Divine Light and dispel the illusion of separateness in which we live today.

Midsummer's Effulgence

Progress on the Path of Light can be greatly accelerated by proper observance of times and seasons. The quality of time is not uniform, as everyone knows from experience. There are flat periods and there are exalted moments. Many an individual has lived in the light of a revelation or under the inspiration of some illuminating and liberating truth that flashed into consciousness in a fleeting instant.

Midsummer, which is now upon us, is above all other times of the year the season of light. At the time of the Summer Solstice, which always falls on June the twenty-first, the Sun reaches its highest elevation in the northern heavens. All nature rejoices in its radiant effulgence. The tides of life run high. While they tempt the unthinking and the unobserving to drift dreamily along, they quicken awakened souls to seize the advantage they offer to move up higher.

As one of the four major turning points of the year, stellar conditions are especially propitious for turning on the inner light. Communication between heaven and earth, between the visible and the invisible worlds and between the light without and the light within is more favorable than at any other time. It is as if the gates between the inner and the outer world opened wide.

At these pivotal points of the year the processes leading toward the ultimate etherealization of our dense material world are especially active. There is modification in the atomic structure of the earth. Something of this nature takes place at each of the seasonal turning points, namely at the times of the Summer and Winter Solstices and at the Spring and Autumn Equinoxes. The earth is then charged with added light. Nor will this cease to be so until our planet will become, in an aeon hence, a ball of golden, incandescent light even as its parent Sun. From the foregoing facts one can now better apprehend what it has now become possible for man to do with the laser device, which, be it remembered, obtains its amazing amplification of light as a result of altering the atomic structure of the little crystal which forms its core.

Midsummer sets into motion a veritable festival of light. The

late spiritual scientist, Rudolf Steiner, has described at considerable length what he observed of nature's activities on the inner planes at this season. That report might well be titled "Some Secrets Pertaining to Midsummer's Play of Lights." He tells of silvery hued streamers weaving throughout the earth, and golden rays irradiating the heavens. Then how the soul forces of earth rise on the beams of earth-light to mingle with heavenly Intelligences as they descend in a golden glow. In the midst of this interweaving of the rays from below with those from above, one cosmic figure dominates the heavenly scene. That figure is the Archangel that presides over Earth's destiny during the summer quarter of the year. His name is *Uriel* which, very appropriately, means "Light of God."

In the remote past when man still lived in strong psychic awareness of the spiritual world from which he came, Midsummer's resplendent lighting of the heavens awakened an instinctive desire on the part of man to participate in the celestial phenomenon in some small way of his own. This he did by lighting fires on the highest eminence within his immediate environment. This kind of Midsummer celebration long survived down through the centuries with some vestiges of it still remaining in parts of Europe where the mysticism of old has not yet completely faded out.

Light, supernal light, being the keynote of the summer season, it is in accord with divine harmonics that both the Ten Commandments and the Sermon on the Mount were given in the season of the Summer Solstice. Each was delivered from a mount. They were derived from on high. To the people of the Old Dispensation the supreme light on their path toward the Light was the Law delivered by Moses. To the people of the New Dispensation there came the added light contained in the precepts given by the Christ in the Sermon on the Mount.

Now in our time new streamers of light are entering into human consciousness that will give at once added power and understanding on how to better live up to what these two major releases of Law and Love have brought us. The Ancient Wisdom and the Christian Mysteries are quietly and inconspicuously coming to light again. From these sources will come a deeper understanding and a clearer recognition of the scientific as well as the religious foundation of the guidance given by Moses in terms of law and by Christ in terms of love. This in turn will lend strength to aspiring souls, shaping their lives in keeping with these divinely inspired guides to human conduct.

The Age of Light

We are living in an explosive, expansive time. It is the Atomic Age, the Space Age, the Speed Age. It is also the Age of Light.

The latter appellation will not be long in also finding universal adoption. Light may well come to assume the most conspicuous aspect of the new, transforming world now in the exciting stage of its luminous dawning.

The emergence of this new Light Age does not just happen at this particular time. It arrives by appointment. It is definitely inaugurated by the Archangel Michael whose countenance is described as being like that of the Sun and whose radiance rates next only to the Christ, the Sun Spirit Itself.

According to spiritual science as presented by Rudolf Steiner, Michael is one of seven Archangels that each in turn oversee human destiny for a period of from two to three hundred years. Michael's latest assumption of this role is stated to have begun in the last quarter of the nineteenth century. Since then an intensified light has been focused upon this earth by this radiant heavenly Being. That it is making its impact on human consciousness is amply evident, and must be regarded esoterically as a major factor in the current scientific development of the generation of light more abundant.

