

NAUTILUS

JULY

1933

*On With the NEW Deal:
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To ALL of Us!*

Look inside for:

Moses And Jesus And The Usurers

What are we going to do about them? ELIZABETH TOWNE

From Poverty To Prosperity

Methods that took one man from poverty to prosperity in 18 months ANONYMOUS

The Genesis Of The New Individual In
The New Age

BROWN LANDONE, F.R.E.S.

How To Manage That Inferiority
Feeling

How two world-famous persons dealt with it
C. W. CHAMBERLAIN, Ph.D.

To One Who Feels Herself To Be At
The End Of Her Rope

VIVIAN MAY WILLIAMS

This Affirmation Brought Health To
One Who Had Always Been Weak
And Sickly

GODIN V. GREENE

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Edited by ELIZABETH TOWNE *and* WILLIAM E. TOWNE

Price 20 cents

Nautilus Nuggets For Daily Needs

By George C. Hubbs

This is a department devoted to excerpts from articles in the last issue, which can be quickly and effectively applied to daily problems. These excerpts are from June Nautilus.

How to Offset the Bogey of Fear—

Stop and think what would be the result, if, instead of fear the thought of success was broadcasted by everyone. The law working one way must work the other way too. Why let your lives be dominated by fear instead of success? Why limit your possibilities by the thought that you *might* lose your position when with the reverse thought you might keep it?

—R. M. JOHNSON (P. 2)

Proving God Through Gratitude—

To make it seem more difficult, my eyes were seriously affected so that I could not go around alone. I had no family to turn to and no home where I could go, but I still continued saying, "Either God is or God is not and that understanding is all that is necessary." I repeated many times the words of my teacher, "I thank thee, Father, that there is nothing between thee and thy Son," and "I thank thee, Father, that I have received abundantly." For the Father has given abundantly of all good things and all we have to do is to reach out our hands and accept the good with which he has blessed us. I had long known that the first thing necessary to draw my good to me was the spirit of gratitude—deep gratitude for the manifold blessings that an all-wise and all-good heavenly Father has given.

—P. P. (P. 6)

This Affirmation Brought Harmony—

I picked out an affirmation which seemed to fit my case as covering the whole need and used it night and morning during the Silence period which I was now practicing. This affirmation others may find helpful also: "I place myself and all my affairs lovingly in the hands of the Father with a childlike trust, knowing that all that is for my highest good will come to me."

—PATRICIA JEAN LEE (P. 14)

The Man Who Meets Trouble With Truth—

So great is his faith, that he is able to go about his work cheerfully. He sleeps soundly, thus giving his subconscious mind the opportunity to fully present the matter to *the Christ within*. In the morning he rises refreshed; he has his answer. If the trouble is avoidable, it is soon settled. If unavoidable he has the strength to meet it squarely and bravely, knowing "That all things work together for good to them that love God."

—E. M. WEBSTER (P. 19)

Knowing the Real Truth About Yourself—

If God is Universal, everywhere at all times, if he is all powerful, all good and all love, we are, then, just what he is. God being everywhere, he is within us. Being within us we possess all that he is—Power, Good, Love, Peace, and Harmony. All that remains for us to do to bring these qualities into manifestation is to develop within ourselves a consciousness of these Great Truths.

—R. JAY GADUE (P. 16)

Forsaking the Attitude of Resistance—

Always we must start with our attitude of mind toward the thing, person, climate or work that is making us resistant. Always we must realize that no matter how innocent we feel *we* are and worthy of better things and treatment, our own attitude of resistance must be parted with, if we are to gain better health and circumstances for ourselves. This resistant attitude stands and will stand, like a block in our pathway toward progress and happiness until removed. Recognizing this, we will gladly let go and relax and study our problem sanely and with wisdom and see clearly and dispassionately our own errors and those of others, learning how to build better health for ourselves and secure better things and environment for our own future and for the future of those we love.

—ELIZABETH HEPBURN (P. 22)

The Coming of a New Age—

In the new age we shall no longer be bound to the servitude of making and handling *things* in order to earn a living. Instead we shall be able to earn abundance of all we need by *mutual service* to one another, providing each other with greater good, greater development, deeper education, finer art, greater culture and the luxury of all things.

—BROWN LANDONE (P. 24)

The Divine Power Back of Desire—

When Joshua felt the desire to lead his people into ownership of the olive-clad hills of Syria, he did not dismiss the thought as a temptation. In recounting his realization of this vision, he did not even malign it as a dream. He maintained, in profound seriousness, that it was Jehovah speaking unto him. And he lived to see his words fulfilled. His success may be attributed both to the very specific character of his ambition and his positive, determined and dogmatically assumed conviction that God had revealed his future in his longings. Joshua stands to us for this assurance that we cannot desire the impossible and that to wish for anything is to realize the ability to possess it.

—REV. GEORGE C. GOLDEN (P. 29)

NAUTILUS NEWS

BY THE EDITORS

NAUTILUS makes plain the Truth that frees, heals and prospers mankind. We support the basic Truth in all religions. "Ye shall know the TRUTH and the TRUTH shall make you free."

This Is What New Thought Affirms

Condensed from Declaration of Principles Adopted at Third International Congress

WE affirm the freedom of each soul as to choice and as to belief, and would not, by the adoption of any declaration of principles, limit such freedom. The essence of the New Thought is Truth.

We affirm the Good. This is supreme, universal and everlasting.

We affirm health, which is man's divine inheritance.

We affirm the Divine supply, which is the law of compensation.

We affirm the teaching of Christ, that the Kingdom of Heaven is within us, and that we are one with the Father.

We affirm the New Thought of God as Universal Love, Life, Truth and Joy, and that Heaven is here and now.

We affirm these things, not as a profession but practice, not only one day of the week, but every hour and minute of every day, not in the ministry of a few, but in a service that includes all mankind.

Good News From Mr. Herring has sent us a Daniel Boone Herring new series of remarkable personal experiences, the first of which will appear in August Nautilus. He calls these papers, "Personal Experiences With The Living Christ Consciousness." Out of a life packed with strange and amazing incidents, Mr. Herring has selected those which illustrate each some phase of Truth and its application in the common everyday affairs of life. Some of the incidents are sordid, some commonplace, yet they are related with the one idea of demonstrating how Divine Protection and Divine Wisdom are always present, always HERE and NOW present, in every human life, in EVERY happening in that life. The first of the series (to appear next month) is entitled *My Experience With Divine Protection From Death*. It tells how a sudden, inexplicable (to mortal sense) happening kept the writer from taking a turn which would have brought him to certain death, as the sequel proved.

"Miracles Today" Brown Landone writes about the *unknown* powers of the human soul in his next message to our readers. "A miracle," he says, "is the inevitable result of the ordinary operation of *unknown* powers." In other words, a miracle is mysterious only because we do not fully understand the *law* or process by which it is accomplished. After outlining some of the latest amazing discoveries of science regarding *radiation* and *sound*, Mr. Landone predicts that in the NEW AGE AT HAND—the spiritual age—

(Continued on page 32)

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How I Went From Poverty To Prosperity In 18 Months

Anonymous

I AM about to pen a remarkable story. In many ways it is more remarkable than the story of Aladdin and his wonderful lamp. And like that story it has to do with how I "rubbed" the magic lamp of thought and brought forth those things I desired in the material world. It may sound like a fairy tale, but it is absolutely true. This story tells how I made two all-important changes in my life, which completely transformed me from a hopeless, discontented person—a rank failure—into a contented, happy, healthy and prosperous man.

One of these changes concerns a change in environment; the other involves the more intricate change in my thoughts and mental attitude. But first, I desire to contrast a few of the most important transformations which have occurred in my life during the past eighteen months.

Eighteen months ago, I was absolutely a failure, a down-and-outer. I was wrecked in mind, was morose and without hope of success in life. In fact, my thought vibrations were so low that I often contemplated ending it all in suicide. . . . I am, today, a healthy, happy, successful man, enjoying life to the full. I have attained all those things I once longed for but never expected to attain.

Eighteen months ago, I lived in a little town, in a six room, dilapidated cottage, for which I paid rent—or was to pay rent—of ten dollars per month. (Most of the time I couldn't pay the rent, and was in constant danger of eviction.) . . . Today, I live on a large and beautiful farm, valued at \$15,000, and I do not pay rent.

Eighteen months ago, I did not own anything of material or financial value, except potentially, of course, which I didn't know about then. I had a wife and five children to support, with no means of supporting them. My wife had worried until she was constantly in danger of nervous prostration. . . . Today, I own the farm mentioned above, and I own a great deal of property—enough to supply all my family's needs.

Eighteen months ago, when I lived in that little town in that rented house, I was avoided by my friends and bitterly persecuted by my enemies. I was looked down upon, in fact, and branded as a no-account man and a failure of the lowest rank. . . . Today, I am highly regarded in the community where I now live; I have friends galore and no enemies; my advice is frequently sought on various questions, and I am held up as a bright and shining light in my community.

Eighteen months ago, I was in debt, head over heels, as the saying goes. I was hard pressed on all sides by persistent creditors. My household goods were attached for debts I could not pay. My typewriter, my washing machine—everything I had of value—was taken from me for my debts. For these debts I was framed, arrested, tried in the courts and publicly disgraced. (This is absolutely true, and is a matter of court records.) . . . Today, I do not owe any debts. On the other hand, I have an income sufficient to keep me and my family for a period of nine years!

Eighteen months ago, I was working at a job which I had grown sick of and despised, and which I longed to quit. But I saw no way of giving it up, and was forced to continue in it to get the bare necessities of life for my wife and five kiddies . . . Today, I work at the occupations I love—occupations I had once dreamed of following but did not then believe I should ever have the chance to follow.

Eighteen months ago, I was a slave—a slave to my thoughts, to my passions, to my whims, to my creditors! . . . Today, I am supreme master of myself, of my fate, circumstances and conditions. I mold my future, my life, according to the true pattern set for me by All-Wise Universal thought.

How did I bring about these wonderful manifestations? No, I did not have any rich uncle to die and leave me a legacy. Yet we all do have rich uncles in the form of correct and creative thought!

Here is my story in brief: I brought about these things by making two great changes in my life. The first, a change in environment. I will not dwell too long upon this change, as it was not the most important of the two. Let it be said, however, that none of these good things could have come to me in the environment in which I lived eighteen months ago. Of course, I should never have changed my environment had I not first made a change of thought.

The main trouble with living in an old, outworn, unfriendly environment is that the person keeps accumulating the thought waves of failure (if he is a failure) of those failures round about him. He gets stuck in a mental rut, so to speak, and it takes herculean efforts to get him out. Let a person who is of the introvert type, inclined to be negative, continue to live in a negative environment, and the chances are ten to one of his remaining in that condition as long as he lives in that sort of environment.

He becomes a captive to his own thoughts, and to those of his unsuccessful neighbors. It takes courage for one to preen his wings and fly away to a new environment. But I honestly believe it is the best thing to do, under like circumstances.

So I made a change of environment—the first important step. I realized that as long as I remained there, I should have these painful experiences photographed over and over upon the sensitive plate of my subconscious. This would serve to drag me deeper into the mire of failure. In other words, I was the victim of an inferiority complex which I could not shake off as long as I remained in that environment.

But I should never have had the courage to strike out in new fields had I not first made a change in my thought, had I not first thoroughly overhauled myself and adjusted my mental mechanism. It had been out of tune with infinite thought for over fifteen years, which was the main reason why I had fallen so low, mentally, socially and financially.

I shall now show how and why I made a change in thought, and how it transformed my life from one of dire failure to one of supreme success and happiness, and how I have made my wife and children superbly happy, and how my marriage, which I had once regarded as a yoke about my neck dragging me down, is now ideal in every way.

In my early twenties, I had what is erroneously called a nervous breakdown. The nerves, really, are never "broken." The nerves of a neurotic are

as sound as the American dollar. It is the courage, usually, that is broken. I did not then know that this was due to faulty habits—a fixation in my subconscious in early childhood. As a result of this disruption of my personality, I grew highly erratic, developed thoughts of failure, of timidity, grew into a rank failure upon the great shore of life.

To make a long story short, I grew from bad to worse. In the meantime, I had married and acquired a family, which added to my burdens. I fell deeper and deeper into the mire of negativeness and failure. I got into debt and out of tune with life, changed former friends into enemies by a lack of tact (sadly lacking in the neurotic), and fell so low that life seemed utterly hopeless and useless for me.

