

Human Nature

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A Spiritual-Minded Woman.

SARA THACKER, S. D., Editor of the Logos Magazine and well-known author, recently gave us a pleasant call, and we seized the opportunity of making a phrenological examination of her to illustrate the principles of phrenology. The following is a brief synopsis of our general remarks.

"The predominance of the upper parts of your head and face with clear eyes and skin, together with your almost colorless countenance, indicate a complete subjection of the animal passions, and that the spiritual and intellectual part of your nature reigns supreme.

No particular credit is due you because you live so much above the animal plane; it is easier for you to dwell in the clouds than reel in the gutter; you are simply acting according to your organization and environment.

If the man possessing a strong, broad forward chin, heavy base brain, red neck and inflamed countenance conquers his animal nature, he is to be praised; he is greater than he who conquers a city.

You possess in a high degree a spiritual nature. You ought to be an authority on topics relating to the soul or spiritual life. I question very much whether you could conceive of the depths of in-



*Yours Sincerely,
Sara Thacker*

famy to which some in their carnal nature have fallen; but your judgment of intellectual and spiritual matters is supreme.

You are probably not a modern Spiritualist, but many who are seeking to lead a higher life will accept you as their teacher and exponent of occult and abstruse subjects.

In the work of reform you would be likely to proceed on positive lines; you may tolerate dancing and other recreations, but I think you would be severe on drinking, gambling and other licentious habits, regarding them as the greatest breeders of crime.

The crown of your head is very high, therefore you could hardly pursue a middle course. You cannot steer near the coast, but must take the high seas where the waves run high, and where the majesty of the Infinite power is made manifest; you love the sublime, the powerful, the good, the mighty.

Above and forward of the ears your head is quite thin and hollow at the sides, in the region of Acquisitiveness. You have no regard for money only for what it will bring; you regard it as a means to an end. When you think of money it is in millions. Your exceedingly large brain organ of Hope in connection with future projects may lead you to build castles in the air, or have visions of the future that fade away as the baseless fabric of a dream.

But your Perceptive intellect is both large and active; by this means you will at least endeavor to make your ideas practical; but your salvation lies in subjecting your theories to the crucible test of reason. You certainly possess a keen analytical type of brain, as your forehead comes to a very sharp point at Comparison, and your Organic Quality is very fine.

You will be likely to pursue to the end the course of conduct you have marked out; Conscientiousness, Firmness and Self Esteem are quite large, therefore you will be just, persistent and self-reliant.

You are a born reformer and live in the future; you possess but little reverence for the past, and let the dead past bury the dead; your faith in the future is very great.

You have but little reverence for ancient history. Antique objects have no attraction for you. Rome belongs to the past; you live entirely in the promised land.

MISS THACKER'S STATEMENT.

After the delineation she made the following statement:

"Yes, my object is to lift the people up to a higher life. I want to build a college in the mountains and give a new education for the human race. I wish to show the people how to help themselves, to teach them to understand the laws of their being and realize the Millenium. The world has yet to awaken to the glories of a higher life.

I agree with all you have said

about me, except my non-ception of carnal life and things of the lower world; I can lay down my body and project my soul into any sphere of human life and penetrate the lower depths of human nature."

AN INTERVIEW WITH DR. SARA THACKER.

SOME TIME after our delineation of Miss Thacker was in type, as recorded on the front page of this number, the lady again made us another call, and we plied her with some questions. No doubt the questions and answers will interest our readers.

What is your opinion, Miss Thacker as to the utility of phrenology?

"My opinion and belief is that the Science of Phrenology is the greatest thing in the world to start people on the higher lines of life and on the road to progress. It enables all persons to know themselves, and that is the first step in a forward movement."

Before you had this phrenological delineation, did you know yourself, Miss Thacker?

"Perhaps not so well, but I have always been conscious of my intuition and clear vision. Wherever my sympathies and attention are fixed and mind desires to go, my consciousness is centered for the time being; and thus touching, mingling with, and studying all phases of the life and earthly conditions of time and place, I experience a touch of kinship and fellow feeling and understanding of all people and things to a deep and intense degree, that is not perceived or felt, or known by those who have the material faculties of the brain more developed with lesser spiritual growth of their brain faculties."

You mean to say that you see things so clearly through the development of your spiritual faculties, that material minds have no conception of?

"Yes, by the projection of my

soul consciousness I am more keenly alive to the sufferings, sorrows, depravity, fear and misery of human life, and of sin, decay and death everywhere, as well as to the gladness, joys and glorious possibilities of life."

Further conversation with Miss Thacker indicate that her thoughts and ideas are beyond the race as a whole, but they are inspirations to be worked out and chrystalized, first by herself, then by a few others, then later by many, and finally by the whole human race. Thus works a great spiritual soul in touch with the present humanity.

Earth and heaven blends in the quickening process. A New Education is evolved that develops a higher order of life on this planet.

A Good Outlook for Phrenology.

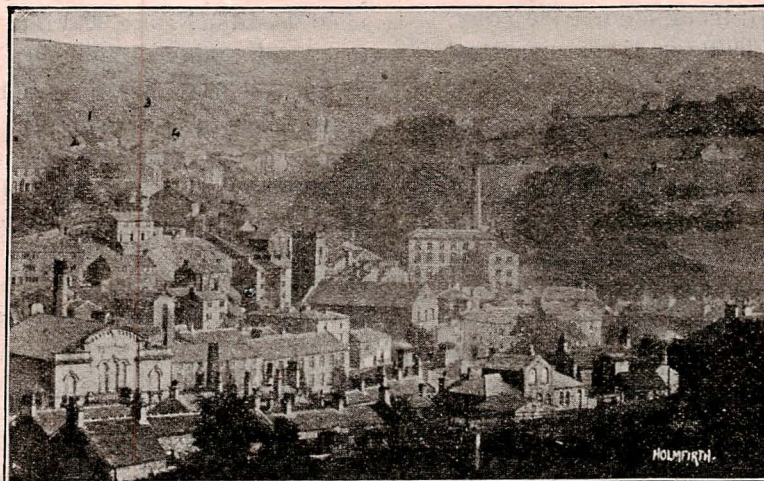
PROF. J. M. FITZGERALD, THE WELL KNOWN AND POPULAR PHRENOLOGIST, WRITING TO US THE OTHER DAY, SAID:

"I am making some substantial friends among the doctors and have six anatomists leaning our way. I am taking up the study of medicine at night so as to get in closer sympathy with the medical profession.

