



THE GOLDEN DAWN

CITY OF THE SUN FOUNDATION

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A MATTER TO CONSIDER

A special friend in India has shared some wonderful little books with us in our City of the Sun Library. Recently he sent one entitled "Peace, Power & Plenty" by Orison Swett Marden written in 1901. This man was truly ahead of his time because he had not "bought" into the entire idea of "aging as inevitable" as most of us have done through our lifetime. Furthermore, we have allowed our children and grand-children to believe that life is pretty much over at a certain age.

We are failing to share the excitement of expanding our consciousness and revelations at any age. Annalee Skarin has said so many times "Ye shall comprehend all things"! This little "seed thought" - even when you just start to work with it - is an exciting seed to have growing within for new vistas appear, 'mind-blowing' ideas arise, as well as endless creativity.

If you aren't convinced of the excitement of new dimensions which can come to you at any age then continue (as we all must) to re-structure and re-program this great subconscious of ours so we can be ready for endless revelations of God's Spirit.

If you are not fully aware of the truth of what you have just read then maybe you need to read and re-read some of the words contained in the aforementioned little book. Your consciousness is what YOU make it at any age! The full-grown bloom of God's Holy Spirit can blossom forever!

From "Peace, Power & Plenty":

"Youthful thought should be a life habit. Cling to the thought that the truth of your being can never age because it is Divine Principle. Picture the cells of your body being constantly made over. Hold this perpetual renewal picture in your mind, and the old-age thought, the old-age conviction will become inoperative. The new thought-habit will drive out the old age thought habit. If you can only feel your whole body perpetually made over, constantly renewed, you will keep the body fresh, young.

"There is a tremendous youth-retaining power in holding high ideals and lofty sentiments. The spirit cannot grow old while one is constantly aspiring to something better, higher, nobler. Employment which develops the Higher Self; the frequent dwelling upon lofty themes and high purposes - all are powerful preservatives of youth. It is senility of the soul that makes people old.

"The living of life should be a perpetual joy. Youth and joy are synonymous. If we do not enjoy life, if we do not feel it is a delight to be alive, if we do not look upon our work as a grand privilege, we shall age prematurely.

"Live always in a happy mental attitude. Live in the ideal, and the aging

process cannot get ahold of you. It is the ideal that keeps one young. When we think of age, we think of weakness, decrepitude, imperfection; we do not think of wholeness, vigour. Every time you think of yourself make a vivid picture of your ideal self. THINK HEALTH. Feel the spirit of youth and hope surging through your body. Form the most perfect picture possible. The elixir of youth which alchemists sought so long in chemicals, we find, lies in ourselves. The secret is in our own mentality. Perpetual rejuvenation is possible only by right thinking. We look as old as we think and feel because it is thought and feeling that change our appearance. Let us put beauty into our lives by thinking beautiful thoughts, building beautiful ideals, and picturing beautiful things in our imagination.

"I know of no remedy for old age conditions so powerful as love - love for our work, love for our fellow-men, love for everything. It is the most powerful life renewer, refresher, re-creator known. Increasing power and wisdom ought to be the only sign of our long continuance on this earth. We ought to do our best work after fifty, sixty, seventy, and if the brain cells are not ruined by worry, fear, selfishness, or any disease, the mind will constantly increase in vigour and power. Retrogression is contrary to all principle and law. The Creator never made anything for retrogression. Progress, perpetual growth are the truth of man. Whatever the Deity makes bears the stamp of perpetual progress, everlasting growth."

HOW TO LOVE GOD

To love God in the most practical way is to love our fellow beings. If we feel for others in the same way as we feel for our own dear ones, we love God.

- If, instead of seeing faults in others, we look within ourselves, we are loving God.
- If, instead of robbing others to help ourselves, we rob ourselves to help others, we are loving God.
- If, we suffer in the sufferings of others and feel happy in the happiness of others, we are loving God.
- If, instead of worrying over our own misfortunes, we think ourselves more fortunate than many, many others, we are loving God.
- If we endure our lot with patience and contentment, accepting it as His Will, we are loving God.
- If we understand and feel that the greatest act of devotion and worship to God is not to hurt or harm any of His beings, we are loving God.

To love God as He ought to be loved, we must live for God and die for God, knowing that the goal of life is to Love God, and find Him as our own Self.

