The
Dianetic Auditor's
BULLETIN

Official Publication of

DIANETICS

HUBBARD DIANETICS

THE HUBBARD DIANETIC FOUNDATION, INC.

The Foundation has been chartered in the State of Kansas with these grants: "To study and conduct research in the field of the human mind and of human thought in action; and the application of the principles discovered therein for the relief and cure of all human ills which may be found to originate in the mind of man; and in connection therewith to further study, explore, develop and do research in the science of Dianetics, as discovered and founded by L. Ron Hubbard; and in furtherance and not in limitation thereof, to teach, educate, demonstrate, explain, show, publish and declare, by any means, the facts, findings, results, principles, and axioms ascertained in Dianetic research of the human mind for the cure, relief, and release from all human ills and ailments which are derivative from engrams and psychosomatic control and command of the human mind, and body. To have and exercise all powers conferred upon a corporation by the laws of the State of Kansas."

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211 West Douglas Ave., Wichita, Kansas

Published monthly as a source of information on new developments in Dianetics for Active and Associate Members. An Associate Membership in the Foundation is open to all individuals interested in Dianetics. The membership fee is fifteen dollars annually. An Active Membership exists but is granted only after a Professional Course at the Foundation.

Centralization

For several months the Board of Trustees of the Hubbard Dianetic Foundation had been investigating possible locations for a center for all Dianetic activities. This center has now been established in Wichita, Kansas.

Wichita was chosen for several reasons. It is very near to the geographical center of the United States. It is situated in an area whose natural resources and favorable prospects for development have led to a progressive, forward-looking population. Transportation and communication facilities are excellent. Adequate quarters for the National Foundation are now a functioning reality. Living accommodations for staff personnel, prospective students and processees are available.

The move signalizes the acceptance of a long-standing invitation from public officials in the State of Kansas and from leading citizens of Wichita. The new headquarters are now located at 211 West Douglas Avenue in that city.

Plans for the future envision the eventual establishment of a Dianetic community where the theories of Group Dianetics can have practical application on a mass basis.

If the Foundation is to become a strong center for the formation and spread of Dianetic theory and technique and the coordinating agency for all Dianetic effort, the centralization and consolidation of all its scattered activities is an obvious step. With the concentration of available resources in Wichita, the Foundation will be able to offer a more comprehensive and better integrated program of courses, processing and publications.

Because of the necessary arrangements for making the move to our new National Headquarters, this issue of *The Dianetic Auditor's Bulletin* had to be delayed.

Future issues of the *Bulletin* will be published in Wichita, and every effort will be made to get them to you on schedule. Thanks for your patience.

About the Cover

The new dress of *The Bulletin* merits an explanation. It is intended to symbolize the first and subsequent issues to emanate from the new National Headquarters of the Foundation at Wichita, Kansas, as well as to familiarize you with the official Dianetic colors (green on gray) and insignia. The latter are trade and service marks as filed with the U. S. Patent Office. The terms "Dianetics" and "Hubbard Dianetics" are restricted for the protection of the Foundation, its membership and publications, as is the circle containing the expanding dynamic bars of the ARC pyramid. Plans are under way for the manufacture of the circular design as a lapel buttons for HDAs, with variations thereof for Associate and other members.

2

Editorial

Emphasis

One of the startling things about Dianetics in its original impact was that it provided techniques with which a person of average intelligence could assist another person to return to very early moments in his existence. The other fascinating aspects of Dianetics often were forgotten in the absorption of going earlier and earlier into the memory through the use of the efficient new tools of Dianetics.

In the first few weeks of the Foundation's existence, techniques were discovered which made it easy for a good auditor to help a good pre-clear to go all the way back to conception in an incredibly short span of auditing time. If the pre-clear had a good number of perceptic recalls working, results were not only encouraging but astonishing. In some instances, however, recalls were so poor that even though the pre-clear had contacted the basic area the charge of the engramic material contacted was only slightly reduced, not erased. It became apparent that the reduction or erasure of engramic material depended not only on the location and chaining of the material, but that it varied directly with the extent to which a pre-clear was in valence and the number of perceptics available to him. At that moment the toughest problem in Dianetics seemed to be the problem of accessibility.

With the publication of the article on Affinity, Reality and Communication in the February issue of the *Bulletin,* and the articles on *Systematic Straight Line* and *Lock Scanning* in this issue, the emphasis in Dianetics has completed a half cycle. Going early was not incorrect, but in order to go early with good perceptics and in valence it is often advisable to work on later-life incidents. The newer techniques are devised for working quickly and more efficiently in later life (from birth up). At least they partly solve the problem of accessibility. These and other techniques concerned with the efficient opening up of a difficult case are thoroughly explained in the forthcoming book, THE SCIENCE OF SURVIVAL: *Simplified, Faster Dianetic Techniques* by L. RON HUBBARD.

With these techniques available, an auditor needs more than ever to determine in advance what his goals are going to be in the processing of any pre-clear. This approach will be entirely different if his goals are different. Pertinent questions would be: How many hours of processing will I be able to give this pre-clear? Will this time be concentrated, or spread over a long period? Is this pre-clear so restimulated that a great amount of relief from restimulation is desirable even at the expense of running the early incidents, which would safeguard against the repetition of his chief restimulated area? What does he want most from processing? Will the time available be best spent in making his case more accessible? In removing grief? In re-opening his communication lines? In fully releasing a major chain? In working for erasures in the basic area?

