

THE FATHER'S HOUSE

QUARTERLY

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FALL EDITION

NOVEMBER 1971

THE PRAYER OF THE CHALICE

Father, to Thee I raise my whole being,
— a vessel emptied of self. Accept, Lord,
this my emptiness, and so fill me with
Thyself — Thy Light, Thy Love, Thy
Life — that these Thy precious Gifts
may radiate through me and over-
flow the chalice of my heart into
the hearts of all with whom I
come in contact this day
revealing unto them
the beauty of
Thy Joy
and
Wholeness
and
the
serenity
of Thy Peace
which nothing can destroy.

— Prayer and calligraphy by Frances Nuttall —

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CONTENTS

EDITOR'S PAGE,	By Brother Francis,	Page 3
OUR DIVINE HERITAGE,	By Kadesh,	4
I AM THAT I AM,	By Nellie Cain,	8
LOVE IN ACTION,	By <u>Mary Myneta</u> ,	10
DOGMA, EGO & WILL To POWER,	By Illiana,	15
NEW GROUP OF WORLD SERVERS,	18
ETERNITY HERE AND NOW,	By Dr. Mohamed Cassim, PhD.	19
The WORLDS WITHIN,	By Dr. Frederick Reinhold, PhD., .	25
UNIVERSAL WORLD HARMONY,	By Rev. Francis Cuzon,	28
FURTHER LIGHT ON KARMA,	By Jacqueline Lander,	29
NEW ZEALAND SUPPLEMENT,	By Lency Dawson,	32
PATH TO THE FATHER'S HOUSE,	By Jo'el of Arcadia,	34
CREED OF WORLD SERVERS,	(Back)

THE COVER

For this, the last quarterly issue of 1971, nothing seems to be available that is as appropriate for the cover as The Prayer of the Chalice, done so beautifully by Frances Nuttall of England. As we approach another 'Holy Day Season' at which time there will be more, tremendously more acceleration in the outpouring of Spiritual Energies upon our Planet, it is vitally important to keep our whole being attuned to the Christ Consciousness. The only way this can be done is to redouble our efforts to keep constantly alert to "ego-centric" temptations through the raising of the vibratory rate of our 'whole being' - "a vessel emptied of self" - and filled with His Infinite Light and LIMITLESS LOVE which will "radiate into the hearts of all with whom we come into contact". Thus will we hasten the fulfillment of His "Perfect Purpose and Plan" to establish the Kingdom of Heaven on Earth, and enter into the Joy of our Lord.

THE EDITOR'S PAGE

With this issue the Father's House has completed it's third year of publication, and I want to take this opportunity to express my very sincere thanks to the hundreds of wonderful 'fellow travellers' who have made it possible to spread this Spiritual Feast almost worldwide.

I have made no effort to keep strict account of the number of copies that have gone out this year to prospective subscribers, mostly from mailing lists that have come to us from many different "World Servers" - but the number is well over one thousand. Though only a very small portion of those who received two consecutive issues as sample copies responded with a subscription, nevertheless we have no doubt as to the ultimate good and benefit that they received from the "seed that was sown".

Beginning with this issue, I want to extend a very warm welcome to approximately 250 new spiritual friends. About 160 of these represent subscribers of the MENTOR magazine published by my very dear friend, Mary Myneta of Scarsdale, New York. The other 90 new ones are from the mailing list of Illiana of New Age Teachings, who has been a Trustee and regular contributor of excellent articles to the Father's House since it's inception three years ago.

It was my rare privilege to personally meet both Mary Myneta and Illiana while on a trip to the East Coast last August. It was arranged that Illiana and her husband Boyd Afton would drive down from their home in Brookfield, Mass., while I was a guest in Mary Myneta's beautiful home. Though it was our first meeting face to face in this life expression, there was no doubt that we were old friends and co-workers in ages past. Truly, in these last critical days on Earth, the "Clan" is being drawn together again to serve mankind by spreading Infinite LIGHT and LIMITLESS LOVE of our Father-God who is LOVE!

In regard to the "World Servers" mentioned above, I call your attention to the brief write-up on page 18 about "The Work of the New Group of World Servers". There was no room to give proper credit and address at the bottom of that page so I wish to make a few more comments here. The material presented on page 18 is condensed from an attractive folder received from "World Goodwill" - an activity of the Lucis Trust, (Alice Bailey focus), 866 United Nations Plaza, Suite 566, New York, N.Y., 10017. Further literature and information about the New Group of World Servers is available from them upon request. Most of you are familiar with "The World Invocation" which they have distributed for many years.

Regarding the FATHER'S HOUSE ANNUAL for 1971, due to the great increase in printing and binding costs that faced us in 1971, we have found it necessary to increase the price of the Annual. There will be only 100 copies available this time, instead of the usual 200. Discount of 20% on Library or Gift copies. - LIGHT & LOVE!

Brother Francis

OUR DIVINE HERITAGE

By Kadesh

In the last issue we discussed the implications of the coming "Frequency Change" and its transcending importance. This time my inspiration leads me to speak to you about an equally important subject, - "Our Divine Heritage" and particularly that aspect revealed in Genesis 1:27, which states that "God created man in His own image and likeness". If we accept this simple statement at face value, then it would be perfectly logical to assume that man has inherited ALL of the attributes and qualities of our Father God. By observing the manifestations of Nature we find that the seed in its various forms always has within it the complete pattern and form-essence of the original which produced or created it. It matters not whether the seed is a product or creation of plant, animal or man himself, - the same universal law applies to that which comes forth as the 'fruit' of the seed.

Indeed, though it may come as quite a surprise to the majority of you, - I can reveal to you that our men of science have already devised a camera that can photograph a seed and the picture shows a clear outline of the mature plant in full bloom. I have personally seen some of these photographs, - one of which was made of a lily bulb - completely dormant. When a print was made from the negative it showed clearly the entire lily plant in bloom! Another photograph was made of a highly magnified drop of ordinary water; then another picture was made of the same drop of water after it had been subjected to a blessing from a very spiritual person, - I believe one who had the spiritual gift of healing. The picture from this negative clearly showed a beautiful pattern of radiating beams of light. I am told that this same camera can also photograph thought forms emanating from a human being's brain. Amazing, isn't it, that science has now entered into the realms of the Higher Dimensions beyond our three-dimensional world of the physical and material aspects of life.

One of the principal attributes of God is the Power to CREATE! Since mankind is a part of that which God created, we the fruit or product of His creation inherit within ourselves that self-same power. However mankind on this planet Earth elected or chose the Path of Freewill, and under this dispensation we live in a three-dimensional world of the five physical senses with the polarities of positive and negative, male and female, good and evil, day and night, and all the countless "pairs of opposites". Essentially this is a world of illusion; it is also the Cosmic University or schoolroom of the Universe, beginning with the simplest lessons of 'Kindergarten' and on up the educational ladder through elementary school and finally college level in which we are given the opportunity to master and understand all the lessons of the world of illusion and finally through most severe final tests, we may 'graduate' and make the Ascension into the Higher Realms

of Conscious Awareness. Jesus told his disciples that "In My Father's House are many "Mansions". We understand this term to mean many levels or "dimensions" of awareness, and the "Kingdom of Heaven is synonymous with these Higher Realms of Consciousness.

I am sure that all of you are familiar with the statement which says, "As a man thinketh in his heart, so is he!" It is well to study and analyze this statement carefully and digest its full meaning. We have been told that "Thoughts are Things!" Thoughts, ideas or concepts, if constantly dwelt upon automatically sink into the subconscious mind and there take root; they are 'programmed' or recorded on the sensitive tape of our inner computer. Psychologists will tell you that the subconscious mind does not have the reasoning faculty, but it is the 'executive' department of the mind. Like the female, it impartially acts to manifest and bring forth that with which it is impregnated whether it be good or bad, constructive or destructive. If ones thoughts are predominantly negative, selfish and destructive in nature, then the fruits or children of his thoughts will unerringly manifest these same qualities or attributes.

Do you realize that all or nearly all illnesses, disease, misfortune, catastrophes, disasters ad infinitum have their origin in the negative thoughts and emotions mentioned above. The children or fruits of such thoughts and emotions may come forth in many ways. Some people are chronically ill or mentally imbalanced, and/or they seem to be eternally plagued with misfortunes of any and all kinds. They are accident-prone and many times seemingly the "innocent victims"- but evolved beings will tell you that there is "no such thing as an accident" or that nothing happens by "chance".

Another area of imbalance or inharmony is in the 'personality' and attitudes in general toward life, which in turn affect our relationships with other people. Citing just one area in which this is so prominent, - witness the appalling divorce rate which is steadily accelerating and growing to something like 75% of all marriages nowadays. Add to that the great number that do not reach the divorce courts, but the pair merely tolerate each other without any true happiness or fulfillment; the marriage is washed up sooner or later after a few months or a few years, but they stubbornly cling to the dead shell. Their conjugal life is worse than prostitution, and indeed I tell you of a truth, - there is more prostitution legalized through the license provided by marriage certificates than all the shady ones of "ill-repute" - the women from all levels of society who openly or otherwise offer their services for a price. In addition to these, of late years there is open permissiveness, especially among our young people; prevalent too in our educational institutions, both high schools and colleges. And do not forget the "Swingers" which are becoming very prevalent now, - and in case you are uninformed, this includes clubs in which married couples exchange mates over the weekend. Thousands of mere children are becoming infected with venereal disease as well as being drawn into addiction to marijuana and drugs.

