



THE GOLDEN DAWN

CITY OF THE SUN FOUNDATION

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SEND POWER TO STEADY THE STRUCTURE OF THE EARTH

"El Morya: Much must be done in a hurry as these are the days of many crises. We must always be watchful.

Work as you have, in quiet and peace, and be not frightened by the events which are inevitable. Enlist as many as you can in the work of sending out the word of Light, Love and Peace into the Earth itself, into the hearts of the people, that these (natural) strains may be relieved with as little damage as possible.

The prophecies given you are for this purpose only that you may know where to direct your thoughts in time to help ease the tensions. The right kind of prayer by enough people will greatly allay, if not wholly prevent the sufferings of the inhabitants of the troubled world. Ask each one to cooperate in sending out the power of the Cosmic Life Force to strengthen and steady the structure of the Earth that the necessary changes may be made slowly and the shock waves be drawn off in some uninhabited areas.

Speak to the Earth as Jesus spoke to the sea saying, "Peace, be still". Direct your word of peace and steadfastness not only to the troubled areas where men are suffering, but also to their antipodes. (The parts of the globe directly opposite.) Send love, the real power of gravity, to hold the mountains steadily in their place, the floor of the sea quiet and at rest, and the waves calm and gentle.

There is great danger at this time from earthquakes, tidal waves and accidents in transportation. Keep the thought of peace flowing out into every kingdom - mineral, vegetable, animal, elemental and human. Be alert to find the trouble spots and get help there whenever it is needed. The legions of angels, of which Elisha and Jesus spoke, work with and through you, but so much more can be done when you assist consciously."

The above advice, which was given some time ago, has value for us today. Taken from "Pillars of Light" - an out-of-print book written several years ago by our own Founder, Rev. Wayne H. Taylor. (No copies are available.)

EXCERPTS FROM ANNALEE'S LETTERS ON LOVE

(Continued from Golden Dawn 93.)

I rejoice continually that God has placed such marvelous truths in our hands, that His gracious mercy has reached out to us in this day and age. There is a song of glory singing in my soul as my mind contemplates the greatness of His eternal blessings, and my eyes behold His light of divine love that sheds itself over His children in such compassionate tenderness. No child is so deep in sin that they cannot turn to Him and be given strength and comfort and guidance. No person is so illiterate or uneducated that he cannot be taught wisdom through His Holy Spirit. There is no one who cannot ask and be given help. It is not always given in the way we expect, or as soon as we expect. Everyone who asks receives, and if it should be delayed in its coming it will be to develop the individual's faith and power of patience. His love is so tender, so compassionate, so complete and knowing that it is true that even a sparrow cannot fall to earth without His knowing.

With that great, all-knowing Love, it is true that He waits so anxiously and so eagerly to pour out upon us His divine gifts just as fast as we are prepared to receive them. Why, if He loves so much, doesn't He give us the gifts anyway, you ask? He has, only we cannot take hold of them, nor use them any more than a child could receive or fly an airplane that should be bequeathed to it. It is necessary for us to develop into a higher state of consciousness in order to use or take hold of the glorious gifts of our Father, but this I know, "All that the Father has is yours."

Don't let these be just words on a page. I am not writing words. I am verifying the words of the Savior of the world because I have proved them to be true. I have learned of His love and His nearness to His children. This also I know. There are none so deep in darkness as those who think they have all the light. It is harder for those to humble themselves before God in true prayer than for any others, and it is more difficult for them to find the light.

This work is glory and light, and love and power and beauty and heaven. It is song and melody and peace and joy. It is like jewels and sunsets that have to be shared to be enjoyed. It is a strange thing, everyone who catches the vision of this work just has to share it with others. It is the most important work in earth right now. It is all so simple and so easy. Picture yourself gathering a world in your arms, a world so burdened with darkness and misery. It is going speedily to its destruction unless a few can catch the higher vision of pure Christ-like love and begin to use it. Study the 7th chapter of Moroni - especially the last few verses:

- "46. Wherefore, my beloved brethren, if ye have not charity, ye are nothing, for charity never faileth. Wherefore, cleave unto charity, which is the greatest of all, for all things must fail.
47. But charity is the pure love of Christ, and it endureth forever; and whoso is found possessed of it at the last day, it shall be well with him.
48. Wherefore, my beloved brethren, pray unto the Father with all the energy of heart, that ye may be filled with this love, which he hath bestowed upon all who are true followers of his Son, Jesus Christ; that ye may become the sons of God; that when he shall appear we shall be like him, for we shall see him as he is; that we may have this hope; that we may be purified even as he is pure. Amen"

