



THE GOLDEN DAWN

CITY OF THE SUN FOUNDATION

NUMBER 29.

A MESSAGE FROM THE PLANET RHONDA.

(First Contact: October 24, 1975)

This is HALPERN speaking from the planet RHONDA. We are located outside your galaxy and so situated in conjunction with two other planets that together we form a triangle. This planet is quite a bit larger than your earth. We have more land area and less water. The people here are much interested in writing and illuminating beautiful manuscripts. This is a specialized work on our planet and many of our inhabitants delight in this employment. Our people also love to sing and dance. We also play a variety of musical instruments. Our sense of sight is not so advanced as it is with the inhabitants of some other planets, but our sense of touch is more highly developed or sensitized than is the case with those on most other earth planets. In appearance we are tall and slender. We walk with grace, and our speech is fluent and charming. Our voices have a bell-like quality, a sort of musical cadence that almost bewitches people who listen to us speak. We are very friendly in a social way, yet oftentimes we love to withdraw from crowds and be by ourselves. We love color and harmony. Both of these are very evident everywhere on our planet. Our illuminated manuscripts are done in such scintillating colors, that could you see them, you would think it unbelievable. No printing is ever done in black. It is always done in color, the color corresponding to the vibration of thoughts which we are putting into writing.

Many people come to visit us here but for the most part we do not go out to visit other planets. We have no space ships and no other mechanical means of locomotion or transportation. We transport ourselves from place to place solely by means of levitation of the body. We understand and use this universal law. We love peace and quiet. All over our planet are spacious and beautiful parks, filled with a delightful variety of trees and flowers. Here the song of birds is like music to our ears. Our parks are so large that everyone can find a secluded place for himself when he wishes to be alone. Our people have small families. Children are brought into existence by means of spiritually concentrated thought on the part of the parents. We have schools on this planet, but schools are not just for the children. Almost everyone here goes to school because there is a great desire among our people to always learn something new, to learn how to do things they knew nothing of before.

There is no government such as you know it, on planet Rhonda. There is complete understanding and a universal agreement among our people concerning what we call rules of conduct. All are guided by their conscience in their endeavors to live in harmony and friendship with their neighbors. Should any person not be able to adjust himself to a harmonious relationship, that one would be requested to leave this planet. Thus far we have had no trouble along this line because those attracted to this planet are

drawn here in the first place because they are desirous of sharing in the peace and harmony which we enjoy. We all have personal friends whom we visit on occasion, but we also experience much pleasure in living by ourselves as a family unit. Much more of our time is spent in this way than in large group association. Even our so-called schooling is done in small groups or classes. Specified subjects are taught in certain places by qualified teachers. The fundamental or basic idea in all our education is to develop a great love for all life, not only life as manifested here on our own planet but throughout the universal system. We develop divine love within our own hearts by recognizing the beautiful Presence of the God Self and then we consciously send out vibrations of peace and harmony to inhabitants of other planets. We realize that we are all parts or living cells in the universal body of the Great One. No one considers himself higher than another. Rather does each recognize his dependence upon the other, because we realize that unless we all work in unison, there can be no spiritual progress or perfection in our midst. Our children learn this early in life.

Among the masters and teachers we have here are those instructors who specialize in teaching the art of making the illuminated manuscripts for which work we are noted in this part of the universe. Our homes are so built that a grouping of them will be in the form of a great crown. On the top of certain lower buildings are super structures reaching upward and elaborately decorated, appearing like jewels in the crown. The overall effect is very inspiring and colorful, especially with the unusual variety of natural growth in the parks. The enclosed area of each crown is a vast park and every home encircling it has a lovely outlook. Yet each individual home has all the privacy it desires. We have beautiful libraries, museums and planetariums. These are usually the taller and more elaborate structures in the communal crown design. These places are to enhance knowledge and they are always open to the people. The architectural style of these structures is light and airy. Colorful plants and vines cascade down from the rooftops. Around the inner circle of the crown are connected arcades and balconies where one may walk all around and view the lovely enclosed park. We are a joyous people but very quiet outwardly. We love to meditate and contemplate. We always try to keep our attention centered on the great Nameless One in whom we all live, move and have our being. We have long life times according to your reckoning of years but on our planet we do not divide time in this way. We have a long season of great light and a shorter season of lesser light. The period of long light is our Spring and Summer. Our weather is never too hot, but delightfully temperate, with soft breezes. The season of lesser light is sort of a twilight effect. Altho the temperature remains the same, there seems to be a subtle changing in the atmosphere. Long shadows are cast across the planet, shadows of various soft colors. Much new growth starts at this period, especially with the flowers and ornamental shrubs.

