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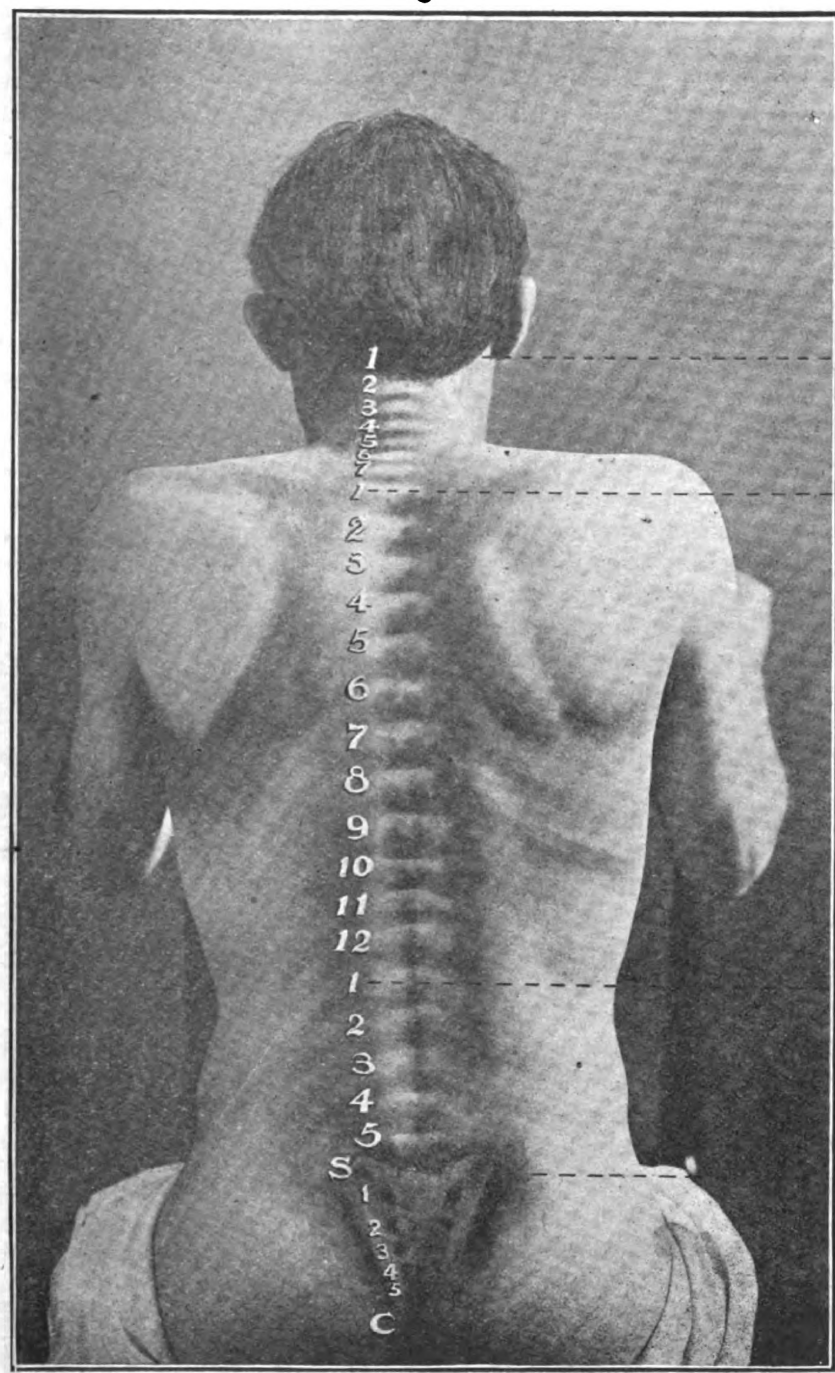
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# Human Nature

VOL. XVI, No. 178.

SAN FRANCISCO, JUNE, 1905.

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Cervical

Dorsal

Lumbar

Sacral



## THE HUMAN KEY-BOARD

(SEE NEXT PAGE)

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## THE HUMAN KEY-BOARD.

**R**EADERS should never forget that Phrenology includes the whole man, and that it is not a system of "bumps" on the head, as the frivolous *imagine* it to be.

We present our readers this month with a chart of the Human Key-Board.

Dr. Allen has written a large book, explaining the new system of Siamene Philosophy. It embraces Phrenology, Osteopathy, Chiropractics and all the best of the advance schools, simplified so that a child can understand.

The author of the book is an old time graduate of several schools, moreover he is a first-class Phrenologist, and traces every function of the mind to its original source in the brain, thence to the key board—the spinal nerves.

Each pair of nerves control certain organs or parts of the body.

"All symptoms are the result of luxations and nothing but adjustments can cure them", says a Chiropractic.

You may learn how to play this key board by following the chart and instructions, and thus effect your own cure and those of your family or friends.

It is the greatest discovery in medical practice and supercedes the drugging system as the arc light superceded the tallow dip, and as thousands of osteopathic patients are now testifying daily.

The illustration on our front page is designed to show the position of the vertebra of the human body in sectional divisions. The reader can learn to locate any vertebra or nerve center on the body, and connect with any affected part of the body, to-wit: If you desire to relieve headache, refer to the cervical region and usually you will find *tenderness* and *contraction* of the muscles on one or both sides of these spines, which make pressure on the cerebral arteries or some of their branches ob-

structing the cerebral circulation. Manipulate these muscles and you will relieve the headache, if this is the cause.

Some times headache is caused from derangement of the stomach, or it may be from uric acid in the blood; in such cases you will find contractions and tenderness of muscles in the 6, 7, 8, 9 and 10 in the dorsal region, and 1st to third cervicals, 6th to 12th dorsals, and 1st to 3rd lumbers, or one or more of these centers it may be all of them.

Wherever the cause, contraction and tenderness may be found, manipulate the muscles gently and carefully until they have relaxed and the pain will leave.

To relieve heart trouble treat the sixth and seventh cervicals and first to fourth dorsals. Sometimes the heart is affected sympathetically from disturbance of the stomach; in such cases you will find tenderness and contraction of muscles on the seventh and eighth dorsals; treat here and you will relieve the heart.

The author of this book ate a hearty noon meal in a big hurry, going immediately to hard mental labor, and in so doing called the surplus blood from the stomach to the brain. In consequence he had indigestion, he suffered from a general depression of the whole body all afternoon, and in the evening he was feeling this extreme depression, when he invited a friend to examine his heart, to see if he could detect the cause of his depression and tired feeling. On examination it was found that the heart which was ordinarily normal and regular was beating only 62 strokes to the minute, and was intermittent, the usual beat was 72 and regular. In ascertaining this condition he asked the friend to examine him and find the cause of this disturbance. On examination it was found that the seventh and eighth dorsals were contracted into a knot and tender. He was instructed to treat these muscles and relieve the heart. In a few minutes after be-

ginning the treatment the heart arose to 82 beats to the minute, and then became regular and full, by the relief of this muscular tension.

