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The Harbinger of Light

Everyman's Digest
of
Psychic Science, Healing
and
Spiritual Philosophy

•
Edited by
Rev. J. T. Huston, N.D.

LEADING FEATURES

Transportation of Mrs. Guppy
Photographing the Past
How to Develop Psychic Powers
Planchette as a Medium
Spiritualists' Hospital in Brazil
Mental Healing

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hail the day"*

THE Harbinger of Light

FOUNDED 1870

EVERYMAN'S DIGEST DEVOTED TO
**Psychic Science, Spiritualism, Healing, and
Spiritual Philosophy**

Editor

Rev. J. T. HUSTON, N.D.,
Box 64 A, G.P.O., Adelaide, S.A.

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THE ASTONISHING TRANSPORTATION OF MRS GUPPY

By W. H. Evans

Reprinted from "The Two Worlds"

It is curious to note that there were two mediums with this name, and both were physical mediums. But the one we are concerned with is the girl who was discovered by Alfred Russel Wallace, O.M., in the house of his sister, Mrs. Sims. Mrs. Guppy, or Miss Agnes Nichols as she then was, proved to be a powerful medium, though at first results were more powerful when she and Mrs. Sims sat alone. One unusual feature was that the phenomena continued in the room for a time after the seance had been held, which seems to suggest that a room can be charged with "power."

Mrs. Guppy was psychic from childhood, and she was accustomed to see phantom forms. Her development went on under the watchful care of the great naturalist, Alfred Russel Wallace. The phenomena comprised raps, movements of objects and levitations, apports, the passing of matter through matter, and materializations. Although Mrs. Guppy was a big woman and no lightweight, she was often lifted on to the top of the table in her chair. Flowers and fruit were often brought to the seance room. At times the requests of the

sitters were complied with, as when one guest, a friend of Alfred Russel Wallace, asked for a sunflower, and one six feet high, with masses of earth around the roots, was brought to the room. In Sarjeant Cox's house a mass of snow and several hothouse flowers were brought into the seance room. It would be interesting to know how the sceptical ones, who try to explain away every form of psychic phenomena as being due to fraud, would account for this!

Would they suggest that the medium carried a portable refrigerator under her skirt? For the snow was fresh and white when put upon the table. Sometimes the sitters made mental requests, the mere wish of a sitter being acceded to. Thus, on the mental request of the Princess Marguerite, at Naples, several specimens of prickly cactus were brought into the room; while on other occasions stinging nettles and rank-smelling flowers were apported. Mrs. Guppy's power was very strong for the production of phenomena. Thus, when the Duchess of Arpino asked for seaweed, it immediately splashed down on the table with sea water and two star-fishes amongst it.

This variety of apports, of a nature impossible to conceal about the person, set the seal of genuineness upon the mediumship of this capable sensitive. Perhaps one of the most remarkable and most beautiful of these apport phenomena was a shower of butterflies that descended from the ceiling. Indeed, the richness and variety of the apports were very striking. On one occasion, when a Mrs. Berry was sitting with them, a shower of feathers fell upon the company. Mrs. Guppy mischievously asked for tar, and Mrs. Berry rushed from the room well tarred and feathered! This caused an estrangement between them that lasted for several years. As a practical joke it was uproariously funny, but hardly in keeping with the courtesies of friendship. Doubtless a scienti-

fically minded person would have been too interested to be annoyed!

After her marriage to Mr. Guppy in 1867, they resided for several years on the Continent. It is of note that the first psychic "extra" was obtained by Hudson (the first spirit photographer) through her mediumship in March, 1872, and, following this, came materializations. Many readers will perhaps remember Mrs. Guppy for her transportation across London from her house at Highbury to Lamb's Conduit Street, a distance of three miles. A seance was being held, with Herne and Williams as mediums, and Mr. Harrison, one of the sitters, humorously asked the unseen workers to bring Mrs. Guppy to the seance room. Shortly afterwards Mrs. Guppy, partly disrobed and without shoes, was found on the table in a state of trance. It was a sensational experience, and many doubted its reality, but the testimony of the sitters was unshaken.

A classic instance recorded in the New Testament is that of Philip, after he had baptized the Ethiopian in a pool by the road south of Jerusalem. The account reads: "And when they were come up out of the water, the Spirit of the Lord caught away Philip, that the eunuch saw him no more . . . But Philip was found at Azotus" (Acts 8: 39, 40). Azotus is about forty miles from Jerusalem. Some will believe the old account, but refuse credence to the new, but both phenomena are similar and due to the same laws.

Mr. Guppy being a wealthy man, Mrs. Guppy had no need to charge for her seances, thus the usual motive ascribed for fraud was absent. This puzzled Frank Podmore, who thought every medium was fraudulent. He writes: "Mrs. Guppy, even during the few months in which, as Miss Nicholls, she practised as a professional mesmerist, can scarcely have found her incentive in the hope

THE PLANCHETTE AS A MEDIUM

By C. A. Orwin

In "Psychic Research Journal," June, 1939

There are many people interested in Psychic Research, or the investigation of Survival, through Spirit communication, who do not possess any of the gifts of ordinary or advanced mediumship and therefore have wholly to depend upon the mediumship of others, for the information and proofs they are so desirous of receiving.