That is all I have to say for this time. Maybe you will contact us again. I hope so. I am one of the leaders on this planet, but in no sense am I a ruler or a governor. I am just one of the inhabitants here who is interested in knowing what goes on in other areas of the universe. We can gain this knowledge without actually going out to visit the other planets in person. You are probably interested in knowing how we found you. We have a very sensitive device or instrument like a large telescope. It can pick up any outside vibrations from distant areas, to whatever sector it is attuned. When a strong vibration is contacted, this instrument lights up and alerts us. We can then look into it and it gives us a very clear picture of those with whom we are in contact. As we are communicating here, this instrument brings you very close to us. It is as if we were talking with you in the room where you are. This instrument has tremendous magnetic power and exceptional sensitivity. We do not know of other planets that have such a device. We use this in a place called the Planetarium. We send you greetings. We are glad for the interest you have shown in reaching out. We too are interested in you. Blessings upon you! Planet RHCNDA signing off.

(Second Contact: November 10, 1975)

Good evening, companions of earth. This is HALPERN of RHONDA speaking. With me tonight I have a group of friends who are watching and listening to the talk that goes on between us. We are able to understand you because we have an instrument that translates all foreign communications into our own language. It is a comparatively small device but especially adaptable to this type of work. It seems that your companion has questions to ask. I will try to answer to the best of my ability. What is it you wish to know? (Rev. Harold Kramer questions Halpern.)

Q: Are your people much different from ourselves in appearance?

A: No, except that we are very tall, much taller than you people of earth. But we have noticed that the new generation of people on your planet are taller than the people of just fifteen to twenty years ago.

Q: Do you get rainfall? How is moisture supplied for the vegetation?

A: We get a very soft type of rain. It is like a golden saturation. One shower like this penetrates the earth and holds the moisture better than three months of rainfall would on your planet. All types of plant life here take in the amount they need for proper growth and production.

Q: What did you mean in the last discourse that your sense of sight was not so advanced as on some planets?

A: There are planets on which the inhabitants have eyes that are as keen and penetrating as any high powered binoculars you have. They can see distant things more clearly with their natural eyes than you could thru a telescope. We are not gifted with such vision.

Q: You mentioned birds on your planet. Are there any other forms of animal or insect life?

A: We do have a small creature, somewhat of a cross between your dog and racoon. These are funny little animals, very smart, curious and friendly. They do not live in our houses, but inhabit the parks and the wooded areas. They are very clean animals. They are pets inasmuch as we all treat them with love and tolerance. There are no insects on this planet.

Q: Do your people have a scientific means of inter-communication whereby they can speak to each other without visiting in person?

A: As I have explained previously, we have this sensitive instrument by means of which we are able to contact and communicate with other planets even as we are doing with you. This same instrument serves us as a means of communication among the people of our planet.

Q: What do you use for food or bodily nourishment?

A: Most of the nourishment we take in is in more or less of a liquid form. We do eat fruits, of which we have a nice variety. Many of these fruits are not grown on your planet.

Q: You said that your people were happier by themselves rather than in large groups. Yet you love singing and dancing. Is this not done in large groups?

A: Nothing is done in large groups here. Our get togethers are small, and that is the way we prefer it.

Q: What is the principal subject matter of your illuminated manuscripts?

A: The material in these manuscripts covers many subjects, including science, art, literature and history of the different planets. This latter is our special subject. We record history truly and factually, not something that is colored by human ideas and presented as truth. We record events that actually took place and give the reasons for the occurrences of these events. Our historical records are quite noted.

Q: Are these manuscripts enjoyed by the inhabitants of other planets?