But then I discovered the why and wherefore of things; saw that my personality was divided, split into warring factions. I saw that for a number of years my subconscious mind had been polluted with a stream of negative thought so that it had now become a cesspool.

This was the key to the heart of the matter. Why not change the stream of my thought? I asked myself. Why not re-unite my personality by bringing these warring factions into harmony? Why not discipline my subconscious and compel it to take in a stream of pure, limpid water from the fountain of Truth? This, I felt, would change the character of the foul water in the cesspool and soon clarify it.

It was an uphill road at first, for the cesspool of my subconscious mind had become completely polluted with all sorts of foul and effete matter. First, in my early youth—when I could not help it—it had been warped and polluted by a stream of negative thoughts, thoughts of poverty, repressions of sex, repressions of the natural desires and curiosity of childhood. Then, I had unconsciously completed the deadly work by myself pouring in a stream of negative thoughts, thoughts of lack, thoughts of failure, of disease and so on, ad infinitum.

So I began to change the stream of my thought. I began rebuilding my life and molding it after the pattern of eternal and divine truth. I told myself that my life had been false and unreal. This failure, this negativeness, was false and since that was so, it could no longer have power over me, if I so willed it. I began to feel that somewhere in the world there was success for me; somewhere there was happiness for me; somewhere there was love and appreciation for me; somewhere I could live my life according to the pattern of Divine Mind—the conception it held for me and for all true children of light. I kept telling myself over and over that I would come in contact with the right sort of persons who would help me to realize the things necessary for my happiness and success.

With a new courage, I launched out blindly. My wife protested, for she had not yet seen the light as I had seen it. We moved far away to a small town and into another rented cottage. For a while, things continued to look dark for us. At times, I lost all courage, and grew frightened. Times I felt that I had made a mistake. One night I lay awake planning to leave, to desert my family and go far away where I should never meet persistent creditors again! But towards daylight, my better judgment won out and I fell into a peaceful slumber.

I arose from my bed next morning with a new determination. From that day forth, my success was rapid. Instead of running away from my misery and failure—the old left-overs of my negative

thoughts—I determined to face about and lick them.

I went out the following week and made more money than I had ever made before in my life in the same length of time. I was selling life insurance (which I have previously referred to as the job of which I had grown sick) but that week I went forth with a new courage and a grim determination to make money for my needs. Strangely enough, I went directly to prospects I had in mind and sold them more easily than I had ever sold prospects before. I paid off the old debts that were harassing me. I was surprised that everything worked out exactly as I had planned and visualized it.

This happened some ten months ago. From that time, I have thought success and abundance. I have made it a rule to face my troubles, and I have found that they vanish and dissipate like magic under the searchlight of truth and courage.

I put into practice the law of abundance and made it bring me the farm referred to above, on which I now live. (Strangely enough, I came into possession of this property without having to spend any large sum of money or put out anything of material value, except to make certain necessary improvements.)

Also, by this self-same law of attraction—which must be linked with a firm and unwavering expectancy—I have accomplished my dreams in the field of literature. I had always longed to write and sell beautiful stories, but never believed I could accomplish this. With what bitterness and secret envy did I view the work of some of my friends appearing in magazines! I knew I possessed talent the equal of theirs, but I could never make a go of it!

I began to use the new laws of thought, however, coupling them with the inspiration and influence of my new environment. As a consequence, I wrote and sold a story for a sum of money which was twice over the amount ever received by any of the friends I used to envy.

Through all this transformation, I held the thought:

"For all my troubles, there is somewhere in Divine Mind the right solution. I shall find it and shall see the light if I keep on knocking with expectancy."

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THE NAUTILUS

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The word NAUTILUS is pronounced exactly as spelled, accent on the first syllable. Its significance is hinted in the NAUTILUS verse at top of first editorial page.

Give Us This Day OUR OWN Money

WHAT CONGRESS SHOULD DO

By Dr. Carl D. Thompson, Editor Public Ownership

CONGRESS, having the power to issue money and, therefore, to extend credit, could relieve this situation almost immediately by heroic and effective action. Perhaps the first and simplest measure to be adopted would be an amendment to the act governing the present Postal Savings Bank System which has been introduced by Senator C. C. Dill, of Washington, by which checking accounts would be permitted and provided for in those institutions throughout the country. This would meet the ever-growing need of the people of small means for this much of banking facilities. It would still further encourage the use of the Postal Savings Banks for deposits and for checking purposes and thus would tend to develop the existing government-owned facilities in this field.

There is now accumulated in these Postal Savings Banks nearly a billion dollars of the savings of our people. And the tragic thing about this latter fact is that these savings in the Postal Savings Banks are now being transferred under present arrangements to the private banks and by them are in danger of being invested in our various exploitive processes by the money and utility interests and are, therefore, in serious danger of actually being lost.

Congress and the administration owe it to the people to see to it that these savings which are entrusted to the Government because of the confidence reposed in it should be carefully safeguarded. And the one safe and constructive use for these savings is to see to it that they are invested in amply secure self-liquidating public projects. So invested they will not only be safe and the money returned, but every dollar of it will be used in the restoration of industrial stability, progress and prosperity.

MR. MORGAN

An editorial from The New York World-Telegram of May 6, 1933

MR. MORGAN is a rare person. Not because he is so rich—others are richer. Not because he is so wise—others had sense enough to lose less than he in the crash. Not because he is so powerful—his system is crumbling. But because he is so sure that all is right with the private bankers.

Perhaps he is the only living person who still believes, completely, in the perfection of the system which has so nearly destroyed our nation.

There was a certain magnificence in Mr. Morgan as he was questioned by the Senate investigators. Great faith is always moving to behold. And here was a man who might have stepped out of medieval times, so untouched was he by modern thought, so remote from the sufferings of victims of Wall Street domination, so assured of the divine right of the money lender.

But we found Mr. Morgan more pathetic than magnificent. To be blind to the havoc wrought by security pawnbrokers like himself, to be deaf to the cries of President Roosevelt and 120,000,000 Americans for a new deal in the financial game, to be

dumb and unable to voice with others the hope of reform, is a tragic state for any individual.

Mr. Morgan does not think private bankers who handle other people's money, who wield power with other people's money, who speculate with other people's money, who lose other people's money, should be regulated by the people's government. He thinks the House of Morgan should be allowed to go on ruling a great spider-web of commercial banks and corporations through interlocking directorates without government regulation.

We fear Mr. Morgan will be shocked when he discovers that the old days of uncontrolled finance in this country are about over. If there is one thing this country has learned in the depression it is that no man is wise enough or good enough to play with other people's money for personal profit without being watched.

Maybe financiers like Mr. Morgan cannot be regulated by the government effectively, maybe they have been a law unto themselves too long. That remains to be seen.

But the government either should find the means to regulate the money trust effectively or take it over. Indeed, Mr. Morgan unwittingly may go down in history as the public benefactor who forced the government in self-defense to nationalize banking.

OTHER PEOPLE'S MONEY

NOW is the time to read that new book by Justice Brandeis of the Supreme Court of the United States: *Other People's Money*. Justice Brandeis is nearly always 100% RIGHT in his decisions, and his new book is right, and right readable. Published by Stokes, New York.

By the way, don't miss hearing "Of Thee I Sing" when it comes your way. And see that new movie, "Gabriel Over the White House!" And the latest Lionel Barrymore movie, "Looking Forward." All pointing in the direction All of Us want to go.

—E. Towne

(Mrs. Towne's Editorials: Concluded from page 12)

government everywhere, by using our WHIP OF VOTES against them.

And in order to do this we must know economics and politics, and individual aspirants to office, and their entire history and industrial and banking connections. Otherwise we are apt to whip with our votes the wrong men.

We are to grow in wisdom and in knowledge: wisdom comes from God, but knowledge comes from human experience, collective and individual. So, merely praying in the silence will get us nowhere! We must be in the world to understand the world experience. "In the world but not of it," in the same sense in which Jesus was in the world and not of it.

He was "in the world" to express the kingdom of God within himself, and within All of Us. KNOWLEDGE of politics and economics must be utilized by the divine wisdom within us. Each of us and All of Us.

Non-Money Prosperity Coming

Says Henry Ford

WE are moving on. Nothing can stop the flow of development. Accepting this fact would relieve us of a good deal of trouble.

Strikes in industry usually result from one side or the other wanting to maintain the status quo. It can't be done. Relations between employers and employees must continue to get better or they begin to get worse—they cannot stand still. Some men are not fit to be employers of labor. Some financiers are not fit to have anything to do with industry. As a rule, you will find labor trouble more often in the banker-controlled industry than in the engineer-controlled industry. When an industry is used as a means of making money instead of making commodities, look out for trouble! Out of our present difficulties we shall have an era of non-money prosperity.

The prosperity that comes again, when it comes, will be quite different. It will not be a money prosperity. That's where we failed the last time—we stopped at the money gain. We are going to get beyond that in the era of prosperity that is coming. Money will merely be the means by which goods are transported from man to man. Dollars will serve as postage stamps now do—to move things. But it is the things moved—not the dollars or the postage stamps—that count.

REMEMBRANCE of little things
Passed from my mind last night;
And now my cares have sprouted wings
And turned to blessings, bright!
—Marion B. Shoen

His Eyes See More Than Hers

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When ordering subscriptions or books ask for The Prosperity Seed Plan—FREE.



A Petition

By Helen Welshimer

I THANK Thee, now, dear God for little things, . . .
 That birds still fly with brave, far-reaching wings;
 That stars come back, tides turn, and roses grow,
 That sunlight falls, and rain-wet breezes blow.

Perhaps our dreams aren't worth the price we pay,
 So foolishly we seek to plot the way
 Our lives should go . . . Help us to understand
 That Thou who puts brown seeds in waiting land—

Who touched five loaves one day in Galilee,
 And fed a throng—and when a wayward sea
 Once lay between a Promised Land and war
 Rolled waters back . . . Oh, surely, God, before

We start to doubt the tangled web today,
 Make us remember, give us faith to pray!
 There will be peace sometime, there will be dawn.
 Just for the night help us to carry on!

—Quoted



NAUTILUS MAGAZINE

Self-Help Through Self-Knowledge



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EDITORIALS *by Elizabeth Towne*

*"Build thee more stately mansions, oh, my soul,
As the swift seasons roll!
Leave thy low-vaulted past!
Let each new temple nobler than the last,
Shut thee from heaven with a dome more vast,
'Til thou at length art free,
Leaving thine outgrown shell by Life's unresting sea."
—Holmes' "The Chambered Nautilus."*

*"In whose eyes a vile person is contemned;
but he honoureth them that fear the Lord.
He that sweareth to his own hurt, and
changeth not.*

*"He that putteth not out his money to
usury, nor taketh reward against the inno-
cent. He that doeth these things shall never
be moved."*

❖ ❖ ❖

Be Selfless

Be Successful

Be Understanding Love.

—Ada Cox Fisher

"Usury Is Exploitation"

IN the beginning God said through Moses, "Thou shalt not lend upon usury to thy brother: usury of money, usury of victuals, usury of anything." (Deut. 23: 19)

And what is usury? Webster's unabridged says that it is *interest*: (1) a premium or increase paid, or stipulated for a loan of money or goods; (2) an unconscionable or exorbitant rate or amount of interest. In other words, a rate of interest which is not legal, or which is not justified in the nature of things.

Our Constitution of the U. S. A. decrees that Congress, made up of legislators elected by the people of all states and districts, shall have power over all the money of this country. But Congress away back in the seventies, gave its money making power into the hands of the biggest bankers—J. P. Morgan the elder being the biggest banker at that time, and very active at getting the law passed. Power of Congress gave away to J. P. Morgan et al the right to issue money when he considered it best—for his own personal interests of course.

Congress legislated away that money making power.

Congress now has full right to take back to itself the money making power, and issue whatever is needed in the way of gold or silver currency, or certificates based on either gold or silver, at any percentage it chooses.

Also, Congress has the power to issue certifi-

*Are You a 100% American, Helping to
Give All of Us The NEW Deal?*

IF so, you will find a wonderful portrait of yourself in Psalm 15—one of the shortest of the Psalms of David. Only five stanzas. This might be called The Psalm of the Good Citizen of the NEW Deal—of the Kingdom of Heaven At Hand. Read it the first thing every morning and the last thing at night for one month, and memorize it. It is a great little old Truth Treatment for what ails all of us in America, individually and collectively. Here is David's Psalm 15, a Portrait of the Good Citizen:

*"Lord, who shall abide in thy tabernacle?
Who shall dwell in thy holy hill?*

*"He that walketh uprightly, and worketh
righteousness, and speaketh the truth in his
heart.*

*"He that backbiteth not with his tongue, nor
doeth evil to his neighbour, nor taketh up a
reproach against his neighbour.*



EDITORIALS by Elizabeth Towne



cates, greenbacks, et al on the credit or the capital owned by the United States.