Mr. J. E. Collins, New Glarus, Wisconsin, bought this new book "Siamene Home Treatment" from us during April, and this is what he says of it:

"DEAR PROF. HADDOCK :—You ask my opinion of Dr. Allen's new book. I have read and studied the first eight chapters, and I am of the opinion that any one with ordinary ability, utilizing the knowledge these chapters convey, will not only be able to successfully treat himself, but his own family and other families as well."

It is adapted for home treatment. It is a large well bound volume weighing three pounds, with 52 full page engravings, printed on good heavy paper and mailed to any address in the world for \$5 in cloth, or \$6 in morocco. Foreign 21 s & 25 s.

We have so much faith in the work that if any purchaser is not well content with his bargain, we will refund the purchase price less 30 cents, cost of postage. Address HUMAN NATURE Office.

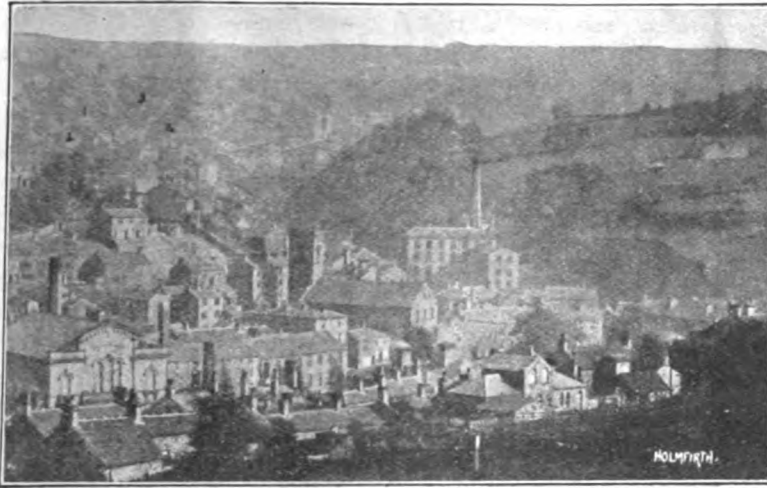
### Are You Ready to Reap the Harvest?

In our April number we called the readers' attention to a new monthly edited with rare ability by Gertrude F. Boyle, at 728 Montgomery street, San Francisco, and that the magazine abounded with phrenological statements but with phrenology left out.

The May issue of *Ability* is exceedingly fine, and we have pleasure in reprinting an article from its columns from our old friend, Major Calderwood, on the Efficacy of Phrenology, followed by an editorial by Miss Boyle, entitled "An Educational Crime."

The world is waking up slowly but surely. It is only a question of time when phrenology will be utilized in the schools. Let our friends learn the science and be ready to reap the harvest.

# THE PATHETIC AND COMICAL HISTORY OF ALLAN O'DALE



*Underbank and Holmfirth, Yorkshire County, England.*

## CHAPTER VI.

# PARTING OF THE WAYS

Harry Liston, a famous English comedian, used to sing :

"I never had a fadder ; I never had a mudder ;  
I'm nobody's child—nobody's child ;  
I never had a sister, and I never had a brudder,  
In fact I'm nobody's—infant."

I was not so badly off as Harry, although now I had neither father nor mother, and I never had a brother ; but I had three kind, indulgent, sympathetic and affectionate sisters all older than myself.

But a young swell had projected himself into the family, who thought it "swell" to get "drunk as a Lord", and as I hated drink and despised drunkenness, the old home was no longer a home for me. I had realized the lines in the *National Temperance Advocate*, that

A little drop of drink may make bright eyes grow dim.  
A little drop of drink takes the manhood out of him.  
A little drop of drink brings "the wolf" to many a door.  
A little drop of drink makes bare the cottage floor.  
A little drop of drink takes the money from the bank.  
A little drop of drink brings down the highest rank.  
A little drop of drink sinks the man below the brute.  
A little drop of drink brings forth but sorry fruit.  
A little drop of drink ponder it, neighbor, well—  
A little drop of drink can bring a soul to hell.

I was born in the house indicated by figure No. 1 in above picture, but I only remember living at No. 2, the house in which my parents died.

A well-to-do couple—friends of the family, resided in the house marked No. 3. They were childless. They sent for me one day. I responded to the call. Mr. B. said:

Well, Allan, my boy, how would you like to live with us? I will be a father to you, and Mrs. B. shall be your mother; in fact we are childless and you shall be our own dear boy."

I began to cry, but they were tears of joy; yet I replied:

"I fear you can never fill the place of my own father and mother; but I

will try and be your dutiful adopted son."

"Well said; now go and secure your sister's consent, and if agreeable, come here with your belongings and make yourself at home.

That night I was installed in my new home, and retired to bed with heartfelt thanks to God for my new and noble hearted guardians.

"I heeded not the cold blast,  
Nor the winter's icy air ;  
I found a climate in the heart  
And it was summer there."

My foster parents were all that could be desired. I was content and happy once more. The sun shone brighter, the flowers smelled sweeter, and the birds sang from the tree-tops with a deeper melodious lay. My new home was a heaven of bliss.

## A GREAT CATASTROPHIE.

I had enjoyed my home just six months, when a dark cloud cast its shadow in the household. One morning my new mother greeted her only brother as he drove past her door; looking back to reply, he lost his balance and fell from his seat into the road below, and broke his neck. The poor man was lifted up and carried into his sister's house a corpse.

Her brother's fatal accident completely dazed her; she blamed herself for drawing his attention when his back was turned; continually she accused herself as causing his death; for weeks she moaned both day and night.

On Monday forenoon of the fourth week after the death of her brother, a message came to me at my work to go home immediately. No reason was given for the request, but I stood in deadly fear that something of a serious nature had happened, I dare not guess what.

On my way home a sympathetic neighbor scanned my face, and I heard her say to another woman: "Allan looks scared; he is as white as a ghost. Poor boy, he has lost his new mother."

Immediately I turned and pleaded

for an explanation, and it came in this fashion:

"Why Lydia Beaumont, your new mother, hung herself to a beam in the pantry, and she is dead!"

I nearly fainted on the spot, but managed to crawl home the best I could, only to find the house in an uproar. The family physician had just arrived, and was announcing the fact that the vital spark had fled.

It was an awful day, but the night following was something terrible. There was no public morgue. Mr. Beaumont and I retired to bed upstairs, and the body was laid out below. The mewling of the cat upstairs, and the barking of dogs outside disturbed us greatly under the circumstances.

After the funeral M. B. went on a visit to his sister in Lancashire. A few days later he was run over in the street and killed on the spot.

My new home was broken up and the property sold by the executors. Thus I was again homeless and thrown once more upon a cold and cruel world, and that was no comedy.

