# Human Mature

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UNIVERSITY CALIFOANIA

# CHILD STUDY.

# A PHRENOLOGIST NEEDED IN PUBLIC SCHOOLS.

Phrenologists have always claimed that Education should be based on individual character.

An ostler would not hitch a draught horse to a trotter in the same buggy, yet both have good points in their class.

Prof. Starbuck of Stanford University has recognized this Phrenological fact and is reaching out for a remedy, but in a very blind way.

He has induced the Board of Education to adopt an inquisitorial method of asking innumerable and impertinent questions by circular (even as to the financial standing of parents) in order to ascertain the character, disposition and abilities of school children!! These questions are harrassing Mothers and Teachers and landing the Inquisitors into a muddle and confusion of ideas:

This blind mediæval method savors of the Spanish Inquisition, when ignorance and superstition reigned supreme, or the methods now employed by dark and unenlightened Russia.

THE ONLY SCIENTIFIC PLAN TO ASCERTAIN CHARACTER IS THE PHRENOLOGICAL—THE OBJECTIVE METHOD.

For a few Scientific Phrenological facts and some HOT SHOT from some of our private and class Students, read the following pages and note the illustrations exhibiting character.

# Some of Prof. Starbuck's Questions.

The circular issued to School Teachers call for a record as to whether Lucy Jane is—

"Active, Energetic, Inert, Dull, Indolent, Truthful, Candid, Secretive, Selfish, Benevolent, Social, Moral, Intellectual and so forth, and what are her Home Surroundings, etc., etc., etc.,

The Questions put to the Mother are too numerous to copy, but she is asked these disturbing questions: "Name your best and brightest child" and "the dullest in your family." If his name is Mike, and he possesses the combativeness of his race, there will be trouble in that tamily.

RESULT OF THE POLL.

According to her Mother's report, Lucy Jane is—

"Peaceable, Liberal, Generous, Helpful, Sociable, Good."

According to the School Teacher, this Lucy Jane is—

"Quarrelsome, Illiberal, Mean, Spiteful!"

To the Mother she is an Angel!

According to the Teacher she's a Vixen!

Which statement is correct? Neither.

If Prof. Starbuck understood human nature he would not expect a Mother to render "an unbiased opinion" of her child, as the circular calls for

Indeed, few School Teachers or Professors of Colleges are acquainted with the laws and principles of human science — Phrenology. They never look into it themselves, therefore are unable to render a correct opinion on human character; again, they have likes and dislikes which render them unfit to render an "unbiased opinion." We hold such opinions are worthless and have no scientific value.

The only correct method to ascertain character is the OBJECTIVE (PHRENOLOGICAL) METHOD, and he most correct judgment to be ob-

tained is from a Phrenologist who has made a life study of the subject. He asks no questions of Parents, Guardians or Teachers, but reads what Nature herself has written on the Head, Face and Body with her unerring hand.

Above all things a Phrenologist is needed for the training and education of the young.

There is only one method by which man, woman or child can be understood. There is only one correct method of CHILD STUDY, and that is to study the child; its Organization, its Temperament and Texture; the Form and Shape of its Head or Brain. The Brain-Form, as indicated by shape of the Head, features of the Face, the limbs and whole body from crown to toe, indicates character.

Environments, Heredity, Education, Health—all have their influence on character; but aside from these, the primary or inherited traits are discovered at once by a competent Phrenologist, and those traits that have been acquired as the result of circumstances are easily distinguished and estimated.

#### CHIEF PRINCIPLES OF PHRENOLOGY.

- (1) The Brain is the Organ of the Mind.
- (2) Each Faculty of the Mind has its separate or special Organ in the Brain.
- (3) Organs related to each other are grouped together in the Brain.
- (4) Size, other things being equal, is the Measure of Power.
- (5) The physiological condition of the Body affect Mental Manifestation.
- (6) Any Faculty may be Improved by Cultivation, and may deteriorate through Neglect.
- (7) Every Faculty is normally Good, but liable to Perversion.

Character is stamped on every living thing, but in none more so than in man, and as "The twig is bent the tree is inclined." Here, for instance, is



A GOOD CHILD.
(Negative type)

He is moral, intellectual, kind, affectionate but timid, retiring and not a born leader.

#### EDUCATION.

His self-esteem is too small; he should be made to feel that he is sombody of importance, and be very rarely censured, never severely.

His perceptive faculties are too small, hence he should be taught by object lessons. The kindergarten would develope the supercillary region (over the eyes.) Later, his education should be slow, as the brain is too large for the body; overactivity of the mental faculties would exhaust the body and probably lead to an early grave.



A BAD BOY.
(Vicious and positive type)

"A holy terror," cruel, revengeful, quarrelsome, selfish, spiteful, cunning and secretive.

#### EDUCATION.

This boy's training should be entirely different from the first child. The base brain is too heavy, the animal and selfish propensities are too strong; he should not be allowed flesh meat, only on rare occasions.

As a thinker he is dull, he needs muscular activity to work off his superfluous steam, and ought to be taught to be gentle and kind, and that it pays to be good.



Brilliant and bright as a pupil in school and attached to home; moral, intellectual, honest, affectionate, soccial and candid.

#### EDUCATION.

Care should be taken not to develope his brain at the expense of his body, as the chin and lower part of his face and neck (corresponding to the vital parts of the body) are weak. He is adapted entirely to and should be educated for mental pursuits.



A STRONG BOY.
(Commercial type)

He is shrewd, acquisitive, energetic,

enthusiastic, pushing, enterprising.

He should have a commercial education and become a merchant or contractor. As a business man he will make his way in the world.



A SPENDTHRIFT.
(Mechanical type)

He has very little sense of the dollar and will pay any price for the goods he needs; what he needs he wants very badly and cannot wait. This type of men fail to protect their own interests and squander freely.

