

# THE MENTOR

JUNE 1967



# THE MENTOR

ASCENDED MASTER WISDOM AND ILLUMINATION  
THROUGH THE PERCIPIENT FOR  
The Sanctuary of The Masters' Presence, Inc.  
Of New York City



*THE MENTOR. . . . Is a monthly publication containing Ascended Master Inspiration and Illumination for the purpose of providing The Chalice of The Spirit within each one, with That Essence of Truth which will reveal the way as the student moves forward upon the pathway of Spiritual Revelation and Christ Attainment. From time to time, there will be included inspiring material and instruction received through other qualified channels and those thoughts and revelations which are expressed by other individuals who are perceptive to Wisdom and Truth.*

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## *A SISTER OF THE BROTHERHOOD OF THE GOLDEN CROSS SPEAKS*

Visualize yourself, and make the conscious call from within your own consciousness, to draw forth from within your Christ Self, around your physical body and your other lower bodies, the powers and activities of the Christos. Draw forth that sheath of White Fire Substance which is a positive insulation against any destructive or negative thing of the outer world. See yourself sealed within that Light. Now invoke the powers and activities of the Violet Fire to blaze up through that sheath of Light and through all the cellular structure of your physical body, your mental body, your emotional body and through your etheric body, to transmute all substance qualified with the lower vibrations of the human self, so that all substance, and all energy, may be drawn into the higher frequency of the Christ Self. As you feel your consciousness arise into the outer periphery of your own Christ Self, feel that you are now capable of communication with your own Christ Self, with a Beloved Brother of the Golden Cross, or any other Ascended Master or Teacher, whom you desire to invoke, or who has chosen to assist you.

As you hold sustained about you this impenetrable armour, or sheath of White Fire Substance, know that you can carry on not only your spiritual activities, but your worldly activities as well, from within that sheath of Light. In the outer world, at times in the past men wore armour made of steel, of iron or some metallic substance, as a guard against the weapons of their enemies. It was unwieldy; it was heavy and did not allow for the free motion of the individual. You can be clothed in impenetrable Light substance, which acts like armour, except that it is completely flexible, and within it you can work and move at ease. To your outer consciousness it is not even tangible, so you are not impeded by any unwieldiness or by any discomfort from its weight.

### *Form and Change*

Substance, which exists in other spheres of frequency, vibrates just as substance in the physical or human sphere vibrates. All substance is living, intelligent energy, vibrating at a particular frequency, which allows it to sustain the form which is imposed upon it. This form may be imposed upon it by man, by a Master, or by the Great Creative Presence Itself. That form contains a seed pattern, which substance adheres to and outpictures. Substance is held within that form so long as the vibrational frequency is maintained. When the frequency drops lower than that of the substance in the form, the form disintegrates. If the frequency were to be raised, the form would be altered and gradually become a new form of higher frequency. The same is true of that which disintegrates in the lower frequencies. There is *no complete annihilation of substance or energy, but there is change in frequency, and thus change in form.* When

you are dealing with things, know that you are dealing with substance and energy which contains within itself the frequency of Light or a pulsation of Light which causes it to adhere to the form which has been imposed upon it.

You have been asked to visualize yourself as drawn into the higher frequency of your Christ Self. You have, therefore, set about altering the frequency of your physical body, your mental body, your emotional body, and your etheric body. As you do this, you step into a new form or frequency of matter, which is less tangible to the physical sight of others and which, perhaps, seems more intangible to your physical senses. You may have a feeling of leaving your physical body. This is not the case while you are still embodied or tied by the Silver Cord to the permanent atom in the physical heart. You do not become completely detached. Do not allow that feeling of detachment. We merely desire that you raise the frequency of the entire structure, but not to become detached from it.

At the moment of so-called death, the individual does experience detachment. Once that detachment takes place, there is no further use for the physical body. You will see, therefore, that it is not our purpose to raise you into a state of detachment, for you are still involved with the activities of the earth and human existence. We are merely suggesting that you raise the consciousness, or the frequency of each of your bodies, so that you have not only the attachment but also extended awareness.

#### *Awareness and Frequency*

Frequency is a matter of awareness, or we could say, awareness is a matter of frequency. A low frequency has a low state of awareness -- aware only of the basic physical instincts. As the awareness increases, the frequency increases. You, as an individual ego, become more and more aware of extended horizons and expanded consciousness, and you arise into a spiritual understanding of your own individual being. You will see that this is a state of awareness and that it has to do with the speeding up of the frequency of your consciousness. You can do this at will. When you walk upon your street, you can walk very slowly if you wish. This is a matter of will. You will to walk slowly, but if there is some pressure upon you for haste, you increase the rate of speed in your walking and you walk rapidly. The same activity is taking place, but you have speeded up the process through the direction of your will, or the intensity of your desire, or both your desire and your will together, to reach your destination more quickly, or whatever other purpose you may have. You will see that the speed with which you move your hands, or your feet, is a matter of the will and the desire. So is the raising of the frequency of your mind, or your feeling world separately or both together. It is a matter of willing and desiring.

Many individuals have been puzzled about how to go about raising the

frequency. "How can I raise the frequency?" I hear these words continually. Beloved students of the Brotherhood of the Golden Cross, it is as simple as increasing the speed of your walk, as you move down the street, or as you increase the speed of your fingers as you work. It is only a matter of desire and will. There is no mystic process involved. It depends upon your desire to raise the frequency, coupled with your will to raise the frequency. O, you say, "I am determined to raise the frequency of my consciousness. There is no question about it, but I do not seem to feel that I have raised my consciousness." Well, Beloved people, you might very well stand upon the doorstep and feel that you must hurry to the next corner in order to make your bus, but if you do not step out from the pavement and move your feet, all the thoughts of haste will not get you there. *You have to act.* Now you say, "I wish so much to raise the frequency of my consciousness." You may wish to raise the frequency of your consciousness from now until eternity, but if you do not *act*, the frequency will not be raised.

### *You Must Act*

You may say, "How is it that I can act?" Well, how is it that you act to get to the corner? You just move your physical body out there. How do you raise the frequency of your mind? You begin to think spiritual thoughts. You begin to transmute the inharmonies of the mind, which act as blocks to the outpicturing of perfection within your mind and your desire body. Begin to give the decrees which will free you and your fellow man from the destructive activities of both physical and mental impediments. *Begin to act.* It is not sufficient to merely sit idly by in a chair and pretend to meditate, when all the time you may be thinking of other things not of a spiritual nature, and criticising and condemning, and envying your fellow man. You cannot think these thoughts and then expect to expand your consciousness. You are, by thinking thoughts of destruction, narrowing the horizon of your consciousness, rather than expanding it. You are lowering the frequency of your mind and feeling world each time you think an inharmonious thought, or pass judgment upon your fellow man.

Remember your great teacher who said, "I came not to judge." Later he said, "The things I do, you shall do." He gave his disciples plenty to think about. Follow the Master and attain the higher spiritual consciousness, which is the desire acted upon. Remember the word ACT if you remember nothing else this hour. You must think; you must feel; you must desire, but above all *you must act*, for your thinking and your feeling is of no value until you act upon it. You may say to your fellow man, "O, I am a righteous person! I am perfectly pure and holy in all of my thoughts, feelings and desires." But if you do not *do* things, which are pure and holy, then you have not established purity as the frequency within your world. ACTION! "Do the things that I do!" This is not a new teaching. These are the very words of your Great Master

Teacher, Jesus Sananda, "DO the things that I do and even greater things!" This was his instruction two thousand years ago. It is strange that it has been ignored so long.

### *Your Electrical Energy*

Now you have the key to the raising of the frequency of your consciousness. Frequencies are all concerned with matter and substance. There cannot be a frequency without something for the frequency to act upon or through. You do not have an electric current to light your lamps within your homes unless you have an electric wire through which the current passes. You do not have illumination unless you have an electric light bulb, which supplies the conditions required for illumination. There must always be substance through which a current of energy, or a frequency, can act. You have a physical body. Within that body are billions of cells, all having within themselves electrical currents, but life is only set into action when the electrical current of your lifestream courses through the physical body. Life is an electrical current passing through your body. It has an electrical frequency which passes through your physical body, animating all of the cellular structure of that body. As those tiny cells wear out with use, they are replaced with new cells, each having the ability to carry the electrical current. You have electric bulbs in your light sockets, and they burn for a certain length of time and then the wires become overheated. They burst, and you replace that light bulb with another. It is exactly the same with the cells of your body. The electrical current is passing through the wires, and through the electric bulb, but when it burns out, it does not give a manifestation of light. It needs to be replaced.