*Continued the whole year round.*

Subscribe for HUMAN NATURE for 1905—only 50 cents for 12 monthly visits, and you will get the comical history of Allan O'Dale.

### There is No Abrogation of The Moral Law.

A Quaker in the *Philosophical Journal* says: "A distinguished theologian, in a recent sermon, denounced the 'Vicarious Atonement' in powerful language. Not only, said he, is it demoralizing, but it vitiates the bookkeeping of God. There is no abrogation of the moral law. It is inscribed on the tablets of eternity. For every false word and unrighteous deed, for cruelty and oppression, the penalty has to be suffered. Justice, and love, and truth alone endure and live through all eternity."

### Human Science Convention at Portland, Oregon.

On July 12th and 13th, at 193 Sixth Street, Portland, Oregon, there will be a Human Science Convention, under the auspices of the Universal Improvement Society, of Seattle, Wash.

Prominent exponents of Phrenology and other branches of Human Science will take part in the program.

Meetings both afternoons and evenings.

Persons from abroad are especially invited to attend.

Admission free, but preference will be given to those who hold tickets, which may be had by sending self-addressed stamped envelope to Prof. Geo. Morris, 29 h and Spring Sts., Portland Heights, Portland, Oregon.

### Are The Blind Supersensitive?

During these last twenty years we have had three blind students in Phrenology, and our experience with them is worth recording; it shows the degree to which the remaining senses can be trained when the sight is lost.

Taking A by the arm one day to lead him into Powell street, we turned gently towards St. Ann's building; if our course had been continued it would have brought us both to a full stop; but before we reached the dead wall A exclaimed:

"Where are you going?" We replied, "Taking you towards home." "Nay, you are trying to run me through a stone wall."

How did A know that; did he feel it?" He did not get within three feet of the building. We put the question to him, when he answered: "I can tell instantly if the road is not clear."

Sitting in our office one day, apparently deeply absorbed in his lesson, the door was opened quickly and was closed with a crash, when Mr. B exclaimed:

"Hello, Prof. Holt! good morning! How are you?"

We asked Mr. B how he knew it was Prof. Holt, when he could not see his face, and had not heard him speak?

Mr. B replied: "I *thought* it was he just as soon as he touched the door; but when he closed it I *knew*."

Asked how he knew, the blind man answered: "By the crash and vigorous manner in which the door was opened and closed."

Ascending the wide stairway leading to the office from Market street with Mr. C—blind student No. 3—we met a gentleman descending the stairs in a hurry. Mr. C remarked: "There goes Mr. Decker, the real estate man of the next office; he always runs down stairs sideways."

We asked blind Mr. C. how he knew, and he replied: "I know by the sound of his feet."

We heard a story the other day about two blind men from a home for the blind. The men came from opposite directions, and as they approached each other a man standing on the corner was surprised to hear one of the blind men say: "Hello, Ed! What are you doing out this morning?" When the blind man was asked how he had known the other with a distance of five yards between them, he answered: "By the sound of his cane, of course. I can tell at the distance of half a square the tap of the cane of any man in the home."

### Microbes.

They were leaning against the bar in Cassidy's saloon the other night, when Flaherty asked Gallagher, "How are yees on a coonundrum?" "Foine," was the answer, "but O'ive not had one for some toime. To tell yer the truth, O'ive been drinking steam beer lately."

"O'im not talking of drinking; are yees good at guessing things?"

"Oi can guess anything that walks."

"Well thin, why is it that all the rich Germans refuse to use green colored robes?" A pause. "Oi dunno."

"Because they think they're mike-robres," said Flaherty.—*Health Magazine.*

## Efficacy of Phrenology.

G. W. CALDERWOOD, IN "ABILITY."

The efficacy of figures is found in mathematics; that of chemistry in the affinity of compounds; electricity by the positive and negative correlation of the mystic forces, and in phrenology by the brains, which are the organs of the mind.

Phrenology is not a head-feeling proposition as many suppose, nor a theory of bumps or protuberances on the skull.

Whatever is, phrenology points out.

The mind does not create the brain, although the latter is the organ of the mind.

If a child is musical, phrenology says so.

If it is mechanical, ditto.

Whatever the child is or *can be*, phrenology declares it.

And what is the efficacy of the brain?

Its potent factors, of course.

These are the various organs that permeate every section of the brain.

The more potent they are, the more active they can be.

Desire creeps in at times and gets ahead of one's ability.

False education and other circumstances often cause this folly.

Desire is not to be considered when it is repugnant to ability—the inherent action of the mind.

The simplicity of phrenology enables most any one to understand it.

Successful business men all have wide heads — none have narrow heads.

Great orators have large eyes, but all large-eyed men are not great orators.

Men of strong moral character are high above the temporal regions. No great moralist has a low top head.

All men of friendly disposition have long back heads.

Phrenology doesn't belong to *materia medica*, and many doctors

don't know any more about it than a horse trader knows about astronomy.

Quality in a brain means everything.

Just so in a horse or a stick of timber.

As with a watch, so with the brain—the running gear must be first-class or the watch will be useless as a time piece.

A brain is shaped for music, mathematics, invention or philosophy independent of desire. Cultivation is nonsensical when the brain is absent.

The artist cannot be taught to draw, shape or form, unless the brain is shaped accordingly.

Teachers who do not know what a pupil's brain is shaped to do have no right to assume to instruct.

The troubles between husbands and wives is found in the brain, and back of that the mind.

Mind harmony was lacking before marriage. The proof is in the shape of the brain.

The mind will out when the brain shape is lacking in the one or the other.

The folly of marrying "opposites" is as dangerous as the marriages of heads that are exactly alike in the wrong place.

No couple should be permitted to marry whose engagement is not made public a year in advance. That will afford ample time for the discovery of their mental harmony according to the quality, size and shape of their brains.

It is the 'catch-as-catch-can' mode of getting married that increases the divorce statistics of the country.

A man or woman should exercise as much judgment in selecting a wife or husband as a farmer does in selecting a brood sow.

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If you wish a good lively Health Magazine, then send us \$1.25 for one year's subscription to Dr. Burke's *Health Journal* and HUMAN NATURE.

## The Doctor

BY WILLARD C. BEAN, OSTEOPATHIC  
PHYSICIAN, 305 LARKIN ST.,  
SAN FRANCISCO, CAL.

It often happens that the family physician knows more of the history, is a closer friend to the family, and is depended upon for advice more than any other person.

How important then that the physician should be a MAN in every sense of the word, physically, mentally and morally.

The doctor in order to succeed (by this I mean that he must elevate and prove an honor to the profession) must study and keep up in his professional line, so as to inspire confidence in and be able to help his patients, he must be free from all vices, and be perfectly honest. Let us see what percentage of the doctors come up to the requirements. It is estimated by the best authority that at least four fifths of all the physicians smoke tobacco or drink whiskey, a very large number of whom are cigarette fiends. There is an average of one in every six who is addicted to the morphine, cocaine, or codine habit.

