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PURPOSES OF BSRA
BSRA is a non-profit, informal organization of people who take an active interest in unusual happenings along the borderland between the visible and invisible worlds. In the words of the late Meade Layne, founder and director of BSRA from 1946 to 1959, "BSRA publications are scientific in approach but employ few technical expressions. They deal with significant phenomena which orthodox science cannot or will not investigate. For example: the Fortean falls of strange objects from the skies, Teleportation, Radiesthesia, PK Effects, Underground Races, Mysterious Disappearances, Occult and Psychic Phenomena, Photography of the Invisible, the Nature of the Ethers, and the problem of the Aeroforms (Flying Saucers). In the year 1946 the Associates obtained an interpretation of the phenomena which has since come to be known as the Etheric or 4-D Interpretation, and which has not been radically altered since that time. This continues to be the only explanation which makes good science, sound metaphysics and common sense."

The chief present concern of the Association is to make this information available as a public service, with Headquarters acting as a receiving, counseling, coordinating and distributing center. A list of BSRA publications is available on request, send 25¢ in coins or postage stamps.

* * *
Letters from Associates indicate that a number have taken up serious study of the Kabala with us and, having cut the material of the first 36 pages released to practice, are now ready and eager to push further into the depths of their own being.

By now your system should be balanced enough -- and comparatively pure, that you are ready for rhythmic breathing by counting; that is, so many counts for each part of the respiration. Respiration means one complete cycle, in and out. Actually, there are four parts to the rhythmic breath if you include holding air in the lungs and holding it out, two very important parts of the rhythmic breathing cycle in occult science.

Much has been said about rhythmic breathing by count, and the holding of air in or out of the lungs as a definite part of the rhythm, but Teachers have wisely withheld definite instruction because of the highly individual reaction of each student. All depends on his level of evolution, whether he is on the Pagan, the Mystic or the Hermetic Path. Then there is his Ray type, which of the seven rays dominates his personality and individuality. Another important thing is whether the student has an Oriental or an Occidental body. Another factor to be considered in administering breath-control instruction is the karmic pattern of this life and how much occult work has already been done in previous lives.

Obviously, all of this is hidden from the average student, except for his racial type and present situation in life. Adequate instruction on breathing can only be given by an Adept who is in a position to read the record of the student's past lives and also his aura in the present, as well as the general condition of the force-centers connected with the gland system.

Such Teachers are rare, inaccessible, but you want to grow spiritually, now! What can you do? You can experiment with such knowledge as is available. Be a borderland scientist. All Masters, all Adepts were once in the same position as yourself. And if you don't make a start, how are you ever going to finish the race? By now you should have drilled on the Lesser Vanishing Ritual of the Pentagram to where it comes easy to you. Perhaps you've even proven its effectiveness in cases of possession or obsession that have been brought to your attention for help. Do the banishing ritual with Power before your rhythmic breathing and you won't have any trouble with Astral meddlers.

Hawaiian magicians used rhythmic breathing in their more advanced work, as Max Freedom Long has shown in his analysis and discussion of the Ha rite of the Kahunas. This is true of the advanced work of all
Mystery Schools, East and West. We know that Meade Layne certainly used it. He knew his occult science and he asked members of the Inner Circle very detailed questions about rhythmic breathing. When he asked the Yada about the 4:4:4:4 breath, the leader of the Inner Circle warned him that anyone using it was in extreme danger of being led astray. Meade also asked him about the Kumbakha, the Moon breath; again he was told that this should be used only under the direct guidance of an experienced Teacher. Whether or not Meade had such guidance from the Inner Circle we cannot say. There is no indication of it in his writings.

A BALANCED BREATHING EXERCISE

You know from your metaphysical reading that holding one nostril closed, and breathing only through the other, is part of the technique; but which one is right and for how long? You don't know. But you can do a balanced exercise which will introduce you to it without much danger.

Seated in a comfortable position, start with the Sun breath. This is holding the left nostril shut and breathing through the right nostril. At the same time, turn the head to the right and start from there, moving the head slowly around to the left while inhaling and exhaling three times through the right nostril. Now, with the head turned to the left start the Moon breath exercise. Release the left nostril and place the right thumb over the right nostril. Slowly inhale and exhale three times as you move the head completely around to the right again. You've now taken six complete breaths, three Sun and three Moon. Now face straight ahead, releasing the left nostril, and take three full breaths through both nostrils.

This completes one balanced cycle with nine breaths or respirations in all. If you haven't been doing rhythmic breathing and you find even this beginning strenuous, let that do until the next time. But for training leading up to more advanced work, you should do three complete cycles at one sitting, or 27 breaths in all. If you do this faithfully until the next cycle of Studies is issued, you should be ready for more on rhythmic breathing.

You may discover, as your director did, that your nostrils themselves are not balanced. That is, the passageways are not of equal size. This could be due to blockage of some kind from a nose injury or operation. Then of course the sinus discharges may cause one or other of the passages to be temporarily obstructed. Stay with it if at all possible. The very rhythmic breathing you are attempting may in time affect a change for the better, because a preponderance of Sun breaths or Moon breaths over the years, due to one nostril being partially blocked, may be the basic cause of some unbalanced physical or emotional condition which has bothered you!

* * *

(A set of the first 36 pages of the Studies is available from JSRA headquarters for 50¢, post and tax paid.)

* * *
"A Treatise on Cosmic Fire" is a massive work of over 1300 pages. It gives some revealing glimpses of the primary origins of electricity and magnetism, with which we are so directly concerned in BSRA research at present. Alice Bailey wrote the work in New York City in 1925. This was many years before the term "flying Saucers" became popular. Yet we found there a hint as to the origin of some of the Visitors who have been looking over the earth since 1947. They are fleeing a "disintegrating constellation... situated between the lesser Dipper and our system, and another, interrelated with the Pleiades..."

Such Visitors are not welcome here, as they can only make trouble in the great crisis through which the earth and mankind are passing now. But elsewhere in her "Treatise" Mrs. Bailey makes some very interesting predictions about this time, from 1966 to the end of the century. These are most encouraging to a student of the Mysteries and well worth reviewing as we enter this year of crisis, 1965.

"A very interesting period will come about the year 1966 and persist to the end of the century," writes Mrs. Bailey on page 753. "It is one for which the Great Ones are already making due preparation. It concerns a centennial effort of the Lodge and of the Personages taking part therein... and the effort for the twentieth century will be upon a larger scale than has been the case for a very long time... In the effort immediately ahead, several of the Great Ones are concerned and the Master of Masters Himself..."

"In the appearing of the Bodhisattva Himself, (Lord Maitreya, the Christ, RC), the mystery of the Bodhisattva will be seen in its fullest sense, and it is not for us to enlarge upon it. Suffice it to say that the vestures of the Great One will be used, but time will show whether the coming Lord will clothe upon those vestures a physical vehicle at this particular juncture, or whether the astral plane may not be the field of His activity..."

"This force will find its expression upon the astral plane, producing vast results of a quieting nature and bringing, by reflex action, peace on earth. The transmutation of desire into aspiration, and the transformation of low desire into high desire, will be some of the effects, while the result of the force flowing through will produce profound reactions of the deva denizens of that plane. Through the vibration thus set up will come the possibility of many (who would otherwise not do so) taking the first initiation. Later, towards the end of the greater cycle, the coming Avatar will again employ the vestures... and will take a physical body, thus demonstrating on the physical plane the..."
force of the Logos in the administration of the Law. When He comes at the close of this century and makes His power felt, He will come as the Teacher of Love and Unity, and the keynote He will strike will be regeneration through love poured forth on all. As He will work primarily on the astral plane, this will demonstrate on the physical plane in the formation of active groups in every city of any size, and in every country, which will work aggressively for unity, cooperation and brotherhood in every department of life — economic, religious, social and scientific.

"These groups will achieve results now impossible (1925), owing to the retention of the buddhic force, but later this force will be set loose on earth via the medium of the Great Lord, operating as an aspect of the Logos, and as a focal point for the consciousness and energy of the Buddha."

It is well nigh impossible to relate the Planes of Consciousness as given by Bailey's Arcane School and Theosophy, with the designations given by Dion Fortune and Kabalists of the Western Tradition; but I believe we would be safe in saying that the buddhic force mentioned above corresponds to what we call the abstract mental level, manifesting as intuition. The forward push to the Life Sciences given by the Space race, research in ESP and the psychedelic drugs, are helping to open up this level of consciousness now.

"It is this impending probability which is held in mind during the century at the annual recurrence of the Wesak festival. Students would do well to further the ends of the occult Hierarchy by a similar concentration at the time of the festival, thus setting up currents of thought which will have a great appeal in the occult sense of the term."

Those of us under the Christian dispensation would prefer concentration at the time of Christmas and Easter, seeing that these have far more meaning to us in relation to the Great One, than does Wesak.

"REACTION AGAINST CRIME, SOVIETISM AND EXTREME RADICALISM"

"Indication of the nearing of this event will be seen in the reaction which will be set up during the next twenty-five years (from 1925) against crime, sovietism, and the extreme radicalism which is now being made use of by certain powers to achieve ends contrary to the plans of the Lord. The era of peace will be ushered in by a gathering together on earth of the forces which stand for construction, and development, and by a conscious deliberate banding together of groups in every land who embody the principle (as far as they can vision it) of Brotherhood. Watch the signs of the times and be not discouraged over the immediate future."

The writer of the above paragraph, and her Adept Teacher, must have been fully aware of the approach of World War II, only 14 years away, when the radicalism of the left, Sovietism, and the radicalism of the right, Naziism and Fascism, would be locked in a gigantic struggle in eastern Europe. Idealistic America, chosen by the occult Hierarchy to carry the torch of Brotherhood, united the Free World in the successful
defense of democracy against the right wing radicalism of Europe, Catholicism, and the right-wing radicalism of Japan, Shintoism. Only recently has it come out that Pope Pius XII fondly hoped that America would join up with Germany and Italy in attempting to destroy the Church's great enemy, left wing radicalism in Russia, Communism.

This is not to be. Communism has a dirty job to do, destroying crystallized societies where the common people are enslaved by an interlocking oligarchy of Church and landed aristocracy. We see this break-up, in preparation for Christ's coming, going on in South America and even more clearly in South Vietnam. There, two extreme right wing organizations, Catholicism and Buddhism, are scrapping with each other to maintain the old way; while from the north, Communism exerts inexorable pressure for change. Nor is it likely that American efforts to prop up the past will be successful against the tides of change toward brotherhood and peaceful coexistence, there or anywhere else for long.

