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The opinions expressed in this magazine do not necessarily
reflect the policies of The Theosophical Society.

EDITORIAL

A BETTER WORLD THROUGH LIVING THEOSOPHICAL IDEALS

"Theosophy is a Philosophy, while Christianity is a life to be lived.

This statement was made by a friend during a discussion on the kind of religious education that should be given to the children of Theosophical parents.

But, is not Theosophy, too, a life to be lived?

So often Theosophists are accused of being impractical.

"Your philosophy is so beautiful", say inquirers, "but it is so high up in the skies. After all, we live in a practical world and if we are to be successful, we must keep our feet on the ground."

Theosophy can justify itself to a skeptical world by its Ideals, and the practical application of these Ideals is highly valuable in every phase of living. An understanding of their application to education and family relationships cannot but help elevate these two important social organizations.

But before considering the Theosophical Ideals, we must first understand the basic concepts which form the foundation stones of Theosophy.

The first of these foundation stones is Intellectual Liberty. We believe that every man is a reflection of Divine Wisdom. He may have lost conscious contact with his Divine Self due to the illusion of the reality of the dense matter that surrounds him. If he is to rend the veil of illusion and climb to his true stature as a living, spiritual Intelligence, if he is to realize his divine possibilities, he must have complete freedom of intellect. True, he will travel through Life's by-ways for many, many lives before he develops the capacity to grasp the Truth of his Divinity, but his own incapacity to grasp must be the only check on his intellect. No other person has the right to stand in the way of another man's intellectual freedom. We believe that every man should be left free to search his own Truth, and our common bond is not a common belief but a common desire to find Truth and live it. We might call this first idea the keystone of the Theosophical Society.

The second foundation stone of the Theosophical Society is the one which makes ours a practical philosophy -- a life to be lived. We place before man the three objects of the Society and know that these three ideals, if he has developed the intellectual capacity to grasp them, will inspire him to a nobler life; that these three Ideals alone will be his guide posts and he will have no need for narrow creeds and dogmas. Because man is fundamentally Divine, we know that if we help him to see the beautiful, the good and the true he will appreciate them and so strive to follow them.

These three Ideals are expressed in the three objects of the Society

The first Ideal is the belief in the Brotherhood of Humanity; the second Ideal is Tolerance - the kind of Tolerance which respects another man's convictions although they may differ from ~~his~~ own. The kind of Tolerance which prompted the philosopher to say: "Although I cannot agree with you, I would give my life rather than deprive you of the privilege of holding your opinion."

We can grow in this kind of Tolerance through a study of comparative religion, philosophy and science.

The third Ideal is Right Knowledge. It means the understanding of a science which considers the superphysical side of Nature as well as her physical side. A science which investigates the latent powers in man as well as those powers which modern science has discovered.

These three - Brotherhood, Tolerance and Knowledge are the Ideals of the Theosophist. It is our efforts to perfect ourselves through the practical application of these Ideals in our daily lives that keep our feet on the ground. Although we do occasionally rise to the skies during those precious moments of contemplation in order that we may gather inspiration to help us live these Ideals more perfectly.

If we are to give our children the opportunities for Spiritual development which is their birthright, we must try to apply these Ideals to our own daily lives.

While these Ideals are interwoven into each other, and it is almost impossible to speak of one without touching on the other, I would like to dilate particularly on the first Ideal - Brotherhood, and show how it can be applied to our daily lives, in the home and in our relationship to our children.

So often Brotherhood is interpreted to mean equality. Yet, looking about us we see so much evidence of inequality that without understanding, life appears to be an enigma. I do not mean social inequalities, for it is within the power of men to change them. But there are so many natural inequalities which bind man and of which he seems to be so innocent.

If we could place ourselves at the Gateway of Birth, we would be more keenly aware of these natural inequalities. One soul goes into a body of great beauty, health and grace. Another goes into a form sadly misshapen, polluted with disease, perhaps deprived of the privilege of seeing the beautiful manifestations of God on the physical plane. One shows the purity and devotion of a Saint, another displays the qualities of a criminal.

Such inequalities of Nature are apparent all around us. We cannot hide this fact from our children. Nor should we desire to hide them. They grow up among these differences. They must learn to associate with all these products of mankind and to do so successfully they must be taught tolerance and the right meaning of Brotherhood. Let us not delude them with words that have no meaning. Let us not expect them to believe that all men are born equal when all about them they see Nature denying that equality.

Let us teach them the true meaning of Universal Brotherhood. The fact that the Divine Life is immanent in every one of us. God lives in all that exists. There is no other life than His.

"How then", you may ask, "can we explain the apparent inequalities of Nature?"

There is only one way to supply the answer to these inequalities and that is by understanding the Truths of Re-incarnation and Karma. When we understand them we can accept the Brotherhood of Humanity. We see humanity as a great family and just as in the family we have the older, the younger and other members of various age groups in between, so in the human family we have members of various ages. Some are old and wise, some are young, ignorant and very foolish.

In these troubled times, we pray that we might make the world a better place for our children than our predecessors have made for us. We believe that a free world where every man, woman and child will be given social equality, without class distinction is the highest ideal. We sometimes fail to realize that the difference of inborn capacity is of far greater importance than social equality.

Remember the man in your acquaintance who was given such wonderful opportunities? Yet he seemed to let them slip through his fingers, sometimes without even recognizing them. Then there was that other friend. An opportunity came toward him and he leaped to grasp it. Do you see that the difference between these two was a matter of evolutionary growth?

We should certainly work for a social system which would provide equal opportunity for all, but we must realize that the capacity to use the opportunity must depend on man's evolutionary development.

We must teach our children this Truth if we expect them to develop the tolerance and understanding which are so necessary for those who will lead humanity to peace. The education of our children should be geared in this direction.

Education should develop the child's particular faculties and make him useful in his future life to his community and to his country.

When we view the child in the light of Theosophical teaching, we see an ego perhaps highly developed, in a feeble body. Our duty is to study him, try to understand him and help him to grow and find himself. We should seek to give him opportunities to develop his latent capacities rather than impose methods of development on him.

In her book, MALE AND FEMALE, the noted Anthropologist, Margaret Mead, shows very clearly the effect that imposed methods of development have on primitive cultures. Each tribe has its own particular codes, and their offspring are made to fit into a ready-made pattern.

Weston LaBarre, Associate Professor of Anthropology, Department of Sociology and Anthropology, Duke University, stated in an address a few years ago:

"Whether he knows it or not, man has the key to his own future evolution in his unwitting and unready hands, for through

anthropological and psychiatric knowledge and control of the bringing up of our children, we are potentially able to shape almost any kind of human personality which an increasingly integrated world would seem to require."

As Theosophists, we know that the child is an eternal Spirit with powers and capacities running into an individual growth, and that Real Education must recognize this Truth. Our task is to give him the knowledge he seeks, in the way he seeks it, thereby aiding the awakening of his intelligence and his interest. In this way we arouse the attention of the ego, thereby inducing him to put himself down into his new bodies.

The child does not usually bring well-developed capacities with him. He brings with him the germs of faculties that he is going to develop during life. Some of these are emotional faculties and some of them are mental faculties. Some emotions will make for happiness and some will make for misery. They might be called germs of vices and virtues. These must grow and they begin their growth during the early days of infancy. If we surround the child with good influences, if all who come near him are pure in thought and loving in emotion then those influences will play on the germs of good thought and emotions and help them grow and the evil seeds will be starved out.

