

*Garden*

# The Dianetic Auditor's BULLETIN

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Editor . . . . . Donald H. Rogers

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THE HUBBARD DIANETIC RESEARCH FOUNDATION, INC.

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# **The Hubbard Dianetic Research Foundation, Inc.**

The Foundation has been chartered in the State of New Jersey as a non-profit, scientific research, educational and charitable corporation. Its main object and purpose, as set forth in the charter, is "to study and conduct research in the field of the human mind and of human thought in action." Subordinate purposes include teaching and publication.

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NOTE: Procedures set forth herein should not be applied until the auditor is familiar with  
"Dianetics: The Modern Science of Mental Health."

# EDITORIAL

## THIS MONTH

This month's issue brings the long awaited article on sonic recall and discusses the value of pleasure, the significance of valence, and the effect of shut-off's. It amplifies and illustrates at considerable length the first portion of last month's article and the chart of standard procedure.

In subsequent issues if space permits and if demand warrants, we will include further amplification and illustration of other significant portions of standard procedure, such as locating and running grief engrams, locating and running valance commands, and identifying and removing demons.

## DIVIDENDS

It does us a lot of good here at Headquarters to watch the students in the professional course. They are a fine group as they come to us, but sometimes they develop markedly during three or four weeks. A man who has seemed entirely normal suddenly seems superior. One who has seemed a little introverted suddenly becomes extroverted, friendly, and casual. One who has been a little slow suddenly becomes quick and alert.

Once in a while one of them begins to show that "clear" look. There is nothing flashy or spectacular about it; they just begin to look infinitely poised, infinitely healthy, and to be entirely cheerful, cooperative, and self-determined. They are effective, and this state of affairs begins to obtain by the time they're well up the bank on erasure.

It would do your heart good to see it happen.

## DEPARTMENTAL NEWS

Departmental activity continues to grow. In Los Angeles, L. Ron Hubbard spoke August 10, to a jammed, friendly house of over 6,000 in the Shrine Auditorium and was received with warm enthusiasm. The professional course there under Mr. Hubbard is progressing very well and a new group of professional auditors will soon be available in the California area.

The Chicago Department is off to a good start. Course III is currently being offered there, and plans have been made for offering Course II in the Fall.

The New York Department began a new series of Course II lectures on August 21. The Saturday evening lectures formerly given in Elizabeth have been moved into New York. New York is also offering Course III and clinical work.

Washington and Honolulu are both currently offering Course II and Course III.

Los Angeles and Elizabeth will continue to offer Course I.

## OFFICERS IN CHARGE

The officers in charge at the various departments are as follows:  
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## Sonic Recall Through Pleasure Moments

PARKER MORGAN

The discovery of the newest method of turning on sonic recall and raising the perceptics was purely accidental. In the early part of 1950, while I was doing the legal work necessary to establish the Foundation, many of my clients became interested in dianetics. Without the benefit of *Dianetics: The Modern Science of Mental Health*, then in the process of proof reading, I demonstrated dianetics to them by taking them back through pleasure moments.

Reverie was induced by having them close their eyes, installing a canceller, and returning them to last evening at dinner. Their ability in most cases to enjoy all perceptics, e.g., tasting, smelling, feeling, seeing (in colors), hearing, awareness of temperature change, etc., amazed me. I then took them through other pleasure moments through the years to early childhood.

One case at six months of age was being held in his mother's arms while father shot a rat in the kitchen. The pre-clear jumped when the shotgun went off, and at the same time heard his mother shout, "Look out for the plaster!"

Another case, a medical doctor, was eating a lobster dinner with full sound of the cracking of the claws, the noise and conversation of the restaurant, and was enjoying himself to the fullest. When I asked him to go to another incident, he replied, "Please let me finish the lobster, it is delicious!"

Shortly after *Dianetics* was published, I often found it useful to demonstrate dianetics to people in this same way, running them through pleasure moments. I found out that if a pre-clear went back to a moment when he was diving off a high board he could run the incident through at the exact speed at which it occurred; he could run it through faster than it actually occurred; he could make it go slow, or even run it off in slow motion reversed!

As the Foundation got under way and more cases became available I noted with amazement that everybody kept moaning about not being able to have sonic recall. Most of the people I had been running through pleasure moments had had no trouble at all with sonic, and yet here were

the students at the Foundation, who had a much greater interest in dianetics, trying desperately to get perceptics which seemed to come so easily to the people I had been running.