You, as a living being, are enlivened by an electrical life current. You have an electrical current passing through the permanent atom within your Spiritual Self from your Divine Ego. When that impulse is set into action within the heart of a physical body, it continues the work from the prenatal influence throughout the body's endurance and sets the cellular structure of the body into a vibrational frequency of its own. The unborn child vibrates with the pulsation of the mother pulse, but at the time of birth the child accepts the new frequency of its own indwelling force or being. When you came into being in your small earth body, the frequency within the cellular structure of the body was changed from that of your mother to your own. This change takes place even before birth occurs. The frequency of your lifestream is such that it is not visible or tangible, and therefore, can enter into the lifestream and take command of the embryonic body long before birth takes place. Then there is an exchange between the mother's and your own frequency.

Frequency is the intensity power or energy determined by the qualifications imposed upon energy, which motivates your being and world as you take charge of your body. You have the free choice of either speeding the frequency or of

slowing the frequency. You may say that you prefer the natural way of life. The natural way of life is the slower way of the mass consciousness. You have separated yourself from the mass consciousness by taking command of your lifestream and ordering it to move forward according to your spiritualized will and desire, determining to move forward. This is action. If you merely desire to move forward but do not act to move forward, you do not accomplish anything.

#### *Will and Determination*

There are upon your planet millions of people who would like to move into a greater spiritual rapport with the Beloved Master Jesus, with the Angelic Kingdom or perhaps even with their concept of God, but they do nothing about it. Therefore, they do not achieve it or move forward. It requires the sincere effort of the will and determination of the individual to move forward. You do not need to go out and swing your arms and do strenuous exercises physically in order to move forward spiritually. You move forward by the impulse within the feelings, the desires and the mind. Man is a three-fold being. The mind is motivated by the desire body, but the mind is the moving, acting force. The physical body is an instrument by which the action manifests in the world of material being. When an ego raises the frequency of his world, he begins to move in a higher spiritual cycle, and is unaffected by those matters which concern the mass mind, or if he is affected, he is affected in a different way. As you move into higher cycles of frequency while still attached to the physical body, you move all of the bodies into this higher frequency together.

#### *Transfiguration*

The purpose of your training up to this point has been to begin to establish balance. Many of you were brought to the threshold of the Temple of Transformation. This only takes place for a human being when he begins to lose the mass consciousness and enters upon the spiral of spiritual attainment under the direction of an Ascended Master, or a Teacher sent by one of the Ascended Masters. The individual has transformed himself by acts, by desire and by will from the mass consciousness to a spiritual consciousness wherein he begins the ascent upon the spiritual spiral of attainment. Some, who were given the knowledge of having attained the portal of the Temple of Transformation, were delighted and have just taken up their position at the portal and have remained there. It was for the purpose of stimulating pupils upon the pathway by drawing them into this temple so that they would move forward *into the Temple*, taking part in its service and eventually reaching the Holy of Holies at the altar of this Temple, at which time transfiguration could take place. There are none amongst you who have reached the altar of Transfiguration, and why? Because there are none who have desired it sufficiently and acted upon the desire.

In the physical world an awareness of your position in the spiritual realms

which you have attained, is necessary. Too often the disciple finds the way arduous and desires to rest, or is attracted to some distraction. You are now upon a pathway of attainment, where you must remain one-pointed in your desire and expectation. You must now move forward toward the altar, upon which shines the Flame of Transfiguration. What is that Flame, and why should you move into it?

You will recall that the great Master Sananda went onto a mountain with His chosen disciples, and as he prayed, he became transfigured. He manifested before the sight of those of His disciples who were worthy to behold it, *the total illumination* of His spirit. He did not sever the connection with the physical body. There was no separation in the act of Transfiguration. It was merely a display to those disciples whose eyes were opening to another spiritual manifestation, which they might aspire to. This was a demonstration. All the acts of the great Master Jesus Sananda were demonstrations to His disciples. They were not necessary to His own spiritualization. They were demonstrations in order to make an etheric record within the ethers of this planet and within the minds of those who were upon the pathway of attainment, so they would know what to aspire to. They may have understood, but they, themselves often failed to make the demonstration while in those physical bodies for the same reason that you do not. They did not understand the necessity for *willing themselves into a state of perfection and complete balance*, wherein the Light within and about them might shine as the sun through an alabaster lamp or just as the electric current within the light bulb shines through and gives of its luminous radiance when the current is turned on.

#### *Your Will Is Your Motive Power*

Now how is that current within you turned on? By your will. You *will* to turn that current on. You may *have the ability* to turn it on but *not will to turn* it on, for certainly, you would not find it wisdom to walk down the avenues of your great cities today with a mighty radiance showing through your flesh. You would terrify the populace. *The time has not yet come* for you to make the demonstration, but *the time has come for you to acquire the ability* to make the demonstration. The great Master Jesus had the ability to make that demonstration long before he made the demonstration. It is a power which you will withhold, except at certain times when it might be required, but the ability to demonstrate it is that which you must attain. You may practice the ability for transformation in the quiet of your own surroundings or here within this consecrated place, but you would not be so unwise as to go out and attempt to demonstrate before onlookers, who were not prepared to observe that Light. The great Master Jesus did not even invite all of his disciples to behold that demonstration.

## Love

You are beginning to acquire that ability. It is a matter of your desire, and it is a matter of your will to do it. The acquisition of the power is motivated by love. Love is the force, the energy, the power by which all action takes place. You say that you desire to walk down the street. Is that an act of Love? I say to you that the electrical impulses within the cells of your body are impulses of Love, and they love to obey your desire. If they do not, the cells refuse to act. There are individuals whose limbs do refuse to act, and many times you will find the cause of that refusal is centered in hate, animosities and related thoughts and feelings often from the past, which have created barriers or distortions in the cellular structure of the body, which inhibits action. The Light functions within your form, be it within the brain, within the feeling world, within the muscles of the body, or whatever portion of the flesh you care to mention. I say that an electrical current pulses through the cellular structure, animated by Divine Love.

There is only one energy. There is only one Power. There is only one force. All is one, and it is called Love. Energy is Love. Love is energy. I do not speak of human passion, or of physical possessiveness of one individual toward another. This is not Love. It should have another name. Love is the outpouring of a force within matter, which so desires to be obedient and to act in correspondence to the Divine Will, that it obeys every command placed upon it. This is an activity of Love. The slightest motion of your hand is an activity of Love. It acts within all the tendons and muscles of the flesh, which you enjoy using. You may say that this sounds fantastic. Well, explain it some other way if you can. You must come back to the basic principle that all energy is Love.

### *Mind Controls Every Impulse*

You will say, what about the energy of the hand that strikes? I say that the energy is the energy of Love, and it loves to obey whatever impulse is imposed upon it. The cellular structure of *your hand does not will to strike*. It is the human mind of man that creates the impulse to strike, but the energy within the hand which obeys the impulse is an act of Love within the cells. It is not the cells and atoms which will to kill or strike; it is the impulse within the mind of man. Someone amongst your earth people has recently said that it is not the gun that kills; it is the man who pulls the trigger. The gun is not dangerous. It is the impulse within man that is dangerous. No bullets would leave the gun except for the impulse of man to pull the trigger, and so it is within the Light structure of your physical body.

There is Light; there is beauty; there is perfection within the cellular structure of your body. Light is the impulse and energy of Love. It loves to obey. It will obey whatever impulse is placed upon it, for the cell does not have the ability

to discriminate. It acts, because it loves to act. You do not blame the hand for the slaying or the slapping; you blame the impulse, which comes from the feeling, or the mind of the individual. You do not blame the force of the hand, which strikes; you blame the hate within the individual. Know, therefore, that your entire body is flooded with the energy of Love, which loves to obey.

If you are to approach the Flame of Transfiguration, you must impose only the activities of Purity and Love upon the cellular structure of your body, mind and feelings. Thus, you raise their frequency. If you do not impose hate or envy or resentment upon the energy of your body, then it rises naturally into a higher frequency. Therefore you move forward naturally. That is nature's way, to move in Beauty and in Harmony. It is not nature's way to move in hate or to move in fear. That is not God's plan, so if you do move forward naturally, fine. The majority of mankind have become accustomed to obeying the lower impulses of a lower nature, and thus it is that I speak with you today to bring to your attention the necessity of governing and controlling those impulses so that you do not impose fear or hate upon the currents of energy that pass through your beautiful body.

