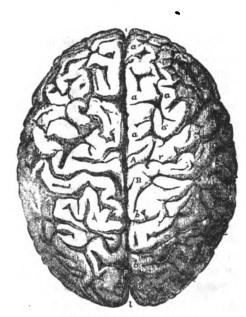


Man's Thinking and Feeling Apparatus.

BY C. P. HOLT.





MAN'S HUMAN BRAIN.

THE NERVOUS SYSTEM.

IFE ON EARTH IS A trinity — viz — Sensation, Thought, Motion. The universe is teening with life, and wherever there is life these three principles abound. From the monera and amoeba to the human philosopher and sage, every living creature either feels, thinks or acts, while in some creatures (notably man, the most perfectly developed being on earth,) all these three attributes are manifest. There is a great deal of feeling and acting manifest among living creatures without thought.

It does not require thought to

feel, and motion can obtain without mentality. Wherever, in any organized body, there is a nerve of sensation there is a capacity to feel, and wherever there is a nerve of motion there is the power to act, or move.

The elusive flea leaps without a thought of where it may land, and



unthinkingly the flea-bitten canine flees when bitten. The sensitive mimosa shrinks without a thought of the rude hand that grasps its trembling stem. and the unprotected lamb bleats unthinkingly when the chilling blasts pierce its shivering nerves of sensation.

Man is not the *only* thinking animal; the mountains, the valleys, the air and the seas teem with thinking denizens, but it is only those creatures that have brains in the anterior part of their skulls that think. Skulless or brainless animals never manifest thought.

Not only does it require brains to think, but the particular brain in man, or any other animal, that does the thinking, is located in the anterior part of the head. The brain located posterior to the supra-orbital plate and the zigoma does no thinking, but is emotional, and is devoted to sensation and motion.

"The brain is the organ of the mind," and TIIIS truth is recognized by such scientists as Haeckel, Von Baer, Spencer and Darwin; Haeckel in "The Evolution of Man," vol. II, p. 225, says: "The fore-brain is the organ of the higher mental activities; in it are accomplished those functions of nerve cells, the sum of which is generally designated as the mind, or the "spirit" in the narrow sense. The highest activities of the animal body, the wonderful manifestations of consciousness, the complex phenomena of the activities of thought have their seat in the fore-brain "

Again, on page 226, Haeckel says: "This fore-brain, the source of all these most wonderful nervous activities, reaches that high degree of perfection only in the higher Placenta animals (Placentalia); a fact which explains very clearly why the higher mamals so far excel the lower in intellectual capacity."

It should be noted that Haeckel not only locates thought in the brain, but he emphasises the fact that it is the *fore-brain* which is devoted to thought. Whoever says or writes contrary to this vital principle in mentality, must reckon with Haeckel, than whom there is no higher authority.

In all skulless animals the brain developes from brain bladders, of which there are five. Von Baer, in his "Crania Select," distinguished these brain - bladders according to their position and gave them their names, which are now in general use among scientists. I. fore-brain, II. twixtbrain, III. mid-brain, IV. hind-brain, and V. after brain. According to comparative anatomy and ontogeny the brain of all the cranota is formed in the same way, from the Cyclostomi, past fishes and apes to man. In all these the rudiment brain of the embryo is a single bladder-like expansion, which is permanent in the higher mamals and in man. Until nature had evolved a permanent forebrain there was no thinking done on this planet by any creature that flew, crawled or swam, but there was sensation and action in plenty.

The spinal marrow, the solar plexus, the cardiac plexus and other networks of nerves in the animal structure, contribute secondarilly, but not primarially, to the development of thought, because it requires the enanimal machine to comtire prise a perfected feeling, thinking and moving apparatus, but intellectual manifesttaion is possible when the entire animal body is paralyzed below the head. Some years ago a young man in the state of New York, when turning a handspring, dislocated his spine at the neck, somewhere near the third or fifth dorsal vertebra, and all his body below the head became paralyzed, yet the man lived several months after the accident and wrote essays and communicated with his friends by means of a pen in his teeth. This is conclusive proof that thought resides in the brain and is manifest without the aid of any other part of the body, although, as stated above, for perfectness of feeling, thought and motion, it requires the harmonious blending

of the entire body. This is the rea son that Phrenology embraces the *whole man*.

Below the worms there are many animals that possess no nervous system, and there are also skulless animals. The little Lancelot has no brain at all, and is the lowest in mental capacity among the vertebrates.

The convolutions of the brain in animals and man are factors of great significance in power of thought and sensation. The deeper the convolutions, the greater will be the brain surface and the higher will be the manifestation of intellectual capacity.

Let students of biology and anthropology be assured that any system of character-reading which denies that "the brain is the organ of the mind," and that the seat of all thought resides in the fore brain, is not worth considering.

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The diseases that arises from constipation are very numerous.

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That Prescience and Palmistry Question

BY ELMER G. STILL.

There are more things in heaven and earth, Horatio, than are dreamt of in your philosophy. -Skakespeare.

Although Prof. Holt still declares "there is no future," it now appears that he believes in involuntary clairvoyant prescience, but maintains that it is impossible to voluntarily see into the future. But to the "philosophic and scientific investigator" it is quite evident that clairvoyance, like mindreading, or anything of the sort, is governed by certain natural laws, and that it only requires a knowledge and application of those laws to produce it at will. It would be as logical to assert that thought transference can only take place involuntarily or accidentally, simply because the first known cases were such. Suffice it to say, there are many well-authenticated cases of voluntary clairvoyant prescience; the authority for this is Wm. T. Stead, formerly editor of the Review of Reviews, etc.

The conditions most favorable for thought-transference are intense and concentrated thought; sympathy, love, friendship or gratitude between the communicants; also, doing the same thing (such as humming a certain tune) simultaneously; while the laws governing clairvoyant prescience are intense interest in the thing to be foreseen, concentration of mind, nearness of the future event, belief in first impressions, etc., and the clairvoyant mind-reader requires both sets of conditions to see into the subject's future. All the brain organs are doubtless concerned in prescience, as in memory, but Eventuality is the central organ of both. But besides Eventuality, Marvelousness and Intvition, large Cautiousness and a temperament giving deep, strong feelings and sensitiveness would naturally help one to perceive startling future events.

