



# THE GOLDEN DAWN

CITY OF THE SUN FOUNDATION.

NUMBER 64  
(Jan.-Feb. 1982)

## A SPIRITUAL COUNSEL.

Go placidly amid the noise and haste, and remember what Peace there may be in Silence. As far as possible, without surrender, be on good terms with all persons. Speak your truth quietly and clearly and listen to others. Even the dull and the ignorant, they too have their story.

Avoid loud and aggressive persons. They are vexatious to the spirit. If you compare yourself with others you may become vain and bitter for always there will be greater and lesser persons than yourself. Enjoy your achievements as well as your plans.

Keep interested in your own career however humble. It is a real possession in the changing fortunes of time. Exercise caution in your business affairs for the world is full of trickery. But let this not blind you to what virtue there is. Many persons strive for high ideals, and everywhere life is full of heroism.

Be yourself. Especially, do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment, it is perennial as the grass.

Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of Spirit to shield you in sudden misfortune, but do not distress yourself with your imagination. Many fears are born of fatigue and loneliness.

Beyond a wholesome discipline, be gentle with yourself. You are a child of the Universe no less than the tree and the stars. You have a right to be here, and whether or not it is clear to you, no doubt the Universe is unfolding as it should be.

Therefore, be at Peace with God, whatever you conceive Him to be. And whatever your labours and aspirations in the noisy confusion of life, keep Peace with your soul. The world with all its sham, drudgery and broken dreams is still a beautiful place, a school where we've come to learn! Therefore, be careful and strive to be happy.

(From the works of Max Ehrmann)

Submitted by Elad Jacob, Gardien de la Paix, B.P.2, Ikongsamta, Cameroun, Africa.

The above has also been titled "Deserdirado". It was found in a Baltimore church in 1692.



S H T A R   C O M M A N D   C O M M U N I Q U E

THE SPIRITUAL PROCESS OF HUMAN BIRTH

It is given to the expectant mother to be a great vortex for the incoming vibration of a new soul. The spiralling energies that combine to enliven the incoming soul find their way down into and through the aura of the mother. They represent the combined frequencies of the unborn, the causal body of form, the memory bank of the soul, the patterns and the gridwork from which the physical will be designed, and the emotional, physical and mental life of the person to be. This grouping of energy, if it is an enlightened soul, can be seen by the clairvoyant as a ball of fire, bright in light, round, and hovering a distance above the mother's physical form. It remains high throughout conception and early pregnancy until the crisis hour approaches. One can then measure the closeness of birth by the location of the causal body of the unborn.

The infant form is purely a physical creation until these two are joined. This is a very much misunderstood fact in these matters. However, should the form be destroyed in some manner the hovering soul has lost its platform of evolution for that time, and must remain in the aura of the mother until her physical transition for release.

This soul is capable of spiritual communication in many instances, through a medium or channel, or the enlightened mother, and can sometimes assume an identity for this purpose. The child will be a greater influence upon the mother after his nucleus of energy has drawn within her aura. Then will take place a mystical closeness between the two, and a blending of their souls in thoughts and guidance.

The entrance into its own form is made through the highest center of the mother, and down through the lower chakras to the seat of the soul. It then enters the child's form from the crown chakra, as it awaits in the birth position. This arrangement should mean that the process is very near. Again, the sensitive and clairvoyant can discern this presence and location of the unborn causal body.

Birth time as indicated by any physician should not be dogmatically adhered to, but rather incidental to the leadings of the unborn in these processes. Those who guide its descent, as well as its own soul choice, know when these things must be and this is above all a very spiritual event of the most high importance, second only to the reverse event in transition. We can rest assured that the descending soul has its pre-determined astrological schedule well under control. Birth is a great object lesson and teaching matter. The mother should hold herself in Light at all times. Many Great Ones are now coming in.

COMMANDER ATHENA

Messenger - Tuella.

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"Love understands and Love waits."  
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MASTERY - DOMINION.

