

30 1903



# Human Nature

VOL. XXV, No. 156.

SAN FRANCISCO, AUGUST, 1903.

{Subscription per Year, 50 Cents.  
{Single Numbers, 5 Cents.

## A PHRENOLOGIST AND PHILOSOPHER.

**T**HIS excellent portrait of the late Prof. Louis Allen Vaught, phrenologist and editor of *Human Culture*, Chicago, exhibits some very strong and weak points from a phrenological point of view.

The immense development of the upper fore-head and cincipital region, in conjunction with rather fine Quality of organization and strong Mental Temperament, stamped him as an original thinker.

He observed and thought on new lines and possessed a clear perception of the relation of cause and effect. He perceived hidden causes which are unobserved by ordinary men.

Although blessed with considerable faith he did not believe in chance. His faith had to submit to the crucible test of reason, and he always demanded to know the cause of everything. He possessed remarkable power to originate new ideas and a great flow of words to express them.

Although Language was very large as indicated by a full round eye, yet owing to weaker eventuality as seen by the dent in the center of the fore-head, he found better expression with the calm and deliberate pen than by impassioned speech, still Prof. Vaught was a good speaker.

The inventive faculty (Human Nature) was highly developed and active; he had a clear conception of character and understood the combination and operation of the

mental faculties, he was a philosophic Phrenologist.

Intellect is cold, Prof. Vaught was highly intellectual and scientific. Three years ago, when on our way to Europe, we called upon him for the first time at his office

in Chicago. We met him in the corridor. The recognition was mutual and cordial, but there was neither "gush" nor sentiment in his hand-shake; yet a good welcome.

It will be seen that his head is thin at the sides, forward and a little above the ears, denoting weak financial ability. He earned money by his scientific and literary abilities, not by the instinct of acquisitiveness. He had a very small sense of values and spent his earnings lavishly to gratify the demands of intellectual and aesthetic tastes and high ambitions. He exercised too much the anterior lobes of the brain at the expense of his body, and nobody knew the penalty of this better than himself. He was partly an invalid from his youth up, and only the knowledge he possessed of



himself enabled him to prolong his life to forty-three years. It will be seen that the base brain was weak. He possessed insufficient vital magnetism to sustain such an active brain as his. Nature at last gave out, the vital spark fled, and the world lost a man who had succeeded in bringing phrenology to the front by his unique brush and pen.

[For "inventive" on first page read *intuitive*.

### Delineation of Two Children.

**N**OBODY but a Phrenologist can distinguish such a difference as exists between this little brother and sister. If parents, guardians, teachers, school boards and legislators understood Phrenology and applied its principles to the rising generation we would have a better world, for then they would know *how* children should be trained in the way they should go.

We call the special attention of our readers to the following delineations—reserving the full names for obvious reasons.

#### MISS A. L., AGED 12 YEARS.

This young lady possesses a strong physical and mental constitution, both brain and body are large, being neither too fine nor coarse in organization, but of good and fair working quality.

If she continues to keep in the same healthy condition as now, she will make a strong healthy woman. She possesses a powerful frame and an intellectual cast of mind remarkable for her age.

All her bones, muscles and nerves are in good working order, although the stomach is not so strong as the heart and lungs, therefore she must be careful *what* and *how* she eats—a mixed diet will be best for her. She needs *less* of the bone and muscle foods, as they are starchy, sticky, and hard for her to digest; and being of a studious turn of mind with an active brain, she needs more brain and nerve food, with fruits and vegetables as eliminators and purifiers. See the dietary scale at the end of this analysis. Let her live accordingly and you will be surprised how beneficial this dietary will aid her mentally and physically.

Children possessing her intellectual capacity and large approbation, or ambition, are inclined to study too hard—or draw too much blood away from the digestive track to the brain, at the cost of the stomach. This

condition is her only physical danger or weakness; otherwise she has a splendid constitution, and with a good stomach she will be capable of accomplishing more than if neglected. Perfectly healthy all through she will learn rapidly, for she is capable of becoming a most excellent scholar. Her steel grey eyes, large intellectual forehead, her strong perceptive and literary faculties is evidence of her capabilities in this respect.

Her head now measures  $21\frac{3}{4}$  inches in circumference, and it is supported by a strong body capable of furnishing the brain with more than ordinary nourishment of blood; and when her masculine frame together with the fair quality of texture or organization is taken into consideration, it is evident enough that with an education of which she is capable of receiving, she will be able to make her mark in the world, for she possesses a mind of great reach and power.

It is a very easy matter for her to learn anything, she grasps facts quickly and possesses a remarkable memory of knowledge acquired, also keen analytical power, therefore she will be finely adapted to follow intellectual pursuits, either in a literary or commercial way.

The faculty of calculation is remarkably developed. She may excel as a bookkeeper, cashier or accountant. At school now she ought to lead her class in arithmetic or mathematical problems. It is mainly because of this rare quality of mind she could enter the commercial world in the vocations named. She can become an expert in those lines, but as a saleslady she would not do so well, nor would she make a good business manager, she is not sufficiently self-assertive, nor is the trading instinct in her very well developed.

The literary traits are much better. As a school teacher, secretary, writer, editor or critic of books, she can with training excel.

But there are more opportunities and better chances for her as an ex-

pert accountant, or bookkeeper than even in the literary pursuits, although there is always room at the top for those possessing such excellent mental capabilities as she does.

I have named typewriter as one of her vocations, but I consider typewriting as beneath her abilities; also as a rule typewriters are not quite so boney or muscular as she is. She would make a good nurse for some reasons, that is so far as strength of mind and body is concerned, but owing to other leading qualities of mind, I am doubtful as to whether she would ultimately care for such work.

As a rule the best typewriters and nurses are not quite so masculine, possessing less of the Mental and more of the Vital Temperament than she is likely to have at maturity. It is merely for this reason I feel rather dubious about marking these two vocations, therefore no star will appear opposite Nurse or Typewriter, only a single line or mark around each designation.

I consider her remarkably qualified to follow any of the occupations marked with a star in her book chart and named in this analysis.

Her strong perceptive intellect renders her a keen observer. Her reflective faculties a good thinker, and her back-head being also well developed renders her affectionate, sociable and domestic.

It is because of these endowments I consider she would do well as a school teacher, only she is, at present at any rate, a little too modest. She may develop more self assurance as she grows older. She certainly possesses the mental qualifications for a teacher.

She loves music fairly well, but she is not a born musician. The organ of tune is too small, and her ears are not "musical ears." She will never excel in music, and would make no better record as a merchant, a business woman, manager or saleslady.

Her strong and weak faculties are

well indicated in the marked book chart, and from that source much further information can be gathered.

\* \* \* \* \*

Here followed a Dietary, but as it is only applicable to the young lady it is omitted in the pages of HUMAN NATURE.

MASTER W. L., AGE 7½ YEARS.

This boy will be of an athletic turn of mind, he is of that build and type now. His head is long and narrow, therefore he is better adapted for physical labor with such a body than intellectual pursuits. His upper fore-head is very low and narrow.

He is not a reasoner, planner or inventor; his is not a creative turn of mind, however he is practical, he sees things, he is a very keen observer, a better observer than thinker.

He sees everything and every detail of a piece of work, he would make a practical carver or sculptor for that matter, but I do not believe he could *create* a piece of work; he would excel in carving from a pattern very likely, but he lacks imagination greatly, and I am afraid he is so deficient in that faculty that it is hardly worth the while to cultivate it.

All his knowledge will come from observation rather than from reasoning a thing out. He sees and may *know* more than many boys do with a higher and broader fore-head than his, for he has an excellent memory of facts, but I fear he is not attentive, but careless.

He enjoys general good health and is very fond of play, more so than some boys; he is a born climber, a regular "Steeple Jack," entirely fearless, and I fear he will have to be very careful or he may meet with some accident; because cautiousness is so weak he fears no danger and takes great risks. Therefore he should always be warned to keep out of danger or he will become very reckless. If you begin to warn him of dangers now when young, he will be more cautious when he grows up, and it may be the saving

of his life or limbs if this warning is acted upon.

