

# THE INNER LIFE

THE HERALD OF THE NEW AGE

*Preparing the minds of men for the  
coming of that Age.*

Devoted to the study of the Soul and of experiences  
of an inner nature pertaining to the Soul life.

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## EDITORIAL

### THE QUEST OF THE OVER-SELF

**I**N TAKING up the study of this quest, we are pleased to consider and discuss a recent book of the above title by Paul Brunton, author of those other memorable books concerned with this same quest, *A Search in Secret India*, *A Search in Secret Egypt*, and *The Secret Path*.\*

Our reason for giving special attention to this book is because it so clearly confirms and emphasizes the truths given forth in this Magazine and in the Impersonal teachings, and because it is our wish to show to our readers how a student and writer from another country and through personal experiences in far off India has come into a like understanding with our own of the spiritual life and of what is necessary before one can truly enter upon and live that life. Not that truth needs confirmation to those who are able

\* *The Quest of the Over-Self*, 3.75. *A Search in Secret India*, \$3.75. *A Search in Secret Egypt*, \$3.75. *The Secret Path*, \$1.65. For Sale by Sun Publishing Co.

to receive it, but there are others who require an incentive and some stimulation to make the necessary efforts to prove it and make it their own.

The book tells its story clearly and very fully, and so we are giving our readers excerpts from it in order both to show the author's purpose in writing it and at the same time to inspire in our readers a desire to read carefully the whole book, and thereby to learn how exactly he corroborates all that has been said in this Magazine many times.

He says the first aim of the book is to clarify the essentials of meditation, and that

The need of a book of this character was constantly brought home to me by the flood of letters received from readers of my other books, who wished for further explanations of points raised therein, or who met with difficulties to practice meditation and sought to have their problems solved.

*The Secret Path* was admittedly a literary bow drawn at a venture, as I announced in its Preface, but the arrow hit the mark, and its success might have caused any other writer to expand on such a theme. I again hesitated to write, however, for I not only feared, but definitely knew this time, that a further work would set me up still more firmly in the popular mind as a spiritual teacher, a label which would probably stick to me for ever, and which I disliked to wear so much that a chill would creep over me at the thought.

I wished to emphasize what I had already stated elsewhere—that I did not seek to teach people, but rather to show them how to direct their thinking inwards, and in so doing, to build up an inner life which would enable them to live in constant communication with the spiritual realm whilst pursuing their normal activity in the market-places and on the busy thoroughfares of the external world. I did not desire disciples, because I wished *rather to lead men to the discovery of the Teacher and Guide within themselves* (italics ours), the all-powerful Overself, and so make them the disciples, not of any person or object outside, but of the True Supernal Spirit which resides in their own hearts.

To prove that the way he points is "A Secret Path," he quotes:

"If ye tread *the Secret Path*, ye shall find the shortest way," says the "*Hymn of Yogic Precepts*," contained in the "*Jetsun Kahbum*," or Biographical History of Milarepa, the most famed of medieval Tibetan yogis.

And from an untranslated Tamil volume, *The Tamil Sacred Scriptures*, written by Tirumoolar, a seer who flourished many hundred years ago. It runs: "Those who study this *Secret Path* realize that the individual soul is the Divine Self and nothing else."

He also clearly points as we do that this Path "is *beyond the reach of ordinary yogis*, yet the training of yoga (or the careful training and discipline of the mind, emotions and body) is a necessary mental and moral discipline which prepares one to receive the priceless jewel of Absolute Truth."

When peace of mind and concentration of thought have been gained, then only will one be fit and ready to embark on the quest of Ultimate Truth. We are still in the process of unveiling a subtle and startling wisdom which not one person in a million has yet grasped, and a codified scientific teaching whose irrefragable certitudes have yet to be developed for all time.

Archaeologists excavating in Egypt have discovered a leaf of a papyrus book—that of Oxyrhynchus—containing eight sayings of Jesus. The discoverers assigned the probable date of their papyrus as about A. D. 200. Among these sayings there exists a sentence of striking force, whose remarkable similarity to the constantly repeated message of the philosophers of antiquity is noteworthy.

Jesus said: "And the Kingdom of Heaven is within you; *and whomsoever shall know himself shall find it.*"

As is emphasized in the Impersonal teachings, until one has thoroughly studied himself—*knows just what is his mind, soul and spirit, and is able to enter and work from the consciousness of each at will*, one cannot possibly find the Kingdom and know it for what it is.

Sir James Jeans in his Presidential Address before an annual meeting of the British Association for the Advancement

of Science said: "Science has given man control over Nature before he has gained control over himself. Thus, in respect of knowledge, each generation stands on the shoulders of its predecessors; but in respect of himself, both stand on the same ground. These are hard facts which we cannot alter. If there is an avenue of escape, it does not lie in the direction of less science, but of more science—Psychology holds out a hope that for the first time in his long history man may be enabled to obey the command, *Know Thyself!*"

Then our author states there is a way by which a man may know himself—a path available to those who wish to cut loose from all 'isms and cults.

That method is the Path of Introspective Self-Enquiry. It allies the rationality of analysis with the power of meditation. It peels off the constituents of human personality, like the outer skins of an onion, until its true lineament is revealed. It is an ever-open path which leads to the centre of man, and therefore anyone may travel it. The writer has himself practised it and learnt its basis in the mystic East, where he now pens these lines.

Then begins an illuminating self-enquiry and analysis of the physical, emotional and intellectual self, proving to the mind that the real man is none of these and cannot be confined in any one of them, and that he is unlimited also by time and eternity. Among other things regarding this he says:

So long as one wrongly identifies himself with the physical body, so long as he even still wrongly identifies himself with the mentality and the ego-memories, so long will he necessarily exist as a creature of time, a captive of past memories, present happenings and future hopes and fears. So soon as, by right introspection and accurate analysis the truth about time is perceived and held, with attention confined to time's source in oneself, so soon shall one enter and remain in the realization that the unknown content of one's inmost self transcends time, is eternal and care-free. Its parentage lies with the angels, for it is divine. That self can never be affected by whatever belongs to time, even though the ego may continue to function within it.

That is the self we have sought in these pages and to which the writer has made repeated references in previous books as the Overself; the word does not yet occur in any dictionary of the English language, and was indeed coined by him to express something that borders upon the inexpressible—the Real Man.

Educated Western man will be unable to cross the frontier of time—leaving the realm of mortal darkness for that of mental light—unless he is prepared to understand ideas and take up practices such as those which are being revealed to him here, and for lack of which most conventional thinking remains ineffectual to conduct the thinker into the hidden truth.

It has been shown how the mind's incessant movement creates the time-sense and retards one's entry into the timeless Absolute.

*Then, by overcoming this motion one should be able to overcome the tyranny of time.*

The reverse of movement is stillness. The reverse of time is eternity.

One must seek therefore to cultivate the state of stillness, mental no less than physical, if one would conquer time. Consciousness as mentalized movement—time; consciousness abiding in itself in a repose as deep as that of a deep sea free from waves—eternity.

If one were to stop the wheeling revolutions of intellect and reduce all thoughts to the primal one, the "I"-thought, and then melt this into mental stillness, one would be immediately liberated from temporal captivity. An aroma of immortality would then cling around one's whole being.

If one were to turn the intellect's search and observation *inwards* upon itself and trace it to its *own* point of origin, the ego-thought, one would lapse into the resultant stillness and thus achieve this object.

*We have found the clue.* Out of the stillness whence thought arises, there emerges the first mental notion—"I". We must follow up this clue as a dog follows its far-off master

by his scent and unfailingly discovers him. We must now summon all our attention and concentrate upon this ego-sense, this notion of "I", resolutely rejecting the overtures of all other thoughts and of all memories whatever. If we could do this aright, the trial should eventually lead us back to the stillness and there we should discover the elusive mysterious Overself.

The very effort to subdue the thoughts implies that there is someone who subdues them, and hence that one is not the intellect itself. The "I" is thus clearly placed at a level deeper than thinking. . . .

Out of the great stillness and blankness at the back of the mind, that thought "I" is the first arising of the personal ego within consciousness. Out of it has sprung the whole accumulation of other thoughts, which have created the notion of a personal being existing independently by itself. The entire personality has sprung up around this single thought-root. Uprooting this primal thought, *nothing but Impersonal Life will be left.*

If one persists and applies oneself to frequent meditation on this topic, the effort will turn logic to its loftiest creative use and one will ultimately track this thought to its origin, self to its lair, and consciousness to its primal partless state.

At the end of this mental analysis, therefore, the mind must be stilled, so far as possible, and a devotional semi-prayerful mood must be superimposed. That stillness out of which the "I" has sprung should become the object of this devotion. The "I" itself is pinned down and rendered inert. All one's attention should be focussed upon the mysterious blankness behind it.

Listen now to the Psalmist who shows us the next step in his immortal words, "*Be still and know that I am God.*"

God dwells forever in the changeless, ever-calm Eternal.

Hence the mastery of oneself through stillness will lead him into the realm of eternity with God; one shall then partake of His eternal time-proof life.

Next, we may glance into the New Testament, where the tenth book of "Revelation" reaches its higher flights, when the mighty Angel who came down from heaven declares therein:

*"There should be time no longer."*

What can be the state implied in that phrase but that of awareness of everlasting being?

*"Now is the day of salvation,"* urged the messenger Paul in his Epistle to the Corinthians. He knew that one need not wait till death for eternal existence.

We may read also the words of Jesus himself.

He announced to the Jews who proudly boasted that they were the descendants of the Patriarch Abraham: "Your father Abraham rejoiced to see my day; he saw it and was glad." Then said the Jews unto him: Thou art not fifty years old, and hast thou seen Abraham?

Jesus said unto them: *"Verily, verily, I say unto you, BEFORE ABRAHAM WAS, I AM."* He did not say "I was," but "I AM." "I was," relates to time, but "I AM," represents unchanging reality.