The last preceding Michael Age occurred in the centuries that ushered in the Christian Era. Into the spiritual darkness that then prevailed, Michael lighted the way for the coming of the Light of the World. Now in our time His regency is of like import. He is lighting the way for the reappearance of the Christ.

At His first coming Christ became manifest to physical sight. At his second coming He will appear only to etheric vision. There is not now need for Him to again descend into physical form since His redemptive work following His earthly incarnation has made it possible for man to come part way up the ladder of Being and contact Him visibly on the next higher or etheric level of life.

As previously observed, human eyes were called into being so that the indwelling spirit could observe the surrounding light. This sight is now in process of being raised through sensitization so as to be able to perceive life on the etheric plane. It is with this higher vision that man will behold the returning Christ, not as before in physical form, but in His etheric raiment of Light. As Saint Paul wrote to the Thessalonians, we shall meet Him "in the air," or in the luminous ethers.

Wondrous days are these in which we live! To be sure all is not sweetness and light on this earth. As light is penetrating ever more deeply into the darkness it is bringing ancient hidden evils to the surface for their dissipation and transmutation. Let not this be a cause for despair. It is a challenge to be met, a condition to be righted, a victory to be won, a promotion to be earned. The Christ

spoke the comforting and assuring word for a tragic and troubled time such as ours. He foresaw its inevitable approach. When it would arrive, said He, then "look up, for your redemption draweth nigh."

Humanity stands today on the verge of epochal change. Vast possibilities lie immediately ahead for the whole human race. Events are of such a nature as to key mankind to a high pitch. There is great tension. Crises follow crises, as does opportunity after opportunity. From the inner planes events are engineered to create a favorable focus of forces that will serve to elevate and liberate the human spirit. A new principle is being quickened in man that is bringing in new realizations of eternal realities. Mass consciousness is being lifted in the process which is leading to nothing less than a planetary Initiation.

The journey ahead lies eastward. It is toward the light. It leads toward the Lord Christ, the Light of the World, and through His mediation on into union with the Father, the God of Light. Truly "Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God [Light] hath prepared for them that love Him."



For Whom the Light Shines

From the President of the editor's Alma Mater comes a message from which we quote an extract as follows:

Can one have hope in today's world? Or is all our strange thinking about fall-out shelters a sign of despair, a sort of foreboding that our life and the life of the world will go up in terrible clouds of atomic explosions?

Long ago, a prophet of Israel foresaw a day when "Men shall enter the caves of the rocks and the holes of the ground" because of a destruction which would level all the proud works of man. In that day "the haughtiness of man shall be humbled, and the pride of man brought low."

But the wonderful aspects of Isaiah's message was that he never thought of this universal destruction apart from a goodness of God which was greater than man's folly. It was against the background of the darkness of human despair that he saw the hope of life.

The people who walked in darkness have seen a great light; those who dwelt in a land of deep darkness, in them has the light shined.



COLOR THERAPY

IN RELATION TO ITS COSMIC ASPECTS

By Corinne Heline

II

The occult scientist does not look upon light and its colors as mere lifeless forces of nature; nor indeed does he look upon nature as being lifeless. The universe, or cosmos, is to him a living organism permeated throughout, in every least particle, by the Supreme Intelligence which we call God.

Just as there is a spirit "behind" or "within" the human body, so there is a spirit behind or within the physical orb of the Sun; and that spiritual Sun is invisible to the physical eye just as the human spirit is invisible to it.

When the esotericist speaks of the Cosmic Christ it is this invisible, interior, Spiritual Sun to which he refers, and it is this Cosmic Christ of the Sun which he calls the savior not only of the planet earth but of all the planetary bodies of our solar system: Mercury, Venus, Mars, Jupiter, Saturn, together with their satellites.

The relationship of the Cosmic Christ with the outer planets Uranus, Neptune, Pluto, and trans-Plutonian planets, is one of the deep mysteries of our solar evolution. From the human point of view it must of course be said that the Cosmic Christ works with these planets also, but it must be added that the nature of the work is very different from that done with earth humanity.

The white light that comes from our Sun is actually not a pure white light. Our Sun is a yellow, or yellow-orange, star, and even sunlight is tinged with its gold color, which in esotericism is the Christ color. It is significant that the bands of color in the aura of the Christ Initiate Jesus is also said, by all who have seen them, to lie in the same arrangement of bands as the colors of our solar spectrum, whereas those of the aura of Gautama Buddha, for example, differ. Astronomers know that different stars have different spectra, and the esotericist follows this up with the statement that the spiritual stars of the human race also have each his own individual spectrum of auric or spirit colors, arranged in characteristic bands.