Underlying every valuable result in Dianetics, many times unspoken but always desired, is the earnest wish of the auditor to serve in his pre-clear.

— J. W. K.

3

Lock Scanning

from lectures by

L. RON HUBBARD

During the work of developing the theories and techniques of Dianetics, many techniques were used which later had to be discarded. Some of them, such as the use of hypnotism, were found not to be useful at all, except in highly unusual instances. Instead, as the techniques progressed, some of the earlier experiments had to be run out as engrams and locks and this was the case with all attempts at working with hypnotism. As new data accumulated during the years, new techniques would be built and then discarded.

One of the techniques used about 1948 was finally discarded before the publication of DIANETICS: *The Modern Science of Mental Health.* After a phrase was erased in the basic area, the pre-clear would be asked to move rapidly forward to present time, contacting all incidents containing this phrase. This particular technique, utilizing a function of the mind we now call *scanning,* was discarded with extreme reluctance because, used in this way, it was very effective. It did not, however, do a complete, clean job and the reduction achieved in this manner did not seem to be permanent. In some instances it produced restimulation which had to be repaired by slower methods. It was not altogether safe. In the search for a technique that would be both effective and safe, this particular line had to be dropped.

Since the publication of the *Handbook,* however, several people have come across the phenomenon of scanning and have experimented with this technique with approximately the same results which were achieved back in 1948. Scanning through basic area engrams and the locks which lie on top of these engrams is one of the fastest ways yet devised of destimulating a case. Unfortunately, scanning in the prenatal area does not produce a clean erasure. It leaves bits of engrams lying around, and because it does not erase cleanly the engrams scanned from a case may be restimulated. The scanning of basic area engrams can be very dangerous, and should be avoided at all costs.

The Mechanism of Scanning

The process of scanning is somewhere between remembering and returning. It can be done either with eyes open or eyes closed, although better results are usually achieved with closing the eyes. It is accomplished by a narrowing of the selector mechanism of the mind to a class of data but not to the point of a specific incident which contains specific data. Remembering, of course, covers the wide range of all events connected in any way to the thing which you are remembering. Returning always ties the attention down to one particular incident and the perceptics of this incident are recorded chronologically. Scanning is halfway between the two. Things are not remembered in generalities as in memory, nor chronologically within a single event as in return, but rather by a class of events with the particular section of the event in which the required data appears being foremost in the mind. In scanning, events appear in order of their occurrence but only those parts of the events which are catalogued together

by virtue of similar perceptics or similar meaning. The rest of the incident lies dormant and any charge it contains is not dissipated. Only the part of each event which applies to the subject comes into the analytical mind during scanning.

While this explanation of scanning may appear to be rather complicated, the actual process is a simple one to induce and can be achieved quite easily by any person who is at all familiar with the principles of Dianetics. The technique, however, could not be used so long as it contained the elements of mischance which I had noted upon my first contact with the phenomenon. Despite the obvious usefulness which would result if it could be rid of the element of danger for the pre-clear, it had to be discarded because in the hands of an inexperienced auditor scanning in the prenatal area can be extremely dangerous.

Recent work, however, has shown that if the division between locks and engrams is carefully observed, the scanning phenomenon can be used to achieve a reasonable amount of destimulation in a short space of time with no real danger of restimulation. With the single, strong admonition that THE AUDITOR IS NOT TO ALLOW THE PRE-CLEAR TO ENTER INTO ANY MOMENTS WHICH CONTAINS PHYSICAL PAIN, it was found that scanning could be employed on almost any number subjects with very good results in the well-being of the pre-clear and in the progress of his case.

The Technique

The technique begins with explaining to the pre-clear that it is possible to contact events one after the other in rapid succession when they have some common subject matter or some common perceptic. Explain that this process usually begins with the first time or at least an early time and comes quickly up to present time. Then issue the one admonition that the pre-clear is not to enter any moments which contain physical pain and is to report to the auditor any time he appears to be contacting an incident which contains a particularly large amount of tension. Then, as a trial, ask the pre-clear to remember the first time he ever tasted watermelon (or some similar pleasant occurrence).

Do not let your pre-clear return too well to this first incident, especially if he returns easily and with full perceptics. A good memory of the event with the beginnings of a few direct perceptics is the desirable amount of contact. When a nice balance between memory and return has been achieved, ask your pre-clear to scan rapidly all incidents when he tasted watermelon. In all except very badly occluded cases, the pre-clear will respond readily and easily to this trial run. Then go back to the beginning of this chain of incidents and run through again, experimenting with the different possible speeds of scanning.

Scanning Speeds

There are four main scanning speeds which are, of course, on a spectrum with gradations in between and much flexibility.

The first and slowest speed is *vocal rate*. At this speed a long chain of incidents will take a considerable length of time to run through since you ask the pre-clear to contact any phrases which are charged (or are

5

aberrative) and to go over these phrases, speaking them as he contacts them. This is, in reality, a very quick and effective way of clearing out locks. At this rate, some of the locks contacted may be quite heavy and must be noted by the auditor and returned to and cleaned out before the end of the session. Sometimes the pre-clear will seem to want to remain in a particular lock until it has been blown. This may be due to a particularly heavy charge on the incident, or it may be the action of a holder. Holders are particularly important in scanning and an auditor should be on the alert for them and should utilize his opportunities to find and reduce them. In any case, the auditor would be wise to follow the pre-clear's desires, if he wishes to pay special attention to an incident or a particular phrase in an incident.