Maher Baba

THOUGHTS!

THOUGHTS!

THOUGHTS!

As you think - you travel. As you live - you attract.
 You are today where your thoughts have brought you;
 You will be tomorrow where your thoughts have taken you.
 You cannot escape the results of your thoughts;
 For you will always gravitate towards that which you secretly most love -
 Be it base or beautiful, or a mixture of both.
 You will become as small as your controlling desires -
 As great as your dominant aspirations.
 Whatever your present environment may be you will rise, remain or fall
 According to your ambitions - your ideals - your thoughts.

A PERSONAL SPIRITUAL JOURNEY

Dear Friends of City of the Sun:

As many of you know, I have been blessed with many wonderful spiritual adventures in the past few years, including visiting the ashram of Sathya Sai Baba, in India.

However, I never expected the incredible adventure that awaited me when I spent ten months in Israel, working as a hospital volunteer.

Although born into a Jewish family, my parents prided themselves on being "free thinkers" and while we children were given strong links to our cultural heritage, we were not provided with any religious training at all. I arrived at New Age thinking through a rather circuitous intellectual process, and it took several years for me to fully absorb Sai Baba's statement that we are all born into various religious and ethnic groups to learn certain karmic lessons.

My Israeli adventure led me to experience a height and depth of Love and a connection to the Consciousness of a people that I had never dreamed was possible. I was able to sense an enormous amount of Light on the inner planes and I knew that a people who had suffered centuries of exile, persecution and genocide and still maintained their close connection with God, had undergone spiritual initiations on inner planes.

In a very short time after my arrival, even though I knew virtually nobody there, I was led to a wonderful Light group which has been meeting continuously for over twelve years, to meditate, send Light and pray for Peace. It was a privilege to be invited to join them and I extend the invitation to all of you who read this to join with us in sending Light to all people now gathered in tiny Israel, asking for Peace to emerge from expanded hearts and souls, stilling the anguish and disturbances currently there.

Blessings to all of you, in Light and Love. Shalom

Barbara Hill

(This concludes Barbara's letter, but we would like to share one of the messages received by Sarah Paz of "Children of Light Group, Tel Aviv, Israel:)

Tuesday, March 22, 1988

"Good evening our divinely spiritual children on earth:

We will start with a sequel to what we have told you about the light, the powerful light that works in this country, and explain to you of the light that works in other countries, and the mainspring of the light that works in all the world. Cast your eyes around to other countries and see how it is that the light works there. We will take the places at random and explain more of the light which is the central theme in the work that you do, and all the light groups that there are, so many in all the world.

Let us see India and remember that she has been from ancient times a very developed spiritual country, although at present political events have overwhelmed a great deal of the country. There has been negativity in the hatred of one sect for another, the Hindus, Muslims, Sikhs, and so on, but there are still those sources of great light. Not only in India are there places where there are people who are not as spiritual as they make out to be, but this is something that occurs in the whole world. But there are places in India where great spiritual work is being done. So, though you see what is happening in that country from a political point of view, you may rest assured that under all that negativity lie wellsprings of light and spirituality. The spiritual light is like a spring. It bubbles from the earth and is glowing crystal white. Not only are there places in the earth which work as springs in different countries, bringing forth great flashes of light in those countries, but remember that nothing is chaotic in the world although it often looks like it. There are plans for every part of the world although they have to be changed from

time to time to fit the circumstances. Nevertheless, plans are given to those who are able and capable of carrying them out on earth. And there are always adjustments, and the plan will always work wherever it has to be changed; it will finally work.

So we move now from India to Japan and can remember how warlike, and how negative in the Second World War, and even before that, the Japanese have always had the reputation to be. But let us assure you that there are many classes now, many groups which are forming very, very strong light groups, and that country is able then to produce within itself tremendous light to work in its own country and to join up the light with those countries who are producing great light. And remember that there is an inner plane, and all the light that is worked on, and worked at in different countries, comes into that inner plane and strengthens it. This plane is one which circles the earth and which is the spiritual side to all the material side, and physical side that there is. This inner plane is so powerful, so tremendously powerful, that you must take courage and be encouraged by the fact that in this inner plane reposes tremendously powerful light - very, very powerful light of a magnitude hard (always hard) for human beings to realize. And this tremendous inner plane is working all the time with the light that is situated or placed within it, and this is supplemented by the light which comes from above. The Source of All Light is ever working, ever producing the power and light and energies that are necessary not only for life on earth, but life in all the universes and in all the cosmos. Not only does it come down in order to sustain life wherever it is, but there are always occasions when light that is necessary to be produced in a certain country, or in many countries even at the same time, this special light - powerful light - comes down and works the way it has to. So you have all this power which is always constantly in working order.