#### EDUCATION.

He should be taught the value of money and to protect himself on all and every occasion. At least he should work for wages, for he has not the knack of acquiring.



A GOOD GIRL. (Musical type)

Artistic, musical, harmonious, joyous, helpful, moral and very ambitious.

#### EDUCATION.

This young lady is the daughter of a Scotch mother and Irish father, both good people. As the daughter of fond parents she was esteemed angelic, but they had too much sense to spoil her. Educated in the public

schools and now is a success in art and musical circles.



ZIP, THE IDIOT.
(Inmate of S. F. Almshouse)

Having very little of the cerebrum and scarcely any of the intellectual faculties, there is little to appeal to. No brains! no sense! but there is animal instinct. Zip loves to eat, drink and sleep, like most animals.

#### EDUCATION.

Nothing to educate but his stomach. Poor Zip is docile as a well-trained dog in good company; when our interested students pay him a visit, in company with their teacher, he smiles and ducks his his head for the tape and callipers, and his record is a bag of candy.

Illustrations could be multiplied indefinitely. Let these suffice to prove that best results can be obtained in the school room and at home, if boys and girls are trained in accordance with their nature.

There is no guesswork about it. Phrenologists read character by nature's own handwriting on the skull, face and body.

It is high time our educators awoke. One of the greatest scientists living today, Sir Alfred Russell Wallace, has just published his latest work, "The Wonderful Century." He devotes 34 pages to Phrenology, showing its great truth and how it has been neglected by men of science during the last sixty years. On page 193, under the caption of

"NEGLECT OF PHRENOLOGY,"
He says. "In the coming century
Phrenology will surely attain general

acceptance. It will prove itself to be the true science of mind. Its practical use in education, in self-discipline, in the reformatory treatment of criminals, in the remedial treatment of the insane, will give it one of the highest places in the hierarchy of the sciences; and its persistent neglect and obloquy during the last sixty years will be referred to as an example of the almost incredible narrowness and prejudice which prevailed among men of science at the very time they were making such splendid advances in other fields of thought and discovery."

These words from a man who stands as high as Darwin in the scientific world should cause scientific men to ponder, observe and think for themselves but take no man's word for authority.

No one yet ever honestly investigated Phrenology but became believers; nay, every opponent we have met always betrayed his own ignorance of the science, contenting himself to rely upon some one who knew as little as he did.

# WORDS OF WISDOM By Private and Class Students

# And Some That Burn---Read What They Say!

Child Study.

BY J. E. MORTON.

The efforts of Prof. Starbuck are no doubt sincere, and it is a fact they are in the right direction. But the way he has gone about it suggest a picture of a man who wished to reach on foot a point on the opposite shores of a lake, and, though in the right direction, found he was in deeper water than his short legs could wade.

If Prof. Starbuck will look well into the teachings of those who have made such things a scientific study, he will find that he can have a very fine boat to cross his lake with. If the natural laws of the universe are applied to the human being by one who has been thoroughly trained in iudging quality, temperament and organization—in other words the laws of Physiology, Physiognomy, Temperament and Phrenology-the character of any person living can be so accurately described that Prof. Starbuck would pick out the man from among thousands himself, if he were acquainted with the men. A child's character is just as easy to read. I should suggest that the better plan

would be to see that each teacher thoroughly understood this "Science of Man" and he would have no need absolutely of any aid from another person's advice as to their character. I applied the principles of this science in my work as teacher for nine years and found as the years came and went I had additional confidence, even to a certainty, in my judgement of children. It is no guess work, and fully as easy to apply as any other branch of human knowledge. I have tried the science in thousands upon thousands of cases and "it has not been found wanting." Better try it.

#### Behind the Times.

BY DR. OTTO BEST.

According to circulars issued to mothers and teachers seeking information regarding the children in the public schools of this city, it looks as if educators had begun to realize that education has to be based on individual character, and for this Prof. Starbuck of the Stanford University deserves credit.

But the way of ascertaining the character of children in the public

schools is unique, obsolete and behind the times.

The proceedings demonstrates how little is known of that most wonderful science — Phrenology — by our public educators. They have no idea as to its revelations, and evidently neither observe or think for themselves on these lines.

Let us look at some of the questions: The parents are asked which of their children is best, brightest and most intelligent?

Bright and intellectual in what direction? No child is bright all around and few altogether dull; some faculties are strong and active, but others weak in the same child, while another child will be constituted just the reverse, and there is a science which reveals these characteristics in a wonderful manner, but Prof. Starbuck and the Board of Education seems to be entirely in the dark regarding this science of human nature.

The comparative virtues, intellectual abilities, quickness, dullness, diligence, nervousness, etc. of a child are supposed to be known by its mother and teacher, and their opinions are held to be scientific.

Scientific indeed, such evidence



must be, when the judges are biased. Can a mother give an impartial judgement of her child? Can a teacher give a correct judgement of his pupil if he is unacquainted with the science of human nature and knows not that Form of Brain and Body. Texture and temperament indicates character. Such opinions are worthless from lack of true knowledge of character, their judgement is clouded, their opinions are colored. Why should Prof. Starbuck rely on such evidence? How much easier, quicker and with real accuracy could true character be ascertained if Prof. Starbuck and other teachers knew something about Phre-

By the aid of Phrenology they can know more about children in our public schools in one hour than by their clumsy method in ten years.

It is a pity that Phrenology is not known to our educators, for it is there where it could do so much good. Its introduction into the public schools would institute a new era to education.

This present subjective guesswork must be replaced by objective science, Phrenology, through which alone real character can be revealed. Then and only then can education be based on individual character. May this new era soon come, then will our offspring and humanity be blessed.