Some chains take as long as thirty-five to forty-five minutes to scan at vocal rate but some may go in as little as two or three minutes.

The second rate of speed is *non-vocal*, which is slightly faster. At this rate, the pre-clear's contact with each incident is sufficient to allow him to receive an impression of all the aberrative phrases used in each incident but he does not take the required amount of time to speak each phrase as he contacts it. The principle feature of non-vocal rate is that the actual words of each incident are contacted by the analytical mind but may come into the analytical mind at a speed too great to be vocalized. The non-vocal running time for a chain of locks may be from about one-third to two-thirds the time for the same chain run at vocal rate.

At non-vocal rate, there appear tremendous differences in the actual job of auditing. The auditor simply sits patiently observing any play of expression in the pre-clear and watching for any indication that the pre-clear might be stopped at some point or other, might be contacting an emotional moment which needs to be explored, or might be reacting to an action phrase which needs to be reduced. In the main, however, the job of the auditor is to sit and watch while the pre-clear runs through the chain of locks and then to direct the pre-clear back to the beginning of the chain to go over it again. This is also true for the faster rates of scanning. For this reason it is almost always a good practice to have at least one scanning at vocal rate.

The third rate of scanning is *accelerated*. Accelerated rate is approximatly five times the speed of vocal rate. Contact with events at accelerated rate allows enough time in each event to identify the event as to content or meaning and that's about all. It is almost as though the mind skimmed over all events in a certain classification, took one quick look and pushed the event back into the files again.

The fourth rate of speed appears mysterious to an auditor or an observer. Only the pre-clear really knows whether anything is happening at *maximum* rate of scanning. If the pre-clear's visio is good, he may get a flicker of many still pictures that merge and blend into each other and change so rapidly that they can hardly be identified. If he has good kinesthetic recall, he may simply make a few convulsive movements and then have run completely through the chain of locks at maximum rate. Maximum rate simply means as fast as you can go.

These rates of scanning are, of course, suggestions only, but most

people seem to react well when the spectrum of scanning rates is divided up in this manner for them.

Basic Use of Lock Scanning

After your pre-clear has become somewhat adept at scanning, using either pleasure moments or light lock material for practice, you can begin the serious business of deintensifying any chains of locks which are interfering with processing or are aberrative to the pre-clear. It is fortunate that this development came along at about the same time as the newer developments in the running of individual ARC breaks and the hurdy-gurdy system. Together with these developments, lock scanning can produce quick results in cases which heretofore needed to have a great deal of hard work before results would show. They at least partly solve the problems of accessibility.

Scanning out the locks from a person's bank individual by individual, or dynamic by dynamic, or subject by subject, is one of the quickest ways of obtaining a genuinely easy case. Only after a person's reactive bank has been deintensified to the point where he can remain in his own valence and where he has picked up many of his perceptics, can he be run to best advantage in the basic area. In the overall picture of clearing, it is a saving of time to have your pre-clear high in tone and in valence before running engrams. This statement, like all general rules, is subject to specific deviation and there are some cases which simply cannot be handled in this way, but this does seem to be a general rule and, if there is any trouble at all with accessibility, it is always a good rule to follow. Lock scanning is one of the techniques for raising your pre-clear's tone and destimulating his engram bank.

Scanning a Chain of Locks

The usual way to approach a chain of locks is to ask your pre-clear to settle well into the first lock on the chain. The first time through it is generally a good practice to go through at maximum rate. This will allow the auditor to gather some idea of the type of chain he is attempting to run and its length, since a little practice with any pre-clear will show the relationship between maximum and other rates of scanning and the auditor will then be in a position to judge how long the chain is going to take to de-intensify. In addition to this, the pre-clear has a chance to warm up the material that is in the chain and the locks will come out cleanly and swiftly when proceeding to vocal-rate scanning. In some pre-clears, two or three times through at maximum rate is a good practice; in others, one. Some pre-clears, indeed, object to running a chain through at maximum rate until it has been pretty well de-intensified by scanning at vocal or non-vocal rate. This is, of course, an individual matter and the pre-clear is right in whatever way he wishes to approach the subject of scanning. Usually, however, the best thing to do is to start off with at least one scan-through at maximum.

Next it is best to go through one time at vocal rate, asking for all aberrative phrases in the chain. This may be your slowest scan through the chain but it is also the scanning which produces the most de-intensification. It is at this time that the auditor takes careful note of locks which need to be treated individually.

7

After the vocal-rate scanning, it is generally a good practice to proceed to non-vocal for one or two runs, perhaps asking for vocalization of any phrase which seems to have particular charge. At this point, if the chain has not been very heavy, it is not a bad practice to go back to maximum rate scanning for three or four times, and if the scanning time at maximum rate has reduced to a matter of one or two seconds, the chain can, to all intents and purposes, be considered destimulated.

If the chain has been aberrative or highly charged, it is better to go through several times at accelerated rate before proceeding to maximum and checking to see how long a maximum rate run will take.

