

THE MENTOR

APRIL 1967

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THE MENTOR

ASCENDED MASTER WISDOM AND ILLUMINATION

THROUGH THE PERCIPIENT FOR

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THE MENTOR. . . . Is a monthly publication containing Ascended Master Inspiration and Illumination for the purpose of providing The Chalice of The Spirit within each one, with That Essence of Truth which will reveal the way as the student moves forward upon the pathway of Spiritual Revelation and Christ Attainment. From time to time, there will be included inspiring material and instruction received through other qualified channels and those thoughts and revelations which are expressed by other individuals who are perceptive to Wisdom and Truth.

APRIL - 1967

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*THOUGHTS ON TRANSMUTATION FROM
A MESSENGER FROM THE TEMPLE OF SANANDA*

Divine Mind

Beloved Ones, enter now into the Holy of Holies of your own inner spiritual being, clothed as you always are upon such occasions, in the garments of your spiritual self. Enter through the Golden Gateway into your own Christ Consciousness of the Higher Mental and Desire Body. There, you become completely absorbed into the consciousness of the Higher Mind and motivated by the higher desires of your Spiritual Desire Body. There you stand before the altar of your own Inner Sanctum in purity of consciousness, in love, and in a sincere desire to enter into those activities which are prepared for group service, for illumination, for study and for your preparation for the next steps upon your individual pathway. I, your Mentor, stand joyously in your midst to welcome you and to bless you. You are here to absorb into your beings and worlds, the inspiration which we have come to share with you.

Mind the words which I say carefully. I have been designated as one, who is able and willing to complete an experiment, which is a plan devised within my own consciousness. This is not true exactly, for no man, no saint, no saviour, no Master, invents an idea by himself. Divine Mind moves like a great ocean through your atmosphere, through your being, through your world, and through the beings and worlds of millions of individuals upon the planet simultaneously.

A SEA OF LIFE SUBSTANCE

Perceive for a moment what takes place when a group of individuals at the seashore all enter into the water. They all receive the blessings of the waves simultaneously. They come for various purposes, some for pleasure, and some for therapeutic purposes, yet all enjoy the pleasure of the water element. All who enter into the water, receive the blessing of the water.

Divine Mind permeates the atmosphere of the planet, and all beings whether by choice or not, live, move and have their being within the atmosphere of the planet, all receiving whatever is in that atmosphere, whether they are aware of it or not. You are moving in this sea of life substance. Divine awareness is one of the qualities you may absorb from the atmosphere within which you move, for Divine Mind permeates that atmosphere. Divine Mind impregnates all substance and all energy. There is no being, no creature, which does not move and have its being within a sea of Divine Mind. Those who move and have their being within the atmosphere of this particular planet are impregnated by Divine Mind and can at will draw from that great sea of DIVINE MIND that which they desire. The individual who is ignorant of Divine Mind, is not in a position

to draw forth the great blessings contained therein. You who are consciously aware of the Divine Mind permeating the world in which you move, are in a position to draw from the atmosphere about you that which you desire from Divine Mind. You understand there is no limitation of Divine Intelligence which penetrates into, through and around your being and worlds. You are the discretionary ego who chooses how much, when and where you will accept Divine Mind. Inspiration is received into the consciousness of all the individuals on this planet, affecting every individual in a different way. Some are seemingly unaffected, since they do not accept the inspirations or act upon them when they are received.

AN EXPERIMENT

I have said that it was My specific plan to instigate this experiment here within this forcefield, yet this is not wholly true, for the idea existed within the Divine Mind, from which I received it, from which I accepted it. In turn I developed it, presented it to my Master, awaited His pleasure and permission to act upon it, and finally I was indicated as the one who might endeavor to carry out the experiment. Thus I was placed in a position of responsibility for the idea which matured in my mind. The same idea might have passed through any other mind yet it was myself, who picked up this idea, expanding it within my own consciousness, endeavoring to bring it into manifestation. There may be others serving in various retreats throughout the world, who are endeavoring to carry out the same or similar experiment, as the idea appealed to them within their own consciousness. No thought, no idea, no great concept or plan which passes through the mortal mind belongs to the outer consciousness of the individual, who usually claims credit for it. This, I perceive you are already aware of, but it serves my purpose to mention it, as we enter into this specific service. I bless you for your acceptance and for your hospitable reception.

THE LAW OF LOVE

Great progress has been attained by each one who has been accepted into one of the links as designated. The purpose of these links is to establish between individuals in the group activity, and our readers who are still acting within the mortal consciousness, a more powerful understanding, activity and acknowledgment of Love. The great Master Jesus came into embodiment long ago to demonstrate the Law of Love. Yet mankind has, through the centuries, lulled themselves into a state of lethargy by misbelief and misconception by believing that the great Master Jesus was an individual apart from other beings, whose demonstrations were powers of the great Father within Him, yet impossible and impractical for man. The Master, himself, did not teach this. It was the crafty imagination of the priesthood who placed this veil of ignorance over the concepts which the Mas-

ter Jesus endeavored to instill within his disciples and followers. The craftiness of the priesthood was unable to completely stamp out the beautiful truths of his ministry, but it did to some degree limit the acceptance of the followers of the faith by excusing them for their waywardness, their human qualities, rather than placing the yoke of the Master upon them and expecting them to accept and to demonstrate the Law of Love.

Along the way there have been those who have given their lives in demonstrations of Love as their individual souls have perceived it. You know many of them as the saints. In perceiving the struggle within the hearts of those who are now facing the possible consummation of their life streams, I have perceived a lack of the ability, or even the desire, to demonstrate Love, which is a prerequisite to the initiation, which leads into that Divine Consummation. Therefore, I have come to experiment with a simple plan by which man might learn to demonstrate Divine Love. I speak not of human concepts. I speak not of the conditions, the situations or the personalities with which each one lives and moves daily. I speak of that condition of the heart, of the Christ Mind and Desire Body, which expresses, as one Christ Self beholds another.

A NEW STATE OF CONSCIOUSNESS

As you arise, at My suggestion, from the consciousness of the outer mind into the mind of your own Divine Self within the "I AM" Presence, you enter in to another sphere of being. You have entered, of your own free will, into a Divine State of consciousness to the specific degree which is in accord with your understanding. You have entered into a sphere of consciousness, slightly removed from that in which you were an hour previous to this one. In this state of consciousness you are more nearly capable of understanding Divine Love, for you have entered into the sphere in which Divine Love operates. That which is less than Divine Love, or is opposed to Divine Love, cannot exist in this sphere of Divine consciousness. If perchance there were one amongst you filled with judgment or condemnation for some other individual somewhere here or elsewhere, that one would not be able to enter into the Christ Consciousness, for his own state of being would hold him prisoner.

You cannot take resentment, rebellion, hatred, or any of those related qualities from the mortal consciousness into the Christ Consciousness. Therefore, as I have said, you are entering the higher vibrations to the degree that you desire to do so and also in accord with your understanding. Individuals, who have through the years, under the radiation and direction of various Ascended Teachers, Their Messengers and Guides, learned to enter into the state of Christ Consciousness, do so quickly and at will and have learned to penetrate deeply into that Christ Self. All things which take place in the world are relative to one another.

To enter into a state of consciousness is in direct relation to your understanding of it, your ability to enter into it, and your desire to enter in. Education, social status, race, or color, or creed, have nothing to do with the ability of the ego to enter into its own Christ Consciousness.

Within the Christos there are no limitations; a babe can enter with as great or greater ease than an adult who has spent many years in negative expression. As a babe comes into a new physical embodiment, the memory of his past and its negative expression are sealed. Therefore, with a fresh start he is not hampered and hindered, as a rule, by the accumulations of his past lives until he has come into the full control of the substance and energies of the will and desire bodies, which accompany his physical form. Therefore, I say that a child does come into embodiment with a degree of innocence and can enter into the Christos with greater facility and dexterity than that one who has practiced the negative, limiting thoughts, feelings and desires of the outer-world consciousness for many years. This is not a law. It is an indication of a possible activity of the Law.