I trust that I have clarified my desire to make you conscious of the Divine energy within you and the way and means by which you can again spiritualize it, since it has over centuries of time, been contaminated by the frequencies of man's lower desires. You are human beings. You have fallen into a trap consisting of the lower frequencies of thought, feeling and desire which were brought about on this planet longer ago than you can conceive time. They seem almost natural to you. You react in anger, in resentment and in all other human lower qualities almost as though it were your nature, beloved people. I do not speak to reprimand you, but to call this to your attention. It is up to you to *reverse this process* and to make Divine Love your natural impulse, or I should say, *allow Divine Love to be your natural impulse*, for it really is. You must permit it to act without interference from these lower frequencies. When you do, you are moving forward naturally in accord with the Divine Plan, but until you reset your pattern, you are not moving forward naturally. You are directing these powers and these forces, and you must be constant in your action, for if you command and control the energy of your being and worlds this moment, and in an hour you do not command and control the energy of your being, then frequency is lowered again. In order to maintain a high frequency, in order to obtain transfiguration, you must consistently control and alter the frequency of all the substance and energy of your being and world.

### *Control*

Let us assume that an individual controls the frequency of his body for 48 hours. Let us suppose that not one ripple of low frequency passes through his mind or etheric world for 48 hours. He raises the frequency of his entire world.

At the end of 48 hours he relaxes his guard and is overwhelmed by a fit of depression or hatred or envy or one of the human qualities, and his whole body is shaken to the depths with a negative emotion. The frequency of his entire being and world instantly plunges to the depths of his feeling, and it is as though he had not raised the frequency at all. When he levels off a little, he may once more begin to attain a higher rate of frequency. He must strive. He must struggle. He must work hard to reestablish the frequency he had the previous 48 hours. You have the right and you have the ability to establish and sustain harmony in your beings and worlds, and to continue to increase the frequency. You have this ability, so why continually allow it to drop and then go through the long procedure of having to rebuild it and endeavor to sustain it, only to have it plunge back into the depths again?

### *Shock To The Body*

I speak of these things, because each time that your frequencies plunge into the depths of human lower consciousness, there is a shock to the cellular structure of the physical body. These shocks are like injuries and oftentimes they do not heal easily, and in that state they become diseased. Then the individual develops arthritis, or rheumatism, or some other manifestation of discomfort, because the energies of his worlds have been plunged into the depths so frequently that they are unable to completely repair themselves. They have not been sustained for a sufficient length of time to complete the healing. You could not continually bruise your flesh and expect it to be comfortable. If you bruise your flesh every day, if you strike some hard object against your arm every day, you will keep it sore. It will be black and blue. It will swell, and if you continue, you will have a disintegration of the cellular structure itself.

Is this not an example of what you do to your whole being and world every time you plunge the frequencies of your beings and worlds into the depths? Perhaps an individual does this only once in a lifetime? Then he can heal and bring the cellular structure back to that point where it was harmonious and beautiful. Perhaps he does it twice a year. Then he has to work a little to sustain the beauty and purity of the cellular structure. If he plunges the cellular structure into a passion of hate and anger every day, it is like beating his flesh with a stick, and the cellular structure will disintegrate, because it has no opportunity to heal. Does this not seem reasonable to you? Therefore, you see the necessity for standing guard and controlling the energy that passes through your body, not allowing it to lapse into the low frequency, which causes distress, disease, and disintegration. The individual, whose body is disintegrated by disease, cannot manifest transfiguration. The cellular structure of the physical body cannot give off Light when the cells are beaten into darkness. The Light is beaten out as if you had beaten a body until it was continually bruised and sore.

## *Subconscious Mind*

I say to you, Beloved Ones, those of you who wish to attain Transfiguration, you must work; you must think; you must sustain and maintain control over the energies flowing through the cellular structure of your mental and emotional beings and worlds. This means your physical body, the mental body, the emotional body, and the unconscious or etheric body. Within the etheric body lies what is called the subconscious mind, which contains the total consciousness of the past. It is very necessary to transmute the thoughts and the stored-up memories which are within the subconscious mind. When you have been taught to say, "I blaze the Violet Fire through my mind, my body, my being and world, and through all of the thoughts, feelings and desires, known and unknown," you do not know, for memory has sealed the door against your remembering what is contained within that subconsciousness mind, or within the soul consciousness and within the memories of the past, which is the unknown.

You might do well to work upon that *unknown* record. Frequently it generates some unpleasant activity in your present life. There, lurking in that unknown, and desiring to express itself, may be one of the low frequencies which have been stored away in the subconscious mind. When you seek to heal yourself, or to heal another, you must pour the frequency of pure divine Love, and pure Divine energy into and through your being and world, or through the one to be healed, and transmute the causes of the distress, known and unknown, for you do not know, in your present state of consciousness, what the cause really is. You can assume man has diabetes or arthritis, but you do not know the *cause* of his diabetes or arthritis, and that is the thing you should get at. It is not important whether the physical body is healed of arthritis, *but it is important that the unknown cause of the arthritis is transmuted and healed.* What is important is to get it out of the storehouse of the unconscious mind. The manifestation of the disease will lessen and vanish if there is time for the lifestream to reassert itself, and if not, at least it is removed from the lifestream, and it cannot reassert itself at some future time.

I wish to say to you once more in conclusion: *You have Divine Love acting within every cell of your being and world.* The only impulse, the only cause of the low frequency imposed upon that Divine Love comes from your own feeling and your own mind. You, therefore, have to *control your mind and your feeling world.* This is important for you as disciples on the pathway and particularly at this point where you now stand. Most of you have become worthy to have attracted the association of the Brothers of the Golden Cross. Such great assistance has never before been given to man on earth in the outer world. You are, therefore, fortunate beyond any measure. I say that you are immeasurably fortunate, for never before have individuals in the outer world, attracted the attention of a Brotherhood to the extent to which you have attracted the Brothers

of the Golden Cross. Your cooperation is a requirement. Any individual who does not control the energy of his thinking and feeling world, will not attract the attention of the Brothers of the Golden Cross. Such a one will continue in the slow normal way, but the Brothers of the Golden Cross will not endeavor to assist that one who will not cooperate by controlling the lower frequencies of his lower nature. The Brothers have no energies to waste upon an individual who will not cooperate. Therefore, be mindful, that you are expected to actually cooperate in thought, feeling and deed. *Thought and feeling are the first two steps. Acting is the third step*, which is the most important of all for the transformation of your lifestream.

Remember the words of your Great Master Jesus Sananda, "The things that I do, ye shall *do!* and greater things, if you desire to attain what I have attained." You may not desire to move forward as rapidly as we are endeavoring to push you at this time. You are quite free not to do so, as we have explained to you previously, but we *have come to render an assistance to those who are willing and ready and who qualify.*

#### *I Am a Sister in The Brotherhood*

I come today as one of the feminine members of the Brotherhood of the Golden Cross, to bring to you this message. Therefore, I leave you with these thoughts which are of great importance at this particular time. I pour my Light and my Love to each one of you. I now pour My Heart's Light and Love through each one of you. We of The Brotherhood, act as one with you. There is but one Love, one Light, one energy, one force, one power, one goal, and we are all atoms in that great movement of perfection. We have all come from the one source, the Great Creative Presence, and we are all moving forward in a stream together toward the fulfillment of the purpose which that great Creative Presence had in consciousness when we, as individualized beings, were sent forth. You have a billion or more atoms within your physical structure. All of them are acting within you as a body of form while it is in manifestation. They are acting together as one. You say that you have a body. You really have billions of atoms containing Light, all drawn together for one purpose. God, the Great Creative Presence, sent forth billions of individualized beings, to create, to establish and to manifest the one idea, just as all of the cells of your physical body are held together to serve one purpose. Think on these things!! Your personality will then seem less important to you, and your Divine Identity will become more important to you. The ability to move forward in accord with your Divine Pattern and Plan will become your all-possessive desire and thus you will move out into the higher frequencies of being, in which you will comprehend and *express and enjoy greater and greater perfection, a closer association with those who have moved forward before you, and a greater expression of the Beauty and Perfection within your own individual being.*

I bless you with the fullness of my understanding which I must say is still immature and incomplete, but which is of a frequency much greater than your own. I come to share my frequency of Light and my understanding with you. May you now accept it and understand me as you receive my instruction. I thank you for your kind attention. BE YE PERFECT EVEN AS THE FATHER IN HEAVEN IS PERFECT! DO THE THINGS THAT THE FATHER IN HEAVEN HAS DECREED THAT YE SHALL DO, AND BEYOND THAT, THERE WILL BE EVEN GREATER THINGS FOR YOU TO DO!