Better still, Congress has the power to issue a technocratic currency based on the WORK POWER of the country, *and bearing no interest whatever*. Why not, O Roosevelt and Congress, give us new currency—without interest, and paid directly to the people for public works—*currency based on the power output of Muscle Shoals?* And later, more money based on power developed by Niagara Falls, by the Columbia River, by Boulder Dam, by other power plants as they are developed and operated by the government of the United States.



The Congress and The President Have Power To Deflate Usury!

I read in the papers that it will cost the government 220 millions of dollars per year to pay the interest on the new bond issue for building public works.

Ask yourself where that 220 million dollars a year goes. It goes to Morgan, Mellon, Rockefeller and their LITTLE GANG OF BIG BANKERS.

And what service do they give for it? *They loan the 3½ billions of dollars to the U. S. government.*

And how do they manage to get themselves paid 220 million dollars a year for "loaning" to the U. S. government 3½ billions of its own money? They do it by cornering the government's money, and then inducing the government to pay for public works with CREDITS, instead of money—in other words, they induce the President and Congress to issue bonds *at a rate of interest which will satisfy the big bankers* and then they draw their gold out of hoarding and turn it over to the government in exchange for those \$3,300,000,000 (B) worth of bonds *plus the 220 million dollars a year in interest, etc.*

Congress has the power to issue those 3½ billions of dollars for public works WITHOUT PAYING INTEREST TO ANYBODY! This present Congress could create all the money we need, and pass the measures—even if President Roosevelt vetoed them—so great is the power of this Congress. And if President Roosevelt were to support the issuing of money instead of credits at usurious rates to the bankers, this Congress would support him almost unanimously.

How long, O Roosevelt, how long, before we shall get our money affairs out of the hands of Morgan, Mellon and Rockefeller?



This Is Where Usury Hits YOU

SUPPOSE you go to a banker and borrow today \$1000 at 6% interest. That means that in 16½ years you will pay \$60 a year, which will amount to

exactly \$1000; and in addition you will pay the original \$1000. That is, you will pay \$2000 for using \$1000 16½ years—that is what borrowing at 6% means. Provided you have good luck and are able to pay your interest every year. If you are obliged to "default" your interest for a year, the banker will add interest on the interest! Compound interest, they call it.

And, furthermore, your banker will no longer loan you \$1000 on your "personal character"—he will demand security for himself—not for you—in the form of either your house and lands figured at a rate 3 or 4 or 10 times as much as the \$1000 which you are borrowing; or if you are offering him stocks or bonds—which he will not accept unless it is the most gilt edged of collateral and you have some kind of a personal pull through friendship within the bank—if he accepts your collateral at all, you will have to make it about *ten times* as valuable as the \$1000 which you borrowed. If by any chance you happened to borrow that money in the summer before the crash you would have put up what is called 25% additional collateral, or 1250 dollars' worth of collateral, gilt-edged bonds or stock, but the prices would have been figured at the outrageous inflation prices which had been carefully manipulated by Mellon, Morgan and Rockefeller. And then when the crash came in the fall of 1929, the demand would have come to you for more collateral, and every few days for yet more collateral. If you had no more collateral than your banker had told you you needed, then he would have closed you out and taken your original collateral and got judgment against you for the balance of the entire \$1000 plus interest due!

And in those days before the crash the bankers all were encouraging everybody to borrow for buying stocks and bonds—for "investing" in Wall Street "securities," extending business—oh, yes, according to Mr. Mellon, American business never was so sound and prosperous, and there was no reason why stocks and bonds should not continue to rise. I have his own words to that effect, in a little book called "Oh, Yeah," his statement which we read in the newspapers a day or so before the crash.

At that time I happened to be in Boston, and when I saw Andrew Mellon's assurance that stocks and bonds would continue to go up because American prosperity would continue to prosper endlessly—when I saw that I called up one of the bankers in Holyoke and asked him to buy me another 10 shares of U. S. Steel (at approximately \$300 a share!) and loan me the money, and the next day I would be home and put up the additional 25% collateral. But he was too wary—by that time all the local bankers in the country must have known that the crash was coming within a day or two, and so they suddenly became cautious in their advice to borrow their money and "Buy American" industrial stocks and bonds! The word had gone out from Wall Street for the local bankers to stand from under.





EDITORIALS by Elizabeth Towne



What Usury Does To Farmers And Others

ALL the farmers in the West and the South and the Middle West who were on the point of losing their homes when President Roosevelt urged a moratorium for them until the new farm mortgage law could get going—these farmers were all caught in exactly the same way that I was caught. And they all tried to hang on to their farms—what on earth could they do to earn their living if their farms went? So they continued to put up interest money, outrageous usury!—until all their money had fled into the hands of Morgan, Mellon and Rockefeller's money gang.

And it is to laugh—or cry, or swear: all those three years or so that the Wall Street gang has been closing out the farmers, the home owners, the little business men everywhere; the Secretary of the Treasury, Andrew J. Mellon, was returning millions of dollars of the people's tax money to himself and his little gang of big money grabbers.

May the Senate and the Department of Justice, with the support of President Roosevelt, put through the investigations of Andrew Mellon et al and make them disgorge all money which should have gone into the U. S. Treasury.

In this connection look on page 6 of this Nautilus, and see what John Francis Neylan, distinguished San Francisco attorney, told members of the Second District Rotary, at their convention there. He said:

"The decade before 1929 was the most disgraceful in the history of America. What brought about the crash was not the World War nor anything at all except the lack of common honesty in public and private affairs. There was a time when directors of corporations represented the stockholders and worked for their best interests. When corporations began to be operated for the benefit of the directors, we departed from this simple honest standard."



And Who Pays The Usurers?

WHERE do you think all the money comes from which Morgan, Mellon, Rockefeller and their gang loaned to our U. S. Government? *The interest comes out of taxes for the budget*, and judging by the trial of Charles Mitchell and now the coming investigation of Andrew Mellon and Morgan et al those same big banker gangsters have been *evading the paying of their own taxes*.

That means that the 125 million little fellows of the U. S. A. have been providing all of the hundreds of millions of USURY

which these bankers have been extracting from our government.

And the principal which they have been "loaning" to our government, by buying U. S. bonds, all comes out of our pockets, too!

If the people in the U. S. A. have not been for the last 40 or 50 years the victims of a gigantic THIMBLE RIGGING SWINDLE, then what would you call it? Neylan declares that "THIEVERY IN HIGH OFFICES IS THE CAUSE OF THE CRASH." I believe it. Also I agree with another thing he said: he lauded President Roosevelt as "the greatest example of moral courage in the last three or four hundred years."

So I glory in President Roosevelt's support of these new laws to take us out of the grip of the big bankers' gang. *Our hopes, our prayers, are with him daily for yet more moral courage in expediting the program by which the 125 millions of U. S. A.-ans shall be delivered from the domination of the MONEY GANGSTERS.*

We the American people must learn "not to let ourselves be run by any kind of minority group," least of all by the predatory Morgan, Mellon, Rockefeller group. Which is the smallest in number, but which has come to be the most tremendous in power because it has *cornered our money*.

What we need is money given directly to the people in return for work. Instead of "CREDIT," which allows the bankers all the way along the line to charge usury and then to take away from us all of our property of whatever kind.

By the way, we hear about a great fight that is to be staged between J. P. Morgan and John D. Rockefeller interests. *Don't be fooled by that "fight," which probably is nothing but a fake—you will find Morgan and Mellon and Rockefeller all on one side of the fight, all working together tooth and nail TO FOOL ALL THE PEOPLE*, who are of course on the other side. The fights of big bankers are invariably lined up that way—the very biggest bankers on one side—and all the less powerful bankers, brokers, and particularly little industrialists and merchants who are not predatory bankers—on the other side.

Read that new story of William Fox by Upton Sinclair, and you will get a clear picture of how the big bankers line up in every case.



"Upton Sinclair Presents William Fox"—and the Big Bankers!

THAT is a wonderfully graphic and authoritative story of the doings of big bankers in the last 10 years or so, told in William Fox's own words. Showing exactly how the biggest bankers flattered and fooled him into a position where he was short of cash, and then closed in on him and grabbed his enormous cinema interests. There is no book I know of that gives you so much necessary economics



EDITORIALS by Elizabeth Towne



and politics, and does it with such clarity and authority, as that one in which William Fox and Upton Sinclair collaborated.

It is a brand new book, a SPLENDID DRAMATIC NOVEL of our present-day troubles and how we got into them. And, of course, the way out is indicated. The book is published by Upton Sinclair, Los Angeles West Branch, California. He says it is "the inside story of the ousting of William Fox from the picture business by a conspiracy of Wall Street bankers." The drama includes the leading characters of the last four years: Herbert Hoover, Henry Ford, John D. Rockefeller, Jr., Charles Evans Hughes, Samuel Untermyer, Will H. Hays, Bernard M. Baruch, Albert H. Wiggin, Harry L. Stuart and many others. They all had parts in this American big business drama!



Moses and Jesus And The Usurers

MOSES said this, 1490 years before Christ: "If thou lend money to any of my people that is poor by thee, thou shalt not be to him as an usurer, neither shalt thou lay upon him usury. If thou at all take thy neighbor's raiment to pledge, THOU SHALT DELIVER IT UNTO HIM. . . ."

That certainly applies to the bankers big and little, the insurance people, the private loan sharks, and to every one who has been living off the interest money collected on mortgages on little farms and homes and industries everywhere. For how can a farmer live without his farm? How can anybody live without his home or business somewhere?

And this is what Nehemiah said and did about the results of usury, 450 years B.C., when the usurers had taken everything and the people were about to be sold into slavery to the usurers—sold to the usurers in their own tribe!

They had been practicing usury upon each other, and the richest had got richer and the poorer ones poorer, until the small group of *big rich bankers* were about to make sweat shop wage slaves of the best of them, and let the others die of starvation on the charities of the poor—administered by the big rich bankers. Just as we now have sweat shopping creeping over the land everywhere, and 15 millions of unemployed living on charity. (*And here's praying, All of Us, for the passage of the new law to regulate industry, with all its teeth in it.*)

The Jews had complained bitterly of their debt, mortgage and bondage. (Nehemiah 5-6) And this is the way Nehemiah tells it:

"And I was very angry when I heard their cry. . . . Then I consulted with myself, and I rebuked the nobles, and the rulers, and said unto them, Ye

exact usury, every one of his brother. AND I SET A GREAT ASSEMBLY AGAINST THEM. And I said unto them, We after our ability have redeemed our brethren the Jews, which were sold unto the heathen; and will ye even sell your brethren? Or shall they be sold unto us? Then held they their peace, and found nothing to answer.

"Also I said, It is not good that which ye do: ought ye not to walk in the fear of our God because of the reproach of the heathen our enemies? I likewise, and my brethren, and my servants, might exact of them money and corn: I pray you, LET US LEAVE OFF THIS USURY. *Restore, I pray you, to them, even this day, their lands, their vineyards, their olive yards, and their houses, also the hundredth part of the money, and of the corn, the wine, and the oil, that ye exact of them.*

"Then said they, We will restore them, and will require nothing of them; so will we do as thou sayest. Then I called the priests (the rulers), and took an oath of them, that they should do according to this promise."

But as soon as the "great assembly against them" had dissolved a little bit, "*Sanballat practiced by craft, by rumors, by hired prophecies, to terrify Nehemiah,*"—just as Wall Street puts out rumors to terrify Congress and the President! The usurers CONSPIRED against the people.

But finally Nehemiah won out, in getting laws passed for the regulation of the usurers—laws with teeth in them!

And some 450 years after Nehemiah came Jesus, and this is what He said that applies to usury, sweat shopping, wage slavery, etc:

"*Let your light so shine before men, that they may see your good works, and glorify (not yourself, but) YOUR FATHER WHICH IS IN HEAVEN. Think not that I am come to destroy the law, or the prophets; I am not come to destroy, but to fulfill.* (Matthew 5: 16-18)

"Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy might. This is the first and great commandment.