We should demonstrate Phrenology to them. I positively know that once they see the facts or proof, they are strong supporters of the science. My work is showing constant encouragement and inside of the next five years I expect to have an income of \$50 to \$100 per week. I have been recognized by four of our leading daily papers and am shaping the cartoonist's work; and there are others here doing a good work. I am very enthusiastic over the outlook for Phrenology. Prof. G. Frank Lydston, one of our foremost medical authorities, has recently brought out a book on "Diseases of Society" etc.; the work is based on Phrenology. Wishing you renewed energy and enthusiasm.

Fraternally Yours,
J. M. FITZGERALD,

THE PATHETIC AND COMICAL HISTORY OF ALLAN O'DALE



Underbank and Holmfirth, Yorkshire County, England.

CHAPTER V.

HARD ON THE LITTLE ONES.

I was now eleven years of age, most of the boys at my age, 50 years ago, were at work in the factories. It was a very ordinary thing for boys and girls of the poorer class to begin work at eight or nine years of age. Little Abel Thorpe was proud of his job. One day he said to his father when giving up his wages: "I am prop of the house, now, father." "Come here, my son," replied the father. Abel ran up to his dad, expecting a pat on the head. Instead of that he received a box on the ears that sent him sprawling on the floor, with the remark: "If thou are the prop, the house shall fall."

It was hard on the little ones in those days. Some parents hardened by distress and oppression, were cruel to their children; it is surprising how things have changed for the better since then.

Schoolmasters at that period were equally as cruel. I had attended day school from 9 years of age to 11, and received for a child what was then considered a liberal education. I excelled in dictation and composition, and my essays were equal to any of the elder boys in the higher

grades, but in Arithmetic I was a dunce:

Multiplication was vexation,
Long Division just as bad;
Simple Substraction meant distraction,
Vulgar Fractions made me mad.

Because I could not do my sums, the schoolmaster said I did not care to do them, and he would often beat me with a cane.

WENT TO WORK.

I became disgusted with the whippings. I disliked arithmetical problems and grew afraid of my teacher. I was ambitious to go to work and earn something for home and mother. She had promised me I might work half the day of each week when I became eleven years of age, and now the time had come, so I went to work at 50 cents per week, out of which I was allowed 8 cents for pocket money which I invested in the Yorkshire Penny Savings Bank.

A CHOKING INCIDENT.

When I had accumulated about one dollar I felt important. Noticing an announcement of the Shareholders' meeting to be held at a Mr. Collin's house, one Wednesday evening, I attended what I thought was a meeting of those interested in the bank. One of my young friends

had invited me there. I was surprised when the old men and women assembled began to kneel and pray. I discovered that it was a Methodist prayer meeting, and that the meeting of the Penny Bank was on the following night, in the same house.

My friend kneeled on the opposite side of the table to me, grinning because I had been sold. He opened his mouth wide; in an instant I sent a marble across the table into his gaping mouth, when he, poor Eli began to choke in such a distressed manner that the prayer meeting stopped in great alarm, but it was soon over. Eli coughed up the marble. He is now the editor and publisher of the Holmfirth Express; and I wonder if he still remembers that incident of fifty years ago.

STIRRING EVENTS.

From this time on, incidents in my life occurred fast and furious.

Grandfather went out walking one windy day and neighbours brought him home a corpse. He had dropped dead in the street.

I became enamoured with a Temperance Drum and Fife Band, playing the triangle for awhile until I became an expert on the kettle-drum. I was as proud of my regimental suit as I was of my drumsticks.

One Saturday night we visited a town a few miles distant where there was located a rival band. They did not receive us very friendly, owing to an old sore at a former band contest. The ringleader slashed our big drum end in, and taking our drummer by the neck shoved his head into the hole and decamped.

After a short illness my widowed mother died. I was left an orphan at a tender age, the only boy and youngest of the family of four children. I was the least able to earn my own living but I had to do it.

Oh, for a mother's love that I had lost! No one can know the void without the experience. But she died happy, singing:

"Rock of Ages cleft for me,
Let me hide myself in thee."

If Christianity is a delusion, it is a happy one.

THE FAMILY SKELETON.

My two eldest sisters now got married—married two good men at heart, but unfortunately they were drunkards, and sisters married to reform them. Did they reform them? not a bit of it; they lived to bring misery on their families as the result of that accursed demon drink, and my poor unfortunate brothers-in-law sank into drunkards graves.

It may be asked: "Why drag the family skeleton from the closet?" Why indeed? Because thousands of foolish girls in the world are doing the same thing everywhere with the same result, and if this family confession serves as a warning enough to save other young girls from a married life of torture and misery—a living hell upon earth, then my reward is sufficient for the sacrifice.

Continued the whole year round.

Professor Holt's Omission.

Knowing that our friend Professor Holt would be interested in Otto Carque's new pamphlet: "The Folly of Meat Eating," we mailed a copy to him. His answer was a review on page 3 in HUMAN NATURE last month.

Mr. Carque takes exception to the following statement in the review:

"One potent reason for discarding flesh meat as human food, has been omitted by Mr. Carque—it is the fact that all flesh, fish and fowl contains uric acid," etc.

Mr. Carque Replies:

"On page 11, 12 and 14 I have dealt at length with this fact." Will you kindly call attention to Prof. Holt's omission? Otherwise I stand in the eyes of the reader as a man who has studied this subject carelessly."

We have laid in a good stock of this remarkable pamphlet for sale. Price only 10 cents.

Another remarkable book of Mr. Carque is "The Foundation of All Reform." Only 25 cents.

Many of our readers will be glad to have these pamphlets. We have them both for sale.

Phrenology and New Thought.

