

NAUTILUS

FEBRUARY

1933

On with the NEW Prosperity
With All of Us in it!

Open and read:—

Divine Guidance For The Lion And The Lamb

God must have loved the lambs, He made so many of them!
ELIZABETH TOWNE

Applied Truth Lifted His Financial Burden And Saved Home And Office

How a lawyer applied Truth methods and found his financial
problem solved over night LILLIAN GRACE COPP

Our Greatest Need In This New Age At Hand

How can we keep our place in the sun in this strange transition
period? BROWN LANDONE, F.R.E.S.

Freeing A Long Repressed Desire Brought Me Health, Happiness, Love

A former college instructor relates an interesting experience with
the problem of repressed desire ELIZABETH LAWRENCE, Ph.D.

At 43 She Found The Secret Of Success

Gives the affirmations and method of self-treatment used by this
woman who, at 52, is still young looking, happy and successful
D. L. R.

How New Thought Healed My Brother Of Insanity

All hope seemed gone, yet he recovered and has worked steadily
for six years M. GRAF

(Table of Contents Page 5)

Edited by ELIZABETH TOWNE *and* WILLIAM E. TOWNE

Price 20 cents

A Song Of The Soul Victorious

(Extracts from the above poem, sung by a
Hindu thousands of years ago.)

I STAND in the great Forever,
I live in the ocean of Truth,
And I bask in the golden sunshine
Of endless Love and Youth.

In the deathless glory of Spirit
That knows no destruction nor fall,
From the immortal fires of Heaven
To the plains of Earth I call.

They say I am only a mortal,
Like others I'm born to die;
In the mighty will of the Spirit,
I answer "Death I defy."

"I'm born to die?" Ah, never;
This Spirit is all of me;
I stand in the great Forever,
O God, I am one with Thee.

Oh! God, I am one forever
With thee by the glory of Birth!
The Celestial Powers proclaim it
To the utmost bounds of Earth.

Oh! the glory and joy of living!
To know we are one with God;
'Tis an armour of might to the spirit,
'Tis a blossom that crowns the sod.

Thus I stand in the great Forever
With Thee as Eternities roll,
Thy Spirit forsakes me never,
Thy love is the Home of my Soul.

NAUTILUS NEWS

BY THE EDITORS

NAUTILUS makes plain the Truth that frees, heals and prospers mankind. We support the basic Truth in all religions. "Ye shall know the TRUTH and the TRUTH shall make you free."

This Four-Fold Affirmation Brought Prosperity And Health

She lives in a beautiful, sumptuous home, on the most fashionable street of her city, and has the wealth to support it. Yet only a comparatively short time ago this same woman was living in poverty, in cramped quarters, with her 65-year-old, out-of-work husband and several children. The family income was precarious and small, depending upon the earnings of the children. Both husband and wife seemed about the most unpromising candidates for success one could meet. The amazing, revolutionary change in their financial state was the direct result of an IDEA which came to the wife through the use of prayer and affirmation, which included the four-fold affirmation for prosperity. Marie Winchell Walker, M.D., has visited at the beautiful home of this woman, and vouches for the truth of her experience. In March Nautilus Dr. Walker will tell us about the four-fold affirmation for prosperity and how it was used in this and other instances for both health and prosperity with remarkable results. Of course she includes the affirmation itself in her article.

My Wrecked Marriage Was Saved By New Thought

Her marriage had started out promisingly enough. It was a love marriage. The husband's social position was good, his income ample. But he was much from home. The wife dreamed of a child to gladden and relieve her lonely hours, yet the years passed and none came. Instead came bitter disillusionment. Her husband had drifted far from her in thought and feeling. She faced a crisis and decided upon divorce. And then something suddenly happened that cleared the whole situation. New Thought came into her life. She used prayer and affirmation plus action, which resulted in bringing about a successful and lasting renewal of the old relationship. The wife says: "A rich beauty has blossomed from the ashes of our dead selves." They became a radiantly happy family—including the baby girl who was finally born to them. This thrilling true experience, as related by the wife in the case, will appear in March Nautilus.

They Had Less Than \$2 In Cash

They were a middle-aged couple—past fifty—and bank failures had wiped out the savings of years. How faith—believing faith—plus action solved their financial problems and brought a fair measure of success throughout the following depression years, is related by the wife in a Success Letter which will appear in the Department Of Ways And Means in March Nautilus.

(Continued on page 7)

She lives in a beautiful, sumptuous home, on the most fashionable street of her city, and has the wealth to support it.

Important Notice Nautilus Subscribers

If you find an expiration notice attached to this space it means that your subscription expires with this issue UNLESS your renewal has crossed the notice in the mail. IF YOU WILL RETURN THE RENEWAL BLANK WITH YOUR REMITTANCE SO THAT IT REACHES US BY THE 20th OF THE MONTH OF THIS ISSUE WE WILL CREDIT YOU WITH 13 MONTHS FOR \$1.50. Extra month for prompt renewal. Or we will send NAUTILUS two years for \$2.50. (30c. extra per year for Canadian postage; and 60c. extra postage per year for foreign lands.) THE ELIZABETH TOWNE CO., Inc., HOLYOKE, MASS.

What Do You Desire—NOW?



Thousands have proved that THOUGHT is a creative power that brings realization of desire. Thousands have used Elizabeth Towne's FOUR LESSONS ON HEALTH AND SUCCESS with such results as these: "Used the Lessons to build up my health and pocketbook, with fine results."—K. W. W., Tex. "Especially noticeable is a better understanding and more harmony in my home."—G. M., Minn. "First relief from neuritis in 14 years."—F. B. I., Tex. "Financial problems solving themselves in a marvelous way."—L. D. M., Cal.

How To Get The Lessons
Send \$1.60 for the Four Lessons and Solar Plexus and How To Concentrate, two small booklets for use with them.

THE ELIZABETH TOWNE CO., Inc.,
Holyoke, Mass.

When ordering subscriptions, books or Lessons, ask for The Prosperity Seed Plan—FREE.

Mind Surgery

By DANIEL BOONE HERRING

Teaches HEALING by the unconquerable method which Jesus taught and used.

By this method as here presented one may cut out mental complexes that produce negative and undesirable conditions. This method came as A NEW REVELATION to the author at a time of great need. It came as a climax of 40 years' study of the Four Gospels, and presents the Christ Method of healing and demonstration by which you too can work "miracles."

At New Low Price

Two years ago Mind Surgery would have been published as a \$1.60 book. After much contriving we have produced an attractive, cloth bound book, with printed jacket, at one-third less cost to you.

PRICE, \$1.05, POSTPAID

THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.



S-O-S. SAVE OUR! SIGHT

My Method is helping thousands with eye-sight problems, to Revitalize Their Eyes—Renew Their Vision—and See Without Glasses—gaining Health, Youthful Beauty, Greater Earning Power, New Pleasures, and More Abundant Life.

"NEW VISION FOR OLD"

My Beautiful, Illustrated Booklet explains this delightful Home-Practice Method. Whatever your age or your visual problems, ask NOW for your copy of "NEW VISION FOR OLD." It is FREE.

DR. EARL WARD PEARCE

Dept. B-22, 1650 Rockwood, Los Angeles, Calif.

Are You A Good Salesman?

By D. F. Davidson

A GOOD salesman is one who sees, feels, thinks and vibrates in harmony with every good point of the article he sells.

If he were selling doughnuts, he would see only the crisp, golden doughnut, and not the hole.

A poor salesman is one who records and vibrates in harmony with every imperfection in the article he sells.

He would see only the hole in the doughnut, and every overdone and misshapen doughnut in his basket, and would fill his every sale thought with doubt and fear.

We are all salesmen in Life, every minute that we live. And we are paid in kind by what we give to Life. "Like always vibrates in harmony with like."

Every man and woman is constantly selling himself or herself to themselves, their families, friends, and enemies, and to the cell life with which they come in contact.

We can go even further and truthfully say that every form of matter is its own salesman. And you must believe in yourself and your own good points before you can sell your good points to others.

You cannot think and do mean, selfish deeds to your fellowman and not record their destructive thought poison vibrations in your own cells and blood stream.

You cannot hate in private and pretend to love in public and still vibrate in harmony with Health and Happiness, and More Abundant Life.

You must think, breathe, talk and live Health to produce Health in yourself before you can sell your health to others.

It all comes back to the same old angle of overcoming Doubt and Fear: of living Health and Prosperity and Happiness, if you would make these conditions of Life your own.

Love and Health and Happiness open up every cell in your body and blood stream to more abundant inflowing of Divine Life and Light.

Hate and sickness and sorrow contract your every cell and fill your blood stream with mental poisons and shut out the good things from you.

For what you sell to Life is what you are; and what you want to be in Life is what you must live.

If you live your highest conception of Infinite Love, you are working in partnership with God, according to your Light within and in Harmony with Nature's Laws, and More Abundant Life. When you are selfish and mean and full of worry and fear and doubt, you are living out of tune with Divine Love and Health and Prosperity and Happiness.

If you keep mentally and physically busy, living and selling by good deeds (and not talk) your highest conception of Good to your family, friends and enemies, you will have little time to live doubt and fear.

And if you quietly sit down and work out all the details for yourself, you will find that Health and Friends are the real joy producers in life.

Are you willing to sell yourself 100% to making Health and Friends your real business in Life—and between times, working for Prosperity and Happiness—for the next six months? Have you

ever really tried to see how much Kindness and Good you could produce in six months' time?

Most people work overtime in producing the exactly opposite results in Life.

It matters not what your position or business is in Life, if you produce more Kindness and Good than usual during the next six months, you will certainly be a better salesman in Life at the end of that time than you are now.

You will be a better father or mother, brother or sister, husband or wife or friend than you are today.

You can read this over and then go back to the same old way of destructive thinking and living. But if you do, you are then deliberately living the conditions that will produce less life within you and finally sickness and sorrow.

And if you want the greatest help of all from God and Life, start in today to direct your thoughts and words and deeds along a new constructive path in Life, so that Health and Happiness and Prosperity will vibrate in harmony more perfectly with your daily life.

There is no limit to the kindness and happiness you can gain from Life if you decide that you will and then complete the *willing* by *living* such a positive, constructive life. For every man and woman and child is a salesman in Life. Why be a poor salesman when you can, with less exertion, be a good salesman?

A good salesman gets all that is good from Life, if he lives and sells Health and Love and Prosperity and Happiness; while a poor salesman receives everything he does not desire in life, when he lives and sells sickness, hate, poverty and sorrow.

Which kind of a salesman do you decide now—this instant—that you are going to be?

He Could Not Resist Going To Her

He felt a mysterious and unexplainable urge to go to her and offer help. But she knew why he came. It was the result of telepathy, thought transference, or whatever you choose to call it.

Mrs. Viola Gertrude Rich, a well-known educator and a graduate of the University of California, has written a mighty interesting book upon the subject of influencing others at a distance, after 25 years of study and experimentation. It is called:

Thought Radio

It tells: How mental messages are sent and received; how the contents of sealed letters are read; how lost articles are found; how to use thought force in business and much else upon the subject of telepathy.

If you wish to be informed upon the interesting facts concerning Telepathy and to experiment with this mysterious force send for a copy of Mrs. Rich's "Thought Radio and Thought Transference." Paper bound.

Price 55c

THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.

IT IS not from space that I must seek my dignity, but from the government of my thought. I shall have no more if I possess worlds. By space the universe encompasses and swallows me up like an atom; by thought I comprehend the worlds.

—Pascal



Keys To A New Life

By Daniel Boone Herring

This book is written in the form of a personal message TO YOU, the reader. It tells you how to use your mind to demonstrate by the same method of using thought power employed by Jesus in his marvelous demonstrations.

Mr. Herring believes that THE TRUE MESSAGE OF JESUS TO THE WORLD was this simple method of using the mind to make real the blessings which he promised HERE AND NOW.

Keys To A New Life was written to sell as a \$1.60 book, but we have produced it in paper covers for two-thirds less.

Price 55c

THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.

Mental Healing Combined With Chiropractic

A new way to use the healing powers of the mind

Nerve force released by Chiropractic adjustment and metaphysical treatment has made hundreds well, happy and successful. Call or write, GEORGE LOTT, Chiropractor and Metaphysician, 47 W. 34th St., New York City. Call day or night, Wisconsin 7-7425.

HOW TO TAP THE SUB-

YOUR PSYCHIC INTUITION



ANNIE LORD

Developed in 12 Lessons. Illustrated

My Modern Manuscript
Spiritual Mental Unfoldment
Virility—Vitality—Versatility
Solves Your Every Problem.
Develops Balance to Perfect
Body, Mind and Soul.

Special Offer—Send \$10.00

P. O. Money Order

ANNIE LORD

Consulting Psycho-Analyst
BROADWAY VIEW HOTEL SUITE 172

Phone Academy 2-5600

Private Lessons by Appointment. For every ambitious man and woman.

Broadway at 104th St., New York City, N. Y.

TWO STRONG BOOKS for 1933 50c

The Law of Success 25c
The Path of Unfoldment 25c

For 50c here are forty lessons written in simple, understandable language that will guide you thru 1933 and help make life as you want it. Stop thinking there are no more opportunities. Life is bristling with them. Don't drift. All yourself with Spirit. KNOW and SUCCEED.

HEALTH TREATMENTS—Write me
Freewill Offering Only

MATTHEWS DAWSON

"I help those who apply to me to Prosper"

6506 Western Ave., Dept. FN Washington, D. C.

More Damaged Book Bargains

Elizabeth Towne says that just the all revealing illustrations alone in Kate Boehme's "Realization Made Easy" are invaluable.

The text of this book, together with the illuminating illustrations, make fully understandable "the inner source of power and how to tap it"; "how to use the thought machine resultfully"; "how to fashion your own destiny"; "how to outgrow pain"; "how to outwit old age", etc., etc.

We have some cloth bound copies of "Realization Made Easy" in stock (which are so slightly damaged that you will probably fail to detect defects) which we offer at.....

75c Postpaid—Regularly \$1.60

Order your copy today—the stock is limited. Not returnable for refund or exchange at this bargain price.

The Elizabeth Towne Co., Inc., Holyoke, Mass.

To New Subscribers Save Money

USE THIS COUPON and get NAUTILUS 10 months for \$1.00

The Elizabeth Towne Co., Inc.,
Holyoke, Mass.

I surely want to read all the special features coming in NAUTILUS. Here is \$1.00 for NAUTILUS 10 months, in accordance with your special offer.

Name.....

Address.....
Feb.

When ordering subscriptions or books ask for The Prosperity Seed Plan—FREE.

Quick And Easy Concentration

By Albert Brosius

Visualizing follows naturally if you use this new method and true process of concentration

YOU can concentrate. You can do it at the first attempt.

Holding the mind on any one thought to the exclusion of others is done merely by maintaining *consciousness* of that thought.

Let us see what consciousness is. Psychology says it is a perception of relations, relation being *difference*. One illustration will prove this: If the black alphabetic letters on this page were printed on a black page, could you see them? Would you even know that they were there? You see the black letters because they are on white paper.

Now why is it that you are unable to prevent the mind from wandering off the thought on which you wish to hold it? The answer is: When you first think of a thing, you can think of it because it is first, because it is DIFFERENT from that which immediately preceded it. When you try to hold the same thought more than a second or two, it becomes the SAME as its own preperception. Relation ceases, consciousness ends. To maintain objective consciousness the mind intrudes some other thought. This intrusion is what we call mind wandering.