While the above is only a fraction of the whole picture, it serves to illustrate the awful results of man's abuse of his creative powers when operating on the destructive negative polarity. As has been mentioned a number of times in this publication, time is fast running out as the tremendous outpouring of spiritual energies upon this planet is accelerating more and more, and we are reminded of The Master's words when He said, in speaking of this "End Time", - that "unless those days be shortened, no flesh may be saved." This is not the only time this planet Earth has gone through such a cycle, - it has happened more than once before in ages past, - but this is the LAST TIME that the Galactic Council will permit it to occur on this Earth. We are holding back the orderly progression of the whole Universe, and the Council has been on the verge of calling a halt for many years, but the very last extension of mercy and patience with the human race has now come to an end. The Planet Earth must now be cleaned up and prepared to enter fully into the Golden Age of Aquarius, - the Spiritual Water Bearer. So much for the negative side of the picture!

Man can and does create on the positive polarity, though very few indeed are able to do so all the time. After many years of suffering and unhappiness, some have finally learned their lesson just in the nick of time and turned the tide with constructive thoughts, ideas and concepts, - otherwise they would have made their transition many years ago. How did they accomplish this? Well, one way or another they were brought in contact with teachings or courses of study that showed how to reverse the predominant polarity from negative to positive. One case I know of personally, had suffered severe stomach ulcers accompanied by internal bleeding for nearly 25 years, and had reached the point that he could not have lived much longer. He was shown how to remove the inharmony in his life and spend more time in unselfish service to others less fortunate, and in a very short time - a very few months, - the ulcers completely disappeared.

Another one had experienced two marriages and two divorces, yet could not seem to find lasting love in a personal way. This one too learned to reverse the polarity by radiating impersonal love to everyone, and otherwise immersing himself in activities that benefitted all with whom he came in contact causing many of them to emulate his example. No one can estimate how far-reaching such a chain reaction will spread, - perhaps all around the world, yet it started with just one individual.

The same idea or concept can be successfully applied to many if not all departments of life, - the financial for instance. I happen to know that it has been proved in a very outstanding manner by the publisher of this magazine, even though the established policy does not permit any advertising, - the principal source of revenue for all such magazines. Neither is there any stated price set as the cost of a regular annual subscription. Each give willingly as they are able to do so. Brother Francis tells me that the average surplus of funds on hand is always sufficient to pay all expenses for six months. There is a

very appropriate direct statement in our Scriptures in which God, speaking through the prophet Malachi, (chapter 3, verse 10), challenges us to prove Him! In part, it says, - "Bring ye all the tithes (and offerings) into My 'storehouse' and PROVE ME herewith, and I will open unto you the windows of Heaven and pour you out a blessing, that there shall not be room enough to receive it."

Now I would say that this is not something that is couched in vague generalities! It is right to the point! You may twist and squirm or hem and haw, but there is no provision there for any exceptions whatever; you can take it on faith and let it be proved to YOU, - or you can leave it, and go on wallowing in the illusion of lack and limitation. You have 'freewill' - it is up to you!

It will probably not occur to you at the moment but this all ties in with the use of our God-given Creative Power on the positive polarity. Ministers and heads of spiritual organizations, please meditate on this and then try to answer the question as to why you seemingly have to get up in the pulpit or rostrum on Sundays and berate your congregation for not being liberal enough with their financial support. Somewhere in the depths of your subconscious mind, if you dig deep enough, you will find the answer. Somewhere along the line you have failed to understand how to operate the Law of Universal Abundance and CREATE the manifestation of that abundance here and now on the physical-material level. Truthfully now, is it their failure or yours?

Last but by no means least, I want to address the vast army of those of both sexes who are suffering from the pangs of "malnutrition" or starvation, - not for want or need of food for the stomach, but for LOVE! This was barely touched upon in another paragraph, but there is need to treat upon it more completely.

There is an appropriate simile that I have often used in other contexts but it serves so beautifully in any situation where there is a need to illustrate the difference in manifestation of creative power in positive or negative polarity. In Palestine there is a river called Jordan, and there is a 'sea' at either end. In the north there is the Sea of Galilee which is the source of the River Jordan. It is a body of fresh water teeming with many kinds of fish which furnish vital nourishment to the inhabitants of that country. The Master Teacher Jesus spent much time around the Sea of Galilee, and some of the fisherman there were called to follow Him as His Disciples.

At the other end of the River Jordan there is the Dead Sea. It has no outlet, consequently is stagnant and very salty, so much so that it will not support any fish-life. It accepts the fresh water of the river, but it gives nothing in return; it is completely negative! The lesson is quite obvious. If you are starving for love for example, then CREATE LOVE, RADIATE LOVE, BECOME LOVE! Never try to enslave or corral it through one person alone just for yourself. Divine Law will then return it to you a hundred-fold! PROVE IT!!

I AM THAT I AM!

Channel, Nellie Cain

'I AM Keeper of the Flame, the Light of the Creative Mind and Power within every man which must be fanned and brought into full flame in each age for the continuance and fulfillment of man's higher destiny. In this way is the race lifted to new dimensions of conscious Being. It is always the forerunners in each New Age who carry the ignited Scepter to set the Flame alight in the minds of My children. You who are My Light Bearers do this. Isis is but another name for Me, for I AM the Flame in all of its essence. I AM THAT I AM! Both aspects of the Creative Fire which burns the dross from man's consciousness and refines him into his God-nature. Therefore I am both Osiris and Isis, - masculine and feminine. I am creativity in expression in My children.

My Light Bearers light the way for My faith-filled children, and finding Light and Love gives added faith and the opportunity to be fulfilled. The Truth Seeker in his ardent desire will be brought to My abundant table and his hunger will be forever assuaged, and the Guardians of Divine Growth will ever light his way.

No one grows alone, for it is in giving that one receives. As you grow in understanding, be ever ready to share your Light and Love and Wisdom with those who come to you. It then becomes an ever-widening circle, with each one reaching out to help others. This is Truth brought to encompass the Earth.

It is the assignment of My Light Bearers to eliminate the duality in man's consciousness. He must come to know that he is both masculine and feminine in all areas of his being and expression as he accepts his 'At-One-Ment' with Me. I AM the Alpha and Omega, - the ONE In ALL, and the ALL In ONE! Beloved, we are ONE! Teach all mankind this wondrous Truth and behold the transmutation of the world. For transmuted the world must be. Old social and economic structures will crumble with their own decay, for they were not built on spiritual foundations. Greed, lust and power were their underpinnings, and they will fall into the dust of destruction before the new edifice can be raised. Be not disturbed for it is all for the good even though it may seem unbearable. Man suffers the birth pangs of a glorious New Age. Give the vision of a New World to My children, and prepare them for the truth of Eternal Life on many gradations of experience and beingness.

Give this message to My children: Spiritual realization and mastery comes not in books or concern with the outer world. It comes only through personal commitment and a burning desire, and it must take precedence over all else. Then the walls of misconception and material desire will come tumbling down and you will behold the glory which is within the Temple of your own being. Identification with Me is the first step, for I

AM the Life, Love, Light, Wisdom and Power of you! In Me do you live and move and have your Being. Learn to think in this way, - that it is not the self of your past thinking who must now think or say or do, - but let yourself be that through which I may think and say and do. This brings happiness and fulfillment. As the Master Jesus declared, -"It is not I, but the Father within that doeth the works". Try to make this same identification, for when you lose the small 'I' in the greater Divine I AM, you will have found the peace and riches of the Kingdom. This is the treasure "which rusteth and corrupteth not" - but is eternal and of the purest essence. All else of earthly material is as ashes in the mouth compared to the Divine riches of At-One-Ment with the God of your own being.

Find the Inner Citadel and you are then within its holy protection, and impregnable to the onslaught of material thoughts or sensual desires and emotions, - for they will have no power over you. You will have found your inner source of supply and protection which can never come from the outer world of things or persons. Great is the joy of the one who finds his LIFE in merging with his God-self, and then becoming the channel of Light and Love to pour into the Divine Crucible of Life. Give yourselves in total submission and find the radiant glory which comes when you lose yourself in Me! This is truly being reborn, and is as great a transition as birth from the fetal stage is for the new born babe. A glorious new phase of existence then opens for you, and you grow into a wonderful new channel of expression for the Divine, - and mastery becomes yours.

You question reincarnation. Man must experience life in all its aspects, but he usually does so in a sense of duality or separation from his Divine self, or innate God-self. When he completely identifies with the indwelling Spirit, - he will have no further sense of separation or dividedness. Then all experience is a part of the great NOW, and he no longer thinks in terms of past, or present or future lives, - but he lives to serve the Divine in the realization of the ALLNESS of Life in ALL dimensions. He becomes universal in his consciousness, with no barriers of time, or space or color, or creed, - or any of the limitations he has imposed upon himself while functioning in a consciousness of duality. Reincarnation is a product of man's dual consciousness, - but as long as it seems to be the Reality to him, it serves him well in his unfolding spiritual realization.

