

MOTHERS' OCCULT DIGEST

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INFORMATION

THE MOTHERS' RESEARCH GROUP

is a non-sectarian organization, open to anyone, and its membership is not limited to members of The Theosophical Society.

It was organized by a small group of parents, doctors and teachers in the interest of Child Development and Parent Education, and has continued its activities since 1934 through the medium of its magazine now called MOTHERS' OCCULT DIGEST.

OBJECTS:

1. To promote a realization of the Spiritual aspects of Motherhood and Family Life.
2. To gather together for mutual study those who are interested in work for children and youth.
3. To bring to parents the light shed by The Theosophical Philosophy on all problems in the home.

FEEES:

There are no dues except the \$1.00 annual subscription fee to the Group's organ:

the MOTHERS' OCCULT DIGEST.

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MOTHERS' OCCULT DIGEST is published by the Mothers' Research Group four times a year from its office, Route 2, Box 586, Ojai, California. The personnel are all volunteer workers.

SUBSCRIPTIONS AND DONATIONS should be sent to the Treasurer.

MANUSCRIPTS should be sent to Literary Editor. Although material for the magazine is welcomed, no payment can be made since the Group is a non-profit organization. The Editor or Director will be happy to receive letters from inquirers in Theosophy, or mothers interested in our work.

Mother's Occult Digest

Quarterly Organ of the
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Theosophical Society in America

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Cover design for this FALL NUMBER drawn by Maureen Walker.
Titles by E. T. Lewis

Editorial

Many changes have transpired in the "package" of our DIGEST during the past sixteen years. We began with a few mimeographed sheets which grew into a good sized magazine. Last year we graduated to a printed magazine. And now, due to high cost of materials, we are presenting our work in a new "package" - an "off-set" type.

It doesn't make much difference how the goods is wrapped, does it? It's the contents that really count and we have always striven to improve the contents.

Basically, our contents deal chiefly with Family Living: The place of the family in the scheme of evolution and the part the family will ultimately play in bringing about a consciousness of Unity which is the goal of evolution.

Experts in Mental Hygiene emphasize the need of a "cradle to the grave" program to improve the stability of family life. As Theosophists we should be even more keenly aware of this need since we understand the occult function of the family.

Education for parenthood and family life begins in the cradle. The kind of parents we become depends on the kind of parents we had, and the way we reacted to their supervision greatly affects our attitude toward our children. So we see that there is no "stop and go" sign in our efforts to promote a highly idealized family relationship.

And how can we fulfill the object of our Mothers' Research Group?

We can fulfill our object by doing everything in our power to leaven the world's thought regarding the ideals of family living.

The expectant mother is naturally most interested in the events that occur during pregnancy and shortly after; parents and teachers of teen-agers are mostly interested in helping these children understand the functions of the adolescent, to know their normal rate of development and to help them with their understanding of sex. And so on, through all ages and periods we hope to present material that will be helpful to all, regardless of their position on the wheel of family life.

We live in a world that is constantly changing. We know that Theosophy is not static - Theosophy is alive, evolving, ever expanding to supply the solution to the new problems that surge from the complexities of Modernism.

We know that a realization of the Oneness of all Life which dissolves all human suffering cannot be realized until it is taught in the home by the Mothers of men.

Our aim is to be practical. In every thing we write, in every project we bring to a successful conclusion, we aim to show our members that the Ancient Wisdom affords a practical remedy for the cure of the discords of humanity.

With my staff of loyal co-workers, we will strive to satisfy your needs with the same selfless devotion that has been given in the past.

You can help us serve you by telling us what you want and by offering constructive suggestions from time to time.

It is with the deepest humility that I begin this issue as your
Editor and Friend,

Marie Jeanette Hayes

BLESS YOU

R. H. Grenville

I bless you with my eyes, beholding in you
only the good.

I bless you with my lips in smiling and with
my words in speaking.

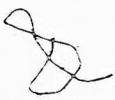
I give you the encouragement of strong, true words.

I bless you with my heart through love, and with my
mind through understanding.

And finally I bless you with my hands in whatso ever
manner I may serve you or bring you joy.

WORLD PEACE AND THE MOTHERHOOD OF GOD

(A devotion in brief)


Max Heinegg
(New Zealand)

I believe in the Motherhood of God of Whom it is written: "I am the Mother of beautiful Love and of fear and of knowledge and sacred hope."

To me, the past is a Book with Seven Seals that we can never fully understand. I cannot repeat sincerely the words of conventional theology because some of them have become first meaningless and then stumbling blocks to my belief.

In order to guard the Fire of my Faith, I must translate the words of obsolete theology into the terms of contemporary psychology which I can understand.

Our short span of individual existence contains within its depths and unexplored border regions much more than all we know. I have ceased to look

beyond the grave for an answer to the riddle of Life. I have found the answer, not in the phenomenon of Death, but in the phenomenon of Birth in the principle of Motherhood.

In the Ocean of Life, the primitive cell gives birth to another cell, long before any such thing called "male" comes into existence.

Death and Nativity come to face each other in the miracle of Love. Containing in a magic circle both origin and end, is Love not the "magnetic wave" of Life? Is not eternity of Life contained in this paradox formula of birth: One plus One equals Three?

So we are only links in a chain of lives, endless and irregular as the Milky Way.

I believe that within each living being, both the dead and the generations yet unborn are asleep.

I believe that in substance we all have lived and died before - over and over again but not exactly ourselves. To me, that is the meaning of Resurrection and Immortality.

Our "normal" death is violent by cancer or by war. And yet, death should be gentle as the falling of a leaf in Autumn.

We don't worry about putting old leaves back onto the tree when a new crop of fresh green leaves is as sure as the promised coming of spring time.

To me, the Mystery of Motherhood contains all the answers to the burning questions of Immortality and Resurrection. In the warmth of God's True Love these questions cease to exist.

In prayer, I would translate to my horizon the way Jesus taught us to pray:

Dearest Mother God, Who art surrounding our lives as heaven surrounds the earth, my Love is Thine. Hallowed by Thy name. Thy Kingdom come, and the Green Pastures of Paradise. Thy Will be done, on earth as in the Gardens of Eden.

Give us this day our daily Bread of Peace and forgive us our trespasses, as we forgive those who trespass against us. Lead us not into temptation to forsake or to betray Thee but deliver our lives from the gross evils of cancer and war as we deliver our fellow creatures from the hell on earth we have prepared for them from generation to generation. Amen.

Invocation

TO THE GUARDIAN ANGEL

Angel of God, my Guardian Dear,
To whom His Love commits me here
Ever this day be at my side
To Light and Guard, to Rule and Guide.

Amen.

Seven Keys to Understanding Your Child

Blanche Kilbourne

Why are children so different from each other — even children of the same parents? There are several factors in this problem, but one that is fascinating and that sheds much light is the matter of "Ray Types".

Human beings are considered to partake in their temperaments of the characteristics of the seven Outpourings of Power which flow into manifested life through God's Seven Great Agents — the Seven Archangels, or as the Christian Scripture describes them "the Seven Mighty Spirits before the Throne". Each of these Angels is said to be the Head of one of the Seven Rays of life, and each human being is believed to show predominantly the characteristics of one of these Rays more than the others. However, he shows forth something of the qualities of each Ray and at the end of his evolution he will show all in completeness.