Let us go even to a country like China and know that there too, though they have had because of the tremendous upheavals there such negativity, but there too are wellsprings of light. Though they have overtaken Tibet, which was always known as a spiritual place, there will come out of that a spiritual resurgence - not only in Tibet, but the Chinese will become a much more lighted people.

Take the European countries - even Germany - which housed the tremendously evil spirit of destruction that took place - even though that happened there is now a swing of the pendulum. In that country, though there are still groups of Red Brigade and other negative groups, you have there places where light is being focussed and developed to a strong degree. So you may travel the world in your thoughts and alight on any country. Take a place that a human being normally feels is full of negativity - let's say Malaysia - and you will know that there too are groups of light being sustained and worked on slowly and surely. The Middle East (infected as it has been for so long with negativity in the surrounding countries) you will find there too, for instance, in Syria where the children of light are growing in strength and have a rapport (although you may not know it) with you. They are aware from the spiritual point of view that there exists here a group of highly spiritual workers. No matter where your mind will take you you will find the wellsprings of light flourishing.

In America there are so many people there dedicated to working the light, dedicated to helping humanity in every way that they possibly can. And all the light that is produced is so much more powerful than anything that the negativity can develop and show. It is a question always of time. Human beings (and we understand that perfectly) are impatient. There is so much misery in so many places; so much negativity being expressed usually in the political sense, but nevertheless the power of politics is strong and the country suffers very much indeed from that power.

But if you can, bring yourselves to a faith in the light. I know that you have faith in the light (I really mean complete faith.) Do not be disturbed in any way by any thoughts of negativity, any fears that might be deep within you of what

will be here, or anywhere else. Let those fears be subdued. Let your inner selves be completely consciously aware that the light has so many sources above and below, and has the means of overcoming all the darkness. But remember, that it is an evolutionary process, one that can't be settled in a short space of time, but all are working towards a better world in very many different ways.

The light expresses itself in those scientists who work towards alleviating pain, and curing or helping towards alleviating many serious dis-eases. The light works with them for dis-ease is (as you know) produced not only by many past incarnations that show themselves in this incarnation, but in some cases from the nervous system itself, from the deep fears that reside in people so deep that it comes out in a physical way. So our point is to let you know again how much light there is in other countries though we may say again that this small beloved country of Israel has the greatest light in the whole wide world. Small it is in size, but what does size mean when there is the power of the light. The light is the spiritual expression of everything that there is, the spiritual side of man. In this country there are those who have come here sent by plans specifically to work the light in this country, and those who were born here and are of the light. Try to imagine how much power really exists, how much power of light there exists in the country. We know how much faith you have in the light but let it be complete, and know of the cooperation on this side of the vale with many, many groups on earth. Know that the cooperation that comes to you is of the highest, of the very highest, and you will always be in a state of being able to send out from your groups, and from each individual, tremendous overwhelming power of the light. We bless our dearest, dearest friends, our loving cooperators. We bless you over and over again. Goodnight."

A PRAYER FOR WORLD PEACE

"The earth is the Lord's and the fullness thereof."

I know there is but One Mind, which is the Mind of God, in which all people live and move and have their being.

I know there is a Divine Pattern for humanity and within this pattern there is Infinite harmony and peace, cooperation, unity and mutual helpfulness.

I know that the mind of man, being one with the Mind of God, shall discover the method, the way and the means best fitted to permit the flow of Divine Love between individuals and nations.

Thus harmony, peace, cooperation, unity and mutual helpfulness will be experienced by all.

I know there shall be a free interchange of ideas, of cultures, or spiritual concepts, of ethics, of educational systems and scientific discoveries - for all good belongs to all alike.

I know that, because the Divine Mind has created us all, we are bound together in one Infinite and perfect unity.

In bringing about World Peace, I know that all people and all nations will remain individual, but unified for the common purpose of promoting peace, happiness, harmony and prosperity.

I know that deep within every person the Divine Pattern of perfect peace is already implanted.