THE GOLDEN MEAN OF THE CHRIST

Democracy, or true representative government, by which all adult citizens of a nation have a voice in choosing their leaders, is the Golden Mean of the Great One who is the World Teacher. Such terms as United States, United Nations, express His ideal of brotherhood at the political level. Those who resist the irresistible pressure of His will toward this ideal will be destroyed in the birth pangs of the New Age. This is the terrible side of Love which few Mystics care to admit or face up to. When an Avatar comes announcing a New Age, the Old Age must go, whether we like it or not! This is why Bailey wrote "be not discouraged over the immediate future. The appearance of the Great Lord on the astral plane (whether followed by His physical incarnation or not) will date from a certain Wesak festival at which a mantram (known only to those attaining the seventh Initiation) will be pronounced by the Buddha, thus setting loose force, and enabling His great brother to fulfill His mission.

"Hence the gradual recognition of the Wesak festival, and its true significance in the occident is desirable, and the opportunity will be offered to all who are willing to place themselves in the line of this force, and thus become vitalised by it, and consequently available for service. The reaction mentioned above, will also become possible through the pressure brought to bear by the present children, many of whom are chelas and some initiates. They have come in to prepare the way for the coming of His Feet."

In "The Masters and the Path", page 301, Leadbeater writes: "The occasion selected for this wonderful outpouring is the full moon day of the Indian month of Vaisakh (called in Ceylon Wesak, and usually corresponding to the English May), the anniversary of all the momentous occurrences of His last earthly life -- His birth, His attainment of Buddhahood, and His departure from the physical body. In connection with this visit of His, and quite apart from its tremendous esoteric significance, an exoteric ceremony is performed on the physical plane at which the Lord usually shows Himself in the presence of a crowd of ordinary pilgrims. . . in a little valley on the northern side of the Himalayas,
not far from the frontier of Nepal, and perhaps about four hundred miles west of Lhassa...

Below, from the same book, we have reproduced Leadbeater's simplified diagram of the occult hierarchy of this planet.

THE LOGOS

According to Leadbeater, Lord Buddha is the most advanced member of our human life-wave on this planet. As none here are yet capable of carrying the load of the higher offices of occult world government, the positions have to be filled from elsewhere. It is said that the Kumaras are from Venus. No doubt Dag Hammerskjold was one of their most apt pupils at the physical level.

The present Bodhisattva is known as Lord Maitreya in the East and as Christ in the West. As World Teacher he overshadows and inspires the
Saviors of every race, nation and religion. Anyone in a leadership position, whether it's the head of a family, or the head of a nation, draws on the power and influence of the Manu. He represents the Will or First Ray aspect of the Creator.

THE FATHER OF OUR COUNTRY

In the flesh, the President in office represents the Will of the Logos in America, but our true First Ray exemplar is President and General George Washington. The other two aspects of the Logos at the national level would be Congress as the hand of God, the five "fingers" directing the activity of the nation, and the Supreme Court as the 2nd Ray, or Wisdom aspect of creation. I would put Abraham Lincoln and Jack Kennedy here, also, and Thomas Jefferson on the Third.

Above our national occult trinity are the Ray Chohans who achieved full freedom from the flesh in earlier times and civilizations. Not all of them have been identified with historical characters.

THE STAR LOGOI OF THE SEVEN RAYS


Morya apparently had no Western embodiments. Kuthumi was the Greek philosopher, Pythagoras. The Venetian, 3rd Ray Chohan, has not otherwise been identified, though I have read somewhere that he was the painter, Paolo Veronese, of 16th Century Venice. Serapis Bery's last embodiment was Egyptian. Hilarion was St. Paul, of the Bible, and also a neo-Platonic philosopher, Iamblichus, of Fifth Century Athens. His Ray, the Fifth, of ordered knowledge, has tremendous influence now because of the dominant role of science in our society. Jesus you know, or should know, as the Savior of our race. His Ray, the Sixth, has been dominant for two thousand years.

The Chohan of the Seventh Ray, the Count, has had many embodiments in Europe since his martyrdom as a Roman Soldier in England in the 2nd Century A.D. So, he is one of the Christian saints of that nation, St. Alban. Later on he, too, was a member of that wonderful school of Platonic philosophy in Athens in the Fifth Century, Proclus. Then followed a series of lives, each of which made a salient contribution to that new civilization developing under the Christian dispensation in Europe. As Roger Bacon in the 13th Century he delved deeply into science and strove in vain to break the stranglehold of Catholic Scholasticism on the minds of men. As Christian Rosenkranz in the 14th he was an occult philosopher who established the Mystery School which still bears his name. As Hunyadi Janos in the 15th he became the greatest of Hungarian patriots in a lifelong military career which successfully turned back the Turks, time and again, and saved the newly flowering European culture from being crushed by an alien power.

In the late 16th and early 17th Centuries, as Francis Bacon, this great Mind, through his philosophical writings, through the Plays put out under the name of Shakespeare, through his supervision of the wri-
tong of the King James version of the Bible, and its publication, gave
form and beauty to the English language. He was the guiding genius be­
hind much of the English exploration and settlement of America, making
it a predominantly Protestant nation. For this, Bacon earned the undying
enmity of the Roman Catholic Hierarchy, who confidently expected to add
all of America, North and South, to the Holy Roman Empire, and give us
a Spanish or Portuguese Catholic culture, of the kind we see in Brazil
today.

Through his public encouragement of the fearless search for Truth,
Francis Bacon is considered to be the father of modern science. As one
reviews this astounding series of lives, it becomes increasingly clear
that this Master deserves the title, The Regent of the West. The im­
print of his many earthly careers in the Western hemisphere are indel­
ibly stamped upon our society, shaped our thought, made us what we are.
You may be sure that He is more deeply involved in the present crisis
than we are. He is quite willing to suffer the labor pains which sig­
nal the birth of the New Age; for it is said that His Seventh Ray will
dominate the next two thousand year cycle as the Sixth Ray of the Master
Jesus dominated the last. Now, back to Alice Bailey's "Treatise on Cos­
mic Fire":

WHEN THE HOUR COMES

"When the hour strikes (five years prior to the date of His des­
cent) they (the "present children" of 1925) will be in the full flower
of their service and will have recognised their work, even though they
may not be conscious of that which the future holds hid.

"When the hour has come (and already a few cases are to be found),
many cases of overshadowing will be seen and will demonstrate in a three­
fold manner. In all countries, in the orient and occident, prepared
disciples and highly evolved men and women will be found who will be
doing the work along the lines intended, and who will be occupying
places of prominence which will make them available for the reaching of
the many; their bodies also will be sufficiently pure to permit of the
overshadowing. It will only be possible in the case of those who have
been consecrated since childhood, who have been servers of the race all
their lives, or who, in previous lives, have acquired the right by Kar­
ma. This threefold overshadowing will manifest as:

"First. An impression upon the physical brain of the man or woman,
of thoughts, plans for work, ideals and intentions which (emanating from
the Avatar) will yet be unrecognised by him as being other than his own;
he will proceed to put them into action, unconsciously helped by the
force flowing in. This is literally a form of higher mental telepathy
working out on physical levels.

Second. The overshadowing of the chela during his work (such as
lecturing, writing, or teaching), and his illumination for service.
He will be conscious of this, though perhaps unable to explain it, and
will seek more and more to be available for use, rendering himself up
in utter selflessness to the inspiration of his Lord. This is effected
via the chela's Ego, the force flowing through his astral permanent atom;

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and it is possible only when the fifth petal is unfolded."

The Teacher here is referring to the one of the divisions of a force-center in the astro-mental body, likened unto the petals of a flower. When activated by the fire of service it is said that clairvoyants see these force-centers as rapidly spinning "wheels", thus the Hindu word "chakra". In our Western Mystery Tradition these correspond to the Sephirah on the Tree of Life.

TRANCE-MEDIUMSHIP

"Third. The conscious cooperation of the chela is necessitated in the third method of overshadowing. In this case he will (with full knowledge of the laws of his being and nature) surrender himself and step out of his physical body, handing it over for the use of the Great Lord or one of His Masters. This is only possible in the case of a chela who has brought all the three lower bodies into alignment, and necessitates the unfolding of the sixth petal. By an act of conscious will he renders up his body, and stands aside for a specific length of time."

We are told that Jesus, or Jehoshua, initiate in the Essene Mystery School of his day, offered himself as a vehicle for the three years of Christ's ministry in Palestine two thousand years ago. Thus the term Jesus Christ for our Savior is appropriate, but this also accounts for much of the orthodox confusion concerning the legends and the facts of those two great Christian events, the first Christmas and Easter. Understanding of the third method of overshadowing outlined above should help clear it up.

"These methods of overshadowing will be largely the ones used by the Great Lord and His Masters at the end of the century, and for this reason They are sending into incarnation, in every country, disciples who have the opportunity offered them to respond to the need of humanity. Hence the need of training men and women to recognise the higher psychism, and the true inspiration and mediumship, and to do this scientifically. In fifty years time (by 1975), the need for true psychics and conscious mediums (such as H.P. Blavatsky, for instance) will be very great if the Master's plans are to be carried to fruition, and the movement must be set on foot in preparation for the coming of Him for Whom all nations wait. In this work many have their share, provided they demonstrate the necessary endurance.

"Naturally, the first group will be the largest, for it does not necessitate so much knowledge, but more risk is entailed with them than with the others -- the risk of a perversion of the plans, and of disaster to the unit involved. The second group will be less numerous, and the last group will involve only a handful, or two or three in certain countries. In this case, it will be very true that, through sacrifice, the Son of Man will again tread the highways of men, and His physical incarnation be a fact. Very few will be thus available for His use, as the force He carries requires a peculiarly resilient instrument, but due preparation is being made.

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TAKING A PHYSICAL VEHICLE

"Again the method of direct incarnation will be employed by certain Masters and initiates through the process of:

a. Physical birth.
b. Appropriation of a suitable vehicle, or body.
c. Direct creation by an act of will. This will be rare.