A PAPER READ BEFORE THE INTERNATIONAL PHRENOLOGICAL CONFERENCE IN NEW YORK, BY PROF. HADDOCK, SAN FRANCISCO, CAL.

Ladies and Gentlemen:—Phrenology clearly demonstrates that "The Brain is the Organ of the Mind." Also that "Nature operates always and everywhere by means of organs or instrumentalities, and never without them; and what is more, the organism is in perfect correspondence with the function."

A gorilla with its heavy base brain possesses all the instincts of the beast the animal and selfish propensities and feelings are strong; but fails to direct them as intelligently as man, because it is not endowed with his higher intellectual faculties, lacks moral sense, and cannot philosophize or enter into a logical argument, because the faculties devoted to those higher functions in the brain, as found in man, is entirely wanting in the lower animals. The gorilla has no spiritual insight because the spiritual facilities are entirely absent, therefore it can no more conceive Divine things than a man devoid of his eyesight can see material objects.

In common with animals, man possess a good base brain, and manifests animal instincts, but the Creator also endowed him with Reasoning, Idealistic, and Spiritual facilities, by which he may raise himself to the sphere of the angels.

Phrenology discovers, however, great diversity of character and kind in the races of men. Some are in touch with the Divine, others as materialistic and gross as the beast. Texture, Temperament, Form and Shape of the Head and Body, clearly indicate the type and character to a Phrenologist. Character, disposition and talents of an individual are as easy to be read as a placard on the wall, by one who knows how to read Nature's hieroglyphics. Phrenology

is the only system of Mental Philosophy by which the nature of men and animals can be understood; it presents an objective analysis of the mind, based in Nature, and is in harmony with Nature all through.

Ancient philosophers, metaphysicians, modern psychologists and writers on Mental Science, having ignored the brain as the organ of the mind, having paid no attention to the great discoveries of Dr. Gall, but clinging to their own pet theories, have always floundered in a sea of fog. They had no system, no two agreed in their conclusions, each analyzed from his own standpoint each built his edifice without a foundation, and the structure fell as the baseless fabric of a dream.

In these latter days a "New Thought" cult has sprung up, phoenix like, from the ashes of the earlier dreamers, and although its teachings are as ancient as the hills and as obsolete as the tenets and belief of the Pagans, the term "New Thought" has caught on with the curious who are always on the lookout for something New, and by dreamers who have never studied Nature from an objective point.

New Thought holds on to the ancient ideas of the Pagan Philosophers and the superstitions of the Orient. One New Thought writer told me "New Thought caught glimpses of the soul behind the brain; that the faculties of the mind are not bounded by the skull, and are not in the cranium, but IN THE SOUL" and that "he who would change what Phrenology tells him must leave Phrenology behind and enter unexplored regions."

The mystic minds of India have attempted to prospect that mystic ground for thousands of years and failed; so will New Thought fail, because their premises are false; and where do these premises lead to? To false conclusions, of course.

Here are a few of their planks in a platform erected in the air:

"Man's power is unlimited."

As a student of Phrenology you know that man's power is limited by his brain and body.

Of course, his powers can be improved, but they are limited. Man is mortal.

Here is another foolish tenet of the New Thought cult:

"I can do what any other man can do, and I concede that any man can do what I can do."

It is very generous of Prof. Weltman to grant to others that have as much ability to make money out of unthinking dupes as he has done. Perhaps the people only lack the "will" to become a Weltman, or better still an Edison or a Shakespeare.

Here is another one:

"Man is a God."

Did the New Thinker who wrote that "catch a glimpse of the soul behind the brain?"

Still another: "Everything is possible with Man."

Of course, if "Man is a God," that settles it.

Another one: "All is Mind."

If you have an excruciating tooth ache never mind that; if "All is Mind," you have no teeth; then how can you have the toothache?

Who says New Thought is illogical?

Professor J. Millot Severn.

We learn from the Hove Gazette, England, that the distinction of being the first provincial and professional member to be elected to the presidential chair of the British Phrenological Society, was conferred last week upon Prof. J. Millot Severn, of West Street, Brighton. The professor is a genial soul, though on the claims of his profession he can be serious enough. For many years now he has been working conscientiously for Phrenology, and signs are not wanting to show that he is at length within measurable distance of attaining his ideal. Since his election became generally known he has been deluged with letters of congratulation from all parts of the country.

Blind Faith in Medicine, or Ancient and Modern Superstition.

A medical friend placed in our hands the other day a pamphlet or synopsis of "Ancient Cymric Medicine" as practiced by the ancient Druids, and laughingly called our attention to the superstition of the ancients regarding the treatment of disease.

Below we make a few extracts from the pamphlet referred to.

"CURE FOR DEAFNESS.—Ram's urine and eel's bile and the juice of ash. Express into the ear.

"FOR A PUNCTURED WOUND.—Take the dung of a bull and apply thereat.

"FOR FALLING SICKNESS.—Burn a goat's horn, directing the smoke upon the patient, and in consequence of the smell he will forthwith rise. Before he has risen from the ground, apply dog's gall upon his head, and the disease will not attack him any more."

Harry E. Brook, the Editor of the Health Department of the Los Angeles Times, delivered an address recently before the Sunset Club on the "Follies and Failure of Modern Medicine." It is published in pamphlet form for 10 cents by the Author, Mr. Brook, Box 612 Station C, Los Angeles, Cal.

Mr. Brook says: "Fifty years hence we shall look back at many of the present medical ideas as relics of barbarism. Meantime, however, our friends the doctors are insistent. That we shall be compelled to accept their present ideas as to what they think they think, whether or no.

"Take the diphtheria antitoxin serum craze that is now on the move. It is well known that this practice has been built up largely by juggling with figures on part of state health boards, so that simple diphtheritic sore throat has been included among the cases of diphtheria, in order to increase the number of asserted cures. As millions have been made from the manufacture of this stuff, the practice is naturally dying hard."

"Whoever disseminates true Phrenology is a public benefactor."—Hon. Horace Mann.

"Success and Power."

BY W. ROCKWELL-KENT.