Yet, whilst there are some excellent and reliable mediums, from whom they can get satisfactory messages and sometimes startling proofs, there is ever present the great wish that they could get messages direct, for themselves, by their own effort.

This is only natural, for to be able to communicate with Spirit friends direct, is vastly more interesting, and must mean so very much more to the person who receives them.

To these earnest people, and there are many in the country and elsewhere, where mediums are

of gain. On the assumption of fraud, the mere cost of the flowers lavished upon her sitters must have swallowed up any probable profit from her increased mesmeric clientele." And even such a motive would have ceased with her marriage.

Mrs. Guppy died in December, 1917. One of the puzzles with regard to apport phenomena is where the apports come from. Many have expressed grave doubts as to the morality of such proceedings, but the unseen operators are generally careful that no one suffers as a result of such gifts. Readers of my article on Mme d'Esperance will remember the case of the Golden Lily apported by Yolande, and her insistence that it was only borrowed, and must be kept in the dark till they had the power to return it. This suggests that the unseen operators are careful from where they gather the various articles they bring to seances.

not always available for research work, I would suggest trying with the Planchette.

This suggestion may not win for me any favour, for there are many mediums and writers who consider this form of mediumship most elementary, and others who define it as simply a harmless pastime. It may be that these folk, having other powers, have no need for this instrument and have not tested it out.

These opinions, however, do not detract in the slightest from its value, to those who have successfully used and proved it.

There are quite a few points in its favour. It is easily and cheaply made, and can be used in the comfort of the home at any time, with friends or alone. It absolutely does away with any arguments as to the exact wording received from a medium, for one does not always hear distinctly and parts of a message are so easily forgotten.

With the Planchette every word is written on paper, and if signed and dated by the sitters, at once becomes a documentary record of all that was received at each sitting, and can be referred to years later.

Much of the writing can be identified by those knowing the writer, and with a good control, you can ask unlimited questions and sit as long as you like.

For very many years I have been interested in investigating survival, and matters pertaining to the Psychic Realm, during which time I have sat with scores of mediums of widely varying reputations and powers. From some of these I have received undoubted proofs, but none greater than those received over the same period through the mediumship of the Planchette.

Some Interesting Evidence

As an interesting example of its accuracy under a good control, I will give as briefly as possible

details of two or three sittings, selected because at each of these sittings there were several others present and another person had a hand on the Board with mine.

The first sitting I ever had was in Melbourne some years ago in the month of February, at the home of a Mrs. G. at Kew, where I was persuaded to sit with an elderly lady, till then unknown to me.

We sat one each side of a small table, our hands on the Planchette, with fingers pointing tip to tip. My grandfather came, wrote my name, his own name and in a message to my mother, her name. He then wrote that . . . "You are going to Sydney . . . not for a holiday, but to work . . . under the N.S.W. Government . . . in the L—— Department . . . at a salary of £—— per annum" . . . asked when, he wrote, "In November." As I was then happily situated in a good position in the Victorian service, and had not the slightest intention of leaving, I treated the matter as so much "bunk" and forgot it.

However, during October of the same year, my attention was drawn by others to an advertisement appearing in the Melbourne papers re a position in the N.S.W. Government service. After fully considering the matter, I decided to forward an application for the position. "In November" I received a telegram stating that I had been appointed by the N.S.W. Government . . . to a position . . . in the L—— Department . . . at a salary of £—— per annum.

Before leaving Melbourne, Mrs. G., of Kew, called in to say good-bye, and produced the original writing of the Planchette and there, word for word and figure for figure, the whole of the message, as written in February, nine months before, was correct. (I had never seen my grandfather. He passed out before I was born.)

PHOTOGRAPHING THE PAST

By Douglas Hunt, M.A.

In "Prediction"

It must be nearly fifty years since Dr. Baraduc made in France the first tentative thought-photographs. He achieved a considerable measure of success. To-day the French Press is ringing with a far more remarkable experiment in thought-photography by an Englishman. He has photographed the past! George de la Warr, civil engineer, has been working with five other Oxford researchers on the subject of wave-like emanations from the human body. "Les Amis de la Radiethesie" devotes considerable space to his work as President of the Radionic Society, and to his statement that "we have succeeded in putting the science of radionics on a solid scientific basis." It is, however, in "Le Paris" that the full story is given — as it has been in the British Press — of his most astounding achievement.