I now declare that in each man and in leaders of thought everywhere this Divine Pattern moves into action and form, to the end that all nations and all people shall live together in peace, harmony and prosperity forever.

And so it is Amen.

Ernest Holmes

TAKEN FROM - LETTERS FROM SPIRIT

Dear Truth Seeker:

We are here, your brothers, not to bring new truths, but to remind you of the truths you have forgotten. Untold millions of years ago, when was pure Spirit, you needed to taste the bitter fruits of Earth, you were given a material body in order to survive the vibration. You knew then who you were and All Truth.

As we have done before you, you seek ever to escape Earth's vibrations and return to your natural home, the home of SPIRIT. This is the reason for the restlessness of your spirit that cries out, "I don't belong here." In truth, you don't, but the Father in His limitless compassion will not destroy that which he loves. Thus life after life, you are given new opportunities to right the wrongs inflicted on your fellow man and someday claim your birthright as a Child of God!: Lessons to be learned on Earth.

Back there when you were pure Spirit, you knew the difference between using your will and submitting to the Will of God. But having "free will" you CHOSE to ignore your Source and the "rules of the game", so to speak, and created evil. These creations were contrary to the perfection and harmony as issued forth by the Source of all good.

St. Paul, a selected being, who came to further the work of the living Christ said, "Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap." White Eagle stated it so beautifully when he declared through Joan Cooke, "Under precise, inexorable law, by God's supreme justice, we are reborn in an environment where we meet again those whom we have wronged or been wronged by, those whom we have helped or been helped by, in the past. We reincarnate with those we have hated or injured until all wrongs have been put right and all hurts forgiven; until hate has been transmuted to love. We reincarnate also with those whom we have loved and been loved by; and this brings joy into our lives. By God's mercy we may, if we are able, turn all that we suffer into strength, and make creative use of our own 'bad karma' at a higher level of experience. By our very thought and action we create our future limitations or opportunities."

Thus you see, in essence, every experience is a "pay to," or "pay back." Now if a soul chooses to not see a "pay to" karma through, it is postponing that action to another time, another place. Or if it refuses to accept a "pay back" again, it sends the action back as a "reject." Only putting that on 'hold' so to speak.

When you see or know of someone going through abject misery, they are working out debts from the past, and your best help is to give them encouragement and your prayers, for they are accomplishing much by seeing it through. And great will be their reward, thereof.

Encourage them to know of the LIGHT, and the Unseen Help from our spheres. It may not shorten the sentence, but will surely give them heart to keep on keeping on and accomplish what they promised to do this time.

To help someone who can help themselves is to cripple them emotionally and karmically. They will shuffle their feet while they lean on you. Then when your help is no longer forthcoming, they will be back where you found them. Let him learn through his own chosen path that the easiest way to work through a rough karma is "service" to his fellow men. You have also placed that soul in a position where it "owes you one." The idea is to empty the sack of back karma, not add to it!

It is ignorance as to the workings of God's Law of Justice that causes so many "dropouts." As was said, "we have in us the power to shape the future (other lives) out of the very difficulties that confront us." The conscious level of an individual decides the reaction to the problems that beset in life. One man lays bricks and another (looking up at the glorious stars) responds he is building a church.

To help someone crippled or with an incurable disease, or those who know sorrow

and to inject a hopeful aspect to their situation is to love as per the Master's instructions. "Love even as I have loved you." They in turn, can either accept the self-imposed karma with patience and courage and rise above it in a way to bring joy and inspiration to others, or sink into self-pity and resentment making everyone's life around them miserable. If they choose the positive outlook their debt will be paid more quickly. Your Light can show them the way.

Master "G"

Channel: Noree Liang Pope, #76 Estrella Dr., Santa Rosa, CA 95401

ONE CAN'T STOP GOSSIP, BUT ONE CAN CHANGE

Philip of Neri was a very saintly man. One day a rich lady came to ask his advice. She said she wished to be a saintly woman, but there was one fault which she found difficult to overcome. "My daughter," said the saint, "there is no fault which cannot be overcome if one wants to overcome it."

Then the lady told the saint how she was in the habit of speaking evil of others, and how she had failed to overcome this fault although she had tried very hard. "Can you help me?" she asked the holy man. "I will do anything you command." "Very well," answered Phillip, "go to the market and buy a bag of feathers. On your way back home, throw them on the street as you walk. Come and see me after you have done this."