Give your heart to the Truth of the Indwelling Presence and feel the beautiful flow of Life, Love and Intelligence moving in and through you. This release will bring peace of mind and health of body. Freedom from all restricting ideas will come when you accept yourself as a beautiful spirit who lives only to be the channel for the Divine Life, Light, Love, Peace and Wisdom. Practice this realization with deep breathing exercises in this manner:

As you breathe in, say to yourself, -"I absorb the Light and Love and Wisdom of the great Cosmic Mind. Its energy and power suffuse my every atom, cell, organ and muscle. My bloodstream carries the Life of

every atom, cell, organ and muscle. My bloodstream carries the Life of God through each atom, and I am divinely sustained and perfected, and I glow with Divine Life. My body is perfected; my mind is at perfect peace BUT ever alert to the new and beautiful. My soul is in harmony with all of Creation, - as the Song of Creation rings through my being. I am in harmony and resonance with all Life everywhere!"

Then as you breathe out, let your breath be a praise to your Creator and a blessing to the Universe. It is the task of the Light Bearer to become so perfect in ONENESS that he is the living, breathing essence of Me, and breathes beauty, peace and love into My troubled world.

Beloved, we are ONE, and our only separation and your only confusion, - is in failing to be aware of it at all times. Come unto Me, and I will give you rest and fulfillment! Fear not the world and its limitations, - for in ME do you live and move and have your Being! My mantle of Light, Love and Peace enfolds you!"

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[Those wishing to contact Nellie Cain, the address is, -
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THE ELEVENTH COMMANDMENT

"LOVE" is the most powerful Spiritual Force in the world! It embraces within it's sphere of radiation all the other positive qualities of the soul, - namely, Faith, Hope, Charity, Kindness, Patience, Sympathy, Forgiveness, Unselfishness and Courage.

LOVE is the expression of the DIVINE through the medium of the human soul. It constitutes the most vital energy required for man's spiritual advancement. The farther the individual has advanced in the scale of evolution, the more spontaneous and far-reaching will be his expression of Love.

As we grow spiritually, we enter into a better understanding of our fellowmen. When we take the material of this world and through it allow our souls to find expression, - then we have contributed something of value to humanity.

One of the most beautiful qualities of Love is the faith it creates; faith in God and faith in the purpose and possibilities of life. PERFECT LOVE CASTETH OUT FEAR, and with faith comes courage and strength. Truth has many names, - but it is best known as LOVE!"

LOVE IN ACTION

By The Mentor - Through [Mary Myneta](#)

LOVE IN ACTION is the Keynote for the accomplishment of your Goal!

Beloved ones, stop now and feel the pulsation of life within your physical bodies, within your minds and within your feelings. Feel the pulsation of the Sacred Fire of God's Breath of Life coursing through your entire being. You are a projection of Divine Ego, stationed here in this world for the purpose of spiritual fulfilment. Yours is the opportunity for the manifestation of God's Divine Purpose. Yours is the opportunity to manifest and sustain the Divine Concept of man. Feelings of inadequacy and doubt enfold you like mists in the dawn, but TRUTH disperses those doubts, and in the Light of God's Love, you can if you will, - walk free!

As you feel life rushing through every part of your being, remember the instruction of one of your dearly beloved Ascended Master Teachers. You have been told again and again that the energy which flows through you from the Divine Source, is wholly pure and uncontaminated until it touches the mind of man where it becomes tainted by the will of the human sense consciousness. It then passes through the feeling world of man and takes on the distortions of mortal feelings. When that pure energy finally reaches into the physical body, it is already heavily laden with negative qualifications, concepts, opinions, fears and often hate. These qualifications take effect in the physical body. The inharmony and imperfection register in the flesh, and the individual experiences discomfort, disease and limitation. All these are the direct result of the distortions imposed on pure energy which was directed to each being from the breath of God. All energy is God Energy despite the distortions which are not of God, - but the qualifications imposed upon it by man.

The Ascended Masters have taken time to instruct groups of spiritually inclined individuals so that they may rectify these conditions which they have set up within their worlds. The Masters have instructed you, as disciples upon the pathway of Spiritual Illumination, in the use of the Violet Fire of Love and Transmutation, which will, if used in faith and determination, transform and redeem the lives of each one and allow them to transcend the impurities and inharmonies which have wrongly qualified their energies and their whole beings. Again, feel life coursing through yourselves, and begin to image it as sparkling pure and filled with all of God's goodness. Absorb these qualities into your mind, heart and flesh. The Violet Fires of Transmutation are thus set into action through the recognition of Truth, and through Love they begin the Transmutation process. This activity will continue so long as you individually accept the free flow of perfection.

The physical body is a receptacle for the dissemination of this God Energy. The body is also a creation through which one exercises freewill,

or better, - the will to be free. The body exists only for the purpose of expressing life forces. When and if life withdraws from the form, it no longer expresses as form, - but disintegrates and life withdraws to a less dense form of light to continue in it's purpose. The body is like a garden. When the stream of life or the spirit waters of being no longer flow to it, - it is no longer fertile and becomes barren and desolate. There is disintegration wherever the life forces do not flow.

This life force is a triune activity of Spirit. Within it are the qualities of Love, God-Wisdom and Energy. No one quality is absolute and complete. Love without Wisdom is foolish; Wisdom without Love is folly. Either or both without energy is nothing. The three-fold activity of life is perfection made manifest in all form and in all being.

You are being taught to control the human qualifications which impose the distortions upon this pure energy. To many, the instruction has fallen like rain upon barren rock. But to you, - to whom these words are addressed, the spirit flows freely, and understanding and Love allow the pure Spirit of Light to begin manifestation or transmutation as the need arises. You are beginning to have more perfect understanding and greater willingness to cooperate in gaining your own freedom. You are beginning to accept TRUTH. I say, -you are beginning!

To know ALL Truth is not within the province of the mortal until he has raised his consciousness from the mortal level to the spheres of the All Knowing Mind of God Consciousness. There are those who do not accept the fact that this state of consciousness is attainable. Yet, did not your greatest Master Teacher say to those who listened to Him, -"The things I do, you shall do also, and even greater things." Why has man not accepted this challenge? Few are those who have made even one step toward such an accomplishment. The Master would not have said this if it were impossible or even unlikely.

You may tire of hearing the Master's words of wisdom and complain that they are repeated endlessly. Mankind has been subjected to Truth since the beginning of time, in one way or another, - and yet he fails to respond. Let me say to you that it is not enough to listen to the wisdom of Truth. It is in vain to study and acquire knowledge of spiritual law unless the individual puts it to work. Action is the necessity of the hour! Read again - "The things I DO, ye shall do, - and greater things". Belief is not enough! To DO is imperative! What does it avail you to prattle of love, and continue within your hearts to hate your neighbor, or another race or religion, or those who speak another language or favor another form of government? Let me quote a few lines from your Scriptures:

"Love doeth no ill to its neighbors." Romans 13:10

"God is Love and he that dwelleth in Love, - dwelleth in God, and God in him." 1 John 4:16

"There is no fear in Love, for perfect Love casteth out fear. Because fear hath torment, he that feareth is not perfect in love." 1 John 4:18.

Turn to your Bible and read with love and understanding, 1 Corinthians, Chapter 13. Bear in mind that the proper translation of the word charity is LOVE. Most modern translations of your scriptures replace the word charity with the word love which in this present day has other connotations.

Mankind has listened to many dissertations concerning love, purity, justice and other God qualities. The hour is at hand when mankind is judged their inner motives, their desires and their manifestation of Truth as related to their personal individualities. These are the masses. You who hear or read my words are upon the spiral of transfiguration. Let nothing discourage you or dim your resolve to attain the goals of the Christ Consciousness. Life is not a playtime; life is real and earnest. You are preparing to enter a new cycle of time. There is no time now for self indulgences, procrastination, doubt or fear.

Some of you will say that you understand this completely and do not wish to be bored with the continual reminder that time is drawing to an end. It is indeed true that there is an intellectual understanding within large numbers of those who are upon the path. However I must add that the hearts of those who profess understanding have not as yet felt or demonstrated Truth. Who amongst you is fearless? Who amongst you has demonstrated perfect love that casteth out fear?

Life presents each candidate with many tests and trials, and there are many failures. However failure does not close the door to accomplishment, for are you not inspired to rise and try again? He is not defeated who makes continued effort, and there is no defeat until there is no further effort to master the accomplishment of that perfect love.

In these days in which you are moving forward, your worlds are bombarded with negative prognostications, fear of extinction and loss. You have been affected by fears of cataclysmic activity; fear of financial ruin as the monetary values of your currency fluctuate; fear of disease and death, and fear of loss in a multitude of ways. You realize of course that all these losses are material ones. The realities of spirit cannot be destroyed. They are God creations over which man has only one power, and that is the power of rejection. You cannot possess what you refuse and deny. On the other hand, yours is that which you accept and nurture with your own energies.

Many of you have tried to seek safety for your personal beings. Bless you, there is no safety except in God's everlasting arms. What would it avail you to save your body if the planet was devastated, or all your possessions swept away with all you hold near and dear? The spirit is indestructable. You are beings of spirit; you are "I" beings. The "I" is spirit and indestructable! You can truly think and believe if you will, - "I fear no evil, for Thou art with me." Dissolution may claim the flesh, but the "I" is forever in spirit and indestructable. Man fears the loss of the body because he does not fully comprehend his oneness with God. He has had innumerable bodies and may have others in the future. There is nothing to fear, for in the all-knowing mind of God, there is no fear!