Not until one can face hardships and trials with FULL STABILITY and responsive emotional control, can they come into full power of BEING. Mastery is FULL CONSCIOUS ABILITY to remain UNMOVED by external forces and conditions..

MENTAL and EMOTIONAL responsive-reactions determines a man's DEGREE of MASTERY. Man who permits his FEELING and THINKING world to be touched by OUTER EFFECTS is still UNDER CONTROL of ELEMENTAL influences, instead of being IN CONTROL of them.

Universes of CREATION are endless, as are those INFLUENCES that abide there-in. To grow beyond limitations of bondage is the prodding force behind man's evolution of LIVING experiences. As man's SUBSTANCE-BODIES evolve and refine, likewise do his RESPONSES to the substance realms - each being affected by the other.

Not only must man learn to have DOMINION over the FORCES OF NATURE, but so must he have DOMINION over the CONSCIOUS STREAMS OF ENERGIES - allowing himself NO indulgence in THOUGHT REACTIONS that stimulate negative feeling responses in his substance kingdom.

The emotional-field of man's FORM responds to his THOUGHT PATTERNS, which in turn creates cellular-physical reaction. Those responses that create FEELINGS of depression, create RESTRICTIONS AND CONSTRICTIONS in his substance-form, and manifest themselves as PHYSICAL and EMOTIONAL UNBALANCE. The LAWS OF CREATION cannot be IGNORED, and man must ever experience the RESULTS of his mental attitudes.

Learning TRUE MASTERY requires diligent AWARENESS of every tremor of mental reaction to outer stimulus. The REACTION to thought is in exact correspondence to the FEELING itself. The result - IDENTICAL. As a man thinketh, SO IS HE. By no METHOD of discipline, other than MENTAL, can man escape the agonizing experiences of negative influences. Only by proper MENTAL reaction to OUTER stimulus can he attain MASTERY over the lower-kingdoms of his being.

Responses to environment, associations, and situations, must always be CALM and CONTROLLED - not only by OUTER demonstration, but WITHIN his FEELING world. Only by full attunement with his GOD SELF can this perfect condition of mind be attained. When it is attained, man opens his SENSES to the DIVINE NATURE and becomes MASTER OF ALL HE BEHOLDS. The petty conditions of human error no longer move him to emotional or negative mental responses, but instead they serve him as TOOLS for greater comprehension of SELF and the NATURE-level of BEING. Command can only be gained by constant WATCHING of mental-impulses, and by persistently directing MENTAL-ENERGIES into channels of RIGHT RESPONSE AND ATTITUDE.

MASTERY is earned by AWARENESS of failures and striving toward PERFECTION OF THOUGHT.

from DESKA COMMUNICATES

White Star, P.O. Box 307, Joshua Tree, Ca. 92252.

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The Golden Dawn is the official publication of the City of the Sun Foundation, P. O. Box 356, Columbus, New Mexico, 85029. It is published every two months and sent upon a freewill offering basis.  
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In Golden Dawn 63 we gave the first part of an unpublished discourse by ANNALIE SKARIN. In this issue we conclude this message.

#### OVERCOMING SIN AND DEATH.

These things are true! They aren't orthodox, but none of the teachings of Christ were orthodox, nor were Joseph Smith's, nor any of the prophets, and they gave their lives to prove them. But we are ready to usher in the New Day, and we must understand these higher laws, and live by them, for they are ours. Live live from your own soul, as you learn to be directed by the Light of Christ, and the Angels of Almighty God. The scripture IS dead unless it become a living thing in your own soul and becomes flesh, and you have that continued contact with the Spirit of Christ, the living WORD of God in your own soul. First learn of yourself to become one with God, united with His power, filled with His Spirit, clothed with His Light, and then you will be ordained and sent forth.

Read carefully Ether 4:12-18 and you will understand why these great and glorious truths have been hid from the world. You will know that it has been because of the hardness of men's hearts and minds. Then you will realize that these great blessings have been waiting to come forth until this day. What did we ever do to have such glorious things come to us. You may be sure a new day is dawning for the whole world.