Gloria of The Brotherhood  
of The Golden Cross



### GOLDEN SUN SUBSTANCE

BLAZE! BLAZE! BLAZE! THE GOLDEN SUN SUBSTANCE, into, through and around, all the cellular structure of my physical body, my mental body, my emotional body and my etheric body! Oh Beloved Christ Self which "I AM" Give Thy Divine Command! Beloved Brothers of THE GOLDEN CROSS Saturate my being and world with Golden Light and thus dissolve all dross.

Mighty Presence "I AM" take hold! Beloved Brothers of The Golden Cross enfold! Increase the Golden Flow each hour! As we (I) accept Thy Love, Thy Aid, Thy Wisdom and Thy Power.



### *MOVING THROUGH TIME*

Quietly now, enter into the silence, the beauty and harmony of the Sacred Precincts of our own Holy of Holies. Through the Divine Manifestation of the invocation you have been prepared spiritually for the radiation, the vibration, the pure Beingness of your own Holy of Holies. In accord with your ability to perceive that upon which your attention has rested, or that upon which your thought has gone forth, you are now prepared spiritually to enter into the Holy Precincts of your own Inner Being.

Every individualized Being has a Holy Flame within his heart. We are not concerned right now whether that force is utilized for good or for destruction. I wish to emphasize that every individual that breathes the Breath of Life does so by means of the Sacred Fire of Creation. You, as students upon the pathway, should be utilizing powers and activities of the Sacred Fire which have been vested upon you from the moment of your perception, consciously and at will, for a spiritual purpose. I do not refer to a sanctimonious or fanatical use of the energies or the thought principle. I refer to the harmonious, positive use of energy as one moves through life or as one moves through time.

I AM your Mentor, come once more to impress upon you the realization of the Spiritual activities with which you are now centering the energies of your Being. Ofttimes, individuals act without a conscious knowledge or understanding of the purpose, the reason, or the effect of their acts. Many say that they are unconscious of the meaning of their activities. It is because they are unmindful of the *inner causes* and *results*, which take place in the use of energy. As individuals who have passed through the long journey from the heart of the great Creative Source into the world of materialization, and who have now begun the journey back into the Spiritual Realm, you are not always cognizant of the purpose and direction of the path upon which you move. There are upon your planet hundreds of thousands of constructive, beautiful souls, who have spent untold years in learning to control the energies of their beings and worlds. Yet they have not realized that Spiritual Illumination is gradually moving them toward the day of Spiritual Consummation. Man has passed this way innumerable times, through embodiment in different races, experiencing different religious concepts and ideals, some of which are opposite to one another, yet at the time they are considered acceptable and desirable.

How do you account for these changes of pattern within the Life Force, working through ideologies which are seemingly opposite to one another? As individuals move forward through time on the pathway of Spiritual Illumination, they move through various experiences of discipline and illumination. No one of these facets of learning or of discipline is an ultimate activity for those individuals. Each serves for a specific purpose in the expansion of the individual life-stream. There are masses of individuals who have not moved forward rapidly because they have no desire or have rebelled against the disciplinary measures which have been offered them. Man should accept the disciplines which occur in his experience. There are laws, regulations and rules which govern the activities of groups of souls in their particular place in the evolutionary scheme. All serve a purpose in the Divine Scheme.

All mankind passes through what you might call Nature's University of Learning. In each life there are various courses, various subjects, various degrees of mastery, which the individual experiences for himself. If the individual does not make any effort to move forward, he remains somewhat static in his position until, within him, the Flame of Desire arouses him to action. Then he moves forward.

You will find that there are no two individuals upon this planet, with perhaps extreme exceptions, who occupy exactly the same vibratory frequency within time. Of all of the billions of souls who belong to this planetary system, every individual is upon a slightly different band of frequency. No two have evolved at exactly the same pace. Think of your school system. Children enter into a particular class in the educational system. Their friends all move forward together, yet none have exactly the same standing or the same grade at the end of

any one yearly period. A few may temporarily have exactly the same grade or similar grade, but as they proceed into another grade of higher learning, their grades will vary. Those who receive the same graded status in the educational system do not always have within their consciousness the same degree of understanding and knowledge. Thus it is in the evolutionary world within which you move through time.

### *Time*

I like the expression "move through time." It has been said as we have discussed before that there is no time. In high Cosmic levels this is true in a sense in which I cannot explain to you, because you cannot conceive of that which you have not yet experienced. But for individual beings who occupy bodies through designated periods of time, and whose lives are regulated by the passing of time, time does exist. You are creatures of time. You have moved through time. All that which has occurred in the evolution of your individual life-stream, from the moment of conception within the Godhead, has been an activity of movement through time. As you enter into higher states of evolution, you will be freed, gradually, more and more from a consciousness of time. When you are free from the consciousness of time, then indeed time will cease to exist. As you have moved through time, centuries have passed. As you move into future epochs of timelessness, you will not be impeded by eras. You will move in a Cosmic Consciousness of the oneness of Beingness which is, was and will always be.

The easiest way I can find to explain timelessness to you is to say that you will move gradually into a consciousness of greater movements of time until time no longer seems to exist. At the present you are bounded by the consciousness of minutes, hours, days, months and years, and your worlds are wheels of the motion of this time. As you move into the Cosmic levels, you will find that you are not bound by minutes, nor hours, nor days, nor weeks, or even by years, but there must be something by which you can measure your movements. Thus I say that as you move into higher realms of conscious Being, the span of minutes, days and hours, months and years will slip away from you, and the year will be as a moment in time.

As you enter more and more deeply into Cosmic Consciousness, even the time which you call years, will slip into wider spans of time, until you do not think of time, nor are you bound by time. In your present lives you are bound by day and night. In the higher realms of activity you will not be bound by these intervals and thus you will find your first liberation from time. Time will begin to stretch out for you. You will not be bound by minutes, and hours, daylight and darkness. You will move forward in a freedom of action through a time that is bounded only by your concept of the interval required for service you must render. If you have designated a limitation upon yourself for the amount of time in which a certain activity must be accomplished, then you are

bound by that time. You will undoubtedly measure that time in the time of earth. Those who move forward into the higher spheres of being, beginning in the sixth and seventh and on up, are freed from these limitations, excepting as they return to work with those who are yet bound by time. Then time becomes a temporary limitation which they accept. In a sense, time becomes a measurement of the energy required for whatever accomplishment is to be achieved with an individual, with a race, with a government, with a situation, or with yourselves. I repeat, those in higher realms are free of the limitations of time, except as they may return to the earthbound individual or condition which is yet moving in time.

From time to time as you enter into your personal meditation, begin to consider yourself as being freed from time, from the limitations of minutes, hours and even days. You are bound to certain accomplishments within designated periods of the motions of the earth, to be sure. Yet, if you will meditate upon and endeavor to experience the reality of timelessness, you will begin to move in freedom, a freedom from the tension and pressure in which you presently find yourselves bound. I ask you to arise into the state of your Christ Consciousness and there endeavor to establish a realization of its freedom from time. I bring to your mind one other example which may be of assistance to you. Frequently upon the return of the outer consciousness to the body after a state of sleep, the individual has an awareness of activities which would cover a long period of time. A sequence of events can pass through the mind during sleep almost instantaneously, or in a few moments while you are free from the limitations of the human-sense consciousness of time. When you realize that you have within you a state of consciousness which does perceive a rapid series of events in what you call a short interval of time, then begin to realize that there is within you or within your Christ Self, the ability to escape from the binding fetters of minutes, hours, days and even years of time.

You will realize the difficulty of explaining this to a group of individuals whose experiences are so varied. Many will find it difficult to conceive of an activity that they have rarely experienced, if at all, in waking consciousness. However, I bring to you tonight this concept with which I will be pleased to have you experiment. Meditate upon it and endeavor to conceive of timelessness. It is difficult to conceive of any activity in which you have not participated in some way. Yet, I have demonstrated to you that you have already participated in this activity of timelessness in a way, and the remembrance of it has passed through into your outer conscious mind. From that point you can begin to explore the world beyond this sphere in which your physical body is imprisoned. You are free to overcome time and space even now, if you will it, and if you are ready to accept it and move forward into it. Again I say that I love the phrase, "moving forward through time," implying that as you move forward

through time you will ultimately move out of time into timelessness, as well as spacelessness.