An ordinary human being has an aura in which the bands of color lie across, or through, the ovoid aura of radiation which surrounds the body; each band is incomplete. In the divine aura of Cosmic Beings and Adepts the auric bands extend in a complete circle and

their arrangement shows what type of evolution the Being represents, just as the spectrum of the star reveals to the astronomer what type of star he is dealing with.

That there is a true correlation between the spectra of the stars and nebulae and those of the auras of Cosmic Beings is the contention of the occult scientist, but this is an aspect of auric science which has yet to be developed in the New Age.

We have shown previously that the three primary colors of the solar spectrum as related to our evolutionary scheme also indicate the three primary Cosmic Forces of the Solar Logos, which in Christian terminology are correlated with the Trinity: Father, Son and Holy Spirit. The blue ray belongs to the Father Principle, the yellow ray to the Christ Principle and the red ray to the Holy Spirit. The material universe is on the red ray, in its physical manifestation.

The Virgin Spirit—humanity in its pure essence—is also a trinity of powers, which in Rosicrucian terminology are designated as the Divine Spirit, the Life Spirit and the Human Spirit. Each power possesses a correlative “sheath” or vehicle. In the Eastern philosophy these are called Atma, Buddhi and Manas; and the sheath of the latter is the Casual Body, the Human Spirit of the Western Wisdom teachings.

When the Virgin Spirit becomes indwelling in a body organism, the three rays or powers have special centers through which they work. The Divine Spirit (Will Principle, correlating to the Father), has its seat at the root of the nose, between the eyes. The blue ray of the Solar Logos impinges upon this center in working upon human consciousness. This ray is concerned entirely with the well-being of the spiritual man. It is a dissolving ray and burns up all useless conditions in the universe. It is called the Father Fire.

Forces emanating from the Christ Principle, or Cosmic Christ (the Love-Wisdom Principle), aid the evolutionary development of the life on each one of the planets of the solar system, and when that life has reached a certain stage it is said that the Cosmic Christ becomes *indwelling*. This is the point at which involution becomes evolution, when the evolving life, having reached the nadir of its involvement in matter, turns Godward, to evolve upward out of materiality and into the completion of Spirit.

The Christ Ray is yellow or golden, and is nourishing and up-building in nature. It is concerned chiefly with man's mental and moral development. It is transmitted through the planets which reflect to the earth influences consonant with their own evolutionary status, working chiefly on the brain and through the ductless glands in the human organism.

Those forces which reach us by way of the Moon, which are also reflections of solar light, represent the red ray of the Holy Spirit or Jehovistic Principle, and they enter the body through the spleen, their chief function having to do with the well-being of the physical man.

When the esotericist speaks of God as "Light," and describes Him in terms of color, it must be remembered that the "Rays" of that Light are in fact living Beings. Thus Hebrew legend has it that thousands of new souls are created daily before the Throne of God, welling up like a fountain of Light and flowing out into the universe. So also it is to be understood that the "Rays" of the Cosmic Christ represent a life wave of Archangels, and that the particular Being whom we call The Christ, and who worked through the agency of the Master Jesus, was the greatest of these Rays or Archangels; an individualized Being who came to the planet earth at the beginning of our Christian era, at which time earth's evolution turned Godward. It follows that a similar occurrence awaits some planets of our system, and has already been known on others.

Thus we see that the Threefold Power is active in many and varied spheres, and it operates in manifold ways.

We have said that the outer planets have a special relationship to the Cosmic Christ and His work with earth humanity. This work concerns the awakening of the two centers of psychic power in the head, the pineal gland and pituitary body. The awakening of these two centers will be the signature of the New Age citizen, for it will be the common heritage of the race and not the rare development of the few that it is today.

The pituitary body transmits the rays of Uranus which open the etheric doors between heaven and earth and demonstrate beyond any doubt that there is no death. The pineal gland transmits the rays of Neptune which enable the illumined one to enter directly into heavenly realms and to study at first hand the laws and so-called miracles of the higher planes. At the present time it is exceedingly difficult to stir these psychic sense centers from their dormant condition, and the exercises given in the Mystery Schools to accomplish this are fraught with danger. But it will be one of the great blessings of the New Age that the awakening will be accomplished without danger through the use of color therapy in the Color Temples which we have already described, for color can be administered in such wise as to safely kindle these sleeping organs of the soul into intense activity.