"The second, or middle, method will be the one most frequently employed. Six of the Masters, as yet quite unknown to the average occult student by name, have already sought physical incarnation -- one in India, another in England, two in northern America, and one in Central Europe, whilst another has made a great sacrifice and taken a Russian body in the desire to act as a peace centre in that distracted land. Certain initiates of the third Initiation have taken feminine bodies -- one in India will in due time do much toward the emancipation of the women of India, whilst another has a peculiar work to do in connection with the animal kingdom which likewise is awaiting the day of His appearing.

RELIGIOUS REFORM IN THE WEST

"The Master Jesus will take a physical vehicle, and with certain of His chelas effect a re-spiritualisation of the Catholic churches, breaking down the barrier separating the Episcopal and Greek churches from the Roman. This may be looked for, should plans progress as hoped, about the year 1980."

This reform is under way and was initiated by the late Pope John XXIII with the first Ecumenical Council a couple of years ago. The Cardinals and Bishops are running scared now, trying to catch up with modern times and save their little empires of wealth and power. They wont succeed. Did not the Master say: "Verily I say unto you, it is easier for a camel to go through a needle's eye, than for a rich man to enter into the kingdom of God." Matthew 19:24.

The reform is not likely to come from the present Roman Catholic Hierarchy, especially those prelates born before the turn of the century. They are still weighed down with 19th Century ideas of autocracy and class-consciousness. The "Caesar" of them all here in America, of course, is Cardinal Spellman of New York, 76. He is the unnamed member of the semi-secret 54/12 group -- those un-elected men who set national policy in Washington. No, reform of the Church will come from younger men, priesthood and laity, under the pressure of their present-day needs for religious freedom. The natural idealism of the American and his desire to cooperate will help bring it about. Here is a good example, an Associated Press dispatch from Palmyra, Missouri for Dec. 20, 1964, in the Los Angeles "Times": "The Rev. Richard H. Jaker, 27, was ordained an Episcopal priest Saturday while a Roman Catholic priest read the litany. Southern Baptist, Assembly of God, Methodist, Disciples of Christ, Presbyterian and other Roman Catholic clergymen marched in the procession. It was probably the first ecumenical ordination in history. The service was held in St. Paul's Episcopal Church -- built of gray field stone in 1875. Episcopal and Roman Catholic priests wore vestments. Other clergymen -- including one Negro minister -- were dressed either in black
robes or business suits as they followed the choir. "I am thankful for this service which typifies the ecumenical movement in the world today," said the Rt. Rev. George L. Cadigan, Episcopal Bishop of Missouri.

SEPARATISM LOCKED IN, IN EUROPE

The all-embracing Love of the Christ has tremendous opposition in the political and social structures of Europe. The racial drive of the European nations is toward a fierce individualism. It seems that the societies of these 4th and 5th Subraces will have to be rebuilt from the ground up before the Christ ideal of brotherhood and cooperation can be expressed there by 1980! Look at this State opposition to Protestantism in Greece and Spain.

"ATHENS (AP) Dec. 15, 1964: The Greek government has denied permission to Athens members of the Church of Christ to worship in a private building, the Rev. Orlan Miller reports. Mr. Miller, from Little Rock, Ark., said Greek police have threatened to jail Church of Christ members if they continue to congregate and worship in a private building at an Athens suburb. Up to last summer, members of the Church of Christ met in a building at the U.S. Athenal Air Base, 10 miles south of the Greek capital. For space reasons, a building was rented off base and services begun there. After several services were held, Mr. Miller said, Greek police ordered them to stop or face arrest. No reason was given. . . The Greek constitution provides for freedom of religion, but Greek Orthodoxy is the state-sponsored religion. . ."

"MADRID (from Richard Mowrer, Chicago "Daily News", LA "Times" for Dec. 17, 1964): Legislation to protect Spain's non-Catholic minorities against discrimination on religious grounds bogged down. There is no hope that the draft project, seven years in the making, will become law by Christmas as Protestant leaders had hoped. Reasons for the delay are postponement of a vote at the Ecumenical Council in Rome on the declaration on religious liberty and, prior to that, a powerful resurgence here of opposition to the proposed legislation. The new attack came during a ministerial meeting Sept. 30. It split Generalissimo Francisco Franco's cabinet and it was decided to shelve the issue pending developments at the Vatican council.

"Sponsors of the bill, foremost among them Foreign Affairs Minister Fernando Maria Castiella, relied on positive action at the Vatican to force the hand of the diehards here. But in Rome the expected vote on religious liberty failed to materialize. It was postponed to the fourth session on the Ecumenical Council, for which no date has been set."

Mowrer writes that the Franco cabinet deadlock was surprising because earlier "the hierarchy of Spain's Roman Catholic Church had indicated it was satisfied that the proposed legislation would not harm the Catholic unity of Spain." But this was only propaganda put out to allay the fears of Protestant Americans, and to which individual members of Spain's Roman Catholic Hierarchy didn't even render lip service! Mowrer quotes the Bishop of Zaragoza: "Spain is not yet mentally, psychologically or socially ready for the exercise of religious freedom." And the Bishop of Bilbao: "No Catholic can defend the principles of freedom.
of worship." And the Bishop of the Canary Islands said that the new law permitting Protestant worship in Spain "is a disaster that will lead to spiritual civil war. . . . Let us pray that the regulations for non-Catholics shall not be imposed on Spain."

1980 is only fifteen years away. As the irresistible Will of the Great One known as the World Teacher imposes the new morality on the world, there will indeed be a disastrous spiritual civil war as feared by the Bishops, but disastrous only to those who resist the tides of change. Now to conclude the quotes from Bailey's Fire Treatise.

EMPHASISE THE LOVE ASPECT

"The Master Hilarion will also come forth and become a focal point of buddhic energy in the vast spiritualistic movement, whilst another Master is working with the Christian Science endeavor in an effort to swing it on sounder lines. It is interesting to note that those movements which have laid emphasis so strongly on the heart or love aspect, may respond more rapidly to the inflow of force at the Coming than other movements which consider themselves very advanced. The "mind may slay" the recognition of the Real, and hatred between brothers swing the tide of love-force away.

"The three Masters so closely allied with the theosophical movement are already making Their preparations, and will also move among men, recognised by Their Own and by those who have eyes to see. To those of Their chelas on earth who undergo the necessary discipline, opportunity will be offered to work on the astral plane and, should they so choose, an immediate incarnation, provided they have achieved continuity of consciousness. He who is known as D.K. is planning to restore -- via His students -- some of the old and occult methods of healing and to demonstrate:

a. The place of the etheric body.
b. The effect of pranic force.
c. The opening up of etheric vision.

"It is not possible to say more in connection with the plans of the Great Ones. Their appearing will not be simultaneous in time, for the people could not stand the tremendously increased inflow of force, and recognition of Them and of Their methods will depend upon the intuition and the training of the inner senses. They come with no herald, and only Their works will proclaim Them."

* * *

If you want to expand your consciousness to where you can become more directly aware of the Great Ones and their work for mankind in the next few years, sign up for training with one of the physical plane Mystery Schools, such as Alice Bailey's Arcane School, 11 W. 42nd St., New York 36; however, this School is Eastern in its connections. We offer a series of Studies based on the Western Mystery Tradition, which looks to Jesus, St. Germain (Francis Bacon), and Hilarion (Paul) as its mentors. Send for JSRA No. 22, 50¢, post and tax paid.

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EVIDENCE FOR THE REALITY OF THE ETHERIC

All Master Teachers Seem To Agree That Etheric Vision, Vitality, and the General Reality of the Etheric Worlds Will Be Ours In the New Age. We Believe This Article On Menehunes from The Honolulu "Advertiser" by dob Krauss, Saturday, Oct. 24, 1964 Is a Case In Point.

Yesterday when I drove up to 85-904 Imipono St. in Waianae, the house the menehune visited, a class of first graders was seated on the lawn looking at the tiny footprints. The lady of the house, Mrs. Andrew Choo, said the crowds began arriving about 7 p.m. Thursday and stayed until midnight.

All day yesterday people kept driving up to stand and stare at the footprints in the mud under a small plumeria tree. As one group of school children left, another came marching down the street. Police came to measure the footprints. The telephone never stopped ringing. Petite Mrs. Choo repeated to me what she had been telling visitors ever since her 11-year-old son, Mark, had watered the front lawn between 5:30 and 6 p.m. Thursday.

"He said he thought he heard somebody behind him," Mrs. Choo said, "he turned and there was a menehune dressed in a malo, cloak and helmet. He was about as high as the mailbox," Mark said. "He walked around the corner of the house and disappeared."

As evidence Mrs. Choo showed me two sets of footprints in the mud under a small plumeria tree, one set at the corner of the house and five muddy footprints going up the wall and half way across the picture window. Mrs. Choo also clutched a drawing made by her son Thursday night of the menehune. The drawing shows a bearded man in a malo and Hawaiian type cloak and helmet.

Did Mark really see a menehune? Are the footprints real? Is the whole thing a hoax? These are the questions that are puzzling residents of this sleepy community. To me the footprints looked suspiciously like those children like to make in the dust using the back of the edge of the hand for the imprint of the heel and ball of the foot, and the finger tips for the imprint of the toes. Yet Mark, his mother and every Hawaiian in Waianae are convinced that the menehune DID appear.

Auntie Abigail Pilihaau, age 70, arrived about noon to pronounce her judgment. She took one look and announced that they were those of a menehune. As we stood in the street, surrounded by a crowd of goggle-eyed spectators, Aunti Abigail explained that that the area surrounding us is called Waioli.

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"This is the home of the menehunes of Waianae," she said. "Even years ago when Waianae was a sugar plantation, they never planted cane here because this is where the menehunes live." She pointed in the direction of Makaha. "See that river? (A stream flows nearby). There is a cave in the bank that is the home of the menehunes. Right along here is the path they use to get to that ridge over there."

Auntie Abigail pointed toward a nearby ridge. "That's where they get their rocks to build with. The plumeria tree (planted only a few days ago) is in their path. That may be why the menehune showed himself."

The reaction of the faculty at Waianae Elementary School which Mark attends was considerably different. Yesterday morning principal Robert Moore called Mark's mother to say he felt the boy had imagined seeing the menehune. According to Mrs. Choo, a rather sharp exchange followed.

"He told me supernatural beings don't leave tracks," she said. "I asked him if he had ever seen a supernatural being? Mark wouldn't make up a story like this. Besides, he doesn't believe in menehunes."

When I arrived at Waianae School, principal Moore was still suspicious of the whole thing. "I have two reasons," he said. "First, supernatural beings don't leave tracks. Second, the boy's class has been studying menehunes and old Hawaiian legends for several days."