The rich lady was surprised to hear this, but she knew that Saint Phillip was a very wise man. So she did as she was told and faithfully obeyed his orders. The next day she went back and told the saint that she had obeyed his command. "Very good," answered the wise man. "You have done the first part of your task very well. Now comes the second part. Go to the market and walk home again and try to pick up all the feathers which you threw on the road yesterday." "That's impossible!" said the lady. "The wind has already blown them in all directions. How can I collect the feathers again?" "That is so, answered the holy man. "The same thing happens when you speak evil of others. Your words are passed from person to person, and it is impossible to stop the evil from spreading, once it has started. The best thing to do is not to start it at all."

The lady was so struck by this object lesson that she went home, determined never to speak evil of anybody again.
Excerpted from Vikas Quarterly.

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THE POWER OF GRATITUDE

Oh Beloved Flame "I AM" in my heart, OPEN AND EXPAND (3X) in me the feeling of Loving Gratitude, for this is the only Power in the Universe that can accept the Master's Flame. This feeling of Loving Gratitude is the basis of my Being. Without their Radiation in my life, I would again be lost in the veil of maya. "I AM" Grateful to have found the Path of Sacred Fire which shall see me Home into the Heart of God. "I AM" Grateful that I have truly found my reason for Being. In this finding, I have found the deepest Peace in my soul. Even if my day to day experiences are difficult, I can always return to this Peace on the Path of Sacred Flame. That I have found all of this, or that it has found me

"I AM GRATEFUL (3X) "I AM" SO VERY GRATEFUL.

SO BE IT!

Beloved "I AM"

Group Avatar

P. O. Box 41505, Tucson, Arizona 85717-1505

LEARN WELL IN THESE END TIMES

We greet you in the Light of our Radiant Creator. I am Sananda Esu. I am grateful for the opportunity to come to you at this time in the Light of our Most Radiant Creator.

As you know, these are what we call the End Times and in these times, in order to follow the Divine Plan for the planet, Terra, the Hierarchy have issued forth some very powerful Rays to penetrate the Earth's atmosphere in order to accomplish what is necessary for the Earth's atmosphere in this cleansing. These Rays will be affecting the nervous system and behavioral patterns of the humanoid vehicles and the behavior patterns in some will be bazaar. In others it will be a severe change of their patterns of behavior. You may have already noticed, perhaps, that some with whom you are engaged in a business have become a bit strange. These Rays are quite powerful and so many of your companions may become rather verbal in their reactions to what may seem to be ordinary circumstances.

I am to warn those of you who are in the Light, working in the Light: be most careful of your behavior, take control of yourselves and send Love to those who are in need of steadying. Keep thyself wrapped in a sphere of the Christ White Light. This is most important at this time. These Rays are very powerful and in some they will invoke severe reaction, violent action in others. This, dear ones, is the supreme testing period.

As you know, as you progress along thy Holy Path back to thy Creator, one must be tested every step of the way for thy own best interests to see if thou hast truly learned each lesson. It's as if thou wert in school and many lessons are taught and at the end of the lesson thy teacher gives thee a test to see if the information has truly become a part of thy knowledge segment. As thou knowest, the Earth is a school where many lessons are given thee so that ye may evolve unto a graduation or Initiation because each and every one of us must learn those steps necessary to come home once again to Paradise, where we all began, to be once more with the One we are evolved from, Our Divine Creatr.

So, my dear friends, my brothers, my sisters, be most alert. Monitor your reactions and know that we must keep the negativities out of our beings, out of the atmosphere, because, as these thoughts penetrate our atmosphere, they also penetrate higher atmospheres and dimensions. We are responsible for our reactions and if they are negative, we might create a Karma that would be difficult for us in the future.

I know that some of you have many difficult situations to contend with but remember, my dearest brethren, these are the lessons, the tests of completion. So know that thy growth is measured by thy handling of these situations, so take heart and know that each step is progressive for thee. Call on me and I can assist thee in coping, I truly love thee and will give thee guidance. But remember, keep thy thoughts pure. Keep the Light around thee and maybe it would be wise to put a crystal in the sphere of protection around thy aura. Then unload thy burdens as ye retire at night and I will give thee strength. But if thee had no burdens, no problems to solve, there would be no progress on the Path home.