It is to be understood that the real stimulating force in every instance is the triune Virgin Spirit itself, responding to the Cosmic

Powers of the Logos; but in the dense materialistic conditions of the earth plane certain outside helps are provided by the Lords of Destiny, who see to it that each cycle has what is needed for its unfoldment at any given time. Thus the cosmic rays, which science says are increasing in the earth's atmosphere, are among such helps provided by the Lords of Destiny.

The accelerated vibrations necessary to awaken the power centers in the head from latency to activity will, in many instances, be accomplished through color stimulation, thereby causing those in whom they are awakened to become, here and now, citizens of two worlds—"rovers amid the stars," as such attainment was designated by the Sons of Wisdom in ancient Egypt.

Writes Dr. Minugh in an article on color that appeared in the magazine *Chimes*:

In the Golden Age of Greece, and in the Healing Temples of Light and Color at Heliopolis in ancient Egypt, color was used effectively, and was greatly revered. Throughout all the ages there has always been the application of Color to establish poise and harmony, to soothe and sustain, to heal and restore, and to create anew...

Color application has the beautiful and purposeful mission of alleviating dis-ease, not with drugs, but with the radiant pristine *Power of Light* which works on *all* levels of our *Being*. It is due to an inability to illumine our lives emotionally, mentally, and spiritually, that we suffer of tone and dis-ease physically...

We have seven major glandular centers in the human body... These centers each have their own particular rate of vibration (color frequency) and absorb from the food we eat, the thoughts we think, the emotions we harbor, certain qualities whose rate of frequency is identical respectively with each of the seven colors of the spectrum.

The white light (Christ-light) drawn into the consciousness of the soul is changed into its seven component colors, each one being sent to sustain the center to which it has its affinity...

New devices for transcribing inspirational sound-patterns into gorgeous color symphonies will undoubtedly revolutionize man's color consciousness and aid in the development of his inner plane awareness. This will greatly enhance the quality and productiveness of all the creative arts. Fourth dimensional activities will come noticeably to the fore in science, art, literature and religion. Humanity stands upon the threshold of a *color-full* world, one that will challenge it to delve into the unknown, the undiscovered, the unlimited.

Scientific Application of Color

Advanced cases of psychoneurosis, obsession, and shell-shock will be soothed by the violet-lavender ray of Neptune, the most healing of all colors.

For extreme cases of nervous exhaustion, hypersensitiveness, morbidity and undue introspection and brooding, the inspiring blue-gold of Uranus will be found especially beneficial.

Fevers, high blood pressure and heart palpitation will respond to the soothing effect of Mercury's pure green-gld.

Low blood pressure, anemia and general lack of physical stamina will require the clear, exhilarating red of Mars.

Tendencies toward excitability resulting from an over-abundance of nervous energy will be lessened by using the indigo ray of Saturn. Bone fractures and malconstruction will respond to this ray also.

Ailments centering in the liver and impediment of the arterial circulatory system will be aided by the use of Jupiter's deep violet-purple.

Skin diseases, irregularities in the venous circulatory system, melancholia and ordinary ailments common to childhood, will be benefited by the soft pink and gold belonging to the love star Venus.

Heart ailments of all kinds, from slight irregularity in beat caused by nervous indigestion to the most serious affliction, will respond favorably to the magical properties of the pure deep golden ray of the Sun, the heart of the solar system to which we belong.

Students of the occult arts, and all who are mystically inclined, when utilizing any of the fine arts as a medium through which to promulgate these higher principles governing life, will find it helpful to draw upon the exquisite blue-lavender tints belonging to Neptune. Writers and speakers whose messages are centered in New Age ideals of unity, cooperation and brotherhood will find their inspiration quickened by using the blue and gold of Uranus.

Teachers, scientists, physicians, nurses and metaphysical healers will be strengthened in their respective professions by the soft, clear greens and gold of Mercury.

Dieticians, naturopaths, chiropractors, osteopaths and other healers using natural methods of correction and restoration, will be definitely helped in their ministrations by centering their remedial activities in the orange-gold of the Sun augmented by the clear greens of Mercury.

Ministers, lawyers, public speakers and politicians will enhance their influence by use of the pure violet-purple of Jupiter. Athletes, soldiers, farmers, and all outdoor workers will increase both energy and endurance by using the vibrant reds of Mars.