The principal would not say that Mark had made the story up. But he said he felt it might be a hoax played on the Choo family by other members of Mark's class. (Mrs. Choo ruled out that possibility because, she said, no one could have made the footprints without Mark seeing them.)

"Have you asked the boy about it?" I asked the principal.

"No, perhaps I should," he answered.

So the principal called in the boy who had seen the menehune. Mark is a handsome, intelligent lad with a face that makes you think immediately of a pixie. His eyes turn up at the corners, his mouth is full and mobile and he has a round, elfin chin.

"Did you see a menehune?" principal Moore asked.

"I guess so," Mark answered bashfully.

The boy then told much the same story his mother told me. He was shy but calm, and obviously certain of his facts. Was the menehune fat or thin? "Sort of stocky," answered Mark.

Was Mark excited when he saw the strange little man? "I don't know what I was. He smiled at me, sort of mischievous, and then walked away. He had big eyes, like a cat. He walked real slow. When he went around..."
the corner of the house, I got excited. I wanted to follow him but he disappeared."

Did Mark tell his mother of the unusual occurrence? "I was going to. Then, somehow, I picked up the hose and went on watering."

Did Mark smell anything unusual? "I smelled something like a cracked kukui nut."

Could the menehune have been a youngster wearing a mask? "No, because he smiled and you can't smile with a mask."

Then I tried a few questions. I said, "Mark, I have a little boy exactly your age. He likes to play army and imagine he's a commando. Do you ever imagine you are a commando?"

Mark answered immediately, "No, because my big brother always wants to be the commando."

I tried again. "On Halloween, have you ever seen a witch or goblin?"

He nodded.

"I mean a real witch or a goblin."

He answered positively, "I don't believe in things like that."

Finally, to Mark's great relief, Mr. Moore said he could go. The principal thoughtfully watched him walk out of the office. We looked at each other. "Of course, it may just be that he DID see it," said principal Moore slowly. "Maybe you and I are the ones who are wrong."

* * *

Mark's drawing of the menehune is copied above, from the reproduction of his original in the Honolulu "Star-Julletin". We received several clippings on the story from Hawaiian Associates. Malo is Hawaiian for loin-cloth. To other reporters Mark said that the cape was red and the helmet white. The elemental's beard was white also. The fact that this Hawaiian elemental walked up the wall of the house and across a picture window, leaving muddy footprints is evidence. This reminds us of M.K. Jessup's review of the famous "Devil's Footprints" case on page 153 of "The Case for the UFO", from the April-May 1952 "Fate". It happened Feb. 7, 1855 in South Devon, England and the horse-shoe shaped prints were traced for miles in new-fallen snow, in a single line across fields, over hayricks, through 14-foot walls, etc. It was as though the snow were burned away rather than pressed down.

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THE PRICE OF GOLD WAS RAISED LAST YEAR

Comment and Quotes on the Visible and Invisible Influence of the Metal of Tiphareth in Our Lives.

Of course the price of gold wasn't actually raised last year, but the supply of available money in our hands was increased by over ten billion dollars, so the effect was the same! President Kennedy wanted to increase the nation's money supply to finance his ambitious plans to improve the nation. But neither the President nor the Congress set the price of money in America. This authority was handed over years ago to the God of Gold in Zurich or Rome, where our biggest bankers make their annual pilgrimages to worship.

But there are two ways to control the supply of money: the power to issue it, and the power to take it back. Our elected representatives voluntarily gave up the first power to private interests, but the second power is not wholly theirs because the government, our government, still collects taxes. It was on this second power that Kennedy saw his opportunity to extend the prosperity of the nation, with a big tax cut.

In your Director's opinion, this is one of the major reasons for Kennedy's assassination, he defied the God of Gold in Europe. He paid with his life for that defiance, as did President Lincoln; but the tax bill which Kennedy placed before Congress was pushed through and signed by President Johnson. The threatening clouds of depression vanished in 1964 as ten billions in added purchasing power was left in the hands of the people.

The $64 trillion question before us now and for the next few years is who will have the authority to set the price of our money. Will the Bankers keep this authority which they have enjoyed since 1863? Or will the wave of reform set in motion by Jack Kennedy continue on to its ultimate and successful conclusion? Time will tell. Meanwhile, let us consider one or two occult points of view for a better understanding of money, and of gold!

JUDGE HATCH ON THE SPIRIT OF AVARICE

From his 43rd letter to Elsa Barker, in "Letters From a Living Dead Man", we get this view of the greed for gold from the Astral plane:

"Let us take a case of avarice. I have seen a miser counting over his gold, have seen the terrible eyes of the spirits which enjoyed the gold through him. For gold has a peculiar influence as a metal, apart from its purchasing power or the associations attached to it. Certain spirits love gold, even as the miser loves it, and with the same acquisitive, astringent passion. As it is one of the heaviest of metals, so its power is a condensed and condensing power.

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"I do not mean by this that you should beware of gold. Get all you can use, for it is useful; but do not gloat over it. One does not attract the avaricious spirits merely by owning the symbols of wealth -- houses and lands and stocks and bonds, or even a moderate amount of coin, but I advise you not to hoard coins to gloat over."

DION FORTUNE on GOLD in "THE MYSTICAL QABALAH"

Our favorite teacher of the Western Mystery Tradition relates gold to Tiphareth, the Christ Center on the Tree of Life, the 6th Sephirah.

"Tiphareth is called by the Qabalists Shemesh, or the Sphere of the Sun; and it is interesting to note that all sun-gods are healing gods; and all healing gods are sun-gods, a fact which affords us food for thought. . . (See Tree of Life, Page 13, Nov-Dec 1964 Journal)

"The symbol of the sun in the mineral kingdom is gold, pure and precious, which all nations have agreed in calling the metal of the sun, and recognizing as the most precious metal and the basic unit of exchange. The part played by gold in the polity of nations far exceeds its intrinsic utility as a metal. It is, moreover, the one substance on earth which is incorruptible and untarnishable. It may be dulled by the accumulation of dirt upon its surface, but the metal itself, unlike silver or iron, undergoes no chemical change of decomposition. Neither does water corrode it. . .

"The sun is, above all things, the symbol of manifesting energy; it is sudden, unaccustomed gushes of solar-spiritual energy that cause the divine inebriation of ecstasy. It is gold, as the basis of money, which is the objective representative of externalized life-force; for verily, money is life and life is money; for without money we have no fullness of life. Life-force, manifesting on the physical plane as energy and on the mental plane as intelligence and knowledge, can be transmuted by the appropriate alchemy into money, which is a token of the capacity or energy of someone. Money is the symbol of human energy, by means of which we can store up our output of work hour by hour, receiving it back as wages at the end of the week, and spending it on necessities or saving it for future use as we think fit. The gold which backs the banknotes is a symbol of human energy; though it may be the energy of a father or husband, transmitted through an heiress, yet nevertheless, it is the symbol of some human being’s activity in some sphere, even if it be only the sphere of company-promoting or burglary.

"The secret, underground movements of gold act in the polity of nations as hormones act in the human body, and there are cosmic laws governing their tidal and epochal movements which economists do not suspect."

Cosmic laws or no, the not-so-secret movements of American gold to Europe, at the whim of those who control the central banks there, must come to an end. The Great Society will never be more than a gleam in the eye of President Johnson unless the money-energy of the nation is free to finance it. That freedom can come only if control of our money is returned to our elected representatives. That battle for control, part of the Armageddon, is on now in Congress!

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Most people when asked about money will say that all they know about money is that they don't have enough. This is unfortunate. Money is a manufactured item. The amount of money available to the economy is determined by the manufacturers. And this amount -- usually called the money supply -- is one of the two or three most important influences determining business activity, incomes, prices, and economic growth.

Under the Constitution, it is the right and duty of Congress to create money. It is left entirely to Congress.

Congress has farmed out this power -- has let it out to the banking system, composed of the Federal Reserve and the commercial banks. Only these two can manufacture money, i.e., currency and demand deposits (checkbook money) which are instantly available to make purchases and pay bills. (Exactly how this system creates money will be explained in the body of the book, "Primer On Money".) None of the other financial institutions of any nature has this power to manufacture money.

The manufacturers of money possess immense power which, if properly used, can work in the public interest. But the same power, if abused, can be greatly detrimental to the national welfare. The power has been abused, and reforms are needed to promote the public interest.

The ability to manufacture money is the heart of the commercial banking system. Bank profits depend on the lending and investing of bank created money. Banks are given this privilege, of creating the very money they profit from, because they have an important economic function to perform. Banks provide the money which the economy needs to prosper and grow. This money is not unlimited. The banking system can only create so much money at any time. (Who decides how much money can be created, and how the decision is made effective is another subject dealt with in "Primer On Money".) Since money is limited, someone must decide where the best places are to put the available money and under what conditions. This the banking system does. Bank earnings are the return for the wise and proper placing of the money supply.

Banks forget their primary purpose

Individual banks are chartered primarily for the purpose of serving the areas in which they operate. The public interest is served if the bank creates money to satisfy the needs of its area, as far as possible, and help the progress of the community.

For some time now, banks have been forgetting their primary purpose.
They have become less and less interested in extending credit to the local businessman or farmer, especially if he is small. They have been reaching out and using their money-creating power to purchase long-term U.S. Government and tax-free municipal bonds. The Government, with its credit rating, doesn't need their money; their local areas do. But purchasing Government and municipal bonds is profitable and requires almost no time or paperwork.

**Absentee Ownership**

Bankers, like other people, can forget their duties and look at their activity purely from their own, narrow viewpoint — the level of bank earnings. When they do, their obligation to help the people of their area with expanded credit is shunted aside, they are no longer operating in the public interest.

Originally, there was a residence qualification for bank directors. They were required to reside with the same limited areas where the bank was to operate. The purpose of the requirement was to assure bank operation by local people who had the interest of the area at heart. State laws also required that bank directors live nearby.

These laws have been changed in recent years. Now only a certain number of directors must live in the locality. The others, in some cases, can live outside the State; in other cases, they are not bound by any residence requirements. Still other laws have been altered. Holding companies are now permitted, whose directors may live in another city or State, and who maintain control through local dummy directors. The local bank is then actually operated by absentee owners.