This great and glorious love must be developed in us, a love so filled with mercy,

compassion and forgiveness that it will reach out to help heal a world. It is so easy to do. Don't get too tense, just relax in love and light and feel that glorious Spirit of the Lord enfold you, and shortly you will be able to hear its voice, and it will lead you into this great Light. It is a privilege and a glory and a definite necessity to those who wish to enter into the realms of Light, leaving darkness behind.

It is such a marvelous day and age in which to live, and life itself, is so terribly important. I am daily more thrilled by the miracle of it - this power to think and breathe, to move and seek and choose and love - to worship and adore. Every breath has become a priceless gift from God my Father, for which I am most grateful, and in much deep reverence, I hold this gift of life He gave me upon the high altar of His divine love to be as a flame of fire in His hands, to glorify His name, and to help bring light to a world. Stand with me upon this sacred spot of dedicated devotion, and be bathed in His love, and feel it flow through and around you, and then with a divine humility that matches the love, you will feel His hand upon your head and know that your hour of service is near.

Not long ago I was pleading with God to let my love weave a robe of glory for Him, and I knew I was not important enough to weave a robe of glory to enfold Him or to clothe Him in, and I wondered what sort of robe I could weave for His glory, though I had a feeling that it was quite necessary that I do just that. Then the great thought enfolded me, "Let my love weave a robe of glory for your feet to walk upon." That desire was pouring from me in waves of eternal desire filled with a love that almost seemed to consume me. Then I heard THAT voice: "The earth is My footstool and if you weave a robe of glory for My feet then it will have to glorify the world." Then I understood that those who went into this great work would also assist in weaving this robe of shining glory to help exalt a world - our world.

I know that it is a great wickedness to permit one discordant gloomy vibration to ever depart from me, for in that moment I have failed in the great work that is required that light might be poured out upon these people.

Annalee Skarin

THOSE THOUGHTS

Thoughts are things! What a personal revelation it is for each individual when you really KNOW that this is so! ALL manifestation began first with a thought. "In the beginning" we have heard about for ages. However, we felt that the only creator was the Father/Mother God. Now, however, we realize that we are a very part of God, and so we create too! Jesus even tried to tell us that we could even do greater things than He did!

Our thoughts label EVERY situation - we call it good or bad. OUR THOUGHTS MAKE IT SO FOR US! So, we even create the atmosphere in which we live.

I remember the beginning of my learning of this truth. A friend from another town came to visit. Almost her first words were, "What caused that large red ball of energy by the road as I drove in?" I had no idea what she meant and so went to the door where she pointed out the spot where she could "see" this huge red ball (which I could not see.) Immediately I KNEW what caused the red energy ball - two people had just been furiously confronting each other upon that spot a short while before! They had left their angry thoughts for anyone (who could) to see, and of course for Mother Nature to take care of. I never forgot that beginning of understanding that "thoughts are things"!! All energies which we spew out are manifested

from the Universal Life Force which is everywhere. What we do to this wonderful entity Mother Earth!

Oh, dear Father/Mother of us all. Help each one of us to keep the atmosphere around us of a higher, finer essence. Help us to not burden the atmosphere around us with more misused energies! May we be ever mindful of our responsibility and power to assist Earth in this way.

A City of the Sun Resident

GOD IS

At day's beginning know thou - and truly thou dost know - that GOD IS.

Where there is sorrow, God is the Comforter. That which God giveth is a gift for thee. That which God taketh away also is a gift, for by it dost thou learn to walk alone with thy God.

Where there is confusion, God is the Center of Calm. Oh, thou who desirest naught but distraction, knowest thou not that in distraction abideth that confusion which leadeth away from thy Center of Calm where alone GOD IS?

Where there is angry altercation, a sudden realization of God's Presence bringeth humble repentance. Couldst thou be angered with thy brother if thou wert consciously aware of God's benign Presence? Thou couldst not.