I decided that there was a definite correlation between the fact that the people I had been running were pleased by all that went on and the fact that they had no trouble with sonic or other recalls. I brought these observations to the attention of others at the Foundation, and an investigation was undertaken to determine how much the running of pleasure moments would help in turning on sonic.

About the time that the preliminary investigation began, someone around the Foundation remarked that the cases then being processed were much more difficult than the ones which had been cleared earlier in the preliminary work on dianetics. When we set about to find a reason for this, it was not hard to discover. All these earlier cases had had a great deal of work done in the standard memory banks in the process of determining the content of these banks. Here, then, was a cross check on my observation that pleasure moments were helpful in turning on all perceptic recalls, including sonic and audio.

One of the questions we needed to answer was whether or not the recalls which were developed through the running of pleasure moments would still remain when we attempted to run engrams. We found out that even though there were some parts of the time track where sonic was still not turned on fully, that even in these areas the sonic impressions were greatly strengthened when sonic had once been turned on in one area. In the majority of cases, once the pre-clear had caught on to the idea of sonic, he was able to retain the ability on any portion of the time track. We also found out that when one of the perceptics is strengthened anywhere on the track, all the rest are helped.

At this point we had a demonstrable fact: that working pleasure moments would turn on sonic and would strengthen all perceptics. We tried out our technique on a number of pre-clears and found that it worked in a majority of cases. We also found that the running of pleasure moments helped out in other ways, and one of these, the strengthening of the pre-clear's ability to remain in his own valence, offered an explanation of what was happening as we ran our pre-clears through pleasure moments.

### *Sonic Recall and Valence*

As is explained in *Dianetics*, *valence* in dianetics means the personality of one of the dramatic personnel in an engram. A pre-clear may have as many valences as there are dramatic personnel in the engram bank, seeking to occupy the winning valence in any situation. When he is in or near an engram, this valence is rarely his own. Until the pre-clear can be taught in some way to occupy his own valence, he will not be in touch with his own perceptics. Turning on sonic, in a majority of cases, turns out to be a problem in getting the pre-clear into his own valence.

When a pre-clear is returned to an area where there is pain and discomfort is present, he will tend to pick out the valence which has the least pain in it. As a consequence, his contact with the situation is limited

to the perceptics which his mind can synthesize as having been the valid perceptics of the person whose valence he is in during this incident. He does not have sonic, but an impression of what his father might have heard. He does not feel the contractions of his mother's sobbing, but tries to sob himself, and sometimes succeeds.

Exteriorization, when a pre-clear is looking at himself or hearing himself from outside himself, can be explained by valence. Either the valence is that of one of the other people in the engram or it is a synthetic valence in which the pre-clear is safely away from the pain and unconsciousness in the incident.

The running of pleasure moments presented an entirely different aspect as far as the problem of valence was concerned. In a pleasure moment, the pre-clear is not interested in being someone else. On the contrary, since the pleasure of the moment was experienced by himself, he will seek to occupy the winning valence again, only this time the winning valence is his own. In his own valence, he will be in contact with his own perceptics. We were harnessing the basic pleasure drive of the mind in order to persuade a person that being in his own valence was a pleasant experience. Since the strongest force in the human mind is the drive away from death (pain), and toward survival (pleasure), we were enlisting the basic dynamic of the pre-clear with this technique.

Once a pre-clear has a feeling for his own valence, he will not wish to leave it. The mind wants to be cleared, and it recognizes, once attention has been brought to the problem, that the healthiest place to be is *in valence*. It is true that engrams will still force the pre-clear out of valence in some areas of the time track, but once a good recognition is established of what his own valence is, he will not again lose contact with it completely.

### ***Other Methods of Turning on Sonic***

If our theory that clear perceptics goes along with being in valence was correct, then it followed that any process which helped a pre-clear to find his own valence would also help to strengthen perceptics. This checked with all observed facts. It even explained a curious phenomenon which until that time had not been fully explained, i.e., that some persons had sonic in the basic area but not in later incidents.