DISCIPLINE IS REQUIRED

Be it as it may, I find amongst you those who are somewhat raised in consciousness, each in your glorious sparkling robes of Light substance, moving ever closer and closer to the heart center of your own Divine Christ Mind, to the degree to which you have schooled and disciplined your thinking and your feelings. Yes, discipline is required that the human may be mastered. The human sense consciousness of the average individual becomes a task master and is particularly rebellious when an individualized being sets his foot upon a pathway which that human sense consciousness does not altogether enjoy. The curtailment of the desires of the human set up a reactionary force which often times delays the disciple. You have, to a greater degree than the man in the average esoteric group, learned to master the sense consciousness, and thus it was that I perceived your forcefield to be that one in which I desired to try my experiment. It is possible that you, as a group of individuals can, each one of you, learn to demonstrate for yourselves the Law of Divine Love.

In the beginning I had some doubts, yet now I perceive the glowing Light substance flowing from you to one another, wherein a very short time ago that substance and energy, in some instances, was not golden. I commend you! I bless you! I have come to encourage you. I have come to impregnate the substance and the energies within and around each one of you individually with a personal outpouring of Divine Love focused through my being and world from the Temple of Sananda from which I have come. I am, as a channel, able to receive and project to you that Light. Also, my own heart's Love flows forth to you. It is a personal outpouring of Love. I desire that tonight you receive

consciously, with an understanding heart, the outpouring of the Golden Light substance from Jesus Sananda's own heart.

In the world in which you move, there are certain individuals with the authority to carry out certain activities, and authority to designate certain authorities to others, to assist in carrying out a plan, particularly in governmental activities. Every one is a channel to carry out, to a certain degree, the authority invested in him and has limited authority also to assist in the fulfillment of that plan.

YOU ALSO BECOME CHANNELS

I have been delegated to be a direct channel through which the Golden Essence from the Mighty Temple of Sananda, the Cathedral of Peace, streams through to you and into this forcefield which I have been allowed to contact. As I gather the golden substance, channeled to me for this forcefield, and as you gather together at a time such as this one, it becomes my joyous opportunity to pour to each one of you individually, that which you can and will consciously accept. There each of you also becomes a channel. As you become a channel, as you accept this golden opportunity, you in turn are obligated to pour forth that same golden Light into the beings and worlds of those around you who have been designated as parts of the link to which you belong. In the beginning it was difficult, but now I see in each link the flowing golden essence of This Light. Each link is beginning to glow with a glorious, golden radiance which warms My heart and which brings joy to My heart. I would that this golden River of Light might increase until a point is reached that has been designated in My own mind as that goal, which I have desired for each of you to achieve, at which time there shall be a new direction to your energy.

DIVINE LOVE

Love, Divine Love! It has been said that Love casts out fear. It is a golden substance which brings Joy; it brings Healing; it brings Illumination. Love is a beautiful essence of Light which takes upon itself the radiant expression of the Ray, which is dominant. It might be the golden Ray of Illumination upon which Love may be poured forth to you. Love may be poured forth to you on the Ray of Devotion, and take upon itself a beautiful blue radiance. Love may be poured forth to you as a comforting, Healing Presence, and take on the beautiful radiant essence of the Pink Flame. It may become like a great rainbow. Love is not limited to a place, to a color, to a condition, or to an activity. Love is Life. Love is the essence of your being. You have been told from the moment you have first learned of the Great Being called God, that God is Love.

You have a demonstration of the reality of God in every act of Love. Do you perceive how great the Love of a Creative Being must be to bring into mani-

festation all the glorious activities of the planet where you abide? Do you begin to comprehend how great is the Love that is pouring through the Elohim of Creation, as each beautiful component of the planet is brought into its fullest expression which man might eventually enjoy? Can you conceive of the Love of a Being who brings into manifestation a great tree, filled with beautiful flowers and fruit? It is Love which brings that manifestation into being. Can you conceive of the Love that is required to fashion a planet and to fit it with all of the dwelling places for the various activities of the nature kingdom, the manifestations of the air, the water, and the earth itself? Can you conceive of the Love of a Creative Presence. Who conceives of the Divine Plan for a man and sustains him through all of his waverings through evolutionary periods, until he stands before the altar as yourselves, consecrated and dedicated as messengers of that Love, born in the Love of the Great Creative Presence and manifesting that Love as you have understood it? You now stand before the crucible on the altar of Love, seeking Divine Illumination, awaiting until the moment when the chalice of Love shall be placed to your lips, that you might be reborn into a new understanding and a complete comprehension of that Divine Creative Essence which has manifested and demonstrated within all things.

COMMUNION

You, Dear Ones, are at a point upon the pathway where you may, of your own freewill, enter upon the last stage of the journey and kneel at the altar of the Great Cathedral of Peace and receive communion. Communion is not always the sipping of the juice of the vine. It is a state of consciousness in which you perceive Truth and Reality. The cup and the juice of the vine are but the symbols. Perception, understanding, awakened consciousness and the spiritually-dedicated desire within you to attain that perception, brings you to the rail of communion, where you speak with your Spiritual Ego at last, freely communicating with the Great Master Presence, Jesus Sananda, the Lawgiver for this planetary system during this Age. It is to the Great and Mighty Sananda that you must look for the final communion, the final manifestation, as you enter into that state of Spiritual consummation.

YOU ARE TRANSFORMED

You are a chosen group, and you move forward day by day, demonstrating your ability and your desire to attain that place which is your spiritual goal. You have entered, as a result of years of training, and stand upon the threshold of Transformation. You are being transformed! I bear to you these tidings, which the majority of you have already received and accepted. You are transformed! You no longer move in the mass consciousness. Through the applica-

tion, the dedication, the discipline of your lives under the direction and inspiration of the Masters, Their Messengers and Guides, you have attained an initiation, and you now enter into the Great Temple of Transformation. Some amongst you abide upon the threshold, while others are already proceeding toward the altar where burns the Flame of Transfiguration.

THE TRANSFIGURATION FLAME

Your Spiritualized Ego will pass through transfiguration, bearing upon itself no stain of deceit, conceit, hatred, resistance, rebellion or any human qualities, and within that Flame you will one day stand revealed and transfigured. It is a Flame of Purity. As you approach the altar and meditate upon that Flame, desiring to enter into it, you will be aware of the magnetic pull from the heart of the Mighty Jesus who stood transfigured before the day of His trial, upon the mountain near the Lake of Galilee, and was beheld by three of His Disciples, in order that they in turn might testify unto this. Have you ever looked upon the familiar face of a loved one, whose conscious endeavors draw them continually into the heart of Light, and beheld upon their brow a glorious Flame? This is but an indication that such a one is a disciple upon the pathway and is prepared to testify unto that Light. He may be entirely unconscious of it, in his mortal mind, yet many are those who are approaching the Flame of Transfiguration who do so fully conscious of their act. Such are you. You are moving forward in accord with your own desire, in accord with your own concepts toward the altar of Transformation and one day you shall find yourselves individually standing before the High Priest of the Temple of Transformation, at long last, qualified to step into that Flame of initiation. Stepping into that Flame, your indestructible, purified being shall be transfigured. You may be called upon to return into the world of form, as the Master Jesus was, for a short period of time. On the other hand, this initiation may only take place when your earthly journey is terminating. In either instance, you are upon the pathway, and you are well prepared.

LOVE IS ALL

Love is the keynote by which you move forward. The vibratory frequency, produced by the Flame upon this altar, is a natural repellant to all those who are not worthy to enter in. You move forward, beloved disciples upon the pathway, only in accord with the merits and qualifications of your own soul. Carry upon the threshold, if you will, or through the longing of your soul and through the consecration of your own heart desire, move forward swiftly toward the altar of the Transfiguration Flame. There is no haste but there is the magnetic pull of Love. The Flame of Transfiguration is a Flame of Love. He, who shall pass within it, will see around himself all the auric flashes of Light which exist within

his own lifestream as a result of his service to Life. Love knows no time, no place, no special Ray. *LOVE is All; LOVE is every Ray.* You, who proceed upon the pathway of Discipleship upon the Violet Ray, also proceeds upon the Ray of LOVE. With each and every Ray the Consummation of the Divine Pattern is a consummation in the demonstration of LOVE. I have learned this lesson, and I am prepared to share it with those who are prepared to accept, to understand and to demonstrate it.