And the second is like unto it, *Thou shalt love thy neighbor as thyself.* ON THESE TWO COMMANDMENTS HANG ALL THE LAWS AND THE PROPHETS. (Matthew 22: 37 to 40)

"WHATSOEVER YE WOULD THAT ANOTHER SHOULD DO UNTO YOU, DO YE EVEN SO UNTO THEM.

"Pray after this wise: Forgive us our debts AS WE FORGIVE OUR DEBTORS. Give us this day OUR daily bread."

And He *drove the money changers out of the temple.* In those days the civil government as well as the state government was in the temple. Jesus drove them out. *In His name, it is up to us to drive them out of our government.* And remember that Jesus used FORCE when He drove the money changers from the temple. He used a whip of thongs. We too must whip the big banker gangsters out of

(Continued on page 6)



This Publication

Affirms the
UNITED NATIONS
of the WORLD



Tithing Caused Prosperity To Grow

By Lillian Grace Copp

"Give And It Shall Be Given Unto You"

THE LAW is that we must give in order to receive. Four years ago this statement was verified by a woman, at that time, in great financial distress. One day when things were as nearly bad as they could be with her, and permit her to carry on without asking for material help, she received a copy of a metaphysical journal. It was her introduction to spiritual science.

She was so intensely interested and impressed by the messages of truth in the articles, that she lost sight of her own need and remembered two friends to whom she desired to send the magazine. Each one needed the inspiration found in the pages, exactly as much as she did. "But how can I give away magazines, when I have not enough money to supply necessities for myself? The very idea is preposterous," she exclaimed aloud.

Yet the thought refused to leave her. Opening her pocketbook, she found an extra nickel that she had previously overlooked. Suddenly she remembered how the first girls' cottage at Good Will Farm in Hinckley, Maine, was started by two small coins given to the Superintendent by two boys living at the farm. And from that small offering had arisen the cottage that had been a blessing to hundreds.

At the memory her decision was made. She would use the nickel to start her fund, letting it attract other coins until a sufficient number was secured to pay for the first subscription. How the coins could be spared from her pittance wasn't her business, she decided. All she had to do was to follow the urge from within, that refused to be denied.

Taking from the mantel a plain glass vase, she blessed it as the receptacle to hold the coins. With great solemnity she declared over and over the inspiring words: "He that hath a bountiful eye shall be blessed." (Prov. 22: 9) With the coin still in her fingers, she repeated that wonderful promise in Malachi: "Prove me now herewith, saith the Lord of hosts, if I will not open the windows of heaven,

and pour you out a blessing, that there shall not be room enough to receive it." She concluded the ceremony with a special blessing:

"I bless this nickel in the name of the Father, the Son and the Holy Ghost. I baptize it God's symbol of unfailing plenty, asking that God will bless every hand through which it passes, multiply it a hundred fold, and send the increase out to bless and to prosper the world."

The next morning by taking advantage of a sale on food, she saved exactly twenty-five cents. By a most remarkable coincidence, the grocer returned the change in nickels. Each day in depositing her nickel in the vase she had turned into a coin-holder, the woman repeated the selection from Malachi, and very, very fervently added the blessing.

Before beginning to save for the sake of giving, it had been necessary to count every penny. But from that time a nickel was always on hand for the daily deposit. A few days later she discovered that in conscientiously carrying out her program, never once omitting the special blessing, she was sowing seeds of prosperity for herself as well as giving the right start to others. In her own life those seeds were yielding a harvest greater than she had ever before experienced.

At this time it occurred to her that dimes should be deposited in her coin-holder in place of nickels. She at once put the idea into action, and calls for her service for from three to five days in a week began to come in. Dimes noticeably began to appear in her change. Friends became interested in her daily program, and began saving money with which to pay their own subscriptions.

Three months from the time of beginning to give, the plan of systematic tithing was so thoroughly established in her consciousness that she no longer held to the smaller coins, but made a practice of using the largest one she had on hand; thus quarters and half-dollars intermingled with dimes. Instead of this generous giving

limiting her supply, her prosperity grew, her health increased, while peace and joy filled her days to overflowing.

The first month she began to use the larger coins. Three months from starting the fund with one lone nickel, she was able to meet her monthly expenses promptly. Not a single bill was left unpaid. It was as if in putting the text, "Give, and it shall be given unto you," into action she had released the spring that had previously held back universal supply. Money came

to her in most unexpected ways, and from most surprising sources.

It has now been four years since that sample copy of the metaphysical journal came to her. Today, she is earning a gratifying and satisfactory income. One-tenth of this income is gratefully and joyously returned to God, following the example set by Jacob when he made his beautiful pledge: "Of all that thou shalt give me I will surely give the tenth unto thee."

How To Manage That Inferiority Feeling

By C. W. Chamberlain, Ph.D.

How Two World-Famous Persons Outgrew The Inferiority Handicap

WHEN you snatch a coveted toy from an infant there is a natural infantile reaction which usually takes the form of an ireful howl, followed by a kicking of legs and a thrashing of arms in an instinctive effort to annihilate the offender.

The resentful screams and the fruitless attempt to exterminate everything within the infant's reach, normal in a small child, often produces from the fond parents what it wants.

If this habit is allowed to remain with the child as it gets older, the subconscious tendency to exterminate all offending factors in the child's experience makes him dangerous to society.

Imagine, if you can, a little girl at the threshold of life delighted with the music of the birds, the gorgeous colors of the flowers, the trees, and the skies, and surrounded by the happy faces of her loved ones. Then with tragic swiftness, disease swoops down and all the lovely sights and sounds are snatched from the little mite.

Living in a small Alabama town, Helen Keller awoke one morning without sight, hearing or power of speech. Groping about her hungrily for something, she knew not what except that it was hers, the little girl spent six heart-breaking, lonely years and wondered what it was all about.

Then came Anne Mansfield Sullivan, to return in some measure what had been lost to Helen Keller and to awaken in the little girl the realization that she was not inferior to the rest of the world.

In the story of her life, Miss Keller describes an incident which illustrates the desire to exterminate our surroundings when we feel inferior to the situation frustrating us. Miss Sullivan was trying to teach her blind pupil to spell with her fingers. Little Helen was having difficulty in discriminating between the words "water" and "mug." But let her tell it in her own words.

"I became impatient at her repeated attempts and, seizing my new doll, I dashed it upon the floor. I was keenly delighted when I felt the fragments of the broken doll at my feet. Neither sorrow nor regret followed my passionate outburst. I had not loved the doll. In the still, dark world in which I lived there was no strong sentiment or tenderness. I felt my teacher sweep the fragments to one side of the hearth, and I had a sense of satisfaction that the cause of my discomfort was removed."

Her teacher took the little blind girl for a walk and, stopping at the well-house, held the child's hand under the pump from which the water was flowing. As the

cool stream gushed over one hand, Miss Sullivan spelled into the other the word "water," first slowly, then rapidly.

That living word awakened her soul, gave it light, hope, joy, set it free. The little blind girl began at that moment to tear herself from the feeling of inferiority and to revel in overcoming the barriers which beset her path to achievement. She says:

"I left the well-house eager to learn. Everything had a name, and each name gave birth to a new thought. As we returned to the house every object which I touched seemed to quiver with life. That was because I saw everything with the strange new sight that had come to me. On entering the door I remembered the doll I had broken. I felt my way to the hearth and picked up the pieces. I tried vainly to put them together. Then my eyes filled with tears for I realized what I had done, and for the first time I felt repentance and sorrow."

How Helen Keller persevered and became what Mark Twain once called one of the two most remarkable characters of the nineteenth century, is a matter of history. For Helen Keller made history, perhaps more fruitful than did that other character of Mark Twain's, Napoleon Bonaparte. Her book has been an inspiration to

Napoleon's jealousy of his elder brother, Joseph, who wanted to abandon the career of a priest for that of the profession of arms, is expressed at fifteen when he vigorously discourages him and writes of his contempt for Joseph.

His masters wrote of him: "Moody, overbearing and extremely egotistical. Though he speaks little, his answers are decisive and to the point, and he excels in argument. Much self-love and over-weening ambition."

Three impulses, according to Ludwig, stirred Napoleon's heart at sixteen: "to despise and make use of his fellow-creatures, most of whom are empty headed and pretentious; to extricate himself from the clutches of poverty; to learn much in order to rule others."

Once he had written his father from school: "I am tired of explaining my poverty; of having to endure the mockery of these foreign boys, whose only superiority is in respect of money, for in nobility of feeling they are far beneath me. Must I really humble myself before these purse-proud fellows?"

Like Diogenes, who lived in a tub and felt superior to his fellow men who arrayed themselves in costly vanities, Napoleon failed to recognize his own egoistic expression.

gling science, he made an intelligent bid for superiority and greatness. Those achievements will live, when the world has forgotten that he was the most infamous murderer of the nineteenth century.

Nearing death, the little Corsican began to see his errors:

"My fame does not rest upon my forty victorious battles, nor does it lie in the fact that I bent the monarchs to my will. Waterloo will wipe out the memory of so many victories; the last act makes one forget the first. What will never pass away, is my book of laws. . . . Through its simplicity my code of laws has had more effect than any civil codes before it; the schools I have set up, my methods of instruction, are creating a new generation."

He died of his feeling of inferiority in the form of hatred toward the English, resentment against his imprisonment and fear that his sins were overtaking him.

Ulcers of the stomach, according to the latest scientific findings, are produced by these emotions, either conscious or unconscious. Self-pity, fear, hate and resentment produce unconscious fight followed by hyperadrenalemia. This condition of excessive secretion from the adrenal glands causes spasmic contractions of the stomach and intestinal linings and ulcers develop.

Thus Napoleon killed himself with his

own thoughts, as many people today are doing with probably less historical significance.

And paraphrasing Robert G. Ingersoll's oration at the tomb of Napoleon, I should rather have been Helen Keller, without speech, sight or hearing, than to have had the verbal powers of Napoleon which sent millions to death; the ears of the Emperor which heard the cries of the dying and the grief of the countless widows and orphans; and the eyes of the arch-murderer which looked upon the devastation which followed in his wake.

The thoughts of Helen Keller, thoughts of joy and light and music, bringing faith and inspiration to others are not to be compared to the thoughts of Napoleon which brought death to hundreds of thousands and ignominious death to himself.

The superiority of feeling in the heart of Helen Keller in having overcome her sense of inferiority is the highest achievement of human kind, when that superiority is used only for the happiness and good of others.

In my private practice as a psychoanalyst and as a public lecturer, the above proven fact seems to be the most difficult of all truths to present in acceptable form. The subconscious inferiority complex makes every effort to deny it and usually succeeds.

He rushes furiously at any intruders, driving them away with a hoe. He knows scarcely a word of French and has little inclination to learn the language. His schoolmates taunt him because his coat is too long and he has no pocket money to spend. Besides, he is only a Corsican of inferior blood and he has a funny name.

Two schoolmates are driven to refuge in Napoleon's corner of the garden by the other boys but the little, resentful chap flourishes his hoe and the enemy is driven out. No punishment will bring him to reason in this matter. The masters shake their heads and let him go his own way.

"The youngster is made of granite," says one of them, "but there is a volcano inside."

One might have said the same to Napoleon, who unconsciously took a secret pride in his feeling of superiority over his "purse-proud fellows."

Entire libraries have been written on the attempts of Napoleon to find a feeling of compensation for the humility he suffered in his early life. The feeling of inferiority was constantly at conflict with his egoism and his life was devoted to seeking compensation in, what he considered, acts of superiority.

Like the frustrated infant, Napoleon tried to annihilate all that stood in his way, or all which threatened his plans. Millions died on the altar of his selfish ambition.

As a lawmaker and as sponsor of strug-

FOR JOY

By Florence Earle Coates

FOR each and every joyful thing,
For twilight swallows on the wing,
For all that nest and all that sing,—

For fountains cool that laugh and leap,
For rivers running to the deep,
For happy, care-forgetting sleep,—

For stars that pierce the sombre dark,
For morn, awaking with the lark,
For life new-stirring 'neath the bark,—

For sunshine and the blessed rain,
For budding grove and blossomy lane,
For the sweet silence of the plain,—

For bounty springing from the sod,
For every step by beauty trod,—
For each dear gift of joy, thank God!

Color And Personality

By Myrtis Hodges

Article I. Color—A Smile Or A Frown

COLOR—a smile or a frown. Which do you want in your life? What do you want in your clothes, business or home?