#### "If!"

#### BY MISS HILDA HOLLER.

The circular which Prof. Starbuck of Stanford University has sent out in his endeavor to collect statistical data about the disposition and character of children, proves conclusively that he has absolutely no knowledge of Phrenology. A man in his position should especially be familiar with the science of human nature.

One could hardly expect parents to make public their children's faults or virtues, and as most teachers are ignorant of Phrenology, their opinions as to the disposition and character of children would not be of much value for statistical purposes.

If parents and teachers were ac-

quainted with Phrenology; how much easier it would be for them to understand each child. Then they would know why a child was active or quiet, dull or bright, generous or selfish, inquisitive or forward, etc. They would also know how the weak faculties might be developed, and the too active ones restrained; and, and knowing this, they could lead the child accordingly.

If Phrenology were taught in schools, colleges and universities, with the same vigor as the three R's, it would not only be a great help to parents and teachers, but people would understand each other better; be more patient and kind toward one another, and there would be more happiness in the world.

# A Criticism of the Twentieth Century Inquisition.

BY JOSEPH ALPHONSO.

The circular issued by the Board of Education to Mothers and Teachers of Children in the Public Schools serves best to exemplify the glaring and inexcusable ignorance of eminent educators (?) of the basic elements which underlie the character of every animal and man, as manifested through that marvelously constructed organ of the mind—the brain, form, texture and temperament.

Not knowing anything of Phrenology and Physignomy, and being in the dark as to the dominant traits in the character of their pupils, it naturally follows that they are grossly unfit to pose as instructors and molders of the susceptible minds of the rising generation.

It is to be expected that they should attempt to solve what to them is an inscrutable riddle, by imposing upon a long-suffering and genial community, intruding upon the sanctity of their homes and disturbing their peaceful slumbers, causing hideous nightmares with their queer circulars issued in behalf of pedagogy. Insolently demanding information as to whether the child is active, energetic, inert, slow, cheerful, morose, quiet,

nervous, revengeful, peevish, quarrelsome and so on, they would readily know the characteristics of their pupils. Without end the circulars are burdened with a host of idiotic and useless inquiries.

If Prof. Starbuck and other wellmeaning pseudo scientists had a practical knowledge of Phrenology, together with that aptitude for particular studies as well as their hereditary traits, they would soon discover the child was inclined to theorize, or whether he lacked in casualty and comparison — reason — and guide themselves accordingly in adopting the proper methods for developing the deficient brain organs and rounding out the character. They would not insist on "crainming," striving to make mathematicians, doctors, lawyers and orators of those whom Nature intended for laborers, farmers, mechanics and merchants, or vice versa. In a word, they would know how to educate, and there would not be so many misfits plaguing themselves and posterity.

It would be a good idea if some well-meaning philanthropist could be induced to establish an institute of Phrenology, from which a good, sound practical knowledge of the true science of the mind could be disseminated — where our educators (?) could go to be trained to educate in conformity with Nature's methods. Let us hail that memorable day when every university worthy of that time-honored title will have a chair of applied Phrenology as the most precious gem among the jewels of the faculty.

#### Educators. Awake!

BY IRA W. ROSS.

The endeavors of Prof. Starbuck and the Educational department of Stanford University to study pupils of the public schools remind me of the drowning man who grasped at a straw—and missed it.

It would be well for the Board of Education and the professor to learn something about human nature



the Haddock School of Phrenology.

They should study the children themselves instead of putting foolish questions to teachers and mothers. To quote from the pages of HUMAN NATURE: "Observe and study for yourself, take no man's opinion as absolute authority."

A mother could not give an impartial statement of her child, even if she knew how; that is, if she possess a mother's love, her judgement will be partial.

As for teachers, unless acquainted with the science of Phrenology, they only know the character of pupils by their conduct, habits, etc., or their abilities by experience in the class room. They know nothing beyond that which has been unfolded before their eyes. Phrenology draws the veil of mystery aside and shows the tendencies and possibilities of the youth in his future life, what he may possibly attain or not.

I am not an educator myself, but am really surprised, as a student Phrenology, how little educators seem to know of this human science. If they knew what Phrenologists knew they could see the nature of a child at a glance and would need to ask no questions of teachers or mothers; but these educators are blinded with prejudice and wedded to blind metaphysical ideas that belong to the dark past.

Prof. Starbuck is away behind the times. Let him cast his ancient ideas aside and awaken to the new thoughts of the 20th century—educators awake.

#### Still in the Dark.

BY THOS. LEACH.

According to the S. F. Chronicle, Prof. Starbuck of Stanford University, is seeking information regarding the character, disposition, abilities and disabilities of pupils under charge of teachers in the public teachers.

He has issued a circular to teachers asking them to make returns as to each one's "Activity," "Indolence," "Quickness of perception," "Artistic ability," "Quarrelsome-

ness," "Benevolence," "Ambition" and so forth. A similar circular is sent to mothers.

As a student of human nature myself, as revealed by Phrenology (which is the only true science of mental philosophy), it does seem strange to me that a learned professor of any university should be so much in the dark as to ask any one's opinion about a child, instead of finding it out for himself; nature has planted the signs of character on the head and face of every man, woman, child and living thing; to him who is willing to read nature's own language these signs are very legible.

If Prof. Starbuck was familiar with Phrenology he would very soon discover whether pupils were active or indolent.

There are three kinds of Activity—Mental, Motive and Vital.



Mental activity is indicated by large brain form and small body, with sharp features, pyriform face and tapering limbs,

I. MENTAL. an organization of fine texture and highly-strung nervous system, and graduate towards the arts and professions.