A: Yes, they are. The original manuscripts are kept in the archives of a universal library. We keep copies here on this planet of the works we produce, but the original works are taken up and kept in higher realms.

Q: Do the inhabitants of Rhonda have a unified language?

A: Yes, we do. We have an alphabet and use words. However we do not speak verbally a great deal. Most of our communication is done by means of thought transference.

Q: Do you have much knowledge of, or communication with your neighboring planets, especially with those two with whom you form a triangle?

A: We are in contact, as I have explained before, by means of our special communication system. We do not visit other planets much, not because we do not like them, but because we are homebodies and like our own planet best. Others from outer space come to visit us, so we have an interesting interchange of knowledge.

Q: Can you describe a little of your mode of dress or the furnishings in your homes?

A: Our homes are very comfortably furnished. We love beautiful materials. The drapes at our windows are richly woven and of exquisite texture and lovely colors. Many of these materials we secure from other planets. People who come to visit us bring us many bolts of materials which they manufacture. These materials are also used for our clothing which consists of simple tunics for the men and gowns for the women.

Q: Are most of the things needed by your people manufactured or precipitated?

A: For the most part they are precipitated.

Q: Do you have temples, auditoriums or places of gathering for public worship?

A: No, we do not have such large buildings. Our assemblies are held in groves or glens in a beautiful natural setting.

Q: Do you observe any particular days as occasions of special celebration?

A: No, we just get together by mutual consent whenever we wish to enjoy ourselves.

Q: How young are the children when they come into your families?

A: But at the age of three, our children are comparable to those of ten years on your earth.

Q: What is the mode of transition into higher spheres when your earth life is finished? Does the body disappear?

A: At times when certain ones are ready to make their transition from this earth life into higher realms, we hold a fiesta or celebration. This is something I would not normally speak about because it is a very sacred occasion for us all, but since you asked the question, I may say this: All the friends and relatives of those who are ready to make their departure into higher dimensions of spirit, assemble together with them in a selected park or glen. Rejoicing together we have feasting, dancing, singing and general merry making. After the fiesta is over, all return to their homes except the candidates who are to make their transition. If any return to this place later, they find no one there. They have all disappeared. That is all I can tell you about it.

Rev. Harold Kramer: Thank you very much, brother Halpern. You have been very courteous in answering our questions and in so doing you have given us a much clearer picture of life on planet Rhonda.

Halpern: Now I would like to ask you people some questions if I may?

Rev. Kramer: Certainly, go right ahead. We will answer them as well as we are able.

Q: As we look down and observe your earth we see effects but do not always understand the causes producing these effects. It seems to us that somewhere on your earth men are always in conflict, fighting and killing each other. Also we observe the cruel way in which they kill animal life both in the seas and on the land. Can you explain why this is?

A: There is no clear cut answer as to why earth man behaves in the cruel and irrational way that he does, especially in this matter of fighting each other and wantonly killing the animal life in his environment. Perhaps this tendency is a throwback to his primitive days of evolution. Even in his so called sports and entertainment man still has a lust for blood. Perhaps man is driven to do these things by lower entities from the astral realms. These earth bound souls seek to

satisfy their own perverted cravings and desires thru ignorant earth man who has not yet realized that he is a spiritual being. Also, certain space brothers have told us that the sun of our system has a peculiar influence on our earth which makes life forms, both animal and human, inimical one to another. It seems that when humans are transferred to some other place outside the influence of the earth, they no longer exhibit these tendencies for cruelty and killing.

