

# THE MENTOR

FEBRUARY 1967



# THE MENTOR

ASCENDED MASTER WISDOM AND ILLUMINATION

THROUGH THE PERCIPIENT FOR

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*THE MENTOR. . . . Is a monthly publication containing Ascended Master Inspiration and Illumination for the purpose of providing The Chalice of The Spirit within each one, with That Essence of Truth which will reveal the way as the student moves forward upon the pathway of Spiritual Revelation and Christ Attainment. From time to time, there will be included inspiring material and instruction received through other qualified channels and those thoughts and revelations which are expressed by other individuals who are perceptive to Wisdom and Truth.*

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## *INSTRUCTIONS FROM THE TEMPLE OF SOLON*

Through the power and direction of your own will, invoke silently your own Christ Self Decree that it may envelop you in a sheath of blazing crystalline Light substance, so that you are totally encased in an invincible armour of impenetrable Light substance through which nothing can pass but the higher vibrations of God's Light, Love, Purity, Beauty, Harmony and Perfection. All lesser frequencies are locked outside. Those of your nature which are locked within, we now project into the Violet Fire, which is the activity of pure Divine Love, invoked also from the Higher Christ Self, releasing that love of the Christ Mind, which surpasses that of the human sense-consciousness. As it passes through the aura of each individual, and through the substance and energy of each of the lower bodies, it sets into action a Violet Flame, which utterly destroys all of the lower frequencies and qualifications, which you as an individual have imposed upon the substance and energy of your beings and worlds.

As that Violet Fire rises from the feet, up through and within that sheath of impregnable Light substance, these energies, which are qualified with low frequencies, are raised, and the substance and energy is purified. We ask that it be qualified with the power of spiritual illumination and returned to the Higher Mental Body, there to be utilized by the Christ Self in projecting into your Conscious Mind further truths and spiritual ideas and concepts. As you stand in the purifying flame, the Violet Fire, every cell, every atom, all the substance, all the energy of your entire being and worlds is being cleansed, purified, harmonized, balanced and healed in every way and transmuted into the spiritual substance of the higher frequencies of the Christ Self.

### *THE SACRED FIRE BREATH*

The messenger from the Sun Temple desires each of you through the invocation of your own will, to direct and expand the energies of your conscious mind. As that expansion takes place, at the direction of your own will, those expressions of Harmony, of Perfection, of Healing, which you desire and personally require, must begin to manifest if you invoke this Light as directed. Beloved students of Light, beloved chelas upon the pathway, beloved disciples, within every heart is a permanent point of Light. There is within your every beating heart a Divine Pattern for an entire lifestream, not only your present embodiment, but your full lifestream. The Divine Pattern is impregnated there within your heart center, which is the pulsating, life-giving center of your Being.

When I speak of the heart center, I do not speak of the physical organ which you call the heart, but I speak of a secret chamber which exists within that heart, wherein that Sacred Fire is enthroned. If you will break open a seed, you will find that somewhere within the substance of that seed, there is a living particle

which has the ability to reproduce itself under the proper circumstances. That core of Light Essence is not visible to your physical sight. The extended perception of some has beheld that flame within the heart of living human beings. They may also have beheld that flame within the hearts of other creatures which are evolving upon this planet. You may, with your extended perception, perceive that tiny spark of life within the seed, for where there is life there is this living Light.

Within man this living Light has a threefold activity and purpose. Every manifestation of the great Creative Presence is threefold in its manifestation, and in its plan. You will readily understand that whatever is to become a manifestation begins first as a concept in the mind of the creator, whosoever that creator may be, whether it is God or whether it is man, or whether it is some other creative activity. First the concept is established within the mind where the idea is projected into Spirit. Through the union of love for the creation and the concept of the creator, there takes place a threefold action, which you sometimes call the activity of the Father, the Son and the Holy Spirit, or the Father-Mother, the Son and the Holy Spirit. No concept either of the great Creative Presence, or of your finite mind, ever comes into being or manifestation without the Breath of the Holy Spirit, the Gift of Life or Beingness. Man was given free will, as you well know, not to do as he pleased, but to create and expand Gods Plan. Man can create according to the Divine Concepts of his Christ Mind. The Holy Spirit within the Christ Mind can endow the Fire Breath of Life upon the creation, but man has not evolved to the place where this is possible.

The great Creative Power of Being is within man. It is the threefold activity of the great creative Fire Breath. The love, which man expresses for God and God's Will, manifests as a pink Flame within the heart center of the individual. This Love of the Great Creator expands and expresses as love for ones fellow man, or at least that was God's intent. There is a Flame of Divine Energy from which manifestation takes its beingness. Ofttimes it is called the Ray of Power. It is God Energy. It can be utilized to whatever extent the individual desires to draw it forth. The energy by which you "live, move and have your being" is supplied by means of that great Power Ray, or Energy Flame, which exists within this Sacred and Secret Center within the heart.

There is a third Ray. It is called the Wisdom Flame or Flame of Illumination. Within that Flame is Intelligence. All Energy and all Substance contain within itself, Intelligence. All Energy is Intelligent Energy. Mind the difference between intelligence and intellect. Intellect results from a human concept, a human desire, a human reasoning. However no achievement ever would be obtained were it not for the Ray of Intelligence. The Energy by which you live and move is Intelligent Energy. All Substance responds to the command of the Master Presence. In order to obey the Master Presence, there must be Intelli-

gence within that Substance, or that Energy. You know that the smallest insect, the tiniest bird, the minerals within the earth, the waters, the atmosphere and all Substance which you can name, contains within itself Intelligent Energy. It exists by means of the Laws of the frequency within which it manifests. In order to abide by these laws, there must of necessity be Intelligence. Therefore, I say again, all energy, all substance is intelligent. Man has not made use of the Intelligence which exists within the substance of his own being, or the world around him. Man has evolved as a thinking and a feeling creature, but has not yet realized the potentials in his thinking or his feeling. He has recognized his Being, but he has not recognized the Source of his Being, nor the usefulness to which that Being should be put. Man carries within his heart the Seal of the Fire Breath of God's Being, but he has not recognized that Seal. It is like a coat of arms. It has a very definite and special meaning for man, but if man does not recognize himself as having a Divine Seal upon him, he does not express his full potential.

As Disciples upon the pathway, you have now come to understand some of the finer principles of the Sacred Fire. You understand the activity of substance and energy within and around your physical bodies to some extent. You realize that whatever qualifications you impose either upon your thinking or your feeling or both together, result in the qualification of the Energy of, your Being. This is to say, that an individual, who lives in fear and in hate, feeling resentment and rebellion toward all things and all individuals, qualifies the Substance and Energy of his Being and world with those qualities, and without fail his body will reflect that low frequency in its structure at some time. The Energy not only reflects within the structure of the substance of the body, but radiates from that body. The heart center of the individual is a pulsating center of much qualification. From the heart center there is a force-field of energy set into action around every individual. Mankind receives a flow of the Divine Fire Breath, or Life Energy, which pulsates continuously within, into and through his physical Being, causing the heart to pulsate. As the heart pulsates, the liquid Energy and the electronic Energy of the inner bodies is set into motion.

So long as that flowing action continues, the individual expresses himself as a living being. If and when the pulsation ceases for any reason whatsoever, the motion of all substance and energy within the lower bodies also ceases, and that which you call death takes place. Therefore, Life is the result of the pulsation of Divine Energy through the heart center. All of the cells and substance of the bodies receive the electronic essence of being from the pulsation of the heart which is projected through the Christ Self by the Divine Presence which you call "I AM". From that "I AM" the great stream of Life is focused into the individualized being from great Beings beyond your comprehension. You are satisfied with saying that your life flows from God. That life indeed flows from God,

through many step-down transformers until it is suitable in frequency for the physical state into which the body bearing it finds itself.

### *The Light of Life*

You are aware of the fact that various individuals "live, move and have there being" at various rates of frequency. Those who are not spiritually illumined vibrate at a slow rate of vibration. They live in almost total spiritual darkness. There are others who have begun the ascent into the Kingdom of Spiritual Illumination. There are others who are further advanced upon the pathway. In each instance the vibratory frequency of the being and world of that individual is intensified. Those who vibrate at a low frequency are enveloped in a cloud of electronic substance bearing the qualifications of the frequency of their lifestream. That is to say, an individual who has not evolved at all spiritually, has around him the qualifications of one who lives in a material world, whose energies are continually qualified with hatred, with lust, with greed and all the lesser human qualities. As the individual advances upon the pathway of light, his aura, or the outpouring of energy through and around himself, becomes lighter in nature. He begins to think thoughts of kindness; he begins to respond to ideas of justice; he begins to seek the Creator Himself, and thus his energies become qualified with some of the higher vibrations. With the expansion of extra perceptions which students upon the pathway find themselves acquiring, they will in time begin to observe the darker areas of those lesser evolved beings begin to show the beauty and light of an evolving consciousness.