On what Ray is your child?

Perhaps if we look at summaries of the characteristics of each Ray, it may be possible to answer this question. If so, more effective help can be given to the young in our care.

The first Ray is that of power. The man, or child on this Ray is enamored of personal freedom. Discipline for the child of this Ray is best managed by letting him understand the reasons for your plan and then he will obey it because he decides that he agrees and wishes to cooperate. Of course, this is best with any child but it is more important than ever in dealing with the first Ray child. It is not that these people are unruly: they simply have an innate feeling that they must be self-ruled.

It is useful to establish regular living habits for such a child early in babyhood. Coming under the influence of fixed forces which he cannot interfere with helps him to realize even while tiny that there are some things in life which are inevitable and which he must accept. Then instead of making an issue of every little thing about a daily schedule, he will have an established obedience to certain routine. This makes this type of child much easier to handle.

In other matters — matters in which questions might arise — the mother will be well advised to enlist cooperation by showing clearly that the action requested is the best and correct and most advantageous thing to do. The first Ray child can be led: he can never be driven. It is useless to try.

Great dignity is natural to these children and they do not take well any sort of humiliation. To be the butt of a joke — a situation which might greatly amuse a fourth Ray child — is discomfort and often deep suffering for the intensely proud first Ray child.

Other children, without realizing why, defer to the leaderly ability of the first Ray child. His destiny as an adult may take him into civic service, office holding, law enforcement work — any sort of governing or

leading activity. He may become a pioneer in new movements because the first Ray man has strong faith in his own point of view and is willing to battle for his beliefs. A life of ease will never attract him: he always seeks new worlds to conquer, new fields in which to rest and prove his kingly powers. He isn't interested in achieving a life of comfort and quiet.

Destructive forces in Nature never awe or terrify him. He is in friendly and sympathetic accord with the great elements and enjoys their powerful play.

The first Ray person cares nothing for that which is old. He gleefully lets old things go — is a great "thrower-away". Similarly he prefers new enterprises and gladly clears the decks for change and fresh ventures. He decides things readily, and his will is not indolent. He learns by doing and begins at first without quite seeing his way. But he sees more as he goes on. In this he contrasts strongly with the third Ray "planning" type.

These people often times seem incautious or reckless. They act without thinking. Therefore, an early start but a pleasant one, should be made by parents in counseling him to consider his plans before launching them, looking at projects from all sides.

These children are spirited and in training them one should not try to "break" their spirit, for then they would become commonplace characters. But the effort should be made by parents to cultivate love in the child. If handled with love, love will appear in his nature.

There are not faults in the Ray Types but only temporary lacks. These children are more developed as yet on the power side of their nature than on the side of love. They need to be aided in developing the affection side of life, consciously practising consideration and kindness. The parents can help greatly by noting and praising efforts of this kind.

The first Ray child who has natural pride and power should have held before him the ideal of lending his strength to assist those weaker and less gifted; to shield and help those who are helpless; to redress wrongs and to battle strongly for the right. Ambition for the sake of self should be transmuted into the purpose of seeking justice so that all may have their due.

These children need to be taught not to seem ruthless in their strong purposes; nor to appear indifferent to others; nor cold, nor arrogant. In leading them it should be stressed that courtesy is a kingly attribute. If it is explained to them that because they are naturally strong, self-reliant and usually self-sufficient, the aura of power about them may overwhelm less sturdy souls causing hurt and sorrow, then, their innate royal sense of chivalry can be aroused so that they are careful to be gentle and kind with all their forcefulness and strength.

The virtues of this Ray are fortitude within and justice without. These should be put before the child as ideals so that he may practise his first Ray characteristics to the best advantage and fulfill his high destiny.

THE SECOND RAY CHILDREN

Second Ray persons are characterized by Love for mankind as a whole.

They often follow a great religious teacher and dedicate their lives to Him and when they do it, it is because of the help which this Leader and His teachings may bring to human beings. This is in contrast to the sixth Ray which also shows great Love, but which serves humanity through devotion to a Teacher in order to please and help Him.

Because the second Ray person is devoted to humanity, he or she is the ideal citizen, friend, teacher, father or mother. In any human relationship the second Ray person is able to express devotion to humanity because every kind of tie with another is an opportunity to give forth love.

Even in business this characteristic is observable. His concern for his customer's satisfaction is always genuine and unselfish, and his effort to be of real service to the buyer almost inevitably guarantees his worldly success as well.

The second Ray person is a good employer too and cares for his workers sincerely. And as a merchant he will never sell goods produced under sweatshop conditions since this would go against his impulse to protect and help all men.

A child of this Ray understands others through his loving wisdom. Such a child can never be happy when those about are sad. Parents should be careful not to allow such a child to know of serious problems which burden the father or mother, but cheerfulness should be maintained if at all possible. Little folk are not meant to bear adult worries, and the children of this Ray will do so if they feel the parents are distressed.

Wherever these people are, they foster unity and understanding between beings. They radiate a sense of brotherhood, and when they enter a group there is at once greater cohesion. Even at a party their presence is helpful. They stimulate an interweaving of interest and sympathy so that if the gathering has been rather limping along, it will suddenly "jell" into a real occasion of festivity.

A second Ray person values all men. He does not fear or dislike or belittle those who are different from himself. He revels in each dissimilarity and enjoys seeing how richly varied members of the human race can be in their talents. Altruism is his constant activity and he accepts on first hearing the idea of the evolution of humanity because it so obviously is a law of love, giving to each person his equal chance to reach final happiness. He takes people as they are and does not burn with a reformer's zeal to change them. He knows men will grow in their own ways to perfection. He accepts each person where he is in evolution, and helps him to what he needs next. Thus the second Ray person is an ideal teacher.

Those having responsibility for children of this Ray can be of most service to them by leading their loving impulses to express themselves in action. The second Ray persons can be a bawler of wrong situations which he does nothing to correct. His sympathies should be guided gently into remedial action. Doing things for people will bring satisfaction to this Ray type which without advice may feel more than it acts.

Another bit of guidance is needed in cultivating discrimination. Foolish, or even harmful generosity is sometimes shown by second Ray persons. Careful consideration before action should be taught them.

So-called "generous anger" can be a weakness of this Ray. Since anger in a good cause is no less a kind of insanity than when displayed in a bad cause, the child must be trained to nip anger in the bud and keep reason enthroned so that all acts may be sane and wise.

These children are happier serving other humans than in doing Animal Welfare Work. They are not naturally drawn to pets as are the children of some other Rays, and while they will be kind to them, they may, when old enough to discuss the matter, express their attitude thus: "I like animals but in their proper place". They do not care for too close contact with the creatures. Taking note of this trait, the parent should suggest service to the sick, the old, the poor and the weak as an outlet for the loving impulses of the second Ray child.

THE THIRD RAY CHILDREN

The child of the Third Ray is naturally tactful and has this blessed virtue because he has understanding. In fact, persons of this Ray must understand about everyone and everything and every problem. When they do, they have wonderful ability to plan, engineer and utilize assets and materials to the best advantage. They never fuss. They are never diverted or swamped by small things — by unimportant details. They have the gift of seeing things in proportion and they can grasp many things at one time. They are very adaptable and never fret over what can't be changed either in events or in personalities around them. They can get along with anyone because they have the gift of understanding and try to see the other person's point of view.