Clairvoyant prescience will some day be made practical, systematic use of in making long range weather forecasts of remarkable accuracy, for the future weather is fixed and unalterable. That the past causes the future is the basis of predictions of every kind.

As to "spirits" revealing the future, all psychic phenomena can be fully explained by natural, sensible laws (by the brain functions of clairvoyance, thought-transerence, suggestion, etc.), without imagining the existence of "spirits." A friend's thoughts may be so faintly received and recorded in one's brain as to be imperceptible at the time, and then be brought out by clairvoyance even after the friend's death, and form themselves into and suggest visions of and conversations with the deceased, much like dreams and often as incoherent; but it is sophistry to say these things come from "departed spirits." It would be as sensible to assert that all visions of persons seen in dreams are "spirits." How could mind exist without brain? Spiritualism is simply superstition.

Prof. Holt seems to think the Czolgosz case proves the fatalistic idea of the future being fixed and unchangeable. But in the photograph the faint outline of the rest of the life line in the left hand is visible, proving that the line was originally long and strong, like the life line in the right hand, but had changed so recently that Nature had not time to entirely fade out the surplus line. It the assassin had understood palmistry and the meaning of this death-sign, it might have deterred him from the awful deed, and then the line would have grown longer again.

No, the mother of the assassin did not "foreknow the career and fate of the babe she nursed." There is no overruling power that fixes the future: preceding events make the future, and as the prediction or premonition itself is one of these, it is plain that it may itself change the future, or cause Itself to be not verified, which change in the future again changes the lines in the hand, and so on. Besides, the ordinary brain cannot see such future events perfectly so far ahead, and does well to do what it does, since a little change in events may make a great change in the distant future, and such slight changes might even be caused by the "future brain process" changing other thoughts. Hence, any prediction dependent on human action is changeable and cannot be otherwise than simply "a warning to perceive the cause and avert the calamity."

Yes, (in proof of evolution) the lines in monkeys' hands have similar meanings to those in human hands. A few weeks ago I examined the hands of a dead monkey 14 years old, and found the life line only extended beneath the first finger.

Palmistry, with or without clairvoyance, would have saved the people of Martinique. Ignorance of Nature's laws cost them their lives. Clairvoyance and chiromancy should be practiced together, each acting as an aid and complement to the other, but there is no excuse for "palming" one off for the other.

Changes, especially sudden ones, in the lines of the hand are accompanied by redness, inflammation and itching there, and often the skin sloughs off in a small roundish patch there. If a person is about to take a dangerous chance on his life (which would result fatally) simply *because* his life line runs long past his present age, the pain would warn him of the line's trying to change. Future danger or misfortune indicated in the hand may often be avoided by purposely changing the whole plan and course of one's life.

M. Camille Flammarion says, "The soul may know in advance what is to happen in the future, for *the future* exists potentially, determined by causes which bring to pass successive events." But Prof. Holt says "the future has no existence."

No, premonitions are not always "too vague to be practical," and there are many recorded cases where they have been made great practical use of, and disaster averted. However, some nervous, worrying people had better remain ignorant of the future, until it becomes "NOW."

Livermore, Cal.

NUFF CED.

BY C. P. HOLT.

It will be observed that Mr. Still still keeps on talking without saying anything. This is probably due more to the weakness of the cause he espouses than to his lack of ability to entertain us, for I am convinced that the gentleman is honest, earnest and sincere, but has the misfortune to be on the wrong side of the thinking hedge.

I have plentifully expressed my views on fortune telling, and have nothing further to offer upon that misty subject; unless I shall receive some prophetic message of value, in which case, if the evidence is in proof of future peering I will promptly acknowledge the corn in HUMAN NATURE.

Apropos to this is an episode worth telling. When I read aloud to the family circle Mr. Still's pro duction herewith published; and came to the place where he says that "Spiritualism is simply superstition," the cat in the corner laughed. It seemed to amuse pussy, as it did the other members of the family, to think of a fortune teller having the audacity to sneer at *any* ism as being supersition. It is a case of the crock calling the kettle black.

On behalf of Spiritualism, I refer Mr. Still to his own quotation from Shakespeare addressed to Horatio.

As I have said-enough said.

What is Phrenology?

BY PROF. JAMES STOLBERT. Phrenology is the science of the mind, of which the brain is the organ. It treats of the various faculties of the mind, and is therefore the most important of all the sciences. It has gone through the furnace of opposition and ridicule and come out unHUMAN NATURE

its growth. While they delight to point the finger of scorn at the alleged mistakes of Phrenology, they have been very reticent in regard to their own mistakes. Is it because their mistakes are silent in the tomb.

Phrenology is a subject which everybody should be interested in; it will benefit them intellectually, socially and financially. It is a friend to man and will help him to find the path that will lead to success. Many a man has been drifting about in a shiftless, useless way through life. driven by the wind of false hopes and tossed by the waves of circumstances into failure and obscurity, who might have been a grand success had he but consulted Phrenology.

While it is interesting to know something about nature, art and science in a general way, it is all important to know something about human nature, to be acquainted with self, to understand one's capabilities and natural propensities; to find out our strong and weak points, and learn what we are best adapted for. Many a man is splurging around in the slough of despond because he made a fatal mistake in his youth, by starting out on the wrong road and embarked in business enterprises for which he was not mentally fitted. Such a man feels like one doing penance by wearing peas in his shoes, being tormented by the thought of what he might have been had he got started right.

Phrenology is a young man's guiding star, which, if he follows, will lead him on to victory and success. No man can afford to ignore it, no one can treat it contemptously with impunity. By doing so he suffers loss. It is worthy of everybody's consideration and respectual attention.

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Can Character be Read from Photographs?

Prof. Haddock, Dear Sir—I have just received and read your typewritten analysis of me, and I must say that you have told me as much and more about myself than I could have done.

You hit the nail on the head in every particular, both as regards my general strength and weakness.

I hardly expected you could do so inuch from the small photo I sent, but you have done well.