Wherever there is Light, there is vibration, Light and Life, being synonymous we can say. Wherever there is Life, there is vibration, for Life is vibration. We have seen that when vibration ceases, Life no longer manifests in form. The qualifications of the individual will are imposed upon the Divine Energies flowing into the individualized being by the thoughts, feelings and desires of that particular ego. You will, therefore, see that the individual has free will to either raise the frequency of his own being and world or to allow it to remain in the lower frequencies. His is the will to decide whether he will stand still, whether he will regress, or whether he will move forward. The natural tendency of an evolving being is to move forward. Therefore, in allotment of some 14,000 years the soul does pass through many embodiments, moving gradually forward. Ofttimes the progress is so slow as to seem like no progress at all; at other times the progress becomes rapid and the student, or chela, leaps forward into discipleship.

As students, disciples, or chelas upon the path, it is possible for each and everyone of you to so impregnate your consciousness with the desire to move swiftly forward into the state of complete transformation, that the transformation can and will take place as the natural expression of your sincere desire. Desire

alone, however, is not sufficient. There is a certain discipline which is required. An individual might *desire to move into* the state of transformation or to move into the state of ascension, yet I say to you, if that student does not discipline his thinking and his feelings, if he does not master and control the substance and energies of his being and worlds, *he will not move forward*, even though he might desire to do so. *Desire must be coupled with action.* In order for Divine manifestation to take place, it is necessary for the activity of Divine Love and God Energy to move forward in an Intelligent activity, or in triune activity. Only thus does Divine manifestation take place.

You, as students upon the pathway, have enveloped your beings and worlds in sheaths of Electronic Light Substance. You have from time to time, in accord with your own will, called forth transmuting powers of Divine Love. You have purified much of the substance and energy of your beings and worlds. You have received untold assistance from your Ascended Master Teachers, Their Messengers, your Mentors and many Ascended Master friends, but you have also been told that half of the effort, at least, must be your own.

I come to you today to bring to you, not this knowledge which you are aware of in its simplest form, but the reminder of that knowledge, which in some instances, I perceive, has not been acknowledged to a sufficient degree.

I bring to you tonight a new awareness of the activity of the Sacred Fire within that secret chamber within each of your hearts. While Life still pulsates within your form, you still have time to make the change which is required, if you are to step into the Transfiguration Flame and thence into the Ascension. Transfiguration is the culmination of transformation. You have desired to transform your beings and worlds. Many of you are already disciples within the Temple of Transformation. Yet there are amongst you only a few who have really *applied your energies* toward the attainment of Transfiguration. You have had passing desires to approach this Great Liberation Flame which is concealed beyond the Sacred Veil within the Temple of Transformation, but there are but few if any of you who have made sufficient effort to attain that goal.

There is within your own heart a tiny Sacred Fire, like unto that great Flame of Transfiguration. When an individual passes through the Flame of Transfiguration, all of the lower frequencies and vibrations of his entire lifestream are completely consumed forever. You have begun the preparation, as indeed, much preparation is required. One cannot approach this Sacred Fire, nor step into its wondrous Transfiguring Radiance until he or she has accomplished a certain degree of purification by means of his own effort. To have accomplished purification by ones own efforts means that the individual has established within himself a consciousness of that which he desires to attain. He is moving by means of his own free will towards that attainment. If an individual of a low frequency were to approach and pass into this great Sacred Fire, he would not only have

all of his low frequencies removed, he would have all consciousness, all selfness removed also, for he would not have acquired a self-conscious directive. When all of his substance and energy, which is of a low frequency to begin with, is removed from him, he has nothing left.

You, who have passed through the Violet Fire upon many occasions and called forth the powers and activities of the Sacred Fire, have of your free will, moved forward on the pathway of Spiritual Illumination, and as your accumulations are removed from you or transmuted, you have the consciousness of the higher spiral of attainment upon which you are moving. You have the purified substance and energy of your Higher Self already beginning to act to a small degree in your being and world. Therefore, when those few vibrations of a low frequency are transmuted and taken from your lifestream, you are still a self-willed individual. You remain, a God-conscious being. An individual of the lower nature usually does not, or can not approach the Sacred Fire for this reason. I have only indicated what might occur merely to point out to you the result in the event that an unwise individual of lower frequency should try to pass through that Sacred Fire. There have been in past ages individuals within retreats who, in their great eagerness, pressed forward toward that Sacred Fire without sufficient preparation, and they were utterly destroyed. It is not the fault of the Flame; it is the *nature* of the Flame to destroy that for which it has no affinity.

### *Good And Evil*

We have spoken in past months of the activity of The Destroyer. The idea of destruction frightens and even appalls man. Yet, if that which exists were to remain in existence forever, there would be no room, no space, no time for other manifestations of a higher nature. If all of the evil and ignorant intent in your nature were to remain in your nature, you could never become Gods. Therefore, those qualities must be destroyed. All evil will eventually be destroyed. What is evil? Evil in itself is nothing but energy in action vibrating at a low frequency. When that energy is raised in frequency, it is no longer evil, but it is good. We do not think of evil as a thing in itself. It is merely an expression of energy, which has not been raised to its higher potential. However, there is that in man's mind which desires to label all things evil which has manifested in a manner which the individual considers to be good. An individual of a low vibratory rate would consider evil to be of a very low rate of consciousness indeed, while those, who are upon a higher round, or state of frequency, might consider the individual who was just beginning to evolve, as evil, since it is only a matter of the rate of the vibration of the consciousness.

Individuals evolving on this planet and other planets, follow the vibratory

activity of the world into which they have come in a natural, normal manner. That which they do, think see, or feel may not be at all what a more highly evolved individual might think it ought to be, but to them it is not evil. It is their way of life, the only evil that can be considered as a thing apart. Evil, in itself, is a concept, devised within the mind of man, *deliberately contrary* to God's Law of Love. There are individuals upon the planet who do deliberately conceive of acts which are directly opposed to their own good and the good of all creation. *Such acts can be considered evil.* They are the creations of man and not of God, although they are creations made by God's Energy, for there is no other energy. Man, who desires to create an evil influence or to perpetrate an evil act, has to use God's Energy in order to do it. There is no other energy. It is thus that man's sins can be forgiven and his evils can be transmuted, because the substance by which they were created are truly God's Substance, and they still contain intelligent energy.

Because energy is intelligent does not mean that energy has the will to decide how it will be used. It merely responds intelligently to that which is imposed or directed into or upon it. A Master may command a point of Light to congeal within the palm of his hand and bring forth the manifestation of gold. That Light Substance will obey the commands of the Master Presence and become a manifestation of gold substance. The intelligent energy within Light, within substance, obeys a command. Another individual might command the Substance of his lifestream, or some other lifestream, or the Energy in the atmosphere itself, to condense into some form or some activity which was not in accord with the Divine Concepts. Intelligent Energy obeys the command that is imposed upon it, whatever it may be, and holds that pattern until it is released from it.

Now let us presume that you, as an individual, have through the misdirection of the substances and energies of your being and world, created within your physical bodies some abnormalities or discomfort. The substance of the body has become congealed into an uncomfortable condition. Let us presume you have either what is called a growth or a disease. You have, through the energy of your own will, created the condition. Whether you like to think so or not, this is a law which all Beings are subject to. So let us say that within the physical body there is a point of discomfort which is the result of wrong thinking, feeling or desiring, either in this embodiment or some other. It might be only the acceptance of a concept which some other individual has imposed upon you, but remember no other individual can impose that concept upon you unless you accept it, so you are still at fault and to blame. Remember this, for it is important. Others can project unto you undesirable thoughts, feelings and desires, *but they are not effective, unless you accept them.* Remember these words.