Child specialists are becoming more and more aware of this truth that the child's early education is not by books and words but by the silent influences of the thoughts and emotions of those elders by whom he is surrounded. That is why it is so important for mothers to have emotional serenity both during the period of gestation and early infancy.

The ordinary father and mother do not realize the effect of their unseen influences on the child. When he is naughty, they do not stop to ask themselves: "Have we been irritable or impatient? Have we been anxious or worried? If so, then we are to blame. We have aroused the germs of anger in him."

They do not realize that the child's little acts of naughtiness are but reflections of their more serious faults. Then they punish him for the very faults that they have caused!

Juvenile authorities are frequently confronted with the problem of treating delinquent children who are the products of the so-called "better homes". Very often such children, often no more than 10 or 11 years of age are guilty of atrocious crimes. Investigation often shows that their fathers are of the professional class, their mothers are active club women. They are supplied with every physical convenience. Why do they tend to a degraded life of crime?

Good homes? No, they are not being given good homes. They are given good houses but their home life is often a sorrowfully baseless fabric of vision, a nightmare of existence because their fathers are too busy climbing the ladder of financial success and their mothers are too busy climbing the social ladder to take the time necessary to get acquainted with their children and give them a haven of love and security.

The child's bodies are the Shrine of the Holy Spirit. We have no right to make his life more difficult and less noble because we yield to ignoble thoughts and desires. We make his whole future life more

difficult because we are not living our best.

When parents realize the tremendous responsibility of using aright the influences they wield over their children, they try to improve their own characters for the sake of their children. The children stimulate their parents to nobler living, and the father and mother grow purer as they try to guide their children. In this way, the Theosophical Ideals mold the home.

Before these Ideals can be clearly grasped, it is necessary that men and women have the proper attitude toward each other. The war between the sexes has by no means been won. In fact, it isn't a winning war. Since male and female are two sides of the same coin, it is only by understanding the male and the female principle and the necessity for both that we will ever evolve beyond the ridiculous relationships that have existed and are still existing between men and women.

From the tragic extreme of the male using his power to enslave the female, regarding her as his chattel, believing that his physical strength makes him her superior, we are going through an equally preposterous notion today in the attempt of some women to domesticate the male. There is only one solution of this extreme behaviour between the sexes and that lies in the understanding of the true relationship between men and women.

In individuals who are highly advanced, we find that the male and female parts of their nature tend to come together, to reach a balance. Hence, we see women who are exquisitely feminine with the God-Mother qualities of understanding, compassion and intuition, with the quality to create harmony and order from the most chaotic circumstances, but also exhibiting the God-Father attributes of strength, courage and that quality of one-pointedness that enables them to initiate a program and carry it through to a successful conclusion. We see men who are highly advanced in whom the balance is also approximated. So, in men and women who are highly evolved the eternal poles tend to merge.

But, at the other end of the ladder, we meet the younger brothers and sisters of humanity. Men whose natures are very brutal, very domineering and women who are weak, willy-nilly and negative. That is the other extreme.

In between we find all the variations of the positive and negative dominance in both men and women. In some women, the positive qualities far outweigh the negative so that they are very masculine in their approach while some men are preponderantly negative in their characteristics and tend to express the feminine attitudes in their approach.

You see, the male body is not any more the exclusive channel for masculine or positive qualities than the female body is for the feminine or negative ones. We all know that some of the worst, the most blood-curdling atrocities of world war II were performed under the direction of women whose natures were as brutal as the worst savage.

This fact can be readily explained through the teaching of Reincarnation. It is necessary for the ego to take incarnation sometimes as a man - sometimes as a woman in order to gain the experiences of both poles. If the female body has been used for four or five lives,

it is quite understandable that the emotional and mental natures would not change quickly to adjust themselves to a male physical body and so for that incarnation we would find the preponderance of feminine qualities being expressed in a masculine physical form.

An understanding of reincarnation should also dispel any resentment of the sexes toward each other. There is the female class that doesn't like men. Then there is another class of women who are all bent on being men. They're frank to admit that they resent their womanhood and they want to interpret equality between the sexes to mean identity. While they would probably be the last to admit it, there is a strong feeling in the back of their minds that men are just a little superior to women and they find themselves frustrated at the thought.

There is no greater and no lesser between men and women and there can never be identity. No well-adjusted woman would desire identity. There is a difference and there must be a difference in order to produce the balance between the poles. Their differences make the two halves which result in the complete whole.

And so we see that in all activities, the interests of men and women while being different are dependent upon each other and so inseparable. When men and women realize their true relationship toward each other, neither will seek to dominate the other for they will understand their dependence on each other. They will realize that by uniting their consciousness, they can attain their highest aspirations and can achieve both earthly and spiritual progress which neither could ever attain alone.

In this way we, as parents, can apply Theosophical Ideals to our daily lives. If we spread these ideals among our neighbors, if we share with them these ideals instead of keeping them just for ourselves, then all the threads of these Ideals will gradually be woven into the fabric of the Nation, for it is thought that builds Nations just as it builds individuals. As these thoughts are worked out in the social structure of our Nation all the problems of the day which threaten the realization of Brotherhood, Tolerance and Right Knowledge will disappear.

Marie J. Hayes
Editor

My Baby's Tracks

I ponder as I see your infant footprints
Implanted in the mud by playful feet,
What sort of paths your little toes will travel,
What tribulations will there be to meet.
Will you be indolent, or swift and carefree?
Will you lead a life of usefulness?
Or step the dismal road of failure,
Or walk the glorious highway of success?
Will you be kind, courageous, true and loving
Or will you live for pleasure, power and pelf?
I smile and know the answer to my musings
Depends so very much upon myself.

-- Evalyn R. Hathaway
(Glenmont, Ohio)

Invocation

TO THE GUARDIAN DEVAS OF THE HOME

Geoffrey Hodson
(Auckland, New Zealand)

Hail, Guardian Angels of the Home!
Come to our aid,
Share with us our work and play.
Be with us that we may hear your wings,
And feel your breath upon our cheek;
Come close, and sense our human love.

Take our hands in yours,
Lift us for a while
From the burden of this flesh.

Grant us to share with you
Your wondrous freedom throughout space,
Your vivid life in sunlit air,
Your great intensity of joy,
Your unity with Life.

Help us so to work and play
That the time may be brought near
When all our race shall know you well,
And hail you brother pilgrims
On the path to God.

Hail, Guardian Angels of the Home!
Come to our aid,
Share with us our work and play,
That the Life within may be set free.

Extracts From

THE BROTHERHOOD OF ANGELS AND OF MEN

A Book By Geoffrey Hodson

.....They (the angels) ask those who would invoke their presence, to concentrate the whole of their faculties on the development of the qualities of:-

Purity,
Simplicity,
Directness and
Impersonality,

as well as on the acquirement of knowledge of the great Plan whereby the spiritual, intellectual and material constituents, composing alike

man and the universe, maintain the ordered march of evolutionary progress. In this way the fundamental basis of every human activity will be the teachings and doctrines of that Divine and Ancient Wisdom which has always reigned supreme as the directing influence in the councils of the angels.

The special divisions of the angel host with whom cooperation would be immediately practicable and beneficial are:-

The Angels of Power,
The Angels of Healing,
The Guardian Angels of the Home,
The Angels who build Form, ever
 embodying archetypal ideas,
The Angels of Nature,
The Angels of Music and
The Angels of Beauty and Art.....

An Angel speaks:

".....So long as the presence of our invisible hosts is ignored by science there will be gaps in their knowledge, gaps which can only be filled by a comprehension of our place in the scheme of things.