Do you know why red acts as an alluring emotional stimulant?

Do you know that jealousy is a dull, dirty-looking green?

Do you know why you "see red" when you are angry and why you sometimes "feel blue"?

Colors are a silent yet a dynamic power. They affect us in every channel and avenue of our life. Color is all about us. Life is color itself so we live in the midst of a color-world even though many of us seem scarcely aware of its beauty. Colors are the radiations of light. More and more scientists are coming to the conclusion that light is life and that all things in the world of form are radiating their own color and sound.

Colors make one feel happy or they irritate; they stimulate or they depress. Some colors soothe while others annoy; some strengthen one physically and mentally while others lower the vitality.

Freud traces many actions in your daily life to the influence of dreams and links those dreams with your inhibitions and unexpressed desires. We now trace your mental and physical conditions to the colors with which you are constantly surrounded. Life, in a word, can be interpreted through color. Its wise use will prove of great value in your home, in your business, in your social affairs.

We are all aware when the old grouch comes near us. We feel his vibrations; we sense his state of mind without even a word being spoken. He is radiating dark red, maroon-browns and dirty, nasty dark-greens—like a slug.

Another person comes smiling towards us. We feel happier for his presence. The bright and cheerful colors which make up his being actually smile at us even more powerfully than the old grouch with his frown-colors. If you feel like an old grouch when you awake in the morning

you can change your mood physically as well as mentally, outwardly as well as inwardly, by using brilliantly colored fruits as a cleanser for the digestive system and a bright color in your dress or clothing. If you have a dirty brown tongue in the morning (and that is usually the accompaniment of that grouchy feeling), clean up mentally as well as physically.

Scientists have proved the value of colors and their reaction upon us, so now we prescribe colors as we should prescribe exercises or certain foods for health. If your color is not good, the medical man knows that you need a change of some sort, in food, exercise or environment. So with color. You can learn to prescribe colors for yourself.

We know why the poet sang of "red roses and love"; of the "dark red of passion"; of the "true blue of the forget-me-not" and the "good luck of the shamrock, so green."

Bernard Shaw says that "all England wears blue because it is respectable." The devil is always dressed in scarlet-red, you know. Why? Because he is such a devil of a fellow! Red is the color of life but in the red ray are all the variations of that ray, from the rose pinks to the most beautiful shades of mother-love; from the passion and sex desire to the sacrifice and devotion of the animal as well as the human; from the personal to the impersonal. There are loud colors and soft ones, gentle tints and hues, weak shades and strong radiations. We often speak of the "gentle Spring greens" and "noisy reds." Who has not heard of the "heavenly blue"? Then there are the tints that hit one in the face and there are the tints which soothe us and even subdue our irritation and anger and some that take away our sadness and depression, for one just cannot be depressed in the midst of the color one loves best. Some shades are slower, while others are a more rapid radiation. The reaction of the colors may not be just what we should desire, there-

fore it behooves us to choose our colors wisely and well for although most people "just love blue," too much blue will give you the blues!

(Continued next month)

Prayer Healed When All Else Failed

By B. M. H.

UPON my return from a most pleasant outing, some twelve years ago, my physical system was completely thrown out of balance through severe hemorrhages, the result of the bursting of four blood vessels in the digestive organs, accompanied by the most excruciating pains, yellow jaundice, pains on one side of my head radiating from a common center, and violent heart beats. My heart felt as if it were ready at any moment to burst through its physical bounds. Greatly reduced in size, I looked a veritable skeleton. I was obliged to take to bed. The best of the attending physician's skill, knowledge, and years of experience availed me nothing. Each succeeding day found me worse than the previous one. Finally, my life hung by a thread. I could not afford to allow that thin thread of life to break, or let it go, for I was determined to live. "Life, give me life," was the constant cry of my soul.

I was still in my thirties, therefore felt youthful enough to enjoy and appreciate whatever life still had to offer me. Besides, I felt that there was plenty of work for me to do to the glory of God in heaven above. My strongest desire was for life, but to my anxious inquiry, the doctor had pronounced an unfavorable verdict. I could not possibly get well, he had said.

After the doctor's departure, I thought over his words. Is there really no hope? I asked myself, for my spirit was undaunted and discouragement was far from me. As long as there is life, there remains hope, I decided, and quietly proceeded to find the path to health and life.

Somehow my thoughts echoed back to the days when Jesus, here among men and

women, healed the sick and raised the dead. Example after example passed before my mental vision. The raising of Jairus' daughter, the palsied man healed, the woman whose faith had made her whole merely by the touch of His garment. Marvelous spiritual power, I thought. I worked in those days. It can do the same nowadays. Surely the power has not waned down the centuries. That gave me my cue. Straightway, with the simple faith of a child, I turned in fervent prayer to the God of Life. I firmly believed that he would answer the prayer that followed:

"O, thou Source of all that is, I thank thee for the dawn of another day, another day of opportunity. I thank thee for thy manifold blessings heretofore and those yet to come. Thou Creator of the universe art also the Creator and Giver of all life. In thee we live and move and have our being. Enter Thou into my consciousness. I pray thee grant me health and life to the glory of the Father. In thee is Light, Love, and Life. Thou in me and I in thee. Thou of life the fountain art. Freely let me take of thee. I thank thee that thou hast answered my prayer. I thank thee for life."

Following this, I discarded all medicine and powders. I felt a peace and contentment, unknown before, creep over me. I spoke with a new cheeriness, and awaited the outcome with joyous expectancy. The spirit had already connected the wires with the Godhead. In an unbelievably short time, to the great amazement of friends and relatives alike, all distressing symptoms had left as completely and suddenly as they had come. Truly, God had performed his wondrous work.

LIFE is a series of surprises, and would not be worth taking or keeping, if it were not.—Emerson

This Affirmation Brought Health To One Who Had Always Been Weak And Sickly

By Godin V. Greene

YOU ARE about to receive a powerful affirmation for health and harmony. It has been used successfully for the past two years and kept secret during that time by a New Thought student of Long Beach, California, whose most recent experience brought the realization that it should be shared with others.

No conscious attempt need be made to commit these sentences to memory. In many cases a certain amount of mental strain is created by the process of memorizing, which is not desirable. Instead, complete relaxation should be the aim of those who go into the silence for the purpose of using this affirmation. Read the sentences slowly, meditating upon them. As these sentences are meditated upon day after day for a period of ten or fifteen minutes each day, you will soon know them by heart without having made any conscious attempt at memorizing. The mind should be freed entirely of mental strain. If this seems a bit difficult at first, meditate upon the word, "Relaxation," until you feel relaxed both in body and mind.

Sit in a comfortable chair, and in a comfortable position. Here are the words:

"God, thou art my physician; I shall not be ill. Thou maketh me to live in health and harmony, and restoreth my vitality in perfect ways. I will fear no disease for thou art with me now and always. Thou dost fill my being with thy healing love till my cup of health runneth over. Surely health and harmony shall be mine all the days of my life; and I will dwell in thy house of harmony, health and happiness forever."

When the recent earthquake rocked Long Beach, the first shock was so intense that every public clock in the city stopped at exactly five minutes to six P. M. The first jolts were so severe that many people were thrown to the floor of their homes and could not arise until the shaking had ceased.

Mrs. L—, a New Thought student, was thrown off her feet and, unable to arise, commenced crawling upon hands and knees toward her front door. As she approached the door, the words given above came to her mind and she began repeating them aloud.

The brick chimney on her house had been shaken apart and the bricks were rolling down the steep roof. Just as Mrs. L— reached her front steps, a half hundred heavy bricks fell around and about her, not one of them striking her. This demonstration was so decidedly a miracle, all fear suddenly left her.

Running back into the house, she grabbed an overnight case and filled it with antiseptics and bandages from her medicine closet. Hurriedly she put on her hat and coat and began a canvass of damaged buildings, seeking injured persons to whom she could give aid. It should be mentioned here that thousands of persons seemed dazed after the first quakes. Hundreds poured into every available vacant lot and sat upon blankets or papers, stunned by the suddenness of it all.

Mrs. L— found plenty to do. In fact she worked steadily for thirty-six hours and was forcibly removed from duty by friends who were afraid for her health. Twice, new disturbances brought additional damage to buildings in which she was working, but both her patients and herself were unharmed by them.

"All my life, until two years ago, I have been weak and sickly," says Mrs. L—. "There was something the matter with me all of the time—first one thing, then another. One night I was suffering from a severe headache. About midnight, I dozed off partially and, half awake and half asleep, the words of my health-psalm came to me as clearly as though someone spoke them to me. I immediately arose and wrote it down.

"I have been using it as an affirmation ever since and have not been sick one single day in the entire two years. Every time a negative thought appears, such as that I might be catching a cold, or that a headache is coming on, I meditate upon the words of my health-psalm, and enjoy perfect health as the result.

"Feeling that this affirmation was my

own private property, I have kept it secret for the past two years, telling not even my closest friends, but my experience during the earthquake and immediately following, convinced me that I must share it with others. It is more potent than pills, more valuable than a thousand dollar bill to those who desire health or harmony."

The Genesis Of The New Individual In The New Age

By Brown Landone, F.R.E.S.

THE waters of failure can be turned to the rich wines of life, loaves and fishes can be multiplied into abundance, and your deadened selves can be resurrected and given the eternal life of ever-increasing activity; first, by *praising the process* by which you obtain the things you desire; second, by *faithfully expecting freedom* for yourself in the use of the things you want; and third, by *expanding the spirit within you into action*, instead of into thoughts and wishes.

These three steps bring you the happiness of heaven on earth, and add "all those other things." And in making this statement I am not theorizing or assuming. I am stating knowledge gained by experience and proven by results.

Oh, of course, you have praised the Lord for what you have, but do you praise the *process* by which abundance comes? You have expected results, but do you faithfully expect *freedom* for yourself in the use of the results? You have turned spirit into thought and wish, but do you turn it into *action*?

Every new thing or process man evolves, frees him WHILE he is evolving it; but after man has perfected it, if he then does nothing more except use it, the thing or process soon enslaves him!

This is true of the machine. *While* man was creating and evolving the machine to do his work for him, it did free man of much of the burden of the labor of the ages. But now, unless we do something more with it, it will become a Frankenstein

and enslave us, driving us all into the poverty of a hell in the midst of plenty.

So it is also with the Mind Age. *While* we were freeing the mind—recognizing its divine power and using it to develop machines, scientific processes and a new religion, it gave us greater freedom than we had previously known. But now, unless we do something more, it and its processes will enslave us.

Many times, during the last few months, I have emphasized the truth that we are now passing from a Mind Age to an age of Brotherhood Love. This is not a theory of mine; it is an historical fact.

Our present Mind Age began a little over 600 years ago. It began with the breakdown of the Feudal system and the renaissance of classical learning. Old languages were restudied; new languages—English, French and German—became dignified enough to be called languages; a spurt of discovery was awakened; the mind of man reached out to new continents; trade with the Orient was established and later with the Americas; new schools were established to teach geography and arithmetic needed in the new trading; and high schools, colleges and universities developed. Then mind began creating machines to make things and to improve means of transportation and communication; science acquired new knowledge of heat, light, sound, electricity, radiant rays and chemical processes; man's mind applied this new knowledge to means of production, and the age reached its eco-

conomic climax about 1926, by which time we could produce things so easily that man could not find sufficient employment for himself.

And during the last 100 years of the Mind Age, we developed a *mind religion* as the final climax of the age. This religion of mind gave us a great new freedom *while* we were evolving it; but now having reached the climax, we need something more; we need greater freedom—the freedom of love in rendering mutual service and in sharing the things we produce, so that none shall ever want.

At present we are *bound* by old individual and economic habits of life and thought of the Mind Age. So God insists that *we* must change in order to move on into an age of new freedom—an era in which we shall live in brotherhood love, one with another, willing to share with each other all the limitless things which mind and its machines can produce.

I warn you that all the great plans now proposed—by presidents or kings or congresses or conferences—will *not* bring about the new freedom we desire. All the plans for increased production and money and labor will *never* in themselves prevent the mind of man from again exercising its grasping greed.

Only love will free us from greed in the new age. Hence God is *forcing us* into a new consciousness, in which man will find freedom such as he has never known before. It will be the freedom of brotherly love and infinite abundance of all things justly shared, one with another.

In each great world change, some individuals step ahead of the mass because they have the spiritual vision to know what is taking place, and the courage to change themselves quickly. These attain the benefits and abundance of the new age before the masses obtain them.