His cautionness should be cultivated for other reasons too; one of these is to be careful enough to provide for the future by laying something by for a rainy day, as he has very little sense of the dollar, and value of a thing. For this reason he would never succeed as a merchant, but he could learn a trade quickly—he only needs to be shown how to do a thing.

He will never be a book worm, he is not by nature a reader or capable of becoming a great scholar, although with his large language and eventuality he might acquire the use of words as a telegraph operator, or interpreter of languages, but I cannot see how it can be possible for him to understand the logical sequence of words because his causality is so very small; he is probably inquisitive, boys generally are with such a large faculty of memory as his, but his memory is peculiar, it is not a literary memory, nor a mercantile or musical memory, but memory of what he has seen and heard. He will remember more about horses than books. His head stands out at the back like the end of an egg over the spine; therefore he should be very fond of pets, dogs, animals, birds, children, etc., and much attached to home life.

With such a back-head as his he would make a good stock raiser, dairyman, farmer, etc.

Although love of home is large making him sociable., Locality is also large, he will be fond of travel, but he will always have a strong pull towards home, or he might become a deep sea sailor, because he is very fond of adventure.

Or he would be in his element climbing mountains, as a hunter or prospector. He will probably engage in some such work as this or in building high chimneys, erecting lightening rods, telegraph or electric poles. He has the most remarkable

combination of faculties for climbing I have seen in a boy for his age; you had better give him a good home training or he may become a romping sailor or a veritable cowboy. He has a combination of faculties that make him into a daring fellow, although he is not a bad boy, only willful and reckless.

He certainly should be restrained by his parents and guardians. His sentiments and sympathies at present are very strong and they can be appealed to. His affections are very strong, and therefore he must be treated with kindness and affection; not by harshness nor force, but should be made to feel that his parents have his interests and welfare at heart. However, if he is *made* to do this or that by *force*, he will go contrary, and there will be trouble in the family. He can only be ruled by loving kindness; if treated otherwise he will resent it more and more as he grows older.

He is very courageous, combative and resolute. He likes his own way, but he must be shown that his own way is not always best for himself, and must profit by experience, but harsh treatment will increase his firmness and resistive power. If he does not take kindly to books or school work, remember he is acting in accordance with his organization, and that it is not altogether his fault. He cannot be ruled by physical force, at least when he gets older, and still stronger, he will feel more and more his physical power and his force of character will be irresistible.

He is not very susceptible to spiritual and religious impressions, although controlled by his feelings and emotions, he is not and probably never will be controlled by religious sentiments, he is more moral than religious, but as his social faculties are strong, it will be necessary to keep him in good company. As before stated he is not a bad boy, but reckless, or careless, as to whom he associates with; bad company has ruined many a good boy by starting

him on the wrong road; therefore he certainly ought to have good companions around him if possible, or at least prevent his association with evil minded ones or he may be lost.

My advice is give him as fair an education as you can, or, as he can receive, and always give him something to do, keep his mind and hands employed if even at play, and let him run, skip and jump like a young colt; he needs it to work off his superfluous steam.

Of course he should be allowed innocent play, it will keep him out of a worse turn. To keep such a boy as this indoors and out of action would be cruel and result in great harm.

When he is old enough to put to a trade he can follow any of the vocations I have already mentioned, or those marked on pages 5 and 6 in his book-chart.

I am of opinion that his organ of constructiveness is too small to become an expert carpenter or builder, where intricate constructive skill is desirable. He is not by nature a constructor, but his immense perceptive faculties will aid him to build anything he has seen done, he needs to see to know or to be shown *how* to do it. Not that he is imitative at all, for that faculty is small, but he perceives and remembers what he sees done.

Post-natal and pre-natal conditions are accountable for such a contrast as exists and will continue to exist between this little sister and lesser brother.

### Character from Photographs.

In sending your photo for examination please give circumference of head, weight and height of body, color of hair, eyes and complexion, occupation, education, state of health, symptoms, age, married or single. Terms for brief written statement \$1.00; with marked printed chart \$2.00; elaborate typewritten analysis \$5.00.

### Making the Most of Ailments.

BY MARY LYTLE.

She had four flights of stairs to climb. As she approached the last flight she began to puff and blow so the lady who she knew was waiting for her at the top might hear and pity her. As she entered the door and passed through the hall the pant and puff were intensified into a groan and gasp, each of which she let out of her lips at every step. She sank moaning into a chair, meanwhile watching out of the side of her eye to see whether the spectator of the performance was duly impressed.

The lady was not at all impressed, at least not the way the apparently expiring female desired her to be. She was an experienced person in sizing up her own sex, and knew by long observation that the suffering female was one possessed of that morbid craving for sympathy which is the very existence of those women who make their ailments the most enjoyable luxury of their lives, as many women do. The lady calmly ignored the spectacular show. Seeing this, the self-martyring female assumed an injured look and remarked:

"Oh, ah-h, ow-w-w! It nearly kills me to climb stairs. I've had another spell of inflammation and I had gastritis with it and tonsillitis, and the doctor says I've chronic neuritis, too."

"You appear to have mostly all the 'itises,'" coldly responded the lady of the second part.

"Yes, I have, and nobody knows how I suffer, and I don't get any sympathy either. Some women have got no human feeling for anybody but themselves."

"Well, it's a pity you ever learned the names of all those 'itises.' If you didn't know their names, you would not have them, I'm sure. A woman's half knowledge of her own anatomy is much worse than no knowledge at all. If she is inclined

to be a whiner and a softie, it makes her ten times worse to know anything of her own internal parts.

You are a woman of sense, really, though you do not just now act like it. Don't you know that the more you think about your ailments and try to impress others with their intensity and immensity the worse and greater they grow, and serve you right too? Many women make the most of every little ailment just to make others hustle around and wait on them and feel sorry for them."

"I was left a widow with four children before I was twenty," murmured the chronic whiner.

"Yes," said the other woman, "this is the third time I have seen you, and you have already told me that four times. Don't do it again. Stop thinking about it at all. Get a move on you. Look to the future. There is just as much in it for you as for anybody. If you stop petting your bodily ailments, if you force yourself to think of something—anything strong and cheery and refreshing—in time nine-tenths of your ailments will disappear.

I have a book here in which a very great, wise and noble man—the stoic Roman emperor, Marcus Aurelius—tells us what to do when we are suffering: "Say to yourself, it is nothing; it will soon pass."

Be proud of being well and strong, instead of weak and sickly. If you have bodily ailments, don't, for pity's sake, flaunt them before everybody. The woman who parades her troubles and her sicknesses in order to draw on people's sympathy is exactly as bad as the unclean beggar who squats on the street corner and exposes his deformities to the public gaze for the sake of getting money. Weakness is always something to be ashamed of. The woman who exaggerates her ills the least bit for any cause is a fraud of the first water. She ought to be ashamed to look at herself in the glass. I have known many a troublesome, old, chronic ailment to disappear entirely simply by the sufferer keeping her mind off it and cheerfully busying herself with useful work. Any woman can force herself to be cheerful all the time and under all circumstances.

### Man a Continent.

Every man is a continent, yes, a world in himself. He has his temperate, his torrid, and his frigid zones. It is well for him if the dominion is with his temperate zone. He has his undiscovered country also, which as yet has not been opened up to the commerce of life, and his undeveloped resources. He has his mountains and valleys, his rivers, lakes and oceans, his trees and flowers and fruits. And the business of his life is to know this world which is himself, and to realize his lordship over it, and to make it the manner of world which it ought to be. There are endless possibilities of exploration and development within every man's own soul.—*Whittaker.*

Home Cyclopaedia, the Torch of Liberty and the book Enlightening the World only \$2.00, mailed to any address. See last page of this issue.

Take phrenology and physiology for instance, it is beyond dispute that character can be read by the organs of the brain and also by facial expression.—W. J. COLVIELLE in *Spiritual Science.*

Prof. Haddock is the Wholesale and Sole Agent for Dr. Foote's Home Cyclopaedia on the Pacific Coast. Agents wishing to handle this popular 20th century book should apply for terms, enclosing stamp. See last page.