Deep meditation upon Jesus' meaning is essential. The method, therefore, would be to consider deeply that meaning, to try to grasp how and what part of Jesus could be before Abraham was, and to trace out the nature and origin of what constitutes selfhood; analyse the totality of components which one generally considers to be one's own individual being; examine, one by one, each separate phase of the body, the emotions and the thoughts respectively; and through all these search for that which can truly be said to be the self, the eternal self of which Jesus spoke.

After devoting a chapter to the *"Mystery of the Heart,"* and telling how by intellectualists the Heart, the point of life, has been scorned and the head glorified, while the soul has been forgotten, he shows how

The brain is but the seat of *reflected* consciousness, a reflection which has been derived from the true centre—the

Heart. Intellectual light is but borrowed light, like that of the moon. Intellectual consciousness is secondary. Heart consciousness is primary, and is the sun which imparts its own light to the moon of intellect.

Just as, in the final philosophic analysis, the reality of the material world is only one's mental perception of it, so is the reality of the intellect no other than its secret source, its ultimate backing, in the Heart. The Infinite Being—source of all undying life and intelligence—specializes its entry into man through the heart, not the head.

Thus proving that the Overself dwells in the Heart or that inner consciousness centered in the Heart, the source of life and of one's Infinite Being. He then states,

The true object of all genuine spiritual practices is to persuade the personal mind to turn inwards away from the material universe, and through such abstraction in meditation or prayer slowly to retrace its steps upon the path of descent to the Heart. Then, and then only, when the mind has ceased its usurpation and withdrawn into its rightful place, and become dutifully resigned and obedient to the dutiless Overself, will it enable man to become clearly conscious of *what he really is*. This is the spiritual goal set before him by life, by God—and no other really exists!

In the chapter on "*The Overself in Action*" he states,

Anyone who pursues these practices for a sufficient length of time will not be able to escape from the interference of a strange calm monitor, an inner voice, which will arise inside himself in moments when the lack of self-control rises highest. When he is in the grip of undesirable emotions, such as anger, hatred, jealousy and fear, this silent voice will come up out of the inner depths and rebuke him for his feelings. He will never be able to destroy its existence. Again and again, whenever he fails to exhibit proper self-control in his emotional life, it will manifest and endeavour to call him to regain his balance; for indeed it is an inevitable result of these practices that they should bring a man face to face with himself and always at appropriate moments.

The true selfhood is never dismayed by the most awful circumstances. It confers authority over existence as soon as



one changes his thinking from the purely personal standpoint and apprehends a higher view. Every man may see in the mirror the face of him who may be his best friend or worst enemy. For every man owns the title deed of his mind and is alone responsible for the thoughts he generates. An affirmative state of mind can be acquired by habit, just as most people have acquired their negative states by foolish habit also.

The divine intelligence within man can deal with all his problems, for it is wiser than he. When despair taps relentlessly at the doors of a man's heart, the time has arrived to hand over his affairs to the Overself. He may do this by redirecting his mind as quickly as possible inwards, and by keeping on with this redirection in the face of all opposition until he reaches the central core of quietness, where mysterious help awaits him. He should become so absorbed in that quietness that the painful problem which was his starting-point, should be forgotten for a few moments or minutes, or even longer. Such forgetfulness always supervenes when the personal ego is captured and gripped by the Overself. *Even two seconds of it will suffice to bring remarkable results.*

The man who follows this Quest is like the ray which is returning to its source. When he follows the "I AM" in him to its hidden root, when the intellectual process of his enquiry gradually develops into a subtle inner movement, he will sooner or later enter—intermittently at first—a condition of impersonal freedom and utter peace. When the mind's depth is plumbed he will arrive at a point where both the thinking intellect and personal self seem almost to become re-absorbed by the hidden element which created them. That element is none other than the Absolute Being, the One Overself, the Supreme Reality and Underlying Spirit, which subsists eternally amid the births and deaths of mortal men and material worlds. This august revelation awaits him even at the beginning of his first fumbling steps on the quest.

Now we wish to add a conclusion reached by the author which we have again and again emphasized in these pages, and reached by him after witnessing some of the greatest occult feats and powers in the Orient.

Would-be occultists forget or do not know that the supreme power which supports all occult powers is the Overself's own power. All lesser forces take their rise therein. It is safer and saner to go direct to the source than to court the acquisition of fugitive faculties and dangerous gifts. Man easily loses his way in the twilight empire of occultism, and has to retrace his route with some suffering. Nor are these supernormal powers less costly to gain than the higher fruits of Overself-finding.

Initiation into the Overself is often confused with psycho-sensational experiences. Such initiation is an inward and ineffable experience which no verbal claptrap, no ceremonial theatricals and no occult miracle-mongering can confer. It is enormous and extraordinary, sacred and beautiful, and no gold can ever buy it. It alone ordains men to become true apostles and priests.

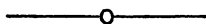
When studies of the psychic and occult are thus decried, this is not to say that they are without worth. They help to satisfy scientific curiosity and popular wonderment; they may even break the back of crude materialism. But they only deserve investigation by trained researchers; they certainly do not deserve our lives.

Jesus told the plain truth when he said that *all these things would be added unto us if we seek the kingdom of heaven first*. Whoever discovers the divine kingdom discovers also that extraordinary miracles begin to happen, and that unexpected wonders mark themselves upon the calendar of his life. But in that case they come unsought, entirely of their own accord, direct from the Overself's mysterious and silent activity. He has not striven for them and thus they come rightly, easily, without harm to himself or others. Just as a fine flower is not conscious of the beauty it reveals or the fragrance it emanates, so a truly spiritual man is seldom *personally* conscious of the magic he works, any more than of the good he does or help he gives.

We cannot recommend too highly this book to those who wish further corroboration of what has been held out as possible in the Impersonal teachings. The author goes to much pains and into great detail regarding the technique of meditation and contemplation of spiritual and inner things, and is very sane and wise in

giving no more than is necessary about the phenomenal side that may be contacted by some, and especially on the subject of breathing.

Naturally the great good to be gained from the book is not in merely reading and noting its truths, but by staying with and proving them so that the student may truly know and use them for oneself.



## THE RESURRECTION BODY

March 28 (Easter Day) 1937

(IT WAS shown that He absorbed His physical body into His spiritual body. For just as we renew our bodies every seven years—the old being gradually and continually absorbed into the new—so did He accomplish in a short time what takes us a much longer period. But always is the new body fashioned in the mould of the former; no change, therefore, but much more an approach to completion. Thus it was with Him, on an infinitely greater scale. All was in keeping with the world's need of salvation and perfection.)

Not for a moment would I discard My former body, for that was most precious and needful for My work, by reason of its human perfection. It had to act as a mould for the new body to be clothed upon by the Spirit, so that mankind could continue to look upon Me as the perfect human and yet the Divine, according to their growth and power of perception.

No empty tomb was My body to those who had eyes to see, but it was full of My Spirit, so full that the very stone itself could not keep in place; pure Spirit it was that caused it to be rolled away, a symbol of the stone of evil, and of the negligence to be rolled away in your own selves.

Always did I keep in mind that perfect picture of a body to show men what was possible for the spiritual even in the physical. And that was the last picture I was to manifest on earth, and so it was the most impressive.

—Through the Recipient of *The Silent Voice*.

## THE SUMMER CLASSES

THOSE preparing to attend the Summer Class this year we find are generally planning to stay two or three weeks, and so we have decided to make this Class a three weeks Course, beginning July 11th and ending the 30th. The first week will be devoted to foundational work for those who are new or who have not previously attended, and the last two weeks will be given to the more advanced teachings, and to their practical application in the times immediately ahead. This will include the highest form of Healing and of Inner Work.

For that reason we are especially inviting and urging all old students to be present the last two weeks if possible, those particularly who have come into their higher consciousness or are approaching it, and who wish to learn just how to work from it; as definite and important work will be given to such, work fraught with deep significance for all who wish to be able to help in the possibly troublous times of the near future.

We are in the midst of great changes. All those who are a part of this Work have been brought to it by their Higher Selves for one purpose only—to prepare their outer instruments so that they can worthily perform their parts and fill their places in the Great Plan concerned with the fast forming New Order, under the direct guidance of our Lord and Master Jesus Christ.

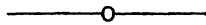
All Impersonal students are His faithful disciples, and they have definite parts to play in the New Order; therefore it will be our purpose this year to study and determine upon the most effective forms of service whereby the greatest possible good can be accomplished. All ideas and suggestions to this end will be welcomed and considered in the Class.

Readers of this Magazine who love its truths and who wish to prepare themselves for service, as well as all students of the Impersonal Teachings, who feel urged to do so, are invited to attend this Class. They will receive in it just what they are able to receive, both through inspiration and instruction, for many great truths will be uncovered, because of the many beautiful souls present who will draw them forth. Those attending former Classes know of the loving spirit of soul companionship and

Brotherhood that was in evidence, and it will be more so this year, because many of the older students plan to be present.

As in previous years very satisfactory hotel and other accommodations can be had for \$3.50 a week and up, close to headquarters; likewise meals at 25c and up.

The Class is conducted wholly on a Free-will Offering basis, leaving it to the Higher Selves of those being helped and blessed by its truths to tell them what to do in return.



## THE SCHOOL FOR DISCIPLES

**T**HE loving response to the suggestion in the "Preview" of the proposed School has continued, and we are pleased to acknowledge below the tangible evidences of those who wish to see it a reality.

Everyone having a part in the creating of this School, through prayer, seeing it in mind as a living fact, or through the sacrifice of time, effort or money, will be truly blessed. It is wholly possible that its outmanifestation is being withheld by the Brotherhood, waiting for enough interested ones to show a strong enough desire and prove their earnestness in wanting to have it materialize. For unquestionably, it being the actual outer manifestation of Their School for Disciples already operating in Spirit, They could easily provide the means, or inspire in the minds of those able to supply them the ideas and the way to make it a fact.