In dealing with children of this Ray it must be kept in mind always that they must thoroughly understand your plan. They then will cooperate very well. They cannot act if they do not understand, however, so don't expect them to.

The person of this Ray is very useful in bringing to fruit the first and second Ray leaders' purposes and loving impulses.

The usefulness of things impresses the third Ray person. He cherishes old things which may be useful later. He is sensitive to things as such, in much the same way that the second Ray person is sensitive to people — consciousnesses. He sees the wonder of the commonplace and learns from everything.

Those dealing with third Ray children can serve them best by leading them to a sharp decisiveness in using their minds. There may be a danger of diffused thought because of this person's ability to see all sides of a matter. The child must be led to sort out all the factors in the picture and come to a definite and clear conclusion. It does not often happen but it can happen that this type of mind becomes enthralled with all the facets of a problem and defers action until unfortunately late.

It is sometimes felt that third Ray people are timid. But this is not so. Third Ray people can be confused and even panicky by things they don't understand — even by trifles. A similarity between third Ray folk and the elephant has been pointed out. The elephant is a very brave creature, but a small thing which he does not understand may make him very frightened. Elephant keepers always explain things to their huge but gentle charges and thus they are able to utilize the wisdom and skill and

bravery of these remarkable animals. Third Ray people react in the same way. Parents should not thrust such a child into a frightening situation without explanation. With third Ray children, it is exceedingly important to use what psychologists term "ideational preparation". If they understand they can handle anything and are unusually brave.

THE FOURTH RAY CHILDREN

The Fourth Ray — that of harmony — gives us a child who is good at calisthenics, skilled in mimicry, deft in the use of words, a convincing speaker and one who can become dramatic or droll at will. Symbolic artists are found on this Ray, also diplomats, orators and actors.

These people interpret the outer to the inner and the inner to the outer. To them it is obvious that an ideal must be put into action at once and when they act, they strive always to act in accordance with their ideal. When a person of this Ray can live so that he harmonizes his ideals and actions constantly, there is no happier human.

Since fourth Ray folk have keen consciences, the children of the Ray should be taught to listen always to conscience's voice so that they may maintain harmony between their inner and outer lives and so always be happy.

The fourth Ray is richly imaginative. Children of this Ray must be trained (gently) to watch that they do not mislead others because of the vividness of their imaginations. They are not inclined to tell lies in the ordinary sense, but they can be so carried away by what they imagine that it seems to them to be real. If these children are carefully trained they will not be misunderstood and their contacts with others will be the more satisfactory.

THE FIFTH RAY CHILDREN

The Fifth Ray is that of Truth — of learning and exact knowledge about all that is in Nature. These children become successful scientists for the reason that their innate devotion to truth is the basic essential in science. This type bows to the Great Mind of the Universe and puts itself under the tutelage of that Mind, striving to learn the laws of Creation. Their skill is in and through thought. They are meticulous in detail work and even refuse to pass without correction so small a thing as a carelessly or inaccurately used word. They believe that through the mind they can reach Truth.

These people have to be led to consider that it is a fact in Nature (and they reverence Nature so they will be willing to listen) that there are avenues to the Real other than that of learning. The pursuit of beauty, the life of selfless devotion — all these are good too. This concept will tend to reduce the sometimes overweening pride of the fifth Ray which they feel as they view the accomplishments of that marvelous instrument — the mind of man. Sometimes these people become very self-satisfied and narrow in their sense of separateness from the unlearned and unlettered folk of the world. Seeds of understanding and appreciation of other types of persons should be planted early in children of this wonderful Ray.

THE SIXTH RAY CHILDREN

The Sixth Ray child is naturally good. He prefers to please his parents and teachers and desires always to know what is the ideal of good

conduct in any situation so that he may try to live up to it. Devotion to a great religious teacher often is observed in people of this Ray.

The devotion and instinct for goodness can become fanatical if not balanced by knowledge. The religious zealots, those who are superstitious and those who are inclined to narrowness in belief because they feel that the religion of their beloved Teacher must be the best, are usually on the sixth Ray. A wider understanding of other people, other religions and other philosophies will prevent this narrowness from developing and will round out the character.

These children, when grown, serve humanity in many capacities, but they do it not so much for love of mankind, but because some great religious Teacher whom they revere has said that it is good to work for others. Devotion is their great keynote.

Sixth Ray persons accept everything in life, both good and bad, as from the hand of God, and feel that pain and suffering, if sent by God, must be intended for their eventual good. So they bear up well under trials and hardships and they usually are happy people no matter what their fortunes.

THE SEVENTH RAY CHILDREN

The child born on the Seventh Ray has much will power; the cultivation of affection will provide good balance. This type approves of ceremonial ritual and well-ordered and seemly social behavior. Beauty of performance strongly attracts them. They appreciate harmonious, artistically arranged activities.

This Ray's child is keen on cleanliness, not from a sheer love of purity as such, but because he instinctively is impelled to clear away anything which is obscuring the beauty of an object. Dainty, clean surroundings are essential to the well-being and happiness of this child. Soiled clothing or a disordered room are a real cross. These children really are more sensitive to their surroundings than others, and they can be very miserable if they are compelled to be untidy, ragged or damp. Parents should strive to fulfill their needs if at all practicable as the comforts they crave are not in the luxury class with them; they really need them to achieve a wholesome development.

* * * * *

When we think we have discerned the Ray of our child, we have two dangers to guard against. The first is that we may unknowingly tend to imprison the child in our idea of the supposed Ray, creating in him and in ourselves a limiting superstition that he must act only in certain ways. Let us remember that each human will manifest some day all the Rays perfectly, and that even when we know a child's basic Ray, there will be — happily — overtones of other rays along which he is working even if not so strongly. We help him best when we encourage our child to cultivate some of the virtues of the other Rays — the Rays which he shows forth less markedly.

The other danger is that we may fasten on him the faults — no, the omissions — of his Ray. For truly what seem to be faults are only undeveloped areas in the total personality. It is our privilege to help him build up and fill in these lacks. Never do we speak to him of his lacks or under-developments. Always we suggest building more of the qualities we hope to see him cultivate. Any other method — a critical

method, one that reminds of shortcomings — would defeat its purpose and hamper the child's out-flowering. Our practise must be always to build a quality by emphasizing whatever glimmer of it we see already. By praise and appreciation these weaker qualities will become centered on and will emerge strong and permanent.

Thus a knowledge of Ray characteristics can be of use to us in the up-bringing of our children.

Truth

Real Education ceaselessly strives to inspire its pupils to discover their own Truth. There may be a body of Truth the common property of all. But in general Truth is as unique to the individual as is his own individuality. Even when he stands before the Throne of Truth and ascends the Throne to become a King of Truth, even then, one of the Mighty Ones of the world, his Kingship and his Truth remain unique.

Now we must all seek Truth — in great Words, in great Scriptures, in great Persons, in examples of great living, in the noblest virtues: and we MUST SEEK IT NOT ALONE IN THESE, BUT IN EVERY LIFE IN EVERY KINGDOM OF NATURE. FOR UNTIL WE HAVE DISCOVERED TRUTH EVERYWHERE WE HAVE NOT DISCOVERED IT FULLY ANYWHERE.