Recall, if you will, your experiences in your spiritual travels while the physical body remained in its place and the journeys which you have undertaken in the space of a few moments of seeming sleep. This will demonstrate for you not only timelessness, but spacelessness. Great Cosmic Beings are not limited by time or space when they desire to travel from one place to another, no matter how far separated those places might be. You have no consciousness of this, except perchance a glimmering as you return from some Cosmic journey under the guidance of those who are prepared to take you on such a journey. I have perceived that almost all of you have enjoyed journeys through outer space under the direction of various messengers who have been sent to you to guide you, to direct you, to envelop you within their protective aura. You have left the security of your own spiritual Holy of Holies and traveled together to the great Star Temple of the Blue Lotus, which is on a small star in a constellation in Taurus, which lies millions of light years away from your earth. You have traveled there in the space of a few moments of earth time. You have looked upon the earth, viewed the Heavenly Realms and beheld the tiny star as you approached it. You have journeyed with Solaris around that small star and perceived the wonders which have come forth there. Then you have returned through space to the outer waking self, all in a few moments of earth time. Therefore, you can perceive in a limited way, the meaning which I desire to convey to you tonight, of "moving through time" and ultimately of moving through space into timelessness and spacelessness.

It has been my privilege to observe many groups of individuals upon the pathway of Spiritual Illumination. I have spent several of your years in observation of various activities and individuals, perceiving the expansion of their understanding. Tonight I wish to say to you that in all of that time I have only considered it to be an experience, unbound by time, except as it related to the groups and individuals whom I have observed. Since I have passed into the sphere of timelessness, I am prepared to speak of it. I have the consent of the Mighty Christos to bring into your consciousness the knowledge of this timelessness and spacelessness for the very purpose of freeing you from tensions which form impediments upon your pathway. There is at the moment, no other purpose than this. Yet, as I perceive you, I find this realization a necessity to your development. Individuals are bound by the daily round of their activities, always pushing, tense, disturbed and distressed when their activities do not seem to fit in with their concept of accomplishment within some given time and space span. Tensions build and become barriers and impediments. Thus, it is to free you from these tensions that I point your thoughts to the relaxing concept of timelessness. To teach you individually how to apply this timelessness to your

present day activities is a matter which I cannot go into in a group discussion. But I wish that each one of you who find yourselves bound by tensions, would retire into the Sacred Precincts of your own Holy of Holies and there call upon Me so that we may commune together, and so that I may endeavor to give to you the consciousness, the advice, the suggestions, which will assist you in liberating yourselves from these tensions and barriers. In the release, you will find help toward beauty and agelessness.

### *Agelessness*

Oh, this should please you!! As you move forward into the consciousness of timelessness, you enter into an era of agelessness. There are none among you, ladies or gentlemen, young or old, who would not enjoy agelessness. Seek this consciousness of timelessness and spacelessness. I understand well the necessity for confining the activities of your lives to the space intervals of the world in which you live. Yet you are not bound consciously to the thoughts, feelings and desires of the masses as they see, think and feel. You can move forward into a greater consciousness of Light, even while the masses move toward a consciousness of desolation, darkness and despair. They are bound by time and appearances even as you are while still functioning in a world of form, but *you are not bound by their consciousness*. You are, therefore, not bound to the same limitation of time.

A book could be written, and many hours could be utilized in the expansion of this concept of moving forward in time to that point where time begins to vanish, and you enter consciously into a world of Beingness. As you seek to move forward into that state of being I repeat again that you will move forward into a state of agelessness, unbound by the tensions and pressures which create these tired and worn-out vehicles which men oftentimes occupy. I leave you with the thought of moving through time, each of you at the pace which you desire to set. There is no limitation upon your pace as you move through time. You never have been limited, although individuals oftentimes create limitations. You are free to cut away all the limitations of time. I ask you to invoke My Presence, that we may commune together and that I may give you what personal assistance I may be able to give, so that you can enter into that wondrous peace of timelessness, of agelessness, of satisfaction and comfort, into a state of spiritual Beingness. The great Master Jesus spoke to you of the Peace that passeth the understanding of the mind. This is one of the ways in which that Peace surpasses the understanding of the mortal mind. A peace that is bound by time is not peace. As you seek freedom from time, you find peace.

Now I draw your attention to a magnificent activity, which is taking place in your forcefield at this time. It is a joyous occasion. There are many such occasions in which your Christos is involved, but of which your conscious mind lacks awareness. As you move into the state of timelessness, you will have the

time for awareness, even while in the form. You remember your dreams covering long periods in the short spaces of time. Therefore, you can find time to think, to meditate, to expand your consciousness. Hours are not required to expand your consciousness. It does not even require one minute of time to change your attention from whatever it may be upon to some other subject. It is an instantaneous flash. There is no time required to move your attention from one thought to another thought. Does this not prove to you timelessness? But since the human clings to its ideas, it does appear to require longer periods of time to move your feeling and acceptance from one idea to another. The human does not desire and oftentimes refuses to let go of its concepts. But as advanced pilgrims upon the pathway, you have assumed a degree of mastery and can cut your attention instantly free, *if you choose*. You see, therefore, that you are really at the threshold of timelessness. The ability to change the focus of your thought and feeling brings you to the threshold of timelessness, spacelessness and agelessness, and to the threshold of the Temple of Peace that surpasses the understanding of the mind.

### *Transfer The Attention*

In order that you may enter into the Temple of Peace, you must have attained a degree of mastery of those thoughts and feelings. Many of you are in complete command of what your thought and feeling rests upon at certain times, but at other times you allow the human sense consciousness to run away. You oftentimes allow your consciousness to dwell upon negative, distressing and sordid thoughts, feelings and desires. You do not enjoy having your attention directed to this weakness, nor do you readily desire to accept the truth. Yet it exists. There is not one amongst you who does not, at times, allow the human sense consciousness to wallow in self-pity, in negative distresses and disturbing conditions, and upon activities which lead to no good purpose. Yet in a flash of an eye you can, if you wish, sever your attention from those activities and arise into a consciousness of your oneness of the great Creative Spirit of all Beauty, of all Perfection, of all Peace, of all Happiness and Harmony. Why mankind allows his lower self-consciousness to claim the energies of his Being, I do not know. Yet, it is a part of the evolution of every soul. I, as well as you, have wasted so much of the energy of my lifestream in just such thinking, feeling and action. Yet, I have become Master, and I now speak to you who stand upon the threshold of mastery to point to you the shortcomings, the stumbling blocks, the negative aspects, which still plague your advancement. Forgive me, but I feel it is your duty to have an understanding, to perceive the barriers that come between you and the complete manifestation of your ultimate goal. If I were not your guide, I would not be privileged to indicate these pitfalls. It is to your advantage and to mine, that they be overcome, and swiftly.

## *The Sword Of Blue Flame*

Long ago most of you were taught the use of the Sword of Blue Flame. It is a trusty weapon. Yet I have perceived individuals mouthing the formulas and mantrums of the activities of the Blue Ray and the Sword of Blue Flame with their attention entirely distracted, while they called for the manifestation to take place. How futile it would be if a woodsman went into the forest to fell a tree and he sang a song of the falling hemlock, while his ax swung idly from his belt. Do you see that oftentimes men in their desires for mastery, in their conscious conscience, recognize their weaknesses, and yet they cling to them, mouthing their mantrums but swinging their axes behind them? How often have I observed, blessed ones, whose feet are on the byways of the pathway toward the culmination of their hearts desire, telling their beads, waving their prayer flags, or reciting their mantrums while the sword lays idly beside them. You have the power to instantaneously disengage your thoughts, your feelings and your actions and to project them into a positive, spiritual, useful activity, You have the power to instantaneously disengage your thoughts, your feelings and your actions and to project them into a positive, spiritual, useful activity, thought, feeling or desire. Think on this and know that as you instantaneously disengage your thought from the negative ideas and place it upon the positive thought, you are controlling your movement through time into a state of timelessness. It takes many steps upon the pathway to culminate a journey. Each step draws you closer.