Surely, with the hundreds of millions that have been given for the building of cathedrals, temples and churches, for schools, colleges and universities, and the additional millions for endowing them, it would be as nothing for Them to inspire the gift of a suitable home for Their special Work, or of the funds needed to build and support it—a Work of preparing, teaching and equipping Their own disciples for the accomplishing of Their Work on earth, even as They have planned it in Heaven.

We know this to be so, and await the proof from these dear ones that to them this is the most precious need of Their Work at present in the outer world—the need of showing sufficient interest and desire to have such a School to bring it about.

Because we also know that it can come into expression only as a fulfillment of the Law—that it is only as we, here in the outer, think and *believe* it is so, will it outmanifest. Therefore, those of us who truly *believe* it, let us *prove* that we do by *doing all that we can* to bring it about.

“All that we can” includes doing what is suggested in the last paragraph on page 105 and continuing on page 106 of the Magazine, actually doing *all* that is stated in a vital, *positive* way, living in the realization of what is pictured in mind, and then following whatever leading one gets from within.

This opens one wide first to the Idea, then to the Guidance that will be given to bring the Idea into manifestation.

H. L. I. \$1; I. M. \$2; J. U. \$4; J. E. \$1; F. B. U. \$1; N. B. \$1; A. M. \$1; R. C. F. \$1; W. G. A. \$3; A. R. A. \$1; M. B. C. \$2; K. R. G. \$1; V. G. \$2; C. L. \$1; E. P. \$7; R. F. S. \$1; D. H. U. \$20; E. B. \$1; W. A. 50c; E. W. \$5; Mrs. E. A. H. \$5; K. R. G. Group \$5; M. F. \$2.50; Mrs. E. R. H. \$1; I. M. \$5; L. B. Group \$5; M. S. S. W. 50c; Total \$103.75.

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## ABOU BEN ADHEM

**A**BOU BEN ADHEM (may his tribe increase)  
Awoke one night from a deep dream of peace,  
And saw, within the moonlight in his room,  
Making it rich and like a lily in bloom,  
An angel writing in a book of gold.  
Exceeding peace had made Ben Adhem bold,  
And to the presence in the room he said,  
“What writest thou?” The vision raised its head,  
And with a look made all of sweet accord,  
Answered, “The names of those who love the Lord.”  
“And is mine one?” said Abou. “Nay, not so,”  
Replied the angel. Abou spoke more low,  
But cheerily still, and said, “I pray thee, then,  
Write me as one that loves his fellow men.”  
The angel wrote and vanished. The next night  
It came again, with a great wakening light,  
And showed the names whom love of God had blest.  
And, lo, Ben Adhem’s name led all the rest.”

—Leigh Hunt.

# THE WONDER WORD

By Beatrice Saxon

**E**CHOES of the Wonder Word kept flitting through his mind. Why couldn't he recall it? He remembered that it was all very clear to him at the time, but now it had gone. Why couldn't he remember what it was about? Was it beauty? Was it love? Was it happiness? He could just remember that it was something which for a time gave him a feeling of great contentment, and he would give anything to get it back.

It seemed such a long long time ago that he had met the Stranger. The Stranger had appeared to him quite suddenly one evening as he sat alone in his peaceful moonlit garden. He could just recall that he had been sitting there quietly for some time, letting the peace and beauty of it all flow through him and soothe him. Every worry of the day had slipped away. Then the Stranger came.

It seemed quite natural that they should be there together. They seemed a part of each other somehow. For a moment it seemed that the Stranger had risen from the exact spot where he himself sat, and stood beside him and began to speak quite naturally about the wonder world. The Stranger spoke slowly and clearly, and every word impressed itself vividly upon his mind, he remembered. The stranger had said that one could use the Wonder Word any time one wished, but he must first be sure that everything was very quiet and peaceful within himself. He had only to be sure of what he wanted, then he could use the Wonder Word, and his desire would be fulfilled.

He had been so anxious to see if it would really happen as the Stranger said it would, that he had at once asked for beauty. Immediately his own lovely garden took on greater beauty. The river at the foot of the garden below where he sat began to sparkle like gold—beautiful lights played on the garden paths, lights that seemed to change from one to another of the tints of the rainbow. They lighted up the flower beds, danced on the fountain, played on the leaves of the trees. Beauty such as he had never dreamed of began to impress itself upon his senses. Sweet melodious sounds came from the stream and the trees, from the

paths and the flowers. Nature seemed to be playing upon the strings of many harps.

Using the Wonder Word again he asked for love. Down the moonlit path his wife and beautiful daughter came, their hands outstretched to him, tender love lighting up their faces. Love shone on the face of the Stranger also as he turned to the man with a smile.

A feeling of triumph surged through his mind. "If beauty and love, why not more material things? Yes, wealth!" He must have wealth, he had wanted it for so long! He could do so many things if he were rich. With a query he turned to the Stranger; could he use the word for wealth? The Stranger smiled again, somewhat sadly, the man thought, and nodded assent. Using the magic word once more, his home became almost palatial in its grandeur; the grounds seemed to widen to an estate. His wife and daughter were expensively dressed; his own plain clothes became more costly.

"Why—it worked!" It worked for anything, he could have anything he liked; anything his heart desired would be his immediately! It was all so simple too. If he had only known about it before. As he turned again to him the form of the Stranger seemed to grow dimmer and his smile sadder. Surely he wasn't going to leave him before he had asked for everything he wanted. The Wonder Word mightn't work if the Stranger left him.

His mind turned from his home to his business. Now that he had the Wonder Word he could do anything he wished there too. As his thoughts turned to the world of business many things came to his memory that he had thought he wanted, things that others had gotten because—well, he couldn't make up his mind that the means they had used to get them were quite the right things to do. Now his conscience need bother him no longer. With his new knowledge he had only to speak and the thing happened. There couldn't be any harm in that. He *would* speak the word, too! From now on he would have what he wanted and not bother, too much about the other fellow! Yes, by heaven, he'd show them; from now on he would have *his* way. He'd been hurt often enough; well, he'd let the other fellow know what it felt like to be hurt. With the power he had he would do as he liked for the rest of his life.

In his excitement he had not noticed that the evening had become dark and cold; clouds covered the moon and the wind was blowing.



He looked towards the Stranger, but in the dimness could hardly discern his form. He spoke but the Stranger did not answer; he was now trembling as if with the cold. He must get to the Stranger and make him speak, as he suddenly realized he had forgotten the magic word. He rose quickly, and as he did so a flash of lightning nearly blinded him. In the light he saw that he was alone—the Stranger had gone!

Many evenings since then the man had wandered down to his seat in the garden; but the Stranger had not come again. The man thought that if he could only recapture the peace he had felt that night, the Stranger might come.

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## THE INNER LIFE

**H**OW wonderful to know the joy  
Of happy inner living,  
You learn the truth, you get the proof,  
Not getting, but by giving.  
Some stalwart souls are privileged  
To have this gift from birth,  
Others suffer valiantly  
To prove their noble worth.  
When you will let your better self  
Control your thoughts each day,  
You'll find you are so happy  
In a radiant sort of way,  
And when you've truly freed yourself  
From worry, grief and fear,  
You'll find you have a perfect life  
Upon this earthly sphere.

—*Helen Thomas Bucher.*

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**G**ERTRUDE MARIE GREENE announces that "Ye Old Stone House," near Rochester, N. Y., will be open for appointments beginning May first. Private teachings, classes, room and board, all on a free-will offering basis.

Write her care R. F. D., Churchville, N. Y., for reservations.

# THE RESURRECTION

*"I, If I Be Lifted Up, Shall Draw All Men Unto Me."*

**O**UR GROUP was in the stillness; a stillness that made us One. We all had attained to the same realization. After the meditation our leader asked each one what she had received.

One had been impressed with the words, *"I, If I be lifted up, shall draw all men unto me."*

Another saw streamers of color passing through the earth to and fro, weaving in and out, changing, transmuting and regenerating all personalities and conditions.

Another saw a healing Angel working with the multitude, with beautiful music accompanying It.

The following was my own experience, and because it was a representation of universal truth, it seemed to apply to all of humanity, so I am sending it to you knowing the great encouragement it will be to others.

Immediately I stilled my mind a beautiful Cross of Light of huge proportions completely covered a great desert-place. The setting sun cast its colors upon the Cross as though in benediction, but at its setting the Cross radiated a white light tinged with violet.

From all directions came many people, our group among them, clad in beautiful, filmy garments of a substance not of earth. We all wore burnouses over our heads of the same substance.

We prostrated ourselves, eyes upon the Cross, arms outspread in complete surrender, open channels through which the Christ Power might flow. The act was one of sacrifice as well as surrender, the sacrifice of personality.

Then the Cross rose upright, ascended into the air until the foot of it was over the top of the earth or the north pole. It then took the form of the Christ, not a picture of Jesus as a bearded man, but a Great Being which I was told is called the Heavenly Man.

An intense radiance, due to the soft, life-giving light of which the Being was composed, enveloped all, swallowed up everything or absorbed it into Itself.

After the absorption of all the disciples into the Great One, It, the Christ Being merged into the earth through the top or the north, and then It seemed to lift and hold it up, Its outstretched arms and hands acting as its supports.

The fires of Hell rose around Its feet in swirling spirals of flame, to be immediately transmuted into spiritual power when the flame reached the heart of the Christ or Love.

Those at the feet of the Christ were unharmed by the flames, but they were purified and their understanding became perfect. The disciples composing the Heart of the Christ were conscious of the flames surrounding those at the feet just for the purpose of radiating love, strength and understanding to them.