That knowledge is not likely to be obtained by the use of physical instruments and, therefore, the second essential is an increase in the number of human beings able to contact us. Perhaps the easiest means of approach will be found to be through the love of nature. Those who would find us must learn to contact nature far more intimately than is at present possible to the average man. In addition to a deeper appreciation of the beauty of nature, there must be that reverence for all her forms and moods, for all her manifold expression, which springs from a recognition of the presence of the Divine of which these forms, moods and beauties are but the outward expression. From such an appreciation there will arise naturally a realization of the sacred nature of all beauty, and a desire to draw near to the divinity within. Beyond that again, a living sense of unity with nature must be reached, till you can see yourself in every tree, in every flower, in every blade of grass, in every passing cloud, and realise that the manifold diversities which compose a valley or a garden or a wide panorama of mountain, sea and sky, are but expressions of the One Self which is in you, of which you are a part, by means of which you can pierce the external veil of beauty till it can hide from you no longer the vision of the Self. When this realisation has been gained, you will be on the threshold of our world, you will have learned to see with our eyes and to know with our minds and to feel with our hearts.....

.....In the homelife of man a place for us might be found....Perhaps the most suitable method would be the provision of a shrine set apart and used exclusively for invocations and offerings to the angels. In all times of need, sudden crises, sicknesses, births, and deaths, the aid of the Angels would be gladly given, but the power would be greater and the presences more real if magnetised centres were provided in the home. A single object of great beauty, mentally associated with the angels and with nature, a bowl of flowers, freshly gathered every day, incense, the use of a short prayer or invocation each morning, and a benediction each evening, would suffice. Complete cleanliness, an atmosphere

of utter purity, and the single motive of cooperation for mutual help, are essential; while added to the simple ceremony might be an appropriate reference to the Founder of the religion of the house, and a prayer, perhaps, for His Blessing upon both angels and men.....

.....On the physical plane, the preparation and building of the form is your work; on the inner planes, we will combine with your superphysical selves in pouring in the life, in stimulating the inner growth, in the protection of the centre from intrusion, and in the conservation of the power generated.....

.....The essential factor for success in cooperation between us is the mental realisation of its possibility, and the continual recollection and employment of it, in the mental world, in every piece of work which is undertaken.

Anyone who will earnestly practise this will almost inevitably develop the power to realise the presence and cooperation of the angels, and their never-failing response to calls for aid.....

.....We would light a fire in your hearts that you may feel the glow of the same great flame that burns within us, the flame of divine life, that restores as it consumes, ever renewing its fiery power in the lives of those in whom it burns. That is the meaning of the angel life, this is the secret of the angel fire, the fire divine which burns continually; it is the flame which leaps from that immortal spark, our innermost Selves, which springs from the central fiery heart of the universe -- the Spiritual Sun.

All your faculties will be increased, and all your powers enhanced, till life becomes an ecstasy, till unsuspected beauty reveals itself in everything, till undreamed-of capacity for love, for life, for happiness, arises within you.....

.....Remember always that the ultimate source of power is in the idea, the power we use in manifested worlds is but the force emanating from and the reflection of the divine Idea. If this be true, then no delay can reduce its potency, nor any circumstance prevent its ultimate expression. Upon this knowledge should patience be based.

.....Discord and ugliness must vanish from the world; to remove it is our task and yours -- but yours first. Rewards are promised, even at the beginning of your task, for you shall hear such music, you shall see such beauty as will exceed your noblest dreams, when we come bearing our gifts to men.....

.....You, too, make pictures every time you think; you, too, make music every time you feel, and light and colour and form as well; and these things might shine resplendent and beautiful in your world, the beauty of their music might fill your ears. These things are all about you, modified, it is true, but you know them not. You do not live for beauty, your lives are not spent ever listening for a song; furthermore, you spoil your songs, your forms, your light, by greed and selfishness and vice. These errors would quickly vanish if you but heard and saw the monstrous sounds and sights that spring from them.....

.....All labour should be performed in the light of vision, and none undertaken until vision has been achieved. However well plans may be laid,

they will fail unless they are based upon vision. Vision is relative, and question of degrees. It is not fixed, but changes as the minutes pass and must therefore be renewed constantly. Vision is the contact of the small self with the great Self. It is the knowledge of divine ideas.....

.....Joy and work are synonyms in the land of joy. There is no joy without work; all work is joy; therefore, my brothers, when you work, remember joy. Try to make of your world a reproduction of the land of joy. Keep joy uppermost; flood your house with joy, your garden, too. Let joyousness pervade your neighborhood. Preach, teach, inculcate joy, set it upon high, hold it up before the eyes of men, become yourselves its embodiments. Thus will you bring the sense of the land of joy even to the earthly hearts and minds of men.

Cease to divide your world and work into compartments; train yourselves to see in everything an expression of the One...do all things as from a centre from which they are seen as one, as indeed they truly are. Thus will you give a new meaning to life.....

In Memoriam

On December 12th we lost one of our most valued writers, when death took our associate, Elsie Lillian Rutledge of Ojai, after a lingering illness. Although we shall deeply miss her unfailing cooperation and ability on our staff, we rejoice in her freedom during the holy Christmas season.

Among her many poems these few beautifully express her philosophy of life and her turning toward death as a release into a more glorious life:-- M.L.L.

THINGS ARE OFTEN LOVELIEST WHEN THEY DIE

Things are often loveliest when they die;
A golden sunset in the western sky,
The heavy scent of roses as they dry,
The sweetness of a love that has gone by,
The glory of a gentle soul who dies
Knowing he shall to paradise arise!

GOD

Thou art the perfume of lilies tall,
Thou art the surge of the tide
As it dashes with mighty rise
and fall,
Thou art the friend at my side.
Thou art the beauty of hills
of mauve,
Thou art the mine's deep treasure
trove.
Thou art the Path from me to Thee;
Thou art the love which sets
me free.

ASPIRATION

Beloved let me be for Thee
A living flame
With warmth and cheer for
all I see,
In Thy blest name.
O spread my beam thru ebon dark,
Till fusing with Thy mighty arc,
It shall bring light to those
who seek,
Until we meet at Thy blest
feet.

-- Elsie L. Rutledge

Meditation

Compiled by Elina D. Whittick
(Glendale, California)

When that consciousness within is attained - recognizing not that which man calls life, but the real Life of Infinite Being; that form which he contacts in consecration, religion or just simple observance of Reality becomes a thing of the past, for it too, is fleeting.

As we stand in the center of our being we should realize that there and only there can we touch the Light, or can Reality be revealed..... that the outer symbols are for children.

It is in kindergarten children are given colored toys and various articles through which they distinguish the different colors; to count and learn all that is necessary background for what they are to attain. When they are grown it is hard for them to realize they ever went through that form of education.