DEMONSTRATION

It is of no encouragement to a teacher to teach those who will believe but refuse to demonstrate. The great Master Jesus taught the multitudes, yet there were few who were prepared to follow in His footsteps, except those consecrated few, who demonstrated Their Faith and who came to earth to finish the journey along with the Master. "I go to prepare a place for you!" said the Beloved Master Jesus. The Cathedral of Peace is that place. "And I will come again to receive you," said the Master Jesus, and truly He shall.

I am His appointed messenger; I have come to herald the coming of the Planetary Christos and to prepare you, as a group of Disciples upon the way, to go forward as a group to welcome Him as He approaches. Standing together you shall enter the Transfiguration Flame to herald the coming of the Christos in the New Day. *You are chosen.* I stand amongst you to assist you, that you may be prepared.

Again I commend you for your ability to perceive Me, to understand My purpose and your desire to cooperate with it. I thank you! I bless you! I now release a stream of Light which comes directly from the Great Cathedral of Peace. It is a great outpouring of Love Substance which shall flow from My being and world into your individual beings and worlds. I pray that you may feel, understand and accept the outpouring of this gift and, in turn, give of it to those who are prepared to receive it. Choose those who are prepared and share your blessings. I say again, choose those who are prepared! Those, who are to receive the first outpouring of your blessing are those who are moving forward in Light amongst you. Having poured your love to these, who are also upon the pathway, choose with Wisdom those others upon whom you can focus the radiant energy of This Light, being assured that they in turn will share the gift as you have done, either consciously or unconsciously. There are millions upon the planet, who are channels of Love, being naturally endowed with the power of unselfish Love. Let your Light flow forth to such as those, since you can be sure that they in turn will share the gift. Let not this precious gift of Love flow out to some selfish soul who, perchance, may enjoy it but will not share it. I ask you now to abide in the Wisdom of your own Christ Mind in choosing those upon whom you will bestow these priceless gifts I have brought to you.

O, Beloved Ones, I hear your call. I have heard your heart's call. Surely it is good to love your neighbor, your friend, your loved ones, and all mankind. I have not asked you to restrict the love of your hearts. I have not asked you to withhold from any man; I have asked you to utilize this Special Gift which you receive now this hour, to be released unto those who will share it.

I INVITE YOU TO ACCOMPANY ME

Let the Joy in your heart ascend; let the Joy in your heart arise like a great fountain of Light, as each of you stand now in your spiritual consciousness. I see a great fountain of Light arising within you. As sunlight shines upon the sparkling drops of a fountain, so does the Golden Light radiate its luminous beauty through all the radiance of your Joy. Be joyous, beloved ones! Be done with solemnity; be done with fears! Could you but see the Light which radiates about you! Could you but understand the sublimity of the Life, which is now expressing within you, you would waste no tears, no energy in fears and distress and limitations would become unknown. I bid you move forward into the Light and cease to build obstructions, which delay you.

It is not my purpose, not my desire, to remove those obstructions from your way which you, by the deliberate intent of your own consciousness, have placed there. I come but to point to the pathway of Freedom and to prepare a gift, which should bring to you such joy that you would gladly lay aside your burdens and despair, arising and passing over and beyond the obstructions which you have placed in your own pathway. Would you believe it, if I would say to you that there are no obstructions upon your pathway, except those, which you have cunningly devised and placed there and carefully tended? I see amongst you those who cannot quite accept that, yet I ask you to ponder on it. I would not have spoken those words were they untrue. You are the progenitors of your own distress and your own limitations. As long as you choose to accept and nurture them, they will thrive. I invite you to come with me into the golden radiance of the Temple of Transformation. Will you accept My invitation, or do you choose to thread your way amongst your distresses and your limitations? In either case, I am come to guide you. I cannot force you. I can but entice you by My Love.

Once more I bless you. I thank you for your presence, for your hospitable acceptance of My Presence in your midst. I come to bring you Joy. Will you accept it? The circle of Light about you grows more and more brilliant, more and more radiant, and perchance, sooner than you know, the next step can be revealed. I bless you and I bid you a JOYOUS journey!

May the assistance of our own individual Christ Mind magnetize and awaken the Light within our hearts that we may all move forward in that Joy and in

that spiritual perception in which there is no limitation, no distresses and where no fears and no doubts can abide. We are grateful for this inspiration and for the Love which the Messenger has brought. Let it now flow, flow, flow through your beings and worlds. Let it penetrate all the substance and energy of each physical body, each lower conscious mind and each desire world. Let the entire being and world and the Etheric Self become a great glowing body of Golden Light! Within that Light no limitations, no distress, no doubts, no fears can abide. Yea, though I walk through the Valley of the Shadow of Death, I shall have no fear! I shall have no doubt; I shall know no limitation, for Thou oh Lord art with Me!



A MESSENGER FROM THE TEMPLE OF SANANDA

“The Pathway of Light”

As man comes into the physical world as a mortal, he has within himself a seed pattern. Our Scriptures have told us from ages immemorial that man was conceived in the image and likeness of God. Man has devised a concept from which he is gradually growing away, that God is a man like himself. This gives God a rather poor image, for amongst men are few if any who represent God in His highest aspects. Let us now form a new concept. Most of you already understand that God is not dead, but that Man's concept of God is dying.

When you say that man was created in the image and likeness of God, you now believe that the statement is meant to convey the idea that man was made according to *an image which God conceived*, which is an entirely different thing. God is the creative Being. You know God as being both masculine and feminine, or neuter, as you may desire to think of it. Within the mind of this Great Intelligent Being was conceived an embryonic being similar to the God-self. Within the permanent atom of every ego, which evolved out of the consciousness of the Great Creative Being, is the seed pattern or potential of beauty, purity and perfection which you now conceive God to be. Man has believed that perfection was impossible for him to achieve. He has excused his excesses, his errors, and his sins by saying that he is only human.

The Human Will

To be human is to be a God-creation. Man has interpreted the word human to mean one who is separate with the ability to exercise the mortal will. You believe that there is a will that is not the mortal will. You say, “According to Thy will let it be done! I wish to be governed to the Will of God,” but there

are very few people who mean what they say, for the will of God and the human will are at variance with one another. The human will says, "I wish to eat, to sleep, to be merry. I wish to have all life's comforts, but I do not desire to give comfort, at least not beyond my convenience." This is not God's way or God's will. This is the will of man as he has evolved through mass consciousness.

God Is THE CREATOR

All things are created in Divine Mind. Even the things, which man believes himself to have created, are really created through the mind of God. What is man's mind? What is man's creative ability but the Intelligence of God that is bestowed upon him? MAN THINKS, and he believes that he is the power of his own thinking. Man oftentimes believes there is a great superiority in his brain consciousness, but he does not follow through and examine where the ability to think through the brain consciousness comes from. You can have a corpse lying before you with the brain still in its skull, but it does not think. None of the organs within the body respond to any stimulus whatsoever. There is no motion in the muscle. The body lies inert and begins to decompose. Why? The essence of the Great Creative Presence, God, has withdrawn. *The brain has no ability of its own.* It is merely a vehicle like an automobile. It has no power of itself. It requires the direction of the Master Mind. So with the body. It is a vehicle, and it requires the direction of a Master Mind. You are that Master Mind. You continually say, "I AM". It is the "I" in you, which is the Divine Mind or Will.

The majority of men still dwell within the human consciousness or the mass mind consciousness which has not evolved spiritually to any great extent. All men say, "I". They say, "I am coming. I am going." They say, "I hate. I feel," and sometimes they say, "I love." But they have a strange concept of what love is. They have no word which designates Divine Love. Let us for a moment consider the mass mind of man. That mass mind conceives itself to be quite important. It lives; it moves, and it passes from the scene of existence. The consciousness, which is its "I AM"-ness moves into another sphere of being. Men sometimes call the sphere Heaven. There are many, many spheres in Heaven. They are suitable to the consciousness of the individuals inhabiting them. There is no total death. The material body deteriorates and disintegrates, but that Divine Consciousness, the "I AM"-ness of the individual ego, is eternal, providing it has come from the heart of God. It contains within itself the seed pattern of beauty, purity, harmony, perfection, and that seed pattern gradually evolves.