The disciples forming the great arms reached out to all the centers of the earth, giving their support, strength, and protection.

Those who had been swallowed up spoke with a "Great Voice," words of Wisdom always working with the Love from the heart. There was a decided current of Love going from the heart to the throat, and one from the throat to the heart, forming a complete circuit within the Being, giving Its Words enormous power for good.

These words, always living, vibrating Light, are everlasting. They are the awakened souls serving Christ throughout the universe, whether manifesting in bodies or without bodies.

Through the top of the head of the Heavenly Man poured a continuous current of Spiritual Light, the ruling principle of the universe, the God-Head or the Divine Will.

The earth of land and water was transformed into a globe of scintillating Light, which had been the Great Being, made up of all the lesser Beings who had entered It.

After the perfection of the earth, I was conscious of the "City Foursquare," with beautiful white structures, schools, colleges, laboratories, etc., all formed to serve humanity.

I found myself in a laboratory working by the side of my husband, he contributing all of the knowledge he had acquired through his conscious mind, and I allowing my inner impressions to guide us both, giving us a perfect understanding of that which we were

investigating. Many other husbands and wives were working together in the same way. Great inventions were perfected. In the schools an entirely new system of instruction was in operation. The children were taught how to draw knowledge and constructive ideas from the Inner Self.

We were all giving of our selves, without a thought of gain, securely housed in this Globe of Light, while without raged battle, greed and death. We knew the victory would be certain. We were conscious of being a part of the Great White Brotherhood of Christ.

I feel this experience is an accurate account of what is taking place throughout the earth at the present time.

—L. F.

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## THE GREAT REBIRTH

I ALONE AM! I alone AM!  
Through all the numberless ages,  
I ALONE AM!

I alone AM! I alone AM!  
Know This, when turbulence rages:  
I ALONE AM!

Now I send MY Great Thought-Army over all the world,  
Go, Beloved, carry high MY Shining Flag unfurled!

Wear the Armor of the Light,  
Crystal-clear and dazzling bright!  
Wield the Mighty Sword of Flame!  
Glorify MY Holy Name!

NOW against the seeming power of darkness I AM hurled!

I alone AM! I alone AM!  
In every atom of the earth,  
I ALONE AM!

I alone AM! I alone AM!  
In all I AM the Great Rebirth!  
I ALONE AM!

—Margaret Blandy Mitchell.

# SOUL COMMUNION

## V

**D**EAR Father, is it wrong for me to want and to strive for the good things of life, even though seemingly you have not granted them to me?

Dear Son, that question I know has concerned you and many earnest ones who are seeking freedom from material lack and limitation, and therefore the truth must be declared clearly and conclusively.

First I will repeat for you those memorable words of the Sermon on the Mount. Note them now carefully.

*"No man can serve two masters; for either he will hate the one, and love the other, or else he will hold to the one and despise the other. Ye cannot serve God and mammon.*

*"Therefore, I say unto you. Be not anxious for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than food, and the body than raiment?*

*"Behold the birds of the heaven, that they sow not, neither do they reap, nor gather into barns; and your heavenly Father feedeth them. Are ye not of much more value than they?*

*"And which of you by being anxious can add one cubit unto the measure of his life?*

*"And why are ye anxious concerning raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:*

*"Yet I say unto you, that even Solomon in all his glory was not arrayed like one of these.*

*"But if God doth so clothe the grass of the field, which to day is, and tomorrow is cast into the oven, shall he not much more clothe you, O ye of little faith?*

*"Be not therefore anxious, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?*

*“For after all these things do the Gentiles seek; for your heavenly Father knoweth that ye have need of all these things.*

*“But seek ye first his kingdom, and his righteousness; and all these things shall be added unto you.*

*“Be not therefore anxious for tomorrow; for the morrow will be anxious for itself. Sufficient unto the day is the evil thereof.”*

In these words are hidden the truth, and all that anyone needs to know in order to apply it. But I know that you do not fully understand as yet, and that you would ask, “Am I then to want nothing and to strive for nothing, leaving *all* to God? Must I be content with what I have and not seek or ask for better conditions, trusting God to provide for me everything I need?”

I know that seems to be the conclusion drawn from the Lord Jesus’ words, but let us look deeper and search out His true meaning.

No man *can* serve both God and Mammon. You cannot divide your allegiance. You cannot *truly* love God, as so many are claiming to do, and continue to serve Mammon. For *real* love means a *perfect* trust in God, and a perfect trust knows no fear, anxiety or concern about anything; and when there is any fear, anxiety or concern whatsoever, it is a sure acknowledgment and proof of Mammon’s power and hold over you.

That is why Jesus so strongly emphasized the necessity of not being anxious about anything; which means being truly fearless and unconcerned about your life and everything in it. Because your loving Father, which means, I, your *true* Self, know better than you all your needs, and am but waiting not only to supply them but to give you all good things.

If you can see it, the secret cause of all your trouble—of all the lack, limitation and inharmony now manifesting in your life, is the unconscious—and shall I say, subconscious—beliefs, the negative and untrue thought-pictures, you are carrying around in the sub-strata of your mind. And when any desire or thought comes to free yourself from such limitations, immediately those old pictures come forth and scare you sufficiently to prevent your making the proper effort. Therefore the only thing to do is to rid your consciousness as fast as possible of all these untrue picture-beliefs.

How can you do this? In one way only. By convincing your mind of the truth regarding any one of these wrong beliefs, and then building a clear, strong picture in your mind of this truth; until it becomes an established fact to the mind and sinks down into the subconsciousness, fully replacing that old wrong belief. One or two accomplishments of this nature will convince your mind of the truth, and give you the confidence that in your own hands lies the power to free yourself from all unwanted conditions.

Now, let us study your beliefs of lack and limitation. First I will restate the law: "*Whatever you think and believe is so, is what is manifesting.*" Which means, what is now manifesting is only an established picture-belief you see in your mind, and because you see it there as an accepted fact in your mind, you cannot see anything else in the outer world. If you are not yet convinced of this, think it over carefully until you see that it must be so.

When it is all clear, then you can see how any lack or limitation now manifesting in your life is only what you *see in your mind*—and believe is so. In other words it is *your mental creation*, and exists nowhere else than in *your mind*. For it certainly has no part in My Consciousness—which is your true consciousness, as all that the Father hath is Mine, and I see and know *no* lack or limitation.

But you say. Evidently I permit you to believe such things, because I have not yet inspired you with the determination or given you the power to free yourself from such sense of limitation.

Yes, that is true, but it is a *negative* and *passive* belief, and gets you nowhere. For I want you to be free and to have all good things, and that has been my wish and purpose for you from the beginning—as My Son and Agent, so to speak, in the outer world. When *that* has become your strong, *positive* belief, you will want the truth and release from such limitation so strongly, that the securing of it will be the first thing in your life.

Remember Jesus' final injunction, "*Seek ye first the Kingdom of God and His Righteousness, and all things else will be added.*" When the finding and having of *anything* becomes really *first* to you, then only do you draw from Me and the One Consciousness the life and power to bring it into manifestation. For when such IS *first*, superceding all other thoughts in your consciousness,

then My Idea back of that thing trying to come forth completely fills and becomes your consciousness, which is actually My consciousness and a part of the One Consciousness—known as the Kingdom, and My Idea ever seeking expression will then flow into and fill out (fulfill) or fill full the thought-form of the picture belief of It you have created and vitalized by your intense desire. This is the way all things are created in the outer, whether you are conscious of it or not.

I have shown you in these words how the Law works—that it actually brings into manifestation wrong picture-beliefs as readily as it does the truth. But am I not teaching you to think and know the truth as fast as you are able to receive, accept and apply it?

Then put out of your mind as quickly as possible every limiting thought and belief about yourself—everything that is not good and perfect. For am I not all that you are? Have you any life, consciousness or power that is not of and from Me? And am I not all good and perfect?

When your mind can once realize this fully, then you will know that My sole purpose is to express the allness of Myself in and through you, when you admit no thought of separation or difference between us, and recognize no limitation.

Then you can see that all I seek is to have you know the truth of Myself—know that I Alone AM—I AM *your One and Only Self*; that *all* I AM, you are; that *all* the Father hath is Mine, and consequently *all* that I have is yours; that it is My pleasure to give you *all* good things, without limitation; and that you alone limit the quality and amount of what I would give, by *your thinking limitations or that I am limiting or would limit you.*

But, My Son, it must be a *positive*, serene, confident *knowing*—a knowing of *no* limitation; that there is plenty always, an abundance of all good things.

Yes, I know there is one more question in your mind. You are wondering, "If what is manifesting is only what one thinks and sees in one's mind, how would I explain the good things that come out of a clear sky without one's seeking or even dreaming of them?"

The good things are always waiting to come through into expression, when the mind is open to the truth and you are working



with the Law. Just remember the words that when you "wait upon the Lord every moment of the day, doing everything you do solely to please Him, He will take care of everything." Which is but another way of saying that when you seek *first* His Kingdom and His righteousness, all things else will be added.

You see, My Son, man alone creates the bad and unwanted things in his life by his ignorant and wrong thinking. The good things are already created by God and are always waiting to come forth in man's world, when man's mind, through a perfect love and trust in God, is open enough to receive them.

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## SONG OF UNDERSTANDING

LET the sunshine and the light  
Enter in and stay:  
So, away with darkened night,  
Welcome, golden day.

Out with every gloomy thought,  
In with courage fine;  
Life and Love cannot be bought,  
They are gifts Divine.

All the worthwhile things are free—  
Trees and flowers and sky,  
Friends and thoughts and birds and sea—  
Nothing REAL can die.

We've so little need for things  
Material that pass,  
We should O so thankful be  
For water, air and grass.

All the countless blessings sent!  
And we pass them by;  
Why not pour out grateful thanks?  
Joys will multiply.