All we have to do to maintain consciousness is to maintain *difference*. This is done by—*change*. *Change is a method of concentration.*

Here are the instructions for this method: Don't try to continue seeing the same thing. See the quality you want to hold in mind as going through a whole string of associations, each association persisting only a second or less. As an example let us hold in mind the general thought, *pencil*. It is *red*. It *breaks* in two. It is *green*. It is on a man's *ear*. It is made of *metal*. It is made of *wood*. It is on a *blotter*. It is in a *pocket*. So on to *infinity*. The associations can be as illogical as you like—you may see the pencil *jumping* on the floor. The idea is to use the change of the associations merely to hold one quality in mind. Of course where the thought you want to hold in mind is on a subject of which you can't see the whole at once, you can keep the subject in mind by going from one aspect of it to another *as quickly as possible*. You don't bother with association unless a vague aspect is touched. Then it may help to stop and see that part in a string of change.

Here is the caution and rule that makes this concentration so easy: *Don't try* to see vividly either the thing you want to hold in mind or its momentary changes. Just notice both with the degree of clarity common to you, no matter what that degree is. Vividness is naturally gained by the rapid change, which causes many relations or strong consciousness. In this manner vividness is cumulative.

The idea, that concentration is *holding*, has been the cause of your previous failure. Practice the new method, the true process.

Meditation

By Bertha Vogt

Trinity of Being

SPIRIT, God, First Cause—What do we mean by it? How do we make use of it? We mean by Spirit, or God, the intelligent power back of and through everything. God, Man, Universe, the Trinity of all Being. By First Cause we mean the first concept in mind of an idea, which sets the Universal Law in motion for manifestation on this material plane. It is the Universal Law and Order which holds everything on this material plane in its place. This Universal, all-pervading Being becomes self-conscious in man, operates as intelligence or First Cause. For Universal Consciousness, or Life, to be used, it has to become individualized or specialized through recognition on the part of man. It is eternally active and will respond to man's recognition for use in a negative way as well as in a constructive way. Our whole cosmos is proof that such a Consciousness exists. So, let us be conscious of its use in a constructive way and get all the benefit for health, wealth, and happiness from it. We must grasp the fact that in dealing with real Being, we are dealing with that which was never created. God did not make God. God is. "I AM THAT I AM," the Voice told Moses. Turn it as we may, we are confronted with the necessity of a Trinity of Being. There is the seed, the creative medium of the soil, and the plant. But through the Trinity of God and man, there runs a self-conscious Spirit which makes God a self-knowing power.

I AM the Life, the Way and the Truth.

PUBLISHED
MONTHLY

NAUTILUS

MAGAZINE OF
NEW THOUGHT

SUBSCRIPTION
\$1.50 A Year
20c A Copy

Vol. XXXV

FEBRUARY, 1933

No. 4

CONTENTS

Are You A Good Salesman?	D. F. Davidson	2
Meditation. Trinity Of Being	Bertha Vogt	4
How I Used New Thought To Heal My Brother Of Insanity When All Hope Seemed Gone	M. Graf	6
Finding Your Inner Helpful Self	Henry Stanley Haskins	7
The Miracle. (Page Poem)	L. K. Backus	8
Editorials	Elizabeth Towne	9
Applied Truth Lifted His Financial Burden And Saved Home and Office	Lillian Grace Copp	13
She Is No Longer Afraid—And Why?	Eleanor Greenwood	14
At 43 She Found The Secret Of Success	D. L. R.	15
Courage. (Poem)	Grenville Kleiser	16
Freeing A Long Repressed Desire Brought Me Health, Happiness, Love	Elizabeth Lawrence, Ph.D.	17
This Is The Hour Of Opportunity	Vivian May Williams	19
The Three Greatest Bible Texts	Daniel Boone Herring	21
Our Greatest Need In The New Age Now At Hand	Brown Landone, F.R.E.S.	22
Four Kinds of Faith	Chester H. Struble	24
Given 24 Hours To Live, Divine Love Saved Her	W. Y. M.	25
Views and Reviews	William E. Towne	26
Sunday School Department	Rev. George C. Golden	28
Success Letters	30
NAUTILUS NEWS	1

Published by THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.

Copyright, 1933, by THE ELIZABETH TOWNE CO., Inc.

Entered at the Post Office at Holyoke as second class matter.

THE NAUTILUS

ELIZABETH TOWNE }
WILLIAM E. TOWNE } The Editors

CHESTER HOLT STRUBLE, Managing Editor

NAUTILUS monthly, \$1.50 a year; two years, \$2.50. Foreign countries, \$2.10 per year, by international money order. Canada, \$1.80. Foreign money, stamps and postal notes *not accepted*. Add 10c to *personal checks* for collection.

NAUTILUS is owned and published by The Elizabeth Towne Co., Inc., Holyoke, Mass.

You will save us and perhaps yourself a lot of trouble if you state whether your subscription is new or renewal.

We send you notification when subscription expires. Give *full name* and fullest address in every letter.

Send *advance notification* of change of address, giving both *old and new address*. This is most *important*, for names cannot be found *unless town and state are given*.

We assume no responsibility for copies of NAUTILUS lost through failure to notify us in advance when address is to be changed.

All articles appearing in NAUTILUS, which are not otherwise signed, are written by the editors.

The magazine rights of all articles, poems and items of this magazine belong to NAUTILUS, unless otherwise indicated and are protected by copyright. Other publications are welcome to quote from our columns provided credit is given the author and magazine.

The word NAUTILUS is pronounced exactly as spelled, accent on the first syllable. Its significance is hinted in the NAUTILUS verse at top of first editorial page.

How I Used New Thought To Heal My Brother Of Insanity When All Hope Seemed Gone

By M. Graf

For six years he has worked steadily and received two increases in salary

WHEN my brother became insane I was stunned. There had never been any insanity in our ancestors as far back as we could trace them. We had him put in a private sanitarium, thinking that by getting individual care and the best of food that he would soon recover, but day by day he kept getting steadily worse.

One day I got a telephone call from the head doctor of the sanitarium, asking me to come down there as soon as possible as he had something important to talk to me about. I hurried there as fast as I could. The doctor told me that my brother was just about the worst case they ever had, and that we would have to have him put somewhere else. Several attendants had all they could do to keep him under control, and he was getting very destructive and ruining things in his room. The doctor told me that they just couldn't keep him there any longer as they couldn't do anything with him. I was frantic and didn't know what to do. I finally asked the doctor if they wouldn't keep him a little longer until I could make other arrangements. The doctor finally agreed and I started home. After I got home I sat down and laid my problem before God. I asked him for help and guidance. When everything seemed hopeless and things seemed blackest, I turned to God and New Thought to solve my problem.

That night before I went to bed I sat down in a chair and relaxed as completely as I could. I made my mind as blank as possible by shutting out all the material things and especially my trouble. I visualized my brother, not as he was, but as I wanted him to be. I also affirmed that he was a child of God and was mentally perfect. I pictured him at home again and imagined him working around the house and in our garden. I kept this up for about a half hour or longer and I did this as earnestly as I could. Then I went to bed.

I kept those thoughts in my mind until I fell asleep. The next morning when I woke up I did the same thing. During the day when my mind was not occupied and thoughts of fear and doubt began to creep in, I crowded them out by sending out strong, healing thoughts for him. Whenever destructive or negative thoughts wanted to enter my mind, I began to mentally affirm that my brother was perfect in mind and body. I then went down to visit him and I asked the doctor how he had behaved during the day. He said my brother hadn't caused them any more anxiety or trouble in any way, and if he would only continue to be that way they would decide to keep him there. That made me feel much better and also encouraged me to continue in my efforts.

Every night, before I went to my room to visualize

and affirm, I read various New Thought literature to inspire me and keep up my courage. Then I relaxed as usual, visualized him as I wanted him to be, affirmed that he was mentally perfect and also after I had gone to bed I still held those thoughts in my mind, until I fell asleep. I kept this up for several weeks and also visited him as often as I could. He seemed slowly but surely improving. One day when I went to visit him I was delighted to hear, from one of the attendants, that during the day my brother had been visiting in another part of the building with several of the boys, when some one brought up a puzzling problem in mathematics and my brother was the only one who solved it.

To say I was overjoyed is putting it mildly. About this time he was anxious to get out and come home, but I thought it best to keep him there a little longer. The last few times that I went to visit him, he seemed to act normal and I was very happy. One day when I was there a woman whose son was in the same place came over to me and asked me if that was my brother. I replied, "Yes." Then she said, "Well, what on earth is he in here for; there doesn't seem to be anything wrong with him?" I explained everything to her and she said it was just a miracle.

Every one in the the sanitarium couldn't help but notice the improvement in my brother, and he really was so sensible that he inspired the confidence of the doctors in charge so that they sometimes sent him on important errands. He also helped the chef in the kitchen. A short time later I went before the Board and my brother was officially discharged.

The people at the sanitarium had grown to like my brother so that they hated to see him go. They said he should come back often to visit them; they actually respected him. He came home and really did work in the garden as I had pictured him.

I still continued faithfully in sending out thoughts and affirmations and I visualized him going out to work. Several months later he said to me one day that he was going out to look for work. He went to a number of places and left his name and address as they did not have any opening just then. A short time later he received a call to come down to work at one of the places where he had left his name. It was just the kind of work he wanted and the starting salary was fairly good.

All this happened over six years ago and he is working steadily since. He has received two increases in salary and also has been promoted because of his conscientious work. He is looked up to by his fellow workers and they respect him and his opinions.

If it had not been for the use of New Thought,

this story might have had a very different ending. But thanks be to God, if we only have faith, with the help of God, all things are possible to them that trust and believe.

Finding Your Inner Helpful Self

By Henry Stanley Haskins

THINKING down into the center of yourself is done for the purpose of arousing your awareness to the fact that it is *your* godhood which is resident in your body. And so long as it *is* there, just as it is internal to the flower, the tree, the shrub, it is idle and wasteful of time and opportunity to seek it elsewhere. No one would expect a violet to hunt for the source of its particular perfume and characteristics of color and form in a dandelion or a rose outside of itself in the same garden.

With godhood right at hand, immediately available, there is a comfortable sense of immediacy and practicalness which is usually absent when the power sought is pictured as being outside of ourselves and within a separated and distant entity.

Yes, turn inward at all times, including those which mark prayers for your friend. To tell you to do this is like placing your hands on the keyboard of a piano and putting music before you: the playing itself, no one can do for you. That is a thing between you and the piano.

The fewer words and the more wordless thoughts and faith-full desires, the quicker and better will be the results of the inner life. Apply these desires (for wanting) and thoughts (for picturing) to your bothersome debts and other problems, and with the certainty which marks the rotation of the earth you will ultimately achieve your objectives. The "ultimately" may be of tomorrow, or it may be further removed than that, but be assured that it will mark the performance of your desires and the objectification of your mental images!

When depression assails you, picture your heart as being made of a brightly shining, golden sieve, so to speak. Pass the let-down, despondent feeling through that divine sieve and watch for results!

Sunlit Heights

By Harriet Markham Gill

MY soul reaches up to the sunlit heights
 So far above the plain;
 I long to walk the forest aisles
 And feel in tune again
 With Nature's silent forces,
 And gain new strength in prayer;
 I long to feel the cooling breeze,
 And breathe the fragrant air.

(*Nautilus News: Continued from page 1*)

How I Overcame Shrinking Timidity And Self-Distrust

The ugly duckling of the family developed a

powerful inferiority complex. From an unpleasant home environment she rushed into a too early and too hasty marriage. Lacking courage and weighted down with the inferiority feeling, she ran away from her responsibility. There followed a bitter, grueling battle for self-support. And then came freedom, health, new life, self-confidence, love—through New Thought applied. This enthralling true experience will be published in March Nautilus.

How To Use The Law Of Love To Overcome Adverse Conditions

C. M. Buckler, one of our favorite contributors, has prepared an article for

March Nautilus on the above-named subject. The author describes a personal experience of great interest in which the law of love was successfully applied to dissolve a misunderstanding between two who had been close friends for years. The writer describes how the healing vibrations were sent forth which brought about the complete dissolution of hate and ill will, not only between the friends but between several other persons concerned. This is coming in March Nautilus. Another interesting feature of March Nautilus will be "*The Direct Route To The Silence*." The author says she has found an easy and sure way to realization through the Silence practice which she describes.

How To Free Yourself From Repressions

We all suffer from repressions of which we are not conscious.

These inner conflicts reduce our efficiency and lead to ill health and unhappiness. Next month we shall make definite and more extended announcement regarding the publication in Nautilus of a new series by Vaidianathan on this all-important subject. Mr. Vaidianathan is a practicing psychologist, whose work has been commended by the American Therapeutical Association, and his articles will give clear and explicit instruction on how to get rid of inner mental conflicts.

Sleep Revealed What The Waking Mind Did Not Know

From the mystic East (India) comes this fascinating psychological experience.

It describes the recovery of a valuable animal through a dream-vision which clearly pictured where the animal could be found. The surroundings were revealed in minutest detail by the subconscious, exactly as they appeared in reality to the dreamer a few hours later. Students of the subconscious mind and its phenomena will find this a very interesting contribution. It will appear in March Nautilus.

TIME and Space relations vanish as laws are known.—Emerson

THE key to every man is his thoughts. Sturdy and defying though he looks, he has a helm which he obeys, which is the idea after which all his facts are classified. He can only be reformed by showing him a new idea which commands his own.

—Emerson



The Miracle

By L. K. Backus

MY HEART was heavy and weary
 As through Life's byways I trod;
 But I paused in the open window—
 And there in the garden was God.

It wasn't much of a garden,
 Cheap seeds in the hard, clay sod;
 But somehow a miracle happened,
 And there in the blossoms was God!

I looked with a feeling of worship,
 I was of the garden a part;
 For God was still in the flowers
 And God was, too, in my heart!

Henry Pitz

NAUTILUS MAGAZINE

Self-Help Through Self-Knowledge

MONTHLY \$1.50 A Year
FEBRUARY, 1933
Vol. XXXV
No. 4

EDITORIALS by Elizabeth Towne



"Build thee more stately mansions, oh, my soul,

As the swift seasons roll!

Leave thy low-vaulted past!

Let each new temple nobler than the last,

Shut thee from heaven with a dome more vast,

'Til thou at length art free,

Leaving thine outgrown shell by Life's unresting sea."

Pray to God and then DO something about it!

—Dr. Mary E. Woolley

Spirit Solves Our Problems.

WE harmonize our mental attitude with our perception of the great truth underlying the process of any demonstration. We unify our consciousness with the Creative Fountain in ourself, and feelingly realize that we are Over All the mundane conditions and limitations. We feelingly realize our oneness with the Divine Omnipresence. We always are led by the Divine Spirit, we listen to the Spirit and Spirit solves our problems through us.

Divine Guidance for the Lion and the Lamb.

ONE of our contemporaries publishes this "post-election sentiment": "We know that there is just as much divine guidance, just as much intelligence, available to one man as to another."

When applied to politics the above statement is equivalent to saying that "there is just as much divine guidance, just as much intelligence, available to the lamb as there is to the lion." That is a perfectly true statement—as far as it goes. If the lamb is just as intelligent and just as divinely guided as the lion, how does it happen that the lamb is guided into the maw of the lion? It is because of (1) the difference in direction within the two animals, and (2) the difference in power to go where it is guided from within.

The lamb is a gentle, peaceful creature that feeds on grass and seeks not to hoard what it likes to eat. The lion is a predatory animal, seeking to devour the lamb.

In Wall Street and in Washington we have lambs aplenty, and the dear little things nibble at the "securities" grass—spread before them by financial lions. And there are a few big lions in Wall Street and Washington, and elsewhere, who lie in wait to eat the little lambs alive.