Your advice as to the proper food I ought to eat for a man of my temperament I appreciate very highly.

Your friend and well wisher,

FRANK REED, Eureka, Cal.

[Mr. Reed forwarded two photos about the size of a postage stamp, together with \$5, for a type written analysis.

We actually prefer these small snap-shot photos to larger ones, that are generally touched up.

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Science of Life.

BY J. P. BEAN.

In these days of higher education man knows more about almost everything else than he does about himself. In his thirst for knowledge and his greed for wealth he forgets (if he ever knew) that "The proper study of mankind is man." That the beginning and end of all knowledge is in the study of man and his relations to his environment.

He masters all the arts and natural sciences. Speculates on a future state of existence. Lives as though he had an eternal mortgage on the earth and all the good things therein, and dies without ever having learned as much about himself as he did about his horse or his dog.

Nature intended man to be strong, healthy, intelligent and happy. There is time enough in every man's life to cultivate and develop both body and mind into a beautiful and symmetrical being, worthy to be called the crowning point of creation.

But the influences of heredity and environment, which make the destiny of every human being, and I might say of all manifest life, often so obstruct and prevent the action of nature's perfect and beneficient laws that sometimes the very gifts that were meant to make man almost divine by perverted use, drag him down till he is lower than a brute.

We have often seen men who started out in life with the brightest prospects, inheriting wealth, influence and social position; finely educated, popular, of brilliant mind and rare attainments, suddenly leave the right path and plunge blindly and recklessly into vice and dissipation, and finally fill an early and dishonored grave.

And then his old friends shake their heads mournfully and talk about a mysterious dispensation of Providence. Dispensation of Providence nothing!

If you could look over this young

man's family history and know all the life secrets of his ancestry for a couple of generations you would find out all about that dispensation of Providence. You would find that some one of them had been what is called a fast man-or woman (sometimes women get going at a pretty Now right here rememfair gait). ber that every act of our lives produces results. That like begets like. The full consequences of every good or evil deed must find expression at some time and in some way. If the devil is in you he will show himself some way. Just figure this out and you will find that the whole science of life is binged on this proposition. Nature's laws are simple if you only study them rightly.

This unfortuate young man of whom we were speaking inherited leprosylike taint of vice. At the right time there came to him to him an opportunity to gratify that long suppressed desire for vicious indulgence. Evil influences were brought to bear and he took to it as a duck takes to water. The sleeping devil once aroused became his master and led him to de-"Oh lead us not into struction. temptation." A lot of meaning in those few words, isn't there?

Now, you young men, when you go to the city and start out to take in the town, see the sights and have what is supposed to be a good time, do you realize that you are not only *not* having a good time, but you are perhaps rousing morbid appetites that may dominate and destroy you, and also preparing a heritage of misery for future generations?

Now, what do you think of a man who would willingly make himself responsible for a thing like that?

And what do you think of a man who, having waded through the slums and run the entire gamut of the vices of a fast life, has the monumental "gall," the unalloyed "brass cheek" to ask a healthy, nonest, respectable girl to marry him? It would be like mating a pigeon and a turkey buzzard. Just such marriages as that are what are filling our jails, idiot asylums and hospitals with miserable caricatures of God's image. Of course I do not suppose that any man is such a soulless brute as to be intentionally guilty of such things, but these are cases in which ignorance is a sin. In fact all the misery, suffering and crime in the world is due solely to ignorance.

We often hear of the strong appetites and uncontrollable passions of a powerful man. That's another old fake. Don't you know that any man whose appetites and passions master him is a contemptible weakling. A combination of the body of an elephant and the brain of a grasshopper isn't a real man, not by a large majority.

The really strong man is he who has properly and harmoniously developed both body and mind. Such a man is always master of himself.

A big brainless brute is no more a real man than is an abnormally developed brain with a weak, scranny little body attached to it. They're both misfits.

What we want is the happy medium, in which the physical and mental powers are fully and harmoniously developed. The man with a strong, well trained muscular system and a clear, bright, well cultivated intellect is more than a match for the big, burly, thick headed bruiser, who relies on main strength, but lacks the intelligence to use it to advantage.

Now, there is another point that I wish to speak of. What is the matter with you young fellows who will persist in smoking cigarettes? Do you imagine that God Almighty made the mistake of giving you too much health, strength and mental power and you must correct or improve His work by diluting and toning down your superabundant power. Don't you know that this miserable, dirty, cheap little vice is about the meanest, most injurious habit that you could possibly have.

(To be continued.)

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Diet is the handmaid of phrenology

MAGNETISM.

BY V. G. LUNDQUIST, D. S.

Much has been written regarding the magnetic forces, and millions of people are being mystified and virtually robbed by teachers of magnetism and by schools of magnetism. The generality of the people loves mystery-mystery in fortune telling, mystery in magic, mystery in love, in religion, in miracles, mystery in revelation, mystery in life, mystery in palmistry and mystery in everything. This mystery-loving disposition also manifests itself in the direction of magnetism, causing people to believe that some supernatural power, fluid or force can be attracted or acquired in some mysterious way, which, after it shall have been attracted or acquired, will give its owner a ruling power over mind and matter, over health and disease, over individuals and nations.

That there is a magnetic agent in every molecule of matter, in every cell and in every organism, no one can scientifically deny; but that this magnetic agent obeys the silly notions of self-deluded teachers of magnetism, every scientific mind will deny. This magnetic agent is the life in matter, the life of the plant, the life of the animal, the life of man and the soul of man; but, at the same time, it is governed by immutable laws, namely, the laws of organization. The man who studies the organogenetic processes and laws of organic evolution studies also the laws of magnetism; and the man who studies the organology of the nervous system of man and the developmental manifestations and functionment of the cerebral sensoria and of the cerebrocortical functionaries, studies, at the same time, human magnetism.

No one comes nearer studying the organology of the human brain than the phrenologist; but he studies more than dead matter, for he studies the aws of brain-functionment, the laws of developmental organization, the laws of neurotic impulse, the laws of soul-construction and reconstruction, the laws of talent, whether good or bad, criminal or industrial, mechanical or theological, political or educational, scientific or philosophical, etc., and he studies also the laws of magnetism.