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A Bad Head and Face.

Some time ago an intellectual ignoramus made some silly remarks on Phrenology in one of our daily papers; it was quite evident that he was not acquainted with the subject, or he was dishonest, or had a bad head and face and did not wish his character to be exposed. A few weeks later his portrait appeared in another paper, we cut it out and mailed it to a phrenologist who replied:

"If this is a correct portrait, the man is a rascal. Phrenology and Physiogomy expose him as such and all honest men should shun him."—C. P. H.

We next mailed it to a friend in Chicago who replied as follows:

"In regard to the clipping which I herewith return; the portrait speaks for itself to everyone having the most rudimentary knowledge of Phrenology. Just one word describes him—SELF. In comparison with the portrait of Horace Mann, one wonders if this fellow is human."—J. M. F.

"Phrenological examinations having stimulated millions into proper vocations, is worth more to develop true happiness than Astor's millions."—Prof. J. Beamer.

There is a God.

By Charles K. McClatchy, Editor Sacramento Bee.

The intensely modern college, with its so-called "higher education" is becoming an incubator of atheism and materialism.

It may not be desirable that each particular university should inculcate some special religious doctrine, but it is still less to be wished that so many of them should permit their instructors to train the youths of the land to the belief that there is no God. * * * * *

Look above on a cloudless night. The evening air is clad in the beauty of millions of stars. Across the broad, blue meadows of the firmament runs that majestic, white-paved avenue of the empyrean, the Milky Way, along which the Eternal drives His chariot of light. Venus, the queenly bride of the night, shines in her vestal loveliness, a Kohinoor of the sky. The beauteous Pleiades twinkle their vesper dirge for the lost Merope. Orion, whom Diana placed among the stars, sleeps on in the shining grave where his beloved had laid him. Arcturus glows forth a benediction, rather than the prophecy of evil with which his name has been associated. The great Bear stalks across the glittering prairie above, an imposing figure among the Sons of Light; while the Little Bear hugs close to the North, and many a weary mariner, storm-tossed upon the midnight sea, blesses the polar star that tips his shining tail. Uranus, and Neptune, and Mercury, and all the radiant progeny of the starry sphere, lend brilliancy to the halo with which the heavens crown the earth. All is peace, and quiet, and marvelous beauty. Round about, "the very houses seem asleep." And still those stellar sentinels keep watch and ward.

Conjure up in your imagination the numbers of those stars, the myriads of ages in which they have served to light the vault of heaven, the in-

describably wonderful laws which keep them suspended over our heads like shining guardian angels. Conceive if you can, a more beautiful, a more soul-soothing sight than that of the glowing firmament on a cloudless night when the very air seems to breathe the presence of a Creator. Drink in the beauty of the scene. Take it in in copious draughts. And then answer whether that marvelous order came by chance out of disorder; whether matter accidentally wedded itself to matter, until light sprang from the loins of darkness, and the stars took their eternal stations in the heavens.

Genesis may be a yarn, and all the tales of creation spun by the many sects upon earth but the airy fabric of a vision, yet there must be above man some supreme, infinite eternal potentiality that formed the heavens, the earth and the seas, and crowned them all by the conception and the creation of man.

And it makes no difference whether man is a production or an evolution—he is not the accidental child of fortuitous circumstances.

Consider what a marvelous creature a man is. Shakespeare, the cloud-capped Shasta of poets, says of him:

"What a piece of work is man! How noble in reason! How infinite in faculties! In form and moving, how express and admirable! in action, how like an angel! in apprehension, how like a god!

We shall return to dust, but dust is not our creator. Some Infinite Being took that dust; some Omnipotence above blind Nature ordered Nature on to her work; some Supreme Wisdom gave life, instinct, intelligence, and reason to man.

Could dust, which knows nothing, create a being of knowledge?

Do stones give birth to Miltons?

Could Nature, which cannot think, which is a blind force, be the haphazard parent of Sir Isaac Newton, of Herschel, of Locke, of Franklin?

The soul does not whisper that

Nature is your mother and blind Chance your father; that behind you is nothing but dirt, and before you naught but oblivion; that you are a waif, cast up on the beach of life, to be carried back again into Lethe by the first wave that may enwrap you; that molecule and atom by chemical chance gave you brain, and thought, and hope, and genius, and love, and buoyant life; and that molecule and atom will cast you back again to the dust of never-ending forgetfulness. The soul rather ever and ever whispers: "There is a God! Look around you! Watch the plants grow, the trees thrive, the fruit ripen, the flowers blossom and throw out perfume, the animals minister to the wants of man. There is a God! Look above! Watch the stars in the azure dome, twinkling tales they cannot speak. There is a God! Look into yourself! There is a God!

Get Rid of Vitality Sappers.

Debt is a great force waster, because very few men or women can be heavily in debt without worrying or being anxious. If you are so deeply involved that it is impossible to extricate yourself without going through bankruptcy, then take your bitter medicine at once and start again, no matter who criticises or denounces you. Pay your debt in full afterward when you are able.

Get rid of all vitality sappers. If you have taken an unfortunate step, retrace it if you can. If you have made a mistake, remedy it as far as it is in your power to do so, but when you have done your best let the thing drop forever. Do not drag its skeleton along with you. Never allow what is dead and should be buried to keep bobbing up and draining off your life capital in worry or vain regrets. Do not do anything or touch anything which will over your vitality.—O. S. Marden in Success.

Human Nature 50 cents a year.

Physical Culture

What It Is and What It Does.

J. P. BEAN, SAN JOSE, CAL.

Physical Culture, in its true sense is that system of living which cultivates the highest degree of permanent physical life.

Those so called systems or methods of physical exercise or training which all too often produce hypertrophied muscles and atrophied brain are as far from being true physical culture as anything well could be. Mere muscular development is not physical culture. The teacher of physical culture should have a physician's knowledge of the anatomy and physiology of the system as well as athletic understanding of the technique of physical training.