Do *you* wish to be one of those who will attain abundance *now*? If so, there is but one thing for you to do, and that is for you to *change now*!

Stop praying for a return of prosperity based on the old methods of the Mind Age. A return of such prosperity will lead again to the grasping greed from which we have

suffered so tragically during the last few years. Instead, pray that you shall *free yourself* of all bondage to and worship of worn-out methods and processes and things. Pray for the Genesis of the New Individual—an individual awakened to such a consciousness of brotherhood love that the world shall be changed, and man shall have rule and dominion over all things, sharing all of them as God intends him to share them.

Ideas are of mind; and to enter into the new age of Brotherhood Love, the individual must develop an *expectant freedom*—a consciousness of freedom, strong enough to free him of the bondage of his *ideas* of the past.

You read and read of the change which is taking place, but *you* do *not* change; hence, some of you have less abundance than you had a year ago. Oh, why will you not learn that a few loaves and fishes can be multiplied into abundance? Why are you still lamenting and wailing about the great change now taking place?

Could any woman ever make a truly suitable dress for herself, if she constantly bewailed the necessity of cutting up the yards of cloth necessary to make the dress? Would Jesus have fed five thousand on the mountainside, if he had moaned over the breaking up of the five loaves and the two fishes? Would he have procured abundance if he had wailingly regretted the hard times of that moment?

Then, HOURLY—yes, I mean pray *each hour*—pray a new prayer of *hopeful expectancy of freedom*. It is the truth of love which shall make you free—free from the bondage of struggling for things, so that you may enter into the freedom of sharing things.

Is this practical? Try it for thirty days. *Praise* the changes that are taking place and the processes by which you can obtain what you want; hourly pray expectantly for *freedom* and keep praying until you *feel* free; and then turn your spirit into ACTION instead of into thoughts and wishes.

Freedom from bondage to ideas of what worked well in the past will do more for you *now* than all other attainments of which your soul can dream!

WHENCE then this worship of the past? The centuries are conspirators against the sanity and majesty of the soul.—Emerson.

To One Who Feels Herself To Be "At The End Of Her Rope"

By Vivian May Williams

QUESTION: "Because your articles in Nautilus have been an inspiration to me, I am writing to you now in sheer desperation. I am at the lowest ebb of my life—mentally and spiritually bankrupt. I cannot face this problem alone for I have, apparently, failed to contact the Father within me. I have made up my mind to either find the Truth and demonstrate it at once, or I shall give up entirely this thing called life for I have found nothing desirable in it. Cowardly as this is, I want none of it and will not continue as I am. Is there anything, Mrs. Williams, that you can tell me from your own experience and study that I can hold onto? I don't want beautiful words or inspiring platitudes. I want something that works, that produces results. Is there any way out? Is there anything in the whole world that one can depend upon that will work? Why did God make a promise to us and then make it so difficult, or even impossible to realize?" Then follows a heartbreaking story relating how this person had planned every little detail of how *she thought* her universe should be arranged to insure her happiness, little realizing that "The Father knoweth what things ye have need of, before ye ask." (Matt. 6: 8)

ANSWER: You will notice that the promise reads that the Father knoweth what things ye have *need* of, but does not say you shall have everything you *want*. Very often the human sense wants and craves for things that mean destruction when you get them. When you feel that you have reached your extremity, and cannot go on living without the material possessions that you feel are so essential to happiness, you have come to the greatest turning point in your life, for "man's extremity is God's opportunity." When you think you can stop living you do not understand what Life is. You apparently think of Life in terms of human experience instead of realizing the real object of man's existence. God unexpressed

would be a nonentity; therefore, the object of man's existence is the giving of continuous infinite joy by God, the Principle of good, to himself, in giving joy and happiness to his infinite beings who constitute his consciousness. "Thou hast created all things, and for thy pleasure they are and were created." (Rev. 4: 11) So you see how necessary man is to God for he is the means by which God thinks, acts and does all things. Only false thoughts can separate you from your conscious contact with your Father. Life, being God, will continue to express Life, whether you want it to or not. When you understand that all problems are deceptions of the human sense, you will have the courage to face anything. You had the courage to start outlining your drama, so why not have the *courage to finish*? When things take a turn in the opposite direction to what you have conceived, it does not mean that it is a mistake. Don't forget, when you are asking for divine guidance, that the promise is that you shall be directed. Looking back in your experience you may yet have occasion to thank God that things worked out differently than you had planned.

You say that you intend to either find the Truth and demonstrate it, or to entirely give up *this thing* called life for you have found no desirable thing in it. If you had ever for an instant caught a tiny spark of spiritual perception, you would never make such statements. In your search for happiness, you have apparently depended upon the world of appearances—upon fleeting concepts. You can give up reliance upon them, but to state that you will cease living is to say that God is going to be annihilated. That is exactly what would happen if it were possible for even one of his beings to be discordant. Truth will demonstrate itself and *prove You* when you harmonize your thoughts with it. You say that you do not want beautiful words but you want something that *works, that produces results.*

Words are audible expressions of the ideas held in Mind, therefore, it is impossible to state the truth without using words. You apparently feel that a Truth teacher can hand you something done up in a parcel that will work miracles, instead of understanding that *your universe* is the result of your own conceptions. This accounts for the fact that some people are limited and unhappy, while others are prosperous. That which produces results surrounds you at every point in space at every instant throughout eternity. If you are not enjoying heaven here and now, it is because you have been looking outside instead of within. You have been using the truth to seek the loaves and fishes, instead of striving to express the principles of Life for Truth's sake alone. No, there is not a single thing in this world upon which you can depend; that is why you are compelled to look within if you desire peace and harmony. This apparent world of time, space and change of every description is a world of symbols or pictures that have no life, truth nor substance of their own. The visible manifestation is an indication of what is taking place in your own consciousness. If you do not like your picture or expression, you are at liberty to adjust it through spiritual understanding. Spiritual understanding is the way a thing actually is in totality or in a heavenly state of mind. God did not make any promises. A promise means reasonable ground for hope or expectation. There is no problem that does not contain its own answer. There is no cause for hope or expectation in God—God is completeness, fulfillment. Every individual is more or less reluctant about admitting that every problem in his life is his own conception and in order to change conditions and circumstances he must first of all change his own thinking *about* the appearances. It is human nature to justify oneself by seeing faults in others, but the only place that *you* can see a *fault* is through your own eyes. Thus it is quite obvious that the false appearance exists for you in exact proportion to your recognition of it. This was a great comfort to me when I learned that I was dealing with no one but myself, and by watching my thoughts and changing my conceptions (the images or pictures held in mind) that all conditions and circumstances

altered automatically. When rightly interpreted, our work in Truth is really laborless. It is simply a question of making our At-One-Ment with God and *letting* him express himself by means of his individualizations, called us.

Now, just how does a person go about it to make his At-One-Ment with the Kingdom of Heaven while he is still believing that he is in bondage to materiality? To begin with, heaven and earth have never been separated except in negative thinking. Heaven is a perfect state of Mind and earth is the manifestation of that unseen Heaven or perfect state of Mind. True enough, the earth has been called material, and this false concept has prevented the individual from seeing it as it really is, namely, the kingdom of ideas in form or manifestation. Because every visible object is objectified thought, we have dominion over it. If everything we see were material, solid and concrete we could not govern it mentally. Every disease or discordant condition is the result of some mortal belief. Many times one is trying to demonstrate supply, when an entirely different belief from poverty is the apparent cause of lack. One is inclined to think of supply in terms of money, whereas, he may be experiencing lack of substance because of a lack of love or many other qualities of mind. If you want to receive, you must learn to give—not only in terms of money but of your very life substance. When a problem of lack confronts you, ask yourself, "How faithful have I been to the truth I have learned? Am I putting into practice the principles of life? What can I do to make my fellowman happier?"

By striving to give joy and happiness, you are giving of your real Substance and it returns unto you in whatever form you seem to need at the moment. Sometimes it is easier to write a check to assist someone than it is to give him love or kindness, whereas the latter is giving real Substance. If you take the attitude that you are striving to demonstrate the Principle of your being, rather than things, you will have arrived at a point in understanding whereby your consciousness becomes all things. Then your only work will be to bear witness to God's completeness and he will outline and govern your universe with absolute Love, Peace and Satisfaction.

Overcoming Mental Conflicts That Cause A Nervous Breakdown

By S. Vaidianathan

IT IS a fact proved by psychologists and psychoanalysts that almost all neurotics (those who suffer from nervous breakdown) are victims of emotional repressions of one kind or another. These people are continually harassed by mental conflicts.

In the case of the neurotic, the negative attitude that he takes toward his environment may be entirely constituted of his own adverse reactions to past experiences, past failures, or past mishaps. A careful self-analysis may reveal to the individual the particular emotional repression which is responsible for his breakdown or neurosis. Without such an analysis, the individual is probably not aware of the cause of his difficulty.

The obstinacies or the spirit of resistance in the neurotic is the greatest barrier to cure. While the victim of a neurosis may be entirely reasonable in everything else, yet in this one thing he is irrational, i.e., in the matters that concern his health, happiness and welfare, he suppresses his chief worry. The tendency to worry over trials is particularly noticeable in almost all neurotics (those who are victims of emotional repressions).

Among neurotics there are many who are great daydreamers. These daydreams are substituted for real activity. Unless such daydreams are carried out into action they bring no real satisfaction to the dreamer. They draw upon his vitality and divert his energies into channels of futility and frustration.

The remedy for this condition is to sub-

stitute for the daydreaming and the mental conflicts normal activities through sublimation. This means that desires which cannot be gratified because they are anti-social must find an outlet in constructive and useful activities that will benefit the individual himself or benefit other individuals.

The success and thoroughness with which this necessary readjustment is carried out determines the degree of healing which is experienced. If the work is thoroughly done, the neurotic will become transformed into a different person, thoroughly balanced and normal in every respect. He will feel within himself that he is freed from all the imaginary and painful obsessions which he has built up through years of rationalizing his fear and worry. He will find that he has developed from within himself new poise and efficiency. His whole attitude toward life will become more positive and his power for success greatly increased. Where his will has heretofore been negative, it will now become more positive. Trifles will no longer annoy him as they have heretofore. Problems which have seemed difficult or insurmountable will become easy of solution.

The constructive use of imagination is a vital aid to healthful, happy and successful living. When daydreams relate to certain constructive aims and the fulfilment of definite purposes and are followed by constructive activity, they may become a real service in helping on this revitalizing transformation.

The Word

By Susie M. Best

TEACH me to say the shaping word
 Transforming hate to love,
 Exchanging failure for success,
 The falcon for the dove,
 Reshaping jar to harmony,
 Restoring heaven to all and me.

Rebirth

By Chester H. Struble

THE MOST constant factor in living is change.

1933 does not look much as did 1929.

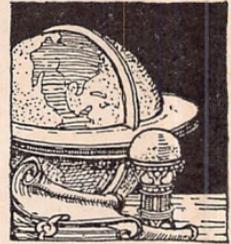
Humanity is giving birth to a new and better environment for all. The good old times will not return, but good new times will come. The emphasis is being taken off class and put on mass. The gamble is to be reduced, but the chance to make good is to be increased.

Is it surprising that there should be individual protest during this painful collective effort?



Views and Reviews

By William E Towne



WE NEED TO RELAX

THE creative spirit is smothered by tension, mental and physical. And the gloom and discouragement that accompany a period of financial depression do not furnish congenial soil for that free play of the imagination which leads to an enjoyment of life and which is essential to creative expression and progress.

We take ourselves too seriously, even in times of prosperity. Without periods of relaxation, through indulging in some interesting avocation or through play at frequent intervals, the life force is driven from our abode to find a more congenial home where it will be welcomed. The

to find a creative and constructive outlet outside the routine of daily work.

The wisdom of the world has long affirmed the need of joy and laughter in life. In a contribution published in *Nautilus* last month (page 6) the writer said: "Then I learned that it is *necessary* to express joy if one would draw good unto himself." She goes on to tell how even the mechanical expression of the emotion started the flow of life and attracted increased abundance of all good to her. This, too, under circumstances which at first made her effort partake but little of the *feeling* of joy.

The ancient wisdom of the Bible contains



VIEWS and REVIEWS by WILLIAM E. TOWNE



recreation, play, change of vibration through following an avocation become necessary to health and sanity. Life becomes a destructive element when it is denied expression through joyful action—destructive, that is, to that part of the body and mind which is not used.