Now suppose you have a place within your body where there is a manifestation of imperfection. Intelligent Energy in the Substance of your body is holding

the form of imperfection, which is imposed upon it, just in the same way as a low individual might impose an evil idea of upon energy. You have imposed evil upon your being and world, and some portion of your body is outpicturing a manifestation of imperfection for which you are responsible. That manifestation will remain a manifestation until some force greater than itself releases it from that form. You may go to a doctor and have a surgeon remove this Substance from your physical body, but his knife, skillful as it may be, can not and does not remove the cause which generated the discomfort. Therefore, in or at some future time the Substance within your being and world will again begin to react to the destructive thought or feeling which you imposed upon the body. You will see, therefore, that it is imperative for the individual upon the pathway to have control and mastery of the substance and energy of his being and world.

Many individuals have received instantaneous healings when the heart of the individual has in purity and in love asked to be freed from that which it has imposed upon itself. Ofttimes it is an unconscious call. The intellect of the individual, the outer intellect, may be totally unaware of this call, but its natural reaction to call for forgiveness, to call for Light, and in Love to repent of whatever the cause may be, is sufficient to change the pattern of the substance and energy and free it of distortion by the will of the individual, or with the assistance of a healing agent. In either case there is a transmutation, or a change which we call healing. If every individual amongst you were to decree for the healing of some other individual, that healing could not take place, unless that individual were willing to release his grip upon the energy of his own body so that it could be transformed. Intelligent energy will hold the form imposed upon it until it is released by the individual who imposed that upon it. So look into your beings and worlds and see what it is that you are deliberately compelling the energy and substance of your body to outpicture. Then in the Grace, in the Love, and in the Peace within your own heart, endeavor to release that pattern, that concept, that hold which you have upon the substance and energy of your beings and worlds.

The moment you release your grip upon that substance and energy, it will become transmuted, if you so decree it. It will be requalified in accordance with your decree. Know this: The individual who is functioning in a low state of vibration, has no acquaintance with the Spiritual Laws even though they are completely scientific laws. He, therefore, has no responsibility for using these laws, of which he has no knowledge. He will, someday on his own, arise into that state of conscious desire for knowing, but so long as he is ignorant, he is not responsible.

You, who are advanced upon the pathway, have a responsibility for that Light which you now understand. Every moment, during which your perception expands, the horizons of your consciousness expand also. During every moment

that expansion takes place, your responsibility expands also. With your awareness of the activity of Light, your responsibility becomes greater. You, therefore, are responsible and must understand your responsibility to Light in a way which an individual with a low frequency of vibration does not even begin to comprehend.

The time is at hand, when it is desired that man should arise and assume mastery over all of the substance and energy of his lifestream. You are well along the pathway of attainment. You are Torch Bearers! You are those who are going before. You have arisen from the mass consciousness and found your way comparatively swiftly upon the spiral of spiritual illumination. You are responsible for the use of Light, of Life and Energy within your lifestream.

Let me remind you once more of the Sacred Fire within your heart. There are many individuals progressing upon this spiral of Spiritual Illumination, who have evolved spiritually, but they have not evolved mentally or physically. They have difficulty in expressing a balanced action of the Love, the Wisdom and the Power of Great Creative Perfection. There are other individuals who have evolved physically but have no spiritual attainment. Theirs is the necessity to awaken and expand the power of Divine Love. The three attributes of the Sacred Fire must expand equally and must act in unison. As the individual approaches the great Flame of Transfiguration, the threefold activity of the Sacred Fire in the heart must be in balanced action. Otherwise, we say the individual is emotionally, physically, or morally unstable. When there is no balance, there is no perfection.

I have come tonight to renew your thought concerning the re-establishment, or the rebalancing of the Sacred Fire within your hearts. It is the desire of the great Hierarch of the Sun Temple, your wondrous Master Solon, that you give now, personal attention to the stabilizing of the threefold activity of the Sacred Fire Breath of Life within your individual beings and worlds. All of the Ascended Masters in the Realms of Light can not draw you into the Transformation, or the Transfiguration Flame, until you are prepared. It is now the moment of preparation. I have come this hour to bring to you an awareness of this fact so that you may, over the next few weeks, gain control of those energies within your beings and worlds, stabilizing that Flame within your hearts.

How will you go about this? Each of you will have a method of your own. However, I would like to indicate the necessity for meditation, feeling yourself enveloped in a shaft of Impenetrable Light, untouched by all thoughts and desires from the outside world. Then take a good view of your own energy, which is locked inside this shaft of Light along with you. When you draw forth this shaft of Light around yourself, remember, you do not shut out your own frailties and weaknesses and your sins. They are locked in with you. You are involved only with your own substance and energy. You are merely free from the contact

of the world outside. You are now facing the energies of your own being and worlds. You must be wise enough and balanced enough to recognize your own weaknesses and your own limitations. Those are the forms which you will be required to release so that the substance and energy trapped by your wrong concepts can be free to arise into the perfection of the Christ Self. Mind these words, and think well upon them! This is the hour! You are warned. You are thus prepared to act. As you release the tensions, the concepts, and all the base desires and feelings within you your own nature, the accumulations within your world are freed, and thus you will become balanced, not in a moment, but in such a way as not to throw the entire rhythm of your being and world into chaos, but rather to balance it.

As you envelop yourselves in this shaft of Light, feel the Presence of that wondrous Sacred Fire within your heart and invoke it to come forth and expand. You will know if one portion expands further or more easily than another. Begin to invoke that portion of the Flame which does not express easily. Invoke it in Love. Coax it into manifestation. Ask your great Christ Mind *to reveal to you* the causes of your limitations and your distresses. Command your Inner Mind to release its grip upon that substance and energy so that it may be transformed, no longer causing limitations and distress in the mental body, the emotional body, the astral body or the physical flesh body. Each of these four bodies need to be purified and released from the tensions of low frequencies of thinking, feeling and desiring.

I bless you, and I leave you to consider my words. May the Sacred Fire of Light expand, expand and again expand within your individual beings and worlds, until you become a glorious being of pure Christ Light, while yet moving in the flesh here in the world of form, insulated against the destructive activities of the outer world and yet moving ever forward toward the culmination of the experiences of material life. As you move into higher spheres of being, you will enjoy the greater beauty of the substance and energy which you will find there. You do not move out into a formless void, beloved ones for, as you have been told before, substance in each sphere is as real in that sphere as substance seems to be within this sphere. Although it is invisible to your eye at the moment, it is tangible to your Higher Spiritual perceptiveness. As you proceed into higher spheres, you do not lose your identity; you merely move forward into a higher vibratory expression.

May the Light and the great Peace from the Temple of Mighty Solon envelop you and enfold you, impregnating all the substance and energy of your beings and worlds and give to you all the Gift of Spiritual Perception, of Mastery, and of Transfiguration.

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## *INSTRUCTIONS BY THE BROTHER OF THE ROSY ROBE*

Quickly now, transcend the consciousness of the outer or human body, the mind, the feelings of the physical body and enter into the Sacred Precincts of the Christ Self, the Holy of Holies. You will remember that as you enter that Holy of Holies, you pass through the Golden Door of Consciousness and enter into our own inner Retreat, your Secret, Sacred Place. While you are within that state of quietness, you are available to communicate, to receive communications and to send communications directly to those Illumined Beings whom you desire to contact, either receiving or emitting both Light and Love. You have little to offer to the Illumined Ones, except the use of your bodies to use as Their bodies and your energies to supplement Their energies as They act in this physical world. You have physical bodies, accustomed to the vibrations, the frequencies of the material substance of this particular sphere in which the physical body operates.

The Illumined Ones have bodies of a much higher frequency. It is possible for the Illumined Ones to lower the frequency of Their highly spiritualized bodies and take upon themselves the appearances of the mortal being and move amongst individuals or conditions in the world. But you can imagine that this requires much of Their energy, and much of Their time, which is limited. A Spiritualized Being who is now functioning in the higher frequency of an Illumined Body, oftentimes is limited as to the length of time in which he is capable of sustaining Himself in the denser frequencies. For instance, One, who has not practiced lowering the frequency of his body into the human density, might make the effort to lower the density of his form into that of a human, and find that He could do so, but only able to sustain that density for what you would call a short time. The frequency of His own body naturally reasserts itself, and oftentimes the density of your frequency is extremely uncomfortable to the Illumined Being, particularly the highly Illumined or raised Being.