THE SEED PATTERN

When you plant a seed in your garden, it is a tiny, uninteresting hard shell,

but there is contained within it the pattern of that which the seed will become. When the seed is planted within the proper environment, it does bring forth that which is in accord with the pattern contained within it. It does not bring forth any other pattern. If you plant the seed of a tulip or a rose, it brings forth a tulip or a rose. It does not bring forth a vegetable, or any other kind of thing, except that which is imprinted within its seed. The "I AM" of the individual contains within itself the Divine Pattern. It evolves gradually in man. In a plant the seed comes to full flower in one planting, yet the farmer, or the gardener, gathers the seed; he works with that seed; he improves the strain of the seed, and after many trials and many seasons, there comes forth a more beautiful variety of that particular plant. It will always remain the same kind of plant, but it can become more beautiful by conscious assistance and by evolution. So it is with man. He evolves gradually, embodiment after embodiment. Oftimes it seems there is no appreciable gain, and yet those, who have the inner vision to perceive, see that the gradual awakening of the consciousness within the ego is taking place. As infinitesimal as it may be, there is a gradual improvement taking place. Those, who have not yet become God conscious, are those whom we consider to be of the mass mind.

God Conscious

What do we mean by God conscious? The individual, who chooses to embody in a physical form on earth, is thrust down into a sphere of consciousness amongst earth beings and inhabits a flesh body. During many embodiments that individual learns to use his vehicle and to survive within it. He is conscious of his vehicle; he desires to improve his vehicle, and for many, many embodiments such a soul moves in the path of evolution, utilizing the Breath of Life, the energy within his form, to master the use and control of his vehicle. He is body conscious. You call such individuals oftimes uncivilized, and sometimes savage. There have been individuals, who have only been conscious of their bodies and how to preserve them.

You live in an age where the majority of mankind have mastered the use of their physical bodies and have begun to seek causes and effects. As they do so, the mental body began to develop. The physical body, previously reached a stage of evolution wherein the attention of the ego shifted from the body consciousness to the desire and feeling consciousness. Some then began passing through the spheres of desire and emotional consciousness, and began evolving the mind consciousness. Man became a feeling and desire being, as he evolved physically. He had many emotional and desire experiences as he passed through the body consciousness. Therefore, the feeling and desire body developed to an appreciable degree. Man has now entered into another sphere of evolution, that

of the mind. Man has begun to think and to reason. Man has begun to investigate causes and effects. Man is becoming a mental being. Some have arrived at a place where they began to make a god of the intellect. Such a man is still of the mass mind, for he still believes himself to be the inovator of this great creation, which his body and his desires and his mind have made of him. The mass of mankind, evolving upon the planet are in that state.

Out of those masses there have begun to arise groups of individuals, who are beginning to investigate further with their desires, their emotions and their minds, wanting to discover what the power is which animates those bodies, causing the mind to think. Man has begun to seek God. When man seeks the spiritual cause of his being, he sets forth into what we shall term a pathway of Light, or illumination. He steps out of mass consciousness. This also takes place gradually. It may take place as a result of his religion. It may take place as a result of his awakening and wonder, which sometimes causes him to break away from the fetters of his religion. Religion is one of the steps by which man begins to separate his Divine ego from his mortal mind. Then man has set his foot upon the pathway of Light. Such individuals as yourselves are those who are now traveling upon a spiral of spiritual illumination. You move in an upward circle which is a spiral, from one sense consciousness into another, from one sphere of consciousness into another. Perhaps all of you have not been aware of the fact that consciousness has gradations. We call them spheres. In school your child passes through grades. There is a specific time limit allotted to the dissemination of certain portions of education, which are deemed suitable for children of a certain age. The child moves from one grade to another.

EVOLUTION

In the spiritual realm of evolution, (for all evolution is truly spiritual), you have stepped out of the mass consciousness, and you now enter into what we shall call a spiritual evolution. It did not seem particularly spiritual when man was only learning to use his body and becoming acquainted with the powers of his mind, but now you are moving out into a spiral of spiritual consciousness. First you began seeking the reason for your being. Then you began seeking for the power that is behind that reason, You are moving out, searching for that great power, which you call God.

As you move forward in this spiritual consciousness, you begin to become more selfless. You are more interested in your fellow man. You have a deeper understanding of mankind's problems. You have a different view of your own problems. They cease to be burdens to you. They begin to be stepping stones by which you move forward. Obstructions upon the pathway of your conscious awareness become challenges to you, rather than impediments upon your path-

way. You move, away from fear, into courage. You move into a sense of well-being. This is a gradual move, and for each individual it is different.

Each one moves in accord with his own desire and his own will. Each one sets his own pace. There are some, who have just begun to move out onto the spiritual pathway. There are others who have moved out further along the spiritual pathway. Some have run about in lifetime after lifetime, exploring, investigating, playing with curiosity, seeking, but knowing not what they seek, nor taking advantage of that which they discover, just enjoying the search.

A COMMAND and A PROPHECY

You will meet these individuals in all the meetings that you attend everywhere. There are so many people searching but not grasping that which they discover. In a movement such as this one, there are many individuals who have come under the radiation and direction of certain Illumined Beings whom we call Ascended Masters. The Great Master Jesus, who is now known as Sananda in higher spheres, became an Ascended Master. He left His life experiences within the etheric records of this earth so that all mankind might know that which is required of each one as he moves forward in the Light also. The great Master Jesus attained what, to you, may seem miraculous accomplishments, but remember that he said, "All the things I do you shall do!" This was in a sense a command, a prophecy which man is fulfilling. A few have already fulfilled that prophecy, and many are upon the pathway where they soon will fulfill that prophecy. They will become Ascended Beings.

THE GOAL

What does it mean to become an Ascended Being? It is the goal of all life. Some are closer to the goal than others. To become an Ascended Being means that the individualized ego has at long last mastered the control of the energy of his world. He is no longer subject to hate, to resentment, or to injustice. He is no longer a part of mass consciousness. He has gained control over those qualities in his human nature, so that he is ready to step into his spiritual nature. The great Master Jesus taught that "the Father and I are ONE." He did not speak of himself alone; he indicated to those to whom he spoke that they too, were a part of the Father, that He was in them, and they were in Him, and all were one with the great God consciousness. Since this is so, then it is up to every individual to make the contact with that spiritual Being whom you call God the Father, or even with the Great Master Jesus.

JESUS ASCENDED

I have said that Jesus became an Ascended Being. It is said in the Scriptures

that He ascended into Heaven. What does it mean to be ascended into Heaven? He raised the vibratory frequency of His body until He became physically invisible to those who beheld the change in which He seemed to be in the physical body amongst them no longer. Because he vibrated, or raised the frequency of his body beyond that of the human eye, they did not, therefore, perceive his presence. This change takes place automatically as any individual gains mastery over the energies of his own being and world. The average individual in the outer world can be easily thrown into a temper, but a man of God, a spiritual man, is not thrown into a temper. He may arise in a firm state of consciousness and take command of a situation, but without anger and without hate. There is no record of the great Master Jesus ever having hated or struck out in viciousness, or entertained any of the lower, baser human qualities. He has control and mastery over His feelings as well as his thoughts, and therefore there were no negative expressions imposed upon the substance of his body which remained pure and in perfect health and in ageless beauty. True, it is reported that he had left the physical scene of being at an early age, but there is no record that age had begun to manifest within his flesh. There are hundreds of thousands of other individualized beings from the heart of God, who have attained this same liberation from the human or physical flesh bodies and earth consciousness. We call them all Ascended Masters. They have attained varying degrees of vibration or heights of consciousness. But they have attained a sufficient frequency of light within themselves to have cast off the density of the flesh.