No one has ever had to die. But most of them have died because they did not understand that by overcoming their sins, they could live forever. The guard sat with a flaming sword to guard the way of the Tree of Life. It was only to keep them from "living forever in their sins". So if they continue sinning, they will have to die. The Cherubim and the flaming sword that guards the way to the Tree of Life is the veil that is placed between the fullness of Spirit and the mortal consciousness of understanding. When one is purified completely that flaming sword is removed and the fullness of the Spirit of Almighty God and His Love and His Gift of Life Eternal are again ours. Yes, we do all have to have our own "crucifixion", but not as so many supposed. We ourselves take it upon ourselves, our own frail, unworthy, weak desires; our selfishness or whatever weaknesses and failings we have embedded in our personal dispositions and make-ups. As we submerge every personal trait and desire to do the will of God, or blend our wills with His - learn to listen and to follow Him in all things, we are putting the body of flesh aside. This is the real crucifixion. This is the meaning of the "broken flesh". We are to partake of it, or take it upon ourselves. The blood, which is the symbol of the physical life-force is but the manifestation of the "Spiritual Life-force - the Spirit, or Light of Christ." So we take upon us the broken or subdued flesh as we conquer ourselves, our own mortal traits. We partake of His Blood or Spirit of Life as we turn ever more diligently to the direction of that Holy, Divine Light that God has given to abide within us. You will understand this better as you study very prayerfully John 6:26-63: "It is the Spirit that quickeneth; the flesh profiteth nothing. The words that I speak unto you, they are Spirit and they are Life."

Yes, the majority are walking in darkness at noonday. But such a short time ago I didn't understand either. So how could I possibly condemn another if he does not see or understand. I marvel that we have been so blind for so long. But then comes the greater gratitude that at last the understanding is coming. The word Zion means literally the "pure in heart." Many on the outside will be included in this group who are to be purified. There are great and mighty things already

being brought to pass. The time is not far off when the "Spirit of the Lord will cover the earth as the waters cover the sea" and that will only be accomplished as the people of the earth receive of that divine Light of Christ from within themselves and are directed by it into the holiness of His Holy Spirit of eternal Light and Truth. Yes, we are his power,

God must always come first - before children, before parents, before anything. But nothing is ever lost by one who yields his will to the will of God. One's children are guarded by a higher power; one's love for his own is perfected and their love for him. Christ's family fought against Him during his earthly ministry. Later, His brother James repented in sackcloth and ashes and kneeled in the temple until his elbows and knees raised high blisters and turned into calluses. Then in Galatians 1:19 it tells that James the brother of Christ became an apostle.

It is impossible to sacrifice or give to God without being the benefactor, and the receiver of the blessings. The more one honors and glorifies God, the greater and more beautiful his own life becomes; the greater blessings he will receive and the greater blessings for those he loves. One may be tested to see how much he is willing to give, but he cannot possibly lose anything by it, even though he loses his life. He will truly gain it and all that is possible to receive. Yet these greater truths are only apparent to those who have begun to live the laws. Unless one fulfills the word of wisdom he cannot possibly understand its blessings. Unless one lives the law of chastity he cannot possibly know of that inner power it gives. Unless one pays tithing freely and with an open heart he cannot know the feeling of love and security that goes with it. And thus these blessings grow and multiply as one grows from grace to grace until the "Fullness of the Father."

May your soul rejoice as mine is rejoicing, and may joy such as you have never known fill your life continually. Joy is of the soul, and only with the soul can you experience it. When joy is not in your soul then know that in that moment you have lost your contact with the Light. Then with new strength and vigor gather that Light to you and concentrate it within your being and soon - very soon - it will be yours forever and ever.

ANNALEE SKARIN

Some of you would be interested in scripture references in the Bible, Mormon Scriptures, and Mormon Doctrine and Covenant: These concern the above message "Overcoming Sin and Death" as suggested by Annalee Skarin.