Our evening class is just closed. Having as much work as we can attend to during the day, we are too tired to continue the evening class at present. We do not propose to go the way of friend Vaught just yet. Excessive brain work at night is more killing than excessive manual labor. Recreation and sleep is nature's method of restoring expended nerve force.

### "Down By The Golden Gate."

**Beautiful California Sea Plants, Tinted by Nature in all Colors of the Rainbow.**

Pressed, Mounted and Made into Neat Albums, by the Misses Haddock.



Counsellor W. W. Yates, Dewsbury, Yorkshire, writes:

"I beg to thank you for the pressed sea plants so interesting and beautiful. My friends are very much taken with the delicacy and beauty of the specimens with their tender leaves and branches so beautifully colored and tinted by nature."

California sea plants dried, pressed and mounted presents an exquisite specimen of nature's handiwork, most delicate and beautiful and in all the tints of the rainbow. 1 sample 10 cents; albums 50 cents and \$1. HUMAN NATURE Office.

### Mail Course Endorsed.

We get some very appreciative letters. Here is one just received:

Big Horn Mt. Wyo., June 30, '93.  
To Prof. Allen Haddock:

Dear Sir:—I have completed your mail course of twenty-seven lessons in Phrenology and am pleased to say they are exactly as you represent them to be—the whole science in a nutshell. I find no unnecessary words in the course, and nothing omitted. I can recommend these lessons to beginners. They will get splendid value for their money.

Yours respectfully,  
ANDREW JENSEN.

We have for sale some beautiful Alexandra Wall Charts in colors, illustrating the forty-two mental functions of the brain, 3 feet by 2 feet 6 inches, for hanging, mounting on rollers or framing. 40 cents each or three for \$1. Mailed without extra charge. Also a smaller chart 23 by 19 inches, a duplicate of above, which we mail at 30 cents.

The base brain is the seat of the physical powers and propensities, the cincipital or coronial region is devoted to the expression of man's spiritual nature. If the former predominates then the man revels in sensual pleasures, but if the latter he enjoys the greatest and more lasting pleasure. When will the world realize this phrenological fact?

### Phrenological Text Book.

We have received for sale a quantity of the above, by Albert Elliss, Blackpool, England.

This new text book gives the outlines of phrenology, embracing skull, brain, temperament, etc., also the location and function of the phrenological organs, with instructions how to cultivate and restrain the same.

The twenty-five illustrations illustrate the principles laid down.

The subject matter of sixty-five pages and "get up" are excellent and well worth 25 cts.

At HUMAN NATURE Office. Free by mail.

It is reported that the good health of Britons is making the doctors sick. Medical fees are growing more scarce year by year. The reasons given are, a growing non-belief in drugs as a remedy, and universities turning out more doctors than there is a demand for.

Dr. Foote's New Home Cyclopaedia advertised on page 16 of this number is, we consider, the most remarkable book published on the subjects of which it treats. See advertisement on last page of this issue.

### Mistakes of "New Thought."

EXCEPTING the definitions of Ella Wheeler Wilcox, which declare the principles of phrenology, much of the literature of "New Thought" is founded on conjecture and without scientific basis, therefore absolutely worthless, and will die out.

"New Thought" friends may grow wrathful at this statement, but we assure them our object is only for the elucidation of truth, yet because we have shown up the many absurdities of New Thought people they sneer, but none of them have met our arguments or proved their own position to be sound; they make affirmations but prove nothing.

If teachers or writers of New Thought understood mental Science, or man, as revealed by his form, shape of his head, body, temperament, organic quality and expression of his face, they would not make such mistakes as these—"We can all be scientists." This statement is so absurd on the face of it, and appears so ridiculous to a phrenologist, we are disposed to write an addenda—"We can all be fools." We admit that the majority of writers on New Thought are earnest, sincere and honest, but if they knew enough about the laws of mind as revealed by phrenology, they would not write such nonsense.

Less than a year ago their shibboleth was "All is mind." Evidently discovering the fallacy they have dropped it like a hot brick. We hear nothing of that claim now.

Let us hope they will go on discovering their mistakes, they are progressing, when they get down to bottom facts and discover that the brain is not only the organ of the mind, but that it is composed of forty-two different mental faculties, then they may find out that the "concentration" they prate about is not all they claim for it, but only one faculty of the forty-two elements of mind.

Phrenology teaches that much can be accomplished by persistent effort, yet one who is very deficient in the brain organ of Tune may be very fond of music, and "concentrate" his mind on it thirty or forty years, but will never be a musical genius.

One with a small peaky eye, and a little puckered up mouth, exhibiting the faculty of speech small, may "concentrate" his mind, or "Will" himself to be a speaker or writer, but his struggles to become famous on these lines will result in utter failure, and all the "concentration" in the land could not save him.

Concentration and cultivation are good in their way, but bad when accomplishment is impossible. Much good can be done by cultivation. The trouble is New Thought advocates give the same advice to all, and do not discriminate or do not appear to know the individual possibilities; here is just where they make so many mistakes.

Many talented people are too retiring, appear afraid of undertaking responsibilities and let good opportunities for achievement go by. New Thought people see this, but instead of finding out that this is owing to only one element of mind—deficient self-esteem, advise all men whether they have talents for the work or not to assert themselves. One writer says "Stand up like a man, assert yourself, and say I can do what others have done."

Self assurance in itself is often a good thing, but when coupled to a deficient brain it only amounts to so much "cheek" without sense or ability. Let our good friends realize this fact, that all the self confidence in the world will not make a fool into a philosopher.

How in the name of Heaven could a fellow with a narrow and shallow forehead, short from the opening of the ears to the root of the nose, ever be an intellectual man? He may have an abnormal amount of self-esteem, and be conceited enough to

think he is smart, but he is only a weakling or a fool.

Still our "New Thought" friends ask us to affirm "I Am God," "I Am Success," and prate about "Will Power" and so forth, advising their clients to "Affirm" these things and they can become gods! and be successful! and have strong wills! but they remain—many of them—poor, frail human beings; utter failures; and without will power of their own, because they were born so.

Still phrenology proves that much can be done by cultivation. Only let us exhibit a little wisdom by knowing *what* may be cultivated. We admit that New Thought advocates have done much good, but they have done it blindly, it will never be known how much harm they have done to those whom they have made believe that what one man can do others can accomplish.

A race horse can run, but he cannot draw as much as a draught horse, nor can the latter excel the former in speed, and there is a greater difference in men than there is in horses.

When our New Thought friends begin to study Phrenology they may in time become true mental scientists.

### Our Mail Course in Phrenology.

Our \$5 Mail Course of twenty-seven type-written lessons are "Mulum in Parvo" or much in little. Nothing equal to them in any of the published works. They not only reveal the mental functions of the brain, but locate the brain center for each organ of the body.

The stomach center is in Alimentiveness. The spinal column in Firmness. Whem firmness is large there is always a stiff spine and rigid muscle. Our course shows the exact relation between the brain, body and mind.

Our \$25 course runs for several months, including a long list of questions and answers, reading character from photographs, and instructions by correspondence. This course earns our Diploma.

SOMEBODY'S DARLING.

AUTHOR UNKNOWN.

INTO a ward of the whitewashed walls,  
Where the dead and dying lay,  
Wounded by bayonets, shells and balls,  
Somebody's darling was borne one day.  
Somebody's darling, so young and so brave,  
Wearing yet on his pale, sweet face,  
Soon to be hid by the dust of the grave,  
The lingering light of his boyhood grace.

Matted and damp are the curls of gold  
Kissing the snow of that fair young brow,  
Pale are the lips, of delicate mold—  
Somebody's darling is dying now.  
Back from his beautiful blue-veined brow  
Brush all the wandering waves of gold;  
Cross his hands on his bosom now,  
Somebody's darling is stiff and cold.

Kiss him once for somebody's sake,  
Murmur a prayer soft and low;  
One bright curl from his forehead take—  
They were somebody's pride, you know.

Somebody's hand had rested there;  
Was it a mother's, soft and white?  
And have the lips of a sister fair  
Been baptized in the waves of light?