ALTERED FREQUENCY

If you understand the law of energy and vibration, you will understand, that which rotates or moves very slowly is ponderous and dense in substance. As the frequency or vibration within substance is raised, the substance is altered. It remains the same substance, but its form is altered. We frequently use the description of the electric fan, to designate how vibration, or motion raised to a higher frequency, acts upon the human senses. If you have an electric fan in a room, you will see that there are three curved blades. It stands motionless in your midst. You are able to see all of the visible parts. Now you switch on the power and the blades begin to rotate. At first while they are speeding up, you can see them visibly rotating. They do not have much effect upon you or move the air perceptibly. As the blades begin to rotate more and more rapidly, you begin to feel a change taking place. You are aware of the pressure of the air upon you. As you look at the blades, you no longer see them, but you feel the effect. The blades rotate so rapidly that they become invisible. The same thing happens in an airplane. You may be riding in the sky in an airplane and looking at the earth below, when you will suddenly become conscious that you are

watching directly through the space through which the propellor is in motion, but it is moving with such rapid motion that the propellor itself is completely invisible. You are able to see clearly through that same area where it is rotating.

INVISIBILITY

The same thing happens when you raise the frequency of the mind, or the body, or the emotional world. When it is raised to that place where it is vibrating at a frequency in which it is invisible to the physical sight, the Ascension may take place. There is a complete alteration of the substance of the being. The Great Master Jesus and many others, who are now ascended, took their physical flesh bodies with them. There was no corpse after they had made their transition. The entire flesh form responded to the raised frequency and moved out into invisibility. Now I say that an *invisible body is not intangible*. If the Great Master Jesus stands beside you, you feel the effect of His Presence, just as you feel the effect of the breeze which is stirred by the rotating blades of the fan. You know that He, or some Divine Being is beside you, because you feel the effects, but your physical eyesight may not register the Presence of His Person.

Invisibility sometimes terrifies the disciples on the pathway of Light. They fear the loss of the body. They cannot conceive of Life without form. Indeed, all Life *requires form* in which to manifest. Merely because vibration of the physical flesh is raised to the state of invisibility *does not imply that it is lost or formless*. It continues to manifest and you are aware of it because the effect remains, and therefore the substance must be there to create that effect. You know that the electric fan still has its blades, that the airplane still has its propellers, even though you do not see them. They are perfectly solid, and intact, and yet vibrating so rapidly that you do not see them. The individual becomes invisible who transcends the frequencies of the flesh, which are slow and dense, and rises into the ascended state, which is a high frequency of being. This does not in any way damage the form or the body. It still exists. If it did not, it would not produce any effect. We, therefore, say that there is no death; there is but change.

DEATH

You say there is death, because you see the disintegrating body. Very well, but *the body is not the individual*. There is more than one body. I have spoken to you of the mental body, of the emotional body, and of the etheric body which is the soul of the individual. These bodies remain intact, even after the flesh has dropped away, so the individual being is never without bodies, without form, without being. The flesh only drops away when it is no longer of use, and the individual has not made use of his opportunity to raise the frequency of that

flesh into the Ascended state. The mass mind does not even know that this is a possibility, or that it is a goal, even though they profess to follow the great Master Jesus.

RESPONSIBILITY And MOTIVATION

There are millions of individuals upon the planet, who consider themselves Christian, and yet who do not perform any Christian act. They merely profess Christianity. They believe that because the Great Master Jesus demonstrated certain miraculous activities 2,000 years ago, that they are free of all responsibilities. This is not true. Every individualized being is responsible for its own lifestream. No one ascends into a higher state of consciousness until he of his own will ascends, desires to ascend. The desire is the propelling force by which mankind is motivated forward. Man without desire does not move. You might sit in this room for twenty four hours. If you have no desire to get up and leave this room, you will remain in it, or be carried out.

The will is the motivating force. The will of an Ascended Being is motivated by love, kindness, purity, faith and hope, while the will of the average man is motivated by "What can I get out of it? How much can I gain for myself? How soon can I get there? What will I eat? What kind of a car will I drive?" None of these personal matters have any concern whatsoever with the spiritualization of the individualized ego.

EXTENDED VISION

You, who are present here this day, are drawn here because of a desire to expand the horizons of your consciousness. Supposing you live in a room, which has no windows. You can never look out on the scene around you; you are not aware of what is going on around you. Then you get a window, and you can see as far as your physical eye permits. When you begin to evolve spiritually, there is a veil that is lifted within the Divine Mind, which allows you to perceive that which is not visible to the physical organ of the eye. The eye is a magnificent instrument. It is called the window of the soul. You see through it that which you desire to see. You can see beauty or you can see ugliness. You can see the beauty of the landscape, or you can lower your eyes to the debris in the gutter. You have free will to see what you want to see.

When an individual is evolving spiritually, there is a veil that lifts within the consciousness, and he perceives that there is more around him than he at first perceived. There are moving, spiritualized beings, amongst you this very moment of whose presence you have not been aware. It is possible that the veil may be thin, and that you will at times have perceived some of the spiritual beings who move amongst you. You may be well acquainted with your Master, or some

angelic guide, who guards and directs you when you permit him to do so. There are beauties in the atmosphere around you of which you have no knowledge, but as the veil of the consciousness thins, as you ascend upon the spiral of spiritual illumination, you become aware of that which is within a few inches of you, that you were not aware of before.

You say, "Why does not the mass mind of the average individual become aware of these things?" It is as I have said. The frequencies of the desire body and the mind have not been raised to perceive that which is around them. That which is not visible to the physical sight is vibrating at a higher frequency than that which is visible to the physical eye. Until your consciousness attains that added frequency, you will not have an awareness of that which exists within that frequency. In the realms that are called Heaven, there are countless spheres of consciousness, inhabited by individuals whose consciousness has evolved only to that particular point. There are many wonderful and good souls in embodiment, who pass into the realms beyond the veil, who are not particularly spiritually evolved but are evolved as human beings. There are others who have great mystical attainments. The frequency of their beings and worlds is much more rapid than the less evolved individuals and they move out into higher spheres, which vibrate more rapidly, each being unaware of the others. Each lower one is unaware of the one higher than itself, just as you in the physical flesh are only aware of that which vibrates in the density of what you call material substance.

MYSTERIES and MIRACLES

When man arrives at the place upon the pathway of his own evolution, where he desires to study these mysteries, he begins to move forward rapidly. In truth, these are not mysteries. They are simple facts of life. To the individual, who does not yet understand them, they appear to be mysteries. There are really no miracles. Those unusual attainments, which take place by means of the will and wisdom of some illumined, or highly evolved being, seem mysterious, or miraculous, to those who have not yet mastered the substance and energy of their worlds to the point where they can do the same. Your goal is to expand the consciousness so that you gradually become more and more aware of that which is around you and of those Divine Beings who move amongst you.

DISEMBODIED SPIRITS

Now a note of warning: There are those upon the planet, whose vibratory activities have expanded to an awareness of astral beings who move in an astral realm and are merely disembodied spirits, who have not yet returned into physical embodiment. It is not your purpose or your desire to enter into these astral realms and contact disembodied spirits. They have not attained that of which we

speak, therefore, have no interest in them. Avoid all contact with disembodied individuals.

An Ascended Being, such as the great Master Jesus, *is not a disembodied individual*, nor is an angel, nor any of the great Cosmic Beings, or Illuminated Ones, who have come to this planet from outer stars to guide and guard and assist you through this particularly dangerous era which is at hand. There are millions of highly Illumined Ascended Beings to whom you can give your attention and who you may seek for guidance, for illumination, for protection and for healing, but beware of any disembodied spirit!

You will say, "How can we tell the difference? A disembodied spirit is invisible also." True, the disembodied spirit is moving in his etheric form. We call it an astral form. It is magnetized with his earth consciousness. The individual who has passed from his physical body through what you call death, who has not evolved spiritually, is one who must return in another physical body to take more initiations, to attain more experience, to accomplish that which he did not accomplish in other embodiments. His knowledge of the way that you desire to go is nil. He cannot give you the assistance that you require. Yours is a pathway quite separate from his. The disembodied individual does not have the ability to wield forces of light. Therefore, if you find yourself challenged by an invisible force, which may have the ability to make itself visible to you, you in turn must challenge that being, even if you think it is the great Master Jesus, Himself. You must challenge that Being. You may say, "This is insulting! Challenge the Master Jesus?" No, this is not insulting. The Master has taught that students upon the pathway *must* challenge any apparitions that may appear to them, because there are many astral beings, who have no good purpose to serve in your life.