There is a prophecy in the Bible (Isaiah 65: 25) which says that in these latter days "the lion and the lamb shall lie down together." The paragraph reads:

"The wolf and the lamb shall feed together, and the lion shall eat straw like the ox; and dust shall be the serpent's food. They shall not hurt nor destroy in all my holy mountain, saith Jehovah."
The lion has just as much divine guidance and intelligence as the lamb, or the ox. But the trouble is that his guidance and intelligence lead him to eat the luscious green grass—which the lion has so prettily named "securities."
How do you suppose we can accomplish, all of us together, that very desirable condition prophesied when the lion shall graze amicably alongside the



EDITORIALS by Elizabeth Towne



lambs and *share* with them the pretty green grass called "securities"?

The lion and the lamb, each is moved according to his nature, his bundle of habit reactions. And these are determined by all of that which we include as heredity and evolution. Probably in the beginning, the sheep developed where there was plenty of good grass to eat. And the lion probably developed where there was not enough grass to satisfy his appetite, so he became a predatory animal instead of a vegetarian like the sheep.

Every animal, whether he has two legs or four, has instincts built up through the ages by his efforts to live and grow in spite of his environment. The giraffe is said to have developed his long neck by continually reaching for food higher up on the trees, the grass having failed to supply him.

Human beings develop in the same way—by following the first law of nature, self-preservation and self-satisfaction in spite of environment. Their behavior in the face of environment determines their habits of life. Life itself, *which is guiding and empowering each one from within*—life itself is God, moving to expression through the individual.

The racketeer, having failed to satisfy his inner urge under the conditions of his environment, is "guided" and empowered to his ultimate development as an Al Capone. The racketeer who began life as a lamb, could have developed into a happy, prosperous and friendly individual, provided he had not found his environment too hostile or impoverished. Having found environment too cramping to be borne, the nice little lamb developed into a lion, a predatory animal, getting his living at the expense of the other peacefully inclined animals.

If society wants non-predatory humans it must reorganize itself so as to provide that kind of environment which will encourage peaceful cooperation among human beings, instead of predatory competition.

The world seems to be headed toward a reorganization of all of the people in the country, and all of the nations in the world, with a view to creating a society in which All of Us shall have fair opportunity to become Peaceful Cooperators instead of Predatory Lions.



Divine Power for the Lion and the Lamb.

GOD must have loved the lambs, he made so many of them. How shall we the lambs accomplish the feat of training the lions to love grass and abhor lamb as a steady diet? Very easy: all we have to do is *to cage the lion and train him to non-predatory pursuits: turn him into a vegetarian by making him behave like one until he gets the habit.*

As the leading lions are in Wall Street and Washington we must turn them out of power in Washington, and cage them up in Wall Street—cage them by new laws

with plenty of teeth in them, that will make the lions realize that the peaceful voters and THEIR representatives in Washington mean what they legislate, in the way of regulating big bankers and their predatory schemes. Which are worked by putting on a bull market, then following with a bear market and a merciless deflation. Which means, a reversal of the currents of "supply and demand" so that all the money will *flow into the pockets of the lions, and out of the pockets of the lambs.*

Perhaps you will remind me that there are three other animals in the Wall Street and Washington menagerie: bulls and bears and wolves. Well, there are no such animals there. There is nobody operating in Wall Street except LIONS, and those same lions masquerade as bulls when they are pushing the market up ready for a crash; and those same lions put off their bulls' skins and put on their bear masquerade when they are pushing the market down; and when they find among them a lion who will not play the game according to their dictation, they put on him a WOLF'S SKIN, take all his money away from him and perhaps send him to prison to get rid of him.

There are in Wall Street no real bears, no real bulls, no real wolves. Those are masquerade costumes donned by the LIONS in order to drive or bait the lambs into striking distance of their plans.

Can we convert the lion into a lamb by persistently affirming that the lion's divine guidance and intelligence is the same, in quantity and quality, as that of the peace loving lamb? Of course not. In fact, to continually affirm this without understanding the nature of the lion as distinguished from the lamb, *is to put the lambs to sleep.*

Affirming the absolute truth without knowing relative facts, is only half truth. Which is in truth a lie, a false appearance on the face of truth. Lions are adepts in the use of affirmations to hide their real purpose: to bait lambs into lions' traps.



Go Into the Silence for World Peace, Come Out and DO Something.

PRAY to God, and then DO something about it! Go into the silence and affirm to yourself, "I know there is just as much divine guidance and intelligence available to the lion as to the lamb." Does that affirmation give you any impulse whatever to go out and DO something about caging the lion and educating him into being a lamb? No. That affirmation gives you a sense that everything is all right anyhow and you don't have to *do anything* because God does it all.



EDITORIALS by Elizabeth Towne



But this is not the whole truth, my dear lamb. And what is more, just as soon as you come out of the silence after making that affirmation you will begin to be troubled again about the predatory actions of that lion and the utter helplessness of you, the lamb, and all your little lambllets.

Then what is the matter with the affirmation? It is "absolute truth" all right. Why does the affirmation not continue to satisfy you after you have come out of the silence? It is because "absolute truth" is only one-half of the picture. "The worlds in which I live are two: the world I AM and the world I DO," the one, absolute life; the other the *relative-facts world in which you ACT and upon which divine mind acts THROUGH YOU.*

We pray in the absolute and ACT in the relative, after studying the facts of the relative world.

Action comes from the absolute through prayer. Knowledge is relative fact from the world of relative facts. We are to "grow in wisdom AND in knowledge."

Wisdom, divine wisdom of God or Life Absolute, MOVES YOU to move facts in accordance with your ideals. Not to recognize facts and ACT upon them is to *short circuit your power, blow out your fuse, leave the world in darkness, so far as you are concerned.*

Turn on your POWER! By studying world facts, individual, social, economic and political, praying for divine understanding; and then DOING something about it, as the Spirit of Wisdom moves you.



Building the NEW Prosperity With All of Us In It.

WE need to know God and ALL his works—which include man and man's works—in order to function in freedom and truth as God's expressor of Himself to all mankind.

We grow in wisdom and in knowledge and greatness by what we accept, not by what we reject.

To accept the Whole World as God-plus-man have made it, and then put it up to God to tell us, day by day and step by step, how to understand it and what to DO about it NOW, this day and each day as it comes: this is to live to the full, expressing and unfolding our real nature which is God's nature.

The joy of living God's life is in the DOING of His will: "If ye know the truth blessed are ye if ye DO it," said Jesus. Note that blessings follow the DOING.

Said Elihu, the young man who taught Job that his troubles were of his own making and that the cure lay in *further acquaintance with GOD AND ALL HIS WORKS*: "There is SPIRIT in man, and the inspiration of the ALMIGHTY (Spirit) *giveth him understanding.*"

It is by understanding our environment that we are able to meet its conditions and overcome them.

We do this by (1) putting our problems up to God in prayer, and (2) waiting before Him for his "hunch" as to what we are to DO about it; and then (3) OBEYING the divine leading or hunch.

And then there is one other step that God moves us to take: After "DOING the will of the Father" we reflect upon our problem in the light of our experience in acting out in the relative world the hunch or divine leading which came to us in the absolute world, in prayer, in "waiting on the Lord" for His direction.

Now I ask you: do your problems arise in the ABSOLUTE TRUTH WORLD, or in the *fact-world of relative truth*? Your problem is a fact, a condition of your outer world. GOD is the only wisdom-power which can change your problem according to your desire, and He is absolute life, wisdom, power.

Your problem is finite fact; God is infinite life-wisdom-power.

In your consciousness is the one place where your problem can come into contact with the life-wisdom-power which can change it. Only when you RECOGNIZE your problem (which is relative fact) IN THE FACE OF GOD, the absolute life-wisdom-power within you—only when you put your problem (finite) up to God (infinite) do you make the electric contact between God's infinite life-wisdom-power and your problem. "What THING (finite) soever ye desire (your problem) when ye pray (to God, the absolute) BELIEVE THAT YE RECEIVE (from Him) the fulfilment of your problem, and you shall HAVE IT"—said Jesus.

How do you HAVE anything? You go toward it, put out your hands and take hold of it—you ACT upon it or toward it as *guided from within.*

How do you RECEIVE anything from God? You receive it in CONSCIOUSNESS, not with your physical hands.

What God does for you He does IN AND THROUGH you. *And in and through all other human beings who may be related to the answering of your prayer.*

To turn your back on the world of problems, to "deny" the relative world, is to cut yourself off from the *problems without which you have no way of making your contacts with God*; without which you have no problems to put up to God, nothing to ask Him for, nothing worthy to receive his power and wisdom for!

Study the world about you, (1) identify yourself with world problems, (2) put them up to God one by one, (3) ask him to give you His wisdom and understanding and guidance about them, then DO something about it.

Then shall you find increasing joy in DOING the will of God in you toward the building of His heaven at hand. Listen to this wisdom from Nietzsche:



EDITORIALS by Elizabeth Towne



"Only when man shall have acquired a knowledge of all things will he be able to know himself. For things are but the boundaries of man."

Job had been affirming the absolute truth and "maintaining his own integrity," and all it had brought to him so far was bereavement, poverty, boils. (Boils are the outside picturing of JEALOUSY. Job was jealous of those whom he had called unrighteous, but who had prospered while Job himself had lost all of his prosperity).

Elihu said, in effect, that Job failed in UNDERSTANDING, not at all in his attitude of being true to the absolute truth of God as he saw it; and that Job's way out was to come off his high pedestal of righteousness before God (the absolute), *get right down on the ground on the level with everybody else and begin to understand all human beings and all environment.*

It is UNDERSTANDING OUR ENVIRONMENT AND DOING SOMETHING IN LINE WITH OUR IDEALS, which counts for righteousness; for peace within and without, and for the NEW Prosperity with ALL OF US in it. That is exactly what Job learned out of his experiences—after Elihu the YOUNG man showed him again the face of God, and his job of understanding and doing in accordance with God's will: Peace on earth and Good Will to all men.



Give Us NEW Currency in Empty Purses and Watch DEMAND Raise Commodity Prices!

WHAT we must do to start business is to put MONEY directly where no money is now. Not "credit," but CASH. "Credits" are DEBTS by which the banker-lions shear the lambs and eat 'em alive.

Of course the lions are roaring for more "credit" instead of cash. Cash circulating among the lambs brings no profit to lions—to bankers big or little.

It is "credit" which profits the lion. The banker gives the lamb "credit," and thereby eats up the lamb's money, and has it too! When you look at credits from the banker's end it means that he is going to be able to eat the lamb piecemeal, in interest money, and then, after getting all the money back in 16 yearly bites of 6% interest the lion will DEVOUR THE DEBTOR-LAMB WHOLE under the name of getting back his "principal."

Do you know that in just 16 2-3 years of paying interest at 6% you have paid out as much as you borrowed in the first place? And there is still the

original sum to be paid back. In other words, at 6% interest it takes you 16 2-3 years to pay exactly twice the amount of money that you borrowed in the first place. The lion-banker talks about this as "credit," but to you it is a DEBT that you have incurred and which you must PAY BACK TWICE OVER if it runs 16 2-3 years at 6%.

"Credit" is a pretty little word that covers up a multitude of exploitations, of debts paid twice over, or more.

The "credit structure" of the U. S. A. and of the world—you read about it in the paper and how terribly afraid the lions are, in this country and in all the others, that the "credit structure" will crash and carry this country, and perhaps all the others, into bankruptcy. And so we find France and Poland refusing to pay their debts, until the foreign debts are scaled down. And they will be, too. Why? Because the debts they incurred along about 1918 now total about *three times the original amount of money*, through the piling up of interest and exchange.

Just as the foreign debtors are, so are the American debtors. The debts incurred by the lambs in boom times are now being demanded by the lions in gold worth about three times as much as it was when the debts were first made. There must be a scaling down of these debts or there will be one great smash in U. S. A., as well as in the other countries.

Billions of new currency issued now would stop this merciless deflation, by REDUCING BANKERS' PROFITS—that is why bankers fight the new currency movement.

Give us adequate NEW CURRENCY instead of more debts, Mr. President and Congress.

Otherwise we all go bankrupt together.

What is "deflation"? It is CREEPING BANKRUPTCY. It is a retarded CRASH OF THE DEBT STRUCTURE—retarded just enough to permit bankers to rake in for themselves our few remaining dollars for "interest"—*their interest!*—and our collateral, real estate, stock companies, patents and other worthwhile property by foreclosing, at a price equal to one-sixth to one-tenth, or less, of what we paid to the bankers (or their brokers or affiliates) when we bought them in the first place.

It is a wicked, an inhuman, system.

Our Constitution gives Congress the RIGHT TO ISSUE NEW CURRENCY. Even the president cannot stop them against a two-thirds vote. And it is understood that our new president is "favorable."

Why let the big bankers' scare hold us up?

GIVE US NEW CURRENCY—TWO TO FIVE BILLIONS OF IT—QUICKLY, OR WE PERISH: we pray YOU, Mr. New President, Senators and Congressmen to act quickly.

Follow your FAITHS and not your big-banker fears!

(Continued on page 32)



This Publication

Affirms the
UNITED NATIONS
of the WORLD



Applied Truth Lifted His Financial Burden And Saved Home And Office

By Lillian Grace Copp

IN THE fifty-fifth Psalm we are told, "Cast thy burden upon the Lord, and he shall sustain thee." Those are wonderful words meaning exactly what they promise. Literally interpreted, they assure us that we are not to torture our minds and souls as to where the money is coming from to meet a payment on a mortgage, to discharge overdue bills, or to pay for needed supplies to carry on the work in which we may be engaged. Instead of this we are to cast the burden of financial lack upon the Lord, and he will ease it for us.

Our part in the matter is to keep steadily and calmly on with the work we have at hand; resolutely refuse either to doubt or to fear, just know that once we cast a burden upon the Lord, our success in that particular direction will not fail to appear.

Six months ago, through no fault of his own, a lawyer found himself burdened with debts to such an extent that eviction from both his home and his office within forty-eight hours was threatened. He had several thousand dollars owed him on his books that he was unable to collect. He called one debtor after another over the telephone, pleading in vain for even a small percentage of each one's indebtedness. He met the same negative response from each. The most that any one of them promised was to make a partial payment within ten days. And that would be exactly eight days too late to save him from the humiliation of being dispossessed.

Half frenzied with what he considered an actual disgrace, he walked the floor of his office hour after hour, knowing not which way to turn. To his mind, the God in whom he had trusted for years had failed him. When everything looked the darkest, in verification of the promise, "Before they call I will answer," he received a letter stressing the passage, "Cast thy burden upon the Lord, and he shall sustain thee." The writer assured him she had used it for months, and always with gratifying results.

Feeling like a drowning man catching

at a rope that in all probability would never stand the strain of his weight, he nevertheless threw the might of determination on the end that he grasped. All through the night he continued to cast his burden upon the Lord. Whenever a thought came of the impossibility of receiving the money in time to save his furnishings from being put on the street, he redoubled his effort in affirming that God would take the burden from him, and sustain him in his hour of need.

Wearied nearly to the point of exhaustion, just as dawn was breaking he opened his Bible to read again the words. In the same Psalm his glance was captured by the heartening promise: "As for me, I will call upon God; and the Lord shall save me." His vision cleared. The serene conviction that nothing nor no one could withstand the power of Jehovah, flashed through his mind.

All that day no single person entered his office. Yet his mind remained peculiarly free from doubt. He had sensed the nearness of God's presence in those early morning hours, and though to mortal consciousness there was no possible way of his receiving the money, he knew that his problem was solved, and the matter settled beyond dispute.