Call upon thy High Self for help and instruction. Thy help, thy wisdom is within thee so don't look outside for thy assistance and wisdom; it is within thee.

My Love to thee in the Light of Our Most Radiant Creator. So mote it be.

Channel: Marjory Calhoun, Cosmic Light Fd., 11716 221st S.E., Snohomish, WA 98290

Send your Prayer Requests to City of the Sun Foundation

P. O. Box 370

Columbus, New Mexico 88029.

A BLESSING

Wherever you may go today
A blessing you may be,
Let your Light flow out
On person, house or tree.

You need not direct It's flow,
But simply let It go,
Then ask God's Spirit to lead,
What's best, it will always know.

The Earth will feel your blessing;
Nature's elementals too,
As each person along your path
You secretly "blessedly" renew. mjs

LAUGHTER AND JOY

My Child: You have been thinking of joy and laughter and the pure exuberance of life, thus we shall give you a few ideas to record. There are many kinds of laughter and the greatest share of them are faked or insincere because society demands it.

True laughter comes from a joyousness born of the Spirit! It brings a releasing energy. You have heard it said that a hearty laugh is 'good for the liver"! This is true, for it brings a healing energy to the entire body. One who is truly joyous wears a smiling face and laughs with life!

Also, an old saying is 'the longest word in the world is 'smiles' because it is a 'mile' between s and s! A smile will go a long way to bring hope and often times a feeling of security for others. Smiles are the forerunners of laughter for one cannot have a hearty laugh without first smiling and the smile will remain as a shadow after the laughter has ceased.

Many times laughter is enjoyed in silence for it is a welling up of joy and needs no outer expression to be fully enjoyed. Have you not at times been so filled with the joy of life that you thrilled through and through and wanted to embrace all of creation in your joy? There is the laughter that derides, that is cynical, that is mocking, etc. This is not true laughter but stems from a sick mind which knows no joy.

When one can laugh at his own errors, his own challenges, his own victories he is well on the way to experiencing real joy. Happiness comes from physical pleasures and comforts but joy is a Divine Energy which supercedes happiness. Many say they are happy, but if the truth were known they would admit that there was an inner emptiness. This could only be filled when they discover joy!

There are those who have little in the way of worldly goods, or may be physically handicapped, and yet they have the joyous spirit and are an inspiration to others. Thus, you see, joy and true laughter are not dependent upon the world of things or people, but depend entirely upon the degree of the awareness of Self and of life. Think about this the next time you laugh and analyze why you laughed. Seek to allow the joy of the Divine to fill you so that all the world will bring you more understanding and thus more joy.

You say, but what about the violence, the suffering, the plotting and scheming in the world? The answer would be that if your joy is strong you are helping to counteract all the seeming negatives. As you know, what one does or thinks affects all. So, your joy will go forth to do its work of healing and harmonizing the

the world! It cannot be otherwise for it is a Divine Energy!

The great teacher, Jesus, said "My joy I leave with you that your joy may be full!"

So, my beloveds, let your joy be so full that you know the true meaning of LIFE!

BE DIVINE.

BE JOYOUS.

Let your laughter be as a benediction to bring healing and harmony to a troubled world. It is needed in these changing times.

I AM THE VOICE OF JOY.

Dorothy Davis, Rt. 1, Box 7129, Spanish Fork, UT 84660

AN EXCERPT BY EL MORYA

"Sit down many times a day and STILL your mental and feeling worlds. Picture your Mind as a calm lake. Offer it to the Presence and allow the whole Light of the Presence to play upon your mind; it will illumine all things for you and set your pattern in the course of thinking and living anew.

One reason for dissonance and confusion when a number of people are living and working together towards one activity is, that each individual is receiving through the channel of his own mind a series of reports and suggestions. Through evolution and through inner-pressure of feelings and karmic ties no two unascended beings think alike until their minds are completely trained to tune in to the Inner "I AM" Presence. Each one accepts the jumbled reports of his own consciousness, eager and desirous of helping, full of zeal and honest enthusiasm and allows the energy of his being to back his certain thought processes. When a number of such individuals are associated together the ideas are naturally not completely harmonious, and either confusion or actual conflict ensues.

Let each one practice daily the conscious attunement of his own "I AM" Presence, through quieting the outer self and let the natural activity of your being bring to quick fruition any plan which is from God's Heart."