To become accustomed to the frequency of human life and to enter into another frequency is difficult. It is like taking a physical body and dropping it into the depths of the ocean. The pressures of the water upon your physical being would be extremely uncomfortable and dangerous. An individual who descends under the water, can only bear that pressure for a limited time and oftentimes has great suffering and undesirable results. If an Illumined Being who lives and moves in a frequency, which is much higher, much more rapid, has to descend into the density of the flesh body, he may very well experience similar sensations as you might experience if you were to descend into the depths of the ocean without adequate protection. The Ascended Beings have ways and means by which they protect themselves, but nevertheless, this requires a great expenditure of energy.

Therefore, an Ascended Master often prefers to utilize the energies, the consciousness or the physical bodies of individuals, who are in physical embodiment. Hence one of you may become a messenger of an Ascended Being, doing that which He impresses upon you to do or thinking that which He impresses upon you to think or speaking those words which He impresses upon you to speak. You are in no way surrendering your identity or your free will. Remember this. You are in no way surrendering your free will or your personal consciousness in allowing this. YOU may be impressed by the great Master Jesus, Himself, to act or to speak, but if your will prefers not to speak or not to act in accord with that which is impressed upon you, you have the free will to do that which your human self desires of you. You do not need to act out the desires of the Ascended Master, or the Mentor, or the Messenger or the Angelic Being. You are at perfect liberty to resist Their thoughts, Their feelings or Their desires, which They present to you for your acceptance. Therefore, do not feel that you are surrendering your free will, when you offer to become the hands and feet, or even the voice, of an Ascended Being. You are completely free at all times. You may be speaking the words of an Ascended Being and suddenly receive a message through your consciousness, which you do not desire to voice or which you may not be prepared to accept, and therefore do not wish to take the responsibility for uttering. You are completely within your rights to refuse to speak those words. Your free will is in no way violated when you offer to use your energies, your time or your body itself in Their service.

You know that an Ascended Being will not ask of you that which is evil, or wrong, or destructive, but oftentimes a thought will be projected into your mind, with which you might not, at the present moment, be in full accord, or for which you do not wish to take the responsibility. This occurs continuously. For example, the channels, who are giving the messages of Light through conscious instruction from higher sources, oftentimes give out information which is not in the accord with the previous understanding or acceptance of the Disciples of Light. Take as an example, that with which you are all familiar, the activity of moving Shamballa from the Gobi Desert to Long Island. There are many channels who are giving this information, and there are many channels who refute the information, and there are many channels who are receiving instruction concerning this, which they do not voice, because they do not wish to enter into the controversy. You are at complete liberty to make that choice or any other choice put to you. You are in no way obligated to give any thought or any instruction, which you do not desire to take responsibility for or enter into. When you offer yourselves as channels to the Ascended Masters, you offer your consciousness insofar as you personally are capable or desirous of cooperating. You have been told that you are within your rights to maintain that judgment. You need have no conscience in refusing to voice that which you do not wish to be responsible for.

When you give the Ascended Master decrees, be assured that these are ideas that these are worded forms inspired by the consciousness of an Illumined Being at a time when the consciousness of the Preceptor is prepared to receive them. When you enter into the Holy of Holies within yourselves, you enter into a state of consciousness wherein each of you prepares to receive illumination. You feel that in a group activity as you enter into a state where you are receptive, that the Director of the service is directing your thoughts and therefore, you are not receiving, or you are not permitted to receive, this direct inspiration from your Master, or from the Mentor. In a group activity this is required, for each of you would set up a line of communication with a different Being, whose thoughts would be directed along a different line of activity or thought than the Mentor directing the group. Therefore, in a group it is necessary for the group to remain in the same state of receptivity under the same direction. You say then, why should we enter into the Holy of Holies? Why can't we just remain in the human sense consciousness?

This is easily explained to you, Beloved Disciples upon the path. When you, each one, step into the higher vibration, you open the channel of your consciousness. You become receptive to our vibrations which are being voiced by the Director of the service, but which are passing through you also. If you are not in a receptive state of consciousness, the vibrations cannot reach your consciousness. It is as though you had closed the door. When you enter into the state of Christ-Consciousness, you are receptive to the finer and higher vibrations which are being voiced and acted upon by the group and the group Director. Because you are listening to a direction from a group Director, or preceptress, as the case may be, does not mean that you, as an individualized ego, are not active, for it depends upon the strength of the group as to how much the directing Mentor can express through the Preceptor or Preceptress to the group.

You are each one emitting a force-field of your own. Into that force-field the Mentor or Messenger is impressing His Light. You, each one, arise into the outer periphery of your Christ-Self to the best of your ability. To whatever degree you can raise your consciousness, you also receive personally, as well as the Director of the service, who voices the words. You receive the spiritual impression of that which is being voiced by the Director or Preceptor. This you must realize. Your consciousness is being held in a group consciousness.

You are all subjected to, therefore, the same vibrations from the Mentor as the Preceptor or Preceptress. If your state of consciousness is not receptive, you exclude yourself, although you are in the room and hear the words. You exclude yourself from receiving the vibrations or the rate of frequency, which the Mentor is bestowing upon each one hearing those words.

The interesting thing is that we, the Mentors, who come to bless you with

this vibration, with the expanding of the frequencies of your being and world, are able through a process, which I can't explain to you, to impress this same vibration upon every individual, who listens to the recorded word on the tape or reads the printed word at some future time. The same vibration can be received by you through the words upon the tape or printed. If this register of vibration can be registered upon the tape through the voice of the Preceptress and the radiation of the Mentor, then can you not believe that there is recorded also within you, upon your consciousness, the same outpouring, the same frequency which pours through you whenever you recall or try to release the ideas, the thoughts, the words or read them in the future? The same vibrational activity passes through you, as you report these words or as you meditate upon them, as they are recorded. The tape and the printed word is a material substance. Your consciousness is not material; it is spiritual substance. It is etheric substance, and it is even more sensitive than your book or the tape. That which records itself upon the etheric substance or your Christ-Mind is many times more sensitive than any tape or tape recorder.

Therefore, you will understand, I hope, that it is important for you to open the channel of your Christ Consciousness and to raise the frequency of your mental body in order to receive the high frequency of the Mentor's message, which is really recorded upon the etheric substance of your own individual being. You could, if you so desired and tried to do so, begin to concentrate upon the message and play it back within your consciousness word for word. You would say that this is an act of memory, or that you do not remember. Yes, indeed, it is an act of memory, and the only reason you do not remember is because you declare that you do not, or you cannot. If you would take the positive stand that you are recording word for word exactly as the tape recorder is recording, and that you have the ability to play back that tape, you *could* remember.

When an individual is put into a state of hypnosis, he is asked to regress back into a state of consciousness wherein he recalls much of which he never had any outer awareness of. He will repeat actual words and describe places that he has no conscious knowledge of in his present brain memory. Facts are recorded there, and when the barriers of the human sense consciousness are removed by placing the individual in a state of relaxation and recall, he brings forth the absolute truth recorded within his consciousness. You can do the same consciously, without being hypnotized, if you so desire. It is merely a matter of passing through the barrier of the human block, which you yourselves put there. The hypnotist does nothing to the individual. He merely offers him a suggestion, or a command. "You are now receding. You are now regressing. You are now ten years old." This is only a suggestion, but the suggestion of the hypnotist passes the barriers in the mental body, which says, "I can't remem-

ber. I don't remember." The individual is put out of contact with the present world in which he lives temporarily, and caused to concentrate. He, therefore, begins to play back the record of the acts and conditions in his life, when he was ten years old.

Now, you have recorded in the etheric substance of your consciousness every word that has ever been spoken or written by this preceptress. You can recall it if you can bypass the barriers in your consciousness, which you have created there, which declare that you cannot remember or that you do not remember. If you were placed in a state of hypnotic relaxation and commanded to repeat these words, you would repeat them exactly as the tape recorder repeats them. They are recorded in your consciousness. Therefore, do you see why you are asked to become a part of the group consciousness when the words are being spoken?