Many times you have been told to "Let go and let God do it," whatever it is that you desire and require to accomplish. Yet who amongst you trust God to accomplish your good? Man fears to give the authority to anyone, - even God, for the fulfillment of his desires. Man prays and instructs God in the ways of his human mind for the accomplishment of all things, - but there is no faith and there is no trust. Man does not fully accept God as his Father Creator whose judgment is above all question. Is it not the first commandment to love God with all your heart, your mind and your being? Perfect Love casteth out fear! So why does man fear? Why are you still fearful?

Man will come to comprehension only as he ascends to Consciousness in the all-knowing mind of God. There he will experience his God-identity. Only in that experience will fear surrender to Love. Is it not therefore the reason for your Master Teacher's endeavor to raise you into that consciousness, - knowing that only then will you fully comprehend Truth. When you have experienced unity with the Father, you will have realized true love. Then there will no longer be the incentive for criticism, condemnation, envy, resentment or any other human, degrading qualification of God's energy. The pure flame of Love will burn out all fear.

You had not thought of God Qualities as Flames perhaps. Thoughts are THINGS! Things have form, sound, color, fragrance and substance. Love thoughts have these same qualities. These appear as flames or fire to the inner vision of the God-conscious man. Love creates a definite pink glow, or fire-like substance. When it is energized by feeling, a blue fire is introduced. The pink and blue commingle to create shades of violet substance which is called a transmuting fire or flame. This takes place unconsciously with mankind, but in a disciple who is conscious of the activity, - it can be called forth at will and intensified for a given result.

When the individual is sufficiently purified by the transmutation of his being through love, - he is prepared for transfiguration and ascension. This is your goal! I speak not to condemn you, but to inspire you that you may accomplish the complete attunement with your Christ Self and enter into the Mansions prepared to receive you in higher realms of consciousness. Death is not the doorway to liberation. Awareness or Christ Consciousness can be attained here and now. Have not the great World Teachers of the past demonstrated it again and again?

There have been many systems for freedom of consciousness introduced to the minds of mankind as they have sought liberation. All paths are good so long as the disciple continues in ascending consciousness. However forget not the admonition that it avails you nothing to have understood the world in thought and feeling. It is achievement that sweeps you across the barrier between the lower conscious mind and the super-conscious mind. Jesus did not preach healing; He stretched forth His hand and spoke the Word and made healing manifest. This is accomplishment! This is the goal! All is achieved through the understanding and practice

(Concluded on page 17.)

DOGMA, EGO & WILL to POWER

By Ban-Dhu Through Illiana

Beloved of Earth, I must speak to you today of many things, for as we view your planet we observe many confusions abounding regarding the many "new orders" being born, - each proclaiming to be the bearer of Truth, and through whose path ONLY can you find your "lost identity"!

KEEP YOUR LIGHT GROUPS UNADORNED!

From earliest time on your planet when man organized religions, claims have been made to draw beings into a particular order, - and thus you have a variety of religious bodies claiming to be THE only source of Truth! It is a sad reality that pride and ego have been the directing forces behind such movements, - and this is all too often true even today!

The Great Master Soul who appears in every age of man, expounds Wisdom to His followers, and such wisdom is unadorned, easily understood, pure and totally devoid of dogmas, creeds and complicated rituals. However, as He physically left their presence, and as the decades moved along, certain ego-centered beings latched onto an idea for promoting a movement, using 'fear' as the basis for drawing converts. And soon, another ego-filled being sees competition and thus incorporates another dogma, resulting in another and another fear-filled following. On and on this process is repeated. The twins, Pride and Vanity, who instigate all this confusion, - dance gaily through each conformed group giving assent to their program.

Think not, My Beloved, that the Master Soul, - the Christ, who brought Truth in it's wholesome purity to your planet, is pleased over these developments! That is why He must return over and over, to attempt to cleanse and purify the stench made by man.

And now I must digress briefly from the main subject and speak for a moment on the Living Master! When in His last incarnation as Jesus, He told His disciples that He would never leave them, "even unto the end of the age", - He was most sincere and literal. Of course He spoke to the eleven faithful ones, - but He also spoke to the many disciples who would be born in future years; to you my blessed ones! The Master was explaining in those few words that He would be forever a LIVING MASTER to all who believed and opened their hearts to receive Him as a dweller in their "Inner Sanctuary". He knew the great necessity for His permanent contact with His true disciples if purity was to be kept in Truth; if the old dogmas were to be removed from the hearts of the people, - dogmas that chain men to fear, suspicion, animosity with other groups, jealousy and ego-centricities. And so, Beloved Children of Earth, - the Living Master, - the Christ Soul, dwells among you always, invisibly but very much alive! Look not to any man as your Master, - look only to the Christ, the indwelling Christ in your own Sanctuary within the Soul. Other men whom you may call

Master are only guides who can direct you to the Christ which dwells within your very own being. Please understand this lesson very carefully beloved ones.

In the beginning I spoke of the "new groups" many of which make extreme claims. I must speak at length of this now. Most of you who study our words are aware that we view your planet quite thoroughly, seeing the negative as well as the positive aspects which dominate it. For perhaps five decades, Light Groups have banded together in order to study the 'hidden secrets' as they were revealed to them. Many of these groups conducted themselves in humility and love in the beginning, but as "power" became contagious and new leaders entered in who were filled with ego and pride, - many claims were made including dogmas of varying degrees which truly have no meaning in the greater expansion of the Soul. Some of these groups stress color, - making fanatic claims regarding colors and the wearing of them. In doing so they take away from man's consciousness the true emphasis on Pure Wisdom that should be filling it.

Others dogmatize on the eating habits of man; others place emphasis on ritual; still others proclaim that the Master once known as Jesus must be named a particular new name. Some others have given the Christed One a human body who alone can be Him! My beloved, I say this in total kindness, - that all such dogmas and claims are made through ego-direction and take away from the beauty of wisdom which such groups were originally ordained to teach.

O yes, we agree that colors have certain vibrations, - for do we not give you lessons regarding 'color' ourselves? However, this must be understood through the "Spiritual Self". One must utilize color harmoniously for healing purposes, - that is true, but I say again and again, - it is as man uses total Wisdom in its simplicity that he will evolve.

We speak to you of proper eating habits to sustain the physical vehicle, but beloved, the soul evolves through Sacred Wisdom! As the Living Master said, "It is not what goes into the belly of a man that brings him salvation and growth, - but rather what comes forth from his thoughts". Rituals, names - these are all unimportant to soul-evolution. They may be helpful to some, but indeed must not be made mandatory for those who have grown above their need.

My beloved, let me remind each of you that if True Wisdom is thoroughly digested, then the man of wisdom will naturally surround himself with color that is harmonious to his particular self. If True Wisdom is thoroughly digested, then the man of wisdom will naturally partake of wholesome "Manna!" Don't you see that if one must do anything out of force, it suggests that he is not yet ready for a particular spiritual step? Man must come to each stage of advancement naturally, willingly and in deep humility if progress in his evolution will be fruitful.

Beloved of Earth, - keep your Light Groups UNADORNED! Keep them simple and pure, and do not permit the twins, Pride and Vanity to invade

your circle! Retain Mother Freedom at the helm, who steers all in the direction of Wisdom. And as the Living Master dwells among you, let HIM permeate each one with Divine Truth unadorned by man's fancy frills that only cause confusion and doubt! Permit each one to walk his way unhampered by binding 'group laws'. Let them fly and soar, - yea, perhaps fall occasionally, - for then and only then will they truly learn to travel upward. Have you observed a baby bird in flight? Does his mother hamper his attempts? Neither must you hamper those who are learning. Give them Wisdom in the purest form you know, and then let them "try their wings".

Light Groups everywhere, - you are vastly important in these latter days of the age of darkness. But you are important only as long as you remain uncluttered from various dogmas or claims. Accept the Truth that the Christed One dwells within ALL of His true disciples, and concerns not Himself with this name or that name, - this special being or that special being! His Divine Presence is EVERYWHERE, and He makes Himself known to all who BELIEVE!

Be unattached, My blessed ones, to Pride and Vanity! Be ye humble, unassuming, victors over the dark forces. Be ye filled with Light and beacons of Love and simplicity to all on your Path. No other way is acceptable unto Him, - the Cosmic Beloved, Creator of all Universes!

We scatter seeds of Love, Wisdom and Peace upon the Earth! You must till the soil, plant the seeds and nurture them! That is your mission, - that which you are ordained to perform. Do your mission well and soon the dawning of the New Golden Age will be seen, and great "mysteries" will be revealed which are held until man is prepared to envision them!

I send you Peace! - BAN-DHU.

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The above received through Illiana of NEW AGE TEACHINGS, (N. A. T)
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Love in Action, - Cont'd. from p. 14, -

of the Law of Love. That Love has nothing to do with personal associations or possessions. LOVE IS THAT WHICH CASTETH OUT FEAR! Love is the creative essence of all being, and the reason for all being. "LOVE YE ONE ANOTHER AS I HAVE LOVED YOU!" He who is without Love is as a tinkling cymbal. Think on these things and I shall instruct you further. - Your Mentor

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THE WORK OF THE NEW GROUP
Of WORLD SERVERS

All true servers everywhere belong to the New Group of World Servers, whether their line of service is cultural, political, scientific, religious, philosophical or financial. This New Group does not control the individual server, but brings strength and potency to whatever spiritual activity he is engaged in. It is a group without terminology or bible of any kind; it has no creed nor any dogmatic formulations of truth. The motivating impulse of each and all is Love of God as it works out in love for one's fellowmen. Working in all the main fields of human activity, and in all countries of the world, they act as a synthesising factor within humanity and lay the foundations for right human relations and ultimate world unity.