Rest and relaxation are the natural remedies for discouragement, for that feeling of losing one's grip. Henry Ford has said: "There are many who have told me about their discouragements, but I never thought they were really discouraged. All they needed was a little rest—a little rest would change it all, or a little journey, to leave the jaded entities behind." Real recreation means change of activity which results in rest for that part of the body and mind which is used every day.

CREATION THROUGH VISUALIZING

VISUALIZING is an instrument which we use in our mental and physical creations. A writer visualizes his characters and their actions. A man making a garden visualizes the vegetables he prefers and shapes his garden according to his tastes. An architect visualizes the house he is to erect and the builder uses lumber, nails, bricks and concrete to make real that which first existed as an image in the mind of the architect.

The stronger and more vivid the image, the greater its creative power. We are all using this visualizing power each hour of our lives. But we are quite apt to use it to create that which in our calm and thoughtful moments we do *not* want. For instance, a petty irritation will arouse such strong emotions and create such vivid mental images that the creative force becomes very destructive when it is repressed. So if we bottle up our emotion, refuse to give vent to our irritation, it becomes even more harmful than if we blew up.

We can head off this undesirable result by refusing to entertain the mental images which produce such negative and destructive effects. But we must head them off at the very source by refusing them admittance to our consciousness, just as

we would refrain from inviting an undesired guest to our home.

In most cases we find these undesired images have been flashed upon our consciousness before we realize it. Well, if the guest who acts as a trouble maker gets inside the house, we can still show him the door. Or we can put him at work at some more useful occupation than trouble making. If one has the habit of scolding, for instance, he can use the same energy that he expends in useless scolding in executive activities—possibly in directing others intelligently in some useful work. The use the individual makes of his energy in such a case depends upon his *choice* of mental images to inhabit his consciousness. Of course, back of the images lie desire and thought as creative factors. But through the stimulation which thought and desire receive in their reaction to images, these factors will fall in line if the images are controlled and directed toward a desired end. In his *Art Of Thinking*, Ernest Dimment, the famous French philosopher, says: "It is evident that any images of which we have no particular right to be proud would not be frequent in our minds if they were met with the verdict: not wanted, not liked." The same authority says: "The superiority of an artist to a society man or woman who is nothing else is undisputed, and it comes from no other cause than the superiority of one class of images to another." And Henry Ford has written: "Anybody can do anything that he imagines." An ignorant countryman cannot become over night a cultured artist, because he cannot imagine himself fulfilling the activities of the artist, but he *can*, if he *desires*, picture himself as advancing in the direction of becoming an artist, he can cultivate his taste for color, train his powers of discrimination in color and extend his knowledge of the technique of art.

RELIGION is not a strange or added thing, but the inspiration of the secular life, the breathing of an eternal spirit through this temporal world.

—Henry Drummond.



Sunday School Service

New Thought Interpretation of International Sunday School Lessons.

By Rev. GEORGE C. GOLDEN

July 16. DEBORAH or BUSINESS WITH INTUITION. Judges 4 and 5.

Bible Readings: Psalm 46.

GOLDEN TEXT: *God is our refuge and strength, a very present help in trouble.* Psalm 46: 1.
NEW THOUGHT GOLDEN TEXT: *Find grace to help in time of need.* Hebrews 4: 16.

IN THE tale of Deborah the man of insight finds an unailing recipe for a failing business.

When the commonwealths of Zebulun and Naphtali were about to fail because of the inroads made upon them by Sisera, the person who came to their relief was Deborah, a woman judge of Israel.

Like her modern incarnation, Joan of Arc, she roused the fainting spirits of her people, she egged Barak and the other officers of Jewry on to aggression. When the men of her nation would have submitted to defeat, she prophesied, orated and herself captained the army to victory.

Israel was fortunate to have such a prophetess as Deborah, and Deborah needed such a nation behind her as Israel. She was the enthusiastic, indefatigable and inspired leader because Jewry offered her more than any other nation promised.

The land that gives people what they really need, will never fail of leadership in time of danger, nor workers in days of peace.

The business that gives the public what it wants will never erect "We quit" signs.

The professional man who renders his clients the service they crave will never have trouble meeting his rent.

It is difficult and very discouraging to persuade people to buy what they do not want. Sometimes even the most eloquent arguments to convince them against their will fall short and they have been known to refuse to patronize even from pity.

It is easy to sell when you have what your clientele wants.

To know what our public wants, we need intuition. Go into the silence to see what you, were you God, would give these people. Instead of conning professional journals to make your office "just one more" sensitize yourself to the Universal Counselor in you.

The answer will come in terms of yourself. If you are a contractor, there will be the vision of the unique home. If a teacher, there will be the personal presentation of the subject that will find a reception. If you are a composer, you will catch the song the people are too inarticulate to improvise

for themselves but very quick to recognize. If you are a preacher, you will catch the message the erring have been seeking to lead them to the dominion destined for them from the foundations of the world.

Silent Affirmation

God in me sees and supplies the needs of humanity, thereby fulfilling me.

July 23. ISAIAH DENOUNCES DRUNKENNESS AND OTHER SINS or KNOWING OUR OWN GOOD. Isaiah 5: 1-30.

Bible Readings: Psalm 85.

GOLDEN TEXT: *Righteousness exalteih a nation.* Proverbs 14: 34.

NEW THOUGHT GOLDEN TEXT: *For this cause came I into the world.* St. John 18: 37.

IN DESCRIBING a people piloting their bark towards destruction Isaiah diagnoses their case and puts his finger on their root trouble. They call good evil and evil good.

The opposite is also true. The person advancing to prosperity and dominion is the man who calls good good.

Your good is that state of mind and condition of affairs where your unique, original and puissant self is brought out.

St. Paul reminds us that one man's meat may be another's poison. Unexpressed and unrealized talents rot in the soul, making a "public enemy" out of a public benefactor.

Your own good is more than your special whims. It is the vocation for which every tendon, nerve and impulse in you has been tuned and adjusted by the universal creator.

To take another man's place is to feel living an onus but to fill our own is like receiving a bonus from life.

How can we tell your place? Our recreation? Our opinion? The Self leaves himself not without a witness. Hugh Walpole said that when he saw a certain scene, he just knew it was the setting for his story. So when we think of a certain career, of a definite reply to a question—without prejudice or favor—we know if it is our own. Experimenting thus with ourselves, we may at first start confusion but there will come a perception that lifts us up, a role where we are sure we can be sincere. Then we have discovered our own position, our own good.

"How do you know this study for which you are enrolling is good for you?" I asked a youth. "All the other fellows are taking it," was his justification. I shook my head. There was nothing to be said.

I asked another youth the same question. "I have long known the need I had for it and this is the first time I could obtain the instruction," he replied. I was pleased for I had discovered a lad seeking his own good.

Silent Affirmation

That for which I have use is good to me.

July 30. GIDEON or THE USE OF WITS. Judges 6 to 8.

Bible Readings: Psalm 98.

GOLDEN TEXT: *The Lord is the strength of my life; of whom shall I be afraid?* Psalm 27: 1.

NEW THOUGHT GOLDEN TEXT: *He that walketh with wise men shall be wise.* Proverbs 13: 20.

I FEAR that the testimony of Gideon, if given at a modern metaphysical testimony meeting, would meet with a cold reception. It contains too little supernatural magic and too much natural machination to be our idea of a perfect demonstration.

Nevertheless, the fact remains that Gideon saved his people.

A modern commentator writes of this event: "They had a human leader of extraordinary resourcefulness."

Because God is intelligence, when Gideon utilized "extraordinary resourcefulness" he was using God.

There is a homely word for "extraordinary resourcefulness" of which I am very fond. It is the old-fashioned word wits.

Gideon won because he used his wits.

Progress is the record of the lives of men who used their wits to prove their vision a verity, to render their dreams demonstrations.

When you use your wits, you draw upon all your resources, in a clever, strainless and godlike indifference to negative conditions to make your ambition an asset to yourself and mankind.

Some people refuse to use their wits, declaring it a very common practice. They are only calling inertia a virtue. They are vainly hoping that God will do for them what he can easily accomplish through them. They do not realize that every vision of power is entitled to manifestation just as every child has the right to life, liberty and discipline. They do not comprehend that they are saving their dignity but losing their souls. The "principle of the thing" is meager consolation when balanced against attainment.

When we are using our wits for good we are outwitting evil. We have no reason for respecting poverty, depression and sickness. They are the outlaws and every device we can summon to drive them out of existence, every argument we can

utilize to destroy their fictitious but fatal force, is a legitimate and divine instrument in our hands.

Silent Affirmation

This one thing I do—bring myself to revelation.

August 6. RUTH or IMPROVEMENT THROUGH ASSOCIATION. Ruth 1.

Bible Readings: The book of Ruth.

GOLDEN TEXT: *Let us love one another: for love is of God.* I John 4: 7.

NEW THOUGHT GOLDEN TEXT: *He that loveth father or mother more than me is not worthy of me.* St. Matthew 10: 37.

WHAT a tempest there must have been in the teapots of Moab when Naomi, from Bethlehem, announced the marriage of the ex-Moabite, Ruth, to the wealthy landed patrician, Boaz! A betrayer of her own people! A renegade and a traitor! These must have been some of the epithets in which Ruth's schoolmates and cousins gave vent to their unjustified chagrin.

Had Ruth heard them, she might have acknowledged their justification. From a certain viewpoint they were correct.

By birth, by ties of numerous friendships, by many confidences, the people of Moab were her people. Yet it was also true that by her tastes, her aspirations, she belonged to Naomi and the Jews.

This was the conflict Ruth experienced when she was choosing between Moab and Syria. In the flesh and in her past, she belonged to Moab, but in her soul and her future, she was Jewish. It was a conflict between the security and slothful ways of the land of her birth and the ardor to plant her seed and have her fruition in a country of higher culture and greater spirituality.

History proved that that glow, which was her soul's sincere solicitude, was a very reliable leading indeed.

Ruth has become to us the symbol of our own unfolding, she is the type of all individuals who put the discovery of themselves ahead of mere physical comfort.

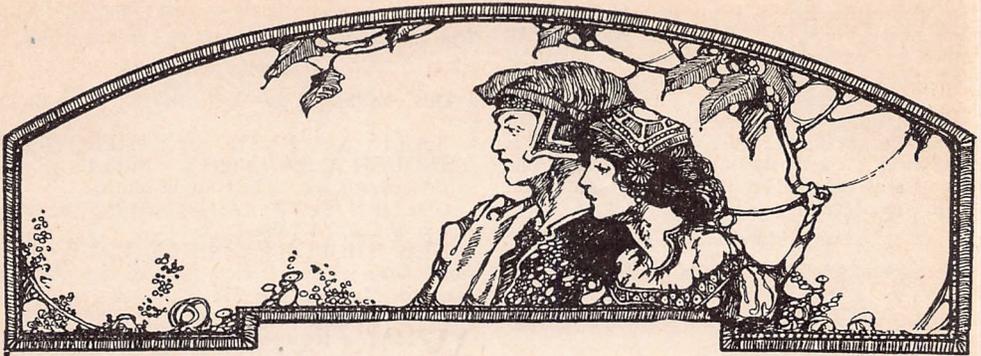
The country boy who makes good in the city is more than a gambler; he is the determined thinker set to bring himself to revelation.

Desire can only be demonstrated when we deny the fears and claims that war against it. Just as Ruth turned her back on Moab, so must we blue-pencil all the arguments that would hold us back from being what we long to be. As Ruth attained her fulfillment by following this leading, so will we also arrive at actual creation, in flesh and brick and concrete, of those dream-beings and dream-mansions that warmed our hearts and unloosed vitality in our viens when we first, in vision, beheld them.

Silent Affirmation

The truth of me is revealed in the wishes of me.

LIFE is not selfish hoarding,
 But generous giving;
 Not wasteful repining,
 But large-minded living.
 —Grenville Kleiser



Things That Make For Success

And for the advancement of the individual in all ways. This is a correspondence department of Success ways and means, conducted by the Editors and contributed to by NAUTILUS readers everywhere.

Success Letter No. 1317

HEALED OF VARIOUS AILMENTS

MANY years ago I lost a cousin who was very dear to me. Her death was a great shock to me. A few years later I developed tuberculosis, stomach trouble, heart palpitation and sick headaches. I was constantly under the care of a doctor. A physician came to visit me every week for several years. Many times I prayed that I might die. Then my hearing went bad. All in all, I was just a wreck of a woman with no interest in life.