The moon governs prenatal growth and the early years of infancy. Its soft, mist-like green and silver tones are indicated for the ills of infants and for women during the months of prospective motherhood. Mothers, teachers of very young children, matrons of orphanages, and all who have the care and direction of little ones will be greatly aided and stimulated in their work by the lovely pink-gold tones of Venus.

Spirit, mind and body—man in the whole of his being—are attuned to the heavenly spheres. Disease could never touch that wholeness or disturb its harmony had he always lived true to cosmic law.

Alan Leo, the English astrologer, once said that the zodiac is the alphabet from which astrologers obtain words of power for interpreting heavenly symbolism. It is, he adds, a circle of mystery more profound than the planets. This being true, the brief synopsis of color therapeutics herein outlined must necessarily include something of zodiacal as well as of planetary color patterns.

Emanations of the twelve zodiacal Hierarchies play upon the body of man, each having its own psychic entrance gate. Thus, from Aries, governing the head, to Pisces, governing the feet, the human organism is a sounding board whereby every zodiacal body emits its own particular keynote, and rays forth its own distinctive color and color pattern. Hence it is that the human body-temple is a perfect reflection of the heavenly pattern as shown in the arrangement of planets and signs in the horoscope. The star-patterns at birth are a complete index to the evolution of the ego coming into incarnation, and to the type of body prepared for meeting its earthly requirements.

Again, in conformity with the starry pattern above in which the twelve signs are divided into quaternaries corresponding to the four classic elements—Fire, Air, Earth and Water—are the four “vehicles” man uses in his progressive evolution. The fire signs (Aries, Leo and Sagittarius) represent the pure flame of spirit; the Air signs (Gemini, Libra and Aquarius) the powers of mind; the Water signs (Cancer, Scorpio and Pisces) the emotional nature; and the Earth signs (Taurus, Virgo and Capricorn) relate to the physical body-temple.

As previously noted, each of the twelve signs emits its own individual sound and radiates its own individual color. Each keynote has its seven octaves and each color possesses its seven varying tints. Some of these colors are too delicate to be seen by the physical eye, but their effect upon man's body and consciousness are beginning to be tabulated by those experimenting in color psychology and color therapeutics.

One of the most important phases of healing through color and sound is the awakening realization of the healer to the fact that both thinking and feelings are intimately connected with physical ills, and that in them lie the cause as well as the cure of disease.

The fundamental color emanation of Aries, the first zodiacal sign, is red; Taurus, yellow-pink; Gemini, deep violet; Cancer, green-silver; Leo, orange-gold; Virgo, clear violet; Libra, yellow; Scorpio, red; Sagittarius, purple-blue; Capricorn, indigo; Aquarius, indigo in lighter hues; Pisces, blue.

It will be understood that each fundamental color has its seven-fold aspect that blends or unites with each of the other six colors in the New Age science of color therapy and color psychology. Much additional experimentation and observation will be required in order to determine the varying effects of the many possible color combinations.

We have noted that the twelve signs of the zodiac are divided into four triplicities correlating to the four classic elements in nature, and that these same divisions correlate to man's lower quaternary—the threefold body together with mind—which constitutes the composite vehicle wherein an ego functions on earth. The same classification pertains to diseases, all of which fall into one or another of these four groupings. To illustrate: infirmities caused by alcoholic excesses, fevers, high blood pressure, and that most dreaded disease of all human scourges, cancer, all come under the element Fire. All forms of insanity and drug excesses relate to the Air element. Diseases of the stomach, digestive tract, assimilative and glandular systems come under the Water element. Abnormal growths and malformations of the body belong to the element Earth.

A healer will do his most successful work when dealing with ailments that come under the same element as his ruling sign. For example, a physician whose birth month is Leo (July 20-August 20, approximately) will have special ability for healing maladies classifying under the Fire element or its complement, Air, because naturally he will have greater affinity with patients who belong to Fire or Air.

Most healers, regardless of the school they represent and whether or not the astrological factors are recognized, admit that they are more successful in dealing with some diseases than with others. The key to this fact is to be found in the element which links the healer and the patient, together with the nature of the ailment to be cured. These are the bases of specialization as yet unknown to physicians.

The twelve zodiacal signs bestow vitality of varying degrees as well as different characteristics, temperaments and personal appear-

ances. They are truly sign posts of life. The response or affinity of any individual to the various degrees of sound and color as emanated by the birth sign, indicates the native's evolutionary status. This also aids in the person's adaptability and susceptibility to healing through music and color.

Below is a brief tabulation of the general maladies coming under each of the twelve signs:

ARIES—Ailments affecting the cerebral hemisphere of the brain, organs of the head, eyes and ears.