It is certain that one who freely uses whiskey and tobacco, say nothing of the morphine and other drugs, is not competent to treat sick people, much less to give advice. The 'do as I say and not as I do' adage may work all right in theory, but it will never answer in actual practice.

When a man tells you that you must not drink, as it will injure your health, at the same time blows a strong whiskey breath in your face, his advice carries but little weight, nor would you pay much attention to warning words given between the puffs of a cigarette, charging you not to smoke. In such cases it must be admitted that the bad example exercises more influence than the advice.

It is my opinion that the adage 'doctor heal thyself', is the proper thing, because the first step in healing

one's self is to abandon all vices, do nothing that will in any way weaken the physical or mental faculties. One who has succeeded in mastering himself may reasonably expect to influence others, but he who remains a slave to petty vices need never expect to attain anything which is of real value.

Therefore as the medical profession is the noblest of all callings, the one which involves the greatest responsibility, I believe that only the class of men whose character is of the very highest type should be permitted to practice the healing art.

Drinking whiskey should disqualify a physician, as should the habitual use of any of the opiates. The excessive use of tobacco should certainly disqualify, as should any immoral conduct; cigarette smoking should be classed under this head.

The reckless use of the scalpel (surgical operations where not indicated) is another crime which should not only deprive the offender of his diploma, but states prison him for life, or better still, hang him.

There is another gentry which I have it in for—I refer to the abortionist, that human hyena, who can be hired to commit murder as often as he is given the price, and often that price is exceedingly small. But that matters not, the criminal should be punished the same as any other murderer. If more attention was given to these questions, and less to the particular school from which the doctor graduates, it would produce a very desirable and cleansing effect in the professional ranks, for after all it is the character of the man and not the school from which he graduated which elevates and glorifies the medical profession.

#### Regarding Sample Copies

When a sample copy is sent it is an invitation to subscribe. HUMAN NATURE will pay you twelve monthly visits for 50 cents. Many of our subscribers now remit \$1.00 for two years. Or you may name two of your friends to whom we can forward HUMAN NATURE FREE, including yourself, one year for one dollar.

## REVIEWS

THE Story of a Literary Career, by Ella Wheeler Wilcox, with description of Mrs. Wilcox's Home and Life by Ella Giles Ruddy is highly interesting. Like most of literary men and women, Mrs. Wilcox had to struggle in early life against great odds, but high ambition and indomitable will, coupled with a good intellect and literary talents, she conquered obstacles and ultimately rose to the top of the literary profession. As a great poet she is known wherever the English language is spoken; but the common people know her best through the instrumentality of the great Hearst newspapers, as an adviser and friend. No newspaper writer in America is doing so much good to-day as Ella Wheeler Wilcox. Her advice is sound at the core. The book is only 50 cents. Published by Elizabeth Towne, Holyoke, Mass., and for sale at HUMAN NATURE office, 1020 Market street.

The *Phrenological Journal* for May contains an excellent portrait of Homer Davenport, the celebrated cartoonist, and an excellent character sketch from a personal examination by the renowned editor, Miss Fowler. We are told that Mr. Davenport's mother wished to bring into the world a fine cartoonist and a lover of animals, and that she prepared herself in every possible way to rightly impress her unborn child. The world knows that Mr. Davenport has fulfilled his mother's highest ambition in this respect, and Miss Fowler says when Phrenology is studied in its true light its great importance will be seen; that, in fact, a great future lies before it. "Dr. Osler Answered," "Is Marriage a Failure," "A Japanese Kindergarten" and other excellent features make the *Phrenological Journal* for May highly instructive and interesting.

*The Character Builder*, for May, sustains its high reputation for building up character. Prof. Miller is a scientific phrenologist, and his articles are remarkable for their high moral tone.

*Human Culture*, Chicago, for May, is up to the usual standard. The leading articles are "The Soul's Workshop," "The Sisters," "Why Short Men are More Active than Tall Men," "Magnetism and Life."

Psychology and Pathology of Handwriting by Magdelene R. Trumno. Fowler & Wells company, New York, Melbourne and London. Price \$2, cloth. This is a work translated from the German by the author, and perhaps the most scientific work on Handwriting ever written, because it is based on brain and nerve function. She regards all mental and bodily functions as having the brain for their central organ—voluntary and involuntary action, or conscious and unconscious movement. She embraces the various mental moods as the result of physical conditions from the lazy phlegmatic to the highly nervous and irritable. She proves that expansive feelings of joy, courage and activity produce an extension of the veins and arteries on the surface of the body, and that all the various moods of the mind are expressed in the physical—physical activities, and in none more so than in Handwriting. It is easy to tell by the handwriting whether a person is ill or in good health, and a student of Graphology by studying this great work will understand by the thousand examples she gives why the talents, moods and characteristics of a person can be correctly read by the Handwriting. We have the book for sale.

Would you like to receive a nicely printed list of 200 picture postal card collectors, who would exchange cards with you? For 10c we will forward you 200 names of card exchangers. Address this office.

We have some fine Oil Paintings in stock, many of them NEW, cheap and very suitable for lecturers. Send a stamped self-addressed envelope for description.

**What Editors Say About Happiness.**

*Suggestion* for May contains quite a number of editors' opinions on happiness, in reply to five questions. Below we make the following extract from its interesting pages:

- (1). What is happiness?
- (2). Is happiness within the reach of the average person?
- (3). Is a state of happiness desirable?
- (4). If happiness were possible would not a great incentive to human endeavor be removed?
- (5). What is the chief aim in life?

The following answers were given by Allen Haddock, editor of HUMAN NATURE, a phrenological journal of advance thought, San Francisco, California:

- (1). "Tis not to any rank confined, But dwells in every honest mind."
- (2). Yes, in a degree; according to his organization, environment and culture.
- (3). Yes, to a certain extent; beyond this point human happiness and progress abates.
- (4). If *complete* happiness were possible a great incentive to human endeavor would be removed.

(5). That depends on the individual. If his base brain predominates, his chief aim is in sensual pleasure. If it is his back-head, then social intercourse, home and family. If he be a business man with a very wide head, the accumulation of riches is his chief aim in life. It depends which group of faculties predominate in *development* and *activity*.

The greatest amount of happiness arises from the exercise of the superior organs of the brain, namely, the Moral and Religious faculties; and the chief aim in life for persons so well endowed is to do good, and to lead men into those higher latitudes in which they themselves have found such untold pleasure.

**An Educational Crime**

AN EDITORIAL IN "ABILITY" SAN FRANCISCO, CAL.

What San Francisco and every other city needs is a school where children can be taught according to their ability. A pupil endowed with mathematical talent should be taught along the lines of algebra, geometry, astronomy, trigonometry and the higher calculus. A pupil of mechanical mind should be trained along mechanical lines. And so with philosophy and every leading talent. A teacher who has not the ability to classify pupils according to their "natural bent," brain strength, has no business in a school room.