This, too, is a serious matter and requires careful attention. The independent bank, locally owned and operated, is a bulwark of strength in our country. Its disappearance is an abuse and should be stopped. If the present trend continues, the commercial banking system in the near future will be owned largely by absentee owners and a handful of financial centers.

**Banks Must Serve Public Interest**

The questions at issue do not include whether banks should be permitted to make ample profits from their money manufacturing franchise. Of course they should. Commercial banks are an important part of our economy. They have served our country well both in peace and war. The required reforms are called for only to assure that banks serve the public interest while earning their profits. The country needs banks and an efficient banking system. And banks must have fair profits to do an adequate job.

The Federal Reserve System, consisting of 12 regional Federal Reserve banks and the Federal Reserve Board in Washington, is the control organization guiding the money manufacturing process — as will be explained later. The System was created by Congress and is a creature of that body.

As the ultimate controller of the money supply, the Federal Reserve
has immense power. It is widely admitted that its influence on the level of business activity is significant. In fact, an important group of economists believes that the money supply is the main factor causing the ups and downs of the economy.

THE FED CREATES ITS OWN POLICY

Although a creature of Congress, the Federal Reserve is in practice, independent of that body in its policymaking. The same holds true with respect to the executive branch. The Federal Reserve neither requires nor seeks the approval of any branch of the Government for its policies. The System itself decides what ends its policies are aimed at and then takes whatever actions it sees fit to reach those ends.

This independent arrangement raises two major problems. First, in a democracy the responsibility for the Government's economic policies, which so affect the economy, normally rests with the elected representatives of the people: in our case, with the President and the Congress. If these two follow economic policies inimical to the general welfare, they are accountable to the people for their actions on election day. With Federal Reserve independence, however, a body of men exist who control one of the most powerful levers moving the economy and who are responsible to no one. If the Federal Reserve pursues a policy which Congress or the President believes not to be in the public interest, there is nothing Congress can do to reverse the policy. Nor is there anything the people can do. Such bastions of unaccountable power are undemocratic. The Federal Reserve System must be reformed, so that it is answerable to the elected representatives of the people.

TWO CONTENDING CENTERS OF POWER

Second, by tolerating an "independent" Federal Reserve, the country is in the position of having two control centers independently trying to guide the economy. The President and the Congress dispose of a major influence over the economy in their power to tax and spend -- their fiscal power. The Federal Reserve is the overlord of the money supply. If these two are not steering in the same direction, they can either neutralize each other or have the economy lurching in all directions. This is not a rational system for setting economic policy. It has given us trouble in the past, as the text of the Primer will establish, and will inevitably in the future.

But even more important than the problem of coordination is that of final control. When the "independent" Federal Reserve clashes with the President and the Congress, whose will prevails? Under the present regulations for appointment and tenure on the Federal Reserve Board, there is no pat answer. For all his power and responsibility for the welfare of the country, the President is not master, even with the approval of Congress, of the country's economic policy.

This is no mere theoretical debating point. Economic policymaking is a matter of choosing where to place the weight of policy. The Federal Reserve and the President sometimes make different choices. An example of that possibility has just occurred. The President and the
Congress together fashioned an $11 billion tax cut with the express purpose, among others, of helping to keep the economic upturn alive through 1964 and into 1965. Yet the President found it necessary in his annual economic report to Congress to ask the Federal Reserve not to nullify his efforts to reduce unemployment and raise incomes.

GIVE THE PRESIDENT A CHANCE!

Should the President have to ask any congressionally created body to go along with his policy as approved by Congress? Obviously not! The President is elected by the people. He should, by right, have a fair chance to carry out his policies and views. The Federal Reserve may advise and counsel but it must not be allowed to veto. Reforms are needed to achieve this end.

Just as "independence" is, the main fault of the Federal Reserve System -- an admirable system if conducted in the public interest -- is that too much power and control rests in the hands of people whose private interests are directly affected by the Federal Reserve's actions.

It is indisputable that the commercial banking community wields considerable power within the Federal Reserve. Each of the 12 regional Federal Reserve banks is operated by 9 directors -- 6 of them selected directly by the privately owned commercial banks. Further, the central decision-making body, which decides whether the System will press the accelerator or the brake, is the Federal Open Market Committee. (The Committee and its work are thoroughly discussed in the Primer.) The Committee has 12 members. Seven are so-called public members -- the members of the Federal Reserve Board -- who are appointed by the President and ratified by the Senate. They represent the public interest. The other 5 members are drawn from the presidents of the 12 regional banks. Each bank elects its own president by a vote of the nine-man board of directors, with six private bank-selected directors on it.

This is not all. When the Open Market Committee meets every 3 weeks in Washington, all 12 regional bank presidents participate in the discussion, though only 5 can vote. The "discussion" committee then consists of the 12 regional presidents and the 7 "public interest" board members. The 12 presidents, of course, are free to persuade as they see fit.

In addition, the Federal Reserve Board confers periodically with a Federal Advisory Council that both advises and consults on business conditions. The board of directors of each regional bank selects one member of the council, and he is usually a banker -- representing the bankers of his district.

MAXIMIZING PROFIT, AT PUBLIC EXPENSE

Here, then, is the private banker influence. What does this mean? It means simply that private banking interests are intimately if not decisively involved in determining the Nation's money supply and, consequently, the general level of interest rates. And interest rates are the very prices bankers charge for the use of their product -- money!
It means that decisions absolutely crucial to the public interest are arrived at by a body riddled with private interests, and these interests can easily conflict.

THE WISDOM OF WILSON

When the original Federal Reserve Act was being shaped in 1913, President Woodrow Wilson was aware of this conflict of interest. He refused to allow private bankers on any board that would have the power to fix interest rates or determine the money supply. When some prominent New York bankers asked for representation on the proposed Federal Reserve Board, Mr. Wilson asked, "Which one of you gentlemen would have me select presidents of railroads to be on the Interstate Commerce Commission to fix passenger and freight rates?"

But institutions evolve. By 1934 and 1935, with Congress totally preoccupied by the cares of the great depression, new laws were passed essentially setting up the Federal Reserve System as it is today: a powerful central bank, as opposed to a conglomeration of regional banks, with a strong private banking voice on the decision-making Open Market Committee.

The Open Market Committee, as presently established, is plainly not in the public interest. This committee must be operated by purely public servants, representatives of the people as a whole and not any single interest group. The Open Market Committee should be abolished, and its powers transferred to the Federal Reserve Board -- the present public members of the committee, with reasonably short terms of office.

Also, the Federal Advisory Committee should be enlarged and reorganized. Members should be chosen for the broadest possible representation of the public interest, their main qualification: ability.

THE PRIVATELY GUIDED FEDERAL RESERVE

It may seem strange, but Congress has never developed a set of goals for guiding the Federal Reserve policy. In founding the System, Congress spoke about the country's need for "an elastic currency." Since then, Congress has passed the Full Employment Act, declaring its general intention to promote "maximum employment, production, and purchasing power." But it has never directly counseled the Federal Reserve.

The Federal Reserve has filled the vacuum itself. The ends its policies are intended to achieve are those chosen by the Federal Reserve -- all certainly admirable, but not necessarily those which the Federal Reserve should take on itself to pursue. For example, there have been times when the Federal Reserve has restricted the money supply and raised interest rates to gain an end, which had much better been left to another Government agency or the Congress to attain. The country could have had lower interest rates without sacrificing anything else.

Congress must be more explicit. Guidelines for monetary policy should be laid down. And an annual review of the Federal Reserve's policies should be held by the Senate and House Banking and Currency Com-
These criticisms and suggested reforms of the commercial banking and Federal Reserve systems are offered for one purpose: to assure that the needs of the people and their Government are served to the fullest possible extent. The commercial banking system has a clear-cut responsibility to its local area that it must fulfill. The Federal Reserve System can have only one consideration: the public interest. The Nation's monetary system cannot be governed by or for the private interest of any one group.

There is no room in these criticisms for anything that smacks of unsound money. Neither inflation nor deflation is wanted. What is wanted is prosperity and high employment under the terms of the Full Employment Act. Our banking system, possessing the great monetary power of the United States, must serve that end.

* * *

The above article is actually Rep. Wright Patman's Introduction to his "A Primer on Money", published by the U.S. Government Printing Office for the use of his House Committee on Banking and Currency. This 144-page summary of our money system -- and how it is operated at a great profit by the bankers -- should be a text-book in every economics class in United States schools! Perhaps it will be some day if Patman's dream comes true. You can purchase the Primer from the Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402 for 40¢. While you're at it you might as well order also a copy of the Committee's 90-page report, "The Federal Reserve System After Fifty Years", for 30¢.

If the above appear too formidable to you, write to Rep. Wright Patman directly, 1136 Longworth House Office Bldg., Washington, D.C. 20515, and ask for a printed copy of his talk, "The AsCs of America's Monetary System", given before the 88th Congress on Aug. 3, 1964. He'll be glad to hear from you and to know of your interest in his life-long goal of returning control of our nation's money supply to the hands of our elected representatives, where it belongs by Constitutional law.

The very fact of Patman's becoming chairman of the powerful House Committee on Banking and Currency, after over 30 years in Congress, is one of the very changes toward social reform foreshadowed in the leading article in this Journal, "The Coming of the Great Ones". It is so easy to dream about the Second Coming of the Christ, and the Golden Age which is supposed to be a part of that Coming, but the fact of its establishment at the physical level will be accomplished only by the blood, sweat and tears of such public servants as Wright Patman. Let us hope and pray the Evil Forces which engineered the murder of Kennedy are prevented from doing the same before Representative Patman succeeds in bringing his dream to fulfillment.

* * *
WHAT IS MANA

by Max Freedom Long

Condensed from his "Huna Vistas" bulletin for November 1964

"Science" contends that there is no such thing and has no classification for "life force", either as a physical force or a mental one. As to there being a special nervous force which makes Mesmerism or Hypnosis effective. This, according to scientists, is foolishness. To them all is suggestion, but they do not attempt to tell the difference between the suggestion that demonstrates its effectiveness only when the subject sees fit to accept it; and the command suggestion of the hypnotist which his conditioned subject cannot refuse to accept and obey.

In the matter of there being a possible "spiritual power" -- our High Mana -- all is vast and scientific silence. However, the Physiologist recognizes the fact that all living things must have a form of life energy, regardless of what it is or how it is come by. The plant has to have its variety of the life force, but seems to make it with scant use of the oxygen in the air. The aquatic forms of life draw oxygen from water unless they rise to the surface of the water periodically to breathe air -- which is a much richer source of oxygen.