To photograph a scene in the past it is necessary to have measured the exact wave-length of the person concerned. This precludes for the present the possibility of photographing people who have died before the method of measuring their wave-lengths—which remain constant throughout life—was discovered. Mr. de la Warr last year projected on a screen, for the distinguished members of the Psychosomatic Research Association, who include a number of experts in Radar, a photograph of his own wedding, which took place in 1928. The experts agreed that the plate on which it was taken was of a type unknown in that year, and that the photo could not possibly have been a copy of an earlier one.

Mr. de la Warr further claims that it will be possible for his apparatus to photograph thoughts, and he is collaborating with Dr. Arnold Taylor, President of the Association, in this research. Dr. Taylor, who was also Vice-chairman of the first Congress of the British Society of Dowsters last

year, has constructed a machine for making medical diagnoses by measuring the effective range of the individual emanations mentioned above. Atomic scientists have confirmed the theories on which this work is based. Further research in this direction opens up amazing possibilities — not all of which can be regarded with complete equanimity.

It is perhaps worth mentioning that a Teacher whose pupils are to be found in all parts of the world, foretold many years ago that the second half of the twentieth century would see discoveries in the realm of the science of thought which would equal those made in the world of physical science during the first half.

Reference is also made to Mr. de la Warr's researches in "Esprit-Matiere," which combines a fresh — and refreshing — approach to social, political, and economic problems with some interesting studies of matters of interest to all Occultists.

An article on the question of healers, which has been much to the fore recently both in France and in this country, states that the healers of France are banding themselves together to secure recognition of their right to cure. In almost every case the healer is willing, nay eager, to work with the qualified doctor or surgeon. Fortunately, there are not a few of the latter who are beginning to recognize the value of their less "orthodox" brethren.

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As notified in the April issue (p. 17) subscriptions and donations will be acknowledged in the "Harbinger" (see page 30). Should a receipt be desired please enclosed 3d. stamp.

SPIRITUALISM EMBRACES ALL REALMS OF NATURE

By Rev. Alfred H. Terry
Pastor of the First Spiritualist Church,
Washington, D.C.

In "The National Spiritualist" (U.S.A.)

The religion of Spiritualism in its broadest sense is a knowledge of everything pertaining to the spiritual nature of human beings. It is a science, a religion, a philosophy, and embraces the whole realm of nature.

It demonstrates the fact that death is not the end, but an entrance into a spiritual plane of existence, from which it is possible to communicate with those still in earth life. It brings comfort to the bereaved, removes the fear of death, and reveals the spirit world as a life, in which progress is the keynote of existence. It teaches the use of the healing power of the spirit, by which the ills of the flesh may be overcome. It reveals the divinity of work, the magic of effort, that every man can become the master of his fate, the architect of his destiny. It encourages the development and expression of those spiritual powers which bring one into conscious and intelligent communion with the spirit world.

This is one of the characteristic features of Spiritualism, which distinguishes it from all other religious systems, in its demonstration of man's spiritual nature, and its continued existence after death. Thus Spiritualism reveals that the time of miracles has never passed; in fact, there is now dawning a period in which greater revelations of the spirit will be revealed than ever before in the world's history.

Spiritualism reveals the way of deliverance from evil by education, the enlightenment which truth brings. It teaches the law of cause and effect is absolute, not only in regard to earth life, but also of the spirit world. That good acts result in

good and evil deeds in evil, the effect of which man experiences both in this life and the existence after death.

A conflict between Spiritualism and Science is impossible, as every discovery of science but establishes the basis of the teachings and revelations of Spiritualism on a firmer foundation: this is no doubt why so many of the world's leading scientists are Spiritualists. Modern Spiritualism from its very beginning has taught the equality of the sexes. It recognizes woman as the equal of man and it seeks to awaken her to her wonderful possibilities. It gives a practical demonstration of its recognition by ordaining her to fill its rostrums as an exponent of its philosophy and a demonstrator of its phenomena. This great religion, with its divine revelation, is growing more and more into the limelight of the world's interest than ever before. Its consoling religion, enlightening philosophy and convincing phenomena are reaching people in various parts of the world and bringing them into closer harmony with God.

Spiritualism has entered the realms of religion, philosophy, science, art, the drama, and the most acceptable literature of the day. Great minds, leading thinkers, have been touched, aroused, and convinced of the sublime reality of its teachings. No doubt one of the main reasons for this great progress is that the vital question, If a man die, shall he live again? is more fully and more satisfactorily answered with evidence which must convince every honest investigator. Another fact which impresses the mind of the liberal thinker who investigates Spiritualism is its great scope, its broadness; it has no set limits, but is boundless in its expression of wisdom as truth is infinite.

Here at last is a religion which embodies the essence of science and philosophy, wherein there is room for the growth and development of every man, no matter what his religion may be, for in

Spiritualism he will find all the vital facts of his faith and much more besides. Here is a religion which reveals that the heavenly life cannot be bought, neither can it be attained by any kind of bribery, but only by good deeds can it be realized.