Having devoted considerable of time in the direction of science, philosophy, history and religion, as well as in the direction of magnetics, of -ologies and -isms, prevalent at the present [•]day, I can say rather dogmatically that the phrenologist is, in reality, the only one who is qualified to explain and expound the laws that govern the human mind, that govern human magnetism, that govern human improvement, whether individually or nationally.

Magnetism itself is really nothing else than the vital spark of the universe. It may have received different names, but its principle is the same. At one time it is called psychic force, at another, hypnotic force, and at still another it is called mesmeric force, etc. Names however only indicate its different uses, its varied expressions. Organization and growth are only expressions of its operations. Growth implies centralization of magnetism. Each cell, plant, organism, animal and man has its own magnetism, but magnetism has reached its highest form of centralization and sublimation in man. The plant itself has no nervous system, but it lives on the same principle and by reason of the same force as the animal. The animal is a brain plant more highly evoluted and sublimated than the plant, while man himself is also a walking brain plant with the soil within. The mineral possesses metallic magnetism; the vegetable contains vegetative magnetism; the animal is moved by animal magnetism, and the human being possesses human magnetism.

All people are magnetic, but some people are more so than others, simply because they have more life, more energy, more positiveness, more development of the gray brain substance, and a higher development of the psychical faculties. From this it will also be seen that each person has a magnetism peculiar to himself. Thus, a person strongly developed in the vital faculties (Amativeness, Alimentiveness, Bibativeness and Vitativeness) has vital magnetism; a person strong in the social faculties has social magnetism; a person well marked in the altruistic sentiments has psychic magnetism, etc.

A person having the commercial faculty (Acquisitiveness) strongly developed goes out for the purpose of transacting business, and for some unknown reason he can make ten business deals where another man with the faculty weak in development cannot make one. He has commercial magnetism, or commercial influence by reason of his strong development in the commercial brain centers. Another man has the worshiping faculty strong, by reason of which he preaches and prays until the infidel himself almost feels like praying also. He has religious magnetism. or religious influence by reason of his strongly developed faculty of Veneration.

To develop magnetism is to develop the mental faculties according to the law of mental growth.

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Unmanifested and Manifested Self

BY S. F. MEACHAM, M. D.

The manifested self is not the only self. A few years ago the majority of the so called thinking world would have paid little attention to this statement, but through the labors of a few earnest workers, a mass of information has been collected and given to the world that has rendered the above idea almost universal. The idea of what the unmanifested self may be, and of its nature and influence is still chaotic, so little is known of its influence over the life, that almost no attempt has been made to utilize its powers, or to learn their possibilities for good or evil.

There seems to be a feeling that if this manifested it can hardly be worth while to waste any time on it, and hence it is studied by the few only. But it should be known to all phrenologists and its wider outlook into improvement, and the more extended possibilities of heredity be utilized. It should be known also because of the importance it bears upon personal improvent.

The manifested self is narrower, and in many ways, the less important of the two.

Edward Carpenter, to whom we are indebted for so many good things, calls these respectively the Mass self and the Unit self. No advance of any kind can be made without keeping in mind the distinction we are now dealing with, call the two segments what you like. The point to be careful about is not to get to thinking that you are really dealing with separate things, for there are no separate things known.

The available or unit self is but the active part of the real or mass self. For a description of these see former article.

The mass self, the real self is the untiring, unforgetting, unifying, creating, repairing self. It builds the bodies we are now using and through the instrumentality of the faculties

we phrenologists have analyzed. Not that I believe those to be either complete or perfect, but they furnish by far the best approach to elements that has so far been furnished to the world. Forty-two of these elements have been described more or less perfectly, and they together constitute the working tools of the mind, or as I have elsewhere called it the Soul, meaning the unified and real self, the source of all power of life and what we commonly call mind. This Mass Soul is an epitome or crystalization of the entire past along the individual line of heredity. It knows potentially all that all my line knew and is potentially able to do all that they could do, but even so, it is not perfect but is still learning by experience continually, and it is here that we differ from all those who deem this self perfect. It is not perfect, but is very vast as compared with the available, the unit self.

This occurs because the soul is doing its work, uses its faculties, and at no one time or period of its career can it use them all, hence the active self is but the manifest of the faculties used and not all of them. so that it can never be the equal of the Mass self which uses or is composed of them all. These faculties have been grown by our ancestors by use and constituted their characters, and as character is always transmitted, though each of us uses only a few of them in our every-day life. The Soul, in fact, used only a few in the construction of the bodies used by each of us, hence our unbalanced temperaments. One soul, for instance, used combativeness, destructiveness and firmness, which are correlated with bone, muscle and ligament, hence these are dominant in the body built even as they are in the Soul building. The other elements influence the body building just according to their strength and activity in the building soul, real self or mass self, just as you please. In the above case suppose that causality, comparison, ideality, spirituality, etc.,

that belong to the mental temperament so called are next in importance, then they will show next in the body and life of the child built. The vital elements being third in activity will be third in result, etc.

You must keep in mind all the time that the active elements of the building soul are not all but part only and the other elements have been active and even dominant possibly somewhere back, even in the immediate line of each of us, so that these elements will be potentially present and potentially powerful and if awakened into activity in early life they will show forth even in the bodies and brains of the child thus trained. Here is our warrant for believing in reformatory work, and also of appealing to parents and teachers to become acquainted with these elements of the soul and with the means of awakening them into activity, or restraining them as needed in order that the culture of the young they bring into being and instruct shall be scientifically done, as it cannot be done without such knowledge.

The abstract, general psychology, while well enough in its way, is far from being scientific, when we come to attempt individual help, because it is general, fits all, and has no way for dealing with the concrete individual as we find him, who is a character, not like others but himself alone, and as such individual character alone can he be successfully dealt with, not on some genera llines. He is not general but particular.

121 Geary street, S. F.

(To be continued.)

To Contributors.

We have for a long time insisted that contributed articles shall not occupy more than one page of HUMAN NATURE, or about 850 words.

We positively decline lengthy articles; our readers prefer short essays and to the point.