To this must be added skill in the various mechanical thermal and hydriatic treatments such as massage, use of hot and cold appliances, use of the salt glow, electric light and heat, etc. Equipped with this knowledge a man is ready to offer his services to the public as an exponent or professor of real physical culture, to teach and help people to not only avoid sickness but to cure most forms of chronic disease. The medical profession is at the present time greatly overcrowded, but men like the one I have described are few and far between. Yet the great mass of humanity really needs the services of the physical culturist more than those of the physician. Many a husky strapping fellow is rusting out sitting in a doctor's office waiting for patients who rarely come. If he would put in a bath, massage table, vibrator and fit up an exercising room and go to work on his patients he would do both them and himself a great deal more good than he is now doing, and his practice would grow apace. The trouble is many medical men think it beneath their dignity to give a massage treatment. They are not aware that some of the greatest phys-

icians of Europe are proud of the fact that they can give as good a massage treatment as any professional masseur. The truly great man never deems it beneath him to do anything that pertains to his profession. Therefore these silly fellows who are so afraid of their dignity would do well to learn more about their business and then attend to it. And why should not the man of medical knowledge do these things instead of leaving them to be done by those who are comparatively ignorant? It is hard work to be sure but that sort of work is what many of our medical men need. Any form of treatment conducive to the cure of disease is a part of the medical man's business and the sooner he takes his business, into his own hands and attends to it the better it will be for his patients and himself. Physical culture is a part of the real practice of the healing art and the doctor who knows little or nothing about it is not a well educated medical man.

Higher Education.

J. P. BEAN.

A really strong, brilliant mind can absorb and put to practical use a college education. But to "cram" a 45-caliber education into a 22 or 32-caliber intellect is to spoil a good laborer in the making of an inferior professional man. The unlettered sage and the educated ignoramus are both accomplished facts in this age of the world. Knowledge without the wisdom to properly apply it is like a ship without a rudder, or a small boat with a big deck-load. For the average young man a high school education and some useful trade are worth a hundred times more than a full course in the higher institutions of learning. Year by year the professions are being more and more overcrowded by men who would have made excellent mechanics and laborers. This works a two fold injury by converting the useful into

the "useless" class. Those insufferable snobs who, in trying to assume aristocratic airs, succeed in making ridiculous asses of themselves, are usually good samples of a small intellect with a big education. To be able to conjugate a Greek verb or solve a problem in the higher mathematics isn't in it with the knowledge of properly using a saw, plane, and hammer when it comes to earning a living. More schools for the making of really skillful handicraftsmen and fewer for the manufacture of "educated" incompetents is what the country needs.

Isn't It Right?

If a man has the right to accumulate all the property in the country, because he has the financial ability to do so, is it not also just as fair for a man like Jeffries or Sullivan, to go and knock the financier out, and take all his money away from him, simply because he has the (physical) ability to do so. If it is right to put legal restrictions on the one it is only fair to do the same by the other; as there is not the slightest difference in the principle involved.

Tired of Life.

"When a man takes to drink because things have gone wrong with him, he thereby announces to the world that he is tired of life, but lacks the nerve to kill himself in a decent and expeditious manner, but prefers, like the cigarette fiend, to make his suicide a lingering public abomination for years, and interfering with the happiness of those who have trouble enough of their own. Better take a dose of "Rough on Rats" and thereby abate a nuisance.

"Young persons should spend their last dollar, if necessary, before starting out in life, in learning from Phrenology to what pursuit they are naturally adapted."—Hon. Horace Mann.

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Something Worth Knowing.

A delineation of character is something worth having.

The following analysis of a lady will no doubt interest our readers, insomuch as it contains hints that will prove beneficial when applied, and diagnosing that is not to be found anywhere:

ANALYSIS.

Your head measuring 22 inches in circumference and body weighing 134 pounds, are fairly well balanced, but your brain is too active for your body; it is withdrawing too much nervous energy from the stomach that ought to go towards aiding digestion, and the result is a nervous condition that is impairing your health and will ultimately break you down unless you retrieve your steps.

Your pallid face, and bloodless lips bespeak a poor circulation, but you possess a pair of good lungs, although you do not use them to their full capacity, and your nipped nose tells that story. Learn to breathe deeply.

The blue cast under your eyes indicate kidney trouble; you are dwindling into a bundle of nerves, and into a condition of irritability that will put you *hors de combat*, unless you right about face.

Your remedy is not in drugs, doctors stuff, nor prescriptions. Your salvation is in using your lungs to their fullest capacity, proper feeding, and a cheerful state of mind.

Don't fret, don't worry; do your best and leave the rest to God, or fate.

You can by deep breathing exercises, increase the power of your digestive apparatus and also increase the heart's action for the circulation of the blood. The lungs are the bellows that blow the fire of life through your system, and thus give you a new lease of life.

Give yourself 5 minutes breathing exercises three times a day. Draw in through nostrils all the fresh air

you can, with your mouth shut; hold the lungs full and tap your chest with your hand, throwing the chest out and your shoulders back; then exhale through your mouth with your lips formed as if whistling. Exhale slowly until the lungs are completely empty. Repeat.

Eat plenty of oranges, apples and other sub acid fruits in season. Tomatoes are good for you, when ripe and in season; so are lemons; as lemonade; but all acid foods and acid drinks are thinning, so beware of using acids to excess.

Eat all you can of sugar fruits, such as dates, etc., but if you have wind in the stomach, avoid new bread and potatoes, or take them sparingly, as they are nearly all starch, and ferment in the intestines, and cause trouble when not readily digested; your digestive apparatus is weak.

I have marked your digestive power at present only 3, in a degree of 7. The mark O in your book indicates the present condition but the X shows it can easily be increased to the 5th or full degree; the same remarks apply to your circulatory power and breathing power as well. Activity of these functions will soon bring you into a normal state of health.

I would advise you to get as much fresh air as you can. You are like a hot-house plant at present; your blood lacks oxygen; you need a tonic, and the tonic is not in a drug store. The strongest and purest tonic for you is the winds on the mountain tops or at ocean beach—cheap too.

You have led an active life and probably will to the end. You may wear out but you will never rust out, but if you take my advice you need not wear out for many many years yet.