The "open sesame" to the heavenly life is right effort directed by intelligent thought; this, and this alone, will open up the way, reveal the path to the kingdom of the spirit within whose gardens the immortal flowers of the spirit bloom, whose beauty enchants the mind, whose fragrance enriches the heart. A religion which lifts the curtain man, in his ignorance, has hung between himself and God, revealing those treasures of the spirit which the shifting elements of time cannot destroy or thieves break in and steal, or moths or rust corrupt, for they are enshrined within the power and majesty of eternity.

SPIRITUALIST'S HOSPITAL IN BRAZIL

By David Bedbrook

(International Spiritualist Federation)

The most outstanding country with respect to Spiritualism is Brazil, David Bedbrook declared. "In Brazil, when people become Spiritualists, they become one hundred per cent. Spiritualists," and he backed this up by adding: "I recently heard that in a small town of only 27,000 inhabitants there has just been erected a hospital for spiritual healing. It has 166 beds, and is staffed by doctors and nurses who are all Spiritualists."

In such great esteem are the Spiritualists held in Brazil, said Bedbrook, that the Government has offered to help them. This statement was greeted with loud applause, as was the following remark by the speaker that Brazilian Spiritualists were allowed to broadcast.

Thirty-seven psychic papers were circulated in this vast country every week, and, as far as Bedbrook had been able to ascertain, there were something like one thousand Spiritualist periodicals in the world.

HOW TO DEVELOP PSYCHIC POWERS

By Paul Miller

In "Psychic News"

Horace Leaf has attempted the impossible, and has very nearly achieved it in his book, "What Mediumship Is."

I do not suppose it will be given to anyone on earth ever to understand fully all the varieties of mediumship and their manifold ways of manifesting. But, within the limits Leaf has set himself, he has given a very good summary of mediumship as practised to-day by Spiritualists all over the world. And while our truths are spreading at increasing pace, it is well that our writers should concentrate on showing that we are working in a natural sphere governed by natural laws which must be obeyed before they are conquered. If we are to prove to the world that we have a teaching of endless benefit, we must explain very simply our reasons.

Leaf has chosen to explain, rather than to expound, and to appeal to reason rather than to raise controversies. And when he has described each main type of mediumship, he tells how that particular faculty which produces it may be developed, from astral travelling to clairvoyance and healing. If there is any criticism, it is that Leaf has not taken full notice in this book of the very many excellent mediums, of whom he is one, and the work they are doing daily.

There is hardly any kind of mediumship that is not practised generally throughout England and America, yet I find very few acknowledgments of that fact. But perhaps he did not want to mention one in case he would be accused of partisanship. Still I would rather have had that than give the impression that nothing new has happened since the days of Eva C. or Hope of Crewe. Leaf has travelled widely and has met with corroboration of psychic teaching all over the world, showing again that we have everything to gain by

spreading our teaching over the widest possible sphere. For wherever there are men and women, and children, there are mediums. And where there are psychics they ought to be taught how to develop the powers by which we make and maintain contact with the Spirit world, thus proving survival and all that depends on it.

"What Mediumship Is" is a very good book to have ready for the eager enquirer and the sceptic.

WELL DONE, EDGAR WALLACE!

Edgar Wallace once told some Fleetwood "Christians" what he thought about present-day Christians — of course including themselves, says "The Christian Spiritualist." Someone had said that Mr. Wallace was "a sinner," and not worthy to speak on a religious platform, and he answered:

"I am a sinner. I go to racecourses and mix with coarse men who use coarse language. I make money out of the theatre, and lose money in it. You are practising Christians, and this is what I cannot understand about you. Why are you afraid to talk about Christ? When someone at lunch mentions Christ, why does everyone look uncomfortable, cough, and change the subject? Do you really believe these things? Is it that you are shy, or that you lack faith? I believe it is because Christ is the Great Taboo.

"I believe the trouble of the Christian world lies in its trying to accept both the Old Testament and the New, and you cannot reconcile the two.

"Christ destroys the God of the Old Testament, the Jehovah who was so small and mean that He would strike poor people with leprosy. Christ showed that the real God is love, good fellowship, and beauty of intent. I think the time will come when we shall discuss Christ as freely and proudly as we discuss Nurse Cavell or any other national hero."

MENTAL HEALING

In "Spiritual Vision"

Let us first of all admit that the patient is sick in mind. Nothing exists in physical form without it first exists in mind, and though the thought of disease may not have entered into the earthly consciousness always it exists in consciousness. But we are not dealing here with the philosophy of sickness but rather of the practice of healing. The first step then in the actual healing is to bring the thought of health into the mind, to dispel the thoughts of sickness. The mind of the patient must be directed into a new path, and recreated in hope learn to think thoughts of health. The following method has been practised by many healers with great success.

Stand behind the patient and place the hands lightly upon the head, then seek to enter into the mind of the patient. Thought must be concentrated. Imagine the mind of the sick one as a garden into which you are dropping seeds of health. These will germinate and bring forth their own fruit: but that is not in your present care. You have to think, seriously, with whole mind and singleness of heart in an effort to create a thought-area of health around the patient.