The power which the New Group of World Servers will eventually wield, will be drawn from two sources: first from that inner center or subjective world government whose members are responsible for the spread of those ideas and ideals which have led humanity onwards from age to age. These great souls are primarily distinguished by the fact that they know no mental limitation, and their inclusiveness is such that for them there are no racial distinctions or religious differences.

The second source from which this group will draw its power will be from the men of goodwill in the world at any given time. They will be able to swing into activity at any moment such a weight of thought and such a momentous public opinion, that they will eventually be in a position to definitely affect world affairs. Behind humanity and therefore this New Group of World Servers, - stand those Enlightened Ones whose right and privilege it is to watch over human evolution, and to guide the destinies of men. These Enlightened Ones are also known as the Hierarchy of Liberated Souls who seek ceaselessly to aid and help humanity. This they do through the implanting of ideas in the minds of world thinkers so that in due time these ideas receive recognition and eventually become controlling factors in human life.

Under the Law the members of the Hierarchy work through their disciples in all countries. Never before has there existed such a strong inner integrity and subjective relation between workers in all fields in all parts of the world. Each day at five o'clock the Group of World Servers link up silently with the attention focussed in the head, - using the following invocation:

"May the Power of the One Life pour through the group of all true servers.

"May the Love of the One Soul characterize the lives of all who seek to aid the Great Ones.

"May I fulfill my part in the one work through self-forgetfulness, harmlessness and right speech." (See Editorial, page 3.)

THE ETERNITY HERE AND NOW

By Dr. K. M. P. Mohamed Cassim, Ph. D.

The main purpose of coming into this world is to realize our divinity which is eternal and blissful. But we are conditioned by three states of consciousness, - namely, waking state, dreaming and dreamless sleep state. In the waking state we see many things and people in the physical world, and by seeing these objects our mind is attached and identified with many forms. In this state we are functioning with our physical body and mind. When the physical body is tired we go to sleep. In the sleeping state the mind creates a mental world or image projected by desires. The impressions gathered while we are in the physical world are projected as a shadow form in the mental plane by our own mind with much exaggeration and dramatization. In the dream state the world and the objects we see or experience are nothing but the product of our own mind. Both in waking and dream state our mind is functioning full of conflicts and agitations. Therefore we are emotionally disturbed, and our mind is also working at a tremendous speed in accordance with the intensity of the desire. In the dreamless state the mind is not working in conflict, but taking complete rest due to suspension of thought processes, although it is covered by darkness.

We are all affected by these states of consciousness. We are unable to discover our REAL SELF because of the projections and false images of our mind. The disturbing factors of mental projections obstruct us from realizing REALITY directly. The most fundamental defect in us is that we cling to the mind and body as ourselves, whereas the body and mind are mere instruments to be trained and purified for realization of Divinity. Excitements and irritations are really blocking the path of Self-Realization, which can be attained by transcending these three states of consciousness.

At this juncture it will be helpful to consider the method of meditation, because only by understanding meditation correctly is there the possibility of going beyond the mind and thus liberating us from the clutches of sensual desires. The mind is continually tempting us by identifying objects we see in the physical world. The question is how to stop the process of thinking so that we can realize our Divinity.

The mind is changing from one desire to another and it is very excited with passions, hence through the mind we cannot discover Reality. We are not so happy and peaceful because the mind is distracted by innumerable desires, and as a result our energy is wasted in fulfilling the desires. The actual fact is that we cannot have real happiness and satisfaction when indulging in sensual pleasures because the desires are intensified and strengthened after enjoyment. The best and correct method is not to fulfill according to the dictations of our desires, but to understand the mind by meditation. The art of meditation is to keep the mind under control by understanding its activities. If we can observe each and every thought in a detached manner all the time, then we feel the most

profound state of calmness. In this state of tranquility we are in meditation. We must note the very important point that if the mind is well concentrated in the work which we are doing, then the very work becomes meditation, and further, - our mental energy is not wasted nor our attention distracted.

It is our common experience as soon as we are disturbed mentally the whole body and the mind are shattered with a crude form of vibration as a result of which the sweet state of meditation is lost and we are thrown from the height of Divinity. If we can keep our mind in a state of meditation all the time, then we will see that the physical world and our relationships with people are harmonious. The emphasis on meditation is stressed because without meditation we cannot be free from the sensual cravings. It we want to attain our true state, it is very essential that we purify our physical body and mind by strictly following certain disciplines.

If we fail in practicing our meditations regularly, evil desires which are hiding in our unconscious mind will pull us down and destroy our spiritual magnetism, and therefore we must be careful even in moving with other people, as there is a possibility of disturbing our mind by the influence of those persons who are leading a lower form of life. Meditation gives us spiritual vitality which shines through our face full of grace. The face indicates to a certain extent the inner state of mind. Those who are doing reveal it in their faces, and it is rightly said that the face is the index of the soul.

The life of spirituality is full of cheerfulness and happiness. Indeed we who are leading a pure life are fortunate because we have understood the real purpose of coming into this physical world. In this world many are confused and they are leading miserable lives in that they are slaves to their own desires; they have destroyed the physical body and mind by enjoying the lowest pleasures. Although there are only a very few people who are sincerely dedicating their lives for the discovery of Divinity, it is these few who will guide humanity correctly. Although we have to undergo difficulties in conquering our animal instincts, we will ultimately succeed in winning our freedom. Real freedom is a state of mind in which we are undisturbed by environmental influences. We experience the sweetness of peace and the extraordinary beauty of spiritual grace when we are in deep meditation. Therefore let us devote our time to the attainment of Self-realization.

In life we are all confronted with many problems, but to solve them we need a clear mind to analyze the problem. The mind is all the time thinking about past incidents and therefore it is unable to face the problem without projecting its past impressions. The problem exists because of the mind of the thinker. To the thinker alone the various complications arise because the "thinker" is a false entity which derives sensations from the painful and pleasurable experiences, thus establishing its permanency. Innumerable problems and difficulties are fabricated by wrong thinking. In view of the above psychological reason it is necessary that we must transcend the mind to the spiritual plane.

A mind which is mechanical in its activities loses its capacity and pliability in perceiving Reality. As a matter of fact, a mechanical mind is lopsided in its operation and is much disintegrated. To harmonize the mind we must have the ability to understand and observe the function of the mind dispassionately, and this self-observation will lead us to Self discovery. To discover something which the mind cannot conceive is the right approach to meditation, in which even the meditator is absent in the absorption of Divinity.

We cannot have real freedom until we transcend our minds by the process of meditation. We must understand our mental reactions and psychological conflicts by self-observation. Then there is the possibility of our minds moving into the realm of Divinity. The fundamental Principle of meditation consists in keeping our mind alert and calm, undisturbed by outer distractions. The meditative force and the vitality of magnetic power can be obtained inwardly when we commune with that Divinity which speaks the eternal language of silence.

Whether we like it or not, there is an urge in us which seeks fulfilment only in perfect peace. To be empty is NOT a state of nothingness. It is the cessation of desires which gives us the perennial joy of liberation. We cannot establish peace in the world until we understand our inner Reality and thus live peacefully. We all have to live in this world, but we must live happily and freely without being affected by the waves of mental disturbances. We must climb to the heights of Divine Illumination by the help of meditation. We must concentrate all our energies in purifying our minds before we undertake the sublime path of meditation. Our life must be a long continual practice of meditation, and then only can we have fresh minds to face all problems effectively.

It is to be understood or rather realized by actual experiment that the greatest obstacles for the attainment of absolute Super-Consciousness are our own minds, which deceive us all the time in various ways. Man is conditioned by the environment, and hence it is very essential that one should completely get away from such circumstances as would stimulate lustful thoughts. It is absurd on our part to expect pure happiness through sensual activities, and further, to depend on excitement for the satisfaction of senses which will only lead to psychological depression and exhaustion. It is very difficult to maintain our spiritual magnetism in the midst of sensational irritations. As soon as our minds are agitated, we are mentally confused by the false images of sensations which bring miseries. Clear perception takes place in a mind that is not distracted by external influences. Although modern civilization is much advanced in scientific discoveries, modern man is still groping in darkness as far as the true values of human life are concerned, because the vast development of material prosperity has blinded him to the necessity and importance of spiritual integration. Man thinks by amassing wealth and material goods he can attain happiness, - but on the contrary sensual enjoyments lead to utter frustration. The great secret that one must learn is to maintain the purity of one's mind and the clarity of one's thoughts all the time, even under unfavorable circumstances.

The innate divinity of man lies in his capacity to detach himself from the vicious circle which brings him miseries and mental complications together with physical contamination. It is necessary to understand that mere intellectual discussion without the flame of intuitive understanding is useless and wasteful. Ignorance exists only in the relative plane in which duality plays a deceptive role. The elimination of ignorance can be achieved, not by psychological projection, - but in the heights of self-contemplation which is meditation. The necessity of negating the mind in the process of meditation would be realized in the actual practice of meditation. Without meditation one would be forced down through levels of dualism instead of being raised to union with the ONE SUPREME. The state of freedom from the bondage of suffering is a deeply personal experience, and therefore this state of spiritual liberation cannot be gauged by one's intellect, which is limited.

