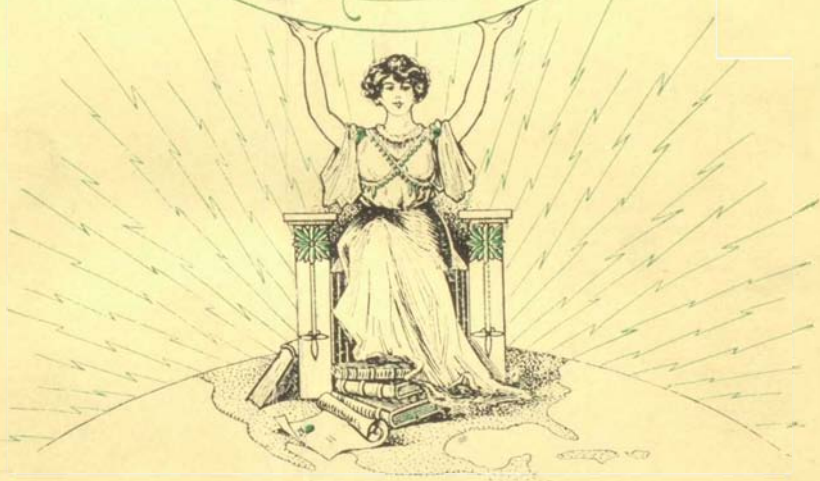


P. 1-2

Mind The Builder Magazine

THE LIBRARY OF
CONGRESS
SERIAL RECORD
FEB 6 1945
COPY 2
GIFT



DR. A. A. LINDSAY

AUTHOR - Complete Library Psychology
Literature.

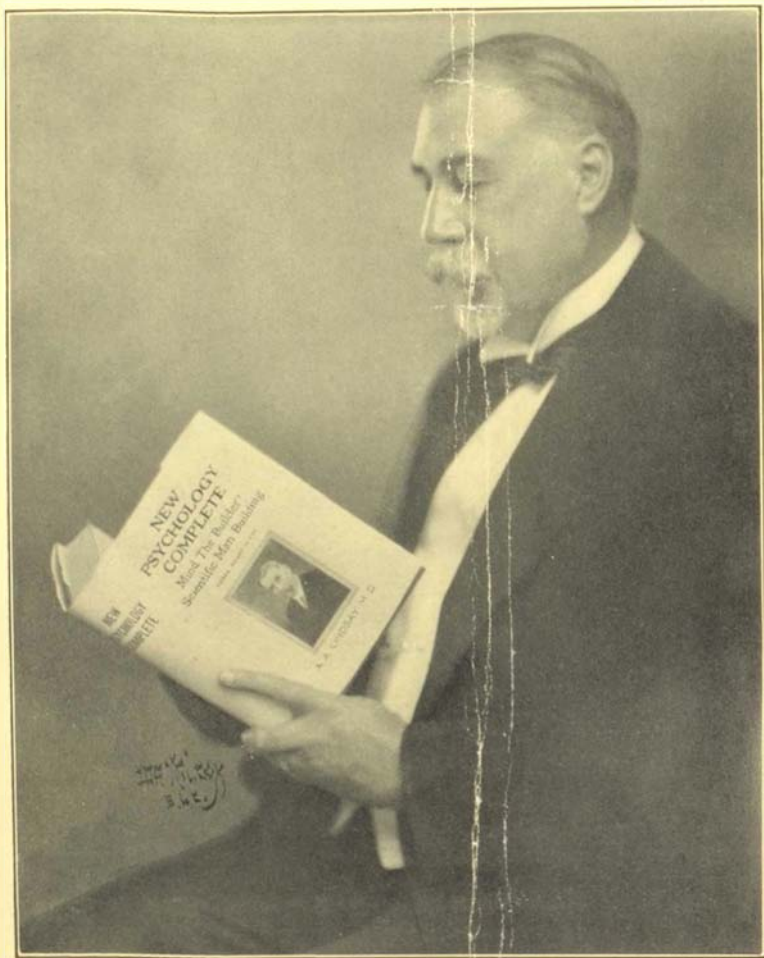
LECTURER - Founder of Society of Soul
Culture.