Real Education seeks to set the feet of its pupils on the eternal road which wends its way to the Discovery of Truth, or should we rather say that Real Education seeks to place once more upon this roadway feet which have trodden it before and now tread it again for further advance.

There can be no dogmatism as regards Truth, no conventionalism, no doctrine, no orthodoxy, no corner in Truth, no letter of Truth.

Truth is free, and must be freely sought. And nothing can be true to anyone which does not command his reverent and free assent. Truth cannot be imposed from without. It can blossom only from within.

* * * * *

In Real Education every pupil must be helped to travel on the road which leads to HIS Truth, so that, discovering his Truths on his way, he may, perchance — we all may, perchance — discover Truth which will be his but will also most wonderfully be the Truth for all. He may discover the great reconciliation between Individuality and Universality.

(From REAL EDUCATION

by G. S. Arundale)

Kindness

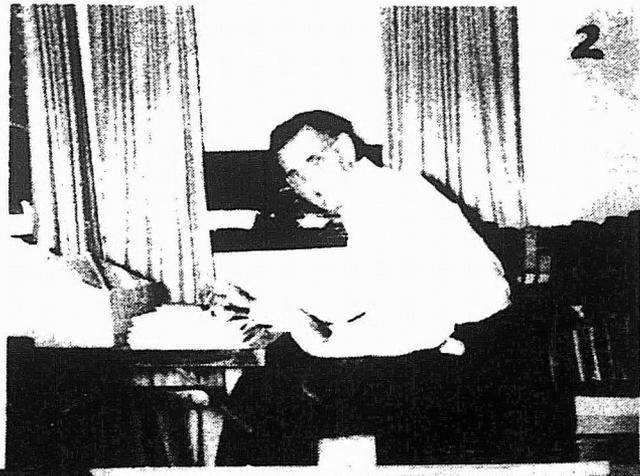
"If out of our consideration of kindness, kind deeds do not grow, then our work is dead and sterile. Much will be accomplished if we can all work together to make the idea of kindness come alive in our daily contacts, our personal reactions, and our actual deeds."

(From "Kindness in The Elementary School" in MORAL AND SPIRITUAL VALUES IN EDUCATION, School Publication #402, 1944-1945, Los Angeles (California) City Schools)

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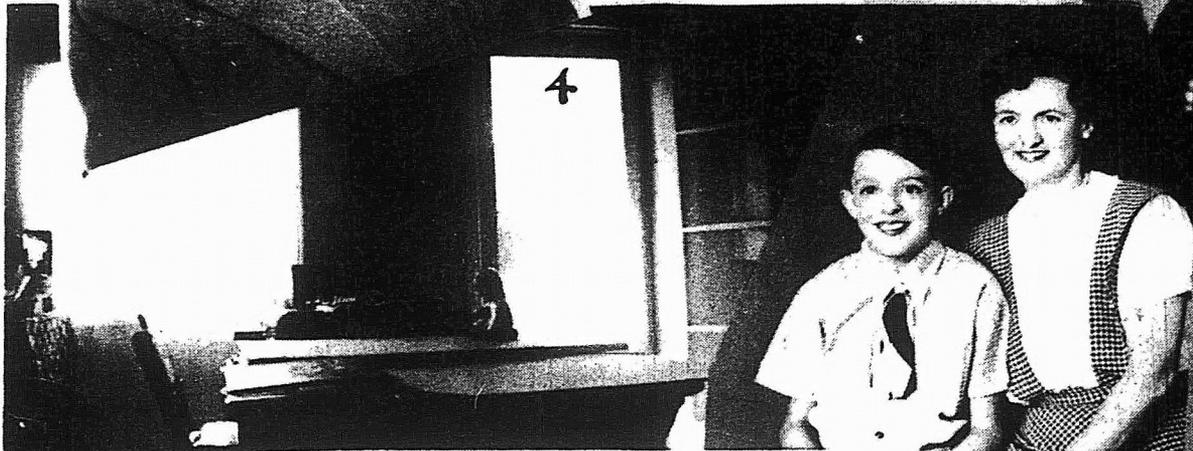
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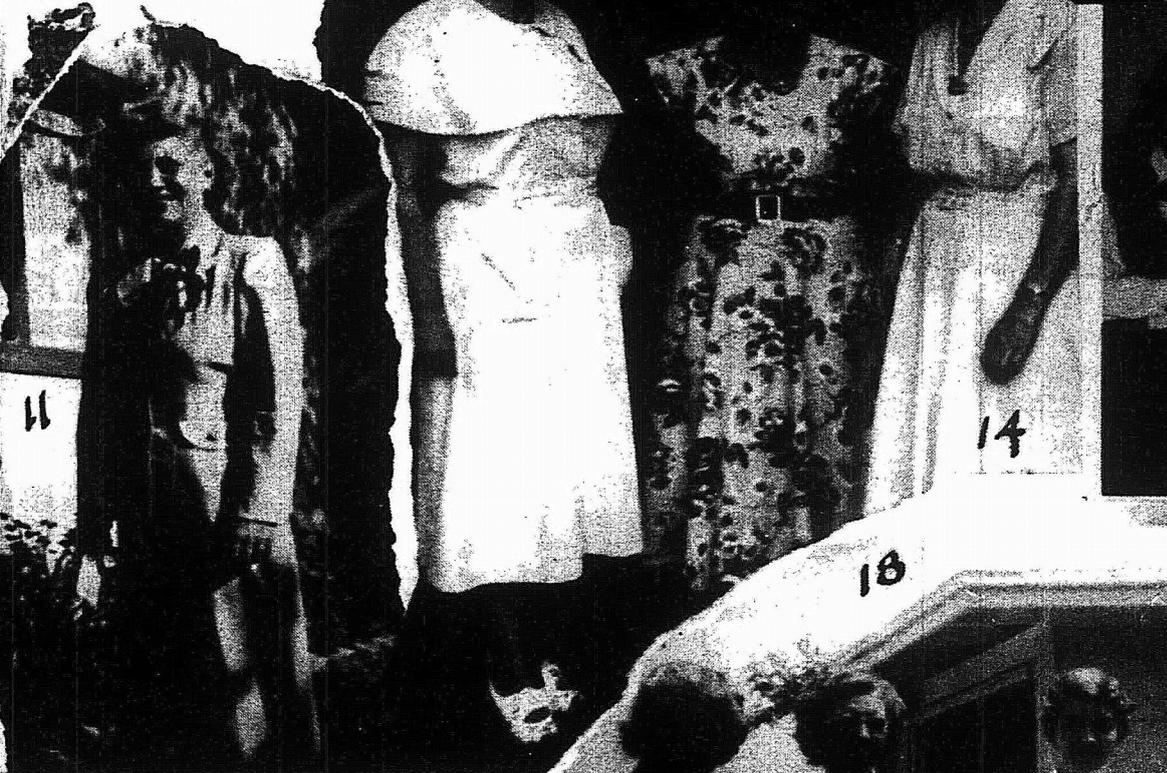


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Let children grow with pets

Dr. K. Nimmo, D.C., R.N.

An authority on children recently declared that if every child in the Nation had a dog to love and be loved by, there would hardly be a Juvenile Delinquency problem.

How true this is! To go a step farther, we would have far less psychological problems too.

Now the emotional unbalance of humans is so alarmingly on the increase, it is scientifically noticed that animals have a tremendous influence on children and adults.