Aside from the pleasure moment technique, the easiest place to get a pre-clear fully into his own valence is in the basic area. This is before very many valence commands have been laid down and driven home by pain and unconsciousness, and the pre-clear finds it easier to find his own valence. Here the valence walls are very thin, and the pre-clear will be observed to shift quickly from one valence to another. Sometimes merely trying to imagine how his mother felt will shift the pre-clear into mother's valence. It is sometimes necessary to run through an entire incident in each of the valences present, but care must be taken to settle the pre-clear well in his own valence and to reduce the incident in this valence before the session is ended.

Sometimes a simple command or request will suffice: "All right now, move over into your own valence." Or, "what is *your* somatic?" Use flash answer technique: "Are you your mother?" If pre-clear says, "yes,"

repeat the flash question several times. This usually will cause him to move to his own valence in the basic area. Sometimes the incident must be reduced in other valences and the pre-clear must be coaxed into his own valence by getting him to concentrate on the perceptics which he should be having in that situation. Whether to be firm or pleading is an individual matter and must be judged by each auditor on the basis of his knowledge of the pre-clear.

Not to be forgotten are command shut-offs of the "Can't see, can't hear, can't feel" variety. These are sufficient in themselves to cause perceptic shut-offs, and must be contacted and reduced in the engrams where they occur. The techniques for accomplishing this are thoroughly discussed in the handbook, and recall shut-offs may be successfully reduced with the same techniques used to release a chronic somatic. Suggestions may be received by reading the article "How to Release a Chronic Somatic", in this issue of the *Bulletin*.

Command shut-offs are largely responsible for the peculiar types of sonic where some of the sound in an engram can be heard and some cannot. Sometimes a pre-clear will be able to hear everybody in his bank except Uncle Henry. This may be because his mother once said, "I never pay any attention to Uncle Henry." If his mother had said, "I seldom pay any attention to Uncle Henry", this, too, could happen to the pre-clear in reverie.

### *What Is Full Sonic Recall*

Quite often I am asked about what full sonic recall is like and what happens when it turns on. When sonic recalls are working the way they should it is very much as if a wire or tape recorder had been present at the time the incident occurred. Upon returning in reverie, the recorder plays back through the incident again. You actually hear the sound again. Quite frequently pre-clears who have just had their sonic turned on will be amazed to find that the persons they are hearing in the incident are not actually present in the room where they are in reverie. After a little experience a pre-clear will begin to be able to tell that the sounds he hears in recall seem to be coming into his mind in a different way from the sounds of the room in which he is being processed. Except for this very slight difference, sonic recall works as though you were actually present in the situation where the recording took place.

The exact moment when sonic turns on for a pre-clear may be so gentle that it is not really noted, or it may be humorous, exciting, or even a little frightening. Consider the case of the pre-clear who was just beginning to erase in the basic area without any sonic, when he suddenly heard his father's voice boom in his ears as he was softly repeating the word "Dead." It took this pre-clear's auditor several minutes to coax him back into the incident which contained the primary sonic shut-off in the case. He is now running anywhere on the track with full sonic recalls.

### *Running Pleasure Moments*

Run pleasure moments in much the same way you run engrams. Let the pre-clear pick his own pleasure moments in the beginning, giving

him help in picking out one specific incident and in concentrating on this one incident. Almost any sort of experience in which the pre-clear has enjoyed himself will do as a pleasure moment. One person may like being himself most while dancing with a gorgeous blonde, and this would be an excellent opportunity for developing tactile, kinesthetic, olfactory, visual, and sonic recalls. Another may like to do high dives, and this would be very good for temperature change, tactile when he meets the water, kinesthetic, sonic, visual, pressure from the water, etc. Work with whatever perceptics are most to the fore in the situation which your pre-clear has picked out. The strengthening of one perceptic always aids in the development of the others.

Settle the pre-clear into the incident as much as possible. Ask him to feel the knife and fork in his hand, to smell the mingled aroma of the steak and french fries, notice the motion of lifting the steak to his mouth, taste the first bite, notice the difference in temperature when he drinks his milk, etc. Do not be satisfied with getting a sketchy outline of the scene. Find out not only who is sitting next to him, but what they are wearing. Never press the pre-clear in a pleasure moment. Remember that we are working with the drive toward pleasure and pick out the point of highest pleasure for him. He will make great efforts to pick up his recalls at this point. Help him to do it by asking for details which he might overlook.