Hotel Ansonia - New York City

FEBRUARY

1 9 3 8

BF 638
-M698



A gentleman patron writes stating that while ten people would be glad to promise to pay ten dollars a month each to enable the printing and distributing of Mind The Builder Magazine to a thousand people each month for one year cheap for a letter from Dr. Lindsay each month), 20 people at \$5.00 per month would guarantee that distribution. Dr. Lindsay would abide by either plan—for a number of years he carried out such a distribution at his own expense, not charging enough even to pay the postage—he cannot do that now because production costs 3 times as much as formerly—but will be glad to contribute the writing, mailing, etc.

WRITE DR. LINDSAY, HOTEL ANSONIA, NEW YORK CITY, if you would subscribe a dollar a year as a subscriber or one dollar a month, up to \$5.00 per month to aid in general distribution.

DR. LINDSAY'S 1938 LETTER

To all friends whom I know and those whom I will know; My Best Will and Wish;—"You are a great teacher and I do wish you could teach me how to thank you for all the help I have been getting in my work this year, and my health also."

The above copied from a letter I have received this moment.

The writer states my quandary and indicates my feeling toward the people everywhere who have permitted their attitudes toward me that have enabled me to be helpful to them. My abiding attitude is that of aspiration to count most helpfully in the lives all who will permit our harmonies to persist and our rapport, telepathically, to remain perfect.

I moved the office from Hotel Statler, Cleveland, to the Hotel Ansonia, New York, almost a year ago—the home office dating back more than 20 years. In 37, I made occasional visits to Detroit, Hotel Wolverine, my office of 25 years ago, but wherever I was objectively I was offering my best aid to you.

By the middle of March I hope to be at the Wolverine in Detroit, conducting my work from there for a few weeks. Permanent office in New York City, Hotel Ansonia.

This Mind the Builder letter and pages following are all written as an index to loving interest in YOUR welfare, then may you accept the best and the most I have to give—MYSELF.

Desiring to see you, 1938.

A. A. Lindsay

DAILY LIFE PSYCHOLOGY

As specialist in the study and application of the laws and formulas of practical psychology (defined in modern dictionary: "the science of the soul") over a period equal to an average man's life time I am qualified to instruct upon all subjects involving mind, soul and body—MAN.

No informed person knowing anything about the life and discoveries and inventions of Mr. Edison would be disposed to ask from what school or college did he acquire the knowledge he exhibited through his creations. Edison thought in an aspiring way to unfold to the utmost the laws and formulas relative to the electrical force. Developing his own laboratory and working with a freedom complete in that no one could limit either speed, distance or directions in unfolding upon that force. He traveled new roads and found new fields and all to be enjoyed by humanity. Since SERVICE was his devotion, all mankind would be blessed through his self-expression. That is no more a fact in an Edison than would be true in any life, in any human who has the courage to be one's self.

Origination will become demonstrated in anyone that, in the true sense, is free—rarely do we find man or woman that still is not waiting to be told or is not hampered by standards fixed by authorities (so called).

I established my own laboratory, asking no authority other than my own mind (voluntary objective mentality) and my own soul (my spiritual self). Mr. Edison was free to disclose the merits of the electrical force

as it might be manifested through and upon metal or other material; I, with just as much freedom, have disclosed the laws and formulas pertaining to THOUGHT FORCE, therefore can well inform and demonstrate the power and effect of the IMAGE and can well show that the picture, the image, is the ONE KEY to all the manifestations of mind or spirit. At this point I would wish the reader to interpret with me that there are the two elements in the universe, spirit and matter—that all that is not matter is spirit. The volumes I have written show the relationships, spirit to matter, all writings plain and simple, readily understandable.