Motive, or muscular activity is indicated by a predominence of the bones and muscles; the head, face and body is formed

2. MOTIVE. on the square plan; such children are more active physically than mentally, and are generally honest and reliable, and make good mechanics.



Vital activity is indicated by a predominence of the vital parts, stomach, heart and blood vessels. Such have a round head, round face,

3. VITAL. nead, round lace, round limbs and round body; the bones are well packed with fat; they have good digestion and are usually active at the dinner or lunch table,

or in any place where physical pleasures can be indulged in, make good hotel keepers, restauranters and physicians. They are magnetic.

"Benevolence," "Kindness,"
"Quarrelsomeness," "Cruelty,"
"Combativeness," "Sociability" and all the other questions put by Prof. Starbuck can be answered in a few minutes by a Phrenologist or anybody else who studies the child phrenologically. Let Prof. Starbuck study the child Phrenologically, it is too late in the day to depend upon teachers or mothers, who perhaps are no better informed than apparently Prof. Star- buck as to man's mental constitution or child nature.

If I wanted to know anything about geology I would consult a geologist; of botany a botanist, or astronomy an astronamer; therefore if I wanted to know a child's peculiarities, talents or disposition I would study the child or go to a Phrenologist, who has made a life study of children, men and animals, not to a school teacher nor a mother.

The former, it unacquainted with the principles of human science, would err in his criticism, whilst the latter's judgement would be warped through the love of her child; both opinions are worthless.

#### Study the Child.

BY H. M. ROCHE.

Studying the *conduct* of a child to make an estimate of the child itself, to me seems like judging a violin from the discordant music of a rural fiddler, or the flight of an eagle that was once raised with geese and never learned to fly.

I, at one time raised a canarie with red birds. He learned to sing the songs of the red bird and never learned a canarie note. It would be hard to judge this bird from his songs. We should study the bird itself. It is a well known fact that some of our most talented children can be made to obey with kindness and reason, while the same youngsters will endure all kinds of punish-



ment rather than be conquered; it is a well known fact some children are the best in their class in some studies and the poorest in others; that some children are quick at figures but poor in words; others are apt in drawing or good in music, but cannot give their mind to other studies.

Why do not our educators seek a reason for this difference in character? Nature writ the signs in plain handwriting; hereditary traits and general characteristics are indicated by Form of Brain — shape of head, texture, temperament, expression and other signs, known to Phrenologists, who are scientific readers of character.

A Phrenologist can read character at a glance, without asking questions of anybody. Why don't Prof. Starbuck study the pupils himself instead of asking foolish questions?

Did Prof. Starbuck ever see a very selfish boy with a high forehead, low crown and narrow between the ears?

Did he ever see a good boy with a low forehead, a peaked crown and heavy base brain?

Study the child on Phrenological principles.

#### What Teachers Require.

BY MISS L. O.

A child born of poor and uneducated parents may be richly endowed with high intellectual faculties, may be bright and active intellectually, but indolent physically, the result of parentage. Its brothers and sisters may be dull and stupid if the parents are drunkards, or other cause. Phrenology often ascertains the cause by symptoms in the offspring; but it always indicates the nature of the child from whatever cause.

If a child is quarrelsome, it comes honestly by it—inherited—but Phrenology clearly distinguishes between the selfish or quarrelsome and the good natured child.

A child indulged and petted at home often develops into a selfish child at school; the indulgent mother thinks she is a model, the teacher thinks otherwise; the mother is no judge, and the teacher, if unacquainted with Phrenology, does not see the other side of her pupil and misjudges. Another thing, most teachers have their likes and dislikes, and their judgement is not always impartial when asked their opinion about some of their pupils.

If teachers understood Phrenology they would make better teachers, because then they would understand their children as nature made them. Above all things teachers require this knowledge; although some are too partial to those children of rich parents who bring them flowers and other presents.

Some well-to-do parents invite the teacher to their house to tea enter-tainments, their children get favors, whilst those of the poor get slighted.

I have a painful remembrance of a teacher on the class breaking up for a holiday, kissing *some* of the children with the lips, to others, just as clean, but unfortunate, she turned the cold cheek. Such teachers may not be very numerous, but they are in every school house, and I would not give a rush for their opinions of the pupils.

#### A Mild Reminder.

BY GEO. W. ARMBUSTER.

It is indeed pleasing to note that the Educational Department of Stanford University is endeavoring to ascertain the mental tendencies and abilities of the children attending our public schools.

The effort is deserving of respectful consideration, as it is directed toward an object of the greatest concern to humanity.

Notwithstanding this however, it is obvious to students of human nature that the plan of procedure adopted by the learned Prof. Starbuck and the Board of Education, will not be productive of results in any degree satisfactory to the science of education.

Asking questions of parents regarding the character of their children is not wise; filial love alone is sufficient to disqualify them from rendering a just estimate of the character and disposition of their own flesh and blood.

Their judgment on other matters may be sound, but the back head often rules the front in mothers—at least in lovable mothers—for sentiment takes the place of cool discrimination.

No one is qualified to give reliable information in regard to the forces and principles that work through another, unless that one understands the mental functions of the brain.

The mind, like the body and all else in nature, is guided by certain principles that set it into action, and that are the prime moving cause of every motive. These principles determine the formation of the physical structure, and we must study them through induction before we can comprehend the character.

# What Manner of Men Are Our Educators?

BY C. E. HARSHBERGER.

Upon reading the circular issued by Prof. Starbuck of Stanford one cannot but pause and inquire what manner of men are these instructors of our youth? Educated? Possibly; yet lacking a most important essential to their success as teachers, namely: the ability to read the character of a child from the child itselt.

