



THE GOLDEN DAWN

CITY OF THE SUN FOUNDATION

NUMBER 31

CULTIVATE YOUR GARDEN OF LIGHT.

This is ST. GERMAIN or EOLIA. This is the season when man thinks about making his garden. He decides what he will plant and he plans how he will cultivate his garden. But man does not realize that he has the greatest garden of all right within himself. He has a garden of light whose multi-colored rays shine forth to blend into the atmosphere around him. These light rays can be so beautiful and harmonious that they show forth the perfection of life which every man should have. But in order to have these beautiful rays shine forth man must diligently cultivate his garden of life. He must encourage and work with each of the rays.

He must learn how to utilize the pink ray of love. First he must learn how to love himself and appreciate the true nature of his own being. He then forgives himself his past errors and sins and becomes more tolerant with others, realizing that what man calls sin or wrongdoing is for the most part his necessary experience on this earth plane, emphasizing the lessons he must learn. Then man must cultivate and bring forth the blue ray which represents the spiritual will power and determination, the force and the drive necessary for spiritual development. Man must realize that although he seems to be but a bit player in this world he may be a spiritual star in the heavenly realms. Then man must cultivate the beautiful ray of illumination and spiritual wisdom, and letting shine forth the light that is within him. Unless he can bring forth this light, he himself remains in great darkness. Man cultivates the yellow ray by his eagerness and desire to learn spiritual truth that he may raise not only himself but help to raise his fellowmen as well. This is the vitalizing ray that awakens him spiritually. It attracts him to higher things, and draws him away from the material allurements in his life. Man realizes there are higher goals and achievements to attain. He sees that the reality of life lies not in the material aspect, but in the spiritual. He begins to contemplate Cosmic creation and the perfect law and order in the universe and desires to align himself with it. In order to become one with this perfect plan of creation, man must awaken the spirit within himself, the spirit that has been slumbering within him. The spiritual self of man then focuses attention on the deep blue indigo ray, like the midnight sky, filled with beauty, silence, peace and harmony. In this new and higher awareness man begins to realize that altho he lives in the outer world he is not a part of it in reality. He is not involved in its conflicts. He looks on as from afar, realizing he has a certain part to play for awhile, bringing forth experiences for the evolvement of his soul. The real Self is the one who observes all this impersonally from a high spiritual viewpoint.

Once man realizes the God Presence within him, he seeks only for the harmony and perfection of the higher spheres. He feels himself, as one with the blessed

beings in the heavenly realms. He knows that the Source and Center of his life, the light within him is a divine spark from the eternal Creator. At this point of realization, all the rays blend into the pure white light the shining aura of the Christ being which every man is meant to become. Man can then look back over his past and review all the experiences he had to go thru to bring him to the perfection of his being. The so-called evil as well as the good was necessary to bring him into the realization of his God being. He always was this pure and perfect being but he had to realize it consciously. Once he has opened this door it can never be closed gain. Through the opened windows and doors of his real being man now sees the lights of the heavenly dimensions and hears the celestial music of the spheres. As he becomes aware of this tremendous newness of life sweeping thru him, man becomes so joyous and estatic that he feels there is not room enough within him to contain it all. He feels his oneness with all universal life. All is one within him. This is when the pure white Christ light rays forth in all its splendor, enveloping not only the man himself but all other men on earth, creating harmony and peace, sending forth a song of love from the very heart of the universe. This is what man must become, that intangible and spiritualized being that cannot be defined, because it has become one with the all - the Creator.

So let man begin now to cultivate these beautiful rays in his garden of light. Let him work with just one ray at a time sending forth its light as healing to all around him. After he has worked with one ray, let him add a second, sending forth love and healing; then a third, with love, healing and peace. As the fourth ray is cultivated, it adds harmony to the other three. As these rays grow and expand outward from each man they help not only the man himself but all other men. They help uplift the planet and the darksome atmosphere of earth becomes one of light. That is the work man is to accomplish on planet earth. Each man has his own experiences in this world and his own obstacles to overcome, but as he overcomes in the power of the light, he raises others along with himself. No man ever makes a spiritual step onward and upward but what he does not draw others along with him. So I would ask each man to cultivate diligently his garden of light rays. Each ray has its own virtue and potency and as man learns of these and continues to work in the light he becomes a veritable God-man. In him the Spirit of God, the Holy Christ presence again walks the planet earth. May you all become experienced cultivators in your gardens of light! Love and blessings to all.