When thou hast been wronged, God asks only that thou shalt forgive as thy God also hath forgiven thee, lo these many times. Hadst thou so soon forgotten? It is to thy God that thou dost owe this forgiveness of thy brother.

When thou art deeply wearied, in God's Presence find thy rest. That Presence is as a symphony of winds in the highest tree-tops; it is like the sound of many streams rushing down many mountains. Yet, also, it is the evening song of twittering birds and the rippling voice of a wood-hidden brook. Safely, securely in thy God's Everywhere-Presence canst thou find thy rest.

When thou hast lost thy way and the fog is deep about thee, stretch out thy hand and trust that thou shalt be led, and lo, thy trust will be as a Light upon thy path which shalt widen and brighten until it be a glory all about thee. That Light, that Glory is the Presence of thy God. In it thou shalt go thy way full-sighted and unafraid.

"My child," saith the within Christ-Voice, "enfolded in my Love, canst thou not this new day be reborn with Me into a full consciousness of the Living God-Presence?"

May it be so. Selah.

God is known only as Law,
God is seen only as Light,
God is felt only as Love. Selah.

From the Teacher Orion

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SERENITY

Serenity is peace with the soul.

It is resisting (not being caught up in) the strifes of life, and abiding in My presence.

It is relying on Me in troubles, in need and despair - KNOWING that My strength will comfort and sustain you - KNOWING that I will never fail you, no matter what the problem.

It is the calm when faith has been woven into a dependable staff. You can lean on it with assurance, knowing I am there to support you - to uplift you - to help you over the rocky ground, out onto the smooth plains again.

Yea, I can lift you up over the rough places, if you will but lean on me.

Or Serenity is like a small craft on a tranquil sea that will not be buffeted by the storm.

It is anchored in faith and guided by Love - My ever-present Love, - knowing full-well I am there with My "Peace Be Still".

The winds are mine to control. The waves are mine to quiet.

.....Rest freely in the stillness - without burden or care.

LET ME CARRY THE LOAD.

The preceding Meditation, and the following one are taken from "Whisperings In The Silence" by Zella Townsend.

LOVE AND LIFE IN DEATH

(Message after the death of my father)

The Father, the Son and the Holy Spirit....the All in One Maker and dominion over all, do hereby exhort thee - Hold fast to My laws.

Think not on sadness, but keep your thoughts ever on love - for love is the power that flows from the Almighty, giving strength and courage in your time of trouble.

Do not block the Way with grief and sadness, but be an open channel for the inpouring and outpouring of My Love. It is this that heals the wounds of a broken heart.

So grieve not for your lost one - for he is ever in My care. Let My Holy Spirit envelop youundergirding you with courage, and again placing a song on your lips. For your loved one mourneth not - neither should you mourn.

I am the power and dominion. I send My Light unto you. Receive it and be as a beacon of faith to others who sorrow for their loved ones, for through you My Light shines on to them - dissolving the curtains of darkness in their grief.

I am ever with you....close beside you....comforting, blessing and loving youcaressing you in your time of sorrow.

So let gladness fill your heart, and rest in peace.

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EVERYTHING IS WITHIN YOU

Lady Vancia Speaks - CP

"I will put My Law in their inward parts" sayeth the Lord, and that's where each of you dear ones must seek for the guidance that will lead you to Mastery. This law makes it clear that you don't have to change ANYTHING in your life EXCEPT YOUR OWN MIND ABOUT YOURSELF! You don't have to wrestle your good from an unwilling world, or from others "out there" in the so-called "rat race" of daily competition. You don't have to bring people "into line", or struggle to get rid of your problems. You don't even have to "treat" your body in order to heal it.... or yes, even to regenerate it into eternal life as Jesus did. ALL YOU HAVE TO DO IS BECOME AWARE that YOU are GOD, come forth on Earth in physical form, as YOU, and therefore that YOU ARE ALREADY PERFECT IN EVERY WAY!

"Be ye (and all your affairs,) transformed by the renewing of your mind, in this manner says your Bible, but man hasn't taken its advice or that of Jesus, to "be perfect as your Heavenly Father," (your Divine Inner Source of Selfhood is perfect.) Why? Because these instructions are so simple and direct they seem too good to be true, even though Christians always proclaim their Scriptures hold nothing but the Truths of Life.