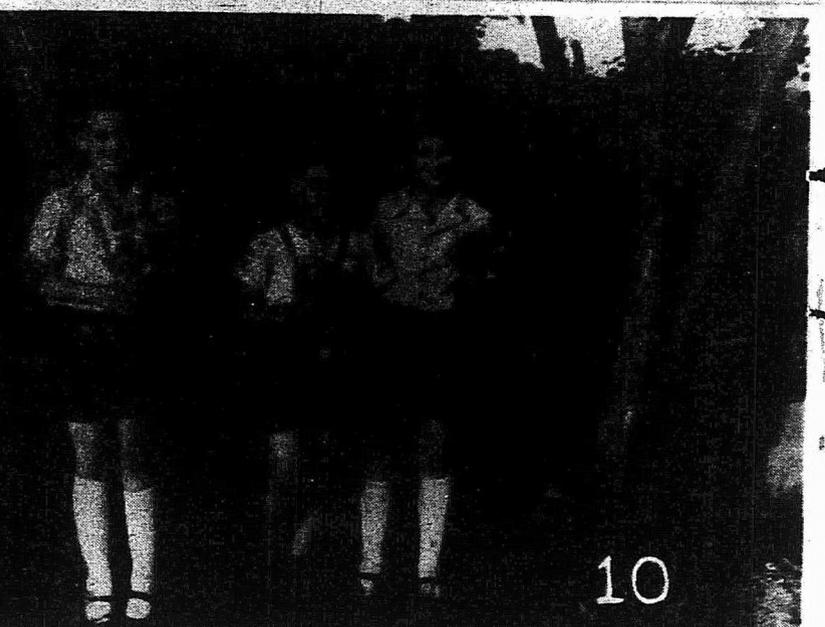
So with the disciple. The closer one comes to Spirit, the more the Beloved reveals His Own Reality. The forms through which the aspirant has come to this plane of attainment seem so useless. They have served their purpose, but now are outgrown. Then the outer life becomes one of simplicity. Worship (if so we may name it) of the Beloved becomes simplified, but much more real. For the simple fact that having one's goal That Which is Real, one does not need the fascinating non-essentials of the past.

True, it is interesting to know - one should know the various activities of life, though often they are excess baggage and often a hindrance. In fact, one finds one's path unhampered, with one's consciousness clear and eyes fixed upon the Goal, rather than to be carrying much that is of no use. Let us remember how we have been told that unless we become as a little child we cannot enter the Kingdom of Heaven.

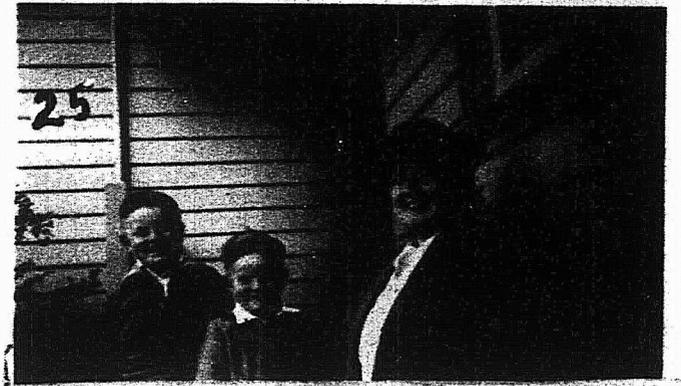
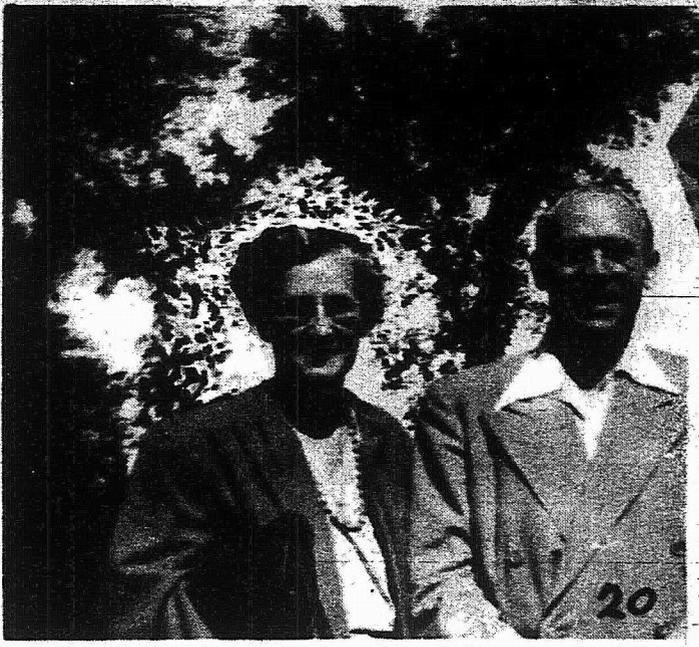
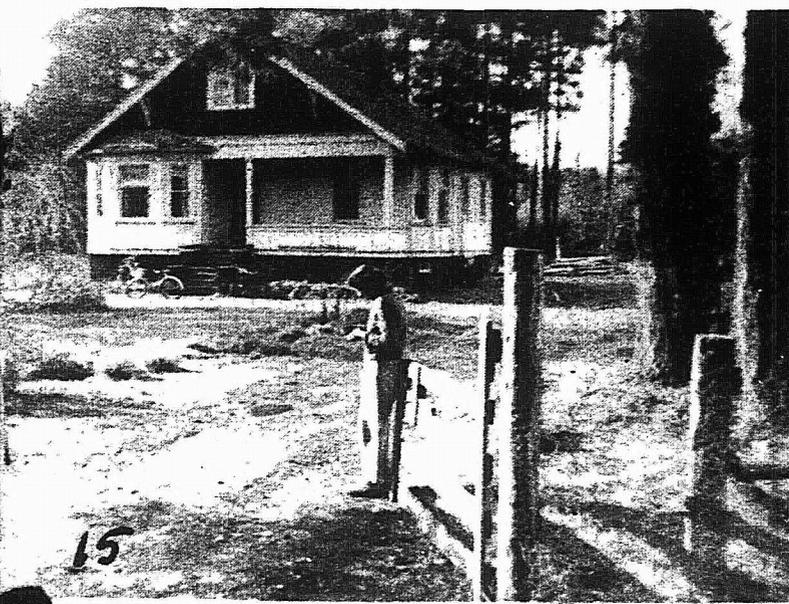
What Kingdom exists that is not within ourselves? There is no other Kingdom of Heaven, and it will expand and blossom in all its loveliness as we climb this Golden Stairway of Life, leaving the non-essentials and entering into the purity of Life Itself. It is this realization: that Life is always being active, creative - that gives a greater understanding of Love Itself.

In fact, acceptance and recognition of His wondrous Love are proofs of the awakening of the true Birth of the new-born King within us..... that Christ-light transformed into Love, universal in its scope, and also very personal in our contacts. No matter what situation occurs in life, if we only realize the tremendous Power of Love which supercedes all other Laws, we can clothe a person or a problem with It. Almost miraculously will the whole situation change and the desired Harmony will come into evidence. We should keep attuned to His Love, His Bounty and His Wisdom. Where there is peace we shall have balance, a clear mind, a pure heart, and an outer vehicle that reflects the beauty of the soul.

Although we may be in a state of becoming, through His Life we have, on all planes of existence, that Perfection which enables us not only to



"OUR FRIENDS ABROAD - and a few American workers and children. For names, please turn to pages 24 and 25. Photos pages 12 and 13



move forward on this Great Stairway of Life, but to harmonize every in-harmonious thought, every unbalanced emotion, bringing at-one-ment with the perfect Life of the Beloved. Love's effulgence is made manifest in our little world and radiates out to the great world at large, through our rich ideas and our understanding of His Gracious Law.

First Things First

Thoughts on the Processes of Procreation by a
"Natural Childbirth" Mother of Four
of Eighteen Years' Standing.