I AM EOLIA.

Channel: Bettina Kramer, Aeolian Retreat, Columbus, N.M.

March 7, 1976.

YOU HAVE GREATER FREEDOM THAN YOU KNOW.

I say to you that you are freer than you know. For many hours of your day you feel bound to the activities of your flesh forms, your world of material being, yet even when your human sense consciousness is engaged in definite activities in this mortal world, oftentimes your Christ Conscious Self is elsewhere. Have you ever experienced a feeling of detachment? It is as though your physical body were operating mechanically and you, the true divine ego, were elsewhere? It is true. You, beloved ladies and gentlemen, long for freedom, yet you are not accepting the freedom which you already have. You are very free, even though holding a physical form in useful readiness for the expression of God's concepts in the world of form. I repeat, you are holding a physical form for the purpose of expressing God concepts in accord with God's plan. In many instances, your divine ego has withdrawn your I AM Self for service elsewhere. The body consciousness, the elemental consciousness within the body, can carry on for periods of time without the divine directive intelligence, beloved

ladies and gentlemen. Think this through. You are freer than you know. You are not even bound by the conscious awareness of the waking hours of the day, for oft-times the divine ego within you, the true I AM, is elsewhere. You have a triple identity. You are a God Presence, you are a Christ Being, and you have an etheric form within which you move frequently even though you are not aware.

You do not necessarily need to leave the body in a state of sleep to function in your etheric form. As I have explained, the body elemental frequently carries on while the Christ Presence is engaged elsewhere. Thus it is that I say to you that many of you are engaged in assisting those who are passing through the veil that separates life from death but you do not bring the memory through and that is well.

I come to exhort you to now cultivate awareness of this possibility and accept your greater freedom. This subject has not been discussed before. You have long entertained a feeling of bondage in the flesh because you were not prepared to understand or accept the freedom which you are already enjoying. I mean to say that you are not free to understand it in the human sense consciousness. It is my privilege to now inform you and ask you to endeavor to become aware of your greater function in the world to which you belong. In past years many of you have been taken on etheric journeys under the direction of an Angelic Guardian or a Master Teacher through the assisting consciousness of your Preceptress or Preceptor as the case may be. In this way you are beginning to be aware of your ability to move at will into other spheres of consciousness. This is a proper time to inform you that, of your own free will and volition, each of you, as a conscious entity, can move with bands of silent helpers and with groups of disciples and chelas under the direct radiation of your own Ascended Master Teachers into realms, into temples, into activities, of which you have no conscious awareness at this time, but which may become known to you if you so express that desire and are willing to accept the responsibility which goes with that knowledge. Not everyone is prepared to accept the responsibility of that knowledge.

You may, at first thought, think that it would be a great achievement and pleasure to recall your activities in spheres of light beyond the conscious veil of the mortal mind, yet think again. Suppose there were an accident. People might be lying hurt and in great pain, dying or in great need of attention. Would you have the fortitude, the courage to walk amongst them in your physical body and minister unto them and be untouched emotionally. There are many who could not. There are many who faint at the sight of a small scratch upon their skin. How, for instance, then could such an individual safely entertain an awareness of his activities, amongst a legion of silent helpers on a war torn battlefield? Do you see then why memory is blocked? That is only one reason, but it is sufficient to prove to you that all individuals are not prepared to receive the responsibility of total recall. I would suggest that you be grateful for knowledge of your greater freedom and leave it at that. When your own consciousness, your mental body is sufficiently prepared, the memory will open. Therefore be content. Of this great Ray of peace and the feeling of brotherhood and tranquility which is the keynote for the coming yearly cycle intensifying within your nature, and you will find a quickening within your minds, and an easier transfer from the consciousness of the mortal mind to the spiritual mind. As that consciousness expands more easily, so will recall come easily.