Life is as we see it, dear,  
Either dark or fair;  
Cleanse your vision, see Life clear,  
And good is everywhere.

—R. C. Fitts.

# INNER PLANE ASSEMBLIES

By C. S. D.

**T**HE FIRST year of this decade, 1930, marked the beginning of a new spiritual cycle, when the veil was rent between the seen and the unseen. It opened a new era when human sight visioned more clearly the hidden glories of the celestial realms, and human hearing was quickened to receive some further message from the "winged walkers of the skies."

The attunement between heaven and earth reaches its highest culmination at the four seasonal turning points of the year, known astronomically as the spring and autumn equinoxes and the summer and winter solstices.

The spiritual powers focused at these seasons are particularly potent throughout the Christian world at the times of its principle religious festival occasions, namely, on the eves before Christmas and Easter. It is on these specially Holy Days that Jesus, the disciples, and the holy women of the Gospels assemble in sacred conclave to flood the earth with blessings and to give additional light and spiritual guidance to all those who are ready and able to receive it.

Each year since 1930 these assemblies have increased in power and in the glory of their observances. The Easter Season of 1936 witnessed a veritable reenactment of the Sermon on the Mount. In that high realm where all is light and fragrance there were gathered together a most blessed company. Described in the words of John, they were as "those who are Virgins and all those who follow the Christ whithersoever He goeth." They were robed in raiments of light; their faces were aflame with the radiance of spirit, and their words were symbols of the light that is eternal.

The clarion call of that glorious company for the ears of the earth attuned to their message was in essence: "The Kingdom is at hand, the old cycle is passing; the new is about to be born; and Christ Jesus is the light of the New Day."

In multitudinous waves of etheric music were retranslated the beloved words: "I am the Way, the Truth, and the Light. No man cometh unto the Father save by me." The harmony and rhythm of that music enveloped and lifted those gathered in that

holy place until they felt themselves to be so closely united in mind and soul that no earthly circumstances could ever break that glorious bond again.

Special admonitions were given regarding the subtleties of the temptations in these last days. As the light and power of the spirit increases the forces dominated by the shadows grow stronger. The one is ever proportionate to the other. So subtle and so sinister are these temptations that the "very elect themselves may be deceived." It is only as we learn with Paul to put on the whole armor of God, that we shall come to know the true from the false and the real from the unreal.

Group instructions in spiritual truths are measured according to the disciple's understanding and ability, and so it is at the Holy Season meetings. Few indeed are ready to receive their full import and glory. Those who do so become the conscious co-workers on the outer plane with the Great Ones who are shaping the destiny of this our rapidly changing mind, life and age.

The great majority who are privileged to attend these meetings take no part in the ceremonies but are permitted only to observe the works of the Radiant Ones. So powerful, however, are the radiations and so great the out poured blessings of these Holy Beings that all within the radius of their influence are tremendously revived and exhilarated in consciousness and return to take up earth life again with more fervent aspiration for the things of the higher life, a deepened sense of world responsibility, and a clearer realization of the true brotherhood of man.

Each year at these sacred Festivals an additional number qualify to pass "beyond the inner gates." There, in the presence of one of that immortal Company, they receive direct first hand knowledge such as enable them to know their places and work amid the great travail and turmoil of the transition crisis ahead, and to be more intelligent and effective co-workers with the Christ within.

Even if not consciously remembered, this high experience leaves an impress on the mind whereby it processes and quickens the heart with new impulses. Spiritual truths are henceforth more easily perceived, whether it be in sign, symbol, parable, or story. The entire being is lifted into a closer atonement with the things of the spirit.

One who has been present during one of these glorious assemblages can never know doubt, fear, or soul discouragement again. For him it is that

*"In the mud and scum of things,  
Something always, always sings."*

He *knows* without a shadow of turning, the reality of inner plane contacts; he is convinced that spiritual law is the foundation of all externalities, that man and the earth are encompassed by its power, that despite all confusions and inharmonies, underneath are the Everlasting Arms, and that always there within the heart of everyone open to receive Him awaits the loving Christ ready to heal and to bless.

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## THE GOD OF TOMORROW

**T**HE God of tomorrow stands forth in all its majesty of suns and moons and stars. Its extent is from space to space and eternity alone confines it.

Man gazing into the eyes of man, beholds therein his Maker. His Creator sings to him with the voice of the wilderness, and descends upon him from the stars that spangle the heavens of night. This God is not hidden behind flowing draperies, nor are His ministers avenging angels. Unmoved by the passing of ages, He contemplates the worlds that are His substance, and through His own mind in men seeks to probe the depths of His own reality.

This Vast One has written His laws in the heavens so that they shall endure long after earthly codes have been erased from the memory of men. This God manifests His will in the endless progression and change by which things are moved from Then to Now and from Now to Then.

This Universal Creator fears not man's efforts to understand Him; telescopes and microscopes may scan His features without offence. To what is the quest of knowledge but the God in man seeking the God in all?

—Manly P. Hall.

# GOD'S LIFE IN MAN AND TREE

**G**IRD yourselves, Oh Brethren, for dark are the clouds approaching. Sinister shadows hover over the haunts of man, imparting a restless foreboding to the hearts of all.

Fear, unnamed, terrifying, fills those who know not of the forces gathering. Fear, known and recognized fills those who know them.

Turn your thoughts toward God Love, my Brethern; gather that Love into yourselves, as a plant gathers and stores sunrays, and then, as does the plant or the wood when ignited, throw out those rays into the darkness surrounding you.

As every tree is a storage plant of unreleased sunrays, so is each man a storage plant of unreleased God rays. As trees are dwarfed or misshapen by buffeting storms, so are men. As trees twist themselves into gnarled caricatures, or thrust themselves up into the dome of Heaven and fling wide their branches to receive life-giving sunlight, so do men connive with thoughts and ways of darkness, becoming warped and deformed in mind and body; or they lift themselves and receive God light and power to store within themselves against the onslaughts of darkness.

And on goes the parallel of men and trees: As one tree fired throws its light into the darkness dispelling the shadows and gloom, giving out healing warmth and protection against cold, how much farther a forest conflagration flings its stored up sunrays into the blackness of night.

Thus it is with the human soul. As one soul stored with God Light repels the darkness of evil forces, so much more do concerted groups repel them.

Faster move the messengers of evil, Oh Brethren. Closer gather the foul furies bent on destruction, but know you, that Light travels faster than darkness; a shaft of darkness is only a shadow upon the brilliance of midday, but a shaft of sunlight dispels the gloom of the blackest night.

Dark clouds are weaving a pall to cast over all living things. So it remains for you who are the awakened ones to work fast and unselfishly for the salvation of God.

Do not mistake or underate the power of these dark ones. They are conjured from all the misery and sin and sorrow the earth has produced. They revel in their slimy solitudes and gather recruits from those places of sin and abasement which scar the beauty of a once clean universe.

Conscious of their ignominy these forces seek to draw all things to their own level, to desecrate and destroy every vestige of that which is not polluted with the virus of their ineffable evil.

These forces have been active, virulent while the rest of the world has been in a moral coma, heeding naught of anything save its own immediate needs.

That time is past. The expediency of the moment must awaken all to the fast moving Danger that is upon us.

Therefore be you like the trees, Oh Brethern, like those forest monarchs that have flung out their branches gathering and storing sunrays for centuries that one day their warmth and brightness might live again.

Put aside all that is selfishness and work for the cause of humanity, for the cause of a higher, more purified humanity. Work for the protection of ideals and live for the preserving of God Life and Christ Principle upon the Earth. (At this juncture directions were given to read Mark 13)

Go not about shouting of thy knowledge, for it will fall upon deaf ears and be held up for ridicule. Join you those who have followed the word of God, and pray for the deliverance of all people. Give succor to those who seek thee, and give knowledge of God's word to them who ask. Send forth word to all groups to pour forth the Light from within them, for thus it is that all who dwell upon the earth will not be destroyed.

Hell is given all men that they may transmute it into holiness. And as we are burned by hell-fire, so we are transformed into that which is higher and purer in form.

Give yourselves to any and all tasks for the purification and betterment of Earth, and fear not for your bodies, minds or souls, for you will be tranfigured and uplifted and not destroyed.

Wickedness is born in the hearts of men, there festering in its own pustule until at last it is ejected like a flaming comet, zooming away on its orbit, gathering strength and force on its way.

Righteousness is also born in the hearts of men, growing there and blooming, and ripening, sending its fragrance afar, gaining cosmic rays until it gleams, then glows and shines forth like a million suns, outshining and overpowering the forces of wickedness.

Be ever alert to crush the ugly heads of evil thoughts as they arise within your hearts, Oh Brethern, for thus can you live to crush all evil around you; for evil grows in darkness, and as sunlight purifies and sterilizes pest-holes, so does the light of true righteousness purify evil.

The pilgrim must learn to detect and know true righteousness, true Christ love, and not confuse them with sanctimonious cant.

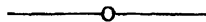
The Inner Man who knows recognizes the divinity of all things, and shines forth in a glory that needs no advertising by grandiose words from the outer shell of him.

Evil is only good gone astray, an overflowing of the ego, which is attacked by powers of putrefaction, as are all waste materials, and we find always that putrefaction ultimately becomes purification,—a transformation into a higher state.

The God fires within man, if kept aflame, eventually burn the evil thoughts and deeds that might take root and overflow; thus men must be ever aware of this fire, keeping it replenished by God force or soul force, that they may be true instruments of the Divine Plan.

Remember also, that these powers of evil can be averted and diverted into channels where their energy can be put to use. Everything that is, is of some use, put here for the benefit and glorification of man and God's word within him.

—Through *Mary and Marta*—Oregon.