Really, knowing animals is such a privilege, such an education in itself. Animals are always cheerful and happy unless they are suffering. There are so many inspiring aspects in the Universe and even in the world that we should be full of joy. Animals are. We can learn the finest characteristics from them such as patience, gratitude, devotion, unselfishness and poise.

Who would not be thrilled with the following stories:

"One of my cats had kittens and did not want my prancing, jumping pup too near. To make this known, she just sat down, looked at the pup and lifted her right leg. That was all. Pup understood. But when the pup got sick, the picture was changed completely; she called the sick pup in her large box among all the kittens, petted him, licked him and let him sleep with the whole family."

The CANADIAN VEGETARIAN reports that two dogs who were great friends always ate together but did not tolerate any strangers around during meal time. One day however, an emaciated stray came along. The two dogs looked at each other, then one led the stranger to the back verandah and let him have a good meal in peace. Animals sense when another is in distress.

A good friend and co-worker tells of two devoted cats, Thomas and Tiny. When Tiny was six years old, she became blind and her friend's devotion was touching. He guided her through the house for several years and selected the finest food for her before eating any himself.

One cat went four times into a burning home to rescue her four kittens; when the last one was in safety, she fell dead.

Another cat made three trips into a burning shop and each time brought a mouse to safety.

Many cats with good homes bring half-starved kittens to the kitchen to be fed.

The MONTREAL DAILY STAR reported a cat, having saved the lives of two people and their son of five years by awakening one in the burning house.

COUNTLESS ANIMALS PREVENT MENTAL AND EMOTIONAL ILLNESS OR SUICIDE

An unemployed, worried lady whose family was far away said to her doctor:

"If it were not for my devoted cat, I do not know what I would do."

Another lady in the hospital with a broken leg had no desire to get well because she felt that her relatives would dispose of her beloved cat. This was all too true; just in time her understanding doctor investigated the situation and found out that the cat was just about to be killed as the relatives thought that the patient would never come home any more. The doctor prevented the killing and saw that the cat was taken care of and not by the relatives! When he told the patient that the cat was in no danger, and was anxiously waiting for her, she did all in her power to get well quickly, and in a short time she went home on crutches to take care of her devoted cat who was pining for her.

When in the last World War several men were marooned on a raft in the Pacific a cat kept them from great disaster by being cheerful, calm, poised and sitting on the lap of one, then on the other. Finally, after days, they were rescued and one of them remarked: "Had it not been for this cat, I am sure that we would have given up."

ANIMALS PLAY A GREAT PART IN HELPING PHYSICALLY OR EMOTIONALLY SICK PEOPLE

A patient who had spent several months in a sanitarium was despondent and irritable to the last degree. Since he found fault with everybody and everything there was not much chance for a speedy recovery.

One day he phoned to the main building in the most excited voice for someone to rush over immediately. We thought that he had been hurt but what beheld our eyes when we entered his room but a dirty, hungry dog with a broken leg. The man demanded that the leg be set and that he be permitted to keep the dog. What a relief! We saw a ray of hope at last. The patient was finally interested in something outside himself. We took care of the little stray who was full of cheer and gratitude. Needless to say, the patient improved and in a few weeks went home with his new companion and a better disposition.

Another man of a similar quality was sick for months in his home. Nurses came and went but not one of them could stand his ill-temper. One day when he had just had his bed made with clean linen, a black cat jumped through the window and onto his bed leaving dirty marks on the sheet and bedspread. The nurse, expecting an extra outburst of impatience, chased the cat out of the house, but to her greatest surprise, the sick man shouted: "Why do you chase that poor cat; don't you see that he's hungry?"

From then on the patient had a very appreciative friend and said: "Now I have something to live for." In a few weeks he was well.

I know of a soldier who was recovered from his physical illness but did not want to respond to anything normally; he was completely depressed. The doctors did all they could, psychiatrists were on the job, but all in vain. Finally his mother was summoned. After she had visited her son, she asked to see the doctor and told him that there was just one thing that would help her boy and that was a puppy. The doctor was quite surprised and remarked that he had never prescribed puppies yet but most certainly would be willing this time. The unusual remedy proved to be a great success.

Now there are several institutions having kennels to help emotionally sick soldiers to get well.

The Devereux Ranch School, ten miles west from Santa Barbara is an unusual institution for exceptional children who find it difficult to apply themselves to regular homes or schools. Here, besides regular instruction in classrooms and all kinds of recreation and expressions of art and beauty, we find also the Devereux Pet Farm. Of all the patios, this animal patio is the most popular with the children. Each boy and girl has special pets for whose care he is responsible. There are horses, a burro, a pony, lambs, goats, chickens, rabbits, ducks, dogs, cats and goldfish. The first question a new student is asked by another student is: "What is your pet? Did you bring him with you?"

The management of the Devereux Schools with the psychologists connected with them know that frequently a child's affection for animals and the responsibility he takes for their care is mostly the first step toward achieving friendly relations with other children and adults.

If institutions can exercise such wonderful influence with the help of animals, how much more can vegetarian parents with knowledge of the great truths as Karma, Reincarnation, Evolution, accomplish with their normal children in connection with pets!

OTHER ANIMALS KEEP PEOPLE AWAY FROM CRIME OR CRIMINALS FROM BECOMING PSYCHOPATHIC

In Penal Reform, we are told that 91% of the criminals have never had any pets in their lives. That should give us some food for thought.

Several years ago, I read about a prisoner who was condemned to be alone in a cell with nothing to do. Few can stand this for a long time without physical or mental damage. This man got along very well. However, the following reason was found: In the evening several mice came in his cell and since he was lonesome, he fed them some crumbs. The prisoner had been an army officer and got the luminous idea to train these mice to march in rows before they received their meal. It took great patience, but kept the man sane and, undoubtedly helped the mice in their evolution.

We read in LIVING TISSUE of January, 1949 that George T. Angell, who shares with Henry Berg the high honor of being the outstanding pioneer in the Humane Movement in America, writes:

"A teacher of a large public school in England has, during many years, been carefully teaching the children in his school kindness to animals — to feed the birds, pet the horses and enjoy making all God's harmless creatures happy; and he now tells us that out of about 7,000 children, that have gone from his school, not one has ever been charged with criminal offence in any court."

Under loving supervision, all boys should have dogs. They can run with them, talk with them, express their feelings to them as they can with nobody else.

To tell our children to love some animals and eat or vivisect others, is very inconsistent, and the children get confused. Therefore, the home is the place to start the right education of our children, offering a vegetarian diet, natural drugless healing and prevention, loving understanding care of animals so that the children will see the same principles applied all through the different aspects of life. It all takes time and money but in the long run, much trouble is avoided.

Let us close with the interesting words of an Indian Legend:

"It is a fact that certain North American Indians were in the habit, when possible, of burying a dead dog with the remains of a child for the reason that the child might not be able to find its way in the realm of the Spirits, but the dog, which can always find its way home, will lead him or her along the right path."

Sir Bertram Windle

HOPE OR DOPE

James E. Hayes

"They just pass it through the fence to the kids during recess."

If you think this refers to some goody for the children you are wrong! These words were the part of a recent testimony of a teen age dope addict describing dope peddling at a Bronx, New York school. Widespread narcotic addiction among school children has been revealed. One out of every two hundred high school students in New York City are using habit forming drugs, according to New York's Superintendent of Schools, William Jansen.