- Q: We notice, in looking down upon your earth that there are vast fields of grain in many places. Yet we also see that many inhabitants of your planet are starving to death for lack of food. Why should this be?
- A: This condition should not be. It is indeed a deplorable state of affairs. It has been brought about mainly by man's greed and selfishness, his disregard for his fellowman, and by mismanagement and often deliberate manipulation of food supplies by those in high official capacity, for their own gain and profit. Altho Nature produces food in abundance, those who set themselves in control deliberately destroy much of it so that there is a limited supply on the market for which they demand high prices. Thus it is not available to the poor people of the earth.
- Q: Has man of your earth ever tried to settle his differences by peaceful means instead of by open conflict?
- A: Yes, arbitration of differences by peaceful means, such as discussions around a conference table by national representatives have been attempted at different times. We have had our League of Nations, the United Nations and other such like organizations formulated for this express purpose. But these are doomed to failure as long as man is not honest with himself or with his neighbor. The causes of conflict are within man himself. As long as he harbors fears and doubts about others, prompted mainly by his own secret desires for greed and gain, for power and superiority, there can be no satisfactory agreements and no lasting peace.
- Halpern: We are very grateful to you for answering these questions. Perhaps at a later date we can contact you again.
- Rev. Kramer: We surely hope so. It has been our pleasure to share views with you. Love and blessings in the Name of the All Radiant ONE.

Channel: Bettina Kramer, Aeolian Retreat, Columbus, New Mexico. 88029.

FOR SALE AT THE CITY OF THE SUN:

Delightful two year old home. Two bedrooms and family room. Dimension 26' x 60' plus attached garage.

Maurice H. Hastings
P. O. Box 131
Columbus, New Mexico 88029

FOR SALE FOR CASH:

A new well-cuilt Mark V. Castle type of Mobile Home, 14 x 52. It is located in the City of the Sun Community, and has 10 nut and fruit trees planted on the 75 x 90 lot. There is an electric dryer, washer and cooler.

Florence Spencer
P. O. Box 356
Columbus, New Mexico 88029

The GOLDEN DAWN is the official publication of the City of the Sun Foundation. It is published every two months, and sent upon a freewill offering basis.

NEW CITY OF SCIENCE.

We shall offer a glimpse into Earth's new CITY OF SCIENCE. Of course, this great City is already a reality in the Etheric realms, and shall be 'implanted' into your minds when man has evolved to comprehend these great edifices and the method by which scientists shall evolve you.

Visualize great crystallized domes atop each building. See in your mind's eye NOW how this crystal energy from the cosmos shall attract light and complementary colors into the great domes. Visualize NOW positive and negative poles centered in these domes to serve as conduits of energy to all lower structures. Your science buildings shall be rounded because square angles cut into natural force fields. Now you see why we (Ufonauts) do not build wings on our craft!

Windows should be copious with pyramidal shape (that shall prove invaluable to receive higher rates of frequency) with much stained glass. Why stained glass? Because colors in stained glass are refractions of cosmic energy and due to these evolved colors, man receives peace, healing, and calm. This is why most people feel relaxed while seated in church.

Solar energy shall be your method by which to heat your homes and all edifices. We are now teaching science how to balance the Elements, so there never shall be a shortage of fuel, as we know cosmic fuel. Also, great cathedral windows in each residence shall be solar charged by the higher rates of frequency in the Great Central Sun.

Then man shall be ready for interplanetary communication! Of course this sophisticated machine already functions in the Etheric. Mr. Nikola Tesla and Mr. Thomas Edison established this idea in Earth Consciousness when they resided on your Earth. Had you not considered the idea that such men of genius were 'implanted' to Earth to plant such seeds for your future benefits? Would you believe that these scientists (with the help of many more interested parties) are perfecting inventions they often began in Earth consciousness? How shall this communication machine operate? You must become evolved to that degree to comprehend the mechanism. However, we shall tell you this: This Interplanetary Communication machine shall be called (as given to this channel) COSMOVISION. When man develops his third eye, he shall be awed by what he shall see between planets and realms of consciousness. We are permitted to tell you that crystallized light with compatible colors shall operate in this machine in correlation to that degree of light and compatible colors within man's higher body. It is, then, a fusion of cosmic energy. If unevolved scientists attempted to assemble such an evolved machine now, they would blow up the machine and themselves, so great is this cosmic power! So, scientists must evolve as you are evolving to comprehend and be safe, when working with such an apparatus. When man learns how to live in his higher body, he is safe from all harm!