Visualize yourself as a channel through which power is pouring: send your thoughts heavenward and see yourself linked up with rays of power which you may visualize as light rays: or expressed in colour they will be violet, blue or gold according to the realm of power from which you draw. See these rays passing through yourself and pouring into the patient. As you place your hands on the head, the rays contact the sick one mentally. Becoming at one with the patient you concentrate on the thought of Health — Wholeness, Harmony: "I am linking up with the Source of all Wholeness: I am drawing upon Spirit for healing. I put aside all foolish sick thoughts and I think of beauty, harmony, perfection. By thinking of these I shall

become whole, in harmony, perfect. I am drawing into myself health, strength, power for all my need and I am becoming refreshed, filled with courage and strength to overcome."

If the patient seems to be disturbed, then it is necessary to concentrate on a state of calm and tranquillity before drawing upon healing power. Think tranquillity into the disturbed waters of the mind. By the power of your own calm, your own serenity project placidity into the ruffled mind. Or you may sense other thoughts—thoughts of anger, disbelief, bitterness; it is well to attack these each time first—just as you would pull up the weeds before planting flower seeds. These are the weeds of the mind, and like weeds, there is likely to be a plentiful return, and such a patient needs a tranquillizing prelude to healing. Music is good if of a tranquillizing vibration: or a short service is a wonderful preparation for healing work. But not idle conversation or foolish chatter. If a person is afraid, their fear will be more quickly dispersed by a simple prayer showing that the healer puts his trust in God, has no uncanny powers, but just relies on the power manifested by the Christ Physician.

BENEATH THE PAVEMENT

By C. M. Bowning

This book, by an Australian author, is based on actual facts, and is a most suitable gift book for Christmas and the New Year.

The stories are named, respectively: Windycliffe, Sanctuary, The Player of the Flute, Lighted Banners, The Dark Road, Ghost Gulf, Night Journey, Three Stripes, The Vigil, He Died at Tobruk, On the Lonely Shore, Lighten Our Darkness.

Obtainable from Mr. C. Neil, 8 Hatfield Waruda Road, Kirribilli. 4/9, postage free.

RED EAGLE SPEAKS TO YOU THROUGH HIS MEDIUM, RONALD STRONG

Reviewed by Margery Lawrence

Here in this book, Red Eagle's first full-scale publication, are contained the cream of his teachings, lectures, discourses of various kinds, given out during the past years. Some in public at the Royal Albert and Wigmore Halls, London, the Usher Hall, Edinburgh, St. Andrew's Hall, Glasgow, the Holdsworth Hall, Manchester, and many other famous halls all over the country; others at his regular teaching circles at the Red Eagle Lodge in London, or at discussion groups.

The selection from Red Eagle's teachings to be found in this book have been made so that his friends and followers may be able to have a permanent record of these teachings, and so that other enquirers into this vast subject that we call Spiritualism may be able to read them, and so advance in knowledge of this truth, this great truth that not only proves beyond any possible doubt the survival of individual man, but teaches the laws that govern the whole of man's being, human and divine.

I am proud that I have had the privilege of working for so long with Red Eagle, and I am glad of this chance of acknowledging my debt to him, for so much kindness, wise counsel, and help in every way in my personal life during those years. And I hope that these few words of mine (though in the light of my own knowledge of this guide's greatness they seem almost patronizing!) may help a little towards giving his book a send-off upon its way — as a minor spectator on the quay may wave "God-speed" to a splendid ship as it goes down the slipway towards the vast ocean of its destiny.

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SPIRITUALISM AND SPIRIT COMMUNICATION

By Rev. Joseph P. Whitwell

In "The National Spiritualist" (U.S.A.)

It is the common belief among the majority of people, that a belief in and practice of communicating with the friends who have passed on into the Spirit side of life, constitutes what is known as Spiritualism.

A greater mistake than this in regard to what Spiritualism really is, could hardly be found either by logic or analysis, but it is a misrepresentation, that is being deliberately perpetuated for reasons best known to its instigators.

To our minds and in our judgment, this is being done for the purpose of keeping the public in ignorance of the real facts of life, and for fear they might learn too much. Whether the part of Wisdom is better served in this manner or not, is a matter of opinion at the present time, but may in the near future, be made a matter of discussion and careful consideration.

A very, very Rev. Minister was once asked by the writer, if his church was not aware that communication with the friends in the Spirit-World was quite possible. His Reverence replied, "Certainly, we know it." "Then why do you not teach it?" was asked. "We do," was the reply. "Yes, you do, but so veiled that your people do not understand. Why do you not teach it openly and understandably so that people may know and use it wisely and well?" He replied, "The world is not ready for it." And what, we ask, has been attained by twenty centuries of covering and hiding and denying the truth?

The National Spiritualist Association has defined Spiritualism as being "The science, philosophy and religion of continuous life, based upon the demonstrated fact of communication by means of mediumship, with those who live in the Spirit-World."