With freedom to establish my own laboratory and follow the work and disclosures there, with clinical work provided in all forms of needs, to these I have attention incessantly, formerly. Right at the time the demonstrations in healing and culture were being made, I wrote the details of experience—later years, and now, I wish to write and teach ALL that laboratory and clinical experiences of the past have qualified me to do.

My purpose is to aid everyone in applying the laws and formulas in living the life; in impressing each one to remain aware constantly that he or she is an image-maker and that nature has provided only the image as the cause for whatever effect that is or ever has been or ever will be in any human life. The body at any stage of its development or changes at any time, whether the change is for more harmony and healing, or inharmony—and disease; the disposition making or changes therein; character or its modifications; success in any direction—degrees of prosperity—all that is or will become in fulfillment and experience, in all that relates to human, has or will have THE IMAGE, the SOURCE.

SPONTANEOUS HAPPINESS

To work for happiness as an end will not be followed by one becoming happy—happiness, like all other desirable states must be spontaneous—neither sought as an end nor forced.

There cannot be happiness unless there is peace. Perhaps close analysis would not show the two states the same, but rather interdependent.

In one's usual attitude he interprets that with the removal of some IFS, he would find peace and would be happy. Such an attitude would indicate that one is tending to live another's life. Usually the chief obstacle is the interpretation that what another is or does if corrected, one could be happy. No one will ever be happy if he cannot be at peace until everyone in his life is perfectly free from being or doing some inharmony, in the estimation of wisher for a state of happiness. Mr. Kipling's psychology was right in this regard for according to his interpretation, one is empowering another's influence to make it count too much.

One has the privilege of voluntary choosing or consenting relative to all that approaches his life. Usually one has not noted that, with his voluntary, mental phase, he can form any conclusion, just according to his inclination; that when one forms a conclusion with his voluntary mind that he drops that picture into his involuntary, subconscious phase, that must accept that conclusion as a command to the soul to make, to create, so far as the individual is concerned, what that picture calls for. Therefore if one forms the conclusion that he never can be happy—never at peace until certain things in others or in himself are changed—it is not the merit of those conditions that count at all but by his auto-suggestion he has fixed his standard by which he is compelled, by his own soul, answering to an order he gave it voluntarily, to remain out of peace and must remain unhappy.

All the above is true, made true by one with his voluntary self telling his own soul what to compel his attitudes and states to be. Instead of that let one, with his voluntary choose to become passive and let his innate self,

infinite self, through its intuition impress the states, then intuition would guide in a very clear impelling. The soul, the innate self, becomes the voice and the conscious mind, the echo. The immediate situation is that of sweetest peace. The innate self never advises worry nor fear nor any situation other than peace.

One should note in the above that voluntary thinking and interpreting may be the source of the conclusion and that the virtue is in the conclusion for it is recorded as the working plan, which is an order to the omnipotent self to fulfill.

One of our patrons over many years recently stated that as foreman in the plant, he approached the machinist not as if he were going to rebuke him, but as if he would lead him in making corrections. Manner and tone, kindly, was his standard, also this young man said: "In fact, I endeavor at all times to think constructively for my conclusions will be comprised of the same quality as my thoughts that make my conclusions." He had noted from my early writings that the goal will be just what the wayside makes it—the goal is of the elements gathered in the wayside.

I would that everyone could realize his privilege, given him under nature's laws to be the picture maker, voluntarily, by which he can give to his soul, the infinite builder, a constructive prayer, particularly, an assurance of voluntary trust.

One can enter into the quiet in an attitude of letting go, in seeking poise and looking in trust to his own soul. If it is a complete trust in which there is the entrusting to one's own INNATE-SELF, in that scientific prayer, there is the complete fulfillment of the terms by which absolute release from the worry, fear and unhappiness will follow, and perfect peace will attend—BUT ONE, TO BE RIGHT, must interpret that the prayer-answering power, for himself, is HIS OWN SOUL.