Sales approximating \$300.00 to \$400.00 a day were made by one boy dope peddler in a Brooklyn High School. Investigators revealed that teen-agers sometimes only 13 years of age start drug addiction by smoking "reefers". Then they "graduate" to other narcotics such as cocaine and heroin.

"Children", it was testified, "sniff heroin even in classrooms".

The story of the moral decline is appalling. Teen-agers under the urge for the narcotic or under its influence lose all sense of right and wrong. Cheating, stealing and even murder have been committed to get a little of the drug.

New York City's street sales of the dope is estimated at \$100,000,000 a year. Though investigation so far reveals New York's traffic to be the worse, yet many other cities such as Detroit, Chicago, Philadelphia, San Francisco, Washington and Baltimore have reported marked increase in dope consumption.

Magazines and newspapers across the Nation from small towns to big cities have tried to arouse readers to realize this evil growth. Many publications have urged readers to write in their ideas regarding the cause and cure of this increase in narcotic drug addiction among youth. Federal laws are being passed with heavy penalties to curb the growing menace.

These laws are good, but mere passing of laws fail to reach the real issue of prevention. We may recall it was the passing of a law — the Prohibition Law that spawned the very racketeers' groups that turned to the dope racket, and the creation of youth drug addicts after the repeal of the Prohibition Law.

If passing of laws is not the cure, what is?

As a father of five children ages 6 to 15, I have deeply considered this question. Its answer seems vital to me and certainly all members of THE MOTHERS' RESEARCH GROUP will be keenly interested in any plan for controlling and destroying this scourge. We must urge our elected representatives to pass strict laws, but we must also apply other Occult Laws having greater force than any laws Congress may pass.

Over and over again in the heart-breaking testimony of boys and girls did it become apparent that it was in innocent and misdirected sense of adventure that the drug addiction started. Like taking a dare to jump off a high spot or accepting a challenge for any daring piece of tom-foolery, did boys and girls become slaves to dope. Dope-peddlers, knowing youth's almost lack of will to refuse to take a "dare" have used this means to destroy. "Don't be Chicken", or "All right, don't bother if you're afraid", too often broke the defense and the first step was taken. In many schools dope addiction was the badge of daring and popularity.

"It made you feel like a big shot", wrote one student in his theme on the various ways of taking dope. Once the first shot was taken, there was no limit to the immorality and crime that would be committed under the influence of dope or to obtain dope. In one case a young man under the hallucination from "blazing" his first "reefer" killed a police officer and two other men, finally killing himself in one night's orgy.

"Home training rather than community effort safeguards the youth", declared a panel of six servicemen and servicewomen in a recent discussion on the forces that guard and protect our youth.

Parents have the first responsibility, then each and everyone that has any contact with the young, either directly or indirectly, must do their part to build the wall of defense for youth.

Let us look again at the two motives that have moved so many youngsters to begin dope addiction. They wanted to be a "big shot" and they couldn't stand being called afraid.

If we can supply youth with a real position of "big shot", and place this being afraid in the proper light, we will do much toward aiding in this battle of increasing dope addiction. No other place in the world than home can supply as well this deep need of feeling important and secure. There is a great need for us parents and for all others having contact with youth to bring clearly to the realization of our youth the great law of Dharma. Definitions of this law are many, but there is one phase that has direct bearing. It is that each and every one of us has a very important part in the whole scheme of life, and that each has a particular work to do as important as any one else's work. Once our young folk realize their individual importance in the scheme of living, a sense of bigness and security will result. The younger generation do not want to feel that someone else plans their life, or that they are playing an unimportant part in a plan about which they were in no way consulted. We must first feel ourselves, and then radiate to others, the realization of our being.

Adventure youth wants. Well, youth is assured real adventure when once made conscious of their individual worth, need and place in the Great Plan of Life. The Law of Dharma points out that each has a unique and important work to do and no one but the individual can do this work. This realization destroys the feeling of not being important. The sense of being

a real "big-shot" prevents the need for an artificial bolstering of one's sense of importance.

Fear of being called afraid or "chicken" for refusing to render ourselves useless for our part in the great Adventure of Life will be transmitted from servile "giving in" to a firm stand against anyone or anything that would deplete our strength.

"Sell youth on the great Adventure of Living."

Too long has the great power of Hope been ignored. Parrot-like, we often repeat the three, Faith, Hope and Charity. Of Faith and Charity, we hear much. But of the power and strength of Hope, too little. It may indeed be significant that a slang word for dope is "hop", and a person under narcotic addiction is said to be "hopped up". Add the letter "e" to "hop" and we have hope, a force to offset and destroy the former. Hope is defined as a desire for good, accompanied by expectation. But it is more, it is confidence. "Cast not away your confidence". Heb. X - 35

Hope is not mere wishing. It is a deep and abiding realization of the reason, purpose and plan of existence with an unwavering certainty of accomplishing our goal. Hope drives out all fear and asserts one's greatness in tones so loud no other sound can be heard save the eternal word - Hope. Hope is the antidote for dope.

My Park

Agnes I. Jackson

I was interested in reading the article MY GARDEN by Margaret Ledson in the Winter, 1950 number of MOTHERS' OCCULT DIGEST. Many times we may wonder how powerful are our thoughts and imagination.

When I was four years old we homesteaded a place on the bay shore in Michigan. To me, at that time, it was a child's heaven. Oak trees, the sand and water, shells, wild animals and wild flowers. My father had to leave to seek employment. Since it was so many miles from neighbors, my mother would not live there alone and we moved in with my grandmother.

A family with children lived on the next farm and the children enjoyed telling us the most cruel witches' tales. When I went to bed each night their stories and thoughts would go through my mind and worry me so much that I could not get to sleep. Somehow I stumbled upon the idea that if I thought happy thoughts they would push out and KEEP out those horrid tales. Naturally, my mind turned to the Bay Shore Farm which I loved. I had been to a few parks and to the County Fair, so I began creating a beach park on our Bay Shore Farm. Every night when I went to bed I would work on this "project" until I fell asleep.

I built piers and bath houses. I put a stream through it for canoes. I built a large auditorium. I laid out a playground and made a picnic grove with tables. Of course, I didn't forget the Merry-go-round. I saw children and their parents there playing and enjoying everything. For four or five years, I spent my bedtime building, improving and enjoying my Park.

We moved to the city and there were so many exciting things that my Park was neglected and forgotten. I visited the place a few times on vacations. The last time I visited it before coming to California, a wide ditch had been dredged through the place.

I said: "That much of my plans has come true." In 1942 - twenty-two years after leaving Michigan, I returned for a visit. While in that vicinity, I mentioned to a friend that I would like to go out and see the old place.

She said: "Oh, that is a big County Park now!"

I was so surprised that I exclaimed: "No! Really?"

So it was. A more modern park than it would not have been possible for me to have imagined nearly forty years earlier.

It makes one wonder when we are not consciously aware of what we are doing, how much we do affect the people and world about us.

Since witnessing the manifestation of that Park, I constantly check myself saying: "Do you want to see those thoughts made objective in front of you?"

On Thoughts

Thought in the mind hath made us. What we are
By thought was wrought and built. If a man's mind
Hath evil thoughts, pain comes on him as comes
The wheel the ox behind.