I desire to draw to your attention a Cosmic Activity which is taking place within your forcefield. You have invoked the personal Presence of the Great Chohans of the Rays, Those who have been, and Those who presently act in that capacity. These Mighty Chohans and Their Messengers have been your teachers. Each of them in turn has come to many of you individually as teachers. Your invocation draws Their particular attention into the heart center of your forcefield. A great Light streams from the focal point upon your altar, up, through the atmosphere of your city, and up, through the great etheric Chalice, which stands hundreds of feet tall within your forcefield in the atmosphere of your great city. There descends around that ray of Light to you the individualized radiance from each of the seven Great Chohans.

The Master appears to each one of you in your mind's eye, in the semblance and in the garb which you individually, within your own consciousness, conceive to be his likeness, or his reality. As an example, most of you have seen pictures or heard descriptions of the great Master Morya El wearing the white garments of the Far East. He, being Master of the wondrous Blue Ray, wears a large jewel upon his turban. He is shown with skin of a very dark pigment and heavily bearded. I perceive this concept within the consciousness of the majority of you, and thus it is that if the Great Master Morya desired to make His appear-

ance physically visible to you, He would appear as you have conceived Him to be for the purpose of creating within your consciousness an instantaneous awareness and recognition of His Presence. The Mighty Chohans and Masters are not limited by your concept of them, but graciously use your concept in order that you may, at certain times, be aware or mindful of them, aware of them, recognizing them. So it is tonight. You have called to the Chohans of this particular planet. Some of these Chohans have moved on into Cosmic Activities, and yet they still answer to your heart's call in the semblance in which you expect to receive them, for you as yet, the awakened inner vision has no new concepts. It is my purpose to awaken within you a potential power that you may perceive these great Hierarchal Beings, their Messengers, your Angelic Guides and Guardians and those who are constantly in your midst. In their own concept, for instance, instead of perceiving the great Morya El, as you have seen him pictured or described in writing by some mortal being, who has perceived him, you would be able to perceive him and accept and acknowledge him as a Being in accord with his consciousness of himself. It is quite different.

Suppose a friend described you to a stranger. Do you really think that that stranger would recognize you if he saw you in a foreign city? It is rather unlikely. Better would it be that he would have an inner perception which would identify you as he saw you in a foreign city. For you to perceive one of the great Hierarchal Beings is to perceive him in a foreign land, for this earth consciousness in which you dwell, is not the consciousness, is not the world in which these great Beings are now active, and thus to draw their electronic Presence into this sphere is like seeing them in a foreign land. I wish that each one of you will acquire within your own conscious self the ability to perceive and to communicate. It is helpful to find those in physical form who can be used as channels or receptacles through which our thoughts, feelings, desires and intents can be channeled to you, but how much more successful would be the thing we desire to impart to you, if we could appear directly to illumine each of you individually. There are advantages to group activity to be sure. We are making the most of that opportunity. I do not cease each hour I AM in your midst to be grateful for the opportunity of fulfilling my heart's desire. If you will recall, it was a desire to assist those who had already advanced upon the pathway to a more certain understanding and acknowledgement of the powers and potentials with which they were dealing.

I give to you again tonight a reminder of your necessity to understand timelessness, and spacelessness. I intrigue you as you abide within the inner consciousness of your own conscious mind, to endeavor to establish rapport within your own heart, your own mind, your own feeling world with the electronic Presence of those whom you have known in the past as the Chohans of the Rays of this particular planet and those Messengers who assist them and, in

some instances, are now accepting responsibility for the use of those great powers of Light as they are focused upon the earth. The great radiant Beam of White Fire ascending from your forcefield is now enveloped in a down-rushing Pillar of Flame which consists alternately of the colors of the Rays of the great Chohans, who govern the specific qualifications of the powers pouring now onto this earth for the awakening and illumining of those who dwell here. It is the purpose of these rays to awaken, to govern, to illumine, to project illumination into the consciousness of individuals who abide upon this earth, who are prepared to receive them. Thus, here in this forcefield receive now and perceive with your inner mind a great revolving pillar made up of the specific radiant outpouring of Light from the various Chohans, as you know them and their Rays, focusing into the heart center of this forcefield. You, who feel yourselves to be inclined to receptivity or service on any of those particular Rays will find that Ray approaching and enveloping you. As you give your acknowledgement and move, through consciousness, into that Ray and stand enveloped in it, endeavor if you can, to raise the consciousness of your mind, your feeling world and your whole desire body by the power of Love within you so that you may perceive the Luminous Presence of the Master who is the authority for that particular quality which is being focused around you and to others all over the earth. As any great Spiritual Ray of Light descends into your midst and as you take your place within it, you receive the downpouring from the Master's Light, while the Love and essence of your being ascends in a great Fountain of White Fire creating a forcefield of Light about you.

In the spheres of Light, in other foci of Light and in other realms of Light, Life is not altogether different than it is here in the world of form except in intensity. Barring the impurities and inharmonies and the destructive elements, imposed upon Life, the attributes of Life and Light continue and expand in intensity and beauty in the Higher Realms of Light. If you will look within the forcefield, you will perceive in the center of the Chalice a beautiful table covered with a beautiful gossamer cloth of white substance, falling and covering the legs of the table. Upon it you will see a beautiful birthday cake. This custom originated upon the earth and was joyously accepted in the Realms of Light. Upon the table you will see seven burning tapers. Each taper is the color of one of the great Hierarchal Realm, burning in glorious Light. See yourselves as you approach that table. On the far side perceive the Master Presence standing prepared to greet you in joy, in pleasure and in happiness. The tensions of the hour no longer exist. It is a moment of peace, of beauty, a moment of joy. We are asked to participate in our own realm in this same joy. The Light of the Masters, the festivities which they have displayed within our very forcefield, hover now within the forcefield directly within our midst. The Light, the gift, the joy, and the peace, which is theirs, becomes a gift to each one of you, who will participate.

Do you realize that upon the occasions which mark the milestones of your earth lives, there is released from the inner realms a Light, a joy, a peace? The festivities of your lives are accompanied by inner festivities. Your Angel Guardians, your Masters, your Teachers, your loved ones in the Realms beyond, enter into these festivities, even though you are unaware of them. Their Light and their Love become gifts which are everlasting, which cannot be destroyed, gifts which are never a burden but ever a joy. Upon such occasions as they come to each of you, stop in your sense of time and accept these gifts, which are not made with mortal hands. These gifts come from on High, the gift of Light, the gift of Love, the gift of Joy, the gift of Peace. They are more important than all the material gifts of man, and yet you scarcely pause to acknowledge them. Tonight let us acknowledge the gifts for all who participate. Though your preparations may be simple, see beyond them, look above them, and accept those greater gifts and those beautiful and joyous festivities in the Realms of Light. Begin now with this hour to perceive timelessness and spacelessness in which you will find agelessness.

As I look upon you in the days to come, I AM certain that I shall perceive barriers removed from your pathway, encumbrances removed from your physical being, even wrinkles disappearing from your brow, to the degree that you can and will recall this illumination and move forward in time into agelessness. It is my joy to be with you. It is the joy of your Teachers, Messengers and friends to be with you. We bring to you our gifts that it may be a glorious milestone for the one in your midst for whom the occasion is planned.



### *THE GOLDEN STAR FOCUS*

Oh Thou Beloved Presence of Life, Thou Wondrous indwelling Presence of God, I invoke Thy Radiant outpouring into the consciousness and feeling world of each and every one belonging to the active forcefield of The Sanctuary of The Masters' Presence and those to whom Its Gift of Light has reached forth through the printed word.

COME NOW in Thy Radiant outpouring and stir the awakening Flame of Thy Love within each one. During this hour, separated as we are by the forces of the elements, let Thy Light suffuse our beings and bring encouragement, Spiritual comprehension and Illumination to each one according to the acceptance and understanding.

I invoke the Presence of the Messenger that The message may flow forth and the forcefield thus strengthened with the Light of Service rendered.

MENTORA

ALCAN SPEAKS: I greet you in the Name of The Father-Mother Creator

and investor of life. I have received your call and I have been given the signal to accept the opportunity to address you in this manner. I have beheld the newly created form created under the direction of Your Mentor which hovers within your Sanctuary Forcefield. It stands there at this hour, vibrating gently. Let us say the form is a created thing which lives, breaths and has its being within the heart center of that powerful focus of Christ Light within your Focal-Center in New York City. I behold a GOLDEN STAR OF PEACE hovering horizontally within the heart center there with only a faint glow of golden Light visible to me. The form seems to breath gently like a sleeping child of a disciple in the deep meditation of Christ communication. If your bodies were there within the force center, those of you who have become the life forces of this Star of Peace, would automatically cause the Star to breath more deeply and in so doing there would be stronger pulsations of Light. I speak of this that you who are an integral part of this new form, may begin to understand your importance in the life and activity of this force center.