TAURUS—Neck, throat, larynx, tonsils carotid arteries and jugular veins.

GEMINI—Shoulders, arms, lungs, thymus and upper ribs

CANCER—Stomach, diaphragm, lacteas and thoracic duct.

LEO—Heart, spinal cord and aorta.

VIRGO—Large and small intestines and pancreas.

LIBRA—Kidneys, skin and the suprarenals.

SCORPIO—Bladder, urethra, the genital organs, rectum and descending colon.

SAGITTARIUS—Hips, thighs, femur, illium, illiac arteries and veins and sacred region (lower part of spine).

CAPRICORN—Knees, bones (in general) and certain skin eruptions.

AQUARIUS—Limbs from knees to ankles and varicose veins.

PISCES—Maladies principally of the feet and toes.

It should be noted that indispositions coming under a certain sign may have a reflex in its opposite or complementary sign. This important factor must not be overlooked in making a general diagnosis.

To recapitulate briefly, a complete delineation of a person's condition of health or disease requires a proper examination of all the numerous factors involved in his composite being. This means taking into account the Sun's rulership over the indwelling ego; Mercury's over its mind; Venus over its emotions; the Moon over its instincts; Mars over its drives; Jupiter over its etheric and physical bodies; Saturn as its stabilizer and chastener—the ego's supreme teacher. Through pain and sorrow he tends to lift the ego above the trivial and evanescent and to focus its attention upon spirit and eternal truths. Thus it is that regeneration and illumination so often follow upon sickness and grief.

As the world moves closer to the cooperative new age of Aquarius, healing groups will be established to work along specialized lines in correlation with the cosmic scheme of the twelve signs and the seven planets.

Other installments in this series on Color Therapy will appear in the next two issues of the *Interpreter*.

THE SACRED SCIENCE OF THE STARS

*God is a writer, for Space is His page; the stars, His alphabet;
the meteors, His commas; the vast cycles of Time, His periods.*

—Frances Merchant

The Wisdom Religion is to be found in its highest and purest form in the Science of the Stars. In ancient times before mankind had descended to its present depths of materialism, astronomy and astrology were one. The external universe was rightly conceived as the outer manifestation of an indwelling, all pervading creative spirit that we call God. When it worshipped the Sun and Moon and Stars it was the sublime cosmic spirits indwelling in the heavenly orbs before which they did devout obeisance.

In our time the study of the stars is being pursued for the most part void of spirit. By means of ever more powerful telescopes we have peered into measureless space and charted the positions and the courses of countless heavenly bodies. But as Shakespeare has one of his characters in *Love's Labor Lost* observe:

*These earthly god fathers of heaven's lights
That gave a name to every fixed star,
Have no more profit of their shining nights
Than those that walk and wot not what they are.*

The orientals have not detached themselves to the same extent as have the occidentals from a consciousness of all-pervading Spirit that gives meaning and purpose to all manifestation. They still retain to a marked degree a spiritual awareness that all created things spring from the fountain head of a Universal Intelligence and are ever conditioned and sustained by it. This primeval wisdom has been crystalized and perpetuated in ideograms still in current use in oriental languages.

On this point we wish to quote, and at some length, from an article in the May-July 1960 issue of the Japanese publication of *ANANAI*; the article is by its editor, Rev. Founder Yonosuke Nakano. It is titled *The Meaning of Astronomy*, which it will be noted from what follows, uses this term as including, even as the science of the stars did in ancient days, all that we today specifically designate by the word *astrology*. We would like to quote the whole of this luminous article but space permits only the following excerpts:

TEN-MON is Japanese for Astronomy: TEN standing for Heaven, and MON—for literature. Astronomy in Japanese, accordingly, means to "read the Literature written by God in the Book of Heaven about the activity of all creatures in the universe." Not only what happened in the past and what is happening at present are expressed therein, but what will happen in future is also contained in it. Once you master astronomy, therefore, God is pleased to tell you everything about this world.

The Great Education of God . . . can be touched by man through the natural phenomena of Nature whenever he opens the door of his mind and unites himself with the Great Spirit of the universe. Viewed in this light, the life of all creatures, to say nothing of

mankind, should be led in accordance with the "spirit of sun-moon-star," namely, the Symbol of God.

The best way to read astronomy is to make the starry heavens an object of scientific study and then to try to grasp the spirit of each one of the heavenly bodies appearing on its outside. According to my explanation, the most important thing is to interpret in a spiritual way the outward appearance of the celestial sphere.