Your first run at maximum may take several minutes. If you proceed to run a light chain of locks purely at maximum rate and time the running of the chain, you will discover that the time for scanning goes up slightly and then goes down swiftly until finally a maximum rate scanning of a long chain of events is practically instantaneous. A typical chain timed in this fashion might take one minute for the first running, one and a half for the second, one and three-quarters for the third, and one and one-quarter, one-half, twenty seconds, five seconds, two seconds for succeeding runs.

Reduction of Lock Chains

A chain of locks can be thought of as a single engram. When thought of in this fashion it becomes apparent that the signs of reduction of an engram would also be the signs for the reduction of a chain of locks. The main thing to note is the reduction of tension within the pre-clear as he goes through this material. Quite often lock scanning will produce a reduction in the familiar terms of yawns, tears, lessening of somatics, etc. In addition to the signs of reduction, it is also possible to measure the reduction of a chain by the length of time in which it takes to scan. This, of course, should not be considered completely unassailable proof that the chain has been reduced, since the pre-clear may be simply lightening the contact which he has with the chain on each successive trip through; but, coupled with other signs of de-intensification, the lessening of running time is a clue that the chain has been reduced. As in many engrams, the second, third or fourth runs through a chain of locks will reveal additional material, sometimes additional locks. Indeed, at the end of running through a particularly aberrative chain, a pre-clear may have made available for his analytical thinking five or ten times the number of incidents of this type that were accessible before the run. One of the most important by-products of lock scanning is that it is tremendously effective in recovering a vast amount of usable experience for the analytical mind.

Three Special Chains

In auditing a case which has already been processed for some time, the first chain which should be contacted and scanned thoroughly (on several occasions to make sure that it is reduced well), is the chain of locks caused by previous sessions of auditing. This is a highly effective way of erasing any mistakes which a novice auditor has made in the past, and will recover any attention units lost at odd points during processing. Frequently an auditor will discover that the pre-clear, while in reverie, has misunder-

stood a comment of the auditor, and because of his close contact with the engram has been unable to evaluate properly what the auditor has been saying. This misunderstanding may have caused serious breaks in affinity, reality or communication, and scanning through all the auditing which a pre-clear has received is one of the quickest ways of picking up tone and of heightening the sense of well-being for any pre-clear.

Of especial interest to persons who have done a great deal of auditing themselves is the fact that their auditing usually forms a second chain of locks which can be scanned out in the manner described. Indeed, a steady job of auditing is quite restimulative and the technique of lock scanning is recommended most highly to a person who has done much auditing. If lock scanning on processing or auditing is done by a team of co-auditors, it is sometimes wise *not* to slow down the rate of scanning slower than the non-vocal rate since additional locks might be put on if the aberrative phrases were vocalized. This is only true in cases where there has been considerable tension about auditing or about being audited on the part of one of the members. If there is heavy charge on such incidents, however, some of this charge can be released by scanning at non-vocal, accelerated and maximum rates. After the situation has been brought up slightly in tone perhaps it will be possible to go back and release charge from individual incidents or from the chain at vocal rate.

In connection with this point let me issue a word of warning to all pre-clears: No auditor worth his salt as an auditor will be pleased if you do not repeat the aberrative phrases which have occurred during processing exactly as they seem to occur to you. To hint that such phrases exist or to compute as though they existed without actually blowing them as locks is ten times harder for the auditor than if you simply go right into the material and let the phrases come out as they were recorded in your reactive mind. The lock scanning mechanisms, for the first time, give a legitimate way of protecting your auditor from the full force of these locks, but even this cannot be used to dodge the issue. Once the scanning has improved the situation to the point where the auditor and pre-clear have resumed good processing relationships, it is important to go back and blow any specific incidents which still contain charge as single locks by standard procedure.

One other chain is of particular importance in Dianetics and will be found in most cases to contain a large amount of charge. This is the chain of invalidation of Dianetics. It can be divided up into smaller chains; such as, invalidation of Dianetics by bad publicity, invalidation of Dianetics by opposed authorties, invalidation of Dianetics by opposed relatives, invalidation of specific instances by interested parties and invalidation of Dianetics by too much fanaticism.

After having scanned these major chains of locks, it's sometimes a very good practice to ask for anything about Dianetics which still contains a charge and run out the incidents which are presented as a chain of locks.

Additional Uses of Lock Scanning

Lock scanning can perform the usual duties of a canceller much more efficiently than any canceller ever devised. For most persons, it is more effective to go back and scan through a session of auditing than it is to use a canceller. The material which is removed from the reactive bank of an

9

individual is, of course, highly aberrative to him. As such, the repetition of this material in present time almost invariably constitutes a light lock. For this reason, every Dianetic session should be scanned and the effect of the session reduced upon the person. This is especially true of people who have not yet started erasing material.

When a pre-clear may have been hypnotized in the past it is a good practice to use both a canceller and the scanning technique. Lock scanning has an obvious use for the more skilled auditor in correcting the mistakes of a poor auditor. No matter how poor the auditing has been, a scanning of the auditing which the pre-clear has received will restore the original condition of acceptance of Dianetics and will allow the auditor to have a fresh start.

Of particular interest to some people is the use of lock scanning in chronological scanning through each day. This usually requires only a half hour or so even for people who are under considerable pressure and the result in the improvement of general well-being is immediately evident. Many previous students of the human mind have noted the therapeutic effect of a recheck of a day's activities before retiring. Lock scanning is the most efficient means yet devised for accomplishing this end.