The Star is separate from the established Forcefield though it is cradled within it as an infant in its crib. Neither alters the other but is useful and they are important, one to the other. While the Etheric Chalice rises high above the alter into the etheric realms of the city, this Star is within the atmosphere of the Sanctuary and, if you were present, would be only slightly above your heads. You will question the possibility or advisability of this location. I was present and watched over you as your Mentor drew forth this new concept from within His Own Consciousness. As it was presented to you, those of you, present, became the source of Its life force. He created the form and You breathed into it the life of your beingness that it might become a living, breathing form in your midst. My purpose in being present was for holding and directing the energies until the form took upon itself the desired density of substance, just clear of the material realm, to be firmly manifest as nearly within your world of form as possible. I may say that with very little pressure from my Being, This Star would be visable to you and tangible also, to those who are a part of it's living essence. It abides now upon the very periphery of etheric substance just beyond your sight and touch. You see it would make a serious hazzard and obstruction to your movement within the Sanctuary if it were a solid manifestation of your material substance. There are other more subtle reasons for its etheric qualities. You can name those reasons for your own satisfaction. They seem self-evident for those of you who have ventured thus far on the pathway of Illumination. It is my desire that you will each try to diagram this Star so that you will, each one, have a concrete concept of Its form and your individual place within it. In this way we hope to sustain your interest, and your energies for the Spiritual purpose for which this Star was conceived and provide for you, some feeling and acknowledgement of your energies acting within a group form.

## *Evaluation of Form*

In the beginning of any evolutionary process, there is group form and group direction. As the form develops from the substance within it, several individual entities developing within the form, increase in their ability to act separately or with less direction, then the form breaks up, sometimes into several parts. Each part is still under group direction but the group is smaller and more individuality is perceived in the loosely bound unit. In time these units release the individualities which have attained a degree of self motivation. Then individuality actually begins to express as an evolving being.

This becomes an involved process and I shall endeavor to clarify it sufficiently so that in your personal thinking, you can understand the purpose of Beingness. We will therefore begin with an amoebic form within cellular structures. The cell contains the directive intelligence. The cells divide and reunite making new and differentiated forms which in turn continue in the evolutionary process from sea creatures to air and land creatures. Individualization develops, divides, recreates, and continues to bring forth individualizations. The cellular structures of your entire body organisms has evolved in this way. When a highly organized form was finally established, the soul of Spiritual Beingness accepted the form as habitation. You will see that this is a practical idea. The body organisms operate for the most part without direction from the Spiritual ego. The nervous systems and organic services are carried on without thought and serve well under the direction of the intelligence which has become highly specialized within the forms included in the body form. The Ego is faced with the control of mind, desire and directive expression of Its God-Given attributes.

In many instances, the Ego has lost track of the fact that it is a separate entity with a separate purpose and design. It has become a victim of the intelligent activity of the Organic self. Mass mind identifies self with body consciousness. This must be reversed. The Spiritual Ego is the Director and must become the directing Consciousness. The Ego must be freed from slavery to the organic consciousness and become master over all the consciousness acting within his entire world. As students, as chelas, and as disciples of The Masters, you are learning to control the mind, the desire, the feelings and last but not least, you are beginning to conquer the organic consciousness which is so closely linked with your sense of Beingness. Finally the moment will come for another separation. Your Spiritual Consciousness will separate from the organic consciousness and under Spiritual direction, your ego will ascend unto higher states of vibration which do not require the organic consciousness. The highly organized organic evolution will continue as such, yielding it's powers to yet other evolving forms.

There are many steps in all this evolutionary activity upon which it is impossible for me to touch within this brief dissertation. It is unnecessary for you

to understand the minute alterations of form and intelligent action. It suffices that you have a general idea and an acceptance of the plan and that you cooperate with it for the achievement of the desired result. Let me add, perhaps for your amusement, if not for a key to understanding.... when a tadpole no longer requires a tail and when the moment of becoming a frog approaches, the tadpole sheds the tail and becomes a small frog. The intelligent energy which conceived the tail returns to create other tails and the frog intelligence goes to work on producing a fine big frog.

You will come to a place in evolution presently where you no longer require a tail, that tail being symbolic of the organic body. Your Spiritual intelligence will cause you to shed the unnecessary form and will then concentrate completely on the structure and evolutionary processes of the etheric life and form. Meditate please, on the usefulness of intelligent energy. Suppose the tadpole is determined to remain a tadpole and will not forsake his tail. He might go on to become a great sea monster.... Do you wish to become a monster by refusing to relinquish your organic form? It has been done by an unfortunate few. You do not desire it. You, like the small tadpole are eager to be rid of the tail and go forth into a new state of being. Intelligent energy obeys the command and separation takes place. There is a separation, and energy continues in its appointed course. The Ascension is a major step in mans' evolution. You to whom I address myself, long eagerly for the separation and the Spiritual release.

I say to you long eagerly, yet when the moment approaches, we who stand by to receive your liberated spirit behold you draw back in uncertainty and oftentimes, in fear. We understand and we await your final decision. When the pressures and tensions, the destruction and oppression become great enough, you will gladly sever the last ties which bind you.

#### *What Will You Do?*

As you return now, in thought, to your new Force Center, The Star of Peace, and as you meditate upon it, you will see within its radiant pulsations, the vision of that which is yet to be and your place within it. I say *you* will see. I could return to you in a lengthy dissertation to describe all this to you but that would be like telling the end of a story and spoiling your pleasure in finding it out for yourself. This I would say to lead you into thought. The STAR lives, moves and breathes with YOUR OWN LIFE ESSENCE. Visualize the STAR and then seek your particular radiance connected with it. Concentrate upon it and become aware of It's movement, pulsation and fire breath. Therein lies your personal future which will reveal itself to you as you call it forth into your conscious mind. Let us suppose there is one who is now associated with THE STAR. That one will contact his own radiation from it and endeavor to follow it. The ray might conceivably shine brightly and then enter a darkness which closes around it. That one would know that the association with The Star would

terminate in a lack of acceptance or faith or through inability to sustain a harmonious discipline over the functions of mind and desire and feeling. That one could accept this as a warning and change his ways, or accepting the darkness as a decree, he would withdraw. What will YOU do? Let us take another example. Suppose you find your radiating place in connection with The Star. There you behold your radiant energies flashing forth and projecting out into the unknown, forging a tunnel of Light where ever the energy flows. You will know that you are serving in accord with The Plan and you are accomplishing what you have never accomplished before. What will you do? I say... What will you do? There are two choices. You can choose to continue forging deeper and further ahead in a glorious Power of Light, or you can be so pleased with what you see that you will rest where you are and enjoy the state into which you have found yourself. Soon you will begin slipping away into a state of self induced satisfaction and sleep as has occurred all too many times on your pathway of ascent. A little success sometimes is as dangerous to the ego as failure which usually spurs one on to greater effort. This is the reason why I say to you... and I hope you will say it to your own conscious mind again and again.... "What will I do?" "What do I do?" "What must I do?" If you will prod yourself, there will be no need for your teacher, your guide, your guardian or your Master to prod you. What you inflict upon yourself, is painless. What some other source of prodding reminds you to do, will bring you more problems of fear, resentment, or maybe even hate.

I have shown you the situation and I have described to you the means by which you can keep yourself on the outbound radiant energies of ever increasing Light. Now I must say again. "WHAT WILL YOU DO? Will you advance or will you recede?"

My Heart's Light enfolds you as you move forward. My Heart's Light fades from you as you recede. Will you accept and Treasure My Light? What will you do? The Concept, or the Image created by Your Mentor will be sustained until or unless each one of you fail. Will you move forward with His Plan or what will you do? To those of you who are determined to proceed, may I offer this advice. Breathe deeply of The Fire Breath of Life. Give freely unto your Mentor, of that Fire Breath of Life. Look up into the stars and toward the sun. I will give my Presence charge over you lest in looking up, you stumble against an impediment. There shall be singing and no weeping as you move forward through time. Tears are of the darkness. Tears of Joy are jewels of the kingdom and are really not tears any more than morning dew is rain.

I am Alcan speaking unto you. I shall be a part of your Star Focus for so long as it remains active and alive within your Forcefield. Study your diagram that you may understand The purpose and The Plan. I salute you and seal you each one within My Heart's Light.