We have three M.S.S. now in hand that, if published in full, would occupy nine pages. They are rejected.

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Observation and Deduction.

BY W. V. HASKELL.

I have noticed there is a marked tendency on the part of human beings to express themselves under stress of feeling, in accordance with their deepest conviction of truth; or, in other words, according to the philosophy or conception of the ultimate of life---their religion. For instance, a woman under stress of feeling, cries: "O, my Heavenly Father!" "O, my God!" "Christ have mercy!" "Save me Jesus!" and like expressions.

I know a very devotional woman, who is constantly singing the praises of Jesus. She says, "Blessed Jesus!" a hundred times a day. I used to wonder why she put so much stress upon the personality of that good man of history, and apparently so little on God. I have come to the conclusion, however, that her ideas of the Supreme are compassed in a personality.

I have noticed that ignorant men, use the terms Jesus and Christ, when they blaspheme. Deep thinkers and broad minded men, when stirred to strong language, invariably use the expression, God.

To sum up: The shallow, personality and the deep reasoners see truth in its essence. Yet both are looking at the one life, the one God; and who shall say that they are not both right from their individual standpoints.

1509 Spruce St., Berkeley.

What "New Thought" People are Vainly Trying To Do.

Prof. Vaught in Humau Culture for March says: "New Thought people are trying to deal with mind without any clear grasp of the constitution of the mind. Phrenology deals with the elements that constitute the mind, without which there is no mind, soul, spirit or body. It deals with these definitely. Minds not only differ in degree but in kind. Never was there a greater mistake than to suppose that all minds are alike in kind. * * * Minds differ just as much in *quality* as bodies do,"

Wonderful Ignorance.

Wonderful! Wonderful! Wonderful! Common every-day facts are sometimes as hard to believe and difficult to see as the most occult far away. It is next to impossible for us to accept the fact that otherwise intelligent people (with eyes too) can live among themselves and not see Phrenology staring them in the face.

A most wonderful fact.

"We wonder sometimes whether people know they have heads at all." —Prof. L. A. Vaught in Human Culture, Chicago.

Geo. Coombe was one of the greatest philosophers that ever lived. His "Constitution of Man" is the greatest work on the philosophy of Phrenology that was ever written. Over two million copies have been sold in England and America. The American edition is \$1.25, for sale at this office.

"Phrenology appears to me to be the clearest, most complete and best supported system of Human Nature which has hitherto been taught."— Geo. Coombe in his "Constitution of Man."

Those who are willing to investigate and study Phrenology will find that man has all the innate faculties requisite for his use.—Wm. A Williams, F.N.P.I., London.

No man ever investigated thoroughly and sincerely into Phrenology but what he became astounded at its revelations, and deeply impressed with its philosophy.

Study Phrenology and you have the key to the whole (apparent) mysteries of the mind.

Without the Phrenological key you will never be able to understand men or animals.

The philosophy of *cure* lies in ascertaining the *cause* and removing it. Nature cures.

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Sleep-Cause of.

BY FRANK REED.

The human body is a generator of forces, the brain distills these forces and gives them back to the body. Every nerve in the body is a telegraph wire leading to the brain, and it is here that the mental notes of intelligence are touched by the invisible fingers of spirit.

We are only made conscious of what is expressed. At the end of each nerve, as it comes to the surface, there is a little tiny sack filled with vital fluid, or nerve fluid, and this is as the sensitive fluids on a sensitive plate, acted on by the world around you. The nerves in the retina of the eye, ear, nose and all other parts of the body, must have a good supply of this vital fluid, otherwise the external world cannot impress the soul or mind through these channels or door-ways.

The five physical senses of man are nothing more nor less than doorways, and no amount of denials will kill this fact. Close these door-ways, nail them up, and the mind will cease to act, for it is through suggestions coming from the exterior world over the nerve-wires, through the five door-ways, if you please, that causes the mind to be active, not only on new lines of thought, but on old lines as well. In sleep these doorways to the soul and mind are closed, and the door-ways to the mind are closed by exhausting the fluids in the ends of the nerve battery cells.

The external world no longer appeals to you now. The connections between your soul and the external world are cut off, and will remain cut off until the battery cells are recharged. It is a well known fact that every of both body and mind, calls for an expenditure of nerve force. This nerve force is the white fluids of the body. This fluid is manufactured from the blood, hence during the hours of sleep, when the body is at ease, the process of manfacturing

HUMAN NATURE.

this fluid goes on, and when the outer nerve cells are again re-charged, sleep is impossible, for sleep means nothing more the closing of the body's doors to all outside impressions. You cease to communicate with the external world, and you cease to do so because your sensitive plates are dry, and no more pictures or impressions can be taken or received. This is the simple facts of the case.

Prof. Elmer Gates, in a recent article, gives us a wonderful picture in a few words, "Sub-consciousness," says Prof. Gates," is the great ocean of our mental life—our conscious states are merely the ripples that strike the shore." The soul is the ocean of our mental life, the objective world is the shore, while the five physical senses are the reefs over which the vibratory waves break. It is the impact of the external world that keeps the soul in a conscious state.

The brain is the seat of the mind, and it is here that the impressions are made. I cannot accept Prof. R. O. Bridewell's assertion in his bock "The Law of Suggestion," that the soul never sleeps, for sleep means nothing more than the soul ceasing to communicate with the outer world. The body never communicates with anything, but the soul communicates through the body with all things. Sleep is a temporary form of death, for we are dead to all we are not actively communicating with, and are wholly dead to all we have no knowledge of.

The physical body never did and never can know anything but through the soul, through the mind-center, which communicates with the objective world through the five physical door-ways can know all things, for it is from knowledge gained from the physical or objective world that spiritual truths are seen. To put it in another light, knowledge is the raw material of wisdom. No knowledge, no wisdom, is an axiom few will dispute. And all actual knowledge comes from the external world, whether caught direct from the lips of Christ, from the Bible, the Koran, or whether it comes on the wings of the winds, the waves of the ocean, or gathered from the trees, mountains, lakes and rivers. The mind must have its store of comparative knowledge before it can receive or perceive truth.