**T**HE AWAKENING of Faith is bound to come. On the unimpeachable authority of Holy Scripture, we are told that no word of God shall return unto Him void, but that it shall accomplish that for which He sent it forth. The greatest word of God is the Logos, even Jesus Christ. What God has spoken through Jesus must be fulfilled before it returns to Him.

—*John Maitland.*

# THE CHILD'S WAY OUT COURSE

## NEGATIVE THOUGHTS

### Part X

SEVERAL days of confinement to the house because of a heavy cold put Colombe into a very thoughtful mood.

"Mother," she said, "what made this horrid old cold come to me? I most certainly didn't picture it in my mind! Then how could it get here—if everything in our bodies and our lives is caused by our mind pictures?"

"Colombe," answered Mother, "you must have had such a mind picture or it couldn't possibly be out-pictured in your body. I'm not trying to tell you that you deliberately sat down and created a picture of yourself 'catching cold.' No one would be so foolish! However, you must have left the radio part of your mind open to some sort of negative or un-God-like thoughts and feelings which cluttered up your mind, as in our 'Live Doll' story, and prevented God's Love from flowing freely through you."

"But, Mother!" protested the little girl, "that wasn't a 'cold' picture at all! How could anything like that make such a body-picture?"

"Before answering your question, Colombe, tell me what part of you a cold usually bothers."

"My nose and head!" was the prompt reply. "They get all stuffed up so I can't breathe good."

"Exactly," answered Mother. "Now remember that your soul is like a glove on God's Hand of Light (a Live-Doll-Glove with its radio-movie-mind). Into this radio-movie-mind God is constantly sending His perfect, beautiful, Loving Thoughts and Ideas—unless You, the Soul part, foolishly tune them out by your interest in the 'programs' or wrong thoughts of the outer world. Remember that *everything* that happens in the Soul-world makes a picture in the outer world. So God's abundant Love constantly flowing into the Soul's mind makes a picture in this mind-world of perfect health because of the life-giving air flowing constantly into and through the body's nose and lungs. Then what sort of a picture do you suppose would be made if, instead of such a



mind wide open to God, the Soul allowed its mind-opening to become 'stuffed up' with negative thoughts so that His Love would have difficulty in flowing through."

"Oh!" exclaimed Colombe, "I understand now! Of course it would make a body-picture of a 'stuffed up' nose and throat and, sometimes, lungs! But Mother, just what do you mean by 'negative' thoughts?"

"A negative thought is any thought that is different from God's good and perfect Loving Thoughts. Whenever a thought tries to enter your mind you should first decide (as we learned in our Golden Rule Club) whether you would like to have it outpictured in your body or your affairs. If you would *not* like this to happen, then the thought must be negative and should be pushed right out of your mind. Also ask yourself, 'would God have this thought in His Mind?' If you decide that He would *not* have such a thought, then you can know it is negative and should not be allowed in. You must watch carefully every thought that tries to grow in your mind or you will soon find it so full of negative weeds that the good thoughts will be choked out.

"Now let us have an example of questioning a thought. Suppose you began to think about your doll 'Blondie,'—'Oh, I don't like her anymore. I've had her for three years and I'm tired of her. So I'll just toss her aside out of my way.' Do you think that is a positive (which means God-like) or a negative thought?"

"Well, but, Mother!" protested Colombe excitedly. "What's wrong with *that* feeling? I *am* tired of her—and anyway she's just a doll!"

"Colombe," laughed Mother, "I merely asked you whether it was a positive or a negative feeling—and your answer shows that deep in your heart you feel that it is negative. Then let's try to decide just *why* it is negative. So ask yourself one of the questions and see what your answer is."

"Well," answered Colombe, slowly, "I wouldn't want anyone to get tired of me and stick me away. But, Mother, I'm a girl, and that is just a *doll* that can't feel or know anything!"

"Yes, Colombe, but we are attempting to figure out *your* thoughts and feelings—not the doll's. Just remember when you first saw Blondie three Christmases ago sitting all dressed up under

the Christmas tree. You ran to her, hugged her and were so happy! And for a long time you loved her dearly. Now, Colombe, she is still almost as good as new and has scarcely changed at all—except in your thoughts about her. When you are ‘tired’ of anything, that *really* means that you have stopped *loving* it. So such a feeling must be negative, because we know that God *never* stops Loving anyone or anything.”

“But, Mother, do you mean that we must never throw *anything* away, if we want to be like God? Wouldn’t there soon be too many toys to keep in my room?”

“Of course we musn’t *hoard* our things when we have more than we can use,” answered her mother. “God never does that. If we want to be like Him we should love *everything* we have—and share all of our things with others. As soon as you are given more dolls than you need, instead of tossing any unlovingly aside, why not keep on loving it, fix it all up nice and fresh and pretty, and lovingly give it to some other little girl who *needs* a doll and who will be made very happy to receive it?”

“Why, Mother,” cried Colombe, “that’s a lovely idea! That’s just what I’ll do with all my toys! But how about this old wornout sweater? It’s too thin and torn to fix for anyone else when I get a new one. How can I keep on loving it?”

“Why not, Colombe?” questioned her mother. “It has given you service for a long time. When you get a new sweater, can’t you silently thank and bless the old one for the warmth it has provided, and lovingly lay it aside to serve further as cleaning cloths?”

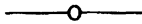
“Why, of course,” smiled Colombe. “Say, Mother, I guess I have had more negative thoughts and feelings than I knew. No wonder I kept ‘catching cold’.”

“Yes,” agreed mother, “we often do not realize how many negative thoughts we are carrying around and feeding with our interest. But love for the *real* self of everyone and everything will melt those dark ‘thought-ballon-clouds’ in a hurry and will tune your radio-movie-mind *within* to God and His perfect Ideas, Thoughts, and Feelings.”

“Well, now that I know how I got this cold—watch me make it disappear!” exclaimed Colombe joyously.

“Of course you can!” approved her mother. “Because whatever you *truly* believe in your *heart* will come to pass in your life. So to help ourselves to remember how important it is to watch *every single thought and feeling*, let us begin repeating together every night and morning, the Law of Life. We will say it the ‘grown up’ way now, because you have learned enough and are now old enough to understand the hard words; and, said that way, it will in time mean much more to you. So now, remembering that ‘consciousness’ means all of our thoughts and feelings and everything we know or think we know, and that ‘out-manifest’ means to come here into this outer world from the inner world, we will begin to learn this very important law so thoroughly that we can never again forget it:

‘WHATEVER YOU THINK AND HOLD IN CONSCIOUSNESS AS BEING SO, OUTMANIFESTS ITSELF IN YOUR BODY OR AFFAIRS.’”



### Suggested Questions:

1. What is a negative thought? A positive thought?
2. What do negative thoughts do to us?
3. Remembering the “Thought Balloon” story, describe how we make a thought grow.
4. How can we tune our radio-movie-mind to God, instead of to outer wrong thoughts?
5. How can we tell which thoughts to let into our minds? Which to keep out?
6. Does *all* sickness come from negative thoughts? Why?
7. Then if we are sick in any way how can we become well?
8. Could *any* bodily trouble be cured if we made a strong enough picture and had sufficient faith?
9. What causes all of our unhappiness? How can we become happy?
10. What must we do to attract the things we need?
11. Why is it that we sometimes don’t have everything we need? ...

12. Why is it that we sometimes forget to love everyone and everything?
13. Why do boys and girls sometimes refuse to mind their parents? Did they forget to love for awhile?
14. If they truly loved all the time would they always mind? Why?
15. What is the Law of Life?
16. Why is it important?

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## NOT A WORD

**N**EVER judge nor condemn, never arraign nor censure. Not a word! Never a doubt nor a fear. Never a disparaging remark of another. As you would others should do to the world, so do ye.

Pause! Be still! Not a word, emphatically, not even a look, that will mar the sweet serenity of the soul.

Know God. Keep silence before Him. Not a word of murmuring or complaining in supplication; not a word of nagging or persuading. Let language be simple, gentle, quiet; you utter not a word, but give Him opportunity to speak. Harken to hear His Voice. This is the way to honor and to know Him.

Not a word—not the least word. Listen to obey. Words make trouble. Be still.

This is the voice of the Spirit. Take no thought for tomorrow. Worry not about home, church or business cares. Cast all on Him—and not a word.

We think so hard, pray so hard, and trust so little.  
—Attributed to a Quaker.

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### A SYLLOGISM

God in you (major premise).  
All is God (minor premise)  
Therefore, All is good (conclusion).

—C. B.

# THE IMPERSONAL WORK

IN THIS Department will be included teachings and truths for more advanced students, especially for those who have received the monthly lessons in the sixty-five issued Papers.

Some of our readers perhaps may not be able to grasp these truths, but we urge if so that they reserve them for future study and consideration, as they will contain matter of vital moment to the soul, when it is grown ready to receive and use it as intended.

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## THE LOST WORD

THE LOST WORD in reality is but the *lost power* to speak or use The Word that immediately outmanifests itself.

In another article in this issue, entitled "*The Wonder Word*," is a story of a man who for a few moments possessed the power of using The Word and seeing it bring to pass whatever he wished. A Stranger appeared to him in the quiet of his garden and told him of this power, and behold, he found that it worked.

Of course that "Stranger" was his Higher Self, and the "garden" was the inner consciousness of his soul, where we sometimes enter in our meditations and dreams, and there see beautiful things and enjoy strange powers, seemingly annihilating time and space.

And that is what we want to talk about in this article, to show that in order to regain the use of "The Lost Word," we have but to lose our consciousness of time and space. Just what does that mean?

Both time and space are admitted by Science to be creations of the mind, and that once one can eliminate the belief in time and space from the mind—free it from all thought of them, whatever one would think clearly or say would immediately be manifest.

This must be so, for in the mental realm, or in one's mind, when one thinks and sees clearly in his mind his thought, that thought is right there before him a living thing as long as he sees it. In all the inner realms of the mind this is so.