The laughable absurdity of their question-asking process is heightened when it is applied in other cases. An experienced stockman wishes to purchase a bunch of cattle. Does he require the time of their birth, what sort of pasture they were brought up in, whether there were sheep or goats in the same enclosure with them, etc? No. He looks at the animals themselves and forms his estimate of their value from them. A housewife buying butter asks not for the pedigree of the cow that gave the milk, whether she was milked from the right or left side, kicked or stood quietly during the operation, or for a history of the butter from the time the milk left the cow until the butter is offered for sale. She examines the butter. Could not these wise teachers profit by such



examples? It is high time public instructors were awake to the strong necessity of a knowledge of Phrenology on their part. Certainly one who expects to reach the highest success in teaching must be able to first understand the child, its capabilities, tendencies and requirements. Therefore, a thorough understanding of this science should be one of the elementary qualifications of all teachers.

#### Summary.

We call the reader's attention to an article, just to hand, in another column, entitled "How Not to Do It," by C. P. Holt. Please read it.

To Prof. Starbuck we say your psychology without Phrenology is the baseless fabric of a dream; it is a structure without foundation, it falls at the touch; it is a wheel of many spokes, without hub or rim. Your psychology attempts to deal with mind without taking into account the elements of mind; it is unscientific, it is silly!

To Mrs. President Kincaid and members of the School Board—You are on the wrong 'track.' You are trying to ascertain the character of school children from those who are not qualified to judge. The evidence you obtain is hearsay and second hand, why not get it first hand or employ some one who has made a life study of the subject?

Any of the aforementioned students can go into your school house and, without asking questions from anybody, say "Here is a child that is peaceable, docile, social, sympathetic; here is one just the opposite, they require different training; here is one child that is full of mimicry, he is good at drawing, copying, but poor in arithmetic; here is one good in figures but poor in spelling, etc.; this boy is dull and it is hard for him to think; here is another one who gets along in his lessons very well, he is sharp, intellectual, bright, quick, responsive."

Gentlemen, you class these altogether, as if the mind could be moulded at will by the teacher. An ostler would never think of yoking a fast trotter to a draught horse.

In conclusion, we, teacher and students, are earnest and sincere disciples of Gall; we are honestly searching for truth, we find it in nature; we have not been educated into the unreal. We know how to measure mind, we do it by the Phrenological method—a method that some day will be introduced into all seats of learning—because it is the science of mind, and as your great and foremost teacher, Horace Mann, wisely said, "Phrenology is the handmaid of Christianity."

#### Hurrah for 1902.

HUMAN NATURE'S artist, following our directions to the dot and line, has drawn a number of new Facial Characteristics in Eyes, Lips, Cheeks, Chins, Noses and Ears for 1902.

Two pairs of Eyes will appear, with descriptive matter, in 1902.

Every number will have something new and telling both in the Head and Face during 1902.

Now is the time to subscribe for HUMAN NATURE. Only 50 cents for 1902.

Each monthly number will be worth the yearly subscription during 1902.

Watch if we do not go for the mossbacks and for the blind leaders of the blind in 1902.

We mean to shake up the old bones in 1902.

Subscribe for HUMAN NATURE for 1902.

See HUMAN NATURE'S clubbing list for 1902.

#### Wall Charts.

A medical man bought a large stock of wall charts, intending to use them in the lecture field. Some are medical, others phrenological, mostly new. Owing to unforseen circumstances he had to abandon his intentions to travel and now offers them for sale cheap.

Address with stamp for reply M. D., this office.

Occult Truths, 50 cents per year. May Building, Washington, D. C.

# The Need of Definate Elemental Education.

HUMAN NATURE is one of our esteemed exchanges. Professor Allen Haddock, the editor, is wide awake and believes in the brotherhood of man. His publication breathes a good spirit always. The education of the race is too general, and the need of the hour is for more definite and elemental education. By means of a thorough knowledge of Phrenology or human faculties, this education may be made more definite and elemental.

More definitely I may say, by way of explanation of this definite and elemental education, we find Human Nature teaches that the simple existence of a faculty (of which there are forty-two) is absolute evidence that it has an objective. The subjective and objective conditions are realities. It is certain that if one of these conditions exists so does the other. As to which exists first there may be a dispute in our present status of knowledge.

The whole superstructure of subjective and objective conditions, so ably presented in Health and the Cure of Disease, by Thomas J. Hudson, L.L. D., is found in Phrenological science, as taught by HUMAN NATURE. It may be well to note that hypnotism has its foundations deeply laid in subjective and objective condition.

HUMAN NATURE advocates the advancement of human education, development, training, culture and health reform, along the lines of the science called Phrenology, because elemental-dealing with the fortytwo faculties of the human organization. We enter with our whole soul into this work of Professor Allen Haddock, and claim him as a coworker along the lines which may prove to be of lasting benefit to humanity. May the good Professor and his assistants live on and on to bless humanity. - Dr. Burke in his Health Monthly.



#### **HUMAN NATURE**

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We hope our friends will remember that all money orders, American or International, must be drawn on the Postoffice at San Francisco, Cal., or through an Express Company, and made payable to Allen Haddock at 1020 Market street. Bank checks not accepted. Two shillings in British stamps received as one year's subscription, or 50 cents for United States and Canada.

When subscription expires, this square will be marked inside with an X.

#### To Subscribers.

If your paper misses delivery or you have removed, please acquaint us with the fact. If it stops because you failed to renew your subscription, don't sulk, but write to this office requesting its continuance and our mailing clerk will attend to the matter. Be sure, however, to inclose the amount of subscription so that HUMAN NATURE can wear a pleasant smile.

#### Back Numbers.

We charge 10 cents each for Back Numbers, to discourage slow renewals and carrying old stock.

Human nature is the same the world over.

#### Crowded Out.

Some splendid contributions are crowded out this month; they will appear next.