You are mystified because some seem to have the ability to perceive that which is to be, or that which has been, which the average individual is unaware of. You call it extrasensory perception. Every individual has perception but is not prepared to enjoy it to the same extent. As I have indicated, if you were to look upon every individual with whom you associate, and be aware of the thoughts, the feelings, the

desires which pass through that individual's feelings and mind, you might, in many instances, be sorry that you knew, and find it difficult in your human sense consciousness, to adjust your own thoughts and feelings to that individual, knowing what goes on within his mind and feelings. You will understand that it is much better that you do not know. The Christ mind and the Christ desire body, as it takes more and more dominion within the consciousness, prepares the individual for the safe reception of that of which he becomes aware. Therefore abide in the wisdom of your own Christ mind and understand that the Christ mind is not the mortal sense consciousness. The mortal sense consciousness, like the mortal physical body, is but an extension, a vehicle through which you, the divine being, can operate in the world of material substance. Until you become skillful in operating in this world, as well as in greater worlds, you will not receive much recall, for your own safety's sake. The wisdom of the Christ mind is the wisdom of the God Presence. No matter how great your desire may be for instant recall, it will not take place until you are prepared to cope with it under all circumstances.

Ofttimes an Ascended Being who has come to give you some assistance or advice or direction, will raise the veil and cause to manifest some extrasensory experience. It may be so vivid that you will have total recall. This is always at the discretion of your Master Teacher and usually the veil is almost instantly dropped again and sometime to the extent that you forget the experience. However, ofttimes you are permitted to remember a small part of the experience but nothing more. Abide in the wisdom of your own great God Presence or in the wisdom of your Ascended Master Teachers. The horizons of consciousness are so much greater than you have envisioned, beloved ones. Begin now to expand. You are receiving now the expanded waves of consciousness to help improve your awareness.

The keynote of one of the cycles not too long passed, was increased awareness. You are growing in perception but you have not attained complete awareness nor will you, for awareness, like time, is limitless. To become an Ascended Being does not cause you to awaken completely to the full awareness of all that is. Awareness becomes more expansive as you move on into higher spheres. The horizons of your awareness will continually move outward even though amongst mankind perception has been slow, almost static. You are moving forward rapidly in an awareness of your spiritual identity and of that world in which your spiritual identity is involved. The mass consciousness has an awareness of material being by which it is surrounded. The mass mind is occupied by contemplation of material things but without expanded horizons, there can only be a retreat into the past.

You who are upon the pathway of spiritual illumination, are moving up and out into the brighter realms of God consciousness. You are receiving now the outpouring of the feeling of a sense of tranquility which is not only a feeling of peace but also a feeling of security. Each one is experiencing an awakening to a sense of the security of his own true identity which remains forever untouched by all the negative thoughts, feelings, desires and activities of the material world. Though men may destroy your physical body, they cannot destroy your spiritual identity. As you awaken to a complete awareness of this, you can live, move and have your being in a tranquil world apart from mass consciousness. You have been asked to keep your attention raised to the great spheres of beauty, justice, harmony, love and music, withdrawing your energies from the denser qualities of the material world in which your bodies still function. Do not get the impression, beloved ones, that you are merely serving time, imprisoned in a flesh body. You are each here as a useful expression of God-good even though you may not be constantly aware of your purpose. Resent not these days in which you dwell in mortal confinement. Cherish your ability to sustain a vehicle through which some God concept can externalize. It is

a part of the divine plan and a requirement of this cosmic hour.