Why should a child endowed with a brain for the arts be made to study problems he will never have any use for? There are already too many educated paupers in the world and ignorant school teachers are responsible for it.

ABILITY holds and will ever maintain that the State owes an education to every child according to its talent and none other. Classing children regardless of their mental differences is a CRIME.

We select the proper trades and professions for men, women and children.

**Beautiful Postal Cards.**

Exhibiting colored views of San Francisco and country "Down by the Golden Gate," in 150 varieties. Some of those about San Francisco are comical and highly amusing, but the majority are artistic productions of famous photographic views of this great wonderland. 25 cents per dozen, mailed.

Address "Views," Human Nature office, 1020 Market St., San Francisco, Cal.

**Let Us Do Good to One Another**

It is very seldom that we publish testimonials, but we could publish many similar to the following, received a few days ago:

THE DALLES, OR., Apr. 20, '05  
 PROF. ALLEN HADDOCK:

Allow me to address you as my dear friend. \* \* \* You have performed a miracle in my case. I can hardly believe my own eyes that anyone could do so much for me. \* \* \* When I sent you my photo I was in a terrible condition, by the use of medicines and \_\_\_\_\_'s Electric Belt. I had become a complete wreck. I have discarded both, followed your advice, and now I am well. I pray to God to sustain you in your good work. I am overflowing with good feeling toward you for the good you have done me, and feel that I must let you know it.

So the letter goes on filling nine pages of closely written matter. We put the gentleman on his feet by reforming his habits and changing his hygiene. It is such letters as these that make us feel that life is worth living, and that untold pleasure and happiness accrues from doing good. Let us do good to one another, at least whilst we live.

**Health Jokes.**

Every month that popular magazine, *Health*, 1562 Broadway, N. Y., contains some good jokes on doctors and druggists. Here is a sample from April number:

Mrs. Casey—"The doctor says ye have appendikites, Tim!"

Mr. Casey—"Och, Norah, Norah! Why wor ye so foolish as to show him yure bank book?"

Dr. Budd—"I have been looking at some artistic interiors to-day."

Dr. Mudd—"House-hunting or X-ray examinations?"

A Fort Worth druggist is in receipt of a curt and haughty note, in an angular feminine hand: "I do not want vasiloline, but glisserine. Is that plain enough? I persoom you can spell?"

# Human Nature

A MONTHLY JOURNAL

—DEVOTED TO—

**Phrenology, Physiognomy and Health.**

**ALLEN HADDOCK**...Editor and Prop.

One Year, in Advance.....50 Cents

Single Copy..... 5 Cents

Back Numbers, per Copy.....10 Cents

Entered at the Postoffice at San Francisco as  
Second-Class Matter, September 29, 1890.

SAN FRANCISCO .....JUNE, 1905

**PROF. HADDOCK** is the author of and accepts responsibility for all unsigned articles and paragraphs. The moral responsibility for signed articles devolves upon the writer whose name is attached.

### MONEY ORDERS

We hope our friends will remember that all money orders, American or International, must be drawn on the Postoffice at San Francisco, Cal., or through an Express Company, and made payable to Allen Haddock at 1020 Market street. Two shillings in British stamps received as one year's subscription, or 50 cents for United States and Canada.

Bank checks not accepted.

When this square is marked inside with an X your Subscription has expired, when the paper stops, and is only re-entered by request. Kindly renew at once.

### Back Numbers.

To discourage *slow renewals* and carrying old stock, we charge 10 cents each for back numbers.

Our office hours are from 9 A. M. to 5:30 P. M. Other hours only by appointment. Phone Mint 796

Will city subscribers kindly call in the office to renew or subscribe?

**HUMAN NATURE** is 50 cents per year. The following magazines are \$1.00 per year: *Phrenological Journal*, *Human Culture*, *Character Builder*, *Health*, *Suggestion*, and *Health Culture*.

You may order any one of the above journals and **HUMAN NATURE**, one year, for \$1.25, at this office.

### Notice to Patrons.

Our Prof. Dove is in the office every evening from 5 to 9 o'clock, every Saturday from 9 A. M. to 9 P. M., and Sundays from 9 A. M. to 5 P. M. He will receive subscriptions to **HUMAN NATURE**, sell books, make examinations, or give lessons in Phrenology and Physiognomy.

At 625½ Larkin street, 10 A. M. to 5 P. M. daily.

## IF ILL WE CAN CURE YOU

Our bodies are composed of the food we eat, the liquid we drink, and the air we breathe. If we eat improper combinations of food, or a food not adapted to our occupation and environment, we become ill, and no amount of drug medication can possibly relieve us; the remedy lies in a complete change of diet and living.

There is no hard and fast rule for everybody, but each person should be treated according to his or her temperament, ailment and surroundings.

Whatever may be your ailment, you can rest assured that our method of dieting and hygienic treatment will cure you.

Delays are dangerous. If you desire health act at once. Answer the following questions, enclose our fee (\$5.00) in your letter to us, and you will receive advice by return mail.

### Question List.

1 sex; 2 age; 5 are you married; 4 weight; 5 height; 6 occupation; 7 state complexion and color of hair and eyes; 8 condition of teeth; 9 give your temperament, vital, mental or motive, or in other words are you plump and round? or mental and nervous? or are you boney and muscular? 10 do you sleep well? 11 how do you feel on waking up? 12 state your general feelings and symptoms; 13 have you disention of the bowels or troubled with gas? 14 do you suffer pain? state where; 15 do you have indigestion? constipation? sour stomach? bad breath? furried tongue? bad taste in the mouth? diarrhoea? colic? chills? dizziness? heart palpation? numbness? or sick headache? 16 do you smoke or take alcohol? 17 how is your appetite? 18 state the kind of a food you eat, how often, and what you prefer? 19 how long have you suffered? 20 give all symptoms and other information you can.

We treat each case according to temperament and individual needs, as revealed by Phrenology, or mental and physical conditions.

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Send us your photograph together with a few lines of your own handwriting, present occupation, education and whether married or single, and state of health.

Readings, brief statement, \$1.  
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Allen Haddock, 1020 Market st., S.F. Cal.



## General Remarks and Hints to Students.

### The Shape of Our Heads Indicate True Character.

BY JOHN W. TAYLOR, PRACTICAL PHRENOLOGIST, MORECAMBE, ENGLAND.

PHRENOLOGY was discovered by Dr. Gall, an eminent German Physician, and for a hundred years the term *Phrenology* has been before the world. Dr. Spurzheim was his principal coadjutor. The term Phrenology, derived from the Greek words *phren* and *logus*, signifies "discourse on the mind." As a system of mental philosophy, based on scientific principles, it claims to explain the faculties of mind, by studying the configuration of the brain during life; and it also points out a connection between particular developments of the brain and certain manifestations of the mind.