Now I say to you, when you are in the quiet of your own home, and you enter into the Holy of Holies within, you are on your own. Then you are able to direct your consciousness to whomsoever you desire, and you are available to receive messages from the Great Ones and Angelic Beings, your Master and Mentor, an Ascended Master, or some Being from outer space. You are at liberty, as you make yourself available, to receive the message directly *through your own Etheric Self*, and you can, if you will, register it in the human mind, the mortal mind. These are simple matters, but man has not yet been able to accept the possibility within himself. Man has cultivated forgetfulness rather than memory. There are many details in your daily life, which need to be forgotten. They are trash and rubbish. They do not need to be recorded, but when you are in contact with highly Spiritualized Beings, then the instruction which you receive from them, or the blessing, or the healing, or just the companionship *does* need to be recorded, indelibly. It is possible for you to be regressed back into some previous lifetime and report that which was spoken to you, perhaps by an Illumined Being in another embodiment. Therefore, you see, all this is recorded in your consciousness. Your mind is like a tape recorder, and that record is an indestructible record, so prepare yourself to become receptive so that the record made within your consciousness will be true. If you are not receptive, if your thoughts shift back and forth, you create static on the recording in your consciousness. Then you will remember, in the conscious mind, only smatterings of that which takes place. Perhaps, out of an hour's dissertation you can remember only one statement in the conscious mind, but if you prepare yourself and concentrate on what is being given to you, the conscious mind will record it as well as the etheric mind. This is a suggestion which I trust will cause each one of you to desire wholeheartedly to enter into these activities, which are taking place amongst you.

You will be surprised to learn that within the force-field itself, there is a re-

corded activity. An Ascended Being might enter into this forcefield later on and receive into His consciousness these words which I am speaking now, or those words which were spoken to you previously. Those thoughts are recorded in the substance of your forcefield and can be drawn into the consciousness of anyone who prepares himself and is receptive to them. The outer conscious mind, the brain consciousness, is so filled with the trivialities of your daily lives that you find it difficult to sit in a room and receive the recorded activities of what has taken place there. This is a state of consciousness which you, as human beings, have not attained, but which you *can* attain. This is your training, if you so desire to accept it. I, therefore, ask that you enter into the Holy of Holies of your own consciousness to perceive the true meaning of this which I am endeavoring to explain to you through words. Each of you understands it with the consciousness of your own being. The words can be recorded and played back to you many times, but you only receive that consciousness, *which is within your will to perceive*. Each one of you are the Master Guardian of your perceptions, Dear Ones, and you perceive just what you desire to perceive. There is no spiritual limitation -- your bodies, your minds, your desires, your feelings. These limitations are placed upon you by yourselves alone along with your doubts, your fears and your interests in other things.

Men, who dwell in the outer world are concerned with the trivialities of human beings. The unimportant daily trivialities of living occupy the major part of your time, your energy, your thoughts and your feelings. This is as you desire it. You can limit the time that you think about the trivialities of the outer world, if you so desire. On the other hand, you can spend your entire time considering them. There are individuals in the world, whom you pass by and meet each day, who spend their entire waking time upon the trivialities of their personal beings. You, as individuals, spend much time on meditation and consideration of spiritual things. You perceive beauty, which others do not perceive. You express higher rates of vibration than others receive or express for a longer period of time than the average man in the outer world, but you are still limiting yourselves. You feel that you have duties and obligations to the outer world, but I say unto you, while you are fulfilling your duties and obligations, it is oftentimes possible to have the consciousness raised into a higher sphere.

For instance, you have a job. You may not enjoy your work. While you are working and associating with other individuals, whom you may not care for, you may either be drawing forth Light to expand the Light within the consciousness of those around you, or you may be concerned with the trivialities of the conditions in which you are caught and give all of your energies to resistance, to resentment, to criticism, and to actual hatred of your work and of the people by which you are surrounded. You may feel injustice that you are not well paid. You may be dwelling upon all of these matters. On the other hand,

you may be drawing forth Light, seeing the beauty, the harmony, and the perfection around you, which does exist, if you stop to look for it. This is what I mean by being concerned with the trivialities of the outer world, rather than by drawing Light or spiritual concepts into being. While you are doing the menial tasks of human life, you can still be drawing and emitting Light, if you choose to do so.

I have asked that you voice some inspired statements of Truth together, so that of one mind you can send a vibration forth through your forcefield and into your city, which is of a higher frequency than that which is being spread through the minds of those who dwell within this city through the daily papers. Your daily papers do not excite the higher spiritual aspects of consciousness. They report trivialities, although they do not seem trivial to mankind. I desire that you voice together the statements which are of a higher frequency of vibration. No one outside this room will have a consciousness awareness of your spoken words, but there will have been created a thought form. I, and those accompanying Me, shall expand that thought form and intensify the frequency within it and charge it with a high vibration which will hold your thought form suspended over your city, while those frequencies, charged into the spiritualized concepts, are projected into the illumined or the upraised consciousness of many in the city, who do not know where or how to contact it.

There are many souls within this city, who are chalices of Light, but they do not know where to go to fill the cup. There are many who do know how to fill their own cups. We desire to emit thoughts of a higher frequency into your city where the thought pattern of millions of individuals is of such a low order that it can only be called destructive. There are millions of individuals, in and around your city and all cities, who have, for hours and days and perhaps weeks at a time, never entertained one constructive or spiritual idea. This may be hard for you to believe, but preceiving it from my standpoint, I can see that which is emitted through the thought force of individuals who create the thought patterns which dominate the whole city.

Now, if you will, I desire that you express through these statements of a higher concept which are provided in your "Mentor", a frequency of such magnitude that it will move out through the city under my direction and perchance, here and there begin to stimulate and to raise, and to expand the frequencies and the thought patterns of other individuals who have yielded to the lower vibrations, rather than seeking out or expressing higher ones. I shall withdraw my thoughts while you proceed to project your energies into the concepts which I am waiting to receive and expand.

Beloved Ones, if you will take one statement or one decree, and dwell upon it each day of your lives with great UNDERSTANDING! I say to you again, it is *not* important to merely read words. It is a waste of time. I say to you,

*perceive* the meaning contained within each word. *Charge* the meaning of that word *with intense feeling*. Do not rush through a printed sentence. *Contemplate* the word as you speak it and infuse it with feeling. Thus, you create a thought form and a positive frequency. Merely reading words produces nothing of importance whatsoever. There is no vibration set into action, which is useful by the tapping of a typewriter which is forming words. But there is some vibration sent forth, providing the individual who types the words has an intense feeling which is impregnated into those words. I say, there is no merit in sitting and repeating words and rattling them off. It is only useful when you understand the words and perceive their meaning as you speak and place upon them deep feeling.

This is the activity of the Holy Spirit. When the activity takes place during a group service, the Holy Spirit within each one of you, comprehends, perceives the meaning of words, and places upon those words, your deep feeling. The intensity of your feeling renders the service. Do not mistake the rattling off of words for the rendering of a service. It is just so much wasted time. You might as well open the dictionary and begin to recite the words on the page. There is no service in merely reading words. Place upon your words a depth of feeling, or else do not waste your energy.

There are many who do not like to decree. The reason basically and fundamentally is because, too often in the past, the accent has merely been upon the expenditure of energy, the rattling off rapid speaking of words, which people did not bother to comprehend. They only read or recited by rote because they had become familiar with the words and did not have to think. This is useless, and there are many who do not chose to do it. But I say to you, one statement, spoken with *deep* understanding and with *deep feeling* impregnated upon every spoken word, will love to render that kind of service.

You are continually rendering that kind of a service every day of your lives. You call your store and order your groceries, and in a very *positive* way you speak the names of the items, which you wish to receive, and if you get the wrong ones, you are very dynamic about it. I say to you, when you voice these inspired ideas, which we wish to have set into motion in and through your beings and worlds and those around you, you are not rendering a service *unless you perceive what you are doing and do it with gracious, joyous feeling*.

Take the statement, "Mighty I AM Presence, keep me *steady!*". Consider the idea of steadiness, as you speak the word. Add the word "*balance*". Consider the balanced action of the Sacred Fire within you. Balance the action of your thoughts, your feelings, your desires, your physical body, your mental body, and your emotional body. Understand that balance as you speak the words, being alert, ever mindful of that which is going on around you, siezing upon every opportunity to expand the Light, protected, and being ever mindful

of the Light, as you constantly and consciously adjust to the frequencies of the Christ Consciousness. Do you comprehend the immensity of this idea in the mind of a mortal being who has never thought of Christ Consciousness within himself? This is an *immense* concept! I would that you could perceive it, as you voice it! *“Mighty I AM Presence, keep me steady, balanced, protected, alert, and mindful of my Light, as I constantly and consciously adjust to the frequencies of my Christ Consciousness!”* I say to you, if you would take that one statement, memorize its words, so you do not need your papers, and dwell upon it with *thoughtful* understanding and *feeling*, you would have miracles in your body, in your mind, and in your feelings, within hours, depending upon the intensity of your concentration and your understanding and acceptance of the concepts being revealed to you.