Conclusion

Lock scanning does not replace standard procedure. It is only an adjunct to it. It can be used as one of the steps prior to the running of engrams or it can be interspersed with the running of engrams. If auditor and pre-clear adhere strictly to the rule that no events containing physical pain will be entered, lock scanning is not dangerous. Innumerable combinations of lock scanning, hurdy-gurdy, straight line memory and the running of engrams are possible and the auditor who understands all of these is capable of varying his attack to meet the individual situation of his pre-clear. Lock scanning is a valuable addition to the tools of Dianetics.

The File Clerk

File Clerk questions come from readers of The Dianetic Auditor's Bulletin. Answers will be short and to the point. Questions of a technical nature are preferred. Contributions should be addressed to the Editor of the Bulletin.

I have a pre-clear who has been treated with metrazol. Can you give me any tips for the processing of this case?

Metrazol shock is processed in much the same way as electric shock. The article in Bulletin Number 7 on the processing of electric shock should give you hints. The chief distinguishing feature of metrazol is the extreme terror with which it is recontacted. A future article on this has been planned.

What are the conditions for admission to the Foundation for intensive processing? What is the cost? How are the thirty-six hours distributed?

Acceptance for intensive processing is based on previous history, the result of psychometric testing, and a personal interview. The Foundation requires an outline of any previous mental illness, and requires that cases needing medical attention be under the supervision of a local physician.

No hospital cases can be accepted at the present time, though plans are under way for obtaining proper facilities to do this. Any person requiring continuous supervision or assistance must be accompanied by an attendant. The cost of Foundation processing at the new national headquarters at Wichita is $500 for a 36-hour intensive run, including before-and-after psychometries. The Foundation will soon issue a new brochure describing its intensive processing as well as the six-week professional auditor's course. A table of transportation and living costs will be included.

Is there a book on E-Therapy? I would like it for my library.

To our knowledge, there has been no book published on E-Therapy.

Please advise us on the use of the PCM Technique devised by Mr. Jack Naylor. Is it E-Therapy? If you advise against it, what specifically is wrong with it?

PCM is not E-Therapy, although both of these techniques have some things in common. The Foundation has not accepted nor endorsed either technique. PCM is experimental and should only be used with close supervision and observation, if at all. Although its development is an interesting piece of work, it tends too much toward self-auditing to be safe in any but very expert hands. The validity of reduction in PCM has not yet been established. At this point in its development, the technique is interesting, but not safe.

Would you please clarify the meaning of the word, Affinity, as it is used in Dianetics?

Affinity includes all binding forces. It is broad enough to include the most spiritual type of love. Its normal use does not extend below the human level, but it includes all human feelings and thoughts of affection, kindness, good will. It is usually thought of as existing between two human beings, but may exist between a human being and any object or animal for which he has affection.

What do you think of the correspondence courses now being offered in "Improved Dianetics"? How good is their material? What are the Improvements"? What do you think of correspondence courses in Dianetics in general?

The Foundation is investigating all such courses whenever possible. In general, the material does not seem in any way to be superior to a simple reading of the *Handbook* and a look through your file of *Bulletins*. It is definitely inferior to a look through all the current publications of the Foundation. No real "improvements" have yet been noted.

It may be possible, eventually, as the new knowledge of Dianetics becomes correlated and published, to work out a genuine correspondence course in Dianetics. This will never be satisfactory, however, for the training of professional-level auditors. Nothing can take the place of personal contact in the training of an auditor. In the Foundation we learn by discussion, observation and, most important, by action. Although a correspondence course may eventually be worked out which will be worth while, at the present moment the Foundation has seen no examples which even approach the subject on a practical scale.

11

Self Invalidation by Flash Answers

It often happens that an auditor asks a question of the pre-clear, runs some more material and then asks the same question again or one that amounts to the same thing. The pre-clear sometimes complains that the auditor is trying to invalidate his data or refuses to give an answer different from the one first given because he feels that a different answer is an invalidation. This idea is based on an incorrect concept of the validity of any answer. The following proposition may help to straighten this out:

Any answer given by a human mind, a computing machine, a voltmeter, or any other device can only be based on the data available at the time that the question is asked and the answer given. If a new piece of data is added into the equation any or all of the answers given without that piece of data may be changed *without involving any invalidation whatever*. Any answer that changes after the addition of new data need not be an invalidation but merely a new computation on improved and more complete data.

Thus, if a pre-clear gives a flash answer that there is no grouper in a given incident and then runs out a denyer, a grouper may turn up without any invalidation of the first answer.

We know that an early engram may hold up the release of late emotion or that a late lock may tie down an early engram. In fact, almost any reactive material anywhere in the bank may affect material in any other part of the bank. Thus a single phrase contacted and de-intensified may change the computation anywhere in the bank.

While it is important for the pre-clear to keep in mind this concept, the principal responsibility remains with the auditor. If a pre-clear says his data has been invalidated, it has been. At times this places a severe strain on the auditor, but it is a very important concept. Whether or not a real invalidation has occurred, when the pre-clear *feels* that there is one a break of ARC between auditor and pre-clear has occurred. Since in an auditing session the pre-clear is the only one allowed to manifest his aberration, the auditor must step carefully. To a great extent, the auditor can avoid this kind of difficulty by the way he phrases his questions. For instance the question, "Can we now contact an earlier engram in this chain?" is preferable to, "Is there an earlier engram in this chain?" particularly if the latter question has already been asked earlier. By using carefully computed phrases as in this example, the auditor can avoid many headaches.