This explains why it is so necessary and requisite for you to refrain from telling all of your plans and ideas to other people until they are completed, for their minds are untrained and form definite opinions, and immediately their life-force flows into your idea and affects your manifestation adversely.

The Bridge to Freedom

Many of our readers enjoy using Mantras. You may wish to selectively choose some to repeat by heart; or, you may enjoy using them to work with your deep subconscious.

Powerful Healing Mantra:

"Angels of Light, walk beside me,
Guard me from all earthly sin
While the Christ of God enfolds me
Cleansing, healing from WITHIN."

(Noree Liang Pope, "Letter From Spirit")

I AM LOVE, LOVE, LOVE! I AM POWER, POWER, POWER! I AM Divine Intelligence!
I AM! I AM! I AM! I AM letting Divine Intelligence express perfectly through me
now! I AM! I AM! I AM!

The Forgiving Power of Divine Love now frees me from all resentment of the Past, Present or Future. I now go free to be healthy and happy.

Divine Order is now established and maintained in me and my world NOW!

Divine Order heals, prospers and guides me now!

I give thanks for Divine Order.

AT THE CITY OF THE SUN:

July 14th was the date chosen by two of our community members having July birthdays when they would do the unexpected and GIVE members and friends a fine dinner celebration for July. These members were Dr. Verlie Barton and Lester Jackson. Several others attending also had July birth dates. Joan Weis lived the furthest - in New Jersey. About 30 attended the occasion.

With drought evident in so many areas, we have been very blessed with even more summer showers than normal. We are also blessed (?) with unusual weeds!!

In recent months we have received at the City of the Sun many wonderful books for our library. These acquisitions made it necessary to completely re-arrange our entire library shelves, as well as add additional shelves. After many, many hours spent on this project we are pleased to have the job complete. The library is much more useable now.

Barbara Hill, our member who has been away for some time, has been led to live and work in the Light for the country of Israel. Recently she was here for two weeks in her home. Accompanying her was her friend, and ours, Joan Weiss of New Jersey. This was Joan's second visit to the City of the Sun. Barbara told our group of her many experiences with individuals and a group "Children of Light" in Tel Aviv, Israel. From here she would visit her daughter in California and then back to Israel for another stay. Elsewhere in this Golden Dawn we are printing one of the messages received through the Children of Light Center.

Lester Jackson had a pleasureable several week trip. He was in Raton, New Mexico where he visited friends; then at Kim, Colorado to see relatives. He attended a family reunion which was held just over the Oklahoma State line at Kenton at Billy Joe's Camp. Almost 100 were in attendance at the joyous affair. Then he traveled to Hooker, Oklahoma to visit his sister.

Drs. Jim and Verlie Barton had a special trip in early August. Dr. Jim wrote of it: "I went back home again to Indiana. My high school graduating class of 1932, combined with the class of 1933, had our 56th reunion on August 6th at Booneville, Indiana. It was wonderful seeing all of them again. Except for 3 or 4 of us who are not smart enough to retire, the rest were so relaxed and easy going. Three of our teachers were there and didn't seem any older than the rest of us. (Time surely makes a difference!) We also got to visit with 5 of my nieces and several of my great nieces and nephews, as well as 4 of my great, great grand nieces. (Boy, if that wouldn't make you feel old, nothing would!)"

At the first part of August we had the privilege of getting acquainted with Allen Newman's wife, Mizuho Hirata of Toyama, Japan. She spoke to our group of the family life in her country, as well as the present status of men and women. She is an extremely busy teacher of English in the Senior High School, Junior College, a business organization, individual tutoring and a private class in her home. It was a golden opportunity for us to learn so much of our earth brothers and sisters - the Japanese.

For three days we had the pleasure of becoming acquainted with Jyotin Isha Gupta and John Powell of Crestone, Colorado. The community had one fellowship dinner with them and they shared some thoughts with us of their life hopes.

William and Mary Jane Switzler enjoyed a four day retreat away from the City of the Sun celebrating their anniversary.

David Lebold just returned from an extended stay in Guatemala. As a community we are looking forward to hear more about Central America from him.

"There is nothing in all this world half as precious as peace in the heart."

Ervin Seale

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"The true measure of loving God is to love Him without measure.
St. Bernard



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