Some have questioned why it is said by some that a Christ child will come forth in the world again. Jesus will not appear as an infant again though many claim this has already taken place. May I say to you here that upon this earth where there are about four billion souls incarnated, yet all are not yet prepared to raise their eyes, their minds, their spirits to the consciousness wherein they can contact or even accept the Master at His spiritual level, and therefore a lesser one is required. You may never see an individual being who bears the consciousness of the divine Christ, but you who are prepared will be able to apprehend the Christ within His spiritual body. Sananda has not taken embodiment in the flesh form, but vehicles have been provided from time to time through which many other Ascended Beings and Cosmic Beings can and have operated as necessity arose, for the specific purposes of balancing, controlling and raising the consciousness of man. Your great Master Jesus once accepted such a role and others may well accept such a role again, yet the Christ Sananda Himself will remain in realms and spheres far beyond the recognition of the mass mind, but which you, in your spiritual awakening and awareness, may perceive when he does return to earth's sphere.

All the peoples who dwelled upon the planet two thousand years ago did not hear the voice of Jesus nor see him, and yet the activities which took place as a result of His presence amongst them influenced the lives of all mankind upon this planet, and it may well be so again. There were those even then whose spiritual consciousness was sufficiently raised to have seen and known Jesus in the spiritual form alone, and it will be so again. Doubt not, fear not, condemn not. There is so much you do not yet understand, but in this greater freedom which you have, there is the opportunity for you to learn and to recall, if you so demand the fulfillment of that which you so earnestly desire to know. I bless you, beloved ladies and gentlemen, in this greater freedom of which I desire you to become aware.

I AM YOUR MAHA CHOHAN.

"The Mentor" The Sanctuary of the Masters' Presence, Inc. New York City.

Frances McKay's Excerpts from the Diary of Phoenecia:

Beloved Self of Mine: I'll admit that many who walk the "Wisdom Path" to God Self Awareness have studied alchemy and astrology. However, the modern form of this last science - in which man attempts to understand a little bit about his relationship to the stars, the universe and other worlds - is not only incomplete, today, but different from that originally taught by the early sages.

That's why many Masters warn their disciples to steer clear of astrological FORECASTS. They explain that most people worry about dangerous-looking predictions - that instead of letting their All-Powerful I Am Presence take charge of whatever they've found in their charts, they tend to brood about a "square" or an alarming "conjunction," and may wonder at length how to escape this so-called malevolent energy. Thus their own thoughts, focused in FEAR, can produce the very trouble they seek to avoid.

Suppose you notice a "death sign" in the horoscope of someone you know. Suppose you shake your head pessimistically and go on thinking about it - half expecting the worst - even repeating what you've seen to a receptive friend.

If you've passed the 1st Initiation, your creative powers are greatly increased, and though you may not intend to do harm, YOUR mental picture, imprinted on YOUR

feeling-substance can actually CAUSE the "victim's" death, or at least help to bring it about. That's why it's best not to get involved in ANYTHING that might make you pay the Karmic debt for MURDER! And I do mean MURDER! Now of course, I'm referring to the astrological FORECASTS concerning people, BUT WHEN IT COMES TO THOSE THAT AFFECT YOUR ENTIRE PLANET, THERE ARE SOME THINGS YOU REALLY OUGHT TO KNOW.

Many of you came on Earth to help bring in the present cosmic cycle, and your work can be made a lot easier, if you understand, more or less, what's taking place. Therefore, to start, let Me say that your World Soul evolves thru the twelve signs of the Zodiac, just as you do in your Spiritual unfoldment, but since you're His mirror image and likeness in physical form - he does this in what appears to be the reverse order of your own progression.

That's why the last three time cycles of Earth began with the Age of Aries, and having completed that, your planet went on into Pisces, after which it's now on the brink of Aquarius, the controversial sign that's inspired your young people with everything from a popular song to a return to the Ancient Wisdom of the Masters.

Your Arian Age, under Moses and Abraham - saw mankind become monotheistic at last, and their One-God gave them knowledge in the ten commandments. Since Wisdom involves the chakra at the top of the skull - the Diety of that day was pictured as being way up in the sky OVERHEAD - His symbol_ the mighty ram, gazing fiercely down from the highest pinnacle of the mountaintop, and judging those below, by the Great Light of His Being. This, of course, shone like a mighty single SUN on the "just and the unjust" alike - causing humanity to quake in dread and awe before its superior God of KNOWING.