On the second morning, following his night long communion with his God, there came to him a check for five hundred dollars. What convinced him that it was divinely sent, even though it came through natural law was the fact that it was from a client whose indebtedness had two years earlier passed the term by which it was collectible.

The lawyer wrote to his friend that of all the bills on his book, had this special one occurred to his memory he would have emphatically declared that it never would be paid. And yet the Lord collected it in plenty of time to save the man from eviction.

In connection with this text is one equally as beautiful, as effective and as

inspiring: "Call unto me, and I will answer thee, and shew thee great and mighty things, which thou knowest not." (Jeremiah 33:3) Then let us conclude with another of Isaiah's splendid admonitions:

"Praise the Lord, call upon his name, declare his doings among the people, make mention that his name is exalted. Sing unto the Lord; for he hath done excellent things: this is known in all the earth." (Isaiah 12:4, 5)

She Is No Longer Afraid—And Why?

By Eleanor Greenwood

ALMOST everyone fears something or someone.

Perhaps you are afraid to meet your landlord because you haven't the rent; you are afraid to apply for a certain position because you think you won't measure up to the requirements; you are afraid of the future for this, that or the other reason, but to sum it up in three words, *you are afraid*.

A Truth student once felt the same. Then, with a study and a realization of God as Love, she was firmly convinced that she could not go into any place or condition where Love had not been before her. What a relief this was, what a joy, what a letting down!

She was no longer afraid of every darkened corner of life. No stronger personality could intimidate her, for Love had gone before and in the place of the seemingly opposing party was only—Love. Once she had to walk through a very questionable part of a large city. There were few people about and no police officer. She looked in dismay down the badly lighted, ill-smelling street and peered fearfully into the black doorways and forbidding alleys. Then came the thought, "I can go nowhere that Love has not been before me."

With this thought in mind, she started down the street proceeding on her way until she came to a brightly lighted area where a policeman was standing under an arc light. When she approached him and asked for directions he looked at her in amazement, taking in the expensive clothes and the pocketbook held lightly in her hand.

"Did you come through Blank Street alone?" he asked incredulously.

"Why, yes," she replied. "Why?"

"Well," he said shaking his head, "I can't figure how you came out alive, especially in that get-up. That's the rottenest street in the city and only a few minutes ago a couple of thugs turned in there. You must have met them."

"I passed two men," the Truth student admitted, "but they did not bother me."

"The age of miracles must be back," said the officer.

The lady could have told him that the greatest miracle is the miracle of Love, for Love will protect when nothing else can. Love will protect our minds from accepting the thought of disease, sin or death.

Love is the greatest power in the universe. There is nothing stronger. Once you accept this and live by it, there is nothing else to be done; you have put yourself in tune with the Infinite and automatically good comes to you. Step into the ocean and you get wet; put your hand into the fire and you are burnt; accept the allness of Love and the nothingness of everything else, and good comes to you.

You cannot do this by reasoning and arguing and reading; all these things will help you for awhile, but in the final analysis you must do it yourself, you must get it from the One Mind.

The statement that "The kingdom of God is within" simply means that Truth and Love are within and by accepting the omnipresence of Love, you are establishing the kingdom and "all good is added."

It is the simplicity of Truth that confuses. Many are bewildered and fall temporarily by the way, as they become involved with intricate teachings and personal hypotheses. There are many

Freeing A Long Repressed Desire Brought Me Health, Happiness, Love

By Elizabeth Lawrence, Ph.D.

AS A GIRL, my great secret ambition was to be a teacher of rhythmic dancing. I had my girlish dreams of one day being a perfect exponent of this art and of teaching it to the many girls and women right in my own town who might also find joy and health in the freedom and poise which this rhythmic expression gives.

The Law of Attraction, of which I knew nothing at that time, was working with me, for during my first year in college I met a girl whose father had the dancing academy right across from the campus. Among many other classes was one in rhythmic expression, in which I promptly enrolled. I had taken several lessons before I mentioned the fact to my parents, as I felt sure they would object if I told them before beginning the course.

I was dismayed and rebellious when they coldly and flatly demanded that I stop the lessons immediately. They were of the old, narrow orthodox faith and looked upon dancing as a sin and disgrace. I argued and pleaded, but to no avail. The result was that I turned my dream picture to the wall and proceeded to fit myself for the work which my family considered a respectable profession—a high school and college teacher.

I was twenty-three when I began teaching and for five years was an English teacher in the High School of my home town. Then I went back to the University and three years later got my Ph.D. degree. The next ten years I spent as professor of English at that university.

There were times when the memory of my girlish dreams still tormented me. I was all alone in the world now and could have carried out my former desires, but the years of repression had made the thought of such a thing impossible. I fought back even the idea of it as I looked upon it now as a weakness and something to be ashamed of. And just as I pressed back that desire, so I pressed back within

myself all thought of love, although hungering for the love and companionship of some good man.

Through the constant brooding over my fancied grievances, all the good things I had missed in life and the bad things I had been handed (as I bitterly told myself over and over), I lapsed into a state of intense self-pity. As a natural result of all these accumulated repressions, my health gave way and I became a nervous wreck.

They say it is darkest just before the dawn and it was certainly true in my case. In my condition I could not go on teaching, so I asked for a year's leave of absence from the University, which was granted. But where to go or what to do, I did not know. I had long ceased to look to religion for comfort or relief. In fact for many years I had not taken the pains to think of God or the hereafter. If such things were, all right; if not, all right too, was my attitude. I was simply indifferent to the matter and spiritually was drifting aimlessly.

How often it is that an apparently trifling word or meeting may completely change the course of one's life. Just at this time I dropped into a little beauty parlor for a manicure. I had been there before and had noticed the warm spirit of friendliness which the manager seemed to shed but, beyond a few casual remarks, I had never talked with her. That afternoon, however, she came forward herself to wait on me and while working she talked so brightly that I thawed out and told her a little of my troubles.

"What would you do?" I asked.

Looking me straight in the eyes she said promptly, "I should pack my little grip and go in search of love and happiness, for if you do you will find them."

When I was leaving she gave me a couple of copies of a Truth magazine and told me to read them. "They will help you find your way to that love and

happiness which you need." I took them home and tried to read, but my mind seemed utterly unable to grasp the meaning.

Finally, I went to Los Angeles and rented a little cottage in the foothills. I knew by this time that it was my mind that was sick, not my body and at times I was haunted with the fear that I might become insane. My money was now nearly gone and in despair I again turned to New Thought. A little understanding began to filter through the darkness. Then one day I chanced upon a magazine article by Brown Landone telling how one of his students had been healed of a trouble of long standing by the joyous expression of a long repressed desire. He told of another case where one of his patients was healed of severe rheumatism through giving expression to a long repressed desire to learn to dance.

Something like an electric shock ran through my body. Through my mind flashed the words, "Dance your way to health and happiness."

"I will do it," I said aloud, and was surprised at the new life and energy in my voice.

The next morning I went down to Los Angeles and looked up a New Thought healer. Without any hesitation I stated my case to her, holding back none of the pent-up longings which I never before had spoken of to anyone.

"But perhaps I am too old to think of taking up this work now," I ended fearfully. "You see, I am forty-two . . ."

A great wave of relief passed through me at her quick reply. "Not a bit of it, my dear. Age is only a consciousness of the mind and has no real place in the eternal plan of life. You not only can accomplish this desire, but in the expression of yourself you will find healing of every lack. In the joy of this self-expression you will forget yourself and in doing so those tensed nerves and muscles will relax."

She gave me the name and address of a well-known, very select school of expression in the city, and told me to see the director at once. I knew it was a very high priced school and told her that it would be impossible for me to take the work there on account of lack of money.

She thought for a moment then said brightly, "I am sure that part can be arranged. I know the director and his wife quite well and they told me just the other day that they were looking for a good private teacher for their youngest boy who is not able to go to high school this year on account of an injury to his spine."

She called up the director and briefly explained the matter. The result was that in less than a week I was enrolled as a student in that school in exchange for a certain number of hours each week as tutor for their son.

I asked this healer to give me treatment for my nervous condition. "I will help you to get an understanding of yourself and of God and his laws," she answered, "but in the joy of realizing this lifelong desire, your mind will reach out far beyond your little physical self into the limitless boundaries of God's creation; then you will forget your own personality and when you have forgotten to think of yourself, your body will be healed."

In less than three months, through the treatment and the understanding I gained from her teachings, my nerves were strong and steady and my whole body seemed bursting with life and energy.

"I really feel as if I were beginning life all over again," I said to her one day. "My mind is so full of this new life and hope that there is no place now for thoughts of ill-health. I can hardly realize that I was ever sick and unhappy."

In less than a year of study I finished the complete work and went back to my home town and organized classes in rhythmic expression among the girls, young women and middle-aged women, just as I had pictured years before.

That was just the beginning of my real happiness and success in life. Through the teachings of New Thought I had learned how to apply the Law of Attraction, and I drew to me an ideal husband. Together we are finding real joy in spreading the message that through the joyous expression of the soul's intense desire, each one will find the happiness and success which is God's gift to man.

ALL our progress is an unfolding, like the vegetable bud.—Emerson

The Three Greatest Bible Texts

By Daniel Boone Herring

"IT IS THE spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life." (John 6: 63)

"For the earth is the Lord's, and the fulness thereof." (I Corinthians 10: 26)

"Blessed are they which do hunger and thirst after righteousness: for they shall be filled." (Matthew 5: 6)

Here are the three greatest, most revealing, most illuminating texts in the entire Bible, providing one reads them in the spirit. For, as stated in the very first text, it is the spirit that gives life to anything, even to a word, for a word is but the vessel that contains the spirit. The flesh body you call you is but a vessel containing the spirit. Perhaps your flesh is tormented by disease or discomfort, and your mind is tormented by doubts and fears. For this reason you are seeking the truth.

The truth itself is spirit, and any word spoken or written to express that spirit is but the "vessel" for and of that spirit. The spirit of truth is embodied in words, just as the spirit of life is embodied in your flesh. The flesh and the word are but vessels. And in the next text we are told that the vessel is the Lord's. It makes no difference whether or not we are considering a word as the vessel, your physical body as the vessel, or the earth as the vessel. Any three dimensional form is a vessel—and it is the Lord's—and the fulness of it is the Lord's. The power in this second text is in this word *fulness*. There are no empty vessels. Every vessel is full—full to overflowing—but of what?

In the next text we have one of the most intriguing of the beatitudes given by Jesus on the Mount. The empty are to be filled. Well, if every vessel is already filled, how can there be any empty vessel which may be filled with anything? You, yourself, as a vessel are filled to overflowing—but with what are you filled?

Here we come to the place where we may, if we seek and find the spirit within these word vessels, see what it is that we must do. For, there is something that must be done. We are to empty ourselves

of what we are full of. Blessed are they that are emptied of foolishness and are hungry for the light of truth for they shall be filled. With what? With that for which they hunger.

Are you ill? What is it for which you hunger? Is there an empty place where something else may come in and fill it? What do you suppose is the spirit of truth within the story of Jesus in Gethsemane? It is a word picture revealing the vessel emptying itself utterly of its own will that the Divine will might flow in and fill it. The earth (and every vessel) is the Lord's and the fulness thereof is of the Lord and the spirit will fill every empty place. But since the universe sustains itself by virtue of keeping every vessel eternally filled, then there must be an emptying, a conscious, willing emptying before we can experience the change called healing.

Here is one who is suffering. He appeals to a healer for help; the healer desires with great desire to serve that one. He tells the victim of this fulness of pain and disease to empty himself of this pain and disease. Will he do it?

Positively not. These sufferers persist in the old attitude of thought and so remain filled with the disease. Letter after letter is written describing in detail every ache, pain, symptom, suspicion, fear, doubt, agony—the vessel is filled with these things. When the practitioner asks them to empty the vessel that it may be filled, as stated in our third text, they will not do it.

The vessel is theirs—the "I AM" in that vessel, that spark of Divine Life, has been given all power and dominion over the mind that is in it. No one can burglarize this temple save by the direct invitation and conscious cooperation of its Lord and master.

No word (vessel) will ever heal you. Be sure of this. You are filled now to overflowing; there is not room for even a suspicion of health to flow in until you consciously, willingly and fully empty the vessel of what is already in it. The spirit of the living God will fill you with that for which you hunger and thirst.

In thirty years' experience as a practitioner, I have found few who hungered and thirsted after health. They hunger and thirst after sympathy; in order to get it they keep themselves filled to overflowing with the disease, pain, agony—every detail of it is made alive with the spirit, daily, by being described, pondered, vivified. The sick breathe into their disease the breath of their own spirit and make of it a living soul.

No one who actually hungers and thirsts after health is ever denied, providing he will empty the vessel of what it contains and make room for the filling from the spirit. Because by a cosmic law of self-protecting equilibrium, the earth is the Lord's and the fulness thereof. There are no empty vessels.

The flesh profiteth nothing—it is the spirit that giveth life. How many of you who read this get the spirit within the words used? These words are the vessel; in that vessel is the fulness of the spirit. Will you accept the spirit in this vessel or will you quarrel with the vessel, resist the spirit and talk and argue with yourself and others as to whether or not this is a right interpretation?

"Blessed are they that hunger and thirst after righteousness, for they shall be filled." Righteousness is right relationship to all that touches your life. The spirit that is within your vessel is your God and will fill to overflowing your vessel with that for which you hunger and thirst because *there are no empty vessels.*

Our Greatest Need In The New Age Now At Hand

By Brown Landone, F.R.E.S.

THE *static* age of man lasted about 7,000 years, from before the time of Babylonia until 1822.

Then for 100 years, from 1822 to 1922, we went through the experimental steam-power stage.

Lastly, for ten years, 1922–1932, we have been initiating the new *dynamic* age.

And now we are ready to enter it!

Tremendous changes are taking place. In this year of 1933, we are closing one age and passing into a new era; consequently, great *adjustments* must be made.

Witness a few facts of the evidence:

For 7,000 years man never produced more than an average of one-tenth of one horse power of energy per man per day to do the work of the world. But now within the last 30 years—from 1902 to 1932—this unit has been *multiplied 8 million 770 hundred thousand times*. Think what it means, for the energy man can use each day is increased nearly nine million times!

Here are other facts. For the first 27 years of the commercial use of electricity, the increase in use was 400 million kwts. per year. Now note the jump. In the

two years, 1928–1929, we used *17 billion 340 million kwts.* And yet electricity is only in its infancy!

Moreover, a new kind of factory is here—an *automatic* factory operated largely by *photo-electric cells*. Its machines can be stopped, started and operated by a wave of the hand, or merely by speaking to them. A stupendous change.

Also the airplane *is* here. The yearly increase of airplane manufacturing from the 13th to its 19th year has been greater than was the increase of automobile production from its 13th to 19th year. The airplane is being adopted more rapidly than the automobile was adopted, and the greatest change due to the airplane will be a complete redistribution of three-fourths of the population of the nation. A gigantic change!

The financial relationships of man to man are about to change. In the U. S. alone, private and governmental debts now total \$203,000,000,000. The yearly interest we pay on these debts, plus a reasonable annual part payment of principal, plus the annual governmental

expenses which we must pay by taxation, is *more than two-thirds of our entire national income of 1932*. A stupendous adjustment must be made!