God knows best! He was somebody's love,  
Somebody's heart enshrined him there;  
Somebody wafted his name above,  
Night and noon, on the wings of prayer.  
Somebody wept when he marched away,  
Looking so handsome, brave and grand,  
Somebody's kiss on his forehead lay,  
Somebody clung to his parting hand.

Somebody's waiting and watching for him,  
Yearning to hold him again to her heart,  
And there he lies, with his blue eyes dim,  
And the smiling, child-like lips apart.  
Tenderly bury the fair young dead,  
Pausing to drop on his grave a tear;  
Carved on the wooden slab at his head,  
"Somebody's darling slumbers here."

Vaught's Practical Character Reader

is a new book on the art of reading character. It is perhaps the most unique work on phrenology ever written. It is written so forcibly and the illustrations are so telling that the most illiterate can read, observe and understand character at sight.

The book is well bound and cheap at the published price \$1.00.

Rev. Dwight Ellis of New York, in the San Francisco *Bulletin*, says: "To-morrow morning when you take the street car take a little book on physiognomy or phrenology with you. Then with the charts in front of you, study the men and women on the opposite side of the street car. Find a jealous face, the envious face, the covetous face, the woman that has a little of the wolf in her and the hawk, and the woman that has a little bit of the dove and the lark."

If New Thought advocates studied phrenology, they would have a clearer grasp of the constitution of mind.

He Writes Like a Phrenologist.

"While it is true that many fruit-growers fail in California, it is true also that along-side of them, on the same kind of land and under the same physical conditions, many more succeed. This is not peculiar to fruit-growing, nor to any other occupation of man. The cause must be sought in the personal equation. Men are not alike in industry, foresight and tact. Some men have not business ability enough to sell twenty-dollar gold pieces for fifteen dollars, and, no matter how favorable the conditions, they will not win at anything."

The above is part of an editorial from the *S. F. Morning Call*. Will the editor of the *Call* now try to find out the cause of this difference in men. Phrenology alone supplies the answer.

A Mail Course Student writes:

Recently I heard a preacher addressing a class of young people say "Any young man or lady that has not enough ambition to advise the very best that his or her nature will afford had far better never have been born." Such ignorance ought to be condemned whether it comes from the pulpit or bar room. This is a case of the blind leading the blind.

Lessons Augmented.

Our course in Phrenology is greatly augmented in value by the addition of our Dietary System, which is now taught to all students, without extra charge.

HUMAN NATURE is a splendid and useful publication. I congratulate you on your success with the same. Enclosed find subscription price for one year.

Fraternally,  
PROF. IRA L. GUILFORD,  
Phrenologist,  
Los Angeles, Cal.

Some of the New Thought writers evince by their writings a high grade of intellect, but owing to a want of knowledge of the mental functions of the brain they often make absurd statements regarding mind.

It is a good thing to know all you can about your brain and body, but you may study anatomy fifty years, yet never understand human nature, the laws of mind, or how to read character.

# Human Nature

A MONTHLY JOURNAL

—DEVOTED TO—

**Phrenology, Physiognomy and Health.**  
ALLEN HADDOCK, Editor and Prop.

One Year, in Advance.....50 Cents  
Single Copy..... 5 Cents  
Back Numbers, per Copy.....10 Cents


Entered at the Postoffice at San Francisco as  
Second-Class Matter, September 29, 1890.

SAN FRANCISCO, AUGUST, 1903.

**PROFESSOR HADDOCK** is the author of and accepts responsibility for all unsigned articles and paragraphs. The moral responsibility for signed articles devolves upon the writer whose name is attached.

## MONEY ORDERS

We hope our friends will remember that all money orders, American or International, must be drawn on the Postoffice at San Francisco, Cal., or through an Express Company, and made payable to Allen Haddock at 1020 Market street. Bank checks not accepted. Two shillings in British stamps received as one year's subscription, or 50 cents for United States and Canada.

When this square  is marked inside with an X, your subscription has expired, when the paper stops and is only re-entered by request

## Back Numbers.

To discourage *slow renewals* and carrying old stock, we charge 10 cents each for back numbers.

Our office hours are from 9 A. M. to 5.30 P. M. Other hours only by appointment. Phone Mint 796.

Will city subscribers kindly call in the office to renew or subscribe.

## Our New Combination.

*Health* (Dr. Burke's),  
*The Character Builder*,  
*Human Culture* and  
HUMAN NATURE \$2.50 per year.

## OUR EUROPEAN TRIP

CHAPTER XXIII.

*Municipal Life in England, No. 1.*

OWING to pressure of other matter the last two months, our "Trip" articles have been crowded out. This chapter will touch the fringe of municipal life in England.

The "City Fathers" are elected by ballot as in the United States; but candidates do not "run for office" as with us; each candidate seeks a common seat in the City Council, representing some particular ward of the borough, or division, and among other candidates for that particular seat he is elected or rejected. A candidate's name does not appear on a general ticket spread over the city, he is crowded into one corner of the borough. The public eye is focused on him to a fine point, and he is elected or rejected according to personal knowledge of his character, career and abilities for the seat.

The council being duly elected, the members proceed to elect their Mayor and Aldermen. "Choose the best among themselves" to serve for the year. There is no such a thing as "running for office." No money in it for anybody. No salary for the Mayor, Aldermen, or Counsellors. Each member serves his term as a matter of honor. It is considered a great honor to represent a constituency; formerly none but well-to-do citizens could afford to become members of the City Council or Magistrate. Now-a-days public institution in Great Britain have grown more democratic. Intelligent workmen are returned to seats in the local parliament and some have seats also on the magisterial bench.

Although there is no "spoils of office" and no salary attached to the office of Mayor, Counsellor, Aldermen or Magistrate (except Stipendary Magistrate), some people

however imagine "that men enter public life to make money," as witness the following paragraph from the *Balley Reporter*, concerning a speech delivered by a good friend of ours:

*Councillor Ben Turner on Public Life.*

There was a good attendance of members and friends at the National League Club on Saturday afternoon to hear Councillor Ben Turner give an address on public life. The vice-president of the league presided. Councillor Turner said many people alleged that men did not enter public life except to make money. He could say that never in his life had he been worth ten pounds, and had there been money to make in public life he must have missed it. There was the reward of good intentions, and some times good deeds, and that was enough for any honorable man.

Perhaps *some* of our American friends may think, if Counsellor (Supervisor) Turner never possessed \$50 of his own, he ought to be bled for the simples; or where are the "spoils of office?" He ought to be rich.

Perhaps our friend Turner has a clean conscience and can sleep o'nights, therefore he is truly rich.

Our next chapter will attempt to deal with municipal ownership in England.

A Mail Course Student writes:

I have enjoyed the course of lessons immensely. \* \* \* \* No one but a phrenologist could possibly know how much the course has helped me to understand my own disposition and others as well.

A grateful patron writes:

*Dear Prof. Haddock.*

You will think I am slow in answering your last letter. My plea is too much business and that I am feeling tip top. Your hygienic and mental course of treatment has given me new life. God bless you.

Our bodies are made up of what we eat, drink, breathe and think.—  
DR. W. P. BURKE.

The *Phrenological Journal*, published by that old stand-by Fowler & Wells Co., sustains its high reputation as a scientific magazine, and keeps on the usual tenor of its way.



## Principles and Proofs of Phrenology.

BY W. A. WILLIAMS, F. N. P. I.

If the mind is composed of different faculties, it necessarily follows that the brain must be a congeries of organs, each having its own special function and location. Our critics may ask "whether we have any pathological proofs of this?" Certainly we have. We find that injuries to the brain frequently impair certain faculties of the mind,—and invariably the faculties located in that region by Phrenology,—while others remain healthy. The truth of this was never more forcibly demonstrated than in a case which came under the writers notice of a woman who, during her accouchment, became violently insane and was taken to the lunatic asylum; during her stay there she savagely attacked her warder, and in the struggle which ensued she was accidentally struck in the region of the ear by the warder's keys, and instantly there flowed from the ear a quantity of matter, with the result that she immediately regained her equilibrium and became quite sane; this fact speaks for itself when we consider that around the ear are located the animal propensities, only we would add that a scientific method of treatment on Phrenological lines would have proved equally as efficacious were it adapted in such a case, without leaving such a marvellous cure to accident.