The prana of India is a little more complete as a concept than the scientific one which we have just listed. But while Huna looks upon mana as a basic life force which is manufactured in the organism from food elements which it can utilize, the Indians taught that the force was drawn in from the blanketing "cosmic life force", stored in the ethereal double, with its chief center being in the breast. The word, prana, is Sanskrit and means "breath". (I am quoting Powis Hoult in his "Dictionary of Theosophical terms".) Because prana means "breath", it is probable that it was so named because of the connection between accumulating mana and the HA Rite of breathing introduced by migrating kahunas. It may also be quite possible that the Sanskrit-speaking sages of India rejected the use of the kahunas' word, "mana", because in their language it meant "To measure, or a measuring with the mind or by physical means". The same word as "manas" meant "mind"... so the word for "breath" was selected.

It is interesting to compare the basic word meanings in Sanskrit with those in the language of the kahunas. Mana meant only "a force", be it ordinary physical or ordinary mental or even supernatural force. But the Polynesian word for "breath" contained the same general implications as in Sanskrit. It was ha-nu, in which ha is "to breathe hard, and the number four", while nu has as one of its several meanings, that of "to think". (This balances nicely the Sanskrit if we combine prana and manas.) But the "sacred language" of the kahunas did not stop there...
with its careful symbology and code meanings. "Breath" was also *ahō*, which means "a cord", and which immediately reminds us of the *aka* cord over which mana, once accumulated, is sent to the High Self in the use of the Ha Rite of prayer. An odd secondary meaning of *ahō* is, "It is easier; it is better." In this we can see the belief that to use the

**IMPORTANCE OF RHYTHMIC BREATH**

In this we can see the belief that to use the Ha Rite and get the help of the High Self was easier and better than to work alone as a middle and low self pair. A third word for "breath", *ea*, was most significant as it had a variety of meanings which coded the sending of mana to the High Self. The chief ones of the code meanings were: (1) To call or to answer to a call, coding the contact we make with the High Self in the Ha Rite. (2) To lift up; to rise, as water. This codes the lifting up of mana, its symbol being water. (3) Dust raised by wind. Here we have the thought-forms of the prayer symbolized as particles of dust, and the breath as the wind -- these giving us the sending of the prayer to the High Self through the use of the "wind" as the "strong breathing" of the Ha Rite. *Hana mana*, in Hawaiian is "make mana", and in hana we have the prime root indicating in the ha the use of breathing, strongly, four times, then, as indicated by the root *na*, to become "quieted" or momentarily passive, when we apply this meaning to the rhythmic taking of four breasts to aid in accumulating a surcharge of mana.

Another significant meaning is to be found in *hoa-mana* or "to cause mana", and this is "to worship". This, of course, is not just accumulating mana. It is also the sending of the mana to the High Self.

In its nature, mana resembles in its action the static electricity which can be accumulated in various ways and stored in various substances. But it acts in a quite different way. It seems not to be polarized or to leap, as does the static charge from the more charged substance to the less to balance energy. Mana acts as if it contained the ingredient of intelligence. It leaps or flows only when the command of mind is given. It appears also to be involved in the handling of the clusters of thought-forms, as in hypnosis -- a process in which the mana of the operator is sent to the subject, carrying thought-forms embodying the suggestion. In some ways these thought-forms of suggestion seem to be able to take and retain a charge of mana with a higher potency, causing the low self of the subject to react to the suggestion. The iron in the composition of the blood, and the fact that it picks up the oxygen from the air in the lungs and carries it along to burn the blood sugar present also in the blood, hints that mana may have some relationship to magnetism -- in the latter a stationary magnetic field being formed and remaining fixed unless acted upon by some other substantial object to disturb the field.

**ARTIFICIAL MANA FROM VITIC**

In our search for a way to make artificial mana, the holding of a magnet in the hand has been popular from ancient times. In modern times there came the idea of holding a magnet in one hand and a rod of hardened carbon in the other, the supposition being that a force would be
generated and stored in the body. The force was given the name VITIC, and in the old HRA Bulletins of late 1951, Nos. 64 and 65, Vitic was noted and discussed after Meade Layne had opened the subject in his Round Robin releases.

Mana, as "od" had long been known in psychical research circles, and Reichenbach had experimented with it for some time, his prize demonstration of the lines of the force being in showing that a certain entranced medium could lift objects such as scissors from the table without actually touching them. A considerable time later, Brian Crow, in his book, "Dynamic Power of the Inner Mind", wrote about the possibility that the ancient Egyptians had made vital force artificially. He told of the portraits of Egyptian priests and rulers, painted on the walls of tombs and showing that they held a round rod of something in each hand. He guessed that one rod was of magnetic rock or even of magnetized iron, and the other carbon, perhaps of hard coal.

GENERATING VITALITY WITH A GADGET

You will recall that Nicola Tesla, the electrical genius, whose P. A. reading shows that he was overshadowed and informed by a good spirit of high intelligence brought through some most valuable electrical inventions. In a similar way, one of the JSRA members, who is mediumistic, recently got the help of a spirit who claims to be none other than Mesmer, famous for his work with mesmerism, and a gentleman who, during life, depended greatly on magnets and magnetism in generating the mesmeric force which he used — or thought he was using. This spirit communicator gave instructions for constructing a new form of "vitic" making instrument, and a few evenings ago, Riley Crabb with his wife, Judy (whom all of you who know their work have come to look upon as a proper occultist in her own right), brought up a model recently built of the new instrument. It is rather simple and has a 6 inch circle of insulated wire mounted on a board with the ends of the wire slightly overlapping. Coming through a hole in the board at the center of the circle and protruding four inches at right angles to the circle, is a rod of iron painted with bronze paint. From shelves above and below the edge of the wire circle stick out alnico magnets, one above the iron rod and one below, their poles set so that they would attract each other. Then there is a six inch rod of hard carbon about an inch thick. To use the outfit one stands beside the instrument, relaxes, and takes hold of the iron rod with the left hand while holding the carbon rod in the right. Not facing the wire circle, but sidewise to it.

Our project for the evening was to test the instrument to see if it would increase one's natural charge of mana as measured by the pendulum. I measured the charge of one of the ladies present, and it caused my pendulum to swing in a normal 3 inch clockwise circle above her right palm. She then grasped the iron rod of the instrument with her left hand and held the carbon in her right — for about a minute — after which time she let go the instrument and I tested again with my pendulum, this time finding that it increased the size of its circle to almost double, indicating a much greater mana charge, provided my low self was measuring mana and reporting it. This was most convincing and exciting. I then tested my own charge and took my turn on the instrument, finding my nor-
mal charge also decidedly increased. Following that I tried accumula-
ing mana in the regular way with a few deeper breaths, and again tested
and found the charge large. With this large charge on board, I turned
and stood facing the wire circle of the instrument, its iron rod aimed
at my solar plexus. In a moment the charge vanished and measured well
below my normal, leaving me to wonder what had become of it.

I next tested with the pendulum to see what might be registered at
different points on the instrument, and found that just beyond the plane
of the magnets, and testing at a position facing the wire circle, I got
at the right of the circle a strong clockwise pendulum swing. At the
left, I got a similar swing but counterclockwise. At the top of the
circle the pendulum swung back and forth between my body and the wire,
while at the bottom the swing changed to a sidewise swing. In front
of the iron rod and over the carbon stick lying on the lower shelf of
the instrument, the pendulum made no movement and I judged that at those
points things were negative.

This is very new and exciting because it seems to offer a mechanical
way by which one can get a mana surcharge -- if it IS mana. Whatever
it is, I am all for trying to find out more about it and for getting
from the use of the instrument as much aid or information as possible.
Up to this point the interest in 3SRA circles has largely been confined
to the healing possibilities, first of the Lakhovsky Multi-Wave Oscilla-
tor instrument and now of the new Vitic Instrument. . . To date, Riley
tells me, some have had health benefits and some have not. The same
can already be said of the Vitic Instrument and its periodic use. As
a side effect, the MWO outfit seems to drive out eating companions. If
this turns out to be a reliable remedy for this serious trouble (obses-
sing entities, RC.), I will be ready to stand up and cheer at the top
of my voice. . . (3SRA brochures on Vitic and the Lakhovsky MWO are
available at a dollar each, post and tax paid, from 3SRA headquarters.)

TO GET BACK TO THE HA RITE

And the four-breath rhythm matter, may I say that in my own tests
the steady rhythm is good and fits in with what I have always done, but
when I try to count and to think about the significance of the four
numbers in Hawaiian, my low self forgets the job of collecting a mana
surcharge. My tentative conclusion is that the rhythm is the important
thing and that perhaps the breaths might well be taken in series, four
to a set.

HRA Ann Ober, of California writes: "I have been breathing experi-
mentally to see if four breaths are superior or not to previous methods
of accumulating mana which I have tried. I have tried everything from
taking fifteen breaths to taking only two, to see if I could establish
some kind of a norm. I find that a posture of merely standing with my
hands at my sides, relaxedly, before an open window, and taking four to
six breaths is as effective as anything I have yet tried for accumula-
tion. In addition, I find that if I hold each breath after a full in-
halation for just a 'graceful pause', or perhaps to the count of no more
than three, a good feeling of well-being accompanies the function which
may add to the amount of mana on hand. In fact, I have found that if I

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have that 'wilted on the vine' feeling that often happens in this hot weather, the above procedure will revive me promptly for another go at any activity I might have on tap. If I have a long Huna prayer session, I find that a pause to re-charge with mana in the middle of the prayer is often needed in spite of the precautions that I have taken beforehand, but the 4 to 6 breaths are as effective for me as taking more breaths seems to be. There seems to be an upper limit of effectiveness. (And I would add, perhaps to ones capacity to take and store mana in the aka body, mfl.)

FOUR-COUNT BREATHING

It may be that the FOUR angle on breathing is related to other things which we find indicated in the occult literature of past and present. The four directions were given much attention in ancient times, and the directions of up and down seem to have been reserved for heaven and hell. In astrology the four quarters of the year were important and were well marked on the horoscopy charts. In Holy Church one crosses oneself and this again covers the four cardinal points. Add the circle to the cross and we may have our Vitic Instrument with its four different energy indications at the four sides. It is interesting to speculate on how much may have been discovered in ancient times and then forgotten -- only to be rediscovered in bits.