If the auditor and pre-clear both keep these concepts in mind there will be much less difficulty due to supposed invalidation of the pre-clear's flash answers.

Systematic Straight Line

The dictionary gives two meanings for *hurdy-gurdy*. The first is: A lutelike stringed instrument, in which the sound is produced by the friction of a resined wheel turned by a crank at the end.

The second definition is: Any instrument, especially of street music, played by turning a handle.

Both of these definitions contain the idea of productive work through going round and round a prescribed route. Since this is essentially the idea of the systematized blowing of ARC locks through the use of an enforcing and inhibiting triangle, the name *Hurdy-Gurdy* has unhappily been adopted for this technique. It is in the "pianola" vernacular and will probably suffer the same fate as a cliche, eventually becoming known for what it actually is—Systematic Straight Line.

Hurdy-gurdy does not offer any fundamental change in previous Dianetic theory or technique. It is simply a tool through which more efficiency in using already existent tools may be obtained. It is primarily a means of discovering ARC locks. After their discovery, the locks may be reduced with any of the techniques already familiar to the auditor.

Erasing ARC Locks

The technique used for the blowing of any ARC lock must be decided in each individual case by the auditor. Actually, the process is so nearly automatic that the auditor seldom has to make a choice, but sometimes there is a definite necessity for directing the pre-clear to a certain type of return in order to get an efficient reduction.

The prime variable in the blowing of locks is the amount of return that is used. The use of the attention-unit analogy is of great help in explaining to a pre-clear the essential difference between the various ways in which he might contact locks. The standard rule to follow is that light locks (those which have not particularly affected the pre-clear) require less return in order to reduce their force effectively, and heavy locks require more attention in the incident to lift the force.

The heavier the lock, the greater the amount of return. A few attention units in the lock are all that is necessary when the lock has not been a particularly forceful one. A full return to the incident, with only a small amount of attention in present time is necessary for blowing the difficult locks which are sometimes called secondary engrams.
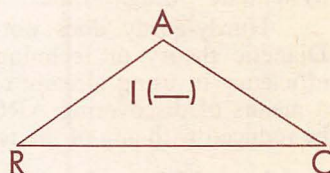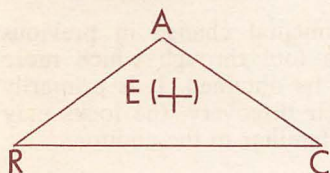
The scanning techniques are especially useful in the blowing of locks. Scanning is a modification of return, and will not serve to reduce the heaviest locks, but may be used effectively after a certain point in accessibility has been reached.

ARC locks frequently contain grief, and when grief is encountered it must be thoroughly run out before the session is ended. Nothing in Dianetics will cause a pre-clear more discomfort than a grief engram that has been restimulated and partly run through, but not reduced as far as it can be reduced. It is true that many grief engrams seem to come off in layers, and that only one layer of the grief will release at one sitting, but at last this entire layer should be run when it is contacted.

13

ARC locks are run through over and over again when it is necessary to do so to provide a reduction. The signs of a reduction of ARC locks are the same as the signs of the reduction of engrams, with the exception that physical pain is not involved, and the discharge can be seen most easily in the rise through the tone scale. ARC locks form chains very easily, and it will be found that when a lock of a particular type is found, it almost always will be followed by many other locks of the same type. The blowing of the first lock will frequently reveal a long chain of similar incidents. When a chain is uncovered, it should be run out before other material is contacted.

The "Hurdy-Gurdy"

The primary visual aids to the charting of the hurdy-gurdy system are these two triangles:

The first triangle is the Enforcing (plus) triangle and the second is the Inhibiting (minus) triangle. The two triangles represent the two ways in which Affinity, Realty and Communication may be broken.

ARC is broken when it is enforced to a point beyond which the pre-clear does not wish to go. If communication has been insisted upon even though the pre-clear has wished to remain silent, this will form a lock which may cause the pre-clear to attempt to communicate even when he has nothing to communicate or, if he is negating against the person who delivered the command, it may cause a lack of communication. If the pre-clear has been told that he *must* love a person whom he does not wish to love, this command may cause him to love indiscriminately and unwisely, or it may cause him not to be able to love at all, and is a lock which must be blown. If a powerful ally has insisted that strawberries are one dollar a basket when the sign on the strawberries reads 90 cents a basket, the pre-clear may experience difficulty in remembering prices.

ARC is always broken when it is inhibited. There are probably no pre-clears in whose lives affinity has not been blunted or ignored. There are probably none who have not been told at some time or other that they were too loud, or out of order, or that their communication is not wanted. There are probably none who have not had some other person's idea of reality forced on them.

Person by Person

The triangles may be used in a number of ways. Perhaps the simplest is to go through the personnel in your pre-clear's bank. Let us suppose that the auditor, in conversation with his pre-clear, has discovered that the pre-clear has a peculiar aversion to the name, "John." He looks at the pre-clear's record, and finds that he had an uncle named John.

"Did you like your Uncle John?"

"Well, he's all right, I guess."

"Did he dislike you?"

"No, I wouldn't say that."