Again, does not the fact that we find many people quite *sane* in some things and *insane* in others, together with the method of curing certain mental diseases prove the plurality of mental powers and organs? What proof can be more conclusive than that of N. R. GOWRS, M.D., F.R.S., in his "Diseases of the Nervous System", where he sums up all the latest researches on the functions of the brain by the best scientists of every nation: "Doubt was formerly entertained as to the differentiation

of function in different parts of the cortex (brain matter,) but recent researches have established the existence of differentiation which has almost revolutionized cerebral physiology, and vastly extended the range of cerebral diagnosis." With such evidence before us we must naturally conclude that the mind is composed of different faculties, and that consequently the brain is a congeries of organs so arranged by the Creator and discovered by Phrenologists in groups, divisions and sub-divisions as to be in beautiful harmony with the light of another principle which, when set in motion, we call "Order" and the "First law of Heaven."

We may here remark that the illustrious founder of Phrenology has been accused of first framing a theory and then attempting to mould nature in his speculations, but the glaring shallowness of such an accusation becomes apparent when we consider the *erratic* mode in which the different organs were discovered, and yet find no jumbling arrangement in the location of each organ, but all located according to their nature into their several groups in the most systematic and scientific manner. For example, we find the Perceptive Faculties or "gleaners" around the eyes; the Retentive Faculties or "store houses" a line above; and the Reflective Faculties or "millers" in the upper region of the forehead. Or a better example would be the fact that we have the feelings, passions, and animal nature in the base and back-head, with the Intellect in the fore-head to guide, and the Moral and religious sentiments in the crown to govern all, just as we would expect a good and an all-wise Designer and Creator to have located them. Had Dr. Gall been guilty of such a fabrication, the method pursued in his discoveries would have led to chaos and confusion.

THAT SIZE AND QUALITY COMBINED ARE A MEASURE OF POWER

is a law that holds good in all things, and needs very little to enforce its truthfulness. Large lungs aerate the blood better than small ones; large muscles are stronger and more enduring than small ones, and large brains contain more mental power than small ones.

Our critic may argue that he has seen embiles and idiots who have large heads; quite true! but Idiocy and Imbecility are invariably the outcome of a diseased brain, and to invalidate our proposition he must produce his Hampden, Milton, Cromwell, Webster or Beecher, with heads measuring only nineteen or twenty inches in horizontal circumference, and eleven or twelve inches in trans-coronal measurements. True that quality modifies size as a measure of power, finely wrought iron or steel is stronger than coarse or unrefined cast iron, and in the "make up" or constitution of mankind we find some men with the coarsest and poorest of material in their constitution, whilst others are possessed of the most exquisitely refined of material; but is not one the result of *degeneration* and the other of *regeneration*? We should remember that though the brain is composed of the most highly organized material in creation, it is, like other parts of the body, subject to the laws of growth and decay. If the mind, or a special group of its faculties are constantly exercised, there is an increased flow of blood to the brain, or that portion of the brain through which the group of faculties exercised operate, and as a consequence the volume of brain in that region is increased, and just as the smith's arm becomes stronger and larger by constant labour, so does that region of his brain through which the designing and constructive powers of his mind act, increase in power also.

A man can hardly expect to succeed in a line of work to which he is by nature unfit. Yet carpenters try to be doctors and some doctors would be more successful as carpenters.

### Some Serious Mistakes.

BY J. P. BEAN, SAN FRANCISCO.

In these days of higher education and advanced scientific knowledge, man is becoming almost Godlike in his knowledge of power over the elements and the forces of nature. But, strange to say, his knowledge of himself, and his relations to the things about him is comparatively limited, and he uses less wisdom in the application of this limited knowledge than in any of the other affairs of life.

You know there is a great difference between knowledge and wisdom. A man may know a great many things, but if he lacks the wisdom to make practical use of them, they are of very little benefit to him or anybody else.

We have all seen educated fools. Now, collectively, civilized humanity isn't exactly an educated fool, though it must be confessed that if we would all make a proper use of the knowledge that we have, society would be much healthier and better than it now is.

Now I will just enumerate some of the prevailing mistakes which cause pretty much all the sickness, suffering, sin and misery in the world.

First we will take up what is in many cases the greatest mistake, viz: The beginning of life. Many people come into the world by mistake. In other words, "they are mistakes" not intended, and not wanted. No wonder we meet with so many "accidents." Some people are always having "accidents" and making mistakes.

Marriage is in most cases a serious mistake. Circumstances throw two susceptible young people together, when both are in their best clothes, and on their best behavior. They at once form a mutual admiration society and each invests the other with a lot of imaginary good qualities, and both fall in love with the

creations of the fancy, which are no more like the individual than a canary bird is like a crow.

Each is so anxious to please this rainbow tinted product of an excitable imagination, that both fairly outdo themselves in putting the best side out, and concealing all their faults and shortcomings.

This so increases the state of mutual infatuation, that in a short time they are both as crazy as bed-bugs.

The morbid desire to commit some wild insane act, becomes so strong that they go and get married. That very soon brings them to their senses, and they find out that they are no more mated than a poodle dog and a hen-turkey. Within twelve months both are so completely disillusioned that each has no difficulty in believing that the other has about all the mean traits of character that one person could possibly have. About this time the first baby comes along, but each is so mortally afraid that it will inherit the mean despicable disposition of the other, that both are inclined to dislike it in advance, and neither wants it. Fine start in life for the little one, to be sure.

Now, yet another very common mistake, is the idea that any man can be wholly benefited through injury to another. You may acquire material wealth through wrong, violence or dishonesty, but it brings a curse with it, and the possessor usually finds that it costs more than it is worth. The state of mind that permits a man to commit a wrong, precludes the possibility of real pleasure or happiness. He who has wrong in his heart has hell in his soul. The thoughts that prompt evil deeds spring from the infernal regions of discord and confusion, and the soul in which they dwell knows no peace.

No greater mistake was ever made than the idea that we can evade our present duty. In attempting to do so we simply make harder the tasks of the future, for at some time, and

in some way, each must do his own work.

Present adversity is often the effect of past neglect of duty, and is a lesson by which we may profit if we will.

Another serious mistake is that made by people who imagine that they can escape the ill effects of any form of vice or bad habits. "As ye sow, that must ye reap", is a very true saying. Whatever you do, you must at some time or in some way harvest what you have planted, and don't for one moment imagine that you are going to gather pinks and pansies where you have sown bull thistles. You have got to gather your own thistles.

You may escape the penalty of breaking man-made laws, and sometimes it is right that you should do so, as many human laws are unjust, but no man ever did or ever will avoid the punishment of violating the divine law of nature; and remember every word and deed has its effect.

The life of the present is the seed from which grows the successes and failures, the joys and sorrows of the future.

Every man is, to a certain extent, the molder of his own destiny, the creator of his own fate. It is simply a case of cause and effect, that is all.

Instead of blindfolding yourself, and grouping around for a mysterious dispensation of a mysterious Providence, and expecting God Almighty to perform miracles in your favor, by keeping you out of pitfalls. You should just open your eyes and study up a bit on the divine law of cause and effect.

If you don't come pretty near getting a divine revelation, then you had better go at once and apply for admission to a fool asylum.

Everything that ever happened or ever will happen was according to some well defined natural law. We often hear the word "supernatural" to designate something supposed to be beyond or outside of nature.

This is a foolish meaningless word, coined out of the elements of ignorance and superstition. There is nothing above or outside of nature, any more than there is above or outside of the universe.

Natural law is the science of all that is, the eternal principle of manifestation.

### Wonderful Growth.

Four years ago Dr. Lawrence, an Osteopathic physician of 424 Post street, this city, came for a complete delineation of his character, disposition and abilities. Then he joined our class.

We took careful pains to obtain correct measurements of his head by tape and callipers, and recorded same for him in a book chart accompanied by a full typewritten analysis.

The records and statements were correct. We recommended him for the medical profession in preference to any other profession or vocation.

Recently he came for a second examination. We found remarkable activity and development of the Observing faculties or Perceptive group, and on comparing the measurements with the former records the head had increased in circumference about half an inch.