* * *

We are grateful to Mr. Long for releasing his pendulum analysis of Vitic, to add to our little store of knowledge about this new-old way of generating extra vitality; and that four-fold, rhythmic breathing was an important part of the Ha Rite of the Kahunas. Here is more comment on rhythmic breathing from Sister Theresa Vandenberg, in JSRA 8-D, member of the Inner Circle talking through Mark Probert in San Diego:

"The 'giving of the Holy Ghost' -- I think you will find that in many occult teachings the Masters or Adept of these teachings have a way of giving the power of themselves to those whom they accept as disciples. Dr. Layne, in the teachings of Huna, the Masters of Huna can bestow the power of walking on fire to their followers, can they not? It is giving a part of their High Self to that of another. It is an awakening of the other's High Self. So you see, I know a little of Huna."

"This corresponds to the vital energy of the High Self?" asked Meade.

"Yes, and the way to revitalize that energy is by the proper attention to breath. Breath is life, and in your moments of meditation, I have learned, breathing is one of the roads to the golden knowledge. It stimulates the brain and frees it from toxic poisons."

"You mean a rhythmic breathing?" asked Meade.

"Yes."

"Counting and holding the breath?"

"Yes. Holding the finger to the nostril, breathing through one, then the other, exhaling from opposite sides alternately, is a good way; you are thereby producing a mental state of positive and negative."

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THIS CHRISTMAS WAS DIFFERENT!

"South Fork was demolished by the flood waters of the Eel River, everything floated away. The flood is so awful I can't even start to write about it. Redcrest is the only safe haven in thirty miles along Highway 101. We have been feeding 300 people, three times a day in a community kitchen. I cook for the three to eight shift."

(New Address) Associate Alvine Bullock
Redcrest Post Office
Humboldt County, California

Associates Charles and Alvine Bullock always had the welcome mat out for us, and for thousands of tourists, who passed by their charming Eternal Tree House shop and restaurant at South Fork on Highway 101 through the giant Redwood forest. They had been planning on making a change, from the forests 200 miles north of San Francisco to the mountains about 60 miles inland from here at Borrego Springs, but the cataclysm of Christmas 1964 caught up with them. Now it's difficult to realize from here that much of that beautiful highway, half a dozen towns, and a dozen bridges over which we crossed and recrossed the Eel and Russian rivers, are gone and will have to be completely rebuilt. This Christmas the Redwood empire died by drowning, scrubbed clean by torrential rains. Now it must be born anew -- though the event has scarcely been one for celebration! Why don't you drop Alvine and Charley a line or two of encouragement, and a buck for good luck in 1965. We'll extend their membership another year.

Alvine often sent us clippings from the Eureka paper, the "Humboldt Times". On Thursday, Jan. 7th, Neil Hubert of the Eureka paper toured the Eel and Klamath river area by helicopter. Here's a portion of his report, from the LA Times for Jan. 9th: "We couldn't believe what we were seeing. The most startling thing was Bluff Creek. Where it empties into the Klamath, it had completely changed its course and ripped through a mountainside. Highway 96 just terminates in space. Bluff Creek cut through it and is a gigantic waterfall where the highway ends."

"Several small logging and farming towns on the Eel and Klamath rivers no longer exist. Pepperwood, Weott, McCann, Gephart's Resort and South Fork are just names. The towns they represent are gone... Farmers were searching for their cattle. Some were burying their live stock. In Orleans, on the Klamath, men were moving back into the buildings left standing. They were helping the grocery store owner collect and clean the staple foods left, Hubert said. And they made a special effort to repair the town's only bar. Orleans! 250 citizens had stored all their valuables in the public school on the high ground Dec. 20th when the Klamath began to rise. The school caught fire from an electrical short and destroyed everything."
"But they were in good spirits," Hulbert said, "The clear, cold weather gave them the opportunity to start their clean-up."

NO DOOR IS CLOSED BUT ANOTHER OPENS

These few comments by Prof. Alfred Luntz of the Inner Circle in early 1951 (BSRA No. 9-3) seem especially appropriate here:

"Sir, I believe you asked a question of my honorable colleague, Yada di Shi'ite, concerning the guide who comes to help each individual. Every human being, on coming to the earth plane, is assigned immediately a guide, a helper, a 'guardian angel' if you wish to use that term. Now, as that one grows bodily and mentally with time, and seeks mentally for knowledge; as he shows a desire for a particular thing a helper from my side comes into that one's presence. That guide or guardian has great knowledge of the subject which is being sought, and does all he can to lead and help the learner on your plane. All the way down, thru every plane, those on the 'higher' must help those 'below'.

"Even if an individual does something which we consider wrong, he will have help! If one becomes a drug or a liquor addict, one will come to him from this side who will aid and abet him and will take enjoyment in doing so. This may seem wrong to you but it is the law; for in order to learn every soul must have the experience it craves. Of course the law works in the same way for the one who wishes to overcome a bad habit. Immediately one will come to his aid who will be with him at all times and give strength and support when needed.

"Prayer -- what are the mechanics of prayer? In a great drought a little group gets together to pray for rain. Suppose these prayers are not done right. There are cases on record where the rain came in torrential downpours for many days. What was wrong, and what was God thinking of? Hm-m-m-m-m! He was present. He was doing all right. He gave in the amount asked for. But these people prayed promiscuously, leaving the matter of the quantity up to God. If you ask promiscuously, can you blame God for giving you too much? Do you know that when you send out a prayer you create molecular activity in the atmosphere -- a tremendous action. Tones produce colors, and tones and colors represent actual things, and God is in a stone idol as much as in everything else. If you kneel to a stone and call it the One God, it makes no difference.

"Friends, when you wish for something, ask for that and no more. Because -- and I'm not trying to be mystical about it -- you will get just what you are asking for -- and God help you if you don't want it. Would you like to know something about the effects of a 'week of prayer'? As we think, we create substantial stresses in the aura of the body, or in what my honorable colleague, Ali ben Casi, calls the electronic field. Every thought makes a line, creates a stress. Every thought and emotion is picked up in this reflecting ether.

"Now, this war that is brewing (1951), and the hate and horror of the wars just past, set up in the ether these stresses of hate and revenge. Then can you expect anything different from what you now have?"

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Yes, it is true that prayer can break down these stresses, but it depends on the amount of prayer and the earnestness of desire back of it. If these are not in the same proportion as the hate and lust for revenge, it will do no good. But something always comes to take the place of that which is ended. No door is closed but another opens!"

IT DIDN'T HAPPEN

The Inner Circle seances of the early 1950s were full of gloomy forebodings that the world was on the verge of an all-out atomic war which would end in the total destruction of our civilization. They were in a position to evaluate the massive thought-forms of lust for revenge and war-profits, overshadowing too many of our leaders in positions of power. But there is always that unreadable element of free-will in the human heart. In the early 1950s there was a burning desire for peace in the hearts of millions of people in the civilized nations of the earth. Their prayers for peace did counterbalance the lust, hate and greed of those who wanted to push the Korean war into a world-wide conflict, with General MacArthur as supreme commander. Our elected representatives in Washington correctly read the minds and the hearts of the majority of the people. The President fired the General for insubordination and our greatest military commander spent his last days in an ivory tower in New York City, awaiting the call that never came.

These same ultra-conservative Forces received another smashing defeat in the recent November elections. This guarantees that the Tides of Change will continue to flow favorably for the Great One whom we sometimes call, the Prince of Peace. Though as those Tides force the old to give way for the new, the conditions here on the surface of the earth will be anything but peaceful! Did He not say in Matthew 10:34: "Think not that I came to send peace on the earth; I came not to send peace, but a sword." Not fighting for fighting's sake, or for revenge, but destruction of old ways to make room for newer, better ways. The important thing to us imprisoned in the flesh is: Will the changes be forced on us from outside? Or will we volunteer to make them of our own free-will? Must we all suffer the fate of thousands of Californians at Christmas-time in the redwoods? Or can we feel the surge of the New Wave beneath us, sense its direction, and turn and ride with it. Time will tell. Each day we are the victims or rich heirs of acts committed the previous day. Each hour is made up of little right or wrong decisions. Unimportant at the time, nevertheless those little decisions build a trend which eventually takes us away, or brings us back to, the Path to Freedom. In this, each must decide for himself. Just be thankful that today's decisions can be made in the comfort of a civilization still balanced and moving productively forward.

DIDN'T YOU READ YOUR RENEWAL NOTICE?

This Christmas card from an ex-Associate: "Dear Riley, since last May or June not a single copy of the BSRA Journal has been received by me -- also no word of explanation. I hope the Journal hasn't folded, a casualty of the 'Great Society' already -- or more appropriately, the Great Bureaucracy. May God grant America forgiveness and the survival of her freedom in this downward spiral of her ideals and strength."

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This Associate, like so many others, ignored or forgot the membership renewal notice that came with the Journal. Then it seems to take several months for the individual to realize that a unique source of information is missing! Knowing from previous contacts the conservative viewpoint of this borderlander, we assumed that the dropped membership was a silent protest against the political views expressed in the 1964 Journals. Our own belief is that the "Great Society" idea put forward by President Johnson guarantees our freedom to publish a Journal of opinion such as this one. And, as to whether or not America is spiraling up or down, depends on the point of view. To the conservative, fearful of change, our society is deteriorating. To the liberal, hopeful for change, our society is enjoying a rebirth!

It is a fact, the voluminous output of right-wing literature is full of doom and gloom. Add to that a daily dose of Manion, McIntire, Billy Hargis broadcasts, and all hope is gone. America's ideals are going down the drain. But how about our established ideal of making money? I turn to the financial pages of the Los Angeles "Times" and see that our largest corporations, American Tel & Tel, General Motors, Standard Oil, Bank of America, etc., are paying the largest dividends in their histories! On the basis of these reports I believe we can be very optimistic about the future of the "Great Society", and the integrity of our so-called Free Enterprise system. The casualties of the "Great Society" will be those persons and institutions which fail to grasp the challenge of the Space Age and lack the courage to rise up and meet it.