Then, time for you Earthlings passed, and the "human brain cells" of your World Soul evolved into a wiser and more merciful state. The Age of Pisces dawned - bringing forth its avatar - the gentle, compassionate healer, called Jesus - who taught that every human soul was Divine at heart - that you were actually individualized focuses (children) of the God you'd been worshipping so long from afar. He, also, made it clear that your Diety wasn't a great and revengeful SuperMAN, requiring you to appease Him by trials and sacrifice- in fact, that He wasn't SEPARATE from you at all - but an integral part of YOURSELF - your Source of Life - your loving Father, with whom you were actually ONE!

Now this was a pretty big step to take - a really large expansion of mankind's consciousness, and to this day, many of you haven't been able to accept the whole Truth. However, those who could, no longer had to grovel and gaze toward the Heights of Heaven above, - wondering if so remote and awesome a God would deign to hear the feeble prayers of those so far beneath His "Lotus Feet."

Again reversing the order of things as they affect the individual man, we see that the Age of Aries gave your world the 3rd Ray of Wisdom FIRST - after which, the Cycle of Pisces brought mankind into the 2nd Ray of Love, and the symbol of Pisces is - appropriately - the fish.

Water ALWAYS represents FEELING - the silent or turbulent waves of emotion. Therefore, we see that Jesus took the Wisdom God and His Divine ideas down from the unattainable heights of KNOWING, and put them CONSCIOUSLY within the hearts of men.

Though the Arian shepherd, who raised his song of praise to the Heavens on high, may have faithfully tended his sheep - he never thought of himself as being one with

them - nor did he sense that he was a part of the God he adored, until the Piscean Love influence made him FEEL, at last, the Presence of the Lamb of Christ WITHIN his heart. "Closer than hands and feet," the Nazarene described it, which certainly doesn't refer to a God on a golden throne somewhere off in outer space at all.

To find and externalize your own Divinity, you dear ones must bring the cold, clear and distant ideas of Mind into the warmth and substance of your heart, so they can take visible form. Thus you've used the Creative Equation which says that PERFECT thoughts plus PERFECT Love will produce Christly Powers - also PERFECTION in the reality that surrounds you.

The Arian shepherd who sought God's lofty Wisdom became the Pisces "fisher of men," and now, two thousand years later, having brought up the Substance of Love from the depths of himself - he's ready to use these two treasures in the third cycle of his Divine unfoldment - in the Age of Aquarius - the Golden Era that will see him become an INDIVIDUALIZED CHRIST!

That's why you Earthlings must tend and nourish the budding Spiritual Nature WITHIN YOU. Your silently growing Real Self must be kept supplied with enough Love Substance to make It strong, so It can begin Its work of creating Perfection, AS YOU, in your body and environment.

The Aquarian symbol is that of the man pouring liquid from a jug - the "gardener," some have called him - giving the thirsty God Self within each human being, a drink from "the waters of Life". Here, again, this represents an abundant supply of the form-making essence from which the soul objectifies its Real Identity as a Christ, incarnate in form.

The Spiritual Ego of every man, woman and child must become reflected in matter to the point where peace, health and abundance are the natural state of humanity on Earth, so you and your World Soul can begin to experience Life in the Golden Age you've been helping Him build for so long.

"Ye ARE Gods!" declared Jesus, but now, every precious one of you must BECOME so in the outer world as well. You have to realize your value as a DIVINE FOCUS of Life and therefore, you must, now, be freed from the controversial (and presently receding) prejudices that may involve your sex, color, creed, financial status, social position, etc. Such destructive notions, held by those as fearful and threatened as he is - have kept the average individual feeling inferior and inefficient, until his own true worth has gone unrecognized - even by himself.

However, this will change Now, when the "gardner" - having long ago, planted the seed of his Godhood - waters It with Perfect Love and watches It flourish beneath the sunlight of Wisdom - he's going to have help in eliminating the weeds that have tended to choke It off. His protection will come from the planet, Uranus - which rules your brand new age. Known as the "slammer" - the "disintegrator" it unexpectedly destroys - but only to rebuild something far more efficient and beautiful than ever before.