The statement, “The Golden Sun Substance in my life”. If you would spend ten minutes or less, if necessary, in deep thought, as you voice these ideas, you would have miracles! There might not be manifestations in the physical world, but there will be expansions of consciousness and understanding which cannot be bought or lost or stolen, and which are yours for Eternity. Take these two statements; ponder them, meditate upon them, speak them, as if they were words, arising from the depths of your own soul! These are not inventions of an individual; these are *My* thoughts and *My* words, given to you to use as tools to serve yourselves and to serve mankind.

I commend you to the full understanding of your own Christ Consciousness and to the expanded consciousness which I am releasing through you as you voice these words. Now, begin to claim that within yourself, wherever you may be. You do not need to stand on the street corner and shout. You need only to release these vibrations from your conscious mind and from your conscious feeling world silently, wherever you may be. While you are doing the things of mundane life, you can be emitting spiritualized forces which can raise, not only you, but those around you, and who knows but it may raise the planet, also!

### *Meditation*

*“I AM A CHANNEL FOR THY LIGHT! I AM a lamp unto the feet of those who walk in darkness and the sleep of the senses. Through me flows the Light of God’s Love, as the rain pours from the Heavens to the earth. I AM only the chalice. God’s Light fills the cup and contains the promise. Of myself, I do nothing, except to be the chalice or the channel. There is no stress, no strain, no effort to exert God’s will. It flows through me, as I dedicate myself to that service, selflessly and in complete humility.”*

God bless you for the release of your conscious understanding and for the

deep desire within your own hearts to serve mankind. Now stand and feel yourselves enveloped in a sphere of blazing, dazzling White Fire Substance, that Substance of the Holy of Holies where your consciousness has for this hour been in retreat with me. Now feel that substance envelop you in a sphere of Light through which you will move the rest of this day and for all days to come. Call up, into, through and around your body, your mind, your feeling world and within this sphere of Light the powerful activity of pure, Divine Love to transmute any substance and energy within your beings and worlds, which is not harmonious, which is negative and a block to your further, higher understanding. Blaze the Violet Fire through all the substance and energy, which is destructive to the purpose toward which your feet are now moving.

Feel yourselves insulated within your sphere of Light, the radiant essence of golden Light, like snow particles of golden substance filtering down, into and through your aura and into your physical structure itself, saturating the cellular structure of your body, so that every cell within the flesh structure itself absorbs that Golden Light Substance just as your clothing absorbs the moisture from a flake of snow as it melts. So do the cells of your body absorb this Golden Light Substance until you become a radiant Being of Golden Light.

Do not strain and struggle in trying to perceive something. Stand aside and allow God-Energy, God-Illumination and God-Love to flow through you. You cannot force it anymore than you can reach up into the sky and compel the cloud to release its rain. Make your invocation and await the revelation. It will come *when you are prepared and qualified to receive it*. I speak to you as your Mentor.

### *AN ETHERIC JOURNEY*

I come to you at this time to teach you to travel.....not over earth's miles but through spheres of consciousness in the etheric realms. Material substance exists in relation to the state of consciousness in which it has taken form. As we travel together into the sphere of consciousness in which your temple exists, you will find that etheric substance enfolds not only substance and atmosphere of your building and your city, but it materializes within a different sphere of qualified energy and it is not always visible and tangible to the physical sight and senses of mankind, anymore than the sun is visible on an overcast day. You do not see the sun in the heavens by day nor the stars by night until the overcast condition clears away, revealing your lovely sun and stars which were there all the time but were hidden from your sight. So it is with your Etheric Temple or your own etheric bodies. They are there all the time but you do not see them because they are hidden by the veils of human qualification which you individually have imposed upon the substance of your worlds. If you wear a coat or

a cape over your garments, you know that your garments are underneath this coat or this cape but you do not see them when they are covered. Only when you strip off this cloak or you lay aside this cape, do you see the lovely garments which you wear beneath that cape.

Only as you strip away human creation, thoughts, feelings, suggestions, fears and doubt and the acceptance of all human thoughts, feelings, desires and opinions concerning Us and Our affairs . . . . . only as you tear off this garment which is like a veil swathing your form, are you able to see with your conscious vision, your physical vision, the beauty and perfection of one another.

So now, as you are seated comfortably within this room, try to cast aside the veils which you have drawn about yourselves through centuries of misunderstanding and misqualified substance and energy. Cast them aside. Push them back and endeavor to see with the spiritual eye the beauty and perfection of your own self and of every other individual who is in this room. As we travel in consciousness into the etheric sphere of your Temple of Service, you will be cognizant of the beauty of your spiritual garments and of the beauty, happiness, harmony and perfection within the souls of one another. As we approach higher spheres, you will see the beauty and perfection which you have already created in and around your Temple of Comfort--that beautiful, opalescent amphitheatre which you call your Temple of Comfort or your Temple of Service. It is truly a Temple of Comfort to all who come into it and it is a Temple where we, too, give Our Service.

Let us together invoke Beloved Mother Mary, precious Nada, Meta and Kwan Yin, the beloved Master Saint Germain, the beloved Master Jesus, all the hosts of Heaven, including our beloved Lord Maha Chohan and beloved Sanat Kumara, Lord Gautama and Maitreya Devine. We ask that a Messenger of Love be sent to abide within the Sacred Fire in your midst to do for each one of you who steps before The Flame within the Etheric Temple this hour, whatever is required to balance, to harmonize, to purify and to heal, not only the mind, but the body-consciousness as well.

Come, travel with Me. I am your Spiritual Guide. As you approach your beautiful amphitheatre you will see the four lovely entrances. There is one for each of the four directions, guarded by a beautiful Angelic Being. There are groups of Angelic Beings waiting inside the portals to accompany every one who comes to this lovely Temple of Comfort. You will notice that they often come outside to greet loved ones who come, those whom they have welcomed before, those who perhaps need assistance and those who hesitate because of shyness or in fear or in doubt. These Lovely Angelic Beings come out to give each one of them assistance, encouragement and a welcome. You will approach the beautiful Beings who serve within this Temple of Comfort and proceed in a group toward the Sacred Fire blazing high upon the great Golden Altar at the center of

the amphitheatre, and there behold a glorious Being Who is the representative of Sanat Kumara Himself. From this glorious Brother of the Golden Robe, you will receive an outpouring of Spiritual Illumination, of healing and whatever other blessing you desire and require. As we pass from the altar of the Sacred Fire to the altar between the first and the second portal, we come to the sanctuary or the Altar of Comfort and there a messenger from the Beloved Maha Chohan awaits to pour a blessing from His Heart into your beings and worlds. Here is a projection of the Comfort Flame.

We shall now turn to the Altar dedicated to Beloved Mother Mary. It is the wondrous Altar of Healing Power. There flows forth from it a tremendous river of Light and Love which permeates and enfolds the being and world of each and every one who enters therein. At the Altar of Illumination you shall receive into your beings and worlds that outpouring of Golden Light substance which makes the Flame of Truth alive within your own hearts. As you pause before the beautiful Altar of Peace you will receive an activity of Light in which all the blessings which have been bestowed upon you are sealed into your beings and worlds forever.

You will now be magnetized with These Powers that are active within the Temple and you will thus be prepared to render a greater service to those whom it shall be your privilege to bless in days to come. You will notice that processions are constantly passing and that individuals from the farthest corners of the earth are being escorted through the Temple. Each one may pause at the altar of his choice for so long as he desires. As you draw the picture of this beautiful temple into your consciousness, try to hear the voices of the Angelic Beings; try to hear the music of the Spheres; try to enter into Spiritual Frequency of this beautiful activity of Light which exists within this lovely temple of Service and Comfort.

### *The Divine Pattern*

The Divine Pattern never disappears even though the outer form does not exactly correspond to the perfection of the divine pattern. The divine pattern remains, hidden by the outer appearance and yet it is always there. Begin to try to see through all outer manifestations and visualize, accept and pour your light and love to the Divine Cell, or Permanent Atom within which is the pattern of perfection for each and every form. When you look upon a knarled tree at the sea-side, you know that the divine pattern for that tree was not a twisted, bent and distorted form. See the beautiful form of that tree. If you have a broken cup in your china closet, pick the cup up and love it. You know that the divine form of that cup was beautiful and perfect. See the Divine Form and bless the cup for that which it is meant to be.