Your New City of Science shall become a Citadel of Strength. Instructors shall teach scientists the deeper meaning of "Cerebral Hemisphere" and how IT correlates and should coordinate to the Godhead. Mankind, et al, shall be taught how to balance his so-called divisional bodies within each entity, with balanced light and colors. All shall know that this Cerebral Hemisphere is indeed the Seat of Consciousness! If man gets what you call 'off the beam', the power in lasers through the tremendous ruby-red energy shall align you, in seconds! In your great new City of Science, scientists shall work side by side without a trace of human ego competitiveness, for then, science shall have been re-educated as to the true nature of God; that Vitality of Life disseminating from the Center of Light you call "Godhead". When your cities shall be

erected, brotherly love on Earth shall have already been established. Doctors with well earned degrees shall work harmoniously beside Higher Mind scientists who have also earned their "cosmic degrees" the hard way. Resentment shall not be felt by Earth scientists, for they shall have learned about the Oneness of man. In any case, degrees are not considered, since all work shall soon Grace the Father-Mother God! In the new cities all men shall concentrate upon making the world a better place in which to live. Therefore, now is the time for you young men and women to carefully implant thy seed in that IT nurtures those men and women who shall become New World leaders! Teach little children that Earth is a gift for man's pruning. But soon, all shall recognize that Earth is a gift for man's pleasure through the Cosmic Beloved. After the cleansing ((pruning) Jesus and other Celestial Beings may enjoy your Earth right beside you! Man, you must NOW nourish the next generation with your elevated thoughts to nullify negation! Do this now, earthman! Then shall you awaken inner sight to behold the wonders of Nature as we see Nature.

When your new Cities of Science shall become a reality, mankind shall never again know war because hostility shall have been nullified with Light! War is hostility expressed to relieve anger. War, pain, and strife are negative conditions functioning with low frequency patterns. All this shall be nullified with your higher rates of frequency. Do accept this learning as special gifts from your blessed Father! Listen to all of our channels for all messages are very essential to your progress. Set thyself aflame with wisdom, and go free!

In the New Dispensation children shall be taught at a very early age, Brotherly Love, and how to express creativity. Do remember the wise poet Kahlil Gibran who taught: "Your children are born through you but not of you." Gibran indeed works with the Universal Love element for planet Earth! Just because a soul transits from the Earth frequency does not at all mean that he/she has discontinued his beloved work for humankind. Indeed, the work flowers!

Now, what shall the new Universal language encompass? Man has too long wasted precious energy on talk, talk, talk! If this energy had instead been used to coordinate your composite being, you would already be using a telepathic method by which to communicate. Later, you shall be taught how to communicate with color-tone! Dwell on this. Much tension is built up within by talking too much. Too many discordant notes are disseminated by you to the other person whom you address. These discordant or negative NOTES have been the primary cause of cluttering up your inner fields of force deeply affecting the outer force fields! Now you know how you can become an ailing Body. The Soul needs to be awakened once more to the fact that God is Love, Light and Truth. In the near future fear shall be a thing of the past, for what is fear but "misdirected energy"! Many men are now lost in the Earth frequency because many have sent themselves in the wrong direction. They are called "lost souls". Yet, nobody is lost, for you are all part of this vast Oneness! But you must find your real self. We are helping.

What about a new government presiding over your new City of Science? Indeed, a new government shall preside over your Nation! The people are the government, so there shall no longer be separation and favoritism and avarice and greed in government issues. All shall be greatly changed! Have you not noted lately that, as truth is released, people in general are no longer submissive? They fight for right. This is good, but fight with Love! As beloved Yogananda taught earthlings, "Love is the only weapon by which to slay evil".

This great man filled with God's love and truth, is still teaching words of wisdom through thought. He is working endlessly with the importance of brotherly love. All cosmic instructors deeply appreciate your cooperation!

In your new and blessed CITY OF SCIENCE, instructors shall teach how the crystallized body of man shall heal and keep man well forever! Brain specialists shall be awed when they view graphs to reveal that primary man is indeed comprised of light and colors functioning in the 'divisionalized' body of man for his progress. They will be able to comprehend the varying rates of frequency in light and colors, and how to accelerate color tone for alignment to the All! Then, your planet shall align, also. Musical sound waves shall help man keep aligned.

All is in perfect divine order. Man is simply in the process of wending his way "back Home"! Just as evil destroys its own kind, so shall good evolve and preserve man. Man is now receiving right direction, for he has asked our help.