Now supposing you could get your mind to believe that time and space were illusions—were but mind's creations, and that our law, "Whatever we think and believe is so will outmanifest itself," do you not see that with time and space out of the way, the outmanifestation would be immediate.

We know that it is difficult—almost impossible—for our minds not to consider time and space in all our calculations, and that such considerations influence all that we say and do; but this article is to assure you that one's belief in them can be eliminated from one's consciousness to such effect that instantaneous manifestations of one's spoken or unspoken word will result.

We need not cite instances of such manifestations in modern life, because many of you have had evidences of saying things and seeing them appear a moment or so later; deeming them as coincidences, however, because of their not being very important, and not realizing that you actually spoke them into being out of the invisible. We have had numerous students report such experiences.

But we wish to emphasize that these were not accidents or coincidences, but were the outworking of a definite law—yes, our law, that what one thinks and sees clearly enough will outmanifest itself—if certain vitalizing qualities are put in one's thought-picture.

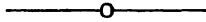
What are those qualities? Pure faith, belief, knowing; even strong desire bringing it about. Many have experienced it in little things, some in big things. Jesus used and proved it in all His so-called miracles. All Adepts, Yogis, and Magicians use it. Use what? Use the law—our law in *The Way Out*.

Why do we tell you this again? Because in that law lies hidden the secret you are all seeking, the secret of Jesus, the secret of Masters and Adepts, the secret of "The Lost Word."

Yes it can be found, and the power of "The Lost Word" can be regained, by anyone who is willing to pay the price of painstaking, determined working with the mind, patiently explaining, reasoning and convincing it day after day, week after week, until little by little it lets go of its belief in time and space, and finally allows the truth of the omnipresence, omniscience and omnipotence of the

One Mind to flood its consciousness and to free it from all limitations.

Of course this priceless power has to be *earned*, and is never permitted for long to be the possession of anyone who would use it as planned by the man in the story of "The Wonder Word."



## MY WORLD

**YOU HAVE** no physical body; you just think you have a body. Your body then is but a thought-form of a body. In fact, you are states of consciousness in body forms held together by your interest and belief in them. They belong to you because they are apart of your consciousness, but they are known only to you as **YOU**.

**YOU**, in the beginning were a **THOUGHT—A LOVELY GOD-THOUGHT!** Then this God Thought began having thoughts separate from Its Creator. **THIS** was when It went to sleep in the Garden of Eden.

During that sleep this Heavenly God Thought used Its perfect life force to build a false being in consciousness. This false entity then dominated the consciousness and went deeper and deeper into this dream state until it began to think many thoughts separate and different from God Thoughts, and to believe these creations were real.

These picture images in consciousness grew stronger and *seemed* to this entity to become things—as seen and felt and having power over its being.

But You are awakening from this dream and are knowing these things for just what they are—**YOUR OWN CREATED BELIEF IMAGES! ! !**

Now when You were still in the Garden Paradise of God, You had many, many lovely thoughts—lovely as was Your own Being . . . But when You went to sleep **YOU DREAMED THAT ALL GOD'S OTHER THOUGHTS WENT TO SLEEP ALSO.**

**BUT THIS WAS NOT TRUE . . . THEY DID NOT GO TO SLEEP . . .** You but **THOUGHT** They did . . . It was all a lie, born in your dream.

Thus did I speak to Nancy, my dream-self, while still in her dream, in order to make her awake. Now she is awake and knows, and this is what she now understands:

I—God's Thought, known as Nancy—and *I only, went to sleep*. Because I *was* asleep I *imagined* that all other God Thoughts also were asleep.

Oh, the great, wonderful truth! I am the only one in all my world who slept. Nothing else is asleep in the Garden of Eden but *me*; I, and only I, have been dreaming that these God Thoughts were human, doing all these things to me, and with me, and for me. While all this time I was only dreaming that they were humans.

And now here I am awake. And the Garden is just as it always was. There are no human beings at all! Do YOU UNDERSTAND? THERE ARE NO HUMANS—THEY ARE ALL GOD THOUGHTS!

WHY, I WAS THE ONLY THING WRONG ON THIS EARTH—IN THIS UNIVERSE! EVERYTHING WAS PERFECT but ME!! But I believed all this only in my dream.

Now I know the truth—everything and everyone has been in this Paradise all the time!

I was the cause of all trouble on earth—I created it all. I made wars; I made famines; I made earth-quakes; I made sickness; I made poverty; I made evil—all, all that is cruel and ugly. I did it all!

Everybody else and every other thing is INNOCENT . . . I alone sinned—and I sinned only in my dream!

And now that I have discovered this, I am trying to think what to do next. It gives me so much comfort and peace—PEACE all over this Universe of mine, to know that everything is all right. I am so glad, Oh, SO glad, that it was only a dream.

Now that I know the truth, the truth will show me the Way. I have only to live in the Garden and to obey my Lord God in the midst of me.

—Nancy.



## KARMA

DEAR ONES:

I feel very strongly led to tell you of some of the many truths which I have been able to give to my outer mind through the help of the Impersonal Teachings. These Teachings are so wonderful I cannot express in mere words the loving part they have played in this outer one's life. I am more grateful than I can ever let you know, and may the complete lifting up of the outer self prove my gratitude to you and to all of our other dear Brothers in Christ.

I have recently been impressing upon my mind that it is not what it believes itself to be, but that it is pure consciousness, and that body, mind, soul and spirit are merely vehicles or avenues of expression on different planes of consciousness; that as consciousness it can be in any one of these vehicles when it centers its interest and attention on the particular knowledge which any one of them is capable of expressing; that the Spiritual Consciousness, that of the Christ, knows and does express every whole, complete and perfect thought of God, and that It is man's true and only consciousness, thinned down to suit the size and use of its different avenues of expression.

The desired goal, therefore, must be to bring the mind's interest and attention to be centered continually in the Christ level of Consciousness, so that It can "shine through" and illumine all other avenues of expression; that by so doing one then becomes capable of always doing the Father's Will on all the different levels of consciousness, from the innermost to the outermost.

Another great truth that I am impressing upon this mind disciple of Mine is the one the Impersonal Teachings have stressed so much of late—that all persons, things and conditions in the outer world are only the thoughts and beliefs which people the world of anyone's consciousness.

Indeed, My disciple is beginning to see, as our Sister expressed it, that all the things we see with our eyes are seen through the colored glasses of our personal beliefs, and that when we look at another expression of God we naturally see that one through the glasses of such beliefs and cannot see them as they really are—

glorious, radiant Divine Beings. When we are able to discard these glasses from our minds' eyes, and see these Sons of God with our Christ understanding, then we will find ourselves actually in the Kingdom—the Consciousness—of God.

While My mind was pondering over these great truths, I caused certain books to come to its attention that spoke much about Karma. Its desire to know allowed Me to speak and be heard. This is the message I gave to My mind:

Within the consciousness of your soul, which for many ages has deemed itself separate from Me, your Real Self, there have grown up many wrong and foolish beliefs, caused by ignorant and selfish thinking—all of which I permitted, for reasons that will later become apparent.

These thoughts and beliefs in the course of time took on the appearance of people, things and conditions, and because of the intense interest, concern and feeling with which the mind invested these mental creations, you thereby gave them life and reality in your consciousness.

This caused you to deem yourself a separate being from Me and to believe you were living in a separate world apart from My Consciousness. These beliefs you carried with you from one mind and body to another throughout the countless ages as you incarnated again and again into the outer earth life; and all of these beliefs (people, things and conditions) became actual forces in your consciousness and thereby made up your life. Indeed, it was impossible to free your consciousness of them, because its attention and interest were being constantly claimed by these its own creations, and they were thus kept alive and powerful.

But it was I, through the outworking of the Law, who brought these forces continually to your mind's attention, until it learned to listen to Me; when as fast as it could receive it I taught it what these things were NOT. Some of you have learned that, until you persistently put inharmonious thoughts out of your mind, and *keep them out*, they will stay with you and continually come to you to be fed.

And remember, these thoughts include all the people, things and conditions ever accepted into your mind. Therefore, since your soul was first interested in and thus invited into its consciousness

any particular thoughts and there entertained them, each new mind in an earth body was given opportunity to see into the mirror of your soul, and to see all your old error beliefs, so that you could try to free yourself from the mistakes of the past.

This accounts for the particular people, things and conditions that are a part of your present life, for all of them are but the accepted beliefs and vitalized forces you created in former lives, and which will ever return to you, their creator, either to be redeemed or to be fed with more life.

Many people I cause to believe that when some trouble or in-harmony comes into their lives, nothing can be done about it, because it is some wrong which they committed in a former life for which they have to pay, and which can be corrected only by *willingly* going through the experience.

This is true, My son, if rightly understood. You have created everything now manifesting in your life by your thoughts and beliefs given birth in past lives or in this life. If some objectionable thing, person or condition comes before you, no matter what it be, you yourself created it, are responsible for it, and you must change it to what God would like to have it appear. And you can do this only by willingly letting go of your present thoughts of it and by turning to Me for My instruction concerning it.

If it concerns a person, which an occultist might say was a person you wronged in a past life, know, My son, that even people are thoughts about Me, your Christ Self, Who alone you have wronged; and once you change your thoughts about them, they must change. For all things in your life are only what you think they are and what you have carried in your consciousness throughout the ages. When you have changed your wrong thinking, or your thoughts to what I would have you think, you will no longer be subjected to or affected by former mistakes. For the only mistakes were in your thinking wrong thoughts instead of right ones, and all of your experience and all of your suffering were but to free your consciousness from all thoughts that caused your eyes to see what was less than all good and all perfect.

—Jack.