"Did you go to see him when you were a little boy?"

"When the family went back up to the old country place, we'd go out to see him."

"What would happen when you went in to Uncle John's?"

"What do you mean, what would happen?"

"Would he show affection?"

"That damned mustache! Why in the devil — And you had to throw your arms around his neck! 'Did my little boy miss me? Give your uncle a big hug!' Hah! I'd like to hug him now!"

The auditor would then direct attention to the enforced affinity until the incident released. He would then go either to one of the other points of the enforcing triangle or would go to the affinity point of the inhibiting triangle.

"Did you like to talk to Uncle John?"

"No."

"Did you talk to him?"

"Well, not much."

"Did you ever try to keep anything from him?"

"Yes."

"Did he find out?"

"Yes."

"How?"

"I told him."

"Did you just deside to?"

"No. He made me."

"How did that happen?"

After reducing the enforced communication lock, it might go like this:

"What did Uncle John think of that mustache?"

"He couldn't get over how wonderful it was."

"What do you think of them?"

"I hate 'em."

"What'd he say about them?"

"Well — — they make you look like a man. He didn't say much. It was just his general attitude. He'd stand in front of the mirror and stroke that thing. Ugh! (A shudder followed by a chuckle indicates reduction of command power.)

"I shouldn't be too hard on Uncle John. I liked him well enough some of the time."

"Like when?"

"Oh, like when we went fishing."

"Did you catch much fish?"

"Well, he did most of the time, but I'd catch just about as many, and sometimes more. Once he didn't catch any."

"And you did?"

"Yeah." (Signs of emotion, almost as though he were sorry he had brought up this incident.)

"What'd you do?"

15

"Well — — I offered to let him take back some of my fish, so they wouldn't make fun of him — — but — — Oh! this isn't important. Can't we talk about something else?"

"Sure, but I'm curious. Did he turn them down. . . . ."

The affinity point on the Inhibiting triangle will often contain grief. After a thorough discharge of this incident, the auditor might make a try at the other points of the Inhibiting triangle.

By the time the auditor has gone around both triangles, Uncle John will not be nearly as occluded as when the hurdy-gurdy was started. The pre-clear will probably remember other times when Uncle John enforced ARC and then will be able to remember other times when ARC was inhibited.

The technique of operation would have been straight line memory in the instances of locks given above, with the possible exception of the affinity inhibitor, which has the look of being interesting enough for a return. If the pre-clear had shown an inclination, when blowing the lock about mustaches, to go to other incidents about mustaches, the proper technique would have been lock scanning. After the scanning of the chain, the hurdy-gurdy could be taken up again.

Flexibility in Person by Person

The auditor may find it more expedient to go round and round one of the triangles, or to skip from the plus triangle to the same point on the minus triangle or to concentrate on one point of one of the triangles until every possible memory is cleared out of that one before proceeding to another. The instrument is extremely flexible.

Some auditors prefer to work with two people at one time, preferably persons who are already coupled together in the pre-clear's filing system. In that case, the flexibility increases enormously. One person can be worked on one point, then the other. One person can be worked through an entire triangle before changing to the other person. An extremely effective use of hurdy-gurdy is to take one person who is mostly an enforcer and play him off against another person who is mostly an inhibitor. Father and mother often form opposites in this respect.

Dynamic by Dynamic

The hurdy-gurdy may also be used in working through the pre-clear's bank dynamic by dynamic. As affinity builds between auditor and pre-clear, the auditor frequently becomes aware of the areas in which a pre-clear is badly blocked. If the pre-clear has never been able to establish happy and successful relationships with members of the opposite sex, he is blocked on the second dynamic, and a number of ARC locks will be found whose chief actors are members of the opposite sex.

After a computation of this kind has been made, the auditor has several ways in which he might attempt to clear up this aberration. He cannot expect to erase the whole basis of the aberration until the pre-clear is running and erasing engrams, but he can do a great deal to help the situation by blowing locks. There are two ways in which he might use the hurdy-gurdy.

He could begin with person-by-person hurdy-gurdy and work through the members of the opposite sex in his bank. But the auditor could work

16

even more directly on this aberration by setting up a hurdy-gurdy on the second dynamic.

"Has any woman (man) you've ever known been especially anxious to have you like her (him)?"

A better beginning would be: "Who do you think liked you the best?"

Even better: "I once had an aunt who insisted on kissing me right square on the mouth. I reckon she thought I liked her for it but I didn't."

"Yeah. My Aunt Sue was like that."

"She was?"

"Sure. Pick me up and plant one. Talked about a 'sticky kiss.' "

"When would it happen?"

"Oh, when we'd first get there. I'd be dreading it all the way there."

"Then when she'd finally pick you up — — "

"Yeah. But that wasn't the worst time. The worst time was after we'd already been there for a while and she'd bear down on me with that gleam in her eye — and then Mom would say, 'Now Georgie, be nice to your Aunt Sue!' "

"You remember a single time when that happened?"

"Sure, lots of times."

"Well — — one time. Did it happen at Christmas?"

"Yeah. That's the first time I remember it happening. She was standing there in the middle of the room when she catches sight of me and gets that look in her eye — — "

From enforced affinity on the second dynamic, the auditor could steer for enforced reality and enforced communication. Then he could go for the Inhibiting triangle. By the time the turn through the Inhibiting triangle is made he would probably be able to go plus again and then minus again. Once the second dynamic seems to begin to run dry, he could go on to other dynamics.