The energy that is wasted in the direction of emotional distractions should be conserved and converted into meditative force for the benefit of soul elevation and enlightenment. Nothing in this world gives that freedom and happiness for which one is searching. Silent contemplation alone will create such a beautiful atmosphere and effect such spiritual integration as to enable one to enjoy life freely and fully. When our mind is calm and peaceful; when there is no thought ripple in the lake of our heart, and when there is no craving for any worldly desire, - we experience pure ecstasy, and such a state characterizes meditation. We must have mental power and purity to live harmoniously with the rest of the world. Truth cannot be realized through mere intellectual capacity. If we are intensely aware of our thoughts, we will feel that our thoughts themselves are dissolved. We must have a fresh mind unclouded by past memories.

In direct experience it is observable that desire is the effect of imagination. If one can observe an object without introducing past impressions, there is the possibility of keeping the mind uncontaminated by desire because the observer-experiencer is watching everything without condemnation or justification, and thereby the strength of his mind is highly concentrated. The more we go deeply into meditational awareness, the more our minds become clear in reflecting Reality or revealing Truth. An aspirant must have the power of discrimination to perceive the Reality hidden behind the appearance. To decide our spiritual destiny without the interference of emotional complication is an important matter, and for that we must get in touch with the Supreme Power through meditation and contemplation.

To receive the spiritual magnetism, we must attune our minds to the source from which the bliss of the soul radiates. To discover Reality the purification of the mind is essential so that we can maintain that meditative contact which can release the hidden Divine Energy. This divine magnetism is so delicate, and yet so powerful that we must keep our body and mind absolutely clean and pure so that we can reflect and radiate the beauty of its spiritual force. If we delve deep into meditation, we will find that the mind is nothing but a bundle of desires and sensations that are preventing us from contacting the SUPREME POWER.

Generally one is afraid of death because one is incapable of facing the actuality of that unknown state 'death' or in other words, one is unwilling to disassociate oneself from the continuous process of sensual experiences. If one can live from moment to moment in that meditative awareness in which profound spiritual state one is not gathering worldly impressions, then one is gifted with the faculty of perceiving the secret of death in the midst of diversity. If one reaches the highest realm of contemplation, then one's action is complete and there is no room for emotional fear or psychological accumulation of sensual qualities and tendencies. It is to be realized by direct experiment that there is no duality as death and living, and that this sentimental demarcation line has been created by the mind.

If one can die daily, or empty the mind from the attachment of passionate desires, then one can experience the fact that in essence both life and death is a joint phenomena. To meet the ecstasy of death and the impacts of life simultaneously while one is in the physical plane is spiritual liberation, although this seems to be quite a paradox logically. It is to be realized that to a true seeker on the Path that death is nothing, and it does not change his freedom of search or function, because the seeker who dedicates his life in the pursuit of Reality does not die, but lives eternally with the Infinite. Physical death is in no way a barrier for a seeker to develop further toward the attainment of Divine perfection.

Needless to say, one's spiritual progress and evolution does not end by the occurrence of death, but on the contrary, - one can proceed peacefully and silently towards his goal of SELF-DISCOVERY. The purpose of creation and the manifestation of man on the material world is not to destroy and deteriorate, - but to cultivate various divine faculties so as to reach the exalted state of Enlightenment.

The nobility of man is that he is in possession of a soul which is deathless. For a man, the physical body is only a vehicle to gain spiritual liberation. The most important fact that one has to realize is that the purpose of having a body is to establish a link with the Infinite while living in this mundane world. If one does not make use of the body for the realization of Reality, - then one's life in this world is a waste and in vain.

People are deluded and deceived by the pleasures on the material plane, - but at the time of death one will awaken from the slumber of ignorance, and will see the real condition of life lived in the world in a correct way without any distorted vision. While living in the physical world one is not capable of analyzing and assessing one's mind as it is, because of the fact that one's mode of thinking is tremendously influenced by the five senses with the agitation of carnal pressures and cravings. It is to be noted that for an aspirant this sort of obstacle will not hinder him as he is gifted with purity of heart and clarity of thought which bring the light of wisdom and the ability to march cheerfully toward the path of plenitude. If an aspirant realizes the fact that divinity can be discovered in the realm of death, then his life will be a source of inspiration and his action will be fresh and fearless.

From the point of absolute Reality, death is not the cessation of life, but the continuation of soul energy in a different plane for inner development and spiritual integration. The heaviness of sensual impressions are so much loaded into man's mind, he is unable to walk properly towards the destination of death. With the emptiness of the mind alone one can enter into the Kingdom of Death. The materialistic attitude of the mind and poisonous sensual obsession should be obliterated or rather transcended by following the method of silent meditation and deep contemplation, - then only is there the possibility of perceiving the mystery of death.

Man's ability to perceive everything in the light of wisdom elevates his mind to the realm of divinity which is the spiritual plane. If we have the capacity to see the outward changes in utter dispassion and through the delight of meditation, we can surely overcome all difficulties and complications concerning the relative world which is always in tension.

The most practical method in retaining our spiritual magnetism consists in living always in the ecstasy of meditative awareness by dropping the dualistic mechanism of the mind in the absorption of the deep divine contemplation. The purpose of taking the physical body is not to waste in the blind play of sensual drama, but to live in the absolute Reality which alone will give us liberation and happiness. Life is such that we have to undergo a tedious process of suffering so as to learn the lesson of spiritual liberation. The conflict that arises in our minds owing to entanglement of past experiences should be observed dispassionately.

The world we live in is in constant flux. There is nothing permanent in this relative world because always it is in the process of change. It is nothing but delusion to cling to the physical world, and we must liberate ourselves from the entanglements of worldly ambitions or attachments. We must dedicate our lives to the attainment of Self-Realization which alone will give us real freedom and enlightenment. A defect in us is that we are easily deceived by the impacts of lower sensations. The right way to live in this world is to detach ourselves from sensual irritations.

The main reason why we do not have the capacity to concentrate on anything is due to our weakness in analyzing our thought process. Without understanding the working of our minds, it is impossible to proceed in the art of meditation. It is to be noted that we mostly live with our own images which are the result of our mental reactions. By dwelling on past psychological memories, we try to derive happiness, but we cannot attain bliss by clinging to sensations of sensuality. The living Reality cannot be approached by the projections of our desires. The freshness of Reality is polluted by impressions and hence it is very necessary that we must keep our minds refreshed by meditation.

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Note: The remainder of this excellent treatise will be carried in the next issue, - February 1972.

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THE WORLDS WITHIN

(Chapter 2 in the Study of Dreams)

By Rev. Frederick S. Reinhold, PhD., O. S. L.

Jesus Christ was apparently aware of the inner and outer worlds simultaneously, as he demonstrated on numerous occasions when he knew what was happening at a distance, when he healed at a distance, when he foresaw the future and when he saw and ordered entities to leave possessed persons. He also tried to teach the importance of searching within and stated so in very definite language. When asked by the Pharisees as to when the Kingdom of God was to come, Jesus answered them and said, "The Kingdom of God cometh not with observation. Neither shall they say, Lo here, or lo there! For behold the Kingdom of God is within you."

The Bible gives numerous cases in which God spoke through man's higher consciousness in visions of the night, dreams, trances with the eyes open, etc. There is much evidence that the ancient Egyptians, Greeks, Romans, Hindus and Chinese were well aware of learning, travelling and healing through these and other variations of consciousness. Christ was undoubtedly familiar with all of these means.

Various States of Consciousness

Some 30 years ago in the practice of psychotherapy, I noticed variations of responses by people with eyes open and eyes closed. At the time I speculated that the ego defensive mechanisms were active when a person was looking at one, but were diminished when the eyes were closed. Experiments of scientists since that time have demonstrated that the alpha waves of the brain increase when the eyes are closed, and that the person can learn to control the alpha waves. This seems closely associated to relaxation and deep meditation where the alpha waves appear again in larger amounts. Attempts to concentrate, visualize or solve problems seem to diminish the alpha waves, and much more work has to be done in this area. If merely closing the eyes brings about an alteration in our state of consciousness, it is interesting to speculate as to the possible variations of consciousness.

Closely allied to dreams are these variations for which various names have been given, such as reverie, daydreams, hallucinations, trances, hypnogogic states, visions, alpha levels, etc. In my own experiments I found that it was possible in some cases to cause an inward dream to be projected outwardly where it could be seen with the eyes open. Even when people believe themselves to be wide awake, evidence points to the fact that many times they may not be. Even blind people can dream, as stated in Helen Keller's book "The World I Live In".

Dreams as we know them are mainly visual, but sometimes they consist of sounds such as conversations, noises and music; and sometimes of feelings as of being touched; sensations of heat or cold; apprehensions like waking up suddenly, feeling an intruder or a fire in the room while a sub-

sequent investigation reveals nothing. For the most part dreams are forgotten shortly after waking, although once in a while a dream will indelibly fix itself in our memories. These constitute the great mystery of human experience from prehistoric times. Philosophers, religionists and scientists have probed and pondered over this double life we lead outside of ordinary consciousness. Indeed, philosophers have often wondered if all living itself is not a dream.