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|-------------------------|---------------------------------|
| Jer. 27:13              | John 11:25-26                   |
| Heb. 2:14               | Romans 6:23                     |
| John 8:51               | I Cor. 15:26                    |
| Rev. 21:4               | D. & C. 101:29                  |
| John 6 (entire chapter) | Romans 8:6; 8:13                |
| John 10:10, 17, 28      | D. & C. 45:8                    |
| D. & C. 42:48, 45:32    | John 5:21                       |
| John 4:14               | I Cor. 15:51                    |
| I Thes. 4:17            | I John 3:14                     |
| John 2:32 24:37-40      | Alma 45:15-19 35:21 100:16 38:8 |
| Mark 9:1                | D. & C. 49:8                    |
| Helaman 10: 16-17       |                                 |

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"The "outlook" may be dark, but the "uplook" is glorious."  
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### CONCERNING PETS.

How many of you have wondered if your pets would survive the planetary changes? How many of you have been unconsolable after the death of a pet? I was, after my own cat "Tigger" was killed needlessly by two huge dogs in October. Although Joshua brought her to me to show me that she was safe now, I couldn't be consoled. The following information was given to me by a representative of the Animal Kingdom in the hopes of lightening many heavy hearts. Lucy Colson.

Those of you who have lost pets, fear ye not, for they are as alive today as if there were no veil between you. At the passing from your dimension, they are received unto a higher consciousness where they are looked after just as conscientiously as you would have done.

Those little beings who have exited your world in a traumatic way, through accident or violent death, are cared for in a most tender way by attending animal spirits until they are able to cope for themselves. (We also have dedicated servers from the human kingdom who are especially adept through training to help with this process.) Because of their response to human love, these spirits need special care. They no longer respond to the lower animal vibration, nor are they a part of the human kingdom but are slowly evolving upward. These animal spirits therefore need the special attention not accorded to all the animals in our kingdom. These little beings need special attention because of the shock to the spirit abiding in each. But through love, the spirit is gradually relieved of the tension and fear it found upon departure from your world. Gradually releasing that fear, it is able to adapt itself to its new surroundings. Never, never is a little being left alone upon entrance into our domain. There is always a helper to guide it into full consciousness after its passage through darkness between dimensions.

Once the little being is fully conscious again and able to operate under its own in the new vibrations, it is then released into the guidance of yet other spirits who help it along its evolutionary path. All knowledge gained becomes a part of the common pool of group spirit knowledge, so each little being actually contributes what it has gained in its earthly sojourn to the overall knowledge of the group entity; whether that be the feline entity, the canine entity, etc. Each oversoul or group entity is therefore enriched.

It has come to our attention the rapid evolution taking place in the little beings through their contact with those souls who express a truly spiritual nature. This is commendable indeed. Therefore, you who grieve over the loss of a little being should realize the great good that has been accomplished, and be at peace.

Will your pets survive the planetary changes? Not all of the animal kingdom will survive the changes, but neither will the human kingdom either. However, those animals that have shown great promise in their evolution will be allowed to remain with the planet as it passes through its dimensional changes. Remember, all is relative to vibration. As the planetary vibrations change to a higher frequency, so must the frequencies change in all living things, regardless of the kingdom involved. Just as there are promising beings from the human kingdom who will be protected from the coming changes and will go on to usher in the Lighted Age, so are there promising ones from the animal kingdom who will be permitted to continue their evolution on the newly cleansed Planet Earth. The companionship and cooperation between kingdoms has been a very important one in the overall growth of the planet. For cooperation

between the kingdoms is essential to the survival of the planet itself. Without a continuing flow of love between the kingdoms there cannot be established the harmony so badly needed for the stabilization of the vibrational patterns of the planet. When harmony is lacking between the kingdoms "upheavals of nature" occur in the form of earthquakes, floods, pollution, etc. Therefore, the love shared between the animal kingdom and the human kingdom is of special interest to us as evidence that there is an upward trend towards planetary harmony.

In the event of immediate evacuation it will not be easy to rescue every little being, nor will it be possible, for many humans will be taken up as they are, on second's notice with no time for preparation of either themselves or their animals. Therefore, we cannot tell you at this time the arrangements for evacuation of the animals. It will depend completely on the type of evacuation called for, should it become necessary, and also on the state of evolution the individual animal has obtained. We want to impress upon you, however, that there is no "death", but the continuation of life force and many WILL be reunited with their pets at a suitable time.