It is good to get the habit of entering into the pre-clear's mood at the time he is running the pleasure moment. They can be great fun for the auditor as well as the pre-clear. Anything you can do that will heighten the pleasure the pre-clear finds in the process of returning is valuable in the direction of strengthening all his perceptics, including sonic. As a rule it is good to steer for events in which the pre-clear is winning some kind of victory. He is more likely to get into his own valence in a moment of this kind.

Do not ask for data which is not in the pre-clear's bank. If he did not once glance at a person who is in a room with him during a pleasure moment, he will not be able to describe that person to you. In general it is better to ask him if there is a point in the incident where he looked at this person. As in the running of engrams, it is always the pre-clear who has the data, not the auditor. It is just as important in the running of pleasure moments as it is in any part of dianetics, not to challenge the pre-clear's data. It is amazing how often the pre-clear's recalls turn out to be more accurate than the auditor's memory. Even if this does not happen, and the auditor should turn out to be right in point of fact about a particular incident, the pre-clear gets absolutely no benefit from being corrected. Instead his confidence in his own data, his belief in himself, his interest in dianetics all are shaken and you may have some difficulty in continuing processing. **UNDER NO CIRCUMSTANCES CHALLENGE A PRE-CLEAR'S DATA.**

If you wish to ask the somatic strip to contact points in a pleasure incident, to time shift through the incident, or to play the incident in reverse, you will usually be able to direct it to whatever part of the incident you choose. Later, after you are working well with your pre-clear, the file clerk will sometimes pick out pleasure moments in early

childhood which had been occluded before dianetic processing. These are very fine examples of pleasure moments, and your pre-clear will get quite a lift from discovering them.

### ***Frequency of Running Pleasure Moments***

In opening the normal case it is a good practice to concentrate on pleasure moments for four, six, or even ten hours unless you have a pre-clear with all perceptics already turned on. When your pre-clear is moving well on the time track and you are able to contact basic area, around twenty minutes at the beginning of each session and the same length of time at the end will usually be enough to achieve the desired results. This should be continued until all perceptics are turned on and the pre-clear is in his own valence. A pleasure incident at the beginning of the session helps to relax the pre-clear and to get him returned and running on the time track. A pleasure incident or two at the end of the session, beginning with one fairly early and proceeding to a later one, is the optimum way of ending a session with a feeling of well-being for all concerned. Pleasure moments also marshall attention units that can be directed later to the basic area.

There will be great variations from this norm. Sometimes you will not be able to discover any pleasure in a pre-clear's past. Sometimes the pre-clear is so afraid of pain that all you will be able to run for several hours is recent pleasure moments. Take the opening which offers itself and proceed with standard processing. In time you will have your case running in the standard manner.

As is always the case in dianetics, final judgement on how much any individual pre-clear should be run on pleasure incidents is up to the individual auditor. Sometimes a pre-clear is so restimulated that he is ready to run an engram when he lies down for a session. Obviously an attempt to bring him back up the track to a pleasure incident before he reduces the engram which is in such restimulation would not be optimum use of time and effort.

### ***Additional Value of Pleasure Moments***

In addition to strengthening perceptics, the running of pleasure incidents seems to have a remarkable effect in stabilizing the mind of the pre-clear. The use of pleasure moments alone will often be enough to relax and calm a very excited person. Straight memory case scouting combined with pleasure moments, when applied with a basic understanding of dianetic theory, even without the basic job of reducing engrams, will produce remarkable results in strengthening and calming a mind. The mind recognizes when it is being handled well.

Perhaps the chief reason for this is that the running of pleasure incidents is very helpful in establishing contact with reality. It is amazing how unsure a great many people are on their own data, and to have a real foothold on their past, even if this is only the ability to return to last night's supper, will do wonders in giving such a person a sense of reality.

If a pre-clear has a somatic in restimulation and exhaustive effort on the part of the auditor to find and reduce the engram which contains the somatic has not completely succeeded, the running of several

pleasure moments, making sure that the pre-clear is well settled in each moment, will quite often succeed in bringing the pre-clear up to present time without the somatic. The same technique will minimize the effects of holders and call-backs.

The discovery of the value of running pleasure incidents in turning on sonic and raising the perceptics was purely accidental, but a great deal of hard work has been done in determining the real value of the observation. The running of pleasure incidents is now a standard part of dianetic technique, and it may well eventually become the nucleus of new forms of therapy based on the tenets of dianetics.