At this point I first became acquainted with New Thought and tried to go into the silence. My first attempt resulted in a big happy feeling inside that made it seem as if I had suddenly gone from a dark room out into the bright sunshine. I experimented with it every day with the result that now I haven't an ache or a pain. I hardly know I have a heart. It never palpitates any more. My hearing is getting better and I feel like a new woman.

I started by affirming simply that I was one with God and that he was in me manifesting as perfect health and hearing and that I had no fear.

For twenty-five years I was filled with fear that I should be killed on a certain day of the year. The first time that this date occurred after I became acquainted with New Thought, I walked out of my home with no feeling of fear. I stayed away from the house as long as I wished and was filled with perfect faith that I would be protected throughout the day. The surprise of my parents and friends who knew of my past condition was great. I had broken through that barrier of fear. I told them all how I had accomplished it through New Thought.

Previous to my acquaintance with New Thought, the hospital doctor had said that my heart was enlarged and there was a valvular leakage. My left side was swollen. Today the swelling has all gone and I have no trouble with my heart. I don't know what a sleepless night is any more and I am no longer troubled with the blues.

Previous to taking up the practice of New Thought I had been years without sleeping a night through.

—M. E. S., Pa.

Success Letter No. 1318

HOW CONCENTRATION LOCATED A VALUABLE PIECE OF LOST JEWELRY

PERHAPS some of your readers have practiced concentration with much success, but I doubt if any have met with such quick response as I did a few days ago when my next door neighbor called to me one morning saying she had been robbed of a valuable piece of jewelry which she had placed in a secret drawer of an old bureau in her bedroom. She said she had put it there about a month ago when she had returned from the country and it was not until she went to get it to show to a friend that she discovered her loss.

I felt sure it had not been stolen but simply mislaid. However, she seemed to think differently, especially after she and her daughter had searched their house thoroughly from attic to cellar; and really, my friend was just about sick over her loss. I decided to concentrate on that piece of jewelry and see if through my efforts I could locate the article. I started in by repeating several times during the day, "That piece of jewelry is in that house and they will find it."

It was during my afternoon nap that I dreamed the jewelry was under a vase in the front room. This made such an impression upon me that later in the day when I saw the daughter sitting on her porch I called to her telling her of my dream. She smiled and said that they had looked under every vase and dish in the house but she would go and look again. I called out to her to be sure and look under "the vase in the front room."

I then went in to prepare my dinner and had hardly reached the kitchen when I heard the daughter of my neighbor scream with excitement, "Mother! hurry, I've found it!" By that time I was over the hedge and up in the front room where

I saw the mother holding the precious trinket in her hand. She was actually crying for joy. Needless to say, I rejoiced with her. To think that vase had never been moved until my dream was revealed!

My friend couldn't quite understand the whole thing and asked me to explain but all I could say was, "Concentration." And this all happened within eight hours.—Mrs. W. B. G., L. I., N. Y.

Success Letter No. 1319

HOW I AM OVERCOMING THE DEPRESSION

IN THE spring of 1931, my husband was taken with a mastoid infection and underwent an operation. Two months previous to this we had returned from an automobile trip of more than eight thousand miles, and thereby spent the major part of our savings. My husband is a house carpenter and contractor, and for nearly two months after his partial recovery he hunted day after day for work, but could find nothing, not even encouragement. We did not think of trying for credit at any store as we had bought our food mostly at the chain stores and had always paid cash. Our bank account had by now dwindled to \$35 and for about two days I became panic stricken for hunger loomed before us. I wrote to a friend asking the loan of \$100. This friend answered, saying that the interest of a mortgage on his property had taken all his ready funds.

I had off and on for several years read metaphysical literature. I thought of this and made up my mind there was nothing left for me but to turn to Divine Mind for help.

I began by setting aside one-half hour each day to work for prosperity or financial help. I sat in a comfortable chair in the same place and at the same time each day. After closing my eyes, I first thanked God for the many blessings he had bestowed upon me. I thought of Him as being within me and that I was talking direct to Him. I next opened my hands with the palms up and said aloud: "These are God's hands. They shall never be closed, but will give Peace, Love, Harmony and Prosperity to the whole world."

I then proceeded to think of all the people I had known who had ever caused me grief, or might in any way dislike me. I called each one separately and blessed them in the name of Jesus the Christ. I repeated the twenty-third Psalm. "The Lord is my shepherd; I shall not want." I said it over two or three times. When doing this, I would try to feel that every word was a promise to me and that it was reaching every atom of my being.

I still repeat many times during the day, "God is our supply." And I visualize money coming from all directions falling into my lap. I see bundles of bills like I have seen bank tellers fold them, and I see wads of old bills, and I see an old worn bag containing twenty-dollar gold pieces. Sometimes the bag breaks and the money rattles in my lap and rolls on the floor, and I at times seem to feel the weight of the gold striking me. All this money is to give plenty to the world.

I next see my husband in a big car dressed in his best clothes driving to several unfinished houses directing many workmen. Less than two weeks after I began this mental-treatment my husband obtained work as a foreman on a building which lasted nearly three months. Since then he has not

had to look for work but work has come to him. He worked all last winter, and now (in September) he is still working. Our friends and acquaintances think it marvelous that he works all the time, when so many mechanics have had no work for more than a year, but I know that "In my distress I cried unto the Lord and he heard me."—K. S., Ore.

Success Letter No. 1320

PRAYER HEALED ME WHEN I WAS
RESIGNED TO DIE

IN MY early teens I met with an accident and the doctors at that time said I never could be cured of my injuries. My relatives did all they could to help me, but seemingly nothing could be done; I continued to have bad spells and also was lame. The trouble was connected with my spine and pelvis.

I was later married and had children, but very hard childbirths. Years passed and the war came and with it the flu. I was one of the first to have it and as my lungs were not very strong it gave me a bad case of pleurisy. My life was despaired of. I was told there was no hope and that I had better "put my house in order." I did, and then felt that everything was all right and I was resigned to my fate. But loved ones were praying for me and at the eleventh hour I had a wonderful experience.

It seemed to me that a soft light shone into my room from the window. It was near midnight. A form came close to the bed, took me by the hand and asked me if I believed I could be healed. I, thinking indeed that I had passed beyond, said, "Yes, I believe I could by Jesus." Then I saw his face and I knew it was Jesus Christ.

Again he spoke and asked me if I would be made whole. I said, "Yes." Then a wonderful feeling came over me and the blood seemed to circulate more freely and I felt well, better indeed, than I had ever been. How long the vision lasted I do not know.

I now found that I could turn about the same as other people did for the first time in years. The trouble had made me always have to take care how I turned because of my spine. Now I was made well. I promised the Master before the vision left me that I would serve in whatever way he needed me most. I continued to study with the result that for many years now I have tried to help others. Jesus Christ is now here raising us to his consciousness of oneness with him in Divine Mind.

—E. L. B., Colo.

FOR WORLD PEACE

WE, the Rising Generations, demand a United States of the World.

We want our idle vessels and ships to be used in times of peace for a Public University of Travel, a white fleet that shall tour the world every year.

We want these ships manned with the best instructors in Art, Literature, Travel, History, Modern Languages, Sociology, Human Nature and Universal Brotherhood.

We want the students selected according to all-round merit from the graduates of public High Schools and Industrial, Vocational and Technical Schools of all the States.

We want this post graduate year of travel given at the expense of the nation, the students co-operating systematically with a minimum naval crew in all work done aboard ship.

We believe in these things.

We pray for them.

We talk for them.

We vote to this end.

—Elizabeth Towne.

New Thought Practitioners

MARY ALLEN, Practitioner. Health, Money, Love Realization Treatment for you, \$1.00. Box 1383, Little Rock, Ark.

Money Or Health Treatment, \$1.00. **DR. MARIE WINCHELL WALKER**. 29 N. Electric Ave., Alhambra, Calif.

Health, Happiness, or Prosperity treatment \$1.00. **VOLANDA RAYNALD**, Practitioner and teacher, Box 36, Carlsbad, California.

GERTRUDE GEPHART—Teacher and Practitioner. Nineteen years' experience. Free will offering. 518 So. Virgil, Los Angeles, Calif.

DANIEL BOONE HERRING. Practitioner. 401 Judson C. Rives Building, Los Angeles, Calif.

GEO. F. MILES, Practitioner, 909 Irolo St., Los Angeles, Phone Ex. 9082.

DEMONSTRATION CLUB, 532 16th St., Oakland, Calif. Treatments, Health, Success, Happiness, \$1.00 Monthly.

EDISON HAND, Practitioner, 3168 Davis, Oakland, California. Emotional, Health, Prosperity problems. Ten treatments—\$3.00.

HATTIE CHAPMAN GIBBS, Health, Harmony, Prosperity treatments. 1216 Leavenworth, San Francisco, California. Voluntary offering.

32 Years' Healing, Health, Success. Treatments, Trial Month, \$1. **IDA WELSH**, 1518 W. Main, Belleville, Ill.

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DR. D. MARSDEN, Psychologist and Divine Healer. Daily treatments, \$2.00 per month. 769 West 47th Street, Ashtabula, Ohio.

Dynamic treatment for peace, power, plenty. One dollar. **MAREY ATHERTON**, Belle Vista Ave., Newark, Ohio.

MRS. C. A. BARTHOLOMEW, Sabinsville, Pa., experienced New Thought healer. No charge unless patient is benefited.

MRS. O. HENRY, Health, Happiness, Success treatments (W. Y. M.'s method.) Free will offering. Box 452, Paris, Texas.

JOHN HODSON, L. Th. (Trin.), B. A. (Queen's). 22 years a Minister. Treatment by correspondence, \$1.00. Sturgeon Bay, Wisconsin.

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(Nautilus News: Continued from page 1)

we shall see that most wonderful miracles result from the use of the powers of the human soul—powers not now known to mankind. Mr. Landone maintains that Jesus taught these unknown powers of the human soul, and that his followers used these powers for a century after Jesus' death, but that after that the LIVING truth was lost sight of but that now the time for its resurrection is at hand. This contribution will be published in August Nautilus.

Geo. C. Hubbs Is Coming Back As A Contributor

A letter received this morning says that Mr. Hubbs is now working on the first three of a number of informal talks to Nautilus readers. He feels that he will enjoy writing to you in this informal way, and he hopes to offer suggestions that will help us all to get our thinking straight on our relation to God and Life, to the end that we may live more happily, successfully, boldly. We will tell you more about this next month and the first of the new series will come along in September Nautilus.

Ten Years Of Failure—Then A Method That Gave Me Success In My Work

A New York professional woman has written for Nautilus her experience in changing ten years of failure into a success. She describes a New Thought method that first enabled her to find the cause of her failure and then to remedy it. She gives the daily schedule which she developed for spiritual and mental practice which transformed her life and brought substantial success in her work. This article will appear in August Nautilus.

Attaining Your Desires By Spiritual Means

Bertha Vogt (well-known to our readers through her monthly "Meditations") has sent us a longer article that will appear next month under the above title. Mrs. Vogt explains quite clearly the seeming conflict of desires which each individual faces in his own life, and shows how clear and straight thinking on the subject brings order into this seeming confusion. Other features of August Nautilus are: "Our World Of Color," by Myrtis Hodges; "Outwitting The Complex Of Inferior Education," by Chamberlain; "A Method Of Making Your Affirmations More Effective," by John H. Gamble and "The Kingdom Of Heaven Lies Within," by Penelope Peterson.

Demonstrating Money

"This is the true technique of demonstrating supply," says Marie Winchell Walker, M.D., in beginning her latest contribution to Nautilus. She believes there is a very definite mental attitude that leads to realization of opportunity and the demonstration of money and she closes her contribution with four foundation stones for those who need this form of demonstration. Dr. Walker's article is to be included in August Nautilus.

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- AKRON, Ohio.**—Akron Center of Truth, 34 S. High St.
- ALHAMBRA, Calif.**—Metaphysical Club, Thursday 8 P. M. 29 N. Electric Ave. Marie Winchell Walker, M. D., Pres.
- ATLANTA, Ga.**—The Open Door, 413 Chamber of Commerce Bldg. Mrs. Rose M. Davis, Leader. (M)
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- ATLANTIC CITY, N. J.**—The Temple of Truth, Raymond Neff Halliwell, Director, Central Pier.
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