Had you thought the 144,000 idle? Blessings in the Oneness, I AM

PHRADO

Channel: Sari (Lucille McNames)

May 1973, June 1975 Added data

AT THE CITY OF THE SUN:

Among recent visitors were Earl and Genevieve Moulton from Mena, Arkansas, and Fred L. Morse of Cottonwood, Arizona, who plans to settle here or in the area.

Mary and Nick Nicholson, with children Seth and Heather, came from Quebec, Canada and are interested in the development here. Nick gave a very informative talk on SOLAR ENERGY, having built his own solar home.

Mr. and Mrs. Robert McMillin of Eckart, Colorado re-visited the community.

Rev. Wolfgang Krause of Phoenix, Arizona, accompanied by Andrew Owen and Bill Brown, was here and gave two lectures. After a tour eastward as far as Boston they will be back in this neighborhood by the end of March and will leave from Arizona for a location in Central Mexico, where they plan to set up a New Age School and spiritual center.

Rev. Kingdon L. Brown of Desert Shadows Church, Scottsdale, Arizona, was a guest of Harold and Bettina Kramer of Aeolian Retreat nearby, and gave a lecture at City of the Sun on February 23.

Fred Scott who has worked here at times has taken work with the Forest Reserve at Cloudercroft, N.M.

The henhouse and yard are (at last!) nearly completed. And our hothouse is well stocked with young vegetables of many kinds, thanks to the ministrations of Austin Love. These will be ready for transplanting as soon as it is safe to put them outside and will provide us with much nice fresh produce this summer.

A wagon train with fifty-eight Christian youth stopped overnight March 1 at Pancho Villa State Park in Columbus. The Caravan, a worldwide international ministerial organization, gave a program of inspirational song and message. Two of the group, Connie Coleman of Long Beach, California and Tanya Johnson from Nassau, Bahamas were overnight guests of Olie Mae Hale.

Kenneth and Melissa Saunders from Mexico visited Shirley Saunders for a couple of days.

Dr. Phillip Strong, chiropractic physician, has returned from Oregon and set up an office temporarily in the community building. We are all very glad to have him here.

INFORMATION FOR THE PROSPECTIVE MEMBER

THE CITY OF THE SUN is a New Age community, established under a plan developed in the higher realms, and peopled by those who acknowledge the Plan and wish to work together for its development. It is a community of brotherhood, where people of many backgrounds have come together, respecting each other's philosophy and ideals, and working in love and tolerance to fulfill the Plan.

We are about a mile from the village of Columbus and four miles from the border of Old Mexico. Columbus has a bank, two general merchandise stores, a restaurant, a small motel, and two filling stations. We are thirty miles south of Deming, the county seat and a beautiful town of about ten thousand friendly people. There is bus service between Deming, Columbus, and Palomas (over the border.)

CITY OF THE SUN is located on flat desert but with mountains in view whichever way one turns, and the elevation is four thousand feet. Because of the elevation and the dryness of the air, it cools off at night, even after the hottest days - which usually come in June. Ordinarily the rainy season (such as it is!) starts early in July and altho there is never very much rain it does have a cooling effect. The coldest months are December and January, when night temperatures are generally in the low twenties, with a few dips into the teens, and any precipitation at this time is, of course, snow. But it never stays long, and most winter days are sunny, with afternoon temperatures in the fifties or sixties. In the spring there is considerable wind, some of it quite hard. Not an ideal climate but better than most.

Many of our people are vegetarian, some are not. This is for each one to decide for himself. But naturally no one addicted to drugs or liquor would be suitable for this environment.

We are told thru various channels that the times of turmoil attendant on the ending of the Piscean age are not far off, and we need valiant workers to prepare for the succor of displaced persons of high calibre who did not succeed in getting away from places of danger. We need able-bodied, creative men and women, dedicated to high ideals of brotherly cooperation, to help in building the community.