HOW TO CHALLENGE A SPIRIT

How do you challenge a Being, who appears as an apparition or a vision to you? You merely *say to it with great firmness and without fear*, "SHOW YOUR LIGHT!" If it is an Illumined Being, He will flash to you a brilliant light, which your physical sight can scarcely bear. If it is only an astral being, he will not be able to do so, because he has not evolved to the point where he can master his energy to produce that Light. This is no insult to your Master or any Angelic Being. They expect that wisdom from those upon the pathway. When you are still a chela, or even a disciple, or just a student, you may soon get to that place where you can identify the presence of your Master or any Angel Presence, without that challenge. It is not a different thing. But at the present time, the state of the evolution of the majority of those to whom I speak, do not have that discrimination. Therefore, I say you must challenge any ap-

parition which appears to you or which you feel to be near even though you do not see it. Challenge that apparition and command it to either leave or show its light. A Master will show his Light by projecting to you his great Love.

This is the pathway of spiritual illumination. To have given you a capsule description of that pathway, upon which you are moving and upon which all mankind must move, is a difficult matter, but in these few moments of time given to me, I speak as a messenger from the Cathedral of Peace under the direction of Beloved Jesus Sananda. It is that Great Place which the Master went forth to prepare for you. The Great Cathedral of Peace exists in the outer periphery of the sixth realm, the sixth sphere of being, to which the majority of you have not yet attained.

I AM speaking through the consciousness of your Preceptress. I bring to you this illumination to guide you, to inspire you, to push back the horizons of your consciousness and to lead you to spiritual freedom which you will find in no other way. I do not mean to infer that there is no other place, where you can go to receive such illumination. There are many shepherds, as well as many flocks. There are many pathways of spiritual illumination. Each one travels upon his own pathway. But there is a law governing each pathway, and each one must pass in accord with the law. Just as on your highways and your city streets you are free to move, but there are certain laws by which you are governed. Certain pathways or highways lead to certain destinations. To reach them you must go in the right direction. Again I say that these words, which I speak to you are not the only words you can possibly receive to lead you to your freedom, but I do say that all other words concerning your spiritual illumination which you may hear, or which you have heard in the past, either here or elsewhere, convey the same message, outline the same conceptions, and operate in accord with the same laws.

May you each and everyone be blessed with the understanding consciousness of your Christ Self, which is within the seed atom of your Divine Being, your I AM-ness. I bear to each of you the blessing of the consciousness of the Mighty Master Jesus Sananda, who is the great World Teacher for your planet. There are many messengers serving in His Temple, and I AM pleased to be one of them. I invoke an activity of Light to take Its place in your brain consciousness. I invoke a power of Light to expand within the pulsating beating heart within each of you. I invoke a power of Light to expand within your beings and worlds so that you may now move forward with greater speed into the fulfillment of your heart's desire. I thank you for your interest and for your reverant attention.

I Am Your Mentor from
The Cathedral of Peace.

YOUR "I AM" IDENTITY

The flame within your heart is your God identity. Within that flame is a spark which animates your heart and causes it to pulsate, stirring within you the impulse to breath, to think, to feel and to move about in this world of form. The essence of that tiny Flame, anchored within your physical heart, contains within it all the potentials of life. In it is contained the Divine Presence of God the Father, The Son and the Holy Spirit. The triune activity of the Godhead is indwelling within the Flame which we call the Sacred Fire within your heart. If this pulsation of Light were not released into your physical heart, your body would become a corpse and your spirit would withdraw from the physical flesh form and abide in another sphere of existence. It is only the flame within the heart which contains within itself truth and beauty and perfection and illumination. We call it, The Mighty "I AM" Presence because without that flame you could not speak the word "I AM" and therefore you could not identify yourself in this world of material substance. Every individual who lives, breaths and moves about in this world of form, speaks of himself and calls himself "I AM". He is not speaking of his physical body, nor is he speaking of his human personality. Although the majority of mankind do believe that they are speaking of the human personality, this is not true. May I, for those of you who are new in this association, explain why this is not true.

The individual comes into being from The Great Creative Being within the Great Central Sun. Each of you did so, probably many thousands of years ago. I take it for granted that you understand and that you have already inhabited many physical bodies similar to the one in which you are now functioning. Each life stream comes forth from the Godhead with the opportunity to expand, to evolve and to constantly draw forth and express more and more of God perfection. Naturally, the first time you came forth in a physical flesh body you did not express the fullness of God's perfection. You were new in the world of form and you began to experience the many feelings and thoughts and desires and activities which are associated with life on this planet. Perhaps at this time you bring with you the spirit of Love, and you pour love into every creature that you meet. Perhaps after many years of experience, and many unfortunate experiences, some one else comes forth into an embodiment desiring only to express hate. There are newspapers and magazines and many other periodicals which are filled with the stories of those who seem to desire to express only the hate, viciousness, and destruction. There are those who plot wars and those who express extreme cruelty to others who are caught in the meshes of wars. It is seemingly, their main desire to express vengeance, retaliation, rebellion, cruelty and hatred. And why is this so when within the heart of every individual is a God-flame? It is God-energy that one man uses to express hatred and cruelty in

exactly the same way another individual uses the Flame of life to express beauty and kindness, happiness and perfection. You will say, "How can this possibly be so?" May I show you?

This great Divine source of all life which pulsates within every living, breathing form, and within the forms of the animal kingdom, the mineral kingdom and the vegetable kingdom, and all life wherever it expresses, is animated by the same substance of life. That which causes the seed to be fertilized and grow into full bloom in the world of outer form is exactly the same God essence which beats and animates your own physical flesh heart. Within you is an attribute of perfection in exactly the same way as that which exists within the kernel or heart center of the seed which germinates in the ground and produces its beautiful fruit or flower. It lives and breathes, constantly growing and constantly expanding and always and forever recreating its own same beautiful pattern of perfection. That seed which is planted in the ground and becomes an apple tree, continues year after year during the life-span of that tree to produce apple blossoms and the fruit of the apple. Never once does it vary to produce a peach, or a cherry. The Flame carries within itself the Divine pattern of that which it came forth to manifest. So it is with you. There is within the permanent atom of your heart a Divine pattern of God-perfection which you are meant to express. It is always there. As the human being evolves in this world of form, he is conditioned by circumstances, or karma which is the accumulation of one's past use of energy, be it good or bad. One is conditioned when he comes into life by the accumulations of his own karma and by the circumstances into which he comes. Often the life is warped because of these circumstances or because the individual does not know how to shield himself or how to rise out of circumstances which seem to disturb his Light or affect his opportunities.

This beautiful God-Flame is within the heart center of every being. Within It is the pattern of perfection in exactly the same way as it is within the tiny apple seed within which is the perfect image of the apple tree laden with blossoms and fruit. That image is held within the tiny seed. The image of a perfect God-Being is held within the permanent atom of your heart. Within that permanent atom blazes the Sacred Fire which is the animating activity of your whole being. You know that if you look upon the body of a person whom the outer world calls dead, you find that they have within their skull a brain structure; you find that they have eyes and ears and hands; they have all their internal organs, and yet there is a person's body lying absolutely inert and useless and beginning to decay. To observe this is to know that life and intelligence is not anchored in the brain or body structure. The ability to live and walk and breathe is not within the brain structure, nor the muscle and bone, nor within the blood vessels, nor the many organs, nor any other part of the anatomy. The ability to think and

feel and speak and act in the world of form is within the life which has withdrawn. The Light within the permanent atom of the heart has withdrawn. So in truth, life, intelligence and all that you call "you", is within this Sacred Fire which causes your heart to pulsate. If this were not true, the body would continue to function after the breathe of life had left it; the brain structure would continue to think; the hands would continue to move. We know this is not so. The form drops away when the Flame of Life is withdrawn.