To make a long story short, allow me to assert that sleep is a cessation of thought. We have already seen the why. You close the body doors and shut out light and sound, and we have seen the why of this too.

Eureka, Cal.

Frank Reed's Opinion.

Prof. Haddock, Dear Sin-I have just read Prof. Bridewell's book, "The Law of Suggestion," (which you have for sale at 25 cents) and I pronounce it the best I have ever seen, by far the best, and I have read many such works. I disagree with him as to the soul not sleeping, but that is a matter of little concern. I heartly indorse everything else in the book, and it is plain and practical, and fully agrees with an article I wrote for an Eastern magazine a few months ago, that had the effect of silencing a few small bore guns that were firing away at hypnotism. I have had the satisfaction later of seeing the editor come to my assistance with a good supply of facts in favor of suggestion, taken from a paper published in London, England. We may be sure that the world does move. Yours truly,

FRANK REED.

One on *The Will*, by Jas. Webb, F.B.P.S., is a priceless article. It exposes the vague and contradictory notions of the of the *Will*, taught by by psychologists, and upholds the principles of Phrenology as the only true basis of determining what *will* really is.

We shall return all unsold copies at the end of this month. You had better get a copy at once or you may be too late; 25 cents, this office.

OUR EUROPEAN TRIP

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CHAPTER XXII.

BATLEY, NO. 11.—REMINESCENCES. INTRODUCTION TO PHRENOLOGY.

Our first introduction to Phrenology was in 1864. Prof. L. N. Fowler of Loudon came to deliver a course of lectures at Batley Town Hall. Although only a boy in the teens, we happened to be one of the three men? nominated for public examination at at the close of the first lecture.

Mr. Fowler's delineation made a profound impression on us at the time, and many years afterwards it decided our career in taking up phrenological work.

The next subject was a prominent citizen, a Mr. John Law, whom the professor described well adapted as a builder and architect; also he possessed inventive faculties, but was not a good financier.

Mr. Law was a builder by trade and an architect by profession; he had invented a centrifugal pump that had attracted the attention of the scientific world, therefore Mr. Fowler's hit was applauded.

But the crowning piece of L. N. Fowler's work was in the delineation of Abe Lister, a witty shoemaker.

The professor described him so well that a gentleman in front of the platform cried aloud, "Oh, Mr. Fowler knows who he is." The chances are ten thousand to one that Mr. Fowler never saw or heard the man's name before in his life; he said:

"This gentleman is witty and humorous; he would laugh at his grandmother's funeral! He is a tender-hearted man and would not harm a mouse. He is a fair mechanic, would make a shoemaker or cloth worker, but he lacks atick-to-at-iveness!" (Applause.)

Abe had a stammering tongue; he was asked to stand up and reply. This was his speech—we never shall forget it!

"M m m-mr. Fowler says I w-wwould make a sh-sh-shoemaker; well you know I am a sh-sh-shoemaker, but 'I think of ch-ch-changing my trade, because I ca-ca-cannot stand sitting !'' (Laughter.)

I think m-m-mr Fowler saw me this m-m-morning in my night shirt. (Laughter.) I heard the trap go off, it had ca-ca-caught a mouse. I got up and my wife wanted me to give it to N-N-Noah Talbot's cat, but I opened the house door and 1-1let, let the p-p-poor thing out in the street, w-w-when it came back into the house and ran into the s-s same hole it had come out of. (Laughter.)

That m-m-mo-mouse has more sense than some of you; it knows when it has a good home." (Great laughter.)

HVPNOTIC SEANCE AT THE B. W. M. CLUB.

We spent a few pleasant hours at the Batley Workingmen's Club, during our trip in the summer of 1900.

As one of the founders of the club in 1872, the committee presented us with a card of honorary membership, and in the conversation room we heard some funny stories of the days when the now flourishing club was young.

One of these anecdotes is worth recording here, just as related by an old member:

"Bill Nick" imagined himself a great hypnotist. One night he hypnotized? Allen Haddock, whose limbs became rigid as a board under Bill's passes, but we thought the subject was fooling, as we caught a knowing smile on his face, yet he didn't give way until I stuck a pin into a soft part of his anatomy, then you should have seen Allen jump and yell, like a new stuck pig.

However, Bill Nick was not satisfied; he was sure Mr. Haddock was hypnotized, and next night he was almost ready to bet a wager he could fetch him from home by making passes. When Bill began to make passes a friend a who had made him believe he was a hypnotist, slipped out of the room and told Mr. Haddock at home what the selfstyled hypnotist was doing. Then you should have seen Mr. Haddock run straight to the club; he was apparently "drawn" there as if by some unseen power, for he approached Bill with a vacant stare, until he got within four or five yards of him, when he ducked, ran his head into Bill's stomach, and sent him sprawling on the floor!

Strange to say, Bill was not at all dismayed, but arose with a look of triumph in his eye, believing that he had been more successful as a hypnotist than he had ever expected.

The Reason Why.

We are having great success in treating the sick by Dietary and other Hygienic methods, because we understand the *individual needs*, through a knowledge of the temperaments, etc.

The ordinary hygienist is generally at sea in this matter, while the "regular" physician applies a certain dose of drugs for an adult, or so much for a child, without any reference to the temperament or constitution, and it he makes a mistake he can bury it.

We give no medicine, prescribe no drug, make no such mistake, and our subject takes on a new lease of life and enjoys it.

He gets cured because we understand his physical and mental constitution. That is the reason why.

There are thousands of physicians in the United States who are well informed regarding the principles of Phrenology, and who greatly profit thereby; but their knowledge of the science was obtained from phrenologists or phrenological books and observation

Phrenology was founded on observation; observation and applied knowledge proves its philosophv to be sound, because it is based or nature.

A man with truth on his side can stand up before a whole army of bigots and defy them all.

Lecture on Phrenology.

BY BISHOP CASE, AT POINT RICH-MOND CAL.

The following is a copy of the handbill circulated in Point Richmond on Friday, April 10th, which explains itself:

Remember the Lecture on

PHRENOLOGY

To night at the Methodist Church

by the

REV. W. W. CASE, D.D.