In order to meet the cost of developing the settlement, installing utilities, etc., it is necessary for each new member (or family) to donate at least \$600.00. (Most of us continue to put in time and small sums of money to meet needs that come up.) Connecting to the sewer and water mains and electric line is the responsibility of course of the incoming settler. Also there is the need to buy and install a propane tank. It does cost something to get established here! However, each member is allotted a residential site on which he pays no rent, the only ongoing expense being a small annual county tax. The member (or family) is entitled to the use of this site for his lifetime. Should he at some time wish to sell his home, he may sell to another member - but not to a non-member, except if his home is a mobile unit and the purchaser moves it away.

In order to have a congenial community, we feel it is necessary to know something about the ideas and ideals of prospective members before voting them into membership. All members are responsible for their pets. Since the homesteads are small, pets have to be somewhat restricted.

If you would like to receive a copy of the by-laws, spiritual concepts or further information, write us.

LENTEN REFLECTIONS

Lent is a period of renewal, of refreshing, of cleansing, of restoring, of preparation for the joyous, victorious resurrection of the Christ. Throughout christendom this is commemorated each year on Easter Sunday.

Easter occurs on the first Sunday, after the first full moon, after the vernal or spring equinox.

Lent then begins on Wednesday (Ash Wednesday) forty days, exclusive of Sundays, preceding Easter.

Lent is not scripturally oriented, rather it is a Christian season of cleansing, established by the Christian church early in its beginnings. It was loosely and nebulously defined in those early years. It is said that initially Lent was a period of forty hours. By the year 429 it was quite well established as a period of, from six to seven weeks duration. Since the ninth century Lent has been observed for a period of forty days exclusive of Sundays.

Forty is a spiritual number signifying completeness, as evidenced by the following biblical events:

1. The flood was of 40 days duration.
2. Moses fasted and prayed on Mount Sinai for forty days and nights. Moses received the Law, the Ten Commandments and the covenant at the conclusion of the cleansing period.
3. Moses led the Children of Israel out of Egypt for a period of forty years.
4. Elijah observed a forty day period of fasting and prayer on Mt. Horeb, which was culminated in speaking with God.
5. Jesus spent a forty day period in the wilderness fasting and praying. At the conclusion of that period Jesus passed all of His initiations in His encounter with Satan. Jesus then launched His unparalleled spiritual ministry.
6. Following the Resurrection, Jesus ministered unto the populace in His physical body for forty days and then Ascended.

It is not a mere coincidence that the early church fathers chose forty days for the Lenten period. To be sure they were divinely guided.

It was not by happenstance that Jesus the Christ chose the season of Spring for the portrayal of that drama of dramas, the crucifixion, the resurrection and the ascension. At this season of year all of nature springs forth in new and renewed life responding to the vibrant quickening of the Resurrection Flame. Just as this was a vital stimulus to Jesus at the time of His Resurrection and Ascension, so also is it to us during the Lenten season. It greatly enhances our cleansing, renewal and spiritual restoration. Certainly the early christian church fathers were responding to divine guidance when they established the Lenten season.

Whatever life holds for us, each and everyone, it is naught but the reflection of our consciousness. Those whose lives are filled with love are radiating love. Those whose lives are filled with peace are radiating peace. "Give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over."

The law is eternally the same, however, its application changes from age to age and the framework in which it is given reflects the mass consciousness of that age in which it is given.

Moses expressed the Law in this manner; "Thou shalt not kill. Thou shalt not commit adultery. Thou shalt not steal." Jesus expressed the Law this way: "Resist not evil, but whosoever shall smite thee on the right cheek, turn to him the other also. Whosoever shall compel thee to go a mile, go with him twain. Love your enemies, bless them that curse you, do good to them which despitefully use you, and persecute you." That which we resist that we become. Rather than fighting, (resisting) Satan we must be about our Father's business, glorifying Him and assisting in the establishment of His Kingdom. As Jesus so aptly put it "Be ye therefore perfect, even as

your Father which is in heaven is perfect." In this present twenty-five year cycle of the Holy Spirit He states the Law thusly, "Learn the lesson of harmlessness; neither by word nor thought nor feeling inflict evil upon any part of life. Know that action and physical violence are but the lesser part of the sin of harmful expression. Let thy heart be a song of gratitude that the Most High has given unto thy keeping the Spirit of Life which, through thee, chooses to widen the borders of His Kingdom. Be alert always to use thy faculties and the gifts loaned unto thee by the Father of all Life, in a manner to extend His Kingdom. The servant of the Lord, like the Sun in the Heavens is eternally vigilant and constantly outpouring the gifts which are in his particular keeping." (Code of Conduct for a Disciple of the Holy Spirit, From the Bridge to Freedom.) Thus we see the raising of the planetary consciousness over these past four thousand years.