God is ALL IN ALL! That means literally that "Ye are Gods!" and this cannot be repeated too often, until man at last, is willing to ACCEPT his Glorious Identity. Of course, being a God Incarnate, makes you also Omniscience Personified. Therefore, you can automatically KNOW ANYTHING and EVERYTHING about anything and everything that interests you in the least, but to do so, you must train your outer mind to accept this truth about yourself, and learn to DRAW your knowledge from your Source of It within, instead of from books and the opinions of others. You are OMNIPOTENCE made manifest on Earth. That means you can DO all things, perform any miracle, precipitate your needs from the Universal Substance, and yes....even walk on water if the need arises! BUT, you have to ensoul this idea about yourself, CONSCIOUSLY, by programming it into your "subconscious computer" with decrees concerning your unlimited Powers on Earth.

You are OMNIPRESENT in that YOU are God-made-flesh, and EVERYTHING in your human environment, including your own body as well as the physical presence of others, are made "real" to you because you're REFLECTING them (as a part of your Omnipresent Divinity) BACK to your physical sense of self awareness. Your all-encompassing Screen of the Holy Ghost (which too is God-as-you) has picked them up because something in your auric field vibrates in tune with the Life they are manifesting. The grëater your mutual intunement, the closer will be your relationship. Thus if you and someone are almost ONE you "find yourselves in love," while those a little less in accord will come to be your friends. Others who hold even fewer of your concepts, appear as your "acquaintances", and even your "worst enemies" has ideas of his selfhood similar to your own or you wouldn't be able to see him in your world at all.

The law of attraction where "like is drawn to like," gives man his human relationships until he reaches the state where he sees that "all are one in Christ," Naturally this comes at about the time he recognizes that he and the Father are really One and the same, and that except for the illusion of their ensouling interests, no one is really separated from anyone else, or from the rest of God or Life. The Truth is NOTHING you see is really "outside" yourself. Would you be able to observe a dog, unless your eyes or ears or perhaps your nose or another of your 5 senses, showed you his presence? The dog that you see is actually re-formed for you within your own head, and you view him according to the way you've programmed yourself to think what a dog should be.

If you believe you're vulnerable to this creature, you'll fear him. If you love him, you can command him to behave toward you as you want him to act. As far as you're concerned with him, YOU are the sole creator of the impression he makes upon you, as a creature in your world, and you are totally in control of whatever he can do to you therein.

I repeat....You have no need to struggle against or try to change the outer conditions of your life. They are simply the images you've brought before your brain, to show you where you stand in your own self concept. If you are AWARE that you're Omnipotent, how can anything hurt you? If you consciously realize you're Omniscient, the answers you need and want to know are yours for the taking. From where? From your Limitless Source any time. If you feel that as God you're Omnipresent, you will automatically create "out there," in the perfect "image and likeness" of your own Divinity. Then all will be well in your life. You will have built yourself a perfect environment, fashioning it in the mirror of your Holy Ghost, direct from your own pure substance of Love.

Disease, discord, poverty and unhappiness or failure to achieve fulfillment of your Highest goals cannot exist for you if you're truly aware of your own God-Nature. Since you're the Lord of all you survey - a co-inheritor of Divinity with Jesus, what on Earth can you lack? Of course, the real answer is NOTHING! This is the TRUTH about YOU - the Truth that you must come to KNOW and UNDERSTAND, in order to free yourself from trouble and Karmic suffering FOREVER. KNOW THYSELF! The Ancient Mystery Teachers were so right when they admonished their candidates to get this priceless self knowledge, as the most important step they could possibly take toward Christhood. It's been said that Buddha showed the way, but that Christ IS enlightenment. "Christ in YOU, your hope (and fulfillment) of Glory!" but YOU must achieve that fulfillment for yourself. YOU must take the steps that will GIVE you all the Powers that Jesus had. How? By BEING the God-you CONSCIOUSLY, every moment of your waking life, and acting in accord with this recognition. See the Perfection of yourself as a God. Make that Perfect you the ONLY you there is, and as I've said, you "cannot look upon iniquity," for it will have vanished from your sphere of existence.