## **HOW TO RELEASE A CHRONIC SOMATIC**

**L. RON HUBBARD**

A chronic somatic (any "illness" generated by an engram or engrams) can be addressed and released by using one or more of the methods listed below:

1. By straight memory, blowing out locks.
2. By straight memory and reverie, blowing out locks and lock engrams.
3. By bringing the whole case to a release, specifically including the chronic somatic.
4. By clearing.

### **1. STRAIGHT MEMORY**

The technique of straight memory case scouting, wherein valences and demon circuits of various types are found, is also a releasing technique. In a percentage of cases (which is no lower than 20% and no higher than 50%) the straight memory technique, when cleverly used, will remove locks and release illnesses without the pre-clear ever having been placed in reverie.

This is done by discovering any similarity between the illnesses of some valence and the chronic somatic of the pre-clear and then, still by straight memory, discovering the command or commands which placed the pre-clear in that valence or by discovering specific moments when the illness was keyed in and, still by straight memory, keying them out.

The straight memory technique has limitations. It works at the lock level and if over-done will restimulate the engram itself and key it back in again. When it does work it will work within three or four sessions of fifteen minutes to half an hour. A straight memory key-out has the aspect of a miracle to most observers, particularly when they do not understand the basic working law underlying straight memory technique:

**A HUMAN BEING WHO DEMONSTRATES CONCERN OF AN ABERRATED MAGNITUDE ABOUT ANYTHING HAS BEEN TOLD TO HAVE THAT CONCERN, USUALLY IN THE SPECIFIC WORDS HE USES TO DESCRIBE IT, OR HAS BEEN TOLD TO BE THE PERSON WHO HAS THAT CONCERN AND WHOSE SOMATICS HE BEARS.**

## 2. STRAIGHT MEMORY AND REVERIE

If a chronic somatic does not release by straight memory, another stage of the case should be entered—reverie directed toward the location of moments which account for his chronic somatic or account, less directly, for his being in another valence than his own. If the chronic somatic is severe the necessity level is usually high and the file clerk can be counted on for immediate assistance in releasing it.

In some conditions, such as asthma, the engram containing the chronic somatic is quite ordinarily on the surface and is susceptible to reduction. A very long list of such conditions have been released permanently (as to their specific cause) by running out specific engrams and lock engrams: spontaneous abortion, tooth decay, eye inflammation; and others have been released with considerable ease when they could be released with this technique.

Birth is occasionally found “floating free” of earlier incidents. The same situation may obtain with almost any other engram. But as one returns into the prenatal area earlier and earlier there is less and less chance of an independent reduction. From around eight months back to two months, engrams received are peculiarly liable—according to incomplete studies—to lock on earlier material. After the eighth month, however, it seems to be the case that engrams are more and more likely to reduce independently of earlier reductions, and many cases have been observed where engrams received after the eighth month have erased with unconsciousness coming off fully.

Whereas laws probably exist which would determine this, and manifestations not so far observed can be suspected to exist, which on being observed would assist the auditor; no data on this is at hand. It is only known that many engrams, particularly when located after the eighth month, reduce or erase without the auditor first having contacted the basic area. Engrams in the basic area, of course, always erase or reduce, which is the definition of “basic area”.

By locating and reducing or erasing such engrams as birth or early accidents or illnesses, the auditor often frees the pre-clear of chronic somatics.

Sympathy will be found to predominate as the emotional aspect of engrams carrying such chronic somatics.

## 3. COMPLETE RELEASE

When the chronic somatic has not been eradicated by the first two methods above, one carries the pre-clear on through to a full release.

A release is effected chiefly by removing from the case all grief engrams. As much work in the basic area and other areas of the case is done as may be required to facilitate the release of grief. When the main grief charges are removed from a case, the chronic somatics will often be found to have been released as well, even when they are not specifically contacted in engrams.

This may be a special type of case. It is only known that when a release via grief discharge can be effected readily, chronic somatics vanish.

If a release of grief is effected and yet chronic somatics still hold, the basic area is contacted and the unconsciousness is thinned on the case. After that the specific engrams which hold the chronic somatics are contacted and reduced. The reason unconsciousness is removed from the case in the basic area is that such removal thins the tenacity of all other engrams in the case.