When you look upon an individual whose body is distorted by disease

through some karmic trial, do not see the distortion anymore than that of the broken cup. See the Divine Form which the individual was intended to be. Then indeed you will be living according to the teaching of the Beloved Master Jesus - "Judge no man after the flesh." Look within yourself and see the Divine Form. Practice by seeing within yourself. Try to look at yourself and see the Divine Perfection which you are meant to express. Look through and beyond the distortion which appears when you look into your mirror. When you look into a lake, if something has disturbed the surface of the water, the reflections in the water become distorted. That is what happens to your physical body. Passing events in the world in which you live distort the perfect pattern which would naturally reflect your perfection. The irritation, the doubt, the fears and the disturbing feelings and thoughts that pass through your world constantly distort this beautiful image. If you endeavor to see through the distortion or if you look long enough into the lake, the water will become still and you once again see the clear, undistorted image.

Practice looking into your own beings and worlds through and past the distortions. Have you ever tried to drive a motor car in the fog or a blinding snow storm or a heavy rain? If you look through your windshield at the fog, you cannot see where you are going. You only see fog. If you endeavor to pierce fog with your eyesight and find the object beyond the fog which you know you must see if you are to find your way, you find you can penetrate through the fog and follow the line on the road or the vehicle in front of you. You can see the white lines, the buildings, the street lights, if you endeavor to pierce the fog or if you endeavor to pierce the atmosphere between the raindrops or if you endeavor to see between the snowflakes. But if your vision becomes caught on the fog itself or the rain drops on the snow, you cannot see where you are going. If you see the snowflakes that are lighting on your windshield or falling before your face as you endeavor to walk on the sidewalk, if you look at each individual snowflake or each individual raindrop, you do not see where you are going. You lose the perspective of that which you desire to see.

As you look at another individual, you have to do exactly the same thing as you do when you are walking through the snow. Do not stop to look at any of the idiosyncrasies, peculiarities or imperfections of the individual. If you do you will not see the individual. You will only see that which you look at through the imperfection, the peculiarity or the distortion. If you look beyond and through or between these separate appearances or distortions, you will begin to see the Divine Image of that one upon whom you look. When the Master looks at you He does not look at each and every one of your peculiarities. He looks at the Flame within your heart, He is appraised of the condition of that Flame or the brilliance of that Flame. He does not recognize that which clothes the Flame in darkness or distortion.

As you look upon yourself, do not permit yourself to identify yourself by any distortions or disturbances because, while you look at the distortion you do not see the real self. Try this experiment. Look through the window of your room at home. Let it be your intention to look out upon the street and watch what is taking place. As you go to your window, if you allow your eyes to rest upon the spots of dirt or the accumulations of substance upon the glass, your vision is focused upon the glass, your attention does not pass through the glass and you do not see clearly that which is taking place on the street. You may be aware of the movement of automobiles and people on the street but you do not see them clearly if you are looking at the distortions on the glass. But if you extend your vision from the distortions on the glass, the dirt, the rainspots, the water--whatever it is on the glass--and you look *through* the glass, you look through and beyond the distortion and you *do* see what is taking place on the street. Now this is a very homely simile but it is a very exact simile.

When you look at the individual, if you look only at the peculiarities of the individual you do not see the soul of the individual. If you look at the strange quirks and traits of an individual you do not see the love that lies buried within that soul. If you look at the record of the activities of an individual whether he is good, bad, pleasant or unpleasant, you never see the soul itself but only that which is a distortion of the real self. The next time you look at an individual be sure that you are looking *through* the distortion *and not at* the distortion. As you look at yourself, look through the distortion and not at it. Remember your window. If you can focus your attention *through* your window to see what is going on, then you can also do so as you look into the worlds of one another. Look to see the beauty and perfection which is in the soul of the individual and not the distortion which is apparent in the personality of the individual created by their thoughts and feelings, and by the circumstances in which they are compelled to move.

So now, as you look at yourselves, look past the distortions, look deep into that Sacred Fire within your own heart and, as you draw it forth, pour out your whole heart's love to this wondrous Flame of Life which abides within the central core, the central atom, the heart center of all created form, animate and inanimate, animal, vegetable, mineral, angelic, elemental and human. Behold life everywhere and pour your heart's love to that Flame within, which animates the pattern of its perfection.

#### *An Etheric Visit to Hospitals, Prisons, and to Your City*

From that wondrous central focus of the Violet Fire of Freedom's Love, we invoke Thy Presence, Beloved Master Saint Germain. Focus now into our midst, the powers and activities of the Violet Fire of Freedom's Love. Focus Thy Radi-

ant Energies into our beings and worlds, into the beings and worlds of all whose names are within the Healing Chalice and expand It throughout the city to then bless all mankind!

May it expand and blaze through the atmosphere, saturating and infiltrating all the substance and atmosphere of the city this hour. May it now become a pulsating, loving, breathing, beautiful, healing radiance within the atmosphere of your city, and within your Healing Chalice as well. You have all had the experience of tapping on a beautiful piece of crystal and hearing the ring that goes through it. That vibration is the expression of the beautiful *key-note* within the crystal. The sound rings and hums for a long, long time, perhaps much longer than your ear even recognizes. Now imagine that this beautiful vibration of Violet Fire is ringing through the substance of your Healing Chalice and releasing its vibratory quality of peace, healing, happiness, inspiration, and balance. Now accept it, amplified and ringing through the substance and energy of your Healing Chalice out into the feelings, worlds and consciousness of all those whose names are held therein, and in, through and around your sanctuary as well as in, through and around your city. Keep it ringing, expanding, and vibrating through the atmosphere, continuing to render a service which no other activity could render.

Ask the angels who abide above all hospitals, the angels who abide in and around all institutions, all homes of detention, all prisons and all places where men are gathered together for any reason whatsoever that they may be administered and cared for. Ask that those Angelic Beings accept these vibrations, draw them into Their Own Beings and Worlds and release them, amplified and projected into the energies of those who dwell under Their Protecting Arms.

You call forth the powers and activities of the Healing Chalice, draw a mighty beam of Light, and focus it out upon all institutions for treatment of the mentally ill and the homes for those who are mentally incapacitated. There are hundreds of thousands of mentally ill people gathered together in institutions. The substance and energy clinging to and around the buildings and the atmosphere and the earth itself from the deranged minds needs to be lifted. Ask the Beloved Mother Mary to send a legion of angels to assist and to take up whatever music which you may now release, and focus a mighty stream of Light and Love into, through and around each one of the mental hospitals. Let that become a power of Light passing through the substance and energy of not only the people, but the buildings, the earth, the air and the water itself, to transmute, to cleanse and purify it and to separate the base and the evil from that which is divine. Ask Beloved Saint Germain, to focus a mighty Ray of the Violet Fire of Freedom's Love to transmute all wrongly qualified substance and energy, all that which has had fear and doubt and impurity imposed upon it and the distortions of the human consciousness. As your music is released, let it now do its perfect service

for those who are mentally ill in conjunction with the Healing Love from the Heart of Beloved Mary and the Violet Fire of Freedom's Love from the Heart of Beloved Saint Germain and the Healing Flame of Compassion from the Heart of our Precious Master Jesus!

Visualize great vases filled with beautiful roses. Let each and everyone take an armful of them. See them now in their beautiful etheric perfection; take them with you as you travel in your etheric body upon a beautiful disk of Golden Light Substance to your Mental hospital. See with the inner eye, the thousands of souls caught in the meshes of distorted, outer consciousness. Descend into that environment, each and every one of you. Just set yourself down or walk right through the atmosphere. It is solid substance. If you are struck with the impact of the wind you feel its solidity. You can step down off your etheric conveyance and walk through the heavy substance of the atmosphere in your etheric body. Step down and walk amongst the souls of these blessed ones who are bound in their distorted earth consciousness and give a rose to as many as you pass by. See that beautiful rose as though it were blazingly luminous, light substance, and as though it were singing a tiny song within its heart, carrying with it a beautiful blessing of comfort, of illumination and peace. You bestow it upon each one to bring beauty where there is none. Those blessed souls who abide there in that hospital have not seen a rose in God only knows, how long. Carry these etheric roses and give them to all whether they recognize the blessing or not.