I repeat, program yourself to BELIEVE in Yourself....your Divine Self and to BE that self constantly. To regard your Spiritual Nature as your only self is to "pray without ceasing," for after all isn't prayer simply contact with God? That's who you are, Beloved, and you can embody all the attributes of a Christ in the flesh, as soon as you KNOW that you are One. Program yourself to believe in yourself as the Omnipotent Builder and Ruler of your body and everything that you see in your outer experience. Realize that It is YOU who KNOWS all and IS all as far as you are concerned with life, and you'll be holding the key to the gateway of Eden in your hand.

YOU, and NO ONE ELSE, are responsible for what happens to YOU! You alone, bestow abundance, health, harmony and happiness UPON YOURSELF, for you literally create and ensoul these conditions out of your own Emotional Substance and become aware of them from within....the wonderful viewing machine of your physical eyes and brain. That is why you must be so careful of the type of things that you allow to receive your ATTENTION. If it does not concern you - especially if it's not what you want, don't focus your thoughts upon it, for to think of ANYTHING persistently with INTEREST, is to provide it with the material it needs to take form in your world, as a part of your own reality of the moment.

Do what you can to help others. Bless them and surround them with your Love, but most important of all, see them as perfect, regardless of what people say or

how they may react to you. They really are gods, you know, and your recognition of their true state will help them to manifest it more clearly. Then, too, if they refuse to act the part of your friend, your love will simply repel them from your life. Paul said to think on whatsoever things are true - whatsoever things were good - whatsoever things were pure or talked about, with a "good report." He said, "THINK ONLY on these things," which of course leaves gossip, complaining and morbid dwelling on imperfection and discord completely taboo.

He understood the secret of your ATTENTION - that your INTEREST in the things you want most to avoid, will build these "no! no's" into your human experience. YOU CONSTRUCT THEIR FORMS WITH YOUR OWN EMOTIONAL SUBSTANCE, and BRING THEM to pass before your conscious mind. Remember what you "see" has somehow become a part of you, so cast off your fetters by loosing them from YOUR ATTENTION and letting them go.

Instead, claim your own PERFECTION until you can see it EVERYWHERE in your world. Judge not by present appearances, no matter how appalling they may seem, but judge "righteous judgment," which means the right judgment that YOU are GOD, YOU are God personified, pressed out into individual form - Lord of all you survey. You are omnipotent, omniscient and omnipresent as perfection in every phase of your existence on Earth, and you must begin to act that part. As I said, YOU are Perfection Personified, but you must KNOW this truth about yourself before it can save you. Practice your Powers, for practice makes perfect, and programming your soul to ACCEPT the fullness of your Godhood, with all that entails, will make you an Incarnate Christ. So be it. Amen

The Light Centre, 1064 McCabe Rd., Ada, MI 49301

WALK IN THE LIGHT

Bernard Barton (Lived 1784-1849)

Walk in the light! so shalt thou know
That fellowship of love
His spirit only can bestow,
Who reigns in light above.

Walk in the light! and thou shalt find
Thy heart made truly His,
Who dwells in cloudless light enshrined,
In whom no darkness is.

Walk in the light! and thou shalt own
Thy darkness passed away,
Because that light hath on thee shone,
In which is perfect day.

Walk in the light! and thine shall be
A path, though thorny, bright;
For God by grace shall dwell in thee,
And God Himself is light.

THE GARDENS OF THE FUTURE will far surpass anything known at present, not because science and intelligence aid or promote them but because LOVE does. Sharing of LOVE brings ONENESS. All Forms, seen and unseen, are materializations of the One Life. Where anything exists, GOD is.- not part of GOD but GOD Indivisible. The Findhorn Garden

SYMPTOMS OF INNER PEACE

Be on the lookout for symptoms of inner peace. The hearts of a great many have already been exposed to inner peace and it is possible that people everywhere could come down with it in epidemic proportions. This could pose a serious threat to what has, up to now, been a fairly stable condition of conflict in the world. Some signs and symptoms:

- A tendency to think and act spontaneously rather than on fears based on past experiences.
- An unmistakable ability to enjoy each moment.
- A loss of interest in judging other people.
- A loss of interest in interpreting the actions of others.
- A loss of interest in conflict.
- A loss of the ability to worry. (This is a very serious symptom.)
- Frequent, overwhelming episodes of appreciation.
- Contented feelings of connectedness with others and nature.
- Frequent attacks of smiling.
- An increased tendency to let things happen rather than make them happen.
- An increased susceptibility to the love extended by others as well as the uncontrollable urge to extend it.