Betsan Coats
(Surrey, England)

I wonder whether many of the psychological disturbances of childhood and of later life are not due to leaving certain basic needs in the infant unfulfilled. Sacrifice means a wholeness of giving, and when the giving is complete does not necessarily involve suffering but rather the reverse. The relationship between mother and child is the mainspring of civilisation, and as such warrants the sacrifice that it demands. An animal mother gives herself wholly to her young and so doing finds her greatest joy. In natural surroundings her babies grow up without any psychological, and hence also without any physical disturbances, such as more domesticated animals develop when the course of nature has been tampered with. In the natural state the babies have an intense need of the mother for a specific period of time. During this period she is almost always closely available to them. They outgrow this period and become eventually completely self-reliant in a way only the few among human-beings succeed in becoming. Human-beings, perhaps, as a result of pride at being "human", have lost many animal powers they would do well to reclaim and which would not only sharpen their awareness but simplify their lives. Among others is the valuable, forgotten power of the mother to give herself up to the processes of procreation with one-pointedness and find deep satisfaction in so doing.

A female animal in her natural state desires impregnation at appropriate times; a woman can plan her family ahead and desire conception as one-pointedly as her little sisters of other kingdoms of nature. An animal is deeply content when pregnant and prepares for her babies with touching anticipation. Her body enjoys fulfilling its function and she does not suffer from early-morning sickness. A woman can allow her body its natural joy in its fulfillment, because although she is human, her body has its own animal nature which is wise and capable of great joy at its own level. Having desired and been blessed by conception, a woman can enter wholly into her pregnant state and enjoy it; spare herself morning sickness and savour contentedly the gradual changes that take place in her body, and like an animal, neither flaunt nor conceal her condition. Why, when most of her life a woman can be proud of her slim silhouette and waistline, should she not give herself up for a few months at a time to the other pride of carrying her child, surely a greater; and enjoy the assurance of his healthy growth that his vigorous movements and her increasing size indicate? There is no reason why she

should not be graceful however large she grows; as graceful as a ship in full sail provided she dresses with dignity.

Then, later, like an animal or a truly primitive woman, she can experience the engrossing satisfaction of labour, working up without fear or anxiety, to the supreme exaltation of the birth of her baby.

From now on, more than at any other time, she needs to be one-pointed, for only a few months. Like the mother animal, she needs to be available to her babe, to satisfy his longing for her nearness and his desire to feel that her breast is his property. I believe that in infancy every baby should have a time every day when he can lie close to his mother, both naked, to cuddle and play with her and have a little suck when he chooses. Then she becomes truly his mother to him, her breast his source of comfort which is there for his satisfaction and security. Especially when mothers are unavoidably busy women is this period of closeness necessary. By sucking, or not sucking, as he chooses, as during this time that he lies beside her, he develops self-assurance and a sense of being a capable individual.

When baby animals are frightened, they run to their mothers and suck. In so doing the emotional scar of the fright is obliterated by the comfort of sucking. A human mother's breasts fill to overflowing when she hears her baby cry. Is not this a natural indication of the baby's right to comfort? In the comfort and warm flow of his mother's breast all memory of fear is washed away. How many psychological complications that appear later might not be averted if mothers felt free to give their breasts whenever their baby's need arises, no matter where they may be. In oriental and latin countries mothers of humble station have no false modesty about this and nurse their babies in public vehicles and in the street. They have fewer psychological troubles. A hungry baby can wait without harm for a while; but not one that is frightened or disturbed. We need pioneers along this line in the U.S.A. and the English speaking countries, badly. With the help of scarves it can be done discreetly and without exhibitionism; in France they sell a bra with a detachable cap over the nipple for easy unflinching nursing when spontaneously demanded, although great care must be taken that he does not over feed, if he sucks off his own self established schedule.

Young mothers, put your baby's need first! Be brave! Pioneer! In these days of scanty bras on beaches, a baby feeding at his mother's breast should not shock anyone. If he does, it is a glaring example of wrong values. The comfort of his mother's breast is more essential to the baby than ever before in this modern world of unusual tensions and unnatural surroundings. The clanking of doors and the pressure of people in public vehicles, should they alarm him, should be obliterated from his mind by the bliss of sucking. The terrifying sound of a siren in the street may frighten him — A minute or two of sucking will restore his serenity. In a little while neither the clanking nor the siren will disturb him because his world remained secure; he had just nestled against his mother and found his heaven at her breast.

All this, if she gives herself to it, should give the mother the deepest joy. Just as she enjoyed his healthy movements within her when she was pregnant, so will she delight even more in his vigorous sucking while she sits quietly in her corner of the couch. Of all those traveling she will feel herself to be the most privileged and peep down beneath her scarf at her lovely babe happily pressed against her breast.

Moreover, her fellow passengers will thank her for sparing them his cries. Wash all possible emotional and mental scars away from your baby's consciousness before they have left their mark, with your own ever ready milk, and see him grow later into an independent person who does not cling to your apronstrings as a child, nor worry you as an adolescent, but who grows into a fine, stable, selfreliant adult.

Observe animal mammals in their wild state, if you can, or read about them, for they are cleverer mothers than we are; and in their own way, more wise. They put first things first.

HOW I TAUGHT MY CHILD ABOUT SEX

Inez Collins
(Okolona, Mississippi)

As soon as my children were old enough to walk about, they followed me in the garden where I planted flower and vegetable seed. They loved to help open the little furrows, drop in the seeds, and cover them with the loose soil. It took very few words to make them understand what we were doing and they eagerly watched for the sprouting and growth of the plants, and had visions of the day when there would be blossoms or vegetables. They learned thus that living things come from planted seed.

With much pleasure they observed a mother hen with her newly hatched chicks. They saw baby chicks breaking out of eggshells. It took few words to make them understand that the chick had grown in the shell from a seed that had been planted in the hen's warm body by the rooster. They observed the mating of roosters and hens and understood when they were told that the rooster plants a seed that had formed in his body. After it is planted in the body of the hen the seed finds its way into an egg which is the best place for the seed to grow because God has planned it that way. Long before that the children had learned by observation and explanation how the hens laid the eggs. They were told the hen had to sit on the egg after it was laid to keep it warm so the seed in it could grow into a baby chick. The mother hen kept the eggs warm with her body and feathers because she wanted baby chicks to love. The children observed how the mother hen kept the chicks warm after they hatched until they were able to keep themselves warm with feathers of their own.

Later the children were thrilled to see newborn calves kittens, and puppies. It took few words to explain that the baby calf had "grown up" inside the cow's body in a large soft-shelled egg that broke or "hatched" inside the cow's body; and the mother cow "laid" the calf out first and then the soft shell (afterbirth). It was explained that the cow didn't have feathers to keep her baby warm so she carried it in her body to keep it warm until it grew big enough to keep itself warm. The children observed the mating of cows and quickly understood that it was "planting a seed" to grow a baby calf. The child understood that this was a desirable thing because calves were wanted on the farm.

My son understood these things well when he was five years old and before another baby was expected. I told the child daddy had planted a

seed so we could have a baby to love; and that it would "grow up, hatch, and be laid" like the calves and kittens which he loved. His joyous anticipation of the coming baby completely overshadowed his curiosity about the planting of the seed or the new words he had learned -- "giving birth. After the baby was born he broke the news to a neighbor: "Mother has a baby girl." The neighbor, with great affectation of surprise questioned, "She has! Where did she get that?" My son in calm unashamed simplicity replied, "She laid it."

Some neighbors thought my method of teaching the child shocking, but after eighteen years I still think it was satisfactory -- for it satisfied his needs and nothing that I ever told him later and nothing he ever learned later caused him to think that I had been dishonest with him. The children feel that they can ask me for the truth and get it and we will not be ashamed to talk about it. They learned the truth naturally; it was not forced on them nor withheld too long until they developed the morbid curiosity about it which is caused by cloaking it in secrecy.