(1) *The function of brain is the manifestation of mind.*

(2) *We have no knowledge of the operations of the mind, except through the medium of its physical organ—the brain.*

(3) *Anatomy proves that the nerves of feeling, seeing, hearing and smelling, have their origin in the brain.*

(4) *An inflammation of the brain produces a derangement of the mental faculties; but no such effects are produced by the inflammation of any other portions of the body.*

Other arguments in favor of the proposition that the brain is the organ of the mind might be given; but space will not permit it. To students, I would say, thoroughly understand the subject before you attempt to apply it.

1.—**SIZE OF BRAIN** is the measure of power, organic quality and other things being equal; but you cannot judge of the qualifications of the mind by the size of the brain only. A person having a very small brain cannot display great mental power; but a fair sized brain with

good organic quality, health, etc., may display good mental power.

2.—**Balance:** Pay special attention to the direction in which the brain is most expanded or developed; draw lines from the ear to the center of the elevated parts, by this means you will soon be able to judge of the even or uneven balance of all the faculties. *See remarks under heading size of brain.*

3.—**COMBINATIONS:** We cannot tell the influence of one particular faculty, considered separately, unless that faculty is very large, as in cases of insanity. We must also study the modifications produced by differences of temperament, habits, etc.

4.—**BAD FACULTIES:** We frequently hear people speak of their bad faculties; there are no such things. All faculties bestowed upon man are capable of dedication to the service of God and mankind; yet, on the other hand, every power may be perverted by the action of man's free will.

*Dr. Gall discovered* the organs when in excess, hence he observed that a certain portion of the head (over acquisitiveness and secretiveness) was very large in inveterate thieves, and named it the organ of theft. Dr. Spurzheim discovered that two organs were located in this region, viz:—acquisitiveness,—which gave a disposition to hoard up; the other—which gave a tendency to conceal.

"Human experience, which is constantly contradicting theory, is the great test of truth."—*Dr. Johnson.*

### TO THOSE ABOUT TO MARRY

A PHRENOLOGICAL EXAMINATION might prove of immense value, as by it, the parties may ascertain whether they are physically and mentally suited to one another, etc. Much misery may thus be avoided, and peace, joy, and happiness secured.

A BOY who might have been successful in the world of Engineering, and been a blessing to his friends and the community, becomes a burden to

himself, and a trouble to his parents, through being tied down to office work.

A GIRL who, by the proper guidance of her gifts, might have been an ornament to society, becomes prematurely aged, and loses her charms as a result of the pride of her mother, in selecting for her an uncongenial occupation.

PARENTS should apply the principles of Phrenology to the choice of an occupation adapted to their respective children. An examination might be made incalculably valuable.

Dr. Spurzheim expressed the opinion "that the time would come when Phrenology, in common with Medicine and Law, would become a regular profession, having not only its professorships in our seats of learning, but its regular practitioners in our cities and villages, who would be consulted by parents touching the education and choice of occupation adapted to their children, and by persons employing apprentices, servants, etc. as much as the physician is now in sickness."

This state of things PHRENOLOGY is now producing.

PERSONAL: I am frequently asked, how often should a person consult a Phrenologist. My answer is: Not less than once in two years, especially for children, and whenever you are suffering in health (when the first symptoms trouble you) *consult your Phrenologist.* By so doing, years of suffering and expense will be saved, and health and success attained.

NUMBERS OF PEOPLE, whose powers have run down as a consequence of the constant strain upon the nervous system, are inclined to give up in despair, when the only thing they require is rational treatment, and a return to a more simple and natural mode of life. Success or failure depends upon the right or wrong use of the powers we possess, and upon the steps we take for the proper development of those powers. *Upon all these points consult a practical Phrenologist.*

### Trouble.

BY C. N. MILLER, M. D., SAN FRANCISCO, CAL.

Probably there is no other cause so depressing in its effects upon the nervous system and through it upon the general health, as trouble. How often does sorrow for a beloved child bring a parent to the grave. How often does one consort follow the other to death. How failure and disappointment shrink the currents of life and bring pallor to the cheek.

One reason for this is, that trouble is so persistent and constant in its demands upon the nerve force. The nervous system daily requires much rest; long periods of absolute quiescence, but trouble ignores this law and night and day keeps the brain on the rack. There is little or no chance for recuperation, and from this continued waste of vital force, the stomach, the liver, the spleen, the heart and all the other vital organs are put upon short allowance of nerve stimulus and the powers of life begin to fag. The breathing becomes slow and shallow, and the blood is but imperfectly oxygenated. The frequent sighing of one in trouble indicates this, and that Nature is making an effort for relief.

Nutrition being thus interfered with, weakness, trembling and emaciation gradually appear. The slowing of the blood and its deficient oxygenation acts in a special manner to congest the liver and spleen, and to interfere with the normal performance of their functions. The complexion becomes muddy and sallow, the tongue heavily coated, the hair thin and gray, the eyes lose their luster, and all desire and even capacity for enjoyment is gone. Life becomes an intolerable burden, and death from this imperfect performance of vital functions soon follows. In very severe cases, the brain under the irritation of continued overstrain, may take on inflammatory conditions—the deadly brain fever; or, as if in self-defense, nature will stop the

nerve waste by taking away the power to think altogether, and to preserve life, give us insanity. Such, in brief, are the effects of trouble.

How shall we prevent the ravages of trouble? Shall we resort to the hypodermic needle and some wonderful broth or mysteriously brewed potion, or shall we, as much as possible, aid Nature to bear the unnatural burden, and as far as we can remove the burden itself? Many attempts to overcome the effects of trouble by the needle have been made. Some deadly narcotic, as morphine or cocaine, is the usual medicament employed. Sometimes it is sought to drown out troubles in the flowing bowl. So far these results have been unsatisfactory and as might have been expected, the last condition is often found to be worse than the first.

No. In dealing with the effects of trouble as with any other physical evil, the better way is to aid the system to bear the extra strain, sustain the vital forces, assist in carrying on the feebly performed functions, and stop the unnatural waste of nerve force to as great an extent as we are able. To remove the cause of the difficulty, when possible, is, of course, always indicated. When this cannot be done, the mind must be schooled to exercise the virtues of fortitude and resignation; remembering that, as Homer says:

"To suffer is the lot of mortals here below,  
When Jove gave us life, he gave us woe."

The best treatment for trouble is activity, plenty of hard but interesting work; companionship as constant as may be of congenial spirits, with some special friend in whom to confide all; plenty of nourishing food; careful attention to the excretory organs; general tonic osteopathic manipulations; as much out of door life as possible, and above all an abundance of sleep.