WARNING: If you have some or all of the above symptoms, please be advised that your condition of inner peace may be so far advanced as to not be curable. If you are exposed to anyone exhibiting any of these symptoms, remain exposed only at your own risk.

Hede Marker, 5863 Southminster, Houston, TX 77035

A NEW LIFE

So many people are, or have been, going through difficulties lately. I would say - take everything as it comes, knowing it has been brought into our world for a reason. Go along with it; learn from it and it will soon pass; we will come thru the better for it. Without these obstacles, which we have put in our own way, we would not progress, we would not evolve. Each time we overcome them we are strengthened and one step further up the ladder, until eventually, we have transmuted the discord and are purified enough for our True Selves to take over, blending the human and the divine. Then we feel a more tangible guidance because we are our True Selves. We are more confident, things that we have desired come our way, because we have lost the desire for them. Our lives dovetail in perfect order. All we do is live in the NOW and let it happen.

God moves in mysterious ways to bring us to this stage. What is right for one is not right for another. We are all different fragments of God - yet ONE with Him. What to us does not seem right, is the perfect lesson for another. We cannot judge another. We do not know what that one needs. We just hold them in the Light and send our love, and if it is possible, help on the physical as well.

This terrific upsurge of energy that is now enfolding the planet is bringing all discord to the surface to be transmuted as everything has to be cleansed before we can take the next step. Sometimes we don't want to let go and this causes inharmony. Until we leave behind all the past we cannot receive what wonders God has in store for us; but first we have to prove to Him that we want what He has to give more than anything else. There is another point that may be of comfort and that is, as we transmute discordant energy in ourselves, we are transmuting it for everybody. Some people take on a special condition to help mankind.

So my love to you all. I know what its like! Mercifully the end of the tunnel is in sight and the Light is blazing as we come out into a new dimension - a New Life! Some have already done so.

Silver Amethyst
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AT THE CITY OF THE SUN:

There is gladsome news about Dorothy Rayburn who is getting back into her "busy world" again - driving her car, having guests and taking part in activities. She had a number of guests from Deming, Albuquerque and out-of-state for both the Columbus Thanksgiving and the "Green Tea" sponsored by Luna Mimbres Museum, Deming.

Lucille Craver and Gene LeBarron, California friends of Drs. Jim and Verlie Barton were here several weeks. They assisted the Bartons with their addition to the mobile, as well as being able to take in several entertainments in nearby U.S. and Mexico. Now the Drs. Barton are heading for Arkansas to visit her mother, Edna Riggs, and others in the family.

Helen and Andrew Webber enjoyed a several day visit from their son Joe and his family of Whittier, Calif. His wife, Margaret and children Aaron, Kether and Manda. They were able to visit some of the nearby sights such as "City of the Rocks" and Palomas.

Some excellent birthday recognition and fellowship dinners were enjoyed by the community in November and December. November honorees were Dr. Jim Barton, Constance Arnot, David Johnson and Andrew Webber. Faun Homman and Sam Stephen had birthdays in December, as well as a wedding anniversary for the Bartons.

Many of the women of the Foundation were busy creating Arts and Crafts for a Columbus Community Sale Dec. 18th, as well as a Flea Market Sale.

Some of the men have been equally as busy putting up a new outdoor bulletin board, a fine fence around the new lagoon, as well as unusual upkeep and winterizing of Foundation buildings and gardens.

Faun Homman is enjoying a nice visit from her sister, Gladys of Minnesota.

Peace 21 is always taken part in. For the 31st Planetary Prayers the worship center will be open the full 24 hours, with special emphasis at 5:00 A.M. - the special time in our part of the world for this peace emphasis.

The Friday afternoon services have been well attended and meaningful. The Course in "Miracles" will commence again in January. A Christmas Eve event is being planned.

SPECIAL NOTICE: Recently several people have sent into our office their ORIGINAL, "One-of-a-kind" booklets and papers. We do not solicit these. We have no way of copying them. WE CANNOT BE RESPONSIBLE FOR THESE. Thank you. Secretary of Foundation

PATIENCE - A NECESSARY VIRTUE

Suns of LIGHT, in a world so obsessed with rapidity and with competition, you must exercise more precisely the Virtue of PATIENCE. In every aspect of physical AND Spiritual Life is observed restlessness and impatience, stumbling blocks to TRUE happiness.