We have within this wondrous Flame of life (which is within all seed) the Divine pattern of perfection. Within man is the image of the God-Being, in the image and likeness of God. Now your outer physical flesh form is not made in the image and likeness of God because you have imposed distortions and discord upon its substance and energy by your thinking, your feeling and your actions. The image and likeness of God cannot contain within itself discord. You have heard through your religious teachings in the world where you have been educated, that "God is good," that He made the earth and all that was on it, and after it was finished God said, "It is good." We know that hate and anger, jealousy and resentment, cruelty and all those vices are not part of God's Divine Plan. They were instituted by the beings which God brought into manifestation in the world in which they lived. There was a time when there was a condition brought about upon the earth known as "The Fall of Man." What brought it about and the results of it--(the results are quite apparent)--what brought it about we shall not discuss at this moment. But there was a time when these creatures made by the Divine Being fell away from Grace, and desired to express their outer or human personality and desires. They desired to become creators without the cooperation of the God-Presence. They desired to do what they humanly desired to do, and thus the vices of which you are presently aware, were born. They gradually began to take the place of the wonderful attributes of God's Perfection. The Mighty Graces of the Godhead - Beauty, Purity, Harmony, and all the other Graces of God, became subordinated to the vices which man invented himself.

Each and every one of you have a Divine Presence abiding near you or enfolding you. When you are harmonious and endeavoring to live a God-life, this beautiful form of God-Perfection enfolds you. It connects itself with the outer extension of your physical flesh body by a blazing stream of White Fire Light. From the heart of the Divine Presence streams forth to the heart of the physical being a clear fire essence or white fire. This is not a static thing. It is like a rushing conflagration, a constantly moving, rapidly-flowing river of Light Substance. It is less, to be sure, in the average individual, but nonetheless, a powerful, concentrated focus of light substance which causes the heart within the outer form to pulsate. It is that pulsation which gives you life. The great Presence of

Life does not endow you at birth with all the energy you are going to require for the span of years allotted to you, but rather does it give it to you, in pulsations, little by little. Another simile would be that when you are born you do not eat all the food that is going to be required during your whole embodiment. You take it bit by bit each day, a little at a time, utilizing the strength and energy within the food. Life gives to you pulse beat by beat the essence of itself so that you may use it to express yourself in this world of form. Now every individual, every one of you who read these words and all the people who are at this moment walking about in your city or riding trains and busses, and all the people in the stores and all the people at the beaches, and all the people in the country and the state, each one and all have within them the pulsation of The Flame of Life within their heart. I say again, this Flame of Life contains within Itself, the individual identity and the Divine Pattern which the individualized being will one day become. It is possible that the accomplishment can be made in this life-time. It is also possible that there may be required many more life-times in physical form before fulfillment is attained. As you understand the purpose and plan of being, you can cooperate with the requirements of the Law as you understand it and hasten the day of your own personal fulfillment. You were designed by The Mighty Master Creator. You were conceived in the Image which was held within the Heart of The Creative Being. Let me re-translate or rearrange the words as translated in your scriptures in order that you may understand the words contained there which say that man was made in the image and likeness of God. Let us rather understand that statement in another way. *Man was made according to an image held within the mind of The Great Creative Being whom you call God.* All form was thus created. Each form was created bearing within itself the image of its kind, held within the Creative Mind and Heart.

Man as well as all other creations evolves with the passing of the cycles. Man is not as he was five thousand years ago nor is he now as he will be five thousand years hence. Man is not now the image of God. However the potential is unfolding gradually within him. *Man is slowly becoming as God intended he should be.* Evolution removes all barriers. There is no limitation upon evolution. Life moves in an ever-increasing speed toward further and further goals. Horizons recede and widen. All life moves outward and upward to attain the ever-evolving images and goals. The Fire Breath of Life contains the magnetic pull which draws life into its everlasting immortality. I shall give you words which, as they penetrate your consciousness and as you accept the full meaning, will raise you, lift you, illumine you and set you free. I am your Mentor. I am your brother who has gone ahead to clear your way.



MEDITATION

THE FIREBREATH OF LIFE IS THE ESSENCE OF ALL BEING. I AM THE DIVINE IDENTITY WHICH WAS INDIVIDUALIZED AND PROJECTED INTO BEING FROM THE HEART OF THE MIGHTY CREATIVE FATHER-MOTHER PRESENCE WHICH IS THE UNIVERSAL CONCEPT OF GOD. IN *THAT* BEING I LIVE AND HAVE *MY* BEING, EVER EXPANDING IN PERFECTION TO FULFIL THE DIVINE PATTERN WHICH WAS IMAGED WITHIN THE GREAT CREATIVE HEART AND MIND. I LIVE AND EXPRESS INDIVIDUALITY WITHIN THE GOD IMAGE WHICH I REPRESENT. I MOVE EVER FORWARD INTO FULL REALIZATION OF MY DIVINE ORIGIN AND THE EXPRESSION OF MY DIVINITY FOR I AM IN THE FATHER-MOTHER AND THE FATHER-MOTHER IS WITHIN ME. I AM THE DIVINE AND IMMACULATE CONCEPT FROM THE HEART OF GOD.



LOVE AND FAITH AND HOPE ARE STATES OF CONSCIOUSNESS

You ask, "What is faith?" I say to you that it is a state of consciousness. Look upon a man, woman or a child. What is the state of their consciousness? *What* are they thinking about and *how* do they think about it? There is one who says the world is filled with pain and grief, hate and war, hunger and devastation. To him it is a *terrible* world. Another says the world is beautiful, with sun, stars and the moon, mountains and rivers and lakes and oceans and all the great handiworks of creation. To him the world is *beautiful!* Yet another says, "I have nothing but pain in my body, and I desire to die." Others may have just as much pain, but he says, "What can I do to prevent the rest of mankind from knowing what this pain is like?" Do you see the difference in the consciousness? How do you feel about things? Do you see things from the Divine aspect, or do you see them from the human aspect? Do you say, "O, I hate certain individuals! They have asserted their human authority over me. They tax me and my property. They take away my rights. I hate them!" Beside you there stands one who says that all men are brothers who breathes the Breath of Life, and "Yea, though I walk through the valley of the shadow of death, no harm shall come nigh me! The LORD shall set His Table before me in the presence of mine enemies!" Faith is a state of consciousness, and faith is Love. What is the state of your consciousness? Do you hate those who tread upon you? Or do you look upward into the eyes of the Great Creative Presence of your own Divine Being and say, "Great Presence of Light, deliver me! Show me how to move out of this state of vibration into one in which I can find my way and move into the Christ Consciousness of Faith and Hope and Love!" Your consciousness is either

in a state of Love or a state of hate and fear. Within hate and fear there is resistance, rebellion, retaliation and revenge. In Love there is Faith and Hope and Joy and Peace. Even though the body may be in pain, the consciousness need not fall into the valley of despair. As man perceives the Presence of his Great Christ Self, he may arise, or he may rebel. It is for each individual to make that choice, and having made the choice, it is the individual's prerogative to abide by that choice and to do something about it. You either move into the valley of the shadow of death with your rebellion, or you move into a higher state of consciousness in Love, Hope and Faith.

There is a Christ-Mind within each one of you. The great Master Jesus called it the Holy of Holies and the Secret Place of the Most High. There are millions of individuals who have embodied upon the earth, who have never entered into the Holy of Holies and do not even know that there is such a state of consciousness. You have moved out upon the spiral of spiritual illumination, and this day you can bear testimony to that fact. You can move, of your own free will, into whatever sphere of spiritual influence you desire, according to your merit or your qualifications. You cannot arise into a state of God consciousness in a moments time. You must prepare. The only way to attain the top of the mountain is to put one foot before another and move forward. You must exercise control over the thoughts and feelings of your beings and worlds, keeping them in a high state of frequency and not permitting them to express in the low frequencies of hate and fear. Hate and fear are so low that there is no little motion, except downward, while Love and Faith and Hope are of a high frequency and arise to the Heart of God.

THE SECRET OF PRAYER

Are you aware of the fact the great Master Jesus said, "Decree a thing, and it shall be done unto you!"? The individual has not always had the manifestation for which he has decreed, because in his willful human judgment, does not always perceive that which is God's will for him, or for mankind, nor does he declaim himself in faith. There are many prayers being recited this hour, while the individual reciting them has his attention elsewhere. There are millions who know that *there is power in Faith, and yet they have no Faith*. I say to you, memorize those words of the great Psalmist, the 91st Psalm, and any of the others which appeal to you and let those words become a part of your consciousness. Then prayer will become effective and the manifestations will become increasingly apparent. When the heart is in the thought, it is good and arises on the wings of Faith and Hope and Love to the citidal of God.