The tamous food reformer, Sophie Lepell of London replies to Professors Holt and Bean on "Vegetarianism a Delusion." Now for some fun with beef eaters., vegetarians and nut crackers in our next and future numbers.

Dr. Meacham will begin a series of articles on "The Temperaments" in January.

Prof. Alfonso will reply to Mr. Grey on "The Capitalist," and conclude his articles on "Trades Unionism."

"Our European Trip" will also be continued next month.

#### Return of Mrs. Haddock.

We take this opportunity of informing relatives and freinds—and their name is legion—that Mrs. Haddock returned from "Yurrup" Wednesday evening, Nov. 20th, after an absence of nearly six months, calling to see relatives in Massachusetts and in Ontario, Canada, on her way back. The following train, running at 60 miles per hour, collided with another train, killing and wounding many people.

#### TELAPATHY

We have not been very successful in establishing telapathic communication across seas. Although the strongest sympathy may exist between sender and receiver, there must be some other subtle condition necessary for perfect telapathic communications; even better results have been obtained from a cousin in Yorkshire, and from a friend and co-worker in in London, but nothing to boast of.

With these two honest, earnest workers we expect to act under a new regime, beginning January, of the new year. Probably mental pictures of objects can be easier transmitted than words at first. We propose to try and accomplish something yet.



We have just received as a gift five grand well-bound volumes of the Popular Phrenologist, from the commencement of January, 1896, to the end of 1900, by favor of and with the kind regards of the editor, Mr. J. P. Blackford, London, to whom is due our sincere thanks, and he has our best wishes for his indefatigable services to the cause we love. Subscription to Popular Phrenologist, 60 cents, postpaid; sample copy 5 cents. Popular Phrenologist and Human Nature, one year, \$1. Address Prof. Haddock.

#### Your Money Back.

Please read on page 13 of this issue the publisher's guarantee with the book, "Perfect Health, How to Get It and How to Keep It," price \$1. If at any time within three months from date of purchase you are dissatisfied, return the book and he will return the dollar in full.

#### Thanks!

Renewals and new subscriptions are coming in so the prospect is very encouraging. Human Nature is booming.

GRESHAM, Or., Oct. 16, 1901.

Dear Professor Haddock: Hav-

ing received my books in first class order, I take pleasure in thanking you for your immediate attention and prompt delivery. Wishing you success, I remain yours respectfully,

WALTER E. MOYER.

I regret very much I could not be one of the party to visit San Quentin when the class went. I intend to resume my lessons in November.

Eva K. Jacobs, Seattle, Wash.

HUMAN NATURE for the present month is a grand one. Mr. Sapper sends his kind regards. Yours fraternally, PROF. T. G. STARK, Spokane, Wash.

## PHYSICAL CULTURE.

BY J. P. BEAN.

#### Health Exercise.

True physical culture is the harmonious development to a state of perfect health of every part of the system. As the supply of blood and nerve force is limited, it is obvious that if one part of the system is overworked, thus drawing to that part more than its fair share of blood and nerve force, some other part must suffer in a corresponding degree. Or, if the acid-producing part of the system is over stimulated while the alkali-producing organs remain relatively dormant, the whole system presently takes on an acid condition resulting in colds, biliousness, kidney troubles, rheumatism, catarrh, skin diseases and other disordered conditions of the system. The indigestion of people who are greatly overworked is due to the fact that the muscles use up all the blood and nerve force, leaving nothing with which the stomach can carry on its tunctions. The man who works his brain too hard thereby burns up his vitality in his brain, leaving his muscles in a semi-starved condition.

It is a sad truth that the so-called "physical culture" of nearly all athletic clubs, as well as the systems taught at the colleges, are, in the main, far more likely to injure than to benefit those who practice them. While the heavy, violent work, such as football, weight throwing and lifting, horizontal and parallel bar work may produce a temporary strength and ruggedness of physique through excessive development of muscles, yet the very fact that certain sets of muscles are overdeveloped is proof that it is at the expense of other parts of the system, and this unbalanced condition is sure to ultimately result in a breakdown. Great athletes and professional strong men are not long lived. If their system of training were correct, all these men should, barring accidents, live far past the century mark. As a matter of fact,

none of them live much past threescore years and most of them die far short of that age.

The new and modern methods of exercise by which the muscles are all thoroughly stretched, and thereby moderately but evenly developed, while the glandular system is also correspondingly stimulated to vigorous, natural action, are of so recen date that their effects in prolonging health and life have not been fully demonstrated. But as far as tested their results have been most satisfactory. Weakened and diseased conditions which had resisted all forms of treatment have been gradually removed and perfect health restored. Men and women of 60 to 80 years, whose health had been poor for a long time, have been restored to comparative strength and vigor.

In this brief space it is impossible to give a description of these exercises, yet a good general rule is to carry no exercise to the point of actual fatigue, and to avoid all kinds that greatly tax the strength or endurance. Moderation should be the rule in all things—there is no safety outside of it. Try to get as many of your muscles as thoroughly under control as you can. It will surprise you to learn how imperfect the connection really is between your mind and your muscles. Very few of them are really to extent under control of your will. This is usually because some of your muscles are developed, while others are not, thus throwing your forces out of balance. Go to work on your weak spots. You will te surprised at the number you will find, and still more surprised at the improvement that a few months of good, faithful work will bring about. It can be done in your spare time, and will be time well spent.

Next month we will discuss some of the best ways of doing this. Perfect muscular control rather than great muscular development is the secret of real and lasting physical power.

One touch of human nature makes the world akin.

#### Thought Force.

"AS A MAN THINKETH SO IS HE."