Keep calm; get out of those environments that agitate and irritate. If you cannot do this very well, as your bread and butter depends on

your present earnings, then do the next best thing. Don't answer those who antagonize you. "A soft answer turneth away wrath."

Your back-head is quite large; you are domesticated; you love friends and sociable people; you starve without them. It would never do for you to be wrecked on a lonely island as was Robinson [Crusoe. Keep down your sentiments a little. Don't let your sentiments rule your good intellect. You are fond of children, pets, animals, but in your love of the opposite sex you would prefer one true mate, as Conjugality is large and Amativeness only moderate.

Your natural affinity in a husband is indicated on page 4 of your marked chart.

Your commercial faculties are very weak. Keep out of commercial business. You would be an utter failure.

You could excel in fancy work, such as designing, or decorative trades, or making artificial flowers or in millinery and the like; but with proper education you would have become a good literary woman, a writer, a general correspondent, author, etc., because you possess an intellectual and literary type of head; all you need is cultivation in that line. You have the courage of your convictions now for your Combativeness is very large and you would be bold as a writer.

Your sense of justice is strong, for Conscientiousness is well developed, so you would stand up and contend for the right and defend your position against all comers.

Your Tune is weak; it would be of no use attempting to become an instrumentalist, although you might be able to sing fairly well. Your strong and weak faculties I indexed on pages 2 and 3 of your book chart, and explained in the pages and paragraphs indicated.

Cultivate all those faculties marked below 5, and restrain those marked 7.

In conclusion, allow me to say,

get your stomach in good condition by avoiding all greasy foods, fat, butter, and the contents of the frying pan. Then again, Don't Worry.

The pain on the top of your head is the result of an overwrought stomach, weak nerves, poor circulation and lack of fresh air.

Follow the advice I have given to overcome your present condition and all will be well.

Tact and Diplomacy.

In giving a phrenological examination of a young married woman one day, we said: "Judging by your keen intellect and large secretiveness, you are very diplomatic and tactful." "What do you mean?" asked her husband, who sat listening, and we gave him the following anecdote, showing that the uses of a little diplomacy are very great.

"Isn't it about time the grass was cut again, dear?" said Mrs. Johnston to her husband the other day. "Oh, there's no hurry for cutting it yet," replied he. "By the way," went on Mrs. J., "the Browns next door are complaining of the dreadful noise the mowing machine made the last time you used it." "Indeed!" cried Johnston, "I'll show them that a man can do what he likes in his own garden. I'll go and cut that grass at once." And as she listened to the busy whir-r-r of the mower Mrs. Johnston smiled softly to herself. "That's her to a dot, and my name is Johnston too," replied her husband.

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The reading matter and advertisements in HUMAN NATURE have educational value and represent progress. Our policy is that nothing objectionable to the intelligent reader will be inserted. Drugs and patent medicines, tobacco, liquor, fortune telling and faking advertisements, and all illegitimate schemes are prohibited in these pages. Our aim is to publish advertisements of such parties only as we believe to be honest and reliable. In answering advertisers, please state that their advertisement were seen in HUMAN NATURE.

Address Delivered By Harry Hill

BEFORE THE SAN FRANCISCO PSYCHIC RESEARCH SOCIETY ON
TUESDAY EVENING
APRIL 4, 1905.

Mr. President, ladies and gentlemen: My subject this evening will be "Self Suggestion." We have had some very interesting lectures lately along the line of Suggestion by Dr. Wetzel, Mr. G. R. Thompson and Mr. Ginty. These gentlemen have been close students of psychology, and there is perhaps but very little left for me to comment upon that they have not already mentioned.

There is one phase of Suggestion in particular that they did not mention, that I wish to speak of. It is that of "Self Suggestion" on the unconscious suggestion that we receive daily. I wish, however, first to mention for the benefit of several strangers that I see before me this evening, the object of this Society organized in this City some two years ago by that celebrated author and lecturer, Dr. W. R. Price. Many of the members, as well as myself, have been members of his classes of instruction in psychology.

The purpose of the Psychic Research Society is to establish an aggressive and progressive school of thought. The members are supposed to be above the petty bonds of prejudice and ignorance by which men and women are held back in the affairs of life. It branches out in the realisms of truth where the tracery of cause and effect are clear and comprehensive to every mind. The old saying, "where there's a will there's a way," holds good in the search for wisdom as in anything else.

The human brain in infancy is comparable to the blank cylinder of a phonograph. Its development depends on the impressions it receives and the thoughts that emanate from it. The phonograph cylinder con-

trols the the words, sounds, etc. of that instrument. Likewise the human brain controls the thoughts and actions of the human body. Cause and effect in nature are very exact. The impressions received by the brain are reflected in the material acts of the body in a corresponding ratio to the depth of the impression.

Impressions received by the brain, sufficient to cause deep and profound thinking, will produce effects of greater degree and consequence than will less vivid impressions.

In the relations of mind to matter every individual has more influence and control than would seem possible. There are three principal gateways to the mind that should be well guarded. Namely, first, personal associations; second, literature read and studied; third, habits of thought. By the regulation of these prime factors in the cultivation of the mind every individual can exercise a firm and favorable mastery of his ambitions and attainments. The law of mental development is one of nature's regulations.

All mental and physical exercise comes as a pleasure in proportion to the reserve vital force. When the reserve force is gone, all exertions of both mind and body become a burden. When vital force is consumed to a low point we are more subject to infectious disease and disorders. If by overwork or excessive indulgence we consume a portion of the vital force necessary to sustain organic functions, vitality is greatly lowered and the health suffers from imperfect or non-performance of the duty of every organ, gland and tissue. The blood and nerves, the storehouse and protector of life itself, is assailed, and the sufferer must go through life finding no pleasure or satisfaction.

To those whose brain always points to the acquisition of such knowledge as will assist them in the search for truth, every event, no matter how cruel, will prove his

friend and assistant. The worlds persecutions, its most malignant hatreds, bring him no harm; on the other hand they are spurs that hasten his departure from the realms of ignorance to those of light.