BORDERLAND SCIENCES RESEARCH ASSOCIATES

I would like to think that the great majority of BSRAssociates are forward-looking enough to welcome the new demands of the times, to ride the New Wave rather than be drawn under by it. 1964 was our best year to date and with your help, 1965 should top it. Everywhere, minds are opening up to New Age ideas as they never did when Meade Layne was battling ignorance and prejudice ten years ago. Orthodox scientists who openly scoffed at space travel and Flying Saucers then are now openly admitting the probability of many inhabited planets elsewhere in the universe. They've taken one big step in proving that space is not empty. Now the next big step is to admit that space is inhabited, by intelligent beings! The text books are being rewritten. As the radical new ideas of the leaders in science percolate down among their followers and to the colleges and universities, our society will be turned upside down and inside out -- all a part of the great and profound changes envisioned by the Great Ones.

In our Los Angeles Workshop last year we took Dr. Andrija Puharich's "Beyond Telepathy" as a textbook for developing new techniques for probing the mind, for affecting a definite expansion in consciousness for every member of the group. It was a pioneering effort on our part and much credit is due those Associates who stayed with us, especially Bertha Sale, all the way through. Our electronic equipment for giving physical proof of mind over matter was crude, but it did register two minor but significant changes in test periods. This was not an unqualified success but we are thankful for it in view of the far from perfect
conditions under which we worked, with new, untrained people showing up at every meeting. Also, "Beyond Telepathy" was written in 1961, at the beginning of the Kennedy administration. Those brief years and his martyrdom have wrought a change in the consciousness of America, the effects of which won't be completely visible for years yet. Already we can see an interest in deeper things which Puharich scarcely dared touch on in his book.

THE WESTERN MYSTERY TRADITION IN 1965, AND JSRA

Also, in Chapter 9, "Yoga, The Psychology of Autonomy for the Nuclear Mobile Center of Consciousness", Dr. Puharich draws his occult science from Eastern teachers. We already know that much of this is totally unsuited to Western minds and living conditions. So, on the groundwork of study and practice with Los Angeles Associates last fall, and the review of "Beyond Telepathy", Mrs. Crabb and I are building a completely new technique, from Western traditions, with the latest physiological developments, for Americans in the Space Age.

Already a group in the Carmel—Monterey area wants us to give them five straight sessions with the new technique, late in February. We expect to make good tapes of these for those Associates and groups who want to try it out on their own. Later this year the material, perhaps we'll call it "Adventures In Understanding", as suggested by Associate Angela Kilsby last fall, will be published in book form.

Then we'll hit the road in the spring for an extended lecture trip across America to Florida, up the east coast, and back for a month to six weeks, meeting with those who want to hear and learn what we have to give. There will probably be another long lecture trip northward later in the year. We must get out to those Associates and groups who cannot come to California.

Membership in JSRA holds at well above above 700, domestic and foreign, and we expect to put out eight issues of the Journal of Borderland Research in 1965, as we did in 1964. The sale of Inner Circle seance material holds steady, as does the sale of other JSRA brochures. A new, revised JSRA publication list is now available. Send 25¢ in coins or stamps if you want a copy. To it we've finally added a listing of lecture tapes, our own and those of other Associates at Harmony Grove.

An encouraging number of Associates have taken up the study of the Kabala with us, in their search for a system that — in the words of H.P. Blavatsky — "should disclose to them the 'deepest depths' of the Divine nature, and show them the real tie which binds all things together." So with this issue of the Journal we will again put out those Studies begun so hopefully two years ago, with the insertion of some suggestions on rhythmic breathing.

Vitic, as a ready source of extra mana or vitality, still holds the interest of Associates and many are making use of this power to help withstand the excessive demands of our get-up-and-go society. We have located a source of copper-coated steel rod for the Moon Rod of the Vitic device, and can sell it at the reasonable price of $1.00 for an 8-
inch piece, 3/4 in. diameter, plus Parcel Post for the 1 lb. 4 oz pkg.
This varies from 29¢ local to 72¢ in the 8th Zone (over 1800 miles).
Pure carbon rod, the Sun Rod, in the handy size of 1 in. diameter and
6 in. long, we can sell for $1.00 postpaid. The Vitic kit, complete
with wooden stand, Sun Rod, Moon Rod, a pair of 55 lb.-null horseshoe
magnets, nails, bolts and assembly diagram is still available, tax and
postpaid for $30.00.

The emphasis in 1965 will be on spreading the work and contacts
more widely across the nation and the world, through lecture trips,
through mailorder and through the Journal. No conventions by 3SRA are
planned for Harmony Grove this year, though Associate Bob Crichton
will probably have at least two Understandorama gatherings there, in
April and around July 4th. And no regular classes or meetings are planned
for Los Angeles at present. There is no Los Angeles Regional Director
as Eleanore Person wanted to be free to devote full time to the
development of her Hermetic Science Center.

There will be occasional talks there by us as Vice-President Florance
Verrico can fit our borderland subjects into her Questors lecture
programs at the East-West Cultural Center and the Knickerbocker Hotel
in Hollywood. We gave our illustrated review of the Mass, the Celebra-
tion of the Eucharist, at the East-West center in December, and will
repeat, for the first time since 1961, our illustrated talk about the
Caverns, the "Reality of the Subterranean World", at the Knickerbocker
Sunday afternoon, Feb. 7th. Later in the spring we may repeat the very
popular dramatic readings from "The Letters of a Living Dead Man". With
the help of the Chattertons, Miriam Jaye, Millesan Drews and Eric Murray,
these readings were the highlight of the September Convention.

All of the above was discussed and generally approved at our annual
board meeting with Florance in Hollywood, Jan. 8, 1965. Other meetings
with the Los Angeles Associates will be held later in the year when and
as the need arises. If you want to be on the mailing list for Florance's
Questors lecture programs, write to her at 1234 No. Mansfield, Holly-
wood, California 90038, and enclose a donation toward postage.

HE WORKED WITH GEORGES LAKHOVSKY

"A friend of mine sent me your pamphlet describing the Lakhovsky
Multiple Wave Oscillator. I was the first man that bought this instru-
ment in New York in 1940, on the advice of a physician who saw it at a
medical congress in Vienna. My young son had developed a face lesion.
It was diagnosed as tubercular. I was having a joint office at that
time with a progressive MD. I was practicing dentistry. Her success
with the MWO was phenomenal, but when she began to treat cancer cases
the American Medical Association got after her and me and revoked our
licenses. I had translated some of Lakhovsky's works into English from
the French. Professor Lakhovsky came often to my New York office. He
told me the Pope was using one of his instruments. The success obtain-
ed in the hospitals was excellent but the reports were suppressed. The
good professor died of a broken heart. Our case was a regular frameu*
by the AMA, the lawyers and the courts. I was foolish enough to fight
the case and spend lots of money, not knowing that the AMA controls even
the courts and judges. I still have some copies of the booklet and a photo of my Lakhovsky instrument. If I can locate them I'll send them to you. I sold my instrument to a doctor in Texas and left New York state in 1945. I am a licensed Naturopath in Florida and Chiropractor in California. Am enclosing $5 for a membership. I belonged to JSRA several years ago."

Dr. N.S. Hanoka
335 Meriden
Miami Beach, Florida

AND A NOTE FROM DR. KOCH

To Associate Kathryn Shevick: "You can obtain my book, "The Survival Factor in Viral and Neoplastic Diseases", from Mrs. Virginia Yaney, 15127 Stephens Drive, East Detroit, Michigan. The price is $10. Please send her the check. If you order the book and it does not arrive within 10 days of your order please let me know. I would also like to know if it is written clearly enough for a good practical understanding, that is, as you find it. Please tell me about 'Round Robin'. This must be a patriotic magazine and I would like to know more about it."

William Frederich Koch, MD
Caixa Postal 86, Petronolis,
Estado do Rio de Janeiro, Brasil

We have forwarded a copy of the Journal to Dr. Koch in Brazil.

ADD MAGNETIC POWER TO YOUR LAKHOVSKY BELT

"I ordered a package of 100 little plastic magnets, one-quarter inch square, from Sunset House, 3485 So LaCienega, Los Angeles, for one dollar. When they arrived I immediately attached four of them to the rabbit ears on my TV antenna, two on each arm, spaced about six inches apart. Believe it or not, they worked. Reception improved, a brighter picture. You remember my success with a Lakhovsky circuit around my waist last winter. It did improve my well-being, both physically and mentally. Discomfort came from discontinuance of its use. My thoughts now run to constructing a Lakhovsky belt containing several of the little magnets and a bit of carbon. Purely speculative, of course, as my electronic knowledge is only elementary. What say?"

Tom Langan
Los Angeles, California

SELF-SUGGESTION FOR HEALTH

Associate Clark LaVerne Wilkerson is available for private lessons and public lecturing. He has taped lessons on Hawaiian Huna science available and is now teaching a class in Gardena, California once a month, Sunday evenings at 7 p.m. in the Hawaiian Village. He teaches self-suggestion for health, magnetic healing from Huna. The lessons are pertaining to removing one's complexes and fixations for self-improvement in every way.

Hawaiian Village 28-A
1321 West Rosecrans
Gardena, California

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THE BEST OF THE SEANCE TRANSCRIPTS - BSRA No. 9 - B. Trs. 8 thru 15.

Newly rerun with added index and with reproductions of portraits of four members of the Inner Circle, this material which came through in 1951 and 1952 is focused on today's problems and tomorrow's promise!

Consider these subjects: Etheric Worlds and Flying Saucers, Reincarnation and Karma, the White Brotherhood, Tibet and Chinese Communists, Chiang Kai Shek, Dr. Kappa (Gerald Light), Conception, Frank Edwards Describes His Passing (two weeks after death), Astral Travel, Mediumship, Apports, Clairaudience, Psychic Protection, Sensitivity of Genius, Man the Supreme Creator, the Absolute Thinks, Incarnation Always New, Truth a Consensus of Opinion, Higher Pessimism, What Is A Mistake?, Need for Necessity, Group Soul, Overpopulation, Communism-Catholicism-Capitalism-War, Guardian Angels, Individual Improvement, Rhythmic Breathing, Kundalini, Celibacy Not Required, Earthquake Stresses in Ethers, Stars Rotate, Spiral Formation, Polar Flip, Radio Stars, Desalting California's Sea Water, Egyptian Initiations Under the Sphinx, Astral Shells, Radioactivity, Psycho-Kinesis, Telepathy Time Lag, the Halo, Cameron Aurameter, Dowsing, Self-Hypnosis, Dr. Drown Therapy, Mayan Civilization, Samadhi, and many others discussed in over 60 pages of material.


68 pages, 8½x11 mimeo, illustrated, post and tax paid. . . . . . $1.00

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