In its "good" or so-called "favorable" aspects, it not only governs the sign of Aquarius - but the Higher Octaves of Life, plus metaphysical ideas and unselfish service to those in need. It portrays a Love, free from all ulterior motives, in regard to mankind, and fastens universal brotherhood, advanced math, public institutions (like the mass media) and inventive genius, but it also causes the underdog to revolt, and those who feel appressed by prejudice and unfair discrimination, to demand their

rights. In fact, its disquieting influence makes your present generation of young people rebel against the accepted customs of your century en masse. Of course, your youth have always changed their hair, speech and dress, but this time they embrace many new and strange forms of worship, as well as those which belonged to the ancients and which your modern orthodoxy calls, "pagan." Also They defy their parents' views on marriage and divorce, deliberately flaunting the long accepted rules of morality and social conduct, while running roughshod over the "establishment's" loudly shouted taboos.

Yes! Uranus is destructive! When the pendulum makes a wider swing, it often goes too far before it regains its normal balance, yet in the end - this "wayward" planet will free your Earth from a lot of outmoded ideas and conditions. Though necessary in their time -they're stumbling blocks to the blooming of man's individuality on his own merit, and while Uranus sweeps out much that's good, when the dust finally clears - civilization will, again, discover a useful set of values, and its Aquarian code of behavior will come from a level of understanding and Love - far in advance of any your world has ever known.

Uranus replaces the good with something that's better. It expands your Earth's self awareness, by sponsoring inventions that promote universal brotherhood,(when rightly used, of course.) Thus you have electricity, fast transportation on land and air, telegraph, telephones, motion pictures, radio and TV - all ways of shrinking the distance from man to man thru time and space. The radio and newspapers help everyone communicate quickly, and since you've each got to live in this world-wide state of "instant togetherness," you'll just have to help and understand your neighbors, OR ELSE!

Fortunately movies and television can show you how people live - how they think and feel about themselves, each other and their environment - as well as what they need and want in order to be happy. "To understand is to love," and though achieving a peaceful and cooperative existence all over your Earth may seem impossible right now - it's actually coming to pass in a round-about way.

Thanks to television, plus the advertisements in your modern magazines - those who have little in the way of worldly goods - are fast discovering the wonders and conveniences they could enjoy. Man "receives not" because he "asks not", but first, he must realize what he's been missing. Remember how you used to drive thru the deep South and look with sorrow, at the tiny, unscreened, tumble-down cabins? Then, suddenly, the electric wires came thru, and those bare hovels began to sprout antennas. Before long, a miracle commenced to happen, as shack after shack was rebuilt, modern appliances appeared, and upgradement became the order of the day.

When man sees a picture - his longing to possess what it shows, is simply a form of Love. Thus he provides himself with the mental blueprint PLUS the substance from which he creates something new and good in his outer reality.

Modern cars and planes help you Earthlings know your neighbors well - not just those within the tiny radius of your home town - but out across the whole wide world. No wonder the stars have sparked your interest in psychology and metaphysics for all of you must learn to understand the human mind and heart if you're to have health, harmony and abundance in your ever widening circles of life.

Woman's "Lib.," regardless of its critics, springs up to free your women from bondage and discrimination, as it shows them their equality to men - while minority groups of every kind, come forward to gain their rights.

Thus Uranus works, gradually loosing each soul from the chains of prejudice about its sex, creed, status, color, age, etc. - letting the individual come into his own, so he can reach for and objectify his Divinity.

"Civilization" has come of age. Its adolescent whims and foolish judgments of those within its ranks, were made in FEAR, and they'll soon be a thing of the past - replaced by the Aquarian Era - when the Christ becomes the outer, as well as the inner Self of every man, woman and child in the flesh.

The Aquarian Gardner is YOU, Beloved! You, alone can pour the waters of Love on your tender, growing thoughts, and you, alone, can harvest the joy and Light and fulfillment of Illumination. Your goal is God Self Consciousness, so keep that ever in mind, and "let not your heart be troubled" or afraid of the seemingly destructive housecleaning of Uranus.