But the development of the upper and back part of the fore-head, or as the doctors would say, the superior anterior lobe was phenomenal. Measurements by callipers from the opening of the ear forward and upward to the apex of Human Nature showed an increase in length of nearly one inch, the organ rising to a sharp cone in the centre.

At an exclamation of our surprise at these marked developments, Dr. Lawrence replied:

"I am not surprised one bit, because since you examined me four years ago at the time I joined your class, I have incessantly studied my patients according to phrenological principles, and thereby I have been enabled to read them like a book, much to their surprise and my delight and profit. Indeed the more successful I was the more enthusiastic I became. Daily and hourly I have used my perceptive and intuitive faculties these four years and this new light has enabled me to understand my patients to their great profit. Knowing them (as every medical

man ought to know his patients) I have been enabled to treat each one according to his or her individual characteristics. I have done this with great success, thanks to phrenology, the only true science of mind, it is practical psychology. If psychologists studied mankind phrenologically they would understand, instead of that they have to guess in the dark. I judge by results and not by theories."

And here Dr. Lawrence exhibited a letter he had received from a prominent lawyer expressing surprise at the doctor's knowledge of his character and general diagnosis of his case.

Progressive thinkers in the medical profession are coming more and more to realize the importance of studying their patients on phrenological principles. A leading physician of this city—a specialist on the brain and nervous system—told one of his lady patients the other day that she could see spirits; whereupon she replied, "Yes I can doctor, but how do you know? Have you studied phrenology? The doctor is one of our own students and is nearly through his course."

### Wrong Use of Mind Power.

THE MAGAZINE OF MYSTERIES.

The great mystic adepts who have tremendous psychic powers and who can easily control the mind of anyone they desire, never use this power in the slightest degree, knowing as they do the reprehensible nature of such use of occult powers. It is low and base, and withal very dangerous to operate on the mind or will of another; no one has any right to trespass upon the mind of his brother for *good* or *bad*. "What justification is there for trespass upon the mental or psychic state of another? No one doubts the reprehensible nature of the trespass; mental trespass differs from it that it is secret and covert and lacks

the courage and frankness of the physical."

The one who trespasses on the mind of his brother must under the law pay a terrible penalty. Many hypnotists and healers who use strong and positive minds and wills upon their subjects, end in insanity and shatter and destroy their own bodies. Such is the power of mind when it becomes pragmatic.

All adepts spurn all these occult powers, and project only love on each and all; an adept is never a meddler or trespasser.

Think for months and years before you in any way attempt to will or influence anyone to do or act against their own judgment—no matter how bad their judgment may be according to your idea. But you can love them with all your soul, heart and mind.

Love has nothing to do with the mental powers, as used in trespassing upon the mind of others; it works on the highest plane—the spiritual plane, and its power to heal and uplift permanently is real divine healing.

So the great healers are the great adepts, masters, and Elder Brothers of Compassion, who never project upon any one their mind powers; they all use the power of love, and love never meddles.

A broad and comprehensive, all-inclusive love is the greatest power we can have, and such love has nothing in common with a carnal or mortal mind and will.

An adept—one who is at one with God—continually performs great and lasting things for the good of the whole without any special effort.

An adept asks for nothing, demands nothing and has all: "he heals, he inspires, he encourages all" who merely come into his presence (his aura).

As he does not trespass on the mind of his brother with his mind powers, his presence is always a benediction.

### "Bergesheim."

It was midnight; the stars were shrouded in a veil of mist; a clouded canopy overhung the sky, but the pale moon threw a glimmer across the room in which we lay. The stillness and gloom was a fit setting for a walking ghost, when a sharp rap, tat, tat came from the chamber door, and a voice from the dead silence spoke—"Pa, do not go to Glenwood on the narrow gage road to-morrow, the papers say the bridge across the San Leandra is rotten and likely to fall every time a train runs over it; please don't go."

We had made our mind up to go and take the risk, but the suggestion of a catastrophe haunted our sleep, and sometime during the weird hours of the night another voice whispered—"Your time has come;" then came a fearful crash; a plunge into the waters below amid awful cries of distress and woe from scores of passengers, and we awoke. Was it a lying spirit?

OFF TO SANTA CRUZ MOUNTAINS.

Nothing daunted we crossed the San Leandra safely next day and enjoyed the ride through the great Santa Clara Valley, through miles and miles of orchards in full fruit, until we reached the foothills and passed into the wonderful timber region of the Santa Cruz mountains, arriving at Glenwood in about four hours; then took the awaiting stage for "Bergesheim" or mountain home, which is reached after another hour's ride on overhanging cliffs, where a mishap might plunge us into the valley one thousand feet below; but the drive among miles of giant redwoods and the majestic sequoias standing two or three hundred feet high was magnificent in the extreme. At last arriving at the summer resort kept by Mrs. Wilkins, a typical German jolly frau, of portly and motherly appearance, and who has the knack of making her visitors feel at home, who gave us a hearty wel-

come. As a reader of HUMAN NATURE the lady is interested in our arguments for good health and soon informed us that for twenty-two years she had lived here, rearing a family without having one day's sickness.

This mountain home is a regular farm house with all the dairy produce and other excellent provisions for the table, room and board \$7 and \$8 per week. A dance floor, croquet ground, flower and fruit gardens, and delightful walks through the forest give excellent recreation.

#### A VEGETARIAN

Lives on the summit of the next hill, said Mrs. Wilkins. You must pay him a visit. Next day was Sunday, we got up early and expected to meet perhaps an old hermit in a dilapidated wooden shanty cracking nuts, as we had met many a such recluse before in out-of-way places everywhere anywhere out of the world. Our path lay through sylvan shades until we came to the "sprites cave" a number of great redwoods whose hollow trunks left by forest fires presented a ghostly appearance, and seen in the wee' small hours of night would be enough to make the flesh creep; close by stood an old deserted barn where bats and screeching midnight owls congregate in keeping with the spirits haunt, which might make the hairs of one's head stand on end like the quills of a porcupine.

For want of room the rest of above article is crowded out of this number. It will appear in our next.

### Neither Justice or Safety.

BY C. P. HOLT.

As for justice, the word has become obsolete, and as regards safety, there is no place this side of Hell where security reigns supreme.

It was once thought that Heaven was a very secure place of abode and

when its portals had been passed, trouble and change were left behind; but it is related that one fine morning, many moons ago, the Angel Lucifer started a rebellion in the eternal city, the result of which was that the rebellious chief, being defeated, was sent bag and baggage to Hell, but as he was passing out of the shining gates of Paradise he gave a swish of his wings and took a third part of the inhabitants of Heaven along with him to share his fortunes in the torrid zone.

That which happens once, under like conditions, may occur again, so that there is no surity that after, gaining Paradise through much tribulation, some Lucifer number two may not create a second row 'over there' and in making his exit pull us all over the battlements into the Kingdom of Lucifer where the only change known is a little hotter fire. As for justice and safety on earth they have both gone up in a balloon. Here is a specimen brick. *The Examiner* of to day relates that "In a long-drawn legal battle between a wealthy corporation and a hundred or so poor settlers for the possession of the land in Warner Valley in Oregon the corporation has won," which means that 200 men, women and children are to be driven from their homes and compelled to give up the prosperous farms on which they have lived and worked for the past seventeen years and seek new homes practically penniless. And the one to profit by this determination of the case is the Warner Valley Livestock Company, which already is the owner of vast cattle ranges that sweep over all Southern Oregon.

These settlers bought and paid for their land and received government title therefor, but a rich corporation owning the courts, gets a decision against the honest farmers and out they must go or fight with shot gun.

Two years ago in Lake County a little settlement of honest, toiling

farmers were driven from their homes by a rich corporation, by flooding their farms by means of a dam, to create power for the use of distant cities. No redress could be had in the courts. The poor have no influence in courts. This early spring the Indians of Warner Ranch in Los Angeles County, this state, were evicted from their smiling, peaceful homes which they had owned and occupied since the early mission days, because a rich man wanted their land and through the technicalities of law found the means and power to drive two hundred original owners of the soil into the mountains to starve. The Indian tribes have been bundled from Billy to Jack ever since the Pilgrim Fathers landed on Plymouth Rock.