Physically, human beings run to and fro at a rapid pace trying to accomplish more and more in less and less time. They feel a strong urge to be competitive in all things; there is even a tendency to equate patience with laziness! In your present-day society there seems to be no time for quietness and reflection. This is very sad for if such attitudes exist in physical life, they will carry over as well into the Spiritual Life.

Impatience is contrary to Universal LAW - Children of LIGHT. Why are you in such a hurry? Do you not realize that no matter how rapidly you go in all directions, your Soul-Self will still accomplish only that which is in the Divine Plan!? Take 'time' to enjoy each step of your Way; take 'time' EACH DAY to 'tune-in' to LIGHT before you step out into Life's Path; take 'time' to pause frequently, wherever you are and count the many Blessings that come your way.

My Suns, in ALL of Life's experiences, be LOVINGLY PATIENT knowing that you CANNOT add one moment to Time even if you do hurry. SAVOR LIFE - yes savor the 'good' and the 'bad' that enters your experience, since ALL is vital to your Spiritual Health and Growth.

PATIENCE is particularly important in your Spiritual Quest. Too often We observe spiritual aspirants extremely impatient, desiring Fulfillment IMMEDIATELY. They are not satisfied to move Forward slowly and precisely; instead they wish to leap ahead so rapidly that on the Way they may miss valuable lessons! Spiritual impatience is the greatest of problems because to 'skip' even one step in your Growth is to actually retard your Greatest Fulfillment. Remember, Eternity is NOW - no time - no space limits the ETERNAL NOW. If you can learn to be patient, loving and kind, then your Spiritual Progress will be fruitful and decisive.

Do not let the competing masses influence your thinking. It is so sad to observe many Students of LIGHT using a competitive spirit in an attempt to move Forward Spiritually. Instead of looking to their OWN God-Self, they conform to others' ideas and try to run ahead as in a road race!! O, My Suns, when will you learn that Spiritual Enlightenment is in NO WAY associated with the ego-ways of the world. You ARE Spiritual Beings - your Goal is quite simply to learn to RECOGNIZE this fact by living each moment with pure thoughts, pure actions, and pure communication. Your motive should be only to Reclaim your Life as GOD-Light arranged it in the first place. Spiritual Enlightenment is not a mad struggle to get into 'heaven'. It is an on-going experience of Joy, Love, Peace and Unity with The Over-Soul, THE ABSOLUTE.

Blessed Ones, just move Forward, one Step at a Time, without anxiety, without competition, without impatience. Follow your own deepest Inner Instincts, balancing your physical life with your Spiritual Life. Thus will you find peace and serenity. The calmness that will result from such a Harmonious Life, will bring glorious health to BOTH Soul and physical body.

I...AM...THAT...I...AM...Life-Love-Light of the U N I V E R S E.

New Age Teachings, P. O. Box 477, Brookfield, MA 01506

I love you I Am Presence
For Your faithfulness to me;
Your eternal hope and effort
That I can God-like be. mjs

JOY

Joy is the feeling vibration that lifts - lifts you up into My Eternal Arms.
It is a fullness of heart so great it can no longer be contained and bursts forth to fill the whole Being.

Be joyful in all things!

If you are sad, look for something to rejoice in, and in the joy, you will be lifted to greater heights - a boundless expression of utter ecstasy!

A joyful heart opens wide the portals for my inflowing Love. It disperses all gloom - for how could gloom possibly bear up under the strength of such buoyancy?

Grief and sadness pull down. Joy lifts - lifts to the very heavens and knows no bounds. It is ever expanding and cannot be contained.

It lifts and lightens the sorrows of others and allows My Love to pour in for them.

Look for joy in all things - in the flash of yellow as a bird startles from its nesting place; the small dainty wild flower; the brilliant splashes of color of a beetle; the sun filtering through a darkened sky. And in the finding, it will multiply and increase and lift as the leaven - filling all space and knowing no limits.

So keep a joyful heart, for in your joy, I, too, feel joy for you are but a part of Me.

In our oneness you become the extension of My Joy. In the lifting, you are drawn closer into the oneness of Me, to be filled with Joy Eternal.

"Whisperings In The Silence" - Meditations of Zella Townsend.



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