When striking for a specific chronic somatic, the auditor will do well not to predetermine without evidence the source of that somatic and the type of command which caused it. The information will be found in the case and he will save time by working it in an orderly fashion.

Actually, these first three methods are used in succession over and over while the pre-clear is coming up to a release. During any one of such successive steps the chronic somatic may resolve.

#### 4. CLEARING

The final step, if the engram bank is too tightly interwoven and crossed so that all simpler measures have failed to release a chronic somatic, is simply to progress forward toward clear. At the point of clear, of course, all chronic somatics will be found to have vanished, and point roughly halfway toward clear should see the pre-clear without any chronic somatics or troublesome aberrations, whether the causative engrams have been contacted or not.

As the case progresses toward clear, more and more attention units are available in the analyzer and the importance of engrams becomes less and less. Thus it is possible for a person to feel he is in excellent health even when half the engram bank remains, since the engrams are balanced by released analytical power and can no longer severely affect him, his tone having risen above their aberrative force.

NOTE: There is much research to be done in formulating methods of predicting how long a case will require processing. There is much more work to be done to discover *precisely* why some locks and lock engrams release and some don't. LRH

#### ASSOCIATIONS, GROUPS AND CLUBS

A number of independent clubs and groups have been formed around the country for the purpose of pooling knowledge and skill in dianetics. The Foundation is interested in all such efforts, and will give all assistance possible to persons interested in forming such groups. In advancement of this policy we are printing below a partial list of clubs and groups formed to date.

There will be a number of groups which are not included in this list. We would like to have a complete listing, and would appreciate a communication in regard to any not listed here. The Foundation has grown so rapidly that there are undoubtedly cases of groups which have

already written to us but whose letters have been mislaid, and who are not on the list below. Please let us know of any such omission. We would also appreciate communications in regard to the work being done, organizational slants, and results being accomplished. Further issues of the *Bulletin* will bring the list up to date.

### Independent Groups Formed:

Frank Williamson  
Box 44  
Berkeley, California

Dianetics Cooperative  
Basil Vaerlen, Chairman  
Yosemite Hall  
120 Page Street  
San Francisco, California

Donal Buchanan  
1327½ 6th Street  
Boulder, Colorado

Detroit Dianetic Associates  
Bernard W. Joseph, Sec'y  
5319 Crane Avenue  
Detroit 13, Michigan

Dr. Alfred D. Kleyhauser, Sec'y  
(Optometrist)  
1511 Welton St.  
Denver, Colorado

China Lakes Dianetics Society  
Mrs. Mary Eleanor Forbes, Sec'y  
70-A Rodman Street  
China Lake, California

A. A. Beavers  
2618 E. Spaulding Street  
Long Beach, California

New York Dianetic Association  
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New York 28, N. Y.  
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# **RECENT DEVELOPMENTS IN PSYCHOSOMATIC ILLNESSES TREATED BY DIANETICS**

**J. A. WINTER, M.D.**

Evidence of the value of dianetic processing in relieving psychosomatic illnesses continues to be accumulated. A few cases are cursorily reported for your interest.

A pre-clear in California reports that he had psoriasis (a chronic skin disease, hitherto believed incurable) for about 14 years. Dianetic processing completely relieved th condition, and there has been no evidence of recurrence after approximately three months.

Numerous observations have been made on gray hair. At least three people in the Elizabeth office have been observed to have undergone darkening of gray hair during the clearing process. The process is apparently a slow one, taking three or four months to become noticeable.

A pre-clear in Chicago had been blind in one eye for 20 years. Medical diagnosis was separation of the retina. The other eye showed severe hyperopic astigmatism, with the far-sightedness becoming progressively worse as she approached the menopause. Since undergoing Dianetic processing she has regained the ability to perceive light in the hitherto blind eye, with a concomitant increase of function of the muscles which move the eye-ball. The sight in the other eye has also improved markedly; at her last visit to her oculist the correction for that eye was decreased by 5 diopters—and this occurred at an age period when her far-sightedness would be expected to become progressively more severe. It should be noted, incidentally, that no attmpt was made to look for the specific engram chain which led to her visual difficulty; this increase in visual acuity came about as one of the benefits of the standard clearing process. Her case will be reported in complete detail when her refractive error becomes stabilized.