But probably the greatest change will come in the equipment and kind of homes we shall build. Science has now perfected homes of glass and steel, of pressed cotton or wood, equipped with photo-electric cells so that we shall be able to open or close windows, lock and unlock doors, with a wave of the hand, or merely by *speaking* to them; we shall be able to light our rooms from walls covered with decorative aluminum as thin as wall paper; and by a wave of the hand light a room with moonlight, rosy dawn, or crimson sunset; no more brooms and mops, for there will be no dust or dirt in the new homes; a book will be a "wire" and your "talking box" will read it to you; another tiny box will automatically and noiselessly print a private newspaper for you, minute by minute, as it receives the wireless news flashes. *These are not dreams. Industrial laboratories and factories have all these things perfected and ready for use.*

But our great need is mental and spiritual growth; growth is due to change; and change, to be stable and beneficial, requires adjustment to new forces and conditions. Our greatest need now is *adjustment!*

I am thinking particularly of our Truth movement, and when I think of it, I often think of our colored cook, Mirandy. She worked for us four years. Previously she had worked for another family for ten years, and for them she had always made an orange-cake for Sunday supper. So no matter how often we told her we wished something else, we also had orange-cake for Sunday. After I had protested for a year, Mirandy did change the walnuts on the top of the cake to pecans! (And she talked of that change for six months) but she never changed the essential, the cake!

Teachers, lawyers, bankers and ministers of religion are like Mirandy. Trained for years in what they consider basic essentials, the *fixity* of their ideas becomes a mental habit. They may change a walnut or a pecan now and then, and loudly proclaim the reform, but change an essential. *Never!*

In seventy-five years, 1830-1905, we changed from oxcart to automobile, and yet Truth leaders have made no great change in their teaching of essentials in the last seventy-five years. And we still have the nerve to call ourselves New Thoughters, that is, *new* thinkers, although we devote most of our teaching to repeating *old* thoughts!

Oh, let us accept and follow the Truth of Jesus. He was The Great Adjuster. Every important act of his life adjusted some ideal or regulation to meet the new needs of man in his day. For instance, for 2,000 years every spiritual leader had been chosen from the descendants of one family tribe. This was a fixed and sacred essential; yet what did Jesus do? At the seaside he chose a mender of fish nets, at a street corner he chose a hated tax collector, and then ten other unimportant men, and made them the great spiritual priests of his teachings. It was an adjustment which shook the Jewish religion. It adjusted the ideal of Jesus' time to the basic spiritual truth that every man is created in the image of God and capable of spiritual priesthood.

Jesus was the Great Adjuster, and his promise, "Lo, I am with you always," means that his Spirit of Adjustment is always with us. The spirit of growth and adjustment is the spirit of Truth, and nothing else can set you free!

Economically we must adjust ourselves. If we do not do so, this civilization will perish, destroyed by its own weight of prodigious production and congealed finance. On the other hand, if we do adjust ourselves, economically, industrially, financially, mentally and spiritually, the progress of the past will be as nothing compared to the advances of the next few years.

And spiritually, we must adjust ourselves. If we do not do so, we shall die of the dead rot of our *old* thoughts and affirmations.

To be Adjustists is the one way by which we can save ourselves and others. Today the Greatest Need—economically, financially and spiritually—is *adjustment!*

IN THE meanwhile, we are in the hands of strange powers, whose intentions we are on the eve of divining.—*Maeterlinck*

Four Kinds Of Faith

By Chester H. Struble

THERE was once a small boy who secretly decided upon the great adventure of omitting his bedside prayer in order to see if anything happened to him.

Next day life went on as usual, so he announced to his mother that for two more nights he would say no prayers and then if nothing happened he was never going to say them again.

Failure to follow our faith rarely leads to quick retribution. It has been proved many times that a man can lift a clenched fist and defy heaven to strike him down, with greater apparent safety than he can shake the same fist under the nose of even a man smaller than himself.

With all the forces of the universe at His command, God seems to content himself with slow retribution. If we cast him out, then, as the sands of our allotted time run away, our character and our happiness are undermined so gradually that cause and effect, due to wide separation, seem unrelated.

The small boy who was going to give up prayer knew that to disobey his mother led to quick and direct punishment, so when he went scot-free after failure to pray, naturally he concluded that there was nothing in prayer.

Due to unhappiness, loss of fortune, or ill health, some of us become almost as cynical, hard boiled and unbelieving as the atheist, Machiavelli, who specialized in tricky and dishonest diplomacy and upon his death-bed included in his last words: "I desire to go to hell and not to heaven."

But there are others of us who seem to cling to the mantle of our faith and in adversity draw it more closely around us as did that Scots' Covenanter MacCail who, while dying under torture, during the reign of Charles II, could, in the twilight of his agony, say this: "Farewell, sun, moon and stars; farewell, world and time; farewell, weak and frail body; welcome, eternity; welcome, angels and saints; welcome, Savior of the world; welcome, God, the Judge of all."

But there is still a fourth class of us, who never give over to a serious pursuit of religion, yet carry along through life firm

convictions. This class might claim as patron saint, Patrick Henry, who, when about to die, said of the Bible: "Here is a book worth more than all others ever printed; yet it is my misfortune never to have found time to read it. I trust in the mercy of God."

Folks who think New Thought should be as easy as being fireman to a self-feeding furnace, have the "small boy" point of view.

Folks who figure that mere "lip service" is use of New Thought must hope that Machiavelli tactics can prevail.

Those as firmly grounded in Truth as was MacCail in his faith are undiverted by adversity. They seldom encounter serious set-backs but when they do they treat them as impostors to be ousted by applications of durable truth.

But by far the largest number of persons are of Patrick Henry's type, without his press of duties as an excuse for inaction. Their minds tell them that round about them, near at hand, are the aids to the solution of their problems. They mean to get to them but never quite take action. With the life preserver of truth within arm's length, they continue to flounder in the unchartered sea of chance.

In times of adversity, what are you, a Machiavelli, a MacCail, a Patrick Henry, or, just a small boy who omits prayers and when nothing unpleasant happens, back-slides?

LIFE is a series of surprises. We do not guess today the mood, the pleasure, the power of tomorrow, when we are building up our being. Of lower states,—of acts of routine and sense, we can tell somewhat, but the masterpieces of God, the total growths and universal movements of the soul, he hideth; they are incalculable. I can know that truth is divine and helpful; but how it shall help me I can have no guess, for *so to be* is the sole inlet of *so to know*. The new position of the advancing man has all the powers of the old, yet has them all new. It carries in its bosom all the energies of the past, yet is itself an exhalation of the morning. I cast away in this new moment all my once hoarded knowledge, as vacant and vain. Now for the first time seem I to know any thing rightly. The simplest words,—we do not know what they mean except when we love and aspire.—Emerson

Given 24 Hours To Live, Divine Love Saved Her

By W. Y. M.

I WAS busy one day last week when a stranger came to my door and asked, "Do you know Mrs. D.?" I replied that I did and the stranger went on to say, "She is in the hospital where she was operated on last night. The doctors say that there is no hope and that she cannot last more than twenty-four hours. She has begged us continually to find you."

Needless to say, I went at once. I had only a slight acquaintance with Mrs. D. . . . , having met her several times at the home of a mutual friend in their home town seventy miles away. I knew she had little children and my heart went out to them instantly in this hour of need.

At the hospital I found my friend really very weak and sick. The nurse allowed me three minutes with her and no more. But I knew that that time was sufficient. I had a glorious realization that as I held her hand in my own, the mighty healing power was flowing out through my finger tips into her body, flooding it with life, strength and health. I knew that the mighty love of God was shining full upon her, freeing her of all fever, pain and disease.

My time with her was very short but she was partly conscious and her faith was great. Even the nurse with her had faith and I saw when she whispered to me, "We have done all in our power, it is up to God. He is the only power that can save her now."

"Promise me, for my babies' sake, you will pray and pray and pray," begged the sick woman. This I did earnestly, faithfully and sincerely. I saw so clearly this little mother growing stronger, going home to her little ones, happy, well and free from all trace of illness.

I directed wave after wave of love through the stomach and bowels, saw them clearly healed, strengthened and cleansed of all soreness, fever and disease. I visioned so clearly that it seemed perfectly real to me that she was well. Lo, the twenty-four hours passed by and she was much improved. This improvement startled the doctors. They could not

understand it for they had been convinced that her death would come speedily.

On the third day, I received a message that the woman had had a relapse and it was only a matter of hours before she would die. Still, I could not give up. I asked in faith, never doubting, that God would heal this little mother perfectly, regardless of all adverse conditions. Do I not know that nothing is real but Spirit and that if we see things spiritually, see them in truth, *they must be so?*

Disease and error are not real. It is only when we see them as real that they become actually real to us. If we see only the spiritual perfection of our patient, it must manifest as real truth in appearance as well as reality to us. And in all truth, regardless of the doctors' verdict of certain death for this dear one, I could see only perfection. I could see the stomach and bowels healed and perfect.

Now, a week has gone by and Mrs. D. . . . is steadily improving. For two weeks before her operation she had not taken one bite of food. All she could swallow was warm water. Naturally, she is still weak and poor, but oh, the joy of seeing her body being healed slowly but surely!

O that we could always place our loved ones in God's loving care, trusting him to the very end, knowing deep in our hearts that his love is truly wider than width, deeper than depth! Know that when you learn the truth, it shall make you free. The truth is that Spirit is the only *real* thing.

The things you ask in faith, nothing doubting, shall surely be given unto you, be it health, wealth, or harmony.

Strength

By Beatrice Colony

DOWN from the mountains of silence I come,
In my heart a living song,
My eyes toward the stars, my ear to the ground
Of nature to keep me strong.



Views and Reviews by William E Towne



IT IS YOUR FAITH THAT COUNTS

NEITHER faith nor success nor courage nor anything else that is of value to you in a lasting sense can be given to you or poured into you or injected into you from the outside.

It is **YOUR** action (or reaction), **YOUR** faith, **YOUR** courage, **YOUR** love, that will "save" you from distress and solve your problems.

A teacher may show you the way, you may read books and find ideas that will point the way to what you most want, but the activity that brings the results must be **YOUR** activity; the courage that leads you on must be **YOUR** courage; the faith that gives you the needed strength must be **YOUR** faith.

All that you need in the way of courage, faith, love, **IS YOURS NOW** if you will only **TRUST** it and **USE IT**. You are one with the Source of all the faith and love and courage that you need. But you must recognize this truth **AND ACT UPON IT FOR YOURSELF**. No teacher or healer can **ACT** for you. They may arouse your faith and courage, but from that point **YOU MUST DO THE WORK YOURSELF**. You must make **YOUR OWN** at-one-ment with the Source of your Good—God within yourself.

And you can do this only by **ACTING** as if you had no doubt about your possession of the needed faith, courage, love, etc. It is related that Lady Henry Somerset, being beset with doubt as to the existence of God, was walking in her quiet garden when a voice seemed to say to her, very distinctly, "ACT as if I were and you shall know that I am." She followed this suggestion and became firm in faith and the founder of the English W. C. T. U.

When you are inclined to feel paralyzed by outer conditions, instead of groping for someone or something outside yourself to solve your problems for you, for someone to **GIVE** you the opportunity or the things you need or desire, turn to the wisdom and

faith and courage within yourself and rely upon them **AND ACT ACCORDINGLY** to solve your own problems.

Your ability, your knowledge, your strength and courage are of no use to you unless you carry them into **ACTION**. If you allow yourself to be paralyzed with doubt and fear and laziness to the extent that you do not **USE** your faculties, no one can give you success. Read the parable of the talents. It contains a most profound truth—the secret of **YOUR** success.

On my desk at this minute is a letter from a successful lawyer. For ten years he struggled, unsuccessfully and with much self-condemnation, to make a living as a farmer. Previously, as a young man, he had been admitted to the bar to practice law, but after a brief attempt to build up a practice for himself he lost courage and gave up his profession. After ten years of drifting he came into touch with New Thought and as a direct result of its teachings he determined to go back to the very town where he had failed so dismally in his first attempt to build up a law practice and re-establish himself as a lawyer. And without money or pull he went ahead and has succeeded.

While it was the ideas which this man found in the New Thought teachings which inspired him with renewed faith in himself, yet it was his own action, the **USE** he made of his own courage and ability, that brought him success and freed him from failure and an unpleasant environment. No one could have **GIVEN** him success. He had to **CREATE** it for himself by **USING THE POWERS, THE WISDOM, THE ABILITY, WHICH HE ALREADY POSSESSED**.

The machine age has taken from man much of the courage and initiative, the faith in his ability to care for himself, which he formerly possessed. In the future education will be better planned to meet this need for self-reliance, this lack of faith in one's own powers of self-direction.



VIEWS and REVIEWS by WILLIAM E. T.

In the meantime, it is up to the individual to re-educate himself in the use of his own powers. It is up to him to accustom himself to the USE of the ability, the initiative, the energy, the knowledge, which he possesses. Perhaps the most helpful faculty of all is the power of imagination—the ability to visualize the needs and desires of other persons and devise ways of satisfying them.

BRING FORTH YOUR REAL SELF

THE self that you are exhibiting in your work today is far from being a true representative of YOU. There are depths of calmness, creativeness, good will, within you upon which you may draw, if you choose, for your needs hour by hour. There is an inner strength which you can bring forth when the need arises.

The inner self is usually regarded as an impractical fellow, something to fall back upon for comfort in a leisure minute, perhaps, but also something apart from the rush of events that have to do with the objective life. As a matter of cold fact this inner fellow is capable of doing more for you than your conscious self. The inner self can yield you wisdom that will help to make your activities far more effective. He can help you in the hour of action just as truly as in the hour of silence.

Do you need courage? Just bring this inner self right out into the troubles that beset you and see how they will dissolve in the face of his calm logic and the light of his higher reason.

This inner self is a bright fellow. He will see a way out, a way of adjustment, when your conscious self can see only a blank wall ahead. The inner self is vital. He is in touch with the very Source of Life. He is a perpetual fountain of faith and energy and wisdom, if you learn to

depend upon
ability.

And when
your body
faithful with
caretaker
job day a
confidence
well. You
interfere with

you are worrisome and tussy in your attitude toward your bodily functions. Dr. Josephine A. Jackson, in *Outwitting Our Nerves*, speaks of "tightening up the body under emotion" and describes some of the more common results of this sort of interference with the caretaking of the inner self. Sick headache, sluggish liver, high blood pressure, stomach ulcers, and many other ailments are mostly due to our lack of faith in the integrity of our inner caretaker. If we could really trace the origin of disease in each case we might find that the originating cause, the initiation of the process that finally results in what we know as disease, is always some form of worry or doubt in the conscious mind concerning the integrity of the bodily functions, which sets up a condition of restriction upon the normal functioning of some organ and thus prevents the inner self from maintaining that harmony with Life itself which we know as health.

Sixty years ago Warren Felt Evans wrote: "If we better understood the laws of our being, the relation of the mind to the body, the influence of the one upon the other both in health and disease, and the wonderful powers that are latent and dormant within us from not knowing how to use them, a physician would seldom be necessary. We would then possess the art of self-healing, and not often be under the necessity of going out of ourselves for the appropriate remedy for our diseases."

WE KNOW that all spiritual being is in man. A wise old proverb says, "God comes to see us without bell"; that is, as there is no screen or ceiling between our heads and the infinite heavens, so there is no bar or wall in the soul.—Emerson

Sunday School Service

New Thought Interpretation of Inter-
national Sunday School Lessons.

By Rev. GEORGE C. GOLDEN

Feb. 12. JESUS TEACHING BY PARABLES
or THE FOUR KINDS OF HEARERS. St.
Mark 4: 1-20.

Bible Readings: Isaiah 11; St. John 8.

GOLDEN TEXT: *Herein is my Father glorified
that ye bear much fruit and so shall ye be my disciples.*
St. John 15: 8.