If you wish to help the little beings in your care obtain the Light, the process is simple: By sharing your Light, Knowledge, and Love with your "furry friends" from the animal kingdom, you can hasten their growth and assure their ongoing evolution. Keep your little friends in your prayers always, whether they be with you in physical presence or not, and know if it is so ordained, you will meet again. No love between kingdoms is ever lost nor forgotten. Love is eternal, it is life itself. Love is the Supreme Being of us all.

It gives me great pleasure as a representative of the animal kingdom to greet you and give you this information. We salute you of the Human Kingdom. We also thank Joshua for His help in bringing forth this message. Peace be with thee.

Channel: Lucy Colson, P.O. Box 74, Ojai, Ca. 93023

Nov. 15, 1981.

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A Version from Malaysia:  
THE LORD'S PRAYER.

My Father, the Love of God.  
Hallowed and Holy is Thy Name.  
Thy Spirit come, in Thy Will be it done  
As it was in the beginning.  
Give us this day our daily bread.  
The Manna from Heaven, the Love of God.  
My Father overcomes all temptations.  
As He leads His children through the World.  
Forgive us, "Father", for what we have done.  
And we pray that we, too, forgive others  
As You have forgiven us,  
You are the deliverer from all evil  
Through Your Power of Love, and we glorify You,  
"Father", in Thy Name, the Father of us all!

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"A weak man becomes powerful when he is in contact with the mighty force of  
God."  
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LIFE-LIGHT OF COSMOS

From the White Brotherhood.

THERE IS BUT ONE LIFE, and that is in HE WHO is Greatest of All. There is but ONE LIGHT, the Light of the WORD and of Cosmos. There is but One Law and One Teaching of Euphonious Beauty throughout All Creation. But the god of the world thinks he is the Power and the Life and the Light, yet he knows aught but death and destruction. There is for he who is of the world, death and desolation; for the Cause of all Light is from Above, and the cause of nuclear diffusion is of the world.

Be not regretting the commotion, the sorting and the diffusion of the world peoples. Be not concerned. Be loath to administer justice; be loath to argument; be loath to assent in corruption and all such things as are of the world. The God-Father's Purpose is Above and beyond all that which is corrupt and that which is base; which is immoral, which is diffused, which is wantonness. The shallowness of the world and man comes hither, comes Higher out of the wantonness of the world, And he looks to the God-Father for herein is the Holy Light and the LIFE OF ETRNALITY,

MAN OF COSMOS EVOLVES WITHOUT DECEASEMENT; Evolves from one Creative Power to another and Higher Creative Power, by the Will of his Evolved Mind, and in tune with Creative Functions. For oblivion is of the world, but LIFE-LIGHT IS OF COSMOS. Therefore man of the world has chosen his own Feliverance when he chooses THE LIFE-LIGHT OF COSMOS, and would have none of the deceasement of Earth.

Did not the Lord Jesus ride from the Earth to Heaven? Did not the Master Jesus, or as we say, Jesias, leave not His body behind, but lifted His Light and Love as a Temple of the Holy Works of the Father? Did not the Brother Enoch likewise not commit adultery with the sins of the world, but was Raised in Life-LIGHT in the BEING of his person, the TEMPLE OF GOD?

All that which must come forth from the world must come in LIFE-LIGHT, as the Restitution of Being, for the Future of Life which is God-Created in the fullness and Being and the Perfection of Man, is in the FORM OF MAN; THE TEMPLE STRUCTURE which MUST EVOLVE, and not decay!

IN LIKE MANNER AS HE WENT, so shall Man of Truth come Up also, unto the Heavens - FOR THE WORK SUPREME IS YET TO BE DONE ON HIGH...!

SUPREMACY IS NOT OF EARTH, BUT SHALL BE BROUGHT DOWN FROM HEAVEN, FOR THE NEW ERA WHICH DAWNS.