With the magnetic power of love and healing flowing from your heart, you are like the healing of the sunshine, passing unseen amongst these distraught souls. The Beauty and the blessing that you leave behind will abide with them in their etheric bodies as though they had dreamed a beautiful dream. Ask the great Presence of Life to amplify that and to anchor it within the consciousness of each and every one of the thousands of souls you contact. May each and every one of them receive a beautiful rose and retain the memory of an invisible helper bringing them comfort and aid.

Feel now the wondrous outpouring of love and light from the golden disk upon which you travel within the etheric realms. It is a highly magnetized vehicle and it releases its light and love just like a small sun. After you have divested yourselves of the roses which you carried, return to the disk and wait until the others who have accompanied you return. As you stop over the prisons in your locality, release there the love of your hearts. Make a call on the Law of Forgiveness for all those who are incarcerated in the prison and for all the wrongly qualified substance and energy within the lifestreams of these individuals which has caused them to be imprisoned. Then return from your etheric journey and be glad for the opportunity to render such service.

Invoke the Violet Fire, the Transmutation Flame which is the forgiveness

and mercy of God. Release this Violet Fire of Freedom's Love into, thru and around the prison to dissolve or to transmute all wrongly qualified substance and energy, all hate, resistance, resentment, rebellion, and all feelings of retaliation or revenge which may be in the atmosphere in and around this place of detention. Sweep the Violet Fire of Freedom's Love through the prison and all within it by your positive thought and feeling energy. Ask that Beloved Saint Germain send Angel Devas of the Violet Fire to draw and anchor the Violet Fire of Freedom's Love into, through and around each such institution and keep it ever active there, dissolving and Transmuting forever, the feelings of hate, anger, resentment, rebellion, retaliation and revenge, all fear, all doubt, all grief and all else that is connected with the human consciousness and which does not produce perfection in the world of form! Be grateful for the opportunity to make this call!

As your golden vehicle arises now from over the prison city, rise high into the atmosphere over your city and release this same radiance of golden, magnetic force into, through and around the city to dissolve, or to transmute the wrongly-qualified substance and energy emitted by people abiding within the city. Transmute the rancor within the feelings of lack, limitation and distress of disease, and impurity of every kind, and all the hate, anger, resistance, resentment and rebellion toward life. Dissolve all feelings of revenge and retaliation rampant, especially among the younger generation, the vicious gang feelings and the destructive, rowdy feelings within the youth. Ask Beloved Saint Germain to send a legion of Angels of the Violet Fire to aid you as you direct the most potent and powerful activity of the Violet Fire of your love down, into, through and around your city. Set into action, through the magnetic attraction of your own love, the Power of the Violet Fire to transmute all energy qualified with the vicious characteristics of the human mind and the human feeling world. See the city as if it were filled with snow-like substance, charged with the powers and activities of the Violet Fire of Freedom's Love to reclaim the energy that has been qualified with viciousness. This will naturally saturate the beings and worlds of people everywhere and they will begin to feel their own beings and worlds respond to the purification taking place there.

Purify the atmosphere of the city which mankind breathes and which has been impregnated for hundreds of years with the thoughts, feelings and depravities of the human consciousness and feeling world. Again make the call for the Law of Forgiveness and as you make this decree, feel and see the release of the Golden Light from your wonderful vehicle of golden, light-substance. Ask the Great Master Saint Germain, through the direction of the Angels of the Violet Fire, to direct the Violet Flame essence in mighty torrents and streams from your vehicle, into and through the city and for a hundred miles in every direction. Call on

the Law of Forgiveness for the imposition of all that is impure upon the atmosphere, the water element and the earth itself!

### *Your Disk of Light*

You have to have a vehicle or a focus through which to operate in the world of form. Offer your bodies upon this beautiful disk of Light, magnetized with Light, as the focus through which the power of the Violet Fire is released into the institutions, into the city, into the hospitals and wherever it is desirable to release Light. Be grateful for the opportunity of so magnetizing substance and energy and utilizing it in God's name. Keep this beautiful disk of Light as a vehicle of transportation in Etheric Realms. Do not allow it to become dissipated. Keep it, magnetize it, and store it as you store your car in a garage, beneath your etheric Temple of Service. At a moment's notice you can draw out this golden disk of Light, get aboard, and go and do your perfect etheric work. Your golden disk of transportation is a beautiful, glowing, magnetized vehicle containing whatever comforts you desire and require for the moment. It is a beautiful and gigantic disk of Light upon which, in consciousness, you can move to a desired locality, render a tremendous service not only through your calls but through this highly magnetized vehicle which forms a forcefield, or a body through which impersonal radiation can be released. As you return in our vehicle, park it beneath your etheric Temple of Comfort and return into your physical bodies, knowing you have rendered a worthwhile service to mankind. Bless you and continue in your endeavors.

### *SPECIAL SERVICE DECREES*

#### PROTECT AND DEFEND US AGAINST SICKNESS AND DISEASE

Beloved Presence of Life, "I AM" Beloved Mother Mary, Queen of Angels and Mother of all men; and all Thy Healing Hosts of Light and Angels of Ministration;

Unto Thee we call;

PROTECT (3) and defend us and all mankind from all contagion, infection, the accompanying fear of disease and death and from all atomic radiation.

Give Thy Angels of Ministration charge over us and all mankind to keep us in all Thy Ways that through us may pour Thy Light Light to protect and bless all life everywhere.

We now acknowledge Thy Love, and Thy Light and The Ministering Presence and we Thank Thee.

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ASIAN FLU and all related diseases

Beloved Presence "I AM", Beloved Mother Mary, Blessed Master Jesus, Mighty Master Saint Germain and Hosts of Light; Mighty Angel Devas of Violet Fire and Legions of angels of Violet Flame, Legions of Healing Angels and Angels of Ministration;

COME (3) now at our earnest call!

STOP (3) the cause at it's source and the effect forever henceforth, of that which is called Asian Flu and all related diseases which infect mankind.

BLAZE (3) the Violet Fire of Purification through all life

End forever all infection and contagions cause and core.

PURIFY (3) all energy and transmute the evil qualifications which contribute to man's sickness, disease and death into manifestations of VITAL, POSITIVE, CONSTRUCTIVE FORCE which is in accord with God's Divine Plan.

STOP (3) the spread of Asian Flu and any further manifestations of it anywhere in the world and annihilate (3) it's cause, effect and memory right now by Light TODAY

by Light TO STAY

by Light IN GOD'S WAY. and we thank Thee. It shall be in accord with our acceptance, our FAITH and our Purity.

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PATRIOTISM (LINCOLN'S AND WASHINGTON'S BIRTHDAY MEMORIAL DAY, ETC.)

GREAT PRESENCE OF GOD, OMNIPRESENT, OMNISCIENT, OMNIPOTENT AND EVER IMMINENT, BELOVED PLANETARY LOGOS, MIGHTY CHRISTOS IN ALL, BELOVED SAINT GERMAIN AND THY LEGIONS AND HOSTS OF LIGHT!

In the name of all the American Patriots of old;

CHARGE (3) all Americans and all who dwell within our borders, with patriotism, honor and love for our country, our way of life, our Democratic way of government and all who serve its cause.

Blaze (3) the Violet Fire of Transmutation through the earth, air and water and all substance and energy within, around and above.

TRANSMUTE (3) now and forever, all opposing doctrines, all opposing ideologies, all opposing forces and activities of God Government which could

in any way endanger, distort, or destroy the Government of The United States of America as conceived and established by God through our forefathers for a free people.

We believe in a government of the people, by the people and for the people, under God. Help us that our Government shall remain forever as it was dedicated and consecrated to God and freedom in the name of all the American people.

So help us Saint Germain and Hosts of Light. For Thy Aid and protection, we thank Thee.

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### *THE ASTERIOD ICARUS*

For those who have read prognostications about the asteroid Icarus coming in contact with the earth in 1968, your Mentor has this to say:

“Move forward in the Light, looking neither to the right nor to the left, nor backward, nor into the uncertainties of the future. Move in Faith, in Hope and in assurance of Our Solicitous Care. You will be in the right place at the right time. Above all, HAVE NO FEAR! ‘I will give My Angels charge over thee to keep thee in all thy ways’, thus saith The Lord. Be at peace.”

THE MENTOR

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The Keynote for the New Year is “FAITH, HOPE, AND CHARITY IN LOVE, WITH PEACE FOR ALL”. MENTORA.

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### THE MENTOR

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