After my children were some older, but before adolescence, one of them read in a daily paper an account of a baby having been abandoned by its mother. It touched my child who asked, "Why did the woman have the baby if she was going to throw it away?" Then I explained to her that mating gives a pleasant sensation just as eating food is pleasant to us when we are hungry. And the mother had indulged in the sexual intercourse for the mere pleasure of the act without wanting a baby.

Then I explained that when boys and girls get to adolescence they have a desire to mate and enjoy the pleasant sensation. And many young people do indulge in it thinking they will outsmart nature and enjoy the act without bringing a baby into the world. But it too often turns out that the unscrupulous persons are the ones to be outsmarted, as was the case that the child had read about in the paper.

I explained that God intended us to have sexual desire but he intended also for us to control it just as we control our tempers or desires for other things that are not lawfully ours. We like to eat but we don't eat just all we can get just anywhere we can get it or it would ruin our health. And it is so with mating. Children like to run and play but if they run all the time they will not have strength for other necessary duties; and so it is with our sex force. Mating takes strength from our mind and body. If we waste our mental and physical strength in over-indulgence in mating we cannot be as strong in body nor as quick to learn, think, and solve problems.

About the time of adolescence the children were taught: "thou shalt not steal; thou shalt not kill; thou shalt not bear false witness;" and they were taught, also; "Thou shalt not commit adultery." For adultery, like stealing, killing and lying, bring a very undesirable effect in the life of the individual and in society, and is contrary to God's law and will for us. The person who commits adultery becomes callous and incapable of ever loving as deeply and with the same joy and satisfaction that the virgin maid and virgin youth do. Adultery spoils the possibility for the greatest happiness in married life. A limited amount of water spread over a wide area can never run so deep as if it be confined within narrow banks, so it is with our sex force and love. Also, a rosebud that is forced open before its time can never come to the fullblown beauty that would have been.

The place of the sex functions in the scheme of life are too long regarded as ignoble and unworthy of the attention of the child. Perhaps adults have been ashamed to teach children about sex because they have been guilty of misusing the sex force. Or it may be because they, in their childhood, learned about sex in a vulgar way and so have ever since regarded it as something vulgar. The sexual intercourse is a part of God's plan for parenthood, and the happiness and joys that come from being parents far exceed the fleeting thrill of the sexual intercourse. The sex act should be regarded as a means to parenthood and not as an end in itself, hence, something divine. Then how can we think it too ugly to speak to the children about?

We read much about whether sex should be taught in schools. Basic sex instruction should be given before the child is old enough to go to school. By the time the children are old enough to enter school they are already learning about sex in one way or another. If it is not being rightly taught them, they are most likely getting it in a vulgar way from other children who have not been wisely taught. The schools do not provide the natural setting where the child will have concern, interest, and love for both the mother and offspring. Such love for the baby and its mother's care for it counterbalance the interest in the physical act of mating when such instruction is given early enough.

Even though parents live in cities, it is few of them who could not help children plant seeds in flower pots, watch them sprout and grow, provide a few chickens to lay eggs and hatch chicks, and cats to have kittens. Or the parents could carry children to visit on farms where reproduction of animal life could be observed and so teach them how things are born and make it easier to tell them about human births and the acts leading up to it. We go to great expense to teach children geography, civics, music etc., and none of these is more important in the child's life than sex. Couldn't we go to a little trouble and expense to teach them that? Later on and in school they might well learn the details of the sex function when studying physiology or some such subject where the sex function naturally fits in.

On Intuition

It is the privilege of educators to hasten the development of intuition for more individuals than the few who now seem to enjoy it. It requires the kind of education quite within the jurisdiction of educational institutions. As an objective in education it includes most of the other goals. First of all there must be more definite attention given to greater emphasis upon character development, upon nobility of aims and of living. The creative imagination should be fostered much more generally than it is today; also the sympathetic imagination that enables one to feel and think as others feel and think. The universally human instinct of curiosity should be carefully nurtured so that the mysterious workings of the One Life in the world of Nature may fill young and old with wonder and reverence. Thus may educators hasten the day when the misery of mankind will disappear, for with intuition we "shall know the truth and the truth shall make (us) free" -- free from ignorance and selfishness.

-- Julia K. Sommer, formerly
Director, Theosophical World
University Association.

Those Teeming Teenagers

Agnes Jackson
(Vista, California)

Yes, they are so teeming with new ideas and new feelings that it is much like a hive of bees swarming. If you interfere with the swarming, you are very apt to get stung.

It isn't control they need so much as it is understanding and direction. If the young man bursts forth in a volley of oaths in a home where oaths haven't been used, don't get excited. He has been with a group of masculine friends whom he admired and that is the way they talked. If he expresses himself in vulgar language that is shocking to a mother's feminine nature, don't think he has gone to the dogs. If not interfered with, he will be the first one to be disgusted with himself.

If he gets up some morning and says to his mother: "I have taken all from you that I can stand! I am going to join the Marines," don't go off in the corner and cry because you feel sorry for yourself. Rather reply: "I think that's a good idea! But you've a year to go before you'll be old enough so you can start preparing yourself so you'll be sure to pass the examination!"

If he is studying psychology then you will learn that you have a "Dictator Complex"; you will be accused of everything from sex repression to over indulgence and above all, you will be accused of giving all of your children a "Mother Complex".

If Jane Ann tells you she has a date with a nice boy you know and you are certain she is not telling the truth, never let her know. Accept her statement for a fact. The next day when the boy calls and you answer the phone and ask, "Who is this speaking?", if he replies, "Allen Gray, the boy she was out with last night," just answer, "Oh, yes, of course, I didn't know your voice. Come over and see us soon, Allen."

When Jane Ann comes home tell her: "Allen Gray called today to say, 'Hello'. He seems like a nice boy."

No doubt she will answer: "Oh, Mother, I told you I was going with Joe because I was afraid you wouldn't let me go out with a strange boy."

You may have just put up new curtains and drapes and had your rooms re-decorated then go away on a visit. You come home to find the windows bare, pictures down, books out of the cases and your darling daughter with a can of paint and a brush. You are ready to go into hysterics but please control yourself. Stay as calm and sweet as you can under the circumstances and, no doubt, she will explain that she 'just couldn't stand the old-fashioned look of this house any longer.' She just had to do something about it.

After the little lady began to study psychology, her father tried to talk to her. Her answer was: "I know what is the matter with you Dad. You are having change of life."

If you have a certain church, philosophy or mystic teaching you can be almost certain that at some teen age period your off-spring is going

to turn against it. He or she may even be determined to join some other church. Let them do it. It won't hurt the church even if they decide to leave it later, and they will learn much while there.

Just put on gloves, wear a veil over your face and be cooperative, kindly and understanding and you will eventually hive the bees and they will settle down to making their own honey.

FROM THE EDITOR

Mrs. Jackson's philosophic advice in the foregoing article strikes a note of encouragement to those of us who are working or living with teenagers.

College instructors lament that every year the freshmen are getting worse. "What", they ask, "are the high schools doing to them?"

Then one instructor facetiously explained, the high schools say, "Don't blame it on us. It's the Junior High that does the damage."

Junior high retorts, "We do the damage? You should see what we get from the grades. They don't know a thing when we get them."

The intermediate department laments, "What can we do? They just haven't had the right foundation. It's primary department that's to blame."

The primary department indignantly points its finger and says: "Look at their homes, their pre-school training. That's where the blame lies."