YOUR PROBLEM—ITS SOLUTION

It does not matter as to what the manifestation is or what is involved, your problem is a psychological one in its foundation and all of its ramifications. It seems strange to the uninitiated that the whole thing of human life is comprehended in practical psychology and yet so few people make that the chief direction of their research.

I think my answer, since it is true, will be accepted, especially if one will go with me through some of the explanations of what psychology is. First, it is not more than approached by persons and institutions that interpret that the "science of mind" is psychology. Of course the intellectual (mental) phase of intelligence, not being matter, it must be spiritual and to study mental features would be a part of psychology, especially as the study of objective mind would lead to its relationships to the psychical phase which is the seat of all superior knowledge.

Psychology, dictionary defined as the science of the soul, because the word, soul, is brought in, becomes rejected because that word has been used in theological connection almost as if theology monopolized all that could relate to that life and intelligence, which constitutes the soul. Without warrant, fear that to know the soul scientifically would destroy one's theology has prevented the study of laws and formulas taught in psychology (true psychology). I say, without warrant, but I must amend and declare: without warrant, provided the theology is right.

Anyway our lives would be well directed if we search all the time and in all directions to disclose nature's laws.

If your problem is one that relates to the body in any respect, then of course it is a psychological one for the soul created the body and remains in control over it in preserving, healing or regenerating it in any part. Matter elsewhere than in the body, the soul cannot directly control. The soul can intuitively disclose what the matter is or contains and inspire the conscious mind with knowledge of how to develop the merits—and sometimes, when large bodies of matter are to be dealt with, the soul may impress the conscious mind with a picture of an invention by which excavation, transportation or even cultivation may be accomplished.

6

How does a problem of healing arise? It arises through the soul, that controls all that goes on within its body, becoming possessed of an inharmony picture—then to heal involves impressing the soul to cancel that image and take up the harmony, health, picture and build after that perfect pattern.

The soul of the human is the only power that can heal.

The human has the privilege of choosing and we need not oppose that fact which makes one a free will agent, for that is a natural law that even the omnipotent and omniscient innate self cannot defeat. The conscious mind choosing or consenting to an image orders the soul to accept the plan and build after it—it matters not whether a diagnosis and prognosis are destructive or constructive, natural law requires the soul to use the image it receives, to build after—and it will continue to build, using that image (suggestion) until a different image is impressed upon it. Then, are you ready to agree that health problems are problems of psychology?

Maybe your problem is: finding a position. You may tell me that you have calculated day and night and gone on investigations everywhere you can reasonably hope to be accepted. Certainly your mind, conscious, would be involved but your problem is psychological, not only of mind and body. At its source it is a soul problem and in your mode you have endeavored, actually, even if ignorantly, to supplant the soul that knows where your job is, substituting your objective mind that, of itself only knows what its senses tell it. Think over all that relates to the position, think voluntarily, but aspiringly—then become passive, really entrusting to your soul the prayer that that innate knowledge will impress in an impelling way, through intuition, guiding your activities, leading to the proper connections. All problems are psychological, even if the custom has been to try to solve them as if they were mental and physical.

You cannot have a problem that your soul has not the best solution for—and usually a perfect solution.

INTUITION HOW QUALIFIED

I cannot conceive of a human who believes that all knowledge one possesses and can use in his daily life, in practical living, is acquired. Surely everyone believes that in the same sense that all forms of life "below man" have instinctive knowledge, adequate in each individual for its needs, that the human has inherent, innate, intuitive knowledge adequate, also.

The idea is made of difficult understanding because the usual person knows that the mind which he uses voluntarily gives little index to any superb knowledge, however hard he tries to exhibit such knowledge. That is why he tries so hard to cram his intellectual self. He seems to believe he can bring out what he puts in. This situation proves that in the practical life the soul does not force its knowledge upon the mental phase.