At this time when ignorance along the lines of psychology is so widespread, and there is no highway to eternal truth, and it looms up before us as an untried jungle where every advance step is experimental, it requires lots of study to be able to bound ahead joyfully. Do not talk to anyone about your difficulties, your weaknesses or your doubts. It will make even your friends afraid of you, and this often makes grave realities out of groundless fears. Talk cheerfully, confidently, hopefully, if you must talk at all.

Keep yourself in readiness for every opportunity to improve your mind and learn something new. Do not allow prejudice or pre-existing opinions to hold you back. Weigh every question the moment it is to be acted upon, and do not allow past or future contingencies to incline your decision. It is a good practice; you will learn to decide quickly and correctly and to stand firm in your opinion.

In concentration, if you concentrate envy, malice and despondency, you will be rewarded with a deep draught of misery. Let your awakening thoughts be cheerful and full of hope and faith and your dreams will be a concentration of joy.

Learn self-control and don't leave yourself liable to all kinds of suggestions. If you are gloomy and depressed, and you go among those who are contented and happy, you soon become cheerful and likewise. The reverse takes place under opposite conditions. In the theatre an actor is imbued with his part, imagining himself the real hero he is representing, wakes fear, terror or admiration in the spectators, who become impressed, laugh or cry as the case may be, although they are well

aware the scene before them is only a creation of intelligence. We all know that example is contagious. Joy and sorrow, virtue and vice, health and sickness, are all transmitted; all going to show that thought can be transmitted from one person to another, and is a form of mental suggestion.

If we indulge in thoughts of weakness, sadness, envy, anger, or malice, they find expression in our subconscious mind, stagnating the circulation, lowering the temperature poisoning the vital fluids of the body.

If we wish to be the master, not the slave, a proper understanding of this God given law of psychology which governs the mechanism of the human body is necessary. The development of the objective faculties is a matter of training, education and experience. Scientific investigation has proven that excessive indulgence in various emotions may result in changing the chemical properties of the various secretions of the body, weakening and interfering with the functional duties of the various organs. Fright has been known to crown many a youthful head with the symbol of old age. Fear of disease promotes the possibilities of contracting that which we would like most to avoid. In other words we are often the victims of what we are afraid of. Poor o'd Job expressed a psychical truth when he said: "The things which I greatly feared have come upon me."

Here is Another Illustration of Tact.

Her Father (crossly): "Eh! What do you say? Want to marry my daughter? Speak out, young man." Youth: "Yes, sir, that was my intention, but she said there was no use asking you; you were so cross and irritable; never did anything she wanted." "Oh, indeed!" snorted the old gentleman; "she said that, did she? The impertinent monkey! I'll show her she's quite wrong. You may have her, young man." And the young man went away with a satisfied smile on his face.

Historical Reminiscences of Phrenology.

By JOHN T. MILLER, B. PD., D. S.
PROFESSOR OF PHYSIOLOGY
IN THE L. D. S. UNIVERSITY, AND EDITOR OF
THE CHARACTER
BUILDER.

Read before the International Conference of Phrenologists of New York.

Phrenology has made more rapid progress during the past ten years than during any other decade since it was discovered by Dr. Gall. This progress is not due to any great discoveries during the period stated, except the discovery made by many psychologists and scientists that Phrenology is the only science of mind which gives a correct analysis of the mental powers and furnishes a solid basis for true education.

Nearly half a century ago Henry Ward Beecher foretold the condition which now exists when he gave his opinion of Phrenology as recorded in his forty-eight sermons (Vol. 1, page 303). He says: "All my life long I have been in the habit of using Phrenology as that which solves the practical phenomena of life. The learned professions may do what they please, the *common people will try these questions and will carry the day*, to say nothing of the fact that all the great material and scientific classes are yet digesting it, and making it an integral part of the scientific systems of mental philosophy."

If Mr. Beecher had made the above statement in 1905, he could not have described conditions more accurately than he foretold them half a century ago.

Phrenology is unpopular with some scientists today, but the truths of Phrenology are freely used under the name of psychology. This is very evident in a book entitled "The Study of Children and Their School Training," by Francis Warner,

M. D. (London), F. R. C. P., F. R. C. S. (England), etc. In the preface the author says: "Observation shows the child's strong points which should be cultivated, as well as his weak ones which must be combated. I taught psychology for several years in a normal training school, but was unable to learn any system of observational psychology from the standard texts." In the book mentioned above Dr. Warner gives instructions for observing the head. We published these instructions in *March Human Nature*.

That book was published two years ago by educational publishers of international fame. The author does not mention Phrenology anywhere, but gives instructions on the study of psychology. The student of Phrenology will find much, however, in the book that is of phrenological origin. It is unnecessary to single out this publication, other psychological works of recent date have the phrenological mark on their pages. As hypnotists made the principles of mesmerism more popular under the new name, so psychologists are taking the truths of Phrenology and are making them acceptable to orthodox educators and scientists under the name of psychology. If the transformation continues it will not be long before all will come to a unity of faith on things psychic or phrenic. When that unity is reached and the contributions of the various physiological systems are measured, it will be found that phrenology has contributed much more that is of real value for individual or social progress than has any other system which was developed during the nineteenth century.

Another evidence of the growth of Phrenology during the past ten years is found in the able contributions in its favor from some of the most eminent scientists of the world. Notably among these are "A Vindication of Phrenology," by W. Mattieu

Williams, F. C. S., F. R. A. S., author of the "Chemistry of Cookery" and other scientific works; "The Mental Functions of the Brain" and "Scientific Phrenology," by B. Hollander, M. D., M. R. C. S., L. R. C. P. (London); "A Manual of Mental Science," a scientific treatise on child study, by Miss J. A. Fowler, and a chapter in "The Wonderful Century," by Dr. Alfred Russell Wallace, F. R. S. That eminent scientist gives a review of the successes of the nineteenth century, and points out some of the mistakes that were made. He devotes a long chapter to Phrenology, from which the following is quoted:

"We have also neglected or rejected some important lines of investigation affecting our own intellectual and spiritual nature, and have in consequence made serious mistakes in our modes of education, in our treatment of mental and physical disease and in our dealings with criminals. A sketch of these various failures will now be given, and will, I believe constitute not the least important portion of my work. I begin with the subject of Phrenology, a science of whose substantial truth and vast importance I have no more doubt than I have of the value and importance of any of the great intellectual advances already recorded."