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Father/Mother God: " I let your radiant light shine forth into my world.  
I let your dynamic energy prosper me and bless my world.  
I let your perfecting love flow from the nucleus of my being  
into my world restoring health, prosperity and joy,  
I let the peace that passeth understanding permeate my world  
and I live, move and have my being in You."  
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## THE BREATH OF LIFE.

Hidden within the mystery that is the breath is a secret of Freedom that can change how we live not only our moments, but our hours, days, weeks, months, years and our entire lifetime.

This secret is to release with each outbreath ALL that has come into possession with each inbreath - thoughts and ideas, feelings and emotions, actions and deeds. As The Divine gives to us the unformed "prana" (Life Force) for our free-will use with each inbreath, so we then give back to The Divine the creations we have brought about from these inspirations. In this way we then clear and open for the next loving energizing inflow. This requires AWARENESS and following the breath to be sure that all is completely fallen away and released with each exhalation - so much so that the following inbreath comes in of its own accord, rather than with a feeling of it being "taken" from the Divine Supply - and then allowing it to completely fill our lungs and being with its inspiration.

All of Nature and all of The Divine is giving and forgiving - "Love is Forgiving". The trees and plants breathe in the foul and polluted air we have created and return it purified, just as do the bacteria in soil and the algae in lakes and sea cleanse the defiled waters of the impurities we have imposed upon them. This is Nature's obedience to the Law of Love. And we, as a part of Nature and The Divine, share this same role of purification, for as we breathe in the "prana" we also are taking in the mental and emotional pollutions that mankind have poured out into our world, and we become crucibles for the refining, the transforming, the purifying of these vibrations so that they are offered back to the world cleared and cleansed on our every outbreath.

But this can happen best only when we have first cleared and cleansed our own Temple, using our breath to clean out and purify any and all negativities that may reside within our physical, emotional and mental bodies. Then, with each purifying breath that transforms our selves, we make available more of that loving energy for working on the world, so that at any level of awareness of our seeking to return to our divinely ordained unseparated position as a co-worker with The Divine we can be of service - and the more we serve by the giving of our energies for this purification of our Mother Earth, the more we receive to expand the action of purity.

So let us live our lives as we live each moment. GIVE each thought, feeling and action back to The Divine with each outbreath in gratitude and thanks for the opportunity to be of service, and REJOICE in the blessing of a totally new inbreath to yet again continue Love's Work.

Peter Hallock Campbell

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The Beautiful in Life: |-----|

Some talk of it in poetry,  
some grow it from the soil,  
some build it in a steeple,  
some show it through their toil,  
some breathe it into music,  
some mold it into art,  
some shape it into breadloaves -  
some hold it in their hearts.

From "Crystals of Light"  
|-----|

INFORMATION CONCERNING THE 1982 ECLIPSES.

With the total eclipse of the Full Moon on January 9, 1982 in the hierarchy of Cancer, followed on January 24, 1982 by a partial solar eclipse in the hierarchy of Capricorn, the planet and its inhabitants begin their slow, agonizing journey towards the fourth dimension of renewed spiritual accountability. This journey into a new dimension will not happen overnight, but will be a gradual fact taking place over a specified time span. There will be seven initiations to be taken during 1982 under the hierarchies of the seven rays of the seven eclipses. The New Moon of December 26, 1981 is the triggering effect which begins this inward journey of initiation into the fourth dimension.

During the year as each eclipse approaches, it should be viewed as a stepping stone to a higher vibration. Each person will be confronting past personal karma which must be transmuted on the spot before the next eclipse pattern arrives. The eclipses will also act as doorways which will present you with a new, but challenging opportunity. It may be a new life style or new ways of reacting to outer events around you. But each eclipse leads down a path to the Inner Sanctum of each being, whereupon the final eclipse initiation one must come face to face with the Christed Being Within.

How well you face the initiations of 1982 is up to you. For many, this will be the ultimate testing, the ultimate initiation which will bring about the joining of the Christ Self within, and out of this chrysalis will emerge Spiritual Man, renewed in vibration, able to cooperate in bringing to pass the new dimension, the New Age, on a newly cleansed planet.