NEW THOUGHT GOLDEN TEXT: *I have
not seen the righteous forsaken nor his seed begging
bread.* Psalms 37: 25.

DOES the Golden Text that I have selected surprise you? That's David's testimony. He had a different idea of righteousness than many who point to their poverty-stricken piety. To him righteousness was productivity. According to his definition, Edison, Ford, Shakespeare and Lincoln were extremely righteous men because they created much and well.

Re-read the parable of the talents and you will find the Master was extremely partial to the man who cleverly made his ten talents produce ten more.

Righteousness, then, is quite a simple trait to locate. It is easy to discern the men who have made their dreams into facts, their visions into realities, their longings into demonstrations.

The righteous man is never domineering in his attitude. No one ever becomes excited over the important fact that the earth is round. It is theory that makes us fanatics.

When we realize that the unrighteous man is not immoral or bad as much as he is simply stupid, then we'll cease flattering him with our attention and his numbers will decrease.

Productivity comes from being receptive to new ideas, efficient conceptions and strainless methods that exist, right at hand, in the Universal Mind. The beauty of this discovery is that the world of perfect ideas is open to us as soon as we begin to think of perfection.

The seed that is trodden under foot consists of those ideas that our own depressed feelings grind to pieces. We can remedy this trouble by the simple expedient of not brooding.

That which fell on rocky ground is the concept rejected by the so-called hard-boiled. "Can you picture it," he sneers, and thus shuts out all ideas of perfection? He can remedy his unproductivity by assuming an open mind. "What picture of perfection has Divine Mind of this?" is just common-sense.

The seed that falls on good ground is the picture of a more perfect individual accepted. The mental

attitude is this, "I don't know how I can make a change, but I can see myself existing, perfect, whole in Divine Mind and I know that Divine Mind is ever present and omnipotent." So the Supreme Reality and the Individual Revelation are demonstrated hand in hand.

Silent Affirmation.

**My faith and intelligence help me in creating
more good.**

Feb. 19. THE GROWTH OF THE KINGDOM
or PROGRESS. St. Mark 4: 21-34.

Bible Readings: Isaiah 11; Revelations 21.

GOLDEN TEXT: *The earth shall be full of
the knowledge of Jehovah.* Isaiah 11: 9.

NEW THOUGHT GOLDEN TEXT: *I saw a
new earth.* Revelation 21: 1.

SAN JONES, the old-time evangelist, tells of a man coming to him bemoaning the increasing number of ungodly. The orator looked at the downcast mouth, the wrinkled brow and the stern, forbidding face and remarked, "Brother Jones, you aren't such a powerful advertisement for the Kingdom of God yourself!"

Righteousness is contagious. It spreads through the minds of men as fire among the dry trees of a forest. If what we call righteousness hasn't this quality, then it can't be the genuine article. If we have the genuine article and find it is not catching, then perhaps we are taking the wrong steps to spread it.

A few years ago the idea of the radio was taken from Divine Mind and demonstrated. It spread.

Naturally we are anxious to have all our fellow beings enjoying more of the fuller life that is their right. We are sincere in earnestly desiring to see poverty abolished and disease wiped out. But how are we going about it?

You know the old saying: "They who can, do; they who can't, scold." Aren't we putting the cart before the horse? "Here are the results you will get if you do this," is the technique of salesmanship.

All progress is made by leadership, the natural, unconscious example of Truth demonstrated.

If you want to light a bunch of firecrackers, you don't light all. You set fire to one. Human beings are as closely related as firecrackers in a bunch. If you are utilizing the Truth to give you health and supply, it is utterly impossible for you to keep your demonstrations a secret. Curiosity alone will do the educational work.

Human beings are as individual as firecrackers in a bunch. The first cracker has no trouble in attaining combustion because all the rest are cold. You say, "When all humanity is converted to the Truth, then I'll begin demonstrating." Why wait? It is only your own knowledge and your own faith that will lift you into the power of self-realization that we call illumination. That is as much yours today as it will ever be.

Silent Affirmation.

The Truth I am affirming about myself is true here and now.

Feb. 26. JESUS SHOWS HIS POWER or ABOLISHING FEAR. St. Mark 4: 35—5: 20.

Bible Readings: Hebrew 11.

GOLDEN TEXT: *For I know him whom I have believed.* II Timothy 1: 12.

NEW THOUGHT GOLDEN TEXT: *Faith is the substance of things hoped for.* Hebrew 11: 1.

THE storm was raging high. The little ship on the Sea of Galilee threatened every minute to founder. The pilot was filled with fear and the passengers were terrorized. But the Master slept. When they awakened him, he simply said, "Peace, be still." Then the helmsman brought them through to safety.

That's just all we need to quiet the terrifying danger or meet the dangerous problem—just to say, "Peace, be still," to our fears and to exorcise our terrors with reasonable self-confidence. A calm mind and faith in our mastery will bring any individual through any trouble.

Of course, nature constantly presents us with new problems and every promotion introduces new questions to be mastered. That's life. That's growth. God does nothing for us that he can do through us and the wise man is quite satisfied with that arrangement.

Whence comes the fear that blanches our cheeks and scatters our wits? From our own imagination.

When we talk about a "drastic situation," let us remember that the "drastic" is of our own creating.

It's just the veneer of evil that truth destroys. Don't expect any more. Truth will destroy your fear so you will be able to see how you can create supply, but Truth will not toss the money in your face. You have a right to expect the first service from Truth.

You have a right to expect of yourself the ability to realize every last one of your ambitions. You have a right to expect much of your power to create. The Master does not urge us to be satisfied with simple fare and discontentedly content with meager substance. Expect "whatsoever ye desire," he proclaims. And "whatsoever" is a very unlimited word.

All that stands between our present situation and "whatsoever we desire" is just our fear, our doubt of our ability. Faith in our ability, *self-confidence*, eats up that wall of separation as the

sun melts snow—even faster, for there is in reality no wall there at all.

Silent Affirmation.

I have faith in myself to accomplish anything I want.

March 5. JESUS GIVING LIFE AND HEALTH or PERSONAL IMMORTALITY. St. Mark 5: 21—42.

Bible Readings: St. John 11.

GOLDEN TEXT: *Jehovah hath done great things for us, whereof we are glad.* Psalms 126: 3.

NEW THOUGHT GOLDEN TEXT: *I am the resurrection and the life.* St. John 11: 25.

THIS lesson marks one of the Master's great adventures into the beyond. He believed that there was nothing hidden that should not be revealed. He did not give death power even to hide the departed but he recalled the daughter of Jairus. Read carefully his prayer at the tomb of Lazarus and you will see his technique. In reality, nothing had changed, but to human conception the fog of death had been beaten back.

The Master believed in the God of things as they ought to be. He believed that the Father had already accomplished everything. All that we needed was to be aware of the Life Abundant and it would become ours.

In astronomy, a star was located before it was discovered. The scientists reasoned that if the pattern were complete, there would be another orb in a certain place. When more powerful telescopes were manufactured, the celestial body was perceived.

The daughter of Jairus, Lazarus and the Master, all preserved their identity after death. Whether we take these episodes as history or parable, the point is emphasized that personality cannot be lost. It still exists and one day the communication will be perfected between the so-called dead and the living. The discovery will be, I imagine, that there is no such thing as death. It has been a nightmare from which we shall one day awake.

But the interesting feature of this account is that it reveals the Master's concept of a perfect world in which we live, move and have our being, a world maligned and misconstrued by the physical senses but a universe where every demand of the individual is realized and a universe to be drawn into utility by assuming its existence.

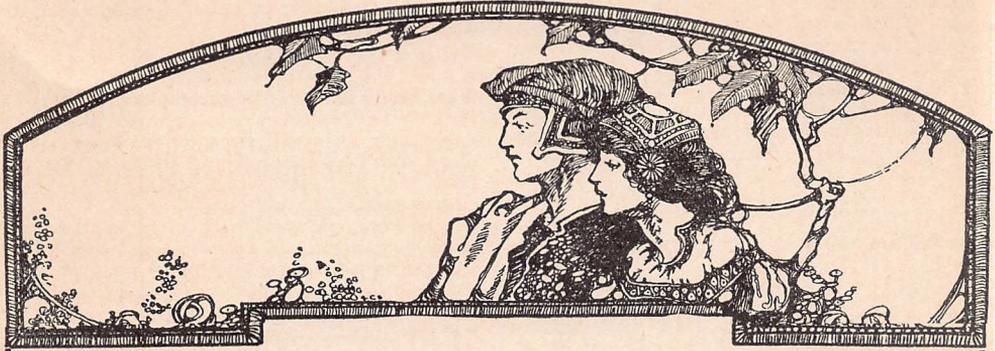
The Holy Ghost that points us to the truths of that invisible world is our own desire that rises unspoken from the needs of the individual. Ever argue, reason and think in favor of what you want, for you cannot want what doesn't really exist. The range of the operations of this faculty runs all the way from the completion of our simple physical wants to the fulfillment of our deepest and highest spiritual longings.

Silent Affirmation.

By assuming myself to be what I wish to be, I become that.

OF the progress of the souls of men and women along the grand roads of the universe, all other progress is the needed emblem and sustenance.

—Walt Whitman



Things That Make For Success

And for the advancement of the individual in all ways. This is a correspondence department of Success ways and means, conducted by the Editors and contributed to by NAUTILUS readers everywhere.

Success Letter No. 1304

HOW I SOLVED MY FINANCIAL PROBLEM THROUGH TRUTH

TRUTH not only solved my financial but my physical troubles as well.

For many years I had been in very bad health; had two operations, spent weeks in hospitals, went from one doctor to another without the least bit of relief. I was in terrible pain constantly and so nervous I'd cry if I spoke a word or was spoken to.

Finally, after having read New Thought literature for quite a while I said, "I believe I can be well if I can just do something to make money—at least my expenses." I was boarding with a sister at the time and a brother was paying my board. This in spite of the fact that I was the most independently inclined person you can imagine. Of course I was anything but happy.

I was a capable business woman and had never failed except physically, so of course there was where I had to start.

I'd always done office work before, but I got to the place where the use of a typewriter put me in bed, so I thought at middle age it was no use to try something new. However, I have now learned that years don't count in Truth.

Well, I prayed for a way to open. Then by accident I heard of a friend of mine who had taken up laboratory work and my sister said, "You might be able to do that."

I replied, "How could I even get back and forth. You know I can't drive a car nor even walk two blocks."

But I continued to pray and believe. Then I heard of a light little job in a store that I could get and a way to ride to and from my work. I took that job at \$30.00 a month. Mind you, I'd been receiving \$100.00 and \$150.00 up to the time I got sick, but I was determined to try and I knew I had to start with something that did not require much effort and I'd have a good chance to make a demonstration.

I read, and practiced what I read, everything I

could get along the New Thought line. I affirmed constantly, "I can and with God's help I will."

Well, I stuck to this place until I had gained enough strength to take up laboratory work.

Never shall I forget the day I left home—tears in my eyes, my heart heavy as lead—and yet there was the assurance inside that spurred me on. My family and friends all discouraged me. My brother gave me the needed money but said he knew it was throwing it away. When I arrived, the director of the laboratory was astonished that I looked so bad, and as soon as he could do so without hurting my feelings, made an X-ray picture of my lungs, thinking I had T. B.

I managed to stay each day until we closed at five, and would then go to my room exhausted and so discouraged I could have died, but "that something" urged me to keep on. I'd go to bed immediately, repeating one verse of Scripture right after the other: "If God be for us, who can be against us," "I can do all things through Christ which strengtheneth me," etc. Finally one night I awoke about two o'clock with a start and as plainly as if a human being had spoken to me I heard, "The Lord is Thy Keeper, Thy shade at Thy right hand. No good thing will He withhold from them that walk uprightly."

I knew then that I had won and from then on I was as sure of myself as you could possibly imagine. I was so happy my face fairly radiated joy and the work came so naturally and easily. Each day I gained strength more and more.

In six weeks time I had to go home on some business and my family were delighted and surprised to see the change.

Before I'd quite finished my course I got a fine position in a hospital as technician and went to work with the lightest heart I ever had. I started with a good salary, with a \$25.00 raise in four months and another \$25.00 in about six months more.

I enjoyed the work thoroughly and was so happy to be self-sustaining as well as to be able to do something for so many other people that I felt better

every day. My weight went from 101 lbs. up to 129 lbs. to say nothing of the increase in my bank account.

I look years younger and my outlook on life is one of cheerful expectancy and I know that, "All things are possible to those who believe."

I want to say in closing that all that I am and have I owe to the New Thought teachings.

—F. A. J., Miss.

Success Letter No. 1305

A MOTHER FINDS HER LOST SON THROUGH TRUTH

THE following true story I would like to relate in the hope that some troubled soul hearing it may see God in it and turn and follow Him.

Mrs. Daire is as cultured and attractive a woman as one would care to know and in the small town where she lived was very popular and altogether useful.

Ten years ago one of the saddest things that occurred to her was her grown son (by a former marriage) going away and never writing or letting her know where he was. About five years after E— went away her husband, who had been a good provider, died leaving her very lonely and in none too good circumstances. She sold her pretty little home and moved to a city about a hundred miles distance. Then a bank failed with every cent of her money. Adversity seemed to be following her. As she was frail in body it was only the mercy of God that sustained her in those trying times.

Now her greatest wish and desire of her heart was to communicate with E— and know that he was well and was not suffering in any way. Her love for him was pure and utterly without thought of self. She held no thoughts of recrimination for his heartless behavior and neglect through the years but prayed that she might have the assurance that all was well with him.

Along in the spring of this year a mutual friend and I were idly talking and somehow Mrs. Daire's name came into the conversation and Mrs. Williams said, "Did I ever tell you that the brother of a friend of mine saw E— in New York City?" I replied, "No, but did you know that his mother has not heard a word from him in ten years?" Of course she was horrified and I began pelting questions at her about when this had occurred and where this brother lived, etc., but she was very vague and not being personally acquainted with E— and not knowing the circumstances had not been greatly impressed, but promised she would write her friend and try to learn more about it.

I wrote Mrs. Daire about the incident and received a special delivery right back—she was so excited at the prospect of learning something vital. She communicated with the man who had seen her son but it had been three years since the meeting and as the man was now in Chicago he had lost a track of E—. He remembered that E— was a man in a hospital but he couldn't remember the name.

A few days after writing me Mrs. Daire mailed me some Truth literature (as she knew that I was a student also) and asked my mother and me to pray for her and E—. Among the books was one on telepathy and I digested every word in it. Every night upon retiring I would try to visualize E— just as I had last seen him and then speak to him as though we were face to face. "E—," I

would say, "write to your mother." Or, "Your mother needs you, E—." In a few days I began to feel that everything was well with him and that she would soon hear from him. I heard nothing more from her for about two months and then she came back to the little town to spend one week of her vacation. I invited her to come to my home for dinner on Thursday evening of that week at which time we planned to have a long heart to heart conversation. As she was very much in demand by her friends I saw her no more and on the afternoon that she was to be my guest I had to make a trip to the store and returning stopped at the home of one of her relatives-in-law for a promised bouquet for my table. While standing in her yard a neighbor man, who is known to be a great dispenser of news, came rushing over and said, "Have you heard about Mrs. Daire getting a wire from her son? She hasn't heard a word from him in ten years and now out of a clear sky she gets a telegram." I did not feel surprised in the least, but felt a great tumult in my breast which was more a feeling of awe than anything else.

About that time we looked down the street and there came Mrs. Daire, her face radiant with joy and carrying in her hand the yellow slip of paper, which seemed to me a banner proclaiming, "God is Love."