All that we are is what we thought and willed;
Our thoughts shape us and frame. If one endure
In purity of thought, joy follows him
As his own shadow - sure.

— THE DHAMMAPADA

The Coming Race

"The very first lesson the child should be taught in life is kindness. Kindness to every living thing. Teach them to Love everything. A child that grows up in an atmosphere of loving kindness will never go astray. It will manifest the very best that is in it at all times, and there is no end to the best one is capable of giving out. All mothers should see that the infant is taught kindness of spirit as soon as it is old enough to notice. Every child that is properly trained in Love and Kindness is a blessing to its parents and to the world all its life through. Love and Kindness is all the world needs to be a Heaven."

— L. A. R. Mallory
AMERICAN VEGETARIAN

Plans for our young people

Gladys Charbonneau

I believe the most helpful and constructive conference held at the summer sessions at "Olcott", our National Theosophical Headquarters, was that held with Mr. James S. Perkins (National President), Miss Caroline Tess (National Secretary), Miss Winifred Boye (Board Member in Charge of Youth Activities), Mrs. Elise Staggs and Mrs. Gladys Charbonneau (representing the Mothers' Research Group). We all felt that various types of youth program outlines should be prepared and edited, and then offered to those interested, since there should not be just one didactic program because the needs and desires of one group will so radically differ from another according to age, temperament and environment. Therefore, many suggestive and varied outlines of study, ritual and activity will be forthcoming so that groups can make their own choices and combinations of ceremonial ideas from the Knights of the Order of the Round Table or Golden Chain Rituals, Sunday School Lessons based on the Bible, and other great Sacred Texts, with Theosophical interpretations, plus varied types of suggested activities, crafts, etc.

The Young Theosophists' refreshment tent, under the capable leadership of Eunice and Felix Layton, has proved itself on a firm financial and social foundation for the Summer Sessions at "Olcott".

Another suggested activity for interested young Theosophists is that they take over the care of little children whose parents have brought them to the summer sessions. "Olcott" provides wonderful opportunities for such a children's program of nature lore, singing games, crafts, etc. This program will be under a carefully worked out, yet simple and natural plan which would be of mutual benefit and pleasure for all concerned. It has marvelous opportunities, and we all are quite thrilled at the possibilities.

There is also a movement on foot to set up a tent for the Young Theosophists themselves just for their own business and social activities while attending the Summer Sessions.

Extra interest is being shown in youth camps along our own lines of thought. We have long had "Pumpkin Hollow" for the Northeast and "Indralaya" for the Northwest, but we envision other camps, even if on a much smaller scale, which would be more accessible to the central and southern parts of our country, where Theosophically minded parents and their children might get together out in Nature.

Well, you can see that Theosophists are definitely becoming more youth-minded in a little more practical way. Yet, we still stress the need of our cooperation with the already existing youth programs which are doing such fine work: the Boy and Girl Scouts, the Camp Fire Girls, the 4-H Clubs, the Future Farmers of America, the Wood-Craft Rangers, the various church and playground youth clubs, the Y.W.C.A. and Y.M.C.A. youth clubs, etc. Work with all Youth is the vital need for any nation.

A Report by

Elise M. Staggs

(Written from the 1951 Convention
of The Theosophical Society in America,
Olcott, Wheaton, Illinois)

OUR BOOTH

Since it was my good fortune to represent the Mothers' Research Group at the Summer Sessions this year, in the absence of our Director, Mrs. Muriel Lewis, who was unable to attend, I am very happy to give the following report to MOTHERS' OCCULT DIGEST.

This work of the Mothers' Research Group was my main concern - to publicize it, for strange as it may seem, many mothers and members of the Theosophical Society do not understand what it really strives to do, and what it is all about.

We had a Booth in a very strategic position and a nice little bench across from it. There I sat most of the time between meetings, aided by Mrs. Charlotte Ward of Milwaukee, Wisconsin and Mrs. Gladys Goudey Charbonneau of Mecca, California. Without their help we could not have accomplished so much.

The Booth contained a picture of a deva, painted by the clairvoyant San Francisco artist, Mildred Compton. We also had a few baby things sent in for our sale: a blanket, several sweaters, some darling bibs and little dresses and blouses sent from Holland, which all added color. With a little woolly dog (sent from Nevada for our sale) which we sold before Convention, these garments brought about \$23.00, and we only have two or three little garments left which we hope to sell later.

We also had for sale and display a full line of magazines and booklets published by our Group: HAPPINESS THROUGH HELPING, the new MANUAL for young children, the pamphlets DID YOU KNOW THAT HAVING A BABY CAN BE WONDERFUL? and A GLIMPSE OF OUR LADY AT THE BIRTH OF A CHILD, as well as SONG BOOKS and old copies of our DIGEST. From these we netted around \$118.00, not counting some \$20.00 received from renewals and new subscriptions.

At the Booth and on the little bench many conversations took place. It was surprising to hear how many knew about Dr. Read's method of Natural Childbirth, or owned his books. Some were urged to write of their experiences, or of their knowledge concerning the help this method had given to some loved one. We hope these personal experience articles will soon be sent in to our magazine, but if not, I can assure mothers that this method does help, even though the doctor will not cooperate entirely. I can personally testify that even a strong belief in "Our Lady" and lack of fear are wonderful allies in approaching this new experience of childbirth.

It was nice to meet new friends, old friends, old Knights of the Round Table. Many of these took material and renewed their desire to carry on this work (which is all one) for better babies, more understanding parents, finer citizens, and a happier and saner world.

OUR MAGAZINE

There is nowhere in the world a magazine like MOTHERS' OCCULT DIGEST. The last two issues "Preparation for Maternity" and "Infancy" I think are priceless, and many seemed to feel in accord. Do you like the new offset printing and darling covers? Of course, this is necessary due to rising costs of printing, but I like this offset process personally. We can now have pictures, and we hope more material. We are experimenting with reduction in the size of the type and soon hope to make it more readable. We have quite a supply of these "maternity" and "infancy" issues left over for our readers to send to their friends - especially young sons and daughters.

CONVENTION TALK

For fifteen minutes I presented the work of Mothers' Research Group before the Convention. It was a plea from my heart to members of the Theosophical Society to awaken them to the really wonderful work done for seventeen years. Do you know that not once in all this time has an issue of our magazine been missed? Oh, the name and format have changed, but the work has gone on. Do you know this is truly a MOTHERS' RESEARCH enterprise, not just some California group enterprise? It is a national Theosophical work, aided by national funds and responsible to the Board of Directors of the National Theosophical Society in America. True, Mrs. Muriel Lewis has been the Director, and without her remarkable dedication, consecration and sacrifice it could not have continued, and no one knows this better than I! But it is more — it is a combined effort of mothers over our large continent, even over the world — mothers who dream and work and are awake to the needs of humanity. Yes, and behind it all doubtless stands the Mother of all men, the Star of the Sea, the Lady Mary. Some of us feel this, and no one can shake us out of this belief.

THE GROUP

When you consider the vast output over seventeen years, with never a time when we lacked material for our magazine, but always confronted with the problem, "Oh what must be omitted?" — it makes you appreciate the fact that something great and beautiful inspires this work.