And finally the mother throws up her hands in despair and says: "What can you expect, look at their old man."

And that, dear friends, is the proverbial 'passing of the buck'. Where does the fault lie, if fault there be? Or, are they passing through a transitory period as Mrs. Jackson suggests? If so, why do teachers who have had years and years of service agree that the new groups coming into college are getting worse every year? Worse in the fact that they are so irresponsible, so immature. Does the fault lie in our educational system? Do we keep them in diapers and training pants until they're through high school and then overnight expect them to act like adults in college?

They're so insulted if they have to study for themselves. They're insulted if they have large amounts of outside work to do. They're insulted when they're given a test and they're insulted when they fail. Who do they blame? The teacher, of course. It couldn't be they! Yet they are a loveable bunch. I have faith in every one of them. Perhaps they are not so different. Perhaps they are products of an age of depression and war, for that is all they have known since their birth!

We would like to hear from our readers on this point. Those of you who are mothers of teenagers and those of you who are teachers in high school and college. Have you been confronted with the same problem? How have you solved it? --- Marie J. Hayes

Some Vital Statistics

32 MILLION BABIES DID IT

Through an oversight the following, from our local daily, was not printed in our Fall issue. We hope it will still prove instructive to our readers:

"In the 1940-50 decade, more than 32 million American babies were born. Population experts studying the '50 census figures now are beginning to believe that the changes in our national life caused by this influx of infant population were so profound that the course of our history will be altered through years to come.

"Nineteen Forty Nine's all-time record of 3.9 million births may be nearly equalled or even exceeded this year.

"Here are some of the surprising facts about our present population situation:

"Sixty-seven percent of all Americans more than 14 years of age are now married, 74.6 millions of them. Never has there been so high a percentage. Sixty years ago only 53 percent were married.

"Women, who live five years longer on the average than men, now are in the majority in this country and likely to stay there.

"We have fewer people living on farms. The outlook is for larger farms, with a still smaller percent of the population required to operate them. City populations are barely holding their own. The great increase is to be found in suburban areas. That's evident in this county (Ventura, M.L.L.) and true generally across the country.

"The recent increase in the fertility of American women shows an interesting new trend: The fertility of women with college educations increased 77 percent; that of high school graduates 48 percent; that of women with only grade school education 24 percent.

"Our middle-age population remains about the same. The big gains are in children and oldsters.

"When the babies born in World War II reach the marriage age there will be another marriage boom, followed by another baby boom, the experts predict, with such waves continuing for several generations.

"By the time you analyze all the likely results of these amazing alterations in our national make-up you will probably find yourself agreeing that the history of the next 50 years, at least, will be quite different from what it might have been had our growth come to the halt that the statisticians, just before the war, were predicting for a fairly early date." -- From the Editor, Ventura County STAR-FREE PRESS, Official Newspaper of the City of San Buenaventura, August 30, 1951. (Note: To those interested in the Ojai Valley, Ventura is the County seat, about 15 miles from Ojai, California) --- M.L.L.

From the Director

OUR BABY BAZAAR

We are happy to announce that permission has been granted our Group to hold a "Baby Bazaar" during the forthcoming Olcott Sessions to be held next summer at the Theosophical Headquarters at Wheaton, Ill. Last year we had no actual Bazaar, although a few garments were received and sold by Mrs. Elise Staggs. We hope to receive far more baby things for a real Bazaar this year. Our friends here in Ojai are even now knitting things during Lodge meetings for our sale. Some are making colorful kimonos and nighties. Mrs. Catherine Mayes has donated some cloth animals and Mrs. Nola McGarry of Tucson, Arizona has again sent us a cuddly white woolly dog as she did last year. If all our mothers could impress their fellow Lodge members with the importance of helping us in this way to raise money to cover our publication expenses, they would receive our undying gratitude.

Mrs. Elise Staggs, of Krotona, Ojai, California, has charge of this BABY BAZAAR, and she urges all who would like to help to kindly write to her for particulars. (Those fathers among us might donate some money to buy the flannel and yarn!)

SOME NEW BABIES

Mrs. Mary D'Amico of Chicago, in her Christmas message, enclosed a recent snapshot of her youngest child, Antonio (Tony) saying:

"In the picture Tony is wearing a sweater which I purchased last summer from the Mothers Booth at Convention. Many times I have thought how I would like to know who knitted such a nice blue sweater so I could thank her. I know much thought and good feeling went into it. If you should know who she is please thank her for me."

Mrs. D'Amico also reminded me of the talk I gave in Chicago one summer evening in 1949 to nearly a dozen expectant mothers, on the subject of Natural Childbirth, and has reported the following news concerning them:

"Vera Samuels has a lovely little girl, 16 months old, Mrs. Esther Cuntz has a boy 1 year old, Mrs. Regina Ward, now living in Topeka, Kansas, has a new baby girl. Mrs. Richard Chesrow had her 6th baby in the past fall..." (and little Tony is 15 months old).

We are printing Tony's picture in this issue, along with one of his mother (holding the infant Tony) and sister, as well as a picture of his godmother, Anita Chesrow and four of her six children. Tony's big sister, Regina (Gina) is standing with the Chesrow children.

We are indeed happy to hear about the sweater. I remember a particularly lovely blue sweater coming to us from Mrs. Marie Aronson of Krotona. If anyone ever could put love into her knitting it would be "Malya"!

We are always happy to learn of the growth of "our babies", for most of them are "natural childbirth" babies, and ALL of them received the special prenatal care suggested by Dr. Grantly D. Read, and the exercises as printed in the booklet "Relaxation and Exercise for Natural Childbirth" by Helen Heardman.

P.-T. A. WORK

We learn from our Parent-Teacher Association leader, Mrs. Marie Forstey, of Buffalo, New York, that she has been distributing a number of our maternity booklets not only among the young people and new grandmothers of her Lodge, but to her P.-T.A. associates as well.

She writes that a group of some 25 mothers have been attending a course on "Family Life Hygiene and Sex Education" sponsored by their Board of Education. It is an 8 weeks' course and the first thing of its kind to be offered by the School Board of Buffalo as a service to the mothers of that city. Several other schools (P.-T.A. groups) are planning to start similar classes this winter, and Mrs. Forstey, whose work deals with the 45 P.-T.A. groups in Buffalo, plans to keep us informed of the highlights of these classes.

Mrs. Forstey has reported that marital relationships were discussed as well as sex education for children. Dr. Grantly Dick Read's method of childbirth was also explained to the group and the women were convinced of its value.

The women were asked to bring in reference material and Mrs. Forstey presented the class with Dr. Read's books, copies of CHILD FAMILY DIGEST, our Lenore Day's pamphlet "Did You Know That Having a Baby Can Be Wonderful?" as well as our "Infancy" booklet! -- M.L.L.

FROM A COLLEGE STUDENT

"My talk of natural childbirth went over so well that the instructor invited me to take over an entire class period - 50 minutes at her other health class. This went over very well too. Of course, I packed the talk with the philosophy of motherhood and the ideals contained therein. The instructor is now reading Read's book and the students asked me if I would let them pass around Helen Heardman's Relaxation pamphlet.... Oh, yes. I passed around Lenore Day's pamphlet to every member of my class and I had about 4 or 6 of Betsan Coats' pamphlets for them to share. (Note: These last two pamphlets published by Mothers Research Group.).... Everyone was talking about my talk. It surely aroused plenty of enthusiasm, if only they remember it when they have need for it. My instructor told them they must DEMAND this Read method from their doctor and if the first doctor will not cooperate with them, they must shop around until they find one who will. What an opportunity to serve the World Mother!" -- M. H.