Occasionally and particularly when I was a teenager I heard people make statements such as, "I'm giving up coffee, or smoking, or drinking, or dancing for Lent." Whatever we undertake, we must start, wherever we are in consciousness. And so for some this is the lenten cleansing and it is good.

Then there are those individuals and groups for whom Lent is a period of studying the Christ teaching and of applying it in their daily lives and affairs. And thus for them Lent becomes a period of cleansing, renewal and refreshing.

We are now entering the 2,000 year period known as the Golden Age of Freedom. During this period the God qualities of invocation, transmutation, etherialization, rhythm, mercy, forgiveness, love divine, freedom and ceremony are predominant. Six other 2,000 year periods preceded this one, during which the other God qualities were predominant. At this time we are involved in the 2,000 year cycle of the Golden Age of Freedom and also in the culmination of the 14,000 year cycle of the sum total of all the God qualities. Further we have now completed our journey out from God (our Sun) which has taken us billions of years and we are now starting our return journey back to our sun which will require a similar number of years. During our journey out from the sun the masculine aspect of divinity was predominant. During our journey back to the sun the feminine aspect of God will be predominant.

The next twenty-five years, known as the Age of the Holy Spirit, is the most vital and crucial in the history of our planet. It is the time of the fulfillment of the prophesies of the scriptures. The Holy Spirit represents the love nature of the God-head, the Activity of God. During this twenty-five year period that Activity can be summarized in one word Cleansing. Man, the planet and all life thereon must be cleansed and purified.

Students of the Ascended Masters do not observe Lent as such. To them every day is a day of cleansing. Speaking lent-wise the ensuing twenty-five year period known as the Age of the Holy Spirit is a lenten period, a period of cleansing. It is accomplished by the daily ceremony of invocation through prayers and decrees.

Beloved Jesus admonished us "Go thy way. Sell whatsoever thou hast, and give to the poor, and thou shalt have treasure in heaven: and come, take up thy cross and follow me."

"To sell that which we have" is to forsake mammon for the spiritual. We cannot serve God and mammon. We must give expression to God in all things and at all times.

"To take up the cross" is to cleanse and purify the mortal, the carnal, all that is less than God Perfection in our thoughts, feelings, words and affairs. Also the cleansing of the mass consciousness and all life on the planet and the balancing of personal and planetary karma.

To "follow me" is to take on the full stature of the Christ, to take on the Christ Consciousness, to steadfastly hold the Immaculate Concept for all and in all situations, to become completely at one with our I AM Presence and thus be in a perpetual state of bliss.

From my observation most of us are very satisfied with our lives, our friends,

our community, our world. Most of us wouldn't change things. The world and we, the inhabitants, are great. The world is greater today both materially and spiritually than it has ever been during recorded history.

However, we do not have to look beyond the end of our noses to realize that we do not measure up to the perfection of our Christ selves. Perfection is our goal, perfection is our destiny, here and now in this twenty five year period of the Holy Spirit.

There is a spiritual marriage for each and every one of us and that is our marriage with the Holy Spirit. So, let us not be like the foolish virgins who had no oil in their lamps when the bridegroom came. Beloved Jesus told us He would send another, the Comforter, the Holy Spirit. Thus through Christ, by becoming Christed, we become unified with or wedded to the Holy Spirit. It is at this point that we do the works of Him that sent us, those works being our divine mission.

From this day forward and for all time let us each one have our lamps full of oil, the oil symbolizing the Father or Power; our wicks trimmed for perfect light, the wicks symbolizing the Christ or Wisdom; and our chimneys clean for perfect radiation of the light, the chimneys symbolizing the Holy Spirit or Love, the Activity of God.

Behold, the Lenten Reflections become Reality.

Maurice H. Hastings


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