A pre-clear in his late forties had had poliomyelitis at the age of 12. One of the sequelae of his paralysis was a severe curvature of the spine, the vertebral column being displaced backwards and to one side (kyphoscoliosis). Sinc Dianetic processing his spinal column is undergoing gradual straightening: various measurements in his coats have been altered by as much as three inches, and there has been an increase in his height by more than one inch. A complete record of his progress is being made and will be published when maximum benefit has been obtained.

At least three cases of epilepsy have come under my personal observation, all of whom have showed marked improvement. In one, there have been no seizures in three months, in spite of discontinuing medication. In another, the severity of the convulsions has greatly diminished, this occuring in less than 20 hours of processing. It might be of interest to note that attempted abortions were found in all three cases, and it is suggested that an epileptic convulsion may be a pre-natal convulsion brought up to present time. The word "fit" has been found in the engram-commands in these cases; in one, a junior case, the engram contained the sentence, "Bill will have a fit when he finds out about this." In

another case, one of the engrams was due to the mother wearing a tight corset, with much discussion about the "fit" of the garment.

Raynaud's disease and Buerger's disease (decrease in blood flow in the fingers and legs, respectively) has also been seen to respond to dianetics. Buerger's disease, when progressive, results in the necessity for amputation of the legs; in one case, the engram-command was the mother's oft-repeated wail, "I can't stand it!" The literal and explicit obedience of the reactive mind is clearly demonstrated by this case—the way to "can't stand" is to have the legs removed.

The results in these and other cases have led me to the inescapable conclusion that every psycho-somatic illness must be considered to have an engramic basis until proved otherwise.

## LATEST NEWS

Available only at Foundation Headquarters or your nearest Department of the Foundation, a new technique requiring ten days of professional dianetic auditing leading to a release of chronic somatics.

## ANNOUNCEMENT

### San Francisco-Oakland Area

L. Ron Hubbard will give a public lecture at the Oakland Municipal Auditorium, on Saturday evening, September 23rd, at 8:15 P.M. Admission \$1.50, including tax. Additionally a series of four classes will be held on Tuesday, Wednesday, Thursday and Friday, the 26th, 27th, 28th and 29th of September, at the Oakland Municipal Theatre, at 8:00 P.M. All seats are reserved. Admission \$25.00 plus tax for the four classes. All proceeds will go to finance the founding of the International Center for Dianetics. Tickets are available at the Auditorium book stores and your local Dianetic Center.

## BASIC TRAINING COURSE

### Any City

A basic training course in Dianetic Processing is now being offered to any group in any city of the United States.

The Course will be conducted by a Foundation trained professional auditor.

The Course consists of ten lectures and demonstrations.

Dianetic groups are requested to write to the Secretary of the Foundation, giving size of group, advice as to whether a suitable place will be available, and approximate date desired for the course.

The individual fee for the Course will be determined upon the receipt of the foregoing information.

# COURSES

The following courses are in progress in Dianetics at Foundation headquarters and Departments of the Foundation. For more particulars write Parker Morgan, Secretary, Hubbard Dianetic Research Foundation, or your local Department.

## COURSE I

Elizabeth and Los Angeles only.

This is the professional course. Those enrolled will work toward certification as a professional auditor which will be granted *upon satisfactory completion*. It is expected that, during the term of the course, enrollees shall devote full time to the study of Dianetics, including lecture, classes, observation of and practice in Dianetic Auditing. Duration: 4 weeks. Fee: \$500.00.

## COURSE II

A series of fifteen lectures given to teams of two who plan to co-audit each other. There is one series of lectures given three evenings a week over a period of five weeks, and another series given Saturday evenings for fifteen weeks. The course includes case opening and instruction on team auditing. Consult your local department for fees and dates of course.

## COURSE III

Case opening for a team. This is a session of two hours conducted by a professional auditor who takes each member of a team through reverie under the observation of his co-auditor. Appropriate instruction is given. Fee: \$25.00 per hour.

It is with regret that we must charge for training. We should prefer to extend this knowledge freely to all who desire it. Nevertheless, if research in Dianetics is to continue—and we are sure you agree with us as to its importance—we must charge for our services. Proceeds go to the Hubbard Dianetic Research Foundation.

THE SELECTION AND APPROVAL OF CANDIDATES APPLYING FOR TRAINING WILL BE ENTIRELY AT THE DISCRETION OF THE FOUNDATION.