"In your Father's house are many mansions," and yours can become a beautiful place, while others are being cleared of debris and trash forever. Don't let yourself be drawn into the negative side of Uranus. You're a builder, not a destroyer at heart, so think on the good that you see with Love, and lend your mental and emotional strength to establishing the new that's worthwhile. Aquarius promotes Universal Brotherhood and well being, and you can join forces with its influence for good, if you mind your own business and refuse to become critical of the things that are going on about you and all over the world.

When you're grounded in Love and illumined by Light, "ten thousand shall fall at thy right hand, and it shall not come near thee," for Nature can always use a willing volunteer to help her rehabilitate Planet Earth. Even the flesh and blood of your body is pink because its made from the Substance of Love. You were LOVED into existence, so refuse to join those who feel the emotional unrest of Uranus, and BE Love! THINK Love! EAT Love! DRINK Love! LOVE as you turn on the TV, shut off the lights, sew up a seam. tie the baby's bib, get the mail, move the bureau or face some knotty or simple problem. I mean this literally! YOU ARE LOVE, and if you want to make your Garden of Eden bloom once more on Earth, YOU must provide the emotional substance - the perfect OUTER soil from which It can be formed. This is your real job in the Aquarian Age, and you must do it with every breath you take, CONSCIOUSLY - until Love becomes your AUTOMATIC response to ALL the circumstances and conditions of your life no matter WHAT takes place around you.

This is the "prayer without ceasing" your Bible advises, and there's nothing "Pollyanna" about it. As a God Self Conscious Soul, you must learn to create Perfection in your own right, regardless of where you now stand in Spiritual unfoldment.

Will you accept the Aquarian challenge? "He CAN who THINKS he can," but if he thinks he CAN'T, he's right about that as well. Therefore, the question is, how will you have your reality? Will your life in the Golden Age still be a desert of lack, judging, anger and fear, or will you tend a garden of health, harmony, peace, abundance and a wonderful world made visible from the omnipresent form-making material of your LOVE? Since YOU'RE the creator of all you survey, the answer is up to you.

In Love, I Am the Christos-Vardis

Channel: Rev. Frances McKay
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April 14, 1976

AT THE CITY OF THE SUN:

The surrounding area seems to get more and more picturesque with the ever-changing colors of the farming strips and distant mountains to the East and the magnificent sunsets over the mountains to the West. The 4th of July and the Centennial were celebrated with fireworks and dances on Saturday and Sunday in Columbus, with whole families enjoying the festivities.

The Columbus Baptist Church invited everyone to attend services, picnic and program in Poncho Villa Park recently. The newly formed "UNDERSTANDING" group in Deming was given a charter by Dan Frye, and he and Mrs. Frye attended. Revs. Ronald & Audrey Gibson were in charge.

Our friend, Louisa Bohnet and Carl Corp of Deming were married in her home with Dr. Austin Love performing the ceremony. Olie Mae Hale and Rev. Wayne Taylor were attendants. Another wedding was that of Danny Garcia's daughter and many here attended the reception in Columbus.

Some of the visitors were Patricia Marsh of Santa Fe; Salvatore Escobar of Salinas, Calif; Dorothy Rayburn of Williamsburg, N.M. with her new friend, Tony. Mr. and Mrs. Mario Eisenbacher and young daughter of Denver, Colorado were here, as well as Eileen Schoen, who lived here in 1975 and now is residing in Truth or Consequences, New Mexico.

While attending the Summer Convention of Christ Light Center in Deming, Dr. Neva Dell Hunter, with her companion, Susan Kennedy, slipped down to visit Rev. Taylor and others.

Maurice Hastings left for the Washington D.C. Conference of Summit Lighthouse and then went on to Minnesota. Olie Mae Hale spent some time in Dallas, Texas after hearing of the death of her eldest grandson. Blanche Carlson recently returned after visiting two daughters and their families in Michigan.

The floor of the Community Building has been painted a lovely meadow green. The drip-garden is doing fine now and is the project of Elvin Noel and Olie Hale.

PRECIOUS MOMENT.