Assisted by Prof. Allen Haddock, with charts, skulls, ect. A very attractive entertainment by experts.

Three citizens will act as a committee to select three prominent persons—one lady and two gentlemen, to be subjects for phrenological examination.

Instruction, Entertainment, Fun.

Admission, 25 cents.

The lecture and entertainment was for a very worthy object---namely, to help raise the debt from the place of worship, and the good pastor, Rev. J. E. Rich, is not a "rich" man, but a hard worker and an earnest, sincere disciple of Christ.

The little church was filled, and Dr. Case, the speaker, who is an earnest student of Human Nature, a life-long friend of Phrenology and an up to-date exponent of its philosophy was in good spirits as usual; he gave an instructive, inspirational and humorous address, speaking in part as fo'lows:

"It was Emerson, I think who said 'Hitch your wagon to a star,' but some men hitch themselves to their propensities and keep too much in touch with their animal nature.

"If a man hitches to Acquisitiveness his love will be for money and property; if to Alimentiveness he may become a glutton or a drunkard, or if to Benevolence he may give away all his wealth to Charity. Some mothers live mainly through the organ of Philoprogenitiveness and see nothing but their offspring. Benevolence, etc., makes the Reformer of Frances Willard type. Too much Firmness, without Agreeablences, makes a man mulish and disagreable; a willful man should learn to exercise his reason and common sense.

"The beautiful science of Phrenology says we must not hitch on to a single star, but to a whole constellation.

"The solar system, like the brain, is composed of units, and these units are arranged in groups or constel-Man's thinking apparatuslation the brain is divided into several groups. Behind the ears, or backhead, are located the Domestic Sentiments; in the side head are found the Selfish Propensities; at the crown the Selfish Sentiments. The Moral and Religious faculties are found at the top, and when large give a threestorey head. The Perfecting group is located at the sides of the upper forehead, and the Intellectual faculties are found in the forehead or anterior lobes of the brain. The Intellectual faculties are divided into three groups-namely - the Perceptives, located over the eyes. The Retentives across the center part of the forehead, and the Reflectives in the upper part, giving width and height to the upper part of the forehead.

"There are 42 established and well defined faculties of the human brain or mind; we should use them all, so that character may be well rounded out, and life made harmonious.

"Some young ladies think it is terrible to be told they possess large Amativeness; my friends, you would be no use in the world without that faculty, it is the center of love and magnetism, it is that which makes a man manly and a woman womanly.

"An erronous opinion is prevalent that Phrenology is 'bumpology."

Persons unacquainted with this beautiful science of Human Nature, or mind, talk of 'bumps'' the fact is character is determined by the general form and shape of the head; measurements being taken by tape and callipers of the circumference and distances from the opening of the ear to the cortex, the width, general height and length being determined; then we judge of quantity and quality of brain according to texture of hair, skin, bones, general features, temperament, activity, excitability, physical conditions, health, etc.; normal and abnormal conditions, facial expression, etc. Taking a broad view of their subject, Phrenologists do not confine their observations to the head alone, as many think. Human Nature is a great study.

"Each body in the solar system is related to every other, so are the brain organs in man. They, like the constellations in the heavens, are arranged in groups, and of greatest interest to students of Human Nature, as these groups and faculties clearly reveal the apparent mysteries of the mind. It is the spirit of man that builds the organs; they develope with use.""

Dr. Case closed his inspiring address with some very amusing stories illustrating the principles of Phrenology. His anecdotes sent the audience into roars of laughter.

PLATFORM EXAMINATIONS.

The reverned gentleman examined the lady and described her as possessing artistic tendencies, which was acknowledged to be correct.

We took the three gentlemen nominated by the committee and described the first, who was a blonde of fair quality, possessing a wide head, as capable of managing an extensive business. We understood he was engaged in a similar position in the electrical department at the Point.

The next was described as a speculator, more than a merchant. He is a stock broker. The third we described as of the mechanical and inventive type. It appears he has invented

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an air ship that will fly; his ship will be exhibited at the coming World's Fair in St. Louis, competing for the prizes offered in arial navigation.

Not Fortune Telling!

Sixteen years ago a little boy was brought by his parents to our office for a Phrenological examination. We remarked, "As the twig is bent the tree is inclined." Now this little twig of a chap is inclined to science and invention; he is a born chemist and inventor.

* * *

Last week there came into our office a rather tall, smart young man, of more than average intelligence; he of course was a stranger who desired a phrenological examination.

We described him as scientifically inclined, with a creative turn of mind, and that he ought to study chemistry or become an assayerorinventor, etc.

He jumped up and said, "You told me the same thing when I was a pupil at Lincoln Grammar School, 16 years ago. I have invented a cyanide process for extracting gold and silver from slimes and unleachable ores; no power required. Here is my card."

JOSEPH T. TERRY, JR

Mining and Cyanide Expert - Chronicle Building Room 92 San Francisco, Cal.

This is not fortune telling; it is merely a simple statement, based on observation by a Phrenologist who knows that all men act in accordance with their organization.

There are born scientists, as there are born poets, artists, musicians, physicians, mechanics, merchants and inventors.

This is Human Nature.

Human Nature is a peculiar thingespecially to the editor of a country paper, having to do with social and political matters.

The editor of just such a paper writes in the following strain: "Editing a newspaper is a pleasant business-if you can stand it. If it contains many advertisements a subscriber complains that it takes up too much space. If there is a lack of advertising it is unpopular and the people won't have it. If we attend church regularly they say we go for effect. If we stay away from church they say we are monstrously heathenish. If we accept an invitation to a wedding they say we are only invited to write it up. If we go to the opera house they say we go on free tickets. If we publish news of a man who has brought disgrace upon his family the friends of the family never forgive us. If we, out of goodness of heart, decline to say anything upon the subject, the man's enemies are disappointed, and we are branded as white-livered cowards."

This poor fellow lacks moral courage. Let him do what he thinks is right, caring not what others say. An editor, above all men, must dare to do; and if he has truth and justice on his side, he can stand up and look the whole world in the face.

"That's All."