Treaty after treaty made with them by the white-man's government has been broken and the unsophisticated sons of the forest and prairie have been nearly exterminated from the face of the earth.

The instances here related are but few of the many that might be cited to prove that there is no safety or justice this side of Hell.

**Corrections.**

Owing to an oversight last month Prof. Holt's article contained some mistakes, and made him say "land of the Seal" dives and Lazarus" and "striped brute", whereas he wrote "Land of the Leal, "Dives and Lazarus" and "stupid brute."

In folding HUMAN NATURE last month, one of the mailing clerks got hold of the *due* file marked with a blue pencil, and sent in mistake half a dozen to subscribers whose subscriptions are not yet due. We apologize and trust such mistakes may not occur again.

Mrs. Emily H. Vaught, the widow of the late Prof. Vaught of Chicago, with the assistance of Prof. Stevens, will continue business at the old stand.

**A PHRENOLOGICAL EXAMINATION**

MADE BY



Photo by Holler, October, 1902.

**PROF. ALLEN HADDOCK**

Will be an accurate delineation of your character, because he has an international reputation as a scientific Phrenologist, and has had a steady practice of Phrenology during eighteen years in San Francisco, in the same block.

Men and women are adapted by nature to certain business, trades or professions. Nothing but a Phrenological examination can determine the sphere to which you belong, and in which you may hope to win success.

Those contemplating marriage should not fail to consult Professor Haddock and learn the temperament in the opposite sex best suited to harmonize with their own.

The examination will also include a physical diagnosis and invaluable advice regarding health and the cure of disease.

**PRICE OF PHRENOLOGICAL EXAMINATION.**

- Oral.....\$1.00
- Examination and Chart..... 2.00
- Examination, Chart and Elaborate Typewritten Analysis... 5.00

PHOTOGRAPHS SAME PRICE.

**1020 Market Street, S. F.**

**IF YOU ARE SICK**  
**A Proper State of Mind and a Correct Combination of Foods**  
**Will Cure You.**

If you would look young and become healthy in mind and body, please answer the following questions; your answers will give symptoms and indicate the cure. You can cure yourself at home.

QUESTION LIST.

- 1, sex; 2, age; 3, are you married;
- 4, weight; 5, height; 6, occupation;
- 7, state complexion and color of hair and eyes; 8, condition of teeth; 9, give your temperament vital, mental or motive, or in other words are you plump and round? or brainy and nervous? or are you boney and muscular? 10, do you sleep well? 11, how do you feel on waking up? 12, state your general feelings and symptoms;
- 13, have you distention or troubled with gas? 14, do you suffer pain? state where; 15, do you have indigestion? constipation? sour stomach? bad breath? furred tongue? bad taste in the mouth? diarrhea? colic? chills? dizziness? heart palpitation? numbness? or sick headache? 16, do you smoke or take alcohol? 17, how is your appetite? 18, state the kind of food you eat, how often and what you prefer? 19, how long have you suffered? 20, give all symptoms and other information you can.

*We treat each case according to temperament and individual needs, as revealed by Phrenology, or mental and physical conditions.*

CONSTIPATION.

If you suffer from constipation and its attendant evil results, we can put you on to a proper diet at home for \$5.

CHRONIC CASES.

Chronic or complicated cases require a *course* of dietary advice. Terms on application.

Please answer all Questions conscientiously and address all communications to

HUMAN NATURE OFFICE  
 1020 Market St., San Francisco, Cal

## PUBLICATIONS

Why you should read the

### PHRENOLOGICAL JOURNAL

Because it is a bright, up-to-date exponent of Human Nature.

Because it will help you to understand yourself and others.

Because it exposes to view the mental machinery of public men and women.

Because its Child Culture Department helps mothers to understand the character and needs of each child.

Because it will interest you intensely.

Single copy, 10 cents; one year, \$1.00; mailed free. Address 24 E 22nd street, New York.



## TIME CARD

### MOUNT TAMALPAIS SCENIC RAILWAY

FROM JUNE 20, 1903

Leave San Francisco via Sausalito Ferry foot of Market Street.

Week Days—9:30 a. m., 1:00 p. m., 5:20 p. m.,  
Sundays—8:00 a. m., 8:40 a. m., 10:00 a. m., 11:00 a. m., 1:00 p. m., 2:00 p. m., 4:00 p. m.

Arrive San Francisco

Sundays—11:40 a. m., 12:40 p. m., 1:40 p. m.,  
3:40 p. m., 5:00 p. m., 6:55 p. m., 7:50 p. m.  
Week Days—9:00 a. m., 2:40 p. m., 5:40 p. m.,  
9:45 p. m.

Ticket Offices—626 Market Street (North Shore Railroad), and Sausalito Ferry, Foot of Market Street.

## HUMAN NATURE

### HEALTH

A Monthly Magazine devoted to the cause and cure of diseases. Price, \$1.00 per year.

Teaches hygiene, diet, *mechno-therapy*, hydro-therapy and common-sense methods of getting and keeping good health. Directs attention to unrecognized gluttony and superstitious faith in the power of drugs to cure. Considers disease a penalty for disobeying Nature's laws, and advocates Nature as the real healing power.

Edited by W. P. Burke, M. D., at

DR. BURKE'S SANATORIUM

Altruria, Sonoma County, Cal.

## Tivoli Cafe

and ICE CREAM PARLORS

16 and 18 Eddy Street,  
San Francisco.

The most popular Coffee House in the city.

G. C. LARSEN, Prop

### PALACE BATHS.

Physicians recommend warm salt water bathing for rheumatism, nervousness, neuralgia, numerous other ailments. Tickets, \$25c; 6 for \$1. Also electric salt water baths; tickets 50c. 717 Filbert street. North Beach car lines.

### PSYCHIC POWER

Through Practical Psychology, a quarterly magazine devoted to Personal Magnetism, Hypnotism, and Psycho-Physical Culture. Send 10c for copy. WM. A. BARNES, 127 Hower Ave, Cleveland, O.

### REINHOLD'S NATURE CURE

#### SANITORIUM and PHYSICAL CULTURE HOME

Has removed to Little Rock, Ark.

The "City of Roses" in the  
"Sunny South."

Application, a veritable treat. In August, 1901, we publicly suggested that a committee select test cases of any disease, we to treat them gratis, subject to a forfeiture of \$1000. We relieve all that is usually deemed incurable. No drugs, no knife. Room, board and treatment, four weeks, \$59; twelve weeks, \$168. **Reinhold's Books**—Nature vs. Drugs, 560 pages, illustrated, \$2.50. Facial Diagnosis, illustrated, \$2. Cure of Tuberculosis, 450 pages, illustrated, \$3. Our Methods of Cure, 75c.

## READ

### HUMAN CULTURE

A journal dealing entirely with the study of

HUMAN NATURE

and PRACTICAL

CHARACTER

READING.

It is fearlessly and profusely illustrated—"those who run may read."

Up to date in every sense of the word.

\$1.00 A YEAR.

Send 10c for a sample copy.

L. A. VAUGHT, Editor & Publisher,  
130 Dearborn St., Chicago.

### Philosophical Journal

Established 1865,

For Thirty Years Issued As  
The Chicago Religio-Philosophical Journal

Is Now Published Weekly at

**\$1.00 PER YEAR AT**

1429 MARKET ST., S. F.

### ALL THE LITERATURE

Of the day in

OCCULT, SPIRITUAL,  
LIBERAL, SCIENTIFIC

LINES OF THOUGHT

May Be Obtained at This Office.

## FREE

All yearly subscribers to the new monthly magazine, devoted to new thought, psychological researches and occult sciences, the

**Psychic World,**  
Are entitled to a free phrenological examination, either in person or from photograph. DR. G. W. PAYNE, Editor and Publisher, 1104 Market street, San Francisco.

\$1.00 PER YEAR.

**COLUMBIAN  
INSTITUTE OF SCIENCES.**

Dr. G. W. Payne, Principal.

Class, individual and correspondence instruction in Hypnotism, Phrenology, Personal Magnetism, Suggestive Therapeutics. Specialty of Nervous Diseases, Rheumatism, etc. Send for Booklet.