E— did not know of course of all the changes that had taken place since his departure and just supposed that his mother was still living in her home here. He asked her to wire him collect at what hour he could talk to her by long distance telephone. She talked to him that evening and he promised to have a letter waiting for her when she reached the city, telling her everything. He wrote her to meet him in Cincinnati and wired her \$50.00 for the trip. They spent several days at the Gibson Hotel and it isn't hard to imagine her happiness and joy over this wonderful reunion. When she asked him what it was that caused him to communicate with her just at that time, if he had seen someone from home, or just what his reason was, he answered that it was simply God's Spirit that had brought him back. He had to return to his position in New York, but he writes her lovely letters twice a week and she knows that though they are many miles apart the Father's watchful eye is ever on him and that he can never become lost to her again.—M. W. B., Ky.

FOR WORLD PEACE

WE, the Rising Generations, demand a United States of the World.

We want our idle vessels and ships to be used in times of peace for a Public University of Travel, a white fleet that shall tour the world every year.

We want these ships manned with the best instructors in Art, Literature, Travel, History, Modern Languages, Sociology, Human Nature and Universal Brotherhood.

We want the students selected according to all-round merit from the graduates of public High Schools and Industrial, Vocational and Technical Schools of all the States.

We want this post graduate year of travel given at the expense of the nation, the students co-operating systematically with a minimum naval crew in all work done aboard ship.

We believe in these things.

We pray for them.

We talk for them.

We vote to this end.

—Elizabeth Towne.

New Thought Practitioners

Eternal Truth Treatment Five Days One Dollar, Month Five Dollars. **SIDNEY E. HUFF, Hope, Arkansas.**

Money Or Health Treatment, \$1.00. **DR. MARIE WINCHELL WALKER, 29 N. Electric Ave., Alhambra, Calif.**

DANIEL BOONE HERRING, Practitioner, 401 Judson C. Rives Building, Los Angeles, Calif.

DEMONSTRATION CLUB, 532 16th St., Oakland, Calif. Daily treatments with one letter, \$1.00 monthly.

EDISON HAND, Practitioner, 1020 Everett Avenue, Oakland, California. Emotional, Health, Prosperity problems. Ten treatments—\$3.00. Write or Wire.

HATTIE CHAPMAN GIBBS, Health, Harmony, Prosperity treatments. 1216 Leavenworth, San Francisco, California. Voluntary offering.

BLANCHE MARIE PETERS, Metaphysician. Personal letter with week's treatments, \$1. 258 So. 3rd St., San Jose, Calif.

32 Years' Healing, Health, Success. Treatments. Trial Month, \$1. **IDA WELSH, 1518 W. Main, Belleville, Ill.**

Helpful advice on personal problems; and treatments for health,—wealth,—happiness,—and success. Information free. **JAMES HUNTINGTON, 444 St. James Place, Chicago, Illinois.**

Money treatment, \$1.00. **DR. A. A. RANDALL, 2744 4th Avenue South, Minneapolis, Minn.**

Let me help you attain health, happiness and your desires. Free will offerings. **VORA B. DURAND, 910 Lafayette Ave., Brooklyn, New York.**

GRACE CALL, Teacher and Practitioner. Box 221, Richmond, Staten Island, N. Y.

DR. D. MARSDEN, Psychologist and Divine Healer. Daily treatments, \$2.00 per month. 625 W. 58th Street, Ashtabula, Ohio.

DAVID E. JONES, Experienced Practitioner. Practical psychology. Treatments for Health, Happiness, Prosperity. Particulars. 79 Maple Street, Mansfield, Ohio.

LA VINA EMERY KRAUSS, Practitioner. Daily Interviews, Treatments. Free Will Offering. Write or Wire. 131 S. Broad St., Middletown, Ohio.

Dynamic treatment for peace, power, plenty. One dollar. **MAREY ATHERTON, Water-works Road, Newark, Ohio.**

MRS. C. A. BARTHOLOMEW, Sabinsville, Pa., experienced New Thought healer. No charge unless patient is benefited.

Reducing Is Fun

By Mrs. F. S. McGraw, who reduced her own weight 33 lbs. in a few months (to normal) by this workable scheme of weight control. Best of all you can keep your weight down. You eat what the family eats—or what you choose. No drugs or fasting, no unusual diet. Try it!

Price 28c

THE ELIZABETH TOWNE CO., Inc., Holyoke, Mass.

SPLENDID LIFE, an inspirational little magazine telling of the Selfless Life. Send name and address for your free sample copy to

Z. Norman Brown, Route 1, Newhall, California.

THE VAN VALEN SANATORIUM

Yonkers, New York. **PSYCHO-THERAPEUTIC** treatment, combined with other methods, works wonders. Marvelous cures are made here in Mental, Nervous and Functional disorders. No insane received. Booklet upon request. Practice established 1899.

Mrs. Towne's Editorials

(Continued from page 12)

Give us OUR OWN dollars, for jobs and insurance against idleness. Not bankers' dollars adding to our DEBTS. Not crumbs from their Red Cross and Public Welfare tables.

Give us, we pray you, OUR DOLLARS, fresh minted clean dollars. Dollars with which we may buy goods and thus start business and industry.

Give All of Us this day OUR daily dollars, oh, Congress and Mr. New President.

Mr. and Mrs. Congressman and Senator, what are we going to do about scaling down the internal debts of this country, as well as the debts of other countries owing to us? And will you do it quickly, before there comes a universal crash?

"Debt is the devil," said T. J. Shelton 35 years ago. Since then I have learned by experience that the only way to get out of debt is to QUIT MAKING DEBTS. Quit borrowing and paying interest on the money, live inside our incomes.

And insist that Congress take back the money managing power from the private lions of Wall Street to whom it was voted many years ago—let government expand the R. F. C., reduce the interest to actual cost, and enable the lambs to get out of the grip of the lions before the lions actually eat them alive.



My Creed

By Katharine Bowsher

TO take my place within the world of men;
To bravely walk the path from day to day;
To serve, however small the part may be,
And give my best—this is my way.

To lay me down to rest when night has come,
Serenely calm, and know within my breast
A consciousness of work that is well done;
Thus only shall I find my rest.

To rise with gratitude within my heart,
For blessings manifold: look out and see
That Heaven is all about and know that I
Can use all that is given me.

Strength unto strength, sufficient for my need,
If I but look and listen; do not dream.
Straight from the source of all, my day's supply
Pours out to me—a constant stream.

THE rain has spoiled the farmer's day;
Shall sorrow put my books away?
Thereby are two days lost:
Nature shall mind her own affairs,
I will attend my proper cares,
In rain, or sun, or frost.

—Emerson

NEW THOUGHT CENTERS.

Following is a list of Centers and Reading Rooms. The letter (M) indicates open meetings are held.

- ADELAIDE, So. Australia.**—New Thought Society, Inc. Mrs. Aveline C. Murray, 3rd Floor, Darling Bldgs., Franklin St.
- AKRON, Ohio.**—Akron Center of Truth, 34 S. High St.
- ATLANTA, Ga.**—The Open Door, 413 Chamber of Commerce Bldg. Mrs. Rose M. Davis, Leader. (M)
—Azoth Circulating Library, 506 Grand Theatre Bldg. Elizabeth A. King, Leader.
- ATLANTIC CITY, N. J.**—The Temple of Truth, Raymond Neff Halliwell, Director, Central Pier.
- BOSTON, Mass.**—The Metaphysical Club, Nottingham Bldg., 25 Huntington Ave. Ada Coates Phillips, Pres.
—Home of Truth, 160 Commonwealth Ave. Eleanor Mel, Leader. (M)
- BUFFALO, N. Y.**—Buffalo Unity Society, Room 4, Hotel Statler. Ella F. Richards, Leader.
- BULAWAYO, Southern Rhodesia, S. Africa.**—Bulawayo New Thought Centre. Mrs. Chester Brown, P. O. Box No. 676.
- CALGARY, ALTA., Canada.**—Boston Hat Works & News Co., 109 Eighth Ave., W.
- CHARLES CITY, Iowa.**—Library of Practical Christianity and Psychology, 403 Hulst St. Olive Klinkel, Librarian.
- CHICAGO, Ill.**—First Unity Society of Practical Christianity, 159 No. State St., Suite 801. Mrs. Nellie McCollum, Leader. (M)
—Home of Truth, 806-807 Lake View Bldg. Edith Reynolds, Leader, 116 S. Michigan Ave.
—Purdy Book Store. New Thought Book Shop. 1723 Stevens Bldg., 17 N. State St.
—Unity Fellowship of Practical Christianity, 1619-21 Kimball Bldg., cor Jack & Wab. W. I. and Anna Hoschouer, Ministers.
—Divine Science College of Ill., 1414 Straus Bldg., 310 So. Mich. Ave. Rev. Alice R. Ritchie, Leader. (M)
- CINCINNATI, Ohio.**—New Thought, Temple of, McMillan at Grandview Ave. Dr. Harry Granison Hill, Leader.
—Cincinnati Unity Center, Frederick Elias Andrews. 28 East 6th St. Daily 12 and 2. (M)
—New Thought Healing Bethany, 2710 Cleinview Ave. Rev. Wilhelmna Bickett, Leader.
- CLEVELAND, O.**—Church of Truth. Hotel Olmstead, Room 224. Mary A. Pringle, Leader.
—Christian Unity Book Shoppe, 128 Old Arcade.
—Cleveland Center of New Thought, Carnegie Hall, Studio 810, 1220 Huron Road. Rev. Gladys B. Johns, Leader. (M)
- COLORADO SPRINGS, Colo.**—Unity Truth Center, Suite 217, De Graff Bldg. Mrs. Mabel E. Beach, Leader.
- COLUMBUS, Ohio.**—Universal Truth Center, 314 Grand Theatre Bldg. Virginia Camery Jones, Leader. (M)
- DAYTON, Ohio.**—New Thought Center, 1030 Nordale Ave. Elmer Bergen, Leader.
—Dayton Unity Center, Dayton Industries Bldg. Rev. Anne L. Riehm, Leader. (M)
- DENVER, Colo.**—The Colorado College of Divine Science, 509 17th St. Harvey Hardsman, D.S.D., Pres. (M)
—Temple of Practical Christianity, Inc., Unity Center, Woman's Club Bldg., 1437 Glenarm St. P. O. Box 2675.
- DETROIT, Mich.**—Detroit Unity Center, Maccabee Bldg. V. P. Randall, Leader.
—Applied Christianity Center, 9667 Gratiot Ave. R. S. McKay, D. C., Leader. (M)
- EL PASO, Texas.**—Cosmos Society, Blumenthal Bldg., Dulce Dudley, Librarian. (M)
- GREAT FALLS, Mont.**—Universal Truth Center. Mary L. Barnes, Adviser. 205 Rocky Mt.
- HELENA, Mont.**—Unity Metaphysical Center, Opposite P. O. Ruth E. Chew, Leader. (M)
- HOLLYWOOD, Calif.**—Truth Center of Hollywood, 1642 Cherokee Ave. Elberta M. Willis, Leader. (M)
—The Hollywood Unity Fellowship, 7056 Hollywood Blvd. (M)
- HOUSTON, Texas.**—Unity Center, 1-4 Majestic Theater Bldg.
—New Thought Truth Center, 808 Anita St. Mrs. A. J. Henderson, Leader. (M)
- IDAHO FALLS, Idaho.**—Troward Club. Mrs. Ethel T. Holden, Leader. 876 Park Ave.
- INDIANAPOLIS, Ind.**—Unity Truth Center, 417 Kresge Building. Murrel G. Powell, Leader. (M)
—Truth Center of Applied Christianity, 4455 Broadway. Mrs. Edna F. Mauzy, Leader. (M)
- JACKSONVILLE, Fla.**—Unity Center, Seneca Hotel. Henrietta M. Miscolly, Leader. (M)
- LAKELAND, Fla.**—Thought Power Studio, R. D. No. 1.
- LAKE WALES, Fla.**—The "I Am School," 310 Fifth St. Mrs. D. L. Faircloth, Leader.
- LEBANON, Ohio.**—The Lebanon Truth Center. Mrs. Shirley Bell Hastings, Leader. (M)
- LONDON, England.**—Mr. R. Dimsdale Stocker (Pres. Brit. Sec. I. N. T. A.), 94 Lancaster Gate, W. 2.
—The Rally Rendo, 9 Percy St., Tottenham Court Rd., W. I.
- LONG BEACH, Calif.**—Unity Metaphysical Center, 121 Chestnut Ave. Eva A. Russell, Leader. (M)
- LOS ANGELES, Calif.**—Advanced Unity, 628 W. 8th St. Tues. 8 P. M., Friday 2 to 4. Marie Winchell Walker, M.D. (M)
—The Church of Light, 818 Union League Bldg. (M)
—Christian Unity, Walter W. Raymond, Leader. 148 N. Gramercy Place.
—Unity Center of Divine Truth. 721 South Hill St., 2nd Floor. Mr. & Mrs. Robert Sanders, Leaders. (M)
—Mrs. Gertrude Gephart. 518 So. Virgil Ave. Sunday School and Services. (M)
—Classes in Truth. Mamie B. Dean, 1129 S. Catalina St. (M)
—Unity Truth Center, 721 So. Hill St. Catherine F. Taylor, Leader.