When a subscription expires, it expires! The name is not re-entered only by request, so the paper stops.

We are acquainted with several publishers who carried defunct subscriptions for years; they have all come to grief. HUMAN NATURE flourishes because it gets strong and substantial support and carries no dead weight.

If a subscriber fails to renew no notice to stop the paper is required; it just stops itself. That's all.

Dear Prof. Haddock-I have realized all my expectations of your treatment, and believe by your knowledge of character, disposition and temperament of your subject, you hold the key to cure. I really believe it is owing to a lack of this knowledge so many physicians and hygienists fail. You have my best wishes for success. I know you understand my case exactly. I have obtained a new lease of life.

W. D. W.

Medical Men and Phrenology.

We have a long list of medical men subscribers to HUMAN NATURE who believe in Phrenology and appreciate its influences in medical practice, but there are others who have never looked into the science, and who refuse to do so; their prejudice and ignorance of Phrenology is lamentable, for such medical practicioners are dangerous to the sick, and unfortunately they are at the present Such docwriting in the majority. tors are not safe-pure as their intentions may be, we would be afraid to employ them even to doctor our dog Rover.

One of these old fossils is the father of a young man who came to our office for a phrenological examination some months ago and appeared astonished at our correct revealation of his character. Writing on April 4th, he says:

"I believe your science is the great-" est and highest of all sciences. My father is a physician and has no patience when I refer to Phrenology. but his mistaken ideas have no influence on me. I wish you unbounded success in your most noble work and beg to remain your friend."

Any one can see the original letter in our office.

A Presbyterian minister of Redding, Cal., is leaving the pulpit to practice law. Twenty minutes with a good practical Phrenologist before he entered the ministry would have shown him at least where he belonged. Evidently he is not fitted by nature for the ministry, or he would not leave it for the practice of law.

Prof. Haddock, Dear Sir-By your treatment I have reduced my fat, which had become burdensome, to 32 pounds less in three months. I feel no weaker but clearer and more active in mind and body than for years. By pursuing the opposite method of diet I can increase my fat at will. This is a strange revelation, but a delightful one to me. L. N. G., city.

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MADE BY



Photo by Holler, October, 1902.

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Will be an accurate delineation of your character, because he has an international reputation as a scientific Phienologist, and has had a steady practice of Phrenology during eighteen years in San Francisco, in the same block.

Men and women are adapted by nature to certain business, trades or professions. Nothing but a Phrenological examination can determine the sphere to which you belong, and in which you may hope to win success.

Those contemplating marriage should not fail to consult Professor Haddock and learn the temperament in the opposite sex best suited to harmonize with their own.

The examination will also include a physical diagnosis and invaluable advice regarding health and the cure of disease.

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A Proper State of Mind and a Correct Combination of Foods

Will Cure You

If you would look young and become healthy in mind and body, please answer the following questions; your answers will give symptoms and indicate the cure. You can cure yourself at home.

QUESTION LIST.

I. sex; 2, age; 3, are you married; 4, weight; 5, height; 6, occupation; 7, state complexion and color of hair and eyes; 8, condition of teeth; 9, give your temperament vital, mental or motive, or in other words are you plump and round? or brainy and nervous? or are you boney and muscular? 10, do you sleep well? 11, how do you feel on waking up? 12, state your general feelings and symptoms; 13, have you distention or troubled with gas? 14, do you suffer pain? state where; 15, do you have indigestion? constipation? sour stomach? bad breath? furred tongue? bad taste in the mouth? diarrhea? colic? chills? dizziness? heart palpitation? numbness? or sick headache? 16, do you smoke or take alcohol? 17, how is your appetite? 18, state the kind of food you eat, how often and what you prefer? 19, how long have you suffered? 20, give all symptoms and other information you can.

We treat each case according to temperament and individual needs, as revealed by Phrenology, or mental and physical conditions.

CONSTIPATION.

If you suffer from constipation and its attendant evil results, we can put you on to a proper diet at home for \$5. CHRONIC CASES.

Chronic or complicated cases require a *course* of dietary advice. Terms on application.

Please answer all Qusticns conscientiously and address all communi-. cations to

HUMAN NATURE OFFICE 1020 Market St., San Francisco, Cal Henry Watterson says the "smart set" is doorned. But the smart set shows no inclination to take the Colonel seriously.

There are said to be 1,000,000 morphine fiends in the United States, but this estimate may have been dreamed by one of the fraternity.

A Missouri court has decided that the mule is a treacherous animal. Let us hope the court's decision was due merely to hearsay evidence.

Say, but the laziness germ takes a bite out of the boy when the latter faces up a cord of hardwood and father hands over the bucksaw.



and ICE CREAM PARLORS 16 and 18 Eddy Street, San Francisco. The most popular Coffee House in the city.

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BY FRANK REED.

Is an essay upon Creation, just issued from the press. The pen of no other writer, in any age, has painted the facts and the truth, as pointed out in this essay. All other efforts to explain Creation will be forgotten; the fundamental principles set forth here will live forever. Price, 25 cents. For sale at HUMAN NATURE Office.

MILL VALLEY Tamalpais Scenic Railway

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SUNDAYS AND LEGAL F LIDAYS.

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1 00 p. m. 8:00 p. m. 4:25 p. m. 5:55 p. m. Tickets can be purchased at the Sausalito Ferry, North end of Union Ferry Depot Foot of Market St., S. F.

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Physicians recommend warm salt water bathing for rheumatism, nervousness, neuralgia, numerous other ailments. Tickets, \$25c; 6 for \$1. Also electric salt water baths; tickets 50c. 717 Filbert street. North Beach car lines.

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A Monthly Magazine devoted to the cause and cure of diseases. Price, \$1.00 per year.

Teaches hygiene, diet, mechno-therapy, hydro-therapy and common-sense methods of getting and keeping good health. Directs attention to unrecog nized gluttony and superstitious faith in the power of drugs to cure. Considers disease a penalty for disobeying Nature's laws, and advocates Nature as the real healing power.

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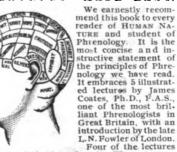
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