## THE CROSS

O FRIENDLY cross that raised me high,  
When mortal thought did pinion me on thee—to die!  
As tender flesh received each piercing nail,  
My heart did bleed, my senses quail;  
I cried aloud in what I thought to be,  
A cruel fate—to writhe in agony.  
“Father, Father! Why hast Thou forsaken me?”  
Just as Jesus spoke in His Gethsemane.

Gentle Jesus, Who came to show us how  
The flesh must yield, and human head must bow.  
All, all must be surrendered—*on the Cross*;  
Man must be purged of wrong beliefs, of dross.  
And so each builds his own crucifying bar  
Of adverse thoughts and acts that seem to mar  
His life and wreck his chance for happiness.  
He little knows some day this Cross he'll bless.

When the *Minus* bar of misconception is complete,  
A change takes place in the workshop; Holy, Sweet,  
Thoughts pour in to be used constructively,  
Forming the *Plus* pillar of the Cross that is to be  
The freeing element in mortal's earth career,  
Supporting strength of the thing we fear.  
We fear, we dread, because we do not understand—  
It is the portal into the Promised Land.

Oh! Cross! Most blessed Cross that we have hated!  
Accept our thanks, even though they seem belated.  
But for Thee we couldst never have known  
The Joys of Heaven, to which our souls have flown.  
Thou art the only way—the only Path to Peace.  
Holy Instrument of God, let us not cease  
To give praise and thanks and gratitude  
For Thy service—Friendly Cross, for Thou art Good!

—Edith L. Putnam.

# THE INTERPRETER'S HOUSE

**I**N THIS Department will be given interpretations of dreams and visions of those needing to know their inner meaning. We reserve for it only those of special interest and helpfulness.

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## THAT WHICH APPEARS

**I** DREAMED I broke out with smallpox, while I was talking to a lady. She said, "Look at your arms, they are all broken out!" I looked and they were, but I knew the Truth, so I did not mind. Then she said, "Why look at your chest!" I looked down and it was broken out, but so differently. I had a low-neck dress on, it coming to a V like they wore a year or so ago, and I was only broken out where the neck showed. I lifted the edge of my dress and my flesh was natural. Now the eruption was beautiful; it was as large as peas and close together. It was the color of skin, only radiant, and shone like cream-colored pearls, but on the center of each was a tiny darker dot. In fact had I taken a V shaped cardboard and glued pearls all over it closely together and put a dot on each pearl, that is as nearly as I can explain it.

\* \* \*

Answering your kind letter about your dream wherein the part of your flesh that was uncovered was broken out with smallpox, but that the eruption had a beautiful appearance, try to realize that the flesh is only that part of your outer nature that appears to the eye and does not show your real nature. However, if you allow yourself to become too interested in it, believing it is only flesh, it will have its effect upon you, as you were shown, even though it was not seemingly an injurious one.

This probably was shown you in order to prove to you the importance of the cleansing process you are now going through in the study of these truths, because the more truth you take into your consciousness, the more it must cleanse from your mind the impurities and error that had formerly controlled it and your life. The fact that nothing injurious was felt proves you are applying the truths and keeping your mind clean of untrue thoughts, hence what showed was like pearls, pure and beautiful, even though others do not understand.

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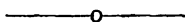
## GETTING READY FOR THE HARVEST

**I** WAS in a large building standing in the hall when I descended with great speed down a flight of stairs and out on to the street, then into a large field of timothy higher than my head. I examined the heads and found them not quite ready to reap. Was on my feet but traveling at a terrific rate of speed all over the field. When I finally came out of it I could see several white buildings, one of them quite large, the atmosphere

was a little hazy. As I looked a little boy dressed in white stood by the open door of a smaller white building in the bright sunlight. I asked him if he could direct me to some one who would tell me something I wanted to know. He ran in this sun-lit path to the door of the larger white house. Then I was awake.

\* \* \*

Your dream was to show you that when you went out of that building down the flight of stairs and into that large field of timothy growing so luxuriantly, you were there shown the harvest awaiting you but which was not yet quite ripe because you were not yet ready for it. But when you came to the large white building and asked the unrecognized Christ Child to direct you to the one who could tell you what you wanted to know, he disappeared within the temple door, indicating that you should follow Him therein. Can you get the significance of it all?



## LEAVING THE SNAKE OF SELF BEHIND

**I** HAD a vision not long ago of a boat with myself in it, no one else; it was rather a large craft, but had no visible means of propelling itself, and yet it rode the water as though at will. The water was clear and the boat traveled quite easily, but I do not know where it was going.

At first it had been launched at the shore and I pushed it away with my foot over the side. As it cleared the bank, to which the whole side of the boat seemed to be clinging, a snake that I have visioned many times was stretched out full length in the mud along the earth where the boat had lodged. It did not stir, but continued to sleep. The bank was muddy and I had on new shoes and was afraid they would get dirty, but not a particle of the mud clung to them—they were as new and shiny as before I put them in the mud to push myself away.

It took me quite awhile to study out the meaning of this, but gradually it all came clearly to me. The boat is symbolic of my soul or inner consciousness, controlled by a higher power that directs all my goings and comings, even though I fail to see how it is done. Pushing away from the bank would be consciously leaving the material to enter the higher consciousness, letting the sleeping snake of self lie in the mud of its own beliefs. The new shoes and their clean condition after contacting the mud I believe means the new spiritual understanding I have come into, which prevents my becoming contaminated by outer conditions or mortal beliefs. I now just slide away from them as if they never were.

\* \* \*

Your vision is most interesting. It is fine how clearly you were able to interpret it, but best of all is the blessed consciousness you are now in, perfectly at peace, happy and content, knowing that your Loving Father is taking care of everything needed.

# THE INNER ROOM

**C**ONTAINING quotations from our replies to those writing us for help in their *Spiritual problems*.

Each day at 12 o'clock noon, we take the names of those asking for such help in the Silence of the Spirit, and "Speak the Word" for them. Many hundreds have testified to receiving the blessings of such ministry.

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## DRINKING AND SMOKING

**I** NOTE your problem and want to help. To me drinking and smoking have always seemed foolish and unnecessary. The fact is, when I was a boy this was shown me convincingly by the example of others' drinking, and in my own experience with smoking, by getting sick from it and actually finding it distasteful, and then realizing how foolish it would be to *make myself* like it, just in order to smoke and do what other boys were doing.

And that seems to me to be the whole crux of the matter today. Why do you smoke, why do you drink? Mostly because the other fellows do it and you want to be "sociable." Have you ever had the feeling or had the thought come to you that a big soul is one who, instead of wanting to be like other people, wants to be different from the crowd and especially to be himself, uninfluenced by what anyone thinks, says, or does?

Of course such big souls are few and far between, but when one comes into Truth it is a sure sign that Something much bigger than the ordinary self is trying to get out into expression. And it is usually because a big soul back in there is trying to push aside all those habits, faults and weaknesses that would keep the real man from expressing. As you know that real man is the Christ, the Light which lighteth every man that cometh into the world, and that every man therefore actually has the nature, powers and possibilities of Jesus Christ within him, waiting to come out and express, when he can get the mind with all its foolish beliefs to surrender and step aside.

With me it has always been that when I found a habit was growing on me, preventing me from full control of myself—from thinking and acting the way I wanted to be and do, I immediately took that habit in hand and freed myself of it, thus proving to my satisfaction that I was the boss.

I do not know whether you have any ambition to be the "boss" or not, but I leave this thought with you. Maybe it will help.

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## THE DELUSION OF APPEARANCES

**A**BOUT your nephew, if you would help—really help him, there is only one way, and that is to know the truth for him—that God is living, and expressing His Life, Consciousness and Nature in him, and that

everything else is a delusion and a lie. God is all that he is, but if you are going to believe what appears instead of knowing the truth for him, what you believe will have to continue to manifest.

Remember the Law, it is what you think and believe is so that is out-manifesting. This being so, when you can think and believe the truth, it must manifest. Therefore, see your nephew as you know him to be in his soul, fully developed, fine, courageous, poised, conscious of his power and intelligence through the Christ Light in him, going about a perfect expression of his True Self. See this constantly, despite anything that appears, paying no attention to what appears or to what others say. *Just know the Truth for him, and the Truth will make him free.*

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## GETTING RID OF LUMPS OR BLEMISHES IN THE SKIN

**R**EGARDING your problem, you see quite clearly the necessity of putting that picture of the lump on your body out of your mind and of stopping feeding it with your fears and concern about it. It is the continual holding it in your consciousness and thus feeding it that makes it grow. Unless you want it to result in something serious, begin at once to see instead in your mind the life forces, which had been stopped up and had built that little lump, now pushing through the lump and gradually bringing about a perfect circulation again.

Remember, in the blood in the arteries there are white corpuscles that are life's purifying and cleansing agents and which attack and break down all dead cells and carry them away in the blood stream in the veins. These white corpuscles are actually tiny elemental intelligences which obey impersonally our thought pictures filled with feeling that in any way vitalize and qualify them. Some negative or destructive thought pictures of such kind evidently inspired these corpuscles to cease their work, causing a stopping of the life forces, clogging up the channel and creating a lump in that part of the body. Now by using the same power of creative thought and knowing the truth that mind is more powerful than matter, and that these corpuscles will obey your direction, see them attacking the hard matter in the lump, breaking it down and distributing it to the veins, until all of the lump has been destroyed and perfect circulation is again resumed.

If you will do this faithfully, putting all your interest and will in it, you will find the lump will disappear over night, especially if you do this just before going to sleep. The writer actually had this experience, finding that a hard lump was thus reduced the next morning to the nature of a boil filled with pus, which when opened and pressed out, drained and cleaned, freed the skin and body entirely from the poison and the lump.

This will be a real opportunity given you to prove the truths in these lessons you are studying, and which is probably the real reason you have to face this problem in this way. If you do exactly what is shown you above, you will not have to go to a doctor for help. We are holding you in the Silence of our Noonday Chalice for the spiritual help and guidance you need.