The value of spirit communication depends upon the purpose for which it is used. It is the old question which has perturbed the world many times and has been the cause of more misery, suffering, bloodshed, and war than any other question that man has been called upon to decide. "The Priest and the Prophet." Which shall prevail? Which shall succumb? Must this all-important question remain for ever a point of dispute and antagonism, even as disputes between nations on earth have been? or will the wisdom of men and angels finally bring "the priest and the prophet" to an understanding that this is a Law of Nature, a Law of the Universe, a Law of God, and as such, can never be destroyed. Both are needed, each to take his place in the growth, progress, and unfoldment of the human race towards Wisdom. The prophet to retain the contact, to bring the communication, to present the proof. The priest with spiritual insight and understanding to interpret so logically, so clearly, so understandably that all who run may read. That the little child may start life with a correct understanding of life and its responsibilities, and his own responsibility and duty to life, to his brother man and to God.

With such an understanding he could then start his pathway of life along the ever-continuing pathway of truth. He would find that the laws of life on the material plane, fit in, in perfect harmony, with those of the Spirit World, and synchronize perfectly, with all that he learns through research of science, philosophy, and religion. He would cease praying to God as an outside force to do things for him, and with his higher understanding would assert his right, his duty, his privilege to do those things for himself, which we to-day have been asking and praying that an outside god do for us. In this way would we prepare, in a more perfect manner, the human organism of our own body, to become the channel through which God may speak to man through man.

TALKS WITH CHILDREN

One of a series of talks with children from the spirit world by Shyam Kischinchand Nagrani by automatic writing through the hand of his father, Mr. K. H. Nagrani In "The National Spiritualist," U.S.A.

Little friends who read this, wherever you are, greetings from Shyam, greetings from his other friends on this side. We are deeply interested in you. We love you. We want you to be happy, to be very happy. Only two years back I was also a child on your side. An attack of typhoid took me away. After an illness lasting sixty-three days, I passed over.

I shall tell you what I felt then. My father (what a fine father!) was by my side. I felt I was sleepy. So I said, "Please go away, go, go." Then I fell asleep. The sleep was so refreshing. I had never slept so well. Several hours thereafter I got up. I was surprised. I was in a strange place. It looked like a hospital. There were kindly faces around and they made enquiries about me. I could not understand what had happened. So I asked them why they had brought me here. One man said, "You have come here, yourself."

I was annoyed. How could I have come myself. I was ill. But now I seemed to be all right. That was much better. But how to get back home. So I threatened them. I said, "You do not seem to know. I am the son of a very prominent advocate. You have forcibly brought me. You will get into trouble. My father won't leave you. Take me home and I shall have you rewarded." They smiled and I was very angry.

Then I saw an old man. He looked like the figure I had seen in the photograph of my grandfather. He said, "Child, I am your father's father." I said, "Are you the same whose photograph I have seen with my mother?" He said, "Yes." "But then how are you here? You were dead. Am I also dead?" My grandfather did not reply. I felt I was dead in that fever. I knew people sometimes die.

But then I felt very well. I was able to understand everything. My body was once again feeling better. How was this death. I had more energy than in life. So I said, "Why are people afraid of death? Why do they fear? Death is nothing. It has no pain, nothing." And as children the greatest thing we fear is death. So never fear, never, never. Death is nothing. It has no horrors. It has no agony. It was a peaceful sleep. And on waking up I was better attended to than in life.

Therefore my first tip to you is never fear. Death is nothing. Be fearless. Be afraid of no one. Only be afraid of sin, of evil things, of ignoble deeds. Always remember your father, mother, and the Divine father. Would they approve of what you are doing?

That is the first. Kill fear for fear kills.

EPIGRAMMATIC TRUTHS

By Dr. McIvor-Tyndall

In "Psychic Observer"

"No human being, be he millionaire or labourer, can get more out of life than health, happiness, and soul development, and these are not purchasable with money."

"Money is not power, however much we try to make it so. Without the will of Man, money can do nothing."

"The realization that one is in the world and yet doing nothing toward the betterment of the world, is all the Hell one need fear."

"Prayer, in the sense of the soul's desire for wisdom, is always answered. Desire for better and higher things is never unanswered, but be sure that you are not longing for a bauble when priceless gems are within your reach."

"The word punishment, and all it implies, should find no place in the ethics of civilization."

"There is no such thing as age to the soul. The body wears out, like any other machine, but 'I' was never born and can never die."

"Regret is the grave-digger of Hope and Attainment. Life is but a school. Mistakes are our lessons. Learn from your mistakes, but never, for one wise moment allow the poison of regret to enter your mind."

"I have more respect for the highway robber who dares to hold up a stage-coach than I have for the social hypocrites who pretends one thing, while he thinks another. Courage, even though it be misdirected, is in itself a virtue."