It is now one of the recognized scientific truths that mental conditions have much to do with the physical health. He who cherishes harsh, evil, bitter thoughts is thereby poisoning his own physical system, and laying the foundation for sickness and general disorder of the body; while he who compels himself to put away all unkindly feelings and holds only good, kindly thoughts towards all is thereby creating within himself conditions of health and happiness.

If you ever hear a person express a belief in the general depravity of all mankind and the unfitness of things in general, you may set it down that he is either suffering from indigestion or his own actions require close watching. For the view that a man takes of the world is but the reflection of his own immoral condition. Your thoughts are radiations from your character. As they are, so are you. But some will say, "I just can't help hating people who do so and so." Can't you? Well, then, you must suffer the consequences of harboring evil, spiteful feelings in the shape of bodily sickness, and general discord and bad luck until you have learned to hold a feeling of at least pity towards those who may not be so much worse than yourself after all, when considering the conditions by which they are surrounded.

No one is expected to love or approve of certain things. But temper your condemnation with a large amount of pity for such miserable weakness; for, after all, he is your brother, and in him you see what you might easily have been with the same set of circumstances and conditions about you. Don't hold harsh, spiteful, evil feelings towards anybody. They only make matters worse by literally poisoning you and making discord all about you. Kind, happy, hopeful thoughts are the very essence of health and good luck. Keep your mind full of them as much of the time as you possibly can. You will thus be a centre from which will radiate good influences.





#### Modern Sensationalism

Careful thinkers, who look beneath the surface for the roots and causes of events, are substantially agreed in the statement that criminality is a gigantic and threatening evil. Its subtle and unappreciated power to demoralize furnishes strong reasons for some attempt to hasten the formation of intelligent public opinion regarding it.

While it is known that an ounce of prevention is worth many pounds of cure, society concerns itself greatly with the punishment of crime, but very little with its prevention. To pluck up here and there a thistle with the expectation of diminishing the crop, while the air which blows across the boundless mellow and fertile soil is thick with their winged seeds, would be no more illogical.

Everything grows by what it feeds upon, and positively, even if by unconscious degrees, takes on its quality.

The law of suggestion and the certain trend of familiarization are no less sure in their working than is any principal in physics or mathamatics. as is well known, the sanest minds cannot immerse themselves in a perverted environment without taking on a little of its slime and abnormity, what shall be said of unnumbered weak, immature, youthful and unsymmetrical natures who delve into a foul atmosphere which they inhale, absorb and become saturated with? What myriads of unbalanced minds dwell near the boundary line of some great temptation, crime, or disorder, who need but a little suggestive push to land them in the domain of overt action? What an abnormal gloating over horrors, and a morbid itching for notoriety is kindled! A thousand good deeds receive but little mention, but a crime is held aloft, magnified, spread out and turned about in the light, until it fills the mental horizon, and gradually becomes familiar, then natural and finally almost inviting.

Youthful and pure consciousness is stealthily invaded, perverted, and poisoned. The criminal is unwittnigly surrounded with a halo of romance, gilded with notoriety, and his likeness

printed upon the memory of unnumbered thousands. With impressionable natures a morbid heroism often becomes a consuming passion. possible and uncertain future penalty has little or no weight as a deterrent.

For the present it is as distant as the antipodes. It is well known that suicides come in epidemics in consequence of sensational examples.

These statements include but a few psychological hints which may be enlarged upon indefinitely.

It is both useless and unwise to hold the purveyors of the press responsible for the present conditions.

Even the lowest recent degradations of "yellow journalism" and the publishers of tragic dime and nickel novels, and penny dreadful issues are amenable to public opinion and Under the stimulus of demand. neighboring competition, theoretical "enterprise," but more than all upon demand, the present system has grown up by imperceptable degrees.

Doubtless many of the better class of journalists, who through the influence of prevailing conventions have gone beyond their better judgment, would welcome a change in public sentiment which would lessen the demand for such mental pabulum. Psychological laws are exact and untiring in their operation. This fact needs to come into intelligent and general appreciation, and it is to be hoped that clergymen, teachers, authors, philanthropists and all leaders of thought will inaugurate such an educational campaign. - Boston Metaphy'sical Club.

#### What Is It?

The deltoid, or shoulder muscle, when freshly removed from the arm, won't stand a strain of a ten-pound

In life a man can, by the aid of this muscle, hold at arm's length eighty pounds.

On a lift the muscle will stand a strain of a ton weight.

How's that? What is it? It is the Life Force! "All is mind?" No. it isn't, but a great part of it is.

#### New Offers for 1902.

Phrenology is the handmaid of Health. All true and practical Phrenologists we know, or have known, study Health, preach, teach and practice the laws of Health; but very few Hygienists appear to know much about Phrenology or Science of the Mind.

Dr. Gifford of Kokomo, Indiana, is an exception. His Magazine Hygeio-Therapy has a department for Phrenology.

The magazine is 75 cents per year; we offer it and HUMAN NATURE one year for \$1 10.

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HUMAN FACULTY is the most enterprising, purely Phrenological magazine in the world. It is Phrenology, and nothing else. Vaught, the editor and publisher, is a very earnest worker, an original thinker, and also quite an artist, drawing his own illustrations. He has struck out on new lines, and made a very great impression, driving home and clinching his arguments in pat illustration; \$1 per year, with HUMAN NATURE \$1 25.

HEALTH, published by Dr. Burke, is remarkable for expounding New Thoughts on Health lines, and striving to make the world better by a recognition of Natural Laws and living up to them hygienecally, morally, socially. \$1 per year, or with HUMAN NATURE \$1 25.

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Neighbor-I saw the doctor cal at your house this morning. Is your father very ill?

Boy-Not yet. The doctor only came to-day for the first time.--Tit Bits.



#### How Not To Do It.

BY C. P. HOLT.