I AM JOSHUA

Channel: Lucy Colson, P.O. Box 74, Ojai, Ca. 93023

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I AM

There is no drop of cooling water,  
Nor grain of glistening sand,  
No spadeful of Mother Earth  
Where I AM not on hand.

I AM in the early sunrise;  
Also in the ebbing light;  
In the outgrowth of each plant,  
And each bird's daily flight.

I set the planets in their orbit.  
I motivate the suns.  
My energies are ceaseless.  
By them universes are run.

I AM the All Life Force -  
An eternal part of creation.  
You have me within, without you -  
A part of this divine emanation.

I AM!

mjs  
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AT THE CITY OF THE SUN:

In October Faun Homman made a 3,843 mile round trip to Minnesota to visit her sister and friends. Her trusty Hornet of ten years performed well during the trip. On her return she stopped in Minden, Nebraska to see Warp's Pioneer Village. It covers 20 acres, housing 30,000 historic items in 24 buildings. As a living history, most of the machines have been restored and still operate just as they did when their proud owners first purchased them. One sees how America grew from 1830. Faun was very happy to be HOME in the City of the Sun.

Mike and Helen Webber of Southern California arrived just as we were getting out the last Golden Dawn. As new members they immediately assisted in assembling the Golden Dawn, and have been very busy at work ever since. Mike is at present building a large garden room which will be largely solarized. Helen grows and juices wheat grass for those interested. Harold and Lorraine Sonnaband, Helen's sister and husband, came by for a visit.

Mr. & Mrs. Basil Coburn of Tucson arrived for an overnight stay. They happened upon our first fall fellowship supper. Sarah Leonard had charge of one of the suppers, and then recently Olie Mae Hale took her turn.

Austin and Ruth Love were delighted to have Austin's sister and husband, Ione and Emmett Kirkland, spend a visit of three weeks with them. They were able to stay with Ruth while Austin was at the Las Cruces Hospital having a hernia operation and six day recovery there. It is always a joy and delight to have them visit. When leaving for home they took some comb honey produced here at the City of the Sun.

Thanksgiving was a special day for most of our community, and 3 visitors. A number of members gave of their work and time to make the occasion very successful. In the lovely decorated hall after a most excellent food feast several members spoke inspirationally. This was interspersed with prayer and music. A most blessed day!

A new friend, Richard Woodmaster, a member of the U.S. Army spent a number of days here. He was headed for his new station in northernmost Alaska. His work is with the weather station. Glad we are to hear that he expects to return here.

Ellen Killeen of Dallas, Texas, spent a week with us. She was very generous in sharing her knowledge and various techniques of healing with us. Sarah is anxiously looking forward to them working together when Ellen becomes a member of our community.

Isn't it interesting to know we have friends all over the world - we just haven't met them yet! Trevor and Joy Rowe, a couple from New Zealand, prove the previous statement. They felt led to come and visit at the City of the Sun, and now we have two new valued friends! They may stay in this area for awhile.

Dwight Hale and wife had an overnight visit with his mother, Olie Mae Hale. At this time Olie is on a Christmas visit to California seeing her sons and families. The City of the Sun expressed Christmas joys in different ways: Some share lovely music, others fellowship, small gifts and greetings. To top it all our Connie Arnot invited us to a Christmas dinner in the Community Hall.

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FINDING A TRANQUIL MORNING.

How do I find a tranquil morning?  
Well, it's really up to me,  
Looking at my daily activities,  
Seeing what I want to see.

I could glance at my neighborhood,  
And behold its seamier side;  
See only the defeated spirits  
Where pain and anger abides.

Or, I could see the higher levels  
Where noble struggling souls  
Are doing the very best they can  
While climbing life's difficult knolls.

This is a tranquil morning  
Filled with gratitude and joy.  
I love to see "overcoming humanity".  
This morning nothing does annoy.

mjs

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Have you remembered the City of the Sun in your will?  
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