"Love and kindness are never wasted, even when the object of our love appears ungrateful. The ability to love deeply; to feel kindly; to realize compassion and sympathy; in the face of misunderstanding and misrepresentation contains its reward within itself."

"The visible universe is but a reflection of the invisible. It is out of the invisible that all, we cognize with our physical senses, comes. 'Imagination,' says Paracelsus, 'is the workshop in which is formed sidereal entities.'"

"The universe is evolved, sustained, and spiritualized through Love. The recognition of this fact is the point of unity between all religions, all philosophies, and all science. When every person perceives this truth, there will be no more talk of 'race' or 'class,' of 'heathen' or 'believer.' We will know that each and every human being is striving for the same goal."

"We don't own each other. Neither parents their children, nor wives their husbands; nor husbands their wives; nor employers their employees. Let us drop the prolific use of the possessive pronoun 'my'."

"Liberty is not licence any more than happiness is dissipation."

During the centuries, man has grown in intelligence, in science, in art, and in the comforts of life. Is it not time that he now takes a step forward in the great art of understanding religion?

THE STORY OF HOW A LOST PET DOG WAS RESTORED BY THE HELP OF FRIENDS IN THE SPIRIT LIFE

The dog is a beautiful Border Collie, black and tan, with a white throat, chest and paws, and a white plume on the tip of his tail. It is customary to give him a run in a familiar locality in open country, but, on this occasion, it was decided to change the locality to one near the Port Hills.

He was following our motor car, but on reaching the top of a rise we discovered that he was not with us, and we presumed that he had become frightened by a drover and his dogs, and had run off in another direction. As he was nowhere to be seen, we asked some residents not to shoot him if he wandered on to the hill, but to telephone us, and receive a reward. We were greatly distressed, and sent forth prayerful thoughts for spiritual assistance in finding him.

Some hours later we were impressed to return and renew the search, and in doing so found ourselves on a narrow- ice-covered road in a valley, with little room to turn, and while we wondered if we had made a mistake and were on the wrong road, the dog suddenly appeared in the distance, and came running towards us in response to our whistle. It seemed miraculous, and our gratitude was very sincere.

On returning to our home we consulted the planchette, and received the following written spirit message:

"We were with you this afternoon. We helped you with the dog. We guided. We wanted you to go well into the hills to another valley. The dog went across the hills. We went over the hills after him. We guided you to where he was in the valley."—"Christchurch," 3/7/51.

THE DEAD COMPANIONS

A Drama of Fact of Life in Two Worlds In Narrative Form

By Alan Howgrave-Graham, M.C., V.D.

Written not by a Spiritualist, but by a sceptic who through psychical study, experiment, and research became a "Survivalist." Ever more and more people have been coming to believe that Death ends everything—all knowing, feeling, remembering, hoping; both consciousness and individuality; in a word, Self; that Death, in fact, means Extinction. Many others vaguely suppose that Man may possibly survive Death, but that if he does so, it is in some after region or state of existence, some fabled paradise or hell perhaps, which is entirely remote and detached from this world, and entirely unapproachable from it in any other way.

The vast majority of people are convinced that whether or not the Dead do survive, or however or wherever they might be supposed to do so, they at any rate lose at their death all contact with us whom they leave behind, all awareness of our lives and doings, all knowledge of our joys and sorrows, and all means of making their own existence or the fact of their close presence known to us.

All these people are completely wrong. This book proves that they are. Read it and see. Then tell your friends.

The Psychic Press, 144 High Holborn, London, W.C.1. Price 9/-. English currency, including postage.

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To enable those who will help the Spiritualist Movement by lending books to enquirers, a copy of each of the three following books: "On the Edge of the Etheric," "The Rock of Truth," both by J. A. Findlay, and "The Teachings of Silver Birch" will be sent post free for 25/-. Write Chas. Neil, 8 Hatfield Waruda Street, Kirribilli, Sydney, N.S.W.

QUERY AND REPLY

In "Spiritual Vision"

How to Interest Husband or Wife

For years I have tried to interest my husband in spiritual matters, but without success. He gets up some enthusiasm over some things, but it doesn't last. I feel that if I could only convince him he would be so much happier. Can you suggest anything?

Reply by Major Ripley Webb

One must be patient in such a case. Think of the human mind, as Christ did, in terms of earthly soil. In many of us the soil is shallow and though we may sow the seed carefully and tend it anxiously, the plant is poorly, for it has only short roots and when the wind blows or other adversity threatens, it suffers severely. Buds may appear but never attempt to open them by force, let nature take its time. Some buds never get to the stage of opening, they wither away. Never mind, there will be another crop and then perhaps better results.

Clearly the object is to deepen and enrich the soil, so that the seeds may ripen and grow more luxuriously. And the only way we can do that is by pouring upon it our love and understanding, and the one is as necessary as the other. Love is a great gardener, with "green fingers," and every plant must benefit from its attention. It may seem a thankless task but it is the quickest and safest way in the long run.