It is difficult enough as many know, to hold onto a sense of reality. Mark Twain once wrote a book on this subject called, "The Mysterious Stranger". Another book by Elsie Sechrist, called, "Dreams, Your Magic Mirror" is an interesting collection of the theories of Edgar Cayce, and I presume some of her own. Other books on the subject include "The Mystery of Dreams by Stevens, "The Forgotten Language by Fromm, and "Dreams and Nightmares" by J. A. Hadfield. Carl Jung the psychologist included frequent comments on dreams in his valuable works; also Freud in an early book, "The Interpretation of Dreams" stated that "He who understands dreams can also fathom the psychic mechanisms of the neurosis and psychosis." I might add that the first psychoanalytic cures were with dream interpretation and association.

These variations of consciousness may occur under apparently normal conditions, or they may be induced in various ways, such as hypnotic suggestions, various drugs, meditative practices, fear and anger or sexual fantasies, among others. A strange fact is that in moving from one state of consciousness to another, there is apt to be a lapse of memory. Every one has had the experience of a vivid dream which after a short time cannot be recalled. Indeed some people are convinced that they never dream but research shows them to be mistaken. Many people also experience what has been called "micro sleep" or very short intervals of sleep while apparently awake, - during which vivid fantasies, dreams or visions may occur. Many people who think they do not dream simply have an instant "forgetery".

As the dream state is also a normal and necessary psychic activity, it is also probably the key to the vast field of the other or little known side of man. With various electronic devices it has been found that there are several layers of dreaming, ranging from the ordinary waking state to that which has been given various names such as Cosmic Consciousness, enlightenment, God-union, samadhi, etc. Giving an exact description of these levels is difficult, as one may overlap another. In the lower areas this can readily be demonstrated by one skilled in hypnotic suggestion.

Some amazing discoveries that have come out of these studies indicate that prayers are ineffective unless made in an altered state of consciousness. Extrasensory powers are increased including the ability to see events ahead in time or in other places. Healing may be enhanced, psychic diagnosis and treatment, even at a distance, seems possible. The correction of many neurotic patterns seems to require alterations of consciousness. A word of caution is in order at this point, for it is known that psychotic states may develop when dreams are suppressed by

the use of drugs, or where there is no internal control over the shifting of consciousness. "Devils may lurk in the basement of everyones psyche". Powerful forces from our primitive heritage and negative anti-social or self-destructive tendencies accumulated from this and possibly other lives are waiting there. Sometimes they take over even in ordinary life circumstances, and we are surprised when an apparently "normal" person suddenly goes beserk for no obvious reason. These cases usually develop from long periods of underground stewing, and hostility may be triggered by excessive drinking, hallucinatory drugs or unexplained frightening events. The Manson family case is an example in point. Buddha stated that two forbidden paths that would prevent enlightenment were the manufacture and sale of weapons of warfare, and (2), the use or sale of mind-intoxicating drugs.

My own interest in dreams started as a young man when I found that a dream could act as an inspirational start of some creative work, such as a short story, poem, play or painting. Among writers who often used dreams as a stimulus were Stevenson, Coolidge and deQuincey. Later I worked on dreams as a part of my self-study during a Jungian type of psychoanalysis. I went into further studies of dreams during investigations into various forms of yoga, as well as meditative and hypnotically induced trances. Then I did a considerable amount of research into the effects of carbon dioxide as a substitute for shock therapy, and it was finally developed into a treatment for the psychoneurosis. Normally after an exposure to carbon dioxide, people would usually remain for a short time in a dreamlike trance, - and if at this time they were asked to relate their dreams, or were reminded of previous ones, they could usually tell what their dreams meant and give meaning to the symbology.

Later, when I studied hypnotism and hypnoanalysis, I used somewhat similar techniques in uncovering the meaning of dreams. I also studied dianetics in which a reverie or daydream state was used, - closely related to early analytical and hypnotic techniques, in spite of statements to the contrary.

Also later on I studied techniques of psychiatry, religious mysticism, E.S.P. theories, clairvoyance, astrotravel and others too numerous to relate, - but in all there was an undercurrent of dream-related states which I have come to regard as variations in states of consciousness, or moving from one inner plane to another.

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Editor's Note: - The above article is a continuation of one that appeared in the August issue. Those of our readers who are just now being introduced to The FATHER'S HOUSE, may obtain a copy of the previous issue (on a donation basis), by writing and requesting a copy.

Those who wish to contact Dr. Reinhold personally, may address him, at 454 South Dos Caminos Avenue, Ventura, Calif., 93003.

Further articles on this subject will depend entirely upon reader response. None will appear in the February issue which is reserved for other topics.



UNIVERSAL WORLD HARMONY

"WHAT IT IS ABOUT"

Universal World Harmony is a Movement promoting peace, goodwill, understanding and harmony at all levels of life.

It aims to bring together people of goodwill who seek freely to promote co-operation and an open association of all those who believe that the spiritual worlds are a reality, led by spiritual Powers who are at all times calling upon Mankind for co-operation and harmonious adaptability.

It seeks to co-ordinate those universal ideas which underlie all true religion, thus linking the essential truths behind historical religions for the purpose of creating the true foundation of the incoming civilization based on Unity in Diversity among all peoples and fostering Universal World Harmony.

This can be achieved by conscious co-operation with Limitless Love in Action and the blending in harmony of all people of goodwill each working in his own way and in his own field.

UWH Movement is promoted through the establishment of co-ordinating Centers and the work of Active Sponsors, Co-ordinators and Co-operators - Harmonizers - on a voluntary basis throughout the world.

The Universal World Harmony Movement believes that - Love is the Key to universal progress and that the universal LAW OF LOVE must be expressed as universal foundation, universal link and universal world harmony.

LOVE IN ACTION CREATES HARMONY,
LIMITLESS LOVE IN ACTION CREATES
UNIVERSAL WORLD HARMONY.

Universal World Harmony
The Red House,
Lansdown Road,
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NOTE: U.W.H. REMEMBRANCE DAY - November 11 - 14

FURTHER LIGHT SHED ON KARMA

By Jacqueline Lander

People tend to become a little apprehensive when they hear the word 'karma' and often do not want to look at the subject because of this. The ways of karma would not be so hard to understand and work out if men and women worked in union and harmony instead of disruption and strife. It is because we have thrown into disturbance and disrupted the Law of Harmony that we suffer karma. It is not therefore karma that rewards or punishes us, - but it is WE who reward or punish ourselves according to how we abide within the LAWS of HARMONY.

"Were no man to hurt his brother, karma would have neither cause to work for, nor weapons to act through" - says the Secret Doctrine. It is the constant turmoil and strife, national, racial and individual which causes all division and allows karma to operate. Therefore if one breaks the Law of Harmony, one must expect to reap the effects in one's life that this produces in terms of suffering and hardship. However karma does not always work for 'bad' - people inherit good karma too. The man or woman born with good looks, wealth, a happy family life, and so on, - is the result of beneficial karma. In fact, there is in the world more beneficial karma than there is 'bad' karma, though this is not often realized.

Until a person can begin to understand karma more fully, he cannot really become of use. This is because as long as a person has karma to work out, he is not a "free agent" for use by the Masters for the Plan of God. While he has karma he cannot be sent wherever the need is greatest, unless it coincides with his karmic destiny. The person may in fact be of more service in certain other places than where he is now, but as long as he has a karmic destiny, he can only work within those guidelines of that destiny. He can do a tremendous amount of good in the world, - but he could do a great deal more if he did not have the limitation of his karma.

This is why there is the necessity for a person to "set his own house in order" first. The Hierarchy of Masters can only use a person according to the grade of clearance (of karma) that he has, according to his knowledge and according to his talents in this life, plus his training in pervious lives. All this past life training brought him to the present, - to the person he is today. All these things dictate whether a person will be a seeker on the Path, or a Disciple; whether he can be used here or there, - in this country or that. Also to some degree it will depend on his national-racial karma to some extent where he is able to be in the world, and whether he can leave his original birthplace and travel elsewhere to be of service in another area.

Let it be emphasized that the further along the Path a person is, - the greater his freedom, the greater likelihood of him becoming a person the Hierarchy can place here and there upon the 'Chessboard' of Life.

This freedom is not a freedom from responsibility or the ability to serve, or freedom from the responsibility to "KNOW THYSELF"! One of the biggest responsibilities we have after service, is to KNOW OURSELVES! We must know ourselves to be able to "cast the mote out of our own eyes". We cannot help others if we are blind to our own selves.

This freedom that a person receives when further along the Path, means that his Soul can direct him in ways that were not possible before, as the karmic destiny of the person was too strong to allow certain situations to occur.

The knowledge of reincarnation and to some extent karma, is gradually being understood again upon the earth and given to certain areas of the world which had not known this truth before. People often ask, what is the point of knowing our past lives? The answer is, - so that we can see what sort of people we were; what sort of character we had; what we did to other people and what was done to us. If we know this, we can begin to see some of the reasons why we are suffering today. If we know that a character defect we had in some past life is still with us today, - we can see that we have not changed much, and that can be quite a shock. We will realize that we are 'loafing' in our spiritual progress and are not doing nearly enough about correcting our wrong thoughts and actions.

If we can see that in the past we did a wrong action toward someone; we were a cruel overlord who kept his slaves in poverty, - we might see that this could account for the fact that we are in a menial job with poor pay and perhaps with a difficult boss in our present life. We will stop moaning about "everything happens to me" and begin to see that everything happens to me because I caused it, - not some harsh fate, - but ME, I was the cause of my own suffering.