A CORRECTION!!!

Please refer to the FOOD CHART enclosed with the Preparation for Maternity and/or Infancy booklet and jot down the following keys left off this list of vitamins: A - "International Units"; B₁ and B₂ are in "Milligrams" and C, Calcium, and Iron also in "Milligrams" and Protein is in "Grams". (From a letter from Nancy Bullock)

In our haste to get this maternity material to the printer last spring we had no time to write for these "keys" and overlooked the matter until recently.

-- Muriel L. Lewis
Director

OUR FRIENDS ABROAD

WHO'S WHO IN PICTURES

The photographs printed in this number are either from subscribers and special co-workers overseas, or from the dear friends we have made through our European Relief work. Many, many friends as yet have not sent us pictures of themselves and families; others have written that photos are on the way. They will be printed at a later date.

1. Group photo taken in Graz, Austria, in 1950 during a visit of the General Secretary of the Austrian T.S., Mr. F. Schleifer of Vienna, shown in center with his wife. Behind Mr. Schleifer stands Mrs. Stiegler. To right of Mrs. Schleifer, in background, is Mrs. Hansmann. Second from left, background, is Mr. Fleischanderl. Sitting, third from left, is Dr. Lauppert.
2. Right to left: Willy Stark and her mother, Willemina Stark (center) of Amsterdam, Holland, taken with an American friend.
3. Erwin Lauppert of Graz, a law student.
4. Pina Ballario, of Novara, Italy, high school teacher and juvenile writer, who in the past has contributed to our magazine.
5. Dr. Norbert Lauppert and daughter, Edith, an art student, Graz
6. Mrs. Laura Lauppert, Graz
7. The Montessori School at 4 Square Rapp -- Paris -- the French Theosophical Headquarters, where many "bombed out" theosophical families found refuge and still remain as tenants. The school was organized by Mrs. Samuels, whose son, Jean-Paul is busily concentrating at his work book in the center of picture. Near the window, Martine Kauffmann is seen looking at us. Her brother, Patrick, is in center, back of Jean-Paul. The other children's names were not sent us.
8. Mrs. Nelly Kauffmann and our "Baby" Martine at 11 months, Paris.
9. Members of Round Table and Young Theosophists surrounding Shrimati Rukmini Devi when she visited Graz during Whitsuntide. She remained there four days, the occasion being the first convention of the Austrian Section of the Theosophical Society after the war.

The Graz children are listed as follows: far left, Rotraud Hansmann. The name of the boy at her right was not given us. Girl, third from left (back row) is Wilma Rooney, the most active Y.T. in Graz. The two little girls left of Rukmini (who needs no introduction, I am sure) are Dietlinde Fleischanderl and Helga Wenzel. The young lady at Rukmini's right is Irmentraud Sarnitz, the grandchild of Mrs. Ertl (well known to our relief workers). On the right end of middle row stands one of Mrs. Stiegler's sons. Unfortunately our correspondent does not recall the names of the other children.

10. The three Stiegler boys of Graz, members of the Round Table.
11. A portion of the children of the Kapoa Buddhist Sunday School, Kapoa, Kauai, Hawaii. Many more might have been included, but they had gone on a picnic that day.
12. Ralph Presnall and his Japanese wife, Mitsi, baby Sidney, (a "Natural Childbirth" baby), daughter, Sunya Ellen, and son, Verne Allan. Picture taken at an airport in Hawaii. The Presnalls have recently moved to Honolulu.
13. Bill Hill and daughter of Perth, Australia. This snapshot was sent to us by Mrs. Emma King several years ago when Mr. Hill was a leader of the Young Theosophists of Perth.
14. Max Heinegg, holding daughter Angelica, at present living in Johnsonville, Wellington, New Zealand. Mr. Heinegg has contributed several articles to our magazine. We shall be happy to meet Mr. and Mrs. Heinegg, Angelica and son, Christian, when they return to California, as they plan.
15. Mrs. Dorothy Hoag, at her new home on Victoria Island, Canada. Mr. and Mrs. Hoag and children recently moved to Canada from Sunland, California. A number of years ago Dorothy lived in Ojai.
16. Some American friends: Mrs. Anita Chesrow and four of her six children with Gina D'Amico, right, and Mrs. Mary D'Amico, Josephine and
17. baby Tony - all of Chicago.
18. Tony, a year later, showing his pretty blue sweater.
19. Leo King, of Australia, grandson of Emma King
20. Mr. and Mrs. Herbert Staggs and Mrs. Goldie Kabots all of Krotona, in charge of European Relief done by our Group. We thought our
21. Austrian and French friends would like to see these pictures. Mrs. Sarah Jordan, another Relief Worker, was shown in last issue.
22. Mrs. Emma King has written back of this snapshot: "Natalie, Mrs. Hall and Linda, Peter and John". We'd like to know just which one is Natalie -- Mrs. Pitcher, Mrs. King's daughter, of Reservoir, Victoria, Australia.
23. Mrs. Emma King, who lives with Natalie Pitcher. She is a very dear friend and enthusiast for our Group. She writes often and generously sends as many money orders as the law allows her to. She widely distributes our literature -- from her bed, where she has been confined during a long illness.
24. Pomeyrol, one of four French orphanages run by the indefatigable Mme. Renee Remande of St. Etienne du Gres. She has been lauded by French child welfare agencies for her outstanding work for war orphans. She gathers in these little waifs, gives them loving care, and often finds good homes for them. She and her staff and house parents are all Theosophists. We have sent relief boxes to "her children", but never enough to really help them adequately.
25. Last but not least, our energetic co-worker, Mrs. Ellie Pullen of Ringwood, Victoria, Australia, with her two sons, David and Pater. Ellie has been one of our most enthusiastic workers for a number of years.

INFORMATION

THE MOTHERS' RESEARCH GROUP

A non-sectarian organization, open to anyone. Its membership is not limited to members of The Theosophical Society.

THE MOTHERS' RESEARCH GROUP was organized by a small group of parents, doctors and teachers in the interest of child development and parent education, and has continued its activities since 1934 through the medium of its magazine now called MOTHERS' OCCULT DIGEST.

OBJECTS of THE MOTHERS' RESEARCH GROUP are:

1. To promote a realization of the spiritual aspects of motherhood and family life.
2. To gather together for mutual study those who are interested in work for children and youth.
3. To bring to parents the light shed by the theosophical philosophy on all problems in the home.

FEEES: There are no dues except the \$1.00 annual subscription fee to the Group's organ, the MOTHERS' OCCULT DIGEST.

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MOTHERS' OCCULT DIGEST is published by the Mothers' Research Group in the FALL, WINTER, SPRING and SUMMER from its office, Route 2, Box 586, Ojai, California. The personnel are all volunteer workers.

SUBSCRIPTIONS and DONATIONS should be sent to the Treasurer.

MANUSCRIPTS should be sent to the Literary Editor. Although material for the magazine is welcomed, no payment can be made for articles or poems. Our group is a non-profit organization.

EDITOR and DIRECTOR will be happy to receive letters from inquirers in Theosophy as well as mothers interested in our work.

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PUBLICATIONS of MOTHERS' RESEARCH GROUP

MOTHERS' OCCULT DIGEST - Domestic or Foreign - per year.....	\$1.00
HAPPINESS THROUGH HELPING (Children's Theosophical Stories)	
100 pages, illustrated.....	1.00
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