ALCAN

*JOY TO THE WORLD! THE LORD IS COME.*

OH HOLY LIGHT! The Source of inspiration  
Within the Chalice of every pure heart,  
Bathe us anew with deep dedication,  
To rise again, through the Light to do our part!

O HOLY RAYS! The Light of Adoration,  
Thy Light we praise in every man and nation.  
BLAZE YOUR PURE LIGHT throughout the darkest night.  
OH LIGHT DIVINE, within this Chalice shine!  
OH LIGHT DIVINE, within my Chalice shine!

(To be sung to the tune, OH HOLY NIGHT)

Elizabeth Petersen

*I INVOKE THY PROTECTION AND THY AID*

BELOVED MIGHTY CHRIST PRESENCE WHICH I AM I INVOKE THY  
PRESENCE AND THY GUIDANCE AND THY ILLUMINATION. COME  
NOW AND ENFOLD MY CONSCIOUS MIND IN THY RADIANT LIGHT  
AND CHRIST POWER.

FORGIVE (3) MY SINS OF COMMISSION.

FORGIVE (3) MY SINS OF OMISSION.

FORGIVE (3) MY RECALCITRANCE AND DISOBEDIENCE TO GOD'S  
LAW OF LOVE.

ENFOLD ME NOW IN THY RADIANCE OF PURE ELECTRONIC LIGHT.  
INSULATE ME FROM ALL HARM AND KEEP ME IN ALL *THY* WAYS.

"I AM" (3) THY CHANNEL FOR GOD-GOOD.

"I AM" (3) THY MESSENGER OF PEACE

"I AM" (3) A RADIANT PILLAR OF THY LOVE, THY ILLUMINATION,  
AND THY HEALING POWER.

RAISE ME (3) INTO THY HEART. OH BELOVED CHRIST PRESENCE  
WHICH "I AM".

INSULATE (3) ME WITHIN THY HEART, OH BELOVED CHRIST PRES-  
ENCE WHICH "I AM".

SEAL (3) ME WITHIN THY HEART, OH BELOVED CHRIST PRESENCE  
WHICH "I AM".

KEEP ME EVER MINDFUL OF THY WILL, THY WISDOM, AND THY  
GOD-POWER AND INFINITELY SENSITIVE TO THEE AND THY PER-  
FECTION. I DO DECREE IT IN GOD'S NAME. SO BE IT.

## DECREES FOR UNIVERSAL SERVICE

### *Race Hate*

Oh Thou Mighty Spiritual Hierarchy of our earth. Oh Great God Presence, "I AM" Mighty SOLTAR AND SOLEL of the SUN and Beloved Master, Saint Germain!

Project The Spiritual Essence of Peace and the Transmuting Power of Light from the Great Sea of Violet Fire on Germanus:

Into all racial Violence

Injustice

Discrimination against HUMAN RIGHTS

and compel (3) CHRIST PEACE    compel (3) GOD'S PEACE COMPEL (3) PEACE

PEACE...PEACE...PEACE!

Transmute all hate, injustice and all that causes or arouses violence or unrest by the Powers and Activities of that great Sea of Violet Fire on Germanus.

Let there *NOW* be PEACE

Great Presence of Life, Oh Mighty "I AM" Essence of Being, Beloved Jesus the Christos, Angels of Peace, Archangels, Cherubim and Seraphim, and all within the Cosmic Cathedral of Peace on Germanus!

We invoke THY LOVE, THY POWER, THY PEACE, THY LIGHT!

*NOW* as our consciousness ascends unto Thee, SWEEP EACH ONE INTO AND THROUGH THE SEA OF VIOLET FIRE SUBSTANCE.

STABILIZE, MAGNETIZE, ENERGIZE EACH ONE WITH THAT HOLY FIRE!

Permanently establish within and for each one, the Power of communication whereby each one may become a direct channel for the outpouring of Light from The Cosmic Sphere of Christ Light!

Let there now flow to earth, a Cosmic Tide of Violet Fire, to cleanse and purify earth and all conscious life hereon. Flood to all Thy wondrous Light and Love, Thy Cosmic Peace and Power, and sustain the outpouring in rhythmic pulsation until Those God Qualities are established on earth and within the consciousness of all life hereon.

For Thy Intercession, we thank THEE.

Great Presence of Life which "I AM", Mighty Solaris and Solel from the Sun, Mighty Jesus the Christos, all our Ascended Master Teachers, and friends, Mighty Hierarchal Being of this earth and ALL THOSE WHO HAVE COME FROM OTHER PLANETS AND STARS!

COME (3) *NOW* at our earnest call! Project to us through The Cosmic Cathedral of Peace on Germanus, the wondrous outpouring of THAT PEACE WHICH SURPASSETH THE UNDERSTANDING OF MORTAL MIND. Expand (3) our Heart's Light that we may be enabled to accept This Peace and thereby channel Its Powers throughout earth wheresoever we pass by or direct our thought.

For Thy Assistance and Love we bless and thank THEE.



*THE VIOLET FIRE CLEANSSES, PURIFIES AND REDEEMS  
YOUR BEING AND WORLD*

Man suffers because he has imposed the substance of this negative consciousness upon the world in which he lives. Your nostrils are not sensitive enough to acknowledge it, but an animal can do so. In truth, you know that the effluvia of man has imposed itself upon earth. So you call for the Violet Fire of Freedom's Love to pass through your world. Last evening there were perhaps two hundred people here. They left the effluvia of their beings in the atmosphere of this building. It is necessary to cleanse and purify it and you have the opportunity of doing so.

Do this in your homes each day. Cleanse and purify the atmosphere and the substance of your home each day. You do not always know what has passed through. You do not see, you do not begin to feel or comprehend or accept the accumulation of wrongly-qualified, unhappily qualified, fearful, doubtful, humanly-qualified substance and energy that is imposed upon you and your home, even your clothing and everything that you possess. These qualities are imposed upon life and you walk through them. When you walk through the snow and arrive home you shake your boots and coat before you walk into your rooms. Do you ever think to shake off the accumulation of substance and energy that you have taken on from the other people with whom you have been associating? Unbeknown to you, you have acquired the substance and energy of other people's beings and world within your own world. So you must cleanse and purify yourselves. Do this as frequently as you can, but try to do it at least twice a day. It does not take very long. It is the conscious acknowledgement of the Flame that does it for you. If you are thirsty, it only takes you a moment to stop and take a drink and your thirst is quenched. If

your hands become soiled in the day's activities, you just take a moment's time to wash them with soap and water and they are clean again.

As you pass through the outer world, just take a moment's time and utilize the inner activity of the fire element to purify your beings and world. The inner activity is required (the same as the outer) in order that perfection can manifest. You know that through soiled windows the sun does not shine brightly. So it is with your being and world. If you are all covered over with an accumulation of substance and energy that is not beautiful and wholly pure and perfect, the Light of your own Christ-self cannot shine through. So now, call the Violet Fire of Freedom's Love through your beings and worlds, through your homes, through your city and everywhere you go. You can pass it through your bus, your subway, your automobiles, your building -- wherever you are. Let the Violet Fire of Freedom's Love release Its power there, qualifying the substance and energy of life with beauty, harmony, happiness and perfection, and remove the clouds of doubt, fear, pain, grief and distress that have been imposed upon you by other human beings.

As this Freedom Flame becomes active in your aura it goes with you wherever you go, just like the smile on your lips. It goes with you and everybody sees it. They will not see the Violet Fire but It will be there just like the happiness that emanates from you. Nobody sees the happiness but they feel it. They will feel the Violet Fire of Freedom's Love about you and they will be blessed. So feel it now, magnetize your whole being and world with this wondrous Violet Fire of Purity.



*NOTICE:* For your library of The Mentor, the complete set of the twelve issues for 1966 is available for \$5.00. These also make excellent gifts as well as introductory teachings for friends on the Path.

## THE MENTOR

### Subscription Information

The Mentor is published monthly by The Sanctuary of the Masters' Presence, a non-profit organization, incorporated under the laws of the State of New York.

Subscription rate is \$6.00 a year. All subscriptions begin with the January 1967 issue. Anyone who subscribes during this year will be sent all back issues (starting with January) of the current year.

The same rate (\$6.00) applies to all other countries. Payment may be sent by International Postal Money Order. Canadian subscribers may send checks on Canadian banks or currency, but 25c should be added for exchange costs on checks.

Send all remittances or correspondence to the publication office:

THE MENTOR, P. O. Box 639, Melbourne, Florida 32901, U.S.A.