Working Manner

The application of hurdy-gurdy can be as mechanical as the auditor wishes. It is better if it is not kept inflexible, but is as variable as the pre-clear wishes it to be. The auditor will develop a feeling for areas that are likely to be productive of best results, and will change his plan of action in order to take advantage of those areas. Nevertheless, it is a distinct advantage always to have a plan of action, even though it is well to have this plan as flexible as possible.

It is, in general, not good to divulge the plan of action to the pre-clear. This goes along with the frequently observed fact that the majority of people who have not heard of Dianetics work much more easily than those who have Dianetic knowledge with which to defend their reactive mind. This is not always true, and an occasional pre-clear will work more efficiently if he is given a plan of action to follow. In the main, however, a session of straight line memory using the hurdy-gurdy system can be very much like a nice, pleasant chat.

Look for natural chaining of different types of events in a pre-clear's mind. Do not expect his bank to be filed in the way you have decided you want to work. Be prepared to change plans on an instant's notice if some more fruitful plan shows up. But do not desert your plan unless you can see

17

a better one in the offing. There must be direction in Dianetic auditing, and the auditor supplies this direction from data given to him by the pre-clear.

Lists

Several lists of phrases and situations which occur frequently in ARC lock situations have been developed. Opinion varies as to the usefulness of these lists, but all of the people who have been engaged in drawing up the lists have agreed that the drawing up of the list is probably more valuable than the list itself. It is therefore recommended that every auditor who wishes to do so should start listing his own.

Several different types of lists have been found useful. The listing of phrases which have been the linking factor on ARC chains under the headings, Affinity, Reality, Communication is an obvious way of obtaining ideas for dealing with a new pre-clear. Such a list follows this article. It might be thought by some auditors to be more meaningful to list phrases and situations under Enforcing Commands and Inhibiting Commands. Others have preferred to build an idea source by listing situations as they might occur dynamic by dynamic. Whatever type of listing you think might be most useful to you will probably be the best for you. It is not hard to develop a list of this type, and it will be much more valuable to you if you do the work yourself.

Conclusion

Hurdy-gurdy does not constitute any new discovery. It is a method of using other techniques more efficiently. It gives organization to the processing of ARC locks and straight line memory work in general. It provides a structure that can be made flexible enough to deal effectively with individual cases, but rigid enough to insure a more thorough and efficient operation.

List No. 1

Affinity	Reality	Communication
Scold	Lie	Pry
Have crush on	Didn't think	Tell on
Shun	Believe	Don't talk so much
Mistreat	Contradict	Borrow
Talk behind back	Nothing to cry over	Don't talk back
Run over	You're exactly like	See
Take care of	Didn't see	Squeal
Punish	Didn't remember	Keep secret
Love	Disagree	Be quiet
Dislike	Argue	Lend
Bawling out	Impossible	Cry
Snub	You were wrong	Questioned
Tease	Didn't hear	Tattle
Cheat	Didn't happen	Avoid
Regret	Myths	Don't talk about
Take advantage of	Deny (experience)	Sass
Picked on	Improbable	Look
Fired	Grow up	Must answer

18

Affinity	*Reality*	*Communication*
(CONTINUED)	(CONTINUED)	(CONTINUED)
Like	Don't know what you	Shut up
Steal	are talking about	Owe
Laugh at	This doesn't hurt	Argue
Ridicule	Can't be	Tell
Defy	Tell the truth	
Ashamed		
Trust		
Confine		
Nag		
Can't have		
Leave (desert)		
Make fun of		
Persecute		
Stand up to		
Afraid		
Protect		
Flunk		
Hate		
Favoritism		

Bag of Tricks

Sometimes, when running the funeral of a loved one, the pre-clear comes close to tears, but still holds back. In that case, ask the pre-clear what the minister said. Then, if the tears still won't come, ask the pre-clear: "If you were delivering the sermon, what would you say?" When this one works, it will loose a real flood of tears.

For some pre-clears, the words grief and sorrow sound as though they were connected with large and momentous happenings and produce no subjective response. If this is true, they may not react when asked to go to a moment of grief or sorrow. It is well for the auditor to have a supply of synonyms at the tip of his tongue, and to fit the synonym to the pre-clear. "The time you were disappointed" or simply "When your feelings were hurt" may be far superior to a "moment of grief."

The difference between apathy and boredom is that anger comes in between. If your pre-clear enjoys getting angry, anger is *up* the tone scale for him, so that he is habitually apathetic. If it makes him feel very bad to get angry, he is in the boredom range of the tone scale.

One of the cardinal principles of Preventive Dianetics is the maintenance of silence around a person who is unconscious. Another cardinal principle of D'anetics is to build affinity, communication and reality. Problem: How to communicate affinity without making sounds. Solution: When the unconscious person begins to regain awareness of present time, make him aware that you are in the room and are standing by. A light touch of the hand, adjusting a pillow or bed covering can communicate your affinity without words.

Note any words of sympathy contained in an engram. After the reduction or erasure of the engram, you may find it very easy to obtain grief by the use of these words. If sympathetic words appear in the prenatal bank, they will also have been used in late life moments of grief.

Sometimes you can get a coffin case to change valence by having him move his hands into a new position.

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