The danger is from the continued waste of nerve force. Let this precious energy be guarded and conserved by one in trouble with the utmost care. Hensel tells us that there is a Persian adage which, when inscribed upon a charm or amulet to be worn upon the person, removes anguish of every kind and bids defiance to every tribulation. In English it reads:

"Also this will pass by."

### A Successful Student.

MANY of our students have been successful in rising to important positions. Twelve years ago Prof. John T. Miller took our course of instruction. Previous to that time he was a successful teacher in the public schools of Utah. Several years ago he rose to the position of Professor of Physiology at the L. D. S. University, Salt Lake City. He is the founder and editor of *The Character Builder*, a popular magazine devoted to Phrenology and the moral and intellectual improvement of the people. On May 12 we received from Prof. Miller the following letter which speaks for itself:

SALT LAKE CITY, UTAH,  
May 10, 1905.

DEAR FRIEND HADDOCK.

I have resigned my position as Professor of Physiology in the L. D. S. University and shall open an office on June 1, for the purpose of delineating character. The time has come when I should take a stand for Human Nature in this section, and rescue the work from the fakers. During the past winter I have given physiological and brain measurements to several hundred students at the University, and I am employed or engaged to do that work here for two months next winter at a salary of \$150 per month. The remainder of the winter will be devoted to a lecture tour through the intermountain west. In order to get my work before the people of Salt Lake City I am securing sufficient advertising from the merchants to get out 12,000 copies of the June *Character Builder* and will put one in every home of this city.

As you were my teacher and know of my work, I would like to get a short testimonial from you concerning my ability as a character reader or delineator.

With kindest regards,

Sincerely yours,  
JOHN T. MILLER.

### Phrenology Boiled Down.

The brain and body are the tools of the mind.

The better the tools the better its work, and it can improve its tools.

No true phrenologist believes in Fatalism or Materialism, or pretends to read character by BUMPS on the head.  
GEO. W. WOLFR.

## A Phrenologist Will Examine Railway Men.

Employed to Discover Latent Talent  
in Employes.

Special Dispatch to The Call.

OMAHA, Neb., May 16 —The value of the science of phrenology in its application to business purposes received substantial recognition in the headquarters of the Union Pacific Railroad to-day, when a contract was entered into with J. M. Fitzgerald, a Chicago phrenologist, to examine the "bumps" of the sixty clerks in the passenger department. The object of the examination is to determine which department of railroading the subject is best fitted for.

The civil service system prevails in the general offices, but this does not operate to prevent the transferring a clerk from one department to another, and the "bump" specialist is expected to discover latent ability which might be of value in another branch of the service.

Because this is good news, we can excuse the newspaper correspondent who knows no better than to think that talents and character are indicated by "bumps." Some day he will be better informed.

It has come to this point in business life, that in order to ascertain personal fitness for certain kinds of work, a large corporation has realized the necessity to engage an "Official Phrenologist."

It will now be in order for other corporations and business firms to follow suit. When the great utility of Phrenology is recognized in the social, commercial, professional and political world, there will be such a demand for Phrenology and Phrenologists that the science will be taught in the schools, as Dr. Russell Wallace predicts.

There is a great future for Phrenology. The pioneers have labored hard and suffered long from the infliction of Fakirs, yet "Truth is mighty and must prevail."

On page two of our last issue we printed a letter from our friend Fitzgerald, now the "Official Phrenologist" of the Union Pacific Railroad Company. We ask our readers to review that letter. What he prophesied to happen within the next five years, has been more than accomplished in five weeks by this ad-

vance step of a great Railroad Company.

Probably within the next five years there will be a demand for thousands of practical Phrenologists.

For thirty years we have by tongue and pen been urging the utility of Phrenology in every department of life; now, when our hopes are evidently about to be realized, we are approaching that period of life for rest and cessation from exhaustive work; but others will reap the harvest, and we must rest content if the world has benefitted from our labors.

### Opportunity.

They do me wrong who say I come no more

When once I knock and fail to find you in;

For every day I stand outside your door,  
And bid you wake, and rise to fight and win.

Wail not for precious chances passed away

Weep not for golden ages on the wane!  
Each night I burn the records of the day:  
At sunrise every soul is born again.

Laugh like a boy at splendors that have sped,

To vanish joys be blind and deaf and dumb

My judgments seal the dead past with its dead,

But never bind a moment yet to come.

Though deep in mire, wing not your hands and weep;

I lend my arm to all who say "I can!"  
No shamefaced outcast ever sank so deep  
But yet might rise and be again a man!

Dost thou behold thy lost youth all aghast?

Dost reel from righteous retribution's blow?

Then turn from blotted archives of the past.

And find the future's pages white as snow.

Art thou a mourner? Rouse thee from thy spell;

Art thou a sinner? Sins may be forgiven;

Each morning gives the wings to flæ from hell,

Each night a star to guide thy feet to heaven.

Walter Malone in March Munsey.

## Can You Explain This?

There is some mystery about this. We know the Mystics and Occultists attempt to explain it, but none of them give a reasonable explanation. On some days there is a great rush of business. On they come, altogether, and we have more than we can attend to; then all of a sudden the bottom of the business drops out and we have nothing to do.

On some other days, just as soon as the office door opens, acquaintances with nothing else to do come in and take up our time when we ought to be writing. On they come, pouring in all day, one after another, there is no "let up" to the callers. Other writers, editors and business men evidently are often similarly afflicted. We judge so from the comic papers. The cartoonist illustrates an editor in his den with a notice over his desk

### THIS IS MY BUSY DAY

which is a hint for the caller to quit.

When the famous Dr. Rhodes Buchanan came from the East to San Francisco, some years ago, he wrote us a kind invitation to come and see him in the Murphy Building. We called, and several persons were waiting for an interview. When our turn came he informed us that his work had been greatly interrupted that day, as more than twenty uninvited people had interviewed him, mostly he thought from curiosity. They had come in cyclones, he said, and he could not explain why such things occurred, for some days all was quiet and still, then other days business would be booming and he had more work than he could get through.

Dr. Buchanan was a scientist, but he could not explain why such events happened in Cycles.

Astrologers say it is owing to the planets, but some folk say that is all moonshine.

Good fortune and ill fortune come in streaks, and circumstances occur outside the power or will of one's control, although, on general principles, the strong control circumstances.

### Power of Thoughts.

New Thought writers have done a great amount of good by showing the influence of good thoughts and the power of mind over the body; and they have said some very foolish things—therefore done a great amount of harm, by ignoring brain and body, or in other words attributing to the mind powers to act independent of organization.

An earnest student of Mind writes as follows on "Thoughts that are fatal to Human Life," in *The World*:

How many people realize the baneful, often fatal, influence of unhealthy thoughts?

How many know that ordinary unreasoning fear of disease may be as deadly as an inoculation of poisonous germs?

Yet this is an established fact. Physicians are coming more and more to recognize the power of the mind over the body, and almost every practitioner will admit that a large part of his work is the use of mental suggestion in overcoming morbid bodily conditions.