Such an interpretation may easily be understood by taking a man for example. Even when you meet him for the first time, you can tell his age, job, character, life expectancy, destiny and many other things by observing his external appearance.

Man can also search for the Great Spirit in the active organ of the universe through its outer appearance. When he reads astronomy with this in mind, he will be able to perceive distinctly that all things in the universe are created, when the dual spirits of heaven and earth are combined. The origin of activity in the natural phenomena produced by Nature God is a principal mission assigned to astronomy.

The heavenly bodies are indeed of physical matter, but in reality, they are nothing but the vessel of spirit. Those interested in and trying to master astronomy, therefore, should devote themselves to the understanding of the significance of spirituality in the heavenly bodies. The science of astronomy can enliven itself and prove its merits by being grasped spiritually in its deep insight rather than by being studied materially through observation and calculation. In so doing, man can see the Power of God displaying his activity in Nature, through which all things are created by heaven and earth, and lead their lives in accordance with it.

In order to reach the World of God, man should enter through the door of the substance in the heavenly bodies and then go into the intermost of spirit. God exerts His Power in many ways ranging from the creation of Macrocosm as the biggest to the perfection of a microscopical molecule as the smallest. In the World of God, however, there is no idea of size, but everything is the same spiritually.

Man is so constituted that he should live in accordance with the Divine Will by centering around Father God, to which he owes his life. It is, therefore, the more significant for him to make out the Divine Will through the medium of astronomy.

What the science of astronomy should be is a derivation from the World of God incorporating all the necessary data for this purpose. It enables man to clarify the indispensable principle for human life. This is why it is called the king of sciences.

It is religion that studies the reality of the universe in the spiritual aspect; it is astronomy that studies the noumenon of the universe on the physical side and tries to grasp the Great Spirit of the universe. Each one taking a different route, the two arrive at the same summit. This accounts clearly for the fact that religion and astronomy are one. The science of astronomy may well be regarded as a method of expounding religion, not merely a branch of science.

In the Japanese ideographs, month and day are expressed by the same characters as the moon and the sun respectively. And the ideograph "Clearness" is represented as a combined character of the sun and the moon. This means that the sun and the moon can make everything clear by combining with each other. Accordingly, a calendar is all the more valuable considering that it is composed of the power of the sun, the moon, and the stars.

KO-YOMI is Japanese for Calendar: Ko standing for Oldness, and YOMI—for Reading. A calendar in Japanese, therefore, means not only "the passage of time," as stated above, but also "knowing newness by reading oldness." The Japanese people, sensing a kind of suggestiveness even in a hieroglyphic character in this manner, can perceive the mystery and dignity of spirituality contained in a calendar.

The study of the more outward appearance of the heavenly bodies is no more than the "man-made astronomy" and far from reality. And yet, the astronomer of today, without exception, seems to devote himself to astronomy of this kind. The secrets of astronomy cannot be mastered only by human knowledge any more than the mysterious essence of religion can be grasped merely by the philosophical study of it. With human knowledge isolated from God, no one can break through one's own boundary and communicate oneself with God, no matter how hard one may try.

Astronomy, as a counterpart to religion, should have spirituality in it. The study of astronomy, therefore, should also be carried out from the spiritual point as well as on the physical plane, so as to transmit the Divine Will onto earth and translate the rule of heaven into action: otherwise it does not contribute to the spiritual elevation of mankind.

The mere sight of a calendar shows clearly the relationships between Nature and man, which are too mysterious for science to give a clear-cut solution. Religion and astronomy form a pair of "counter-mirrors": they are like mirrors to each other. When the world of today is reflected in it, it shows vividly that the power of the "astronomical religion" is none other than the Power of God.

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BOOK REVIEWS

By ELIZABETH HILL

ART—ITS OCCULT BASIS & HEALING VALUE, Eleanor C. Merry. 1961—190 pages, 9 color plates, Index, \$5.00—New Knowledge Books, 18 Elizabeth Crescent, East Grinstead, Sussex, England.

Many of our readers have been disappointed to learn that Rudolf Steiner's lectures on color are out of print, so bringing to them word of this volume is cause for rejoicing. The author—who is also the creator of the exquisite color plates—was a devoted student of both Goethe and Steiner. Her outstanding contribution to Anthroposophical literature is a memorial to them and to their teachings. Though she left this earth plane some five or more years ago, it was not until recently that this volume was released.

How is it possible to reveal its content in a few lines when every paragraph is an adventure into the realm of creative expression? Color? Yes! Yet not color as seen by the *physical* eye. Form too, but not confined by three-dimensional limitations. Art is depicted as compounded of vision, in-reaching and out-pouring movement, aspiration and worship.