- Unity Sunshine Harmony Center, 845 Broadway. Maude Rockwell, Leader. (M)
—School of Absolute Science, 1052 Windsor Blvd. Della Marie Pence, Teacher. (M)
- LOUISVILLE, Ky.**—Louisville Truth Center. 1322 South Fourth Ave. Georgiana Tree West, Leader.
—Unity Truth Center, 66 Weissinger Gaubert. (M)
- MILWAUKEE, Wis.**—The First Unity Center of Milwaukee, Inc., 424 Commerce Bldg., 4th & Wells. Rose Emery, Leader. (M)
- MINNEAPOLIS, Minn.**—The Unity New Thought Center. Dr. Amella A. Randall, 2744 4th Ave., South. (M)
—The School of Religious Science, John Seaman Garns, Dean, 1108 Nicollet Ave., Room 210. (M)
- MISSOULA, Mont.**—Missoula Truth Center, Flora M. Cassart, Teacher and Healer. Room 59, Higgins Block. (M)
- MONTREAL, Canada.**—New Thought Mecca of Rejuvenation, 904 Atwater Ave. Maud C. Field, B.Ph.D., Leader. (M)
- NEVADA, Mo.**—Weltmer School and Sanitarium, Prof. S. A. Weltmer, President, 206 South Ash St. Free Library. (M)
- NEW YORK CITY.**—The Times Square Book Shop, Inc., 1482 Broadway.
—Sears Philosophy Library, 1123 Broadway.
—Unity Society of Scientific Christianity, 11 West 42nd St., Suite 1746-55. Dr. Richard Lynch, Leader. (M)
—Church of the Truth, Rev. Albert C. Grier, Pastor, 521 Fifth Ave., Suite 1129. (M)
- OKLAND, Calif.**—Metaphysical Library, Room 403, 532 16th St. (M)
—Oakland Unity Truth Center, Letitia A. Andrews, 1450-B Alice St.
- OKLAHOMA CITY, Okla.**—Metaphysical Book Shop, 128½ West Main St. Over Newbells.
- OMAHA, Nebraska.**—Omaha Metaphysical Library, 307 Patterson Bldg. Mrs. Janet Craigher, Leader. (M)
—Omaha Unity Center, 204 Courtney Bldg., 17th and Douglas St. Lillian Black Brass, Leader. (M)
- PEORIA, Ill.**—Unity College, 1821 Main St.
- PHILADELPHIA, Pa.**—Unity Center of Truth, Unity Bldg., 236 So. 13th St.
- PHOENIX, Ariz.**—Unity Truth Center, Myrtle E. Cate, Director. 310 W. Portland Street.
- PITTSBURGH, Pa.**—Unity Center of Pittsburgh. Woman's Exchange Bldg., 435 Penn Ave. E. B. Anthony, Leader. (M)
- POCATELLO, Idaho.**—840 So. 4th St. Aene Chapel of Trinity Church of Truth. Verna Irene Shupe, Director.
- PORTLAND, Me.**—Miss Elinor S. Moody, 42 Deering St. Reading classes and students.
- PORTLAND, Ore.**—Metaphysical Library, 405 Yamhill St., 10th and Yamhill. Nettie Taylor Kloh. (M)
- READING, Pa.**—Unity Truth Center, Marion A. Dykeman, Leader. 440a Cour. St. (M)
- RICHMOND, Ind.**—Fellowship in Truth, 224 S. 4th St. Lewis C. Lawall, Leader.
- RIVERSIDE, Calif.**—Center of Truth. Dr. Mary I. Billet, Leader. 3643 Walnut St. Open Daily. Services.
- SACRAMENTO, Calif.**—Divine Science Center, 1011 Eye St. Julia Hewes Cathron, D.S.B., Leader. (M)
—Unity Center, 2130 21st St. Naomi J. Anderson, Leader.
- SAN ANTONIO, Texas.**—School of Metaphysics, Room 312, Maverick Bldg. L. L. Rowell, Teacher.
- SAN BERNARDINO, Calif.**—Unity Center of Practical Christianity, 2189 E. St.
- SAN DIEGO, Calif.**—Rawson Center, 423 C St. Lucy Harris Murphy, Leader. (M)
—Metaphysical Library, 227 E St. (M)
- SAN FRANCISCO, Calif.**—Metaphysical Library and Book Shop, 177 Post St. Free Reading. Noon talks. (M)
—Metaphysical Studio, class and individual instruction. Rev. Geo. C. Golden, 1681-48th Ave.
—Unity Temple, 115 O'Farrell St., 4th Floor. Robert Hulbert, Leader. (M)
- SAN JOSE, Calif.**—Center of Constructive Thought, 1149 Freemont Ave., C. B. Berry. (M)
—Absolute Science Truth Center, 1299 Mariposa Ave. Mrs. Mabel Guilbault Hudson, Leader.
- SAN PEDRO, Calif.**—Truth Book Shop, 697 Sepulveda St.
- SANTA BARBARA, Calif.**—Truth Center, 227 E. Arrellaga. Harriet B. Coolidge, Leader. (M)
- SANTA CRUZ, Calif.**—Metaphysical Library and Reading Room. Margaret D. Brenhol, 35 Walnut Ave.
- SPOKANE, Wash.**—Church of Truth, 6th and Jefferson.
—Metaphysical Library, 821½ W. 1st. Free Reading Room. (M)
- SPRINGFIELD, Ill.**—The Lawrence Center of Constructive Thought. Library and Bookshop, 227½ So. Sixth St. (M)
- SPRINGFIELD, Mass.**—Unity Center of New Thought, 21 Besse Place. Rooms 214-215. Mrs. Mary Dunn, Pres. (M)
- ST. LOUIS, Mo.**—North Side Divine Science Church, 4300 Gano Ave. Rev. C. W. Meacham. (M)
—St. Louis Truth Center, 4030 Lindell Blvd. Emil Hartmann, Leader.
- ST. PAUL, Minn.**—Unity Truth Center, 901 Globe Bldg., Fourth and Cedar Sts. Rachel Bradbury, Leader and Pastor.
- SYRACUSE, N. Y.**—Miss Katherine Carter, Reading Room, No. 2, 155 East Onondaga St. (M)
- TAMPA, Fla.**—First Unity Society, 222 W. Lafayette St.
- TOLEDO, Ohio.**—Toledo Unity Center, 404 W. Bancroft St. Mary Mae Underwood, Leader.
- TULLAHOMA, Tenn.**—Circulating Truth Library and Book Agency. 311 N. Polk St.
- YOUNGSTOWN, Ohio.**—The New Fellowship School of Harmony, 224 West Wood St., Apt. 8, The Pelton. Mrs. C. H. Fuller, Pres.

These Books Are About YOU—They Show You How To Use Your Powers

All Books Sent Prepaid At Prices Quoted. Catalog Free.

Financial Success

MONEY TALKS: In four parts. New Idea. Eleanor Baldwin. Paper; price 28c.

DANCING DOLLARS. Verna Holton. Price 28c.

PROSPERITY THROUGH THOUGHT FORCE. Bruce McLelland. Price 55c.

THE BOOK THAT HAS HELPED MOST IN BUSINESS. By "A Doctor of Human Nature." Paper; 25c.

THOUGHT FORCE FOR SUCCESS. Elizabeth Towne. Paper; 25c.

FINANCIAL SUCCESS THROUGH CREATIVE THOUGHT. Wallace D. Wattles. Flexible cloth, Key Library; price \$1.60.

THE SUCCESS PROCESS. Brown Landone. Flexible cloth; price \$1.60.

HOW TO PROMOTE YOURSELF. Wattles. Paper; 36 pgs; price 28c.

THE MEANS WHICH GUARANTEE LEADERSHIP. Landone. Price 55c.

PSYCHOLOGY OF PROSPERITY. Paul Ellsworth. Flexible cloth; price \$1.60.

MAKING MONEY: How to Grow Success. Elizabeth Towne. Paper, 71 pgs; 55c.

HOW TO TURN YOUR DESIRES AND IDEALS INTO REALITIES. Landone. Flexible cloth; price \$1.60.

THE PSYCHOLOGY OF SALESMANSHIP. Atkinson. Flexible cloth, 210 pgs; price \$1.60.

YOUR INVISIBLE POWER. Genevieve Behrend. Paper; price 55c.

ETERNAL PROSPERITY AND SUCCESS. Florence M. Johnson. Flexible cloth; price \$1.60.

TRUE STORIES OF FINANCIAL SUCCESS AND ADJUSTMENT. George C. Golden. A method book in story form. Paper, 92 pgs; price 55c.

IT'S FUN TO MAKE MONEY. Pauline Cleaver. Showing how to begin, and how to carry through to business success; 55c.

WHAT CHRIST SAYS: About Economics, Politics, Healing. Wattles. Price 28c.

Healing

JUST HOW TO WAKE THE SOLAR PLEXUS. Elizabeth Towne. 28c.

EFFECTUAL PRAYER. Frances W. Foulke. Flexible cloth; price \$1.60.

STEPS IN SPIRITUAL UNFOLDMENT. Frances W. Foulke. Flexible cloth, 249 pgs; price \$1.60.

DIRECT HEALING. Paul Ellsworth. 178 pgs; price \$1.60.

YOU CAN RECEIVE WHATSOEVER YOU DESIRE. Ellnor S. Moody. Flexible cloth, 175 pgs; price \$1.60.

DEEP, DEEP DOWN IN YOUR HEART. Landone. Flexible cloth, 249 pgs; \$1.60.

THE RADIANT PATH TO ACHIEVEMENT: A Miracle Healing and How It Was Done. Kate A. Boehme and Rev. Frederick Elias Andrews. Price 25c.

GOD HEALS TODAY. Emma M. Henderson. Paper; price 55c.

THE HEALING TRUTH YOU WANT TO KNOW. Vivian May Williams. 55c.

THE HEART OF HEALING. Mizanna Wolf. Price 55c.

THE REAL SECRET OF USING NEW THOUGHT SUCCESSFULLY. Vaidianathan. Price 55c.

ARISE AND WALK. Daniel Boone Herring. Flexible cloth, 265 pgs; price \$1.60.

MIND SURGERY. Herring. Cloth, 112 pgs; price \$1.05.

THE STORY OF A HEALING. Herring. Paper; price 28c.

AN ANSWER FOR EVERY PRAYER. John A. Patterson. Flexible cloth, 175 pgs; price \$1.60.

HOW TO HEAL YOURSELF AND OTHERS. Mrs. W. Y. M. Price 55c.

WORRY, HURRY CURED. William E. Towne. Paper; price 28c.

KEYS TO A NEW LIFE. Daniel Boone Herring. 55c.

THE HEALING POWER IS LIFE. Genevieve Behrend. 55c.

HEALTH THROUGH NEW THOUGHT AND FASTING. Wallace D. Wattles. Paper, 100 pgs; price 55c.

HEALTH AND POWER THROUGH CREATION. Paul Ellsworth. \$1.60.

MAGIC OF UNCOMMON SENSE. C. W. Chamberlain. Paper; price 55c.

THE SUBCONSCIOUS MIND: How to Reach and Arouse. Gertrude A. Bradford, Ph.D. Flexible cloth; price \$1.60.

HOW TO DEMONSTRATE HEALTH, MONEY, FRIENDS. Gertrude A. Bradford, Ph.D. Paper; price 55c.

Personality

FASCINATING PERSONALITY. J. I. Billman. Paper; price 55c.

CONVERSATION AND A MAGNETIC PERSONALITY. E. Gwendolyn Stimpson. Price 55c.

KEEPING YOUNG GRACEFULLY. Helen M. Winslow. Price 55c.

HOW TO READ HUMAN NATURE. Its Inner States and Outer Forms. Atkinson. Cloth, 210 pgs; price \$1.60.

HOW I ELIMINATED FEAR. George Wharton James. Price 25c.

HOW TO BE A GENIUS. Wattles. Pocket edition, fabrikoid; price 55c.

Effectual Prayer

AN ANSWER FOR EVERY PRAYER. J. A. Patterson. Flexible covers, pocket size, 175 pgs; price \$1.60.

EFFECTUAL PRAYER. Frances W. Foulke. Flexible, 240 pgs; \$1.60.

MY PILLOW PRAYER BOOK. Ella C. Waterhouse. A pocket ABC book of alliterative affirmations, 2 colors; paper, pocket size, 78 pgs; price 55c.

Other Truth Books

GIST OF NEW THOUGHT. Paul Ellsworth. Price 28c.

HISTORY AND PRINCIPLES OF NEW THOUGHT. Atkinson. Price 28c.

REALIZATION MADE EASY. Kate Boehme. Cloth; price \$1.60.

NEW THOUGHT HEALING MADE PLAIN. Boehme. Cloth; price \$1.60.

LIFE POWER AND HOW TO USE IT. E. Towne. Flexible, 176 pgs; price \$1.60.

15 LESSONS IN NEW THOUGHT PRINCIPLES AND PRACTICE. E. Towne. Cloth, 185 pgs; price \$1.60.

LAWS OF HEALTH AND PROSPERITY AND HOW TO USE THEM. Clara Chamberlain McLean. Cloth; \$1.60.

PSYCHIC SCIENCE MADE PLAIN. Edward B. Warman, LL.D. Principles and methods. 2 volumes, each containing four books in one. Price \$1.60 per volume; or \$3.00 for both.

YOUR MIND AND HOW TO USE IT. William Walker Atkinson. Cloth; \$1.60.

POEMS OF THE SUNLIT HEIGHTS. Collected by Elizabeth Towne. Fabrikoid pocket edition; price 55c.

POEMS OF THE NEW DAY. Arranged by William E. Towne. Paper; price 55c.

MY PILLOW PRAYER BOOK. Waterhouse. 78 pgs, 2-color printing; price 55c.

POWER AND WEALTH. Emerson. Pocket size, fabrikoid; price 55c.

Is There a New Thought Club or Center In Your Neighborhood?

Why not start a New Thought Truth Club or Center in your neighborhood? Why not bring your friends and acquaintances together for study and sociability. Ask for our FREE LETTER that tells how to start a Center, and which explains our plan for FREE ADVERTISING of Centers and Clubs.

For Beginners

FOUR LESSONS IN THE REALIZATION OF HEALTH AND SUCCESS. Elizabeth Towne. Price \$1.60, including How to Wake the Solar Plexus and How to Concentrate which are used with the Lessons.

A-B-C OF TRUTH. Brown Landone. Paper, 98 pgs; price 55c.

METHODS OF TRUTH WHICH I USE. Landone. Paper; price 55c.

UNCOMMON SENSE OF APPLIED PSYCHOLOGY. Claude William Chamberlain. Paper; price 55c.

WHAT AFFIRMATION SHALL I USE? By Elizabeth Towne. Paper; price 55c.

HEALTH, HAPPINESS AND PROSPERITY. Lillian Grace Copp. Price 55c.

YOURS FOR ACHIEVEMENT. Godin V. Greene. Methods to insure success; price 55c.

HOW TO WAKE THE SOLAR PLEXUS. E. Towne. Price 28c.

JUST HOW TO CONCENTRATE. E. Towne. Price 28c.

Self-Analysis

WHAT IS MY VOCATION? Marie Winchell Walker, M.D. Paper; price 55c.

RESULTS THROUGH SELF-ANALYSIS. Marie Winchell Walker, M.D. Price 55c.

FREED OUR MENTAL FORCES. Marie Winchell Walker, M.D. Flexible cloth; price \$1.60.

YOUR DREAMS: Their Psychological Significance. Chamberlain. Price 55c.

WHAT'S IN YOUR MIND? Vaidianathan. Paper, 98 pgs; price 55c.

Self-Development

JUST HOW TO CONCENTRATE. Elizabeth Towne. Paper, 32 pgs; price 28c.

OVERCOMING THE PULL-BACKS. Vaidianathan. Flexible cloth; \$1.60.

HOW TO CHANGE YOUR CONDITION. Vaidianathan. Flexible cloth; \$1.60.

FINDING HAPPINESS. Marlon B. Shoen. Paper; price 55c.

ATTAINING YOUR DESIRES. Genevieve Behrend. Flexible cloth; \$1.60.

THE MIND MAGNET. Paul Ellsworth. Flexible cloth, 158 pgs; price \$1.60.

LIFE INTERPRETED THROUGH COLOR. Myrtle Hodges. Paper; price 55c.

PRACTICAL METHODS FOR SELF-DEVELOPMENT. Spiritual, Mental, Physical. Elizabeth Towne. Flexible cloth, 160 pgs; price \$1.60.

MEMORY: HOW TO DEVELOP AND TRAIN. William Walker Atkinson. Cloth, 206 pgs; price \$1.60.

TWENTY MINUTES TO PHYSICALLY FIT. Wilburn H. Graves, M.D. Lesson form; price \$1.10.

MY PILLOW PRAYER BOOK: Alliterative Affirmations. Ella C. Waterhouse. Artistic, 2-color printing, 78 pgs; price 55c.

EASY WAYS TO MENTAL SUPREMACY. W. R. C. Latson, M.D. Flexible fabrikoid; little Sun-Book; price 55c.

MEDITATIONS FOR LIFE AND POWER. Florence Morse Kingsley. 55c.

RENEWED LIFE FROM THE SUBCONSCIOUS. 10 Lessons. Vaidianathan.

HOW TO REMAKE YOURSELF THROUGH APPLIED PSYCHOLOGY. Ellnor S. Moody. Paper; price 55c.

HOW TO BE A GENIUS. Wattles. Pocket size, fabrikoid; price 55c.

HOW TO STUDY THE BIBLE. Elizabeth Towne. Price 10c.

YOUR WILL POWER. Charles Godfrey Leland. Paper, 110 pgs; price 55c.

THE FRIENDLY HUNCH. Virginia Lind Buquo. Paper; price 55c.

When ordering publications ask for the Prosperity Seed Plan—FREE

Order of THE ELIZABETH TOWNE CO., Inc., HOLYOKE, MASS.