This has not been done easily or without sacrifice, and we need each member to help us carry on. If we could double our membership in the Group it would safeguard the magazine, the heart of the organization. To help safeguard it a "Convention Offer" was made by giving to anyone who bought \$5.00 worth of literature, a supply worth \$6.25. Into these packets went four each of "Preparation for Maternity", "Infancy", the Manual, usually a set of the four recipes (very popular) and then old copies of the Digest and the two little "best sellers" (Did You Know...and A Glimpse of Our Lady..). This offer proved popular among the representatives of the larger lodges, and we hope in this way to familiarize our members over the country with our line and to receive many reorders. In this way postage was saved, and postage is a large item, and the stock, too, was moved.

One lady, only, seemed to think we were wasting our time - that all this material could be found in books and magazines. She did not realize that much of a physical nature, a medical nature, may be found in popular

publications, but the inner, spiritual side is lacking. And perhaps the constant thought and ideals and work we have done over seventeen years may have aided in this other presentation. Probably this has been one of our most valuable helps to the world along these lines, for there is no power greater than thought.

So we labor in the hope that the ideals and dreams of mothers all over the world may materialize, remembering what Dr. Grantly Dick Read once wrote us:

"There is nothing that the world needs more today than the improvement of all that is related to motherhood. I believe, in fact, it is our only hope....."

And in the words of the Christ, "Where two or more are gathered in my name, there am I in the midst of them."

Director's Page

STAFF CHANGES

With this Fall Number of our magazine a new phase of our work begins. Mrs. Marie Jeanette Hayes of Pennsylvania, who is well known to our readers, has kindly consented to take over the editing with the necessary research involved. She will be assisted by her husband, James E. Hayes, as Assistant Editor, and by Mrs. Nancy Bullock of Springfield, Ohio, as her Secretary. Sub-Editors will be chosen later.

There are five children in the Hayes family and the Bullocks have three - from infancy to teens. From such a laboratory of practical experience with children, our magazine should not be wanting in adequate information - refreshing and uptodate - as are the children themselves!

All of our assistants are efficient - not only as housewives and parents, but as workers "in the world" - most of them having been secretaries or teachers before marriage. A number of them are at present working to help children through college, or to help take care of the obligations this present age saddles upon us. The following "Who's Who" will introduce our helpers, although the information is by no means complete.

GET OUT YOUR MAGNIFYING GLASSES!

It is a pity we must reduce the pictures! Although in this issue we are only able to print pictures of our Staff and a few views of our office, we plan to illustrate our later numbers with family groups, children and friends abroad. Also, when branch groups are formed, we should like photos sent in. We therefore urge our readers to send us good pictures large enough to be reduced one-third. Also it might be well to include the negatives so we can make the enlargements ourselves when necessary. We have had quite a time arranging all these pictures. Some of our helpers must be camera-shy, for all staff photographs are not in, but we do hope to print them in the Christmas issue. Don't you think pictures help to bring us all more closely together?

YOUTH BANDS

At a recent Spanish Fiesta Parade in Santa Barbara, California, I was delighted to see some dozen "Youth Bands". They were bands from the small towns scattered over Southern California, and each consisted of youngsters from the middle grades up to tall boys and girls in high school. They were well-trained, played well and looked very colorful in snappy uniforms. One band marched as well as any I have seen in the armed forces. All of a sudden it turned into a "drill team", then broke into a chorus of dancers! It seems as though each year parades are giving us bigger and better youth bands. Bands formerly consisted only of older boys. Now, not only are there an equal number of girls, but tiny children are to be seen beautifully doing their part, marching along and tooting their big horns with the teenagers.

"How wonderful," I exclaimed to my husband, "that children are now being given all this musical training! All this team work! There is nothing like music to fill their spare hours and to hold their interest in something constructive."

My husband nodded, "Yes, and they don't get out of breath as the old boys used to!" he said.

WHAT PRICE?

A lady at Convention was overheard asking a friend: "Does Mrs. Staggs make her living out of selling those maternity booklets?"

OVERHEARD

One of my friends overheard her little girl talking to herself one day while playing. The child was saying: "Wonder who God's mother is?"

TO THE FATHERS

People have often wondered why we are not called the Parents' Research Group. In 1934 the Theosophical Society in America formed a number of Advisory Groups and ours was called the "Children's Advisory Group." In order to include work for Women and Mothers (not then being done by any other body in this country) as well as Children, we were granted permission to change the name to Mothers' Advisory Group, and later the remaining groups became "Research" groups.

Although no men were "charter members" many have joined our ranks in recent years. These men offer us valuable help in their capacities of physicians, teachers, writers, business men - yet all interested in the work of the New Race and World Mother. From men we receive reports on their wives' "natural" deliveries, articles, book lists, orders for literature.

We do thank all the men in our Group for their interest and cooperation. We need their ideas and help as well as money. We are all interested, are we not, in the type of mother, physical body and home we shall enter at our next birth? We can all help prepare the rising generation now so they in turn can carry on the teachings given by the Ancient Wisdom regarding the ideals of family life.

— Muriel L. Lewis, Director

STAFF PICTURES

- (1) Marie Hayes
- (2) James Hayes
- (3) Muriel Lewis
- (4) Director's desk
- (5) Marie Forstey and son, Dick
- (6) Elina Whittick and husband, Bill
- (7) Lewis residence showing adjoining porch and office of Mothers' Group
- (8) A view on lawn of Hayes' home in Pittsburgh, 1950. Back row: (left to right) Mrs. Forstey, Mrs. Hayes, Mrs. Lewis, Robert Hayes and Dick Forstey. Front row: Rozaine, Kathleen, Stanley and Joseph Hayes.
- (9) At Christensen's home in Ojai: Timothy Whorf (background)
Left to right: Torre Whorf, Alyce Christensen, Maureen Walker
- (10) Neeltje Roest leaving Group's office with an armful of orders she has just filled, and bound for the postoffice.
- (11) "Nel" Roest
- (12) Maureen Walker
- (13) Nina Jordan making dolls
- (14) At 1951 Convention, "Olcott", Wheaton, Illinois. Left to right: Charlotte Ward, Gladys Charbonneau, Elise Staggs
- (15) Mrs. Nancy Bullock (center) and children Susie and Bill and Baby Merry
- (16) Elsie Rutledge
- (17) Sarah Jordan and husband, Bob, (who is always willing to repair our typewriters or to help mimeograph in a pinch.)
- (18) Part of the "Bindery Crew" on lawn of Illig home in Meiners Oaks, Ojai with boxes of Maternity and Infancy booklets ready for mailing. Left to right: Muriel Lewis, Bess Illig, Rosalind Lewis (a Young Theosophist), Alyce Christensen, Carol Dieges (of Ojai Round Table)

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MOTHERS' OCCULT DIGEST - Domestic or Foreign - \$1.00 per year	
HAPPINESS THROUGH HELPING (Children's Stories, 100 pages).....	\$1.00
PREPARATION FOR MATERNITY (50 pages).....	.50
INFANCY (25 pages).....	.25
MANUAL (Theosophy for the Primary Age Child, 30 pages).....	.75
MATERNITY PAMPHLETS (Natural Childbirth2 for.... Glimpse of Our Lady at Birth of a Child)	.15
VEGETARIAN RECIPES (while they last - 10 cards to a package) Loaf - Egg - Cheese - Salad Dishes ---per package.....	.25
SONG BOOK (40 pages).....	.75

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