The day is hot, the wait is long, but listen,
A dreamy state and all is but in vain.
Slowly the mist is cleared, is risen.
I have been transported to yonder plane.

But here at last is truth and rarest beauty,
Far transcending all that ever poet dreamed.
And in the light of it's surpassing glory,
All other joys seem dim, faint and unbesee.

I glory not, but try to fill my learning,
Until the day I biddest all adieu,
And wing my way far past the stars now shining,
To a home that's made for ones like me and you.

Blanche Carlson

THE GREEN PLANET.

This is your Space Brother, MATTON speaking.

I would like to tell you about a beautiful planet, all in green. The colors range from the palest aquamarine to the deepest shades of green imaginable. There is a golden glint combined with the very deep greens. Here one enjoys the color green in every possible variation. The moment one approaches this planet, he experiences a tremendous sense of peace and serenity. It is a feeling so joyous and beautiful that one wishes to linger in its atmosphere forever. This is not an earth planet, but an etheric planet. It is not large in size but is most complete and satisfying.

The mountains are an aquamarine color and the waters are the most delicate and beautiful tints of pale green. Looking down into these sparkling waters, everything beneath takes on a golden hue. Everything from above is perfectly reflected in the water as if in a mirror. Everywhere the water is like a perfect glass reflecting the loveliness above and around it. Trees and shrubs abound everywhere. Delightful odors permeate the atmosphere. Every tree sends out its own fragrance. There are unusual and beautiful pastel-colored birds and they sing so harmoniously, one would think a symphony orchestra were playing. This planet enjoys a most temperate climate all the time. On the peaks of the higher mountains there is a substance like snow which gradually thins out down the slopes before they reach the valleys. This snow never melts but stays clean, white and sparkling.

There are some homes on this planet but not many. Etheric beings really do not need houses to live in, but it is all as one wishes. If you were permitted to come here you would be entranced by the exquisite beauty of this lovely planet. There is a heavenly music in the air. The trees, shrubs and flowers and the very waters emit a soft bell-like tone which permeates the atmosphere all around. Everything seems to have an elusive but definite musical quality. This is a planet you would never want to leave. If it were possible for you to go there now in your present body, you would find no one to talk to. You could not see the etheric beings although they are all around. But you would feel a great peace and tranquility, a heavenly feeling within, which you cannot even imagine now. If I could only make real to you the atmosphere pervading this wonderful place, where the spiritual vibrations seem to seep into one's very being. You become a part of it as it becomes a part of you. You feel yourself melding into something that is intangible, indescribable, yet most glorious. A certain bliss envelopes one when he sits down near the water. The surface of the water is always quiet, yet beneath the surface there is a movement and a motion. As one observes it, he notices a continuous blending of various beautiful colors down to the very depths. This is a wonderful place for meditation. The beings who come here want quiet and solitude. They do not want to be bothered by large crowds. Their business here is to send forth vibrations of harmony and unity to other worlds around them and to fill the atmosphere of this planet with these harmonious vibrations for all who come here to rest for awhile, gathering unto themselves deeper knowledge and higher inspiration.

There is nothing on this planet that would mar perfect tranquility in any way. There is beauty wherever you look. Everything is soft and velvety to the touch. One can hardly speak of walking here. One floats and feels the soft wind as it caresses the feet. There is the welcoming sound of soft music in the atmosphere wherever you go. It seems to tell you that all things in creation are beautiful and perfect, if all is beautiful and perfect within you. This planet is so idyllic, no one ever

wants to leave. It is a place you might call: Home at last! You feel the presence of the Creator everywhere. The vibrations are very high and one senses the presence of great unseen beings.

I would like you to keep this beautiful place in your mind. Ponder on it and think about it and know that there are many places like this in the Universe. Knowing of beauty like this, enables one to keep a balance. It keeps your mind on higher things. Beauty and love go hand in hand. Beauty draws forth love and love makes even the most commonplace things beautiful. The green planet I have just described for you is truly a planet of both beauty and love. God bless you all.

I AM MATTON

Channel: Bettina Kramer, Aeolian Retreat, Columbus, N.M.

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