As to so-called "modern art," Eleanor Merry saw it as an escape from the "too, too solid flesh" of fixed modes and methods, but an escape in the wrong direction. Instead of its freeing Beauty from her imprisonment, it denies her very existence; hence it is a passing phase of expression.

If only this treatise might be given a place on lists of required reading in the art departments (and elsewhere) of every school and college, public or private! Also on lists of recommended reading in our libraries! It must not, however, be considered as applicable to art students, teachers and exponents only. It has a deep and lasting message for everyone and is especially timely as we find ourselves in a no-man's-land between a vanishing and an emerging epoch of culture.

SECOND BOOK OF AZRAEL, Teachings by the Great White Brotherhood. The White Lodge, P.O. Box 464, Del Mar, Calif. 187 pages—blue or white heavy art paper covers—\$3.00

As the title indicates, this is the second volume of teachings originating with the Great White Brotherhood. The first is titled *The Book of Azrael* and contains 96 pages of communicated messages relative to those exalted ones who comprise the Brotherhood and their mission to earthlings during this critical period in world evolution. This volume is priced at \$2.00.

The SECOND BOOK OF AZRAEL elaborates upon these spiritual-plane "workers in the vineyard" and whereby they entered the privilege of becoming servers with the Christ. Azrael, a truly compassionate Brother, outlines a simple, effective and reliable procedure for bringing into function the indwelling Christ consciousness, the one and only security amidst incessant change.

Among the book's seventeen chapters will be found such illuminating subjects as *Universal Law of Love in Action; Death, and What Comes After; Technique of Spiritual Healing; Visitors from Other Planets; The Star Circle; Sacred Hidden Shrines*. Yes, and if you are asking in frustration, "But what can I Do?" you will find the answer in a chapter headed *Ways of Service in the World Today*.

Books reviewed in these columns available from New Age Press, Inc.

CREATIVE FAITH

He was a young man and a total stranger who sat beside me in a restaurant as I was eating. Soon we were in conversation, during which he disclaimed any leanings toward religion or occult interests—that is, not until the night he was set upon by thugs and terribly beaten up and his leg broken. Unconscious, he was taken to a hospital and patched up. As he became aware of his surroundings, all he could recollect hearing over and over:

*I who have parted the planets,
I who have laid down the Law;
Bounded the seas and the oceans,
Counted the sands on the shore;
Here tell My faithful the watchword
By which all My wonders are done
Oceans and seas and swift rivers,
Mountains, volcanoes and hill,
Swift circling planets and star dust,
With faith I build at My will.*

—E. H.

Natural Foods Are the Best

From a recently published volume* we quote the following brief excerpts: "Once before in your past animals were vegetarians, but as the planet became negative and gross they became meat eaters . . . When you will have fully entered the Golden Age . . . the herds you raise for food will slowly disappear. It is not in tune with the New Age that men should raise animals to eat . . . Hunting will no longer be a sport . . . The earth will become fruitful with vegetables and herbs. This is the true diet of man.

"When meat is eaten, we see it manifested in the auric field. This hinders the 'light' to shine through . . . Your body is not of the same atomic structure it was five years ago . . . Meat, at this time, is a great hindrance to spiritual progression . . . Change diet habits . . . Natural foods have been introduced of late for a purpose . . ."

*Why We Are Here by J. W., Transcribed by Gloria Lee. Common Research Foundation, P. O. Box 55, Palos Verdes Estates, Calif. \$3.75

Occidental Hinderances to Occult Development

These are several. Writes the Tibetan in Alice A. Bailey's *A Treatise on White Magic*: "A fourth hinderance is found in the physical body, which has been built up by the aid of meat and fermented foods and drinks, and nurtured in an environment in which fresh air and sunlight are not paramount factors. I am here generalizing, and speaking for the masses of men, and not for the would-be earnest occult student. For long centuries food that has been decomposing, and hence in a condition of fermentation, has been the basic food of the occidental races; and the result can be seen in bodies unfitted for any strain such as occultism imposes, and which form a barrier to the clear shining forth of the life within. When fresh fruit and vegetables, clear water, nuts and grains, cooked and uncooked, form the sole diet of the evolving sons of men, then will be built bodies fitted to be vehicles for highly evolved Egos. They patiently await the turning of the wheel,

and the coming in of a cycle which will permit of their fulfilling their destiny. The time is not yet, and the work of elimination and adjustment must be slow and tedious."

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