"I AM THE RESURRECTION AND THE LIFE"

The same electricity is lighting all of the lights in your home. The same "I AM" is animating each of your forms. God is omnipresent. So "I AM" can be said for the other person as well as yourself. You do not mean your human personality when you say, "I AM". You are speaking of the God consciousness so it is the same in your loved ones, the people in this room and all the people in the city. "I AM" is the God consciousness. So, "I AM" is the Resurrection and the Life of the perfect health in action in every cell and organ in their minds and bodies here and now as well as in your own.

Your memory is clouded with the acceptance of old age and decrepitude and other negative thoughts and feelings which adhere to human beings. Therefore, say for ourselves and all our loved ones, "I AM" the Resurrection and the Life of my perfect sight and hearing. Visualize, as you speak the words "I AM" in connection with your sight and hearing, the Flame of Light centralized within your eyes, within your ears, within the eyes and ears of your loved ones, and see It begin to glow and expand. You know what happens when you blow into a balloon. The balloon grows from a small object into a very big one. So see this powerful, tiny, little Flame of Light concentrated within the eye and within the ear of each individual, yourself or your loved one. See it begin to expand until the eyes and ears are filled with blazing Light, like four great stars within the head of that being. "I AM" (remember - not the human, not Johnny or Mary) but the "I AM" Presence, is doing the resurrecting and is the perfect sight and hearing. You just externalize it. You just expand it. You allow the Flame to consume the limitations which the human consciousness has imposed upon form as it previously existed.

Never again think of the clouded eyesight or the dull hearing or the imperfection which manifested in the outer consciousness. Never again accept it. Say, "I accept this manifest," and do not go on accepting the imperfection. That is the human in you which you are endeavoring to conquer. Remember to say and accept in your feelings that you accept the Christ consciousness expanding within you and do not let your human consciousness argue you out of that acceptance. There is a constant battle between the God consciousness in you and your human consciousness.

Do you know the story of St. George and the Dragon? Do you know what that dragon is? The dragon is the human consciousness and every one of you has a dragon. Some call it the Beast on the Threshold. You have to face your own human creation and it is the "Beast at the Threshold." You cannot pass into perfection when the "Beast" of your own human consciousness stands in the doorway. This is what the Dragon means. It is the "Beast at the Threshold"--it is your own lower human consciousness. It may appear in the form of fear, it

may take the form of doubt, it may take the form of ridicule, it may take many forms which will distort Truth and acceptance. Some people who go to Lourdes on crutches and on litters often have laid aside their human consciousness long enough for a miracle to take place in the physical flesh body. But there are millions who go there who cannot slay the dragon at the Threshold, and let healing take place. They cannot lay aside their doubt or their fear. Can you?

You have this one thing to face, each and every one of you. No one can face it for another. You must face your own doubts and your own fears. That is your dragon and you have to slay it. You can do it thru Love and Faith. You cannot command it to die in just so many words. It requires firmness and Faith. Again and again and again your human consciousness, your dragon will say to you, "O, it's nonsense, you know you cannot do without your glasses," and so, you give up. You may never again try to say, "I Am the Resurrection and the Life" of my perfect sight and hearing, because your dragon stands beside you saying, "you know you cannot see without your glasses."

Have you the faith? Now, don't go out and just take off your glasses and go blindly down the street. This is not the answer. The healing comes first from within, and then you suddenly know that you do see without your glasses, that you do hear without your hearing aid. *Then you take them off.* It is foolish to take them off and say, "I'M taking off my glasses, I can see without them, I refuse to be blind." That is not the way. First the healing takes place from within. It begins to manifest and then, you lay aside the crutches. The lame man does not throw away his crutches until he can walk again without them.

Remember, always use good sense. But the good sense has to be governed. Be sure that your "good sense" isn't the "dragon" in disguise, just filling you with doubt and fear. There is a fine little line of difference. You have to know which side of that line you are on. Truth is like walking on a tight-rope. One step to one side, or one step to the other side, is a pitfall, and you are just learning to walk that tight-rope of truth which leads straight into the heart of that "homeland" from whence you strayed.

THE IMAGE AND LIKENESS OF GOD

If you, as you are, represent "the Image and Likeness of God" then God is a sad image. He would indeed be a God of great imperfection, injustice and inharmony. But you know that "God is GOOD". Let me give you a slightly altered interpretation of the words in your scriptures. Man was conceived according to an image held in the Infinite Mind of God. All created things and creatures were conceived thus. First there is the image. Conception follows and then the descent of The Holy Spirit or the breath of life makes a living creation. All creation is living substance, even that which you term inanimate. All form is

created from living substance. Yes, even the minerals and the earth itself is living substance. Every cell and atom contains living, intelligent substance and energy, of which we shall speak further at another time.

Man is a creation developed or conceived from an image held in the mind of the Great Creative Being or God, which dwells within a Great Central Sun for this planetary System to which you belong. It is thus that you are truly "made in the Image and Likeness of God."

Within the kernel of an acorn exists the Divine image by which the acorn reproduces the oak tree. If there were not that "image" within the acorn, the seed would not reproduce the tree. There is Divine Intelligence within the seed. It combines with the Electronic Energy contained within itself to bring forth the living tree. It is thus with all life and all creation.

Within yourself there abides a Divine Image of your true self which you must one day outpicture. As you reproduce, the Divine Image is conveyed, as in all seed. Man was allowed free will and thus he has created encumbrances and distortions, thus delaying the complete manifestation of his Spiritual Pattern but it will mature and manifest eventually. The less free will a creature is endowed with, the more completely it expressed the "Image" with which it is endowed. Man's present objective in being is to understand the Divine Use of the Will of God within himself. That day is at hand.

So Be It.....MENTORA

SPECIAL SERVICE DECREES AND MEDITATIONS

I INVOKE THY PROTECTION AND THY AID

BELOVED MIGHTY CHRIST PRESENCE WHICH I AM...I INVOKE THY PRESENCE, THY GUIDANCE AND THY ILLUMINATION. COME NOW AND ENFOLD MY CONSCIOUS MIND IN THY RADIANT LIGHT AND CHRIST POWER.

FORGIVE (3) MY SINS OF COMMISSION.

FORGIVE (3) MY SINS OF OMISSION.

FORGIVE (3) MY RECALCITRANCE AND DISOBEDIANCE TO GOD'S LAW OF LOVE.

ENFOLD ME NOW IN THY RADIANCE OF PURE ELECTRONIC LIGHT. INSULATE ME FROM ALL HARM AND KEEP ME IN ALL *THY* WAYS.

"I AM" (3) THY CHANNEL FOR GOD-GOOD.

"I AM" (3) THY MESSENGER OF PEACE.

"I AM" (3) A RADIANT PILLAR OF THY LOVE, THY ILLUMINATION,
AND THY HEALING POWER.

RAISE ME (3) INTO THY HEART. OH BELOVED CHRIST PRESENCE
WHICH "I AM".

INSULATE (3) ME WITHIN THY HEART, OH BELOVED CHRIST PRES-
ENCE WHICH "I AM".


SEAL (3) ME WITHIN THY HEART, OH BELOVED CHRIST PRESENCE
WHICH "I AM".

KEEP ME EVER MINDFUL OF THY WILL, THY WISDOM, AND THY
GOD POWER AND INFINITELY SENSITIVE TO THEE AND THY PERFEC-
TION. I DO DECREE IT IN GOD'S NAME. SO BE IT.



OH THOU CREATIVE FIRE! BLAZE... . BLAZE BLAZE FORTH
IN THY DIVINE SPLENDOR OF VIOLET FIRE AND POWER Trans-
mute the concepts which man has created concerning his own personal superior-
ity. Dissolve all that which exalts man in his own eyes. Cause man to behold
NOW, The Divine Pattern for his own being and accept IT as his own. Cause
man to accept the Spiritual beauty and perfection within the mind of God, THE
GREAT CREATIVE, FATHER-MOTHER BEING, generator of all life here,
which is conceived in Love and endowed with the powers and perogatives of
the Creator. For Thy Presence within me, I thank Thee.

* * * * *

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THE MENTOR

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