The Board of Education, of the Educational department of Stanford University, seem to be hungering and thirsting after knowledge of child nature which is also human nature.

Presumedly, never having had their attention called to Phrenology as a key to character reading, the gentlemen comprising the said Board of Education have devised a scheme to decide the character and capabilities of the school children of San Francisco, which for downright stupidity and sublime impudence would put to blush a waterfront hoodlum.

The method adopted and acted upon, was to send circulars to teachers and parents, asking questions regarding the children and home. The circular issued to teachers asks them to tell of the home surroundings of each child under their tuition, as to moral, intellectual, artistic and financial standing; then to state which child in a family the teacher thinks is the brightest and best, affixing the name of each family to each and every report.

The circular to parents asks a long string of impudent, personal questions about the family's private affairs, and the family tree, winding up by requesting the parent to state which of his children he thinks the most virtuous and the most capable.

It does not require much knowledge of human nature to predict that if the school teacher is not very careful about answering the questions put to her in the circular, she will puncture a domestic hornet's nest and receive the punishment which an irate parent can bestow.

The circular to parents ignores the maxim that "every crow in the woods hatches white babies." "Comparisons are odious," and never more so than in family life. The parent who would put on record that John is stupid, while James is bright; that Mary is virtuous, while Sarah is evil-minded, would deserve to be kicked out of the community by a drove of donkeys.

The best way to discourage a child is to call him stupid, and a good method of sending a boy to the bad is to suggest that he is already evil-disposed; besides this, the reflection upon his parentage is something a sensible parent would hesitate to record. Altogether, a better way not to do it, could scarcely be devised than the gentlemen of this Board of Education have concocted to learn the lesson of child nature. They are looking everywhere, but in the right place, for the hidden jewel.

They are interested in discovering the character and capabilities of different children as compared with each other and the adaptability of each child to certain studies, and the best method by which he should be trained. This is something which every parent and every teacher of children should know. There is one, and only one way, by and through which, this knowledge can be obtained, and that is by studying the child Phrenologically, and not by studying the father's pocket book, or the mother's wash tub.

Every child acts in accordance with its organization, just as a duck swims, because it has web feet. The child, and the man, carries his colors at mast head. His character and his capabilities can be read by aid of the Phrenological key, just as the planets can be read by aid of the astronomical key, or the earth's strata, age, and formation can be read by aid of the geological key.

It would be well for the Stanford University Board of Education, and all others interested in child culture, to take a peep into Dr. Josef Gall's system of Phrenology. "It would fra many a blunder free them, and foolish notion."

First Financier—Are you getting much out of that new oil well?

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#### The Way of the World.

The world is well lost when the world is wrong,

No matter how men deride you.

For if you are patient, and firm and strong,

You will find in time (though the time be long)

That the world wheels 'round beside you.

If you dare to sail first o'er a new thought track,

For a while it will scourge and sccre you;

Then, coming abreast with skillful tack, It will clasp your hand and slap your back

And say I was there before you.

#### Evening Class.

Our Evening Class, just closed, was composed of earnest and sincere investigators. Some of their essays appear in this number. Judge for yourself.

Our next class will commence Thursday, evening, January 9th, 1902. Please make early application for seats.

Terms very moderate and must be paid in advance.

PRIVATE LESSONS.

Individual instruction given during the day or evenings by appointment.

See page 16—last page in this number.

#### A Curiosity—The Lustful Turk.

A book entitled "The Romance of a Harem," has been announced for publication by Greening & Co. The publishers have received the following letter:

Monsieur Greening
who makes books
Court
Cecil Charing Cross Road
London
England.

Monsieur

I told you going to write a book about harem in Constantinople an our great Sultan Abdul Aziz. If you write one word to abuse great man and mock our harem I make our Seraskier speak to your King who put you in prison.

Destour Abdul Ali Mahomet





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Dr. English is also the author of "Plain Talk to Young Men," a very good work indeed that every young man ought to read. Over 4,000 have already been sold and the fifth edition is selling rapidly. This book is also \$1.00, and it is a very valuable well-bound book.



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# Monday

AND

Thursday

THE

California

Limited

ON

Santa Fe

This Great Train runs but twice per week during the summer.

Leaving at 9 a m., it arrives in Chicago at 2:15 p. m. on Thursdays and Sundays.

Its high standard of service is fully maintained.

Santa Fe Trains. Leave Market Street Ferry Depot.

	Local Daily		Ovrl d Daily	
Ly Sin Francisco	7.20 a	9.00 a	8.00 p	4.20 p
Ar at Stockton	1018 a	11.45 a	11.10 p	7 18 p
" Merced	2.22 :	1 17 p	1.19 a	9 11 p
" Fres o	205 p	2 35	3 05 a	10.50 p
' Hanford	3.12 p	3.27 p	7 06 a	
" Visalia	3.40 p		4.48 a	
" Bakersfield		5 20 p	7.80 a	
" Kansas City			7 15 a	
" Chicago				

a for morning. p for afternoon, \*9 a.m. train is the California limited, leaving Monday and Thursday only, carrying Palace Sleeping Cars and Dining Cars through to Chicago. Chair Cars run to Bakersfield for accommodation of local first-class passengers. No second-class tickets are honored on this train. Corresponding train arrives at 5.55 p.m. Tuesday and Friday.
4:20 p. m. is Stockton and Fresno local. Corresponding train arrives at 12:30 p. m. daily.

8:00 p. m. is the Overland Express, with through Palace and Tourist Sleeper, which cuts out at Fresno. Corresponding train arrives at 5:55 p.m. daily.

7:20 a. m. is Bakersfield Local, stopping at all points in San Joaquin Valley. Corresponding train arrives at 8:40 a. m. daily



Ferry Depot, San Francisco; III2 Broadway, Oak-

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