Gradually through this knowledge of the past people begin to understand; they learn to correct their character weaknesses; they stop bemoaning their fate and come to terms with their life. All the self-pity, prejudices and so on that were causing hangups begin to fall away. This knowledge begins to release and heal.

To clear one's karma he must be able to see what he has done wrong in the past. He must be able to see what he has learnt from these lives; what was the point of any particular life, - what was the aim? After that he can start asking himself, "did I in fact achieve the aim of that life; where did I go wrong and am I still making the same mistakes in the present life"?

Gradually the person builds up a pattern of his past lives aims, achievements and failures which he can then see ties up with his present life today. He can no longer blame a few isolated incidents in his early childhood, or that he did not get on with his boss for certain things that happened, - he can only blame himself. Armed with this knowledge, he can begin in this present life to change his destiny; change his outlook; improve his relationships with other people; get rid of psychological fears,

deep-rooted dislikes and so on. He can do this because he now begins to know the cause of his problems.

Normally a person is going through life blindfolded, - hitting this or that, knocking himself and other people about with whom he comes in contact, through IGNORANCE. He gets swept into problems, situations or catastrophe and does not know why. He suffers in ignorance, cries out for answers and appears to receive none. He says it is the 'will of God' because this is the only answer he can give himself to relieve the pain. It is not however the will of God except in the sense that God created the Law of Harmony, and any person or thing which violates this law and becomes out of balance with it, - causes suffering to himself, or karma.

The Christian church calls a person who is loaded down with karma, in a state of "sin". We cannot blame a loving God for things which we have brought upon ourselves. God created the Law of Harmony to teach us. He realized that if we broke the law and set karma (the Law of Retribution or Cause and Effect) into motion, we would learn from it. If we learned through it, we would become more purified and perfected; we would in fact expand our consciousness to a point where we would no longer be human, - but "superhuman".

Therefore it can be seen that the knowledge of reincarnation and the knowledge of karma go hand in hand. The knowledge of our past lives does not come easily, but with perseverance it can be developed. It comes to us more easily if we are trying to remember our past lives to help ourselves along the Path, and not just for idle curiosity. There are a number of techniques to help one remember past lives, and we are most likely to do so when we are faced with a problem so severe that the solution can only be found in our past. (If anyone wishes to know about such techniques for remembering past lives, they may write to us direct.)

Mostly karma has been explained as, "As ye sow, so shall ye reap" but otherwise up to now very little has been explained about it. The laws of karma govern every facet of life. Following are a few of the many types of karma which may affect our lives in one way or another:

Individual or personal karma; family karma; national or racial karma; world karma; and the karma which humanity has with the animal, mineral and vegetable kingdoms. There are many more types, but this gives a brief insight into the depths to which karma works. One can see that our own personal karma is but a small part of all the threads being woven at the present time. These threads affect our immediate family, our country and the world we live in.

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The author is principal channel and one of the founders of Open Mind Publications, the address of which is Phillips Road P. O., Mahogany Creek 6072, West Australia.]

NEW ZEALAND SUPPLEMENT

FOUR WINDS REPORT

By Lency Dawson

'It seems ages since our last writing, and this will be a short one for 'building-wise' we are only a little further ahead. A start has been made on the foundation for Stage One, and we are now waiting on a loan to come through so that further progress can be made. We are intending to form a Trust which may encourage more people to share with us in this project. By sharing we mean to open it wide so that those doing so may feel free to come and contribute, - but with the understanding that the reins as it were, are held by the original six of us. No claims can be made upon this Centre, say by our children, - if any of us should pass.

Once the Trust has been formed nothing can be withdrawn. We feel that people will not then think that they are helping just to house our three families, - but will see the wider view which we have in mind, that we are only readying the place for others to follow. We do not label anything as ours, for it shall be as a Base in the future where we will move in and out, and others will do likewise. It is a far out plan for the logical mind, but a greater understanding will grow as people come closer into the comprehension of just what is afoot on this Planet.

Up till now we have paid for everything as we went, and we hope to continue this way as much as possible. It will cost several hundred dollars to form the Trust and this will be the next step. We are still working on the principle that we do not 'expect' people to give, but when they feel moved to do so, then we know that God is working His way through them. We are endeavoring to take the non-materialistic path through this materialistic world. We know that all is very well for our every need in every other way has been, and is being met. So very encouraging!

The winter months have been fairly quiet as to visitors, but with Spring just around the corner more people are coming out. It is so encouraging to receive letters from people with similar projects in the United States. For sure it is no easy venture. We have had every conceivable thing flung at us this year. Of course we can expect this as it is the final sifting and sorting, and we are expected to stand up or sit down as it were.

We hear from a very reliable source that of the 200,000 souls living on the Planet who were expected to stand and carry forward the Light with determination, - only around 100 people (25 groups) the world over have stood firm. Just imagine if the others had not turned aside, there would be flaming Light Centres all over the Planet. Many are ready to follow, but not so many ready to stand, yet each must ultimately come to the time of standing in their own Christ Light, -not in anyone elses. I thank you in His HolyLight. - Lency.

A NEED FOR INCREASED AWARENESS

By Lency Dawson

Do not be satisfied to be upon a certain level of consciousness and say, "Well, that's for me". Strive, ever strive to reach further goals. Deeper understanding, the acknowledgement and the finding of the God Presence within is the ultimate of this Earth Life. Many people are work-
inf completely unaware of this, thinking that being guided by "Spirit" as it were, - that this is the God Presence. This is NOT so! The Presence is our only true guide, our Teacher, our Master. The One who knows exactly what our needs are, and this Presence CANNOT be heard through the tangle of other voices. Only in the depths of silence can it be brought forth, gradually becoming louder and more predominant. No other knows our soul's needs, our deepest requirements, - only this Presence. Many others may think that they know, - will be absolutely sure that they know, but how can they when they themselves have not reached the depth of final attainment to be had here on Earth. If they had, - then they themselves would be Ascended Masters.

There are many Masters, but those who understand us and our earth needs are the Ascended Masters who have lived upon the Earth even as we do, and who through their purity and understanding of the God Presence have arisen. When it is seen that we wish to try and reach this stage of perfection, then they step in to guide and help us through the Oneness of this Magical Presence. They don't worry too much about names, titles, dates, places, etc., and they do not try to sound important, nor to make us sound important, - recognizing that we are all a part of a functioning whole. They help erase our difficulties, - but we must ever be playing our part to the full. There are too many deceivers upon the other side, and too many of us here can be deceived so easily. The one and only avenue past all deception is our complete union in the Oneness of the Mighty Presence of all Life, - beating within ourselves!

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"Praise Me! Bless Me! Call My Name in tenderness and allow the Love that I AM to permeate every single soul. I AM your constant companion, and with My constant awareness I fulfil these needs in a way that no other can do. I AM all Life, and as such I am able to make YOUR life into one gay adventure. Nurture Me in the quiet recesses of your heart and your mind. Oh My Blessed ones, do not restrain yourselves in your Love of Me. Let it flow freely, thereby enabling Me to respond as fully and as quickly as I would wish."

Address:

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THE PATH TO THE FATHER'S HOUSE

By Jo'el of Arcadia

Any individual wishing to return to God must be earnest in his efforts. The individual's love must be strong enough so as to not find fault. He must love his enemies, and not deprive his fellow beings of any actions other than his own. He must learn obedience to the Ten Commandments, which are the Laws of Divinity.

If the individual desiring salvation, finds that the Truth from Within is not revealed, - it is because the Light, his mind, is not shining brightly enough to reveal Itself. The Light, which is also the Intelligence in the mind, - will shine brightly when Truth is continuously present. No one individual will hear or see God until Truth, Honesty and Sincerity become individualized within himself. He must become **LOVE IN ACTION!**

He must start each project, each effort with prayers of concentrated thought upon the Breath. In obedience to all of God's Laws and with Love in his heart, he must make each desire Perfection.

If man is ever to learn Silence, - he must silence his thinking! In this Silence of Purity of Thought, he will hear the Thought-Mind of God from within himself. It is within this Silence of Thought that he hears the Action of Thought. In this manner he will receive the correct information direct from the All-Knowing, All-Seeing God; the Creator of all Creation that he is within himself.

When man has found his own God Within, - he need not think, for he has found the Creative Mind that knows all things and reveals all knowledge. From within himself he will be inspired by the Truth of the Infinite Intelligence of his own God-Self.

When man, a seeking God, becomes At-One with himself, and when all individuals become At-One collectively, - all mankind in that day will be free. This is the day when the Savior's work will be finished! The New Heaven and the New Earth will be the Reality, and there will be goodwill toward all mankind. Toward this end let us all work, let us all pray, let us all be silent and guided by the God Who speaks from within, whereby **WE HEAR HIS VOICE IN THE TEMPLE OF OUR BEING** which is **WITHIN THE HOLY BREATH OF GOD, PERSONIFIED!**

Love thyself with all your heart and soul, and love each other with this same reverence, - which is the Holy Breath within all beings. God is Love; Love is Breath; Breath is Life; Breathing is Light; Light is Living, or the Thought-Mind of God, - a Living Soul. The Light of Life is the **HOLY BREATH** which is Love. Love is the motive power of Creative Thought, and Light is the mind activity of Thought in Action. The secret, - each must create wisely to become a Light unto himself!"

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