"In the coming century Phrenology will assuredly attain general acceptance. It will prove itself to be the true science of the mind. Its practical uses in education, in self-discipline, in the reformatory treatment of criminals, and in the remedial treatment of the insane will give it one of the highest places in the hierarchy of the sciences, and in its persistent neglect and obloquy during the last sixty years will be referred to as an example of the almost incredible narrowness and prejudice which prevailed among men of science at the very time when they were making such splendid advances in other fields of thought and discovery."

These words, uttered by an eminent scientist whose experience extends back to the early part of the century, and who has made a lifelong study of the various psychological systems, are of more than ordinary significance. Scientists who read Dr. Wallace's book, may be led to a study of Phrenology where the secrets of the mental action are revealed to any careful observer.

While a few of the "learned" have failed to recognize the merits of Phrenology, it has steadily grown in popularity among intelligent scientists and has been of inestimable value to millions who have been directed into more perfect life by its grand and elevating principles. Two classes of people have retarded the progress of Phrenology; those who have passed through college and through life without learning to observe and think for themselves, and those who have practiced Phrenology without necessary training or from wrong motives.

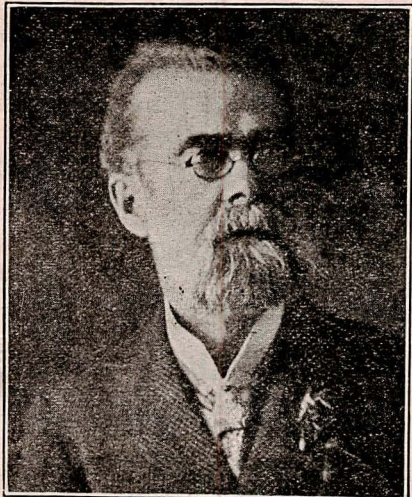
Much of the research in psychology during the past century has been fruitless, but the study of mind has been placed on a scientific, physical basis, where investigators may test the claims of the various systems for themselves. Phrenology will not suffer by being compared with all other systems.

My personal acquaintance with Phrenology extends over a period of only twelve years, but after reading most of the works that have been written in English, French and German, on the science and history of Phrenology, and after making thousands of observations to test its principles. I am thoroughly convinced of the truth of Phrenology and of its great value to the human race. The principles of Phrenology are eternal; their influence on nineteenth-century progress cannot be easily overestimated, and its power for good will extend through all future time.

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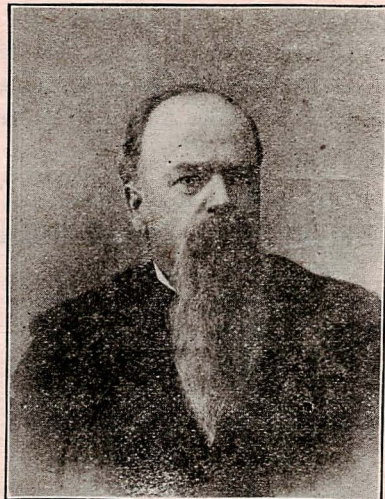
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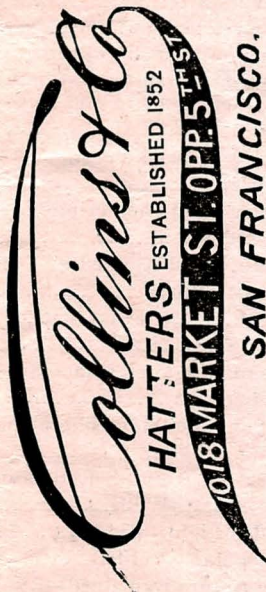
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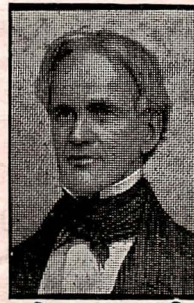
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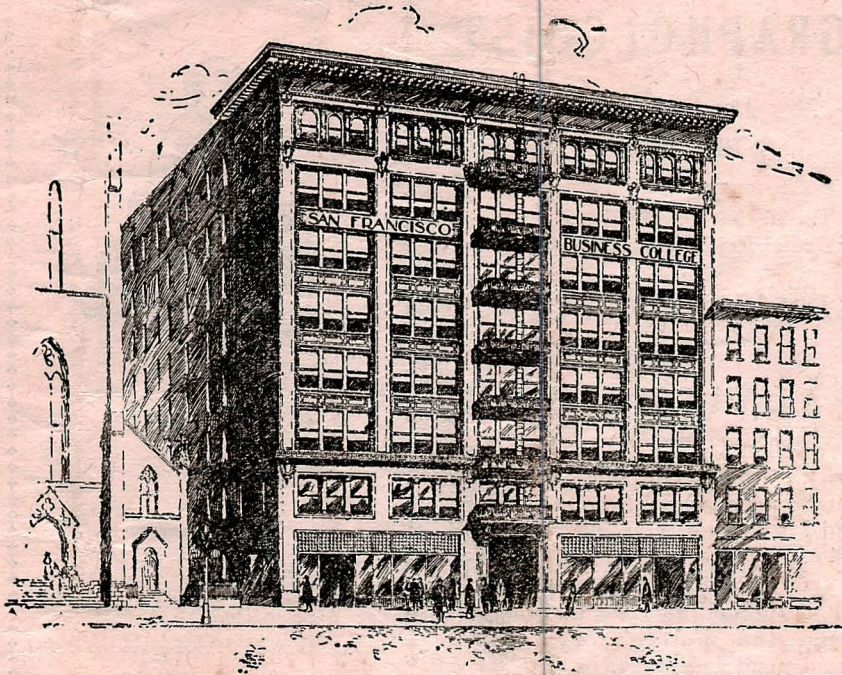
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