"The gods or spirits have abandoned their oracles or mediums because they are interrogated on worldly matters instead of truth or spiritual wisdom; such practices lead mortals into darkness. The good and wise among the old philosophers are inspired from heaven because they are earnest and true; the gods or spirits hold converse with them and teach of heavenly things."—Plutarch, A.D. 100.

"WALKING THROUGH WALLS WILL BE SIMPLE"

Says Dr. Glazewski
In "Two Worlds"

Disintegration of a man in Britain, with his subsequent re-integration in America, would be possible in the not-too-distant future, Dr. A. J. Glazewski, the physicist, forecast to his audience when lecturing at Newton Abbot, Devon, recently. Levitation, he said, would be simple, and people would be able to walk through walls.

A French scientist, he told his hearers, had found that holy water reacted differently from ordinary tap water, and that a baptized infant differed electrostatically from an unbaptized child. He also disclosed that waves from praying pilgrims at Lourdes penetrated a sealed metal box and exposed a photographic plate; a disorganized crowd produced no effect.

Dr. Glazewski said that pure scientific analysis had proved the existence of another invisible, immaterial world.

Referring to the force of gravity and the theory that action and reaction are equal and opposite, he stated:

"There is not only a gravity wave, but an anti-gravity wave. This has nothing to do with matter. If gravity is the most fundamental law of nature, it stays at the very edge between matter and non-matter.

"If we stand at the edge between the two worlds—material and immaterial—we can see and compare both.

"This other world is probably more true than the material one.

"We have come now, by pure scientific analysis, to prove that there must exist a world which is invisible to us and immaterial."

THE WORD AND THE ECHO

In "Prediction" from "Round Robin" (California)

"The corpse is an echo." The corpus, the body, the chemical aggregate of the organism is an echo. When the creative and sustaining Word is no longer uttered, the echo responds no more. And if the word is one of fear or anger or weariness, shall not echo answer in like kind? It is a hard saying but a true one, that all body conditions, of health or of disease, are of mental origin. Infection takes place when the body accepts it — and why and when does it accept? Ask whence the tiny lives of the cells accept their governance. Man is indeed a strange and wonderful being, who dwells in the four worlds (and more?) at every moment. His brain consciousness is the top of the berg, nine-tenths hidden in the darkness of ocean stream. Space, time, and cause, and all of Nature's aspects are "within" him — and if he were not, would they continue to exist? It is he who creates and who destroys, and in him the creative Fiat has its being. That he has made and momentarily makes his own physical body, is but one miracle out of the many of the fullness of his Godhood.

For the mind to grow old is impossible, since time is its own creation. For the body to grow old is possible, because it is within the mind, and the mind has a dream and a delusion and lays a law upon it. If you would keep the body whole and perfect through unbelievable years, the answer is almost in a single word — Quietude! The mind unscarred by circumstance has a body unscarred by time.

If a man can make himself habitually right in his thought and desire, right in his will and purpose, he must become right in the tissues built up out of the mind's action.

Wisdom, power, beneficence, and the peace that passeth all understanding, these come not from above, but from within.

A BALANCED LIFE

If we do our best in any given situation, do one job at a time and cease worrying about what might happen to-morrow, we will live happier and healthier lives.

How important, too, is the need to relax the body every day.

After the two mains meals of the day it is a good practice to relax and shut out the material world for half an hour. This will give the mind time to adjust itself and digest the thoughts and solve the problems which have been constantly pouring in to it, and will therefore be better prepared to take up once more the daily toll after a short period of meditation. Ample sleep, too, is very important.

If we try to do our work with an overdraft upon our spiritual and psychic energies our efforts will be inefficient and our health will suffer.

Even our hobbies have a vital bearing upon our mental equilibrium. Those who have mental occupations should have physical hobbies and vice versa.

In every aspect of life there should be constant supervision with a view to maintaining a calm and serene balance of life, which in turn will ensure that we are better equipped to live up to our Spiritualist philosophy and thus enrich and expand our service for the spiritual emancipation of mankind.

"The result of my investigation leads me to believe that the spirits of the dead communicate with us. I have received communications from people whom I know to have lived on earth. If anybody can offer some other hypothesis than spiritual communication I shall be glad to investigate it; but I have never heard of one."—Rev. Minot J. Savage.

THE WAY

To every man there openeth a way, or ways, and a way, and the High Soul takes the High Way, and the Low Soul gropes the Low; and in between on the Misty Flats the rest drift to and fro. But to every man there openeth a High Way and a Low, and every man decideth the Way his soul shall go.

The Religion of Spiritualism is the bringing of life into harmony with the universal law of good by making it truthful, honest, moral, and upright in word, thought, and act. It helps us to be patient, sympathetic, and charitable. Thus inculcating the practice of all the moral virtues it insists on purity of life for men as well as for women. Whittier speaks of Death as "a covered way that opens into light," and we believe that that light shines on the way of endless progression.

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