The numerous volumes I have written are so many thousands of words demonstrating the psychic phenomenon of innate, intuitive, knowledge present in the soul of everyone, in degree, adequate to guide the life for health, true success, material prosperity, the high attainment in art and invention. These proofs also show that each human has a spiritual gift, meaning that he is talented in one direction above all other points, although each one is versatile.

The chapter in my "NEW PSYCHOLOGY COMPLETE, MIND THE BUILDER, AND SCIENTIFIC MAN BUILDING," three books in one, entitled, "The Art of Letting Go" goes into sufficient detail concerning method essential to the bringing into practical application of the innate knowledge, through which perfect guidance, the service of intuition would become impressive to the essential degree to obtain its recognition and the cooperation of the objective mind—the latter standing between the innate knowledge of the soul and the objective world and life.

TELEPATHY, NATURAL COMMUNICATION

While medical men, and sometimes ministers, write the statements that they believe there are subjective, subconscious attributes inherent in the human, they declare that little research has been made, therefore that it is not known how to get action upon these features, telepathy, intuition, prophecy, clairvoyance, clairaudience, psychic colors and pictures and even healing by soul power.

Of course, since these folk have not heard of the disclosures of laws and formulas, to them it may as well be true that no one knows. I do know the laws and formulas of all these subjects for I began their study and use forty-three years ago, and now, approaching near a half of a century of demonstration in application of those laws and formulas I certainly need no conceit to declare that I know my subject: "PRACTICAL PSYCHOLOGY" and with positiveness can make my declarations.

Telepathy is the only natural mode of communication among humans and among individuals in all the forms of life.

Humans usually have (if civilized) agreed upon some sort of symbols, purely artificial, as language. Those who have acquired the same symbols understand each other through the objective language. You ask: "Why is there not more identification of telepathy if it is the natural and universal mode of communication?" BECAUSE COLLEGES OR PRIVATE PARTIES KNOW SO LITTLE ABOUT SUBJECTIVE ATTRIBUTES THAT THEY CANNOT GRASP THE FACT THAT TELEPATHIC COMMUNICATION IS FROM SOUL TO SOUL. All research other than among my students has been with the idea of measuring telepathy by the extent that the conscious mind becomes aware of the transmissions, telepathically carried. Perhaps not one billionth of telepathic interchanges ever become recognized by the mental, intellectual self.

I have conveyed telepathic pictures, formulated in my conscious mind dropped into subconscious then conveyed to a person who was in complete unconsciousness and have seen my picture that called for an involuntary motion immediately answered, the motion I pictured.

Hundreds of times I have offered such suggestions to persons in natural sleep and a few times in anaesthesia, with prompt response. You can offer the suggestion to your resting or sleeping cat or dog: "Your ear will twitch," or to the dog to wag its tail or jerk its foot. If you do not succeed the first few efforts, try again. After you get an answer you will have more confidence and after you get the consequence you can think toward a human constructively and be helpful. Everyone has carried unfavorable pictures to loved ones and thereby placed obstacles in the way of recovery. Fear directly conveyed telepathically is often the deciding influence as to recovery. The harmony there is between persons the influence they have upon each other through this soul to soul communication by which impulse is given to the soul, impulse to act as the communication pictures determines the results. Only those in rapport can hurt or help each other—enmity between persons is sufficient to cut off rapport.

I wish at the moment to impress my reader with the principles involved for if interested in the greatest factor that has been working in your life you can read my more lengthy writings.

10

Absent treatment is based upon the principles—and all are absent treaters but much more destructive, fear images have been in the telepathic communications, than those of hope.

If you failed in business once, your friends live the telepathic attitude that you will fail again—really a scientific prayer that you will fail again.