Every one has noticed the influence of a cheery personality in the sick room. One physician by his sunny confidence and cleverly turned assurances will seem actually to impart new strength and tone to the diseased body. Another physician with a solemn, gloomy countenance and demeanor suggestive of an undertaker, will strangely depress and retard the patient.

And the same is true of one's own thoughts. In fact, it is hardly too much to say that every thought has its effect on the condition of the body. Imagination can give one almost any disease on the calendar.

It is said that there is in the germ of fatal thought in ninety-nine persons out of every hundred, and that the cultivation of optimism and philosophy is practically a universal necessity.

There have occurred scores of dozens of cases where healthy persons have thought themselves into having tumors and cancers—cases which admit of no doubt whatever that the diseases resulted from constant morbid fear. We should have far fewer cases of cancer if some great doctors could assure the world that it is not a hereditary disease; but

morbid-minded persons, on hearing that there is cancer in their families, generally do the very worst thing they can do under the circumstances—they conceive an awful dread that they will be afflicted with it. They dwell upon the fear constantly; and every trifling ailment which troubles them is at first mistaken for the premonitory symptoms of cancer. The morbid condition of mind produces a morbid condition of body, and if the disease does happen to be in the system it receives every encouragement to develop.

A melancholy thought that fixes itself upon one's mind needs as much "doctoring" as physical disease; it needs to be eradicated from the mind, or it will have just the same result as a neglected disease would have.

### An Editor "Bumps" His Head.

Miss Jessie Allen Fowler recently gave to the Newspaper Association a delineation of John D. Rockefeller's head and face. The *Los Angeles Record* published it on May 11th, 1905, but the editor ran this line over the article: "What John D. Rockefeller's Bumps Show," which goes to show that the editor of *The Record* knows no more about the principles of Phrenology than a ten year old boy or the most verdant ignoramus. Editors are supposed to know a little about everything almost; but *The Record* man does not know much about Phrenology. Miss Fowler said nothing about "bumps." Phrenology is not bumpology, and well informed editors know it.

### The Man Who Succeeds.

Success is for the man who dares  
To think; who neither knows nor cares  
If other feet have gone the way  
He chooses firmly, and to-day,  
He cuts a straight path, sweeps aside  
Tradition; is not satisfied  
To imitate, or follow where,  
On life's highway, well-worn and bare,  
Humanity's weak, helpless throng  
Still stumbles with its load of wrong.  
He dares to think, and finds within  
Himself a purpose firm to win.  
Success is for the man whose aim  
Is high, who boldly dares to claim  
His Own,—the man who follows not—  
The man who has creative thought!

Miranda Powers Swenson  
in *New Thought*.

### New Thought "Now" "Now" Defunct.

"Now" published by Henry Harrison Brown of this city is dead! "Now!" "Now" it was a foolish child. It cried out, "It makes no difference what you eat, *food* never gave one ounce of nourishment to brain or body," so we recommended it to try sawdust; instead of that it tried to live on wind; and like Tim Kitson's mule, just when it got use to that kind of diet, the poor thing died. It advertised itself as "The Leading New Thought Journal." Its "leading New Thought was that "All is Mind." "Now" if "All is Mind" it had no body, and having no body it had no legs to stand upon. No wonder the poor thing died, it was too good for this world. Sacred to the memory of "Now," "The Leading New Thought Journal. Peace be unto its ashes "Now."

### Our Advertisements.

The reading matter and advertisements in HUMAN NATURE have educational value and represent progress. Our policy is that nothing objectionable to the intelligent reader will be inserted. Drugs and patent medicines, tobacco, liquor, fortune telling and faking advertisements, and all illegitimate schemes are prohibited in these pages. Our aim is to publish advertisements of such parties only as we believe to be honest and reliable. In answering advertisers, please state that their advertisement were seen in HUMAN NATURE.

The following letter from Dr. Best, of this city, is a fair sample of letters we are receiving from friends everywhere, anent the U. P. R. R. Co's step in utilizing Phrenology:

SAN FRANCISCO, May 17, 1905.  
PROF. ALLEN HADDOCK,  
1020 Market Street.

Dear Sir:

I send you enclosed a clipping from the *Chronicle* which is self-explanatory, and which I thought you might have overlooked. You see "WE" are getting there, slowly but surely. Phrenology applied! It speaks well for the progressive management of the Union Pacific, and I hope that the fruits of this step are such that the other railroads and other concerns will follow.

Yours for truth and Phrenology,  
(See page 11) OTTO BEST.

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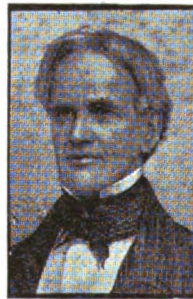
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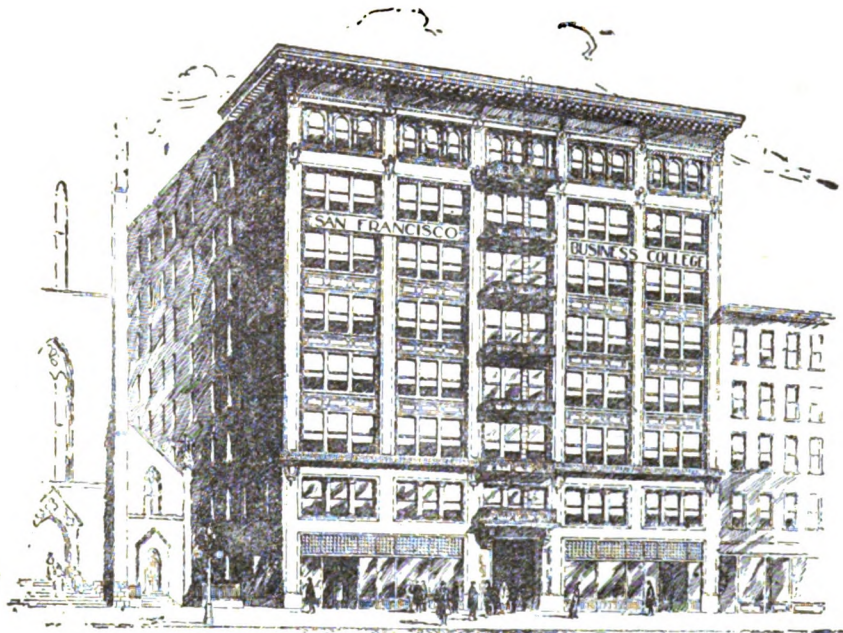
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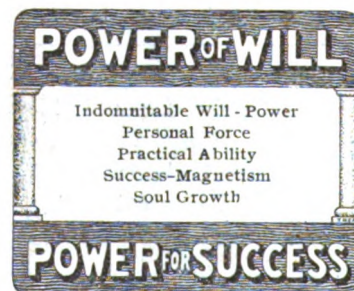
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