1104 Market Street. San Francisco.

**Hammam** FINEST  
Russian and  
Turkish Bath.

OPEN DAY AND NIGHT  
Sole Right for the Pacific  
Coast for Lipper's Patent  
CARBOLIC ACID, STEEL—  
—BRINE BATHS  
Electric, Sulphur and other Medi-  
cated Baths.  
Elaborately Equipped for  
Both dies and Gentlemen.  
11 and 13 GRANT AVENUE  
San Francisco  
E. BURNS, Prop.

**WE RENT AND SELL**  
SECOND HAND



**Typewriters**  
of all makes

INCLUDING THE

**Smith Premier**  
...Typewriter

L. & M. ALEXANDER & CO.  
110 Montgomery St., S. F.

**WILEY BROS.**

New and.....,  
Second-Hand

**Furniture.**

..Upholstering in all its branches  
931 MISSION STREET  
Ret. Fifth and Sixth - San Francisco  
—o—  
SHADES, 25c each.  
OIL CLOTHS, 25c. per yard.  
NEW ANTIQUE SETS, \$10.00,  
DOUBLE HAIR MATTRESSES, \$70

M. A. C. CHRISTENSEN, Telephone  
Proprietor. Jessie 591

The  
Branch  
**Coffee Lunch House**  
No. 26 FIFTH ST., S. F.

Opp. Metropolitan Hall; cor. Mint Ave.  
N. B.—Parties and Socials supplied  
with Coffee and Cream at reasonable  
rates.

**Just Published**

**A Timely and Important  
Work**

**What Shall We Eat**

The food question from the  
standpoint of health, strength  
and economy, containing num-  
erous tables showing the con-  
stituents of over 300 food pro-  
ducts and their relations, cost  
nutritious values, time of di-  
gestion, etc., indicating best  
foods for all classes and condi-  
tions.

By . . . ALFRED ANDREWS

Bound in Strong Boards 75c.  
Leatherette 50c. By Mail Free  
Address

*Human Nature Office*

**Manhood  
Wrecked and  
Rescued**

**How Strength and Vigor is Lost, and  
How Manhood May be Restored  
by Self-Treatment.**

By REV. W. J. HUNTER Ph. D., D.D.

This book is handsomely published  
in large, clear type, bound in extra  
cloth, and willing to co-operate with the  
author in his desire that all who need  
it might have it. It is sold at \$1.00.

Address

HUMAN NATURE OFFICE

**HAMMAM  
Turkish Baths**

50 Cents  
Cor. Pine and Kearny Streets  
SAN FRANCISCO

**SELF-HYPNOTIC HEALING!**

I have made a late discovery that en-  
ables all to induce the hypnotic sleep in  
themselves instantly, awoken at any de-  
sired time, and thereby cure all known  
diseases and bad habits. ANYONE can  
induce this sleep in themselves instantly  
at first trial, control their dreams, read  
the minds of friends and enemies, visit  
any part of the earth, solve hard ques-  
tions and problems in this sleep and re-  
member all when awake. This so-called  
Mental Vision Lesson will be sent to any-  
one for only 10c (silver). Sold on credit.  
Actually enabling you to do the above  
before any charge whatever.

PROF. R. E. DUTTON,  
Lincoln, Neb., U. S. A.



The Popular Photographer \*  
8 Sixth Stret, San Francisco.

Fine Cabinet Photographs from \$1.00 per dozen  
upwards.  
A Crayon Portrait Free with every dozen Cabl-  
nets from \$2.00 upwards.

CHILDREN'S PHOTOGRAPHS A SPECIALTY

**California Products**  
AT  
**FIRST HANDS**

**MIDDLEMEN'S  
PROFITS  
ELIMINATED**

WE SELL DIRECT FROM

**Producer**

TO

**Consumer**

Our Monthly List will Interest YOU

**SMITHS'**

CASH STORE  
No. 25 Market St., S. F.  
Can we price-list you?

A FAMILY GUIDE-BOOK OF THE TWENTIETH CENTURY

Popular Medical Science and Social and Sexual Science.

Health and Disease with Recipes.

PART I.—DISEASE—CAUSES, PREVENTION, CURE.

Table listing various diseases and their causes, prevention, and cure, with corresponding page numbers.

COMMON SENSE REMEDIES.

Table listing common sense remedies for various ailments, including vegetable medicine, Christian and mental science, and therapeutic electricity.

PART II.—CHRONIC DISEASES—THEIR CAUSE AND TREATMENT OF THE BREATHING ORGANS.

Table listing chronic diseases of the respiratory system, including catarrh, consumption, and diseases of the heart and blood-vessels.

PART III.—CHRONIC DISEASES—THEIR CAUSE AND TREATMENT OF THE URINARY ORGANS.

Table listing chronic diseases of the urinary system, including diseases of the kidneys and bladder.

PRIVATE WORDS FOR MEN AND WOMEN

As this page is intended for general distribution, and may fall into the hands of persons not seriously interested in these subjects, we prefer to omit here a detailed statement of the contents of these important chapters.

"HINTS TO THE CHILDLESS."

Table listing constitutional diseases of the nerves, blood, and skin, as well as affections of the eyes and ears, with page numbers.

Plain Home Talk—A Sexual Physiology

PART III— PLAIN HOME TALK ABOUT THE SEXUAL ORGANS; THE NATURAL RELATION OF THE SEXES; CIVILIZATION AND MARRIAGE.

Table listing the natural relation of the sexes, civilization and marriage, and the history of marriage, with page numbers.

MARRIAGE IN BARBARISM AND CIVILIZATION.

Table listing marriage in old and new world, and defects in marriage systems, with page numbers.

THE REMEDY—STARTLING SUGGESTIONS.

Table listing stop reckless marriage and propagate experiments, with page numbers.

SOCIAL IMMORALITY.

Table listing causes—false ideals and conclusions of part III—let the truth prevail, with page numbers.

PART IV.—IMPROVING MONOGAMIC MARRIAGES.

Table listing marriage must be improved and need of it, with page numbers.

ADAPTATION IN MARRIAGE.

Table listing mental and physical adaptation, with page numbers.

RESTRICTED MARRIAGE AND PARENTAGE.

Table listing examining boards, restricting immigrants, and brakes on unfit parents, with page numbers.

THREE PHASES OF MONOGAMIC MARRIAGES.

Table listing marriage misfits, mental marriages, and physical marriages, with page numbers.

PHILOSOPHY OF ELOPEMENTS.

Table listing ascribed to depravity and effects of such marriages, with page numbers.

INTERMARRIAGE OF RELATIVES.

Table listing effects of such marriages and essays for married people, with page numbers.

ESSAYS FOR MARRIED PEOPLE.

Table listing need for confidence, wife an equal partner, sleeping apart, sexual moderation, and conjugal prudence, with page numbers.

WHAT DETERMINES SEX?

Table listing the use of knowing and Prof. Schenck's theory, with page numbers.

PHILOSOPHY OF CHILD-MARKING

Table listing rules and facts, why offspring resemble both parents, and why resemble one, with page numbers.

ESSAYS FOR THE FUTURE.

Table listing early marriage, what age to marry, child marriages, and women's avocations, with page numbers.

POPULAR EDITION MAILED FOR ONLY \$2.00

POPULAR EDITION MAILED FOR ONLY \$2.00

A BIG THING THE BEST YET BUY IT NOW 1248 PAGES—500,000 WORDS, 400 CHROMOS ON 18 COLOR PLATES 400 PICTURES—250 RECIPES LOW PRICE MAILED FOR ONLY \$2.00

STANDARD EDITION, heavy paper, elegant binding, by mail, \$3.00 | LAW SHEEP EDITION, leather binding, \$4.00 POPULAR EDITION, on thinner paper, plainer binding, by mail, \$2.00 All Editions contain same reading and pictures.

POPULAR EDITION MAILED FOR ONLY TWO DOLLARS

Wholesale Depot—HUMAN NATURE OFFICE, 1020 Market Street, San Francisco, Cal. AGENTS WANTED. Send stamp for Special Terms to Agents taking not less than five books at a time.