The mother says audibly to the child ordering the child to come home immediately after school. Then proceeds to say to her soul, "I know he will not obey that order." Living and telepathically communicating the attitude she makes it impossible for the child to obey the spoken order for soul to soul influence usually is more forceful than the audible statements.

The leading New York minister stated recently that he expected we would have to accept telepathy and that skepticism had kept us in doubt. It will not be believed in ever unless the measure is removed that fixes conscious knowledge of what has been received by self or another as the test. One may receive an absent healing treatment by telepathy and never be objectively conscious of such a picture becoming placed, yet gain the healing of which he would be conscious. NO I WILL NOT CLOSE THIS SUBJECT WITH: "OH, WHAT'S THE USE!"—some people are not snobs, who must wait for a noted institution to put its stamp upon an offered instruction. Look up at your electric light globe and think where we would be if Mr. Edison had not worked at his own bench over many years, ALONE.

11

REVIEWS of "New Psychology Complete, Mind the Builder and Scientific Man Building," three books in one, 450 pages, \$3.50. Dr. A. A. Lindsay, Hotel Ansonia, New York City.

Dr. Lindsay has been using suggestive therapeutics in his practice as a doctor for many years and has worked out a practical method which has proven its value in so large a number of cases that only a very prejudiced person could ignore the results or doubt that they were produced by these methods.

The time is ripe for a better understanding of the basic principles of a force that lies within the reach of all who are wise enough to use it. Dr. Lindsay's book is one that places a good working knowledge before the reader in plain language and without making any claims that cannot be established by experiment.

He does away with unnecessary paraphernalia and makes the suggestions to his patients in a simple way, very calmly and persistently and in such a manner as to awaken soul expectancy.

Just how all this can be done to best advantage, how to overcome opposite auto-suggestions and the principles upon which to work are all made quite clear.—*Carolyn Hart, N. Y. Post.*

Dr. Lindsay writes from an exalted moral plane, his aim evidently being to make this a better and happier world by acquainting people with the nature and powers of their own minds. This book is not only for those who intend to take up the regular practice of psycho-therapeutics, but for those who desire to help themselves to better health and happier living and perhaps to exercise incidentally a beneficial influence among their immediate friends and relatives.—*"Telegram," Portland, Ore.*

This is one of the best books which has reached the table of the editor of POWER. And it is just as such a book many students desire, for it

gives definitely not only the teaching but the actual formulas whereby the reader learns just how he can treat himself and others for any seeming inharmony. Dr. Lindsay is a deep thinker, and his writings are clear and concise as well as forceful.—*Power.*"

●

Dr. Lindsay has made noteworthy strides in the development of a healthy mind in a healthy body among readers of progressive literature, but in this one he has not only surpassed armies of other writers on the subject but even himself. He knows exactly how to unravel the tangle and then he glides along, constantly undoing knots and rolls up the silken thread smoothly and symmetrically upon the plastic mind of his readers. "Mind the Builder" will and must become the Builder of Mind in America, and with that it will teach how to possess and preserve excellent bodies, magnificent intellects and superb characters.—*Naturopath, "New York.*

●

It is a practical and logical dissertation on the methods of mind-building, showing conclusively that it is the greatest thing in the world and that the subject can be, and is being, treated scientifically.

Dr. Lindsay is exceedingly tolerant of all religious sects, and never makes the mistake of attacking any one's views upon health or religion, at the same time he indirectly shows the fallacy of various cults when it comes in direct line with the science he is endeavoring to inculcate. In the pages on "False Affirmation," we find him sounding a warning note against certain methods that have taken deep root among a great many people. It is not difficult to understand his meaning when he says: "A false affirmation made, such as a declaration of perfections in physical health, mental or spiritual excellence of affluence which does not exist at the time, either in form or degree makes it impossible to ever attain, and I hope to make it clear that the law of cause and effect must always produce in such practice, self-deception, which extends far beyond the subjects upon which affirmation is made."—*Oregon Journal.*"